

DARK ENERGY INTERACTING WITH DARK MATTER



Illustrations: Inês Viegas Oliveira (ivoliveira.com)

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Based on:

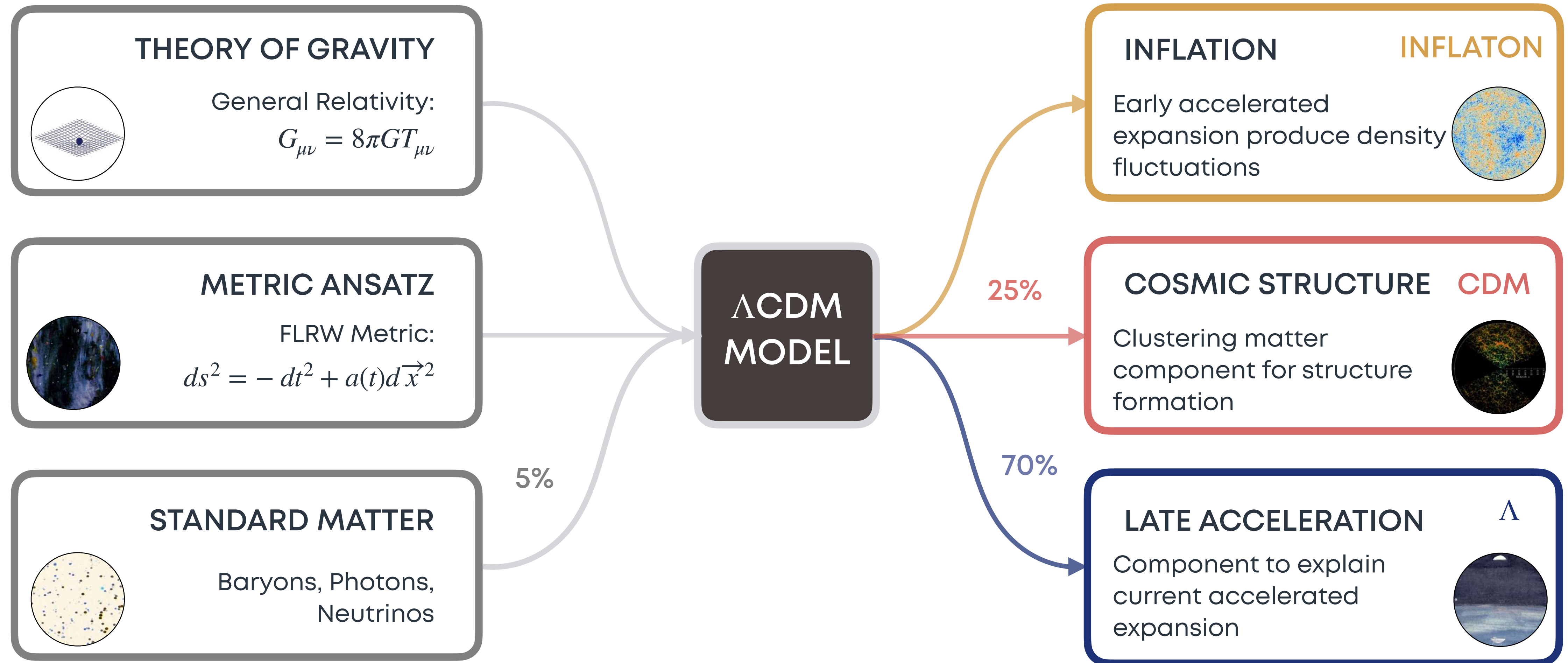
- [[arxiv:2503.01961](https://arxiv.org/abs/2503.01961)] with:
Saba Rahimy and Ivonne Zavala
- [[arxiv:2211.13653](https://arxiv.org/abs/2211.13653)] with:
Carsten van de Bruck and Gaspard Poulot
- [[arxiv:2412.14139](https://arxiv.org/abs/2412.14139)] with:
Carsten van de Bruck, Gaspard Poulot, Vivian Poulin and Eleonora Di Valentino
- [[arxiv:2404.10524](https://arxiv.org/abs/2404.10524)] with:
Carsten van de Bruck, Gaspard Poulot and Nelson Nunes

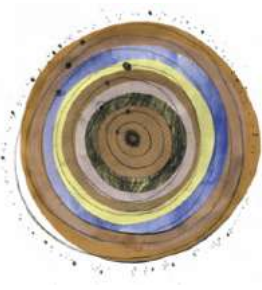
The Standard Model of Cosmology

The background of the slide is a dark, textured, deep purple or black surface. A prominent, horizontal, multi-colored band stretches across the middle of the image. This band has a complex, layered appearance with various colors including yellow, orange, red, pink, purple, blue, and green, suggesting a cross-section of a celestial body or a complex geological formation. The colors are somewhat blurred and blended together, giving it a soft, ethereal quality. The overall composition is abstract and visually striking, fitting the theme of cosmology.



The Lambda Cold Dark Matter Model





Challenges to the Λ CDM Model

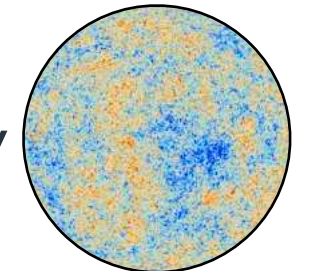
The Λ CDM model relies on:

- Inflation but needs firm theoretical grounds: primordial power spectrum of quantum fluctuations (simplest parameterisation in terms of spectral index and amplitude)
- Dark matter being a pressureless fluid of unknown nature/origin and no detection success (new particle(s) in the SM)
- Dark energy being a cosmological constant (Λ) with unknown nature/origin (vacuum energy, properties of empty space, etc)

INFLATION

INFLATON

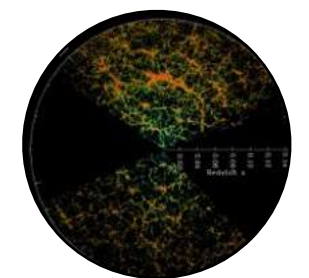
Early accelerated expansion produce density fluctuations



COSMIC STRUCTURE

CDM

Clustering matter component for structure formation

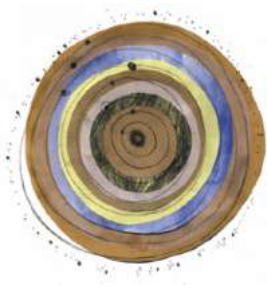


LATE ACCELERATION

Λ

Component to explain current accelerated expansion





Challenges to the Λ CDM Model

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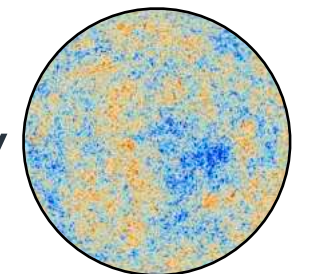
Cosmic tensions may signal that Λ CDM is incomplete:

- Anomalies in the CMB: lensing, curvature, etc
- The matter clustering S_8 tension
- The Hubble/ H_0 expansion rate tension

INFLATION

INFLATON

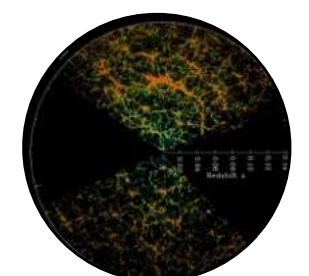
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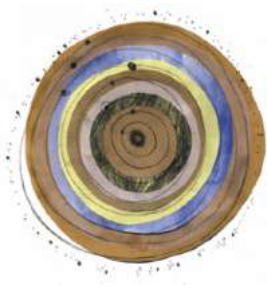


LATE ACCELERATION

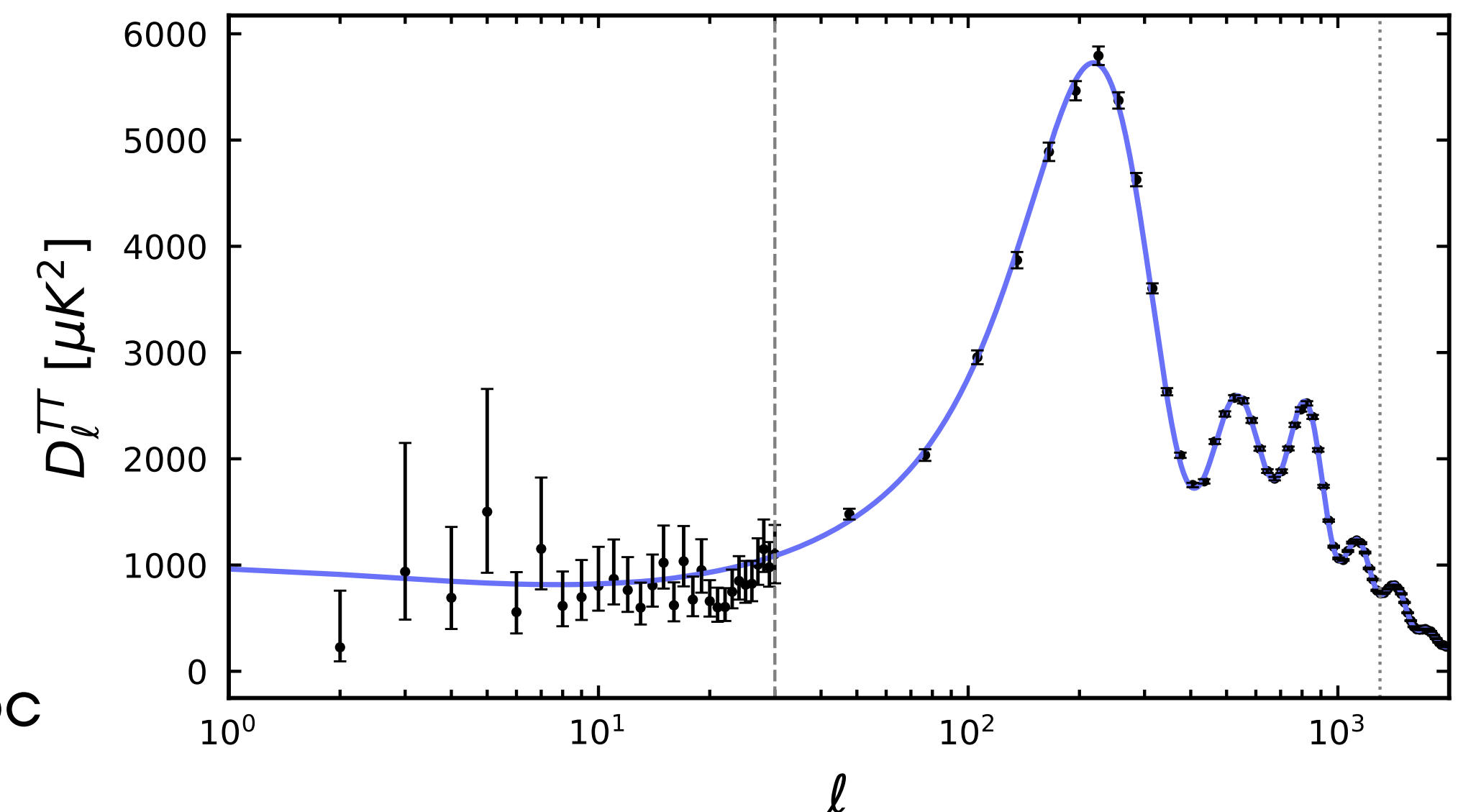
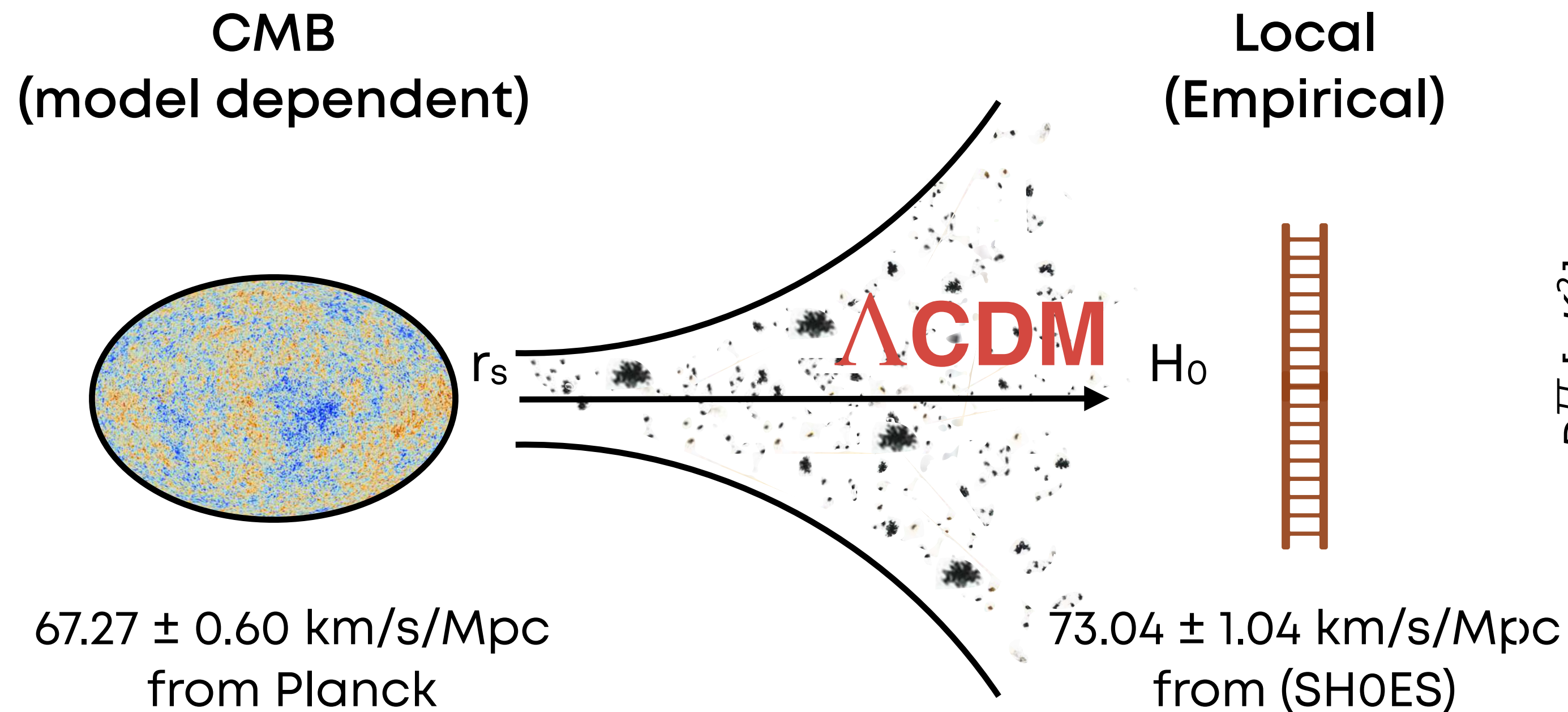
Λ

Component to explain current accelerated expansion





Cosmological Tensions

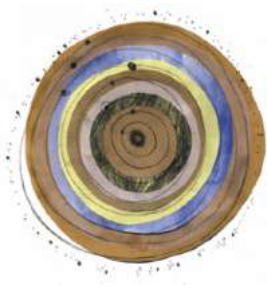


Missing Ingredients or New Physics?

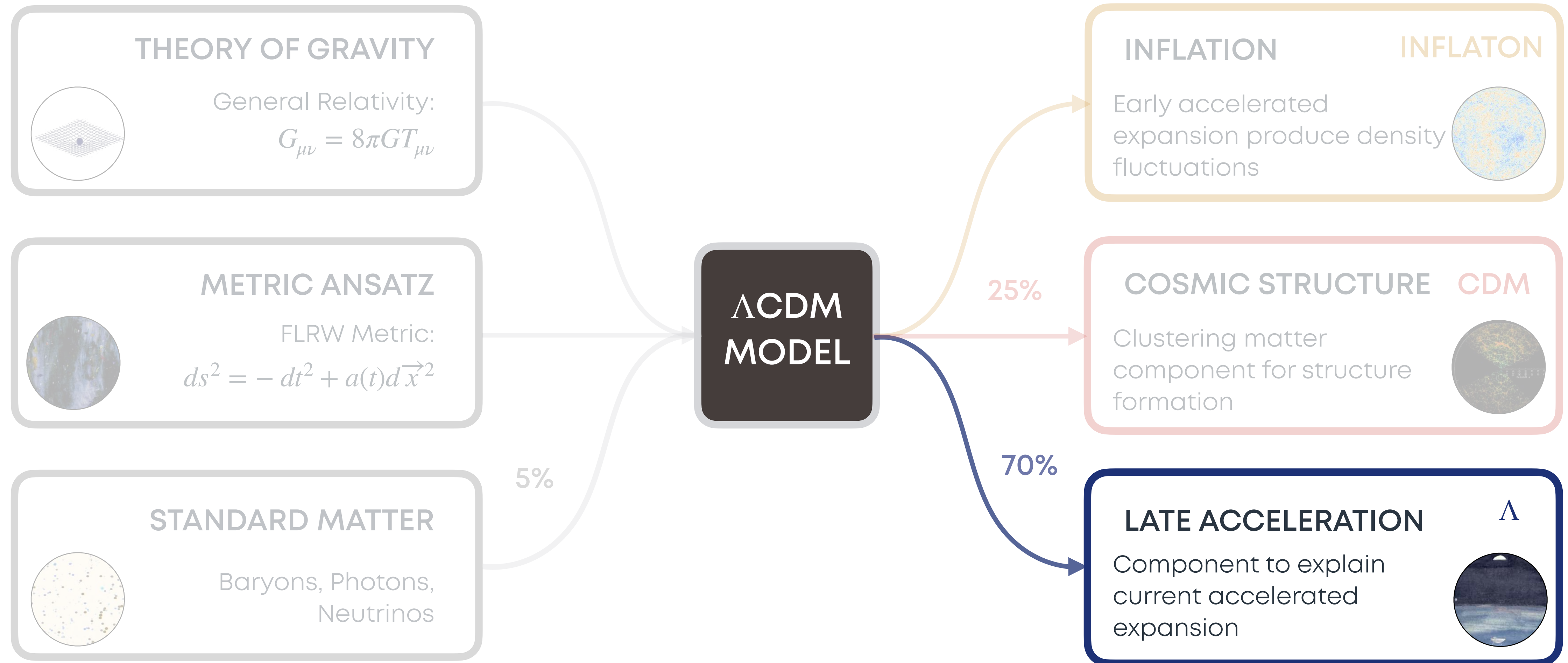
[Aghanim et al.: Astron.Astrophys. 641 (2020) A6]

Beyond the Standard Model: Coupled Scalar Dark Sectors

Based on: [S. Rahimy, E. M. Teixeira, I. Zavala: [arxiv:2503.01961](https://arxiv.org/abs/2503.01961)]



Going Beyond the Standard Model

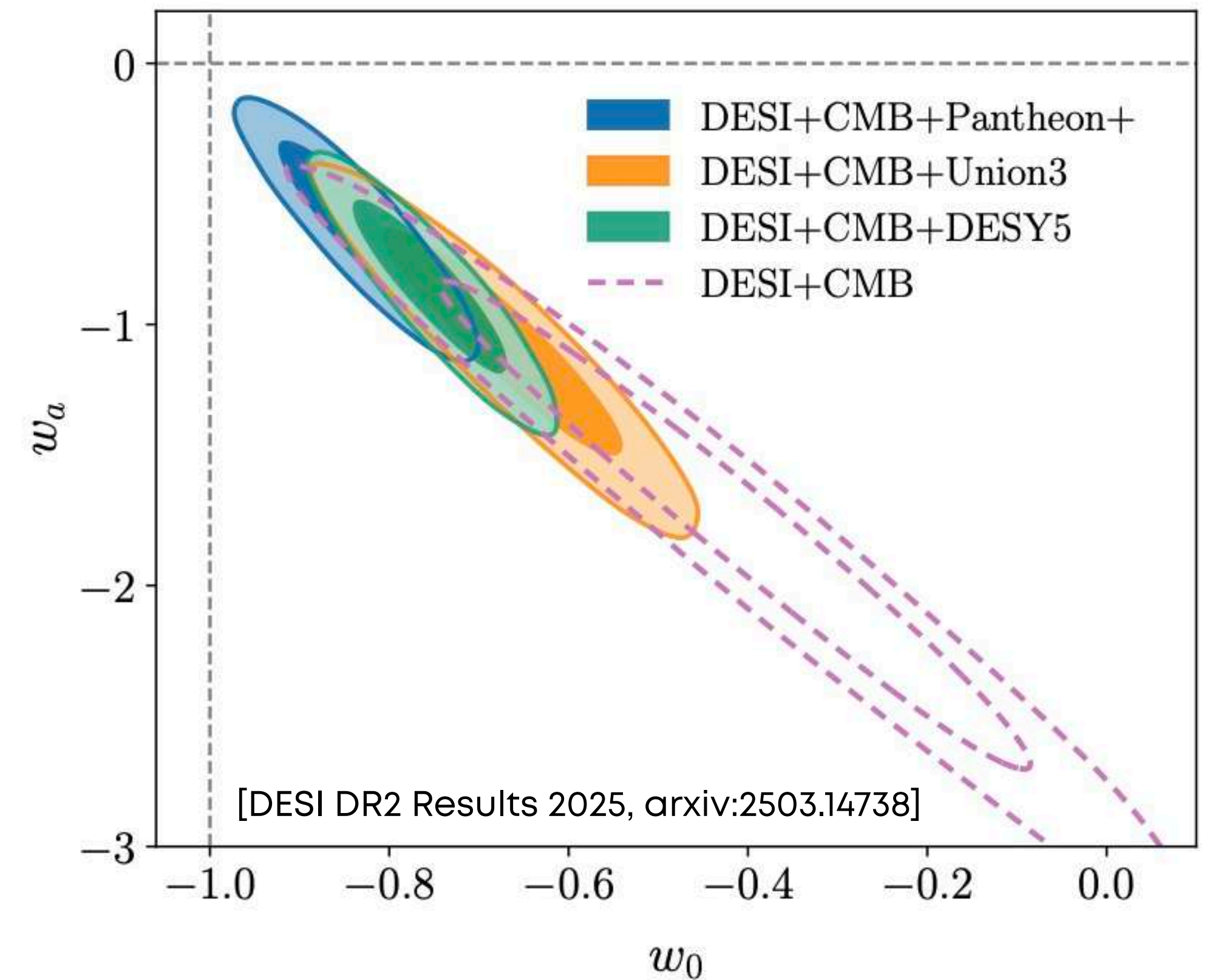




Extensions to Λ CDM

Hints of dynamical DE in DESI BAO (baryonic acoustic oscillations) data when combined with CMB and SN data

$$\begin{cases} \dot{\rho}_{\text{DE}} + 3H\rho_{\text{DE}}(1 + w_{\text{DE}}) = 0, \\ w_{\text{DE}} = w_0 + w_a(1 - a) \end{cases}$$





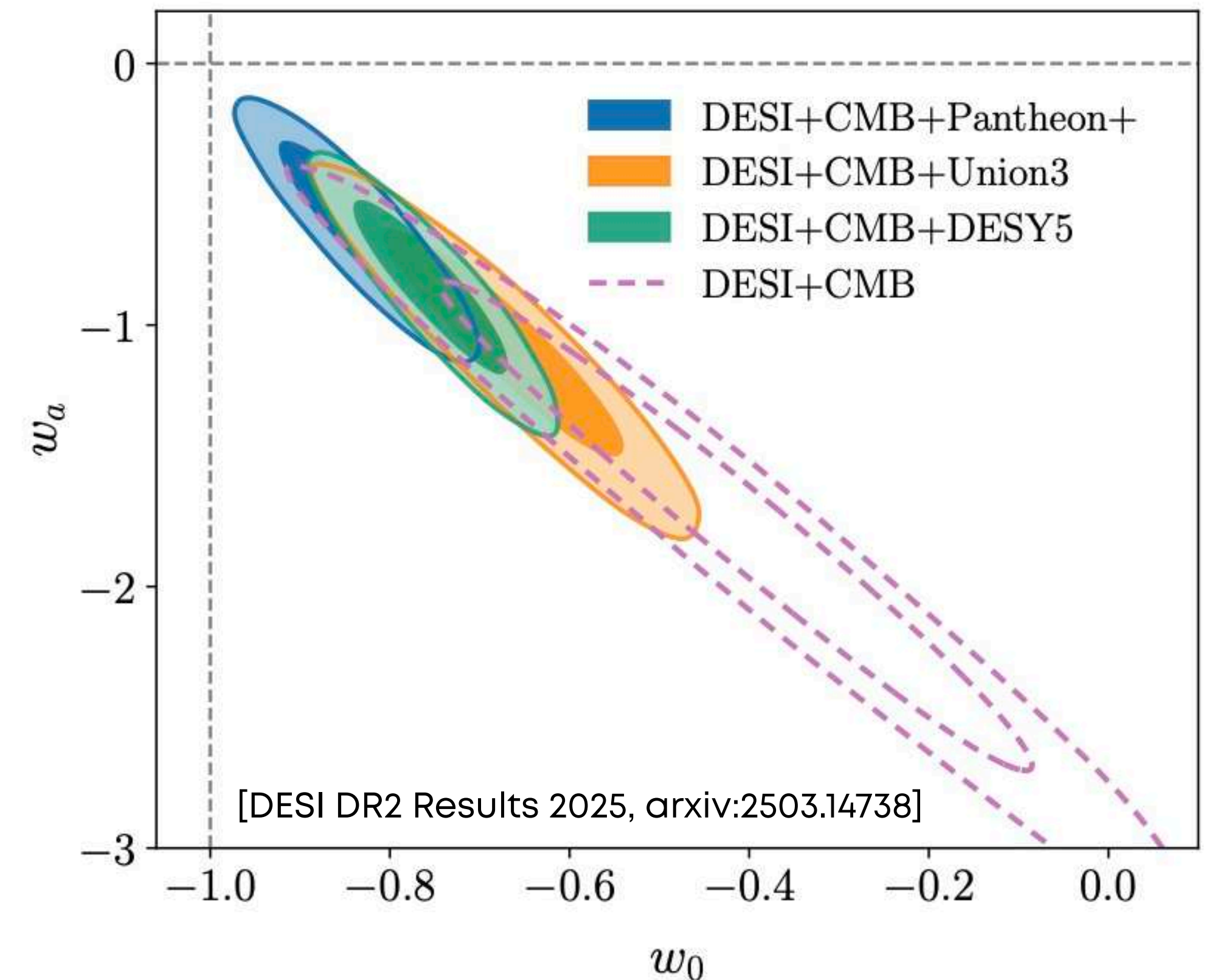
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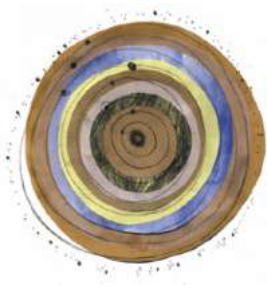
The observational tensions hint at **missing ingredients** or need for completely **new physics**

- “**Quintessence**” (ϕ) - dynamical scalar field that evolves in space and time, as opposed to Λ
- More physically motivated than a parametric fluid
- No fundamental principle/observational constraints which forbid **interactions between the dark species**
- Modified predictions for the evolution of the dark sector could naturally address the cosmic tensions

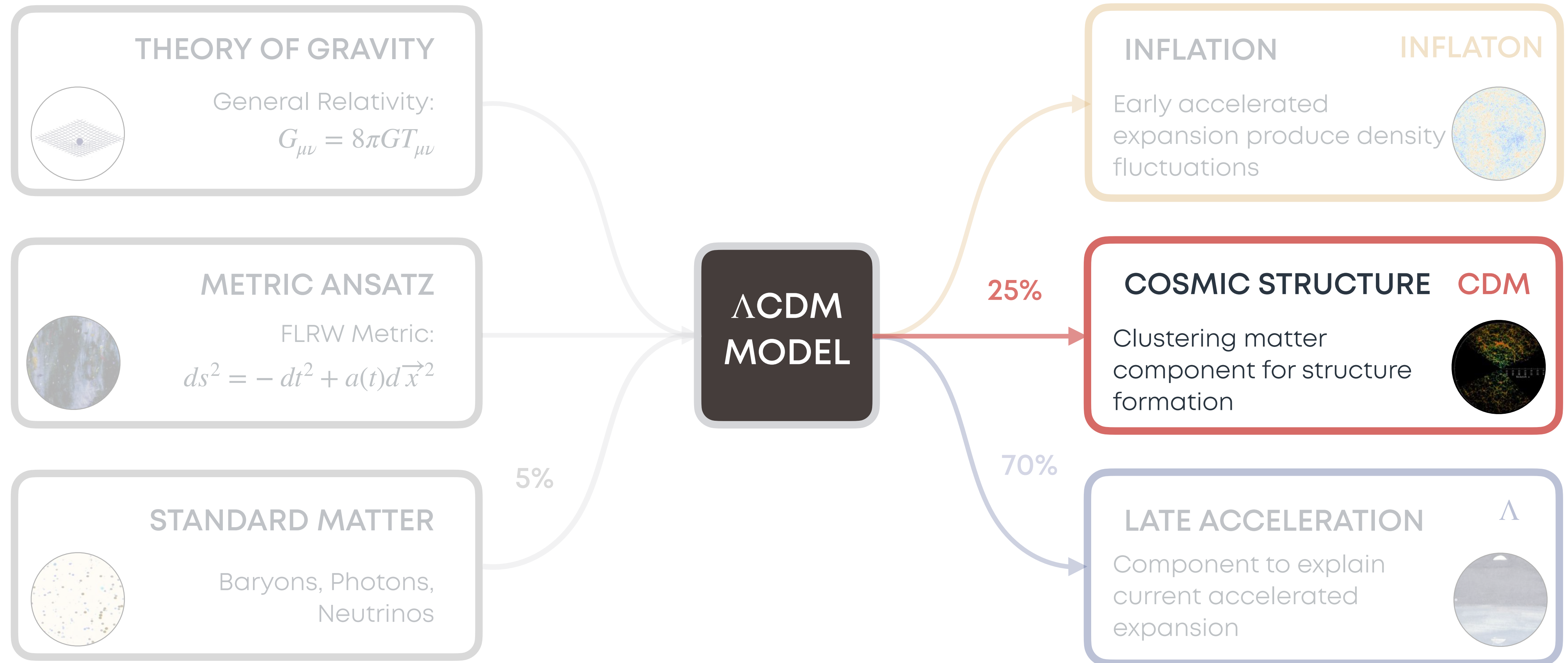
Non-trivial Dynamics in the Dark Sector

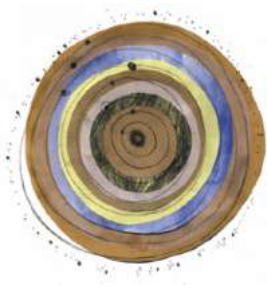
$$\begin{cases} \dot{\rho}_\phi + 3H\rho_\phi(1 + w_\phi) = 0, \\ \rho_\phi = \frac{1}{2}\dot{\phi}^2 + V(\phi), \quad p_\phi = \frac{1}{2}\dot{\phi}^2 - V(\phi) \end{cases}$$





Going Beyond the Standard Model

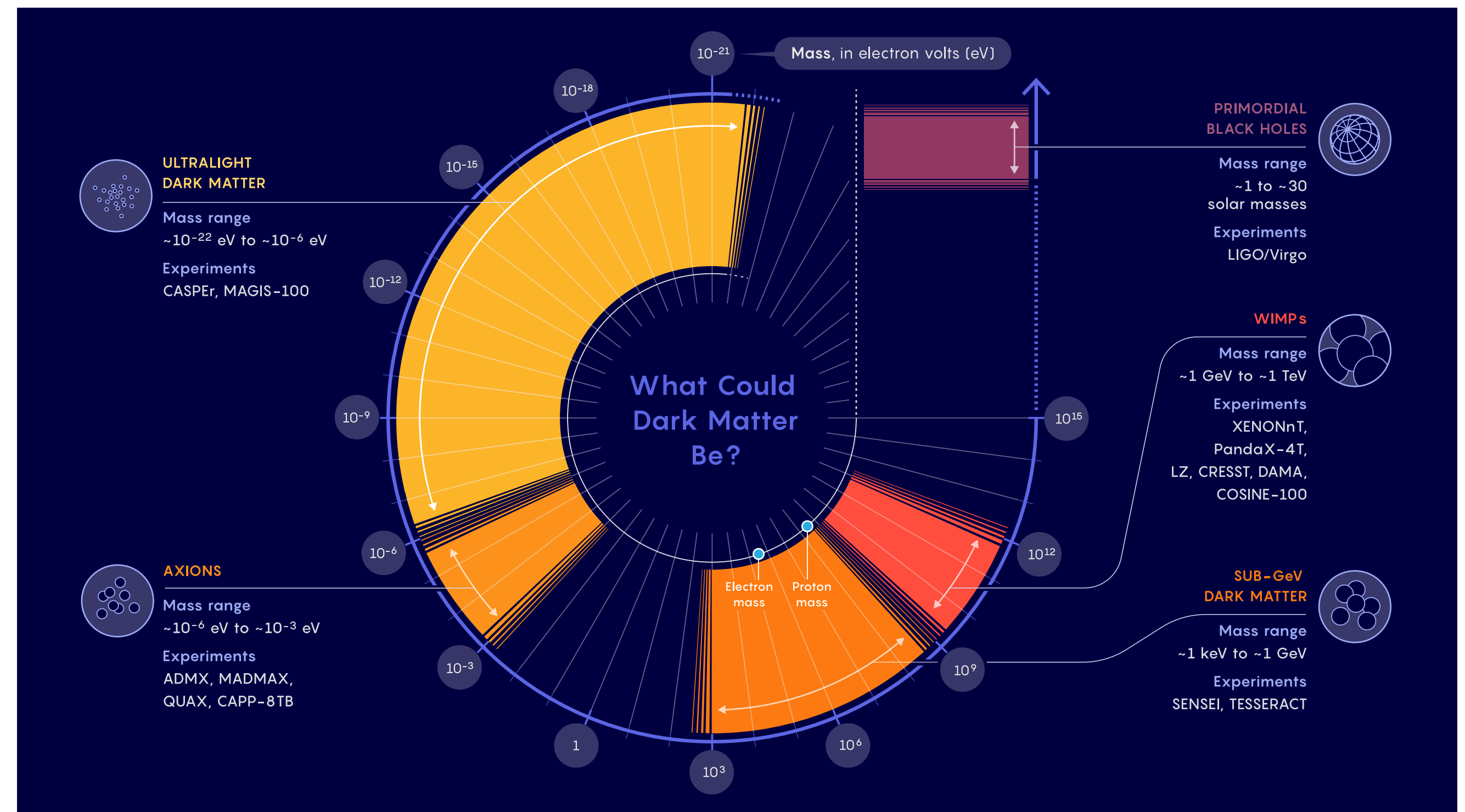




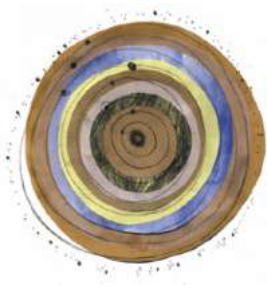
Dark Matter Candidates

The dark matter paradigm is the only successful framework for understanding the entire range of observations from the time the Universe is 1 second old

- Dark matter is concrete clue of physics beyond the SM of PP
- The **mass scale** for DM spans many orders of magnitude
- Large range of parameter space requires particular search strategy
- For masses below eV, the DM has to be bosonic, non-thermal and can be described by a **classical field**
- Could explain cosmological observations such as **PTA stochastic background of GW**



[Image credit: Quanta magazine]



Coupled Scalar Dark Sector

Two-scalar non-linear sigma model (NLSM) in a target manifold M
described by its metric $g_{ab}(\phi)$ and its curvature $R_{fs}(\phi)$ [SR, EMT, IZ: arxiv:2503.01961]

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} R + P(X, \phi^a) \right], \quad X \equiv -\frac{1}{2} g_{ab}(\phi) \partial_\mu \phi^a \partial^\mu \phi^b$$

Two scalars often
originate in
fundamental theories
such as supergravity
and string theory from
a single complex
scalar field

$$\Phi = \phi + i\chi$$



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Standard
kinetic
terms

$$S_{\text{dark}} = \int d^4x \sqrt{-g} \left[-\frac{1}{2} \partial_\mu \phi \partial^\mu \phi - \frac{f^2(\phi)}{2} \partial_\mu \chi \partial^\mu \chi - V(\phi, \chi) \right]$$

$$\Phi = \phi + i\chi$$

$$R_{fs} = -\frac{2f_{\phi\phi}}{f}$$



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Standard kinetic terms

$$S_{\text{dark}} = \int d^4x \sqrt{-g} \left[-\frac{1}{2} \partial_\mu \phi \partial^\mu \phi + \frac{f^2(\phi)}{2} \partial_\mu \chi \partial^\mu \chi + V(\phi, \chi) \right]$$

$$\Phi = \phi + i\chi$$

$$R_{fs} = -\frac{2f_{\phi\phi}}{f}$$

Kinetic interaction via the metric through the function $f(\phi)$ just like in conformal transformations

Potential interaction between the fields in $g(\phi)$



Coupled Scalar Dark Sector

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described by its metric $g_{ab}(\phi)$ and its curvature $R_{fs}(\phi)$ [SR, EMT, IZ: arxiv:2503.01961]

$$\ddot{\phi} + 3H\dot{\phi} + V_{\phi} = ff_{\phi} \dot{\chi}^2,$$

$$\ddot{\chi} + 3H\dot{\chi} + \frac{V_{\chi}}{f^2} = -2\frac{f_{\phi}}{f} \dot{\phi}\dot{\chi}$$

FLRW
background

$$\nabla_{\mu} T^{\mu\nu}_{(1)} = Q^{\nu}, \quad \nabla_{\mu} T^{\mu\nu}_{(2)} = -Q^{\nu}$$

$$V(\phi, \chi) = W(\phi) + g(\phi)U(\chi)$$

Choice of role for the scalars driven by phenomenological considerations (e.g. target space metric independent of χ - continuous shift symmetry in the kinetic term which may be preserved, broken mildly or fully in the potential interaction)

$$Q^{\nu} = \frac{f_{\phi}}{f}(\rho_{\chi} + p_{\chi}) \nabla^{\nu} \phi - \frac{g_{\phi}}{2g}(\rho_{\chi} - p_{\chi}) \nabla^{\nu} \phi$$

Interacting vector controlled independently by the field space metric $f(\phi)$ and the interaction potential $g(\phi)$

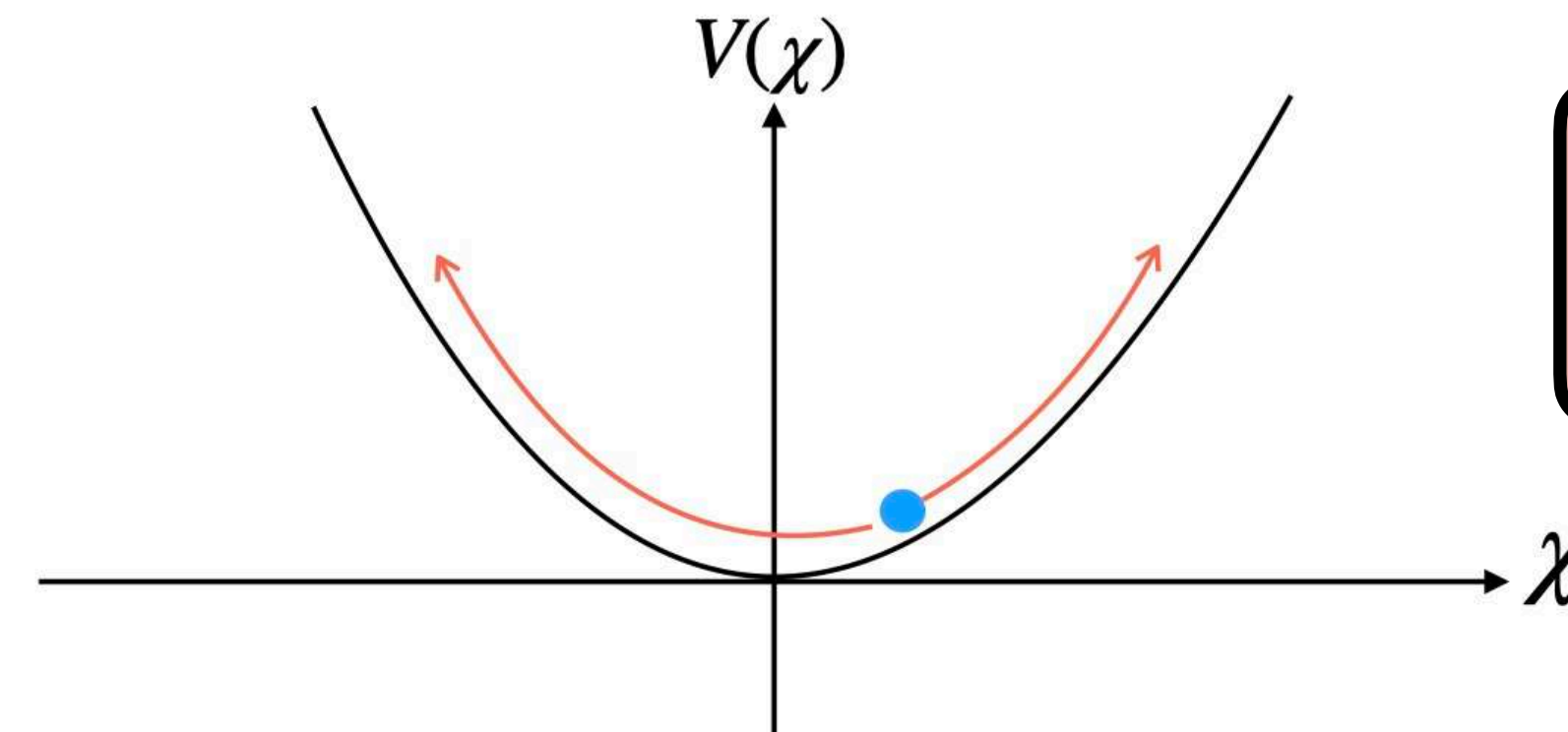
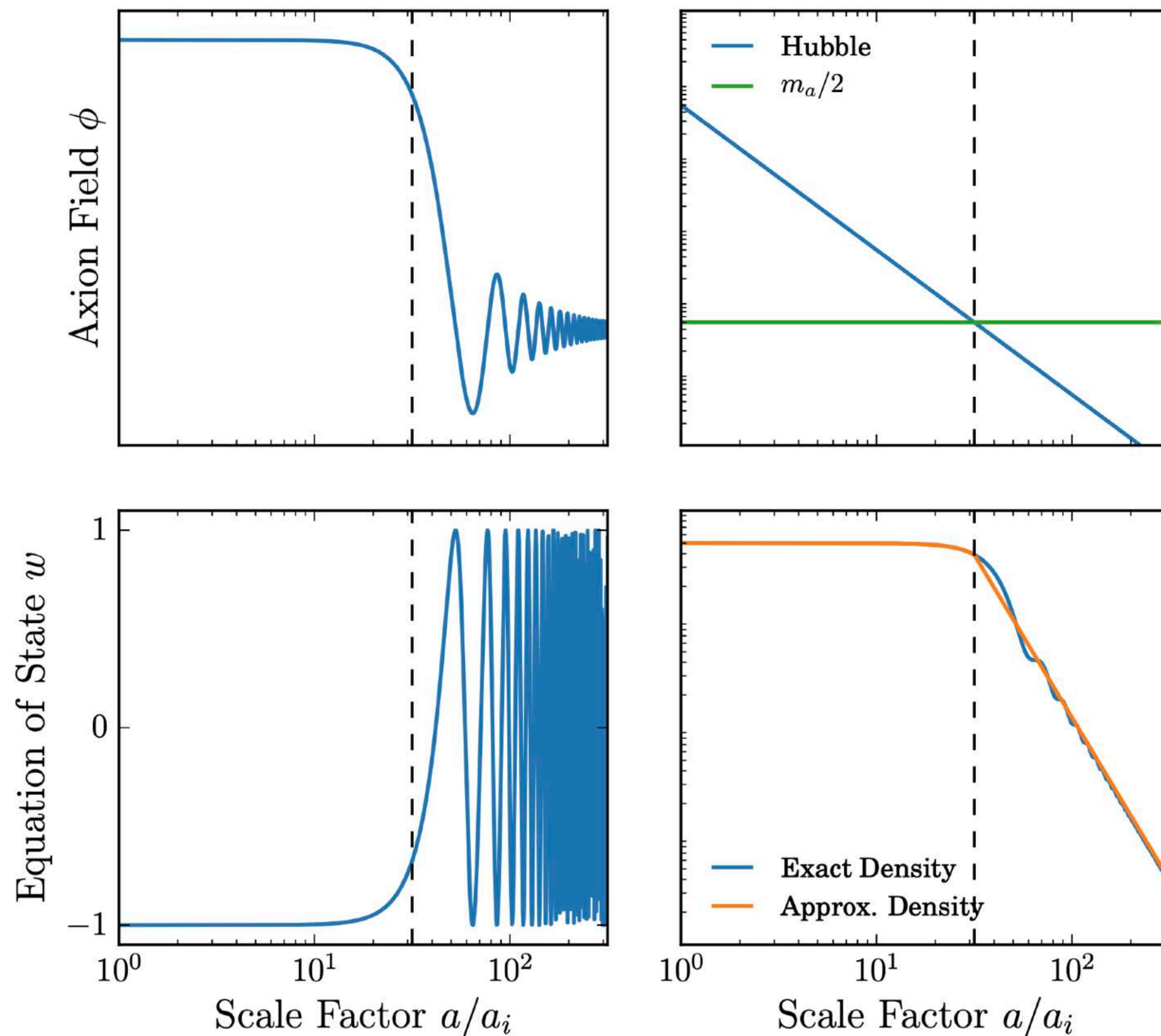


Scalar Field Dark Matter

$$\chi_{\text{osc}}(t) = (a_0/a)^{3/2} [\chi_+ \sin(mt) + \chi_- \cos(mt)]$$

$$\text{Energy density: } \rho = \frac{1}{2} \dot{\chi}^2 + \frac{m^2}{2} \chi^2$$

$$\text{Pressure: } p = \frac{1}{2} \dot{\chi}^2 - \frac{m^2}{2} \chi^2$$



$$V(\chi) = \frac{1}{2} m^2 \chi^2$$

$$\ddot{\chi} + 3H\dot{\chi} + m^2\chi = 0$$

$$\dot{\rho} + 3H\rho(1+w) = 0$$



Scalar Field Dark Matter

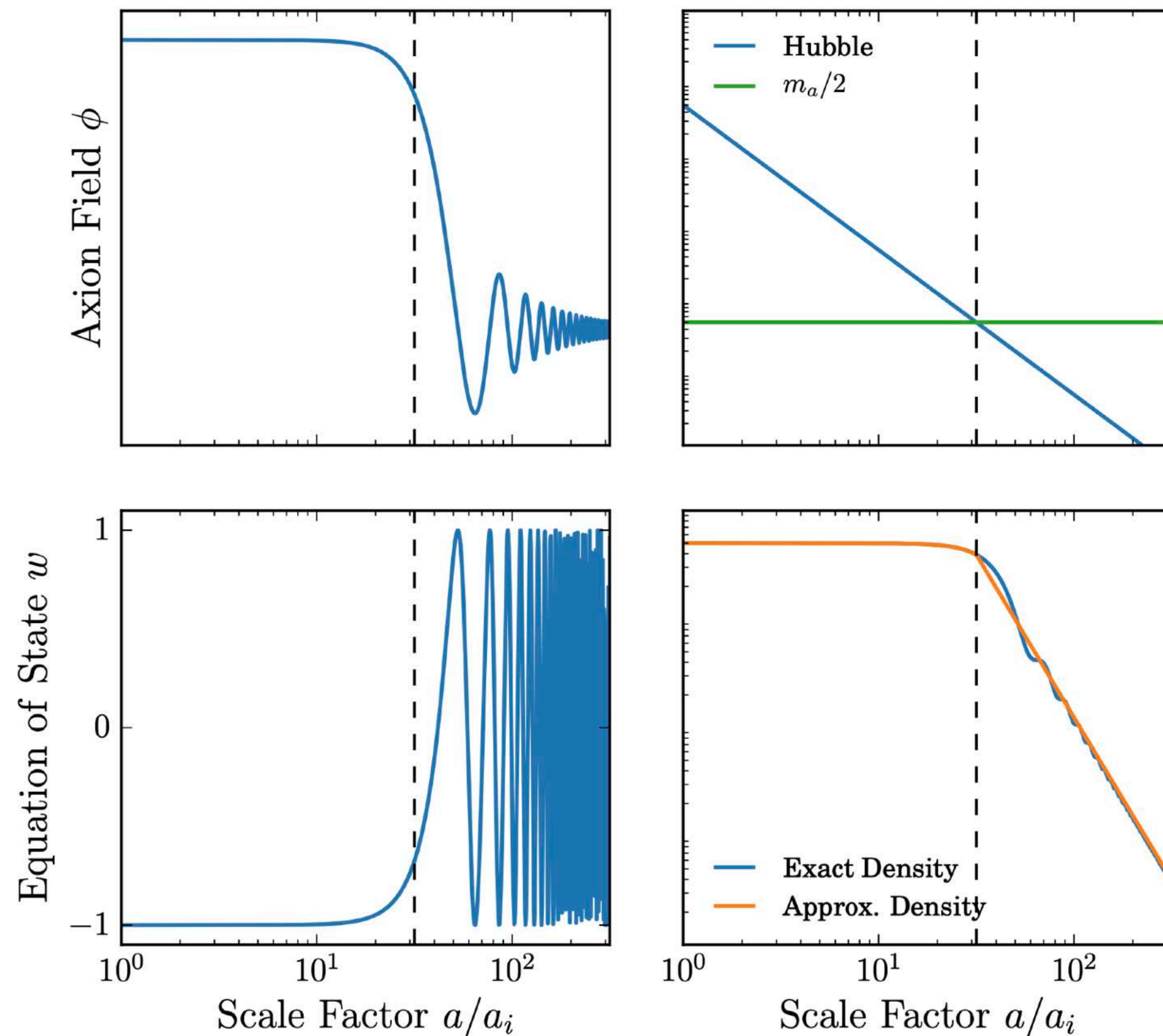
$$\chi_{\text{osc}}(t) = (a_0/a)^{3/2} [\chi_+ \sin(mt) + \chi_- \cos(mt)]$$

$$V(\chi) = \frac{1}{2}m^2\chi^2$$

- **Oscillating** field for $m \gg H$ on time scales much faster than the expansion
- Rapid oscillations can be **averaged**
- Rewrite as a **fluid approximation** and recover CDM behaviour at the background level with additional scalar field properties

$$\ddot{\chi} + 3H\dot{\chi} + m^2\chi = 0$$

$$\dot{\rho} + 3H\rho(1 + w) = 0$$

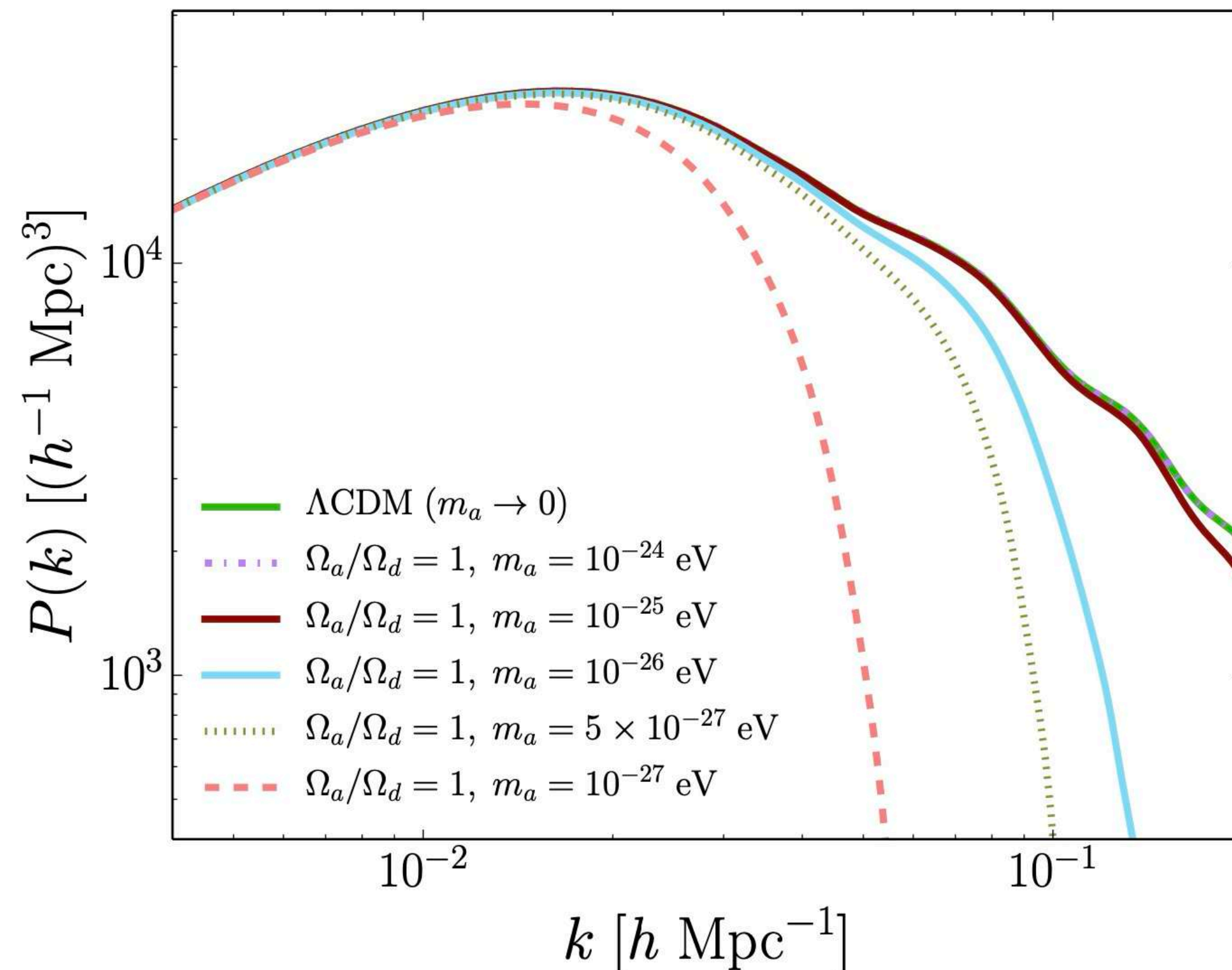


$$\begin{cases} \langle \rho_\chi \rangle \propto a^{-3} \\ \langle w_\chi \rangle = \left\langle \frac{p_\chi}{\rho_\chi} \right\rangle = 0 \end{cases}$$



Scalar Field Dark Matter

Cosmological axion model



- Same spirit of effective fluid formalism for the perturbations
- Dependent on the fraction of axions as DM Ω_a/Ω_d and their mass m_a
- On large scales ($k \ll m_a$), **sound speed** vanishes, but is non-zero at small scales ($k \gg m_a$)
- Results in a **suppression of the matter power spectrum** for small scales

$$c_a^2 \equiv \frac{\delta p}{\delta \rho} = \frac{k^2/(4m_a^2 a^2)}{1 + k^2/(4m_a^2 a^2)} = \begin{cases} k^2/(4m_a^2 a^2), & k \gg 2m_a \\ 1 & k \ll 2m_a \end{cases}$$



Testing interactions in the dark sector

- Work motivated by modelling the dark sector and understanding its impact for cosmic tensions
- Physical implications of different models and cosmological signatures
- In this talk: two models with couplings in the dark sector:
 1. Interactions mediated by potential interaction in scalar field DE and DM (hybrid model)
 2. Interactions mediated by kinetic interaction (conformal coupling) in scalar field DE and DM



A Hybrid Model for the Dark Sector

Based on: [C. van de Bruck, G. Poulot, E. M. Teixeira: [arxiv:2211.13653](https://arxiv.org/abs/2211.13653)]



A Hybrid Model for the Dark Sector

Extension of the hybrid inflation model with two scalar fields and the conventional SM matter fields [A.D. Linde, Phys. Rev. D, 49:748–754, 1994]

$$S_{\text{dark}} = \int d^4x \sqrt{-g} \left[-\frac{1}{2}(\partial\phi)^2 - \frac{1}{2}(\partial\chi)^2 - V(\phi, \chi) \right]$$

$$V(\phi, \chi) = V_0 - \frac{1}{2}\lambda M^2 \chi^2 + \frac{1}{4}\lambda \chi^4 + \frac{1}{2}g^2 \phi^2 \chi^2 + \frac{1}{2}\mu^2 \phi^2$$

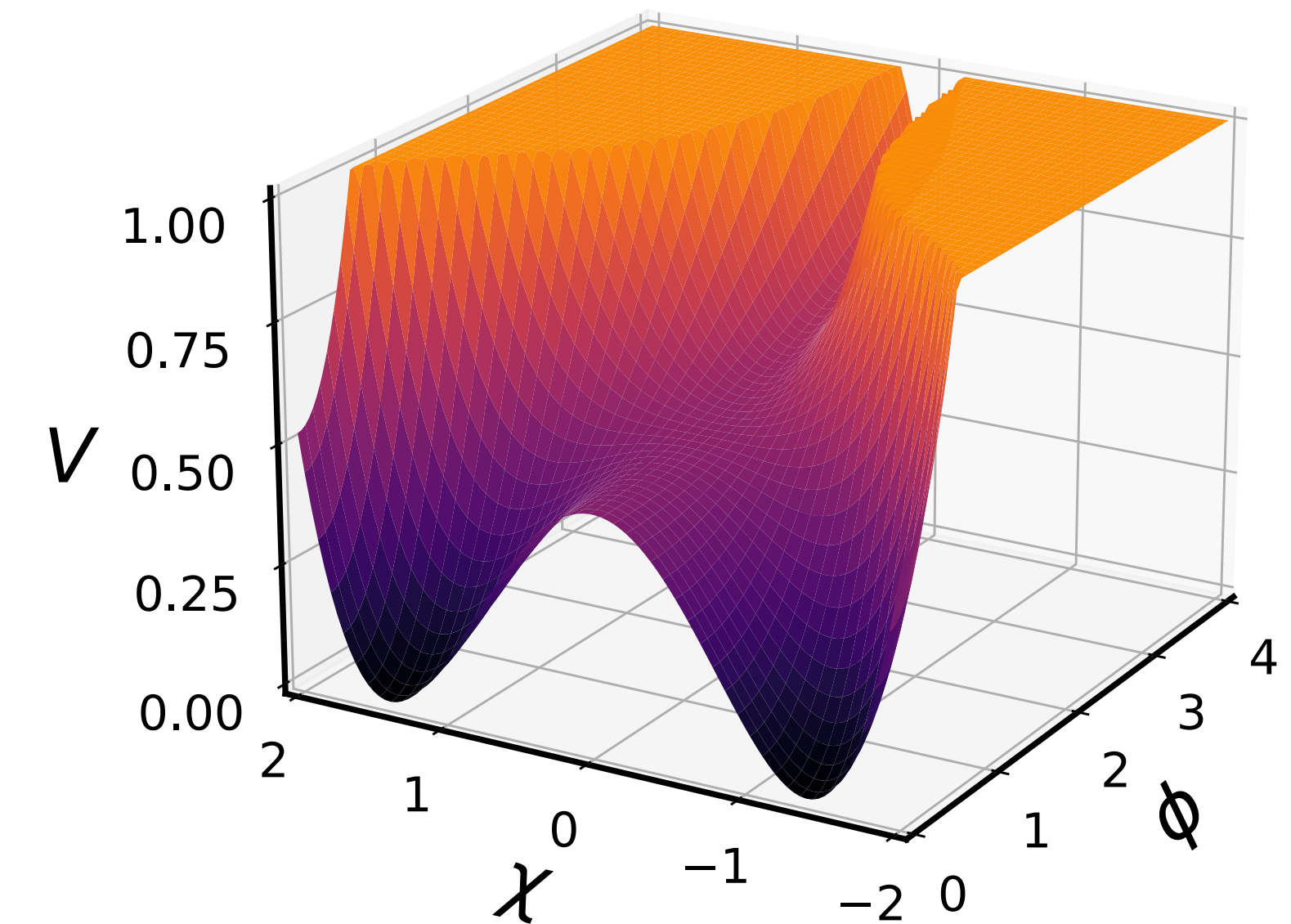
Hybrid Potential interaction

ϕ is dark energy and χ is dark matter

second
derivative

$$m_\chi^2 = g^2 \phi^2 - \lambda M^2 + 3\lambda \chi^2$$
$$m_\phi^2 = g^2 \chi^2 + \mu^2$$

Hybrid Inflation Potential



[CvB, GP, EMT: arxiv:2211.13653]



Effective Fluid Description

- The mass of the DM field is effectively (small self-interactions):

$$m_\chi = g^2\phi^2 - \lambda M^2$$

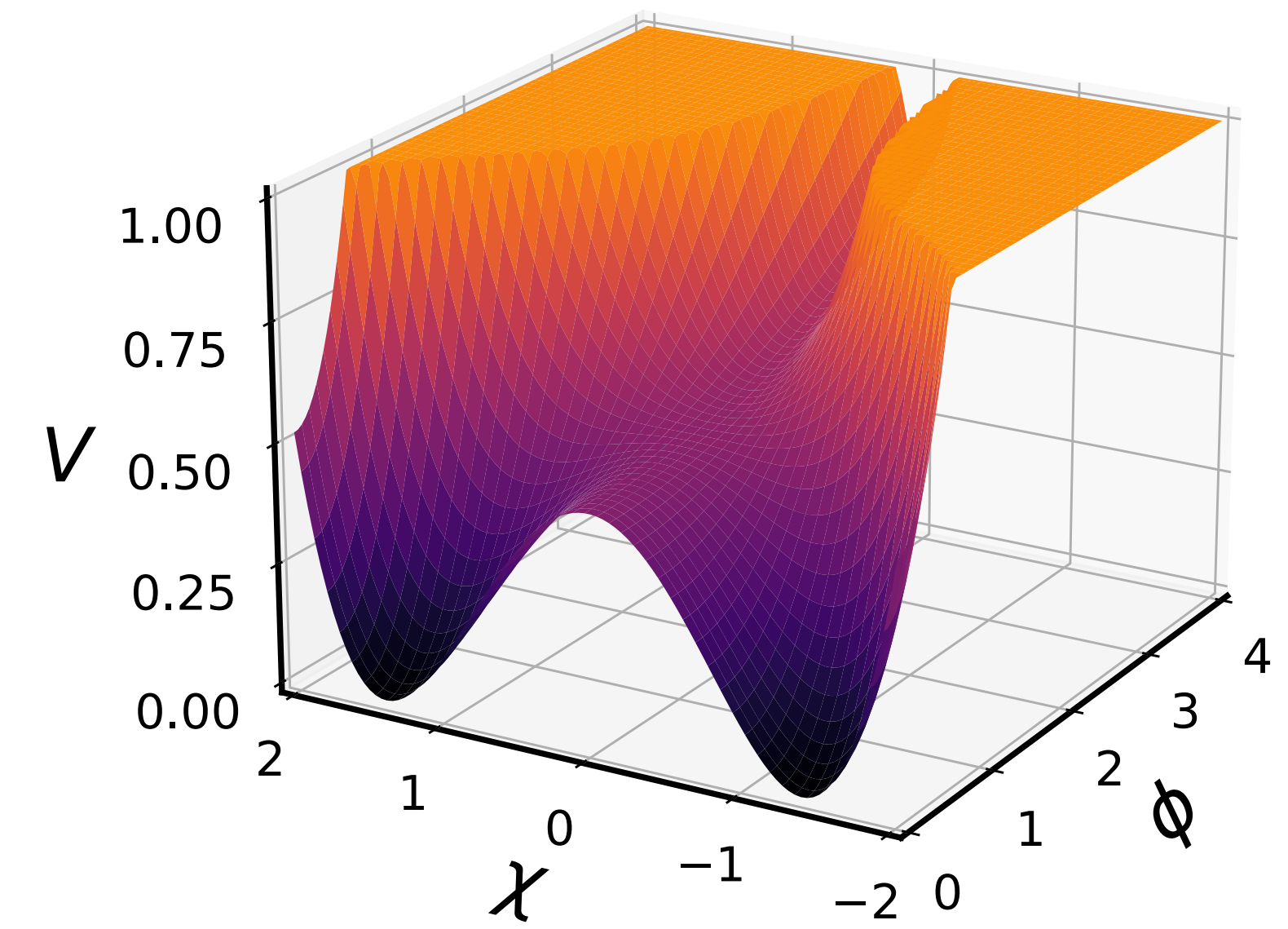
- Energy density of DM field:

$$\rho_\chi = \frac{1}{2}\dot{\chi}^2 + \frac{1}{4}\lambda\chi^4 + \frac{1}{2}g^2\phi^2\chi^2 - \frac{1}{2}\lambda M^2\chi^2$$

- At the global minimum the potential vanishes and therefore period of DE is transient. Ends at (when $m_\chi \approx 0$ and $V \approx 0$):

$$\phi_c \approx \sqrt{\lambda M/g}$$

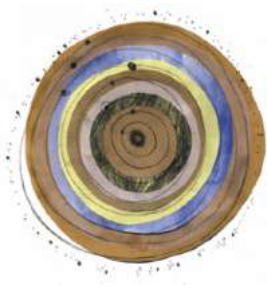
Hybrid Inflation Potential



For ϕ to act as DE we need

$$V_{\text{DE}} = V_0 + \frac{1}{2}\mu^2\phi^2$$

This implies that $V_0 = \frac{1}{4}\lambda M^4$ is of order of DE scale and μ is sufficiently small (slow-roll)



Effective Fluid

Coupled quintessence model with a fluid description DM field χ

- For χ to act as DM, we need its mass to be sufficiently large: $m_\chi \approx g\phi \gg H$
- χ is oscillating in a quadratic potential \rightarrow **WKB approximation** ($g\phi \gg H$ and $\dot{\phi}/\phi \ll 1$)
- ϕ is slow rolling ($\phi/\phi_i \sim \text{const.}$) and χ behaves like a pressureless fluid with $\rho_\chi \propto \chi^2 \propto a^{-3}$, $\rho_{\chi,i} = 1/2 g^2 \phi_i^2 \chi_i^2$

$$\chi(t) = \chi_i \left(\phi_i / \phi \right)^{1/2} \left(a_i / a \right)^{3/2} \sin \left(g\phi (t - t_i) \right)$$

$$\langle \rho_\chi \rangle \approx \rho_{\chi,i} \left(\phi / \phi_i \right) \left(a_i / a \right)^3$$



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- Continuity equation for **interacting fluid**
- Theory is equivalent to a model with conformal coupling $C(\phi) = \phi^2/M_{\text{Pl}}^2$

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$$\dot{\rho}_c + 3H\rho_c = \frac{\dot{\phi}}{\phi} \rho_c, \quad \dot{\rho}_\phi + 3H(\rho_\phi + P_\phi) = -\frac{\dot{\phi}}{\phi} \rho_c$$



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- Continuity equation for **interacting fluid**
- Theory is equivalent to a model with conformal coupling $C(\phi) = \phi^2/M_{\text{Pl}}^2$
- In the **MDE** ϕ scales with DM - only IDE theory with a constant potential with this feature

$$\chi(t) = \chi_i \left(\phi_i / \phi \right)^{1/2} \left(a_i / a \right)^{3/2} \sin \left(g\phi (t - t_i) \right)$$

$$\langle \rho_\chi \rangle \approx \rho_{\chi,i} \left(\phi / \phi_i \right) \left(a_i / a \right)^3$$

$$\dot{\rho}_c + 3H\rho_c = \frac{\dot{\phi}}{\phi} \rho_c, \quad \dot{\rho}_\phi + 3H(\rho_\phi + P_\phi) = -\frac{\dot{\phi}}{\phi} \rho_c$$

MDE

$$\frac{1}{a^3} \frac{d}{dt} \left(a^3 \dot{\phi} \right) = -\frac{\rho_{\chi,i}}{\phi_i} \left(\frac{a_i}{a} \right)^3$$

$$\rho_\phi \propto \dot{\phi}^2 \propto a^{-3}$$

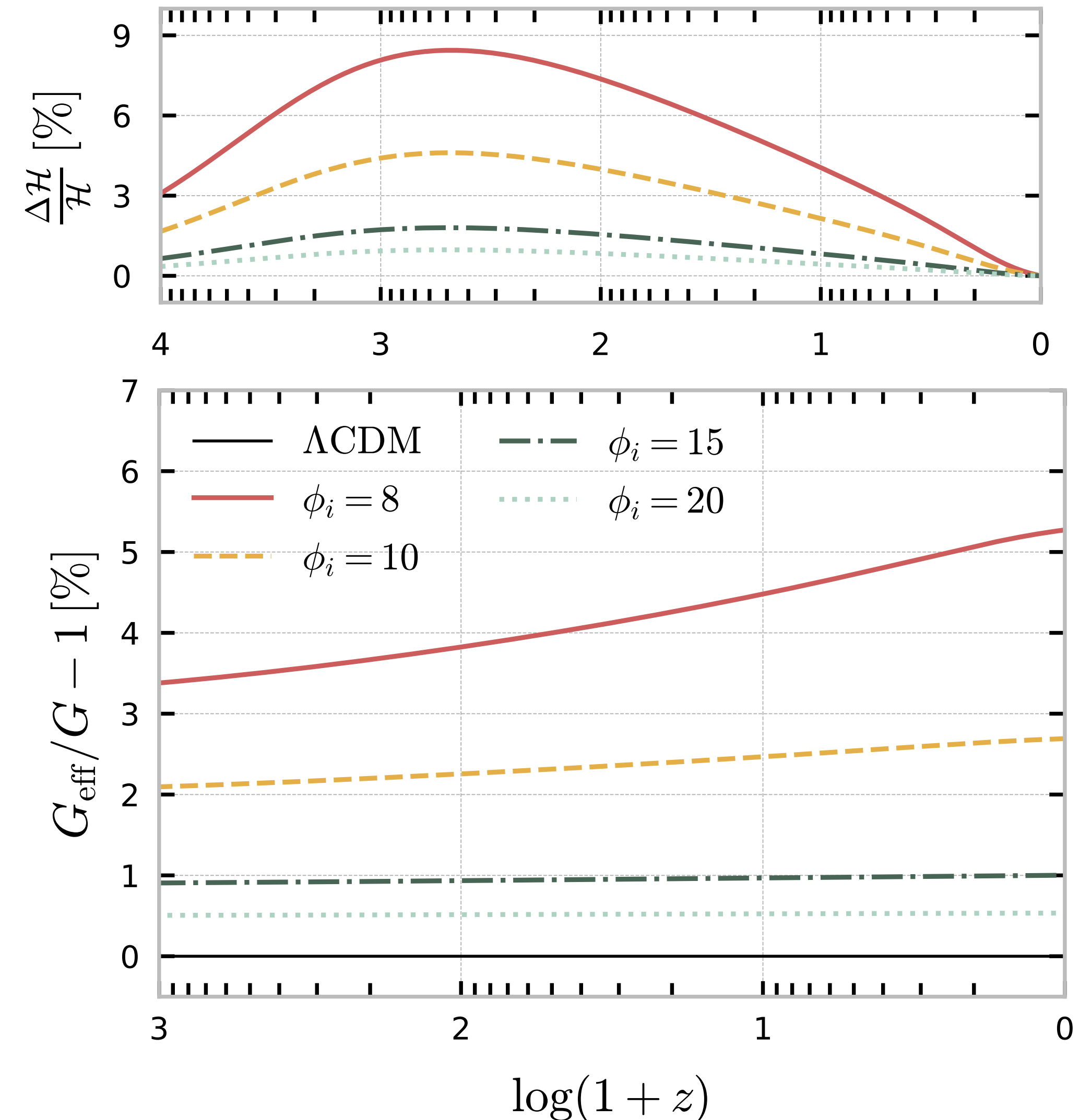


Modified Dynamics

- Modified version of CLASS with different ϕ_i and $\dot{\phi}_i = 0$
[Blas, Lesgourgues, Tram: JCAP 1107 (2011) 034]
- Effective Newton's constant between DM particles is modified with the coupling
- One result is that ϕ has to be trans-Planckian and hence the DM field is heavy in this theory (unless g is exceedingly small, direct contrast with models with ultralight and light scalar fields as DM candidates)
- More significant contribution from the coupling to the scalar field dynamics

$$G_{\text{eff}} \simeq G \left(1 + 2M_{Pl}^2 \frac{Q^2}{\rho_\chi^2} \right)$$

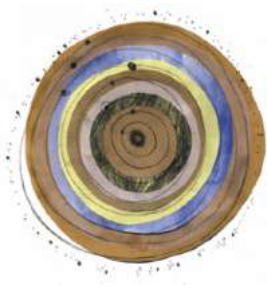
$$Q = -\frac{\rho_\chi}{\phi}$$





Alleviating cosmological tensions with a hybrid dark sector

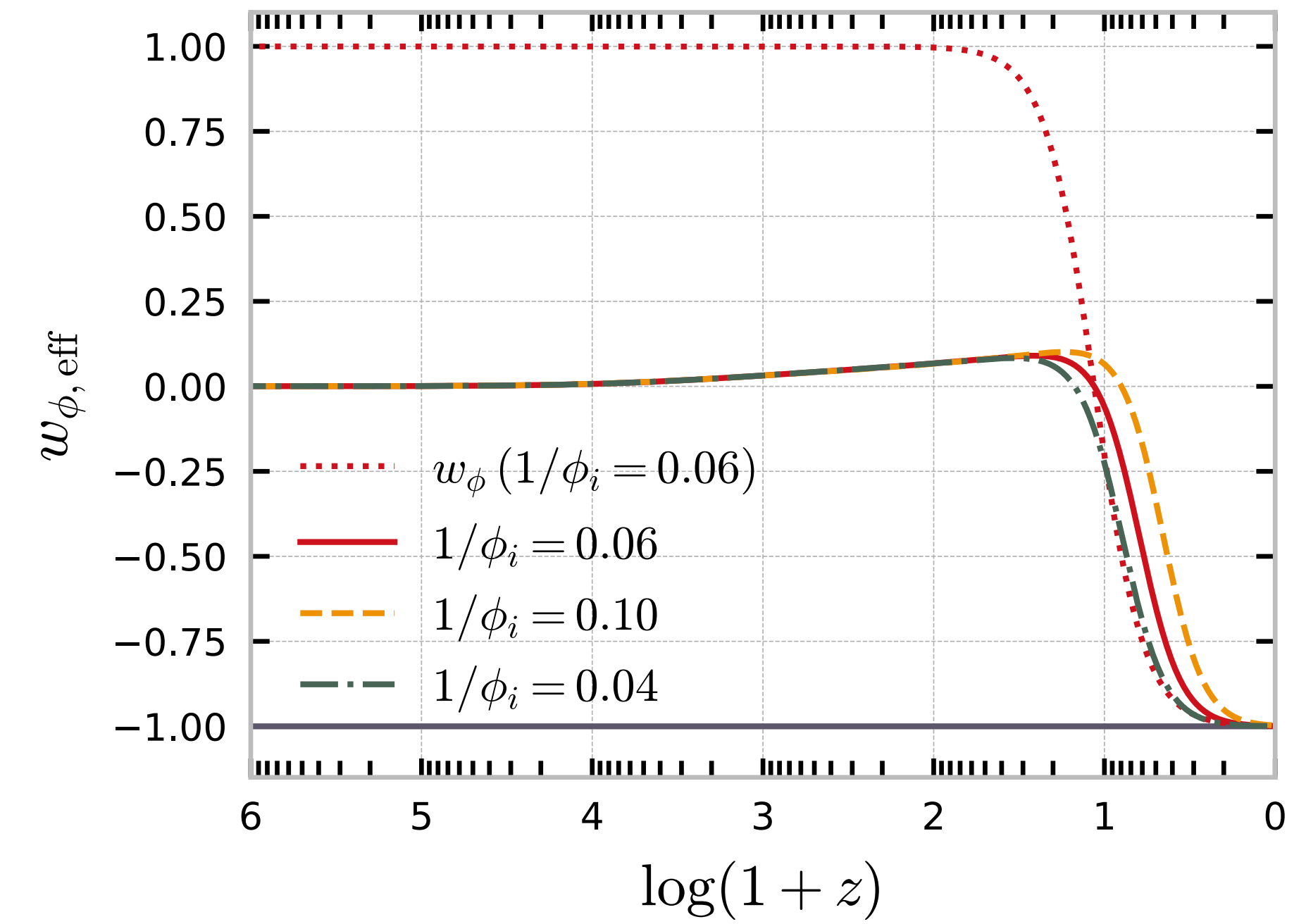
Based on: [E. M. Teixeira, G. Poulot, C. van de Bruck, E. Di Valentino, V. Poulin: [arxiv:2412.14139](https://arxiv.org/abs/2412.14139)]



Effective Dynamics

- In practice we have a **coupled quintessence model**
- The coupling is proportional to $1/\phi$
- Modified dynamics fully determined by the **initial value of the DE field ϕ_i**
- One parameter extension of Λ CDM ($1/\phi_i \rightarrow 0$)
- DM contribution from the coupling - a fraction of the DM energy density becomes DE at late times

$$\rho_{\phi,\text{eff}} = \rho_{\phi} + \rho_c - \rho_{c,0}a^{-3}, \quad w_{\phi,\text{eff}} = \frac{p_{\phi}}{\rho_{\phi,\text{eff}}}$$



[EMT, GP, CvB, EDV, VP: arxiv:2412.14139]

$$\dot{\rho}_c + 3H\rho_c = \frac{\dot{\phi}}{\phi}\rho_c$$

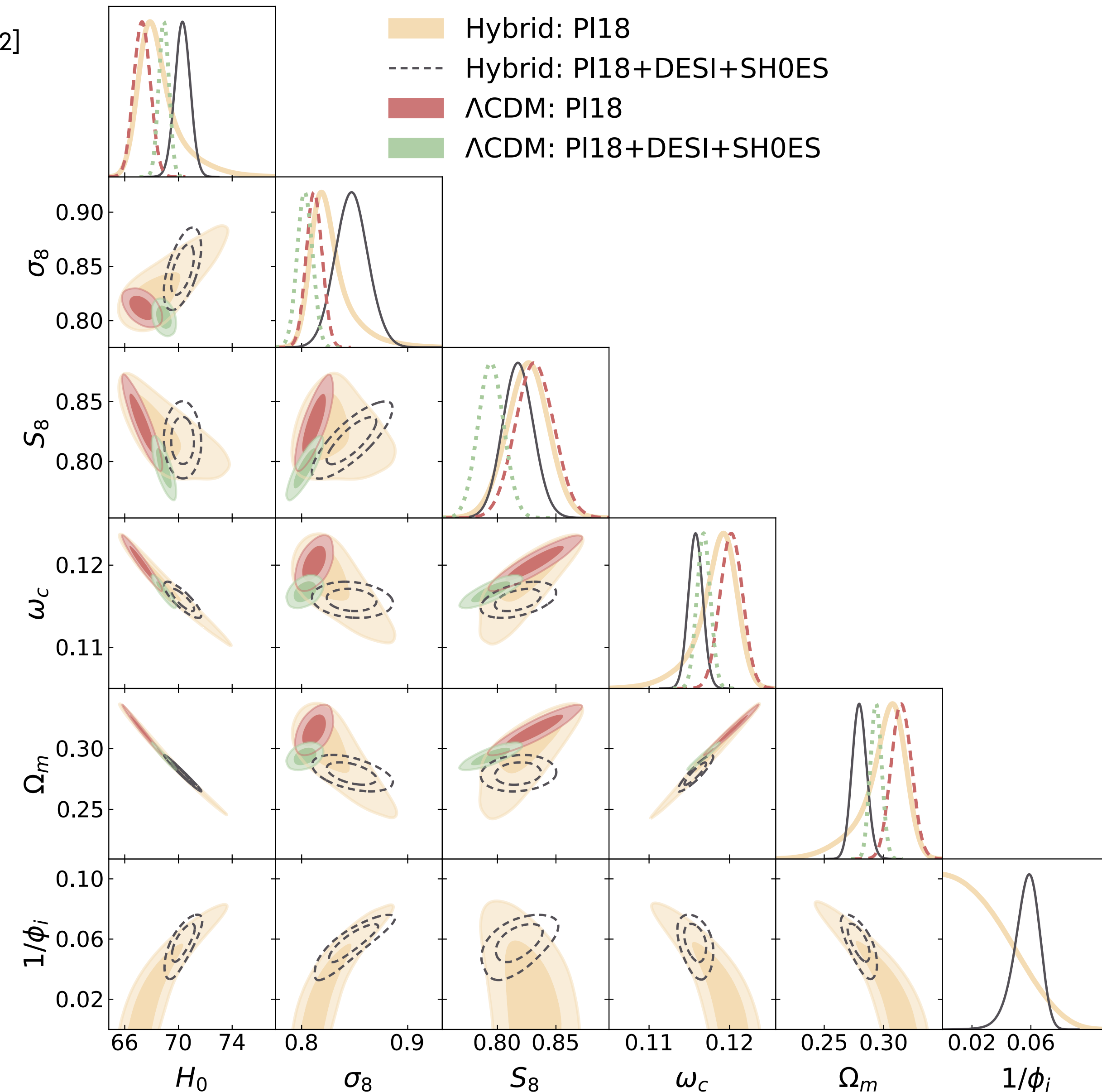
$$\ddot{\phi} + 3H\dot{\phi} = -\frac{1}{\phi}\rho_c$$



Results

[Aghanim et al.: Astron.Astrophys. 641 (2020) A5]
[A. G. Adame et al. (DESI), (2024), arXiv:2404.03002]
[Brout et. al: Astrophys. J. 938 (2022) 110]
[Riess et. al: Astrophys. J. Lett. 934 (2022) 1 L7]

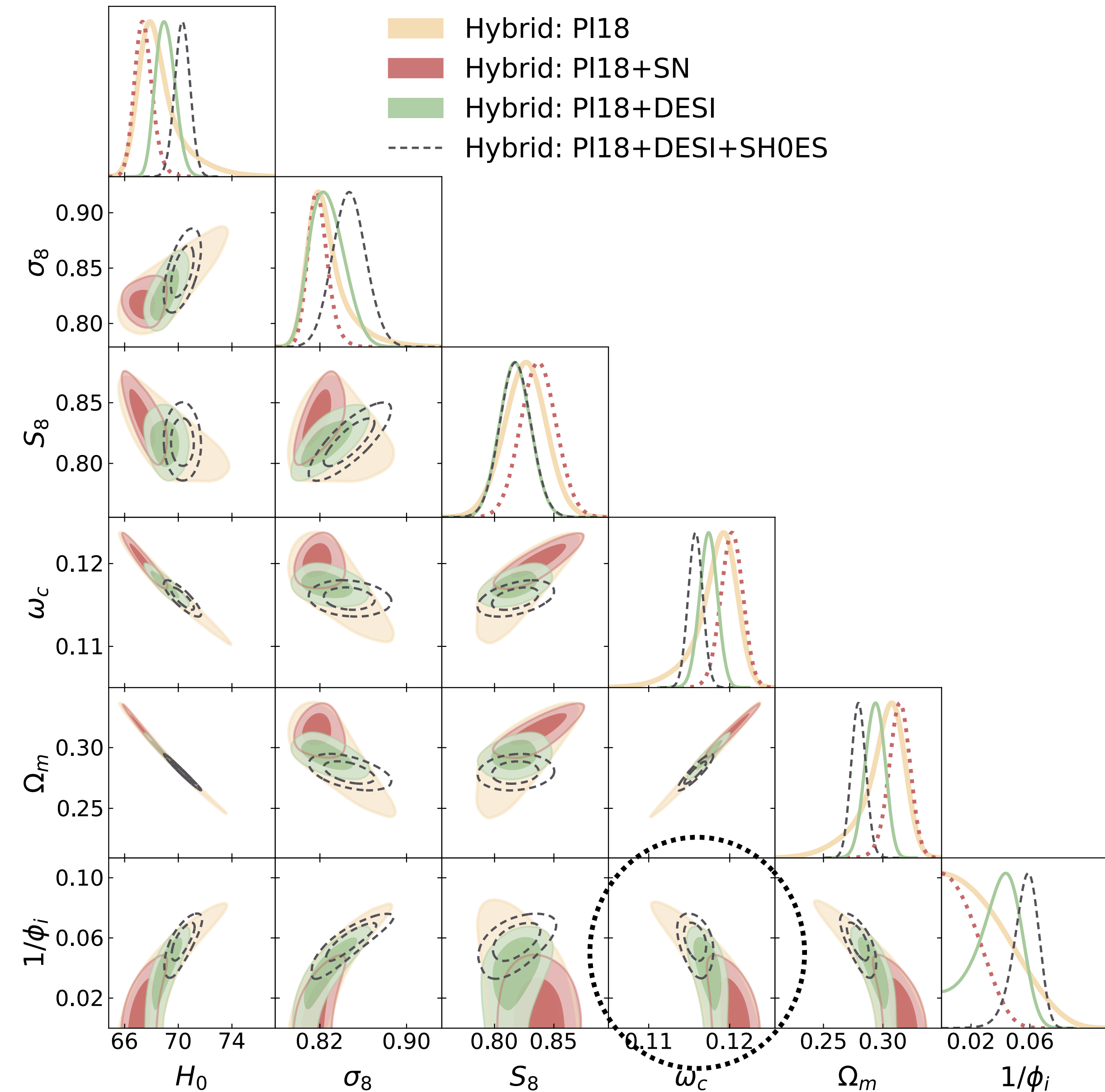
- Constraints with Planck (Pl18) are very similar to the Λ CDM case but with enlarged errors
- Positive correlation between the coupling ($1/\phi_i$) and H_0 and negative correlation with S_8
 $S_8 = \sigma_8 \sqrt{\Omega_m/0.3}$ - **alleviate cosmic tensions**
- **Detection of the coupling parameter** with DESI data
- DESI breaks geometrical degeneracies in CMB - more sensitive to the dynamical behaviour of the dark sector at late times
- DESI data attempts to bring physical matter density down in Λ CDM (slight disagreement with Pl18) [EMT, GP, CvB, EDV, VP: arxiv:2412.14139]





Results

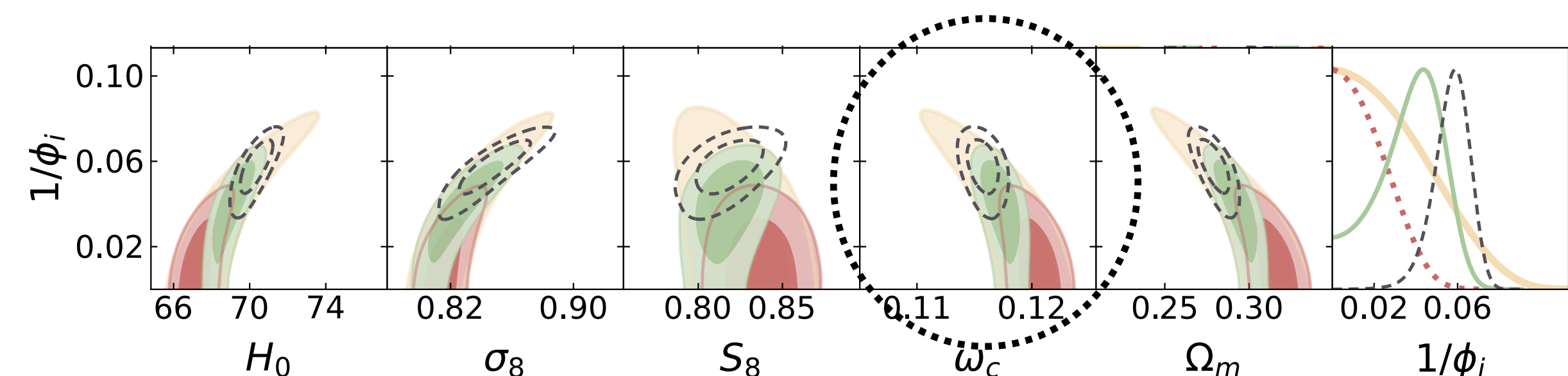
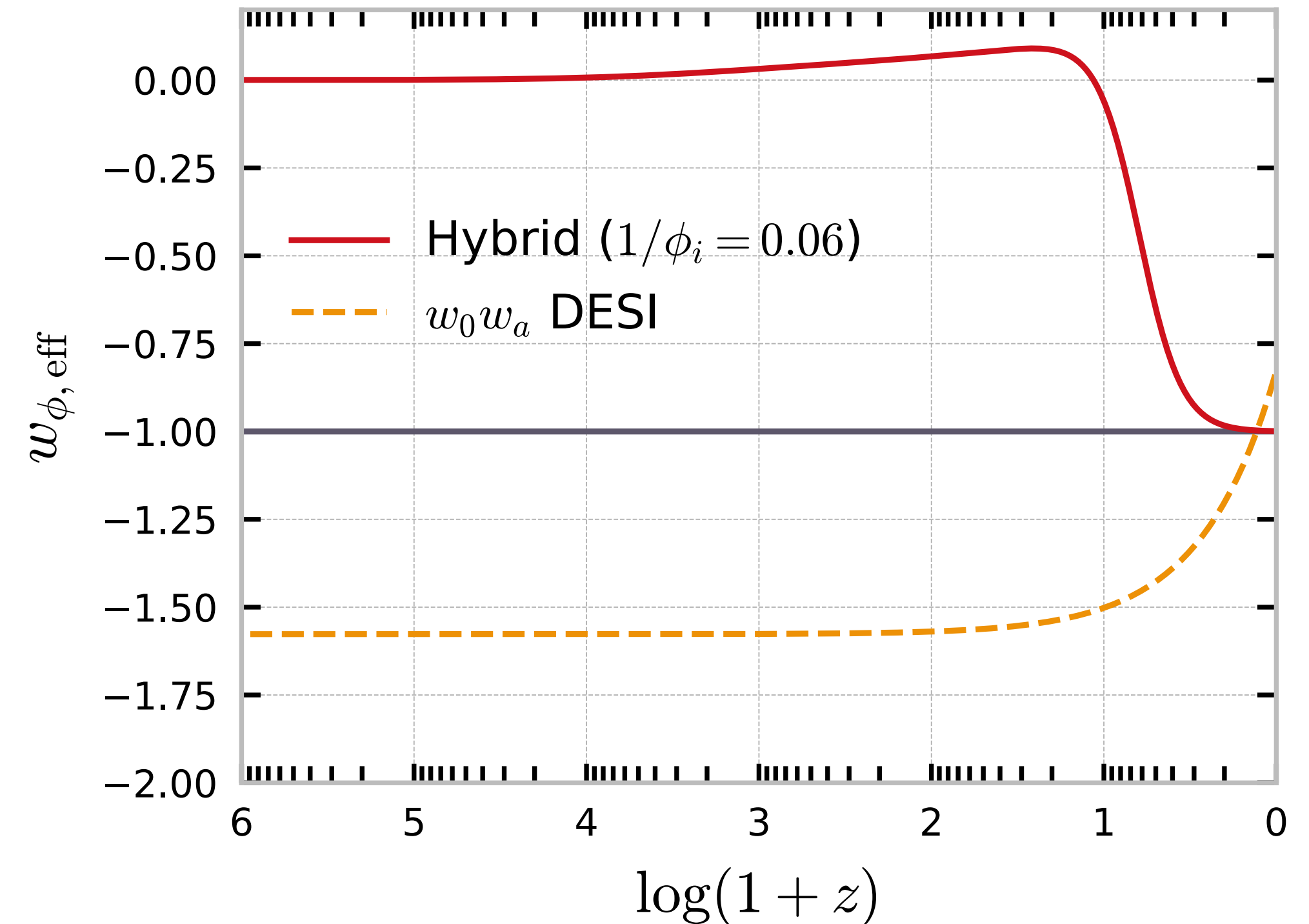
- DM component decays faster than in Λ CDM due to scaling behaviour of DE and coupling
- Initially the matter density is slightly larger than in Λ CDM and smaller at present, decreasing ω_c
- The additional contribution to ρ_c coming from coupling/effective fluid is favoured with DESI ($\Delta\chi^2_{\min} = 0.14 \rightarrow -2.8$)





Results

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- The additional contribution to ρ_c coming from coupling/effective fluid is favoured with DESI ($\Delta\chi^2_{\min} = 0.14 \rightarrow -2.8$)
- DESI found preference for phantom DE over Λ CDM
- Instead we have a coupled dark sector with a non-vanishing detection of $1/\phi_i > 0$ and $w_{\phi,\text{eff}}$ never becomes phantom

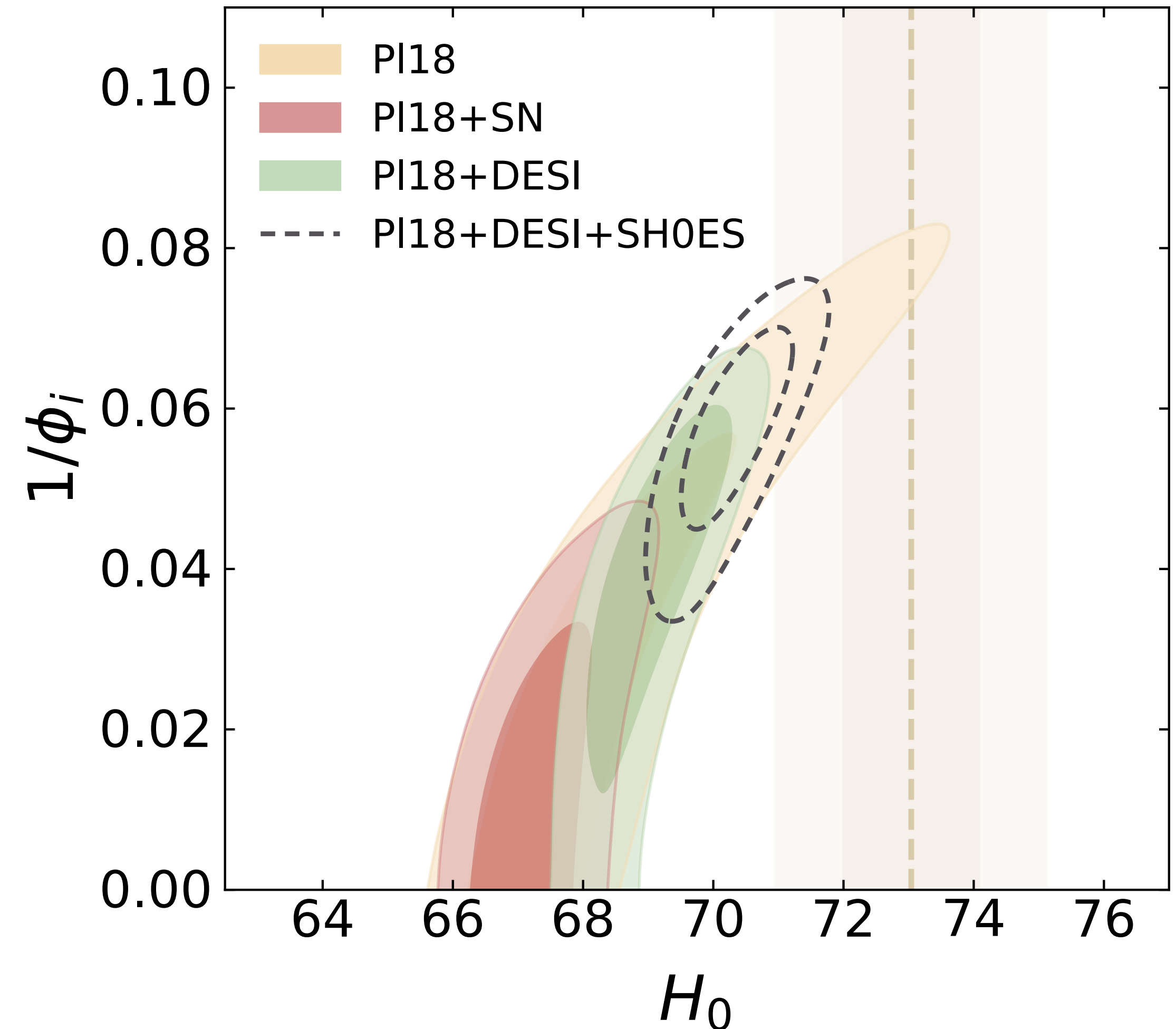




Results

- Alleviate the H_0 tension by increasing the coupling
- More significance when imposing SH0ES calibration
- SH0ES calibration: increase in $\Delta\chi^2_{\min} = 0.08 \rightarrow -16.32$, for PI18+SH0ES, $\Delta\chi^2_{\min} = -1.06 \rightarrow -12.76$ for PI18+DESI+SH0ES
- Bayesian evidence indicates support for hybrid model with SH0ES but is inconclusive otherwise
- The QDMAP tension metric shows that there is still a residual tension hidden in worsened fit to PI18 and DESI (~ 4 in Hybrid vs ~ 6 in Λ CDM)

$$Q_{\text{DMAP}, D}^{\text{SH0ES}} = \sqrt{\chi^2_{\min}(D + M_B) - \chi^2_{\min}(D)}$$



Scalar field dark matter with time-varying equation of state

Based on: [G. Poulot, E. M. Teixeira, C. van de Bruck, N. Nunes: [arxiv:2404.10524](https://arxiv.org/abs/2404.10524)]



Coupled SF Dark Matter

Extension of the cosmological axion model coupled to quintessence dark energy

Interacting dark energy

$$f^2(\phi) = C(\phi)$$

$$g(\phi) = C^2(\phi)$$

$$S_{\text{dark}} = \int d^4x \left[\sqrt{-g} \mathcal{L}_\phi(g_{\mu\nu}, \phi) + \sqrt{-\bar{g}} \bar{\mathcal{L}}_m(\bar{g}_{\mu\nu}(g_{\mu\nu}, \phi), \chi) \right]$$

IDE's that seem to address the Hubble tension:

[E. Di Valentino, A. Melchiorri and O. Mena: Phys. Rev. D 96 (2017) 043503]

Conformal Transformation: Kinetic+Potential Coupling

- Simplest way to relate two geometries
- Functional dependence on scalar field already present in the theory
- Map non-standard theories of gravity into GR plus ϕ minimally coupled to the geometry [Jordan: Z. Phys. 157 (1959), 112; Brans and Dicke: Phys. Rev. 124 (1961), 925]

$$\bar{g}_{\mu\nu} = C(\phi)g_{\mu\nu}, \quad \nabla T_{\text{dark}} \propto \pm Q, \quad Q \propto \frac{C_{,\phi}}{C} \rho_\chi$$

$$Q \propto H \xi \rho_\phi$$

Two scalar fields - Exchange role of DM and DE in R_{fs}/Q !



Coupled SF Dark Matter

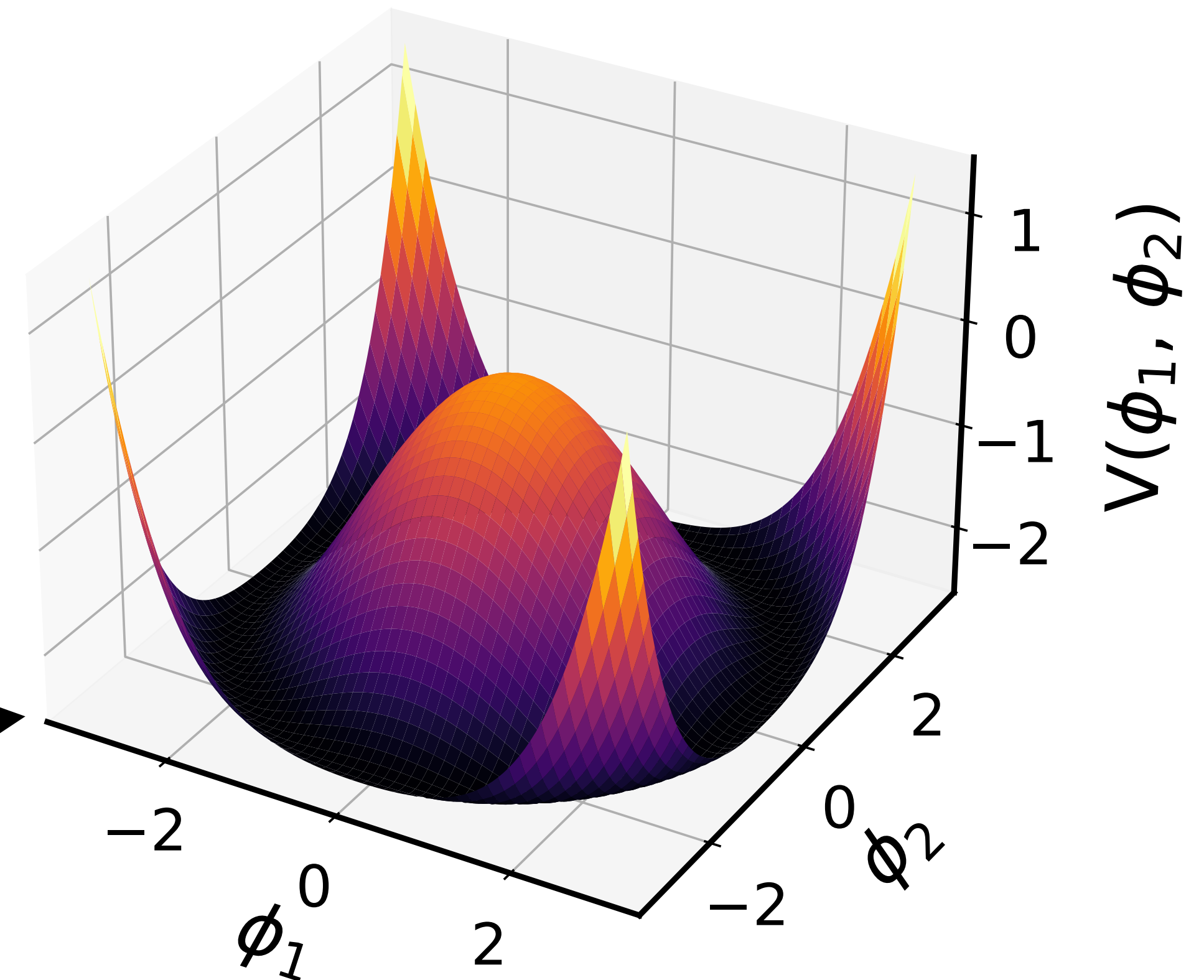
Extension of the cosmological axion model coupled to quintessence dark energy [GP, EMT, CvB, NN: arxiv:2404.10524]

$$S_{DM} = \int d^4x \sqrt{-g} \left(-\frac{1}{2} g^{\mu\nu} \partial_\mu \chi \partial_\nu \chi - V(\chi) \right)$$

$$V(\chi) = \frac{1}{2} m^2 \chi^2 \quad \text{and} \quad \bar{g}_{\mu\nu} = C(\chi) g_{\mu\nu}$$

$$S_{DE} = \int d^4x \sqrt{-g} \left(-\frac{C(\chi)}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - C^2(\chi) U(\phi) \right)$$

Axion-like Potential



The conformal factor C depends on DM (χ)
DE (ϕ) which is coupled conformally to DM



Coupled SF Dark Matter

Extension of the cosmological axion model coupled to quintessence dark energy [GP, EMT, CvB, NN: arxiv:2404.10524]

- ◎ **Interaction** between DM and DE
- ◎ Q_0 and Q_1 are **coupling terms**
- ◎ **Rapid oscillations** ($m \gg H$) that can be averaged over one cycle
- ◎ Find solution for χ and apply **effective fluid**

$$\ddot{\chi} + 3H\dot{\chi} + m^2\chi = -Q(t)$$

$$Q(t) = Q_0(t) + Q_1(t)\chi$$

$$\ddot{\chi} + 3H\dot{\chi} + m_{\text{eff}}^2\chi = -Q_0, \quad \text{with} \quad m_{\text{eff}}^2 = m^2 + Q_1$$





Coupled SF Dark Matter

Extension of the cosmological axion model coupled to quintessence dark energy [GP, EMT, CvB, NN: arxiv:2404.10524]

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Effective Fluid

$$\chi_{\text{osc}}(t) = \left(\frac{a_0}{a}\right)^{3/2} \left(\frac{m_0}{m_{\text{eff}}}\right)^{1/2} [\chi_+ \sin(m_{\text{eff}}t) + \chi_- \cos(m_{\text{eff}}t)]$$

- Field no longer oscillates around zero

$$\chi(t) = \chi_{\text{osc}}(t) + A(t)$$

$$A(t) \approx -\frac{Q_0}{m_{\text{eff}}^2}$$

- Average $\langle . \rangle$ of the oscillating field $\langle \chi \rangle$ and its derivatives and powers
- Derive fluid approximated quantities $\langle \rho \rangle$, $\langle p \rangle$, $\langle w \rangle$



Effective Fluid Background

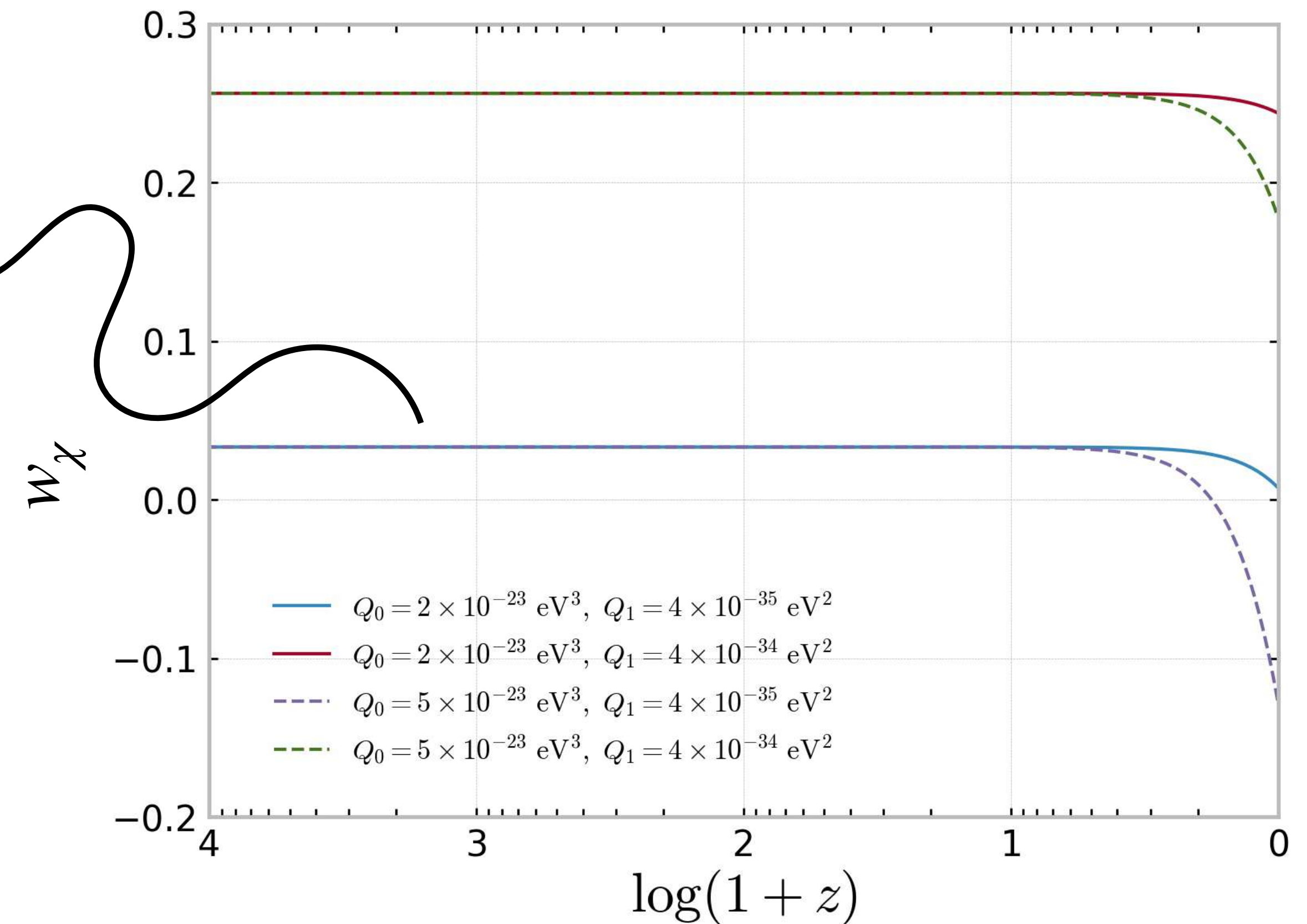
- © The averaged behavior no longer leads to CDM, the pressure no longer vanishes:

$$\langle w \rangle \equiv \langle p \rangle / \langle \rho \rangle \neq 0!$$

- © The **EoS of DM remains slightly positive** for most of the cosmic history
- © But it becomes **negative** at late times - **Hubble tension?**

$$\langle w_\chi \rangle = \left(1 - \frac{m^2 A^2}{2 \langle \rho_\chi \rangle} \right) \frac{m_{\text{eff}}^2 - m^2}{m_{\text{eff}}^2 + m^2} - \frac{m^2 A^2}{2 \langle \rho_\chi \rangle}$$

Change the physical properties of DM!



$$m = 10^{-17} \text{ eV}, [\text{GP}, \text{EMT}, \text{CvB}, \text{NN: arxiv:2404.10524}]$$



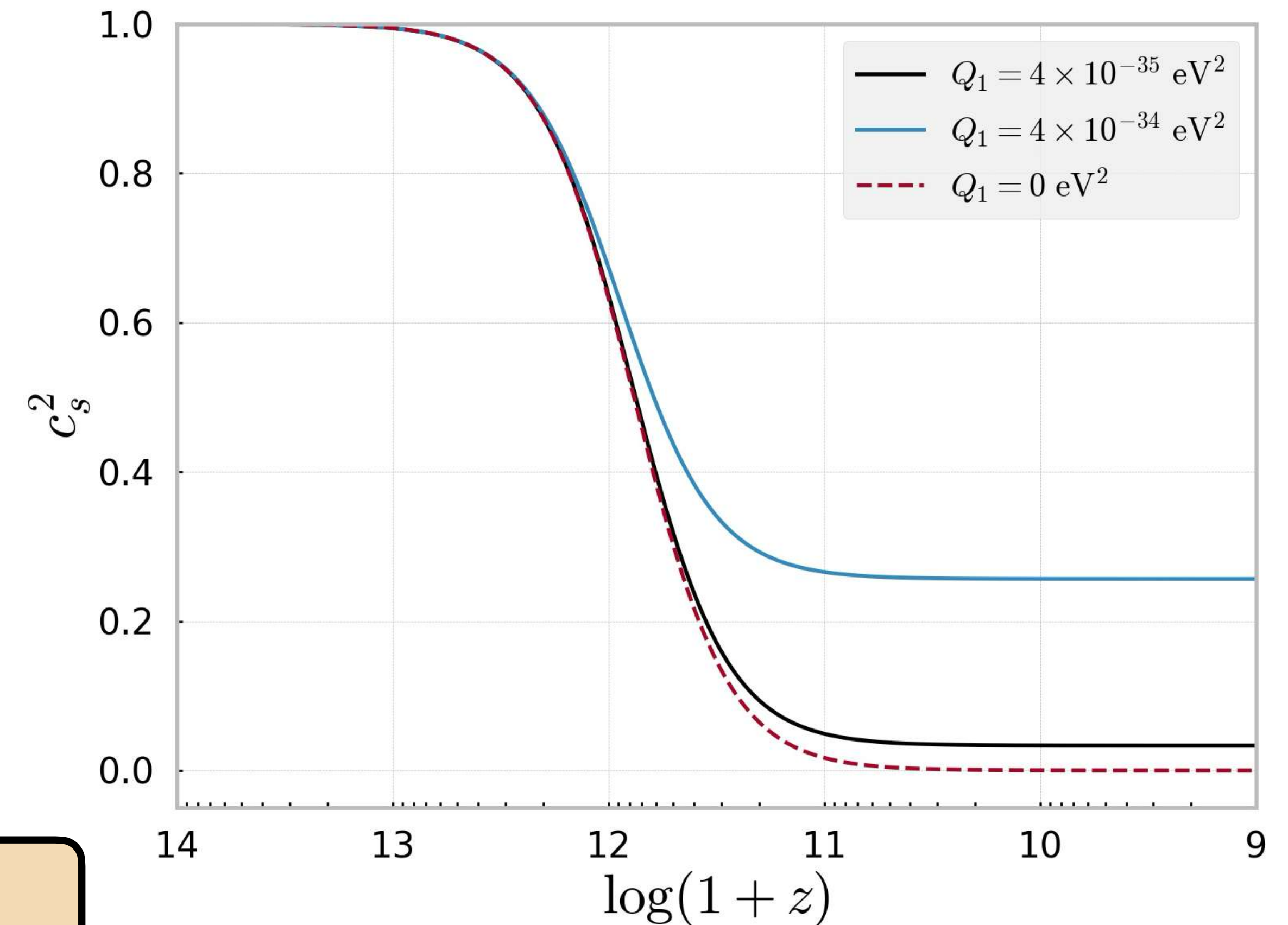
Effective Fluid Perturbations

- At linear level in approximation compute $c_a^2 \approx \langle \delta p \rangle / \langle \delta \rho \rangle$ using similar approach and calculations (independent of Q_0)

$$c_a^2 = \frac{\frac{1}{2} \frac{k^2}{a^2 m^2} + \frac{Q_1}{m^2}}{\frac{1}{2} \frac{k^2}{a^2 m^2} + 2 + \frac{Q_1}{m^2}}$$

- Changes mostly at **late times** when coupling becomes important

$$\delta p = c_a^2 \delta \rho + \text{terms}(Q, \delta Q) \rightarrow \text{non-adiabatic contribution}$$



$m = 10^{-17} \text{ eV}$, $k = 10 \text{ Mpc}^{-1}$, [GP, **EMT**, CvB, NN: arxiv:2404.10524]



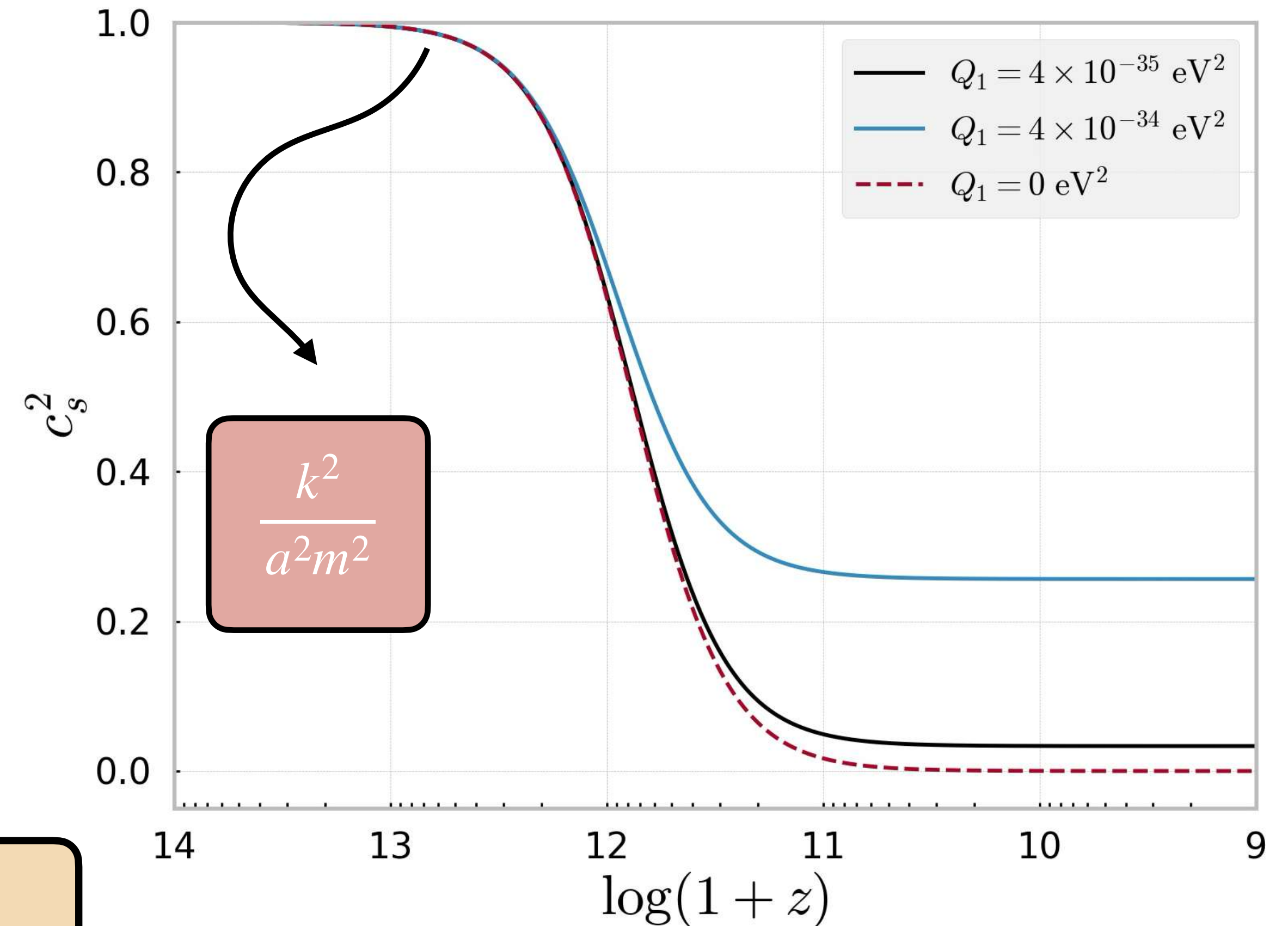
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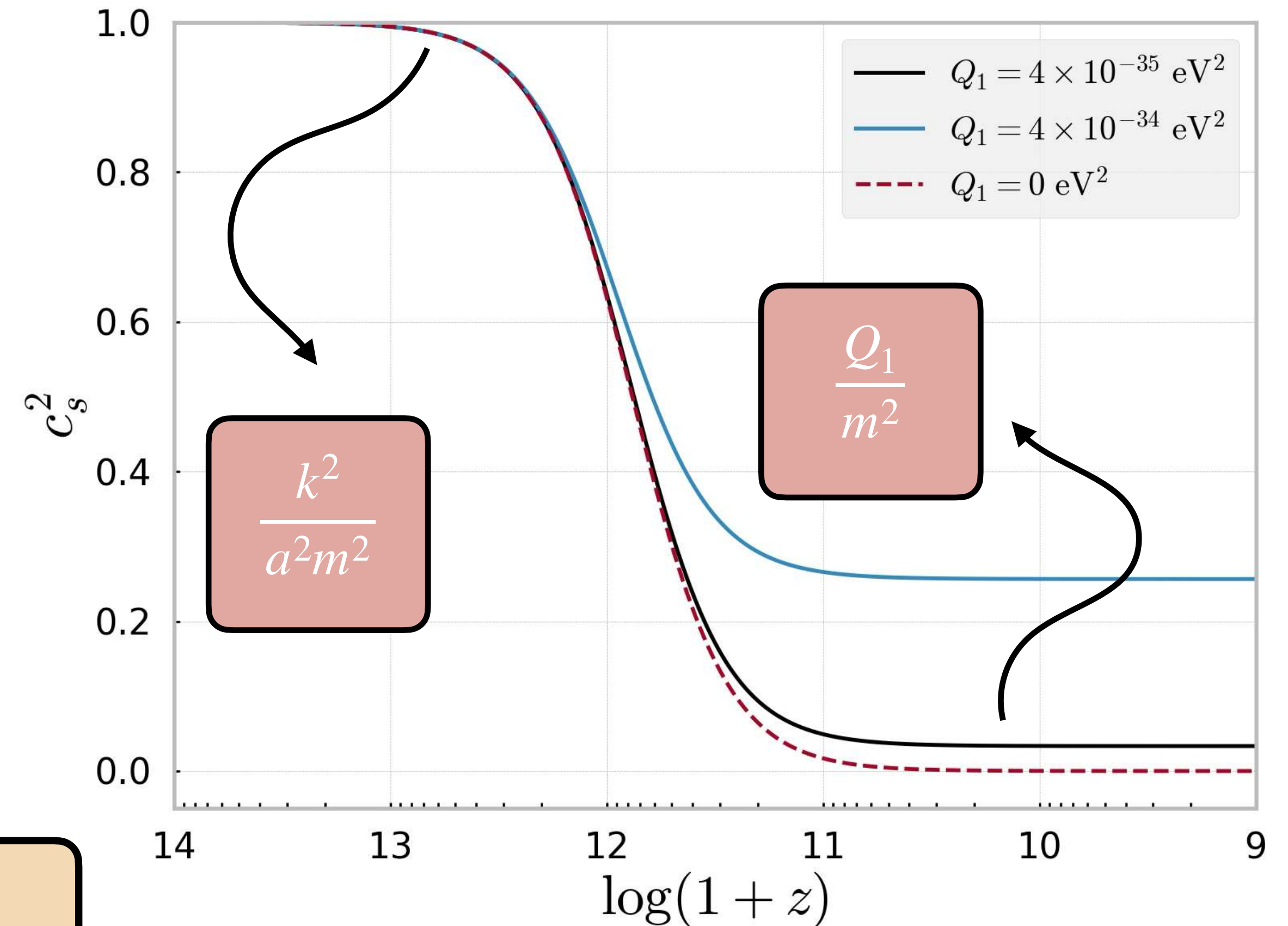
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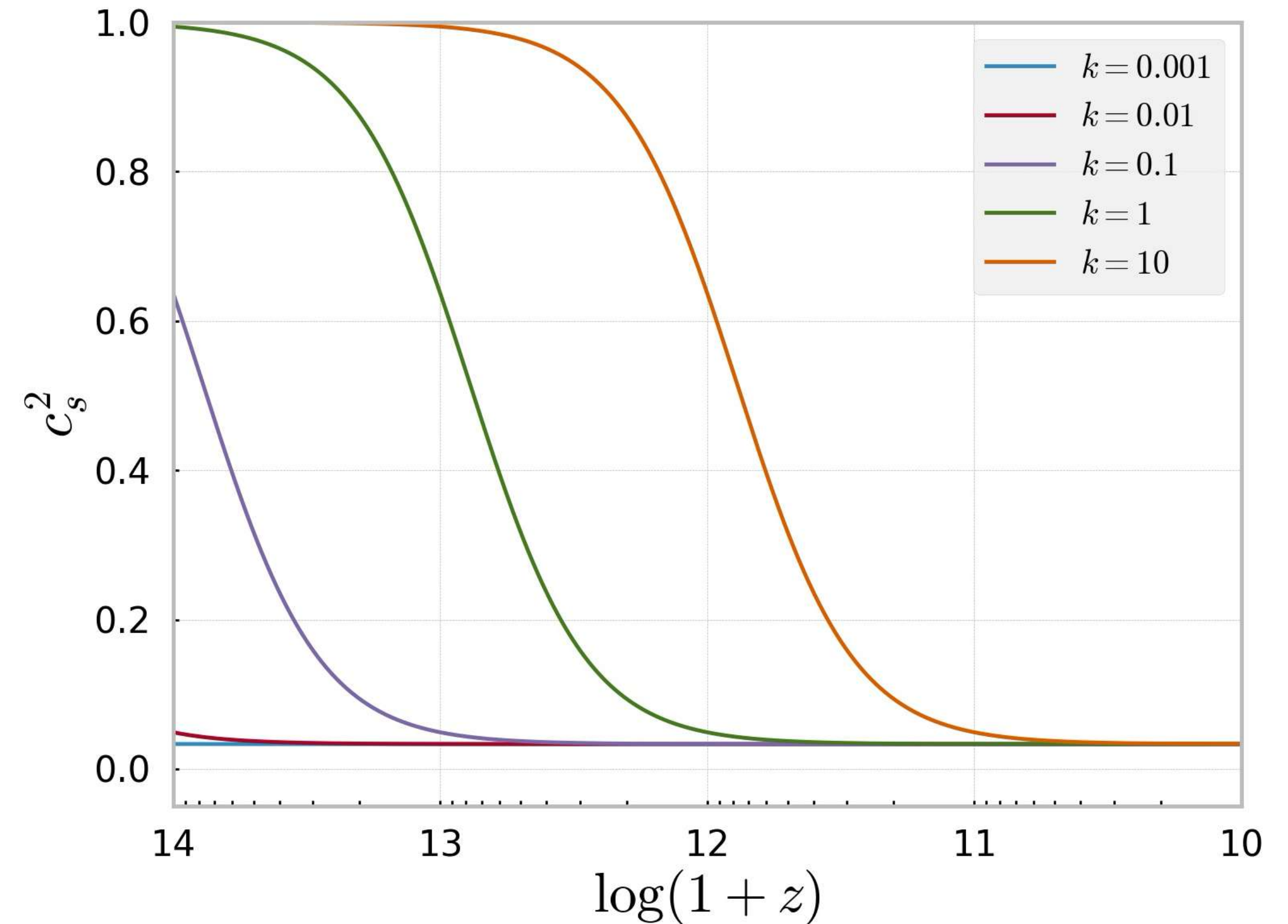


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- Changes mostly at **late times** when coupling becomes important
- Due to the coupling the **sound speed is enhanced on all scales**
- Suppression on small scales - **S₈ tension**



$$m = 10^{-17} \text{ eV}, Q_1 = 10^{-35} \text{ eV}^2, [\text{GP}, \text{EMT}, \text{CvB}, \text{NN: arxiv:2404.10524}]$$

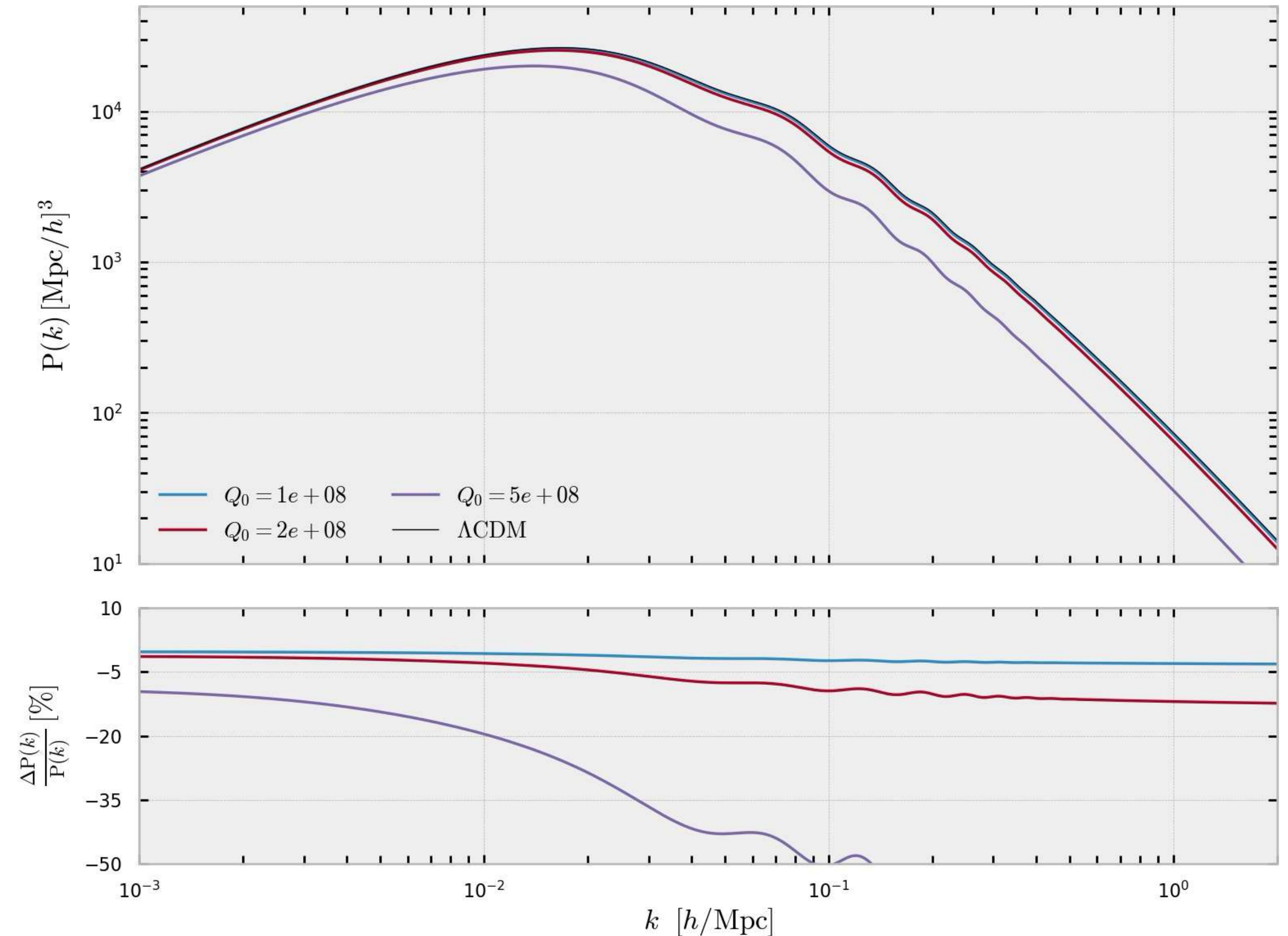


Effective Fluid Perturbations

- First approximation: ϕ is constant, Q_0 is constant and $Q_1 = 0$

$$c_a^2 = \frac{\frac{1}{2} \frac{k^2}{a^2 m^2}}{\frac{1}{2} \frac{k^2}{a^2 m^2} + 2}$$

- Same as uncoupled axion but with coupling in the background
- Due to the coupling the **sound speed is enhanced mostly on small scales**



$$m = 10^{-17} \text{ eV}, Q_1 = 0, [\text{GP, EMT, CvB, NN: arxiv:2404.10524}]$$

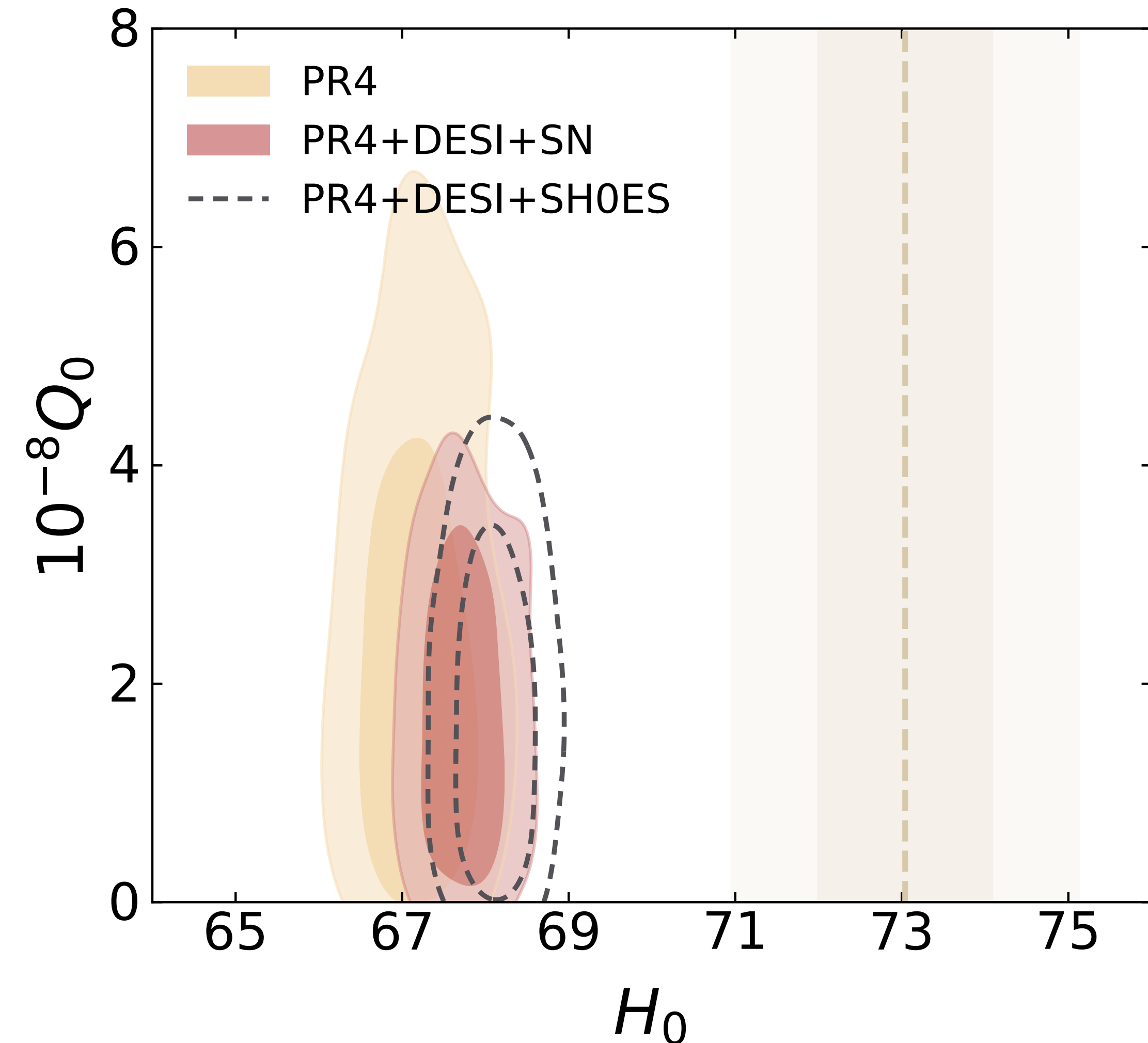


Observational Imprints (preliminary results)

- First approximation: ϕ is constant, Q_0 is constant and $Q_1 = 0$

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- Background coupled dynamics - **H0 tension**



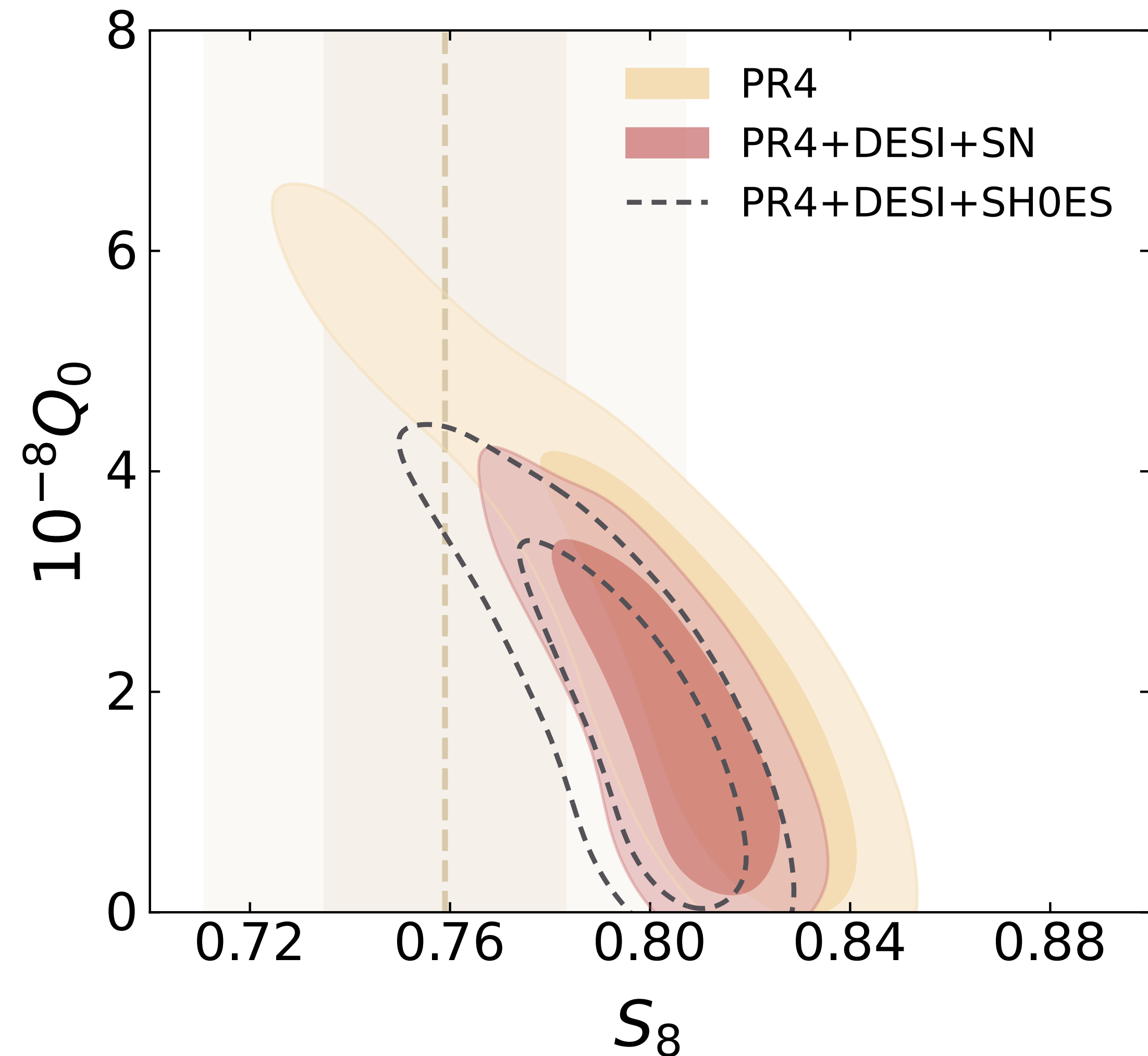


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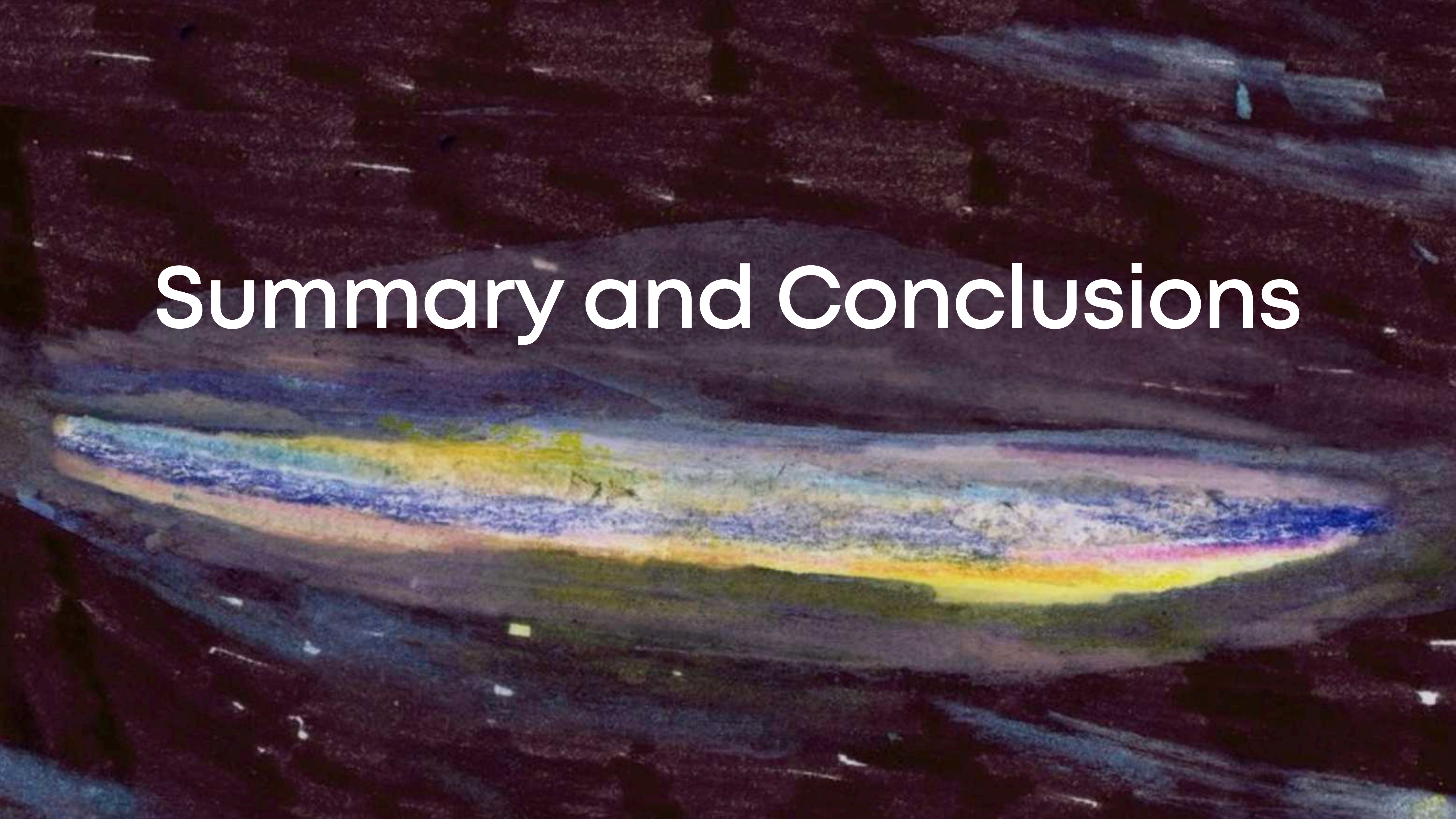
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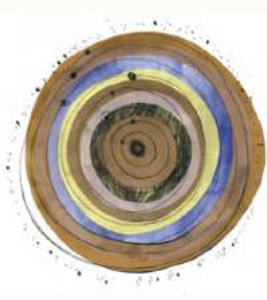
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- Same as uncoupled axion but with coupling in the background
- Due to the coupling the **sound speed is enhanced mostly on small scales**
- Background coupled dynamics - **H0 tension**
- Matter power spectrum suppression on small scales - **S₈ tension**



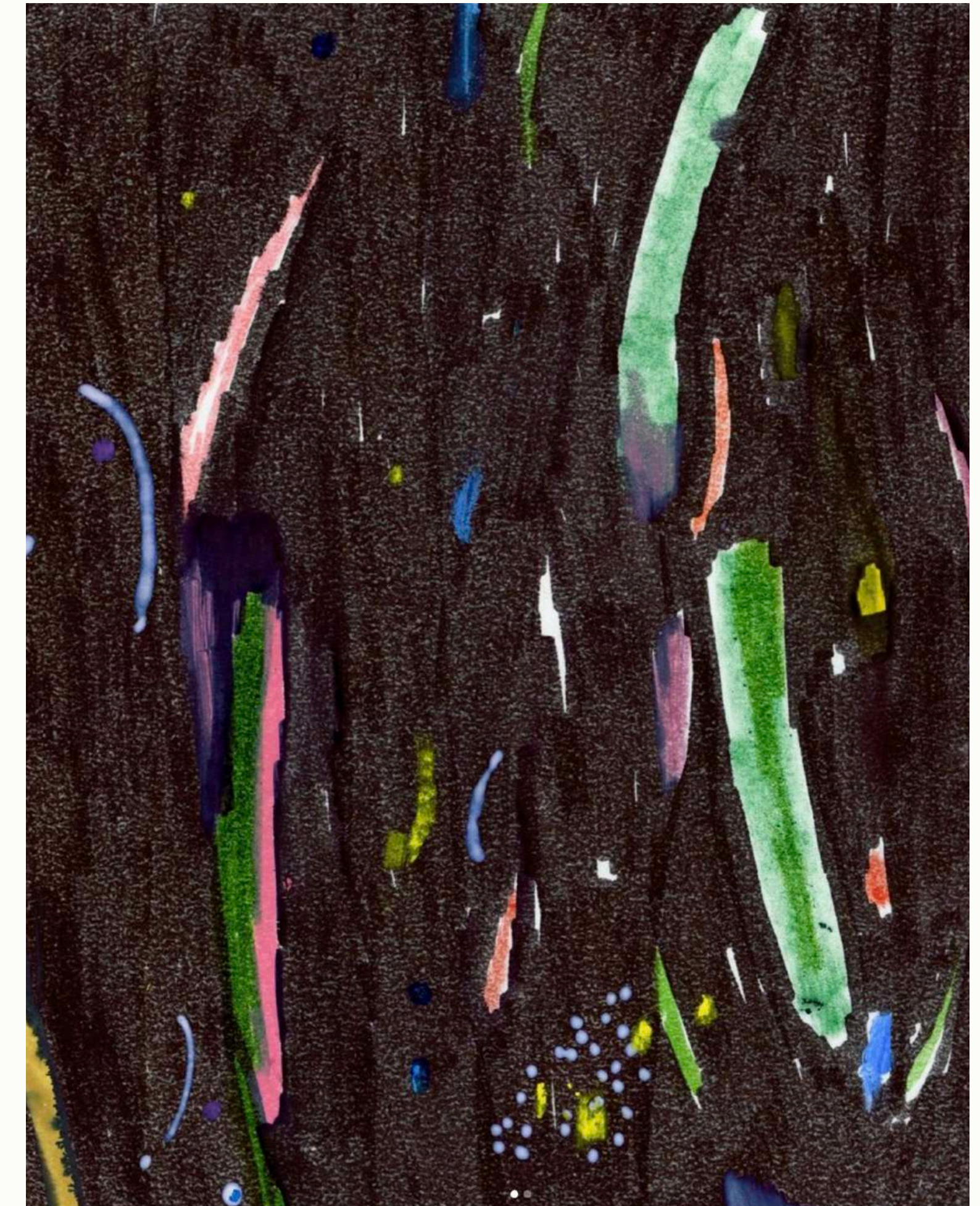
Summary and Conclusions

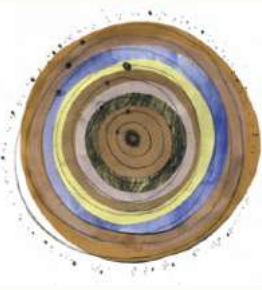




Conclusions

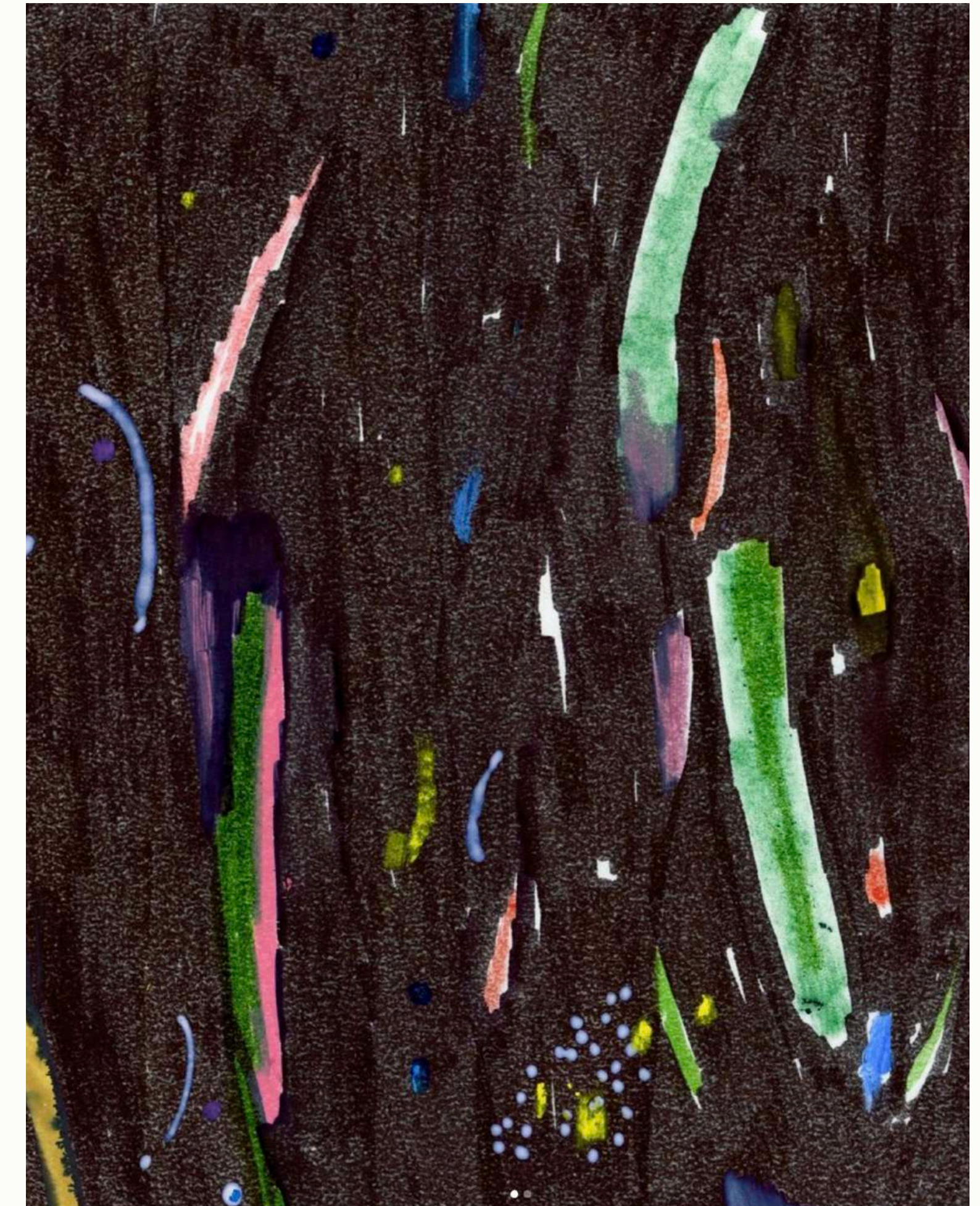
- Λ CDM model facing **challenges** with increasing precision
 - Incompatibility of **early- and late-Universe measurements**
 - Address the **H_0 tension** for expansion history - dark energy
 - The **S_8 tension** could be related to a suppression of the matter power spectrum on small scales - dark matter
 - **Coupled dark sector** models are natural extension of Λ CDM
-
- Late-time scenario based on **hybrid inflation** for DM and DE
 - DE scales with DM during MDE and characteristic effective fluid behaviour lead to **suppressed matter density** today
 - Characteristic correlations between coupling and H_0, S_8, ω_c that **alleviate cosmic tensions** but cannot solve them





Conclusions

- Λ CDM model facing **challenges** with increasing precision
 - Incompatibility of **early- and late-Universe measurements**
 - Address the **H0 tension** for expansion history - dark energy
 - The **S8 tension** could be related to a suppression of the matter power spectrum on small scales - dark matter
 - **Coupled dark sector** models are natural extension of Λ CDM
-
- Coupled scalar model in which the **DM axion has a non-zero equation of state/pressure** at all times
 - The sound speed of DM perturbations is enhanced at all scales - **suppression of matter $P(k)$ at all scales**
 - Cosmological constraints and **impact on cosmic tensions**



Thank you for your attention!

ELSA M. TEIXEIRA

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elsa.teixeira@umontpellier.fr

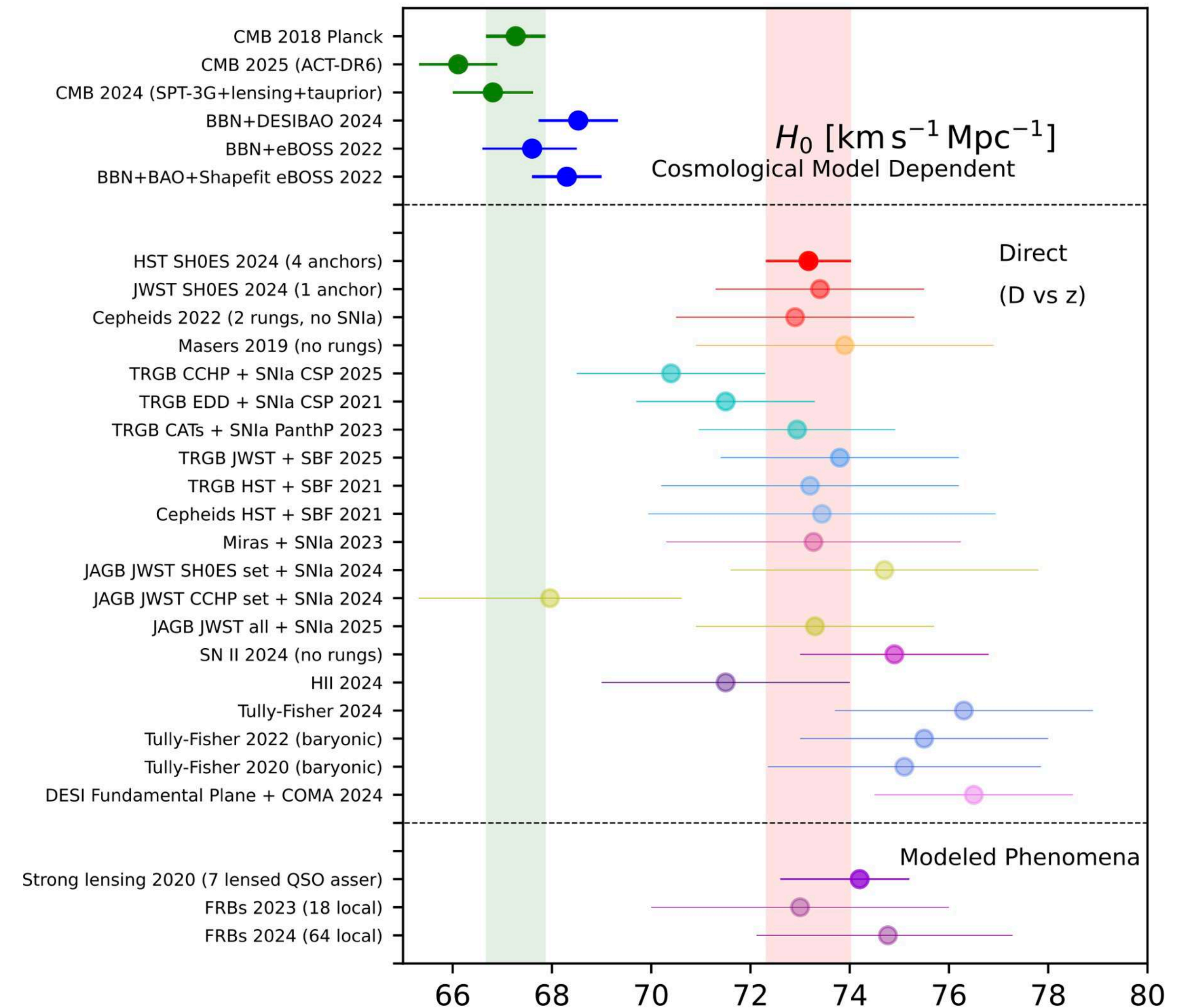
Illustrations: Inês Viegas Oliveira
(ivoliveira.com)

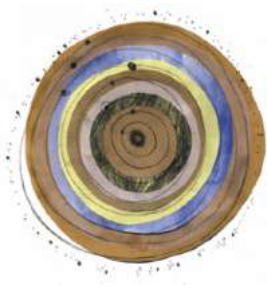


The Hubble Tension

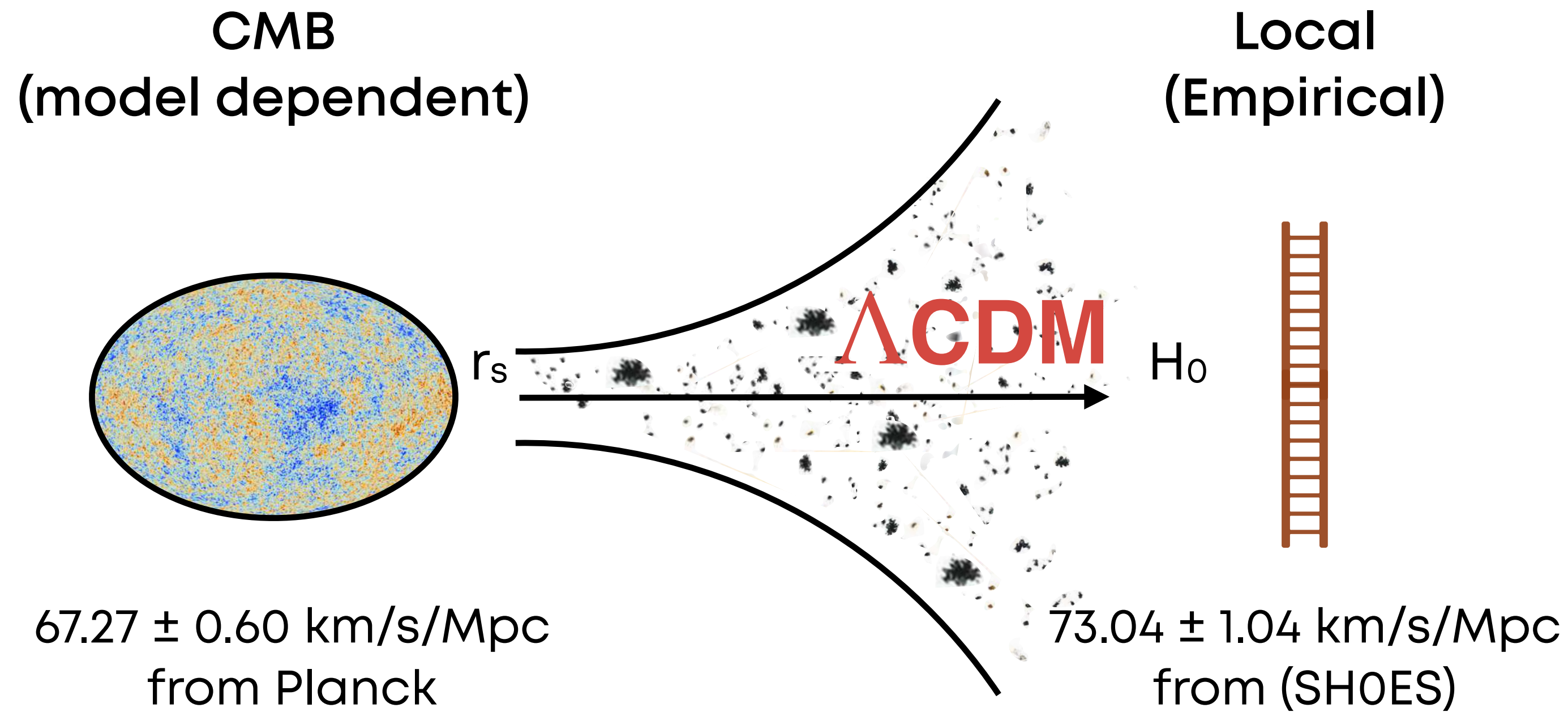
Unreconcilable values for H_0 from the CMB and from direct local distance ladder measurements

- ~5 σ tension between Planck 2018 and SH₀ES:
 - CMB (Planck): $H_0 = 67.27 \pm 0.60$ km/s/Mpc
 - SNe (R22): $H_0 = 73.04 \pm 1.04$ km/s/Mpc
- The CMB data assumes the Λ CDM model
- DESI BAO (+BBN+CMB): $H_0 = 68.45 \pm 0.47$ km/s/Mpc [DESI Collaboration DR2 2025: arXiv:2503.14738]
- Compilation of early vs late time data that disagree
- Could signal differences in the expansion history (nature of the dark sector)

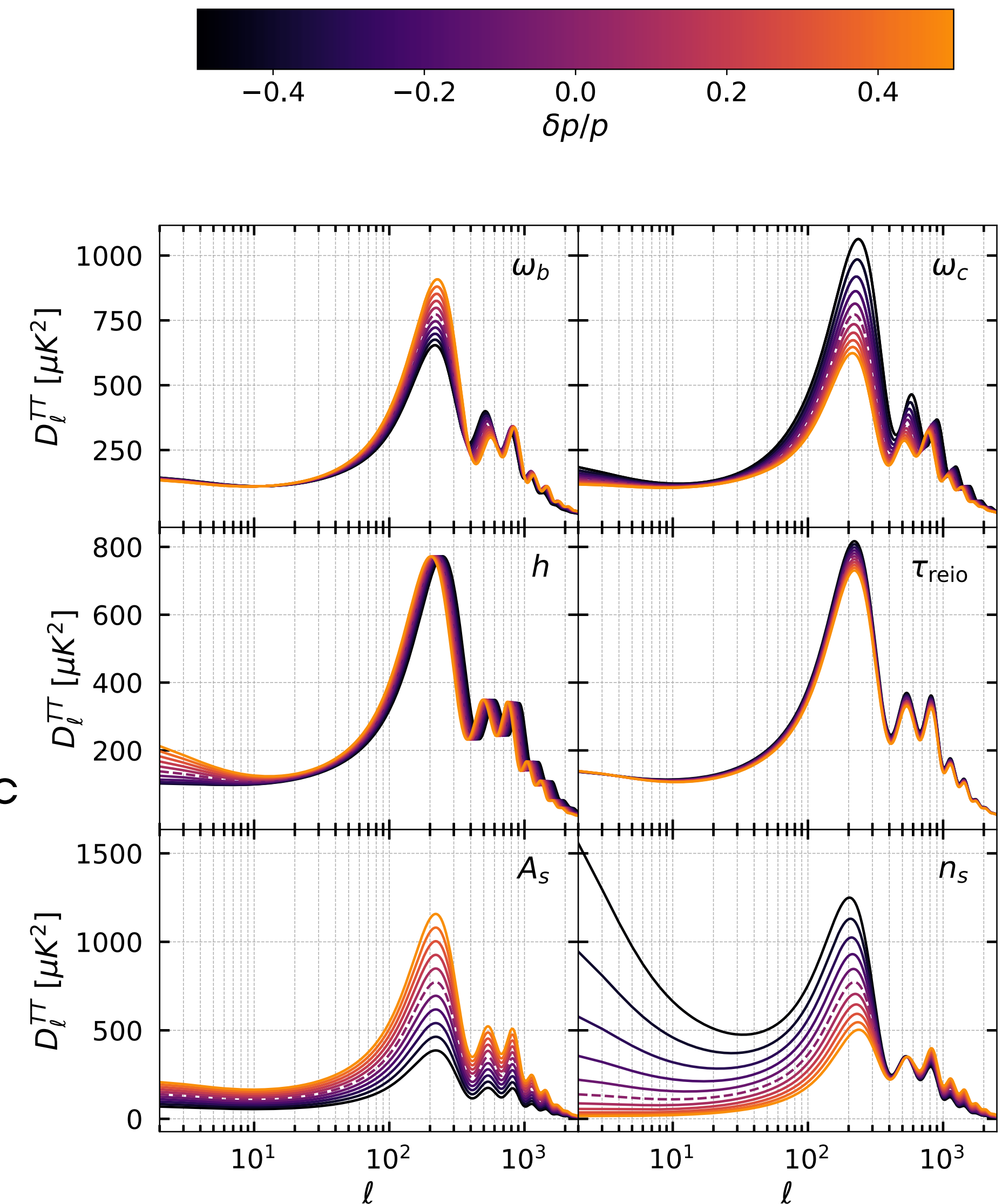




Cosmological Tensions



Missing Ingredients or New Physics?

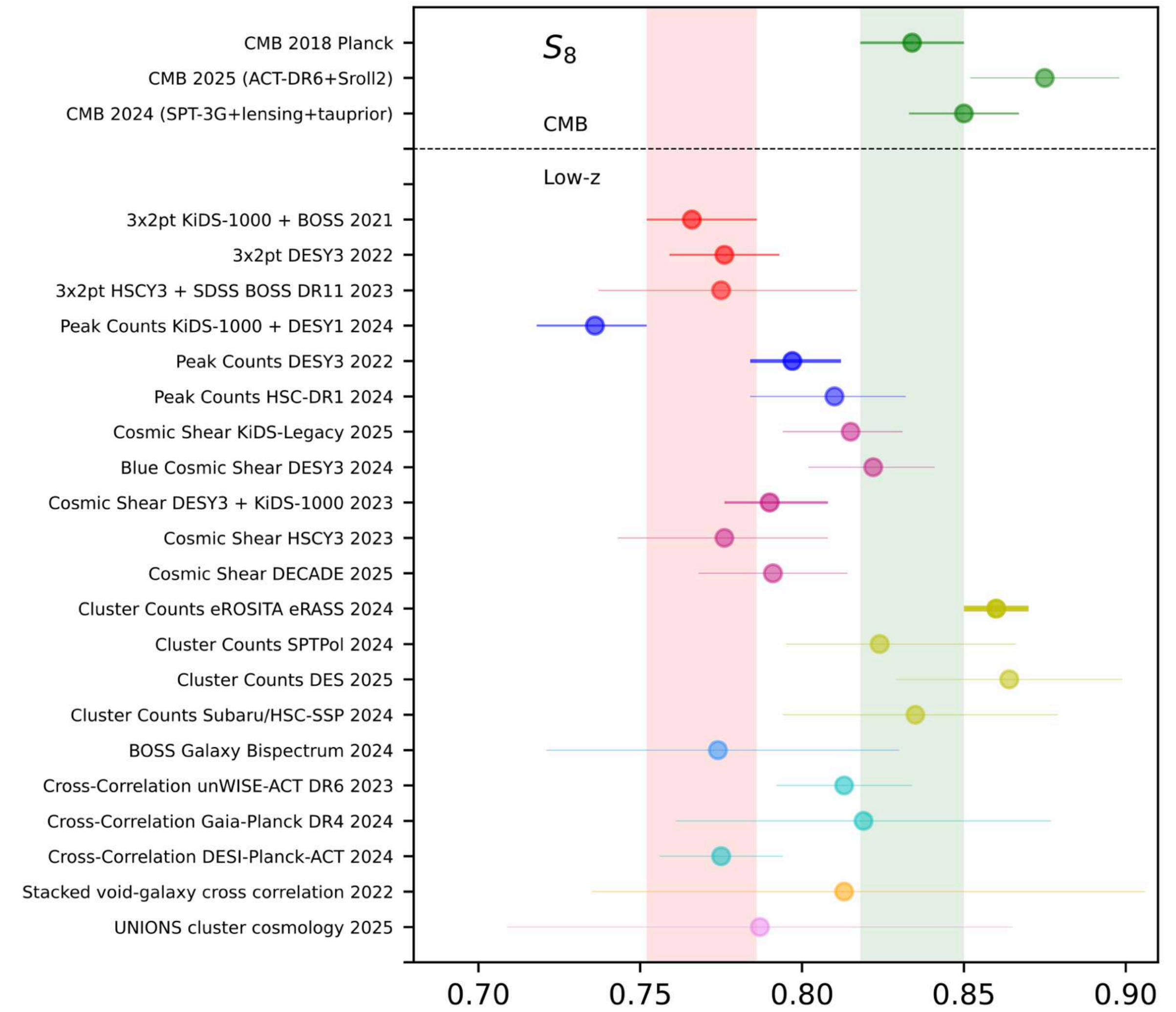


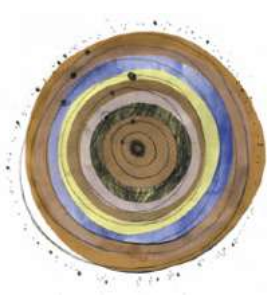


The S_8 Tension

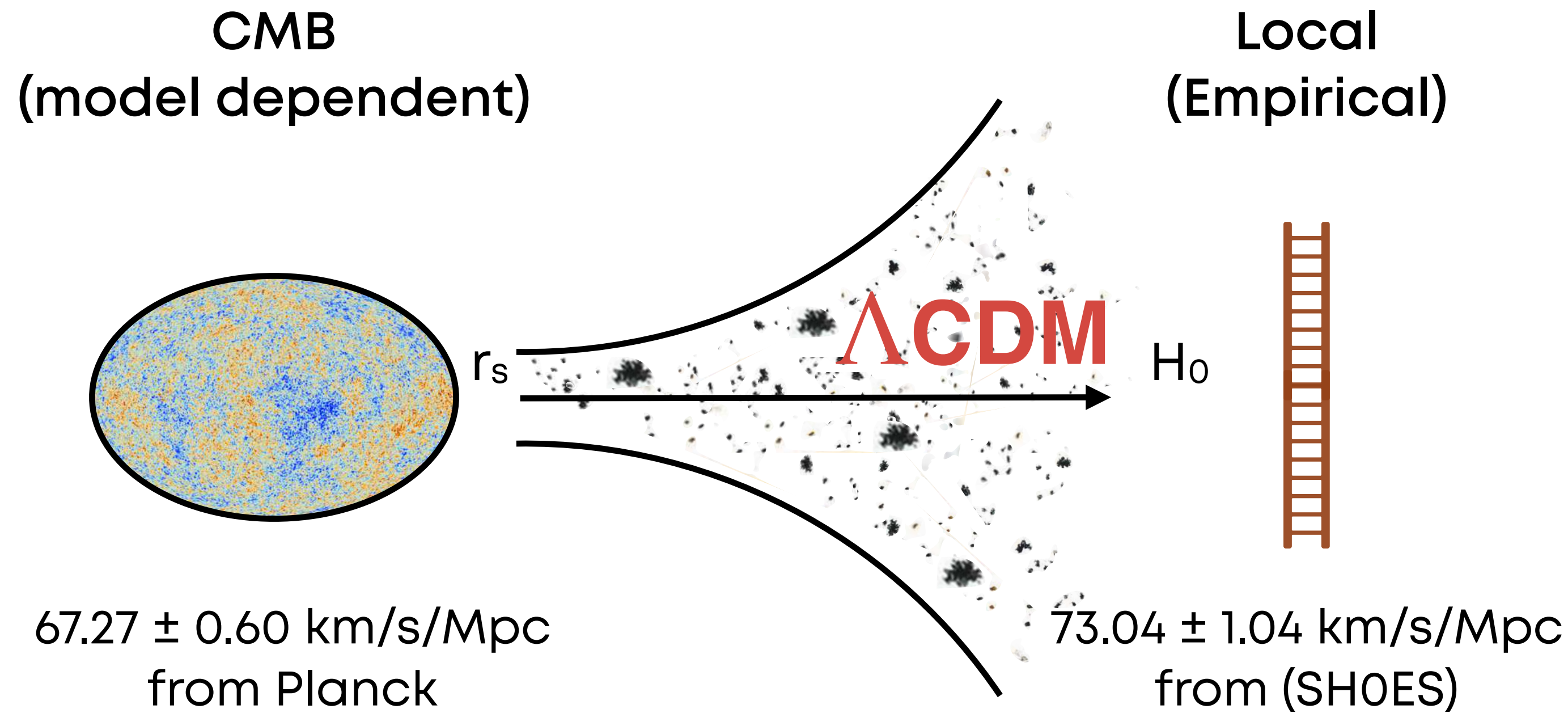
Discrepancy between CMB data and lensing surveys on combined quantity $S_8 = \sigma_8 \sqrt{\Omega_m/0.3}$

- ~ 3σ tension between Planck 2018 CMB data and KiDS-1000 combination of Cosmic Shear and Galaxy Clustering:
 - CMB (Planck 2018): $S_8 = 0.832 \pm 0.013$
 - Cosmic Shear (DES-Y3): $S_8 = 0.759^{+0.025}_{-0.023}$
- eRosita (eRASS1): $S_8 = 0.86 \pm 0.01$ [Ghirardini et al. 2024]
- Kids-Legacy ($S_8 = 0.815^{+0.016}_{-0.021}$) find possible resolution with Planck but not for the other measurements (improved redshift distribution estimation and calibration, as well as new survey area and improved image reduction)
- Could signal changes in clustering of matter (nature of CDM)

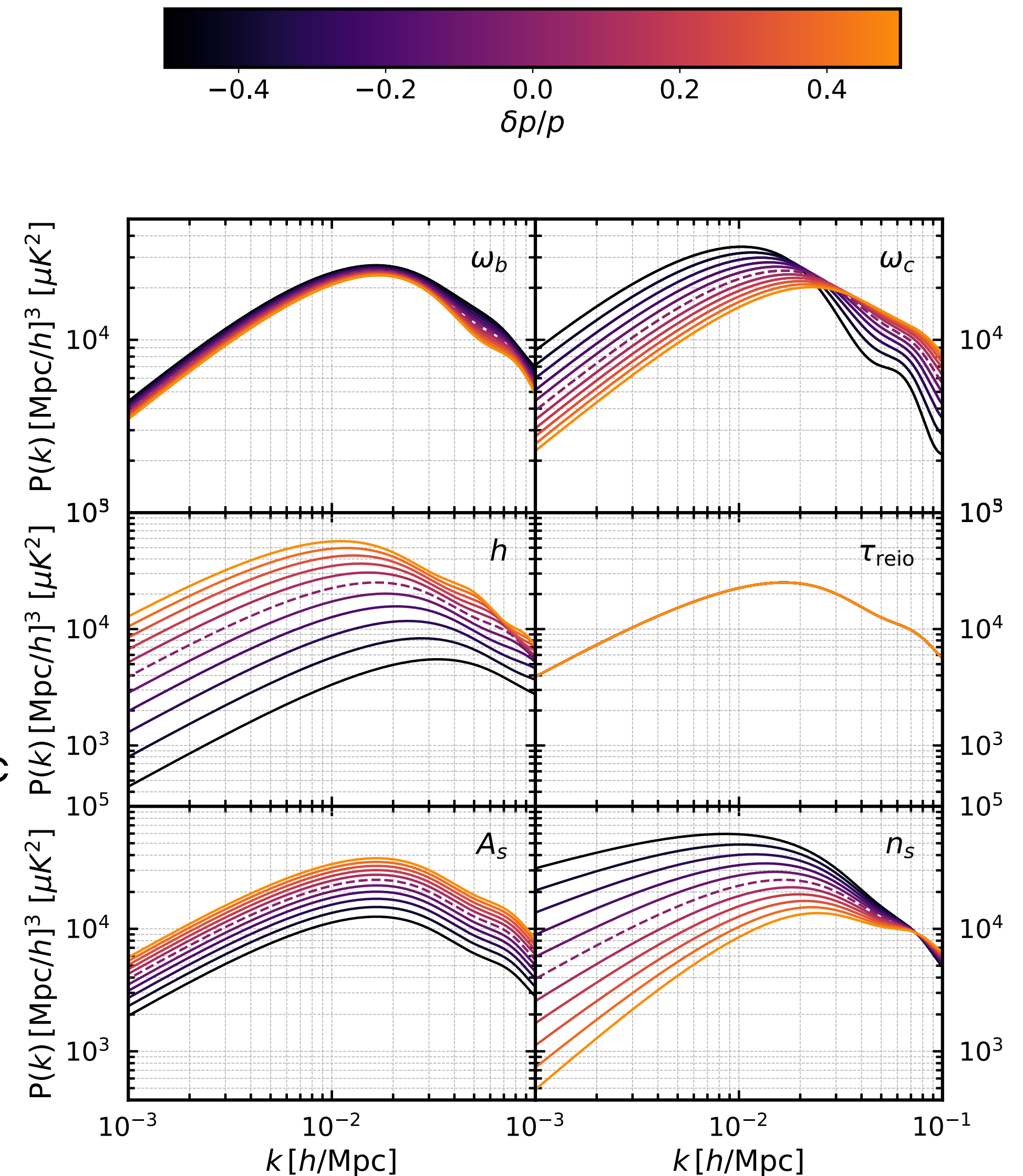




Cosmological Tensions



Missing Ingredients or New Physics?





Conformal Transformation

- Simplest way to relate two geometries
- Rescaling of the metric that preserves angles
- Functions present in the metric and equations
- Map non-standard theories of gravity into GR plus a scalar field ϕ minimally coupled to the geometry
- Preserve the structure of Scalar-Tensor theories of the Jordan-Brans-Dicke form, such as $f(R)$

Non-Universal Coupling in the Dark Sector

$$\bar{g}_{\mu\nu} = C(\phi)g_{\mu\nu}$$

[Jordan: Z. Phys. 157 (1959), 112;
Brans and Dicke: Phys. Rev. 124 (1961), 925]

Disformal Transformation

- Distortion of both angles and lengths related with the gradient of ϕ
- The most general covariant effective metric
- The form of the non-derivative Lagrangian is preserved under disformal transformations
- Many cosmological applications

$$\bar{g}_{\mu\nu} = C(\phi)g_{\mu\nu} + D(\phi)\partial^\mu\phi\partial_\mu\phi$$

[Bettoni and Liberati: Phys. Rev. D88 (2013) 084020]



Effective Fluid Description

- For χ to act as DM, we need its mass to be sufficiently large (prevent damping of oscillations, quadratic term in potential)
- χ is oscillating in a quadratic potential \rightarrow WKB approximation ($g\phi \gg H$ and $\dot{\phi}/\phi \ll 1$):

$$\chi(t) = \chi_i \left(\frac{\phi_i}{\phi} \right)^{1/2} \left(\frac{a_i}{a} \right)^{3/2} \sin(g\phi(t - t_i))$$

- ϕ is slow rolling ($\phi/\phi_i \sim \text{const.}$) and χ behaves like a pressureless fluid with $\rho_\chi \propto \chi^2 \propto a^{-3}$, $\rho_{\chi,i} = 1/2 g^2 \phi_i^2 \chi_i^2$

Oscillating DM field and
slow-rolling DE field

$$m_\chi \approx g\phi \gg H$$

$$g^2 \chi^2 \ll H^2$$

Field oscillates if $m < H$

[CvB, GP, EMT: arxiv:2211.13653]



Model Parameters

1. ϕ is dark energy (negligible $\mu^2\phi^2$ contribution)
2. χ field oscillates in a quadratic potential - quadratic term in V must dominate over quartic
3. $\phi_i \gg \phi_c \rightarrow g\phi_i \gg \sqrt{\lambda}M$ and $g\phi_i \gg H$. But ϕ must also evolve slowly, requiring $m^2\phi \ll H^2$ (with $\mu \ll g\chi$)
4. Ensuring $\rho_\phi \ll \rho_\chi$ for matter dominated epoch
5. χ -field oscillates rapidly and is pressureless when averaged over multiple oscillation periods
6. Compare with χ dominant contribution
7. ϕ must be trans-Planckian ($\phi \gg M_{\text{Pl}}$)

$$V_0 = \frac{1}{4}\lambda M^4 \approx 10^{-47} \text{GeV}^4$$

1.

$$m\chi \approx g\phi \gg H, \quad g^2\phi^2 - \lambda M^2 \gg \lambda\chi^2/2$$

2.

$$g^2\chi^2 \ll H^2$$

3.

$$\mu^2\phi^2 + 2V_0 \ll g^2\phi^2\chi^2$$

4.

$$\rho_\chi = \dot{\chi}^2/2 + m_\chi^2\chi^2/2 \simeq m_\chi^2\chi^2$$

5.

$$g^2 \frac{\rho_\chi}{m_\chi^2} \ll H^2, \quad H^2 \simeq \frac{\rho_\chi}{3M_{\text{Pl}}^2}$$

6.

$$1 \ll \frac{1}{3} \left(\frac{\phi}{M_{\text{Pl}}} \right)^2, \quad m_\chi \simeq g\phi$$

7.



Hybrid Model

In FLRW the equations of motion for each field are:

$$|\phi_c| \approx \frac{\sqrt{\lambda M}}{g}$$

χ oscillates around 0 and m_χ
changes sign at critical ϕ

Potential acts as an effective interaction between the fields

$$\ddot{\phi} + 3H\dot{\phi} = -(g^2\chi^2 + \mu^2)\phi$$

$$\ddot{\chi} + 3H\dot{\chi} = -\lambda\chi^3 + (\lambda M^2 - g^2\phi^2)\chi$$

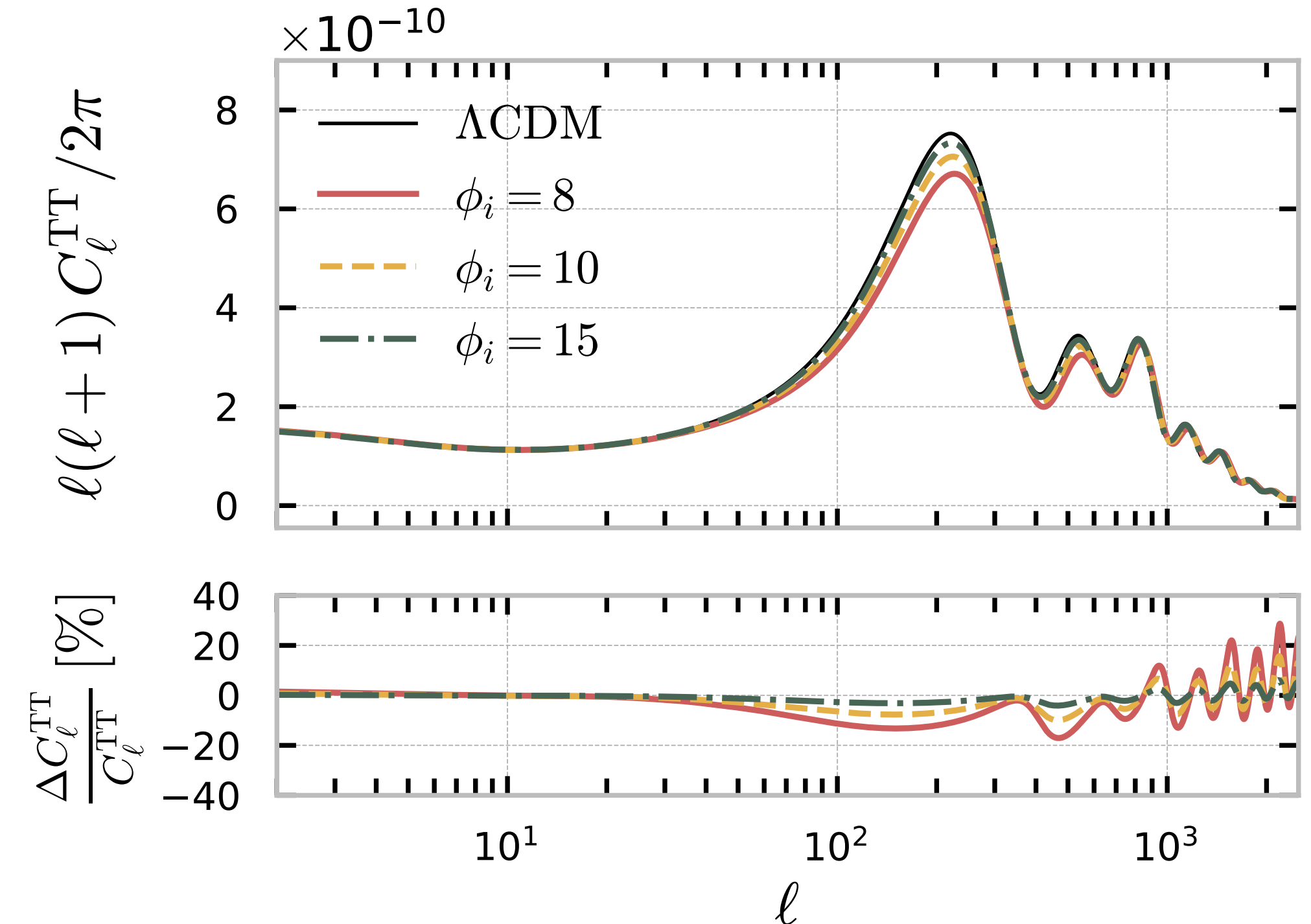
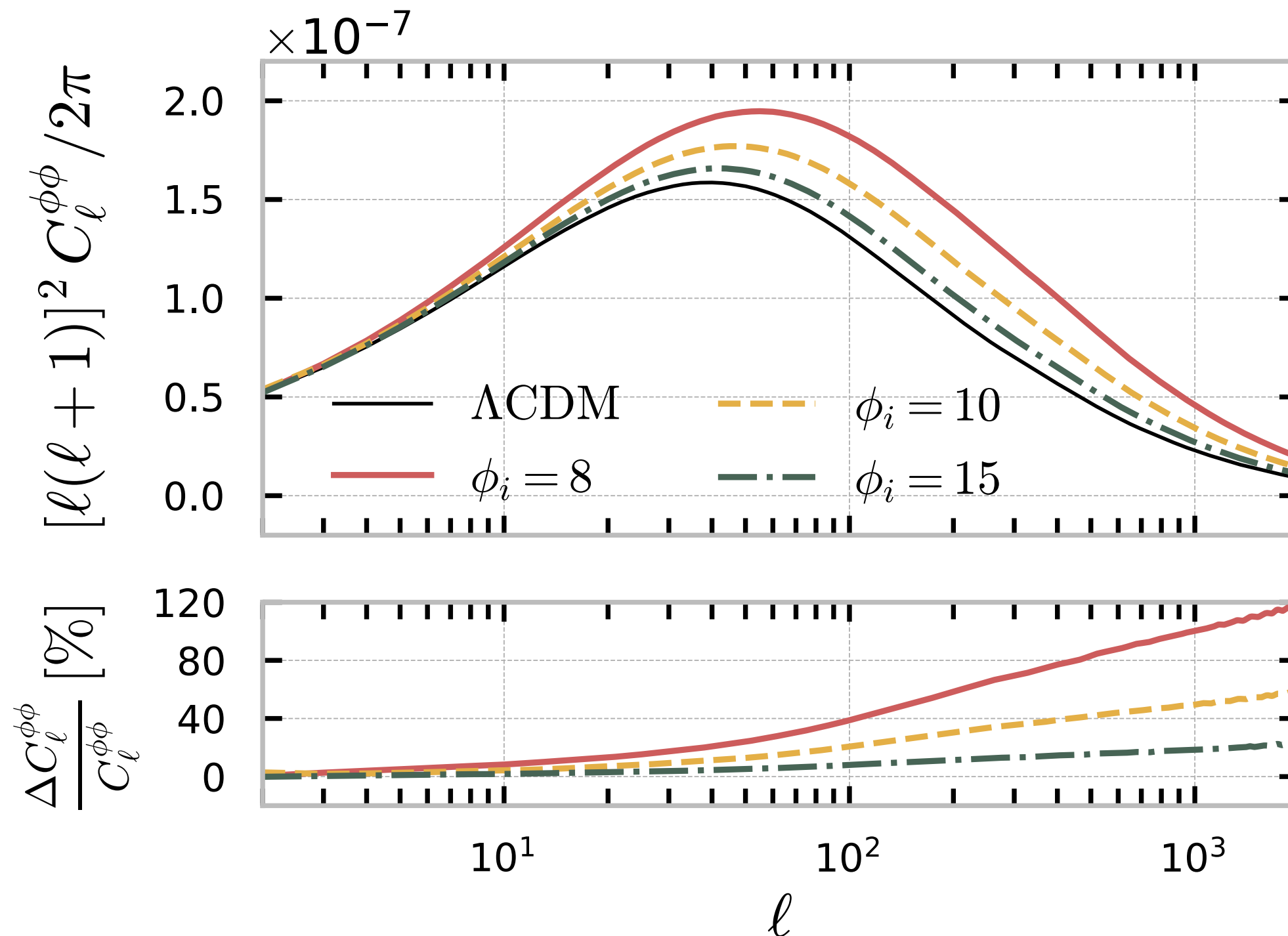
$$\rho_\chi = \frac{1}{2}\dot{\chi}^2 - \frac{\lambda M^2\chi^2}{2} + \frac{\lambda\chi^4}{4} + \frac{g^2\phi^2\chi^2}{2}$$
$$\rho_\phi = \frac{1}{2}\dot{\phi}^2 + V_0 + \frac{\mu^2\phi^2}{2}$$

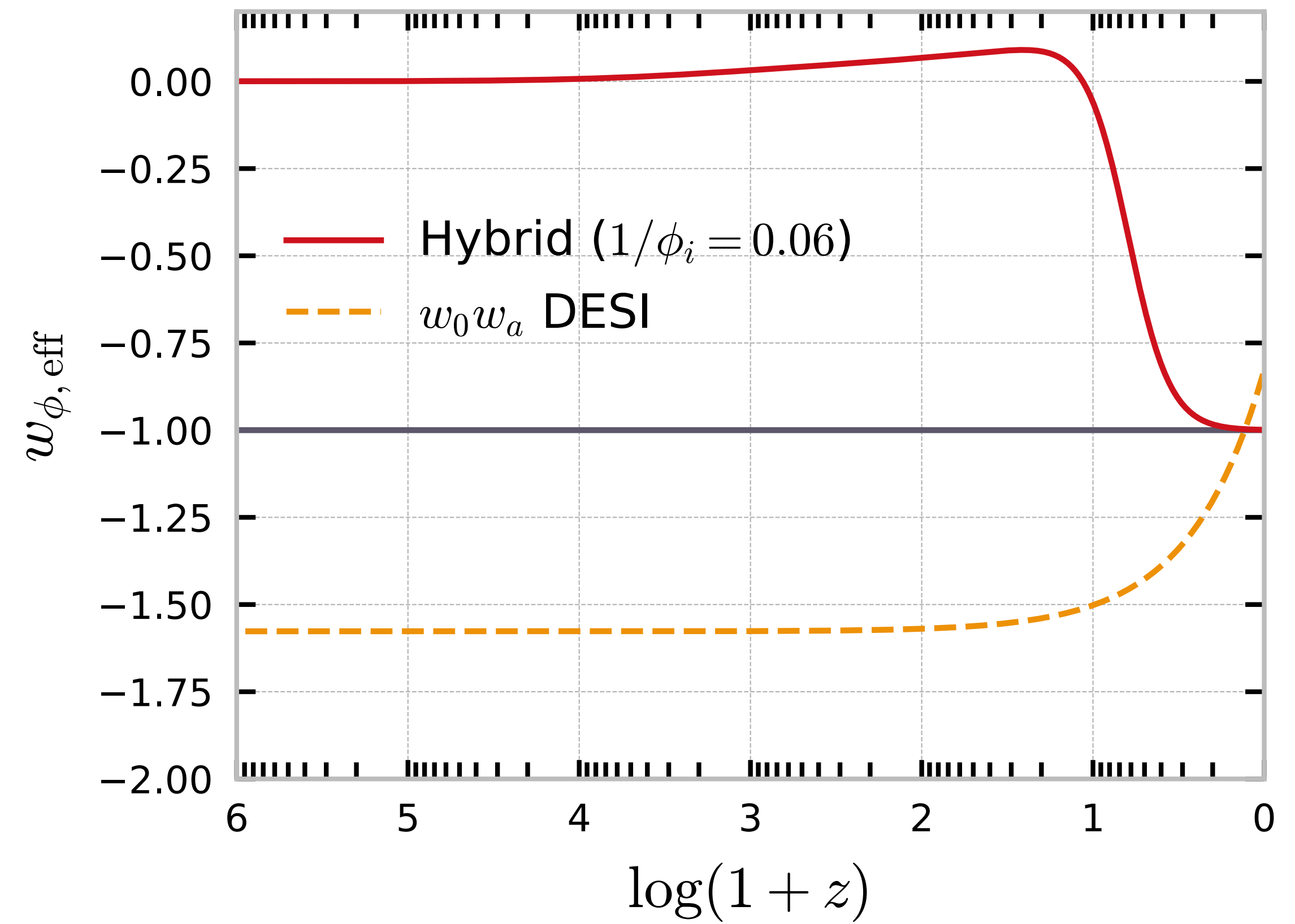
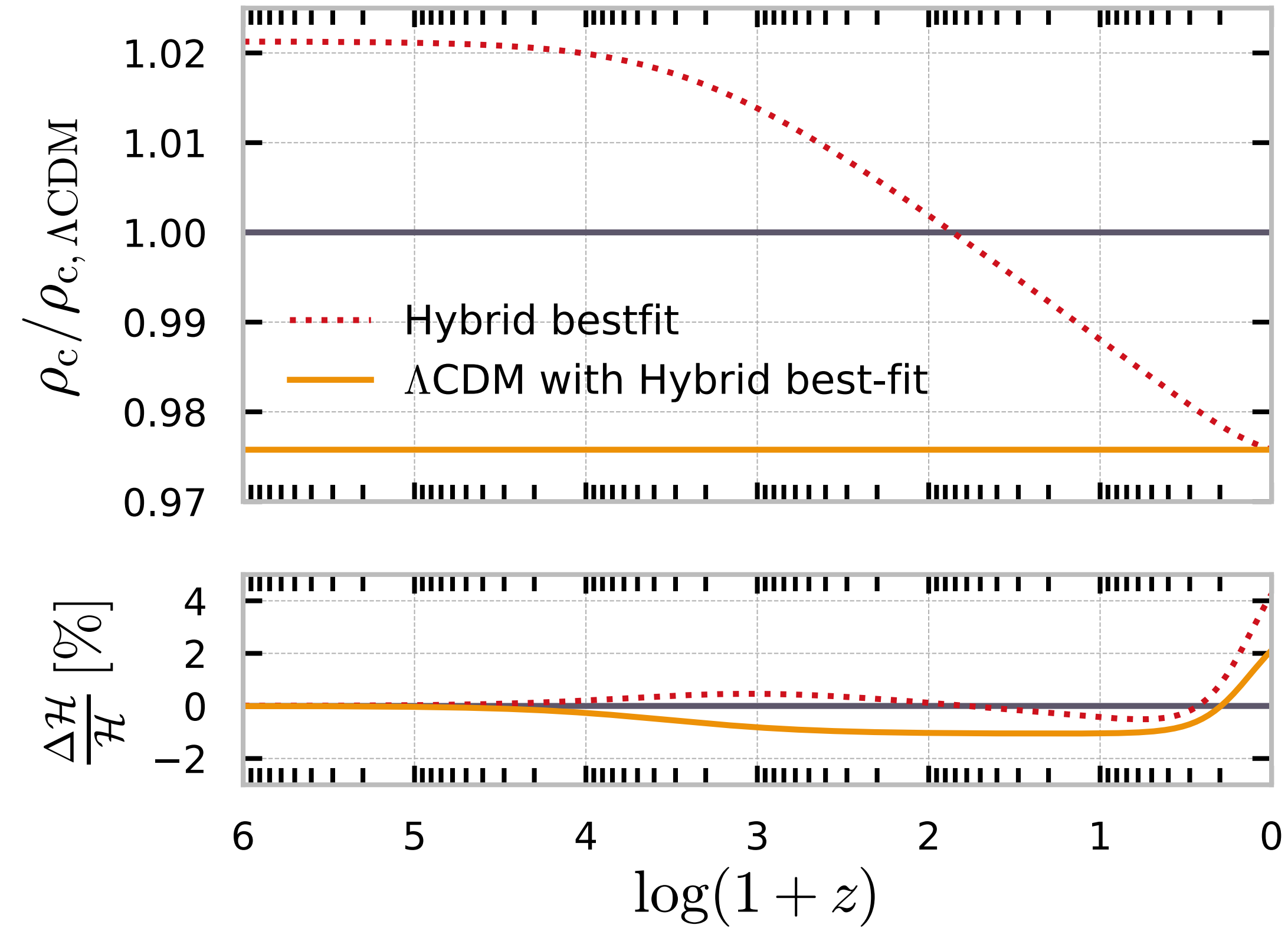
- When $\phi > \phi_c$, χ acts as dark matter
- ϕ slowly rolls down the potential, primarily due to V_0 and the interaction with χ
- As $\phi \rightarrow \phi_c$, χ drops abruptly and starts oscillating around $\chi = \pm M$
- $V(\phi, \chi) \rightarrow 0$ signalling a rapid decay of dark energy \rightarrow DE domination is a transient phenomenon



Angular Spectra

- Enhancement of $C_{\phi\phi}$ - amplified gravitational interaction for DM particles
- Suppression of TT spectrum and narrowing of the peaks - reduction in ρ_b/ρ_{DM} at recombination
- Degeneracy between the coupling and the Hubble rate drives the spectra towards higher ℓ







Bayesian Parameter Inference

Given a data set d , we want to sample posteriors on the model parameters θ that maximise the likelihood

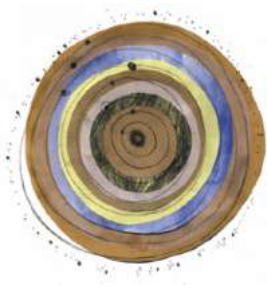
$$p(\theta | d) = \frac{p(d | \theta) p(\theta)}{p(d)} \Leftrightarrow \text{Posterior} = \frac{\text{likelihood} \times \text{prior}}{\text{evidence}}$$

Modified version of Einstein-Boltzmann code CLASS
interfaced with the MontePython sampler

[Blas, Lesgourgues, Tram: JCAP 1107 (2011) 034; Audren et al.: JCAP 1302 (2013) 001; Brinckmann, Lesgourgues: Phys. Dark Univ. 24 (2019) 100260]

Employ an MCMC sampling method and analyse results
in GetDist [Lewis: arXiv:2008.11284]





Data Sets

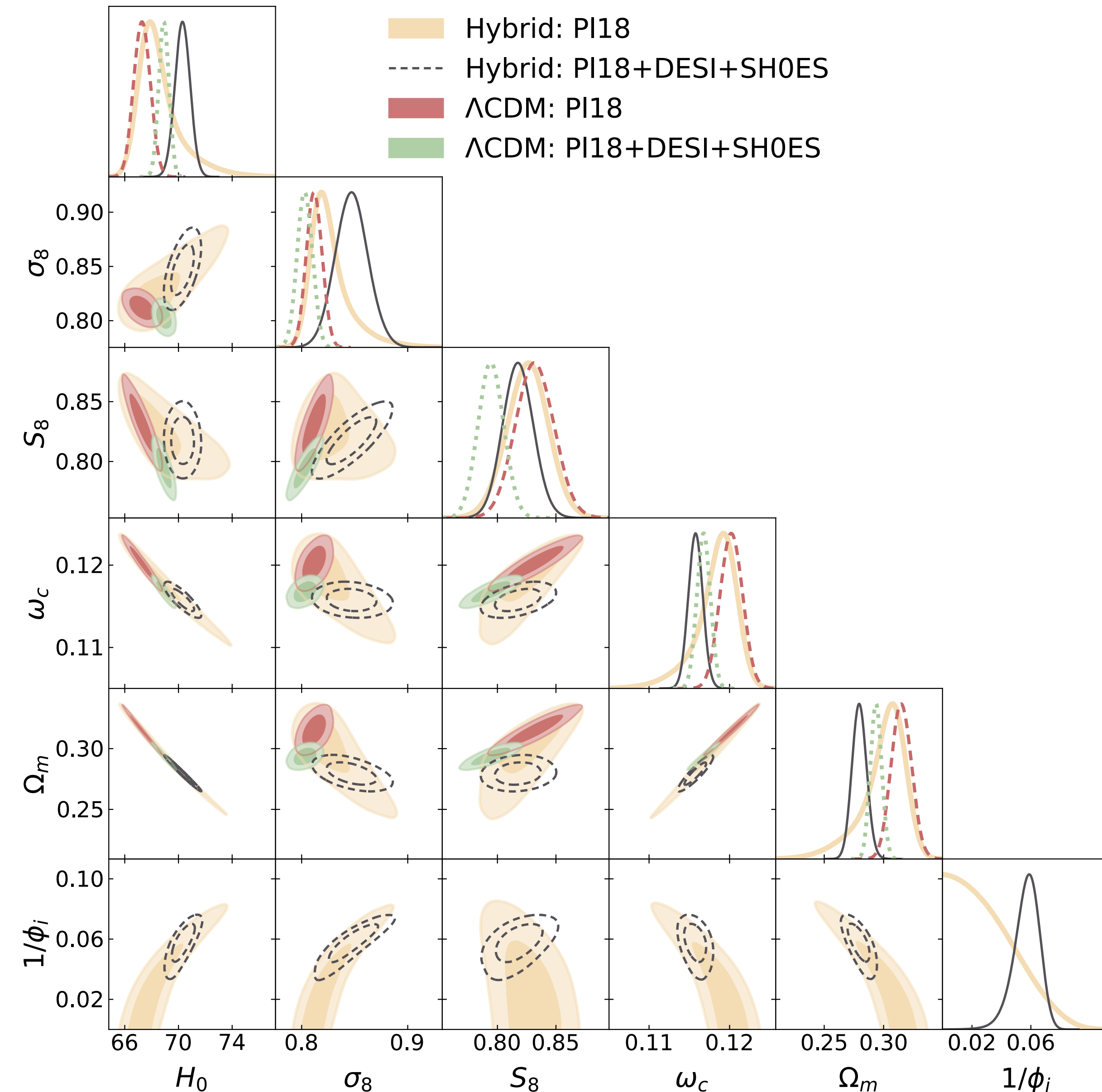
- Baseline data set is “**Pl18**”: CMB Planck 2018 data for large angular scales $\ell = [2, 29]$ and a joint of TT, TE and EE likelihoods for the small angular scales [Aghanim et al.: Astron.Astrophys. 641 (2020) A5]
- “**Pl18+DESI+SN**”: “Pl18” plus compilation of baryon acoustic oscillations (BAO) distance and expansion rate measurements from DESI, and distance moduli measurements of type Ia Supernova (SN) data from Pantheon+ [A. G. Adame et al. (DESI), (2024), arXiv:2404.03002; Brout et. al: Astrophys. J. 938 (2022) 110]
- “**Pl18+DESI+SN+H0**”: “Pl18+DESI+SN” plus prior on magnitude M_b from SH0ES [Riess et. al: Astrophys. J. Lett. 934 (2022) 1 L7]





Cosmological Constraints

- Constraints with Planck (Pl18) are very similar to the Λ CDM case but with enlarged errors
- **Positive correlation between the coupling ($1/\phi_i$) and H_0** and negative correlation with $S_8 = \sigma_8 \sqrt{\Omega_m/0.3}$ - alleviate cosmic tensions
- **Detection of the coupling parameter** with DESI data
- DESI breaks geometrical degeneracies in CMB - more sensitive to the dynamical behaviour of the dark sector at late times
- DESI data attempts to bring physical matter density down in Λ CDM (slight disagreement with Pl18)



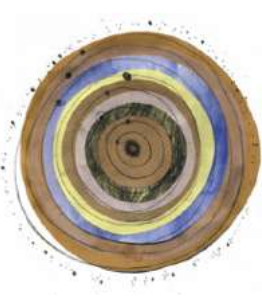


Table of constraints at a 68% confidence level

Parameter	P118	P118+SN	P118+SH0ES	P118+DESI	P118+DESI+SN	P118+DESI+SH0ES
ω_b	0.02236 ± 0.00015	0.02231 ± 0.00014	0.02237 ± 0.00015	0.02240 ± 0.00015	0.02239 ± 0.00015	0.02237 ± 0.00015
ω_c	$0.1184^{+0.0029}_{-0.0016}$	0.1202 ± 0.0014	0.1139 ± 0.0014	0.1174 ± 0.0011	0.11820 ± 0.00099	0.11577 ± 0.00089
$100\theta_s$	1.04187 ± 0.00030	1.04182 ± 0.00029	1.04190 ± 0.00030	1.04193 ± 0.00030	1.04194 ± 0.00029	1.04188 ± 0.00029
τ_{reio}	0.0548 ± 0.0077	0.0539 ± 0.0077	0.0558 ± 0.0079	0.0557 ± 0.0079	0.0557 ± 0.0077	0.0554 ± 0.0078
n_s	0.9660 ± 0.0045	0.9640 ± 0.0041	0.9683 ± 0.0041	0.9677 ± 0.0040	0.9673 ± 0.0039	0.9670 ± 0.0041
$\log 10^{10} A_s$	3.047 ± 0.016	3.046 ± 0.016	3.049 ± 0.016	3.047 ± 0.016	3.047 ± 0.016	3.048 ± 0.016
$1/\phi_i$	< 0.0390	< 0.0220	$0.0661^{+0.0095}_{-0.0073}$	$0.037^{+0.019}_{-0.012}$	$0.029^{+0.017}_{-0.015}$	$0.0570^{+0.0096}_{-0.0070}$
Best-fit:	[0.0054]	[0.0019]	[0.0676]	[0.0455]	[0.0341]	[0.0591]
σ_8	$0.8263^{+0.0095}_{-0.021}$	$0.8185^{+0.0079}_{-0.010}$	0.858 ± 0.017	$0.827^{+0.013}_{-0.018}$	$0.821^{+0.010}_{-0.015}$	0.847 ± 0.015
H_0	$68.55^{+0.80}_{-1.8}$	$67.42^{+0.59}_{-0.72}$	71.49 ± 0.87	$69.04^{+0.65}_{-0.76}$	$68.51^{+0.51}_{-0.63}$	70.30 ± 0.56
Ω_m	$0.300^{+0.021}_{-0.011}$	$0.3138^{+0.0093}_{-0.0084}$	0.2669 ± 0.0091	0.2934 ± 0.0080	$0.2997^{+0.0073}_{-0.0065}$	0.2796 ± 0.0061
S_8	0.826 ± 0.018	0.837 ± 0.015	0.809 ± 0.014	0.817 ± 0.013	0.821 ± 0.013	0.818 ± 0.013
$\Delta\chi^2_{\text{min}}$	0.14	0.08	-16.32	-2.8	-1.06	-12.76
$\log B_{\text{M},\Lambda\text{CDM}}$	-3.3	-3.6	4.5	-2.0	-2.8	2.5
$Q_{\text{DMAP}}^{\text{SH0ES}}$	--	4.78	--	--	4.65	--

TABLE II: Observational constraints at a 68% confidence level on the independent and derived cosmological parameters using different dataset combinations for the hybrid model, as detailed in Section III A. $\Delta\chi^2_{\text{min}}$ represents the difference in the best-fit χ^2 of the profile likelihood global minimisation, and $\log B_{\text{M},\Lambda\text{CDM}}$ indicates the ratio of the Bayesian evidence, both computed with respect to ΛCDM . The value of $Q_{\text{DMAP}}^{\text{SH0ES}}$ is calculated according to Eq. (14). For reference, the same results for ΛCDM are given in Table III of Appendix A.



Table of constraints at a 68% confidence level

Parameter	Pl18	Pl18+SN	Pl18+SH0ES	Pl18+DESI	Pl18+DESI+SN	Pl18+DESI+SH0ES
ω_b	0.02235 ± 0.00015	0.02231 ± 0.00015	0.02264 ± 0.00014	0.02249 ± 0.00013	0.02246 ± 0.00013	0.02265 ± 0.00013
ω_c	0.1202 ± 0.0014	0.1207 ± 0.0013	0.1169 ± 0.0011	0.11817 ± 0.00094	0.11862 ± 0.00091	0.11678 ± 0.00083
$100\theta_s$	1.04187 ± 0.00030	1.04182 ± 0.00029	1.04221 ± 0.00028	1.04206 ± 0.00028	1.04203 ± 0.00028	1.04223 ± 0.00028
τ_{reio}	0.0543 ± 0.0078	0.0536 ± 0.0077	0.0591 ± 0.0079	0.0572 ± 0.0078	0.0565 ± 0.0077	0.0595 ± 0.0078
n_s	0.9647 ± 0.0045	0.9635 ± 0.0042	0.9729 ± 0.0039	0.9697 ± 0.0038	0.9686 ± 0.0036	0.9733 ± 0.0035
$\log 10^{10} A_s$	3.045 ± 0.016	3.045 ± 0.016	3.048 ± 0.016	3.046 ± 0.016	3.046 ± 0.016	3.048 ± 0.016
σ_8	0.8118 ± 0.0074	0.8125 ± 0.0074	0.8026 ± 0.0074	0.8066 ± 0.0071	0.8078 ± 0.0071	0.8030 ± 0.0071
H_0	67.29 ± 0.61	67.08 ± 0.56	68.86 ± 0.49	68.21 ± 0.42	68.01 ± 0.40	68.91 ± 0.38
Ω_m	0.3150 ± 0.0085	0.3179 ± 0.0078	0.2944 ± 0.0062	0.3024 ± 0.0055	0.3050 ± 0.0053	0.2936 ± 0.0047
S_8	0.832 ± 0.016	0.836 ± 0.015	0.795 ± 0.013	0.810 ± 0.012	0.815 ± 0.012	0.794 ± 0.011
$Q_{\text{DMAP}}^{\text{SH0ES}}$	--	6.25	--	--	5.76	--

TABLE III: Observational constraints at a 68% confidence level on the independent and derived cosmological parameters using different dataset combinations for the Λ CDM model, as detailed in Section III A. The value of $Q_{\text{DMAP}}^{\text{SH0ES}}$ is calculated according to Eq. (14).

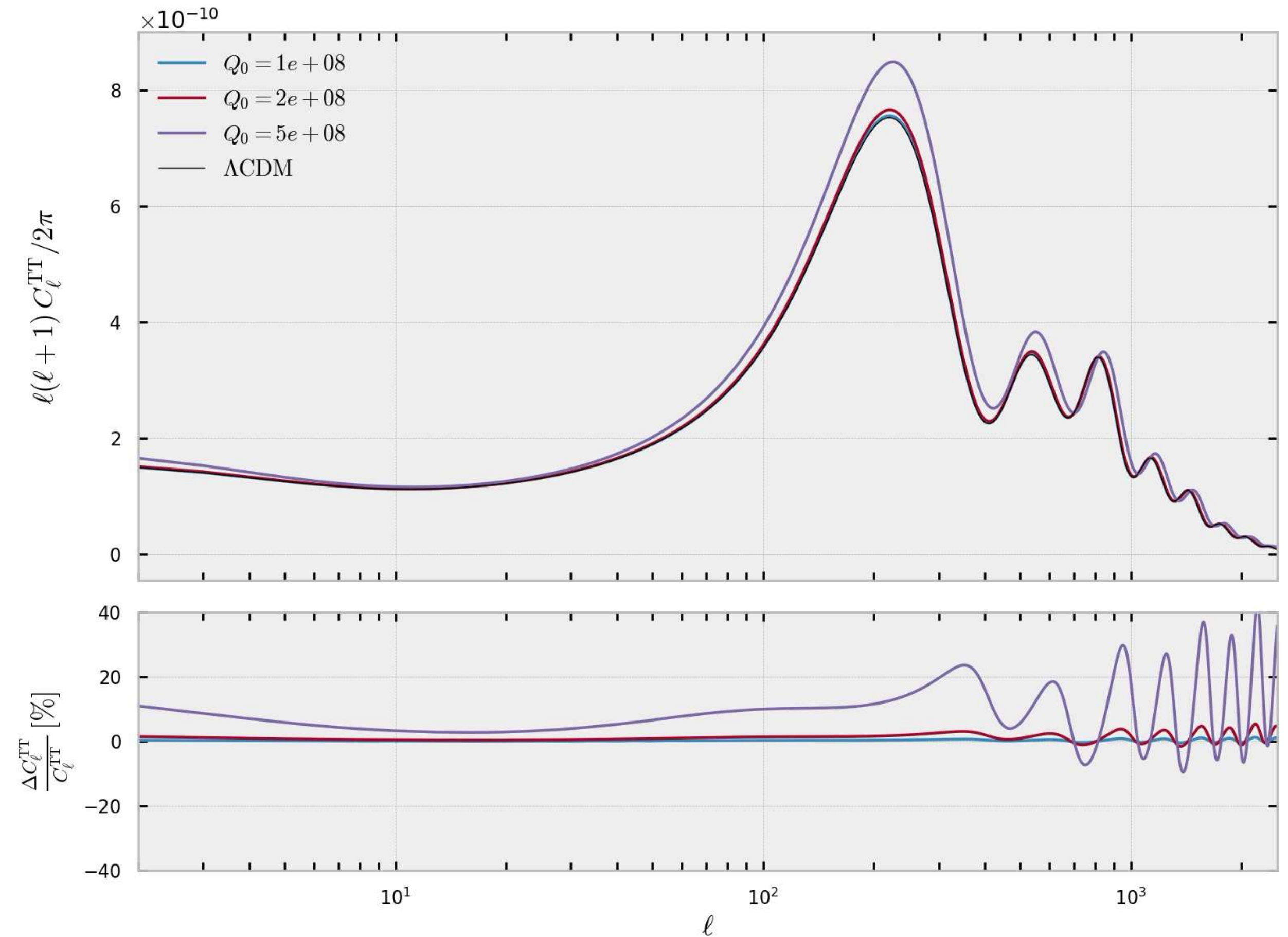


Observational Imprints (preliminary results)

- First approximation: ϕ is constant, Q_0 is constant and $Q_1 = 0$

$$c_a^2 = \frac{\frac{1}{2} \frac{k^2}{a^2 m^2}}{\frac{1}{2} \frac{k^2}{a^2 m^2} + 2}$$

- Same as uncoupled axion but with coupling in the background
- Due to the coupling the **sound speed is enhanced mostly on small scales**
- Background coupled dynamics - **H0 tension**
- Matter power spectrum suppression on small scales - **S₈ tension**



$$m = 10^{-17} \text{ eV}, Q_1 = 0, [\text{GP}, \text{EMT}, \text{CvB}, \text{NN}: \text{arxiv:2404.10524}]$$

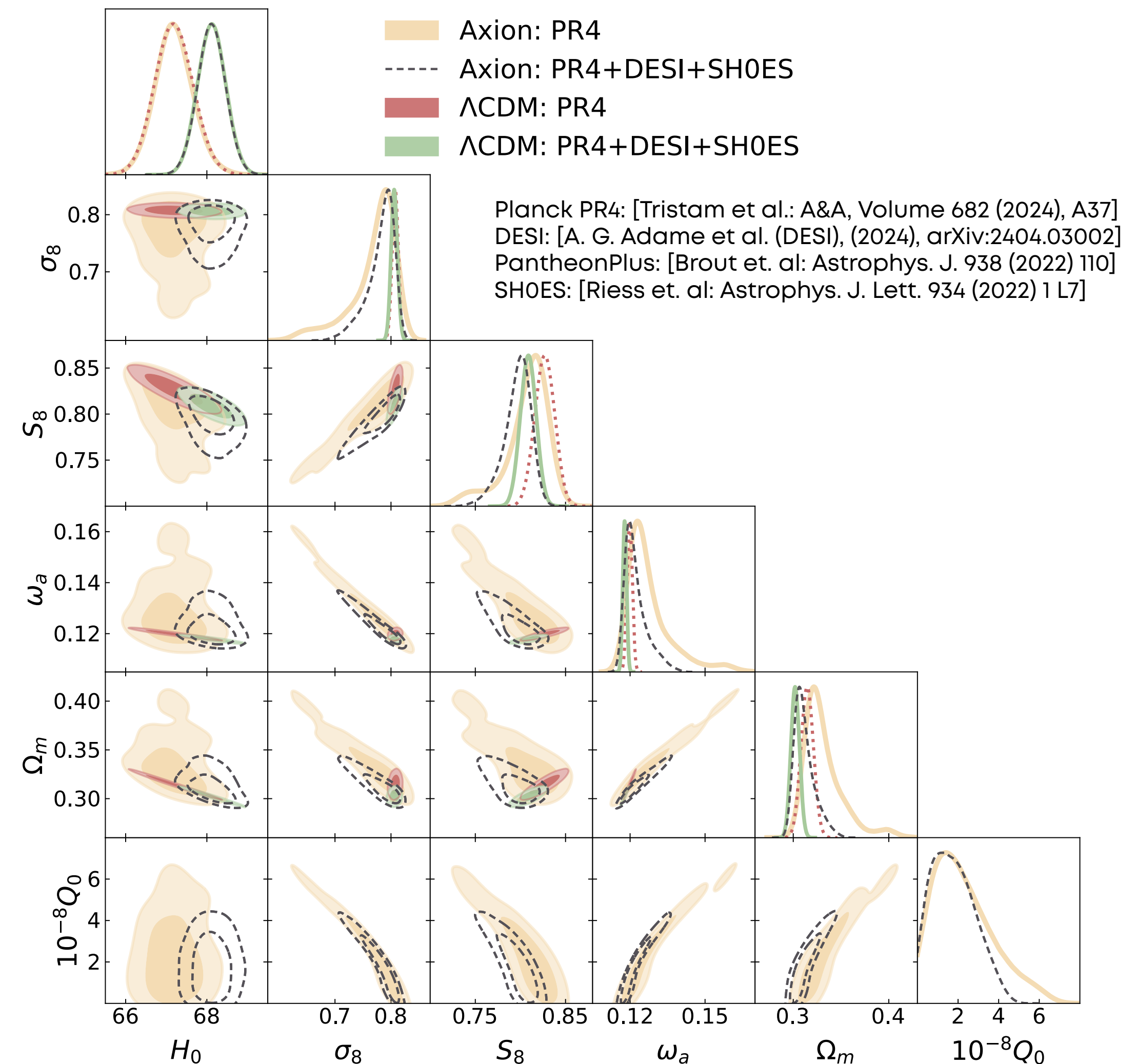


Observational Imprints (preliminary results)

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$$c_a^2 = \frac{\frac{1}{2} \frac{k^2}{a^2 m^2}}{\frac{1}{2} \frac{k^2}{a^2 m^2} + 2}$$

- Same as uncoupled axion but with coupling in the background
- Due to the coupling the **sound speed is enhanced mostly on small scales**
- Background coupled dynamics - **H_0 tension**
- Matter power spectrum suppression on small scales - **S_8 tension**





Observational Imprints (preliminary results)

- First approximation: ϕ is constant, Q_0 is constant and $Q_1 = 0$

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