# Eigenstate thermalization in quantum many-body systems 



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60 ans de l'IPhT

## Context

ETH explains equilibration of isolated quantum many-body systems


In our work: need to characterise better ETH ansatz, all about dynamics at equilibrium

## Dynamics and ETH

Heisenberg picture (evolution of the operators):

$$
\begin{gathered}
A(t)=e^{i H t} A e^{-i H t}=\sum_{i j} e^{i\left(E_{i}-E_{j}\right) t} A_{i j}\left|E_{i}\right\rangle\left\langle E_{j}\right| \\
A_{i j}=\left\langle E_{i}\right| A\left|E_{j}\right\rangle
\end{gathered}
$$

Look at matrix elements of observables in the basis of the energy

Characterise them "statistically"

## Toy ETH

(Diagonal) matrix $A$ (observable) of size $\mathscr{N}$
Matrix elements in a random basis

$$
\begin{gathered}
\overline{A_{i i}}=\frac{1}{\mathscr{N}} \sum_{i} \lambda_{i}=m_{1}=\kappa_{1} \\
\overline{A_{i j}}=0 \quad i \neq j \\
\overline{A_{i j}^{2}}=\frac{1}{\mathscr{N}}\left[\frac{1}{\mathscr{N}} \sum_{i} \lambda_{i}^{2}-\left(\frac{1}{\mathscr{N}} \sum_{i} \lambda_{i}\right)^{2}\right]=\frac{1}{\mathscr{N}}\left[m_{2}-m_{1}^{2}\right]=\frac{1}{\mathscr{N}} \kappa_{2}
\end{gathered}
$$

## Toy ETH: ansatz

$$
\begin{gather*}
A_{i j}=\kappa_{1} \delta_{i j}+\sqrt{\frac{\kappa_{2}}{\mathscr{N}}} R_{i j} \\
\overline{R_{i j}}=0 \quad \overline{R_{i j}^{2}}=1 \tag{1}
\end{gather*}
$$

No info about correlations

$$
\begin{equation*}
\overline{A_{i_{1} i_{2}} A_{i_{2} i_{3}} \ldots A_{i_{p} i_{1}}} \simeq \frac{1}{\mathscr{N}^{(p-1)}} \kappa_{p} \quad i_{1} \neq i_{2} \neq \ldots \neq i_{p} \tag{2}
\end{equation*}
$$

## Toy ETH: diagrams



## The many-body problem

E.g. $H$ spin chain, physical observable:

$$
A=\frac{1}{N} \sum_{i=1}^{N} \sigma_{i}^{z}
$$

$$
\begin{gathered}
H \text { and } A \text { matrices of size } \mathscr{N}=2^{N} \\
\rho(E=N e)=\sum_{\alpha=1}^{\mathcal{N}} \delta\left(E-E_{i}\right) \propto e^{S(E)} \simeq e^{N s(e)}
\end{gathered}
$$

## Eigenstate thermalization

Single eigenstates provide equilibrium statistical averages $\left\langle E_{i}\right| A\left|E_{i}\right\rangle$ varies smoothly with the energy $E_{i}$
For dynamics necessary off-diagonal matrix elements

J. Deutsch (1991), M. Srednicki (1994)<br>Review: D'Alessio, Kafri, Polkovnikov, Rigol (2016)

## Eigenstate thermalization ansatz

$$
\begin{aligned}
& A_{i j}=\mathscr{A}(e) \delta_{i j}+e^{-N s(e) / 2} f_{e}(\omega) R_{i j} \\
& E=\left(E_{i}+E_{j}\right) / 2 \quad e=E / N \quad \omega=E_{i}-E_{j}
\end{aligned}
$$

$$
R_{i j} \text { (pseudo)-random numbers }
$$

$$
\overline{R_{i j}}=0 \overline{R_{i j}^{2}}=1
$$

M. Srednicki (1999)

## Fictitious ensemble

## $A_{i j} \rightarrow$ random matrix element Ensemble?

- Small energy windows
- Perturb with small Hamiltonian $H \rightarrow H+\epsilon V$ (Deutsch (1991)). Nearby eigenvectors extremely sensitive even to small perturbations. Physics unchanged


## One and two-time correlation functions

$$
\begin{gathered}
\langle A\rangle_{\beta} \xrightarrow{N \rightarrow \infty} \mathscr{A}\left(e_{\beta}\right) \\
\langle A(t) A(0)\rangle_{\beta}-\langle A\rangle_{\beta}^{2} \xrightarrow{N \rightarrow \infty} \int \mathrm{~d} \omega e^{-\beta \omega / 2} e^{i \omega t}\left|f_{e_{\beta}}(\omega)\right|^{2}
\end{gathered}
$$

One and two-point function independent of correlations between different matrix elements

## Multi-point correlation functions

$$
\begin{gathered}
C_{4}^{\beta}\left(t_{1}, t_{2}, t_{3}\right)=\operatorname{Tr}\left[\rho_{\beta} A\left(t_{1}\right) A\left(t_{2}\right) A\left(t_{3}\right) A(0)\right] \\
C_{4}^{\beta}(t, 0, t) \text { Out-of-Time-Order Correlator } \\
\text { "quantum Lyapunov exponent" }
\end{gathered}
$$

Larkin and Ovchinikov (1969)
Kitaev (2015)
Maldacena, Shenker and Stanford (2016)

## Multi-point correlation functions

In the energy eigenbasis

$$
C_{p}^{\beta}\left(t_{1}, \ldots, t_{p-1}\right)=\sum_{i_{1}, \ldots, i_{p}}\left[\frac{e^{-\beta E_{i_{1}}}}{Z} A_{i_{1} i_{2}}\left(t_{1}\right) A_{i_{2} i_{3}}\left(t_{2}\right) \ldots A_{i_{p} i_{1}}(0)\right]
$$

For any $p>2$ products of different matrix elements!

## Argument for correlations

$$
\left|f_{e}(\omega)\right|^{2} \text { Fourier transform of } C_{2}^{\beta}(t)
$$

$A_{i j}$ independent variables $\rightarrow$ all multi-point functions determined solely by $f_{e}(\omega)$, i.e. by $C_{2}^{\beta}(t)$

Unreasonable in general

## Beyond independent matrix elements



## Multipoint functions

$$
\begin{aligned}
& \overline{A_{i_{1} i_{2}} A_{i_{2} i_{3}} A_{i_{3} i_{4}} A_{i_{4} i_{1}}} \quad \text { for } \quad i_{1} \neq i_{2} \ldots \neq i_{n} \\
& \quad \propto f_{e}^{(4)}\left(\omega_{1}, \omega_{2}, \omega_{3}\right) \rightarrow C_{4}^{\beta}\left(t_{1}, t_{2}, t_{3}\right)
\end{aligned}
$$

## Same spirit as usual ETH (and toy ETH)

$$
f_{e}^{(1)}=\mathscr{A}(e) \quad f_{e}^{(2)}(\omega)=\left|f_{e}(\omega)\right|^{2}
$$

## Generalized ETH

$$
\overline{A_{i_{1} i_{2}} A_{i_{2} i_{3}} \ldots A_{i_{n} i_{1}}} \simeq e^{-(n-1) N s(e)} f_{e}^{(n)}\left(\omega_{1}, \ldots, \omega_{n-1}\right)
$$

for $i_{1} \neq i_{2} \ldots \neq i_{n}$

$$
e=\frac{1}{n} \sum_{k=1}^{n} e_{i_{k}} \quad \omega_{k}=E_{i_{k}}-E_{i_{k+1}}
$$

+ other assumptions


Foini and Kurchan (2019)

## Free probability

Random matrix elements of one operator at different times

## One matrix vs Infinitely many matrices!

$$
\begin{aligned}
\kappa_{n}^{\beta}\left(t_{1}, \ldots, t_{n-1}, 0\right) & =\frac{1}{Z} \sum_{i_{1} \neq i_{2} \neq \ldots \neq i_{n}} e^{-\beta E_{i_{1}}} A\left(t_{1}\right)_{i_{1} i_{2}} \ldots A(0)_{i_{n} i_{1}} \\
& =\int \mathrm{d} \omega_{1} \ldots \mathrm{~d} \omega_{n-1} e^{i \vec{\omega} \cdot \vec{t}} e^{-\beta \vec{\omega} \cdot \vec{l}_{n}} f_{\varepsilon_{\beta}}^{(n)}\left(\omega_{1}, \ldots, \omega_{n-1}\right)
\end{aligned}
$$

$\vec{l}_{n}=\left(\frac{n-1}{n}, \ldots, \frac{1}{n}\right)$
Pappalardi, Foini and Kurchan (2022)

## In summary ...

- Propose a (simple) ansatz able to account for correlations between matrix elements. Relevant for multi-point functions
- Recognise importance of free probability in connection with quantum statistical mechanics


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