Dark Matter Candidates

Pearl Sandick

Old News

- Galactic Rotation Curves
- Cluster Dynamics, incl. collisions
- Velocity dispersions of galaxies (dark matter extends beyond the visible matter)
- **Weak Gravitational Lensing** (distribution of dark matter)
- **Structure Formation**
- "Concordance Model"

- Some explanation is necessary for observed gravitational phenomena.
- There's a lot of it $(Q_{DM}h²=0.1200±0.0012).$
- It's largely non-relativistic/ cold.
- It's stable or very long-lived.
- It's dark ([largely] neutral).
- It's not regular matter (element abundances, structure formation).

Old News

Dark matter is both a *challenge* and an *opportunity* for fundamental physics.

[How] Does it relate to the Standard Model?

Summary

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Standard Model

• The Standard Model **works**.

- verified by collider experiments

• The Standard Model is **not complete**.

- does not include dark matter
- does not include dark energy
- does not include neutrino masses
- does not include gravity
- cannot explain the matter-antimatter asymmetry
- *does* include a Hierarchy Problem
- and more…

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Many of these could or should be addressed within the context of a theory that includes new heavy particles.

SM-DM Connection?

- Dark Matter could be embedded in a framework that addresses other open questions in particle physics
	- E.g. Hierarchy Problem, Strong-CP Problem, Neutrino Masses and **Mixings**
	- Principles: naturalness*, elegance/idealism
	- Typically "top-down"

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	- Principles: naturalness*, elegance/idealism
	- Typically "top-down" embed the SM in a larger framework

DM Properties

 keV

 eV

- **Type**: Fundamental particle, composite particle, wave, condensate, PBH, multi-component…?
- **Mass**: ~90 orders of magnitude!
- **Temperature**: Cold, warm, (hot)

 10^{-33} eV 10^{-22} eV

DE

Not DM

- **Interactions**: gravitational, w/ self, w/ "portal", w/ extended new physics sector
- **Production**: thermal or non-thermal, freeze-out, freeze-in, cannibalization, number-changing processes, asymmetry, decays, gravitational production, PBH evaporation …

Ultra-light DM

Consequences for cosmological, astrophysical, and galactic dynamics

Fig. Adapted from Ferreira (2021)

Candidates

• Weakly Interacting Massive Particles (WIMPs): neutralinos, sneutrinos, LKP, LTP, +++

- **• Light bosons/Wave DM: Axions, Axion-Like Particles (ALPs), Ultra-Light Dark Matter Matter (ULDM), Fuzzy Dark Matter (FDM)**
- **• FIMPs/E-WIMPs/super-WIMPs: gravitino, axino, KK graviton, +++**
- **• Sterile neutrinos**
- Q-Balls: non-topological soliton of supersymmetry (usually made up of squarks and sleptons)
- Dynamical Dark Matter (DDM): string-inspired, time-evolving ensemble of dark matter particles
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- Strongly Interacting Massive Particles (SIMPs) and Cannibals: DM is feebly coupled to SM (large abundance from thermal freeze out) but strongly coupled to itself; abundance decreases via 3-2 or 4-2 scattering
- WIMPzilla: super-heavy ($\gtrsim 10^8$ GeV), non-thermally produced DM; e.g. heavy gravitino from inflaton decay
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- **• Primordial Black Hole (PBH)**

WIMP Relic Abundance

The **Boltzmann Equation** describes the evolution of the dark matter number density.

Expansion and annihilation compete to determine the number density: $\frac{dn_{\chi}}{dt} = -3Hn_{\chi} - \langle \sigma v_{rel} \rangle \left[n_{\chi}^2 - (n_{\chi}^{eq})^2 \right]$

> Equilibrium Number Density: $(T \ll m_{\gamma})$

$$
n_{\chi}^{eq} = g_{\chi} \left(\frac{m_{\chi} T}{2\pi}\right)^{3/2} e^{-(m_{\chi} - \mu_{\chi})/T}
$$

When $\Gamma = n_{\chi}^{eq} \langle \sigma v_{rel} \rangle < H$ the annihilations that maintain equilibrium can't keep up with expansion. WIMPs can't find each other to annihilate.

WWIMPPR'eCio iAbidedanc'e

The **Boltzmann Equation** describes the evolution of the dark matter number density.

WIMPless, too!

The **Boltzmann Equation** describes the evolution of the dark matter number density.

WIMPs and Non-WIMPs

~GeV+ WIMP

- Supersymmetric (LSP) Neutralino, Sneutrino
- Lightest KK Particle (LKP) from Universal Extra **Dimensions**
- Lightest T-odd Particle (LTP) from Little Higgs Models
- "WIMPless"

 \bullet \ldots

• Ad hoc or simplified models

GeV+ Non-WIMP

- Sneutrino
- WIMPless DM
- Sterile Neutrinos
- SIMP

 \bullet …

- Asymmetric DM
- WIMPzilla
- Ad hoc or simplified models

Sub-GeV

- WIMPless DM
- **Sterile Neutrinos**
- SIMP
- SIDM
- Dark Photon DM
- Axions/ALPs
- Ad hoc or simplified models

• …

Commonalities in mass, interaction characteristics ↔ **Commonalities in detection techniques**

WIMP(+) Hunting

Goal: determine WIMP mass, spin, and couplings to SM particles.

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Axions

• Strong CP Problem: CP violating operators are allowed in the QCD Lagrangian, but no CP violation has been observed.

•
$$
L_{\text{QCD}} \supset L_{\theta} = -\theta \frac{g_s^2}{32\pi^2} G_{\mu\nu}^a \tilde{G}^{a\mu\nu}
$$
 violates CP. Limit from neutron EDMs: $\theta \lesssim 10^{-10}$.

- Peccei Quinn Mechanism (1977): Allows theta to be ~zero by promoting it to a field $(\theta \to a(\mathbf{x})/f_a)$ with a new global (PQ) symmetry spontaneously broken at the scale f_a .
- Weinberg (1978) & Wilczek (1978): spontaneously broken symmetry means there must be a Goldstone boson! Axion.

• QCD vacuum effects:
$$
m_a \approx f_\pi m_\pi / f_a \rightarrow m_a \approx 5.7 \left(\frac{10^9 \text{ GeV}}{f_a}\right) \text{meV}
$$

- Small mass??? Thermal production would result in hot axions, but several nonthermal production mechanisms (e.g. misalignment) yield cold axions that form a condensate.
	- Coherent/wave-like behavior \rightarrow impact on astrophysical structure and dynamics

Jens Niemeyer Raquel Galazo-Garcia Marco Gorghetto Tanja Rindler-Daller Rodrigo Vicente

Axions, ALPS, and FDM.. Oh my!

- **QCD Axion** (or just "axion") solves the strong CP problem.
	- DFSZ and KSVZ are two examples, but there are many more possibilities, covering a lot of parameter space.
- **Axion Like Particles (ALPs)** are scalars that behave similarly to the QCD axion, but might not solve the strong CP or DM problems.
- **Ultra-Light Dark Matter (ULDM)** can be as light as 10-22 eV.
- **Fuzzy Dark Matter (FDM)** is a sort of generic term for ULAs/ALPs that contribute to DM. Preferred mass is near 10-22 eV, which has galaxy-scale deBroglie wavelength and therefore explains the cored profiles of galaxies.

Some ways to detect ALPs

Fabrice Hubaut's talk

• Primakoff Effect

Note: for QCD axions, mass and coupling are not independent! But for generic ALP, they can be.

- Light through walls (e.g. ALPS)
	- Laser light is shined at a wall. Magnetic field: some photons converted to axions. Axions travel through wall. Magnetic field: some convert back to photons.
- Microwave cavity searches (e.g. ADMX)
	- Axions passing through cavity + magnetic field. Some convert to photons.
- Solar axion searches (e.g. CAST)
	- Photon converts to axion in sun, travels to Earth. Magnetic field: axion converts back to photon.
- ALP decays: CMB, BBN, JWST and other integral field spectrographs
- ALP conversion in astrophysical magnetic fields (constrains high-mass)
- Stellar evolution (cooling from ALP production inside stars)

So much astrophysics! }

Axion Search Prospects

Image: Ciaran O'Hare, AxionLimits

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E-WIMPs/Super-WIMPs/FIMPs

- Tiny interactions with SM particles
- Interaction scale with ordinary matter $\frac{2}{3}$
suppressed by a large mass scale suppressed by a large mass scale.
	- gravitino: M_{PI}~10¹⁹ GeV
	- axino: $f_a \sim 10^{11}$ GeV

- Other candidates: KK graviton, sterile neutrinos…
- Production: typically freeze-in (or similar)

Freeze-In

- Collisional processes and/or decays lead to production of out-of-equilibrium FIMPs. FIMPs could be DM themselves, or decay to DM. Extremely weak interactions, so once DM is produced, it sticks around.
- 1. Bath of SM particles at high T
- 2. SM particle interactions produce FIMPs
- 3. Universe cools such that SM particles no longer have enough energy to produce heavier FIMPs. (If FIMPs are unstable, they decay to DM.)
	- **• DM abundance is "frozen-in"**
- Some differences from Freeze-out:
	- Small initial thermal population
	- Larger coupling \rightarrow more DM produced
	- Works down to ~keV (depending on model)
	- Most models include a *metastable particle*

Detecting the FIMP Scenario

- Detection is challenging due to very weak interactions with SM, but there are still many (model-dependent) possibilities!
- Decays could impact BBN and CMB... \rightarrow constraints on metastable particles.
- Collider search for long-lived particles (eg. NLSP), anomalous scattering at fixed-target experiments, anomalous decays.
- Indirect signals from decay, or annihilation to an unstable light mediator $(\chi \chi \rightarrow \phi \phi)$ that decays to SM particles
- Could be probed by low-threshold direct dark matter searches in the keV-MeV mass range (very large abundance, so some hope?)
- Stellar ($\lesssim 100$ keV) and supernovae (~ MeV) constraints from cooling

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Sterile Neutrinos?

- SM (L-handed) neutrinos have masses. No R-handed neutrinos in the SM \rightarrow no consistent way to write a term that gives them mass.
- [Minimal Type 1 Seesaw] Solution: add R-handed neutrinos as gauge singlet fermions with Majorana mass *MRH*. Interactions with LH neutrinos through a Yukawa term with coupling *yν*. L-R mixing \rightarrow for M_{RH} large enough, the light states get a mass eigenvalue of $m_\nu = y_\nu^2 v_0^2/M_{RH}$
	- Typical M_{RH} values are 10¹⁵ 10¹⁶ GeV, but there are ways to get it much smaller.

- There are other solutions besides this one. Point is that adding RH neutrinos is reasonable.
- If RH (sterile) neutrinos are light (keV mass range) and not too strongly mixed with LH (active) neutrinos, they can be the DM.

Sterile Neutrino DM

- Sterile does not mean *completely* sterile interactions with SM particles happen via mixing with active neutrinos, or may arise through new gauge interactions at high energies.
	- Sterile neutrinos have extremely weak interactions, so were never in thermal equilibrium in the early Universe.
	- Possible production mechanisms: Freeze-in, oscillate-in (Dodelson-Widrow or Fuller-Shi), decays of heavy bosons… (all model-dependent)
- Not stable, but very long-lived (related to active-sterile mixing) - can have lifetimes longer than the age of the Universe.
- **O(keV) masses** are viable, though if sterile neutrinos are more decoupled from the SM then they can be much heavier. Neutrino experiments allow a large range of masses and couplings.

Light Sterile Neutrinos

Model independent:

- •Main decay mode is *N* → 3*ν*
- •More important (for observations) decay mode is $N \to \nu \gamma$
	- Monochromatic photon line signal at $E_{_{\!\gamma}} \approx m_N^{}/2$ (x-ray constraints)
- •Cosmological production: $\ell^+ \ell^- \to N \nu$ (thermal overproduction bound)
- •Large number density in dSphs would violate Pauli Exclusion (phase space bound)

Model dependent:

•Dashed contours are constraints/sensitivity that depend on the production mechanism (and other model characteristics)

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Primordial Black Holes (PBHs)

- Proposed in the 60's, studied extensively by Hawking and others in the 70s
- Primordial Black Holes (PBHs) formed in the very early universe - before BBN
- Various mechanisms:
	- collapse of large density perturbations
	- collapse of cosmic string loops
	- bubble collisions • … **Pasquale Serpico's talk**
- Can happen during a radiation- or (early) matter-dominated era
- Possible that PBHs themselves come to dominate the energy density of the universe

• Formation requires increased energy density at early times \rightarrow connection between PBH mass and horizon mass at formation

$$
M \sim \frac{c^3 t}{G} \sim 10^{15} \left(\frac{t}{10^{-23} s}\right) g
$$

- Planck time $\rightarrow 10^{-5}$ g (Planck mass)
- 1 second → $10^5 M_{\odot}$
- Range of masses at formation? Formation over some time period, or power spectrum of inhomogeneities spans some spatial scales.

• Hawking Radiation and Evaporation

PBH Evaporation and Constraints

- Black Holes evaporate through continuous emission of degrees of freedom, losing mass and angular momentum.
	- Lifetime = time required to evaporate
- **Low Mass range**: 10-5 g 10-1 g 109 g
	- Mass range defined by CMB and BBN. These are *probably* not dark matter, but they may be important to the dark matter story.
	- Note: "memory burden effect" (Dvali et al.) could halt evaporation, leaving remnant PBHs
- **High Mass range**: ~1016 g (asteroid mass) ~1023 g (sublunar)
	- DM candidates?
- Picture changes (somewhat) for non-monochromatic mass function
- **• Interesting interplay of PBHs and particle particle dark matter (PDM)** Franching interplay of PBHs and
Inticle particle dark matter (PDM)
• PDM production from PBH evaporation
	- e.g. Gondolo, Sandick, Shams es Haghi (2020)
	- PDM (spikes) around PBHs **Pierre Salati's talk**
- Search strategies from astrophysics and cosmology.

- There are currently a huge number of viable dark matter candidates spanning ~90 orders of magnitude in mass.
- The WIMP paradigm has been a primary guide for many years. Still possible, but many other candidates are now being taken more seriously.
- Astrophysical and cosmological observations:
	- Indirect detection remains a critical technique.
	- Studying cosmic structures, stellar physics and evolution presents exciting new opportunities to probe the nature of dark matter.