



Constraints on the Injection of Radiation in the Early Universe

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radiation in the early Universe

- a variety of **BSM particle physics** processes can deposit **radiation** (relativistic particles) in the early Universe
 - **decay** of new particles
 - **latent heat** produced by a cosmological **first-order phase transition**
- can be either **SM** radiation (photons, e^+/e^-) or **dark radiation**
- both dark and visible radiation deposition impact **CMB observables**
 - # of effective neutrinos $\rightarrow N_{\text{eff}}$
- cosmology observables can **constrain BSM particle physics**



particle physics

- my perspective is as a **particle physicist**
- there's **a lot of freedom** in particle physics model
 - how much dark radiation and SM radiation is released
- we'd like to know how to use that freedom to **build models** which have **interesting signals**, **address anomalies**, and **aren't ruled out**
- example → cosmological FOPTs can produce **GW waves**
 - **nanohertz** range signals would arise from FOPTs around or after **BBN**
 - sound wave amplitude controlled by **latent heat** released in transition
 - constraints on injected latent heat **limit sensitivity** of GW observatories
 - **particle physics** determines how much of latent heat is dark vs. SM radiation
- how does playing with that ratio affect **bounds on the GW amplitude**?



goals/outline

- we'd like to know **how much radiation** we can inject if we remain **agnostic about the particle physics?**
- we'll first describe **general considerations**
- then outline the **numerical calculations**
- and then finally, our **results**



ΔN_{eff}

- in SM/ Λ CDM, $N_{\text{eff}} \sim 3.046$
- radiation deposition **contributes** to ΔN_{eff}
- if **dark radiation** injected, $\Delta N_{\text{eff}} > 0$
- if **EM radiation** injected, $\Delta N_{\text{eff}} < 0$
- if both are injected, can **tune** contributions so that $\Delta N_{\text{eff}} = 0$

$$N_{\text{eff}}^{\text{CMB}} \equiv \frac{8}{7} \left(\frac{11}{4} \right)^{4/3} \frac{\rho_{\text{rad}} - \rho_{\gamma}}{\rho_{\gamma}}$$

accounts for heating of photons by e^+e^- annihilation

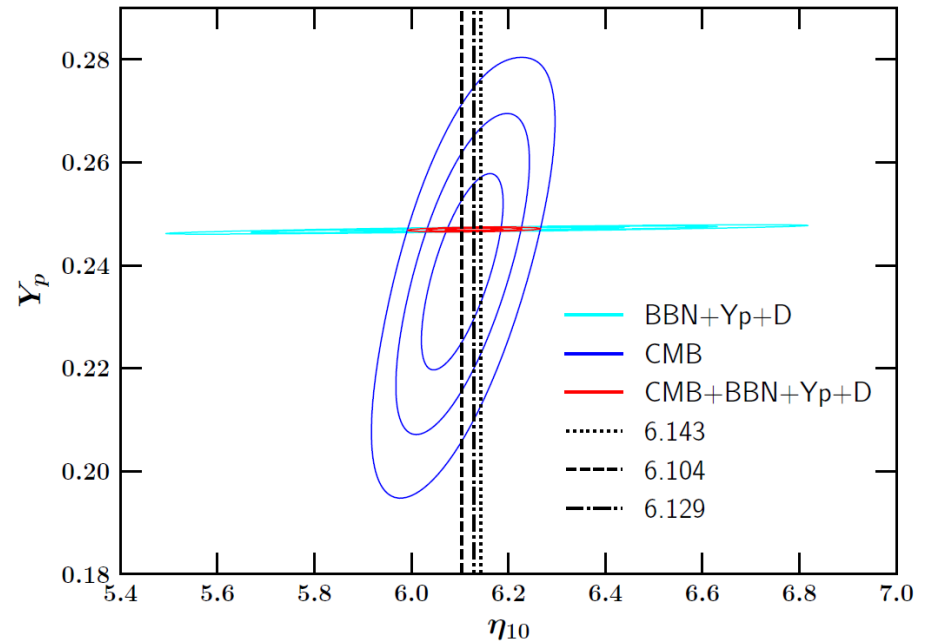
$$N_{\text{eff}}^{\text{CMB}} = 2.92^{+0.36}_{-0.37}$$

Planck 2018 (1807.06209), 95%,
TT,TE,EE+lowE



baryon dilution

- baryon-to-entropy density ratio is measured at BBN and at recomb.
- injecting EM radiation after BBN dilutes η_b / s
- even if we tune parameters to keep N_{eff} fixed ...
- ... expect a limit on entropy injection



Yeh, Olive, Fields 2011.13874



strategy

- define **initial** temperature/time at **8 MeV** $\rightarrow$ pre-BBN
- define **final** temp./time at **10 keV** $\rightarrow$ all radiation injection finished by then
 - EM radiation injection **will not distort CMB**
 - chosen for simplicity, or else there are more constraints
- $r_{\text{SM}} = a_f^4 \rho_r^f / a_i^4 \rho_{\text{SM}}^i$
 - = ratio of comoving final radiation density to initial SM radiation density
- in Λ CDM with no BSM physics, $r_{\text{SM}} \sim 1.205$, due to e^+/e^- annihilation
- we can measure how much **extra radiation** is injected by how much r_{SM} differs from 1.205



previous work

- idea was previously considered in Sobotka, Erickcek, Smith 2207.14308
- they considered particles which are **non-relativistic at BBN**, but decay to a mixture of EM radiation and dark radiation
- so **energy density grows** until particles decay
 - leads to tighter constraints
 - $< 2.35\%$ of total radiation density
- we'd like to **weaken** these **assumptions**, and see if it weakens the **constraints**



we consider two scenarios

- “decay” model
 - dark radiation present at BBN
- scalar χ relativistic at BBN
 - mass = m_χ
 - $\alpha = T_\chi^i / T_\gamma^i$
- but decays when non-relativistic
 - lifetime = τ
- decays to photons and dark radiation
 - $BF_\chi = f_\chi$
- “PT” model
 - FOPT after BBN releases latent heat
- parameterize with r_γ, r_{ur}
 - ur = particles (except photons) which are relativistic even now
 - $r_\gamma = a_f^4 \rho_\gamma^f / a_i^4 \rho_\gamma^i$
 - $r_{ur} = a_f^4 \rho_{ur}^f / a_i^4 \rho_{ur}^i$
- $T_{PT} = \gamma$ temperature of phase transition



cosmology parameters

- decay model
 - $\Delta N_{\text{eff}}^{\text{BBN}} = (4/7) \alpha^4$
 - $T_{\gamma}^{\text{decay}}$ = photon temperature when age of universe = τ
 - $T_{\gamma}^{\text{NR}} = m_Y / \alpha$ = photon temperature when Y starts to redshift as matter
 - if $T_{\gamma}^{\text{NR}} / T_{\gamma}^{\text{decay}} \sim 1$, then Y spends little time redshifting as matter
- in PT model, $\Delta N_{\text{eff,PT}}^{\text{BBN}} = 0$
- we want to see how large r_{SM} can be
- we will compare to a $\Lambda\text{CDM} + \Delta N_{\text{eff}}$, to see how much particle physics freedom buys us
 - ΔN_{eff} model is a subset of decay model, with $T_{\gamma}^{\text{NR}} / T_{\gamma}^{\text{decay}} \sim 1$, $f_Y = 0$



numerical analysis

- BBN code `LINX`
- CMB code `CLASS` takes Y_p from `LINX` as input
 - dilution of baryon-to-entropy density ratio accounted for
- take **one massive neutrino** with $m_\nu = 60$ meV (other two are ultra-relativistic)
- base Λ CDM parameters: ω_b , ω_c , $100 \theta_s$, A_s , η_s , τ_{reio}



CMB data

- use temperature and polarization anisotropy data from **Planck 2018**
- high multipole ($30 < \ell < 2508$) TT, TE, EE $\rightarrow$ **Plik** likelihood
- at low multipole ($2 < \ell < 30$) $\rightarrow$ **SimAll** (EE) and **Commander** (TT)
- use standard Planck collaboration priors on nuisance parameters



BBN data

- use two observables
 - ${}^4\text{He}$ fraction (Y_p)
 - deuterium-to-hydrogen ratio (D/H)
- calculated by `LINX`, using `PRIMAT` nuclear reaction network (Pitrou, Coc, Uzan, Vangioni 1801.08023)
- $Y_p^{\text{obs}} = 0.2449 \pm 0.0040$ (Aver, Olive, Skillman 1503.08146)
- $(D/H)^{\text{obs}} = (2.527 \pm 0.030) \times 10^{-5}$ (Cooke, Pettini, Steidel 1710.11129)



prior

- $T_{\gamma}^{\text{NR}} / T_{\gamma}^{\text{decay}} \geq 1$
 - γ decays while **non-rel.**, but may redshift like matter only briefly
- $T_{\gamma}^{\text{decay}} \geq 10 \text{ keV}$
 - CMB modes for $\ell < 2500$ **enter horizon** after decay
 - can use standard adiabatic initial conditions for CLASS
 - no CMB **distortion**
- for **PT model**, $\Delta N_{\text{eff}}^{\text{BBN}} = 0$
 - $T_{\text{PT}} \in [10, 100] \text{ keV}$
 - $r_{\gamma} \in [(11/4)^{4/3}, 19]$
 - $r_{\text{ur}} \in [1, 5]$

decay model priors

$$\omega_b \in [0.005, 0.1],$$

$$\omega_c \in [0.001, 0.99],$$

$$100\theta_s \in [0.5, 10.0],$$

$$\ln(10^{10} A_s) \in [1.61, 3.91],$$

$$n_s \in [0.8, 1.2],$$

$$\tau_{\text{reio}} \in [0.01, 0.8],$$

$$\Delta N_{\text{eff}}^{\text{BBN}} \in [0, 2.0],$$

$$T_{\gamma}^{\text{NR}} [\text{MeV}] \in [0.1, 1],$$

$$T_{\gamma}^{\text{NR}} / T_{\gamma}^{\text{decay}} \in [1.0, 10.0],$$

$$f_{\gamma} \in [0.0, 1.0].$$



results

- in ΔN_{eff} model, r_{SM} can differ from ΛCDM value (1.205) by 0.036
- for decay model, almost the same
 - almost no extra freedom to inject more energy
- for PT model, r_{SM} can exceed ΛCDM value by 0.047
- about 30% larger comoving energy density can be injected
 - post-BBN

Parameter	ΔN_{eff}	Decay model	PT model
$10^9 A_s$	$2.0971^{+0.0347}_{-0.0327}$	$2.0983^{+0.0289}_{-0.0293}$	$2.0958^{+0.03353}_{-0.03236}$
n_s	$0.9629^{+0.00631}_{-0.00694}$	$0.9630^{+0.00482}_{-0.00431}$	$0.9621^{+0.00480}_{-0.004599}$
h	$0.6711^{+0.01064}_{-0.01145}$	$0.6718^{+0.00699}_{-0.00590}$	$0.6706^{+0.00742}_{-0.00665}$
$100\omega_b$	$2.2230^{+0.01842}_{-0.01836}$	$2.2223^{+0.01288}_{-0.01281}$	$2.2176^{+0.01291}_{-0.01205}$
ω_c	$0.1214^{+0.00199}_{-0.00203}$	$0.12150^{+0.00165}_{-0.00138}$	$0.12211^{+0.00189}_{-0.00155}$
$100\tau_{\text{reio}}$	$5.2229^{+0.72440}_{-0.66695}$	$5.2511^{+0.6546}_{-0.6405}$	$5.1249^{+0.74766}_{-0.68615}$
$\Delta N_{\text{eff}}^{\text{BBN}}$	$0.0305^{+0.120}_{-0.122},$ < 0.234 (95%)	< 0.133 (95%)	—
$N_{\text{ur}}^{\text{CMB}}$	$2.0632^{+0.1259}_{-0.1279}$	$2.0850^{+0.1949}_{-0.0539}$	$2.0921^{+0.0942}_{-0.0894}$
$N_{\text{eff}}^{\text{CMB}}$	$3.0764^{+0.1260}_{-0.1279}$	$3.0897^{+0.1801}_{-0.0488}$	$3.0975^{+0.0947}_{-0.1021}$
T_{γ}^{NR} [MeV]	—	$0.594^{+0.264}_{-0.289}$	—
$T_{\gamma}^{\text{NR}}/T_{\gamma}^{\text{decay}}$	—	< 8.732 (95%)	—
f_{γ}	—	< 0.73 (95%)	—
r_{γ}	—	< 3.872 (95%)	< 3.934 (95%)
r_{ur}	—	< 1.051 (95%)	< 1.123 (95%)
r	< 1.207 (95%)	< 1.219 (95%)	< 1.252 (95%)
r_{SM}	< 1.241 (95%)	< 1.242 (95%)	< 1.252 (95%)



upshot

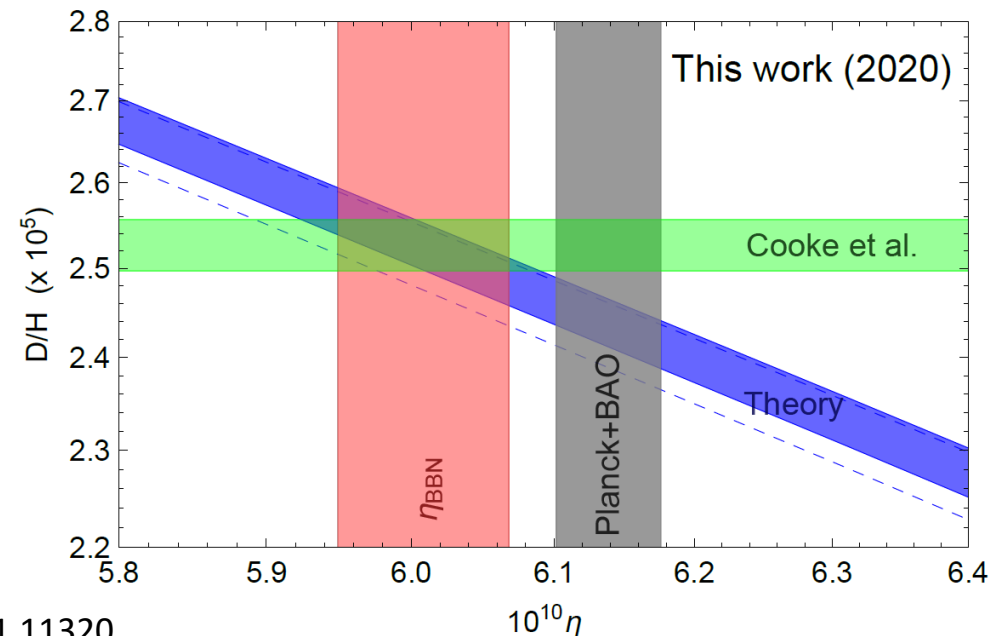
- for scalar **decay model**, particle physics freedom adds almost **no extra room** for radiation injection
- even if you tune particle physics to keep $\Delta N_{\text{eff}}^{\text{CMB}}$ fixed, **dilution of baryon-to-entropy ratio** yields tight constraints
- **more freedom** if energy is injected by a FOPT **after BBN**
 - $\sim 30\%$ more radiation can be injected
- tight constraints arise because **EM and dark radiation** are **tightly constrained** at **BBN** and **recombination**
 - **dark matter** is **less constrained** at **BBN**
 - if injected dark radiation redshifts as matter at recombination (**LiMRs**), get more freedom (Kumar, Sandick, Xu 2512.14672; DePorzio, Imig, Shelton 2607.12021)



η_b/s at BBN vs. CMB

- there is **mild tension** between observed (D/H) and PRIMAT
 - at preferred ω_b , $(D/H)^{\text{PRIMAT}}$ is **$\sim 1.8\sigma$** smaller than $(D/H)^{\text{obs}}$
- leads to a preference for $(\eta_b/s)^{\text{BBN}}$ which is **smaller** than $(\eta_b/s)^{\text{recomb}}$
- so **diluting η_b/s** after BBN **worsens the tension**
- how would these results be affected by a different reaction network?

- $(D/H)^{\text{obs}} = (2.527 \pm 0.030) \times 10^{-5}$ (Cooke, Pettini, Steidel 1710.11129)
- $(D/H)^{\text{PRIMAT}} = (2.439 \pm 0.037) \times 10^{-5}$
- $(D/H)^{\text{YOF}} = (2.51 \pm 0.11) \times 10^{-5}$ (Yeh, Olive, Fields 2011.13874)



conclusion

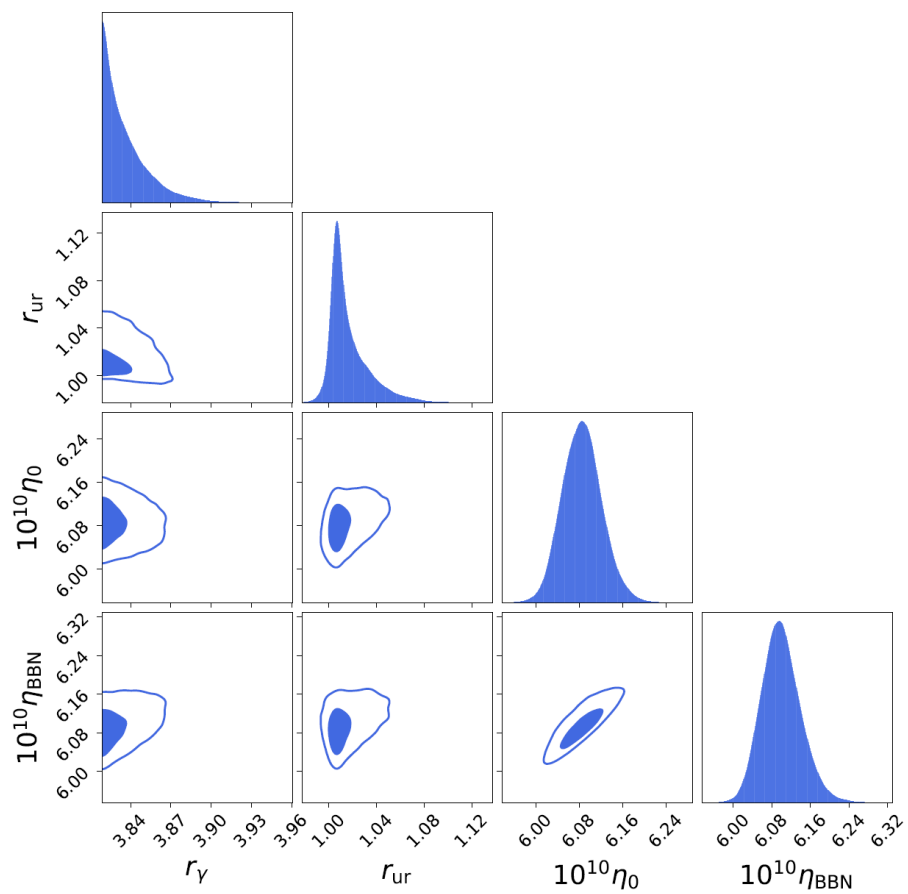
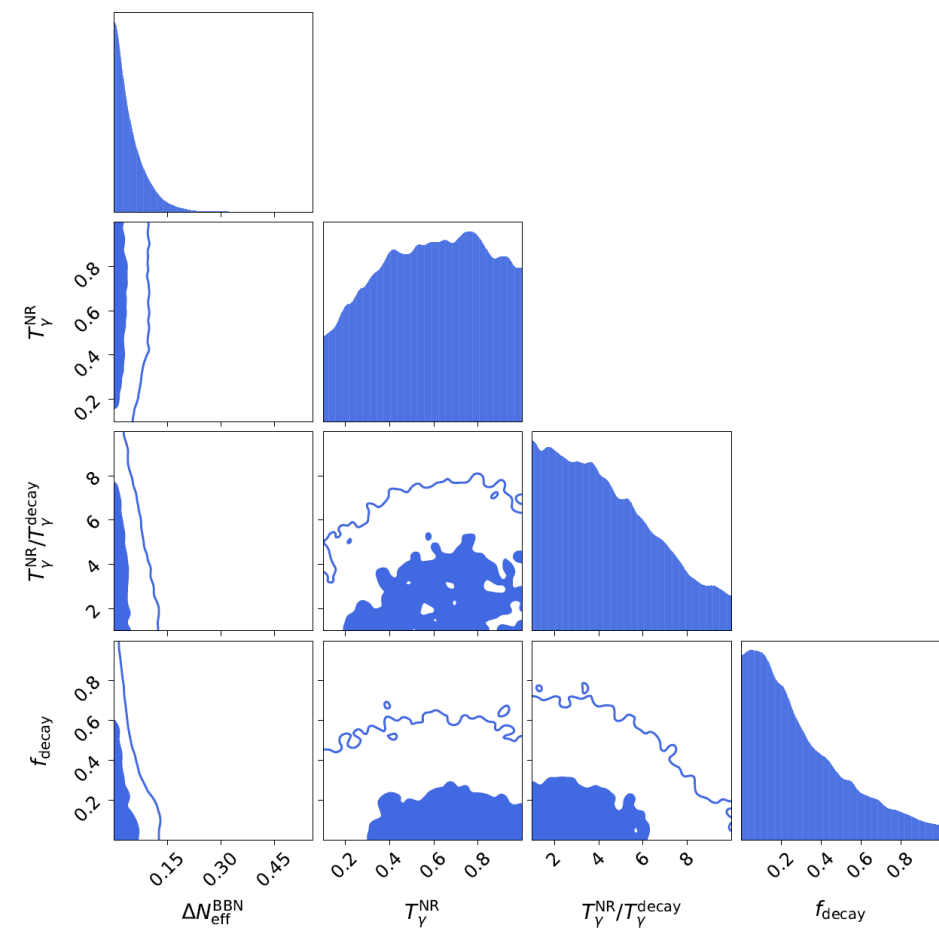
- we consider constraints on the deposition of radiation in the early Universe if we are **agnostic about its composition**
 - consider scalar decay, and FOPTs
- tight constraints, but for an FOPT, about **30% extra freedom** to inject energy
- better understanding of **nuclear reaction rates** underlying BBN may have impact on these constraints



Backup Slides



posteriors – decay model





posteriors – PT model

