Axion Star Explosions and the Reionization History of the Universe

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based on work with:

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> ArXiv:2302.10206 ArXiv:2301.09769

> > Axions ++ Annecy 27-09-2023



Axion-Photon Interactions

 Axion-like particles are expected to interact with photons



- This means that axions should decay!
- In vacuum, the lifetime is really long:

$$\tau_a = \frac{64\pi}{m_a^3 g_{a\gamma\gamma}^2} \gg t_U \quad \text{for } m_a < 1 \,\text{eV}$$

- However, finite density effects can dramatically change this picture because:
 - 1) the axion field is coherent and there are huge occupation numbers
 - 2) both axions and photons are bosons

These two properties in principle enable an exponentially fast decay of axions!

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Axion-Photon interactions in a medium

In a medium, the decay could happen on a much shorter timescale:

$$\Gamma \simeq g_{a\gamma\gamma} \sqrt{\rho_a}$$

Provided that:

i) the system is dense enough $\Gamma L>1$

ii) the photons in the medium have an energy precisely of $E_{\gamma} = m_a/2$

These are direct consequences of solving the Mathieu equation for the EM field. Typically called parametric resonance

Already discussed in: Abbott & Sikivie '83 and Preskill, Wise & Wilczek '83 for more recent refs see e.g. Alonso-Álvarez et al. 1911.07885

The question is, which systems are dense enough so that the decay can happen?

Axion Stars!

see Levkov, Panin & Tkachev 2004.05179 Tkachev '87, Arza 1810.03722, Hertzberg & Schiappacasse 1805.00430 Amin & Mou 2009.11337

In what follows, I will show that these axion star decays (or explosions) can lead to important cosmological consequences!

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Parameter Space of Interest



Outline

1) Axion Stars

2) Cosmological Implications of Axion Star Decays

3) Summary and Outlook

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Axion Stars: What are they?

Systems of selfgravitating particles in general relativity and the concept of an equation of state #1

Remo Ruffini (Princeton U. and Princeton, Inst. Advanced Study), Silvano Bonazzola (Rome U.) (Feb, 1969)

Published in: Phys. Rev. 187 (1969) 1767-1783



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Axion Stars: Where do they form?

Cosmological simulations of axion-like dark matter have demonstrated that a dense core forms at the center of every dark matter halo



Axion Star Densities

The density profile of these stars is by now well known. These solitons would then represent the densest axion environments in the Universe



Occupation numbers are huge:

$$\mathcal{N} \sim n/p^3 \sim 10^{60}$$

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Axion Star Decay: Parametric Resonance

The classical equations of motion for the EM field in an axion background are: ٦٨ 11

$$\frac{dA_{\pm}}{dt^2} + \left(k^2 \pm g_{a\gamma\gamma}k\frac{d\phi}{dt}\right)A_{\pm} = 0 \quad \text{see all } t = 0 \quad \text{see all } t = 0$$

e.g. Alonso-Álvarez . 1911.07885

for $k = m_a/2$: $A \sim e^{\Gamma t}$ which means exponential growth!

provided that:

$$\Gamma \times L \simeq g_{a\gamma\gamma} \sqrt{\rho_a} \times L > 1$$

There will be an exponential decay

$$M_{\text{decay}} \approx 10^{-4} M_{\odot} \left(\frac{10^{-11} \,\text{GeV}^{-1}}{g_{a\gamma\gamma}} \right) \left(\frac{10^{-13} \,\text{eV}}{m_a} \right)$$

This is however not only analytical. Sophisticated numerical simulations do show that for $M_S > M_{decay}$ the axion star decays on a very short Levkov, Panin & Tkachev 2004.05179 timescale into photons with $E_{\gamma} = m_a/2$ Amin & Mou 2009.11337

 $\tau \sim$

Axion Star Masses

The simulations of Schive et al. pointed to the existence of a one-toone relationship between the mass of the host halo and the axion star:



Further investigations seem to no longer support this strict relation but the cores inside halos are still restricted to have $\alpha > 1/3$ in $M_c \propto M_h^{\alpha}$

Chan, Ferreira, May, Hayashi & Chiba 2110.11882 see also Zagorac, Kendall, Padmanabhan, Easther 2212.09349

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Core-Halo Mass Relation Implication



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The Physics in 3 steps:

2) Once produced, these photons will be quickly absorbed by the plasma due to Bremsstrahlung absorption, see Chluba 1506.06582



3) This will make the temperature of the baryons rise and lead to reionization during the dark ages when these stars start to form

This will happen through collisional ionizations as soon as $T_b \sim 1 \,\mathrm{eV}$ (which roughly corresponds to $f_{\mathrm{DM}}^{\mathrm{decay}} \sim 10^{-9}$) $eH \to eep$

This allows us to set constrains on $g_{a\gamma\gamma}$ for certain axion-like DM models

The Procedure in 3 steps:

We need to calculate the energy density in stars that can decay into photons and then track the evolution of the free electron fraction. We do this by:

1) Using the a given Core-Halo mass relation $M_c \propto M_h^{\alpha}$, $\alpha \in 1/3 - 3/5$

2) Obtaining the number density of halos via the Sheth-Tormen Halo Mass Function and also calculating the axion star merging rate using the extended Press-Schechter formalism

3) We then solve the temperature evolution equations to find the reionization history of the Universe and contrast it against Planck CMB observations on $\tau_{\rm reio}$



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Resulting Constraints



Caveat: Quartic Coupling

Self-interactions can be important in the very dense environment of an axion star. For attractive self-interactions, the effect is to collapse the star and explode in the form of axions: a Bosenova

This happens at a mass:

Axions with a cosine potential imply:



This means that our bounds will only apply for scenarios with suppressed quartic interactions or with enhanced $g_{a\gamma\gamma}$ couplings

Farina, Pappadopulo, Rompineve & Tesi 1611.09855 See e.g.: Sokolov & Ringwald, 2205.02605 di Luzio, Gavela, Quilez & Ringwald 2102.00012 & 2102.01082

Constraining axion star explosions into axions is more difficult, but see: Xiao 2302.00685

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Summary and Conclusions

In ALP cosmologies there should be a large number of axion stars in the Universe and they represent a non-negligible contribution of the energy density in dark matter

We provide the machinery to calculate it

https://github.com/Xiaolong-Du/Merger_Rate_of_Axion_Stars

- These axion stars can be dense enough to decay into photons due to parametric resonance
- Axion stars are formed during the dark ages and their decays into radio photons can lead to heating and subsequent reionization which is strongly constrained by Planck CMB observations as long as $f_{\rm DM}\gtrsim 10^{-9}$ of the DM is converted into heat
- *Note that these constraints only apply to axion-like particles with enhanced $g_{a\gamma\gamma}$ couplings or reduced quartic couplings

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Outlook: Core-Halo Mass Relation

Our constraints are strongly dependent upon what is the mass of an axion star in a given halo. This is an open issue and further numerical analyses are required in order to draw definite statements.



However, we have studied the effect of diversity and find that the middle case is the one realizing it better!

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Outlook: 21 cm Cosmology

The next generation of experiments targeting the 21 cm line of neutral Hydrogen are expected to test couplings that are orders of magnitude smaller than those currently excluded by Planck



The reason is simply because 21cm measurements are directly sensitive to the thermal state of the IGM gas!

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Thank You

Questions, Comments and Criticism are most welcome



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