

Planck



WMAP



ACT



SPT



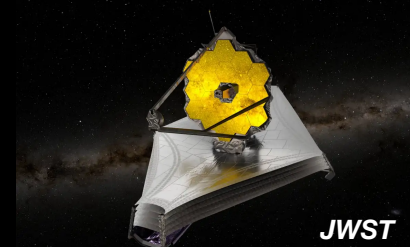
DES



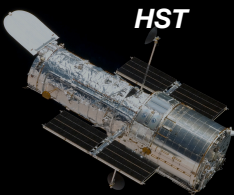
BOSS/SDSS



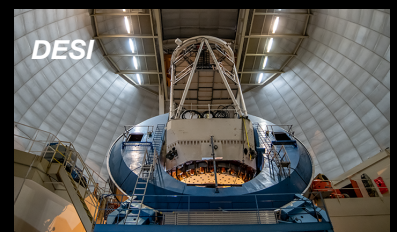
KiDS/VLT



JWST



HST



DESI

ν 's from Cosmology

Vivian Poulin

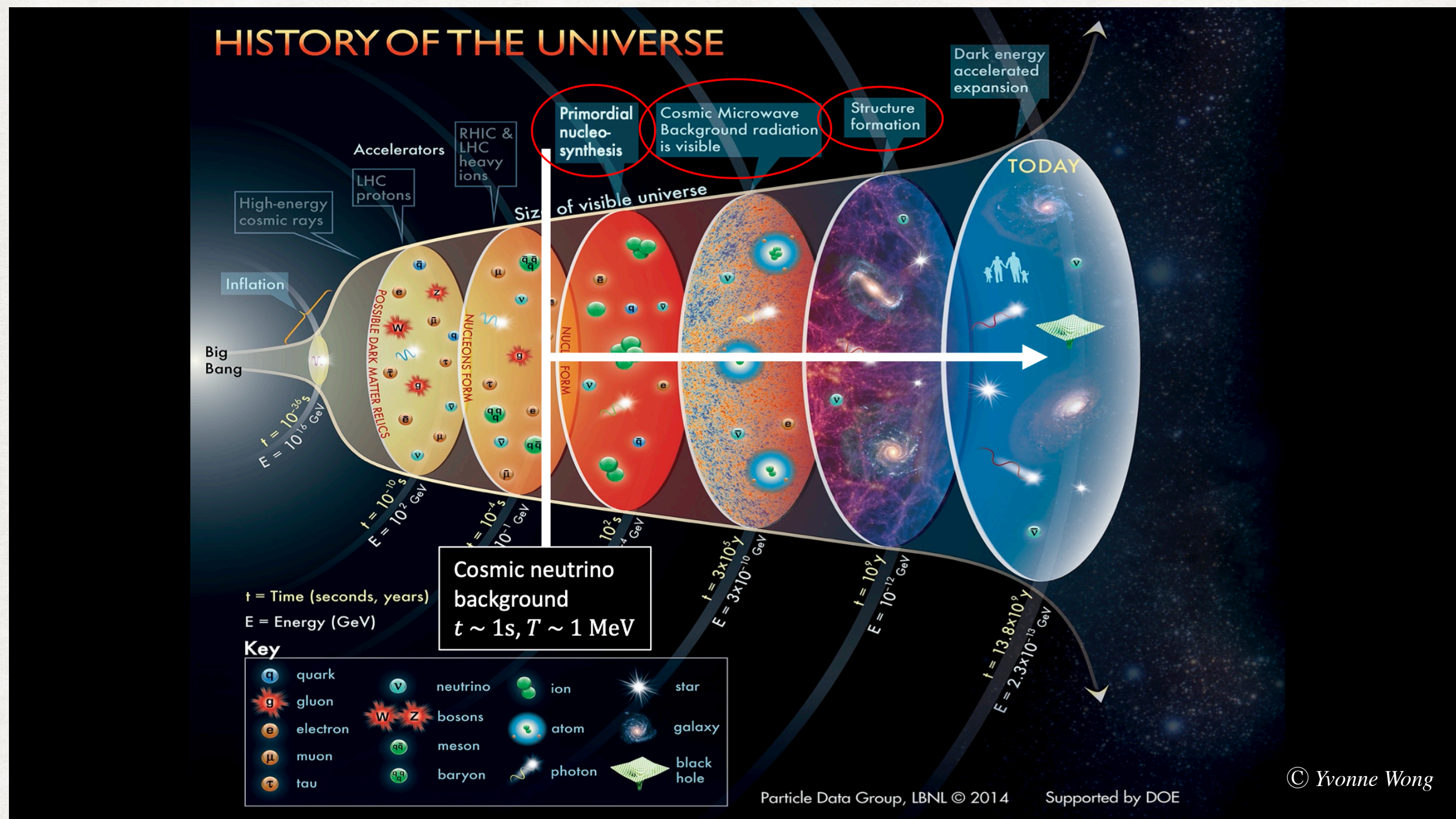
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CNRS & Université de Montpellier

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IRN Neutrino
IP2I, Lyon
June 13th, 2025



Schematic view of ν through the universe



- Before 1 MeV: ν interact efficiently through the **weak interaction**. They form a **perfect thermalized fluid**.
- After 1 MeV: The weak interaction drops below Hubble. They form a **free-streaming “frozen” fluid**.

The cosmic ν -background

- ν carry a **frozen Fermi-Dirac** distribution

$$f_\nu(E_\nu, t) = \frac{1}{1 + \exp(p/T_\nu)}$$

does not depend on m_ν !

- ν are **slightly colder than CMB**: they decouple before $e^\pm$ annihilations

$$T_\nu = \left(\frac{4}{11}\right)^{1/3} T_\gamma$$

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- N_{eff} parametrizes the **number of massless ν -like species**

$$\rho_R = \rho_\gamma \left(1 + \frac{7}{8} \left(\frac{4}{11} \right)^{4/3} N_{\text{eff}} \right)$$

$$\Omega_i = \frac{\rho_i}{\rho_c}$$

- $N_{\text{eff}} = 3.044$ in the standard model, such that today $n_{\text{C}\nu\text{B}} \simeq 110 \text{ cm}^{-3}$ and $\Omega_{\text{C}\nu\text{B}} \simeq \frac{m_\nu}{93h^2 \text{ eV}}$

- Relativistic ν are **free-streaming**: specific impact on CMB at early-times; on structures at late-times.

Cosmology provides strong bounds on ν -physics

- Strongest bounds to date on $\sum m_\nu$ (at 95% CL)

Katrin: < 1.35 eV

Science 2025

Planck 2018 + BAO < 0.12 eV

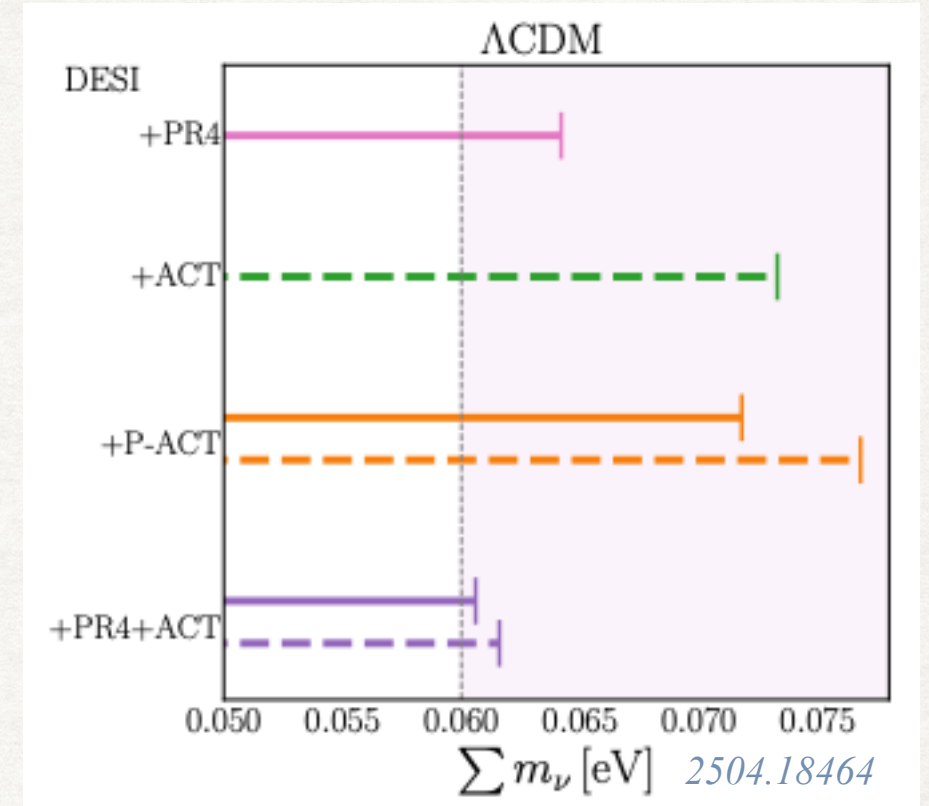
Planck 1807.06209

Planck 2018 + DESI DR2 < 0.0691 eV

DESI 2503.14738

Planck 2020 + ACT + DESI DR2 < 0.0606 eV

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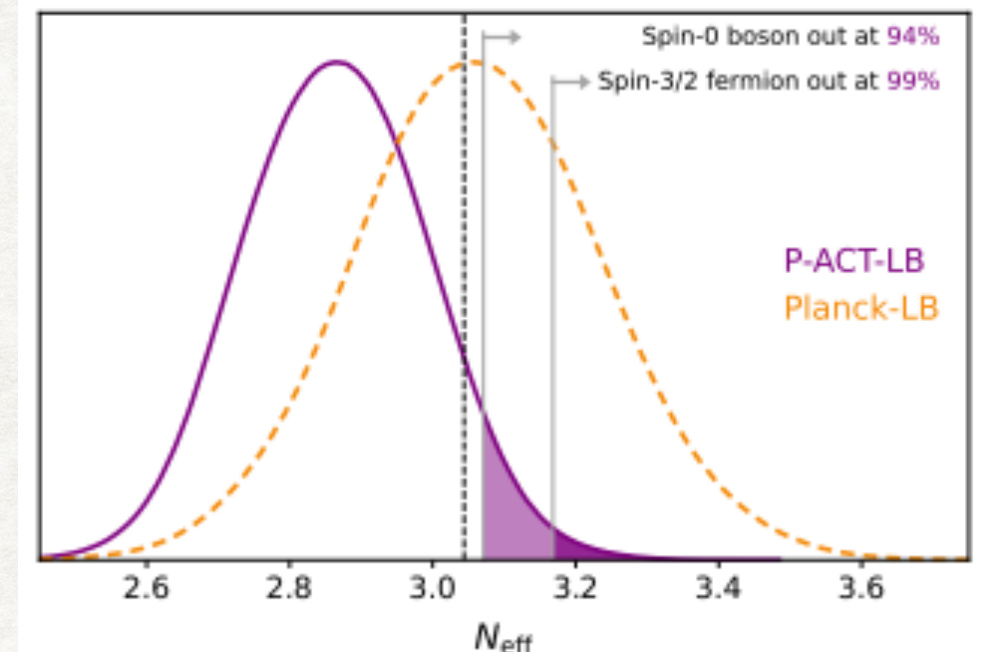
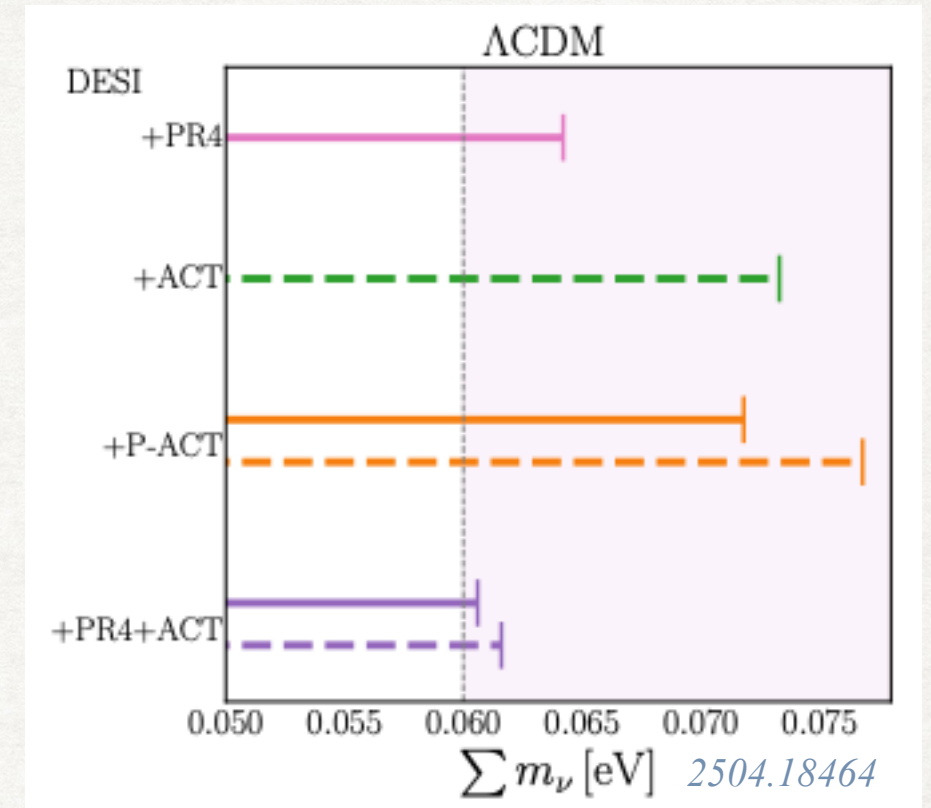
- Strongest bounds on number of ν -like species (at 68% CL)

Planck 2018 + BAO $N_{\text{eff}} = 2.99 \pm 0.17$

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Planck 2018 + ACT + DESI DR1 $N_{\text{eff}} = 2.86 \pm 0.13$

ACT 2503.14454



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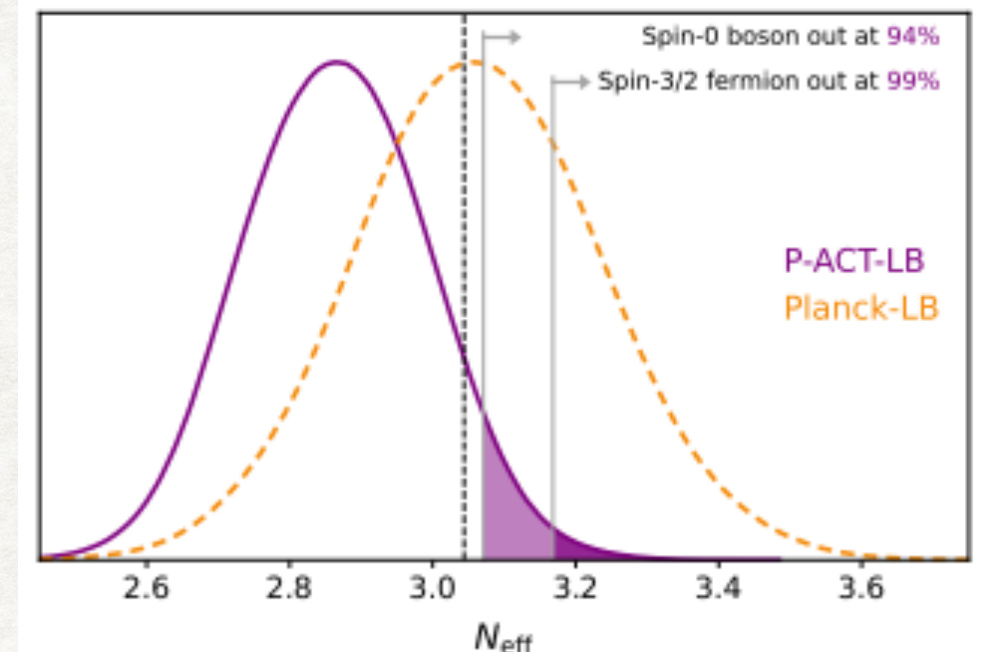
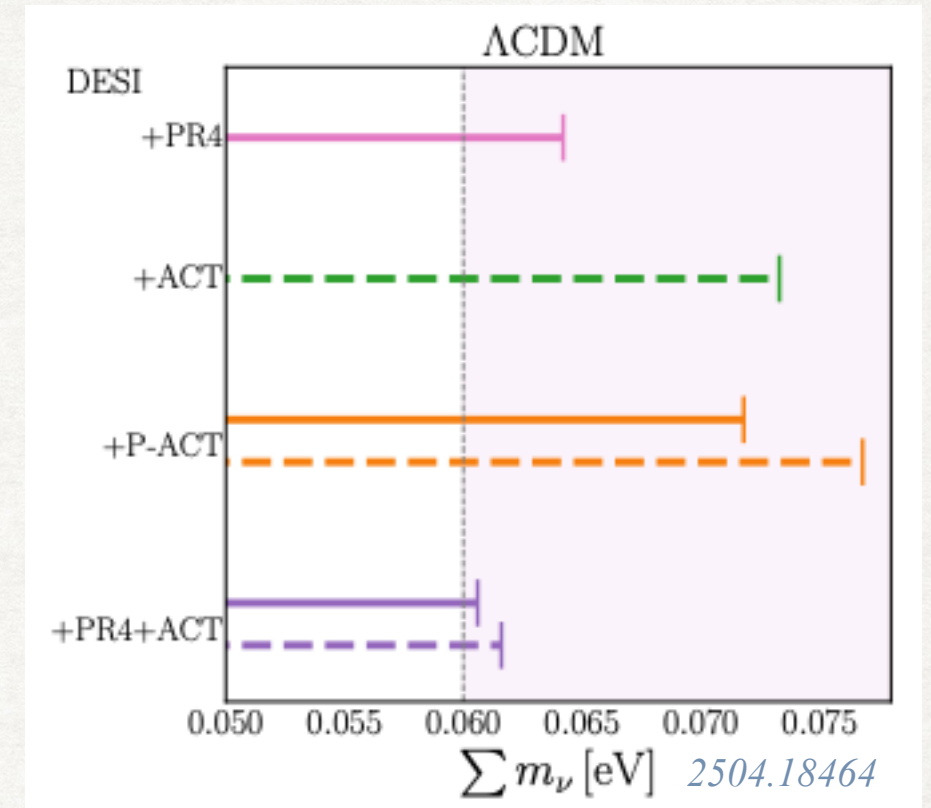
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Where are the neutrinos?!

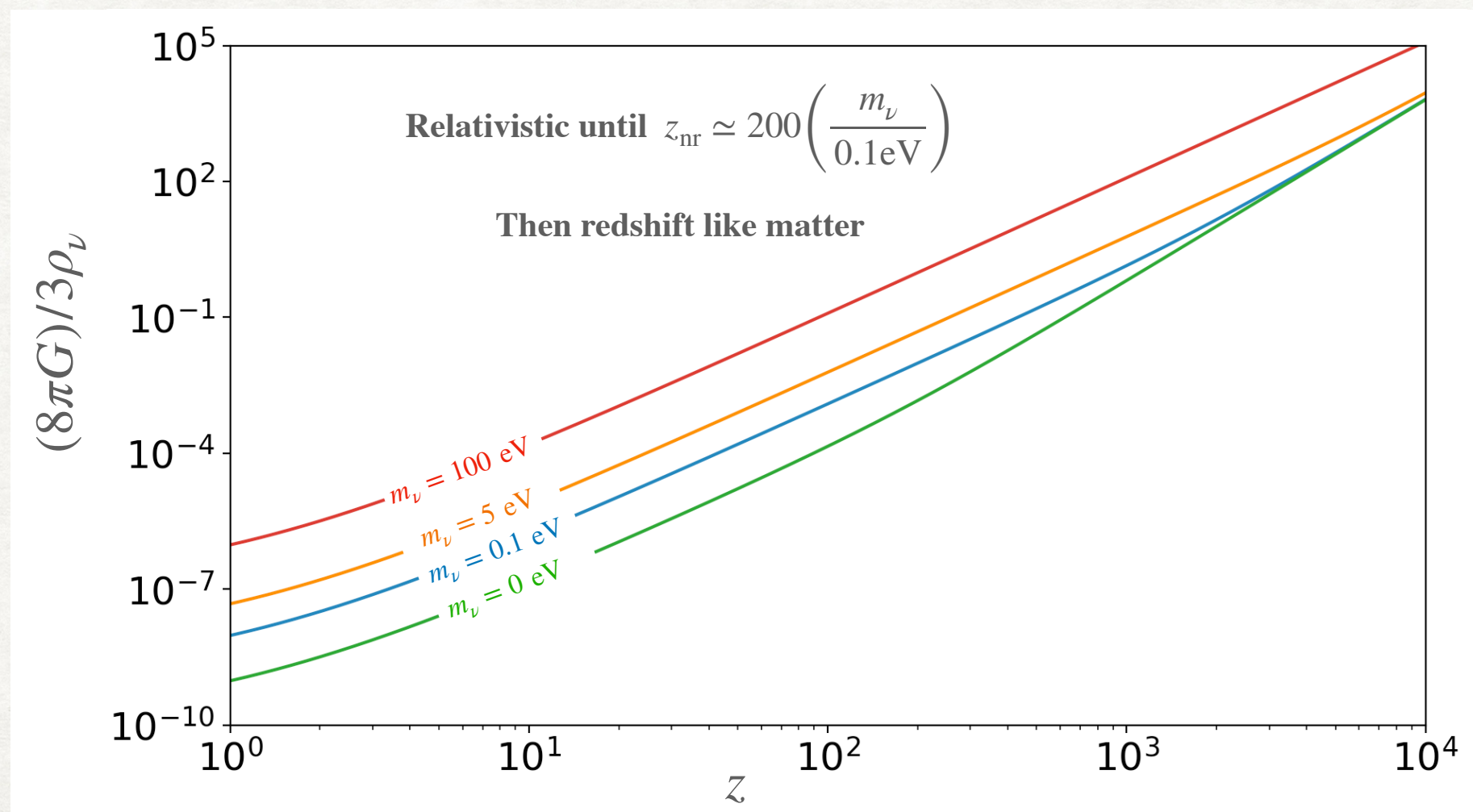
m_ν can affect cosmological distances

- ν can affect the **homogeneous expansion**

$$H(z) \equiv \frac{\dot{a}}{a} = H_0 \sqrt{\Omega_m(1+z)^3 + \Omega_r(1+z)^4 + \Omega_\Lambda + \dots}$$

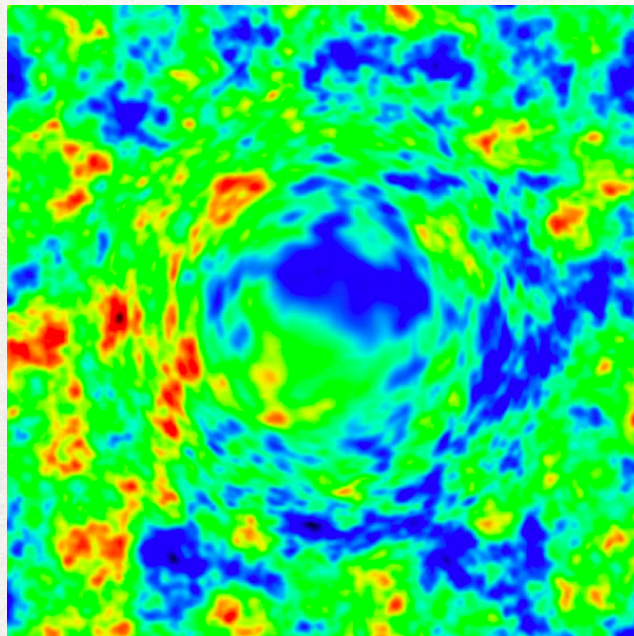
- Affect distance measurements via SN1a and BAO

$$D_M(z) = \int_0^z \frac{cdz}{H(z)}$$

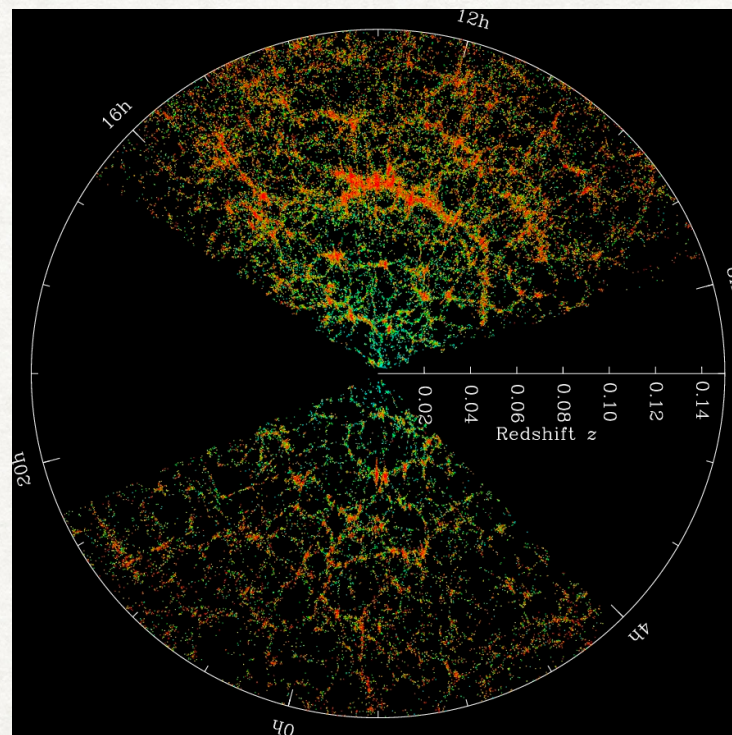


m_ν can affect probes of matter structuring

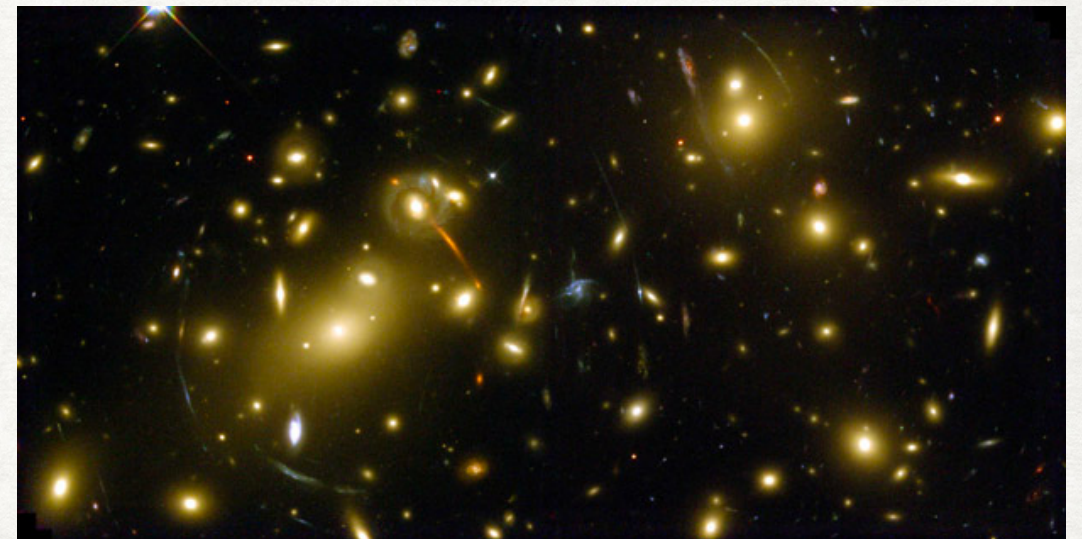
CMB weak lensing



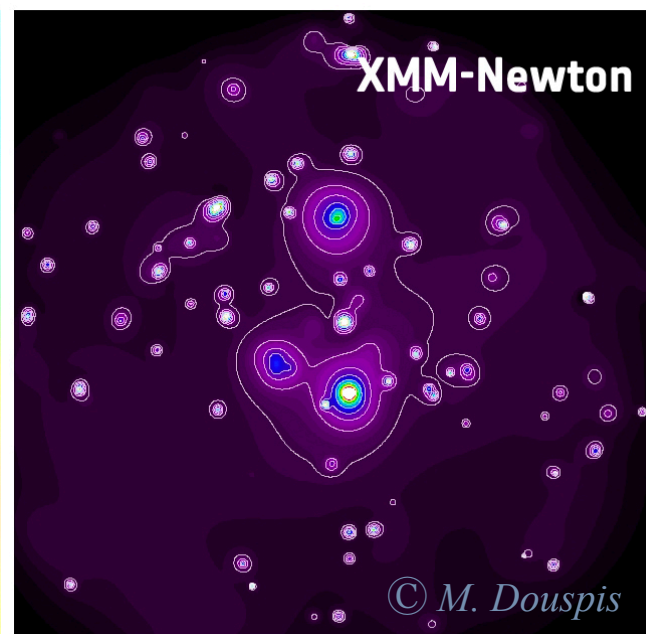
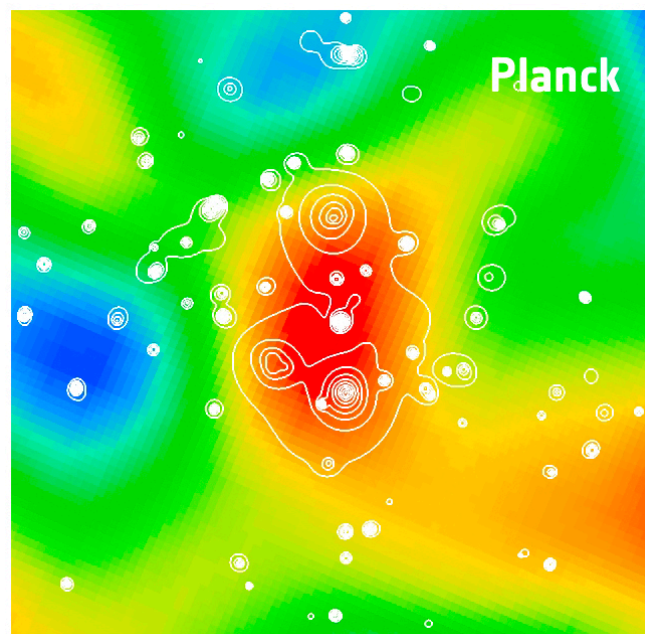
Galaxy correlation function (SDSS/BOSS)



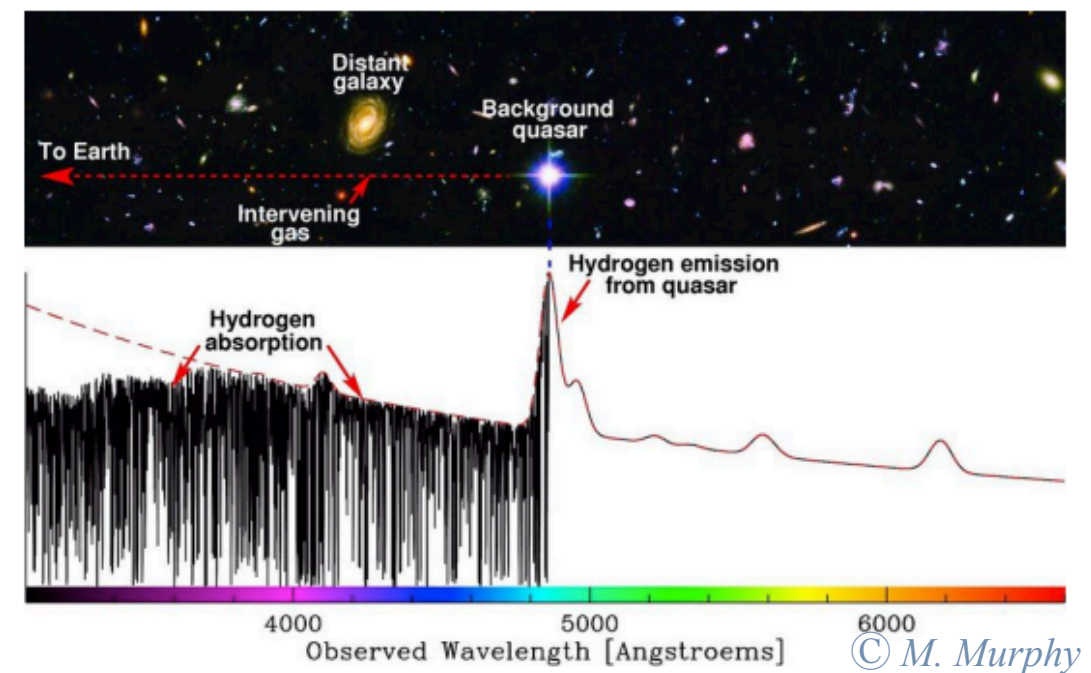
Galaxy weak lensing (KiDS / DES)



Galaxy cluster mass function



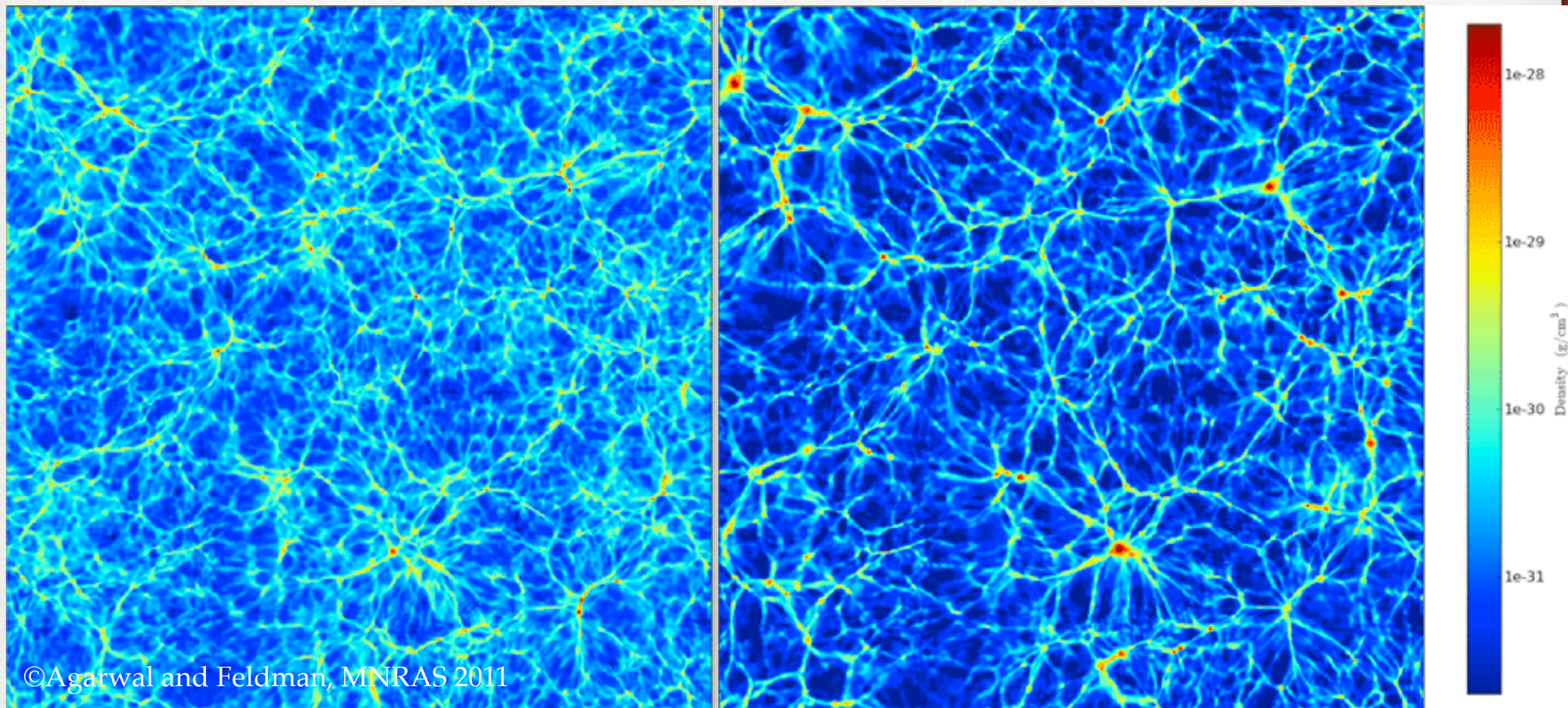
The Lyman- α forest (MIKE/HIRES)



m_ν suppresses the clustering of matter

$$M_\nu = 1.9 \text{ eV}$$

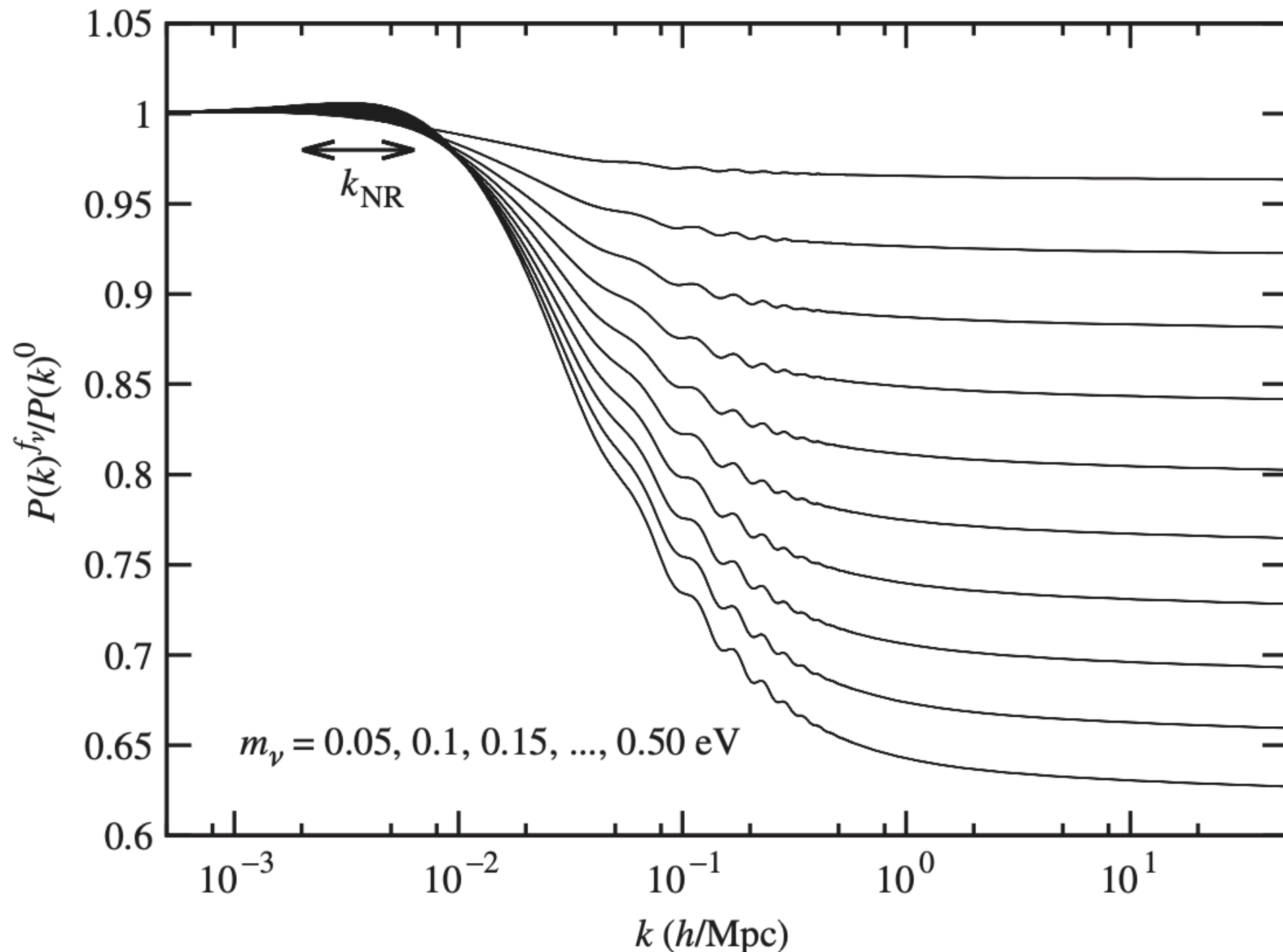
$$M_\nu = 0 \text{ eV}$$



The density field is “smoother” on small scales

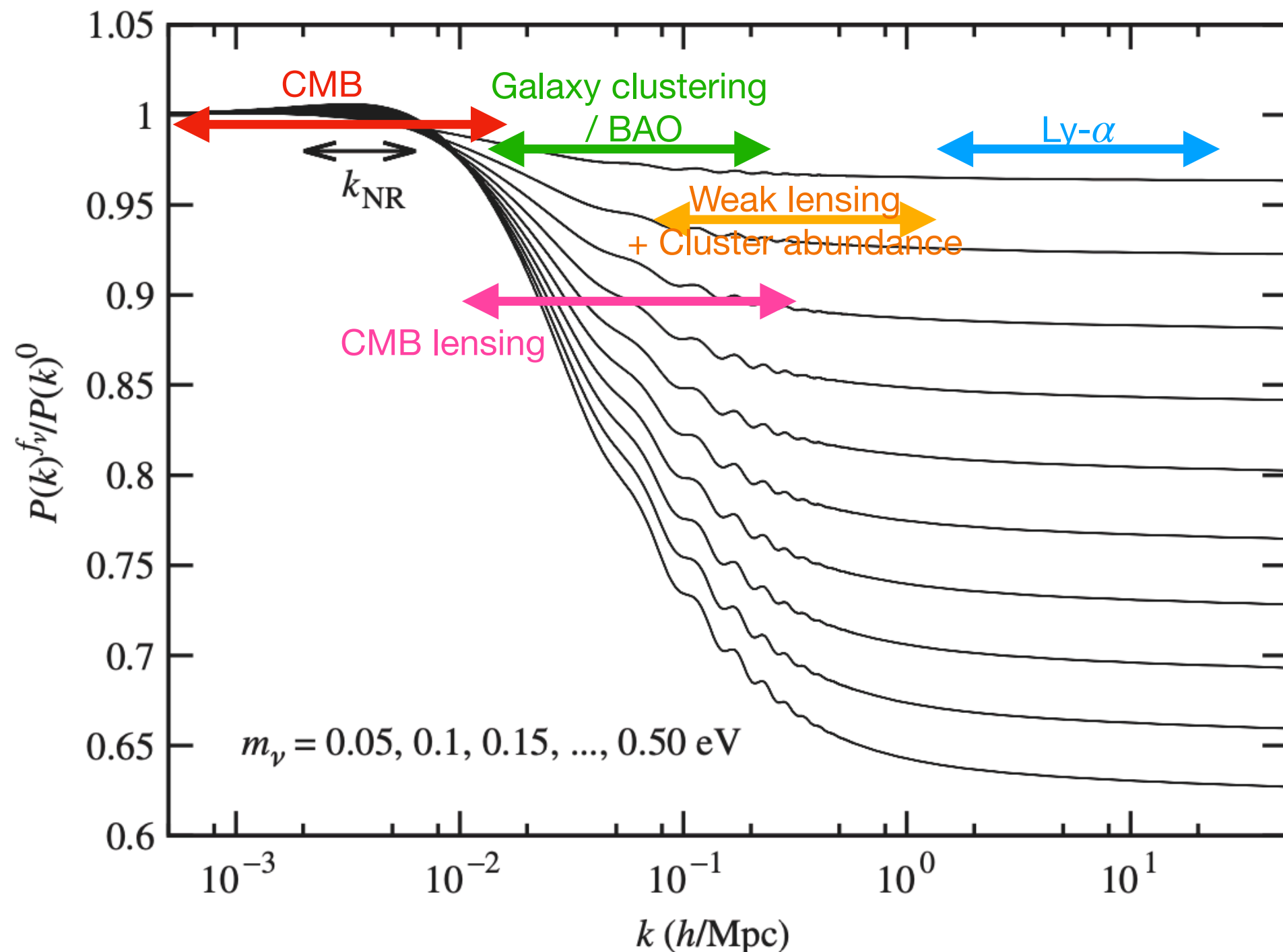
m_ν suppresses the matter power spectrum

For ν 's suppression at $k \geq k_{\text{nr}} \equiv 0.01 \left(\frac{m_\nu}{1\text{eV}} \right)^{1/2} \left(\frac{\Omega_m}{0.3} \right)^{1/2} h\text{Mpc}^{-1}$ and amplitude $\frac{\Delta P}{P} \simeq -8 \frac{\omega_\nu}{\omega_m}$



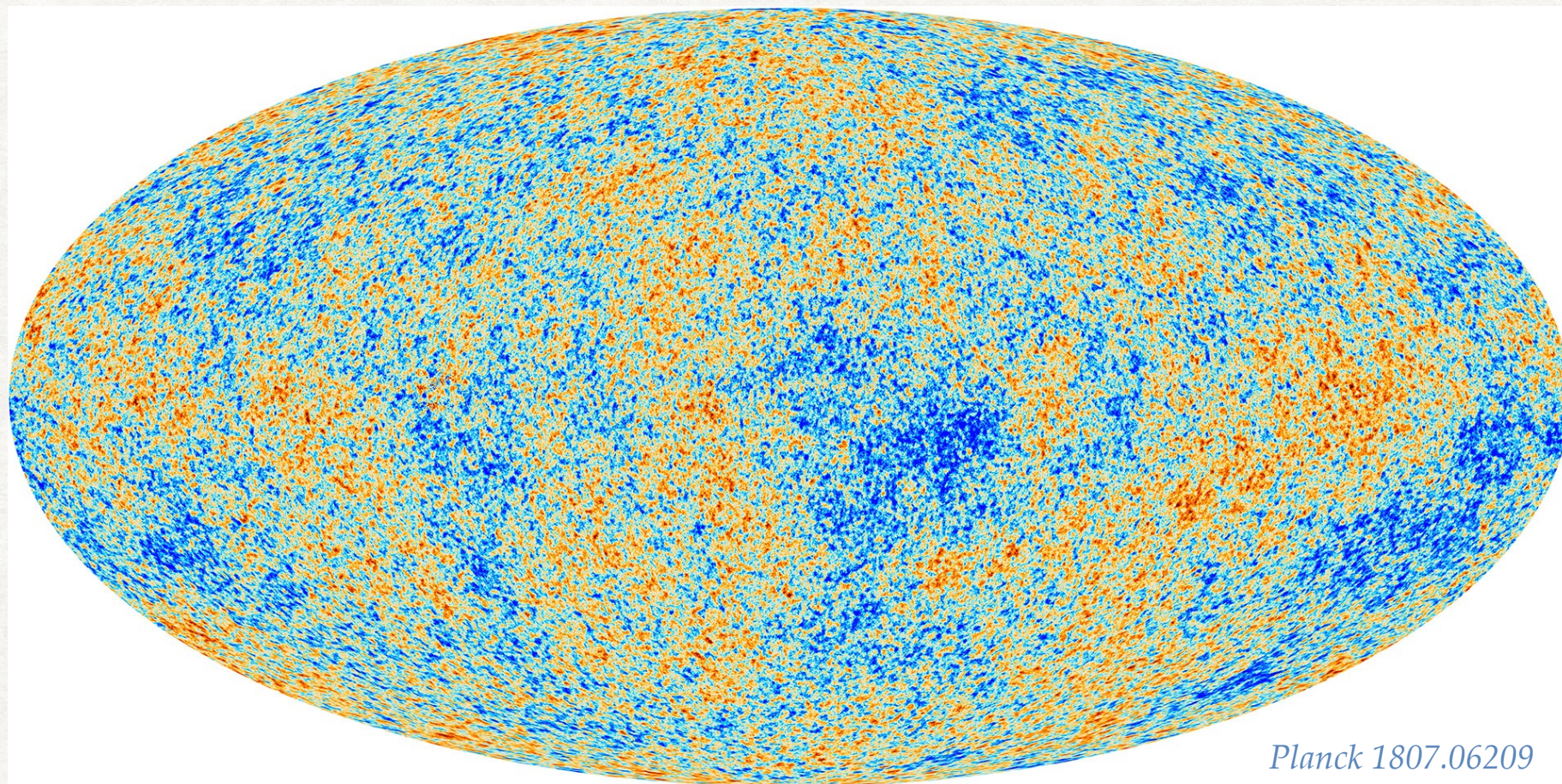
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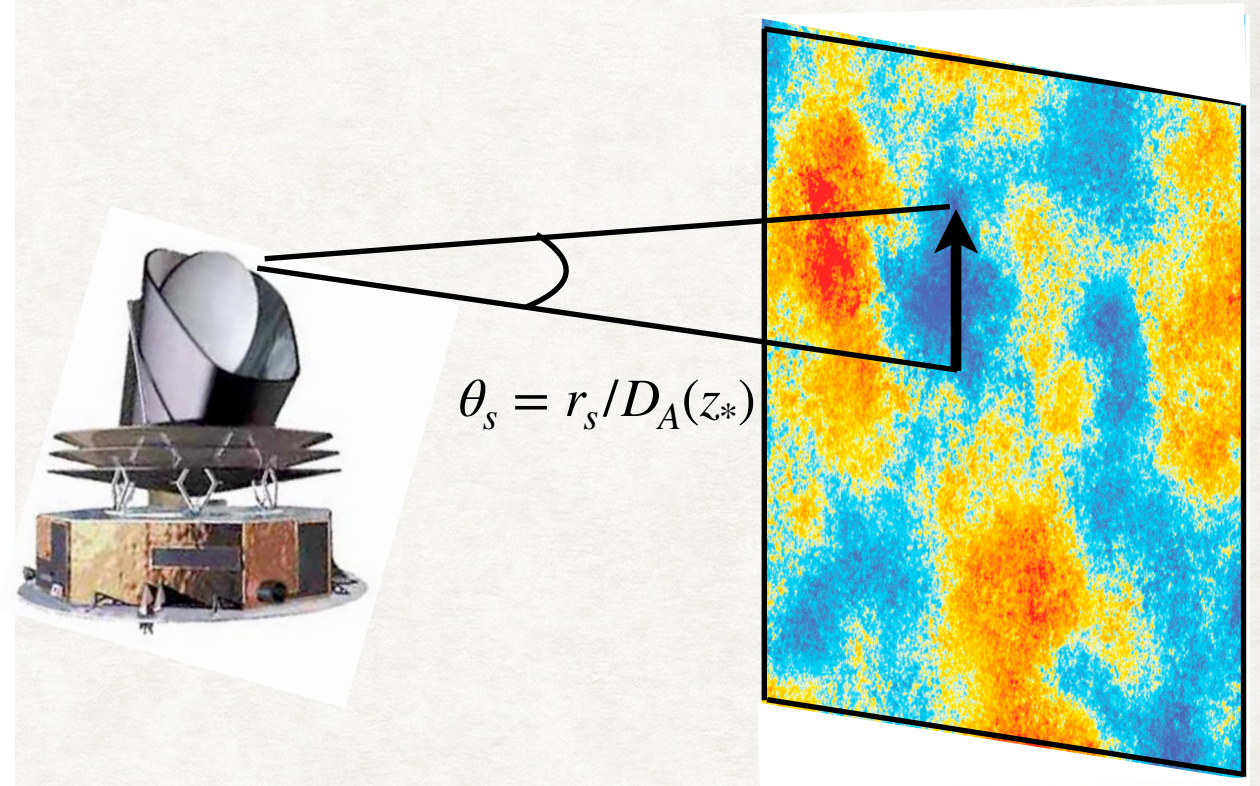
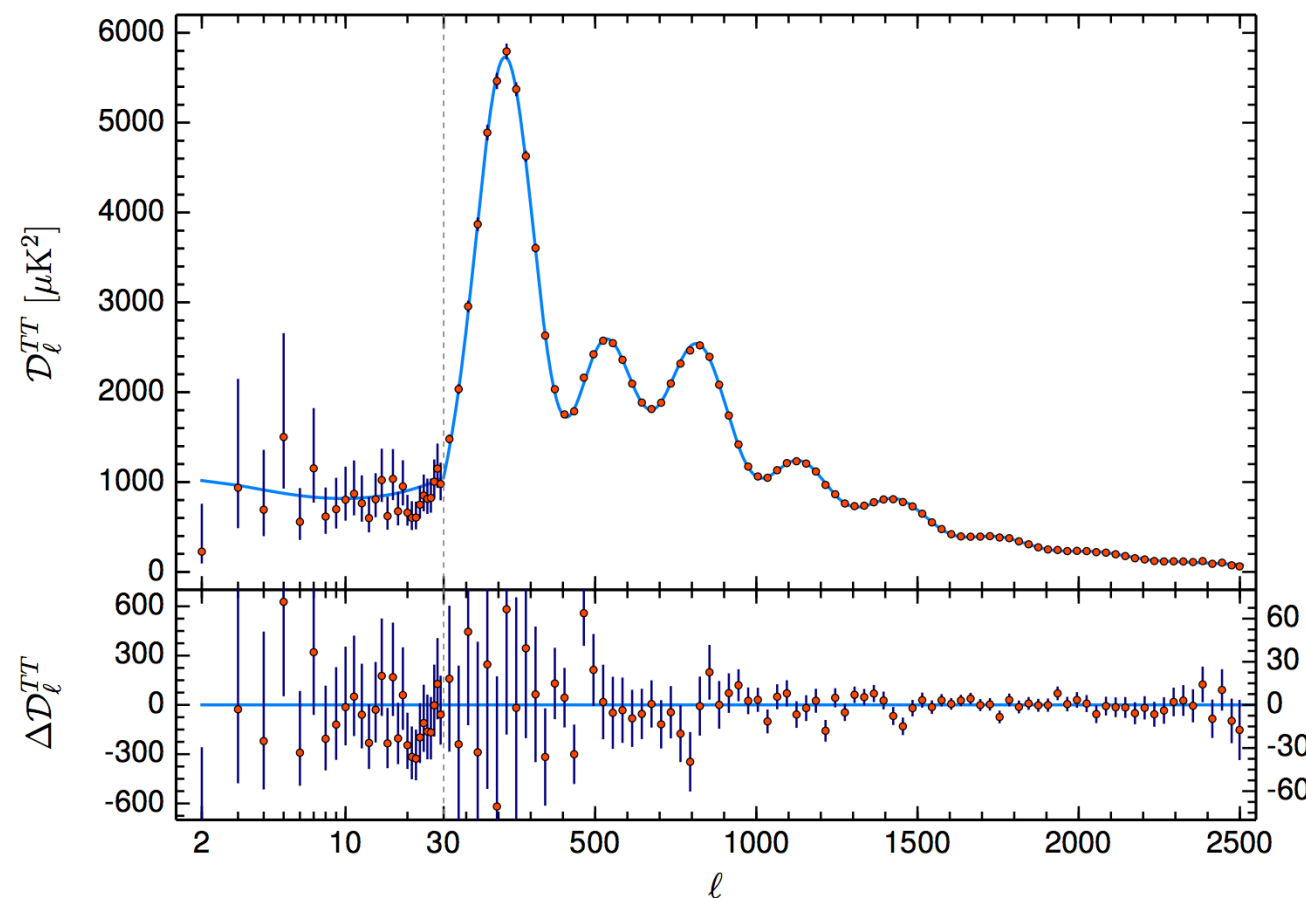
ν can affect the cosmic microwave background

A perfect black-body carrying tiny anisotropies $\Delta T/T \sim 10^{-5}$



- Snapshot of inhomogeneities in our universe **380 000 years after the Big Bang**
- Very sensitive probe of the early universe, in particular from $z \sim 10^5$ to **the era of recombination**

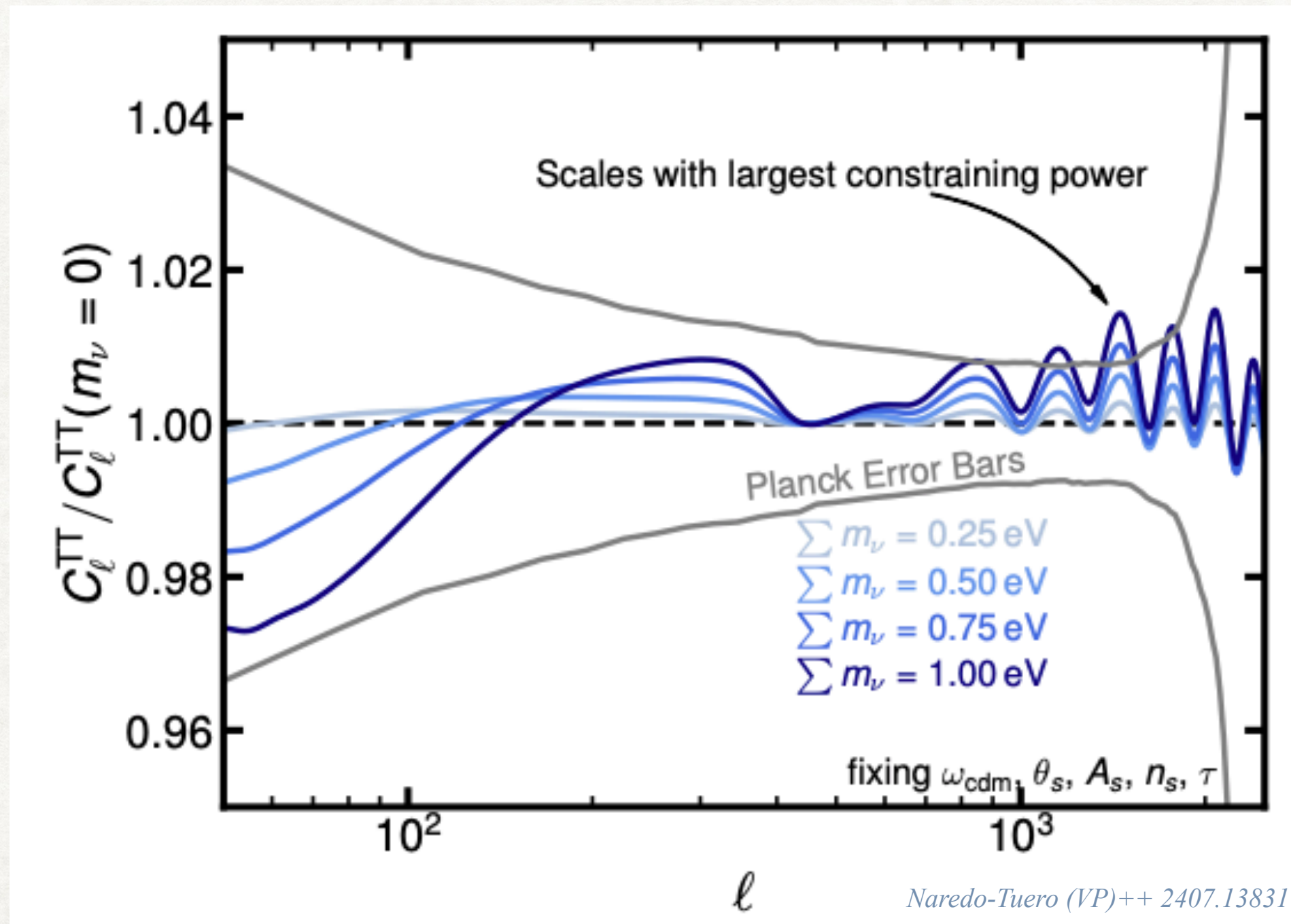
Cosmic Microwave Background power spectra



- The anisotropy pattern is due to an **acoustic wave** propagating in the plasma: **baryon acoustic oscillations**.
- The **CMB power spectra** carries information about the **plasma** in which the wave propagated.
- Characteristic scale: the **sound horizon** $\theta_s = r_s / D_A(z_*) \equiv \pi / \ell_s \sim 1^\circ$

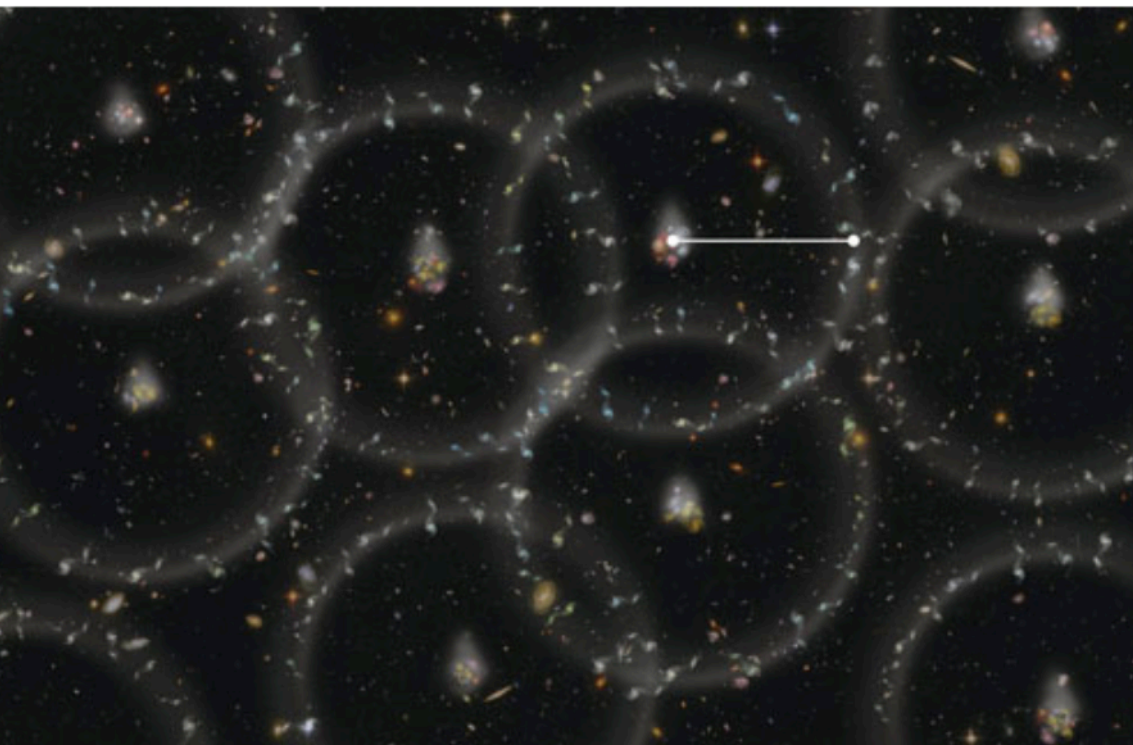
m_ν affects the CMB power spectrum

For $\sum m_\nu < 1$ eV, the main effect of neutrinos is to **alter the lensing** in the CMB

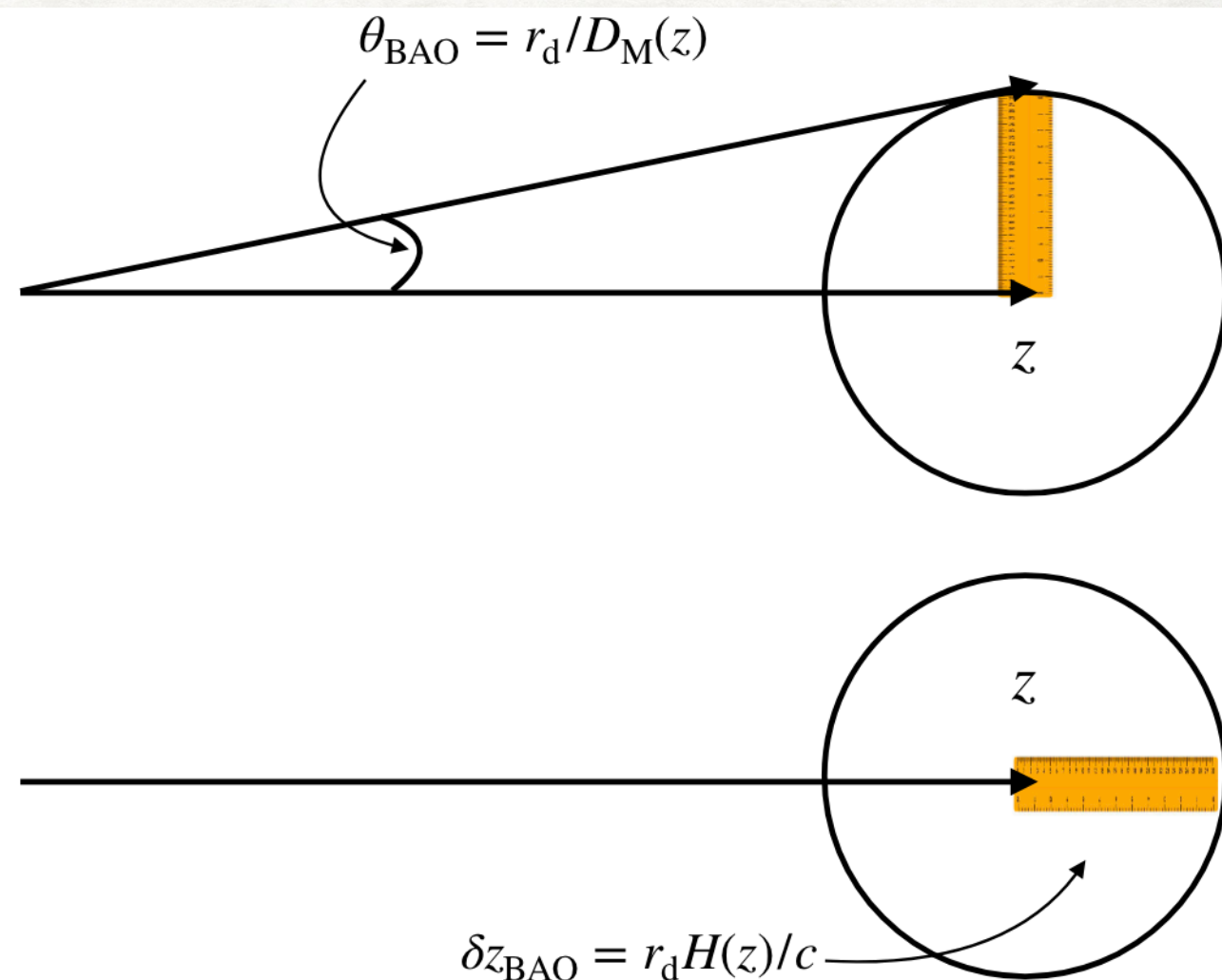


The Baryonic Acoustic Oscillation with DESI

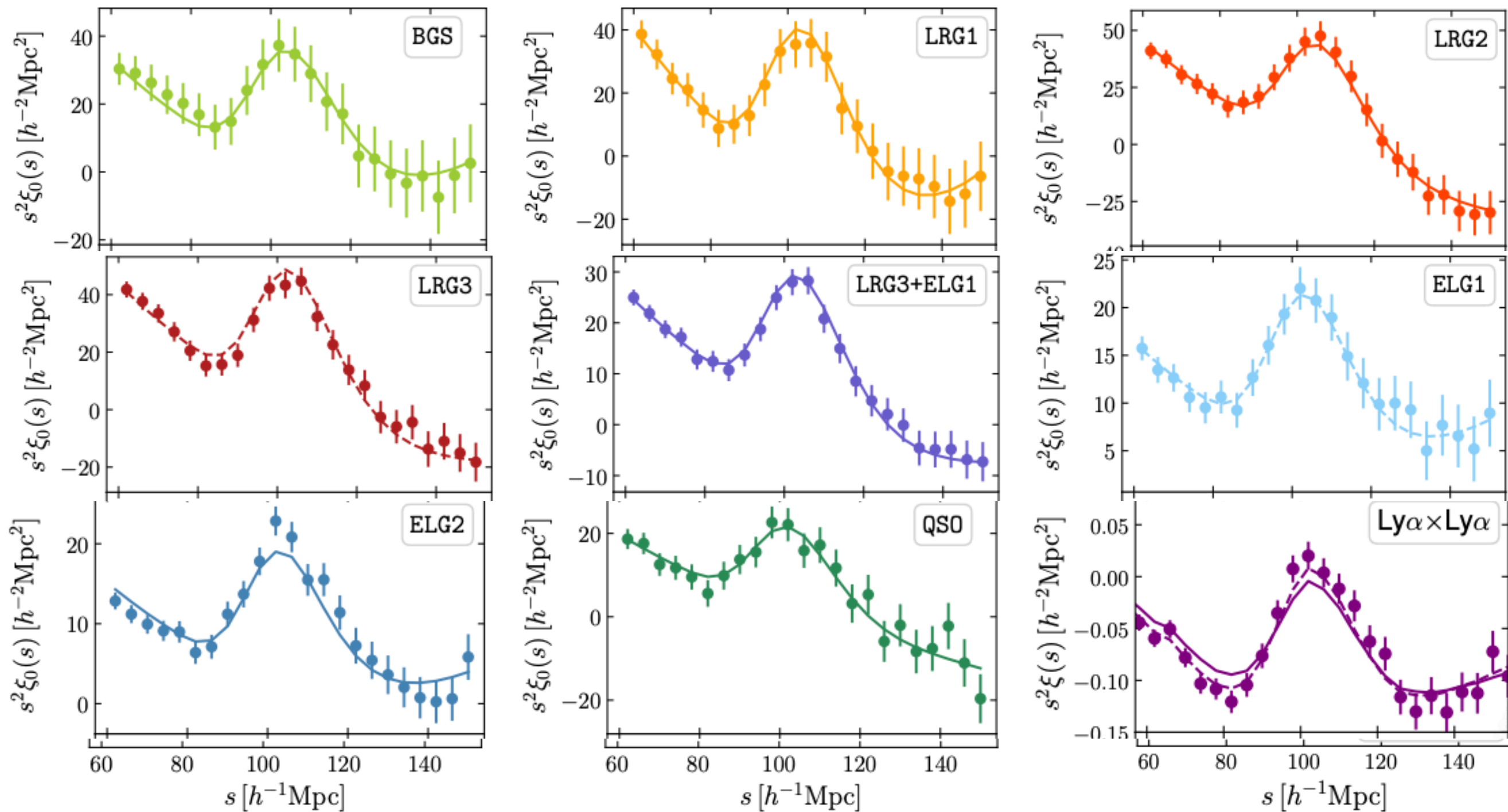
- Galaxy catalogues made of **over 5 000 000 objects** with $z \sim 0.1 - 2.1$
- Baryonic acoustic oscillation is the counterparts of what is seen in **CMB anisotropies**



Picture from Etienne Burtin



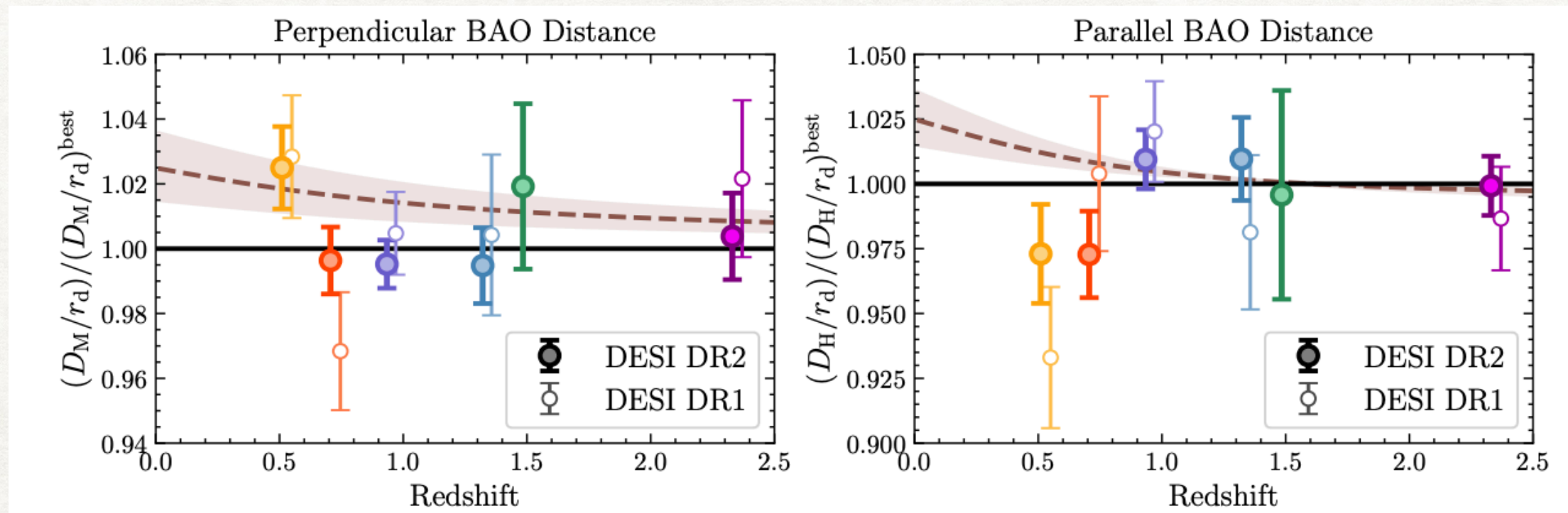
BAO measurements from DESI



DESI 2503.14738

New Physics in DESI data?

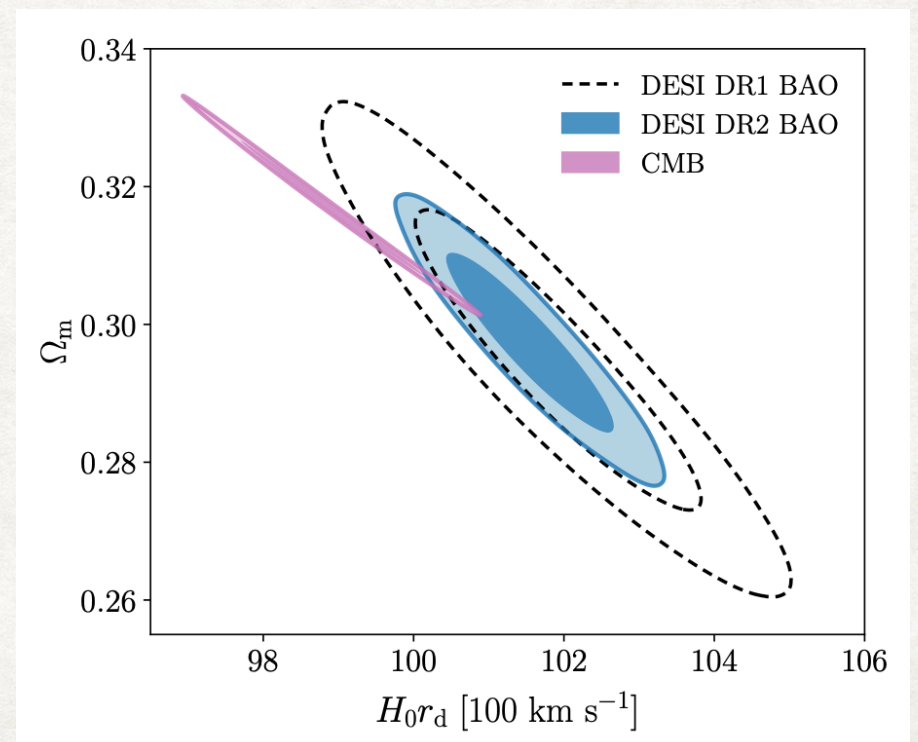
- Under Λ CDM, **2.3 σ tension** between CMB and BAO data



- Under Λ CDM, the BAO allows to measure Ω_m and $H_0 r_d$.

$$\frac{r_d}{D_M} \equiv \frac{H_0 r_s(z_d)}{\int_0^z dz (\Omega_m [(1+z)^3 - 1] + 1)^{-1/2}}$$

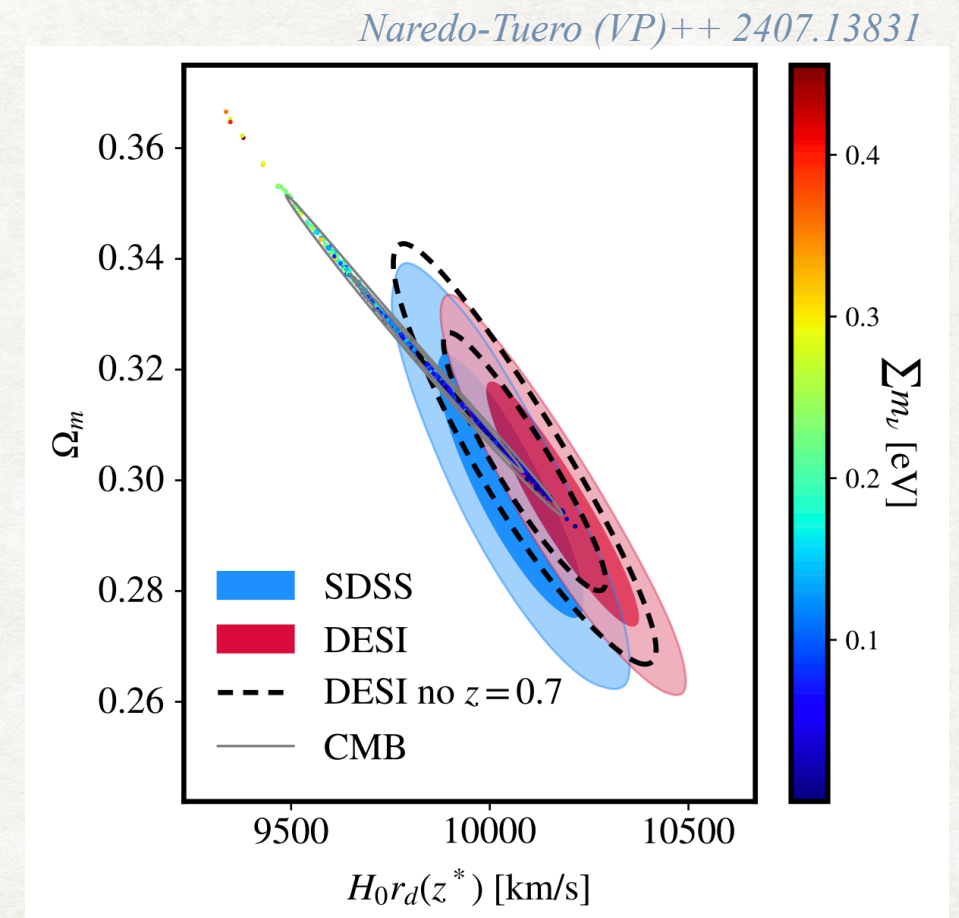
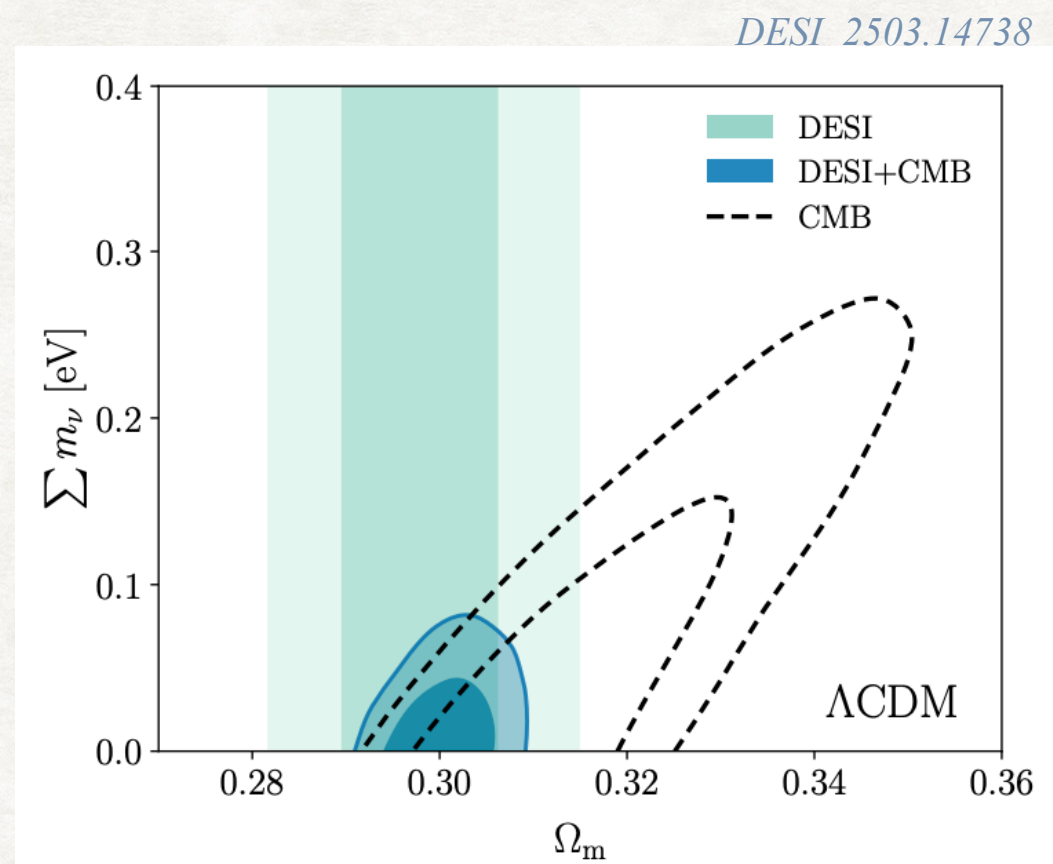
$$\frac{r_d}{D_H} \equiv H_0 r_s(z_d) \sqrt{\Omega_m [(1+z)^3 - 1] + 1}$$



Strong constraints to M_ν from background effect

$$\text{CMB+DESI} \quad \sum m_\nu < 0.06 \text{ eV} \quad \text{DESI 2504.18464}$$

- ν mass also means larger Ω_m today: **affects cosmological distances!**
- The combination of *Planck* with BAO and SN1a breaks the degeneracy with Ω_m .
- Strong bound is **driven by the mild tension** in the $\Omega_m - H_0 r_d$ plane

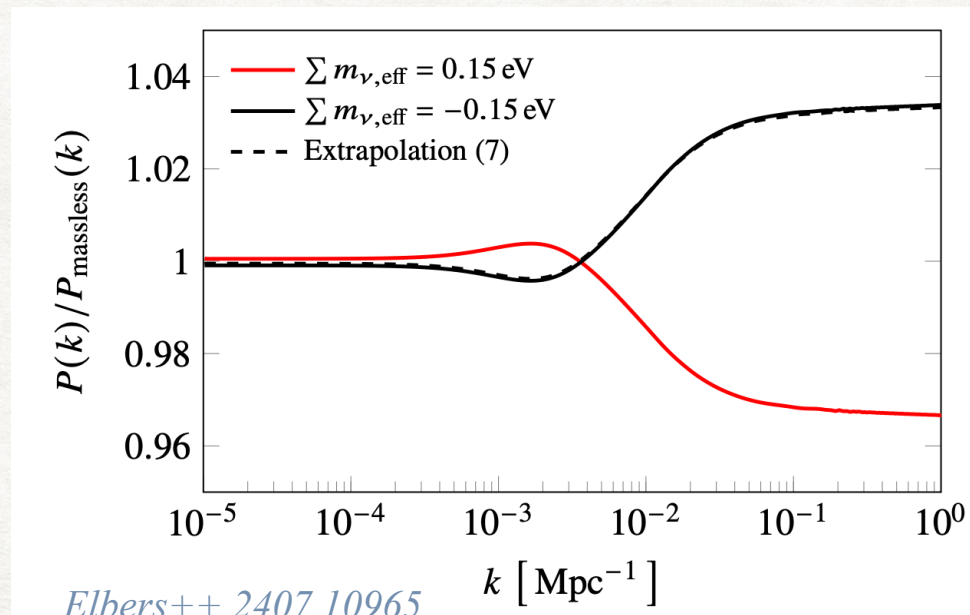


No ν 's is good news?

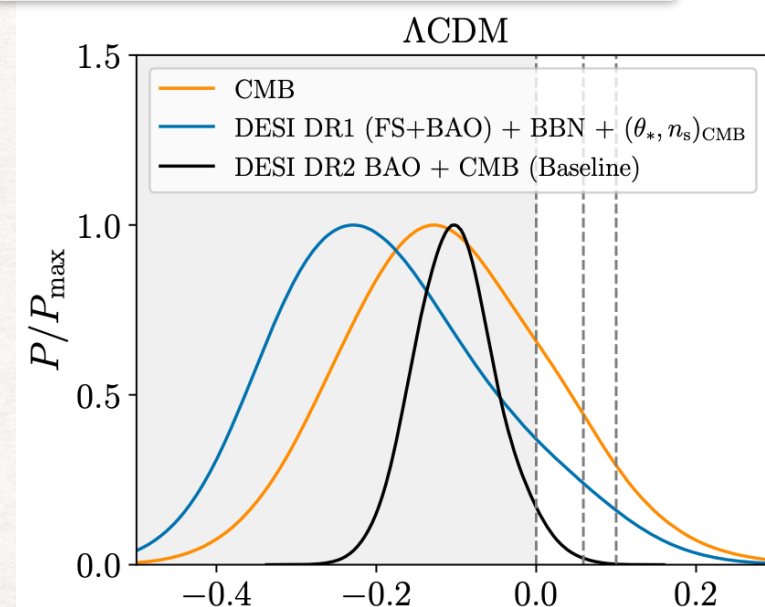
Craig++ 2405.00836

- When allowing for (effective) $m_\nu < 0$ eV

$$\sum m_{\nu,\text{eff}} = -0.101^{+0.047}_{-0.056} \text{ eV}$$

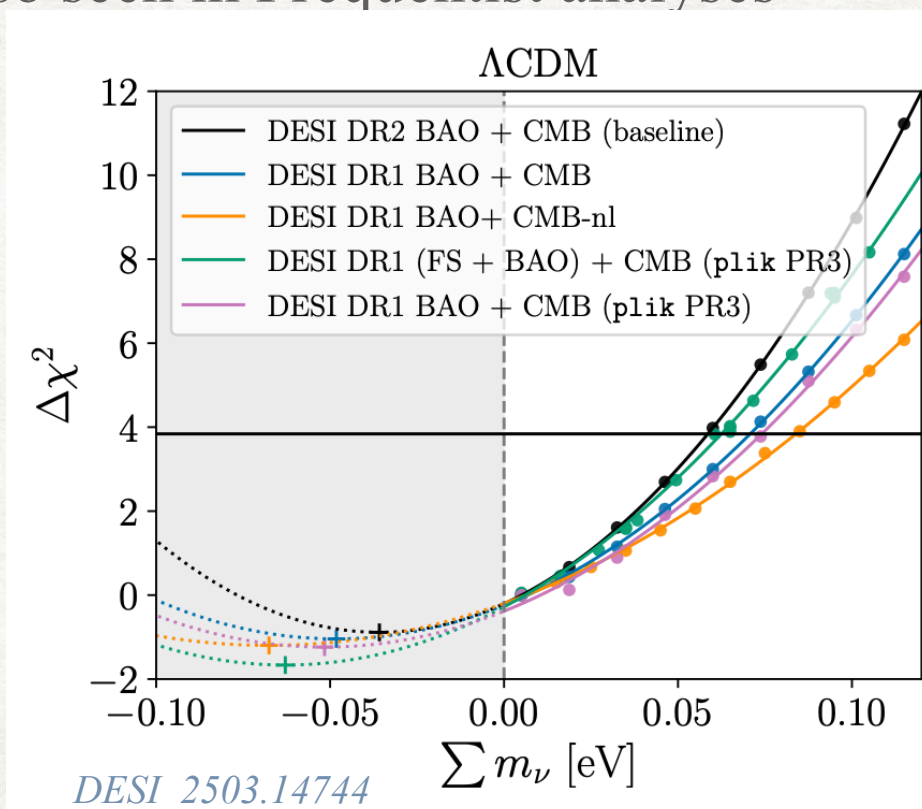


Elbers++ 2407.10965

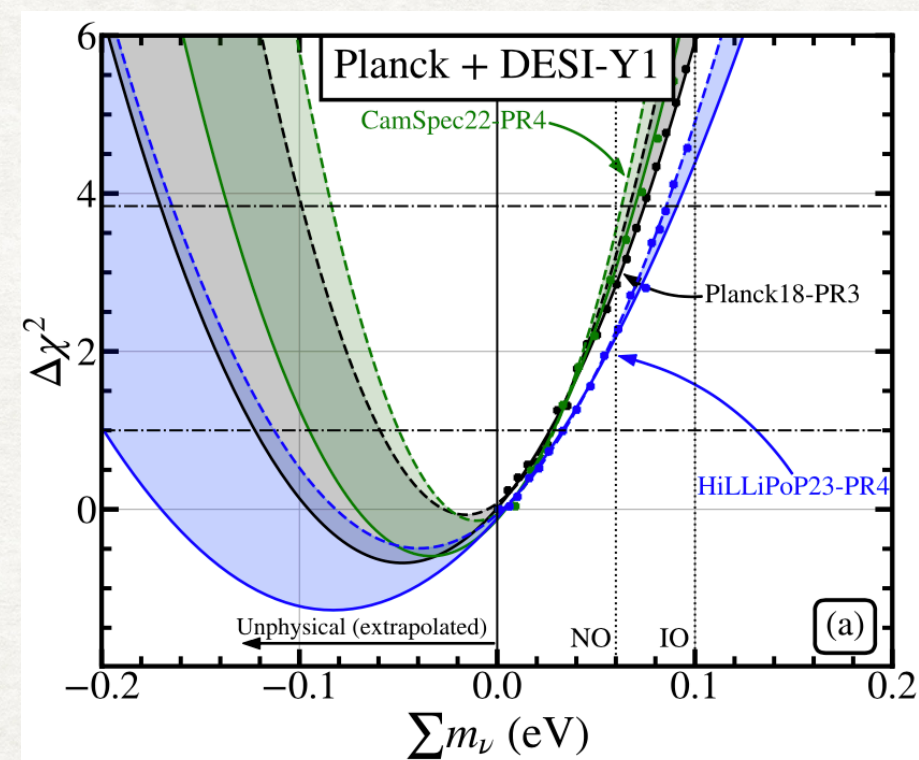


DESI 2503.14744 $\sum m_{\nu,\text{eff}}$ [eV]

- Also seen in Frequentist analyses

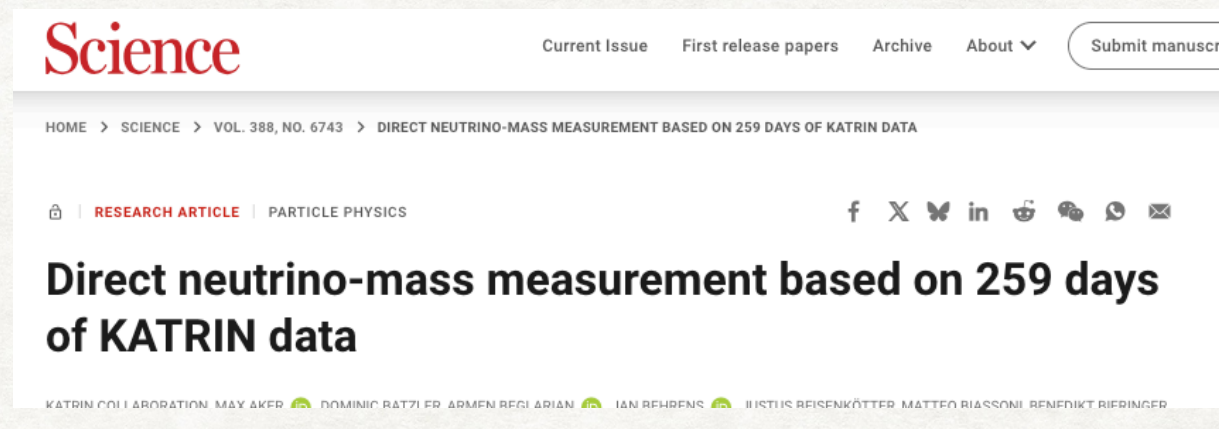


DESI 2503.14744



Naredo-Tuero (VP)++ 2407.13831

A statistical fluke?



Abstract

That neutrinos carry a nonvanishing rest mass is evidence of physics beyond the Standard Model of elementary particles. Their absolute mass holds relevance in fields from particle physics to cosmology. We report on the search for the effective electron antineutrino mass with the KATRIN experiment. KATRIN performs precision spectroscopy of the tritium β -decay close to the kinematic endpoint. On the basis of the first five measurement campaigns, we derived a best-fit value of $m_\nu^2 = -0.14^{+0.13}_{-0.15} \text{ eV}^2$, resulting in an upper limit of $m_\nu < 0.45 \text{ eV}$ at 90% confidence level. Stemming from 36 million electrons collected in 259 measurement days, a substantial reduction of the background level, and improved systematic uncertainties, this result tightens KATRIN's previous bound by a factor of almost two.

- Within Katrin, it is attributed to under fluctuations compatible with statistical fluke
- There are **two main reasons** driving this preference in CMB data, both still **compatible with fluke**

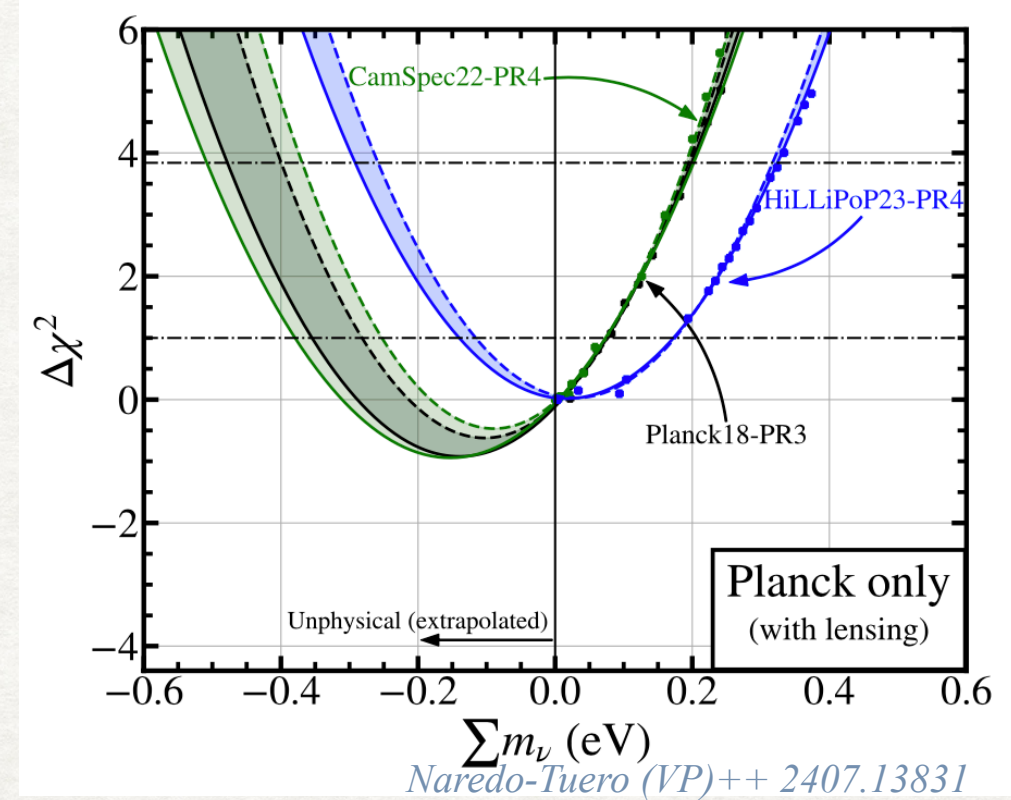
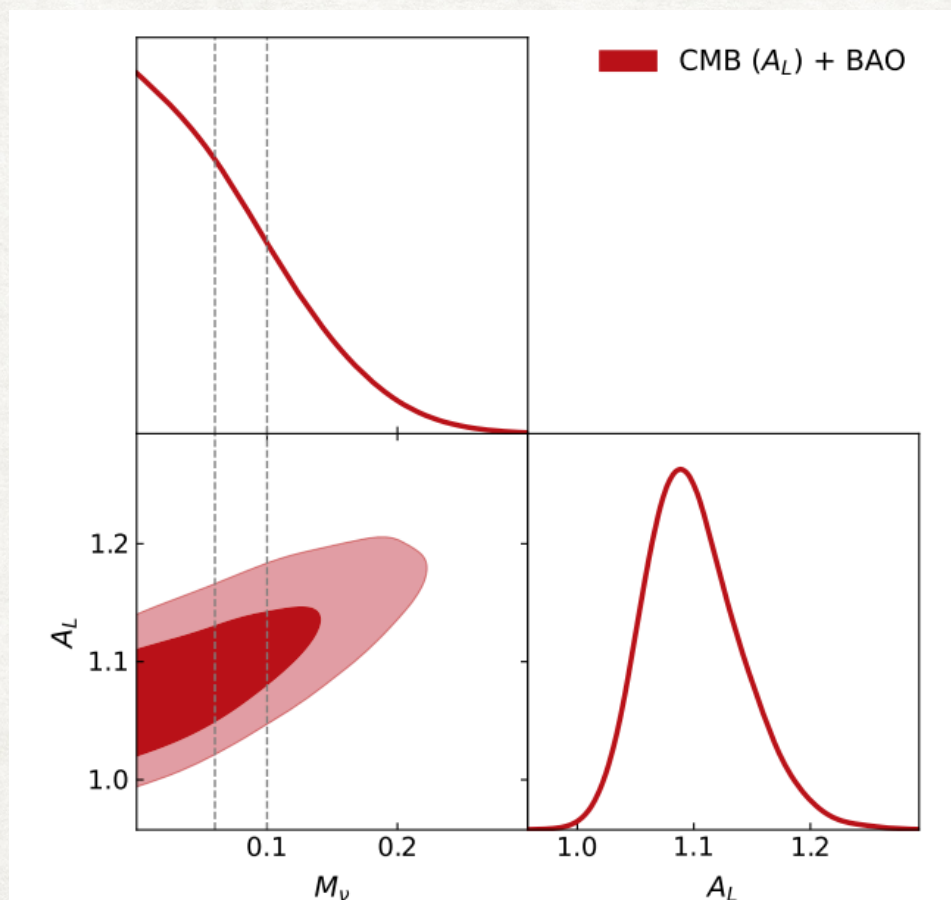
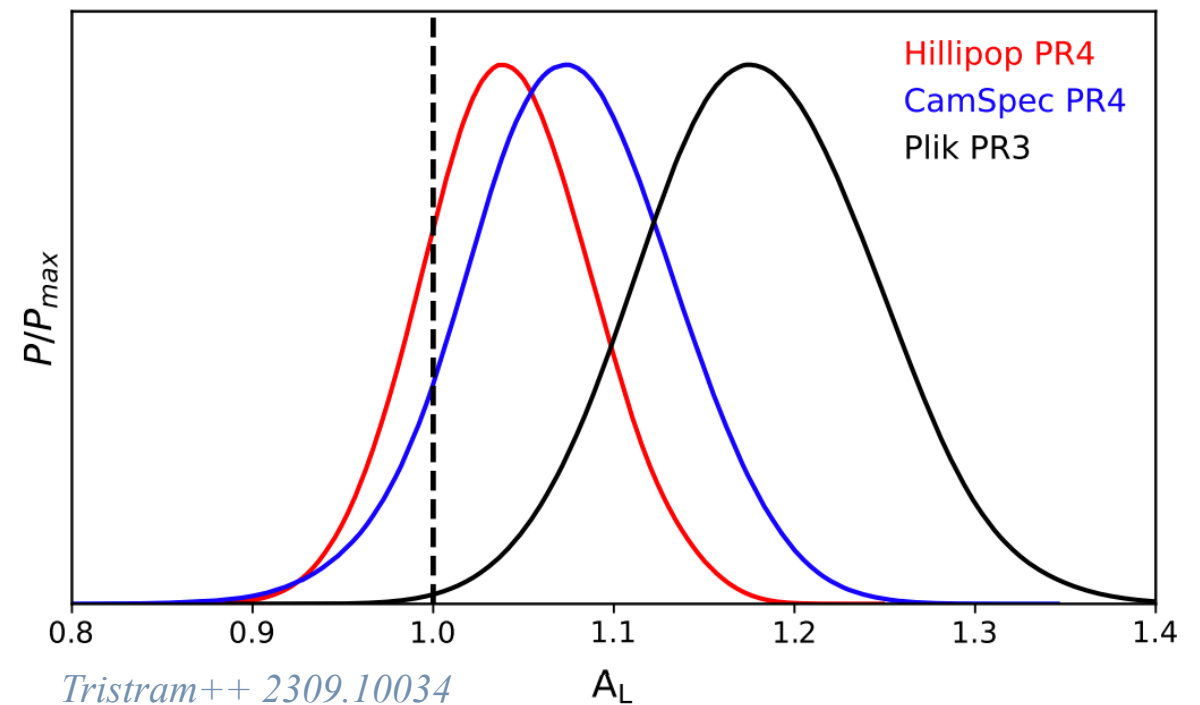
$m_\nu < 0$ is due to a “lensing anomaly” in Planck

- Planck 2018 has an anomalous amount of lensing

$$C_\ell^{\phi\phi} \rightarrow A_L C_\ell^{\phi\phi}, \quad A_L = 1.180 \pm 0.065$$

- This anomaly went down with PR4

$$A_L = 1.039 \pm 0.052$$



- The preference for $m_\nu < 0$ goes away when using a newer version *Planck* data (NPIPE)

The role of the optical depth τ

- The amplitude is correlated with the optical depth to reionization τ

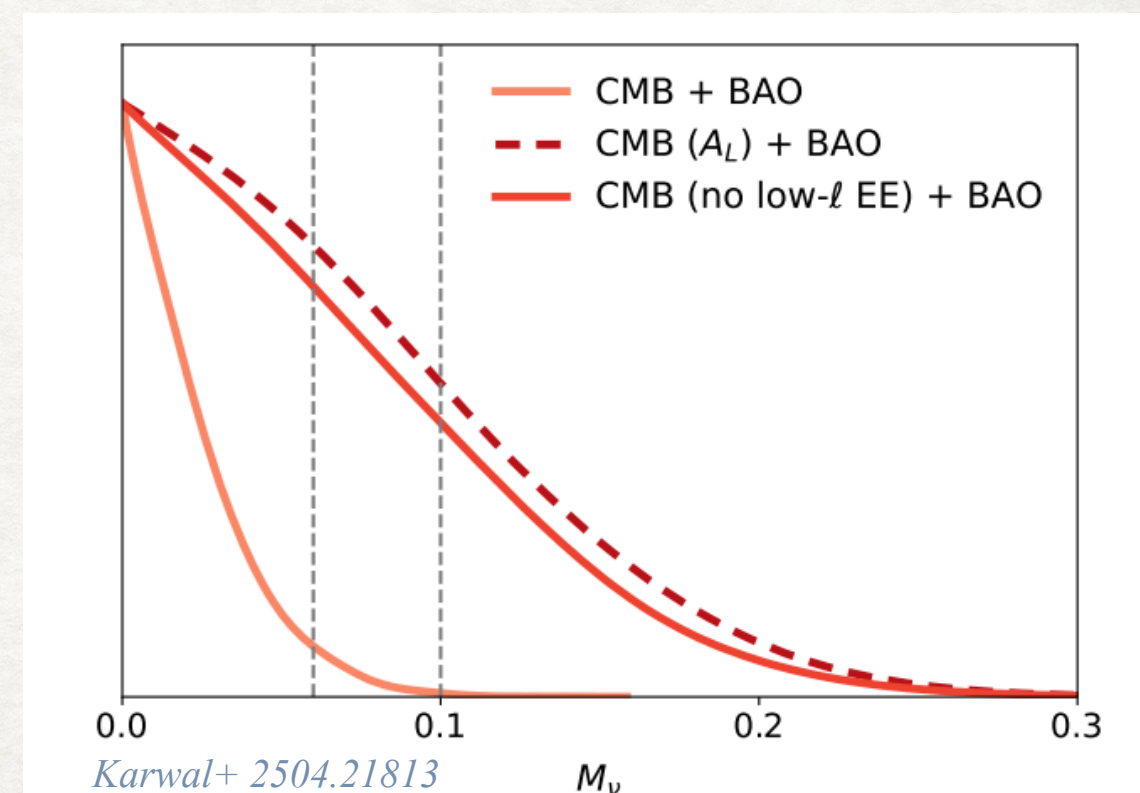
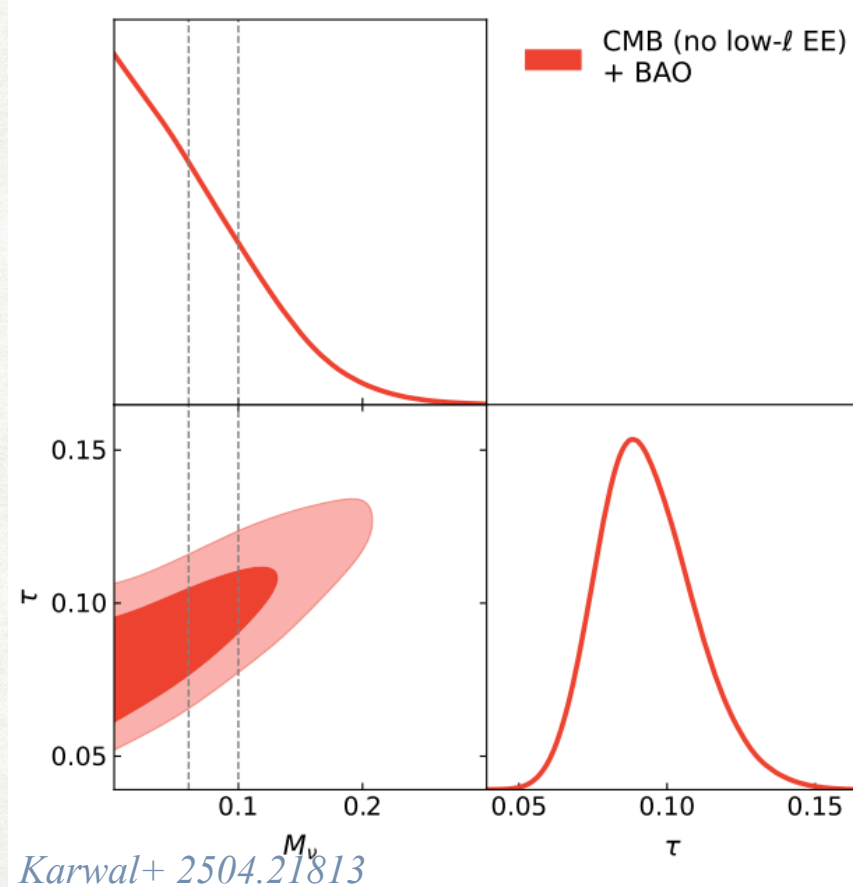
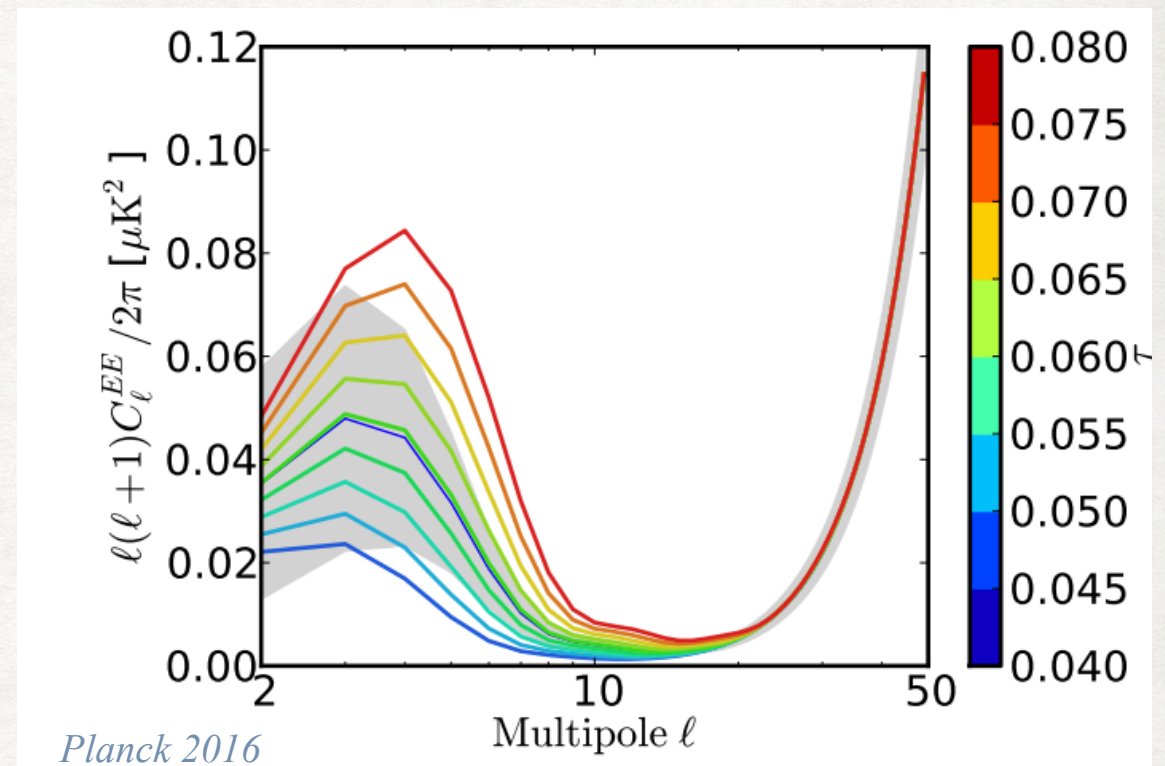
$$C_\ell \propto A_s \exp(-2\tau)$$

- The low- ℓ EE spectrum constrains

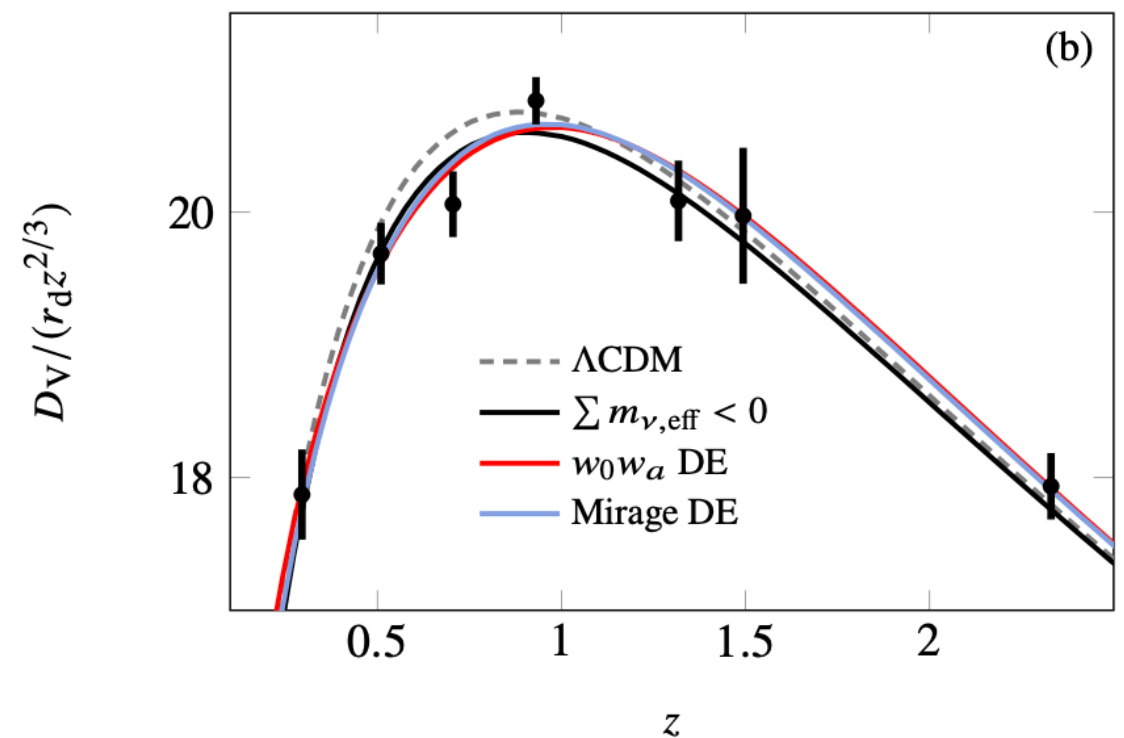
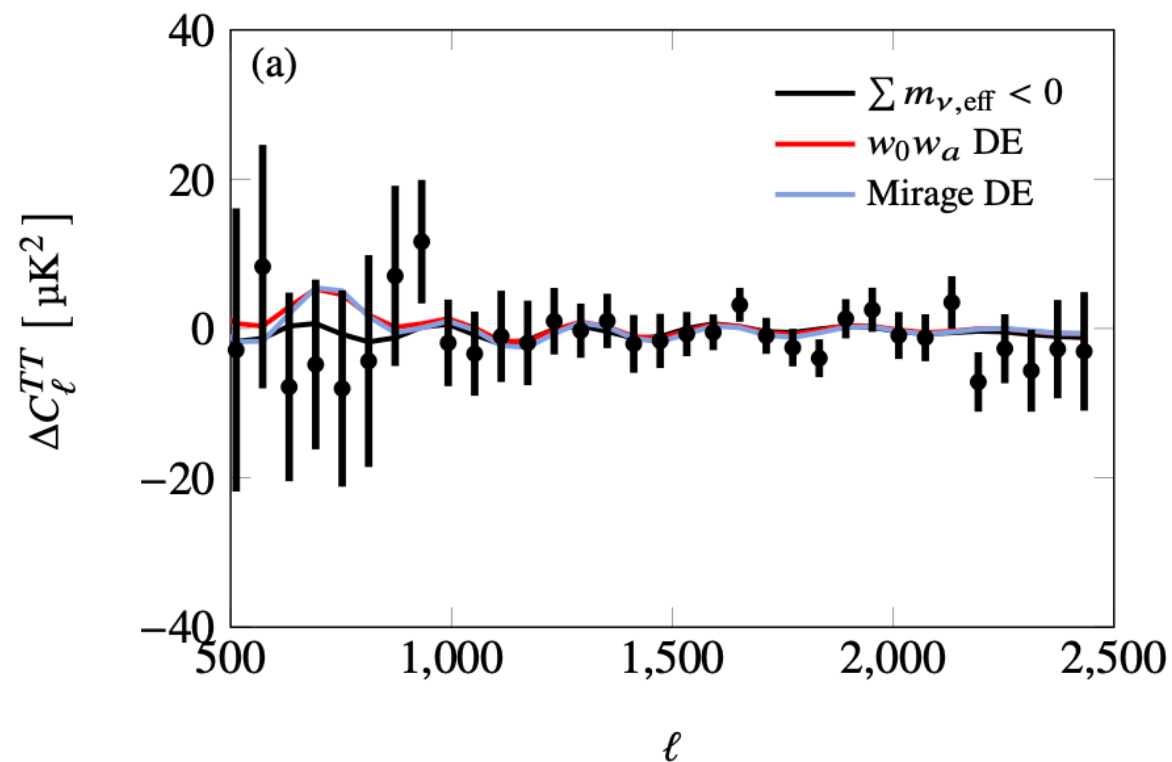
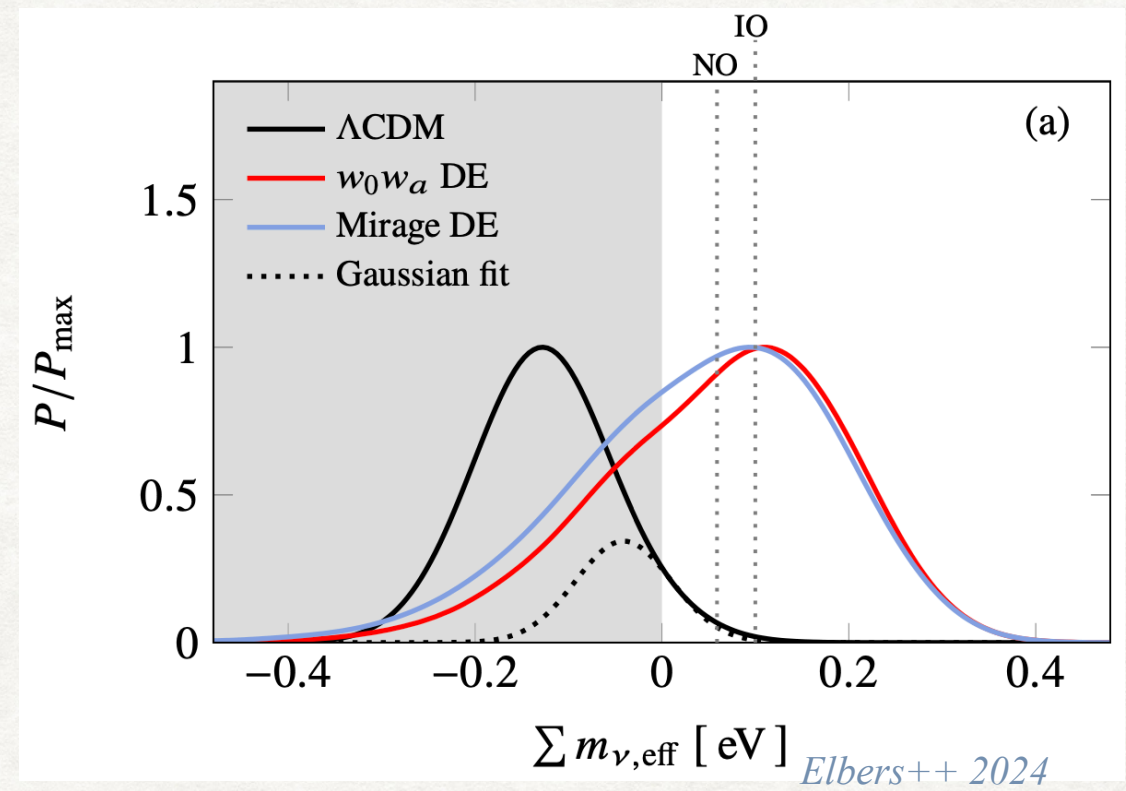
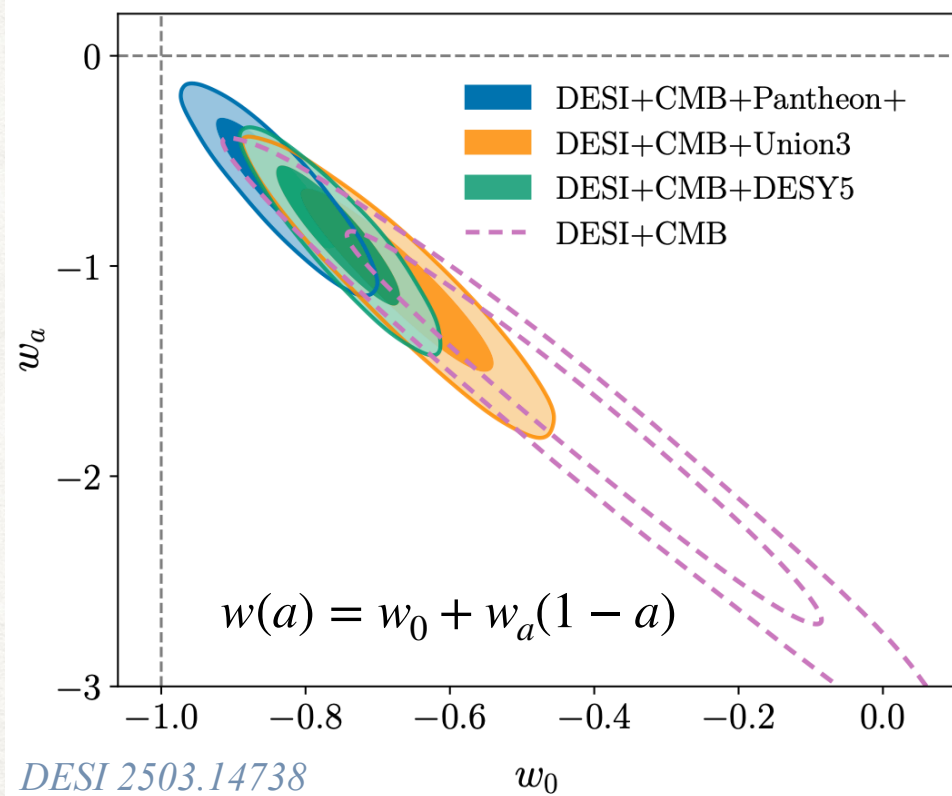
$$\tau = 0.0592 \pm 0.0062$$

- Without low- ℓ EE information,

$$\tau = 0.09 \pm 0.012, \quad \sum m_\nu < 0.2 \text{ eV}$$



m_ν is degenerate with the effect of dark energy



Summary of neutrino mass bounds

DESI 2503.14744, 2504.18464

- Despite anomalies, it is hard to get rid of the neutrino mass bound from cosmology

Flat Λ CDM (3 deg ν 's)

$$\text{Planck+DESI} \quad \sum m_\nu < 0.064 \text{ eV}$$

$$\text{Planck+ ACT +DESI} \quad \sum m_\nu < 0.06 \text{ eV}$$

$w_0 w_a$ CDM (3 deg ν 's)

$$\text{Planck+DESI} \quad \sum m_\nu < 0.163 \text{ eV}$$

$$\text{Planck+ ACT +DESI} \quad \sum m_\nu < 0.152 \text{ eV}$$

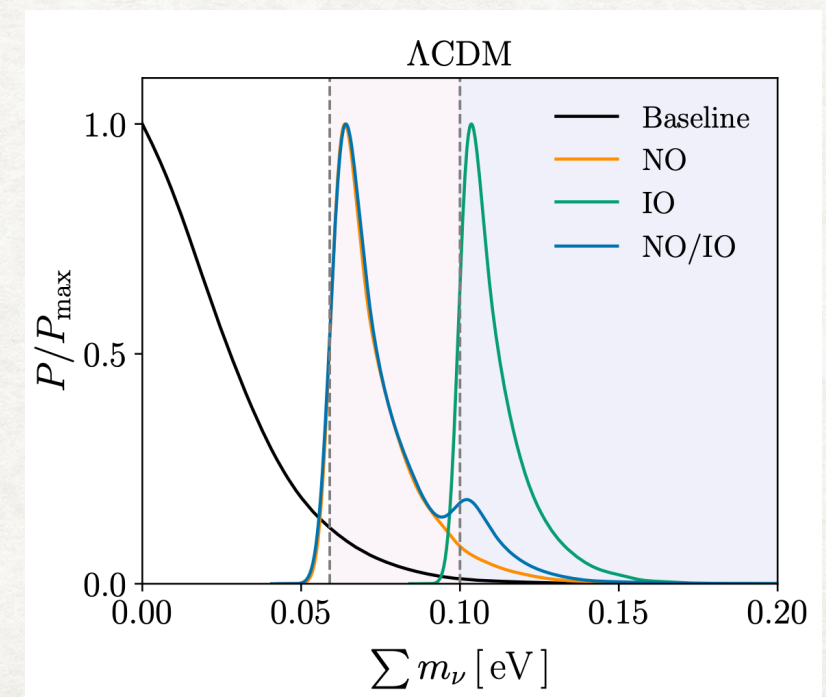
$$\text{Planck+ ACT + SN1a} \quad \sum m_\nu < 0.117\text{-}0.139 \text{ eV}$$

- Enforcing neutrino mass ordering leads to a preference for NO over IO at 10 : 1

Planck + DESI + NuFIT6.0 (Λ CDM)

$$\text{NO} \quad \sum m_\nu < 0.101 \text{ eV} \Rightarrow m_l < 0.023 \text{ eV}$$

$$\text{IO} \quad \sum m_\nu < 0.133 \text{ eV} \Rightarrow m_l < 0.024 \text{ eV}$$

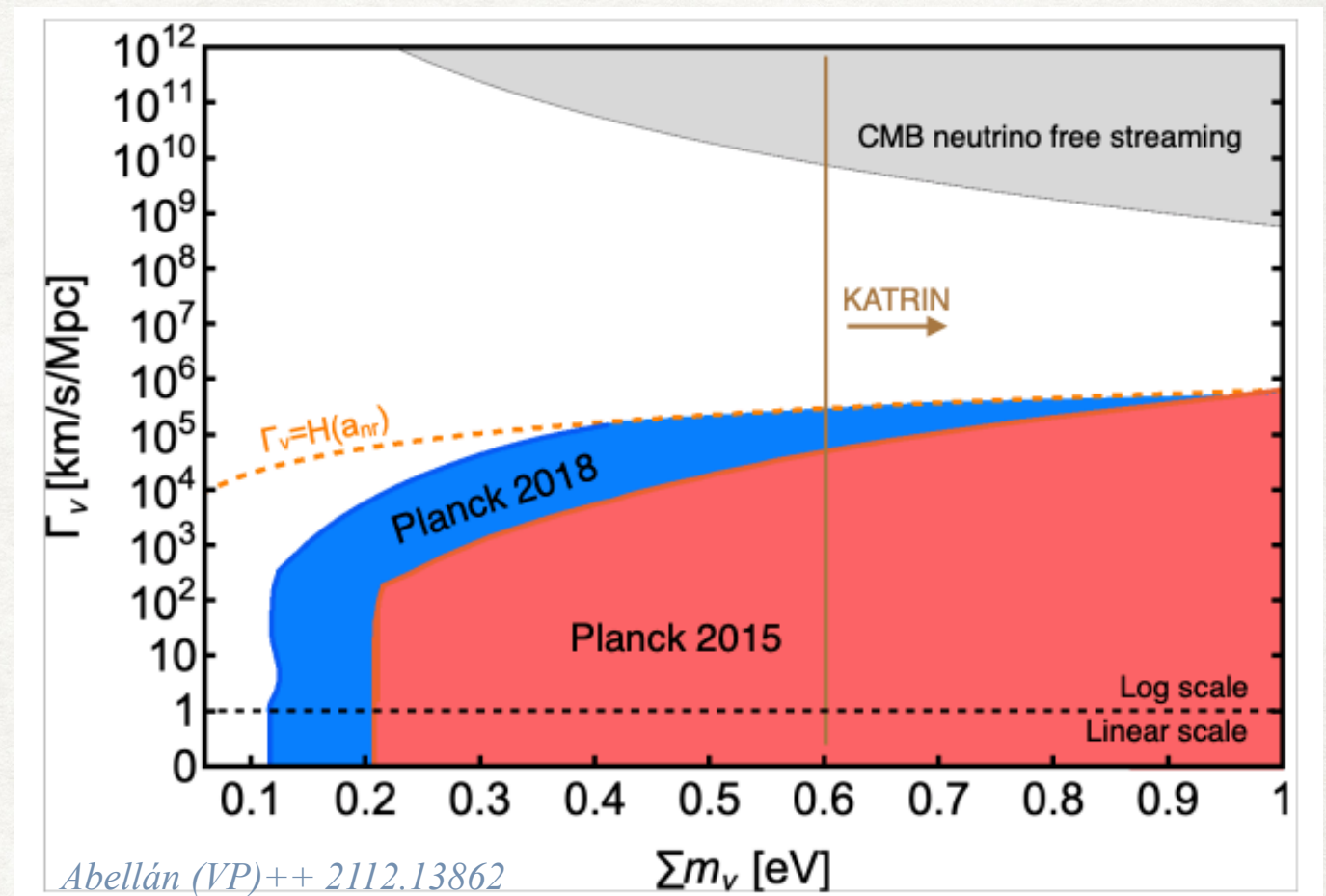
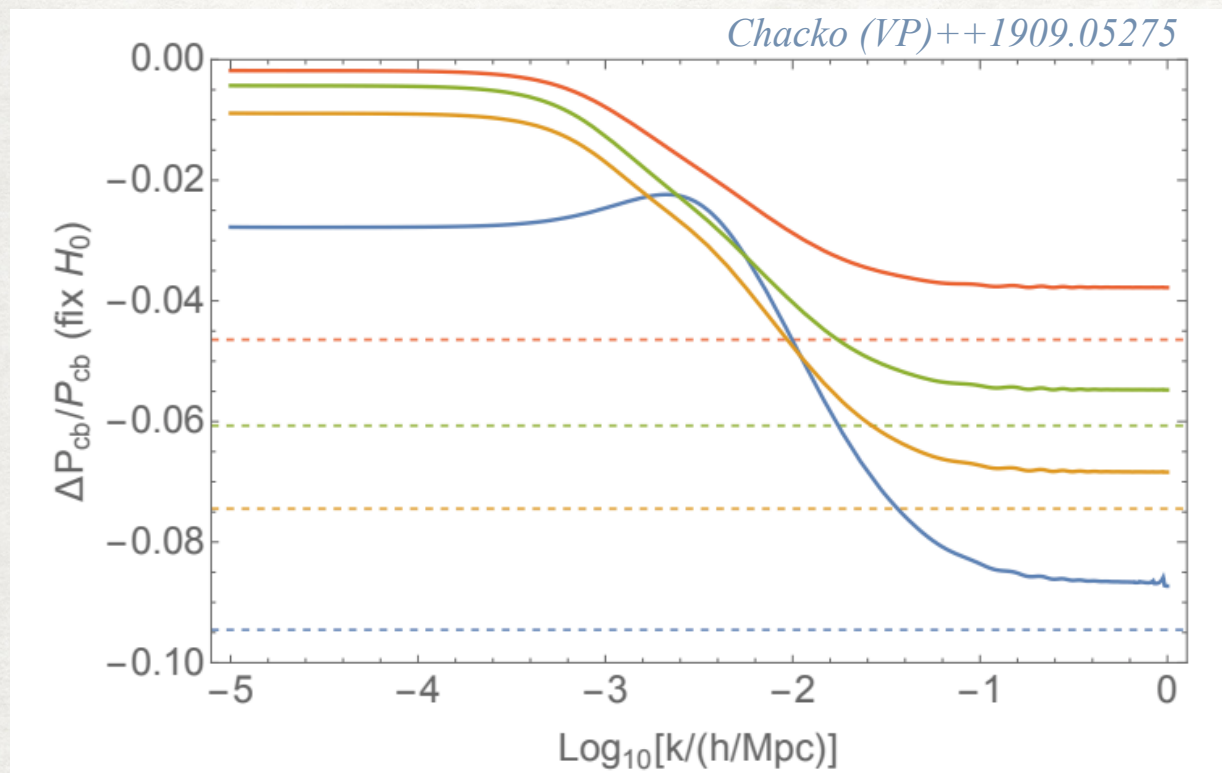


ν decays could explain no cosmological detection

- Consider a scenario where ν decay at late-times:

$$\nu_i \rightarrow \nu_4 \phi$$

$$\bar{f}_\nu(q, \tau) = \bar{f}_{\text{ini}}(q) e^{-\Gamma_\nu \int_{\tau_{\text{ini}}}^{\tau} \frac{a}{\gamma(a)} d\tau'},$$



- Neutrino decays may **reconcile a detection at Katrin and cosmology bounds** if $\tau_\nu < 8 \times 10^{12} \text{s} (\text{eV}/m_\nu)^{3/2}$
- Detection of non-zero M_ν could lead to **strong constraints on $\tau_\nu^{\text{inv.}} > \tau_u \sim 10^{19} \text{s}$** .

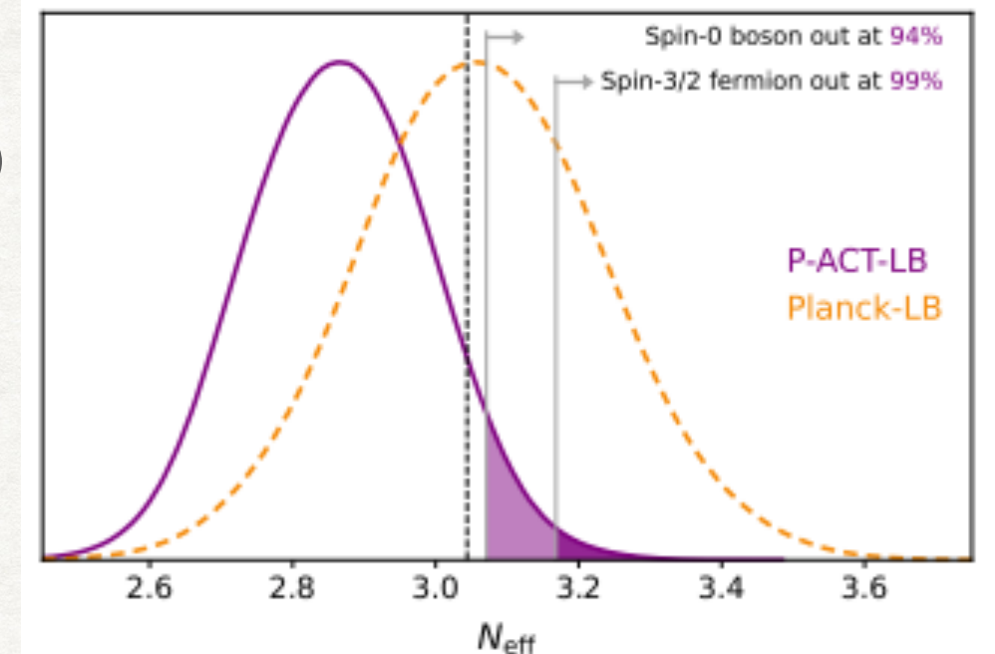
See e.g. Chacko++ [hep-ph/0312267](#), Hannestad&Raffelt [hep-ph/0509278](#), Archidiacono++ [1311.3873](#), Escudero&Fairbairn [1907.05425](#), Chen++[2203.09075](#)

Current constraints to N_{eff}

- Strongest bounds on number of ν -like species (at 68% CL)

$$\text{Planck 2018} + \text{BAO } N_{\text{eff}} = 2.99 \pm 0.17 \quad \text{Planck 1807.06209}$$

$$\text{Planck 2018} + \text{ACT} + \text{DESI DR1 } N_{\text{eff}} = 2.86 \pm 0.13 \quad \text{ACT 2503.14454}$$



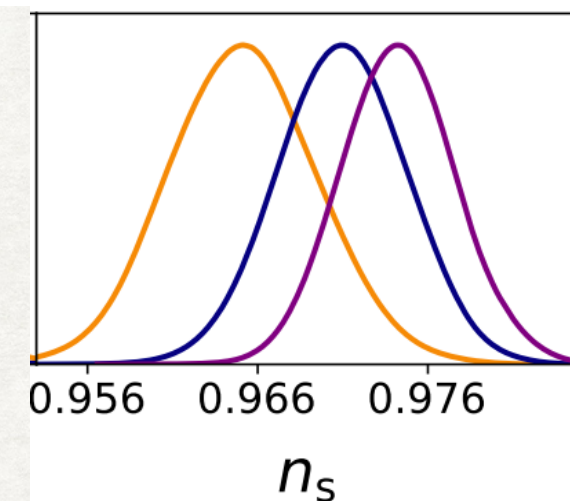
- The bounds have increased mostly because ACT prefers a slightly more scale-invariant spectrum

$$\mathcal{P}(k) = A_s \left(\frac{k}{k_*} \right)^{n_s - 1}$$

$$n_s = 0.9651 \pm 0.0044 \quad \text{Planck 2018}$$

$$n_s = 0.9743 \pm 0.0034 \quad \text{Planck} + \text{ACT}$$

Planck P-ACT P-ACT-LB

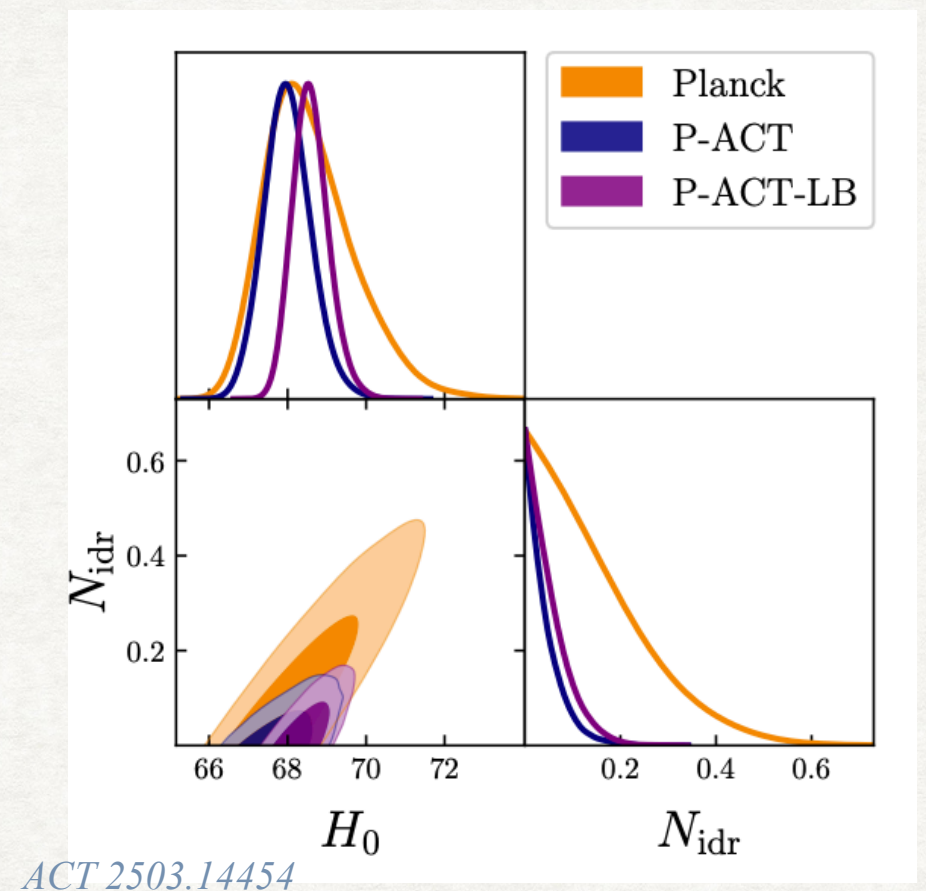
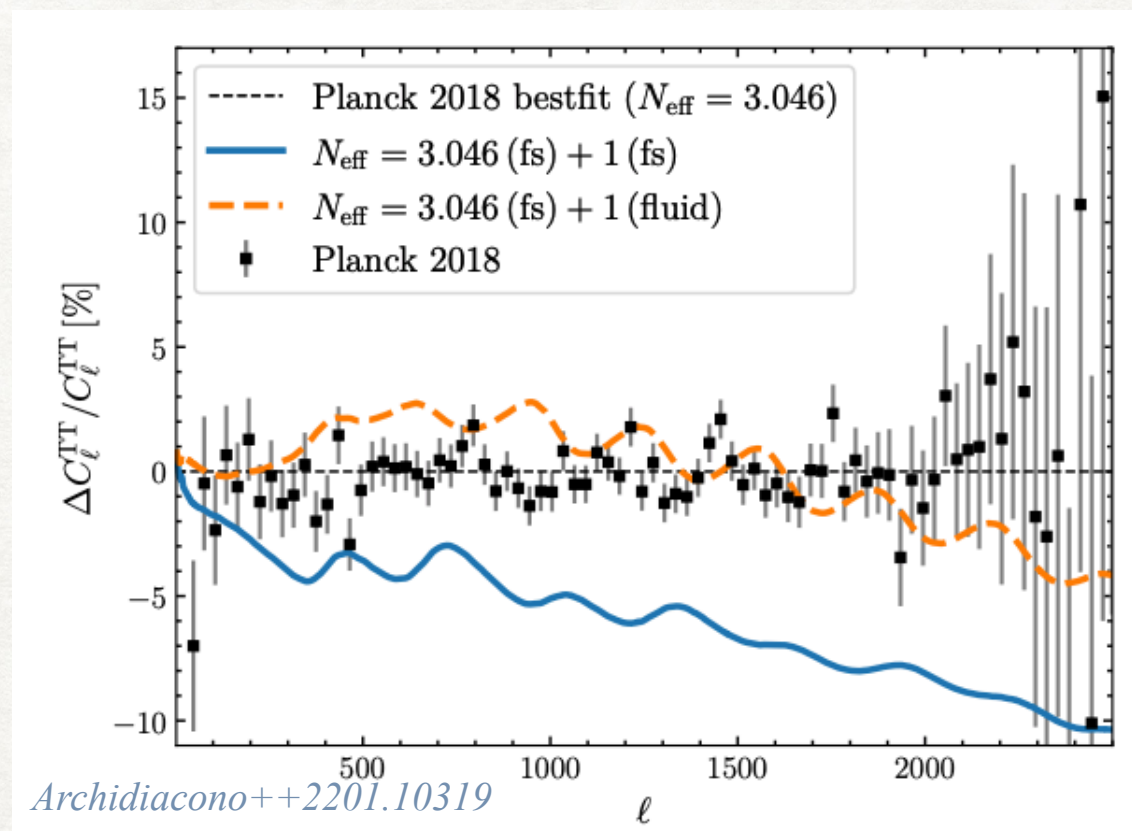


ACT 2503.14454

- BBN allows to constrain $N_{\text{eff}} = 2.88 \pm 0.27$ (68% C.L.)

Pitrou++1801.08023

CMB probes exotic ν interaction



- Exotic self-interaction can **erase free-streaming** and make extra radiation behaves as **perfect fluid**.
- Once interactions are switched on: **γ -perturbations are enhanced / phase is washed-out.**

Planck + ACT + DESI

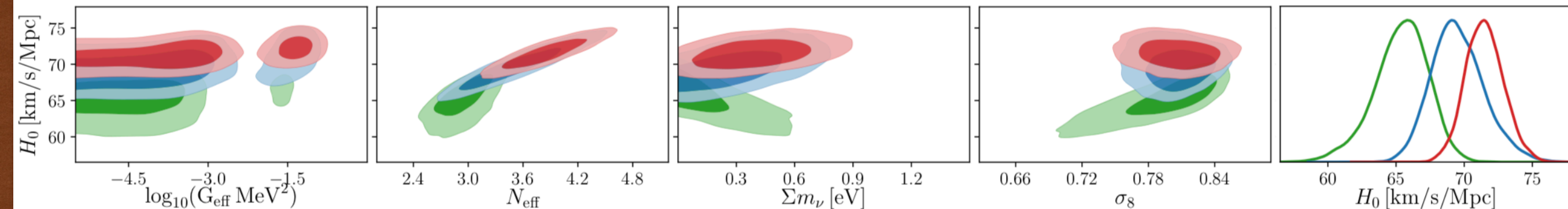
$$\Delta N_{\text{eff}} < 0.076$$

$$N_{\text{IDR}} < 0.134$$

ν self-interaction can alter CMB bounds

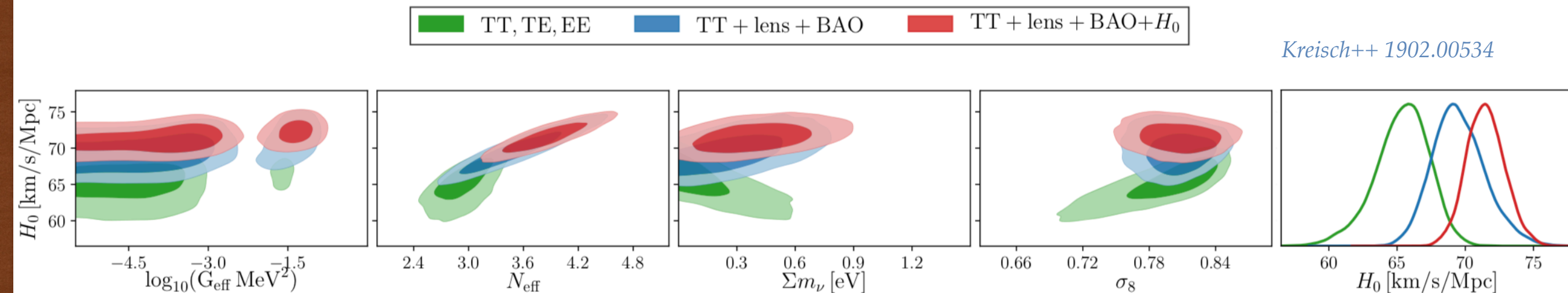
■ TT, TE, EE
 ■ TT + lens + BAO
 ■ TT + lens + BAO + H_0

Kreisch++ 1902.00534



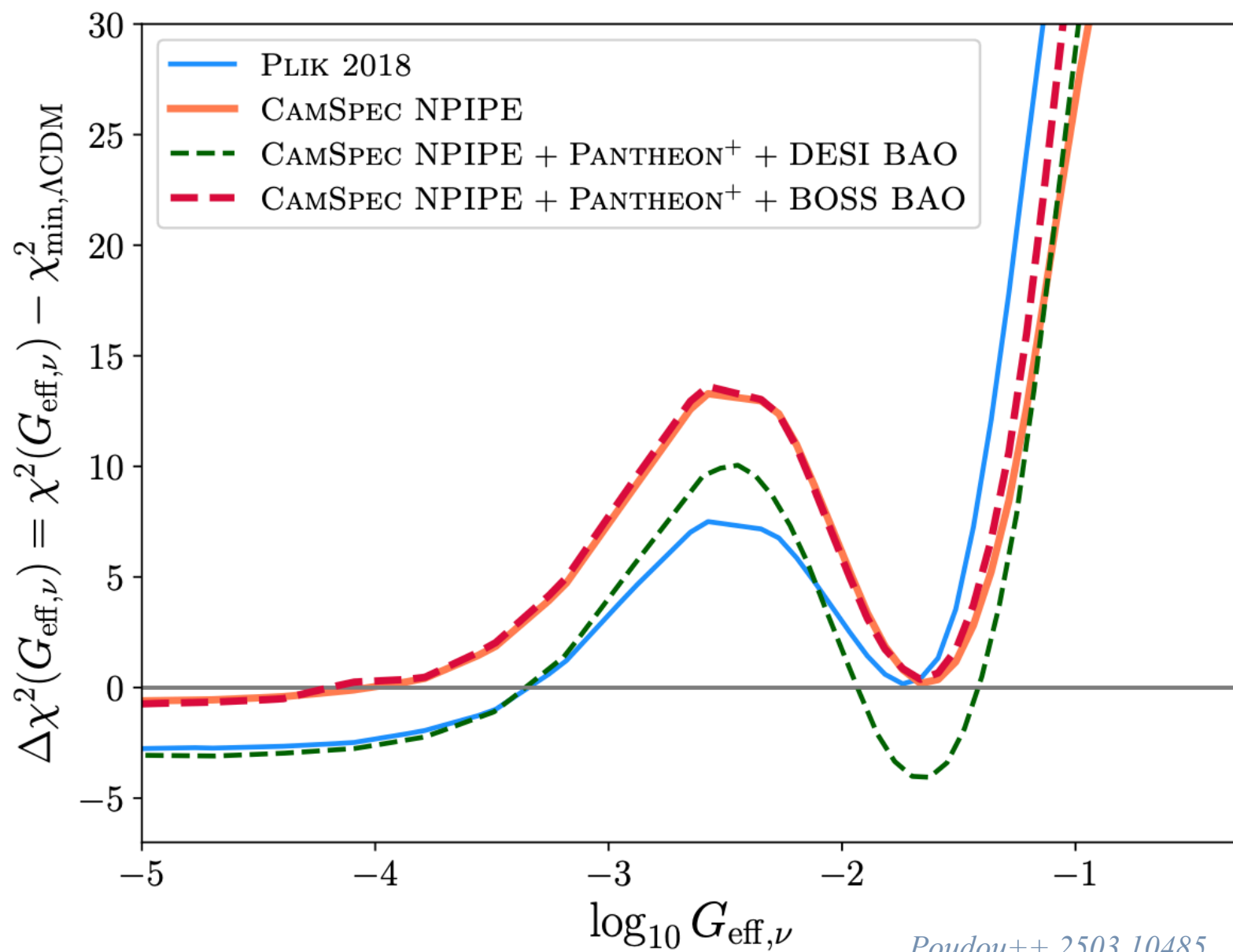
- $\mathcal{L} = G_{\text{eff}} \bar{\nu} \nu \bar{\nu} \nu$ Neutrino interacting through (pseudo-) scalar heavy mediator, analogous to Fermi interaction
- There exists two “modes” in *Planck* TT data! *Lancaster++ 1704.06657*

ν self-interaction can alter CMB bounds



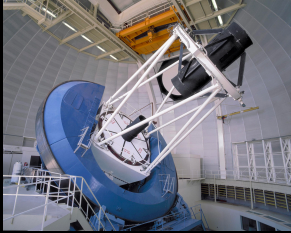
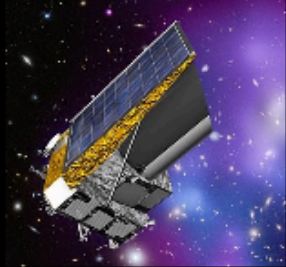
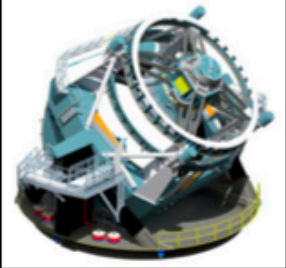
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- There exists two “modes” in *Planck* TT data! [Lancaster++ 1704.06657](#)
- **Standard ν with $G_{\text{eff}} = G_{\text{F}}$, $N_{\text{eff}} = 2.99 \pm 0.34$, $\sum m_\nu < 0.12$, $H_0 \simeq 67$ km/s/Mpc, eV and $\sigma_8 \simeq 0.83$**
- **Exotic ν with $G_{\text{eff}} = 10^{10} G_{\text{F}}$ (!!) $N_{\text{eff}} = 4 \pm 0.3$, $\sum m_\nu = 0.4 \pm 0.2$, $H_0 \simeq 72$ km/s/Mpc, eV and $\sigma_8 \simeq 0.79 \pm 0.02$**
- Can we firmly kill the strongly interacting mode?

It is hard to kill strong self interactions!



- Planck polarization + BAO data **disfavor the strongly interacting mode.**
- New DESI and Planck NPIPE have equal likelihoods between standard model neutrinos and SI interacting ones
- Even ACT DR6 “likes” having one (out of three) SI neutrinos

Towards measuring ν properties

			1σ sensitivity to $\sum m_\nu$	1σ sensitivity to N_{eff}
	DESI	2023	0.02-0.03 eV	0.08-0.13
	ESA Euclid	2024	0.011 – 0.02 eV	0.05
	LSST	2024	0.015 eV	0.05
	CMB-S4	2027	0.015 eV	0.02 – 0.04

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Also SKA, Hera can help in measurement 21cm power spectrum and reionization.

In the future, cosmological probes are expected to detect the neutrino mass even if $M_\nu = 0.06$ eV

However systematics will have to be under control *Cf Maria's talk*

Cosmology provides strong bounds on ν -physics

- Strongest bounds to date on $\sum m_\nu$ (at 95% CL)

Katrin: < 1.35 eV

Science 2025

Planck+ ACT +DESI $\sum m_\nu < 0.06$ eV Flat Λ CDM

Planck+ ACT + SN1a $\sum m_\nu < 0.117-0.139$ eV $w_0 w_a$ CDM

DESI 2504.18464

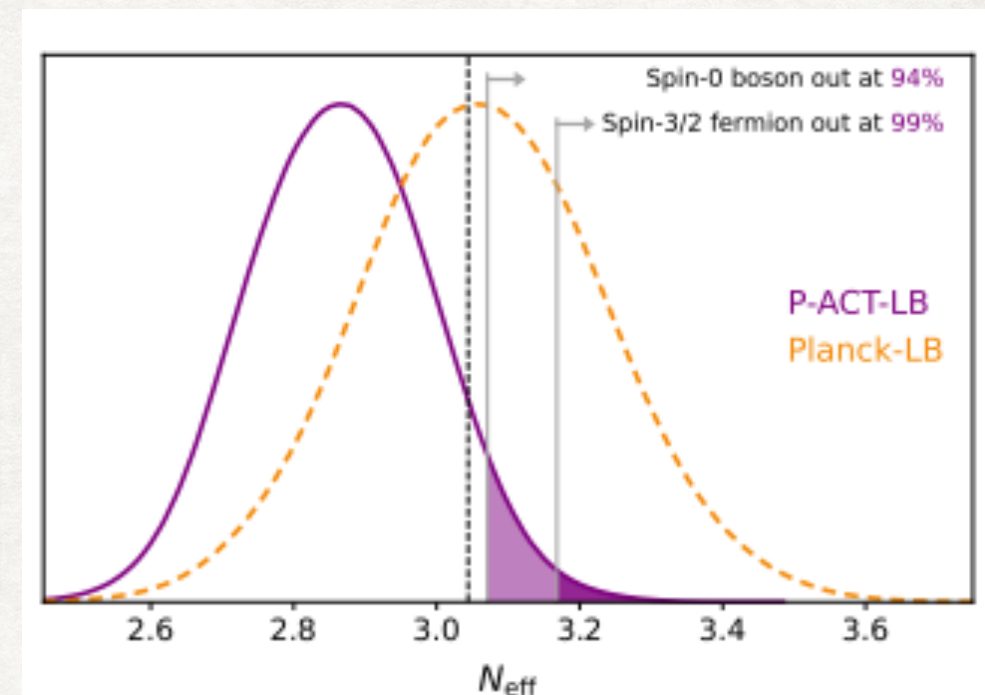
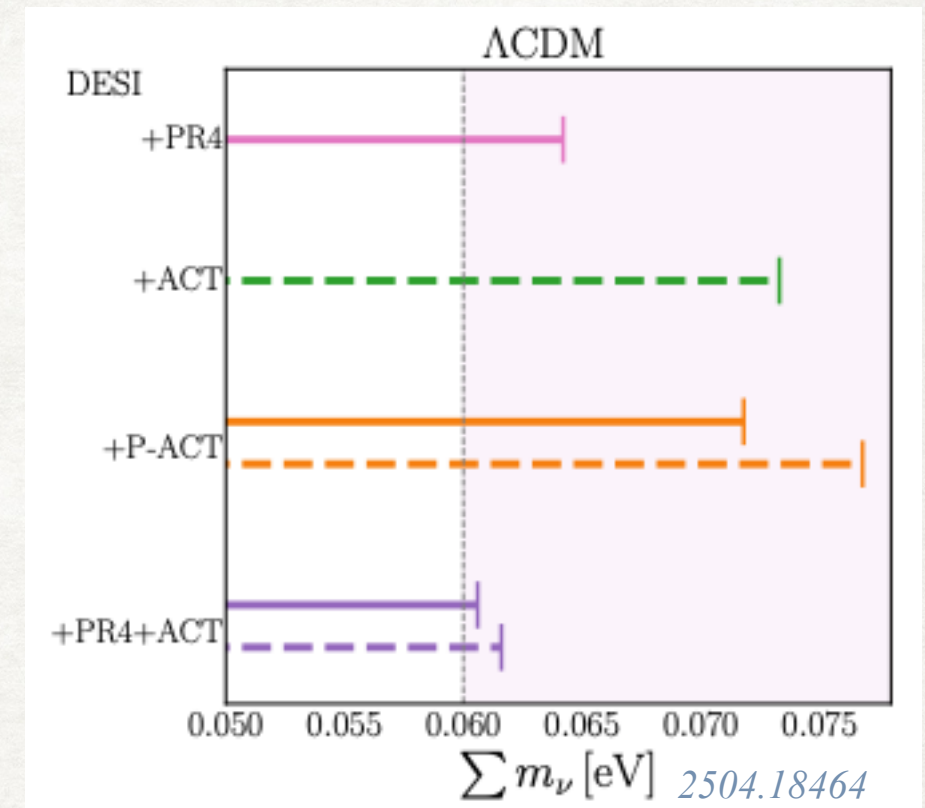
- Hints of negative (!) neutrino masses tied to anomalies and/or model dependent
- Strongest bounds on number of ν -like species (at 68% CL)

Planck 2018 + ACT + DESI DR1

$$N_{\text{eff}} = 2.86 \pm 0.13$$

$$N_{\text{IDR}} < 0.134$$

ACT 2503.14454



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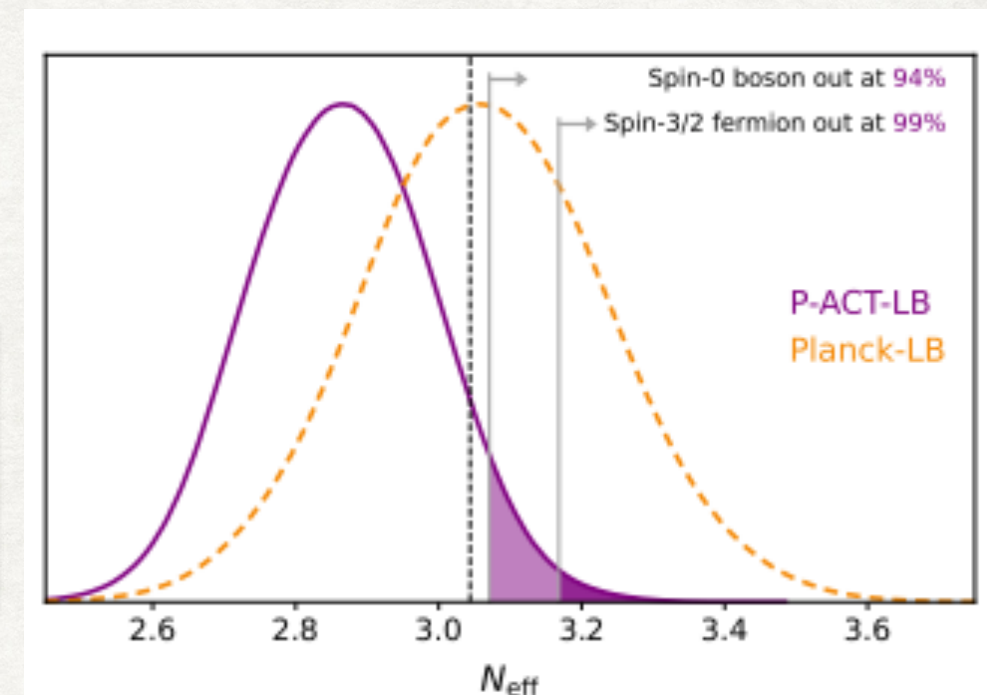
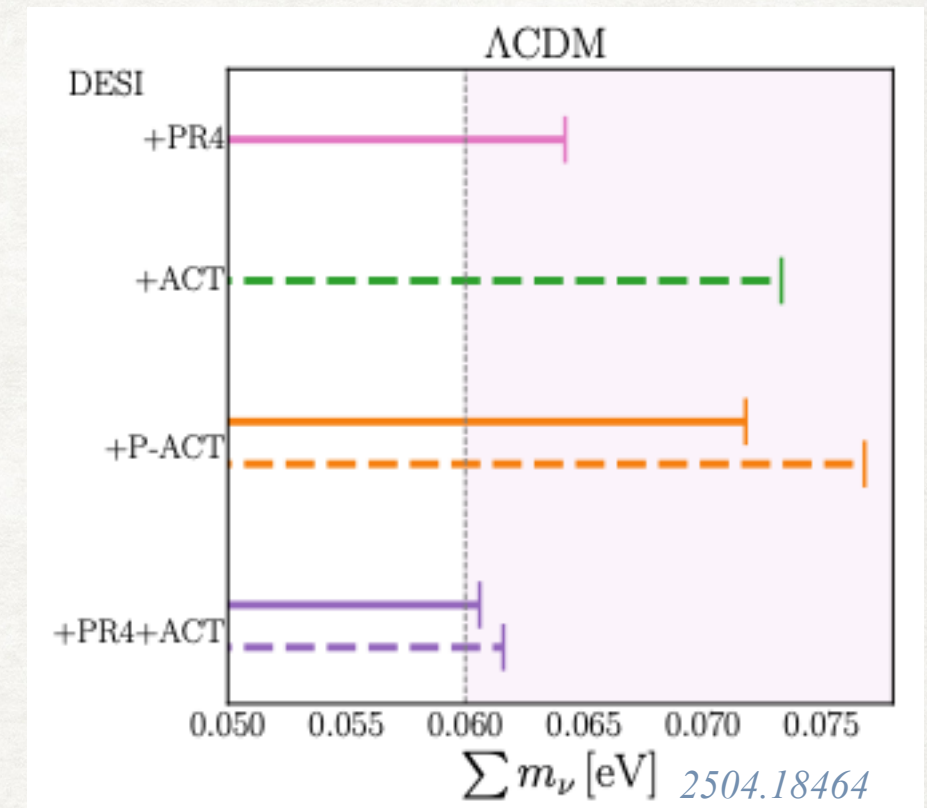
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ACT 2503.14454



We are on the verge of interesting discoveries about neutrino in cosmology