

aggiornaMenti

teaching physics in middle school

Andrea Beraudo on behalf of the collaboration

Istituto Nazionale di Fisica Nucleare - Sezione di Torino

EPS2025

Marseille, 6-11 July 2025

aggiornaMenti

LABORATORIO
DI DIDATTICA
DELLA SCIENZA



Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.

Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.

Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.
- **Middle school** represents a critical level for various reasons:

Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.
- **Middle school** represents a critical level for various reasons:
 - Teachers often have to teach **topics outside their area of expertise** (which is predominantly in the life sciences);

Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.
- **Middle school** represents a critical level for various reasons:
 - Teachers often have to teach **topics outside their area of expertise** (which is predominantly in the life sciences);
 - Not feeling confident *with the content*, they tend to **avoid experimenting with more engaging, hands-on teaching approaches**;

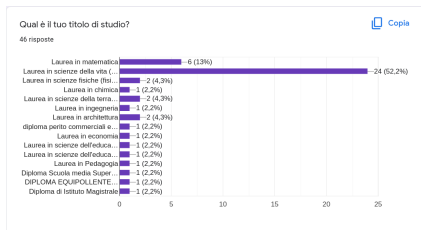
Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.
- **Middle school** represents a critical level for various reasons:
 - Teachers often have to teach **topics outside their area of expertise** (which is predominantly in the life sciences);
 - Not feeling confident *with the content*, they tend to **avoid experimenting with more engaging, hands-on teaching approaches**;
 - Students are **in a critical phase of their lives**, where they must choose the type of school that will shape their future, and are influenced by the educational experiences they've had.

Why a training program for middle-school science teachers?

- **Primary school** teachers now receive professional university-level training provided by the degree program in **Primary Education Sciences**, which also includes courses in science education.
- For **high-school** teachers of mathematics and physics, there are already many opportunities for training and professional development, offered for example by **specific national programs** or by the **Masterclasses** of major experiments.
- **Middle school** represents a critical level for various reasons:
 - Teachers often have to teach **topics outside their area of expertise** (which is predominantly in the life sciences);
 - Not feeling confident *with the content*, they tend to **avoid experimenting with more engaging, hands-on teaching approaches**;
 - Students are **in a critical phase of their lives**, where they must choose the type of school that will shape their future, and are influenced by the educational experiences they've had. However, this stage also offers the opportunity to **have an impact on a minimum-bias sample of students!**

From the feedback of our sample of teachers...



23. In particolare, in una scala da 1 (per niente utile) a 5 (molto utile), quantifica quanto ritieni che il corso AggiornaMenti ti sia stato utile per

[Altri dettagli](#)

Opzione 1 Opzione 2 Opzione 3 Opzione 4 Opzione 5



Most teachers also need training on *what to teach*

Initial situation at the start of the project (pre-2017)

The course originated in Turin from occasional activities in individual schools, based on direct relationships with teachers. The situation encountered: science classrooms were

- **underused** (often used as audiovisual rooms);
- **poorly equipped** (today perhaps better equipped, but with tools few know how to use)

Initial situation at the start of the project (pre-2017)

The course originated in Turin from occasional activities in individual schools, based on direct relationships with teachers. The situation encountered: science classrooms were

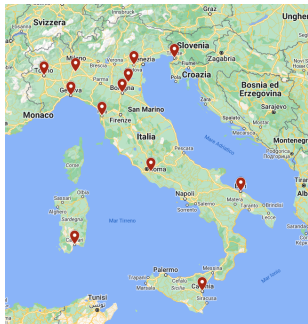
- **underused** (often used as audiovisual rooms);
- **poorly equipped** (today perhaps better equipped, but with tools few know how to use)

Turning a limitation into an opportunity by proposing a hands-on teaching approach using objects that anyone can find at home or buy cheaply. **Advantages** for students:

- not passive observers of experiments that can only be done at school, but **active participants, building what they need themselves**;
- they can **repeat the experiments at home**
- and **bring out skills** (crucial for doing science!) that are **rarely valued** in traditional lessons (manual dexterity, creative problem solving, teamwork...)
- **Students with special educational needs (SEN)** are more easily engaged in this type of activity than in traditional lectures

All this led to a **national INFN teacher training project**

AggiornaMenti: who are we?



12 INFN sections with 68 staff members involved (researchers, technologists, and technical-administrative staff).

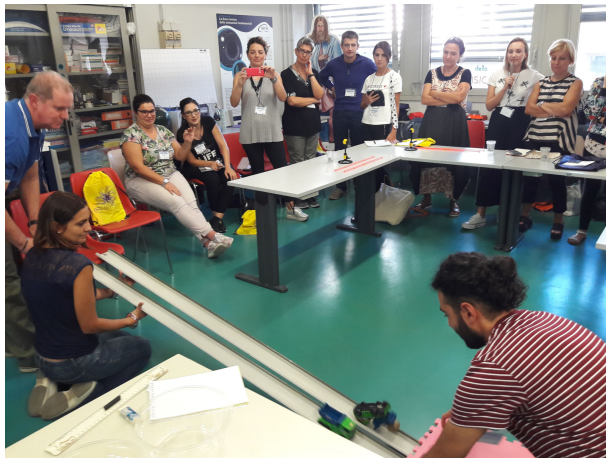
Partial complementarity in training offer, with the possibility to participate in multiple local editions. In addition to basic physics:

- Ferrara: coding and robotics
- LNF: modern physics
- Trieste: teaching methodologies (Inquiry-Based Science Education, Investigative Science Learning Environment)

Partnerships with other educational organizations (Fondazione Golinelli, Next-Land, Laboratorio Scienza)



Teachers at work...



Approach applied to the teaching of all areas of physics

Teachers at work...



Approach applied to the teaching of all areas of physics

Teachers at work...



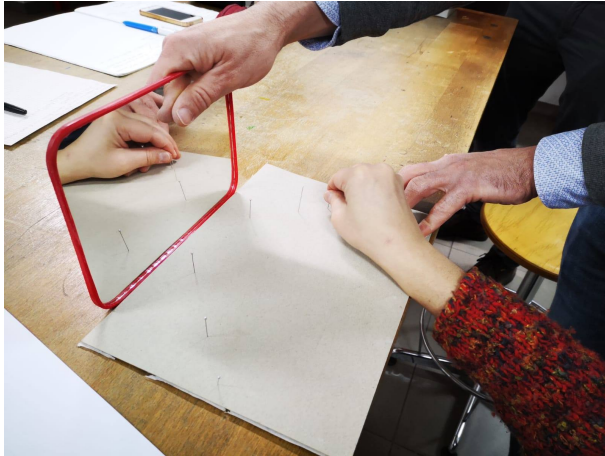
Approach applied to the teaching of all areas of physics

Teachers at work...



Approach applied to the teaching of all areas of physics

Teachers at work...



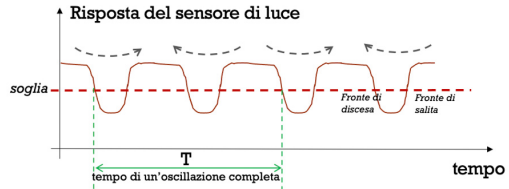
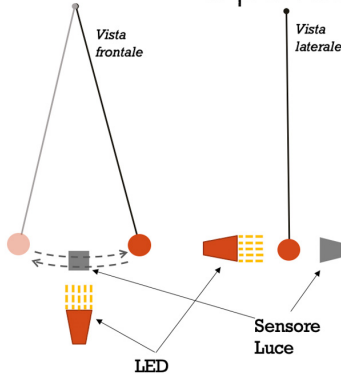
Approach applied to the teaching of all areas of physics

Teachers at work...



Approach applied to the teaching of all areas of physics

Il pendolo semplice e g



Approach applied to the teaching of all areas of physics



Thematic learning paths (optics completed) through video clips (edited by M. Passaseo, INFN-PD):

- Simple materials, easily replicable experiments (science is everywhere!)



Thematic learning paths (optics completed) through video clips (edited by M. Passaseo, INFN-PD):

- Simple materials, easily replicable experiments (science is everywhere!)
- Wow Effect as a starting point to ask non-trivial questions



Thematic learning paths (optics completed) through video clips (edited by M. Passaseo, INFN-PD):

- Simple materials, easily replicable experiments (science is everywhere!)
- Wow Effect as a starting point to ask non-trivial questions

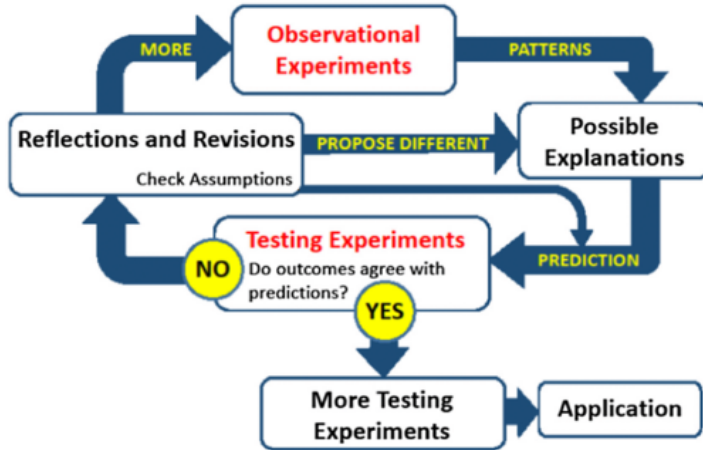
Started a new path on Archimedes' Principle.

Educational Resources: Worksheets



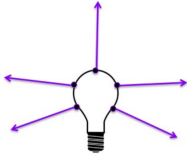
Development of educational worksheets currently underway, coordinated by **Grazia D'Agostino** (LNS). For some of them, **implementation of the ISLE approach** under the supervision of **Valentina Bologna** (INFN-Trieste). Activity carried out with the **support of 3 tutors** (CA, LNS, TO), some of whom are currently teaching in middle/high school.

ISLE in a nutshell




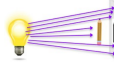


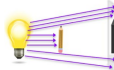
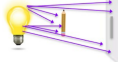
From J.P. Canright and Suzanne White Brahmia, Phys. Rev. Phys. Educ. Res. 20, 010146

Worksheets with ISLE Approach



Modello di molteplici raggi emessi da ogni punto:

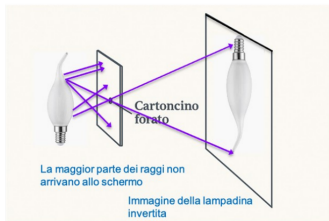


<p>a un metro.</p> 	<p>sullo schermo, perché i raggi del bulbo non arrivano allo schermo</p> 	<p>sullo schermo, perché i raggi del bulbo non arrivano allo schermo</p> 	
<p>2 Illuminare una matita posta a distanza inferiore a un metro.</p> 	<p>Si prevede un'ombra nera e netta della matita sullo schermo, perché i raggi del bulbo non arrivano allo schermo, come per l'esperimento 1</p> 	<p>Si prevede che lo schermo sia praticamente illuminato uniformemente con un accenno di ombra.</p> 	<p>Si vede un'ombra sfocata e tenue (diversa dall'esperimento 1)</p>



Esperimento di applicazione

Condividere e discutere i disegni/le rappresentazioni dell'immagine che si forma sullo schermo. Utilizzando delle lampadine a forma di candela si può fare l'esperimento anche con gli studenti. Il risultato è quello che si può vedere nell'immagine di seguito riportata con la candela:



I fluidi

La spinta di Archimede nell'aria

Obiettivo: Osservare l'azione della spinta di Archimede in aria.

Difficoltà di esecuzione (da 1 a 5): 2

Materiali:

- Una bottiglia
- Un palloncino
- Aceto
- Bicarbonato
- Una bilancia.

Esecuzione: Inserire il bicarbonato nel palloncino e l'aceto nella bottiglia. Agganciare il palloncino al bordo della bottiglia e posizionarla sulla bilancia, registrando il peso iniziale. Versare il bicarbonato nella bottiglia e aspettare che avvenga la reazione. Misurare nuovamente il peso una volta che la reazione è terminata.



Riflessioni: Il sistema bottiglia-palloncino è isolato rispetto all'ambiente esterno, per cui la massa al suo interno si conserva (è un sistema chiuso). Dopo la reazione però, il palloncino si gonfia aumentando il suo volume e spostando un volume di aria maggiore rispetto a quello spostato dal sistema prima della reazione. Questo fa sì che il sistema sia sottoposto ad una spinta di Archimede maggiore al termine della reazione, per cui il peso registrato dalla bilancia sarà minore rispetto a quello registrato all'inizio.

Se si immagina di eseguire l'esperimento nel vuoto, ci si aspetta che il peso misurato rimanga lo stesso prima e dopo la reazione.

Si consiglia di lasciare formulare agli studenti le ipotesi sul risultato aspettato.

Approfondimenti/collegamenti con la realtà (se previsto):

Collegamento con altre discipline (se previsto):

Chimica: legge di conservazione della massa nelle reazioni chimiche.

Riassumendo... L'esperimento evidenzia il ruolo della spinta di Archimede anche nell'aria. Nonostante la massa resti conservata, il maggiore volume occupato dal sistema bottiglia-palloncino dopo la reazione sposta una maggiore quantità d'aria, facendo in modo che questo senta una spinta verso l'alto più grande e di conseguenza un peso minore misurato dalla bilancia.



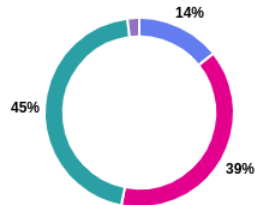
Project impact

Since 2017, approximately **800 participants** have attended the various local editions. Actual **impact on teaching** was assessed through a **national questionnaire** administered at the end of the school year.

18. In quante classi hai utilizzato, anche parzialmente, la nuova modalità di insegnamento della scienza appresa durante il corso? (0 punto)

[Più dettagli](#)

● Nessuna	7
● Una classe	19
● Da due a tre classi	22
● Più di tre classi	1

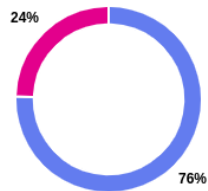
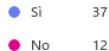


Project impact

Since 2017, approximately **800 participants** have attended the various local editions. Actual **impact on teaching** was assessed through a **national questionnaire** administered at the end of the school year.

19. Il nuovo approccio didattico ti ha portato a utilizzare, almeno in parte, nuove modalità di valutazione dell'apprendimento? (0 punto)

[Più dettagli](#)

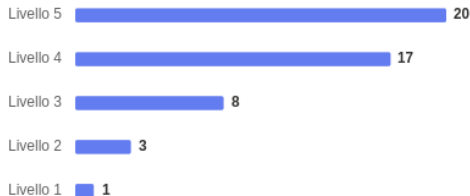


Project impact

Since 2017, approximately **800 participants** have attended the various local editions. Actual **impact on teaching** was assessed through a **national questionnaire** administered at the end of the school year.

20. Riguardo la realizzazione di una lezione di scienze/tecnologia con modalità "learning by doing" quanto ritieni che il corso AggiornaMenti ti sia stato utile? Usa una scala da 1 (per niente utile) a 5 (molto utile) (0 punto)

[Più dettagli](#)



Project impact

Since 2017, approximately **800 participants** have attended the various local editions. Actual **impact on teaching** was assessed through a **national questionnaire** administered at the end of the school year.

24. Per ciascuna delle seguenti affermazioni indica quanto ti descrive selezionando la casella che ritieni opportuna. Usa una scala da 1 (non mi descrive per niente) a 5 (mi descrive molto) (0 punto)

[Più dettagli](#)

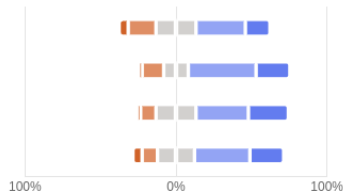
● 1 ● 2 ● 3 ● 4 ● 5

Dopo il corso mi sento più preparato/a nel programmare le lezioni con le mie classi

Sono stato/a ispirato/a dall'interazione con gli altri partecipanti e con i tutor della formazione

Ho condiviso o intendo condividere la mia esperienza di formazione con altri colleghi della mia scuola

Le attività proposte mi hanno spinto o mi spingeranno a collaborare di più con insegnanti di altre discipline

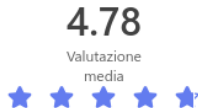


Project impact

Since 2017, approximately **800 participants** have attended the various local editions. Actual **impact on teaching** was assessed through a **national questionnaire** administered at the end of the school year.

27. Consigliaresti a un tuo collega il corso "AggiornaMenti"? Usa una scala da 1 (assolutamente no) a 5 (assolutamente sì) (0 punto)

[Più dettagli](#)



To learn more about us...

aggiornaMenti

LABORATORIO
DI DIDATTICA
DELLA SCIENZA

INFN

[HOME](#)

[CHI SIAMO](#)

[MATERIALE DIDATTICO](#)

[SEDI](#)

[DICONO DI NOI](#)

[CONTATTI](#)

DIDATTICA DELLA SCIENZA

SCOPRI LA SCIENZA NEL QUOTIDIANO

SCOPRI DI PIÙ ✨

Visit our [national webpage](#)

Two takeaways

- Science is not an activity carried out by a few researchers in inaccessible labs, disconnected from the daily life of normal people: **Science enters into almost any aspect of everyday life;**

Two takeaways

- Science is not an activity carried out by a few researchers in inaccessible labs, disconnected from the daily life of normal people: **Science enters into almost any aspect of everyday life**;
- **Even the simplest experiment can be used to develop the scientific method**: formulating hypotheses, designing further tests to reject them, distinguishing the essential aspects from the details, identifying possible systematic errors in measurements...

Two takeaways

- Science is not an activity carried out by a few researchers in inaccessible labs, disconnected from the daily life of normal people: **Science enters into almost any aspect of everyday life**;
- **Even the simplest experiment can be used to develop the scientific method**: formulating hypotheses, designing further tests to reject them, distinguishing the essential aspects from the details, identifying possible systematic errors in measurements...

In all of this, the added value brought by those who conduct scientific research every day is fundamental