

Intro to LQG

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Outline

Motivations

$SU(2)$ singlets and polyhedra

Applications

Conclusions

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SU(2) singlets and polyhedra

Applications

Conclusions

Motivations

Einstein's equations:

$$R_{\mu\nu}(g) - \frac{1}{2}g_{\mu\nu}R(g) = \frac{8\pi G}{c^4}T_{\mu\nu}$$



The source of spacetime curvature is the energy-momentum tensor of matter

What is the response of spacetime in situations where the quantum nature of matter is dominant?

Motivations

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Structure of equations

$$A(g)\partial^2 g + B(g)(\partial g)^2 + C(g) = \frac{8\pi G}{c^4}T$$

- gauge part: diffeos
- constrained part: Newton's law
- degrees of freedom: Two

e-m analogy

$$A_\mu \mapsto A_\mu + \partial_\mu \lambda$$

$$\nabla \cdot E = \rho$$

Two spin-1 polarizations

Perturbative expansion

Perturbative approach:

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

⇒ Two spin-2 polarizations, gravitational waves

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Key to quantization:

the splitting introduces a background spacetime, and a quadratic term in the action.

⇒ tools of quantum field theory become available

However!

- **Goroff and Sagnotti ('86), Van de Ven ('91)**: As long since suspected, general relativity is not a perturbatively renormalizable quantum field theory
⇒ only valid as an effective field theory

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Case for background-independence

A paradigm shift

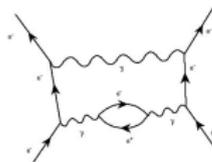
kinematics

QFT:

$$|p_i, h_i\rangle$$

quanta: momenta, helicities, etc.

dynamics



Feynman diagrams

A paradigm shift

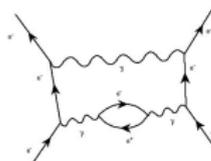
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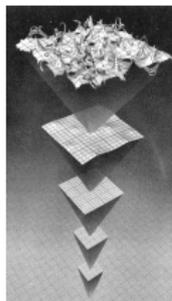
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At the Planck scale:



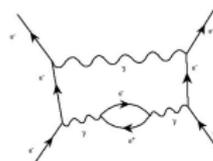
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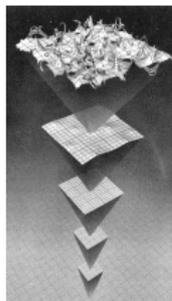


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Feynman diagrams

everything takes place in spacetime \Rightarrow quanta make up space and evolve into spacetime

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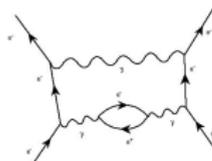
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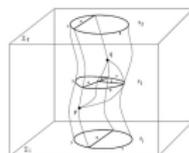
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quanta: areas and volumes

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spin foams

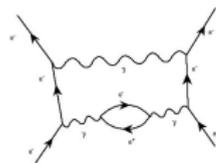
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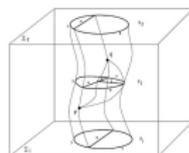
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how do we recover semiclassical physics on a smooth spacetime?

Stating the problem

- LQG is a continuum theory with well-defined and interesting kinematics (spin networks, discrete spectra of geometric operators, etc.)
- Models for the dynamics exist
- **Main open problem:** how to test the theory and extract low-energy physics from it

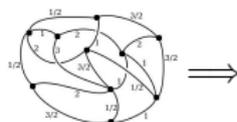
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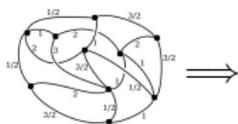


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- photons \longrightarrow electromagnetic waves
- LQG quantum geometries \longrightarrow smooth classical geometries
 - ▶ discrete
 - ▶ non-commutative
 - ▶ distributional (defined on graphs)



Fundamental coupling constants

Working hypothesis: the *connection* as a fundamental (and independent) variable¹

$$g_{\mu\nu} \mapsto (g_{\mu\nu}, \Gamma_{\mu\nu}^\rho)$$

Lowest dimension operators and their coupling constants:

$$\sqrt{-g}, \quad \sqrt{-g} g^{\mu\nu} R_{\mu\nu}(\Gamma),$$

$$\frac{\Lambda}{G}$$

$$\frac{1}{G}$$

¹more precisely: $(e_\mu^I, \omega_\mu^{IJ})$.

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- Classically irrelevant in the absence of torsion:

$$\Gamma_{\mu\nu}^{\rho} = \left\{ \begin{array}{c} \rho \\ \mu\nu \end{array} \right\} \implies \epsilon^{\mu\nu\rho\sigma}R_{\mu\nu\rho\sigma}(\Gamma(e)) = 0$$

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- Non-perturbative quantum role?

$$\text{Area gap in LQG: } A_{min} = \frac{\sqrt{3}}{2}\gamma\ell_P^2$$

¹more precisely: $(e_\mu^I, \omega_\mu^{IJ})$.

Canonical formulation: Ashtekar variables

Hamiltonian analysis very complicated (second class constraints)

Key simplification: Ashtekar-Barbero variables: \Rightarrow First class constraints

- Densitised triad: E_i^a
- $SU(2)$ connection: A_a^i

($a = 1, 2, 3$ spatial indices, $i = 1, 2, 3$ $SU(2)$ indices)

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Related to ADM variables via a canonical transformation

$$(g_{ab}, K^{ab}) \implies (A_a^i, E_i^a)$$

$$\{A_a^i(x), E_j^b(y)\} = \gamma G \delta_j^i \delta_a^b \delta^{(3)}(x, y)$$

- Remarks:
- Same phase space of an $SU(2)$ gauge theory
 - the Immirzi parameter enters the Poisson structure

Spin networks and quantum geometry

QFT

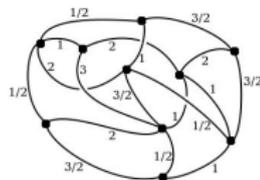
$$\mathcal{F} = \bigoplus_n \mathcal{H}_n$$

$|n, p_i, h_i\rangle \rightarrow$ quanta of fields

LQG

$$\mathcal{H} = \bigoplus_{\Gamma} \mathcal{H}_{\Gamma}$$

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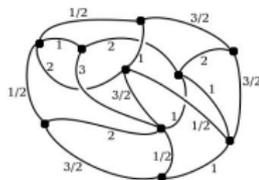
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Key result

geometric operators turn out to have discrete spectra with minimal excitations proportional to the Planck length

- **spins** j_e on each edge:

quanta of areas

$$A(\Sigma) = \gamma \hbar G \sum_{e \in \Sigma} \sqrt{j_e(j_e + 1)}$$

- **intertwiners** i_v on each vertex:

quanta of volumes

$$V(R) = (\gamma \hbar G)^{3/2} \sum_{n \in R} f(j_e, i_n)$$

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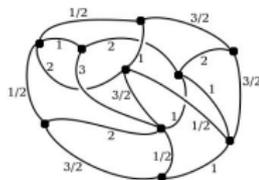
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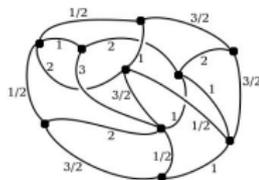
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Three aspects of quantum geometry:

- discrete eigenvalues
- non-commutativity
- graph structure

A paradigm shift

kinematics

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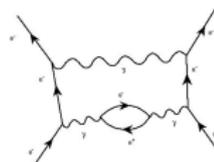
$|n, p_i, h_i\rangle$

quanta: momenta, helicities, etc.

observables

n : # of quantum particles

dynamics



Feynman diagrams

perturbative expansion

degree of the graph



order of approximation desired

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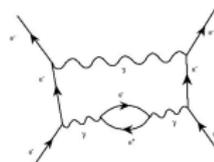
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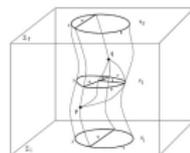
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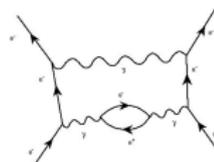
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link to classical geometries?
meaning of Γ ?

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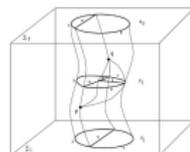
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what approximation?

Geometry on a single graph?

$$\{A_a^i(x), E_j^b(y)\} \longrightarrow \mathcal{H} = \bigoplus_{\Gamma} \mathcal{H}_{\Gamma}, \quad |\Gamma, j_e, i_v\rangle$$

- Consider a single graph Γ , and the associated Hilbert space \mathcal{H}_{Γ} .
- This truncation captures only a finite number of degrees of freedom of the theory, thus states in \mathcal{H}_{Γ} do not represent smooth geometries.
- Standard interpretation: A and E distributional along the graph
⇒ difficulties with the semiclassical limit

Geometry on a single graph?

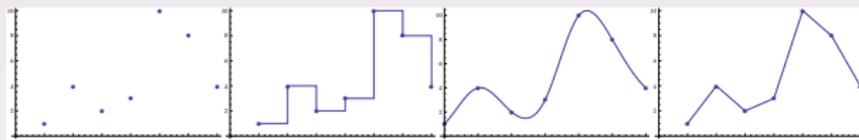
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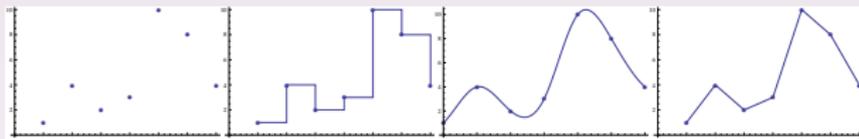
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Can we interpret \mathcal{H}_{Γ} as the quantization of a space of discrete geometries?

$$V^{(j_e)}, \quad \mathcal{H}_v \equiv \text{Inv} \left[\bigotimes_{e \in v} V^{(j_e)} \right], \quad \mathcal{H}_{\Gamma} = \bigoplus_{j_e} \left[\bigotimes_v \mathcal{H}_v \right]$$

irrep of $\text{SU}(2)$

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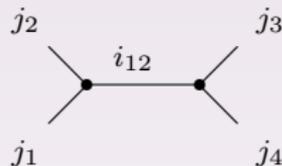
The building block of loop gravity: intertwiner space

$$\mathcal{H}_v \equiv \text{Inv} \left[\otimes_{e \in v} V^{(j_e)} \right]$$

Operators: $\vec{J}_i, \vec{J}_i \cdot \vec{J}_j, \quad i = 1 \dots F$

Only $F - 3$ commuting operators: $\{J_1^2 \dots J_F^2, (J_1 + J_2)^2 \dots\}$

Recoupling basis: $|j_1 \dots j_F, i_{12}, \dots\rangle$



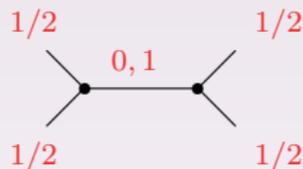
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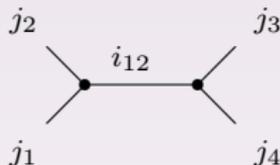
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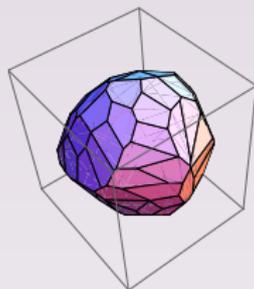


Is there a geometric interpretation of this space?

Intertwiners and polyhedra 1

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Polyhedra!



The connection is made in two steps:

polyhedra

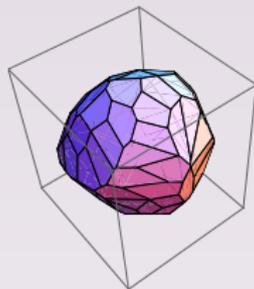
\mathcal{S}_F

$\mathcal{H} = \text{Inv} \left[\otimes_i V^{j_i} \right]$

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$$\text{polyhedra} \quad \mathcal{S}_F \quad \Longrightarrow \quad \mathcal{H} = \text{Inv} \left[\otimes_i V^{j_i} \right]$$

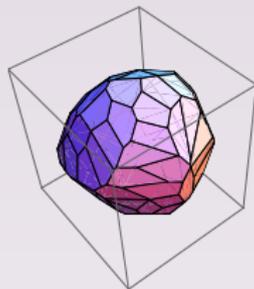
1. \mathcal{H} is the quantization of a certain classical phase space \mathcal{S}_F

[Kapovich and Millson '96, '01, Charles '08, Conrady and Freidel '08]

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Polyhedra!



The connection is made in two steps:

$$\text{polyhedra} \quad \longleftarrow \quad \mathcal{S}_F \quad \Longrightarrow \quad \mathcal{H} = \text{Inv} \left[\otimes_i V^{j_i} \right]$$

1. \mathcal{H} is the quantization of a certain classical phase space \mathcal{S}_F

[Kapovich and Millson '96, '01, Charles '08, Conrady and Freidel '08]

2. Points in this phase space represent bounded convex flat polyhedra in \mathbb{R}^3

[E.Bianchi,P.Doná,SS 1009.3402]

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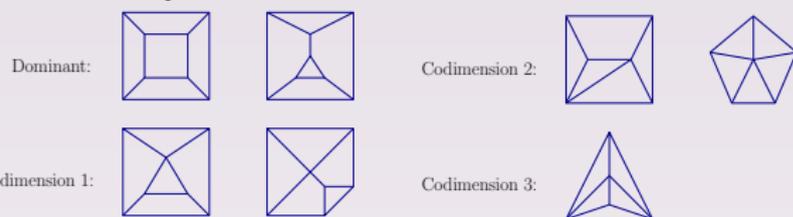


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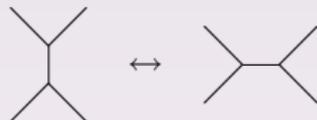
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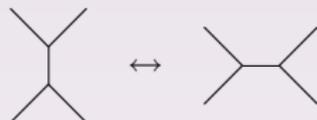
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It is the configuration of normals to determine the class

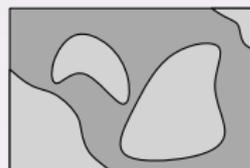
- The phase space \mathcal{S}_F can be mapped in regions corresponding to different classes.

– *Dominant classes* have all 3-valent vertices.

[maximal n. of vertices, $V = 3(F - 2)$, and edges, $E = 2(F - 2)$]

– *Subdominant classes* are special configurations with lesser edges and vertices, and span measure zero subspaces.

[lowest-dimensional class for maximal number of triangular faces]



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Geometric quantization to derive holomorphic coherent states for $\mathcal{H} = \text{Inv} \left[\otimes_i V^{j_i} \right]$

[E. Livine and SS PRD ('07)]

Geometric operators $\hat{O}(\vec{J}_i)$ peaked on classical values $O(A_i n_i)$ with minimal uncertainties

\Rightarrow states of semiclassical polyhedra

Polyhedra on the full graph

The Hilbert space:

$$\mathcal{H}_\Gamma = \bigoplus_{j_e} \left[\bigotimes_v \mathcal{H}_v \right]$$

is a quantization of the classical phase space

$$\mathcal{S}_\Gamma = \times_e T^* S^1 \times_v \mathcal{S}_{F(v)}$$

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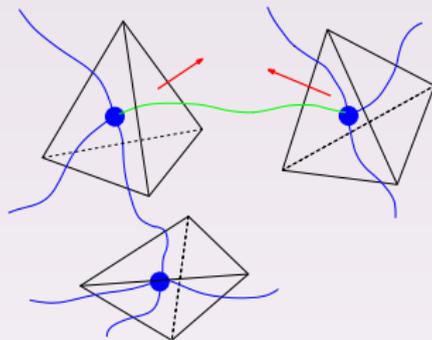
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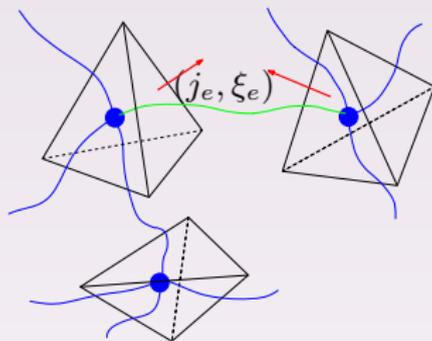
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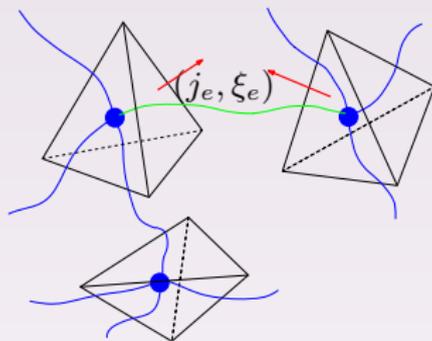
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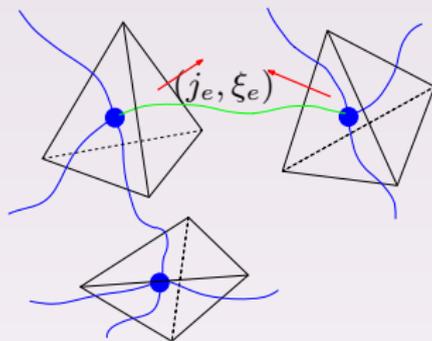
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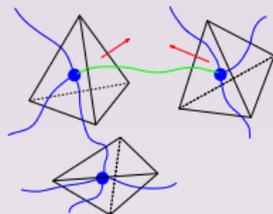
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Twisted geometries: interpretation

For each point (A_e, E_e) on the phase space at fixed graph, there are infinite continuous metrics that can correspond to it



Twisted geometries are a particular choice of interpolating geometry associated with a cellular decomposition of the manifold dual to Γ :

A, E

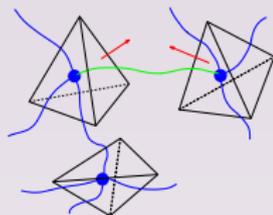


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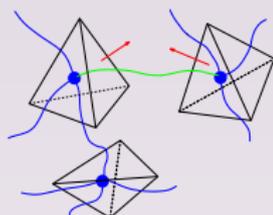
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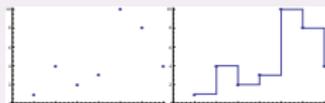
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The geometries are twisted in the sense that they are well-defined locally (on each polyhedron), but are *discontinuous* at the intersections (the faces)



Twistor space

Twisted geometries \iff Loop gravity

\downarrow *matching shapes reduction*

Regge calculus

Twistor space

↓ *matching area reduction*

Twisted geometries



Loop gravity

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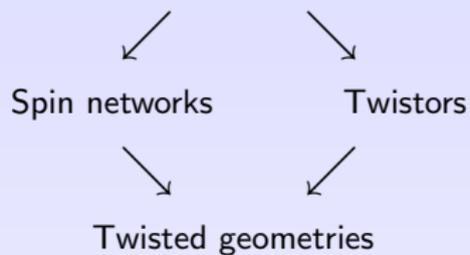
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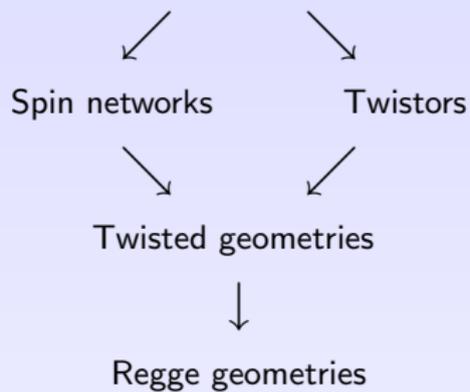
Overview



Spin networks

Twistors





Outline

Motivations

$SU(2)$ singlets and polyhedra

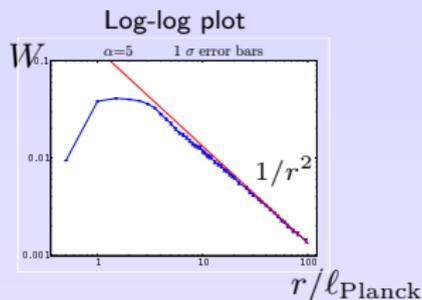
Applications

Conclusions

Some applications

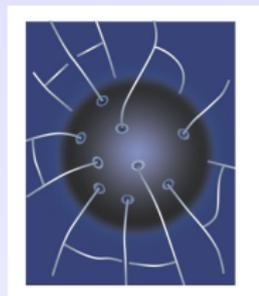
- **Short scale dynamical regularization**
[SS, Livine, ...]

2-point function in a toy model:
expected large scale behaviour recovered,
hints of new Planck scale physics



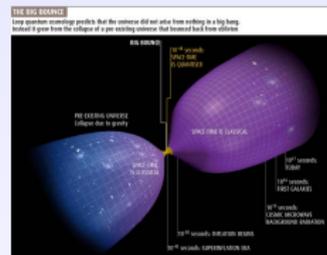
- **Black holes**
[Ashtekar, Baez, Perez, Rovelli, ...]

Interpretation of the BH entropy $S = \frac{A}{4G}$
in terms of microstates corresponding to
a unique macroscopic geometry
but different quantum shapes



- **Cosmology**
[Ashtekar, Bojowald, Rovelli, Barrau, ...]

New repulsive force avoiding the singularity
and creating a *quantum bounce*
Modification of the Friedmann equations



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Conclusions

- LQG is a continuum theory with well-defined and interesting kinematics (spin networks, discrete spectra of geometric operators, etc.)
- Models for the dynamics exist, defined graph by graph similar to scattering amplitudes in QFT
- Each graph represents quantum geometries, which we can visualize as a collection of fuzzy polyhedra
- The semiclassical limit should be recovered in the limit in which the polyhedra are much larger than the Planck scale (no fuzzy) and much smaller than the resolution scale (smooth geometry)
 - ▶ single graph level: connection with Regge calculus established
 - ▶ continuum limit: **main open question!**