# Revisiting the stochastic QCD axion window: departure from equilibrium during inflation

# Vadim Briaud

LPENS Paris

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• Kenji Kadota, Shinji Mukohyama, Alireza Talebian, Vincent Vennin

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# Spectator QCD axion during Inflation



Background :

$$\ddot{\phi} + 3H\dot{\phi} + \frac{\mathrm{d}V_{\mathrm{inf}}}{\mathrm{d}\phi} = 0$$
  
 $3M_{\mathrm{Pl}}^2H^2 = V_{\mathrm{inf}} + \frac{\dot{\phi}^2}{2}$ 



Spectator axion :

$$\begin{split} \ddot{\theta} + 3H\dot{\theta} + \frac{\mathrm{d}v_{\mathrm{ax}}}{\mathrm{d}\theta} &= 0\\ v_{\mathrm{ax}}\left(\theta\right) &= m^{2}\left(T\right)\left[1 - \cos\left(\theta\right)\right] \end{split}$$

## Goals and assumptions

Goals :

- Compute the distribution of the axion at the end of inflation under more realistic assumptions
- Derive constraints on f
- Derive constraints on the inflationary scenario

Hypothesis :

- $\Omega_{\rm a} = \Omega_{\rm DM}$
- The axion is a spectator field during inflation

$$h^2 \Omega_{
m DM} = b heta_{
m end}^2 \left[ 1 - \ln \left( 1 - rac{ heta_{
m end}^2}{\pi^2} 
ight) 
ight]^eta \left( rac{f}{\hat{f}} 
ight)^eta \,, \quad {
m Turner} \ (1986)$$

Constraints :

• Satisfy isocurvature bound

## Stochastic inflation



Starobinsky (1982,1986) Starobinsky,Yokoyama (1994)

## Equation of motion in the SR limit

Slow-roll condition for the axion :

• H(N) >> m

Langevin equation :

$$\frac{\mathrm{d}\theta}{\mathrm{d}N} = -\frac{v_{\mathrm{ax}}'(\theta)}{3H^2(N)} + \frac{H(N)}{2\pi f}\xi(N)$$

 $\xi(N)$  : Gaussian white noise :

• 
$$\langle \xi(N) \rangle = 0$$

• 
$$\langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

### Fokker-Planck equation

$$\frac{\partial P}{\partial N} = \frac{m(T)^2}{3H^2(N)} \frac{\partial}{\partial \theta} \left(\sin\left(\theta\right)P\right) + \frac{H^2(N)}{8\pi^2 f^2} \frac{\partial^2 P}{\partial \theta^2}$$

$$m(T) \sim \begin{cases} \frac{\Lambda^2}{f} \left(\frac{T_{\rm QCD}}{T}\right)^n & T > T_{\rm QCD} , \quad n = 4, \quad T_{\rm QCD} = 150 \ {\rm MeV} \\ \frac{\Lambda^2}{f} & T \le T_{\rm QCD} , \quad \Lambda = 100 \ {\rm MeV} \end{cases}$$

If H is independent of time :

$$P_{\text{stat}}(\theta) = \frac{\exp\left[\frac{8\pi^2 m^2 f^2}{3H^4} \cos(\theta)\right]}{2\pi I_0 \left(\frac{8\pi^2 m^2 f^2}{3H^4}\right)}$$

#### Axion window



Graham, Scherlis (2018)

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### Assumptions

Reaching equilibrium requires :

•  $N_{
m eq} \ll N_H$  (Hardwick, Vennin, Byrnes, Torrado, Wands 2017)

$$N_{H} = \epsilon_{1}^{-1} = |\mathrm{d} \ln H/\mathrm{d} N|^{-1} \qquad \qquad N_{\mathrm{eq}} = \begin{cases} 16\pi^{4} \frac{f^{2}}{H^{2}} & \mathrm{if} \quad H \gg \Lambda\\ \frac{H^{2}}{m^{2}} & \mathrm{if} \quad H \ll \Lambda \end{cases}$$

If  $H = 10^{-5} \text{GeV}$  and  $f = 10^{10} \text{GeV}$  :

$$N_{\rm eq} = 10^{34} e$$
-folds

If  $H = 10^5 \text{GeV}$  and  $f = 10^{10} \text{GeV}$  :

$$N_{\rm eq} = 10^{13} e$$
-folds

# Beyond the equilibrium distribution

- A long phase of inflation requires large-field completion
- Ubiquitous correction : mass term

$$V(\phi) = \frac{m_{\phi}^2}{2}\phi^2$$
$$H(N) = H_{\text{end}}\sqrt{1 + 2(N_{\text{end}} - N)}$$

Hypothesis :

 $\bullet\,$  Pre-inflationary scenario :  $H_{\rm end} < f$  In quadratic inflation :

$$N_H = H^2 / H_{\rm end}^2$$

Equilibriation condition :

$$H >> H_{\rm c} \equiv \sqrt{f H_{\rm end}}$$

## Quadratic inflation



$$H(N) = H_{\mathrm{in}} \sqrt{1 - 2N \left(rac{H_{\mathrm{end}}}{H_{\mathrm{in}}}
ight)^2}$$

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# Beyond slow-roll



• Breakdown of slow-roll :

 $H(N) \approx m(N)$ 

• Quantum diffusion is negligible when SR breaks down

$$\frac{\mathrm{d}^2\theta}{\mathrm{d}N^2} + \left[3 - \epsilon_1(N)\right] \frac{\mathrm{d}\theta}{\mathrm{d}N} + \frac{m^2}{H^2(N)}\sin(\theta) = 0$$

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Stochastic QCD axion window

### Equilibrium vs corrected



## $N_{ m CST}=0$ vs $N_{ m CST}=100$



Stochastic axion window

## Marginalized constraints over Hend



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#### Marginalized constraints over f



## Conclusion

• Previous stochastic window

$$10^{10.4} {
m GeV} \le f \le 10^{17.2} {
m GeV}\,, \quad {\cal H}_{
m end} > 10^{-2.2} {
m GeV}$$

Corrected stochastic window with ubiquitous monomial corrections

$$10^{10.3} \text{GeV} \le f \le 10^{14.1} \text{GeV}, \quad H_{\text{end}} > 10^{-13.8} \text{GeV}$$

- Study the influence of a phase of plateau inflation
- $\bullet$  Independent of the initial distribution if  ${\it H}_{\rm in}$  is sufficiently large Future directions
  - Radial fluctuations
  - ALP's