# Starting SQM 2024: Theory state-of-the-art

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**Abstract.** I discuss the theoretical developments related to Strangeness in Quark Matter (SQM) leading up to the SQM2024 conference. These advances include mapping out the Quantum Chromodynamics phase diagram; puzzles that exist in hadron physics from light to heavy particles; and relativistic hydrodynamics with the inclusion of spin and magnetic fields.

#### 1 Introduction

I will summarize recent advances in high-energy nuclear theory, pressing questions within the field, and make connections to astrophysics, gravity, nuclear structure, and cold atoms.

## 2 QCD Phase Diagram

The QCD phase diagram cannot be systematically studied in a single experiment or astronomical observation, rather it requires input from heavy-ion collisions [HIC] (high temperatures T, low to intermediate net baryon density  $n_B$ , range of electric charge to baryon number  $Y_Q = Z/A = n_Q/n_B = [0.38, 0.5]$ ), cold neutron stars [NS] (T = 0, large  $n_B$ ,  $Y_Q \leq 0.1$ ), binary [NS] mergers (T > 0, large  $n_B$ ,  $Y_Q \sim [0.01, 0.2]$ ), and low energy nuclear physics ( $T \sim 0$ , nuclear saturation density  $n_B = n_{sat}$ ,  $Y_Q \sim 0.5$ ). This range of measurements leave gaps in the QCD phase diagram that may be difficult to interpret. Theoretical input is important e.g. causality and stability constraints  $0 \leq c_s^2 \leq 1$ , first principle lattice or perturbative QCD (pQCD) calculations, and well-defined effective field theories (EFT) such as chiral EFT. Constraints are summarized in [1]. *Key questions:* How to interpret new Beam Energy Scan II data? How does QCD matter move at  $n_B \neq 0$ ? How does [HIC]/QCD constrain the [NS] equation of state (EOS)? Can out-of-equilibrium effects shed light on the core of [NS]?

**[HIC]/critical point** The (potential) QCD critical point [2] separates the boundary between quarks/gluons and hadrons. While current first principle calculations cannot determine its existence/location [3], recent calculations in other theoretical frameworks [4–9] indicate a critical point at  $\mu_B/T \sim 4 - 8$ . Preliminary measurements exist for net-proton fluctuations  $\kappa_4/\kappa_1$  across  $\sqrt{s_{NN}}$  [10] appearing flat. Factorial cumulants show qualitative features predicted from critical point models [11]. Viscous effects may smear out or alter critical fluctuations [12] and the critical region can either cause critical lensing or minimize the effect [12–15]. Theorists are developing frameworks (initial state, fluid dynamics, hadron interactions) that dynamically study  $n_B \neq 0$  (and strangeness,  $n_S \neq 0$ , and electric charge,  $n_Q \neq 0$ ).

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The Taylor series EOS from lattice is only valid up to  $\mu_B/T \sim [2-3]$  [3], which does not cover the entire EOS needed for Beam Energy Scan II. An alternative expansion was developed that improves the reach in  $\mu_B/T$  [16] and is coupled to 3D Ising [17]. In hydro simulations, every fluid cell must have a valid EOS. In [18] a solution to a limited EOS was developed in 4dimensions ( $T, \mu_B, \mu_S, \mu_Q$ ) to smoothly map to a conformal EOS for out-of-bound fluid cells. The MUSES collaboration provides open-source EOS across the phase diagram [19].

Initial conditions include baryon stopping through strings [20], a 3-fluid model [21], color glass condensate [22, 23], or a hadron transport [24]. It is also possible to study BSQ (baron, strangeness, electric charge) fluctuations where net- $n_B = 0$  through gluon splittings into  $q\bar{q}$  pairs [25]. These initial states may be far-from-equilibrium and require a pre-equilibrium state incorporating BSQ charges [26, 27]. They are fed into relativistic viscous BSQ hydro-dynamic codes, existing open-source codes are CCAKE [18], MUSIC [28], and vHLLE [29], each have different equations of motion, numerical algorithms, and EOS solvers. Stability [30] provides further constraints on BSQ hydro. Phase transitions [31] or critical fluctuations [32, 33] incorporation in relativistic hydrodynamics is underway but not yet implemented in dynamical frameworks. Hadronization also requires criticality [34]. For low  $\sqrt{s_{NN}}$  the influence of the QGP may be so short lived such that it is negligible [35]. An alternative is to incorporate potentials within a hadron transport to simulation phase transitions [36].

**[NS]** Scientists can now extract posteriors of the [NS] EOS (T = 0, large  $n_B$ , at  $\beta$ equilibrium). Different approaches are used: functional forms, physics based EOS (often multiple stitched together in different ranges of  $n_B$ ), or a mixture. There is strong evidence that the speed of sound squared surpasses the conformal limit i.e.  $c_s^2 > 1/3$  to support heavy [NS] [37] and may near the causal limit if ultra heavy [NS] exist [38, 39]. A bump in  $c_s^2$  could indicate a cross-over into quarks [40] or a phase transition into hyperons [41]. Functional forms should capture features in  $c_s^2$  that indicate phase transitions/new degrees of freedom, which is not possible with polytropes/spectral EOS [38, 42]. Non-parametric approaches can reproduce these features like Gaussian processes [43], which can also be explicitly included in EOS [44]. Strong phase transitions could be measured via mass twins [45] or the binary love relation [46]. We cannot calculate the EOS directly at large  $n_B$ . However, lattice QCD calculations are possible at T = 0 with isospin asymmetry, leading to  $c_s^2 > 1/3$  [47]. pQCD calculations are relevant at  $n_B \gtrsim 40 n_{sat}$ . Using causality and stability, one can obtain bounds that reach to smaller  $n_B$  to further constrain the EOS [48]. Bulk viscosity within [NS] mergers arises from weak interactions, affecting different stages of the merger [49], and is influenced by the degrees of freedom [50] and  $Y_Q$  [51]. In [52] the first constraints on bulk viscosity in the inspiral of [NS] mergers was extracted, making tests possible with further data.

Groups use low-energy [HIC] flow data to extract the low  $T \ge 0$  EOS for  $Y_Q \sim 0.5$ . It is important to consider structure in  $c_s^2$ , as was done first in [53], indicating a large bump in  $c_s^2$ around [2, 3] $n_{sat}$ . It is possible to convert a given [NS] EOS into [HIC] using the symmetry energy expansion (and applying saturation and causality/stability constraints) [54], which indicated ultraheavy [NS] are consistent with [HIC]. Next is to expand cold EOS into finite T, which is possible using a  $T/\mu_B$  expansion [55] or an effective mass (npe matter) [56].

### 3 Bulk Dynamics

The QGP is well described by a relativistic viscous fluid with small viscosity [57], leading to developments of relativistic viscous fluids. At  $n_B = 0$  and large systems, the properties can be exacted from a Bayesian analysis [58–60]. However, the QGP medium may begin extremely far-from-equilibrium such that even causality and stability break down [61], which affects the extraction of bulk viscosity [62]. Collisions of light nuclei push the boundaries of fluid dynamics even further [63], spin hydrodynamics is relevant for A polarization results

[64, 65], and magnetohydrodynamics is needed to explore large magnetic fields [66]. *Key Questions:* Does [HIC] knowledge of relativistic viscous fluids affect other fields? Could hydrodynamics be relevant for the EIC? What role does spin and magnetic fields play?

Advances in fluid dynamics Predictions between  $\sqrt{s_{NN}}$  [67, 68] were confirmed [69], so one could extract nuclear structure information from collisions of deformed ions [70]. One can extract the neutron skin from <sup>208</sup>*Pb* [71] from [HIC], which was more consistent with ab initio [72] than the PREXII data [73]. Collaborations with nuclear structure physicists have led to suggestions of new data to be collected to shed light on  $\alpha$  clustering [74] or interesting deformations [75, 76]. Fundamental questions still remain for small systems and peripheral collisions. Correlations between  $v_2$  and  $\langle p_T \rangle$  are hard to reproduce [77]. In extremely small systems i.e. a vector meson-ion collisions (ultra peripheral collisions) there are hints of collective behavior [78], which has interesting implications for the Electron Ion Collider. These advances have led to cold atoms connections [79].

**Spin and Magnetic Fields** [HIC] have extremely large, short lived magnetic fields [80]. Groups are working on developing relativistic magnetohydrodyanmics (MHD) codes for [HIC]. Since ideal MHD is standard in astrophysics, at least two astro codes have been converted to [HIC] [81, 82]. [HIC] physicists and astrophysicists incorporated Israel-Stewart equations of motion into astro MHD codes [83]. Non-linear stability and causality techniques from [HIC] [84], have been extended to MHD coupled to general relativity for accretion disks around black holes [85]. Similar constraints are also available for spin/chiral relativistic hydrodynamics [86, 87]. A polarization can further constrain hydrodynamic parameters [88].

#### 4 Hadron Physics

[HIC] cannot directly probe quarks and gluons, rather detectors measure charged hadrons. Understanding their properties provides insight into freeze-out, hadronization, and Brownian motion. *Key Questions:* How is strangeness produced? What causes isospin breaking? Can we understand heavy flavor across system size? Could charm quarks be thermalized?

**Puzzles from hadrons** The hadron resonance gas (HRG) model helped understand hadronization. HRG is used to extract freeze-out information from thermal fits [89] and fluctuations [90, 91] (c.f. in lattice QCD [92]), although tensions remain between light and strange hadrons [93]. Increasing the number of resonances might have solved the puzzle [94], but the tension remained even with new states [91, 95]. Either there are separate freeze-out temperatures [96] or an S-matrix approach is required [97]. Extensions to the HRG include magnetic fields [98] or surface tension [99]. Experiments found isospin symmetry breaking of kaons across  $\sqrt{s_{NN}}$  [100]. One explanation is a disorientated isospin condensate [101].

**Puzzles from heavy flavor** Heavy flavor provides an interesting probe of the QGP that is normally modeled through a Langevin equation at low  $p_T$ , or an energy loss model at high  $p_T$ . Most dynamics are described using more weakly coupled approaches [102], but others have used charm as a conserved charge within the fluid [103, 104]. Coalescence is important at low  $p_T$  to correctly capture the hadronization process (see [105] for hadronic rescattering). While it was thought heavy flavor models lead to disparate results for the nuclear modification factors  $R_{AA}$ , much could be attributed to different medium effects since the same medium led to very similar results [106]. After the first event-by-event studies with heavy flavor [107] and jets [108], soft-heavy [109, 110] and soft-hard [111, 112] correlations advanced. These correlations can constrain the *T* dependence of diffusion [113]. ALICE experimental data showed that the heavy flavor elliptical flow,  $v_2$ , scales with the soft  $v_2$  [110]. Charmonium flow may be more complicated due to its internal structure [114]. Jets' sensitivity to eventby-event fluctuations can be seen by experimental measurements of jet  $v_3 \neq 0$  [115]. Groups are trying to unify the soft-heavy [116] and soft-hard [117] frameworks. Small systems have perplexing behavior for heavy flavor.  $R_{AA} \sim 1$ , while pPb D meson  $v_2$  is large [118] but charmonium [119] and bottomonium  $v_2 \sim 0$  [120] and in pp D mesons  $v_2 > 0$  and B mesons  $v_2 < 0$  [121]. A heavy flavor system size scan was proposed [122] with multicharm hadron predictions in [123]. Corrections to the short path length may be required [124]. Heavy flavor requires longer formation times [125] due to their masses. The interplay between the early far-from-equilibrium stage and heavy flavor is intriguing, such as how  $c\bar{c}$  and  $b\bar{b}$  pairs disassociate in the glasma [126].

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