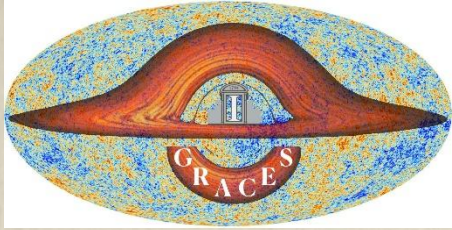


Strings & Cosmology Meeting

December 12th, 2025



Lucas Pinol

CNRS researcher, LPENS, Paris

the primordial curvature perturbation

ONE-LOOP FREEZING OF ζ

AND RENORMALIZATION OF THE EFT OF INFLATIONARY FLUCTUATIONS

[Braglia, LP 2504.07926]

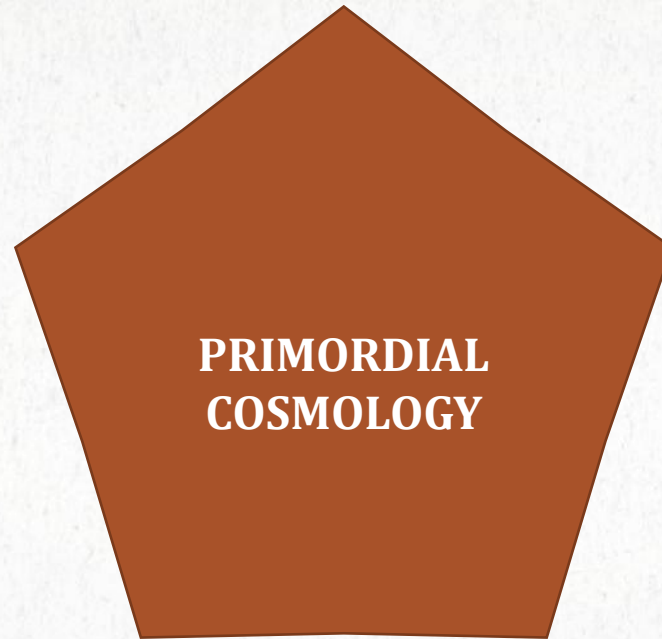
[Braglia, LP 2504.13136]

[Braglia, Céspedes, LP 26xx.xxx]

...

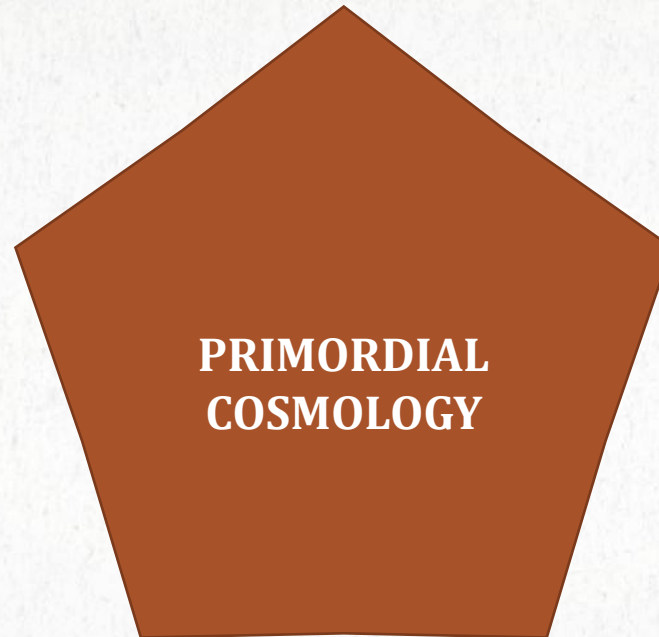
How primordial is early cosmology to fundamental physics?

Disclaimer: this is nothing but a very biased list of interesting topics related to inflation

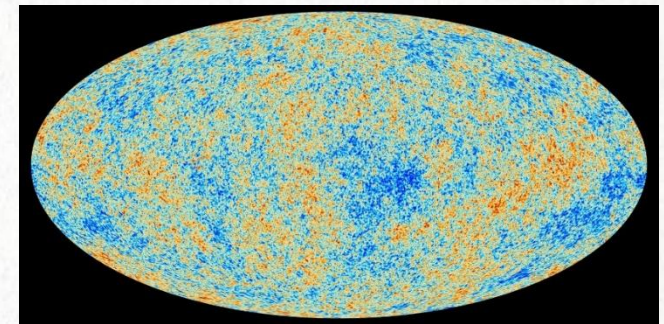


How primordial is early cosmology to fundamental physics?

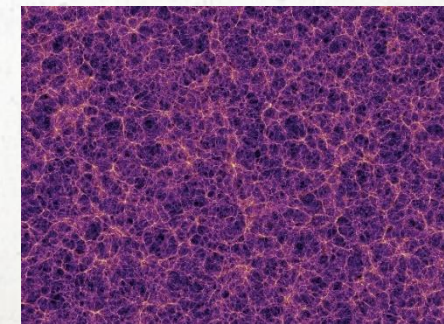
Gravity



Primordial fluctuations undergo gravitational collapse into structures

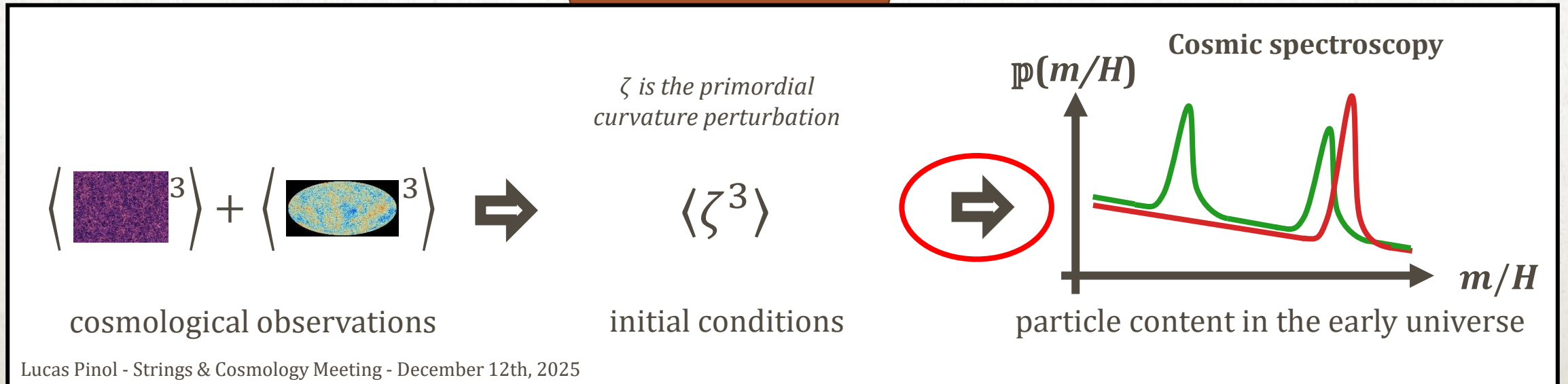
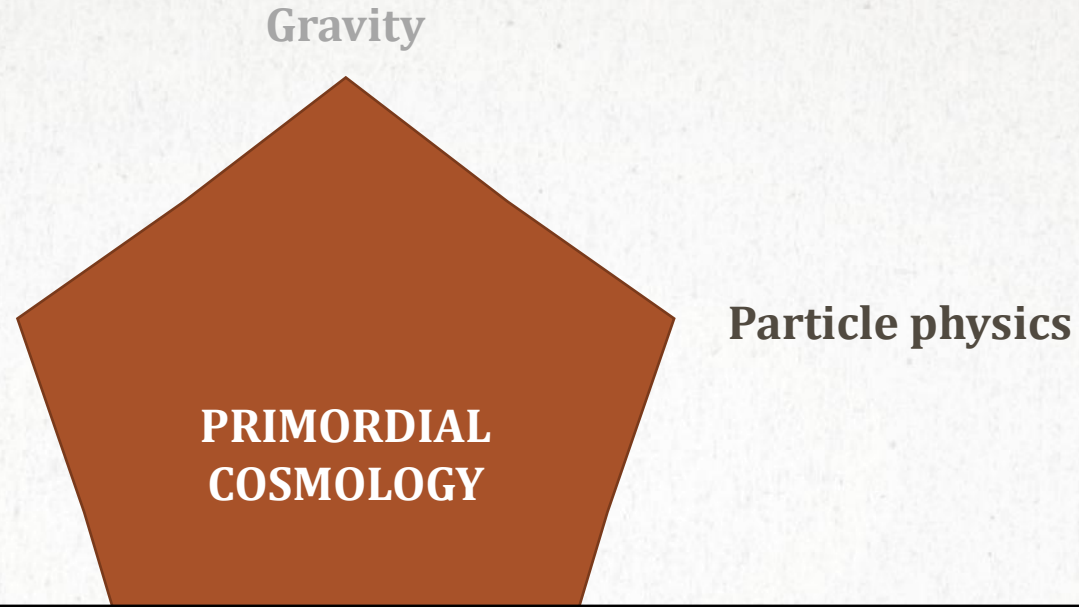


Cosmic Microwave Background

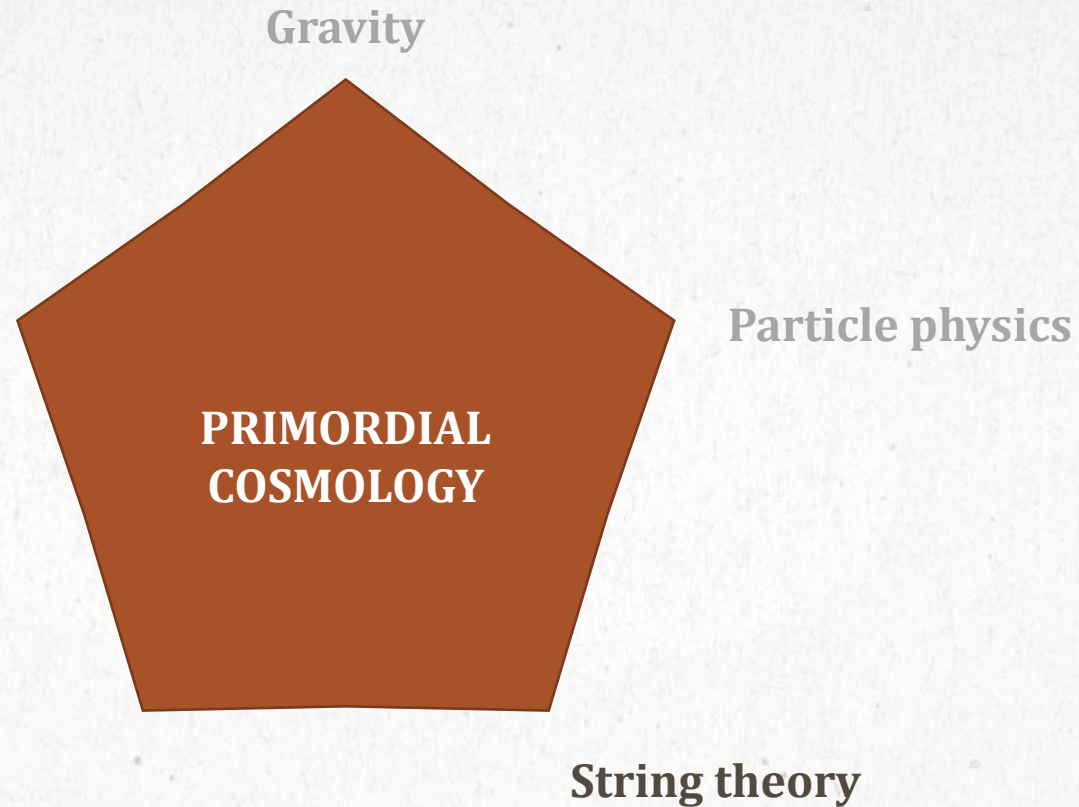


Large-scale distribution of galaxies

How primordial is early cosmology to fundamental physics?



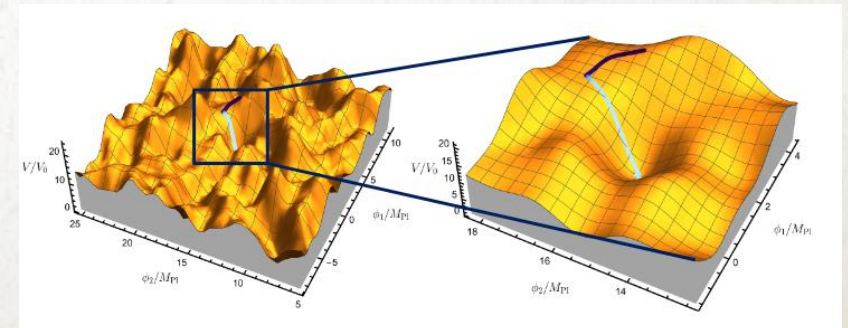
How primordial is early cosmology to fundamental physics?



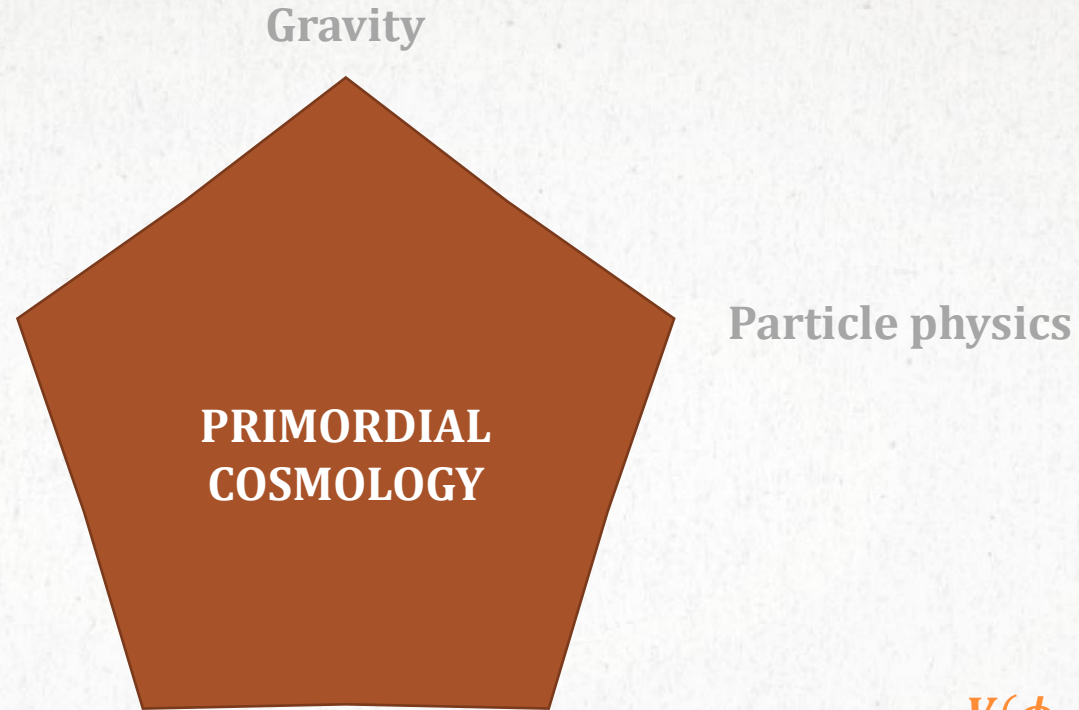
General Non-Linear Sigma Model: **curved field space** and **potential**

$$\mathcal{L} = -\frac{1}{2} \sum_{A,B} g^{\mu\nu} \mathbf{G}_{AB}(\vec{\phi}) \partial_\mu \phi^A \partial_\nu \phi^B - V(\vec{\phi})$$

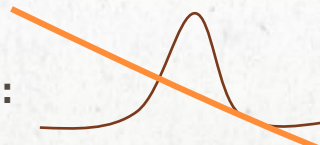
Axions, dilatons, moduli, ...



How primordial is early cosmology to fundamental physics?



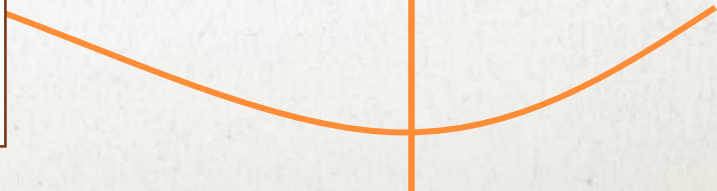
Stochastic inflation (coarse-graining):



$$\frac{\partial \mathbf{P}}{\partial N} = \frac{\partial}{\partial \phi_{IR}} \left[\left(\frac{V_{,\phi}(\phi_{IR})}{3H(\phi_{IR})^2} - \alpha \frac{H(\phi_{IR})}{2\pi} \frac{\partial}{\partial \phi_{IR}} \frac{H(\phi_{IR})}{2\pi} \right) \mathbf{P} \right] + \frac{1}{2} \frac{\partial^2}{\partial \phi_{IR}^2} \left[\left(\frac{H(\phi_{IR})}{2\pi} \right)^2 \mathbf{P} \right]$$

α represents the discretization scheme (Itô/Stratonovich)

$V(\phi_{IR})$



How primordial is early cosmology to fundamental physics?

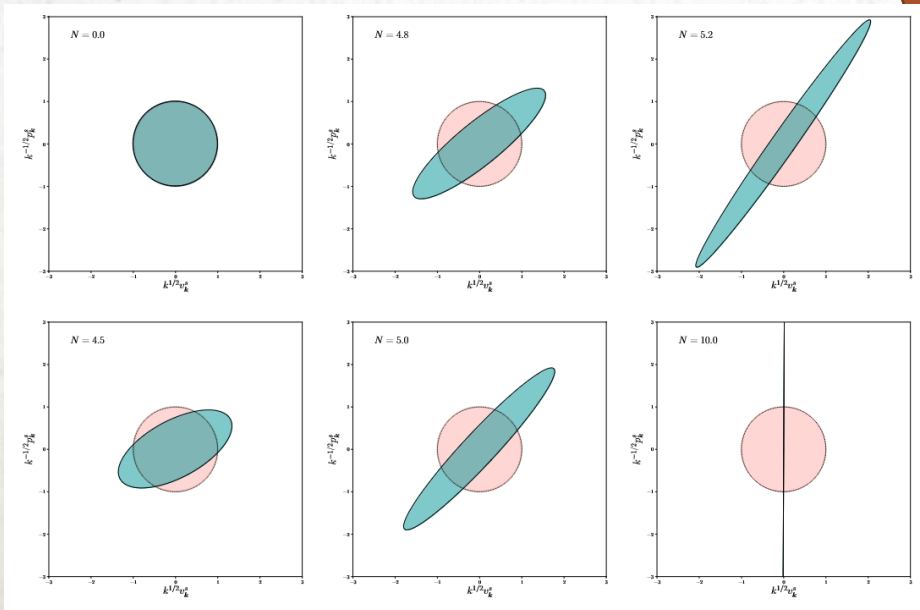
Gravity

Quantum physics

Particle physics

**PRIMORDIAL
COSMOLOGY**

Inflationary two-mode squeezed states:

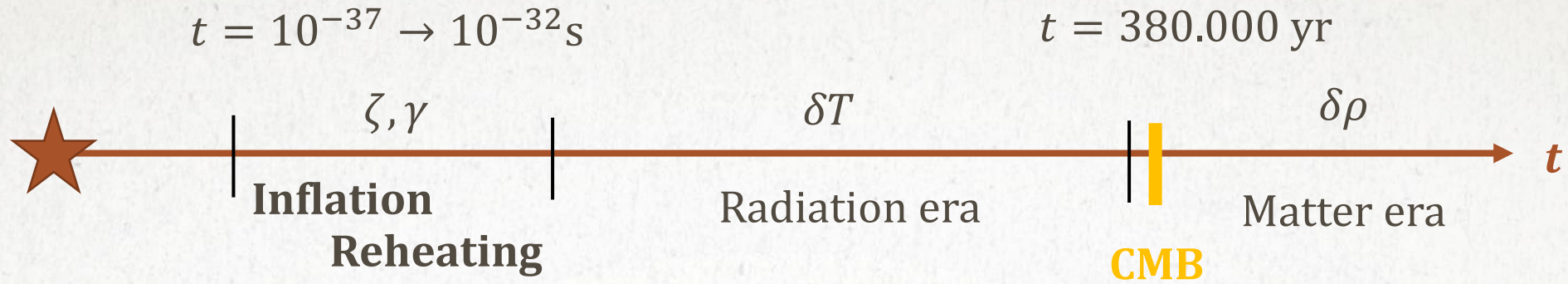


S

String theory

[Martin, Micheli, Vennin 2022]

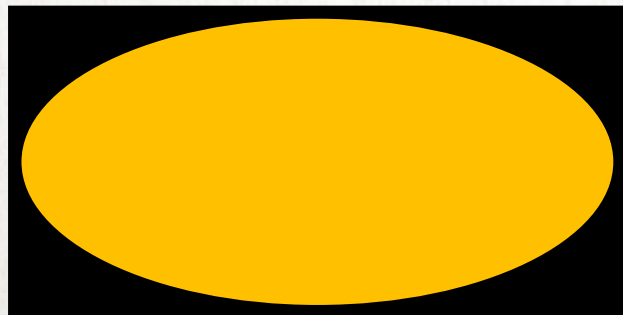
Early universe: the cosmological context



Scalar fluctuations \sim density fluctuations $\rightarrow \zeta(t, \vec{x})$

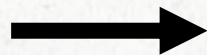
Tensor fluctuations \sim gravitational waves $\rightarrow \gamma(t, \vec{x})$

Cosmic Microwave Background (CMB)



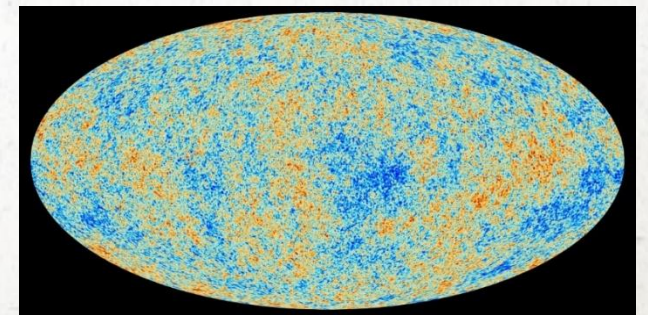
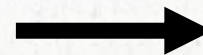
**Penzias-Wilson
(1964)**

motivates



Inflation

predicts



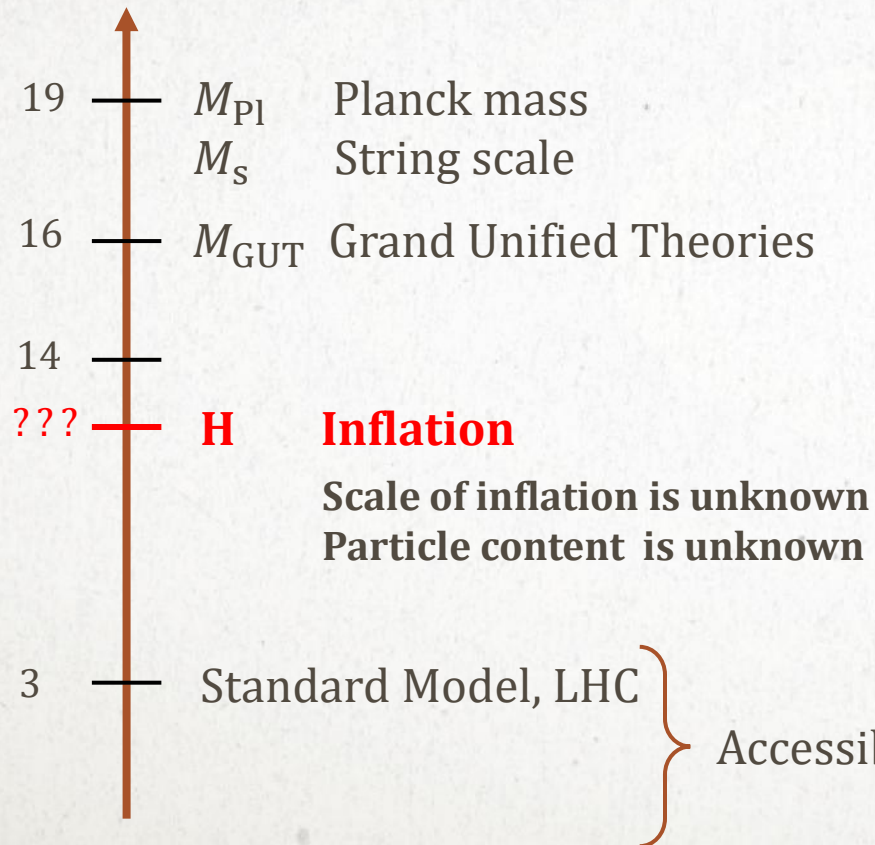
Planck (2013)

Early universe: the high-energy viewpoint

Unique framework: general relativity + quantum field theory + precision data

$$\text{CMB} \rightarrow \sqrt{\langle \zeta^2 \rangle} = (4.57 \pm 0.02) \times 10^{-5}$$

$\log(E/\text{GeV})$ Natural units: $\hbar = c = 1$ and the only dimension is energy



Inflation sensitive to high energies

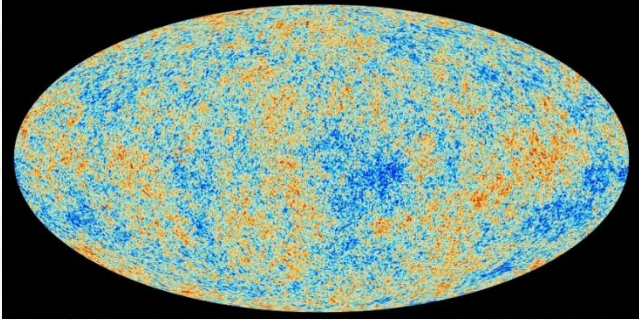
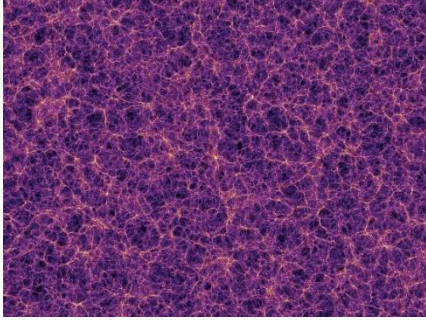
+

Precision data (current and future)

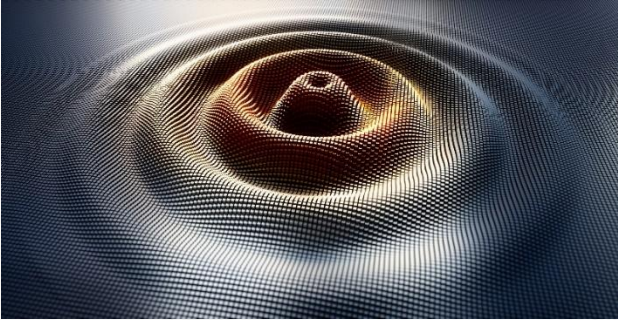
=

Formidable opportunity to test high-energy physics beyond the reach of terrestrial experiments

Early universe: the observational probes

Current =  +  (scalars)

Cosmic Microwave Background Large-Scale Structures

Future =  (tensors) ?

Primordial Gravitational Waves

Objects of study = primordial correlations functions

$$\text{e.g. } \langle \zeta^2 \rangle \rightarrow \left\langle \left[\text{CMB map} \right]^2 \right\rangle ; \langle \gamma^2 \rangle \rightarrow \left\langle \left[\text{GW map} \right]^2 \right\rangle ; \langle \zeta^3 \rangle \rightarrow \left\langle \left[\text{LSS map} \right]^3 \right\rangle ; \text{ etc.}$$

TABLE OF CONTENTS

- I. From test fields to the curvature perturbation**
Secular divergences, stochastic inflation, robustness of inflation

- II. The EFT of inflationary fluctuations**
Model-(in)dependence
Free theory
Leading cubic and quartic gravitational interactions

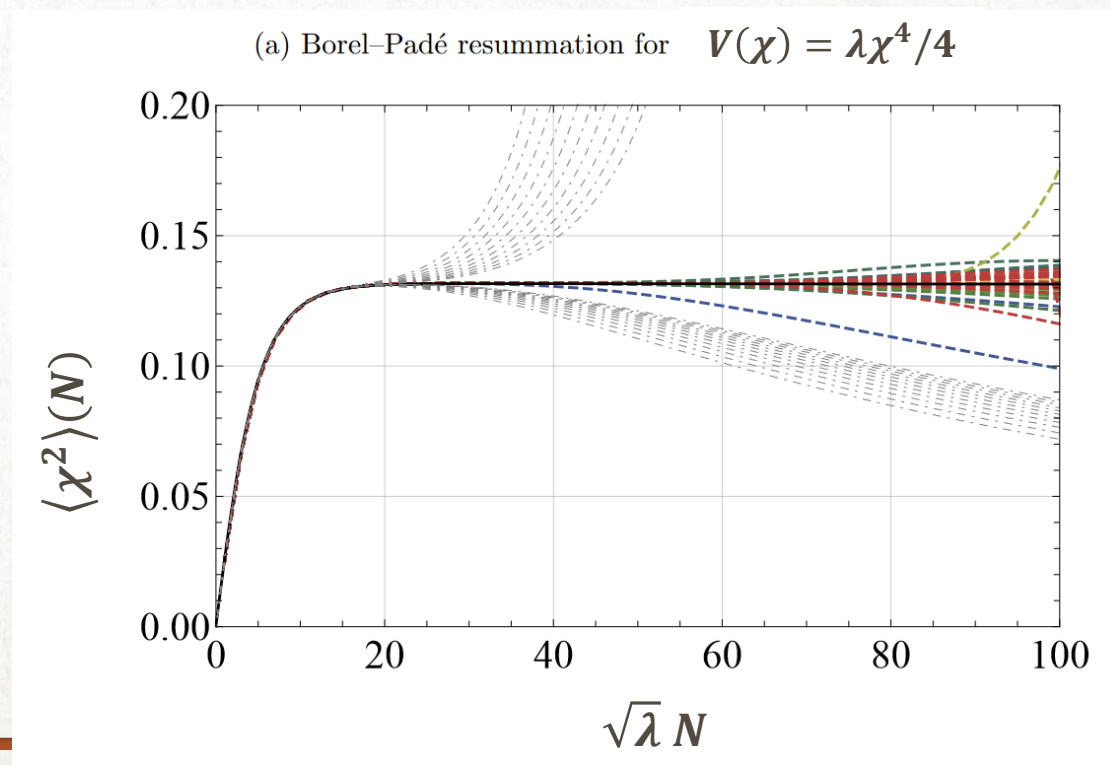
- III. Loop calculation**
Bare contributions
Renormalization: tadpoles and UV divergences
Discussion

I. FROM TEST FIELDS TO ζ

Secular divergences

Stochastic inflation

Robustness of inflation



YET ANOTHER WEINBERG THEOREM

[Weinberg 2005]

- In-in formalism at any order in the interactions:

$$\begin{aligned} \langle Q(t) \rangle &= \sum_{N=0}^{\infty} i^N \int_{-\infty}^t dt_N \int_{-\infty}^{t_N} dt_{N-1} \cdots \int_{-\infty}^{t_2} dt_1 \\ &\times \left\langle \left[H_I(t_1), \left[H_I(t_2), \cdots \left[H_I(t_N), Q^I(t) \right] \cdots \right] \right] \right\rangle, \quad (2) \end{aligned}$$

[Weinberg 2006]

- Given the mode functions of the linear perturbation theory, and their commutators, he proves:

Weinberg theorem

The late-time, $t \rightarrow +\infty$, behavior of any correlation function, at any order in the interaction Hamiltonian, is proportional to the scale factor $a(t)$ at a power of at most 0.

SECULAR DIVERGENCES

What is left? → Logarithmic time divergences

$$\lim_{t \rightarrow +\infty} \langle Q(t) \rangle \ni \log a(t), \log a(t)^2, \dots$$

Are secular divergences common?

SECULAR DIVERGENCES

What is left? → Logarithmic time divergences $\lim_{t \rightarrow +\infty} \langle Q(t) \rangle \ni \log a(t), \log a(t)^2, \dots$

Are secular divergences common?

- Massive mode functions decay strictly faster than $a(t)^0 \rightarrow$ **no secular divergence**
- Derivative interactions introduce additional negative factors of $a(t) \rightarrow$ **no secular divergence**

→ **Mostly relevant to massless fields with non-derivative (e.g. test field) or mixed interactions (e.g. gravity)**

Are they physical?

SECULAR DIVERGENCES

What is left? → Logarithmic time divergences $\lim_{t \rightarrow +\infty} \langle Q(t) \rangle \ni \log a(t), \log a(t)^2, \dots$

Are secular divergences common?

- Massive mode functions decay strictly faster than $a(t)^0 \rightarrow$ **no secular divergence**
- Derivative interactions introduce additional negative factors of $a(t) \rightarrow$ **no secular divergence**

→ **Mostly relevant to massless fields with non-derivative (e.g. test field) or mixed interactions (e.g. gravity)**

Are they physical?

It will be interesting to see if the power series in $\log a(t)$ encountered in calculating cosmological correlation functions at time t [...], can be summed [...]. **[Weinberg 2006]**

STOCHASTIC INFLATION FOR TEST FIELDS

An example where the secular growth is physical and indeed can be summed

- Consider a test massless interacting scalar field minimally coupled to gravity: $\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial\chi)^2 - \frac{\lambda}{4} \chi^4$
- Suppose background spacetime is de Sitter: $\mathbf{ds}^2 = -\mathbf{dt}^2 + e^{2Ht} \mathbf{d}\vec{x}^2$

STOCHASTIC INFLATION FOR TEST FIELDS

An example where the secular growth is physical and indeed can be summed

- Consider a test massless interacting scalar field minimally coupled to gravity: $\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial\chi)^2 - \frac{\lambda}{4} \chi^4$

- Suppose background spacetime is de Sitter: $ds^2 = -dt^2 + e^{2Ht} d\vec{x}^2$

- Two-point function at one loop reads: $\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \dots \right]$

[Tsamis, Woodard 2005]

- Stochastic inflation is an open EFT for the super-horizon modes, predicting:

$$\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \frac{\lambda^2}{20\pi^4} \log a(t)^4 + \dots \right] \xrightarrow{t \rightarrow \infty} \sqrt{\frac{3}{2\pi^2} \frac{\Gamma(3/4)}{\Gamma(1/4)} \frac{H^2}{\sqrt{\lambda}}}$$

[Starobinsky, Yokohama 1994]

STOCHASTIC INFLATION FOR TEST FIELDS

An example where the secular growth is physical and indeed can be summed

- Consider a test massless interacting scalar field minimally coupled to gravity: $\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial\chi)^2 - \frac{\lambda}{4} \chi^4$

- Suppose background spacetime is de Sitter: $ds^2 = -dt^2 + e^{2Ht} d\vec{x}^2$

- Two-point function at one loop reads: $\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \dots \right]$

[Tsamis, Woodard 2005]

- Stochastic inflation is an open EFT for the super-horizon modes, predicting:

$$\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \underbrace{\frac{\lambda^2}{20\pi^4} \log a(t)^4 + \dots}_{\text{[Starobinsky, Yokohama 1994]}} \right] \xrightarrow{t \rightarrow \infty} \sqrt{\frac{3}{2\pi^2} \frac{\Gamma(3/4)}{\Gamma(1/4)} \frac{H^2}{\sqrt{\lambda}}}$$

[Starobinsky, Yokohama 1994]

You can get any order, first closed formula in [Honda, Jinno, LP, Tokeshi 2023]

But... The series is divergent! $a_k \sim k!$

STOCHASTIC INFLATION FOR TEST FIELDS

An example where the secular growth is physical and indeed can be summed

- Consider a test massless interacting scalar field minimally coupled to gravity: $\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial\chi)^2 - \frac{\lambda}{4} \chi^4$

- Suppose background spacetime is de Sitter: $ds^2 = -dt^2 + e^{2Ht} d\vec{x}^2$

- Two-point function at one loop reads: $\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \dots \right]$

[Tsamis, Woodard 2005]

- Stochastic inflation is an open EFT for the super-horizon modes, predicting:

$$\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi} \right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \frac{\lambda^2}{20\pi^4} \log a(t)^4 + \dots \right] \xrightarrow{t \rightarrow \infty} \sqrt{\frac{3}{2\pi^2} \frac{\Gamma(3/4)}{\Gamma(1/4)} \frac{H^2}{\sqrt{\lambda}}}$$

The divergent series can be summed via - the equilibrium PDF [Starobinsky, Yokohama 1994]

[Honda, Jinno, LP, Tokeshi 2023]

R TEST FIELDS

ical and indeed can be summed

imally coupled to gravity: $\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial\chi)^2 - \frac{\lambda}{4} \chi^4$

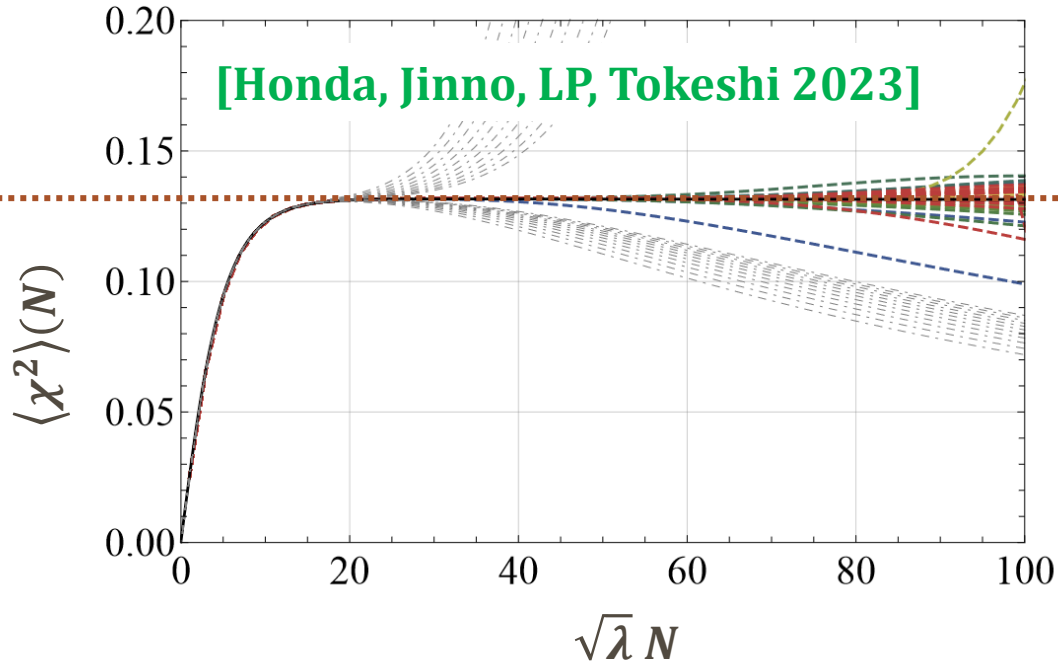
$-dt^2 + e^{2Ht} d\vec{x}^2$

$\left(\frac{H}{2\pi}\right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \dots \right]$

[Maldacena 2005]

0.13176 ...

(a) Borel-Padé resummation for $V(\chi) = \lambda\chi^4/4$



- Stochastic inflation is an open EFT for the super-horizon modes, predicting:

$$\langle \chi^2 \rangle(t) = \left(\frac{H}{2\pi}\right)^2 \log a(t) \left[1 - \frac{\lambda}{6\pi^2} \log a(t)^2 + \frac{\lambda^2}{20\pi^4} \log a(t)^4 + \dots \right] \xrightarrow{t \rightarrow \infty} \sqrt{\frac{3}{2\pi^2} \frac{\Gamma(3/4)}{\Gamma(1/4)} \frac{H^2}{\sqrt{\lambda}}}$$

The divergent series can be summed via - the equilibrium PDF [Starobinsky, Yokohama 1994]

- Borel summation [Honda, Jinno, LP, Tokeshi 2023]

transition regime included!

ROBUSTNESS OF INFLATION

Does the curvature perturbation develop secular divergences?

- Inflationary spacetime is classically and linearly stable
- First non-linear classical correction \rightarrow primordial non-Gaussianities

[Maldacena 2003]

$B_{\zeta}^0(k_1, k_2, k_3)$ *No secular divergences*

\uparrow $t \rightarrow \infty$

$$\left\langle \zeta_{\vec{k}_1} \zeta_{\vec{k}_2} \zeta_{\vec{k}_3} \right\rangle (t) = (2\pi)^3 \delta^{(3)}(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) B_{\zeta}(k_1, k_2, k_3; t)$$

ROBUSTNESS OF INFLATION

Does the curvature perturbation develop secular divergences?

- Inflationary spacetime is classically and linearly stable
- First non-linear classical correction \rightarrow primordial non-Gaussianities

$$\left\langle \zeta_{\vec{k}_1} \zeta_{\vec{k}_2} \zeta_{\vec{k}_3} \right\rangle (t) = (2\pi)^3 \delta^{(3)}(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) B_\zeta(k_1, k_2, k_3; t)$$

- First non-linear quantum correction: $\left\langle \zeta_{\vec{k}_1} \zeta_{\vec{k}_2} \right\rangle (t) = (2\pi)^3 \delta^{(3)}(\vec{k}_1 + \vec{k}_2) \left[P_\zeta^{\text{tree}}(k_1; t) + P_\zeta^{1\text{-loop}}(k_1; t) + \dots \right]$
 $t \rightarrow \infty \rightarrow P_\zeta^0(k_1)$ *No secular divergences*
 $t \rightarrow \infty \rightarrow ???$ *Are there secular divergences?*

ROBUSTNESS OF INFLATION

Does the curvature perturbation develop secular divergences?

- Inflationary spacetime is classically and linearly stable

- First non-linear classical correction \rightarrow primordial non-Gaussianities

$$\left\langle \zeta_{\vec{k}_1} \zeta_{\vec{k}_2} \zeta_{\vec{k}_3} \right\rangle (t) = (2\pi)^3 \delta^{(3)}(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) B_\zeta(k_1, k_2, k_3; t)$$

- First non-linear quantum correction: $\left\langle \zeta_{\vec{k}_1} \zeta_{\vec{k}_2} \right\rangle (t) = (2\pi)^3 \delta^{(3)}(\vec{k}_1 + \vec{k}_2) \left[P_\zeta^{\text{tree}}(k_1; t) + P_\zeta^{1\text{-loop}}(k_1; t) + \dots \right]$

- Imagine $P_\zeta(k_1; t) \ni \log a(t)^N \rightarrow$ ❖ Inflationary spacetime secularly unstable
could actually provide a natural end

- ❖ Breakdown of perturbation theory?
the framework to make calculations becomes wrong

- ❖ Loss of predictivity through reheating and Big Bang cosmology
absence of adiabatic limit implies model dependence

THE CURVATURE PERTURBATION AT ONE LOOP

Conceptual and technical difficulties

- Gravity is (perturbatively) dynamical → ❖ Gauge ambiguity
gauge-invariant predictions must be obtained
- ❖ GR constraints must be solved
metric components are non-dynamical but non-zero
- ❖ Gravitational interactions are mixed
(anti-)derivative / non-derivative, e.g. $\zeta\dot{\zeta}^2$, $\zeta\partial_i\zeta\partial_i\partial^{-2}\zeta$, etc.

THE CURVATURE PERTURBATION AT ONE LOOP

Conceptual and technical difficulties

- Gravity is (perturbatively) dynamical →
 - ❖ Gauge ambiguity
gauge-invariant predictions must be obtained
 - ❖ GR constraints must be solved
metric components are non-dynamical but non-zero
 - ❖ Gravitational interactions are mixed
(anti-)derivative / non-derivative, e.g. $\zeta\dot{\zeta}^2$, $\zeta\partial_i\zeta\partial_i\partial^{-2}\zeta$, etc.
- Backreaction on the background must be (perturbatively) accounted for

THE CURVATURE PERTURBATION AT ONE LOOP

Conceptual and technical difficulties

- Gravity is (perturbatively) dynamical → ❖ Gauge ambiguity
gauge-invariant predictions must be obtained
 - ❖ GR constraints must be solved
metric components are non-dynamical but non-zero
 - ❖ Gravitational interactions are mixed
(anti-)derivative / non-derivative, e.g. $\zeta\dot{\zeta}^2$, $\zeta\partial_i\zeta\partial_i\partial^{-2}\zeta$, etc.
- Backreaction on the background must be (perturbatively) accounted for
- Three kinds of divergences:
 - ❖ Secular divergences: $\log a(t)$
 - ❖ UV divergences: $\Lambda_{UV}^2, \Lambda_{UV}, \log \Lambda_{UV}$
 - ❖ IR divergences: $\log \Lambda_{IR}$

$$\int dt_1 \int dt_2 [H(t_2), [H(t_1), Q(t)]]$$
$$\int \frac{d^3\vec{k}}{(2\pi)^3} f(k) \begin{cases} \xrightarrow{k \rightarrow \infty} \frac{1}{k} + \frac{1}{k^2} + \frac{1}{k^3} + \dots \\ \xrightarrow{k \rightarrow 0} \frac{1}{k^3} + \frac{1}{k^2} + \dots \end{cases}$$

THE CURVATURE PERTURBATION AT ONE LOOP

Conceptual and technical difficulties

- Gravity is (perturbatively) dynamical → ❖ Gauge ambiguity
gauge-invariant predictions must be obtained

How to address all that at once?

The effective field theory of inflationary fluctuations is an exceptional framework

- Backre
- Three

❖ IR divergences: $\log \Lambda_{\text{IR}}$

$$\int \frac{J(k)}{(2\pi)^3}$$

$$k \rightarrow 0 \quad \frac{1}{k^3} + \frac{1}{k^2} + \dots$$

II. THE EFT OF INFLATIONARY FLUCTUATIONS

Model-(in)dependence

Free theory

Leading cubic and quartic gravitational interactions

```
graph LR; A([Matter content + symmetries]) --> B([Interactions (some fixed by non-linearly realized symmetries)])
```

Matter content +
symmetries

Interactions
(some fixed by
non-linearly
realized
symmetries)

EFT FOR THE ADIABATIC FLUCTUATION

The unitary gauge

- Inflation \leftrightarrow time-translation symmetry breaking: $H_0 \rightarrow H(t)$

↳ We can expect a (pseudo) Nambu-Goldstone boson

extrinsic spatial curvature

We build an EFT from Lorentz-violating blocks: $g^{\mu\nu}, g^{0\mu}, g^{00}, K_{ij}, R_{ij}^{(3)}, \nabla_\mu, f(t)$

intrinsic spatial curvature

This is called the **unitary gauge**: the NG boson is hidden in the metric

EFT FOR THE ADIABATIC FLUCTUATION

The unitary gauge

- Inflation \leftrightarrow time-translation symmetry breaking: $H_0 \rightarrow H(t)$



We can expect a (pseudo) Nambu-Goldstone boson

We build an EFT from Lorentz-violating blocks: $g^{\mu\nu}, g^{0\mu}, g^{00}, K_{ij}, R_{ij}^{(3)}, \nabla_\mu, f(t)$

This is called the **unitary gauge**: the NG boson is hidden in the metric

- Most general unitary gauge Lagrangian compatible with an FLRW background:
[Creminelli et al. 2006] [Cheung et al. 2008]

$$S = \int d^4x \sqrt{-g} \mathcal{L}, \quad \text{with}$$

$$\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} \left[R - 2 \left(\dot{H} + 3H^2 \right) \right] + M_{\text{Pl}}^2 \dot{H} g^{00} + F^{(2)} \left(\delta g^{00}, \delta K_{ij}, \delta^{(3)} R_{ij}; \nabla_\mu; t \right)$$

EFT FOR THE ADIABATIC FLUCTUATION

The derivative expansion



- Higher number of derivatives brings higher powers of H/Λ in the observables
- Given a sought precision, one can truncate the EFT to some derivative order
- Non-derivative order: $F^{(2)} \supset \sum_{n=2}^{\infty} M_n^4 \frac{(\delta g^{00})^n}{n!}$
- Higher orders: $F^{(2)} \supset -\bar{M}_1^3 \delta g^{00} \delta K - \bar{M}_2^2 \delta K_{ij} \delta K^{ij} - \bar{M}_3^2 \delta K^2 + \bar{m}_1^2 (\nabla^0 \delta g^{00})^2 + \bar{m}_1^2 \delta g^{00} \delta R^{(3)} + \dots$

EFT FOR THE ADIABATIC FLUCTUATION

The derivative expansion



- Higher number of derivatives brings higher powers of H/Λ in the observables
- Given a sought precision, one can truncate the EFT to some derivative order
- Non-derivative order: $F^{(2)} \supset \sum_{n=2}^{\infty} M_n^4 \frac{(\delta g^{00})^n}{n!}$
- Higher orders: $F^{(2)} \supset -\bar{M}_1^3 \delta g^{00} \delta K - \bar{M}_2^2 \delta K_{ij} \delta K^{ij} - \bar{M}_3^2 \delta K^2 + \bar{m}_1^2 (\nabla^0 \delta g^{00})^2 + \bar{m}_1^2 \delta g^{00} \delta R^{(3)} + \dots$

Example: Suppose there is a unique scale Λ at which new physics enter (background excitation, new particle, etc.)

$$\begin{aligned} \delta K \sim H \times \delta g, \delta R^{(3)} \sim H^2 \times \delta g &\rightarrow M_2^4 (\delta g^{00})^2 \sim \Lambda^4 \times \delta g^2 \\ \bar{M}_1^3 \delta g^{00} \delta K \sim \Lambda^3 H \times \delta g^2 & \\ \bar{M}_3^2 \delta K^2 \sim \Lambda^2 H^2 \times \delta g^2 & \end{aligned} \quad \begin{array}{l} \vdots \\ \text{smaller} \\ \blacktriangledown \end{array}$$

EFT FOR THE ADIABATIC FLUCTUATION

The derivative expansion



- Higher number of derivatives brings higher powers of H/Λ in the observables

- Given a sought precision, one can truncate the EFT to some derivative order

- Non-derivative order: $F^{(2)} \supset \sum_{n=2}^{\infty} M_n^4 \frac{(\delta g^{00})^n}{n!}$

- Higher orders: ~~$F^{(2)} \supset -\bar{M}_1^3 \delta g^{00} \delta K - \bar{M}_2^2 \delta K_{ij} \delta K^{ij} - \bar{M}_3^2 \delta K^2 + \bar{m}_1^2 (\nabla^\theta \delta g^{00})^2 + \bar{m}_1^2 \delta g^{00} \delta R^{(3)} + \dots$~~

Example: **Suppose there is a unique scale Λ** at which new physics enter (background excitation, new particle, etc.)

$$\delta K \sim H \times \delta g, \delta R^{(3)} \sim H^2 \times \delta g \quad \rightarrow \quad M_2^4 (\delta g^{00})^2 \sim \Lambda^4 \times \delta g^2$$

$$\bar{M}_1^3 \delta g^{00} \delta K \sim \Lambda^3 H \times \delta g^2$$

$$\bar{M}_3^2 \delta K^2 \sim \Lambda^2 H^2 \times \delta g^2$$

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

In these works, (for now) we • **truncate** (theory assumption) at leading non-derivative order

- **fine-tune** (model dependence) $M_3 = 0 = M_4$

EFT FOR THE ADIABATIC FLUCTUATION

The Stückelberg trick

$$M_2(t)^4 \frac{(\delta g^{00})^2}{2}$$

$$\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} \left[R - 2 \left(\dot{H} + 3H^2 \right) \right] + M_{\text{Pl}}^2 \dot{H} g^{00} + \overbrace{F^{(2)} \left(\delta g^{00}, \delta K_{ij}, \delta^{(3)} R_{ij}; \nabla_\mu; t \right)}$$

Stückelberg trick = introduce explicitly the Goldstone boson π to restore diffeomorphism invariance

- Define $\pi(t, \vec{x})$ such that $t + \pi(t, \vec{x})$ is invariant under full diffeomorphisms

EFT FOR THE ADIABATIC FLUCTUATION

The Stückelberg trick

$$M_2(t)^4 \frac{(\delta g^{00})^2}{2}$$

$$\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} \left[R - 2 \left(\dot{H} + 3H^2 \right) \right] + M_{\text{Pl}}^2 \dot{H} g^{00} + \overbrace{F^{(2)} \left(\delta g^{00}, \delta K_{ij}, \delta^{(3)} R_{ij}; \nabla_\mu; t \right)}$$

Stückelberg trick = introduce explicitly the Goldstone boson π to restore diffeomorphism invariance



- Define $\pi(t, \vec{x})$ such that $t + \pi(t, \vec{x})$ is invariant under full diffeomorphisms
- Still a gauge freedom \rightarrow flat gauge $\rightarrow \zeta = -H\pi + (H\dot{\pi}^2)/2 - (H\ddot{\pi}^3)/6 + \dots$

EFT FOR THE ADIABATIC FLUCTUATION

The Stückelberg trick

$$M_2(t)^4 \frac{(\delta g^{00})^2}{2}$$

$$\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} \left[R - 2 \left(\dot{H} + 3H^2 \right) \right] + M_{\text{Pl}}^2 \dot{H} g^{00} + \overbrace{F^{(2)} \left(\delta g^{00}, \delta K_{ij}, \delta^{(3)} R_{ij}; \nabla_\mu; t \right)}$$

Stückelberg trick = introduce explicitly the Goldstone boson π to restore diffeomorphism invariance



- Define $\pi(t, \vec{x})$ such that $t + \pi(t, \vec{x})$ is invariant under full diffeomorphisms
- Still a gauge freedom \rightarrow flat gauge $\rightarrow \zeta = -H\pi + (H\dot{\pi}^2)/2 - (H\ddot{\pi}^3)/6 + \dots$

$$t \rightarrow t + \pi(t, \vec{x}) \Rightarrow \delta g^{00} \rightarrow \delta g_{\text{flat}}^{00} + 2\delta g_{\text{flat}}^{0i} \partial_i \pi \underbrace{- 2\dot{\pi} - \dot{\pi}^2 + (\partial\pi)^2 / a^2}_{\text{non-linearly realized symmetry (diffeo. inv.)}}$$

non-linearly realized symmetry (diffeo. inv.)

- Example: $H \rightarrow H(t + \pi(t, \vec{x})) = H + \dot{H} \pi(t, \vec{x}) + \ddot{H} \pi(t, \vec{x})^2 / 2 + \dots$

EFT FOR THE ADIABATIC FLUCTUATION

The decoupling limit

- Lapse and shift are non-dynamical (no $\delta g_{\text{flat}}^{00}$, no $\delta g_{\text{flat}}^{0i}$) but non-zero

- In principle, constraints must be solved $\rightarrow \delta g_{\text{flat}}^{00} = 2\epsilon H\pi$

- I want to neglect those, e.g. in $(\delta g^{00})^2 \rightarrow (-2\dot{\pi} + \delta g_{\text{flat}}^{00})^2 + \text{cubic}$

- $\dot{\pi} \sim \omega \times \pi \rightarrow \omega^2 \gg \epsilon H^2$

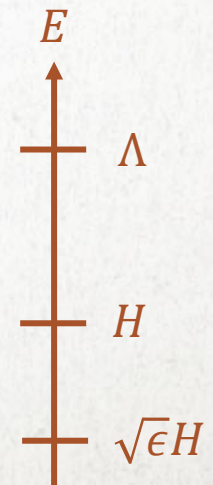
At high enough energies, the NG boson alone describes the whole dynamics

the decoupling limit

- Remarks: using the decoupling limit around horizon crossing $\omega \sim H \rightarrow \epsilon \ll 1$
no constraints on η and its time derivatives

- On super-horizon scales $\omega \ll H$ and the decoupling ceases to be valid

Not a problem if an adiabatic limit is reached and ζ has become constant



EFT FOR THE ADIABATIC FLUCTUATION

Summary

$$\begin{aligned}\epsilon &= -\dot{H}/H^2 \\ \eta &= \dot{\epsilon}/(\epsilon H) \\ \eta_2 &= \dot{\eta}/(\eta H)\end{aligned}$$

- Starting point EFT: most general Lagrangian compatible with symmetries and no matter fields
- Assumption about the UV physics: a single high-energy scale Λ for new physics
- Fine-tuning (technical assumption, not required): $M_3 = 0 = M_4$
- Decoupling limit (technical assumption, not required): $\delta g_{\text{flat}}^{00} \ll \dot{\pi}, \dots$

$$\mathcal{L}_{\text{decoup.}}^{\pi,(2)} = \frac{\epsilon H^2 M_{\text{Pl}}^2}{c_s^2} \left[\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right] \quad \text{[Braglia, LP 2504.07926]}$$

$$\mathcal{L}_{\text{decoup.}}^{\pi,(3)} = -\frac{\epsilon H^3 M_{\text{Pl}}^2}{c_s^2} \left[\frac{f_0 c_s^2}{H} \dot{\pi} \frac{(\partial_i \pi)^2}{a^2} + \frac{f_1}{H} \dot{\pi}^3 + f_2 \dot{\pi}^2 \pi + f_3 c_s^2 \pi \frac{(\partial_i \pi)^2}{a^2} \right],$$

$$\text{with } f_0 = \frac{1}{c_s^2} - 1, \quad f_1 = c_s^2 - 1, \quad f_2 = -\eta - s(1 - c_s^2), \quad \text{and } f_3 = \eta$$

Matches:

- $P(X, \phi)$ Lagrangians
[Burrage, Ribeiro, Seery, 2011]
- Multi-field Lagrangians after integrating out isocurvature fluctuations

[Garcia-Saenz, LP, Renaux-Petel, 2019]

[LP 2020]

EFT FOR THE ADIABATIC FLUCTUATION

Summary

$$\begin{aligned}\epsilon &= -\dot{H}/H^2 \\ \eta &= \dot{\epsilon}/(\epsilon H) \\ \eta_2 &= \dot{\eta}/(\eta H)\end{aligned}$$

- Starting point EFT: most general Lagrangian compatible with symmetries and no matter fields
- Assumption about the UV physics: a single high-energy scale Λ for new physics
- Fine-tuning (technical assumption, not required): $M_3 = 0 = M_4$

$$\mathcal{L}_{\text{decoup.}}^{\pi,(4)} = \frac{\epsilon H^4 M_{\text{Pl}}^2}{c_s^2} \left\{ \frac{g_0 c_s^2}{H^2} \left[\frac{(\partial_i \pi)^2}{a^2} \right]^2 + \frac{g_1 c_s^2}{H^2} \dot{\pi}^2 \frac{(\partial_i \pi)^2}{a^2} + \frac{g_2}{H^2} \dot{\pi}^4 + \frac{g_3}{H} \pi \dot{\pi}^3 + \frac{g_4 c_s^2}{H} \pi \dot{\pi} \frac{(\partial_i \pi)^2}{a^2} + g_5 \pi^2 \dot{\pi}^2 + g_6 c_s^2 \pi^2 \frac{(\partial_i \pi)^2}{a^2} \right\},$$

[Braglia, LP 2504.07926]

with

$$\begin{aligned}g_0 &= \frac{1}{4} \left(\frac{1}{c_s^2} - 1 \right), & g_1 &= -\frac{1}{2} \left(\frac{1}{c_s^2} - 1 \right), & g_2 &= \frac{1 - c_s^2}{4}, & g_3 &= (1 - c_s^2)(\eta + s), \\ g_4 &= -\left(\frac{1}{c_s^2} - 1 \right) (\eta + s), & g_5 &= \frac{\eta(\eta + \eta_2)}{2} + (1 - c_s^2)s(\eta + s + s_2), & g_6 &= -\frac{\eta(\eta + \eta_2)}{2}\end{aligned}$$

EFT FOR THE ADIABATIC FLUCTUATION

$$\begin{aligned} \epsilon &= -\dot{H}/H^2 \\ \eta &= \dot{\epsilon}/(\epsilon H) \\ \eta_2 &= \dot{\eta}/(\eta H) \end{aligned}$$

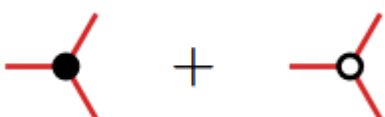
Free theory and interactions → “Feynman-like” rules

$$\mathcal{L}_{\text{decoup.}}^{\pi,(2)} = \frac{\epsilon H^2 M_{\text{Pl}}^2}{c_s^2} \left[\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right] \text{ with } \frac{1}{c_s^2} - 1 = \frac{2M_2^4}{\epsilon H^2 M_{\text{Pl}}^2}$$

Speed of sound $0 < c_s^2 \leq 1$

$$\pi_k^I(\tau) = \frac{1}{\sqrt{4\epsilon c_s k^3} M_{\text{Pl}}} (1 + i c_s k \tau) e^{-i c_s k \tau}$$

Mode functions / propagators


$$a\mathcal{H}_{\text{int}}^{(3)} = -a^2 \epsilon \eta H^3 M_{\text{Pl}}^2 \left[\frac{1}{c_s^2} \pi \pi'^2 - \pi (\partial_i \pi)^2 \right]$$


Leading cubic gravitational interactions
those surviving in the limit $c_s^2 \rightarrow 1, \epsilon \ll \eta$

$= -\mathcal{L}^{(3)}$

$$a\mathcal{H}_{\text{int}}^{(4)} = \frac{a^2}{2} \epsilon \eta H^4 M_{\text{Pl}}^2 \left[\frac{\eta - \eta_2}{c_s^2} \pi^2 \pi'^2 + (\eta + \eta_2) \pi^2 (\partial_i \pi)^2 \right]$$

Leading quartic gravitational interactions
those surviving in the limit $c_s^2 \rightarrow 1, \epsilon \ll \eta, \eta_2$

 $\neq -\mathcal{L}^{(4)}$

[Braglia, LP 2504.07926]
[Braglia, LP 2504.13136]



III. LOOP CALCULATION

Bare contributions

Renormalization: tadpoles and UV divergences

Discussion

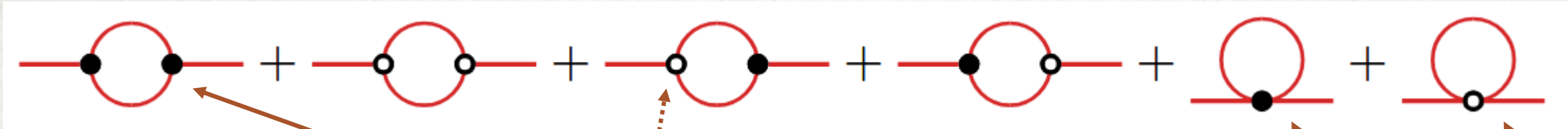
$$\mathcal{P}_{\pi, 1L}^{\text{ren}} = \text{[diagrammatic expansion]}$$

The diagrammatic expansion for $\mathcal{P}_{\pi, 1L}^{\text{ren}}$ consists of the following terms:

- Four diagrams representing tadpoles with a loop, each with a different vertex configuration (two black dots, two white dots, one black and one white dot, and one black and one white dot).
- Two diagrams representing tadpoles with a loop, each with a different vertex configuration (one black dot and one white dot).
- Four diagrams representing tadpoles with a loop, each with a different vertex configuration (two black dots, two white dots, one black and one white dot, and one black and one white dot).

BARE CONTRIBUTIONS

UV divergences and dimensional regularization



$$a\mathcal{H}_{\text{int}}^{(3)} = -a^2 \epsilon \eta H^3 M_{\text{Pl}}^2 \left[\frac{1}{c_s^2} \pi \pi'^2 - \pi (\partial_i \pi)^2 \right]$$

$$a\mathcal{H}_{\text{int}}^{(4)} = \frac{a^2}{2} \epsilon \eta H^4 M_{\text{Pl}}^2 \left[\frac{\eta - \eta_2}{c_s^2} \pi^2 \pi'^2 + (\eta + \eta_2) \pi^2 (\partial_i \pi)^2 \right]$$

All these diagrams are IR-divergent + UV-divergent + secular-divergent

- To manipulate finite quantities, we **regulate** them →
- Comoving IR cutoff in Fourier space $k > \Lambda_{\text{IR}}$
 - Dimensional regularization $d = 3 + \delta$ spatial dimensions
 - Finite external super-horizon time $x = -p \tau$

BARE CONTRIBUTIONS

UV divergences and dimensional regularization

Modifies both the mode functions and the Fourier integrals

$$\pi_k(\tau) = \frac{\sqrt{\pi} e^{i\pi\delta/4} c_s^{-(1+\delta)/2}}{2\sqrt{2\epsilon}} \frac{1}{M_{\text{Pl}}} \left(\frac{H}{\mu}\right)^{\delta/2} \frac{(-c_s k \tau)^{(3+\delta)/2}}{k^{(3+\delta)/2}} H_{(3+\delta)/2}^{(1)}(-c_s k \tau)$$

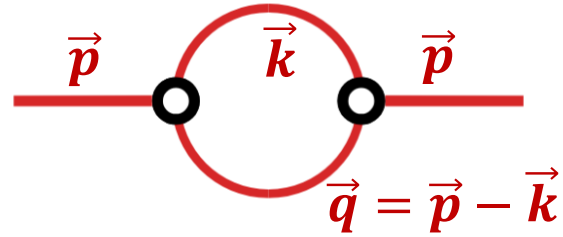
$$\int \frac{d^3 \vec{k}}{(2\pi)^3} f(\vec{k}) \mapsto \int \frac{d^d k}{(2\pi)^d} f(\vec{k}) = \Omega_{d-3} \int_0^\infty dk k^{d-1} \int_0^\pi d\theta \sin^{d-2} \theta \int_0^\pi d\varphi \sin^{d-3} \varphi f(k, \theta, \varphi)$$

All these diagrams are IR-divergent + UV-divergent + secular-divergent

- To manipulate finite quantities, we **regulate** them →
- Comoving IR cutoff in Fourier space $k > \Lambda_{\text{IR}}$
 - Dimensional regularization $d = 3 + \delta$ spatial dimensions
 - Finite external super-horizon time $x = -p \tau$

BARE CONTRIBUTIONS

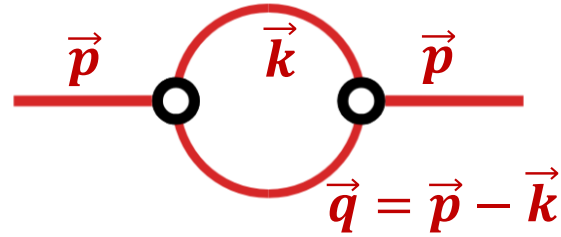
Strategy and results



- Use dimensionless variables, expand the mode function to linear order in δ , perform time and angular integrals, **[Senatore, Zaldarriaga 2009]**
introduce a fake UV cutoff to expand the integrand at infinity and extract the pole, introduce a comoving IR cutoff **[Ballesteros, Gambín Egea, Riccardi 2024]**

BARE CONTRIBUTIONS

Strategy and results



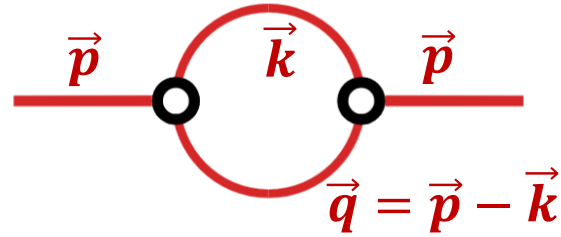
$$x \equiv -p\tau$$

- Use dimensionless variables, expand the mode function to linear order in δ , perform time and angular integrals, [\[Senatore, Zaldarriaga 2009\]](#)
introduce a fake UV cutoff to expand the integrand at infinity and extract the pole, introduce a comoving IR cutoff [\[Ballesteros, Gambín Egea, Ricciardi 2024\]](#)

$$\begin{aligned} \mathcal{P}_{\pi, 1L}^{\text{bare}}(x) &= \text{---} \bullet \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bullet \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bigcirc \text{---} \circ \text{---} \\ &= \mathcal{P}_{\pi, 1L}^{\text{b, UV}}(x) + \mathcal{P}_{\pi, 1L}^{\text{b, IR}}(x) + \mathcal{P}_{\pi, 1L}^{\text{b, fin}}(x) \end{aligned}$$

BARE CONTRIBUTIONS

Strategy and results



$$x \equiv -p\tau$$

- Use dimensionless variables, expand the mode function to linear order in δ , perform time and angular integrals, [\[Senatore, Zaldarriaga 2009\]](#)
introduce a fake UV cutoff to expand the integrand at infinity and extract the pole, introduce a comoving IR cutoff [\[Ballesteros, Gambín Egea, Ricciardi 2024\]](#)

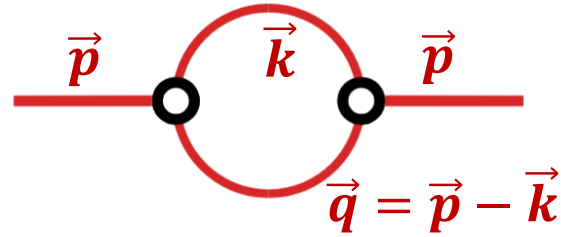
$$\begin{aligned} \mathcal{P}_{\pi,1L}^{\text{bare}}(x) &= \text{---} \bullet \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bullet \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bigcirc \text{---} \circ \text{---} \\ &= \mathcal{P}_{\pi,1L}^{\text{b,UV}}(x) + \mathcal{P}_{\pi,1L}^{\text{b,IR}}(x) + \mathcal{P}_{\pi,1L}^{\text{b,fin}}(x) \end{aligned}$$

$$\mathcal{P}_{\pi,1L}^{\text{b,UV}}(x) = - (1 + c_s^2 x^2) \mathcal{P}_{\pi,0}^{\text{tree}^2} H^2 \frac{\eta(\eta - 2\eta_2)}{4} \left[\frac{1}{\delta} + 2 \log \left(\frac{H}{\mu} \sqrt{\pi e^{-\gamma_E}} \right) \right]$$

$(1 + c_s^2 x^2)/\delta \rightarrow$ **The UV divergence is time-dependent!**

BARE CONTRIBUTIONS

Strategy and results



$$x \equiv -p\tau$$

- Use dimensionless variables, expand the mode function to linear order in δ , perform time and angular integrals, [\[Senatore, Zaldarriaga 2009\]](#)
introduce a fake UV cutoff to expand the integrand at infinity and extract the pole, introduce a comoving IR cutoff [\[Ballesteros, Gambín Egea, Ricciardi 2024\]](#)

$$\begin{aligned} \mathcal{P}_{\pi,1L}^{\text{bare}}(x) &= \text{---} \bullet \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \circ \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bullet \text{---} \bigcirc \text{---} \circ \text{---} + \text{---} \bigcirc \text{---} \bullet \text{---} + \text{---} \bigcirc \text{---} \circ \text{---} \\ &= \mathcal{P}_{\pi,1L}^{\text{b,UV}}(x) + \mathcal{P}_{\pi,1L}^{\text{b,IR}}(x) + \mathcal{P}_{\pi,1L}^{\text{b,fin}}(x) \end{aligned}$$

$$\mathcal{P}_{\pi,1L}^{\text{b,UV}}(x) = - (1 + c_s^2 x^2) \mathcal{P}_{\pi,0}^{\text{tree}^2} H^2 \frac{\eta(\eta - 2\eta_2)}{4} \left[\frac{1}{\delta} + 2 \log \left(\frac{H}{\mu} \sqrt{\pi e^{-\gamma_E}} \right) \right] \begin{array}{l} \text{UV divergence } (1 + c_s^2 x^2)/\delta \\ \text{Running log } (H/\mu) \end{array}$$

$$\lim_{x \rightarrow 0} \mathcal{P}_{\pi,1L}^{\text{b,fin}}(x) \sim -\mathcal{P}_{\pi,0}^{\text{tree}^2} H^2 \frac{1}{2} \eta(2\eta - \eta_2) \log x.$$

Sum of individual secular divergences not vanishing!

RENORMALIZATION

Cancelling UV divergences

- We need quadratic counterterms to absorb the **time-dependent** UV divergences

At lowest order in derivatives we can renormalize the speed of sound $\left(\frac{1}{c_s^2} - 1\right)\dot{\pi}^2 = \left(\frac{1}{c_{s,\text{ren}}^2} - 1\right)\dot{\pi}^2 + \delta_{c_s^2}\dot{\pi}^2$

The higher-order derivatives are degenerate, a minimal set is **[Bordin, Cabass, Creminelli, Vernizzi 2017]**

$$\mathcal{L} \supset -\frac{\bar{M}_3^2}{2}\delta K^2 + \frac{m_3^2}{2}h^{ij}(\nabla_i\delta g^{00})(\nabla_j\delta g^{00}) \rightarrow -\delta_1\frac{(\partial^2\pi)^2}{a^4} - \delta_2\frac{(\partial_i\dot{\pi})^2}{a^2} + \dots$$

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

RENORMALIZATION

Cancelling UV divergences

- We need quadratic counterterms to absorb the **time-dependent** UV divergences

At lowest order in derivatives we can renormalize the speed of sound $\left(\frac{1}{c_s^2} - 1\right) \dot{\pi}^2 = \left(\frac{1}{c_{s,\text{ren}}^2} - 1\right) \dot{\pi}^2 + \delta_{c_s^2} \dot{\pi}^2$

The higher-order derivatives are degenerate, a minimal set is **[Bordin, Cabass, Creminelli, Vernizzi 2017]**

- We need quadratic counterterms to absorb the **time-dependent** UV divergences

At lowest order in derivatives we can renormalize the speed of sound $\left(\frac{1}{c_s^2} - 1\right) \dot{\pi}^2 = \left(\frac{1}{c_{s,\text{ren}}^2} - 1\right) \dot{\pi}^2 + \delta_{c_s^2} \dot{\pi}^2$

The higher-order derivatives are degenerate, a minimal set is

- Counterterms contribute as:

We can tune the δ_i so as to cancel UV divergences **at all times**:

- Counterterms contribute as: $\mathcal{P}_{\pi, 1L}^{\text{c.t.}, (\delta_i)}(x) = \sum_{i=c_s^2, 1, 2} \delta_i \otimes = \sum_i \delta_i f_i(x)$

We can tune the δ_i so as to cancel UV divergences **at all times**: $\delta_1 = c_s^2 \delta_2, \quad \delta_2 = -\frac{1}{\delta} \frac{H^2}{M_{\text{Pl}}^2} \frac{\eta(\eta - 2\eta_2)}{8\pi^2 c_s}$

$\delta_{c_s^2} = 0$

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

RENORMALIZATION

Cancelling UV divergences

- We need quadratic counterterms to absorb the time-dependent UV divergences

At lowest order in derivatives we can renormalize the speed of sound $\left(\frac{1}{c_s^2} - 1\right)\dot{\pi}^2 = \left(\frac{1}{c_{s,\text{ren}}^2} - 1\right)\dot{\pi}^2 + \delta_{c_s^2}\dot{\pi}^2$

The higher-order derivatives are degenerate, a minimal set is **[Bordin, Cabass, Creminelli, Vernizzi 2017]**

$$\mathcal{L} \supset -\frac{\bar{M}_3^2}{2}\delta K^2 + \frac{m_3^2}{2}h^{ij}(\nabla_i\delta g^{00})(\nabla_j\delta g^{00}) \rightarrow -\delta_1\frac{(\partial^2\pi)^2}{a^4} - \delta_2\frac{(\partial_i\dot{\pi})^2}{a^2} + \dots$$

- Counterterms contribute as: $\mathcal{P}_{\pi, 1L}^{\text{c.t.}, (\delta_i)}(x) = \sum_{i=c_s^2, 1, 2} \delta_i \otimes = \sum_i \delta_i f_i(x)$

We can tune the δ_i so as to cancel UV divergences at all times: $\delta_1 = c_s^2\delta_2, \quad \delta_2 = -\frac{1}{\delta} \frac{H^2}{M_{\text{Pl}}^2} \frac{\eta(\eta - 2\eta_2)}{8\pi^2 c_s}$

- **No additional secular divergence...**

$$\delta_{c_s^2} = 0$$

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

RENORMALIZATION

Tadpole cancellation must be enforced

- We forgot a set of diagrams! [\[Pimentel, Senatore, Zaldarriaga 2012\]](#)

$$\langle \pi_{\vec{p}}(\tau) \rangle'_{\text{bare}} = \text{tadpole with black dot} + \text{tadpole with white dot} \neq 0$$

- We introduce one-point counterterms to cancel them, in the unitary gauge so they respect the EFT symmetries

$$\mathcal{L} \supset -g^{00} \delta c(t) - M_{\text{Pl}}^2 \delta \Lambda(t)$$

[\[Braglia, LP 2504.07926\]](#)

[\[Braglia, LP 2504.13136\]](#)

RENORMALIZATION

Tadpole cancellation must be enforced

- We forgot a set of diagrams! [\[Pimentel, Senatore, Zaldarriaga 2012\]](#)

$$\langle \pi_{\vec{p}}(\tau) \rangle'_{\text{bare}} = \text{[diagram 1]} + \text{[diagram 2]} \neq 0$$

- We introduce one-point counterterms to cancel them, in the unitary gauge so they respect the EFT symmetries

$$\mathcal{L} \supset -g^{00} \delta c(t) - M_{\text{Pl}}^2 \delta \Lambda(t)$$

$$a \mathcal{H}_{\text{c.t.}}^{(1)} = a^4 M_{\text{Pl}}^2 \delta \dot{\Lambda} \pi - 2a^4 \delta c \dot{\pi}$$

$$\text{[diagram 1]} + \text{[diagram 2]} + \text{[diagram 3]} + \text{[diagram 4]} = 0$$

RENORMALIZATION

Tadpole cancellation must be enforced

- We forgot a set of diagrams! **[Pimentel, Senatore, Zaldarriaga 2012]**

$$\langle \pi_{\vec{p}}(\tau) \rangle'_{\text{bare}} = \text{tadpole with black dot} + \text{tadpole with white dot} \neq 0$$

- We introduce one-point counterterms to cancel them, in the unitary gauge so they respect the EFT symmetries

$$\mathcal{L} \supset -g^{00} \delta c(t) - M_{\text{Pl}}^2 \delta \Lambda(t)$$

$$a\mathcal{H}_{\text{c.t.}}^{(1)} = a^4 M_{\text{Pl}}^2 \delta \dot{\Lambda} \pi - 2a^4 \delta c \dot{\pi}$$

$$a\mathcal{H}_{\text{c.t.}}^{(2)} = \frac{a^4 M_{\text{Pl}}^2}{2} \delta \ddot{\Lambda} \pi^2 - 2a^4 (\delta \dot{c} - \eta H \delta c) \pi \dot{\pi}$$

$$\text{tadpole with black dot} + \text{tadpole with white dot} + \text{tadpole with } \delta \dot{\Lambda} + \text{tadpole with } \delta c = 0$$

Non-linearly realized symmetries imply quadratic counterterms are necessarily induced !

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

RENORMALIZATION

Tadpole cancellation must be enforced

- We forgot a set of diagrams! **[Pimentel, Senatore, Zaldarriaga 2012]**

$$\langle \pi_{\vec{p}}(\tau) \rangle'_{\text{bare}} = \text{[diagram: tadpole with black dot]} + \text{[diagram: tadpole with white dot]} \neq 0$$

- We introduce one-point counterterms to cancel them, in the unitary gauge so they respect the EFT symmetries

$$\mathcal{L} \supset -g^{00} \delta c(t) - M_{\text{Pl}}^2 \delta \Lambda(t)$$

$$a\mathcal{H}_{\text{c.t.}}^{(1)} = a^4 M_{\text{Pl}}^2 \delta \dot{\Lambda} \pi - 2a^4 \delta c \dot{\pi} \quad \text{[diagram: tadpole with black dot]} + \text{[diagram: tadpole with white dot]} + \text{[diagram: counterterm box with delta Lambda dot]} + \text{[diagram: counterterm box with delta c]} = 0$$

$$a\mathcal{H}_{\text{c.t.}}^{(2)} = \frac{a^4 M_{\text{Pl}}^2}{2} \delta \ddot{\Lambda} \pi^2 - 2a^4 (\delta \dot{c} - \eta H \delta c) \pi \dot{\pi}$$

Non-linearly realized symmetries imply quadratic counterterms are necessarily induced !

- New contributions to the power spectrum $\mathcal{P}_{\pi, 1\text{L}}^{\text{c.t.}, (\Lambda, c)}(x) = \text{[diagram: counterterm box with delta Lambda double dot]} + \text{[diagram: counterterm box with delta c dot]} + \text{[diagram: counterterm box with delta c]}$

[Braglia, LP 2504.07926]
[Braglia, LP 2504.13136]

$$\lim_{x \rightarrow 0} \mathcal{P}_{\pi, 1\text{L}}^{\text{c.t.}, (\Lambda, c)}(x) \sim \mathcal{P}_{\pi, 0}^{\text{tree}^2} H^2 \frac{1}{2} \eta (2\eta - \eta_2) \log x.$$

REMEMBER

$$\lim_{x \rightarrow 0} \mathcal{P}_{\pi, 1L}^{\text{bare}}(x) \sim -\mathcal{P}_{\pi, 0}^{\text{tree}^2} H^2 \frac{1}{2} \eta (2\eta - \eta_2) \log x.$$

NOW

$$\lim_{x \rightarrow 0} \mathcal{P}_{\pi, 1L}^{\text{c.t.,}(\Lambda, c)}(x) \sim \mathcal{P}_{\pi, 0}^{\text{tree}^2} H^2 \frac{1}{2} \eta (2\eta - \eta_2) \log x.$$

THEIR SUM IS LATE-TIME CONVERGENT!

RENORMALIZATION

Total result

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

$$\begin{aligned}
 &= \text{---} \bullet \bigcirc \bullet \text{---} + \text{---} \circ \bigcirc \circ \text{---} + \text{---} \circ \bigcirc \bullet \text{---} + \text{---} \bullet \bigcirc \circ \text{---} + \text{---} \bigcirc \bullet \text{---} + \text{---} \bigcirc \text{---} + \text{---} \bigcirc \text{---} \\
 &+ \text{---} \boxtimes \text{---} + \text{---} \boxtimes \text{---} + \text{---} \otimes \text{---} + \text{---} \otimes \text{---}
 \end{aligned}$$

$\delta\ddot{\Lambda}$ $\delta\dot{c}$ δ_1 δ_2

- Secular divergences cancel in the renormalized power spectrum
- The conservation of $\pi(t, \vec{x})$ at one loop is enforced by non-linearly realized symmetries

RENORMALIZATION

Total result

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

$$= \text{diagram 1} + \text{diagram 2} + \text{diagram 3} + \text{diagram 4} + \text{diagram 5} + \text{diagram 6} + \text{diagram 7} + \text{diagram 8}$$

- Secular divergences cancel in the renormalized power spectrum
- The conservation of $\pi(t, \vec{x})$ at one loop is enforced by non-linearly realized symmetries

- The result on super-horizon scales is:

$$x = 0$$

$$\frac{\mathcal{P}_{\pi,1L,0}^{\text{ren}}}{\mathcal{P}_{\pi,0}^{\text{tree}}} = \frac{1}{8\pi^2} \left(\frac{H}{\Lambda_\eta} \right)^2 \left[\frac{269}{160} - \frac{29}{16} \log(2) - \frac{1}{4} \log \left(\frac{H}{\mu} \sqrt{\frac{\pi}{4c_s^2 e^{\gamma_E}}} t_{\text{IR}}^2 \right) \right] + \frac{1}{8\pi^2} \left(\frac{H}{\Lambda_{\eta_2}} \right)^2 \left[\frac{11}{24} + \frac{1}{2} \log \left(\frac{H}{\mu} \sqrt{\frac{\pi}{4c_s^2 e^{\gamma_E}}} t_{\text{IR}} \right) \right],$$

with the strong coupling scales $\Lambda_\eta^2 = M_{\text{Pl}}^2 \frac{\epsilon c_s}{\eta^2}$, and $\Lambda_{\eta_2}^2 = M_{\text{Pl}}^2 \frac{\epsilon c_s}{\eta \eta_2}$, also $t_{\text{IR}} \simeq p/\Lambda_{\text{IR}}$

- We can safely match $\pi(t, \vec{x})$ to $\zeta(t, \vec{x})$ on super-horizon scales

RENORMALIZATION

Total result

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

$$= \text{diagram 1} + \text{diagram 2} + \text{diagram 3} + \text{diagram 4} + \text{diagram 5} + \text{diagram 6}$$

$$+ \delta\ddot{\Lambda} \text{diagram 7} + \delta\dot{c} \text{diagram 8} + \delta_1 \text{diagram 9} + \delta_2 \text{diagram 10}$$

- Secular divergence cancel in the renormalized power spectrum

Successful perturbative renormalization of the EFT of inflation at order H^2/Λ^2

is:

$$\frac{\mathcal{P}_{\pi,1L,0}^{\text{ren}}}{\mathcal{P}_{\pi,0}^{\text{tree}}} = \frac{1}{8\pi^2} \left(\frac{H}{\Lambda_\eta}\right)^2 \left[\frac{269}{160} - \frac{29}{16} \log(2) - \frac{1}{4} \log\left(\frac{H}{\mu} \sqrt{\frac{\pi}{4c_s^2 e^{\gamma_E}} t_{\text{IR}}^2}\right) \right]$$

$$+ \frac{1}{8\pi^2} \left(\frac{H}{\Lambda_{\eta_2}}\right)^2 \left[\frac{11}{24} + \frac{1}{2} \log\left(\frac{H}{\mu} \sqrt{\frac{\pi}{4c_s^2 e^{\gamma_E}} t_{\text{IR}}^2}\right) \right],$$

with the strong coupling scales $\Lambda_\eta^2 = M_{\text{Pl}}^2 \frac{\epsilon c_s}{\eta^2}$, and $\Lambda_{\eta_2}^2 = M_{\text{Pl}}^2 \frac{\epsilon c_s}{\eta \eta_2}$, also $t_{\text{IR}} \simeq p/\Lambda_{\text{IR}}$

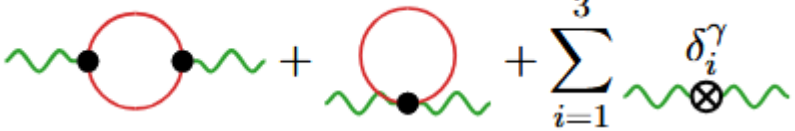
- We can safely match $\pi(t, \vec{x})$ to $\zeta(t, \vec{x})$ on super-horizon scales

DISCUSSION

What's done, what's not done

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

- Scalar-induced tensor two-point function: $\mathcal{P}_{\gamma, 1L}^{\text{ren}}(x) =$  $+ \sum_{i=1}^3 \delta_i^\gamma$
- Massive (conformal) scalar field correction to the one-loop curvature perturbation:

$$\mathcal{P}_{\pi, 1L \text{ from } \mathcal{S}}^{\text{ren}}(x) =$$


- All cases are scale-invariant scenarios: running $\log(H/\mu)$ is not observable
- Strongly scale-dependent cases with striking small-scale phenomenology remain to be thoroughly studied
- Relax technical assumption of the decoupling limit → anti-derivative interactions $\zeta \partial_i \zeta \partial_i \partial^{-2} \zeta$
- Explore different scenarios: heavy fields with any mass, different dispersion relations, excited initial states, etc.

DISCUSSION

What's done, what's not done

[Braglia, LP 2504.07926]

[Braglia, LP 2504.13136]

- Scalar-induced tensor two-point function:
- Massive (conformal) scalar field correction to the one-loop curvature perturbation:
- **All cases are scale-invariant scenarios: running $\log(H/\mu)$ is not observable**
- **Strongly scale-dependent cases with striking small-scale phenomenology remain to be thoroughly studied**
[Braglia, Cespedes, LP 26xx.xxx]
- Relax technical assumption of the decoupling limit → anti-derivative interactions $\zeta \partial_i \zeta \partial_i \partial^{-2} \zeta$
- Explore different scenarios: heavy fields with any mass, different dispersion relations, excited initial states, etc.

$$x \equiv -p\tau$$

BONUS

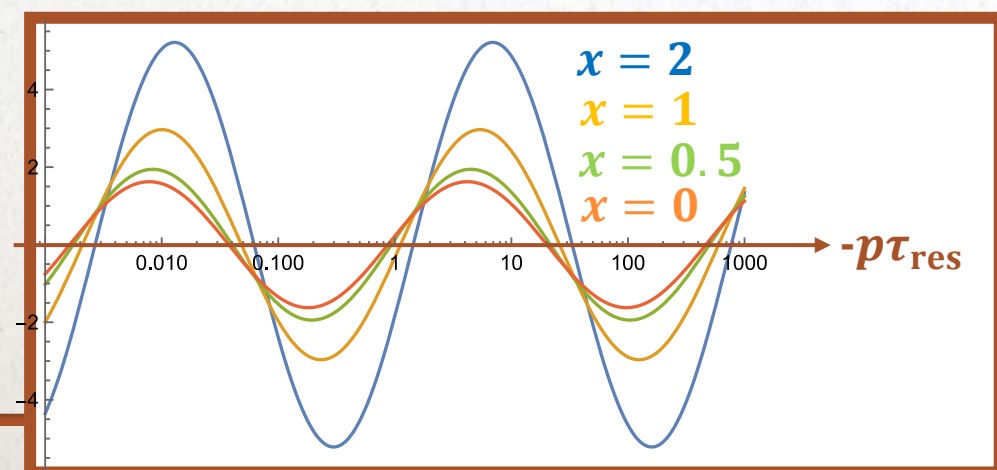
First scale-dependent renormalization of inflation

[Braglia, Céspedes, LP 26xx.xxx]

Repeat the analysis with interactions that violate slow-roll $\epsilon(\tau) \sim \sin(w \log(-\tau/\tau_{\text{res}})) \rightarrow$ *resonant features*



$$\mathcal{P}_{\pi,1L}^{\text{bare,UV}}(p, x) = f(p, x) \left(\frac{1}{\delta} + \log\left(\frac{H}{\mu}\right) \right)$$



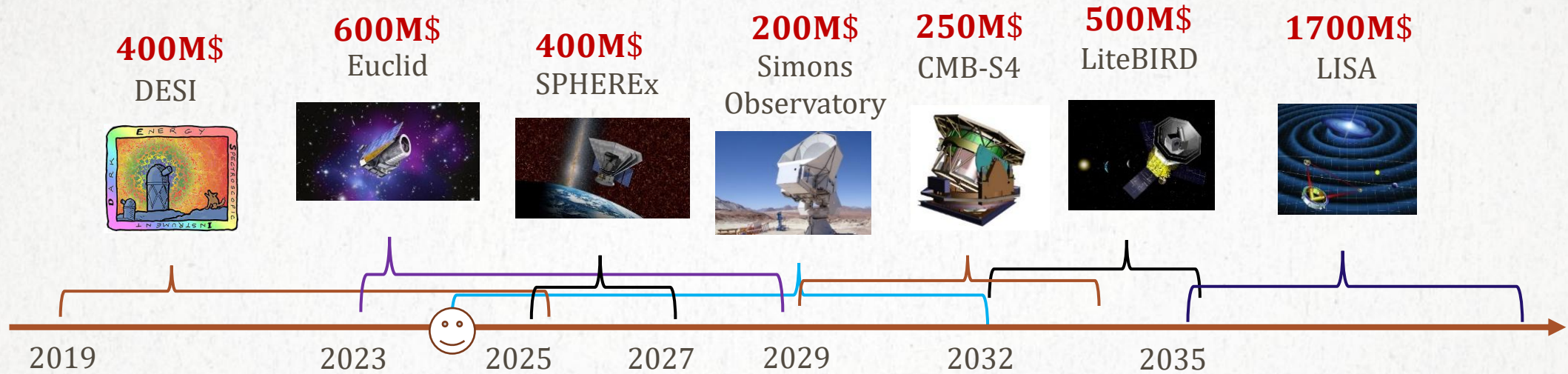
- The UV divergences are scale-dependent (p) and time-dependent (x)
- No secular divergences
- With only 4 counterterms we can cancel them for any pair (p, x)
- The **β -function** is now scale-dependent
- Yet, is the loop effect “observable”?

BACKUP SLIDES

A BRIGHT FUTURE

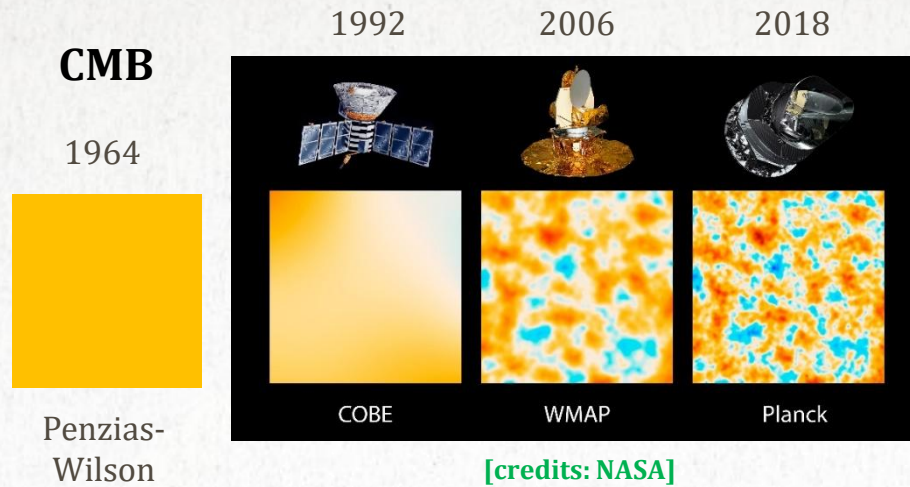
Towards a standard model of inflation

Approximate budgets
Total \approx 4 billions \$



Exciting era for primordial cosmology
But discoveries = data + interpretation

Cosmic Microwave Background

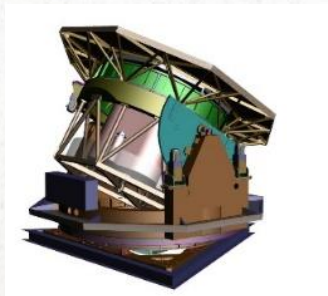


Simons Observatory (2024-?)



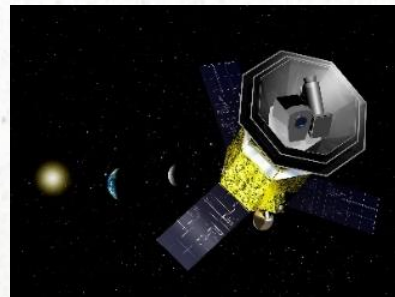
*The coming one
(Chile)*

CMB-S4 (2029-?)

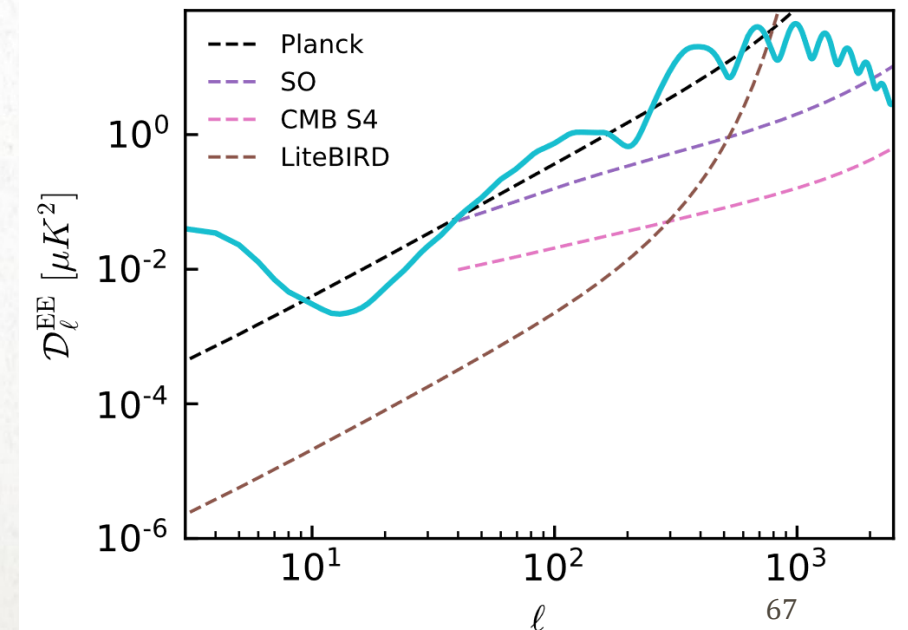


*Multiple telescopes
Better foreground removal Much better for low- ℓ*

LiteBIRD (2032-?)

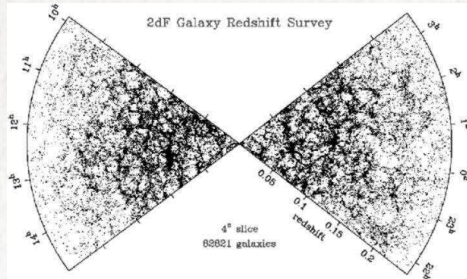


Satellite

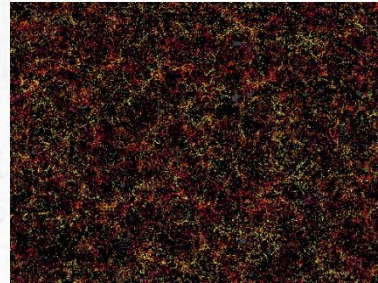


Large-Scale Structures

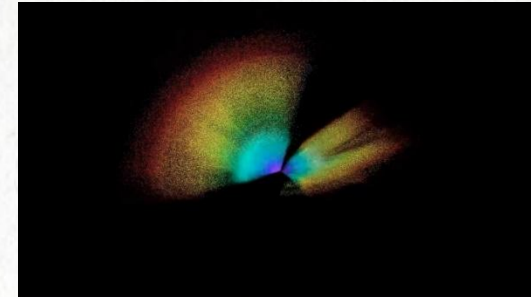
2-dFGRS
(~2000)



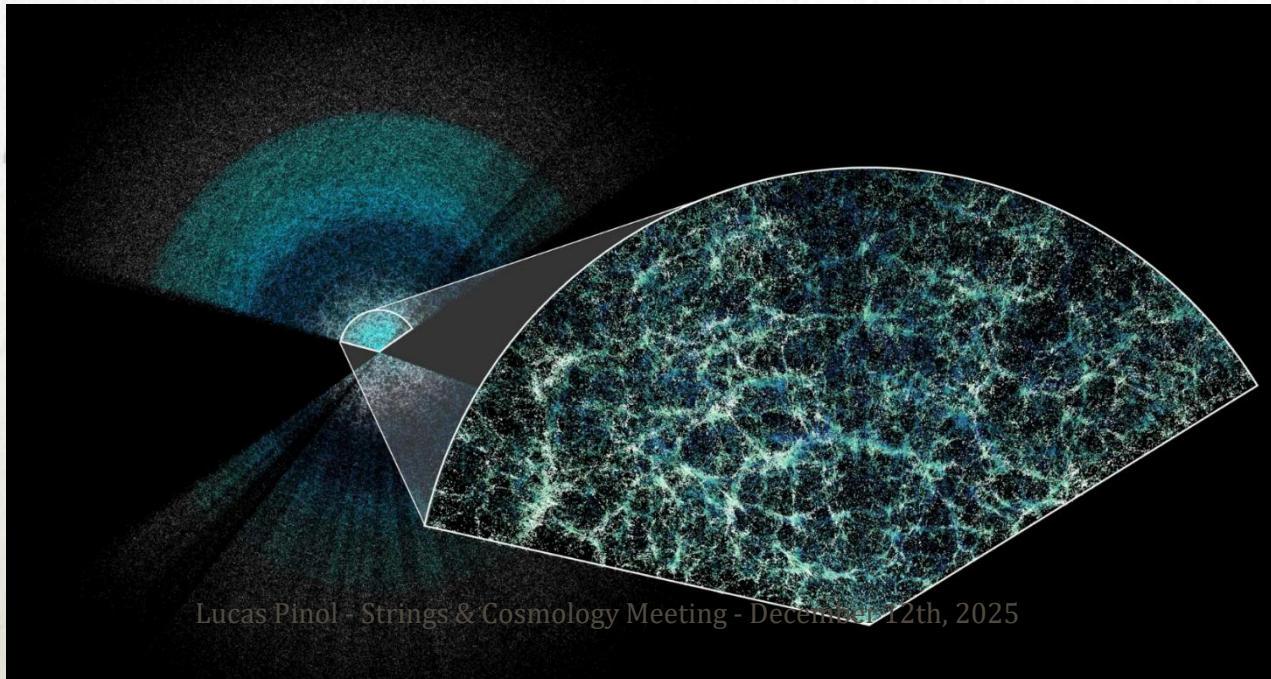
BOSS
(2009-2014)



e-BOSS
(2014-2020)



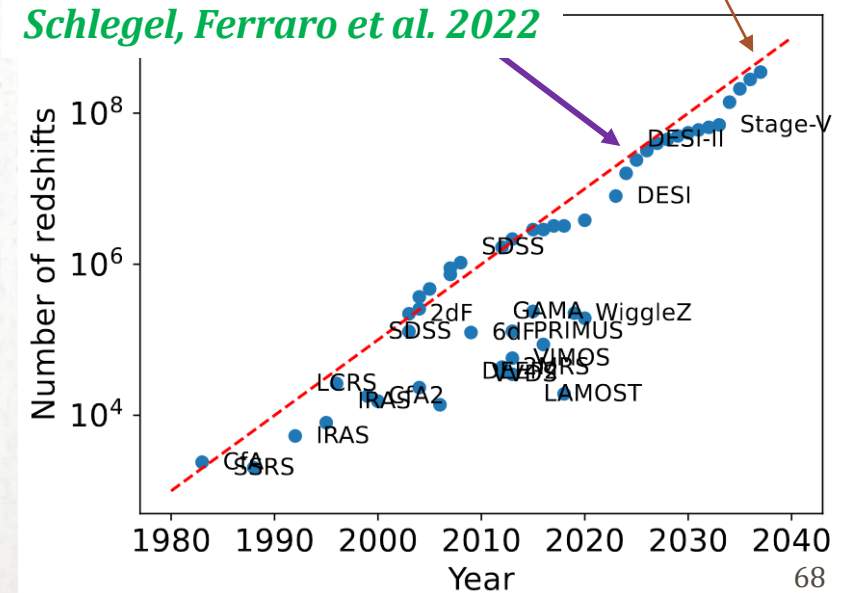
DESI (2020-?)



Euclid (2023-?)

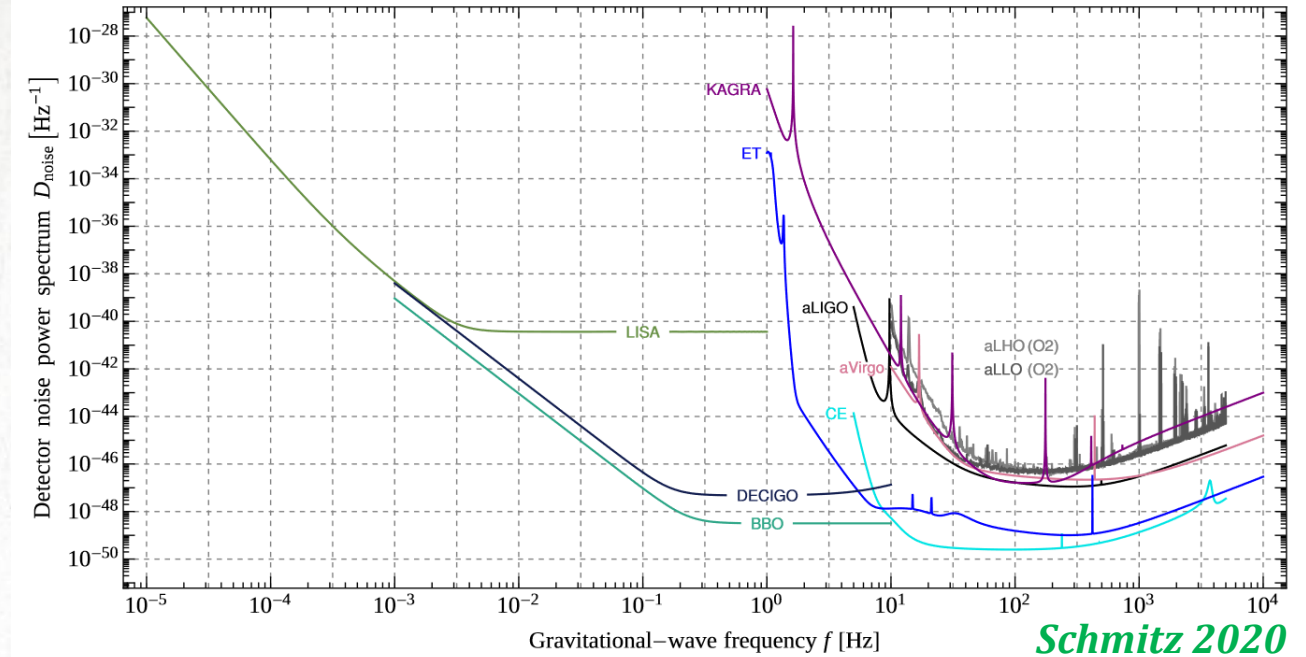
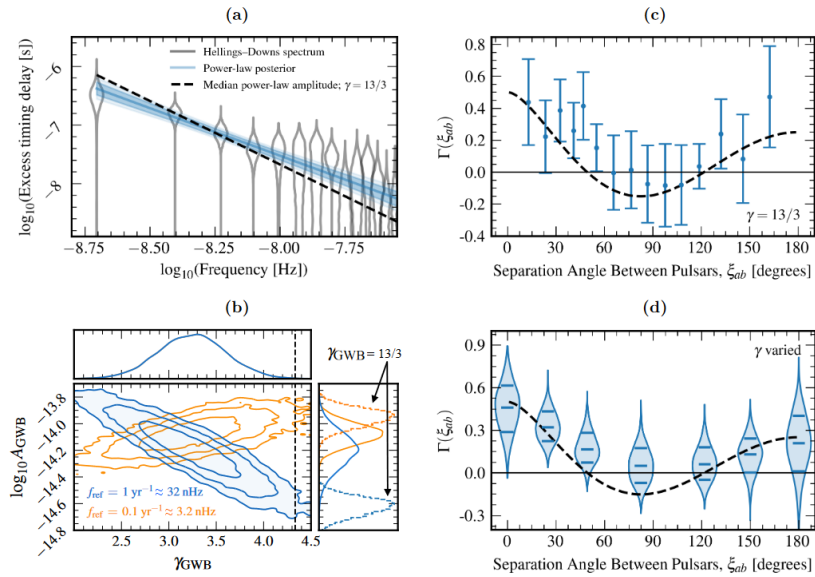
PUMA, MegaMapper, ...

Schlegel, Ferraro et al. 2022



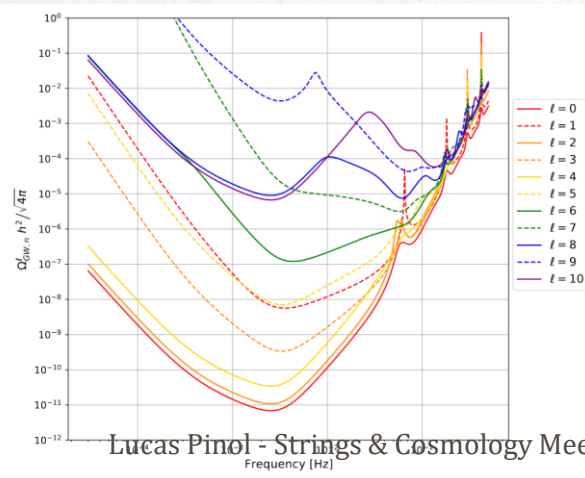
Gravitational-Wave Backgrounds

IPTA (2012-?)

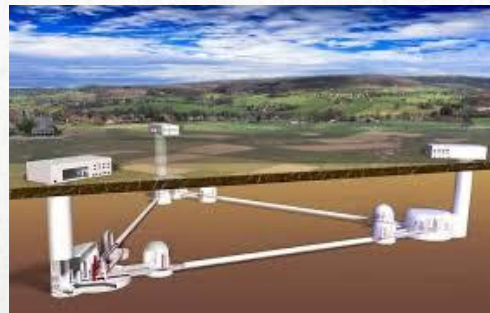


“No GW background” hypothesis is excluded at 3σ

Europe Anisotropies in LISA (2034-?)



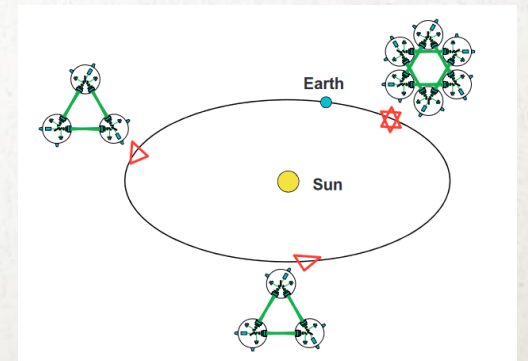
Europe Einstein Telescope



USA Cosmic Explorer



Japan DECIGO, BBO

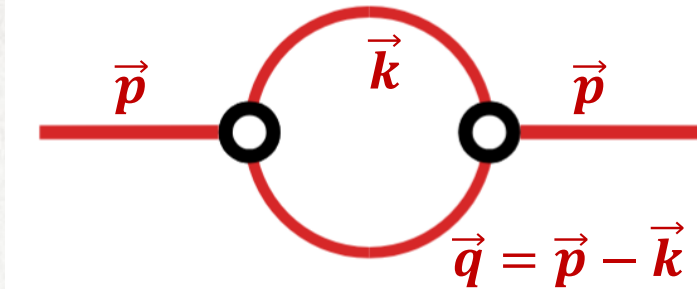


BARE CONTRIBUTIONS

Strategy

- use dimensionless variables

$$\int_0^\infty dt t^\delta \int_{-1}^1 ds \int d\tau_1 \int d\tau_2 f(\delta, t, s, \tau_1, \tau_2)$$



$$v = \frac{k}{p}, \quad u = \frac{q}{p}$$

$$v = \frac{t - s + 1}{2}, \quad u = \frac{t + s + 1}{2}$$

- worst divergence is $1/\delta$ so we expand the mode function to linear order in δ **[Senatore, Zaldarriaga 2012]**

- perform time (τ_1, τ_2) and angular (s) integrals

$$\int_0^\infty dt t^\delta [F_0(t) + \delta \cdot F_1(t)]$$

- introduce a fake cutoff $t_{UV} \rightarrow \infty$ to expand $F_1(t)$ in $[t_{UV}, \infty[$ and extract the pole

[Ballesteros, Gambín Egea, Riccardi 2024]

- introduce a comoving IR cutoff t_{IR}

$$\left(\int_0^{t_{IR}} + \int_{t_{IR}}^{t_{UV}} + \int_{t_{UV}}^\infty \right) dt t^\delta [F_0(t) + \delta \cdot F_1(t)]$$