

# Phonons at low temperatures

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# Phonons

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# Outline

1. Microscopic description of crystal vibrations, phonon band structure, experimental probes
2. Phonon kinetics in insulators
3. Electron-phonon coupling and phonon kinetics in metals
4. Relaxation cascade in a detector

# Born-Oppenheimer approximation

**Solid = nuclei + electrons**

(valid up to several MeV)

*or*

**Solid = atomic cores + valence electrons**

(valid up to several tens eV)

↓  
**HEAVY**

↓  
*light*

$$\frac{M}{m} \sim 10^4 - 10^5$$

# Born-Oppenheimer approximation

**Step 1:** Find the electron ground state at fixed positions of the nuclei  $\{\mathbf{R}_n\}$

$$\hat{H}_{\text{el}}(\{\mathbf{R}_n\}) = - \sum_i \frac{\hbar^2}{2m} \frac{\partial^2}{\partial \mathbf{r}_i^2} + \sum_{i < j} \frac{e^2}{|\mathbf{r}_i - \mathbf{r}_j|} - \sum_{i,n} \frac{Z_n e^2}{|\mathbf{r}_i - \mathbf{R}_n|}$$

$$\hat{H}_{\text{el}}(\{\mathbf{R}_n\}) \Psi(\{\mathbf{r}_i\}|\{\mathbf{R}_n\}) = E_0(\{\mathbf{R}_n\}) \Psi(\{\mathbf{r}_i\}|\{\mathbf{R}_n\})$$

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**Step 2:** Use the obtained electron ground state energy  $E_0(\{\mathbf{R}_n\})$  as an additional potential energy of the nuclei:

$$\hat{H}_{\text{N}} = - \sum_n \frac{\hbar^2}{2M_n} \frac{\partial^2}{\partial \mathbf{R}_n^2} + \sum_{n < n'} \frac{Z_n Z_{n'} e^2}{|\mathbf{R}_n - \mathbf{R}_{n'}|} + E_0(\{\mathbf{R}_n\})$$

# Born-Oppenheimer approximation

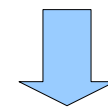
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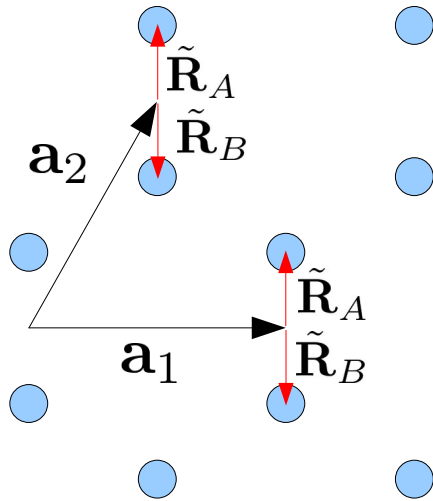
$$\hat{H}_{\text{N}} = - \cancel{\sum_n \frac{\hbar^2}{2M_n} \frac{\partial^2}{\partial \mathbf{R}_n^2}} + \underbrace{\sum_{n < n'} \frac{Z_n Z_{n'} e^2}{|\mathbf{R}_n - \mathbf{R}_{n'}|}}_{W(\{\mathbf{R}_n\})} + E_0(\{\mathbf{R}_n\})$$



minimize with respect to  $\{\mathbf{R}_n\}$

**equilibrium atomic positions**

# Small vibrations: harmonic modes



Crystal:  $N \rightarrow \infty$  unit cells,  $\nu$  atoms per unit cell

Equilibrium atomic positions:

$$\mathbf{R}_{n_1, n_2, n_3, j}^{\text{eq}} = n_1 \mathbf{a}_1 + n_2 \mathbf{a}_2 + n_3 \mathbf{a}_3 + \tilde{\mathbf{R}}_j$$

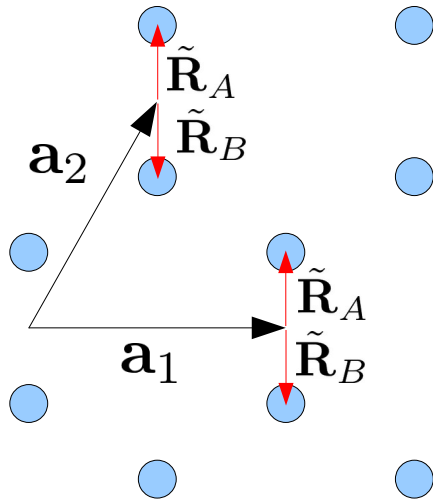
Indices:  $j = 1, \dots, \nu$  atoms in unit cell

$\alpha, \beta = x, y, z$  Cartesian components

$$(n_1, n_2, n_3) \equiv \mathbf{n}$$



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$$(n_1, n_2, n_3) \equiv \mathbf{n}$$

Potential energy @ small displacements:  $\mathbf{R}_{\mathbf{n}, j} = \mathbf{R}_{\mathbf{n}, j}^{\text{eq}} + \mathbf{u}_{\mathbf{n}, j}$

$$W(\{\mathbf{R}\}) = W(\{\mathbf{R}^{\text{eq}}\}) + \frac{1}{2} \sum_{\mathbf{n}, \mathbf{n}'} \sum_{j, j', \alpha, \beta} K_{\alpha\beta}^{jj'}(\mathbf{n} - \mathbf{n}') u_{\mathbf{n}j\alpha} u_{\mathbf{n}'j'\beta} + O(u^3)$$

pairwise interactions:  
equivalent to springs  
between atoms

$$K = \frac{\partial^2 W}{\partial \mathbf{R} \partial \mathbf{R}}$$

# Small vibrations: harmonic modes

Equations of motion:

$$M_j \frac{d^2 u_{\mathbf{n}j\alpha}}{dt^2} = \sum_{\mathbf{n}'j'} K_{\alpha\beta}^{jj'}(\mathbf{n} - \mathbf{n}') u_{\mathbf{n}'j'\beta}$$

Plane wave solutions:

$$\mathbf{u}_{\mathbf{n}j} = \frac{\mathbf{Q}_j}{\sqrt{M_j}} e^{i\mathbf{q}\mathbf{R}_{\mathbf{n}j} - i\omega t}$$

Eigenvalue problem to find  $\mathbf{Q}_j$ :

$$\omega^2 Q_{j\alpha} = \sum_{j'\beta} D_{\alpha\beta}^{jj'}(\mathbf{q}) Q_{j'\beta}$$

Dynamical matrix ( $3\nu \times 3\nu$ )

$$D_{\alpha\beta}^{jj'}(\mathbf{q}) \equiv \sum_{\mathbf{n}} \frac{K_{\alpha\beta}^{jj'}(\mathbf{n})}{\sqrt{M_j M_{j'}}} e^{-i\mathbf{q}\mathbf{R}_{\mathbf{n}j}}$$

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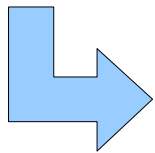
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Distinct solutions only for  $\mathbf{q}$  in the 1st Brillouin zone

For each  $\mathbf{q}$ ,  $3\nu$  eigenvectors  $\mathbf{Q}_j^\lambda(\mathbf{q})$

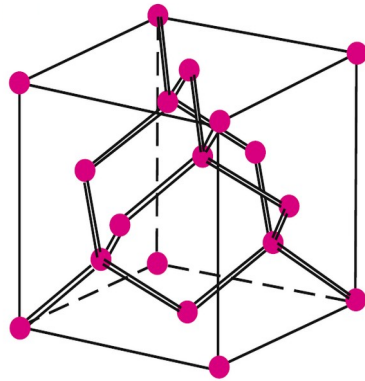
$3\nu$  eigenvalues  $\omega_{\lambda,\mathbf{q}}^2$   $\lambda = 1, \dots, 3\nu$

Estimate:  $\hbar\omega_{\text{ph}} \sim \hbar\sqrt{\frac{K}{M}}$ ,  $K \sim \frac{E_{\text{el}}}{a^2}$ ,  $E_{\text{el}} \sim \frac{\hbar^2}{ma^2} \sim 10 \text{ eV}$

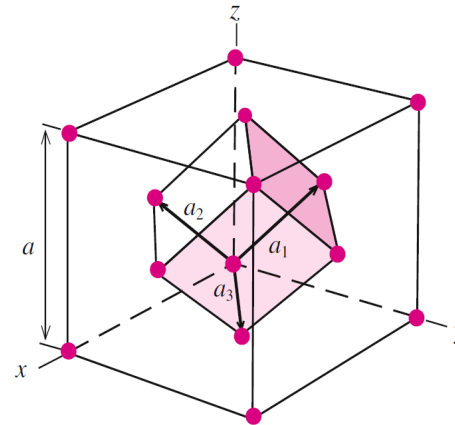
$$\hbar\omega_{\text{ph}} \sim \sqrt{\frac{m}{M}} E_{\text{el}} \sim 30 \text{ meV} = 350 \text{ K}$$

**(1 eV = 11605 K)**

# Example: diamond crystal structure



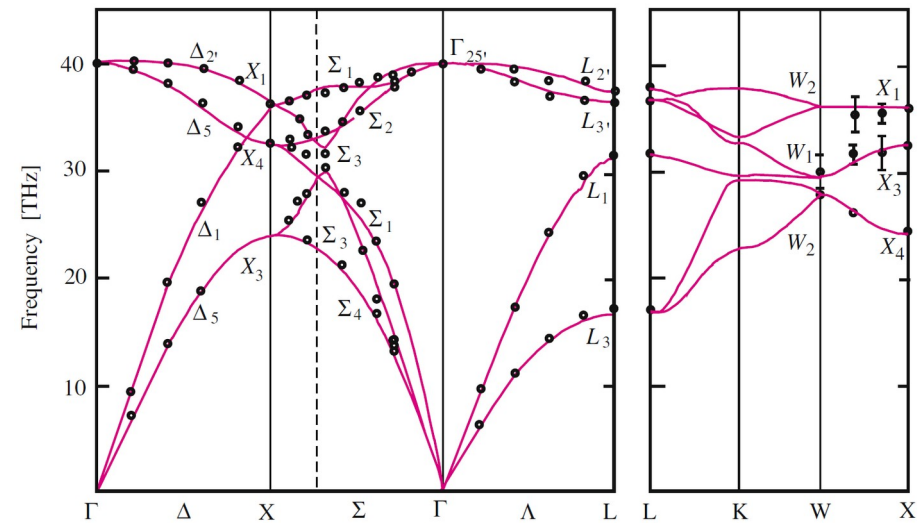
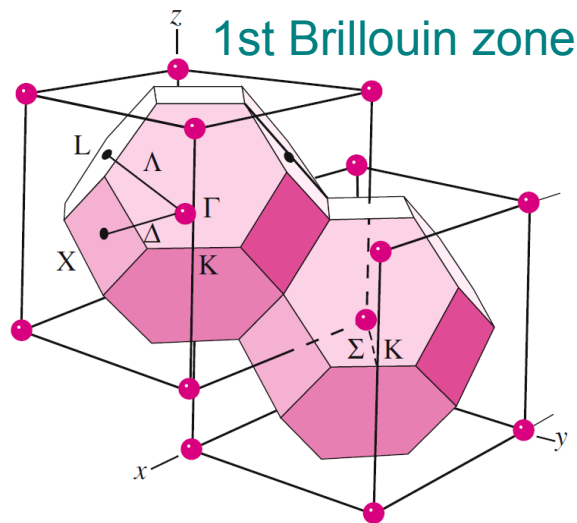
2 atoms in a unit cell  
diamond, silicon,  
germanium



elementary translations  
face-centered cubic lattice

## Phonon dispersion of diamond

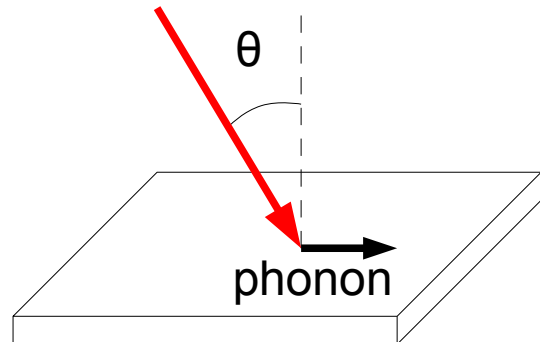
$$2\pi\hbar \times 40 \text{ THz} = 165 \text{ meV}$$



P. Yu and M. Cardona, "Fundamentals of semiconductors"

# Optical probe: infrared spectroscopy

incident photon  $\omega$



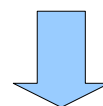
## Photon absorption:

momentum conservation

$$q = \frac{\omega}{c} \sin \theta \quad \text{very small}$$

energy conservation

$$\omega = \omega_{q,\lambda}$$

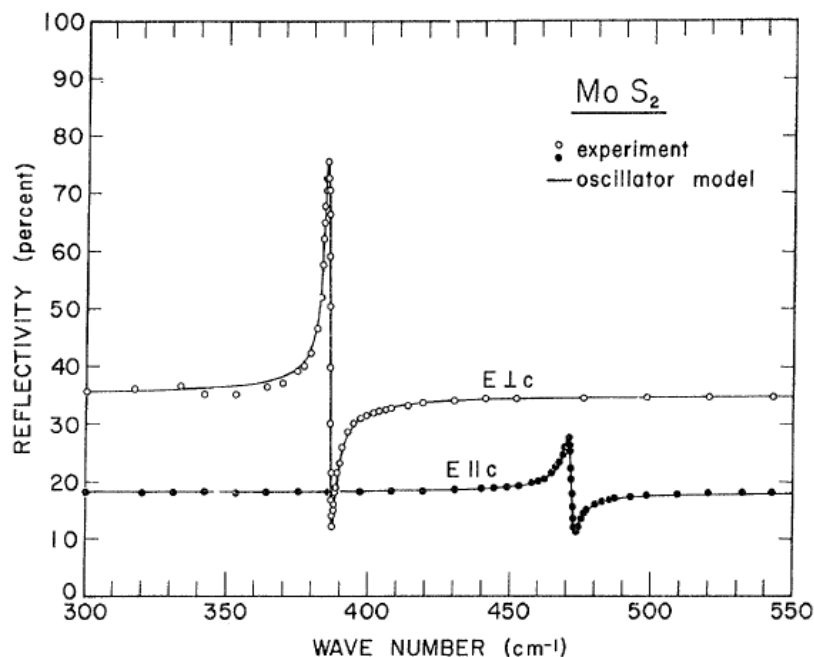


## Polarizability

$$\alpha(\omega) = \text{const} + \frac{A}{\omega - \omega_\lambda + i\Gamma_\lambda/2}$$

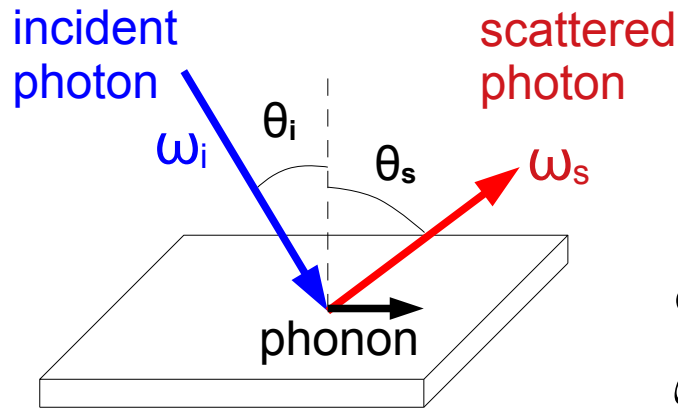
- measure absorption or reflectivity

Bulk MoS<sub>2</sub> from PRB **3**, 4286 (1971)



$$2\pi\hbar c \times 400 \text{ cm}^{-1} = 50 \text{ meV}$$

# Optical probe: Raman spectroscopy



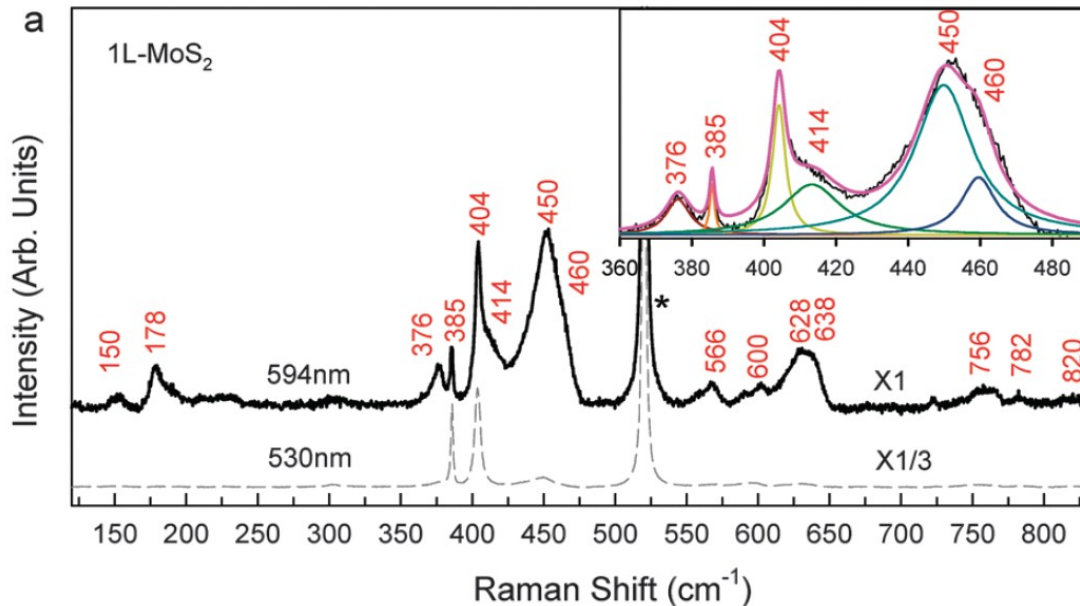
$\omega_s < \omega_i$  - Stokes ( $T = 0$ )

$\omega_s > \omega_i$  - anti-Stokes (thermal phonon population)

## Energy-momentum conservation for $n$ -phonon Stokes:

$$\mathbf{q}_1 + \dots + \mathbf{q}_n = \text{"0"}$$

$$\omega_{\mathbf{q}_1 \lambda_1} + \dots + \omega_{\mathbf{q}_n \lambda_n} = \omega_i - \omega_s$$

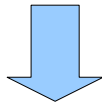


## Raman spectrum of monolayer MoS<sub>2</sub>

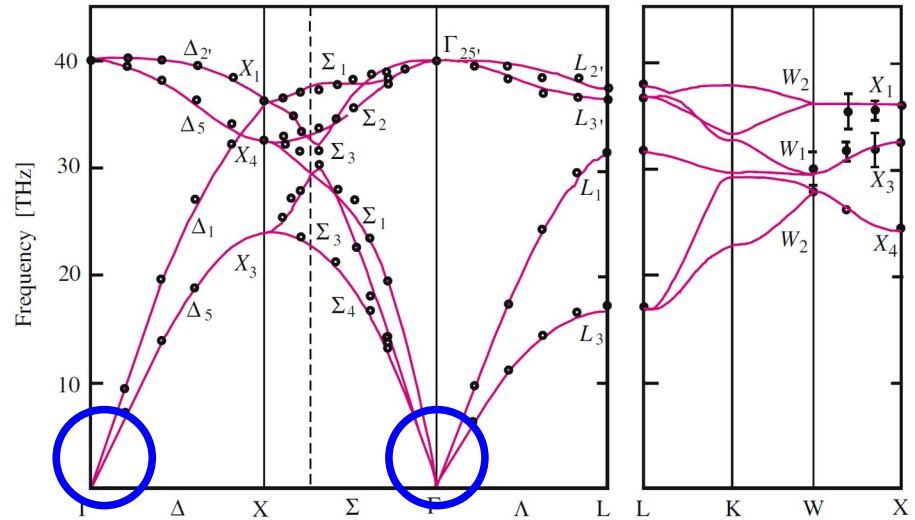
Zhang *et al*, Chem Soc. Rev. **44**, 2757 (2015)

# Acoustic phonons

**Crystal:** continuous translation symmetry  
spontaneously broken



soft Goldstone modes



$W(\{\mathbf{R}\})$  invariant under a constant shift

$$\mathbf{R}_{nj} \mapsto \mathbf{R}_{nj} + \mathbf{u} \quad \Rightarrow \quad \sum_{j,j'} D_{\alpha\beta}^{jj'}(\mathbf{q} \rightarrow 0) = \mathcal{D}_{\alpha\beta\alpha'\beta'} q_{\alpha'} q_{\beta'} + O(q^4)$$

symmetric 4-rank tensor

Sufficiently high crystal symmetry  
(tetrahedral, cubic)

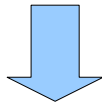
$$\Rightarrow \mathcal{D}_{\alpha\beta\alpha'\beta'} = \mathcal{A} \delta_{\alpha\beta} \delta_{\alpha'\beta'} + \mathcal{B} (\delta_{\alpha\alpha'} \delta_{\beta\beta'} + \delta_{\alpha\beta'} \delta_{\alpha'\beta})$$

Transverse and longitudinal  
sound velocity  $v_L > v_T \sqrt{2}$

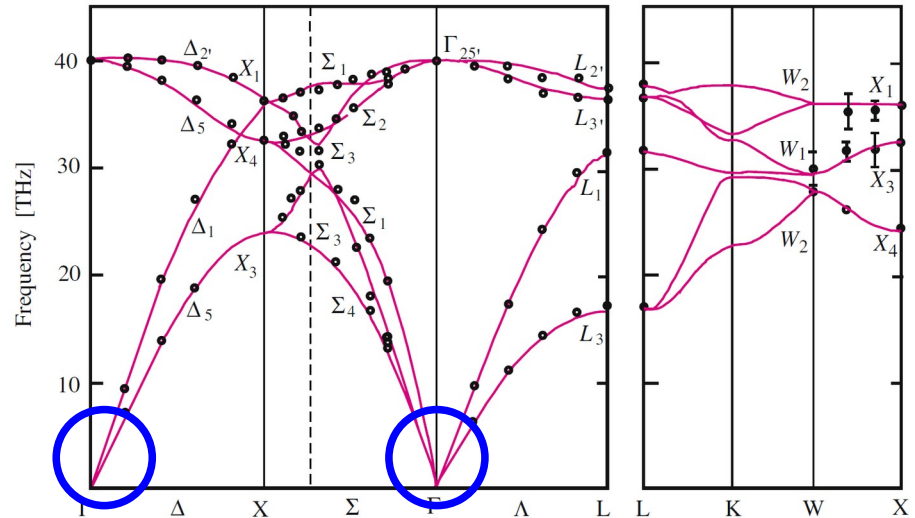
$$\begin{aligned} \sum_{j,j'} D_{\alpha\beta}^{jj'}(\mathbf{q}) &= \mathcal{A} \delta_{\alpha\beta} q^2 + 2\mathcal{B} q_{\alpha} q_{\beta} \\ &= \mathcal{A} (\delta_{\alpha\beta} q^2 - q_{\alpha} q_{\beta}) + (\mathcal{A} + 2\mathcal{B}) q_{\alpha} q_{\beta} \\ &\equiv v_T^2 (\delta_{\alpha\beta} q^2 - q_{\alpha} q_{\beta}) + v_L^2 q_{\alpha} q_{\beta} \end{aligned}$$

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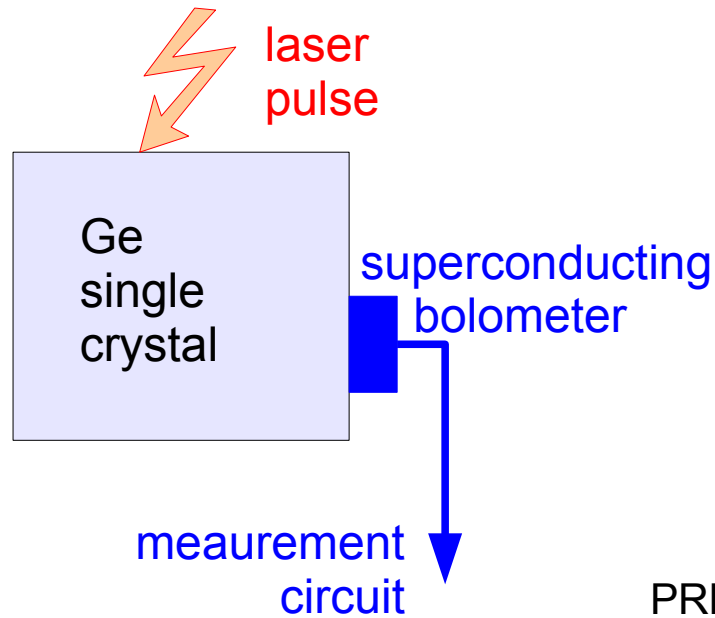
$$30 \text{ meV} \times 1 \text{ \AA}/\hbar \sim 5 \text{ km/s}$$

Transverse and longitudinal  
sound velocity  $v_L > v_T\sqrt{2}$

aluminium: 6.4, 3.0 km/s  
copper: 4.8, 2.3 km/s  
silicon: 8.4, 5.8 km/s



# Phonon imaging



Northrop & Wolfe  
PRB **22**, 6196 (1980)

Ballistic phonon propagation is determined  
by the caustics in the phonon dispersion  
("geometric acoustics")

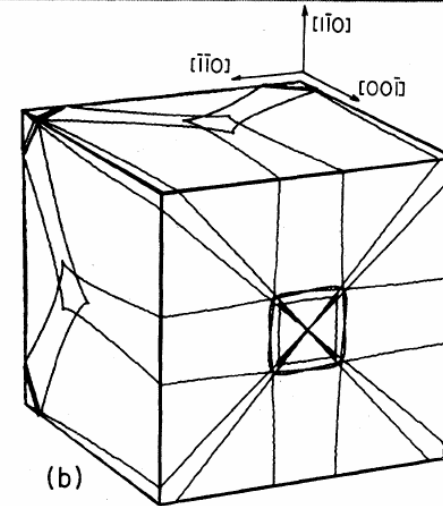
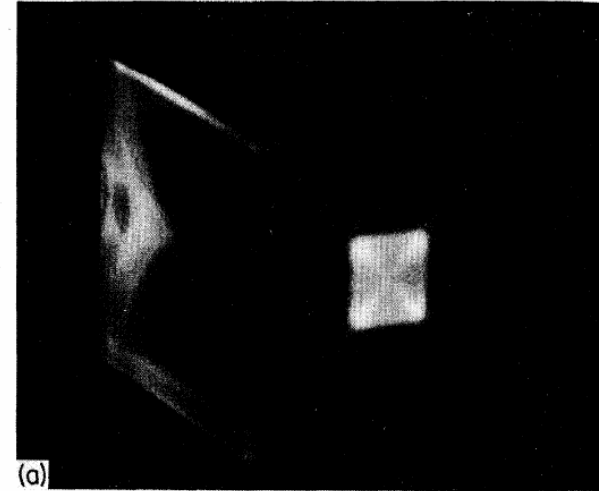


FIG. 11. (a) Ballistic phonon image with laser beam obliquely incident on three sample faces. The bolometer is in the center of the back left (001) face. (b) Calculated  $J=0$  singularities projected onto an equivalent cube.

# Phonon kinetics in insulators

# Phonon specific heat

Energy density (per volume)

$$\mathcal{E}(T) = \sum_{\lambda} \int_{1\text{BZ}} \frac{d^3\mathbf{q}}{(2\pi)^3} \frac{\hbar\omega_{\mathbf{q}\lambda}}{\exp(\hbar\omega_{\mathbf{q}\lambda}/T) - 1}$$

$T \gg \Theta_D \rightarrow \frac{3\nu T}{V_{\text{u.c.}}} \quad \nu \text{ atoms per unit cell volume } V_{\text{u.c.}} \sim a^3$

$T \ll \Theta_D \rightarrow \frac{\pi^2}{30} \left( \frac{T^4}{(\hbar\nu_L)^3} + \frac{2T^4}{(\hbar\nu_T)^3} \right)$

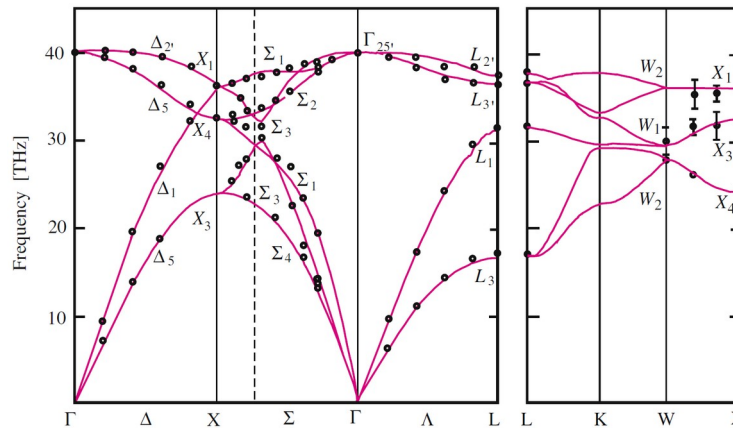
Debye temperature

$$\Theta_D \sim \hbar\omega_{\text{ph}} @ q \sim \pi/a$$

hundreds of Kelvins

Debye frequency

$$\omega_D \equiv \Theta_D/\hbar$$



$$C_v(T) = \frac{\partial \mathcal{E}(T)}{\partial T} \begin{cases} T \gg \Theta_D \rightarrow \frac{3\nu}{V_{\text{u.c.}}} & \text{classical harmonic oscillators (3 per atom)} \\ T \ll \Theta_D \rightarrow \frac{2\pi^2}{15} \left( \frac{T^3}{(\hbar\nu_L)^3} + \frac{2T^3}{(\hbar\nu_T)^3} \right) \sim \frac{1}{\lambda_T^3} & \text{thermal phonon wavelength} \end{cases}$$

# Anharmonicity and phonon decay

Potential energy expanded in small displacements:

$$W(\{\mathbf{R}\}) = W(\{\mathbf{R}^{\text{eq}}\}) + \frac{1}{2} \sum_{\mathbf{n}, \mathbf{n}'} \sum_{j, j', \alpha, \beta} K_{\alpha\beta}^{jj'}(\mathbf{n} - \mathbf{n}') u_{\mathbf{n}j\alpha} u_{\mathbf{n}'j'\beta} + O(u^3)$$

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 & + \frac{1}{6} \sum \Lambda_{\alpha_1\alpha_2\alpha_3}^{j_1j_2j_3}(\mathbf{n}_1, \mathbf{n}_2, \mathbf{n}_3) u_{\mathbf{n}_1j_1\alpha_1} u_{\mathbf{n}_2j_2\alpha_2} u_{\mathbf{n}_3j_3\alpha_3} + O(u^4)
 \end{aligned}$$

$$\Lambda \sim \frac{E_{\text{el}}}{a^3} \sim 10 \text{ eV}/\text{\AA}^3$$

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$$+ \frac{1}{6} \sum \Lambda_{\alpha_1\alpha_2\alpha_3}^{j_1j_2j_3}(\mathbf{n}_1, \mathbf{n}_2, \mathbf{n}_3) u_{\mathbf{n}_1j_1\alpha_1} u_{\mathbf{n}_2j_2\alpha_2} u_{\mathbf{n}_3j_3\alpha_3} + O(u^4)$$

$$\Lambda \sim \frac{E_{\text{el}}}{a^3} \sim 10 \text{ eV}/\text{\AA}^3$$

## Third-order processes:



energy conservation:  $\omega_{\mathbf{q}, \lambda} = \omega_{\mathbf{q}_1, \lambda_1} + \omega_{\mathbf{q}_2, \lambda_2}$

momentum conservation:  $\mathbf{q} = \mathbf{q}_1 + \mathbf{q}_2 + \mathbf{b}$  reciprocal lattice vector (umklapp scattering)

# Anharmonicity and phonon decay

High-energy phonon decay rate:  $\frac{1}{\tau} \sim \frac{\hbar \Lambda^2}{M^3 \omega_D^4} \left( \frac{T}{\hbar \omega_D} \right) \sim \omega_D \times \frac{1}{a^2} \frac{\hbar \omega_D}{K} \left( \frac{T}{\hbar \omega_D} \right)$

if  $T \gg \hbar \omega_D$

lattice constant

quantum fluctuations of the displacement

classical thermal fluctuations of the displacement

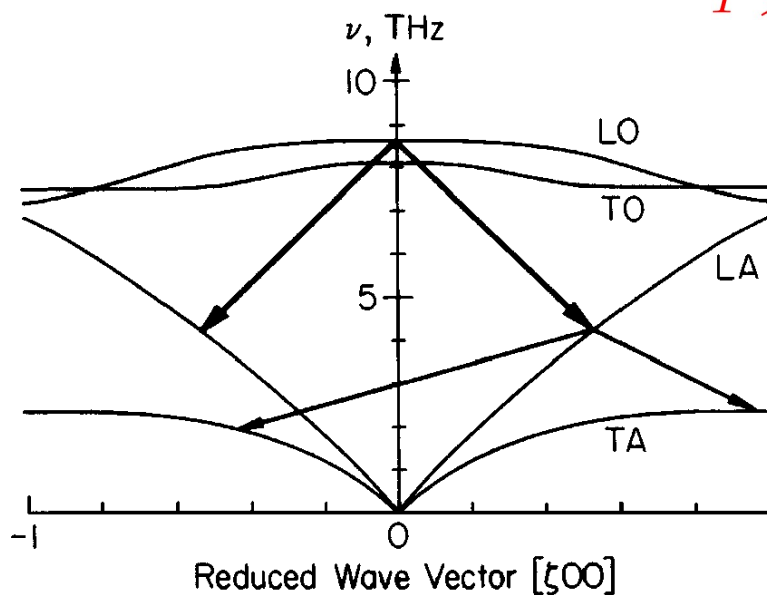


Figure 1 The splitting of an LO phonon into two acoustic phonons and subsequent decay into lower-frequency phonons. The dispersion curves are for GaAs. (from J. P. Wolfe, "Imaging Phonons")

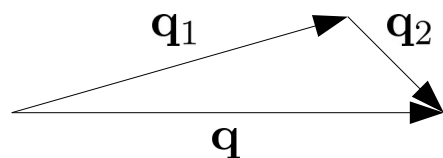
$$\frac{1}{\tau} \ll \omega_D$$

uncertainty principle ok

# Anharmonicity and phonon decay

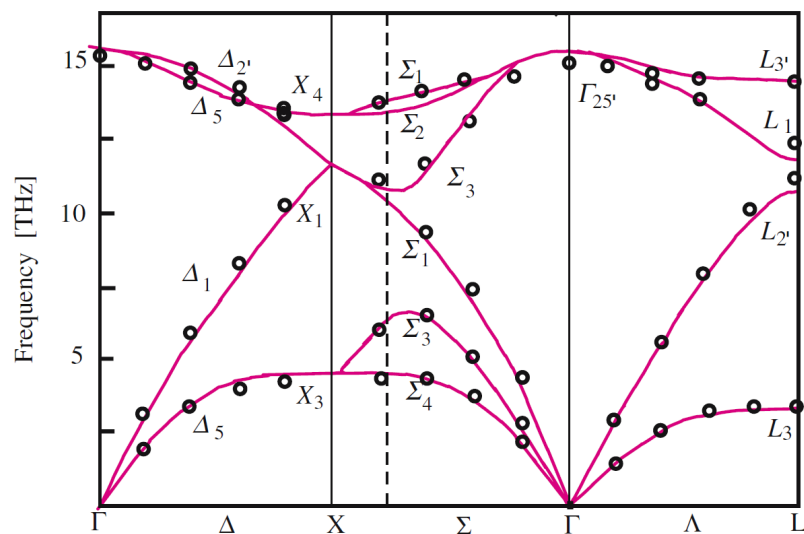
Low energy, low temperature: acoustic phonons, no umklapps

$$v_T |\mathbf{q}_1 + \mathbf{q}_2| = v_T |\mathbf{q}_1| + v_T |\mathbf{q}_2| \quad \text{impossible (triangle inequality + } \omega_{\mathbf{q},T} \text{ concave function)}$$



Transverse acoustic phonons do not decay

$$v_L |\mathbf{q}_1 + \mathbf{q}_2| = v_T |\mathbf{q}_1| + v_T |\mathbf{q}_2| \quad \text{possible, but } \frac{1}{\tau} \sim \omega_D \frac{\hbar \omega_D}{K a^2} \left( \frac{\omega}{\omega_D} \right)^5$$



LA phonon lifetime in silicon:

| Frequency $\nu$ (THz) | Lifetime $\tau_a$ (ns) |
|-----------------------|------------------------|
| 7.5                   | 0.0006                 |
| 3.75                  | 0.018                  |
| 1.88                  | 0.58                   |
| 0.94                  | 19                     |

(from J. P. Wolfe, "Imaging Phonons")

Yu & Cardona, "Fundamentals of semiconductors"

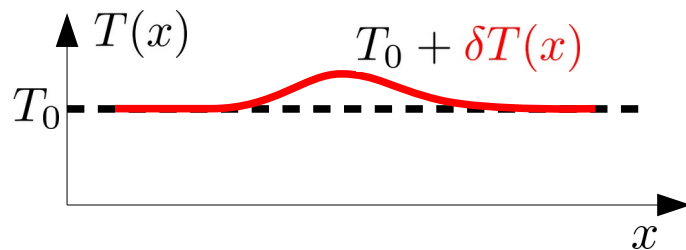
Goldstone modes are robust



# Thermal conductivity

$$\frac{\partial \mathcal{E}(T)}{\partial t} = -\nabla \cdot \mathbf{J} \quad \text{heat current density}$$

$$\mathbf{J} = -\kappa(T) \nabla T \quad \text{Fourier's law (the current must vanish @ } T = \text{const)}$$



Linearize the equation around  $T_0$ :

$$C_v(T_0) \frac{\partial \delta T}{\partial t} = \kappa(T_0) \nabla^2 \delta T \quad \text{diffusion equation for temperature}$$

specific heat
thermal conductivity

$$C_v(T) = \frac{\partial \mathcal{E}(T)}{\partial T}$$

$$\frac{\kappa}{C_v} \sim D \sim \frac{l^2}{\tau} = v^2 \tau \quad \text{phonon diffusion coefficient}$$

$$l = v\tau \quad \text{mean free path}$$

$$\kappa(T) \sim C_v(T) v^2 \tau(T)$$

# Thermal conductivity

**High temperatures**  $T \gg \Theta_D$  :  $\kappa \sim \frac{1}{a^3} \frac{v^2}{\omega_D} \frac{K a^2}{T} \sim \frac{K a}{\hbar} \frac{\Theta_D}{T}$  (Debye, 1929)

**Low temperatures**  $T \ll \Theta_D$  :

1. TA phonons  $\tau = \infty$
2. LA phonons  $\tau \propto 1/\omega^5$ , but

$\mathbf{q} = \mathbf{q}_1 + \mathbf{q}_2 + \mathbf{b}$  ~~no umklapps~~  
 momentum is conserved  
 energy current does not relax

A high-energy phonon needed to provide umklapp  $\Rightarrow \kappa \propto e^{\Theta_D/T}$  (Peierls, 1929)

Phonon scattering on isotopic defects:  $\frac{1}{\tau} \sim \omega_D \frac{n_d}{n_0} \left( \frac{\Delta M}{M} \right)^2 \left( \frac{\omega}{\omega_D} \right)^4$  (Pomeranchuk, 1942)

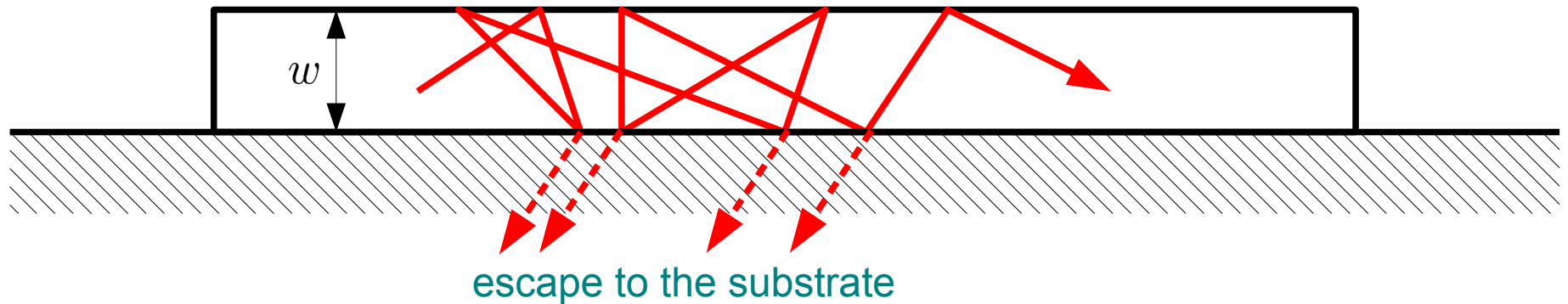
fraction of defective atoms

All phonon scattering mechanisms become very inefficient at low temperatures

# Ballistic phonons

rough surface → diffuse scattering (Casimir, 1938)

scattering time  $\tau \sim w/v$  →  $\kappa(T) \sim C_v(T) v w$



Heat current density across the interface:  $J_{\perp} = \frac{A}{R_K} \Delta T$

area
Kapitza resistance

Acoustic mismatch model:  
Diffuse mismatch model:

wave refraction at a flat interface  
random scattering at a rough interface

# Isotope and boundary effects

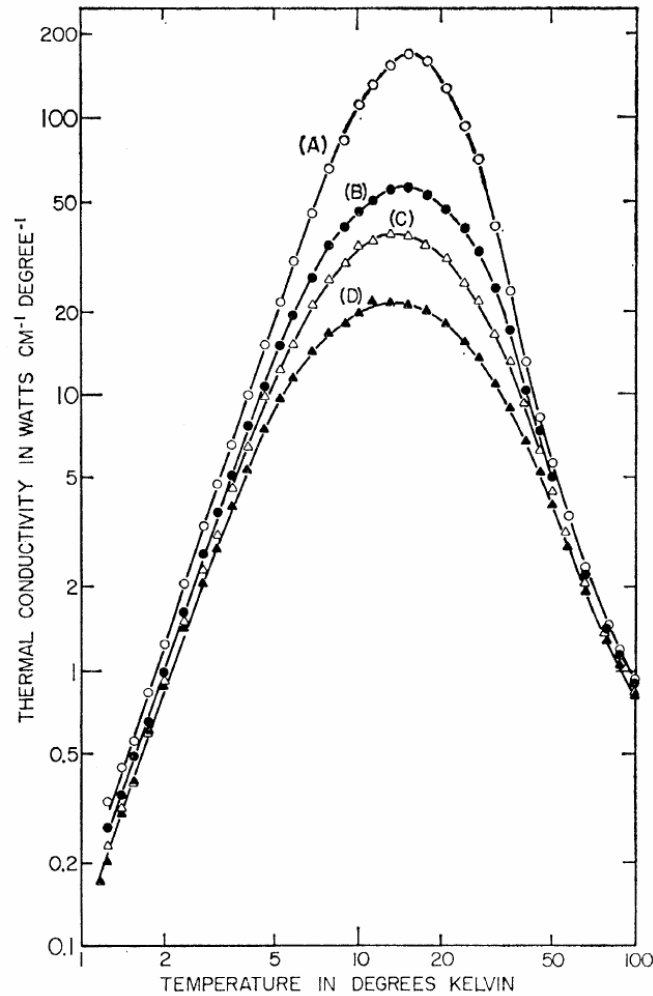


FIG. 4. Thermal conductivity of LiF showing the effect of isotopes. %  ${}^7\text{Li}$  in LiF: (A) 99.99, (B) 97.2, (C) 92.6 (natural LiF), (D) 50.8. Mean crystal widths: (A) 7.25 mm, (B) 5.33 mm, (C) 5.44 mm, (D) 5.03 mm. Crystals A, B, and C were regrown

P. D. Thacher,  
Phys. Rev. **159**,  
975 (1967)

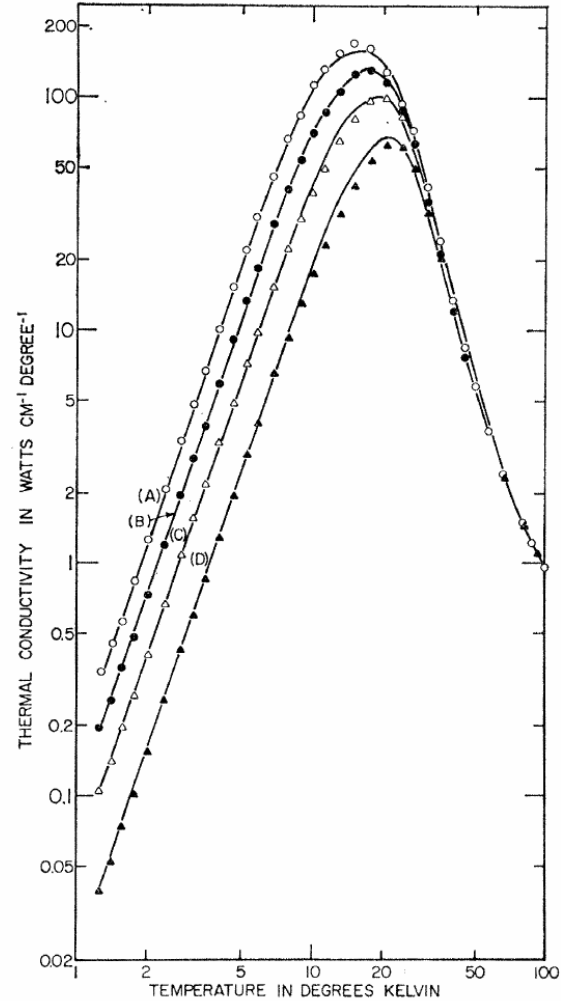
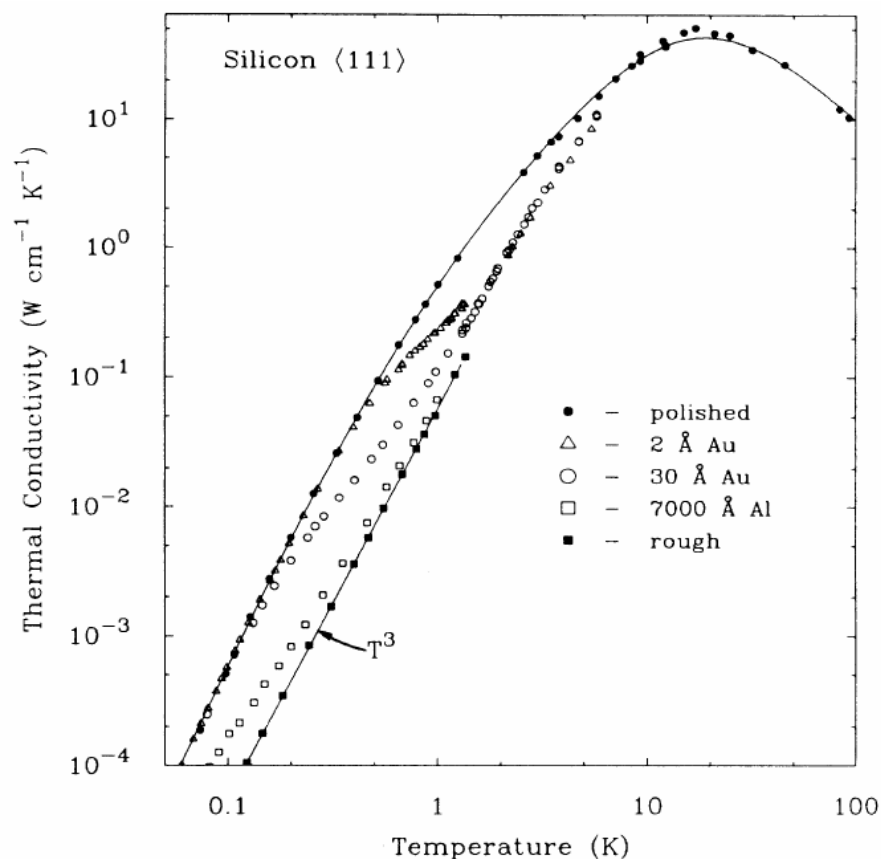


FIG. 1. Thermal conductivity of isotopically pure LiF showing the effect of boundaries for sandblasted crystals. Mean crystal widths: (A) 7.25 mm, (B) 4.00 mm, (C) 2.14 mm, (D) 1.06 mm.

# Isotope and boundary effects



Klitsner & Pohl  
 Phys. Rev. B **36**, 6551 (1987)

FIG. 5. Thermal conductivity of a pure silicon single crystal with different surface treatments. Top curve: Syton polished and cleaned; bottom: sandblasted. The intermediate curves were measured after metal films were deposited (*ex situ*) onto the polished and cleaned surfaces.

# Phonon kinetics in metals

# Acoustic phonons in metals

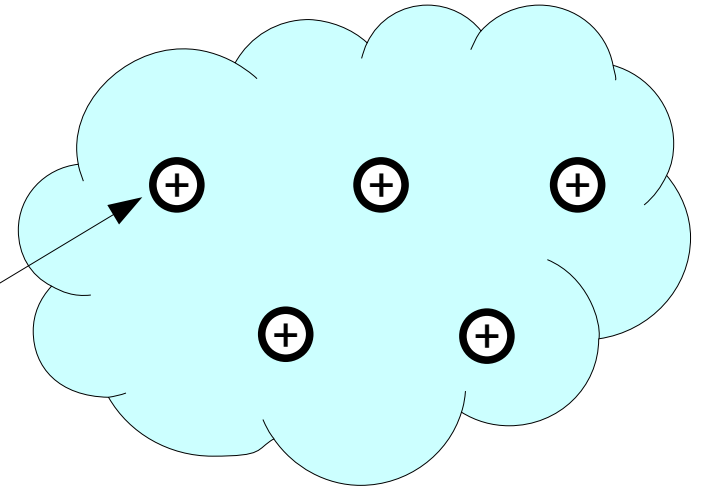
Atoms give away their valence electrons



**Ions in electron jellium**  
instead of atoms with springs

$$M \frac{d^2 \mathbf{u}_n}{dt^2} = - \frac{\partial W}{\partial \mathbf{u}_n} \quad \leftarrow \text{from ions \& electrons}$$

charge  $+Ze$   
mass  $M$   
density  $n_i$



## Uniform system is electroneutral

Deformed system with ion displacements:  $\mathbf{u}_n = \mathbf{u}(\mathbf{R}_n) = \mathbf{u}_q e^{i\mathbf{q}\mathbf{R}_n - i\omega t}$

change in the ionic density  $\frac{\delta n_i(\mathbf{R})}{n_i} = -\nabla \cdot \mathbf{u}(\mathbf{R}) = -i\mathbf{q}\mathbf{u}_q e^{i\mathbf{q}\mathbf{R} - i\omega t}$

Coulomb potential  $\varphi(\mathbf{R}) = \int \frac{d^3 \mathbf{R}'}{|\mathbf{R} - \mathbf{R}'|} Ze \delta n_i(\mathbf{R}') = -\frac{4\pi Ze n_i}{q^2} i\mathbf{q}\mathbf{u}_q e^{i\mathbf{q}\mathbf{R} - i\omega t}$

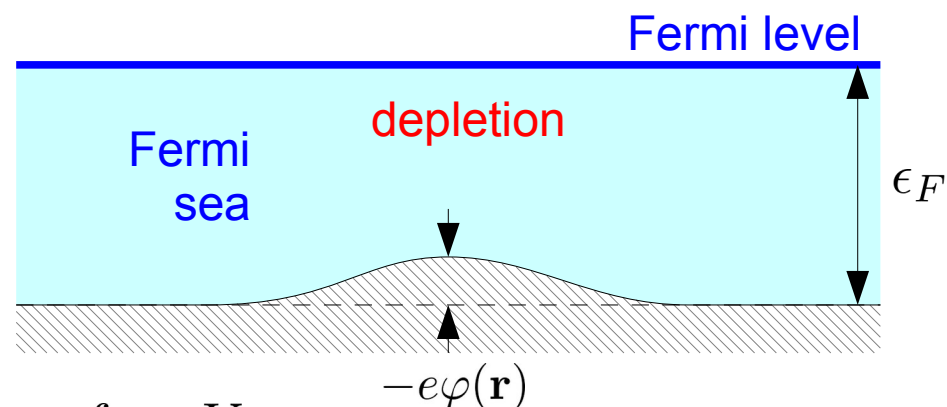
$\omega^2 = \frac{4\pi n_i (Ze)^2}{M} \sim \omega_D^2$  ionic plasma frequency, not acoustic phonon

# Screening by the Fermi sea

Electron density responds to the potential:

$$\delta n_e(\mathbf{r}) \approx \nu e \varphi(\mathbf{r})$$

electronic density of states at the Fermi level



Fermi energy  $\epsilon_F \sim$  a few eV

Fermi momentum  $p_F \sim 1 \text{ \AA}^{-1}$

Fermi velocity  $v_F \sim$  (a few) eV  $\text{\AA}/\hbar \sim 10^6$  m/s

$$\nu \sim \frac{1}{(\text{a few}) \text{ eV } \text{\AA}^3}$$

Self-consistent potential from ions and electrons: **screened Coulomb**

$$-\nabla^2 \varphi(\mathbf{r}) = 4\pi Z e \delta n_i(\mathbf{r}) - 4\pi e \delta n_e(\mathbf{r}) \Rightarrow \varphi(\mathbf{R}) = \int \frac{d^3 \mathbf{R}' e^{-\kappa_D |\mathbf{R} - \mathbf{R}'|}}{|\mathbf{R} - \mathbf{R}'|} Z e \delta n_i(\mathbf{R}')$$

$$\kappa_D \equiv \sqrt{4\pi e^2 \nu} \sim 1 \text{ \AA}^{-1} \quad \text{inverse Debye (Thomas-Fermi) screening length}$$



# Acoustic phonons in metals

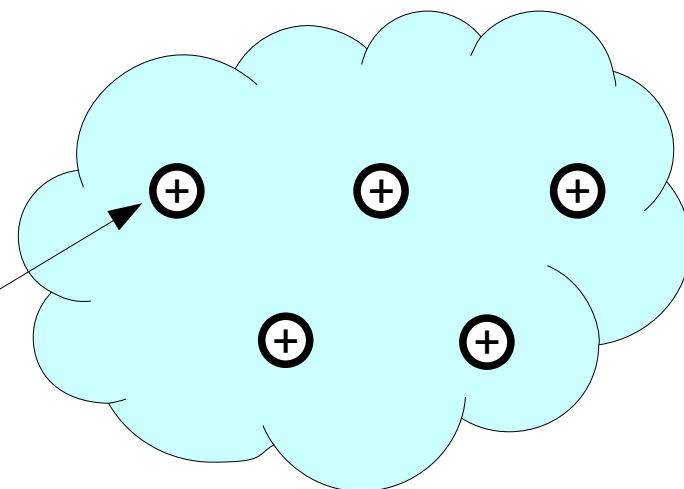
Atoms give away their valence electrons



**Ions in electron jellium**  
instead of atoms with springs

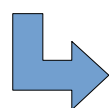
$$M \frac{d^2 \mathbf{u}_n}{dt^2} = - \frac{\partial W}{\partial \mathbf{u}_n} \quad \leftarrow \text{from ions \& electrons}$$

charge  $+Ze$   
mass  $M$   
density  $n_i$



## Uniform system is electroneutral

Deformed system with ion displacements:  $\mathbf{u}_n = \mathbf{u}(\mathbf{R}_n) = \mathbf{u}_q e^{i\mathbf{q}\mathbf{R}_n - i\omega t}$



change in the ionic density  $\frac{\delta n_i(\mathbf{R})}{n_i} = -\nabla \cdot \mathbf{u}(\mathbf{R}) = -i\mathbf{q}\mathbf{u}_q e^{i\mathbf{q}\mathbf{R} - i\omega t}$

Screened Coulomb potential  $\varphi(\mathbf{R}) = -\frac{4\pi Z e n_i}{q^2 + \kappa_D^2} i\mathbf{q}\mathbf{u}_q e^{i\mathbf{q}\mathbf{R} - i\omega t}$

$$\omega^2 = \frac{4\pi n_i (Ze)^2}{M} \frac{q^2}{\cancel{q^2} + \kappa_D^2} \approx v_L^2 q^2$$

$$v_L = \sqrt{\frac{Z^2 \rho}{M^2 \nu}} \sim (\text{a few}) \frac{\text{km}}{\text{s}}$$

# Electron-phonon interaction

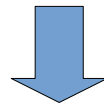
## Born-Oppenheimer:

$W(\{\mathbf{u}_n\})$  from electronic ground state energy at fixed  $\{\mathbf{u}_n\}$

$$M \frac{d^2 \mathbf{u}_n}{dt^2} = - \frac{\partial W}{\partial \mathbf{u}_n} \quad \begin{array}{l} \text{basic assumption:} \\ \text{electrons follow adiabatically the nuclear motion} \end{array}$$

Validity:  $\omega \ll E_1 - E_0$  electronic energy gap

Breaks down in any metal, semimetal, doped semiconductor



Electrons feel  
the potential

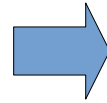
$$-e\varphi(\mathbf{r}) = \frac{n_i Z^2}{\nu} \nabla \cdot \mathbf{u}(\mathbf{r}) e^{-i\omega t}$$

oscillating field

deformation potential  $\sim 10\text{--}20$  eV

# Phonon absorption by electrons

Electronic density response  
to an oscillating potential  
from the Kubo formula:  $\Pi(\mathbf{q}, \omega)$



Phonon decay rate:

$$\frac{1}{\tau} = -\omega \operatorname{Im} \Pi(\mathbf{q}, \omega) \frac{n_i Z^4 / v^2}{2Mv_L^2} \sim \omega \sqrt{\frac{m}{M}}$$

The main mechanism  
of acoustic phonon decay in metals:  
**phonon absorption by electrons**

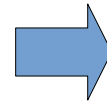
or escape to the substrate (Kapitza)

Decay rate due to anharmonicity:

$$\frac{1}{\tau} \sim \omega_D \sqrt{\frac{m}{M}} \left( \frac{\omega}{\omega_D} \right)^5 \quad \text{much weaker}$$

# Phonon absorption by electrons

Electronic density response  
to an oscillating potential  
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Inverse process: **phonon emission by electrons** (detailed balance)

Electron temperature  $T_{el}$   
Phonon temperature  $T_{ph}$   
( $T_{el}, T_{ph} \ll \Theta_D$ )



Heat flow from electrons to phonons:

power per unit volume =  $\Sigma (T_{el}^5 - T_{ph}^5)$

experimentally measurable coefficient

$$\int_0^\infty q^2 dq \frac{\hbar v q}{e^{\hbar v q / T} - 1} \frac{1}{\tau} \propto T^5$$

# Phonon absorption by electrons

Wellstood, Urbina & Clarke,  
PRB **49**, 5942 (1994)

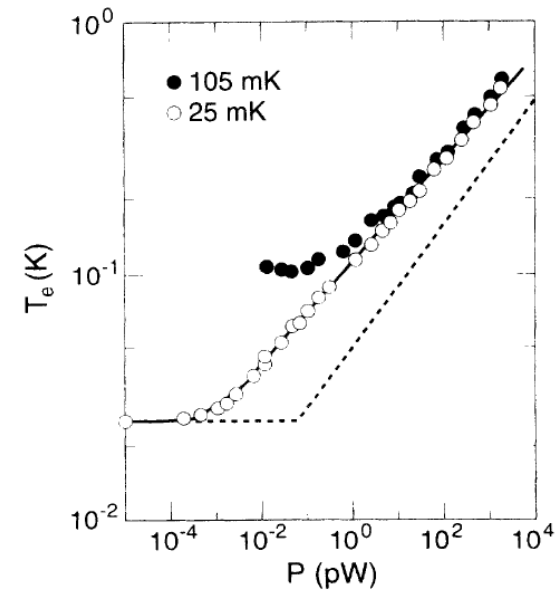
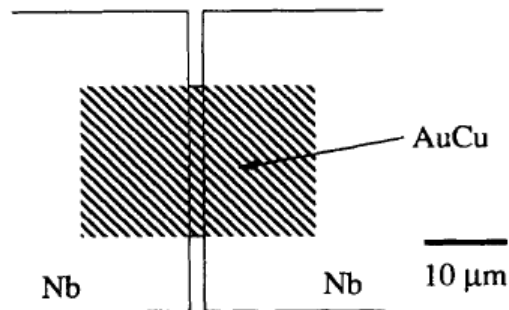


FIG. 8. Measured electron temperature  $T_e$  vs dissipated power for resistor 1 at two bath temperatures. The solid line is the fit of Eq. (4.1) to 25-mK data with  $n = 4.87$ . The dashed line is the “simple heating model.”

Electron temperature  $T_{el}$   
Phonon temperature  $T_{ph}$  ➔

Heat flow from electrons to phonons:

$$\text{power per unit volume} = \Sigma (T_{el}^5 - T_{ph}^5)$$

experimentally measurable coefficient

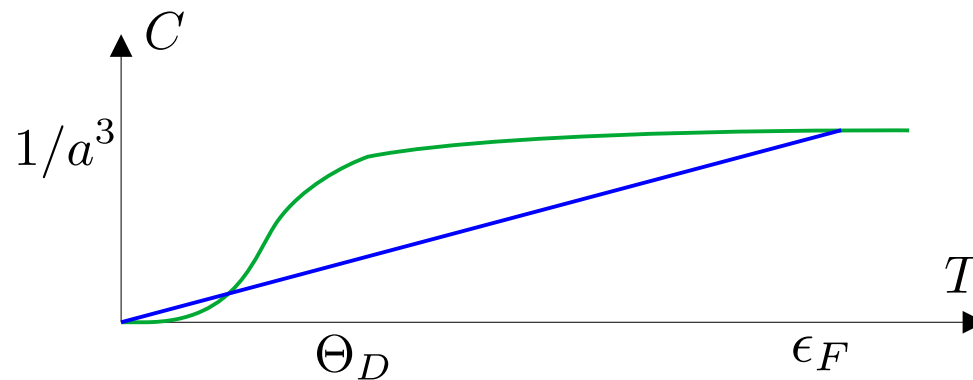
$$\int_0^\infty q^2 dq \frac{\hbar v q}{e^{\hbar v q/T} - 1} \frac{1}{\tau} \propto T^5$$

# Specific heat and thermal conductivity

**Phonons:**  $C_{\text{ph}}(T \ll \Theta_D) \sim \frac{(T/\Theta_D)^3}{a^3}$        $C_{\text{ph}}(T \gg \Theta_D) \sim \frac{1}{a^3}$

**Electrons:**  $C_{\text{el}}(T) = \frac{\partial}{\partial T} 2 \int \frac{d^3 \mathbf{p}}{(2\pi\hbar)^3} \frac{\epsilon_{\mathbf{p}}}{e^{(\epsilon_{\mathbf{p}} - \epsilon_F)/T} + 1}$

$C_{\text{el}}(T \ll \epsilon_F) = \frac{\pi^2}{3} \nu T \sim \frac{T/\epsilon_F}{a^3}$       dominate below a few Kelvins



**Superconductor:**  $C_{\text{el}}(T \ll T_c) = \sqrt{2\pi} \nu \Delta \left( \frac{\Delta}{T} \right)^{3/2} e^{-\Delta/T}$

# Specific heat and thermal conductivity

Phonons:  $C_{\text{ph}}(T \ll \Theta_D) = \frac{2\pi^2}{15} \left( \frac{T^3}{(\hbar v_L)^3} + \frac{2T^3}{(\hbar v_T)^3} \right)$

Electrons:  $C_{\text{el}}(T \ll \epsilon_F) = \frac{\pi^2}{3} \nu T$  dominate below a few Kelvins

Electronic thermal conductivity:  $\kappa_{\text{el}} \sim C_{\text{el}} v_F^2 \tau_{\text{el}}$  dominates over phonons


 much larger than sound velocity

Electric conductivity:  $\sigma \sim e^2 \nu v_F^2 \tau_{\text{el}}$

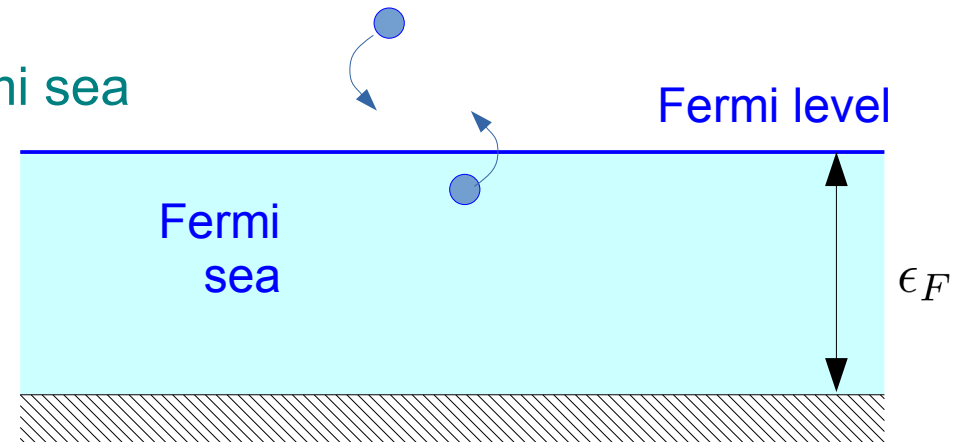
Wiedemann-Franz law:  $\frac{\kappa}{\sigma} = \frac{\pi^2}{3} \frac{T}{e^2}$

# Electron energy relaxation

## Electron-electron collision:

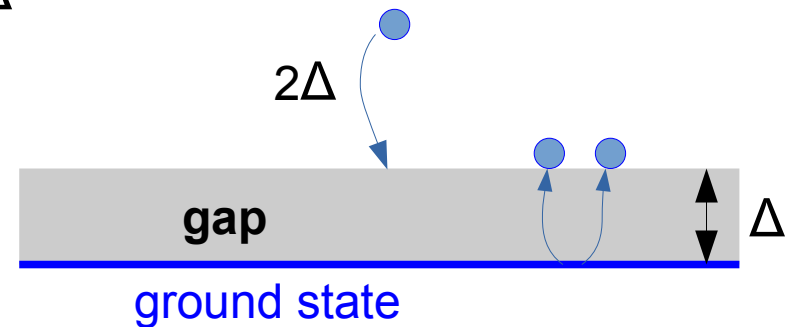
kick another electron from the Fermi sea  
(emit an  $e$ - $h$  pair)

$$\frac{1}{\tau_{\text{el}}} \sim \frac{(\epsilon - \epsilon_F)^2}{\hbar\epsilon_F} \quad (\text{Landau \& Pomeranchuk})$$



## Superconductors: quasiparticle gap $\Delta$

breaking a Cooper pair: cost  $2\Delta$





# Electron energy relaxation

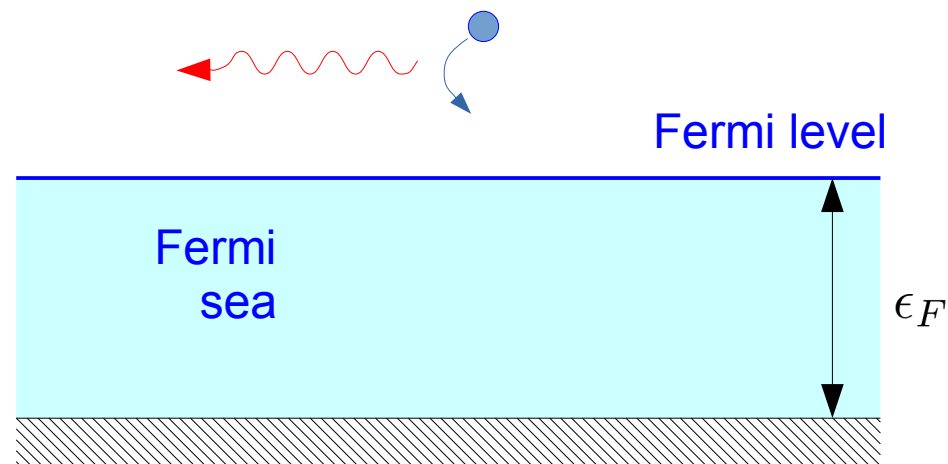
## Phonon emission

$$\epsilon_F \sim (\text{a few}) \text{ eV}$$

$$\hbar\omega_D \sim (\text{a few}) 10 \text{ meV}$$

$$\Delta \sim (\text{a few}) 100 \mu\text{eV}$$

$$\frac{\hbar}{1 \text{ eV}} = 0.658 \text{ fs}$$



$$\epsilon - \epsilon_F \gtrsim \hbar\omega_D$$

$$\frac{1}{\tau_{\text{el}}} \sim \omega_D$$

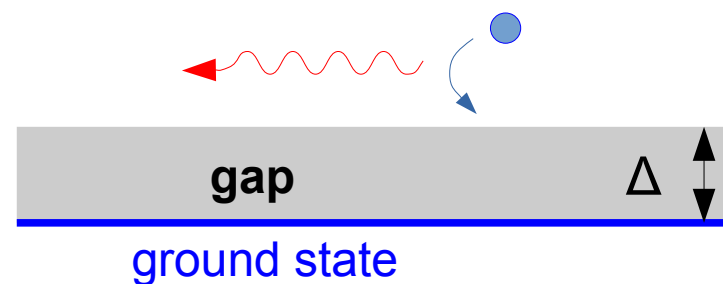
if  $T_{\text{ph}} \gg \hbar\omega_D$ , then  $1/\tau_{\text{el}} \sim T_{\text{ph}}/\hbar$   
random walk in energy

$$\Delta \ll \epsilon - \epsilon_F \ll \hbar\omega_D$$

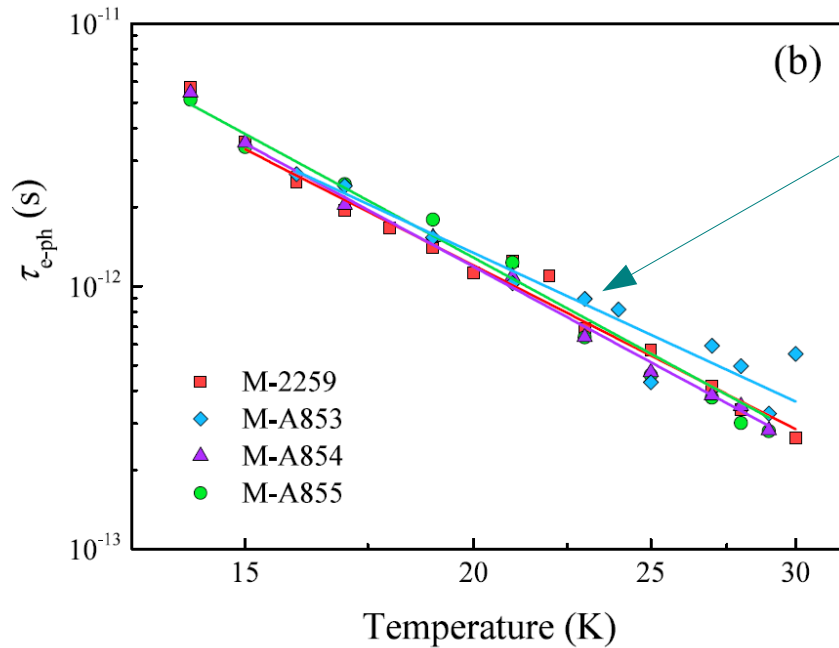
$$\frac{1}{\tau_{\text{el}}} \sim \frac{(\epsilon - \epsilon_F)^3}{\hbar^3 \omega_D^2}$$

$$\epsilon - \epsilon_F - \Delta \ll \Delta$$

$$\frac{1}{\tau_{\text{el}}} \sim \frac{(\epsilon - \epsilon_F - \Delta)^{7/2}}{\hbar^3 \omega_D^2 \Delta^{1/2}}$$



# Electron energy relaxation



slopes between 3 and 4

clean electrons:  $1/\tau_{el} \propto T^3$

electrons scattering on impurities:  $\frac{1}{\tau_{el}} \propto T^4$

M. Sidorova *et al.*, PRB **102**, 054501 (2020)

Disordered NbN

# Relaxation cascade in a detector

# Overall picture

> 100 eV - cascade of atomic collisions  $\rightarrow$

Kozorezov *et al.*, PHYSICAL REVIEW B **75**, 094513 (2007)

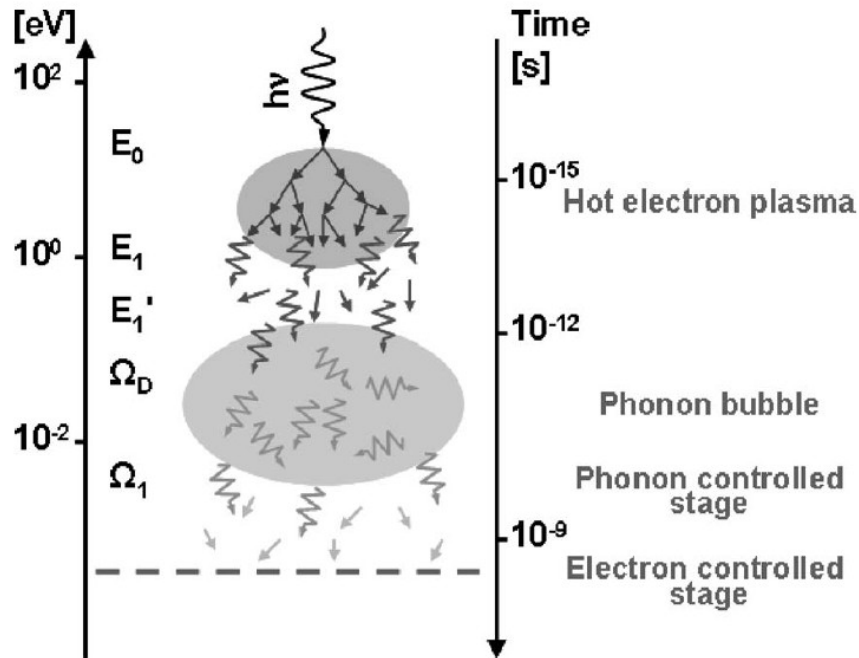
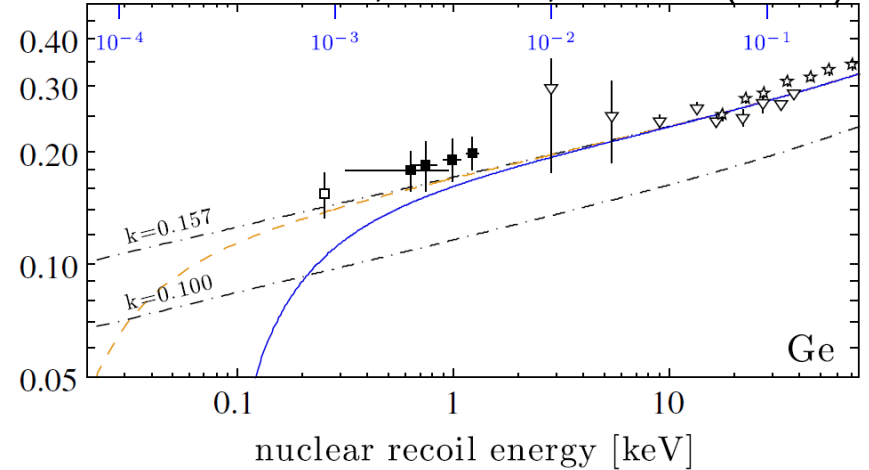


FIG. 1. Schematic picture of photoelectron energy down-conversion in a superconductor.

P. Sorensen, PRD **91**, 083509 (2015)



fraction of energy given to electrons by a fast Ge atom in a Ge crystal

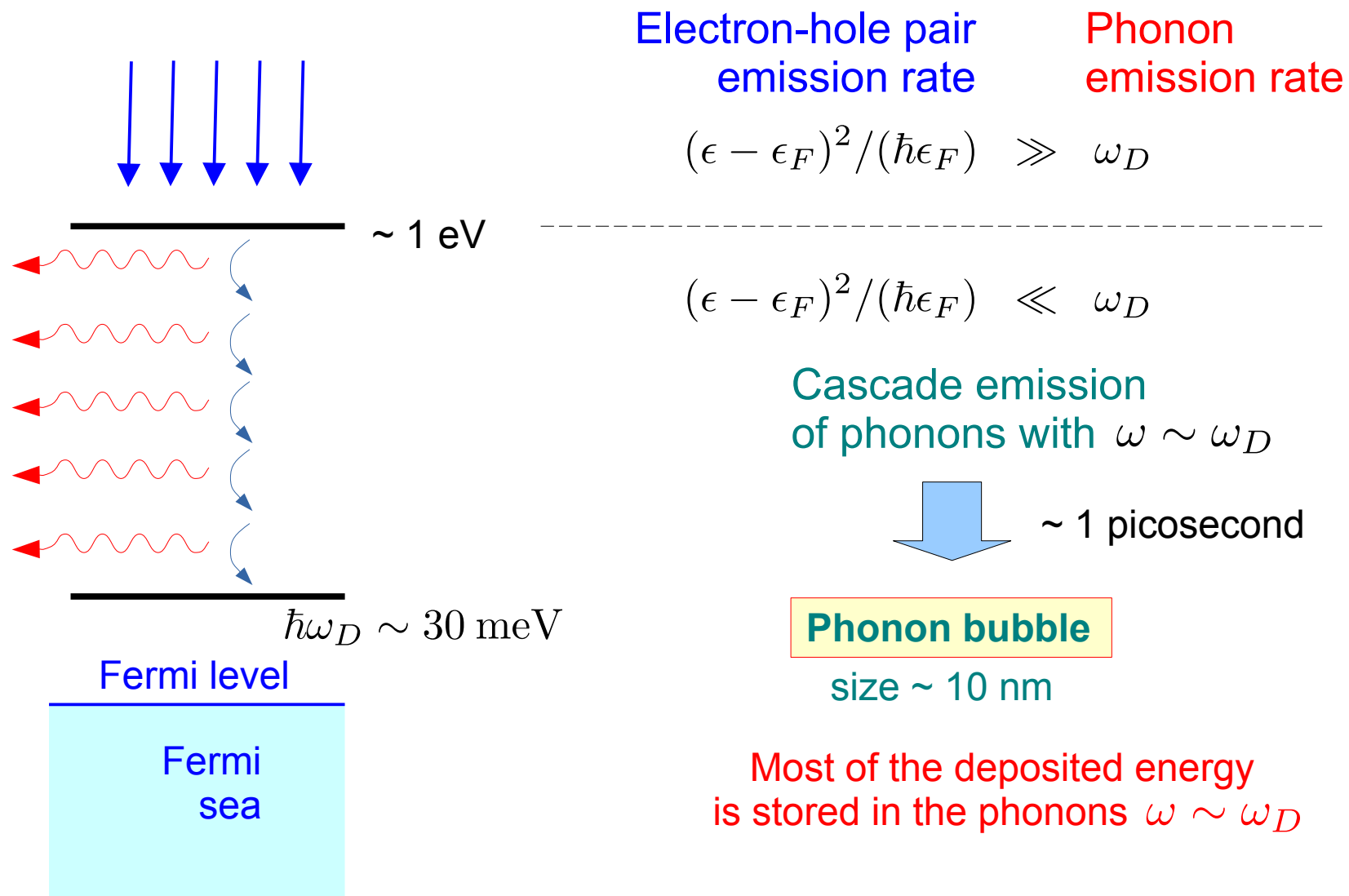
electronic plasmons (10–20 eV)

Landau damping

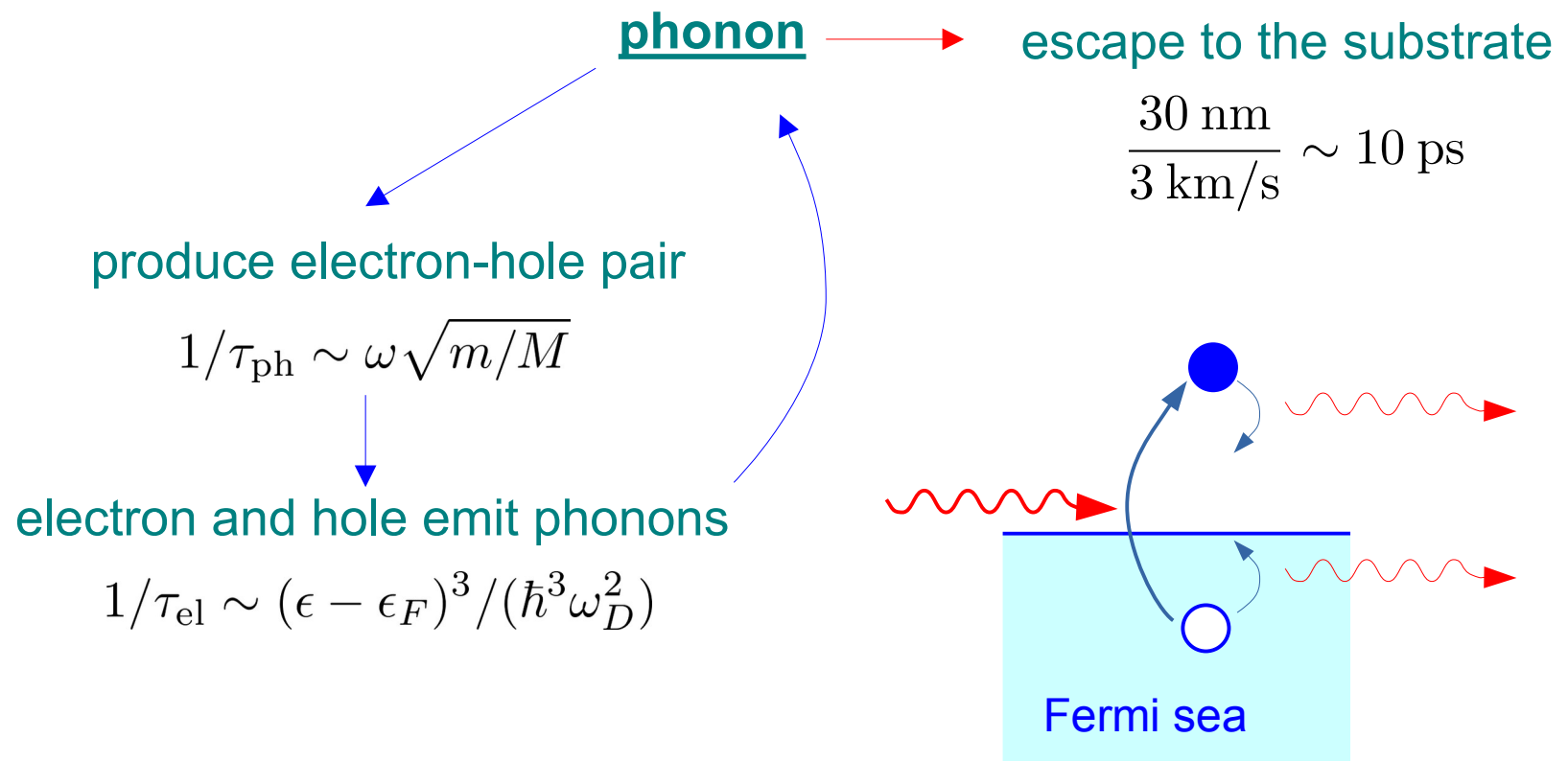
electron-hole pairs

within (a few) femtoseconds

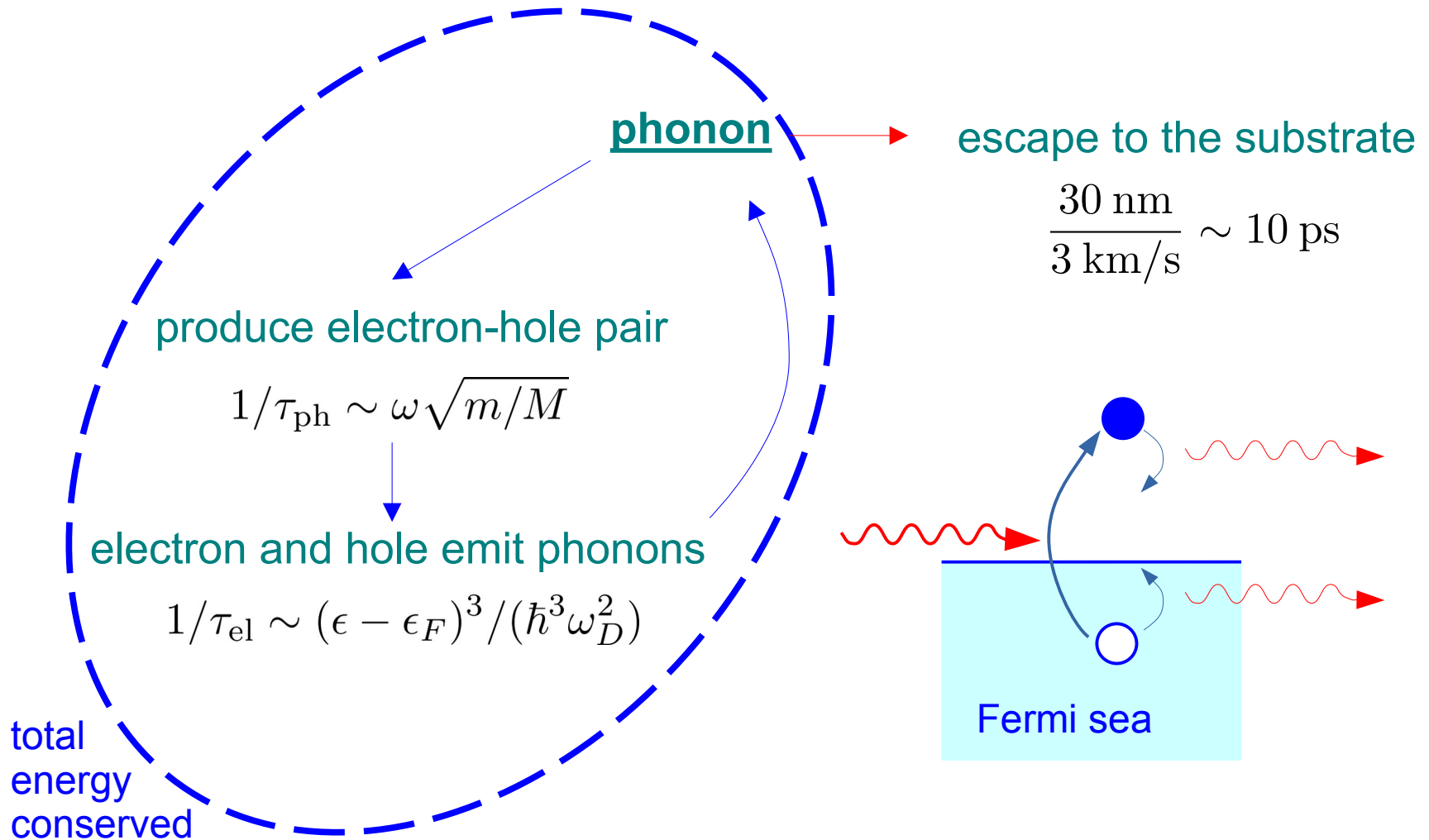
# Formation of the phonon bubble



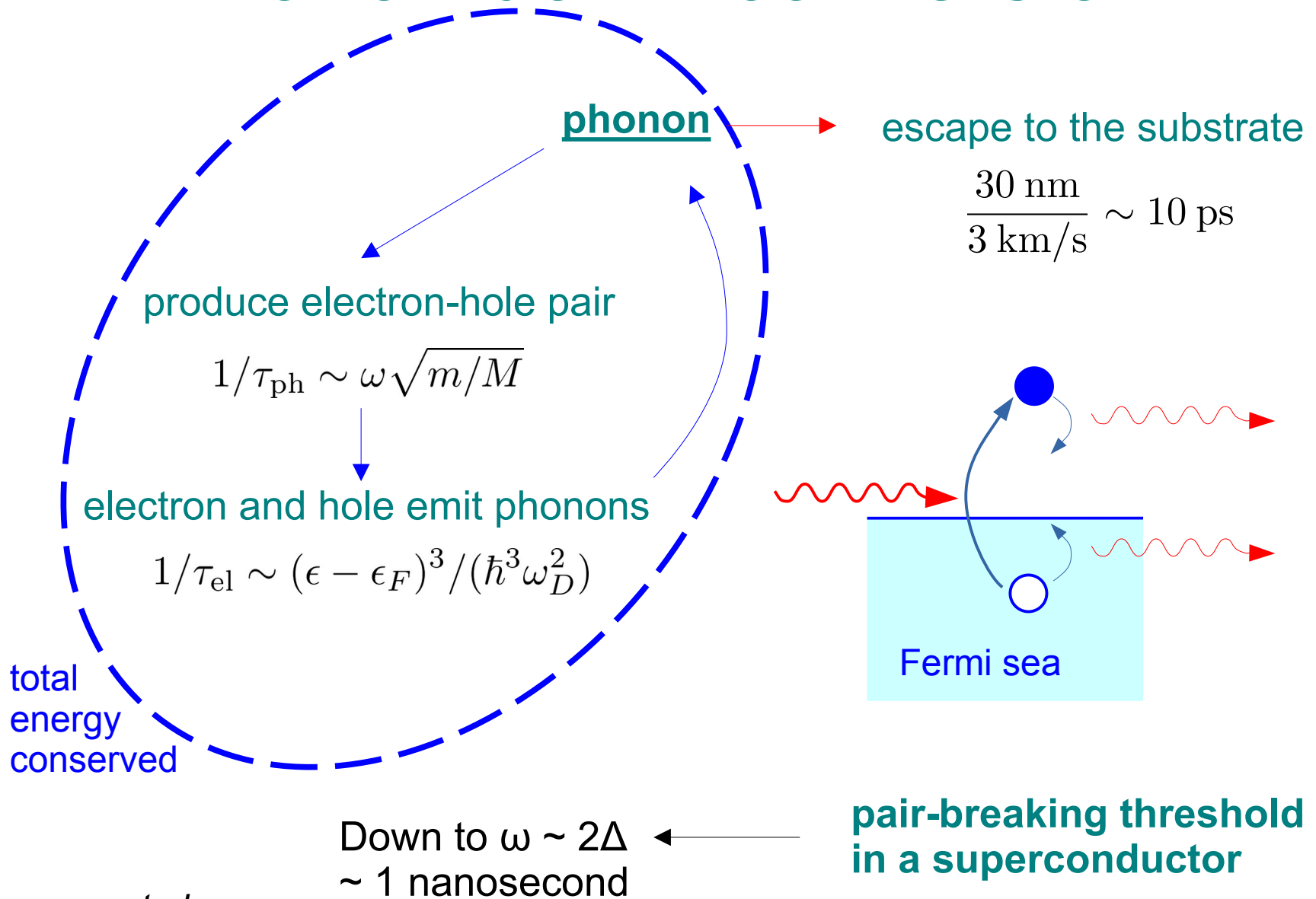
# Phonon down-conversion



# Phonon down-conversion



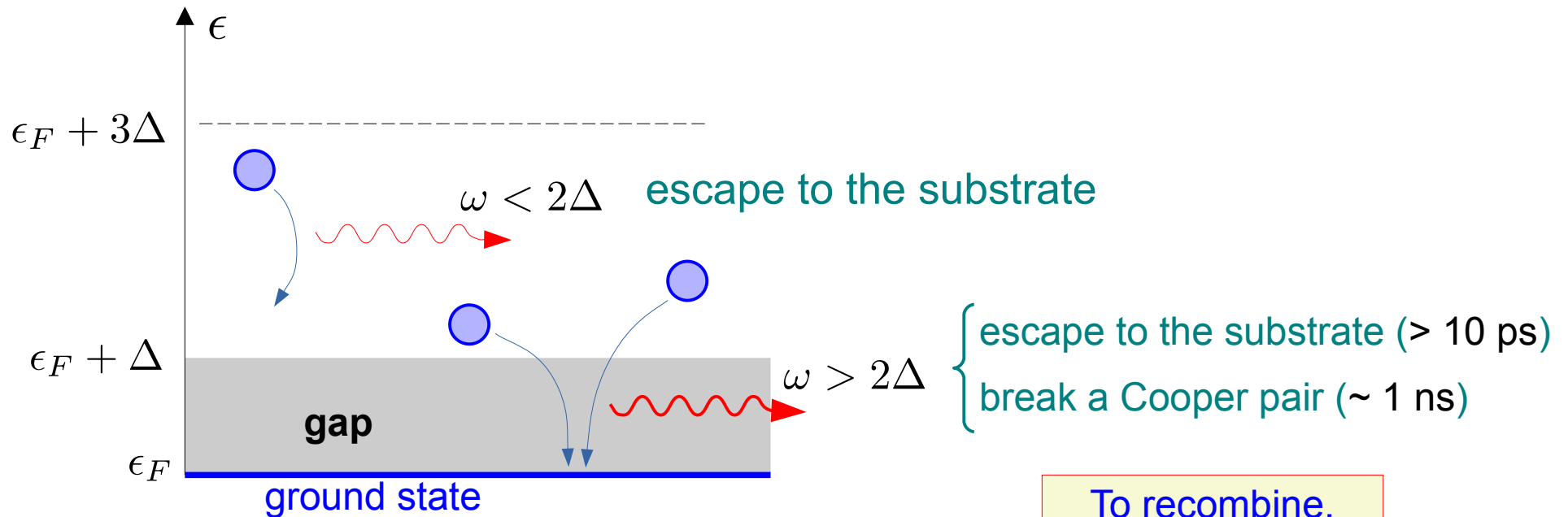
# Phonon down-conversion



Kozorezov *et al.*,  
PRB **61**, 11807 (2000)



# Quasiparticle cloud



To recombine,  
two quasiparticles  
**must meet**

## Detect quasiparticle population:

1. Increase in the kinetic inductance
2. Increase in the dissipative conductivity

Cloud expansion:  
quasiparticle diffusion

# Useful textbooks

Ashcroft and Mermin, *Solid State Physics*

Ziman, *Electrons and Phonons: The Theory of Transport Phenomena in Solids*

Lifshitz & Pitaevskii, *Physical Kinetics*

Abrikosov, *Fundamentals of the Theory of Metals*

Yu & Cardona, *Fundamentals of Semiconductors*

Wolfe, *Imaging Phonons: Acoustic Wave Propagation in Solids*