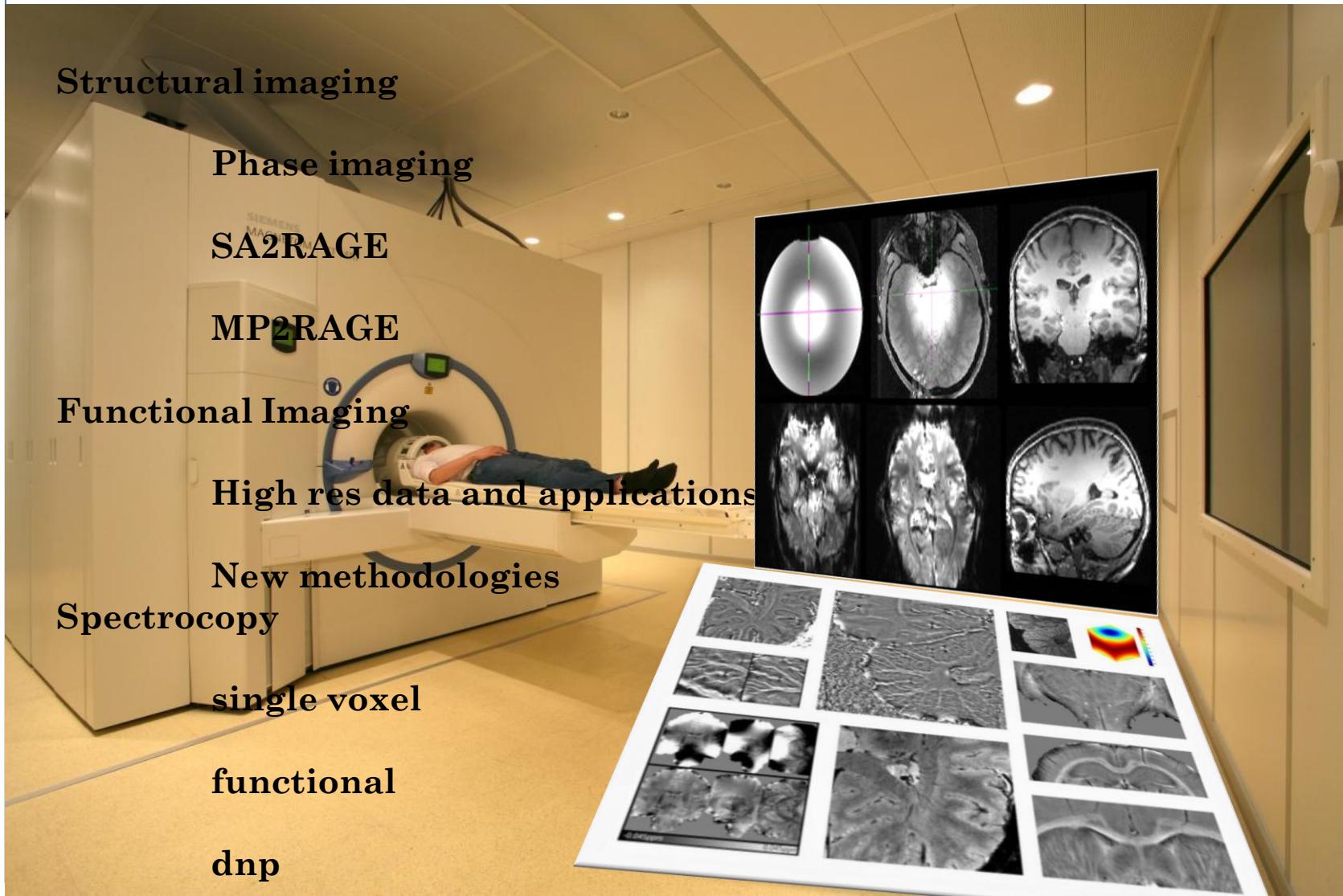
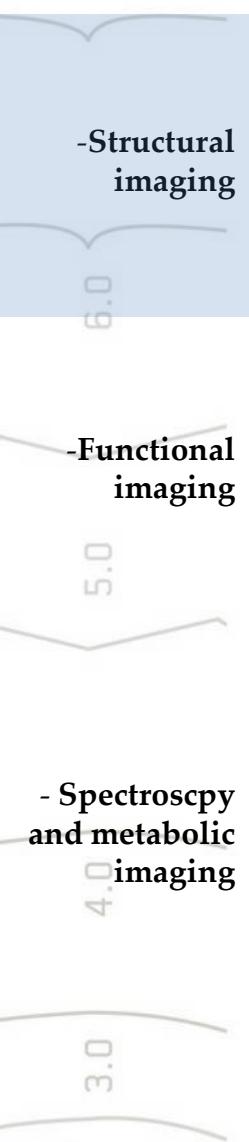


Scanning at High Fields... 7T and Beyond

José P. Marques, Rolf Gruetter



Revisiting the pros and cons of 7T



PROS

Higher SNR $\propto B_0^{1-1.5}$

Increased susceptibility related contrast

Useful for T_1 contrast and perfusion

Increased T_2^* /BOLD contrast

Increase in BOLD specificity

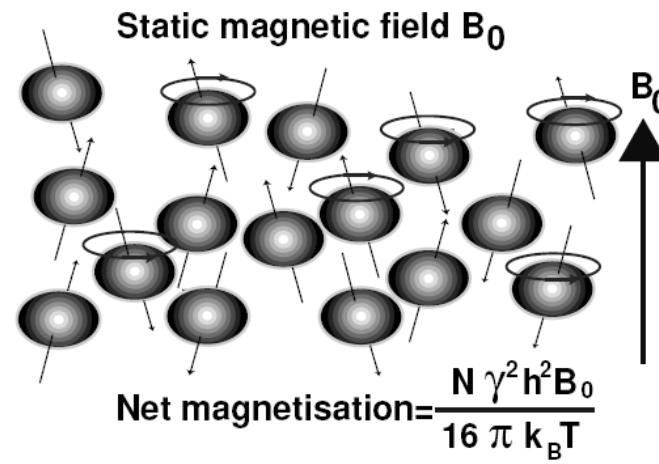
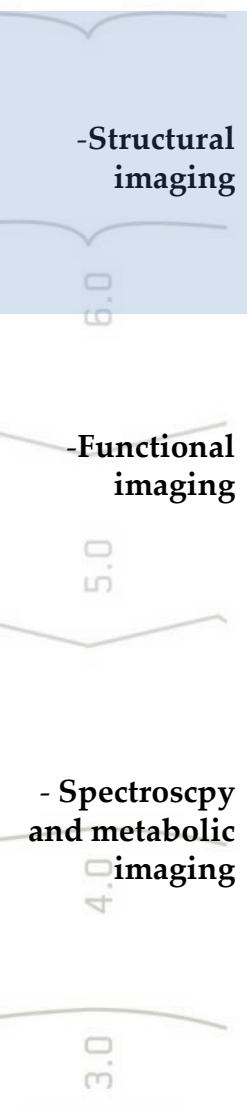
CHALLENGES

More susceptibility induced distortion (specially in EPI)

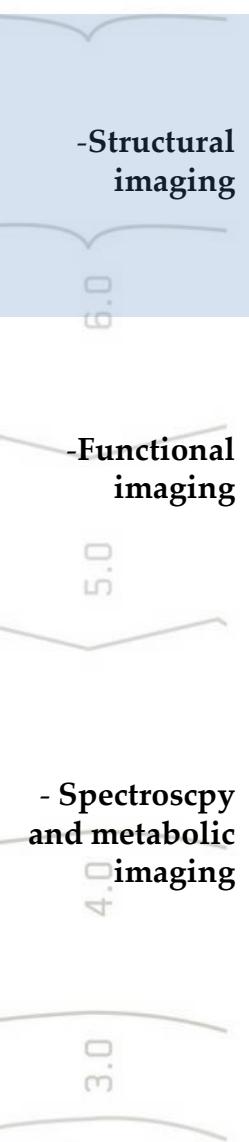
Longer T_1 (slower imaging)

B_1 inhomogeneity, high SAR

Shorter T_2^* (less time to image)



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-Structural imaging

6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

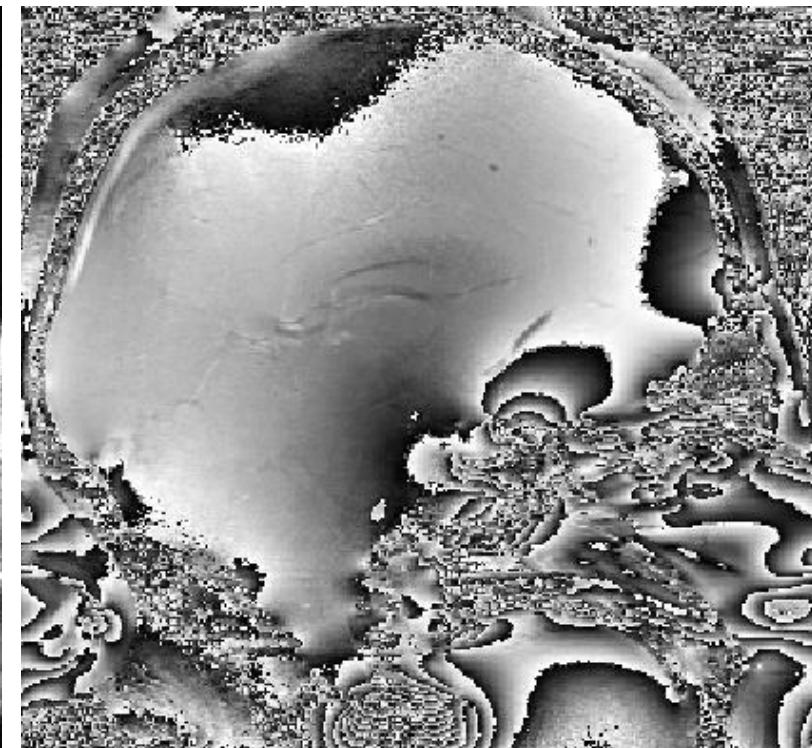
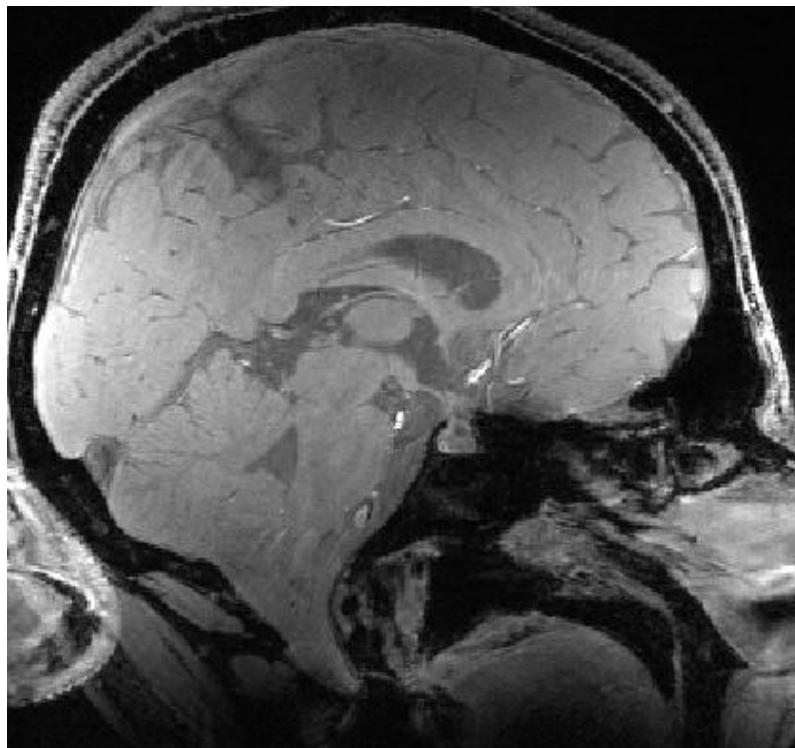
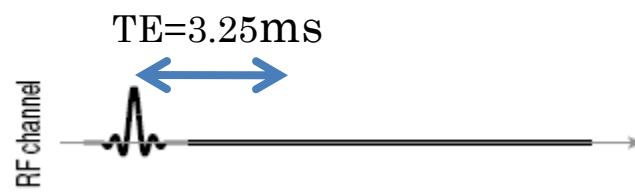
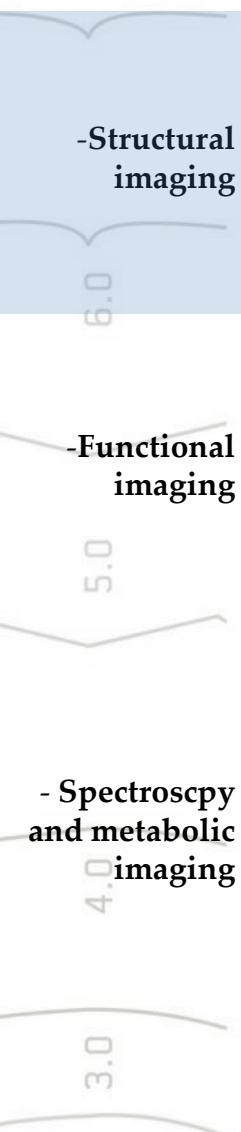
4.0

3.0

The **magnetic susceptibility**, χ , induced magnetization, M , of a material in response to an applied magnetic field, H , is characterized

$$\vec{M} = \chi \vec{H}$$

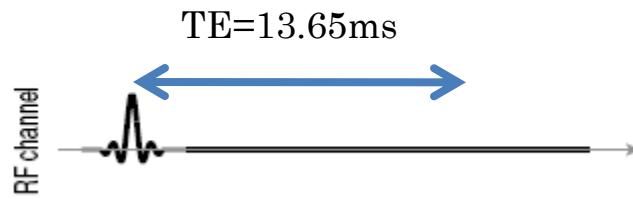
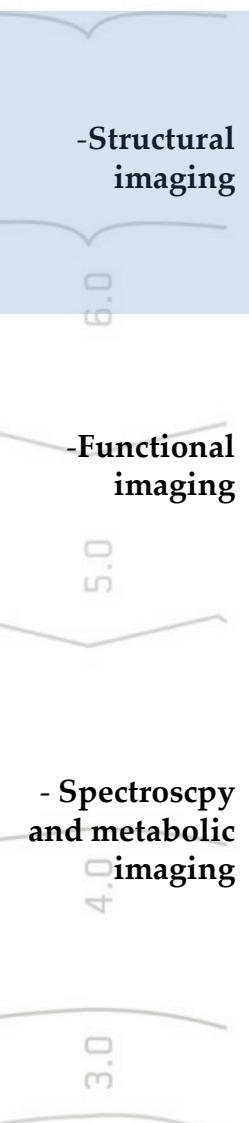
Susceptibility related contrast



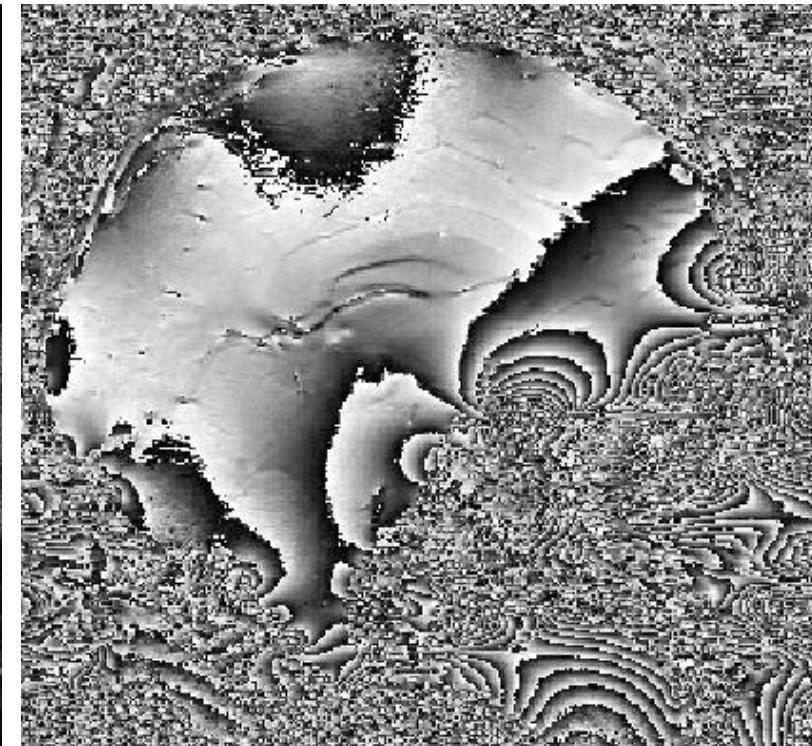
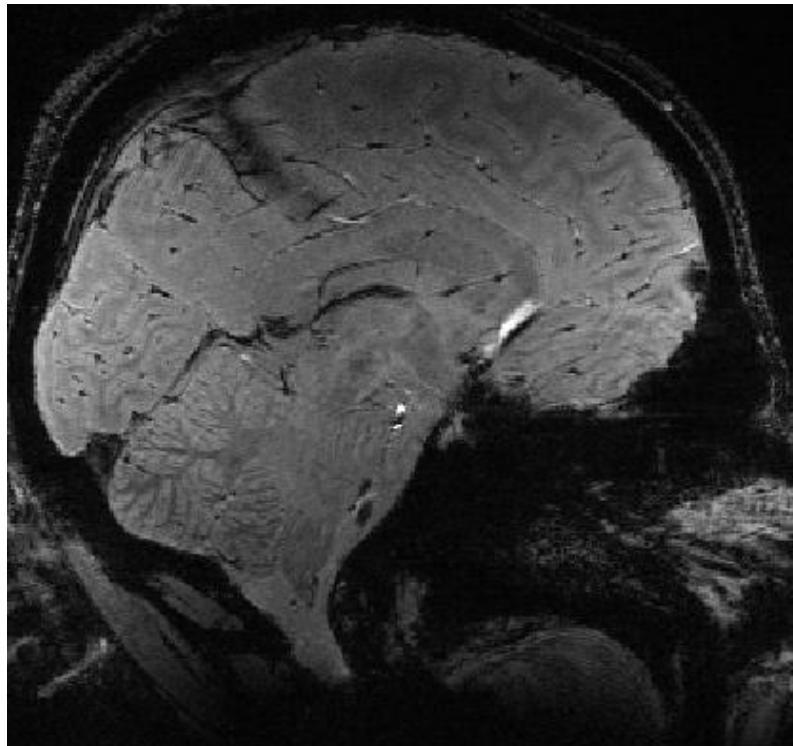
$$\begin{aligned} M^+(TE) &= m_0 e^{-TE/T_2^*} e^{-i\Delta\omega TE} \\ &= m_0 e^{-TE/T_2^*} e^{-i\gamma\Delta B_0 TE} \end{aligned}$$

$$\vec{B} = \mu_0(1+\chi)\vec{H}$$

Susceptibility related contrast

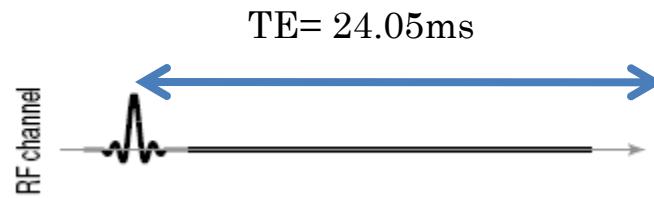
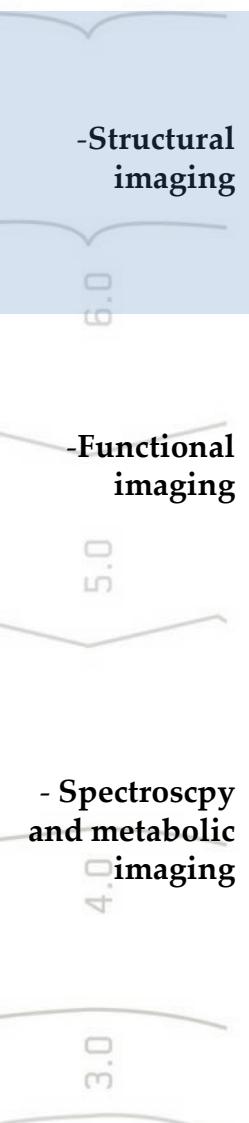


$$\begin{aligned} M^+(TE) &= m_0 e^{-TE/T_2^*} e^{-i\Delta\omega TE} \\ &= m_0 e^{-TE/T_2^*} e^{-i\gamma\Delta B_0 TE} \end{aligned}$$

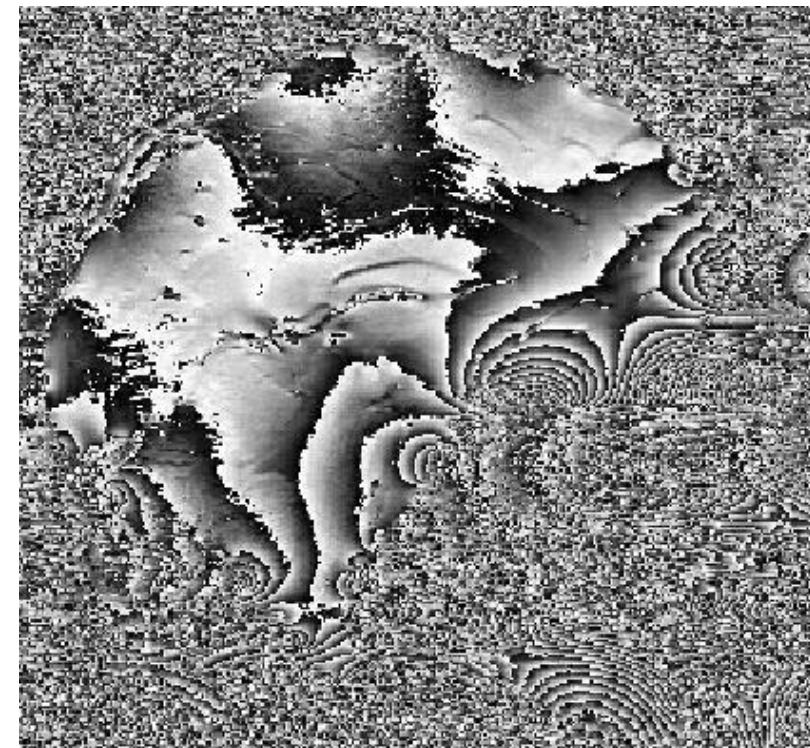
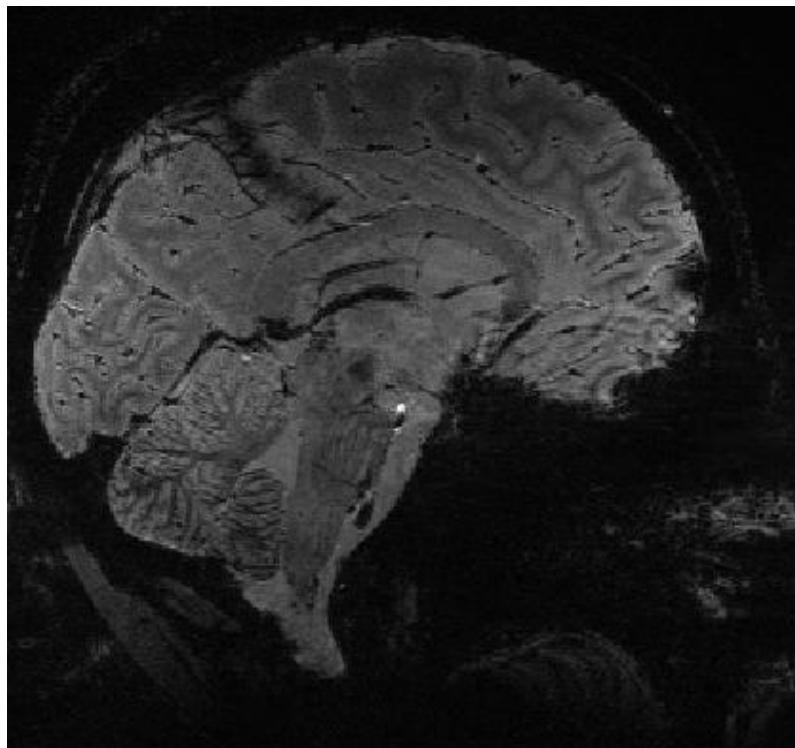


$$\vec{B} = \mu_0(1+\chi)\vec{H}$$

Susceptibility related contrast



$$\begin{aligned} M^+(TE) &= m_0 e^{-TE/T_2^*} e^{-i\Delta\omega TE} \\ &= m_0 e^{-TE/T_2^*} e^{-i\gamma\Delta B_0 TE} \end{aligned}$$



$$\vec{B} = \mu_0(1 + \chi)\vec{H}$$

T_2^* weighted and Phase contrast

-Structural imaging

6.0

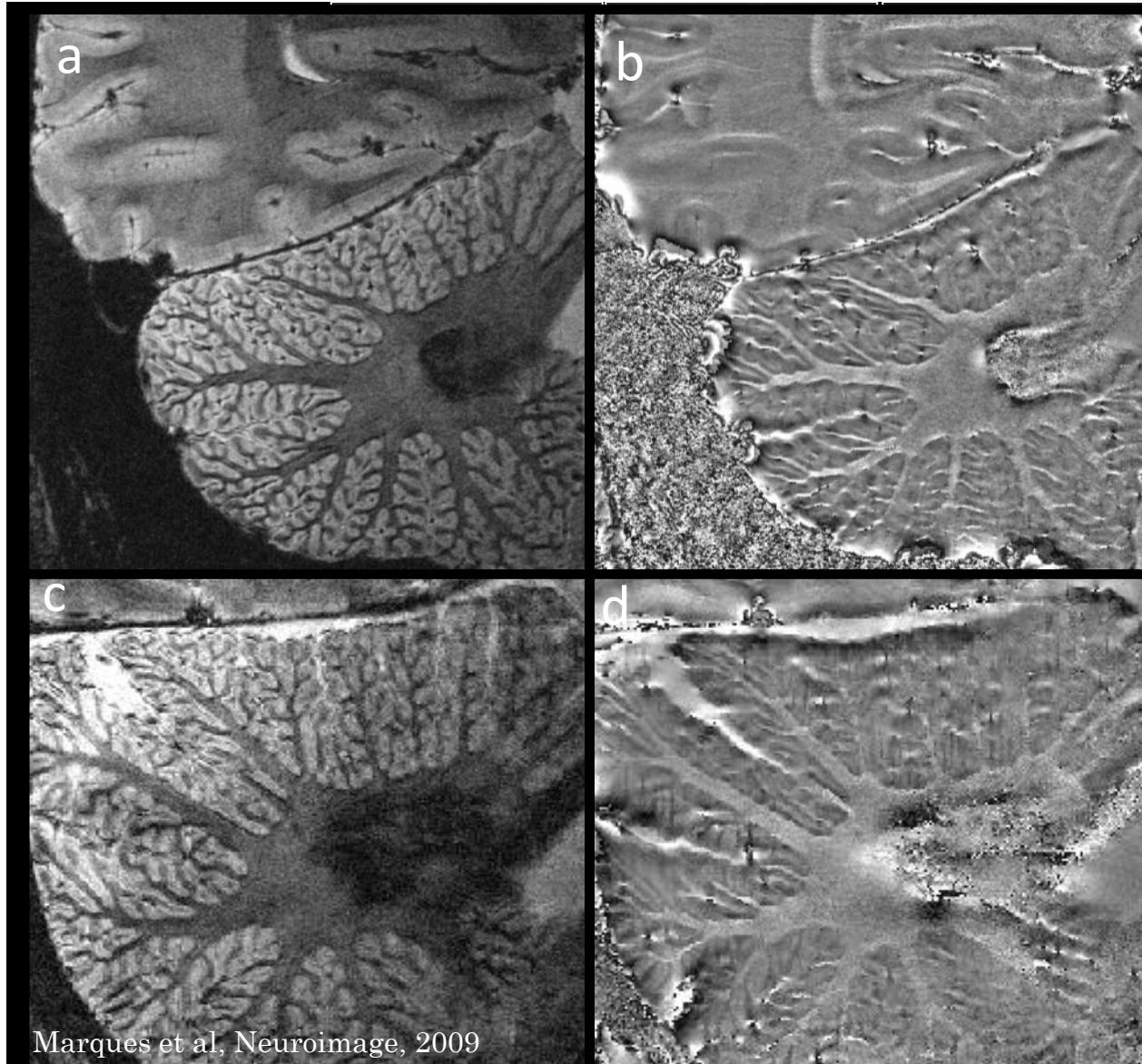
-Functional imaging

5.0

- Spectroscopy and metabolic imaging

4.0

3.0



T_2^* -weighted oblique sagittal multi-slice gradient echo (GRE)

TE 25 ms
TR 980 ms,
flip angle 65°,
bandwidth 30 kHz,

Matrix 960×960,
Slice thickness
1 mm-0.8 mm

FOV 115×115 mm
(i.e. in-plane
resolution =
120×120 μ m)

Marques et al, Neuroimage, 2009

Marques et al,
Radiology, 2010

T_2^* weighted and Phase contrast

-Structural imaging

6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

4.0

3.0



T_2^* weighted and Phase contrast

Magnitude GRE

33x33x500 μm^3 , 70 min

-Structural imaging

6.0

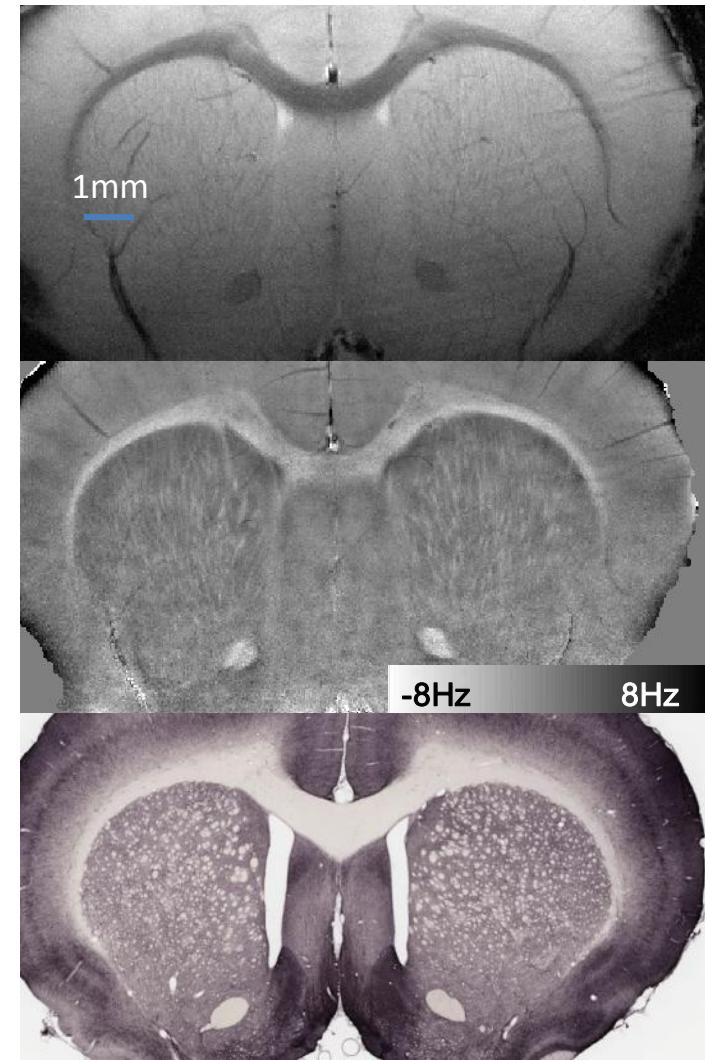
-Functional imaging

5.0

Phase imaging

KChIP1

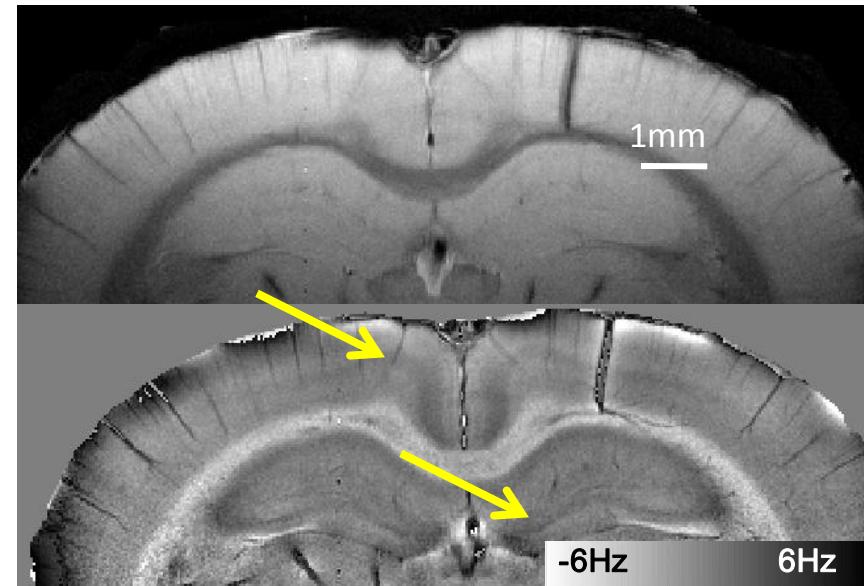
histochemistry: www.brainmaps.org



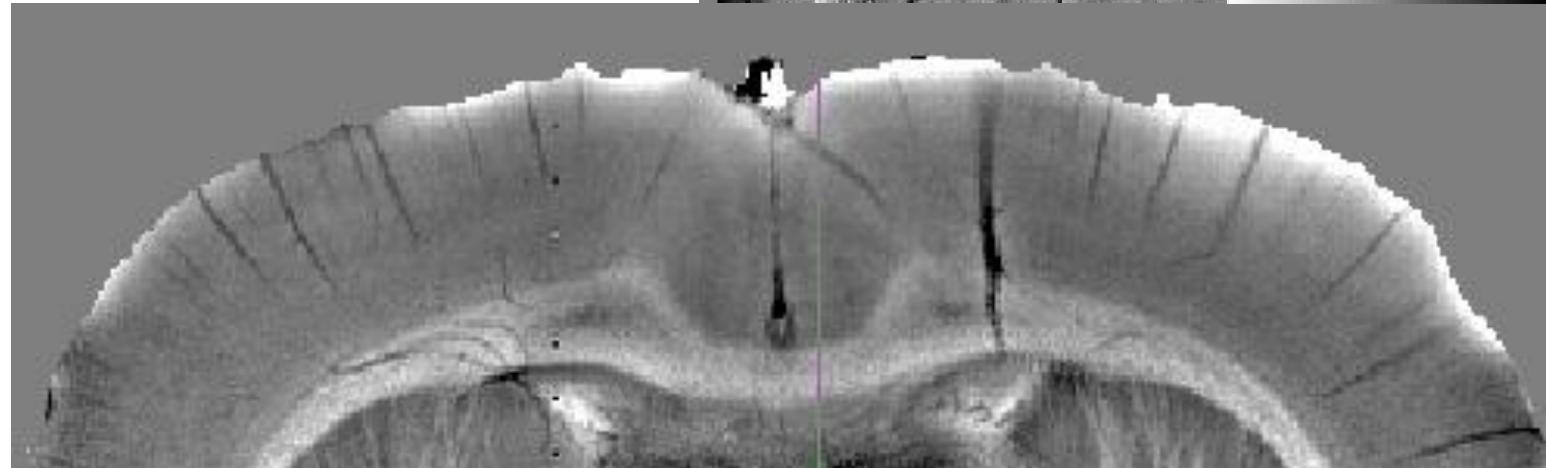
T_2^* weighted and Phase contrast



Magnitude GRE
39x39x400 μm^3 , 68 min

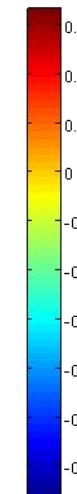
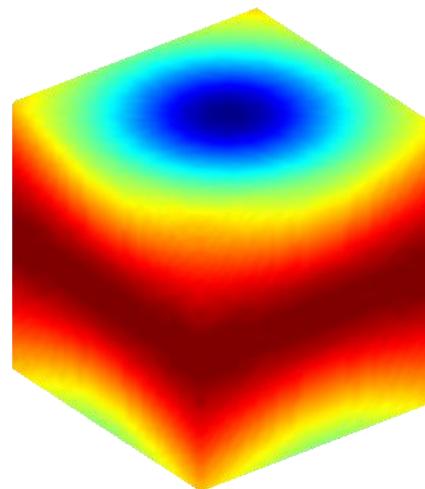
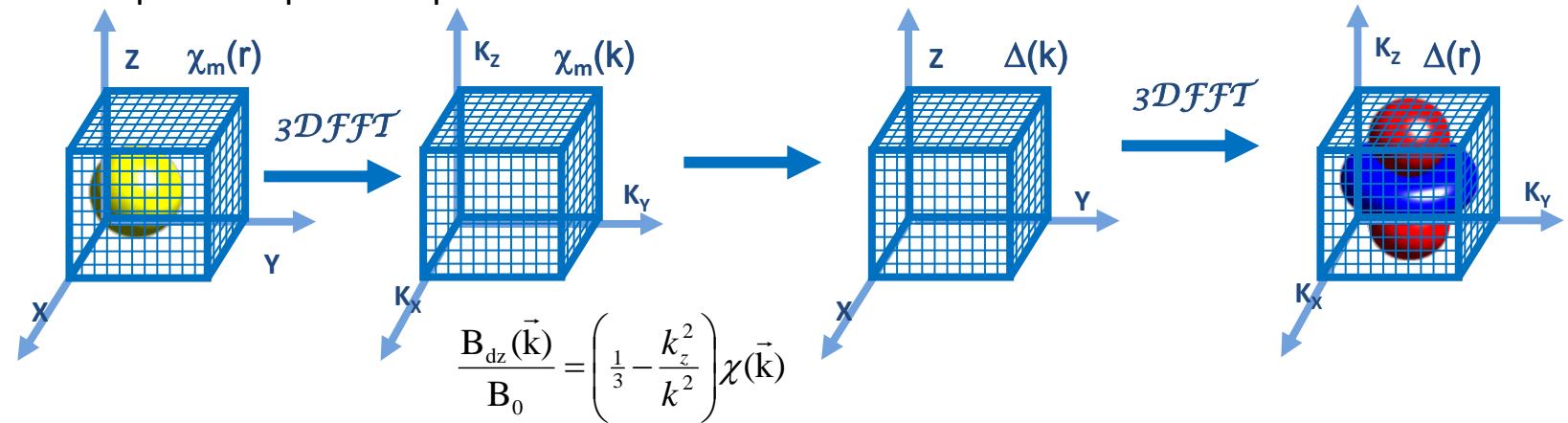


Phase imaging

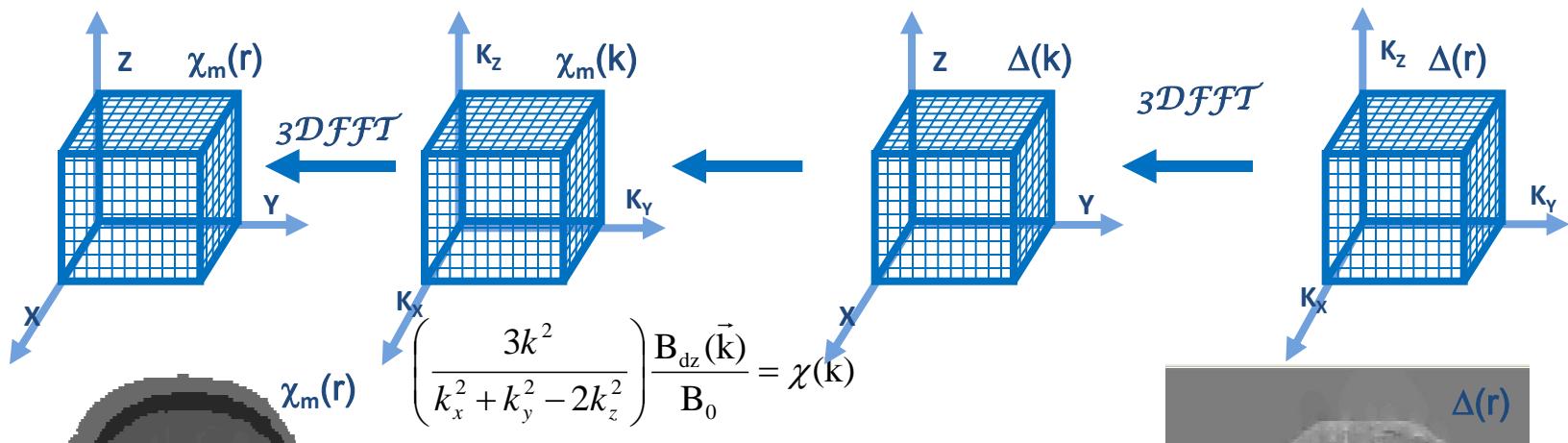
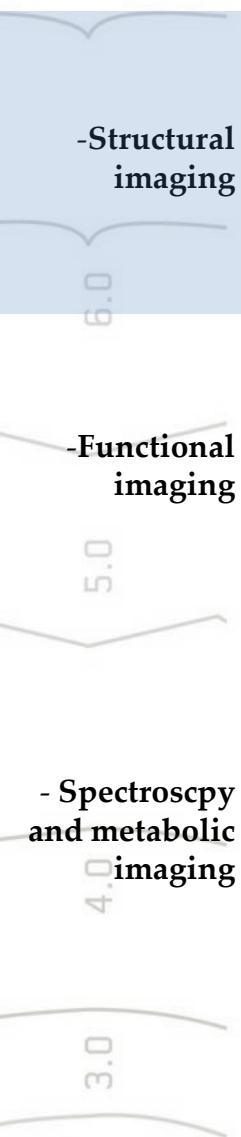


from a susceptibility distribution to a field perturbation

the simple example of a sphere...

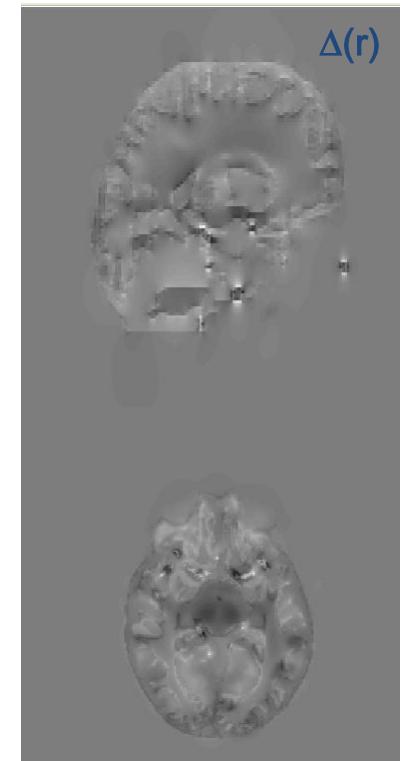


from a field perturbation to a susceptibility distribution

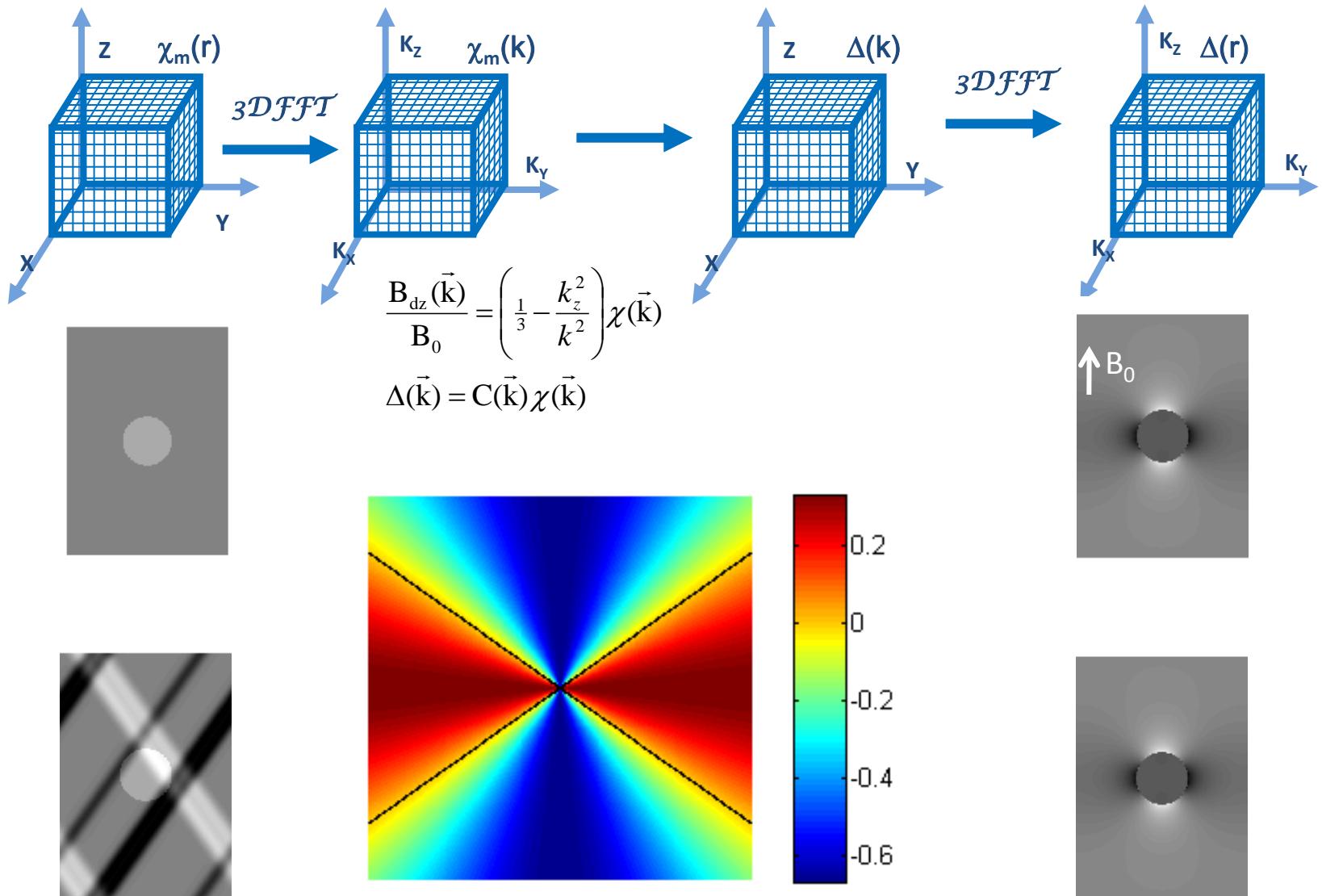
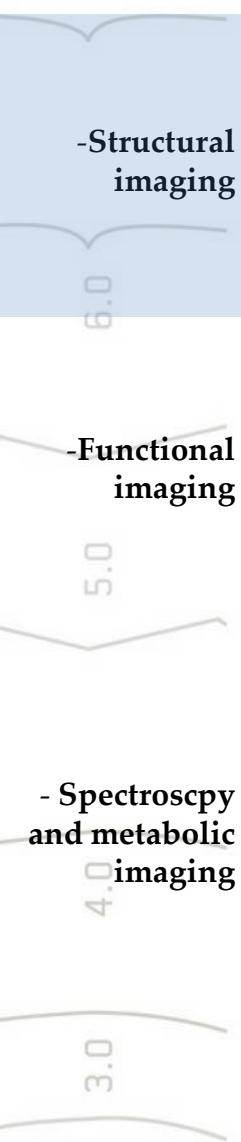


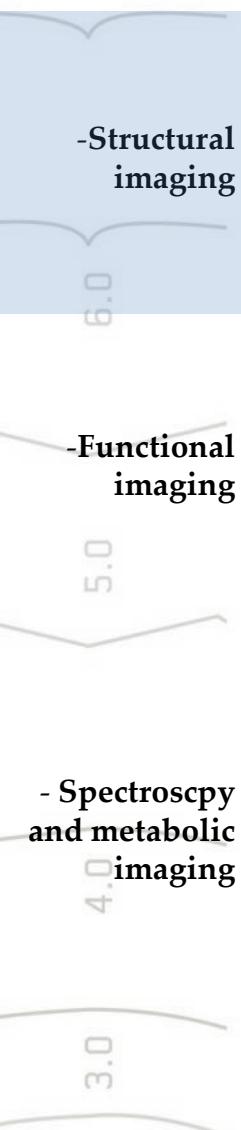
The flaws in the plan:

- have you really measured a field?
- field measured is not B_{dz} , but $M B_{dz}$;
- dominating effects are those due to susceptibility of air/tissue boundaries...
- the inverse problem is ill-conditioned;



More on the ill conditioning

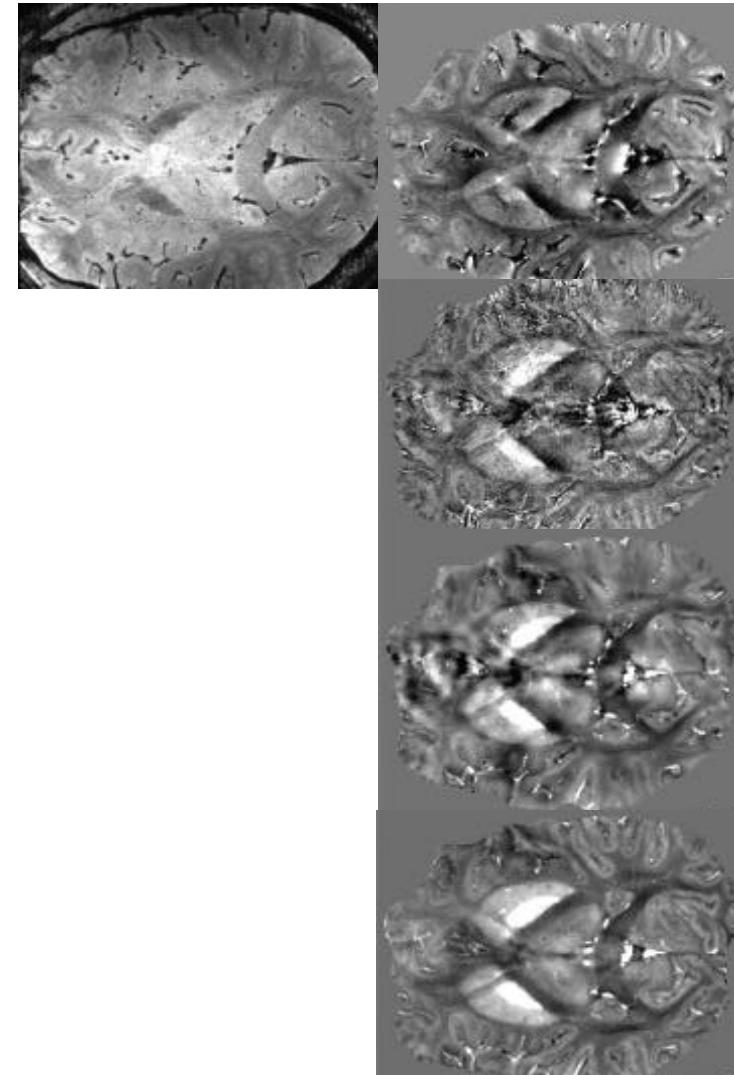




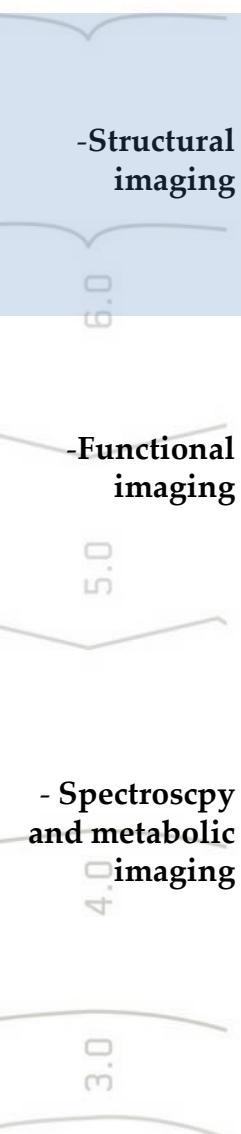
from a field perturbation to a susceptibility distribution

4 classes of options:

- piece-wise constant
 - Weisskoff et al, MRM, 1992
 - Neelavalli et al, JMRI, 2009
 - Rochefort et al, MRM, 2008
- single orientation thresholded
 - Shmueli et al ,MRM, 2009
 - Wharton et al, MRM, 2010
- single orientation regularized
 - Kressler et al ,IEEE TMI, 2009
 - Rochefort et al, MRM, 2010
- multiple orientations
 - Marques et al, Concepts, 2005
 - Liu et al, MRM, 2009
 - Wharton et al, MRM, 2010



S. Wharton et al, Neuroimage, 2010

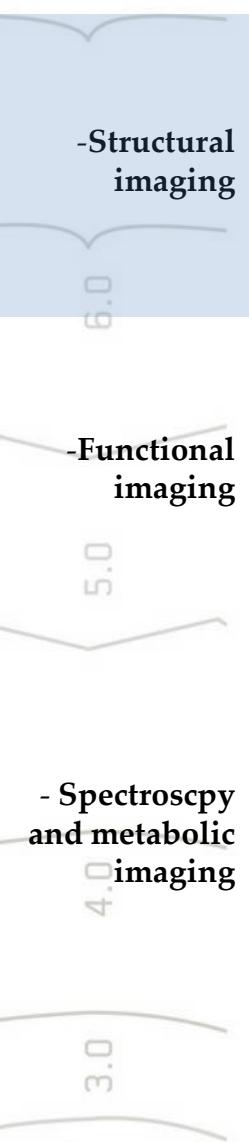


But,

and what is contributing to this susceptibility?

do we really know the forward problem?

Revisiting the pros and cons of 7T



PROS

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Increased susceptibility related contrast

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CHALLENGES

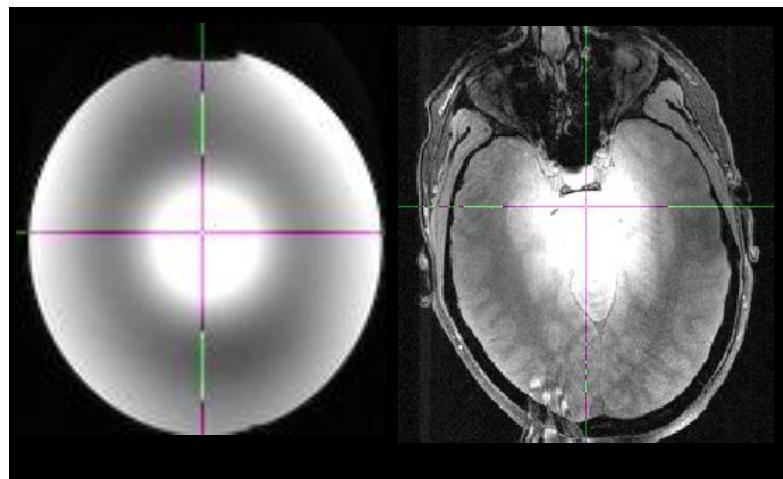
More susceptibility induced distortion (specially in EPI)

Longer T_1 (slower imaging)

B_1 inhomogeneity, high SAR

Shorter T_2^* (less time to image)

RF transmit field inhomogeneity

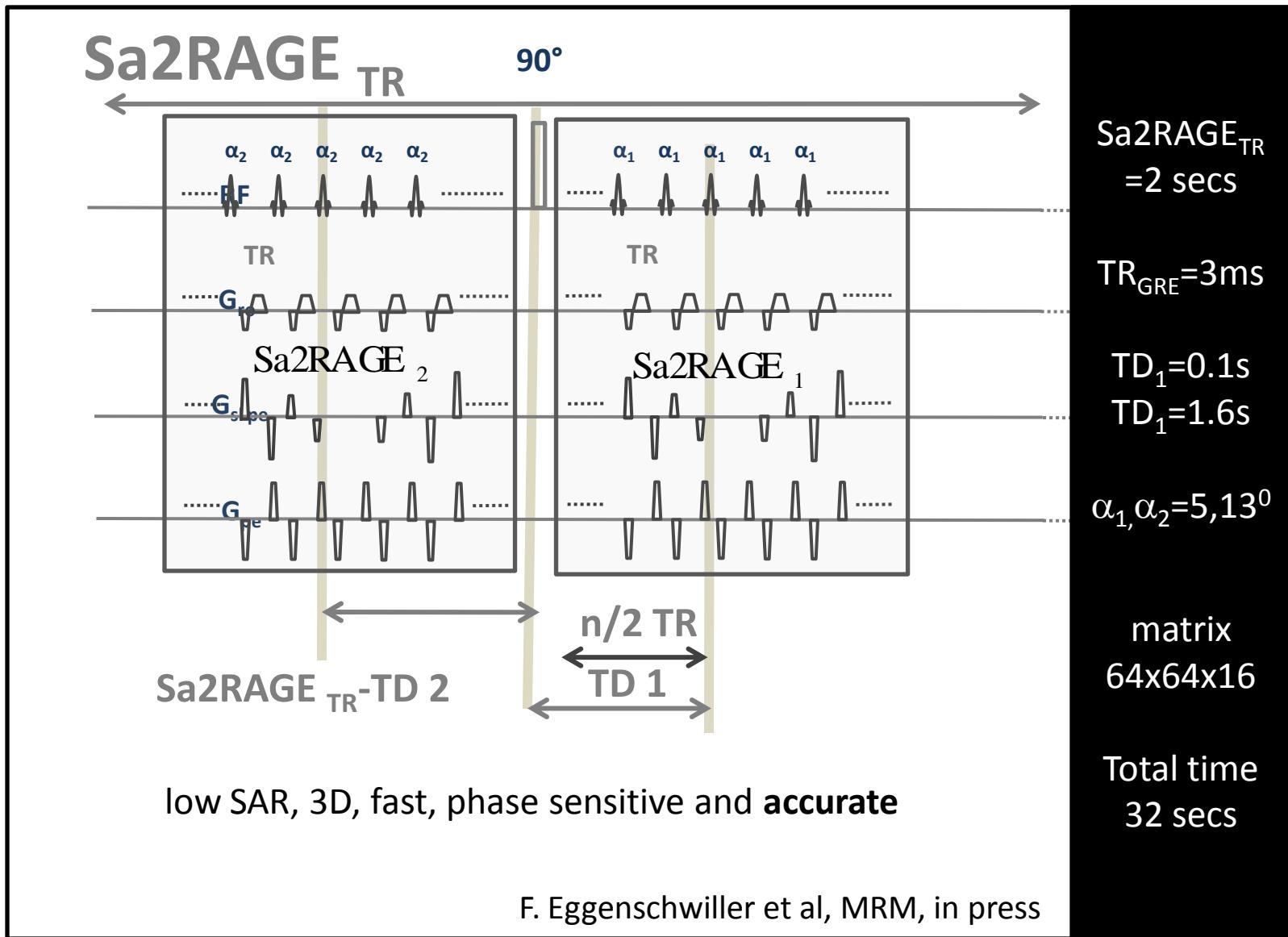
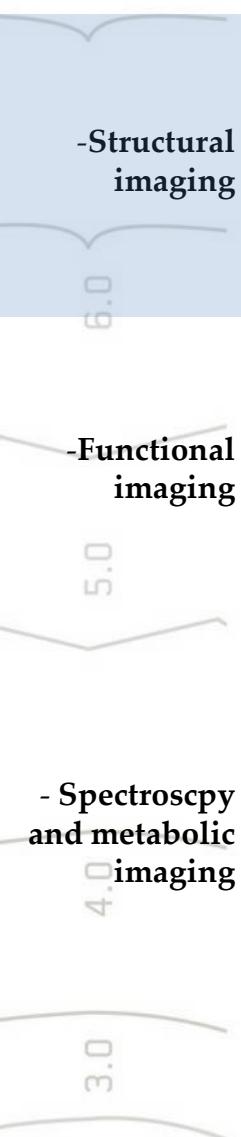


$$\omega \propto B_0$$

$$\lambda \propto \frac{1}{B_0}$$

$$SAR \propto \omega^2$$

Sa2RAGE: B1 mapping



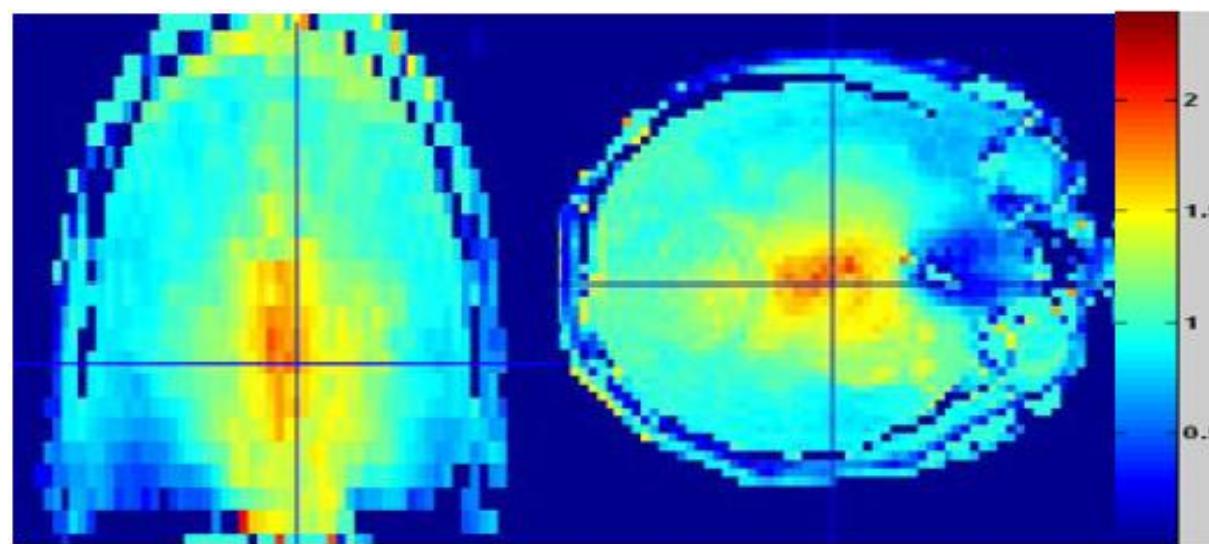
Sa2RAGE: B1 mapping

-Structural imaging
6.0

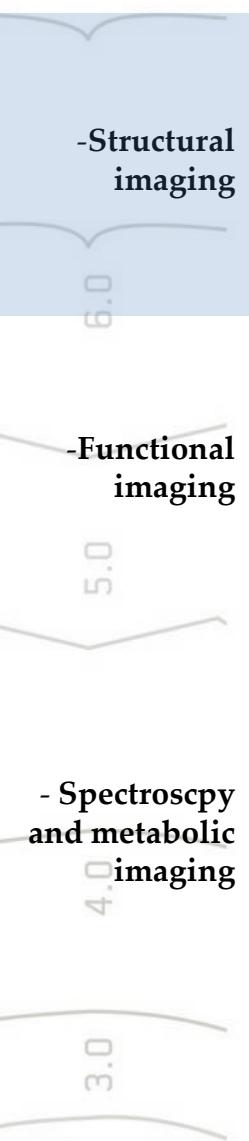
-Functional imaging
5.0

- Spectroscopy and metabolic imaging
4.0

3.0

Human studies, T_1 independence $Sa2RAGE_{TR} = 2 \text{ secs}$ $TR_{GRE} = 3 \text{ ms}$ $TD_1 = 0.1 \text{ s}$
 $TD_1 = 1.6 \text{ s}$ $\alpha_1, \alpha_2 = 5, 13^0$ matrix
 $64 \times 64 \times 24$ Total time
48 secslow SAR, 3D, fast, phase sensitive and **accurate**

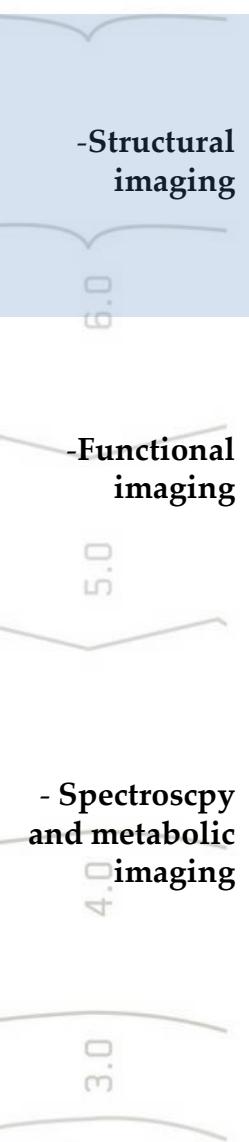
F. Eggenschwiller et al, MRM, in press



measuring is the first step to correcting.

but wouldn't it be great if there was no need to correct it?

Revisiting the pros and cons of 7T



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Shorter T_2^* (less time to image)

T_1 weighted - MP2RAGE

-Structural imaging

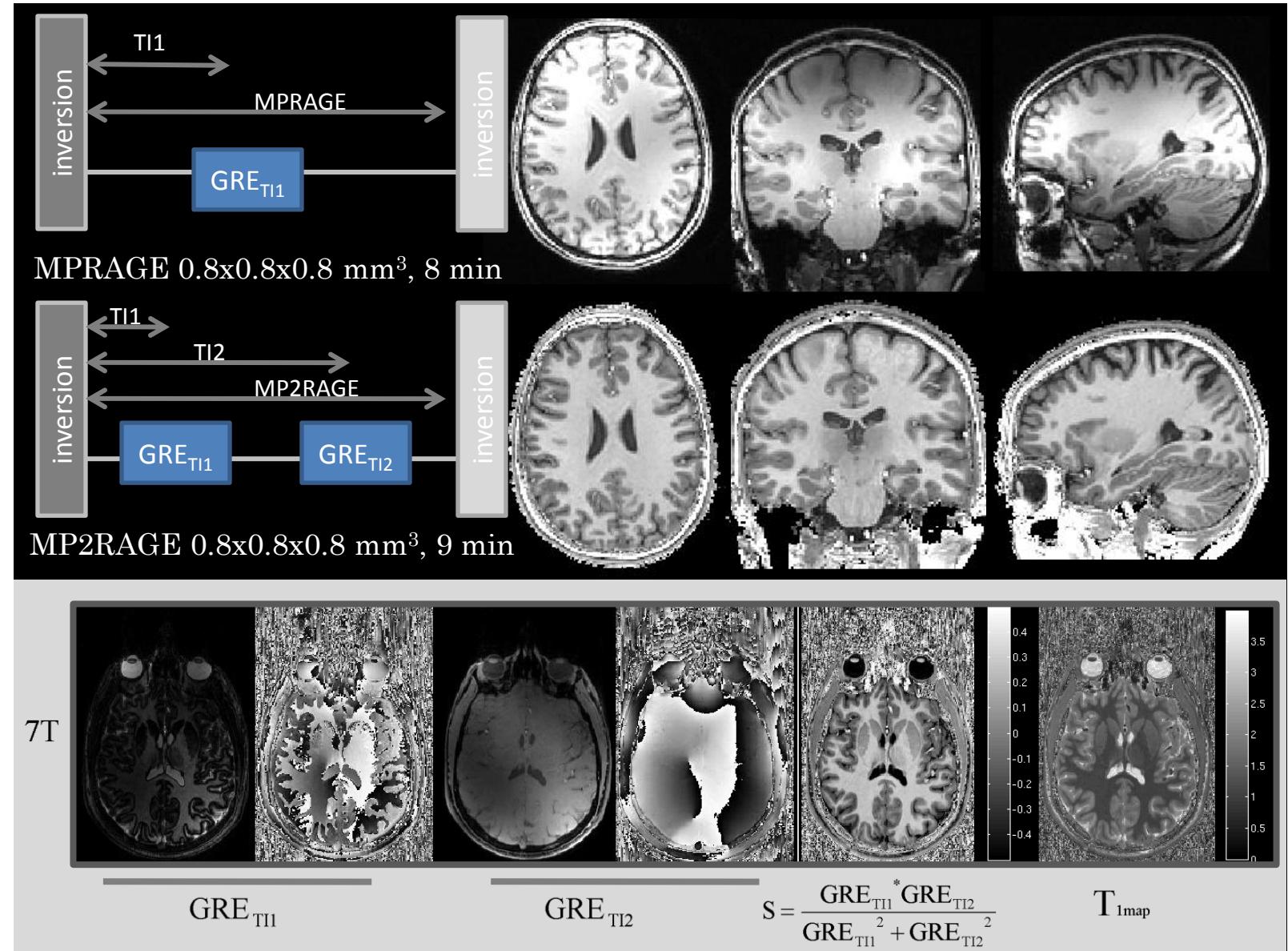
6.0

-Functional imaging

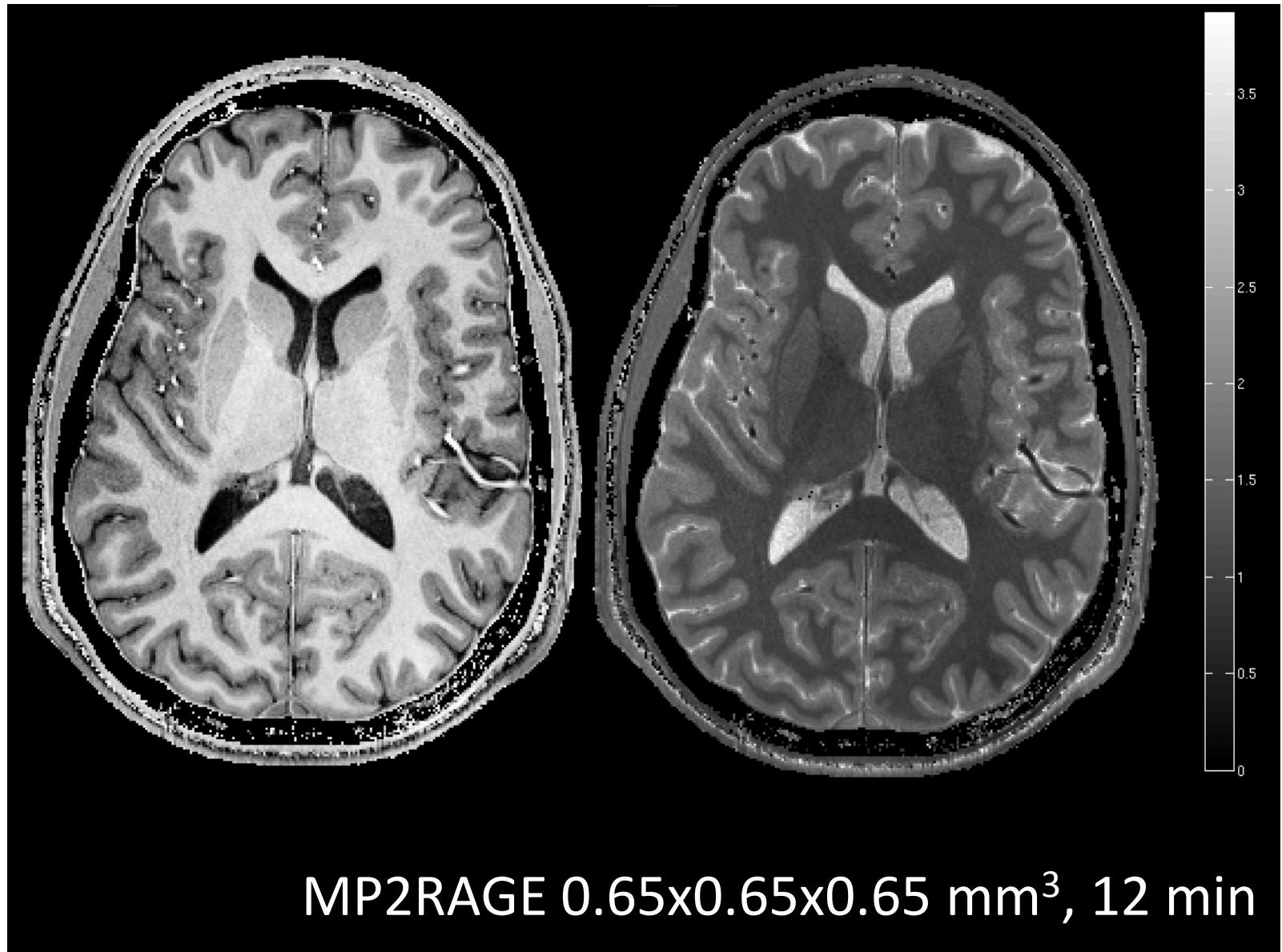
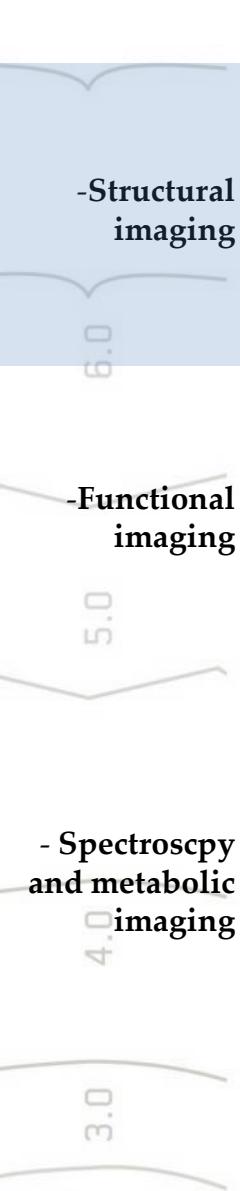
5.0

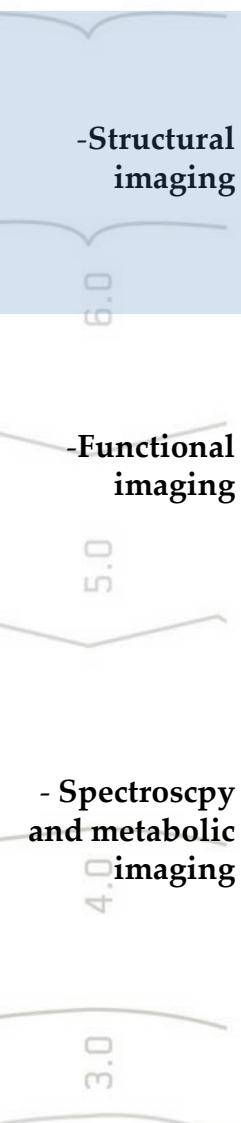
- Spectroscopy
and metabolic imaging

3.0



T_1 weighted - MP2RAGE @7T





technology going down the field

Applications @ 3T - T_1 maps

-Structural imaging

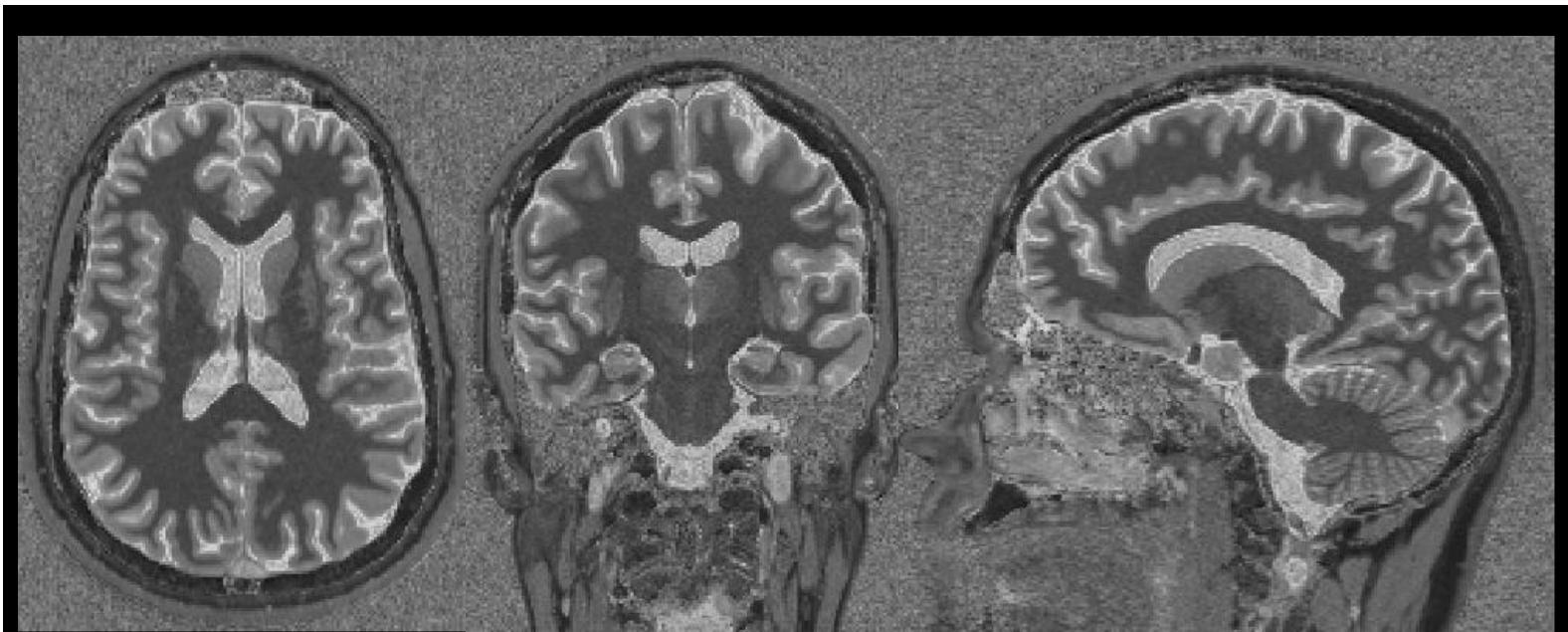
6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

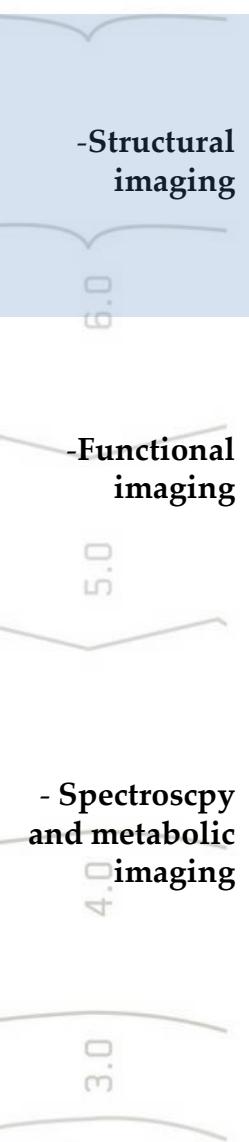
3.0



study	Magnetic Field	White Matter	Putamen	$T_1(s)$	Nucleus caudate	Gray Matter	Method
Wansapura	3T	0.79 ± 0.01				1.28 ± 0.02	Saturation recovery, seven TR's, single slice, 3mm
Lu	3T	0.76 ± 0.05	1.10 ± 0.04		1.25 ± 0.06	1.16 ± 0.11	Inversion recovery, 10 TI's, single slice, single slice, 6mm
Wright	3T	0.84 ± 0.05	1.33 ± 0.07		1.39 ± 0.05	1.61 ± 0.10	MPRAGE, 8 TI's, 20 slices, 15mm
this study	3T	0.81 ± 0.03	1.13 ± 0.07		1.25 ± 0.07	1.35 ± 0.05	MP2RAGE, 160 slice, 1mm

MP2RAGE 1x1x1 mm³, 8 min

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Increased T_2^* /BOLD contrast

Increase in BOLD specificity

CHALLENGES

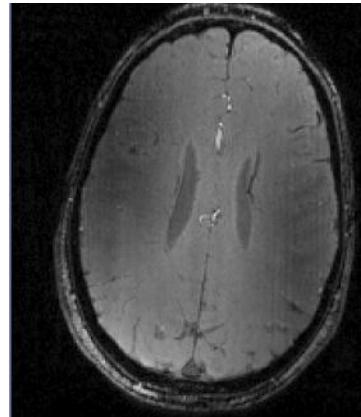
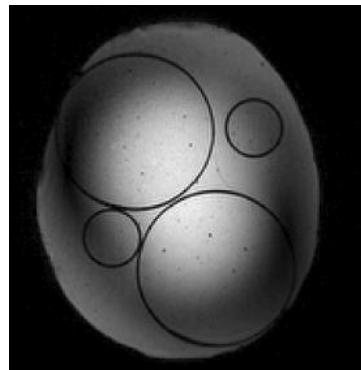
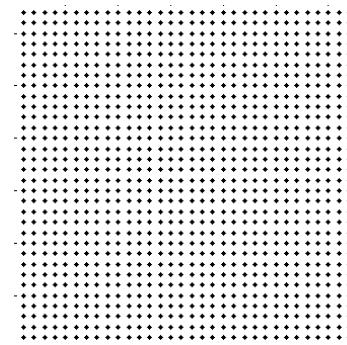
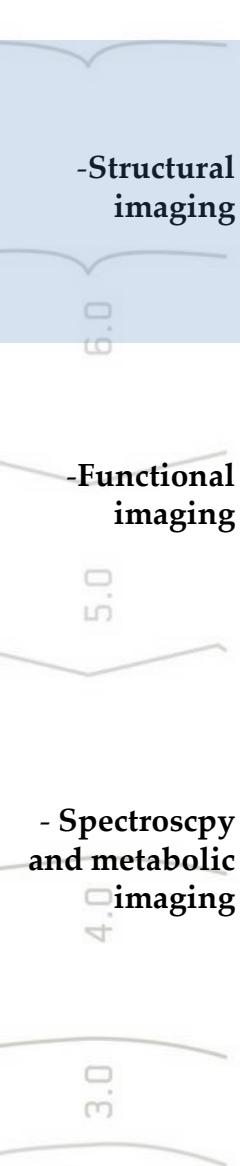
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Longer T_1 (slower imaging)

B_1 inhomogeneity, high SAR

Shorter T_2^* (less time to image)

compressed sensing



Revisiting the pros and cons of 7T

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Shorter T_2^* (less time to image)

Whole Brain Coverage fMRI

-Structural
imaging

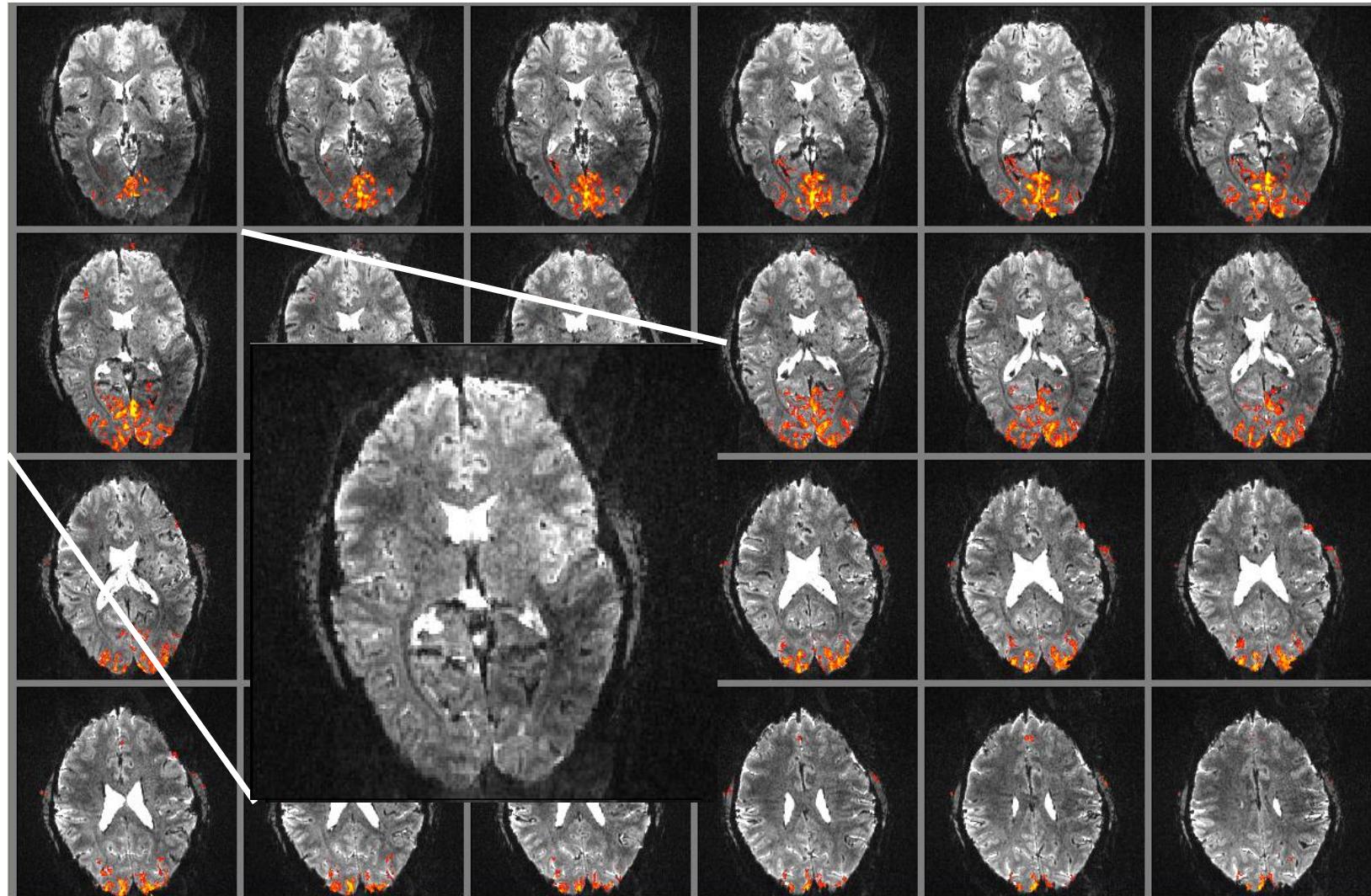
6.0

-Functional
imaging

5.0

- Spectroscopy
and metabolic
imaging

3.0



192 x 192 matrix, TE = 29 ms, speed-up factor 2, 6/8 k-space sampling,
BW 1132 Hz/pixel, visual task, total acquisition time: 3 min 20 secs

Somatotopy

-Structural imaging

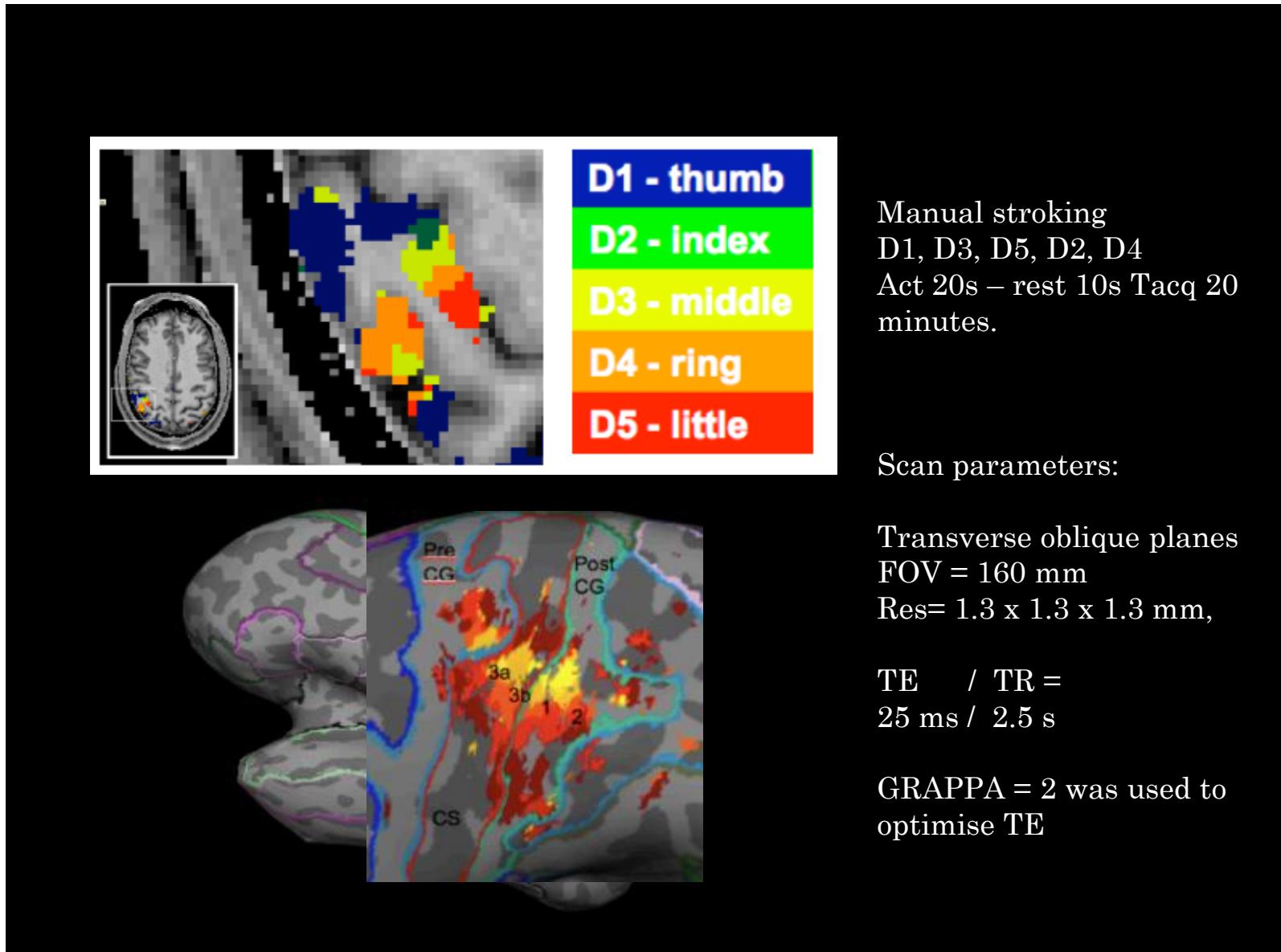
6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

4.0



Examples - tonotopy

-Structural imaging

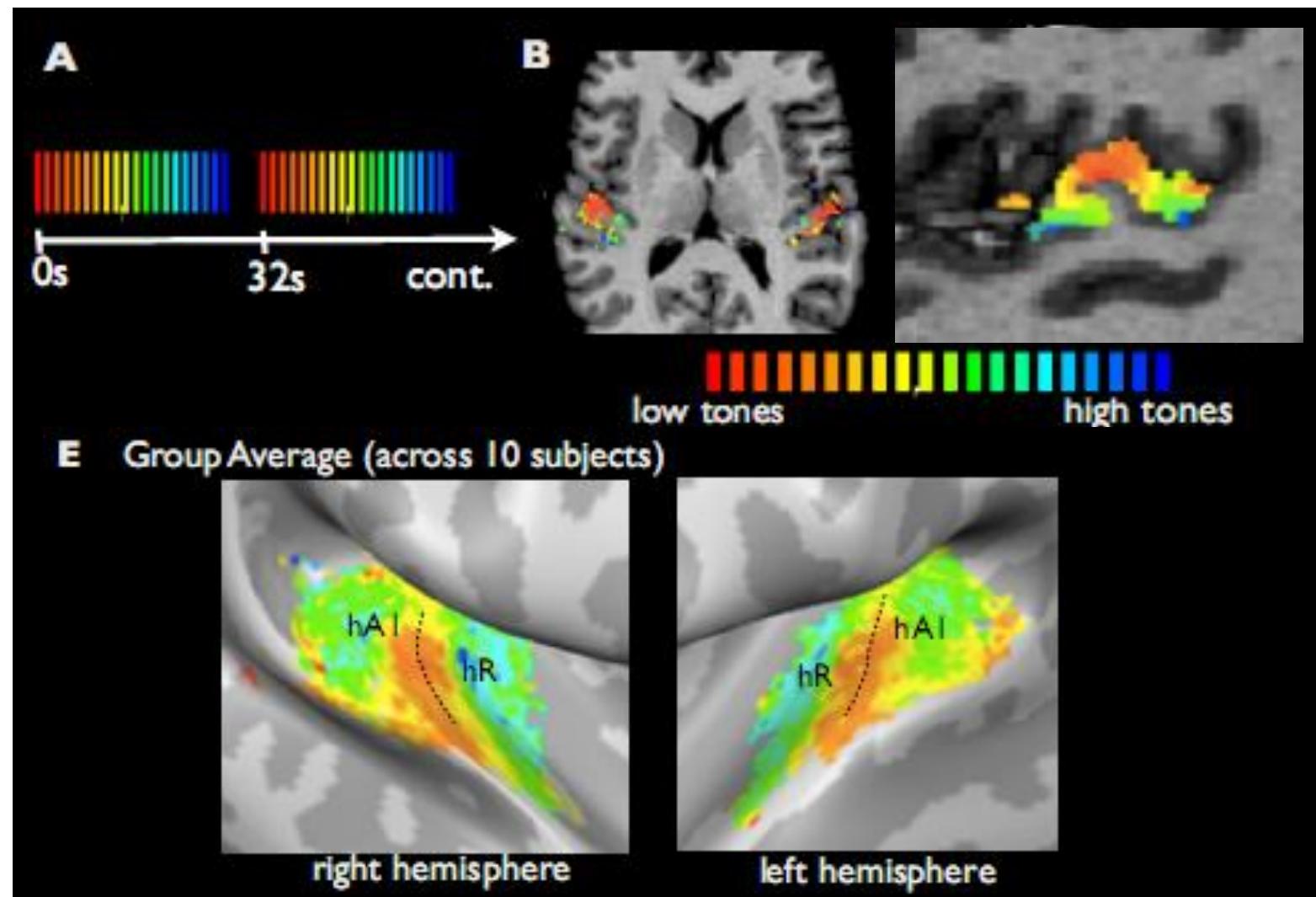
6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

3.0





many slices - long acquisition times

New k-space trajectories

-Structural imaging

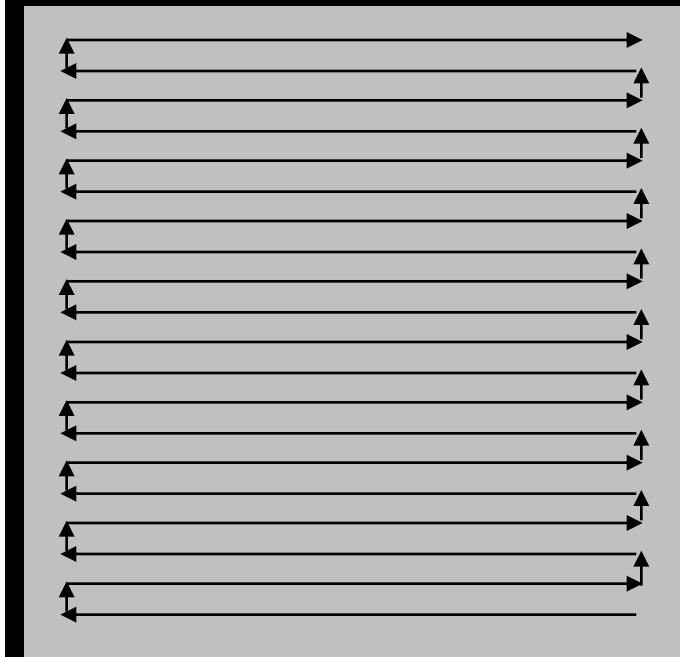
-Functional imaging

- Spectroscopy and metabolic imaging

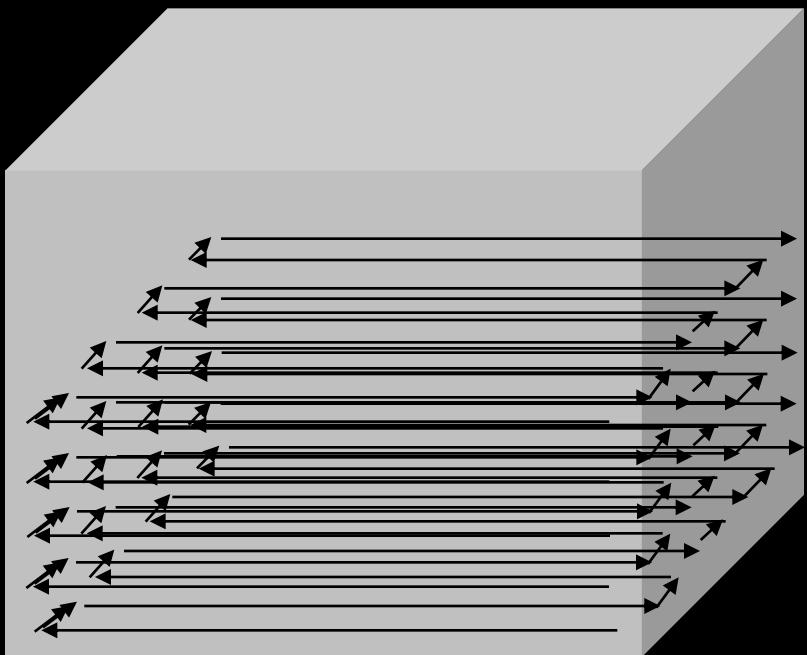
3.0

6.0

'normal' multi-slice EPI:
2-dimensional k-space



segmented EVI:
3-dimensional k-space



van der Zwaag W. et al, Proc. ISMRM, 1550, 2009
Poser B, Neuroimage, 2010

New k-space trajectories

-Structural imaging

6.0

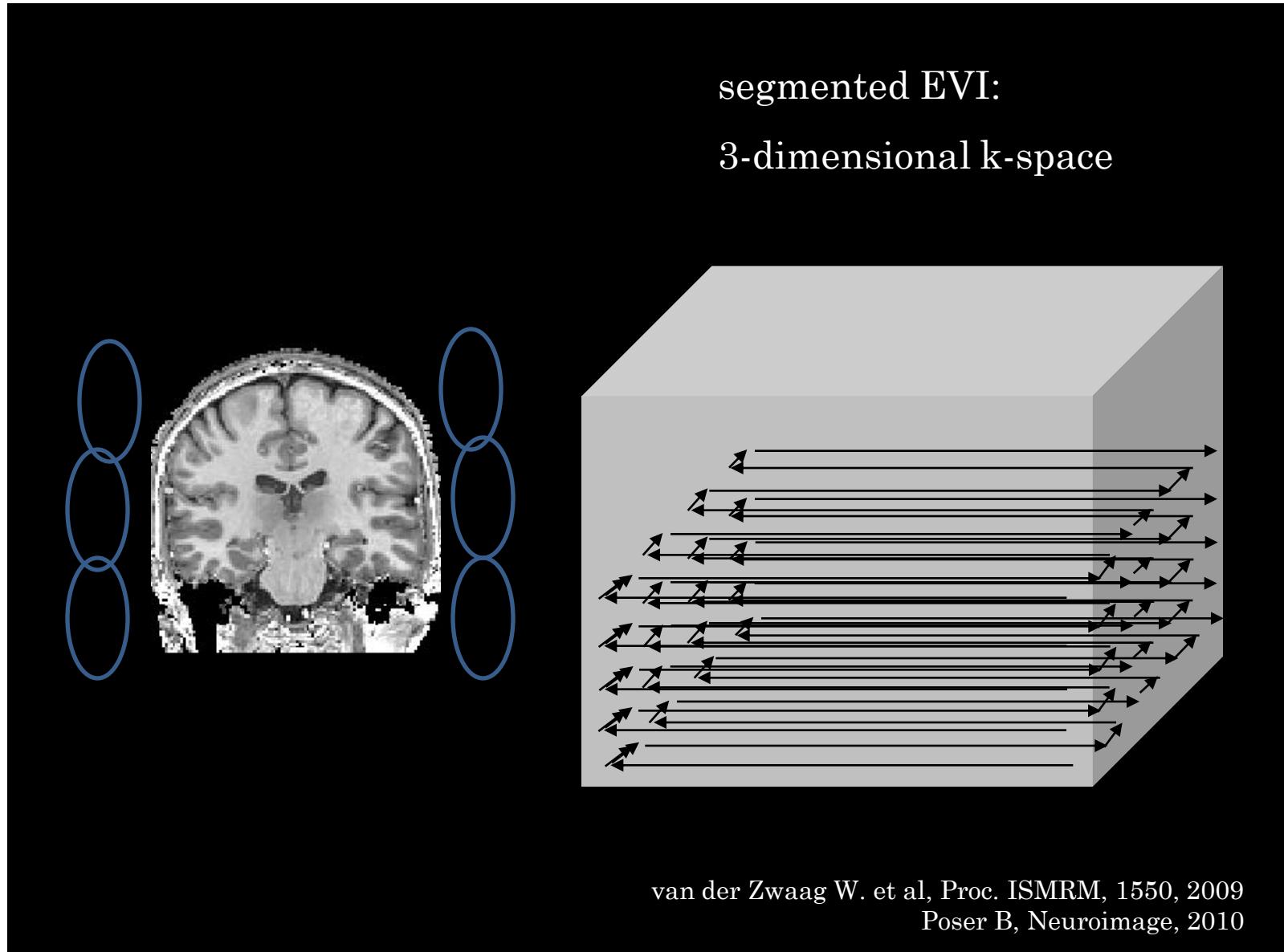
-Functional imaging

5.0

- Spectroscopy
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4.0

3.0



New k-space trajectories

-Structural imaging

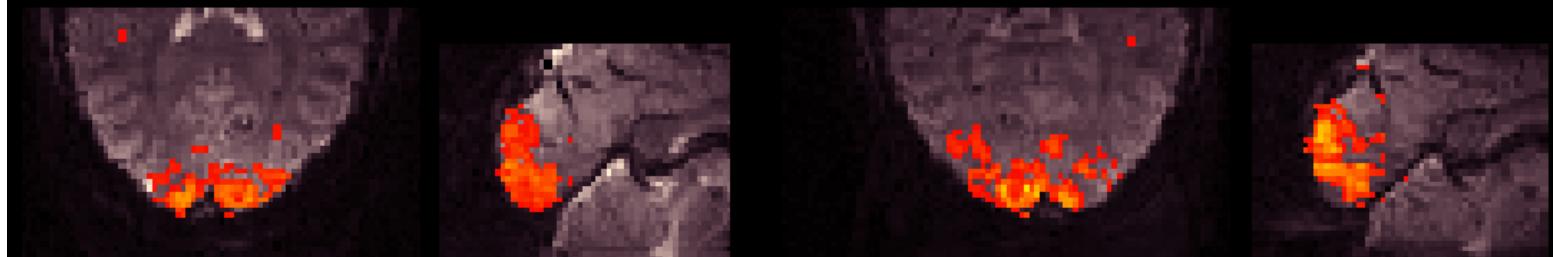
-Functional imaging

- Spectroscopy and metabolic imaging

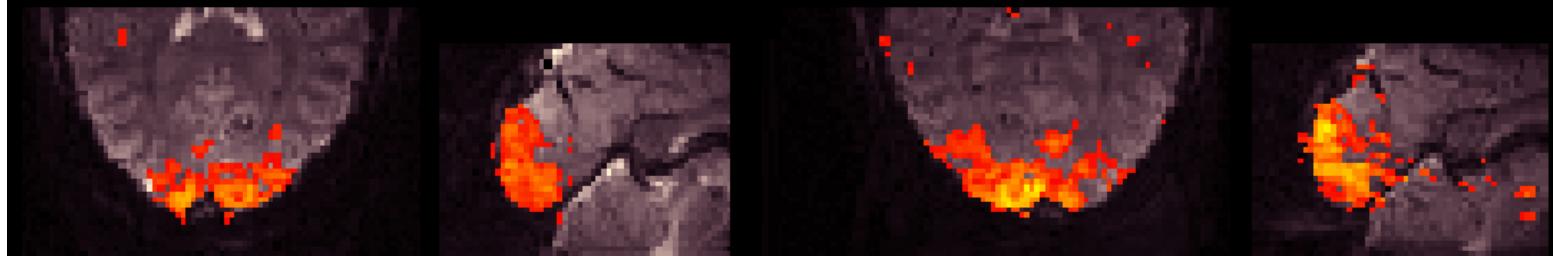
'normal' multi-slice EPI:

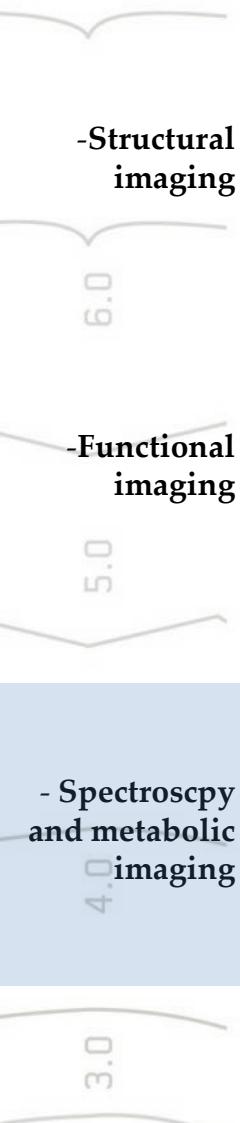
2-dimensional k-space

With no physiological noise correction



With physiological noise correction





going beyond water

Revisiting the pros and cons of 7T

PROS

Higher SNR $\propto B_0^{1-1.5}$

Increased susceptibility related contrast

Useful for T_1 contrast and perfusion

Increased T_2^* /BOLD contrast

Increase in BOLD specificity

Increased spectral separation

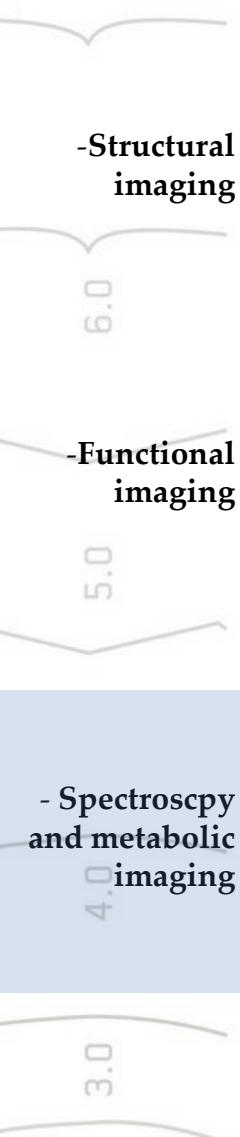
CHALLENGES

More susceptibility induced distortion (specially in EPI)

Longer T_1 (slower imaging)

B_1 inhomogeneity, high SAR

Shorter T_2^* (less time to image)



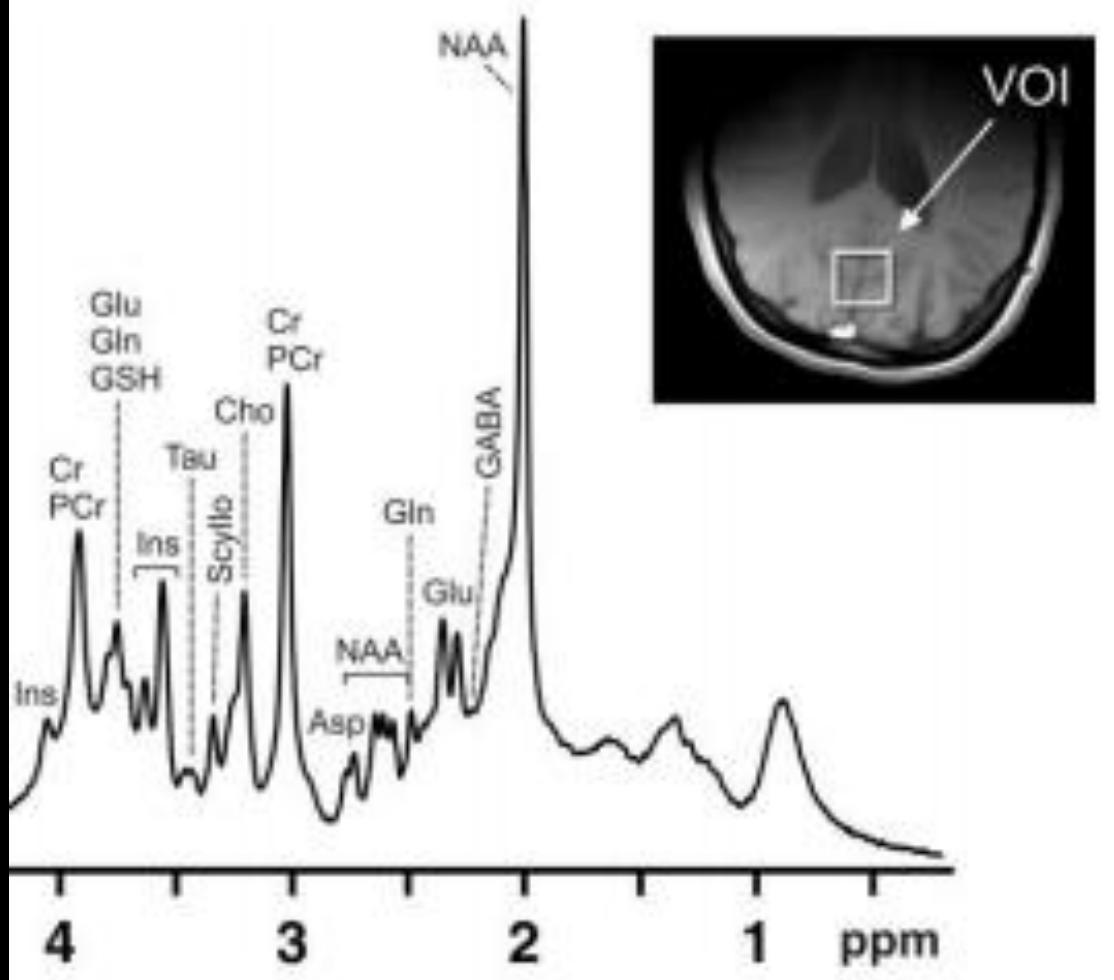
1H NMR

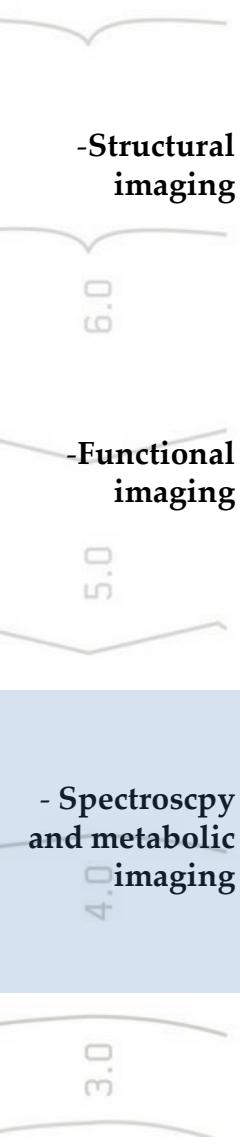
SPECIAL

TR/TE

4000 ms/6 ms,

128 averages





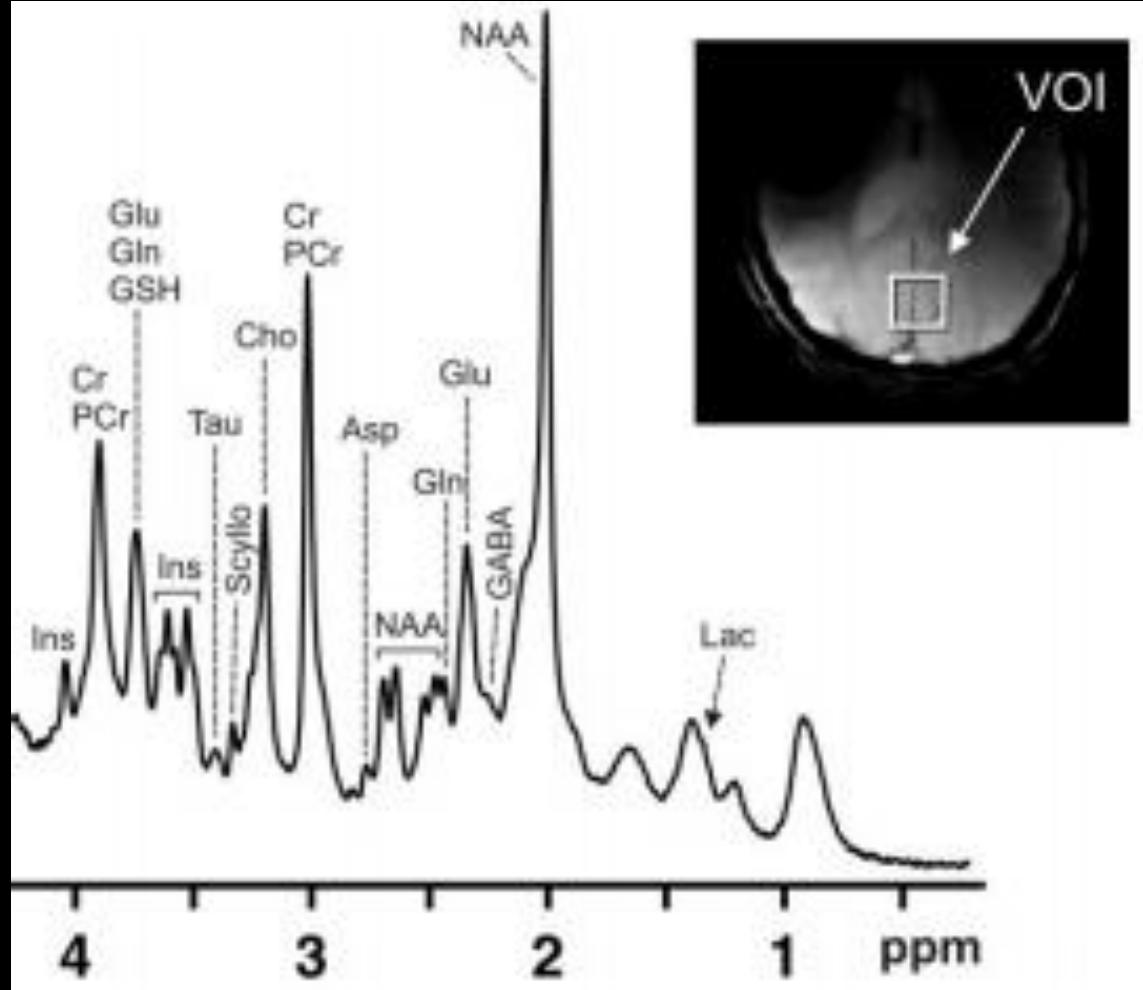
1H NMR

SPECIAL

TR/TE

4000 ms/6 ms,

64 averages

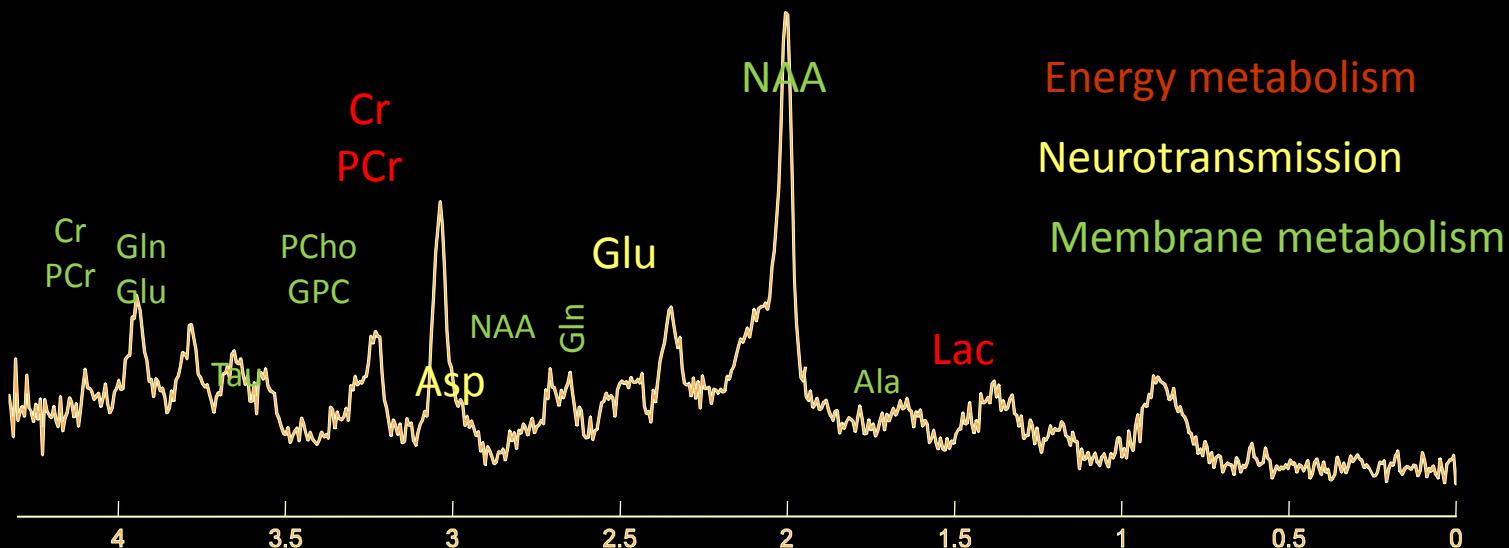


Functional spectroscopy @7T

-Structural imaging

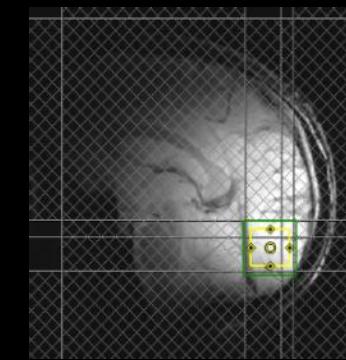
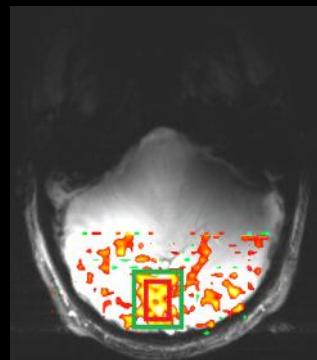
-Functional imaging

- Spectroscopy
and metabolic
imaging



fMRI localizer (EPI, 10s
ON, 20s OFF, TA=2.5min)

VOI=20*22*20mm³, OVS
bands



Schaller B. et al. Proc ISMRM, 2011

Functional spectroscopy @7T

-Structural imaging

6.0

-Functional imaging

5.0

- Spectroscopy and metabolic imaging

3.0

Changes:

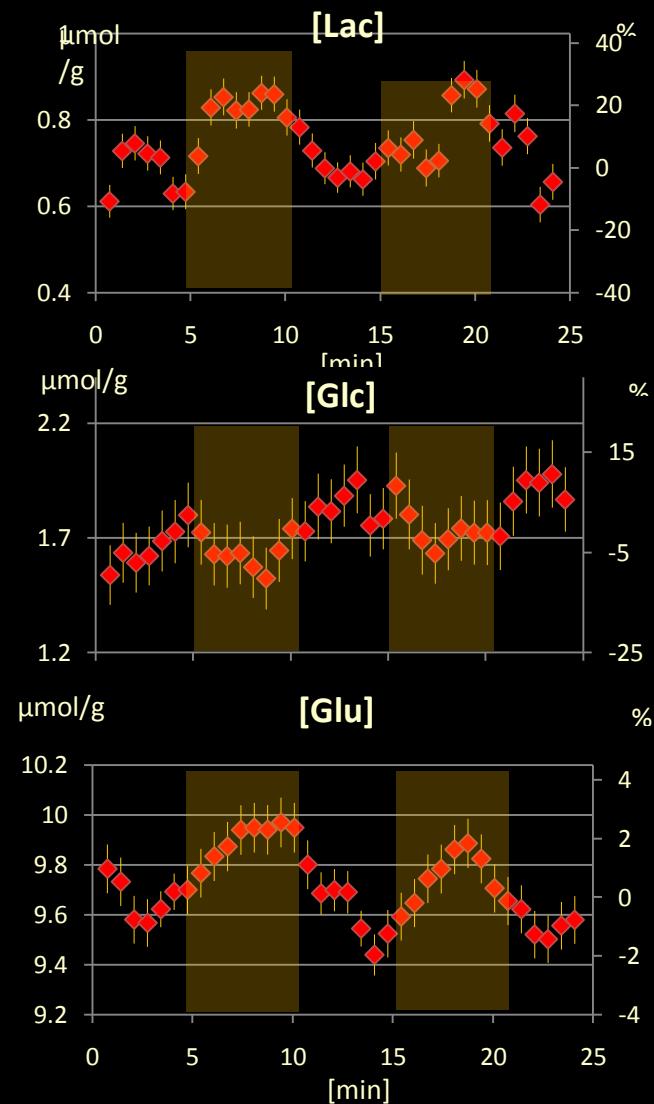
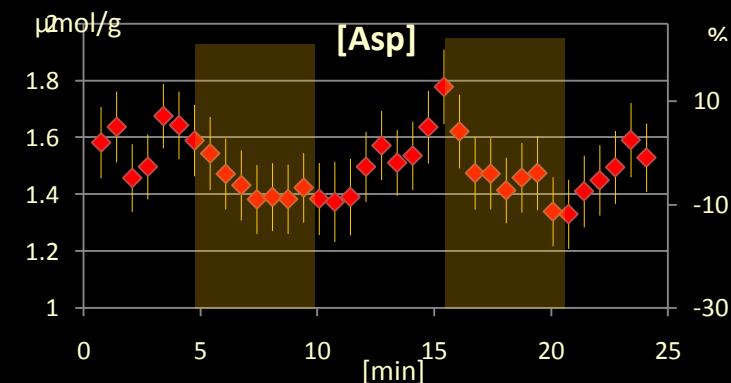
[Lac]: $0.14 \pm 0.02 \mu\text{mol/g}$ ($p < 0.001$)

[Glc]: $-0.21 \pm 0.06 \mu\text{mol/g}$ ($p < 0.03$)

[Glu]: $0.31 \pm 0.01 \mu\text{mol/g}$ ($p < 0.003$)

[Asp]: $-0.10 \pm 0.05 \mu\text{mol/g}$ ($p < 0.09$)

[Lac], [Glc], [Glu] and [Asp] changes imply the predominance of oxidative metabolism during neuronal activation *in vivo*



Spectroscopy @ 14 T

3h after induced 10min ischemia

-Structural imaging

6.0

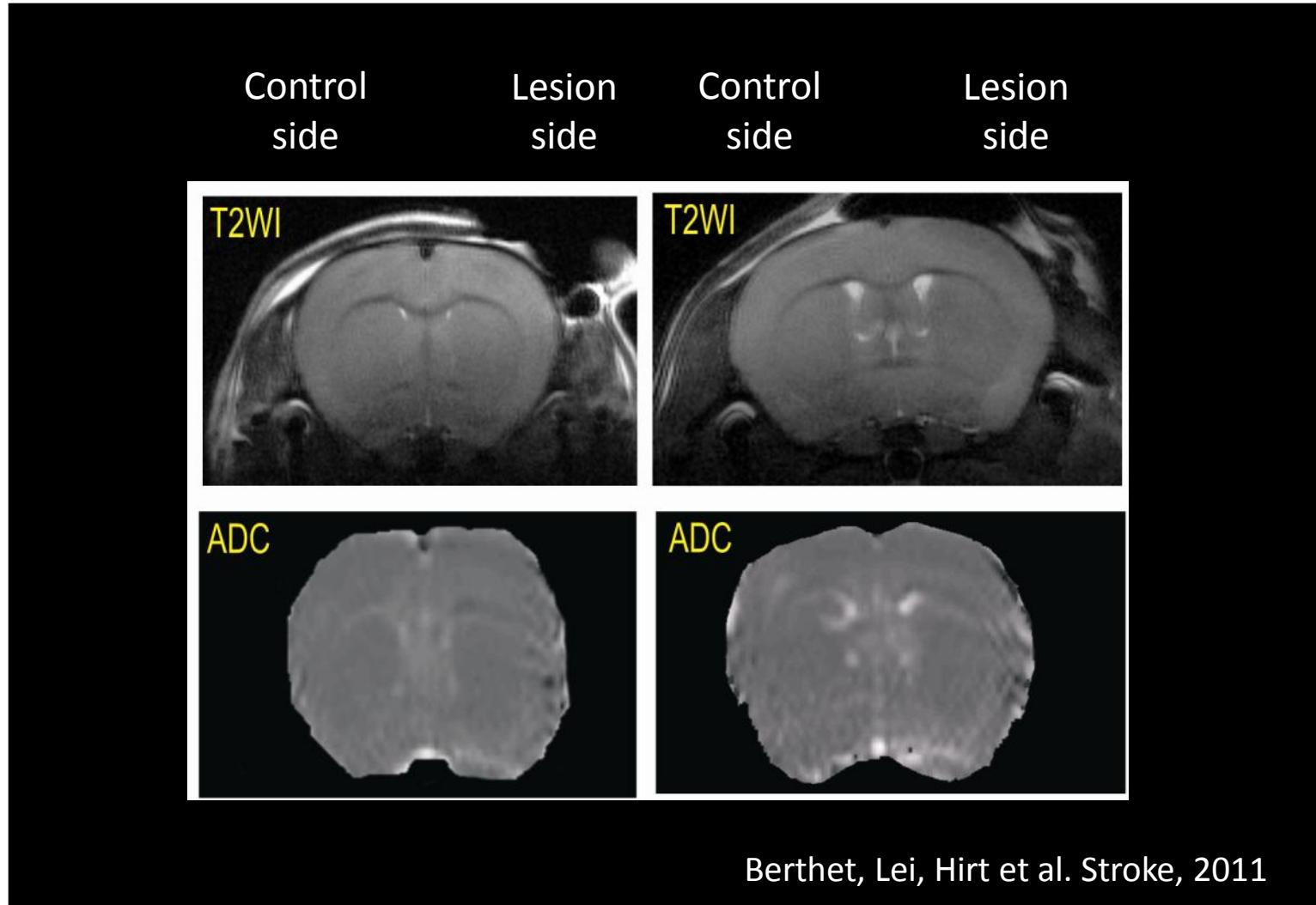
-Functional imaging

5.0

- Spectroscopy
and metabolic imaging

4.0

3.0



Spectroscopy @ 14 T 3h after induced 10min ischemia

-Structural imaging

6.0

-Functional imaging

5.0

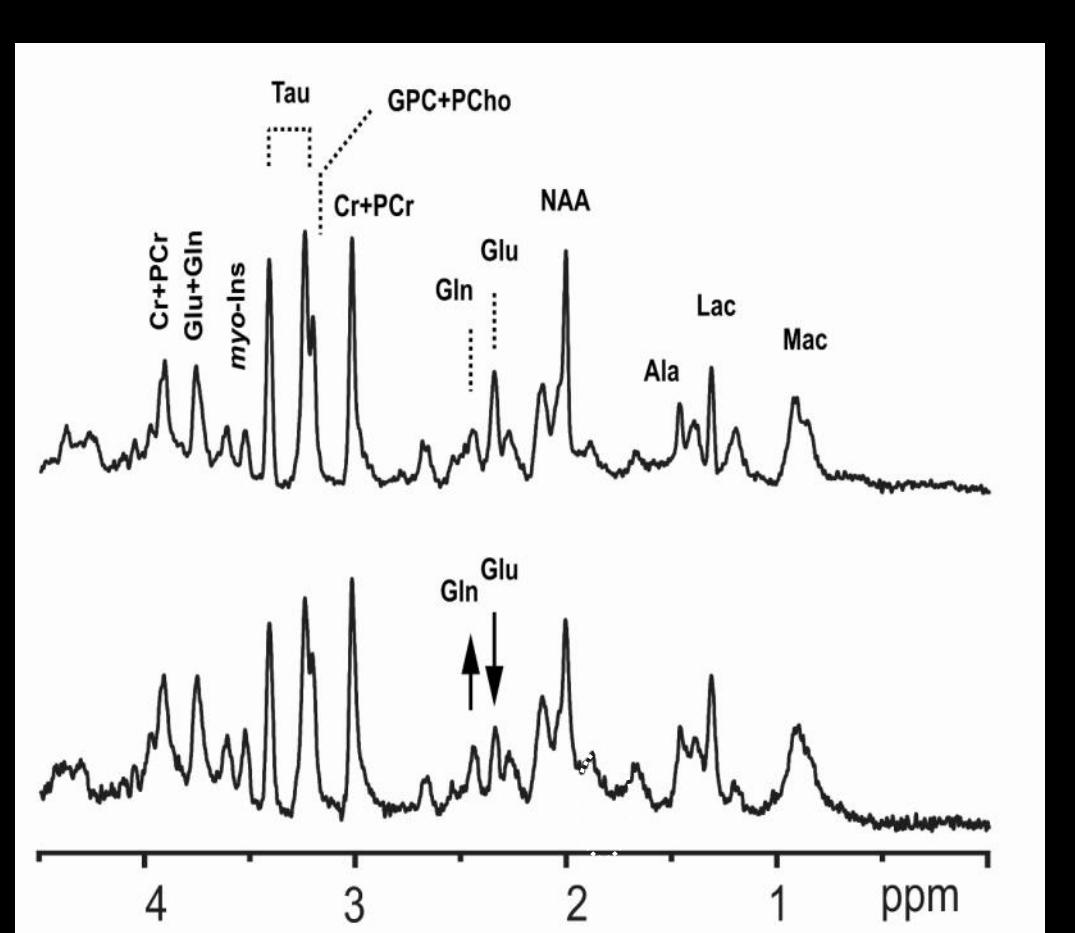
- Spectroscopy and metabolic imaging

4.0

3.0

Control side

Lesion side



Berthet, Lei, Hirt et al. Stroke, 2011

Spectroscopy @ 14 T

3h after induced 10min ischemia

-Structural imaging

6.0

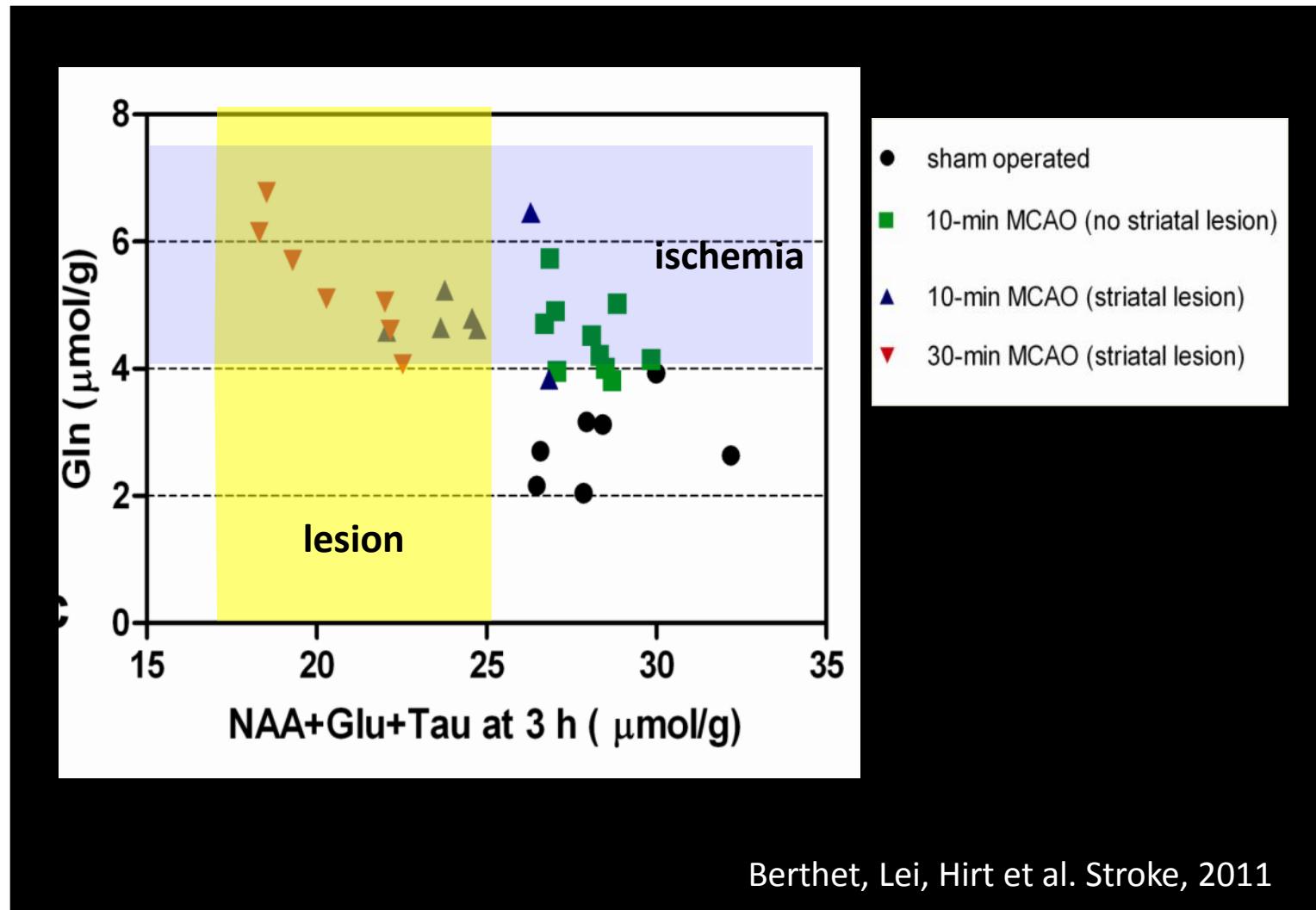
-Functional imaging

5.0

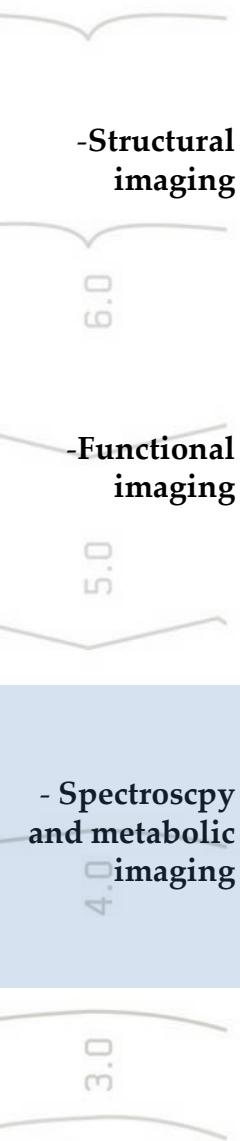
- Spectroscopy
and metabolic
imaging

4.0

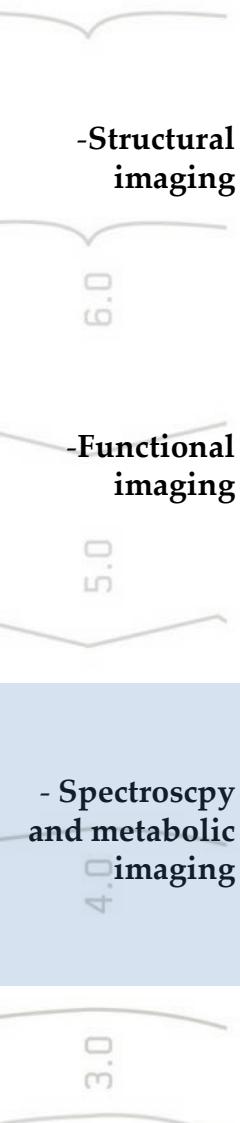
3.0



Berhet, Lei, Hirt et al. Stroke, 2011



can we not go beyond the single voxel?



yes we can!

Metabolic imaging - net glutamine synthesis rates *in vivo*

-Structural imaging

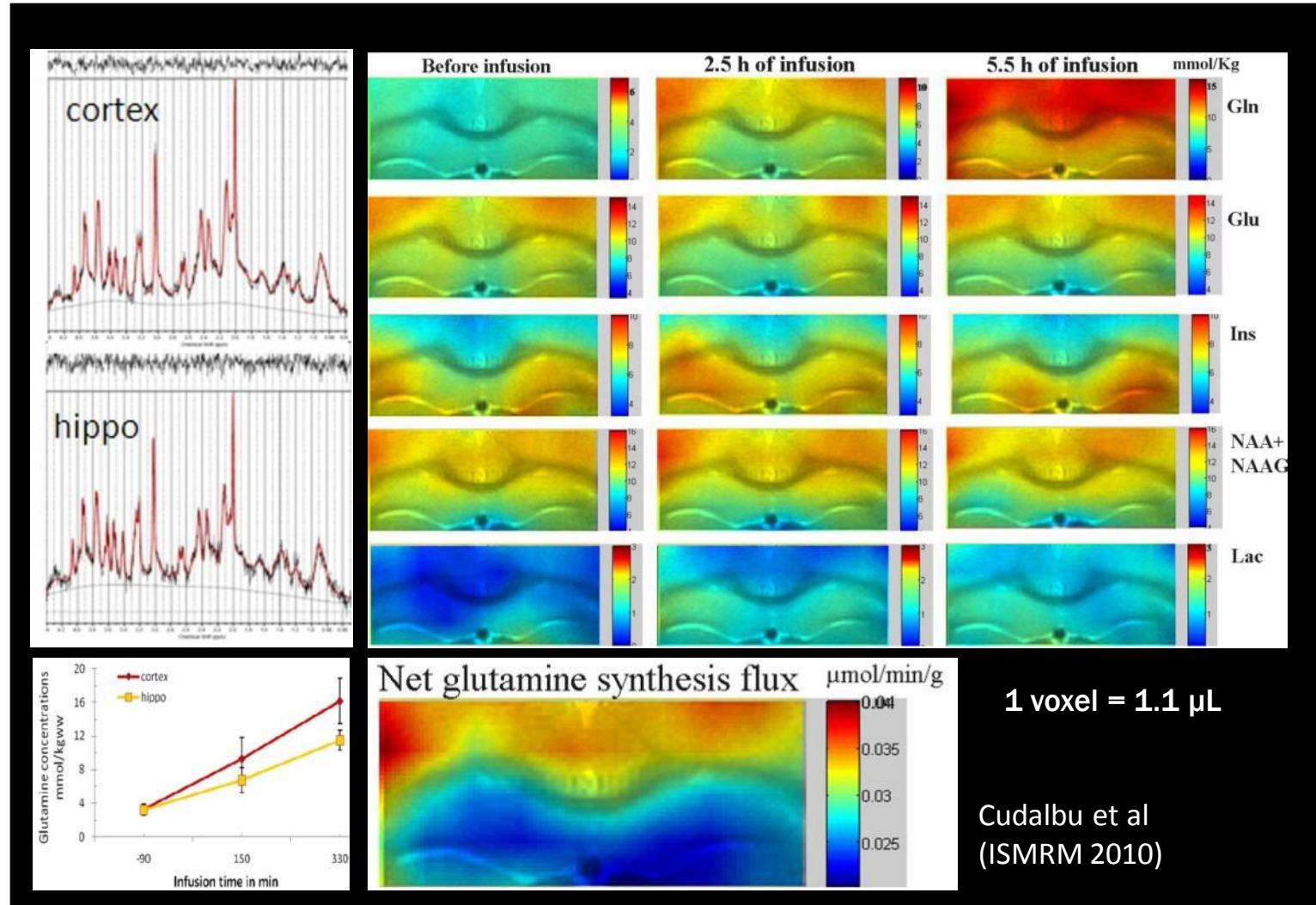
6.0

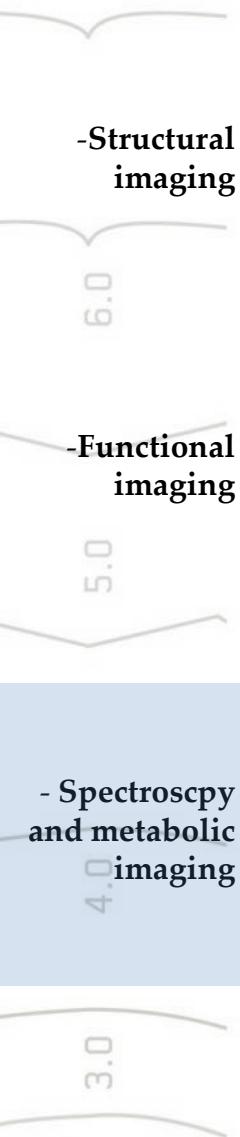
-Functional imaging

5.0

- Spectroscopy and metabolic imaging

4.0





maybe there is some space for acceleration...

- Structural imaging

6.0

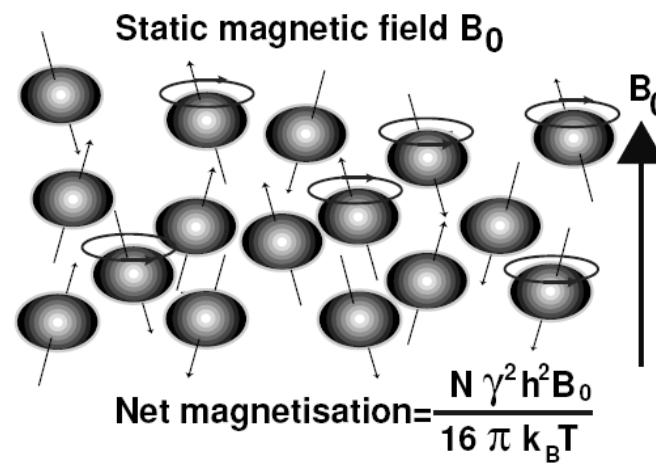
- Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

4.0

3.0



Dynamic nuclear polarization: 10000 fold enhanced NMR

Enhance NMR magnetization @ 1K

Heat to 300K in 5 seconds

Transfer, inject and enjoy!

-Structural
imaging

-Functional
imaging

- Spectroscopy
and metabolic
imaging

3.0

6.0

5.0



separator/infusion pump located inside the imager
(A. Comment & J.J. van der Klink, patent pending)

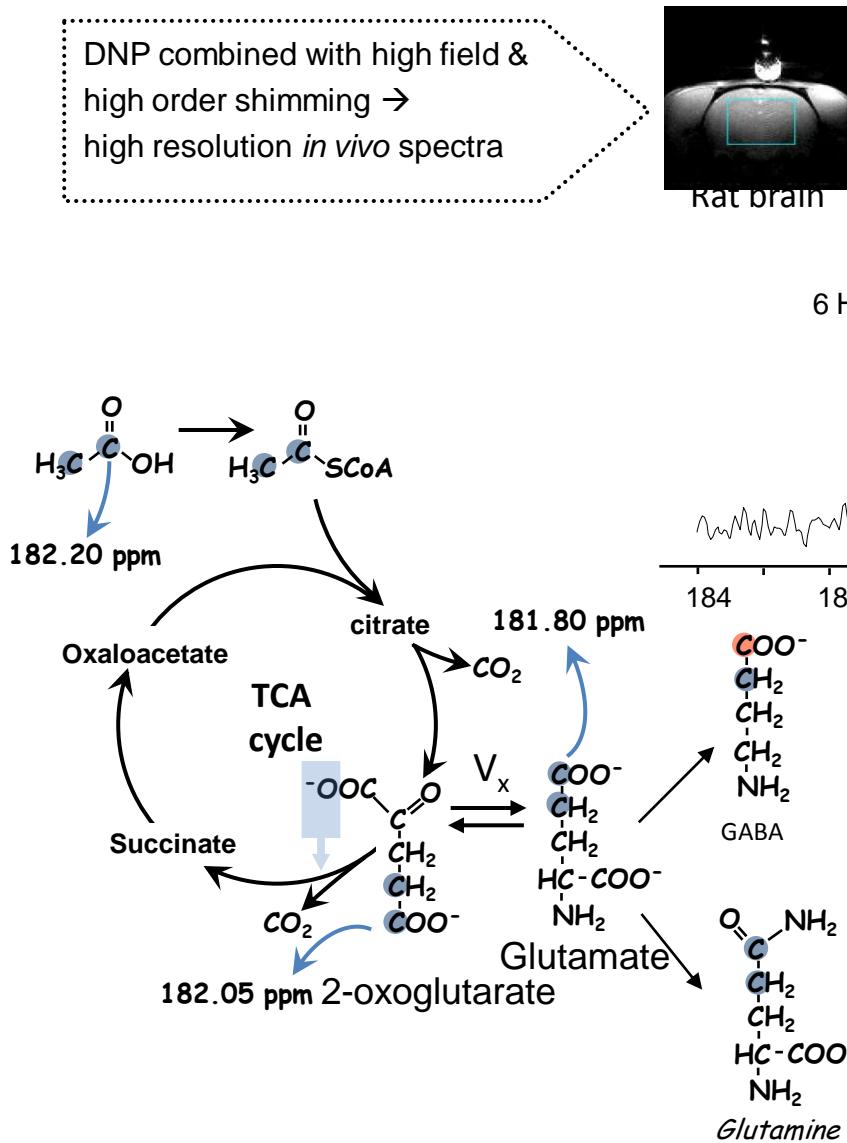
Comment et al., *Conc Magn Reson.* (2008)

In vivo Localized ^{13}C NMR after infusion of hyperpolarized ^{13}C acetate

-Structural imaging

-Functional imaging

- Spectroscopy and metabolic imaging



Krebs cycle 2OxoGlutarate intermediate detected:
Mobile enough, low concentration
Glutamate – 2OG exchange V_x not extremely fast



Once you see it, it is gone.

Faster encoding is essential.

Conclusions...

-Structural imaging

6.0

-Functional imaging

5.0

- Spectroscopy
and metabolic
imaging

4.0

3.0

High field scanners bring us improved SNR and CNR which can be traded by increased resolution or to look at less concentrated metabolites...

There is still MR physics to be worked out.. But it might be better/faster worked out when using more sophisticated signal processing tools.

Acknowledgements

- Co-workers
 - Tobias Kober
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 - Hongxia Lei
 - Ralf Mekle
 - Benoit Schaller
 - Cristina Cudalbu
 - Arnaud Comment



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You, for your attention...