

Tunneling effect and instantons solutions

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Symmetries and tunneling effect

- Properties of a quantum system with finite degrees of freedom:
 - The ground state of a quantum system can never be degenerate (unless there is spin degeneracy).
 - The ground state of a quantum system has the same symmetry properties as the system's Hamiltonian.
- They appear to be falsified by systems with separated potential minima.
 - Finite-action solutions that connect the different minima are needed.
 - Degeneracy breaking and *tunneling effect*.



Path integrals

Kernel

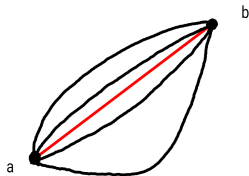
- The formalism of path integrals leads to a Lagrangian formulation of quantum mechanics. In this formalism, the propagator takes the form

$$K(q_b, t_b; q_a, t_a) = K(q_b, q_a; \beta) = \int \mathcal{D}[q(t)] e^{i/\hbar S[q(t)]}$$

- Some Kernel properties:

$$\psi(q_b; t_b) = \int K(q_b, t_b; q_a, t_a) \psi(q_a; t_a) dq_a$$

$$K(b, a) = \int_{q_N} \dots \int_{q_2} \int_{q_1} K(b, N) \dots K(1, a) dq_1 dq_2 \dots dq_N$$



Path integrals

Wick rotations

- We will work in a 4-dimensional Euclidean space, reached through a *Wick rotation*:

$$\mathbb{M}^{1,3} \rightarrow \mathbb{R}^4 \quad t \rightarrow -i\tau$$

- Where we define:

$$S[q(t)] \rightarrow iS_E[q(\tau)] = \int d\tau \left[\frac{m}{2} \left(\frac{dq}{d\tau} \right)^2 + V(q) \right] = \int d\tau \mathcal{L}_E$$

$$K(q_b, q_a; \beta) \rightarrow K_E(q_b, q_a; \beta)$$

- So the euclidean kernel is such that:

$$K_E(q_b, q_a; \beta) \stackrel{\beta \rightarrow \infty}{\simeq} \psi_0^*(q_b) \psi_0(q_a) e^{-\beta E_0/\hbar} + O(e^{-\beta \Delta E/\hbar})$$



Path integrals

Saddle point approximation

- Every path can be write as : $q(\tau) = q_{cl}(\tau) + \eta(\tau)$.
the (Euclidean) action to the second order around the minimum:

$$S_E[q(\tau)] = S_{cl} + \frac{1}{2} \int d\tau \eta(\tau) \hat{F}(q_{cl}) \eta(\tau) + O(\eta(\tau)^3)$$

- And writng $\eta(\tau)$ with autofunction of \hat{F} : $\eta(\tau) = \sum_{n=0}^{\infty} C_n \varphi_n(\tau)$

$$K_E(q_b, q_a; \beta) = e^{-S_{cl}/\hbar} \int dC_0 \prod_{n=1}^{\infty} \int dC_n \text{Det} \left(\underbrace{-\frac{d^2}{d\tau^2} + \frac{d^2 V[q]}{d\tau^2}}_{\hat{F}} \right)^{-1/2}$$



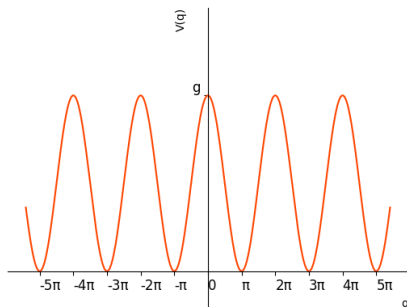
Particle in a periodic potential (PPP)

- We study a potential that satisfies the condition

$$V(q) = V(q + 2\pi) \quad \forall q$$



$$V(q) = g^2(1 + \cos q)$$

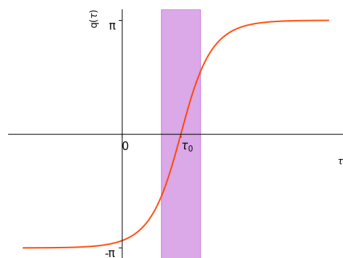


- We search for the classical solution q_{cl} that interpolates between two consecutive minima, which is called an *instanton*.



Particle in a periodic potential (PPP)

Instantonic solution



- Energy conservation

$$\frac{1}{2} \left(\frac{dq}{d\tau} \right)^2 - V(q) = 0$$

$$\frac{dq}{g\sqrt{2(1+\cos q)}} = d\tau \rightsquigarrow \frac{dq}{\cos \frac{q}{2}} = 2gd\tau$$

- We choose an arbitrary time τ_0 in which $q_{cl}(\tau_0) = 0$

$$q(\tau) = \pm 2 \arcsin \{ \tanh[g(\tau - \tau_0)] \} \quad (\text{Anti-})\text{instanton}$$



Particle in a periodic potential (PPP)

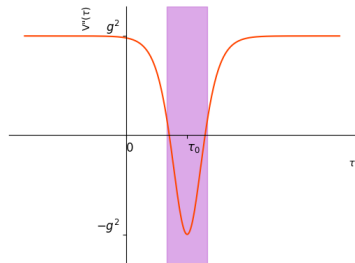
Instantonic solution

- The speed of such a transition can be evaluated:

$$V''(q_{cl}) = -g^2 + 2g^2 \tanh^2(g\Delta\tau)$$

- From this we find out the second-order expansion of the potential around a $q = \pi$ ($V(\pi) = 0$)

$$V(q_{cl}) \simeq \frac{1}{2}g^2(q - \pi)^2$$



Particle in a periodic potential (PPP)

Instantonic solution

- Energy conservation again :

$$\frac{dq_{cl}}{d\tau} \simeq \sqrt{g^2(q_{cl} - \pi)^2} \Rightarrow \ln \frac{(q_{cl}(\tau) - \pi)}{(q_{cl}(\tau_0) - \pi)} = g(\tau - \tau_0)$$

- Consider $\Delta q(\tau) = q_{cl}(\tau) - \pi$:

$$\Delta q(\tau) = \Delta q(\tau_0) e^{-g\Delta\tau}$$

- The core typical dimension is $\Delta\tau = g^{-1}$
- Such a time interval is negligible for $\beta \rightarrow \infty$



Particle in a periodic potential (PPP)

Expansion around the instanton solution

- The classical solution alone does not reproduce the known characteristics of the system.
- As mentioned before, the saddle-point approximation is used:

$$K_E(-\pi, \pi; \beta) = e^{-S_{cl}/\hbar} \int dC_0 \int dC_n \text{Det} \left(-\frac{d^2}{dt^2} + \frac{d^2 V(q)}{d\tau^2} \right)^{-1/2}$$

- The integral in C_0 is divergent, this is related to the arbitrariness of τ_0 :

$$K_E(-\pi, \pi; \beta) = e^{-S_{cl}/\hbar} \sqrt{S_{cl}} \int d\tau_0 \int dC_n \text{Det}' \left(-\frac{d^2}{d\tau^2} + \frac{d^2 V(q)}{d\tau^2} \right)^{-1/2}$$



Particle in a periodic potential (PPP)

Expansion around the instanton solution

- Exploiting the similarity between the studied potential and the potential of a harmonic oscillator:

$$\mathcal{R}^{-2} = \frac{\text{Det}' \left(-\frac{d^2}{d\tau^2} + \frac{d^2 V[q]}{d\tau^2} \right)}{\text{Det}' \left(-\frac{d^2}{d\tau^2} + \omega^2 \right)}$$

- We obtain the kernel:

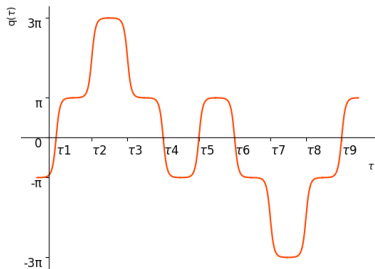
$$K_E(-\pi, \pi; \beta) = e^{-S_{cl}/\hbar} \mathcal{R} \beta \sqrt{S_{cl}} \sqrt{\frac{\omega}{\pi \hbar}} e^{-\beta\omega/2}$$



Particle in a periodic potential (PPP)

Instantons dilute gas

- Consider all possible series of n_1 instantons and n_2 widely separated anti-instantons (with n_1 and n_2 being arbitrary).
- To maintain the correct boundary conditions, we must require $n_1 - n_2 = 1$
- There is no constraint on the order of the (anti-)instantons.



Particle in a periodic potential (PPP)

Instantons dilute gas

- Exploiting the properties of kernels and exponentials:

$$K_E(-\pi, \pi; \beta) = \sqrt{\frac{\omega}{\pi \hbar}} e^{-\beta\omega/2} \sum_{n_1, n_2} \frac{\overbrace{\left(e^{-S_{cl}/\hbar} \sqrt{S_{cl}} \mathcal{R} \beta \right)^{n_1+n_2}}^x}{n_1! n_2!} \delta_{n_1-n_2, 1}.$$

- I decouple the summation ($\int_0^{2\pi} \frac{d\theta}{2\pi} e^{-i\theta(n_1-n_2-1)} = \delta_{n_1-n_2, 1}$):

$$K_E(-\pi, \pi; \beta) = \sqrt{\frac{\omega}{\pi \hbar}} e^{-\beta\frac{\omega}{2}} \int_0^{2\pi} \frac{d\theta}{2\pi} e^{i\theta} \sum_{n_1} \frac{(xe^{-i\theta})^{n_1}}{n_1!} \sum_{n_2} \frac{(xe^{i\theta})^{n_2}}{n_2!}$$



Particle in a periodic potential (PPP)

Instantons dilute gas

$$K_E(-\pi, \pi; \beta) = \sqrt{\frac{\omega}{\pi \hbar}} e^{-\frac{\beta\omega}{2}} \int_0^{2\pi} \frac{d\theta}{2\pi} e^{i\theta} e^{2e^{-S_{cl}/\hbar} \sqrt{S_{cl}} \mathcal{R} \beta \cos \theta}$$

- With non-adjacent minima ($q_b - q_a = 2N\pi$):

$$K_E(-\pi, (2N-1)\pi; \beta) = \sqrt{\frac{\omega}{\pi \hbar}} e^{-\frac{\beta\omega}{2}} \int_0^{2\pi} \frac{d\theta}{2\pi} e^{iN\theta} e^{2e^{-S_{cl}/\hbar} \sqrt{S_{cl}} \mathcal{R} \beta \cos \theta}$$

- From here, one derives Bloch's theorem and the energy of the first band

$$\langle (2N-1)\pi | \phi_\theta \rangle = e^{iN\theta} \langle -\pi | \phi_\theta \rangle$$

$$E_\theta = \frac{1}{2} \hbar \omega - \hbar \left(e^{-S_{cl}/\hbar} \sqrt{S_{cl}} \mathcal{R} \cos \theta \right)$$



- The kernel can be written as

$$\begin{aligned} K_E(-\pi, (2N-1)\pi; \beta) &= \sqrt{\frac{\omega}{\pi\hbar}} e^{-\frac{\beta\omega}{2}} \int_0^{2\pi} \frac{d\theta}{2\pi} \cos(N\theta) e^{2x \cos\theta} = \\ &= \sqrt{\frac{\omega}{\pi\hbar}} e^{-\frac{\beta\omega}{2}} I_N(2x) \end{aligned}$$

- The first-order approximation for $\beta \rightarrow \infty$ ($x \rightarrow \infty$) does not depend on N .

$$I_N(2x) \stackrel{2x \rightarrow \infty}{\simeq} \frac{e^{2x}}{\sqrt{2\pi} 2x} (1 - O(2x)) .$$







Instanton in QFT

- Let's consider a field $\varphi(x, t)$, a potential $U(\varphi)$ and Q as the topological space of solutions with finite energy.
- Q might have disconnected components, which would make impossible connections between different minima.
- Static solutions with finite energy are found: *solitons*.
- Solitons and instantons have different similarities.

$$U(\varphi) = g^2(1 + \cos \varphi) \rightsquigarrow \varphi(x) = 2 \arcsin \{ \tanh[g(x - x_0)] \}$$

$$V(q) = g^2(1 + \cos q) \rightsquigarrow q(\tau) = 2 \arcsin \{ \tanh[g(\tau - \tau_0)] \}$$



-  Richard Phillips Feynman, Albert R. Hibbs, and Daniel F. Styer.
Quantum Mechanics and Path Integrals.
Dover Publications, 2010.
-  Hilmar Forkel.
A Primer on Instantons in QCD.
August 2000.
-  R Rajaraman.
Solitons and instantons.
Elsevier Science, London, England, April 1982.
-  Z. Ambroziński.
Tunneling in cosine potential with periodic boundary conditions.
Acta Physica Polonica B, 44(6):1261, 2013.



- The images used here are generated with codes written by me and freely downloadable:

<https://github.com/LorenzoCane/Instanton-and-tunnelling.git>

```
8 #*****
9 #Control panel
10 # This code will draw: - DW Potential multiple-instantons :  $V(q) = \lambda / 4 (q^2 - a^2)^2$  (real and imaginary time)
11 #                                $V_{\text{sec}} = 2 * \lambda * a^{22} * (1 - 3/2 * (\text{np.cosh}(a * (\lambda / 2)^{1/2} * (t - \tau_0)))^{(-2)})$ 
12 #                               - SG multiple-instantons (adjacent minima)
13 #                               - anti - instanton (generic minima)
14 #See the other files for variable meaning
15
16
17
18 Letter_mode = True #True: the ticks on x and y axis are generic constant, no number will appear
19
20 lam = 40
21 a = 1
22 omega = a * sqrt(2 * lam)
23 tau0 = 2
24 N = 5 # # instantons + #anti-instantons for DW
25
26 g = 1
27 tau0_PP = 3
28 N_PP = 7 # # instantons + #anti-instantons
29 custom = 'IIAAIAAII' #custom order of (anti-)instantons for periodic potential. I=instanton , A=Anti-instantons
30 #remember that #I-#A= distance , please modify (1) and (2) if you need (automatic in future releases)
31
32
33 FunctionColor = 'orangered' #color of the plot
34 SecondFunctionColor = 'b'
35
```

*Thank you for your
attention!*

