

# Multi-Dimensional Radial Self-Navigation with Non-Linear Reconstruction for Free-Breathing Coronary MRI



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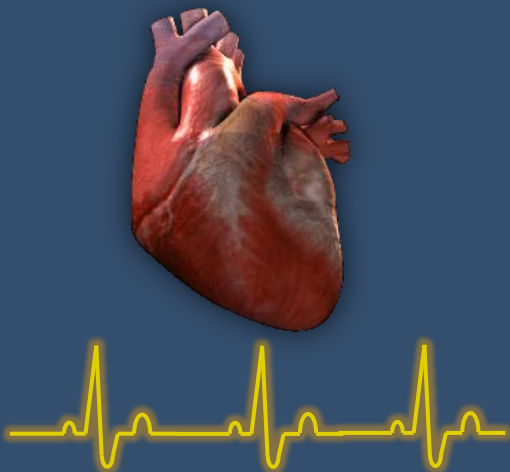
Centre d'Imagerie BioMédicale – CHUV

# The Heart Motion

Is related to the displacement of a non rigid object in 3 dimensions with **translational**, **rotational** and **distortion** components.

## Intrinsic Motion

Pulsating movement of heart

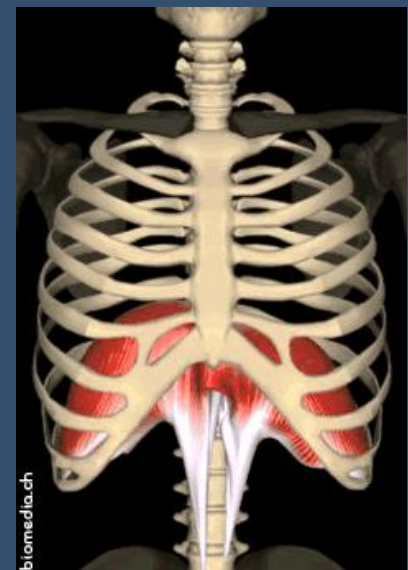


## Extrinsic Motion

Respiration induced motion

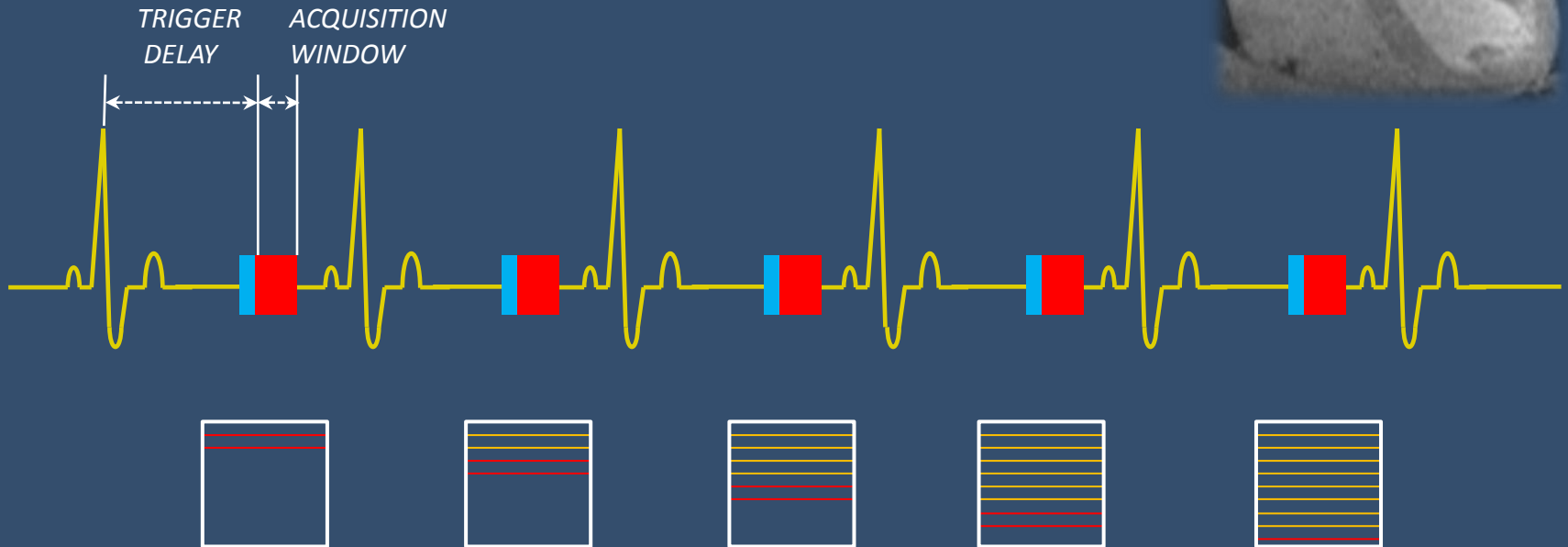
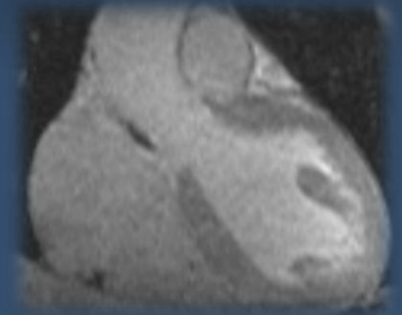
## Bulk Motion

Patient movements



# Intrinsic Motion Compensation

## ➤ ECG gating & *k*-space segmentation



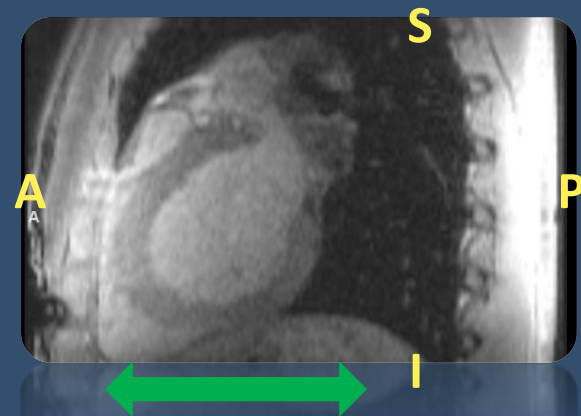
→ Imaging is performed during the period of minimal Coronary Motion!

# Extrinsic Motion

Respiratory induced displacement:

SI = 20 mm

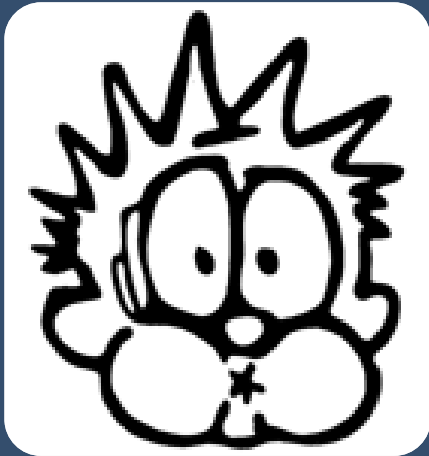
AP = 10 mm



*Respiratory Motion is one of the major challenges in cardiovascular MRI !*

# Respiratory Motion Compensation

## 1) Breath holding - *Advantages*

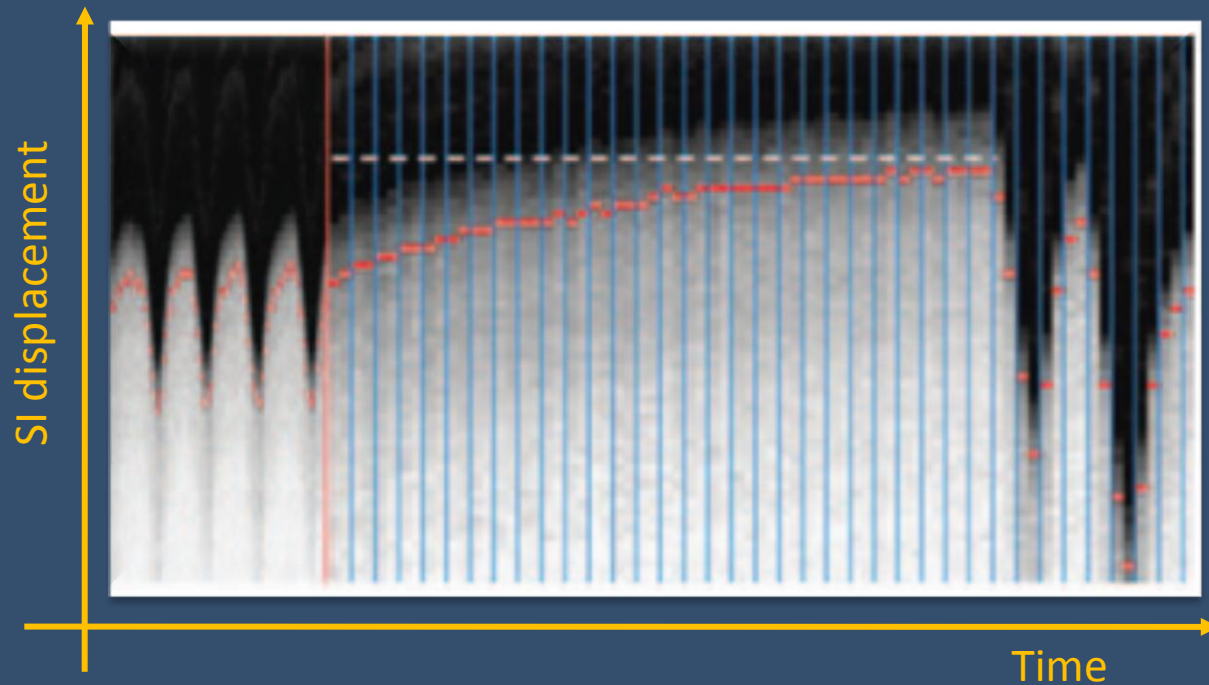


- ✓ Constrains Coronary Artery motion within 0.5 mm! <sup>1</sup>
- ✓ Easy to implement in well motivated subjects
- ✓ Preferred for functional, perfusion, late enhancement
- ✓ Short scanning times

# Respiratory Motion Compensation

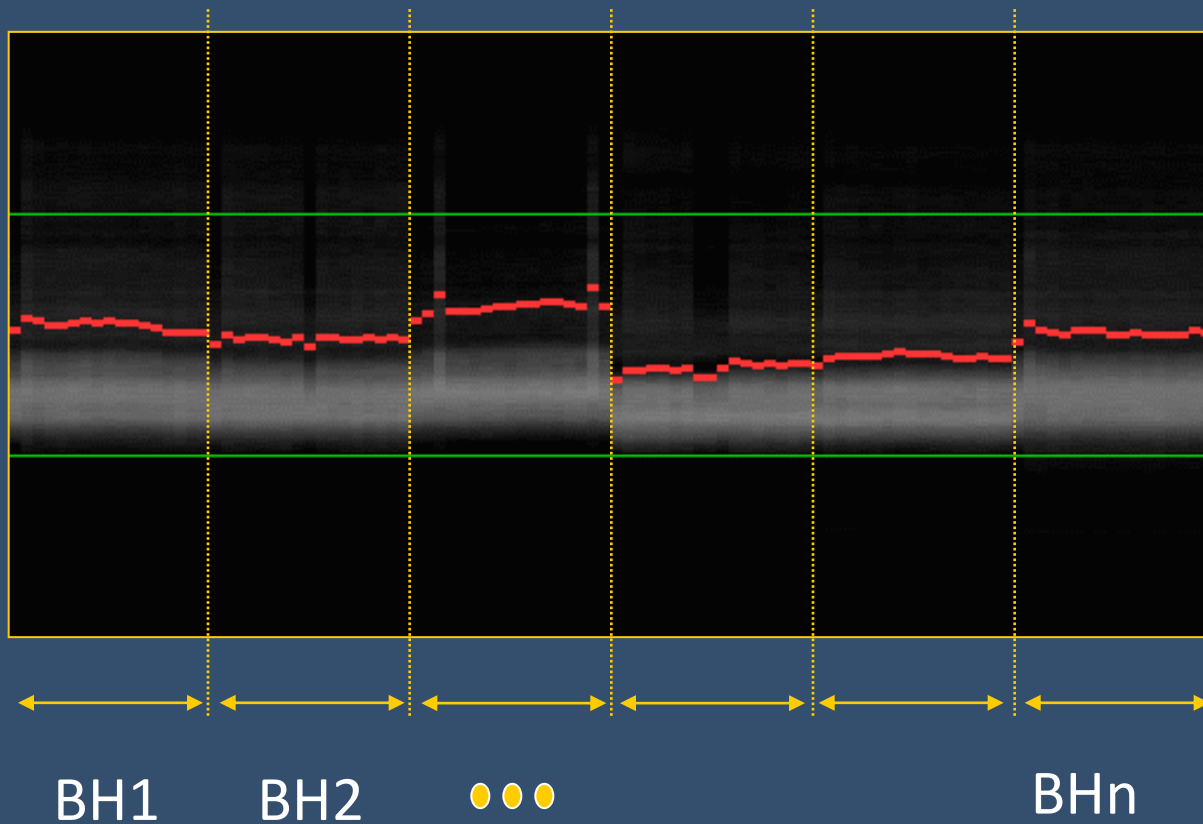
## 1) Breath holding - *Disadvantages*

*Diaphragmatic drift during breath-holding*



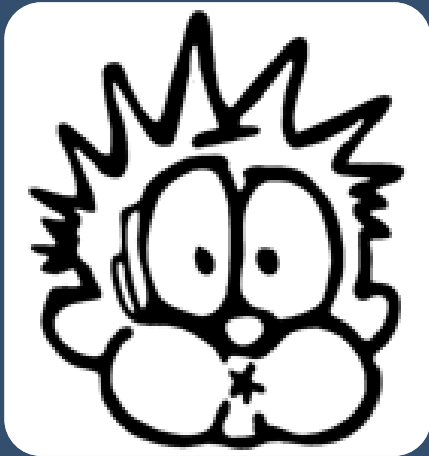
# Respiratory Motion Compensation

## 1) Breath holding - *Disadvantages*



# Respiratory Motion Compensation

## 1) Breath holding - *Disadvantages*

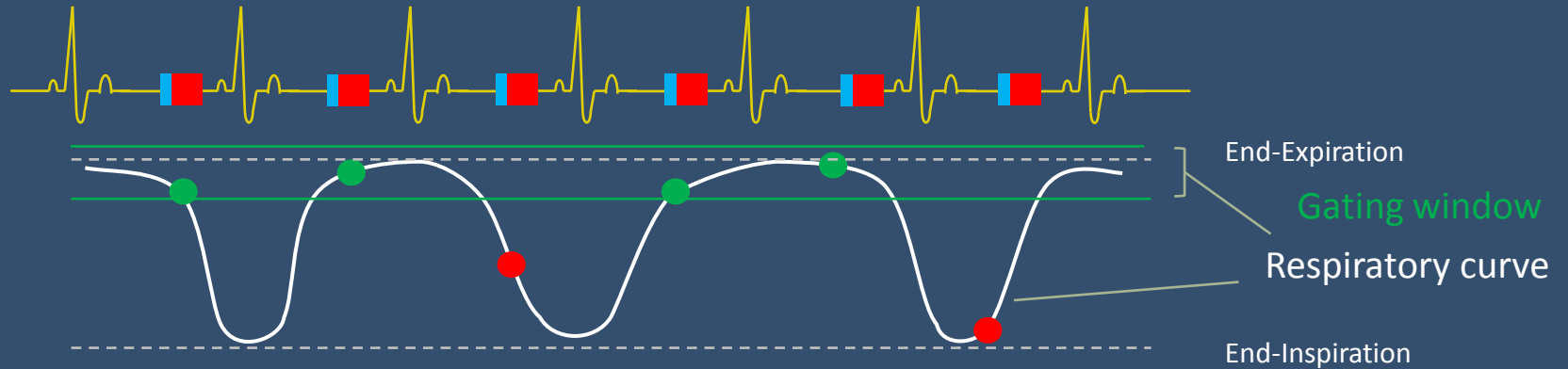


- ✘ Patient's ability to hold his/her breath governs maximum spatial resolution
- ✘ Residual motion due to diaphragmatic drift
- ✘ Mis-registrations in serial breath-holds
- ✘ Major operator and patient involvement
- ✘ Heart rate variations



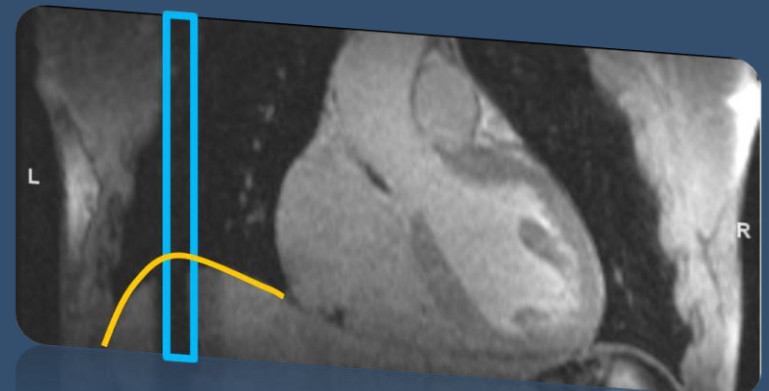
# Respiratory Motion Compensation

## 2) Navigator Gating



- Data accepted
- Data rejected

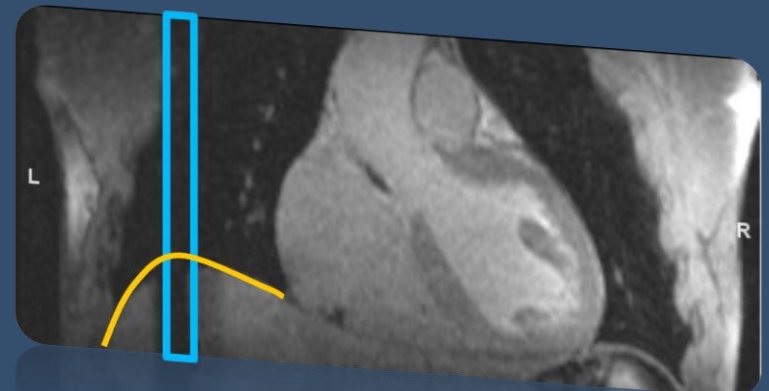
$$\text{Scan efficiency} = \frac{\# \text{ } \bullet \text{ (green)}}{\# \text{ } \bullet \text{ (green)} + \# \text{ } \bullet \text{ (red)}}$$



# Respiratory Motion Compensation

## 2) Navigator Gating - *Advantages*

- ✓ Quality of breath-hold does not govern image resolution
- ✓ No major patient involvement
- ✓ Offers flexibility for high resolution, 3D acquisition, signal averaging
- ✓ Has demonstrated to be effective (Multicenter experience\*)

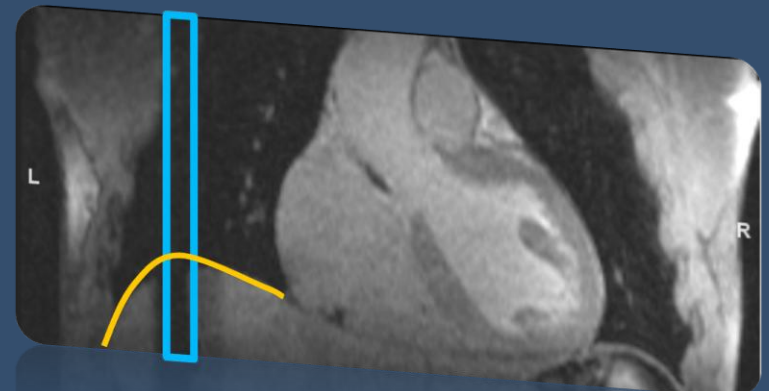
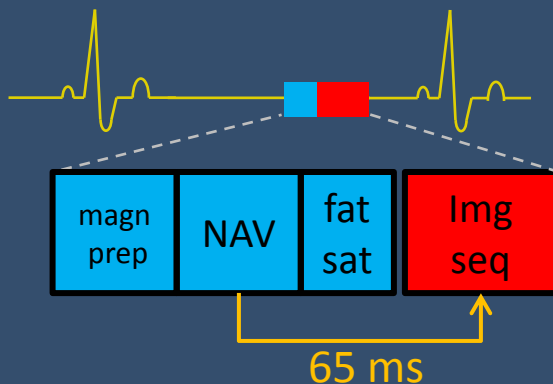


\* Kim WY et al.: N Engl J Med;345(26):1863-1869 (2001).

# Respiratory Motion Compensation

## 2) Navigator Gating - *Disadvantages*

- ✗ indirect measure of the cardiac motion
- ✗ temporal delay between NAV and data acquisition
- ✗ efficiency = 30 - 40% → scan time!!
- ✗ additional planning

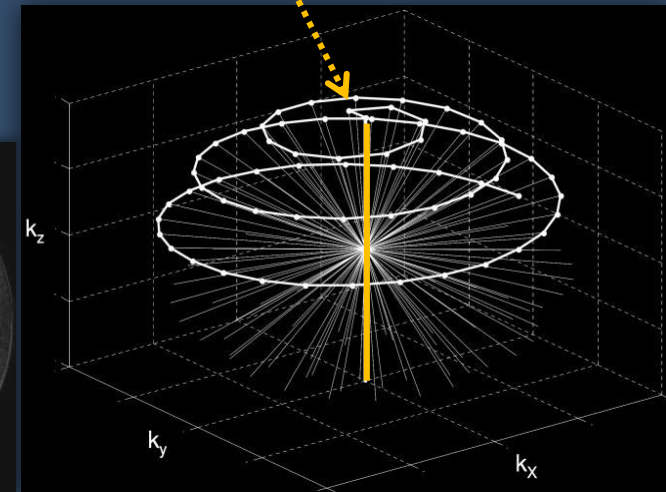
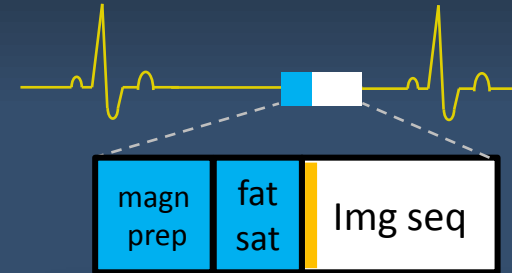
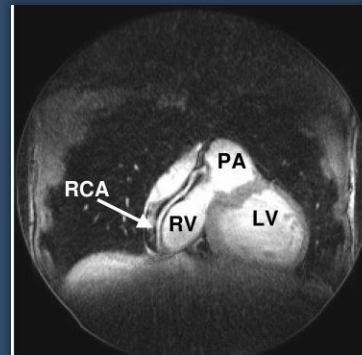
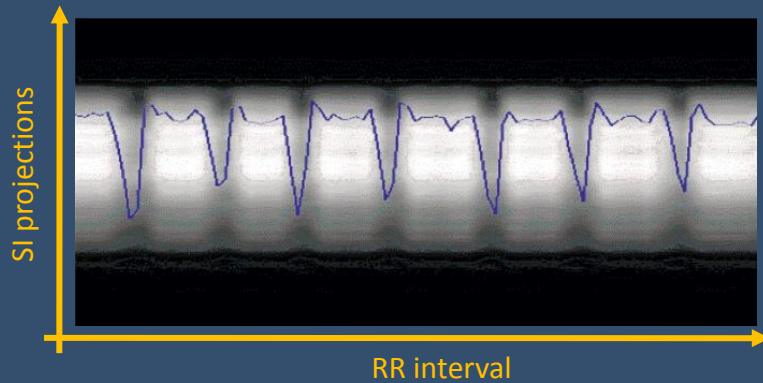


# Retrospective Self-Navigation: *what has been done ...*

## ➤ Stehning et al. 2005

Beat-to-beat **respiratory SI motion** estimated by *k-space* center line repeatedly acquired during each segment data acquisition.

**Center of mass** evaluation for motion extraction



Stehning et al. MRM 54:476–480 (2005)

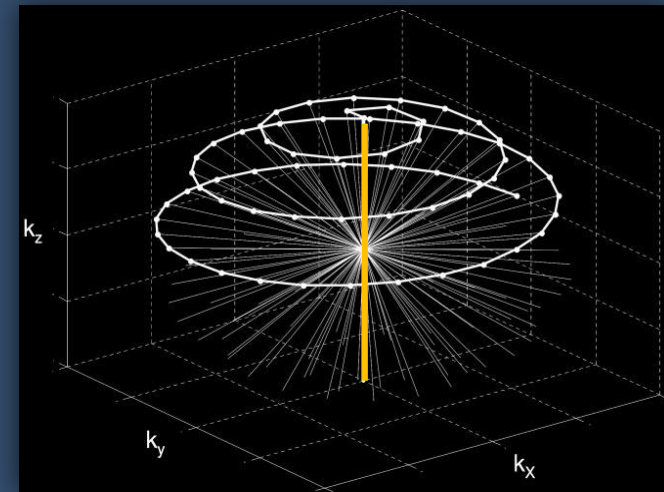
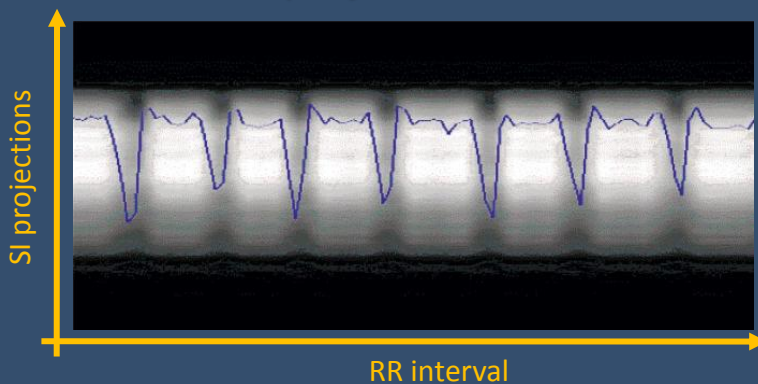
- Lai et al. 2008: used Least Square for SI extraction
- Bhat et al. 2011: multi-dimensional Self-Nav with binning of respiratory states for affine motion correction
- Henningsson et al. 2011: modified bSSFP for 2D Self-Nav
- ...

# Retrospective Self-Navigation: *what has been done ...*

➤ Stehning et al. 2005

- ✓ *Heart motion is directly extracted from the MR data.*
- ✓ 100% efficiency
- ✓ no additional planning

Foot-head projections of the heart!



Stehning et al. MRM 54:476–480 (2005)

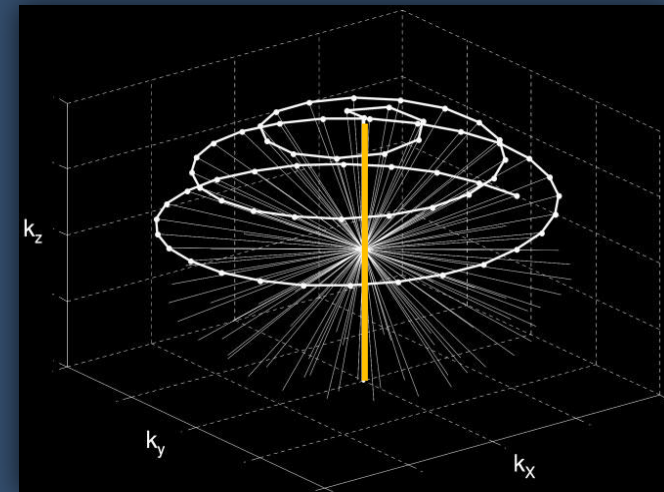
# Retrospective Self-Navigation: *what has been done ...*

➤ Stehning et al. 2005

- ✗ 1D motion correction
- ✗ No advanced reconstruction strategies



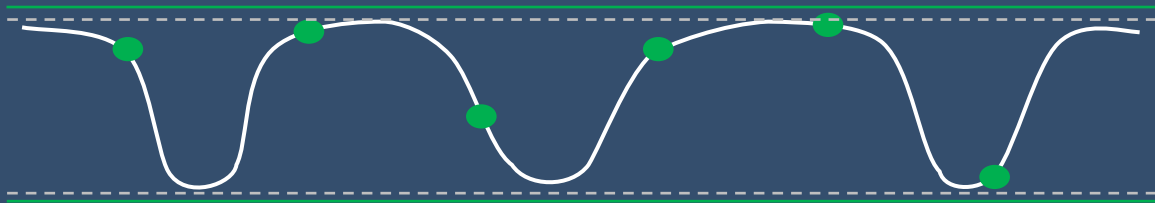
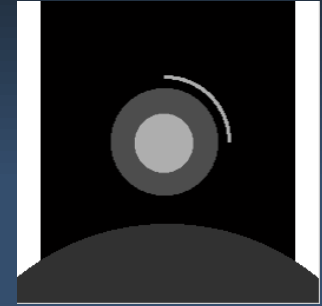
- Multi-dimensional motion correction
- Non-linear reconstruction



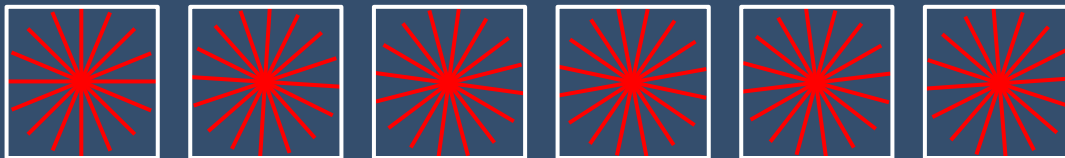
Stehning et al. MRM 54:476–480 (2005)



# Retrospective Self-Navigation: *the concept*



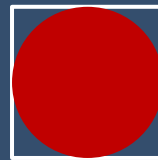
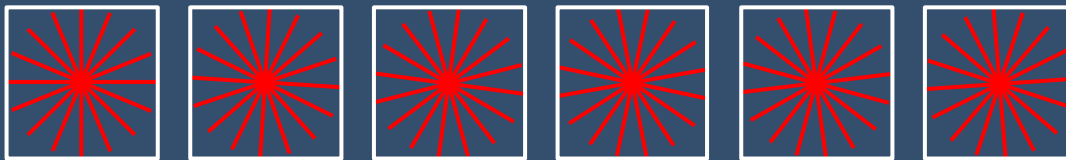
*interleaved 2D radial acquisition*



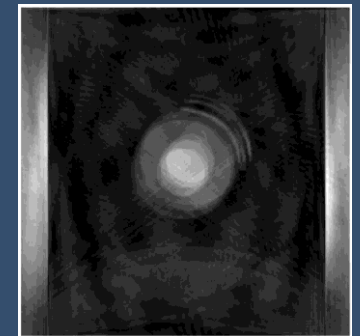
# Retrospective Self-Navigation: *the concept*



*interleaved 2D radial acquisition*



*Motion corrupted*

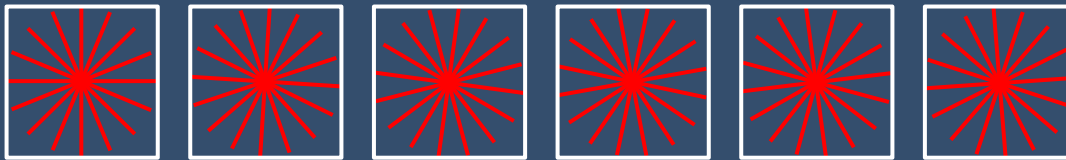




# Retrospective Self-Navigation: *the concept*

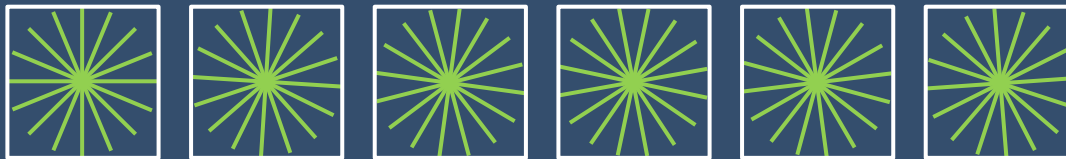


*interleaved 2D radial acquisition*

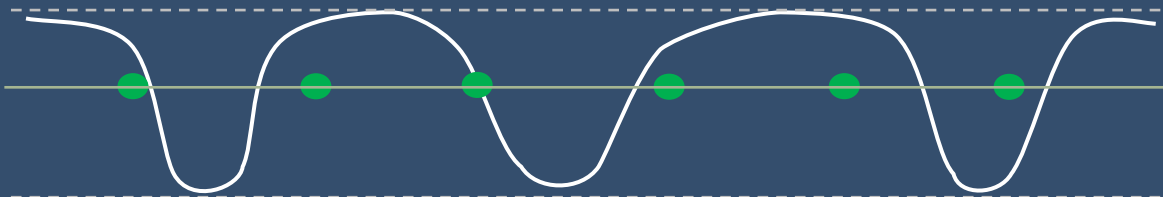
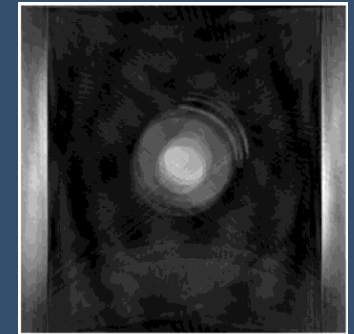


$[\Delta x, \Delta y]_i$

**Beat-to-beat Motion Correction**



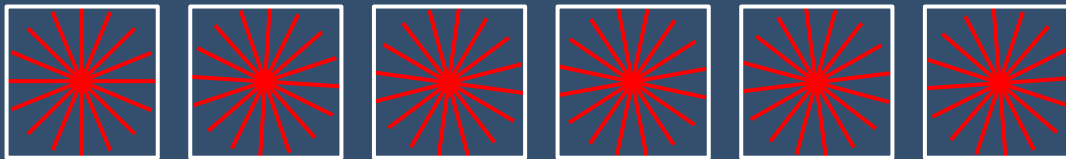
*Motion corrupted*



# Retrospective Self-Navigation: *the concept*

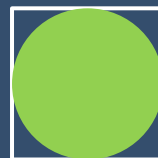
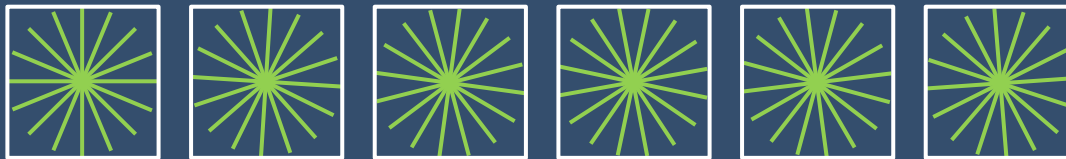


*interleaved 2D radial acquisition*

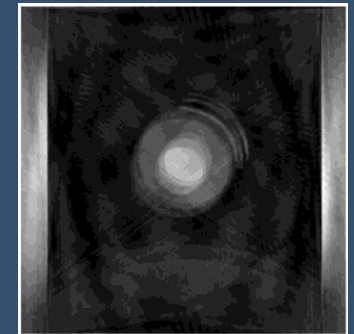


$[\Delta x, \Delta y]_i$

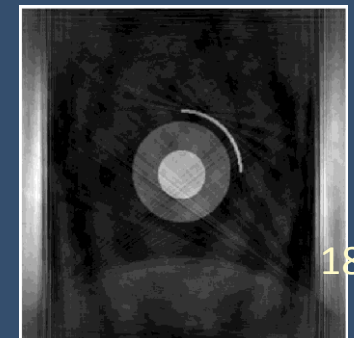
**Beat-to-beat Motion Correction**



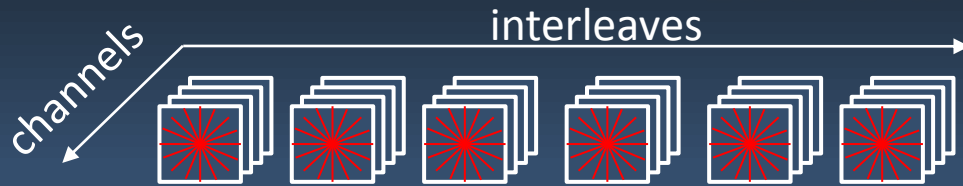
*Motion corrupted*



*Motion corrected*



# Retrospective Self-Navigation: *the pipeline*



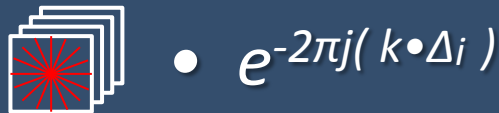
**Channels Selection**



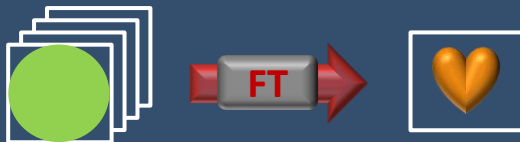
**Sub-images Recon**

$\Delta x, y_1$   $\Delta x, y_2$   $\Delta x, y_3$   $\Delta x, y_4$   $\Delta x, y_5$   $\Delta x, y_6$

**Coregistration**



**Motion Correction**



**Final Recon**

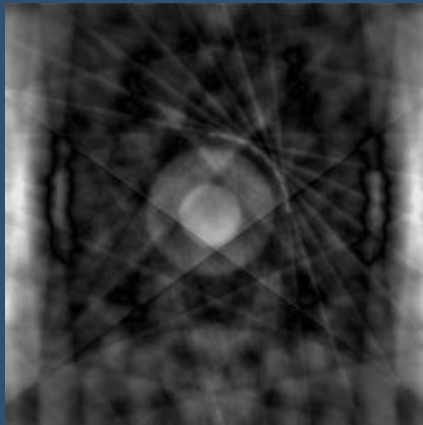
# Retrospective Self-Navigation: *Sub-images Recon*

Sub-images from a 2D radial acquisition:

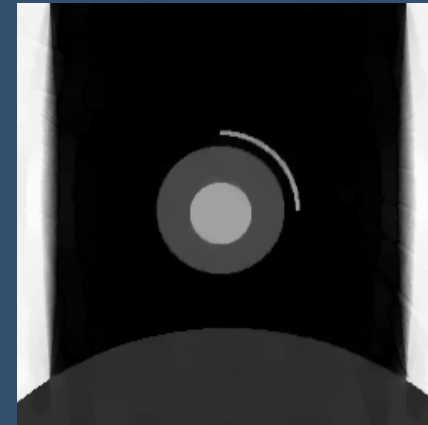
- *Schäffter et al. 1999* – first application for knee imaging
- *McLeish et al. 2004* – cardiac imaging of *ex vivo* data

Sub-images from a numerical simulation with 5% of the data:

*Standard of Reference:  
convolution-based gridding*<sup>1</sup>



*Non-Linear Reconstruction  
with a Total Variation prior*<sup>2,3</sup>



1) Jackson et al., IEEE-TMI 10:473-478 (1991)

2) Beck et al. IEEE-TIP 18:2419-34 (2009)

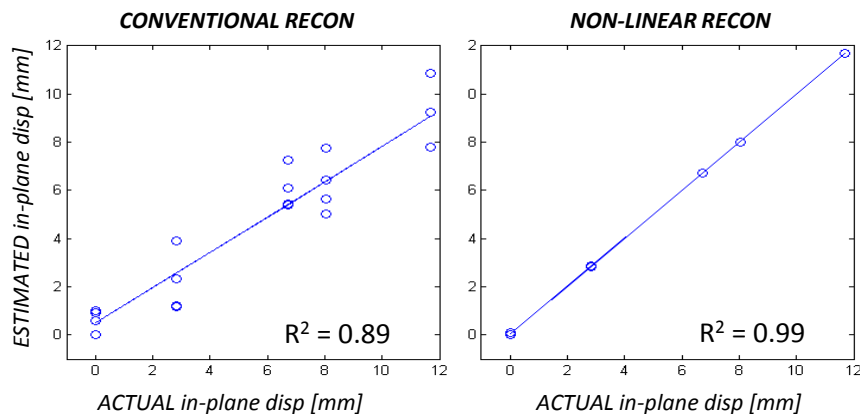
3) Combettes et al. IEEE-JSTSP 14:564-574 (2007)

# Retrospective Self-Navigation: *numerical simulations*

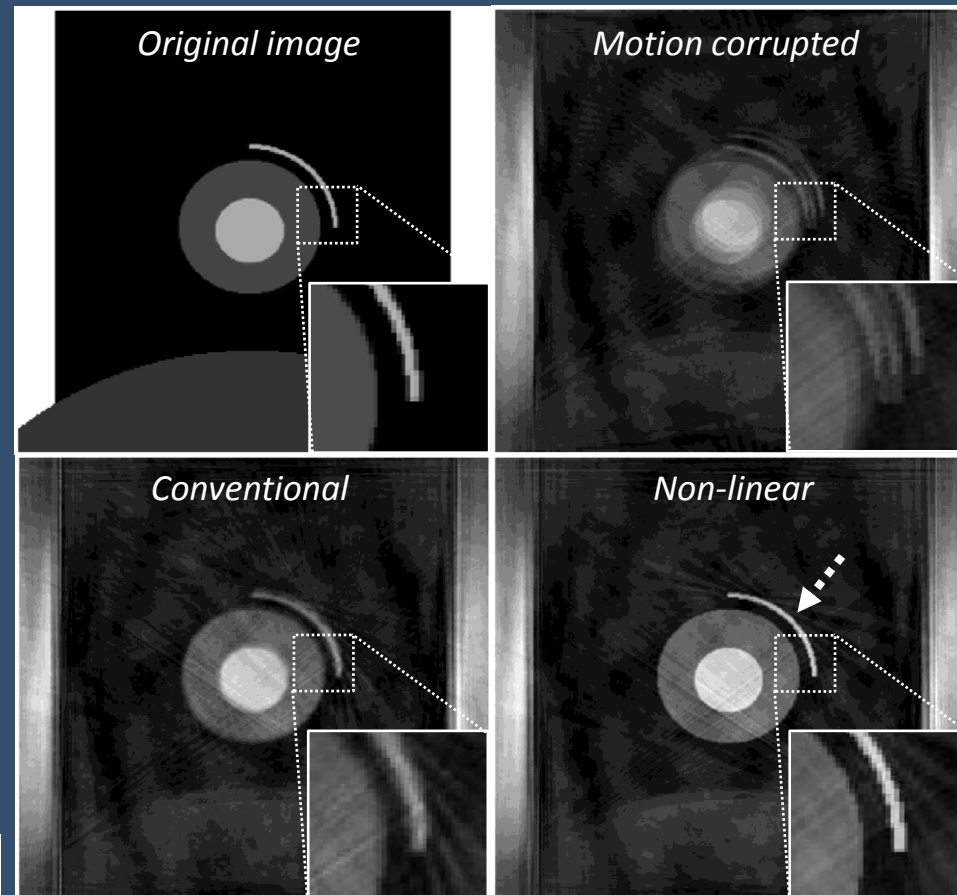
Numerical simulations were used to develop and rigorously test the method in a controlled environment:

- motion patterns and contrast values from *in vivo* MRI
- 20 shots
- 300 total projections in *k*-space
- 15 projections/shot (5% of the data)
- 256 matrix

*Linear Regression analysis of in-plane displacements*



*Reconstruction results*



# Retrospective Self-Navigation: *Sub-images Recon*

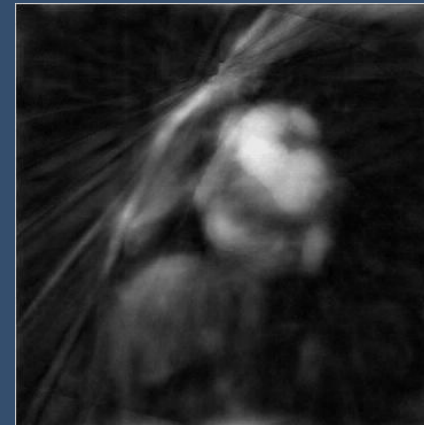
Sub-images from a 2D high resolution scan @3T with 4% of the data:

*Standard of Reference:  
convolution-based gridding*<sup>1</sup>



1) Jackson et al., IEEE-TMI 10:473-478 (1991)

*Non-Linear Reconstruction  
with a Total Variation prior*<sup>2,3</sup>



2) Beck et al. IEEE-TIP 18:2419-34 (2009)

3) Combettes et al. IEEE-JSTSP 1,4:564-574 (2007)

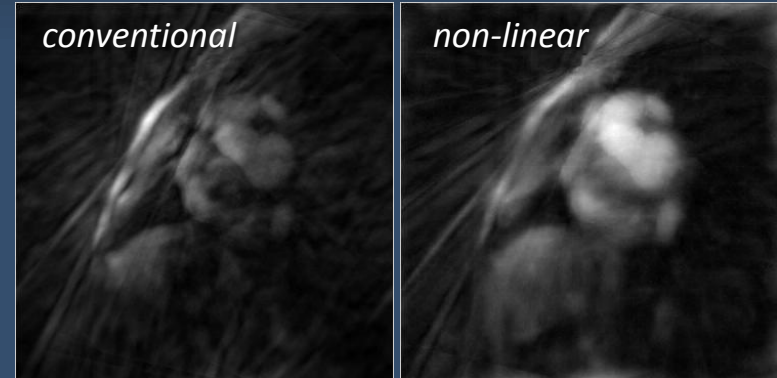


# Retrospective Self-Navigation: *in vivo* results @3T

## High Resolution 2D scan of a Right Coronary Artery:

26 shots, 364 total projections in *k*-space  
 14 projections/interleave(4% of the data)  
 368 matrix, 32 ch  
 0.8x0.8mm resolution, 5mm slice thickness,  
 300x300mm FOV, TE=3.26ms, TR=7.2ms, T2prep=50ms,  
 $\alpha=15\text{deg}$ , BW=234Hz/pixel

### Sub-images



*Motion corrupted*

*NAV*

*Self-NAV with  
conventional recon*

*Self-NAV with  
non-linear recon*



# Conclusions

- Beat-to-beat 2D image-based Self-Navigation for free-breathing coronary MRI has successfully been implemented
- Non-Linear reconstruction for sub-image extraction has shown to provide improved accuracy of motion estimation in numerical simulations and preliminarily *in vivo*
- No motion model or additional data acquisition are needed
- Improved time-efficiency and ease-of-use

## *What's next ...*

- Quantitatively validate and characterize the limits of the technique against to conventional NAV gating
- Image coregistration with affine transformation
- 3D motion correction



# Acknowledgements

- Gilles Puy, MSc
- Yves Wiaux, PhD
- Ruud B. van Heeswijk, PhD
- Matthias Stuber, PhD

***Thank you for your attention!***