Phenomenology of the Accelerating Universe

Federico Piazza

Gubitosi, F. P., Vernizzi, 1210.0201 Gleyzes, Langlois, F.P., Vernizzi, 1304.4840 F. P., F. Vernizzi, 1307.4350 F. P., C. Marinoni, H. Steigerwald 1312.6111 Gleyzes, Langlois, F.P., Vernizzi, 1404.6495 In progress...





Nobel Prize in Physics 2011

The Universe is accelerating!

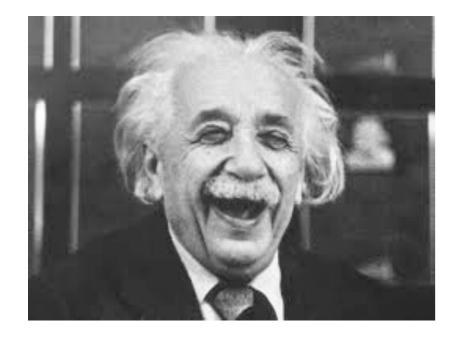


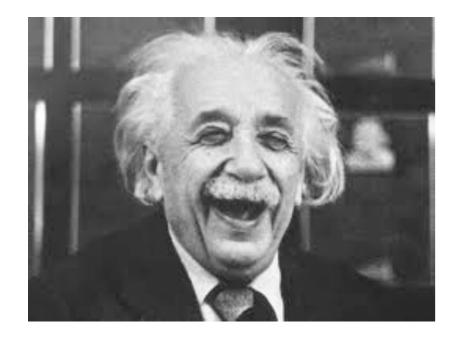
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The only consistent low energy theory for a spin-two field $g_{\mu\nu}$.





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Beware of theoretical prejudice!

Star -

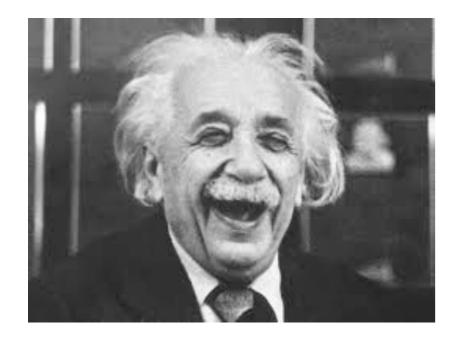
MEASUREMENTS¹ OF THE COSMOLOGICAL PARAMETERS Ω AND Λ FROM THE FIRST SEVEN SUPERNOVAE AT $z \ge 0.35$

S. PERLMUTTER,^{2,3} S. GABI,^{2,4} G. GOLDHABER,^{2,3} A. GOOBAR,^{2,3,5} D. E. GROOM,^{2,3} I. M. HOOK,^{3,6} A. G. KIM,^{2,3} M. Y. KIM,² J. C. LEE,² R. PAIN,^{2,7} C. R. PENNYPACKER,^{2,4} I. A. SMALL,^{2,3} R. S. ELLIS,⁸ R. G. MCMAHON,⁸ B. J. BOYLE,^{9,10} P. S. BUNCLARK,⁹ D. CARTER,⁹ M. J. IRWIN,⁹ K. GLAZEBROOK,¹⁰ H. J. M. NEWBERG,¹¹ A. V. FILIPPENKO,^{3,6} T. MATHESON,⁶ M. DOPITA,¹² AND W. J. COUCH¹³

(THE SUPERNOVA COSMOLOGY PROJECT) Received 1996 August 26; accepted 1997 February 6

ABSTRACT

We have developed a technique to systematically discover and study high-redshift supernovae that can be used to measure the cosmological parameters. We report here results based on the initial seven of more than 28 supernovae discovered to date in the high-redshift supernova search of the Supernova Cosmology Project. We find an observational dispersion in peak magnitudes of $\sigma_{M_B} = 0.27$; this dispersion narrows to $\sigma_{M_B, \text{ corr}} = 0.19$ after "correcting" the magnitudes using the light-curve "widthluminosity" relation found for nearby ($z \le 0.1$) Type Ia supernovae from the Calán/Tololo survey (Hamuy et al.). Comparing light-curve width-corrected magnitudes as a function of redshift of our distant (z = 0.35 - 0.46) supernovae to those of nearby Type Ia supernovae yields a global measurement of the mass density, $\Omega_{\rm M} = 0.88^{+0.69}_{-0.60}$ for a $\Lambda = 0$ cosmology. For a spatially flat universe (i.e., $\Omega_{\rm M} + \Omega_{\Lambda} = 1$), we find $\Omega_{\rm M} = 0.94^{+0.34}_{-0.28}$ or equivalently, a measurement of the cosmological constant, $\Omega_{\Lambda} = 0.06^{+0.28}_{-0.34}$ (<0.51 at the 95% confidence level). For the more general Friedmann-Lemaître cosmologies with independent $\Omega_{\rm M}$ and Ω_{Λ} , the results are presented as a confidence region on the $\Omega_{\rm M}$ - Ω_{Λ} plane. This region does not correspond to a unique value of the deceleration parameter q_0 . We present analyses and checks for statistical and systematic errors and also show that our results do not depend on the specifics of the width-luminosity correction. The results for Ω_{Λ} -versus- Ω_{M} are inconsistent with Λ -dominated, lowdensity, flat cosmologies that have been proposed to reconcile the ages of globular cluster stars with higher Hubble constant values.

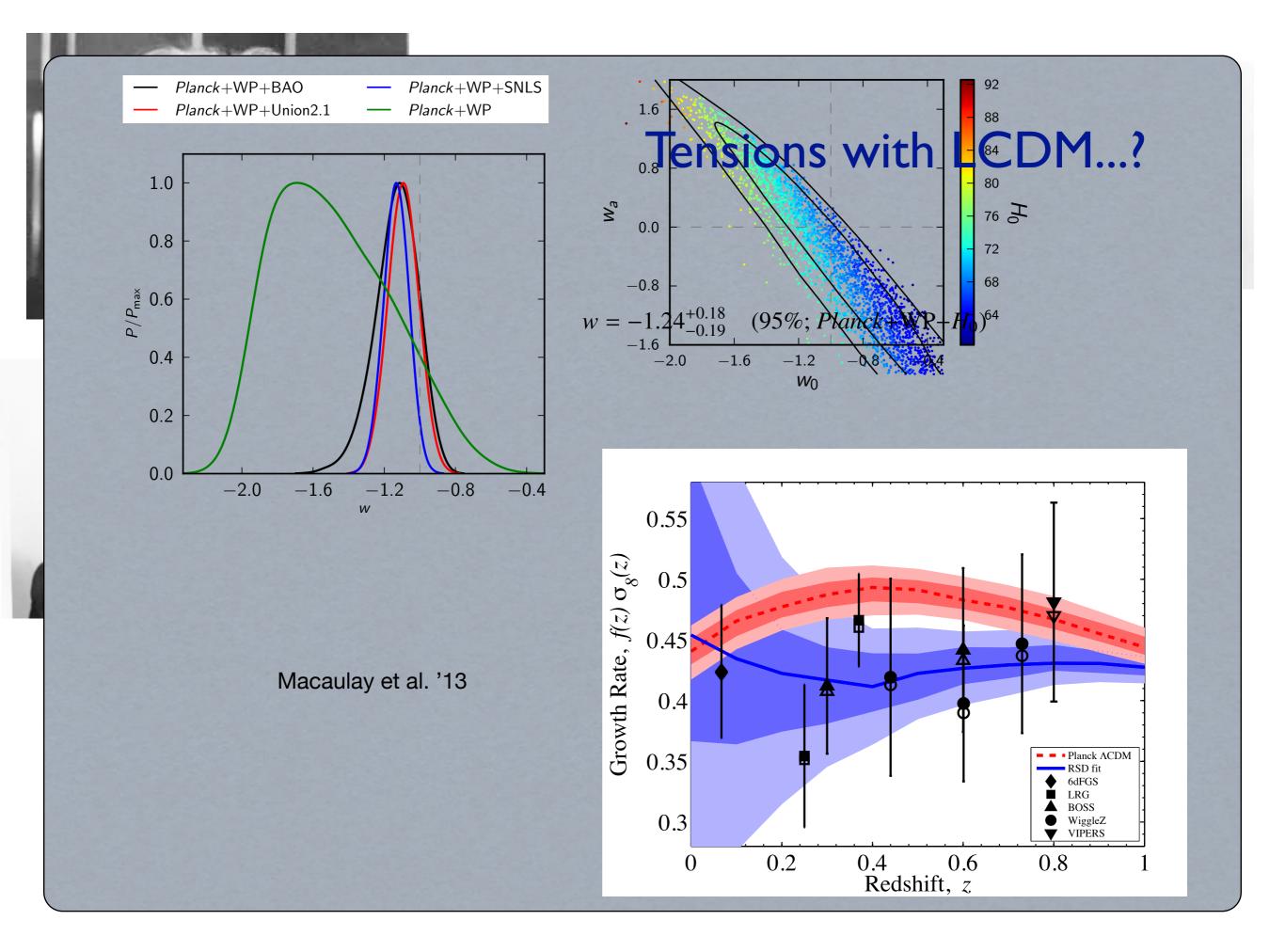


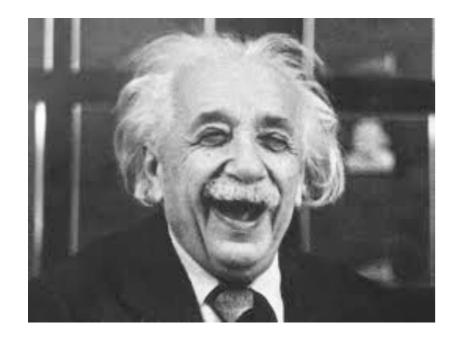
The only consistent low energy theory for a spin-two field $g_{\mu\nu}$.





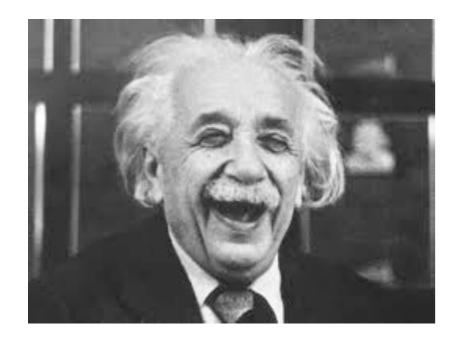
 $g_{\mu\nu} + \text{STUFF}$







 $g_{\mu\nu} + \text{STUFF}$





$g_{\mu\nu} + \text{STUFF}$

hic sunt Leones

Other fundamental ingredients?

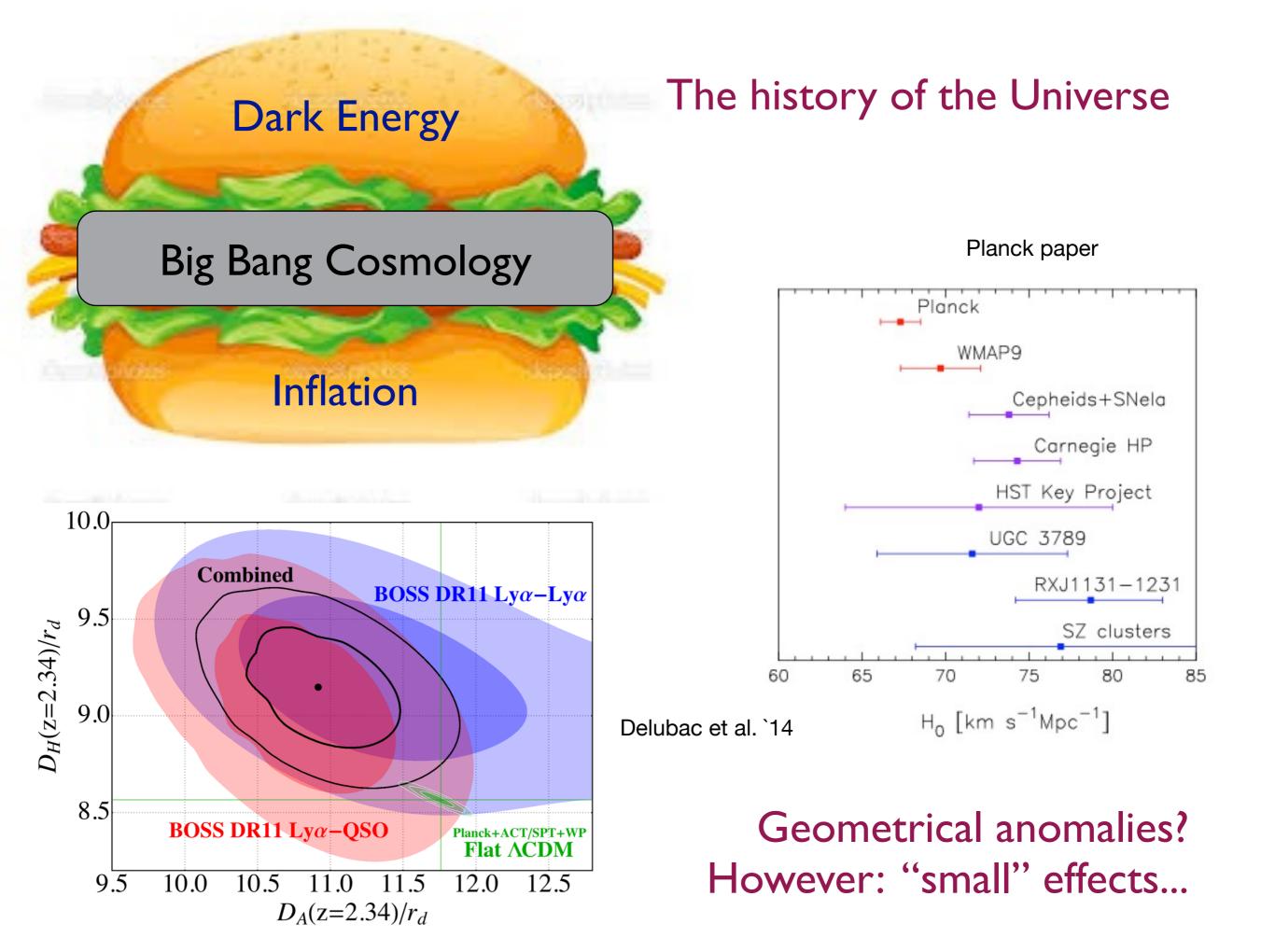
Dark Energy

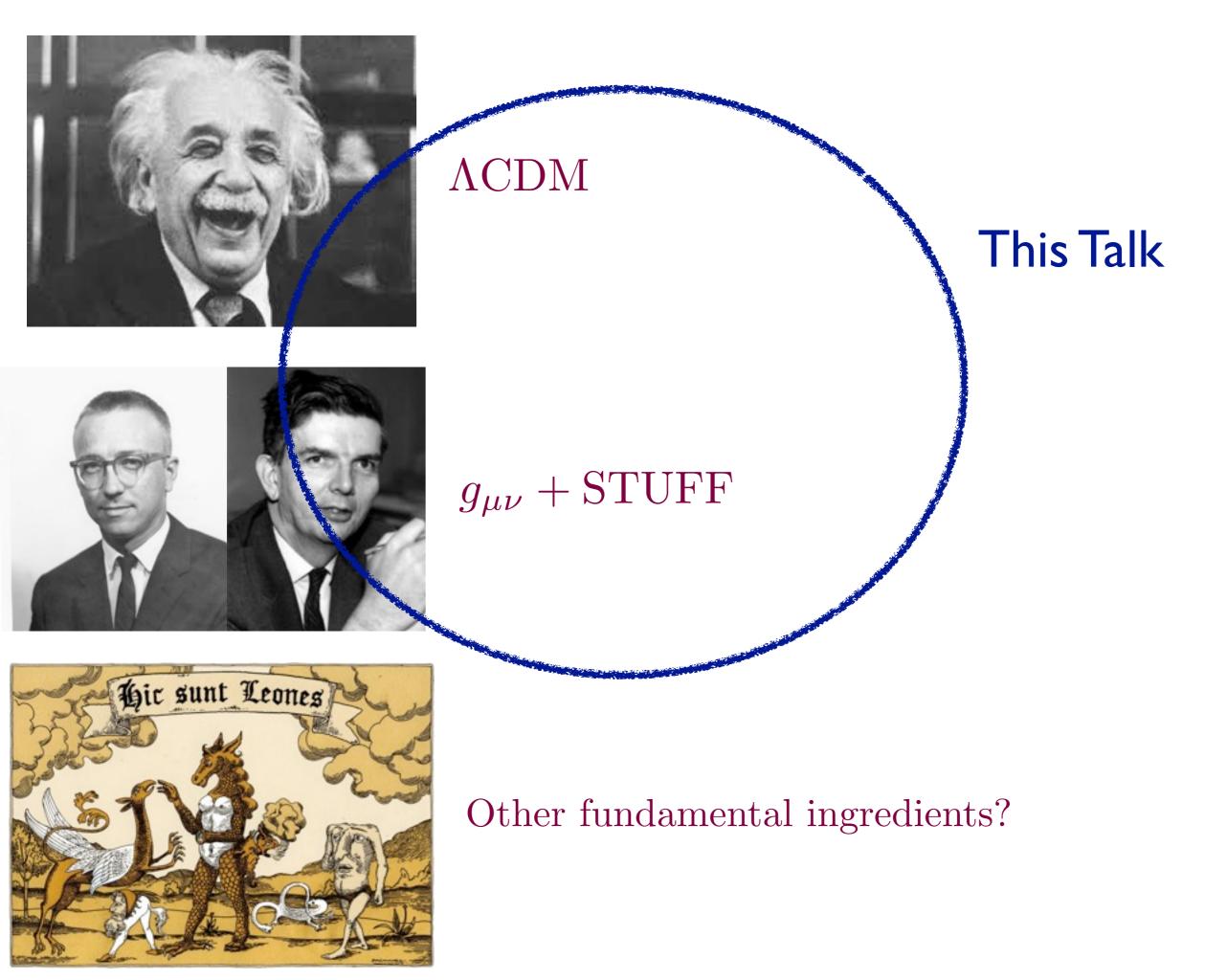
The history of the Universe

Big Bang Cosmology

Inflation

Section 10.



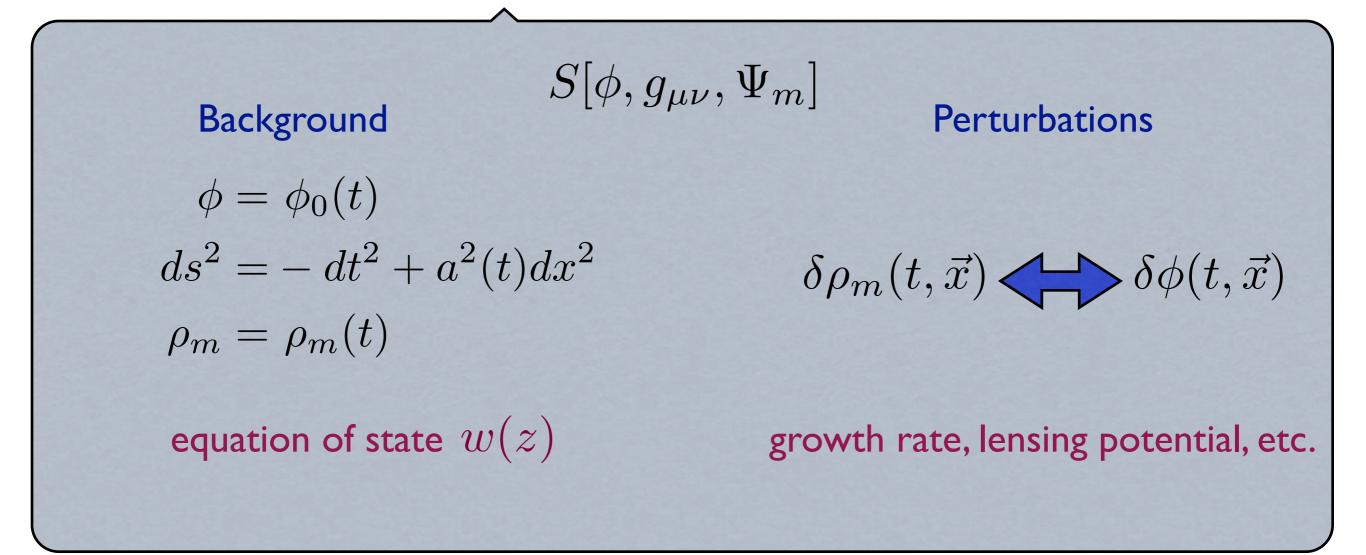


Phenomenology of dark energy

• Two main classes of observables

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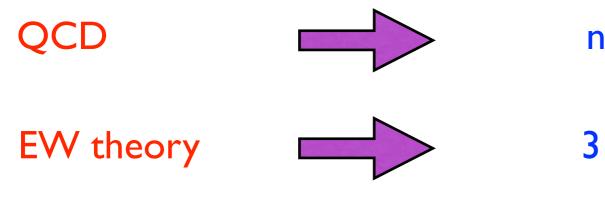


Phenomenology of dark energy

- Two main classes of observables
- EUCLID, DESI etc... are specifically designed to target perturbation sector
- `No shortage' of dark energy models (>5000 papers on Spires) Need for a Unifying and Effective description

Ideally...

 A limited number of effective operators, each one responsible for an observable dynamical feature (e.g. flavor-changing neutral currents in physics beyond Standard Model) What are the relevant degrees of freedom?



nucleons and pions

3 massive vector bosons, 1``Higgs"...

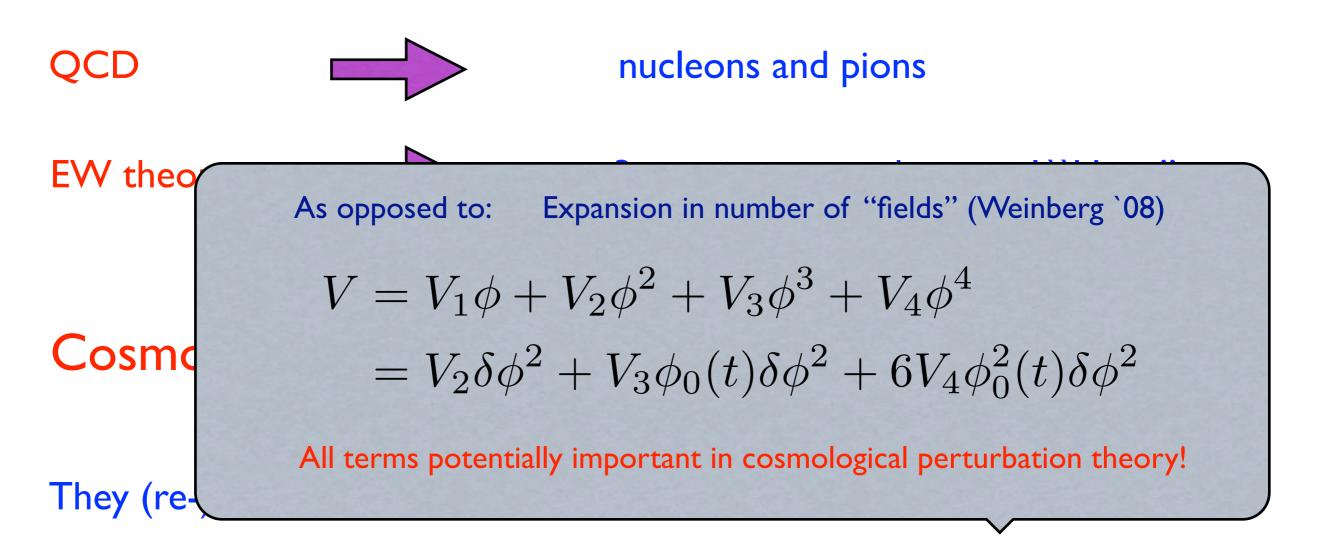


They (re-)enter the horizon

I) Small in amplitude (expansion in number of cosmological perturbations)

2) Large in size (expansion in number of derivatives)

What are the relevant degrees of freedom?



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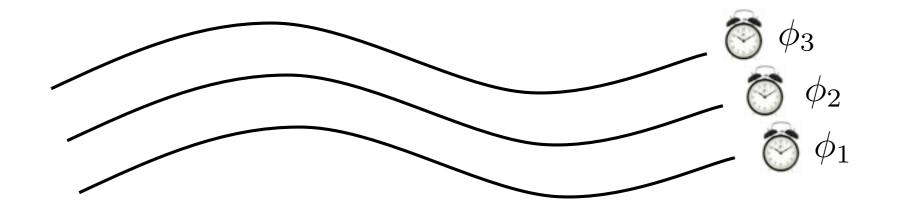
2) Large in size (expansion in number of derivatives)

Unitary Gauge in Cosmology

The Effective Field Theory of Inflation (Creminelli et al. `06, Cheung et al. `07)

Main idea: scalar degrees of freedom are `eaten' by the metric. Ex:

$$\phi(t,\vec{x}) \to \phi_0(t) \quad (\delta\phi=0) \qquad -\frac{1}{2}\partial\phi^2 \to -\frac{1}{2}\dot{\phi}_0^2(t) \ g^{00}$$



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Effective Field Theory of Dark Energy: (Gubitosi, F.P., Vernizzi 2012)

I) Assume WEP (universally coupled metric $S_m[g_{\mu\nu}, \Psi_i]$)

2) Write the most generic action for $g_{\mu\nu}$ compatible with the residual un-broken symmetries (3-diff).

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \, \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} \right]$$

The most generic action written in terms of $g_{\mu\nu}$ compatible with the residual symmetry of spatial diffeomorphisms

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} \right]$$

The most generic action written in terms of $g_{\mu\nu}$ compatible with the residual symmetry of spatial diffeomorphisms

Genuine 4-dim covariant terms are still allowed, but will in general be multiplied by functions of time cause time translations are broken

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} \right]$$

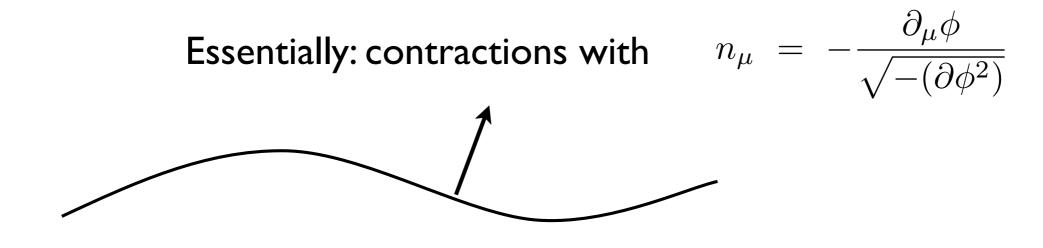
The most generic action written in terms of $g_{\mu\nu}$ compatible with the residual symmetry of spatial diffeomorphisms

General functions of time are allowed

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \, \left[R \, - \, 2\lambda(t) \, - \, \frac{2\mathcal{C}(t)g^{00}}{2} \right]$$

The most generic action written in terms of $g_{\mu\nu}$ compatible with the residual symmetry of spatial diffeomorphisms

...as well as tensors with free `0' indices



$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \, \left[R - 2\lambda(t) \, - \, 2\mathcal{C}(t)g^{00} \right]$$

Any arbitrarily complicate action with one scalar d.o.f. will reduce to this in Unitary gauge, plus terms that start explicitly quadratic in the perturbations

Gubitosi, F. P., Vernizzi, 12

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t)\,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu}\,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)}\,\delta g^{00}}{2} \right) + \dots \right]$$

Background (expansion history)

$$S = \int d^4x \sqrt{-g} \underbrace{\frac{M^2(t)}{2}}_{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \underbrace{\mu_2^2(t)}_{2} (\delta g^{00})^2 - \underbrace{\mu_3(t)}_{3} \delta K \delta g^{00} + \underbrace{\epsilon_4(t)}_{4} \left(\delta K^{\mu}_{\ \nu} \, \delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \, \delta g^{00}}{2} \right) + \dots \right]$$

(linear) perturbations

Time-dependent couplings

The Power of the EFT of DE

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

- Clear separation: background v.s. perturbed sector
- Expansion in number of cosmological perturbations
- Expansion in number of derivatives
- Observables, stability etc.

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

Examples

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

Quintessence

$$S = \int d^4x \sqrt{-g} \underbrace{\frac{M^2(t)}{2}}_{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

Non-minimally coupled scalar field (Brans-Dicke, f(R) etc.)

Examples

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t) (\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

K-essence

(Amendariz-Picon et al., 2000)

$$S = \int d^4x \sqrt{-g} P(\phi, X) \qquad X \equiv g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$$

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t) (\delta g^{00})^2 - \mu_3(t) \delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \delta g^{00}}{2} \right) + \dots \right]$$

"Galilean Cosmology" (Chow and Khoury, 2009)

$$S = \int d^4x \sqrt{-g} \left[\frac{M^2}{2} e^{-2\phi/M} R - \frac{r_c^2}{M} (\partial\phi)^2 \Box\phi \right]$$

$$S = \int d^4x \sqrt{-g} \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t)\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

"Generalized Galileons" (= Horndeski)

(Deffayet et al., 2011)

$$\begin{aligned} \mathcal{L}_2 &= A(\phi, X) ,\\ \mathcal{L}_3 &= B(\phi, X) \Box \phi ,\\ \mathcal{L}_4 &= C(\phi, X) R - 2C_{,X}(\phi, X) \left[(\Box \phi)^2 - (\nabla_\mu \nabla_\nu \phi)^2 \right] ,\\ \mathcal{L}_5 &= D(\phi, X) G^{\mu\nu} \nabla_\mu \nabla_\nu \phi + \frac{1}{3} D_{,X}(\phi, X) \left[(\Box \phi)^3 - 3(\Box \phi) (\nabla_\mu \nabla_\nu \phi)^2 + 2(\nabla_\mu \nabla_\nu \phi)^3 \right] ,\end{aligned}$$

The most general (linear) theory without higher derivatives on the propagating degree of freedom

Beyond Horndeski (full, non-linear)

Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

Standard Lore: higher (time) derivatives: disaster! New degrees of freedom AND ghost-like

Equations of motion with higher derivatives BUT

- Not on the propagating degree of freedom once you solve the constraints
- Not if taken in appropriate combinations
- Not in some specific gauge (ex. the 3+1 ADM formalism)

Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

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Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

$\mathcal{L}_4 = C(\phi, X)R - 2C_{X}(\phi, X) \left[(\Box \phi)^2 - (\nabla_{\mu} \nabla_{\nu} \phi)^2 \right],$

Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

$$\mathcal{L}_{4} = (2XC_{X} - C)(K^{2} - K_{ij}K^{ij}) + C^{(3)}R + \dots$$

$$\mathcal{L}_{4} = C(\phi, X)R - 2C_{X}(\phi, X)[(\Box\phi)^{2} - (\nabla_{\mu}\nabla_{\nu}\phi)^{2}],$$

$$\mathbf{\mathcal{L}}_{4} = C(\phi, X)R - 2C_{X}(\phi, X)[(\Box\phi)^{2} - (\nabla_{\mu}\nabla_{\nu}\phi)^{2}],$$

Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

$$\mathcal{L}_{4}^{\text{new}} = A(N,t)(K^{2} - K_{ij}K^{ij}) + B(N,t) \ ^{(3)}R$$
see also X. Gao 1406.0822
$$\mathcal{L}_{4} = (2XC_{X} - C)(K^{2} - K_{ij}K^{ij}) + C \ ^{(3)}R + \dots$$

$$\mathcal{L}_{4} = C(\phi, X)R - 2C_{,X}(\phi, X)[(\Box\phi)^{2} - (\nabla_{\mu}\nabla_{\nu}\phi)^{2}],$$

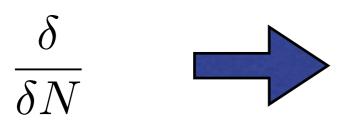
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Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

$$\mathcal{L}_{4}^{\text{new}} = A(N,t)(K^{2} - K_{ij}K^{ij}) + B(N,t) \ ^{(3)}R$$

$$H_4^{\text{new}} = \int d^3x \left[N \mathcal{H}_0(N, h_{ij}, \pi^{ij}) + N^i \mathcal{H}_i(h_{ij}, \pi^{ij}) \right]$$





 $\overline{\delta N^i}$

fixes N in terms of the other variables

6 - 3 = 3 d.o.f. As any healthy scalar tensor theory should have

Gleyzes, Langlois, F.P., Vernizzi, 1404.6495

- Equations of motion with higher derivatives
- Only two derivatives on the true propagating degree of freedom
- No ghosts
- Interesting phenomenology (modified Jeans phenomenon)

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usually, at small distances

$$(\partial_t^2 + c_m^2 k^2)\delta\rho_m \approx 0$$

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$$(\partial_t^2 + c_m^2 k^2)\delta\rho_m \approx 0$$

$$\begin{split} &(\partial_t^2 + c_s^2 k^2) \delta \phi - C_\phi \dot{\phi} \, \partial_t \delta \rho_m \approx 0 \ , \\ &(\partial_t^2 + c_m^2 k^2) \delta \rho_m - C_m k^2 \, \partial_t (\delta \phi / \dot{\phi}) \approx 0 \end{split}$$

Stability and Observables

F. P., C. Marinoni, H. Steigerwald 1312.6111 and in progress...

$$S = \int d^4x \sqrt{-g} \, \frac{M^2(t)}{2} \left[R - 2\lambda(t) - 2\mathcal{C}(t)g^{00} + \mu_2^2(t)(\delta g^{00})^2 - \mu_3(t) \,\delta K \delta g^{00} + \epsilon_4(t) \left(\delta K^{\mu}_{\ \nu} \,\delta K^{\nu}_{\ \mu} - \delta K^2 + \frac{R^{(3)} \,\delta g^{00}}{2} \right) + \dots \right]$$

$$\begin{split} \lambda(t), \ \ \mathcal{C}(t), \ \ \mu(t) \equiv \frac{dM^2(t)}{dt} \left\{ \begin{array}{ll} \bar{w}(t) & \text{Expansion History} \\ \mu(t) \\ \mu_3(t) \\ \epsilon_4(t) \end{array} \right\} & \text{Growth rate, lensing etc.} \\ \mu_2^2(t) & \text{Unconstrained} \end{split}$$

Stability

$$S_{\pi} = \int a^{3}(t)M^{2}(t) \left[A\left(\mu, \mu_{2}^{2}, \mu_{3}, \epsilon_{4}\right) \dot{\pi}^{2} + B\left(\mu, \mu_{3}, \epsilon_{4}\right) \frac{(\vec{\nabla}\pi)^{2}}{a^{2}} \right] + \text{lower order in derivatives.}$$

$$\uparrow$$
No ghost: A>0 No gradient instabilities: B>0

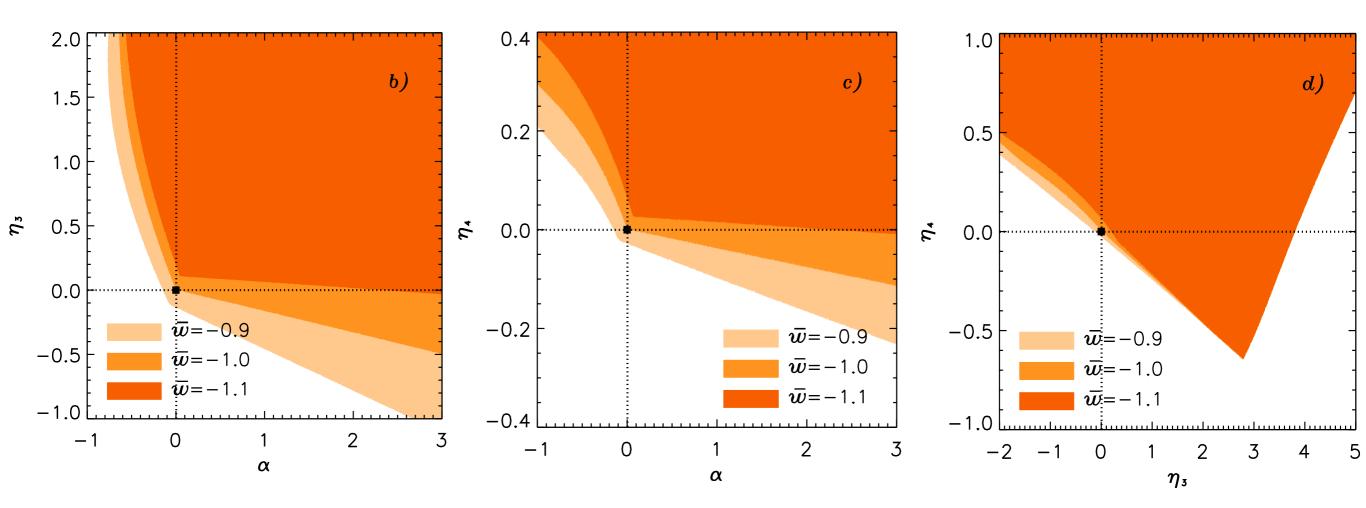
Stability

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No ghost: A>0 No gradient instabilities: B>0
$$\mu_{2}^{2} = 0$$

Stability

$$S_{\pi} = \int a^{3}(t)M^{2}(t) \begin{bmatrix} A(\mu, \mu_{2}^{2}, \mu_{3}, \epsilon_{4}) \dot{\pi}^{2} + B(\mu, \mu_{3}, \epsilon_{4}) \frac{(\vec{\nabla}\pi)^{2}}{a^{2}} \end{bmatrix} + \text{lower order in derivatives.}$$

$$\uparrow$$
No ghost: A>0 No gradient instabilities: B>0
$$\mu_{2}^{2} \gg H^{2}$$



F. P., C. Marinoni, H. Steigerwald 1312.6111

Growth rate

$$G_{\text{eff}}(t) = G_{\text{eff}}(\mu, \mu_3, \epsilon_4)$$

$$f \equiv \frac{d\ln\delta}{d\ln a} = \Omega_m^{\gamma_0 + \gamma_1 \ln(\Omega_m)}$$

Steigerwald, Bel Marinoni 1403.0898

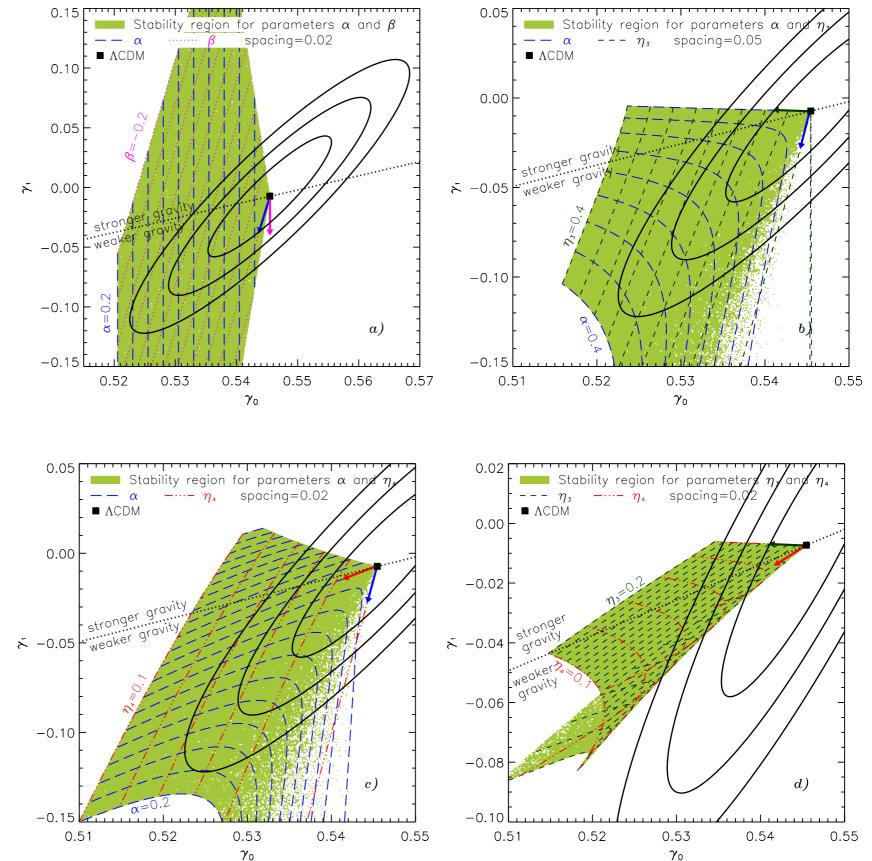
Growth rate

$$G_{\text{eff}}(t) = G_{\text{eff}}(\mu, \mu_3, \epsilon_4)$$

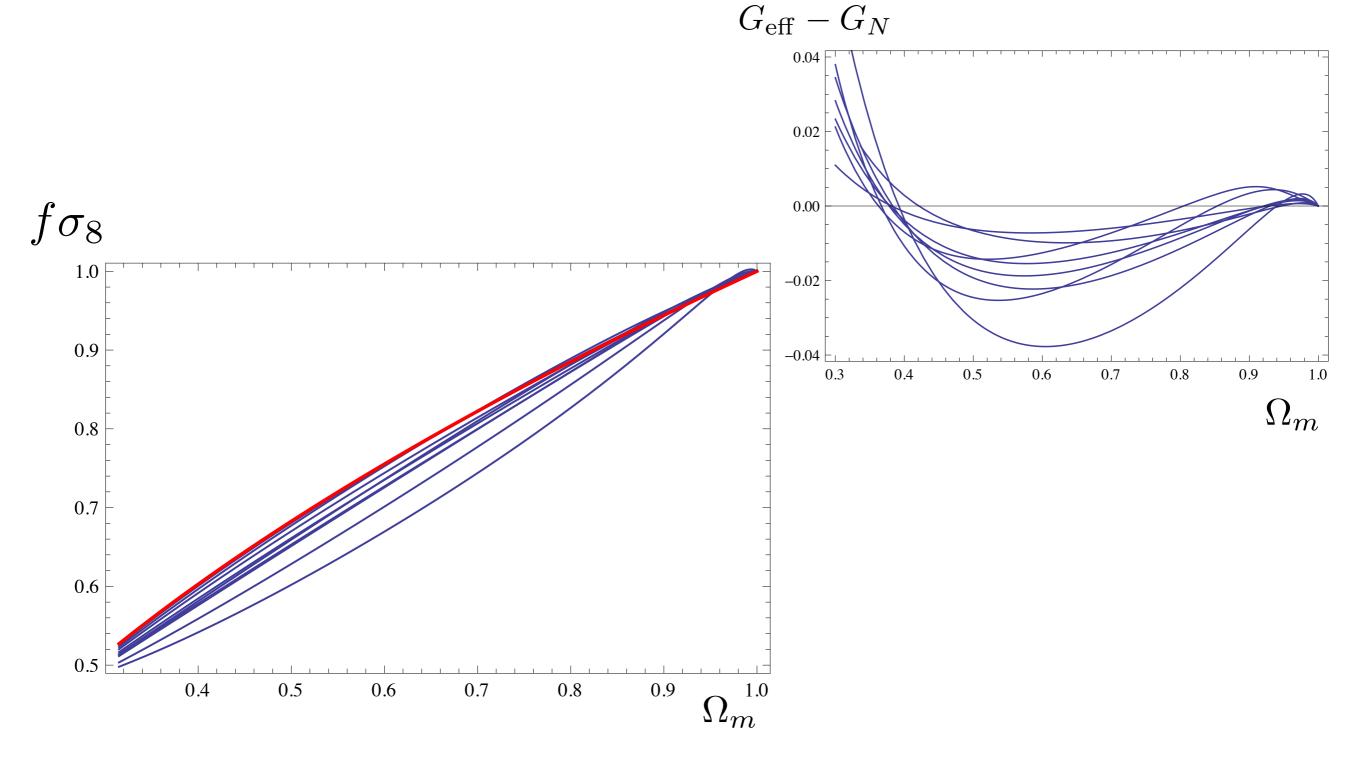
$$f \equiv \frac{d\ln\delta}{d\ln a} = \Omega_m^{\gamma_0 + \gamma_1 \ln(\Omega_m)}$$

Steigerwald, Bel Marinoni 1403.0898

Non trivial result: $\gamma_0 < \gamma_0 (\Lambda CDM)$



Growth rate (preliminary) Modified gravity: less growth than LCDM?



Conclusions

- Unifying framework for dark energy/modified gravity
- Effective language: cosmological perturbations as the relevant d.o.f.
- Systematic way to address stability (e.g. stable violations of NEC)
- Observational constraints and forecasts: much work in progress

$$S_{\pi} = \int a^{3} M^{2} \left\{ \left[(\mathcal{C} + 2\mu_{2}^{2})(1 + \epsilon_{4}) + \frac{3}{4}(\mu - \mu_{3})^{2} \right] \dot{\pi}^{2} - \left[(\mathcal{C} + \frac{\dot{\mu}_{3}}{2} - \dot{H}\epsilon_{4} + H\dot{\epsilon}_{4})(1 + \epsilon_{4}) - (\mu - \mu_{3})\left(\frac{\mu - \mu_{3}}{4(1 + \epsilon_{4})} - \mu - \dot{\epsilon}_{4}\right) \right] \frac{(\vec{\nabla}\pi)^{2}}{a^{2}} \right\}$$

$$4\pi G_{\text{eff}} = \frac{1}{2M^2} \frac{2\mathcal{C} + 2(\mu + \mathring{\epsilon}_4)^2 + \mathring{\mu}_3 - 2\dot{H}\epsilon_4 + 2H\mathring{\epsilon}_4 + 3(a/k)^2\mathcal{A}}{(1 + \epsilon_4)^2 [2\mathcal{C} + \mathring{\mu}_3 - 2\dot{H}\epsilon_4 + 2H\mathring{\epsilon}_4] + 2(1 + \epsilon_4)(\mu + \mathring{\epsilon}_4)(\mu - \mu_3) - (\mu - \mu_3)^2/2 + 3(a/k)^2\mathcal{A}'}$$

$$\mathring{\mu}_3 \equiv \dot{\mu}_3 + \mu \mu_3 + H \mu_3, \qquad \qquad \mathring{\epsilon}_4 \equiv \dot{\epsilon}_4 + \mu \epsilon_4 + H \epsilon_4$$

 $\mathcal{A} \equiv 2\dot{H}\mathcal{C} - \dot{H}\mathring{\mu}_{3} + \ddot{H}(\mu - \mu_{3}) - 2H\dot{H}\mu_{3} - 2H^{2}(\mu^{2} + \dot{\mu}), \qquad \mathcal{A}' \equiv (1 + \epsilon_{4})^{2}\mathcal{A}$

$$S = \int d^4x \sqrt{-g} \left[\frac{M^2}{2} f(t)R - \Lambda(t) - c(t)g^{00} \right] + S_{DE}^{(2)}$$

Enough for background equations:

$$c = \frac{1}{2}(-\ddot{f} + H\dot{f})M^2 + \frac{1}{2}(\rho_D + p_D)$$
$$\Lambda = \frac{1}{2}(\ddot{f} + 5H\dot{f})M^2 + \frac{1}{2}(\rho_D - p_D)$$

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Generally Related to post-newtonian parameters

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Generally Related to post-newtonian parameters

"Bare" Planck Mass

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$$H^{2} = \frac{1}{3fM^{2}}(\rho_{m} + \rho_{D})$$
Generally Related to post-newtonian parameters
$$\dot{H} = -\frac{1}{2fM^{2}}(\rho_{m} + \rho_{D} + p_{m} + p_{D})$$

"Bare" Planck Mass Defined by the modified Friedman equations

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Enough for background equations:

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'Bare' Planck Mass Defined by the modified Friedman equations

Mixing with gravity 1: Brans-Dicke

$$S = \int \sqrt{-g} \left(\frac{M^2}{2} fR - \Lambda \left(cg^{00} + \frac{M_2^4}{2} (\delta g^{00})^2 - \frac{\bar{m}_1^3}{2} \delta g^{00} \delta K + \frac{1}{2} T^{\mu\nu} \delta g_{\mu\nu} \right)$$

Apply Stueckelberg and go to
Newtonian Gauge

$$ds^{2} = -(1+2\Phi)dt^{2} + a^{2}(1-2\Psi)\delta_{ij}dx^{i}dx^{j}$$

$$S^{\text{kinetic}} \int M^{2}f \left[-3\dot{\Psi}^{2} - 2\vec{\nabla}\Phi\vec{\nabla}\Psi + (\vec{\nabla}\Psi)^{2} + c\,\dot{\pi}^{2} - c(\vec{\nabla}\pi)^{2} + 3(\dot{f}/f)\dot{\Psi}\dot{\pi} + (\dot{f}/f)\vec{\nabla}\pi(\vec{\nabla}\Phi - 2\vec{\nabla}\Psi) \right]$$

Mixing

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De-mixing = conformal transformation

$$\Phi_{E} = \Phi + \frac{1}{2}(\dot{f}/f)\pi$$

$$\Psi_{E} = \Psi - \frac{1}{2}(\dot{f}/f)\pi$$
Mixing

Mixing with gravity 1: Brans-Dicke

$$S = \int \sqrt{-g} \left(\frac{M^2}{2} fR - \Lambda \left(cg^{00} + \frac{M_2^4}{2} (\delta g^{00})^2 - \frac{\bar{m}_1^3}{2} \delta g^{00} \delta K + \frac{1}{2} T^{\mu\nu} \delta g_{\mu\nu} \right)$$

Apply Stueckelberg and go to
Newtonian Gauge

$$ds^{2} = -(1+2\Phi)dt^{2} + a^{2}(1-2\Psi)\delta_{ij}dx^{i}dx^{j}$$

$$S \stackrel{\text{kinetic}}{=} \int M^{2}f \left[-3\dot{\Psi}^{2} - 2\vec{\nabla}\Phi\vec{\nabla}\Psi + (\vec{\nabla}\Psi)^{2} + c\,\dot{\pi}^{2} - c(\vec{\nabla}\pi)^{2} + 3(j/f)\dot{\Psi}\dot{\pi} + (j/f)\vec{\nabla}\pi(\vec{\nabla}\Phi - 2\vec{\nabla}\Psi) \right]$$

$$1 - \gamma \equiv \frac{\Phi - \Psi}{\Phi} = \frac{M^{2}\dot{f}^{2}/f}{2(c + M^{2}\dot{f}^{2}/f)} \quad \text{anisotropic stress}$$
Newtonian
limit

$$G_{\text{eff}} = \frac{1}{8\pi M^{2}f} \frac{c + M^{2}\dot{f}^{2}/f}{c + \frac{3}{4}M^{2}\dot{f}^{2}/f} \quad \text{dressed Newton constant}$$

(Cf. braiding: Deffayet et al., 2010)

$$f(t) = 1$$

$$S = \int \sqrt{-g} \left(\frac{M^2}{2} fR - \Lambda + cg^{00} + \frac{M_2^4}{2} (\delta g^{00})^2 + \frac{\bar{m}_1^3}{2} \delta g^{00} \delta K + \frac{1}{2} T^{\mu\nu} \delta g_{\mu\nu} \right)$$

Apply Stueckelberg and go to
Newtonian Gauge

$$ds^{2} = -(1+2\Phi)dt^{2} + a^{2}(1-2\Psi)\delta_{ij}dx^{i}dx^{j}$$

$$S^{\text{kinetic}} \int M^{2} \left[-3\dot{\Psi}^{2} - 2\vec{\nabla}\Phi\vec{\nabla}\Psi + (\vec{\nabla}\Psi)^{2} \right] + c\dot{\pi}^{2} - c(\vec{\nabla}\pi)^{2} + 3\bar{m}_{1}^{3}\dot{\Psi}\dot{\pi} + \bar{m}_{1}^{3}\vec{\nabla}\Phi\vec{\nabla}\pi$$
De-mixing ≠ conformal transformation

$$\Phi_{E} = \Phi + \frac{\bar{m}_{1}^{3}}{2M^{2}}\pi$$

$$\Psi_{E} = \Psi + \frac{\bar{m}_{1}^{3}}{2M^{2}}\pi$$
Mixing

(Cf. braiding: Deffayet et al., 2010)

$$f(t) = 1$$

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Apply Stueckelberg and go to
Newtonian Gauge

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Minim

Mixing

(Cf. braiding: Deffayet et al., 2010)

$$f(t) = 1$$

$$S = \int \sqrt{-g} \left(\frac{M^2}{2} fR - \Lambda + cg^{00} + \frac{M_2^4}{2} (\delta g^{00})^2 - \frac{\bar{m}_1^3}{2} \delta g^{00} \delta K + \frac{1}{2} T^{\mu\nu} \delta g_{\mu\nu} \right)$$

Apply Stueckelberg and go to
Newtonian Gauge

$$ds^{2} = -(1+2\Phi)dt^{2} + a^{2}(1-2\Psi)\delta_{ij}dx^{i}dx^{j}$$

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Speed of Sound of DE

Mixing

$$c_s^2 = \frac{c + \frac{1}{2}(H\bar{m}_1^3 + \dot{\bar{m}}_1^3) - \frac{1}{4}\bar{m}_1^6/M^2}{c + \frac{3}{4}\bar{m}_1^6/M^2}$$

(Cf. braiding: Deffayet et al., 2010)

$$f(t) = 1$$

$$S = \int \sqrt{-g} \left(\frac{M^2}{2} fR - \Lambda + cg^{00} + \frac{M_2^4}{2} (\delta g^{00})^2 - \frac{\bar{m}_1^3}{2} \delta g^{00} \delta K + \frac{1}{2} T^{\mu\nu} \delta g_{\mu\nu} \right)$$

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$$ds^{2} = -(1+2\Phi)dt^{2} + a^{2}(1-2\Psi)\delta_{ij}dx^{i}dx^{j}$$

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$$1 - \gamma = \frac{\Phi - \Psi}{\Phi} = 0$$
Newtonian
limit

$$G_{\text{eff}} = \frac{1}{8\pi M^{2}f} \left(1 - \frac{\bar{m}_{1}^{3}}{4cM^{2}} \right)^{-1} \text{ dressed Newton constant}$$