### Nuclear physics with neutron stars: Transients and non-transient phenomena



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### **History**

### From the neutron to neutron stars

- Prediction of the neutron (Rutherford, 1920)
- Suggestion of stars as "one giant nucleus" (Landau, 1932)
- Discovery of the neutron (Chadwick, 1932)
- 1st description of dense nuclear matter (Sterne, 1933)
- Predictions of neutron stars (Baade and Zwicky, 1934)

happenings in a super-nova now confronts us. With all reserve we advance the view that a super-nova represents the transition of an ordinary star into a *neutron star*, consisting mainly of neutrons. Such a star may possess a very small radius and an extremely high density. As neutrons Baade and Zwicky, 1934

◆ 1st density estimations: 10<sup>12</sup> – 10<sup>15</sup> g/cm<sup>3</sup> (Hund, 1936)

### History From theory to observations

- Equation of relativistic stellar structure
  - Tolman, 1939; Oppenheimer and Volkoff, 1939
- Development of the theory on the Strong force
  - Yukawa, 1935; Skyrme, 1959; Cameron, 1959
- More physics inside neutron stars
   Superfluidity, Hyperons, Quarks
- ◆ Discovery of pulsars in 1967 by J. Bell
  - ~1.337 sec periodicity
- First observation of a neutron star actually precedes the discovery of pulsars (in 1962)



# Neutron stars are the remnants of the core-collapse of massive stars.





Cassiopeia A X-ray image Credits: NASA CXO Crab Nebula Composite X-ray+IR+Opt Credits: NASA CXC / ESA / JPL

### All pulsars are neutron stars, but not all neutron stars are pulsars!



$$\begin{array}{ll} R_{NS} \ \sim \ 10 - 15 \ km \\ M_{NS} \ \sim \ 1.0 - 2.0 \ M_{\odot} \\ B \ \ \sim \ 10^8 - 10^{15} \ G \\ P_{spin} \ \sim \ 0.001 \ - \ 10 \ sec \end{array}$$



#### A variety of pulsations mechanisms at different wavelengths can be observed in pulsars



# Neutron stars come in a variety of flavours, with different properties and observational signatures.



Question: Where would neutron stars be on the HR diagram?





## Neutron stars provide tests of nuclear physics that are out of reach from experiments and calculations.



### In the outer layers of neutron stars, the physics is relatively understood.



## The internal structure of neutron stars is still unknown and numerous theories are proposed.



### Dense nuclear matter is described by an equation of state $P(\rho)$ . But what is it?



# To get $M_{NS}(R_{NS})$ from $P(\rho)$ , one must solve the equations of stellar structure.

relativistic corrections

Hydrostatic equilibrium

$$\frac{dP}{dr} = -G\frac{\rho(r)M(r)}{r^2} \left(1 + \frac{P(r)}{\rho(r)}\right) \left(1 + \frac{4\pi r^3 P(r)}{M(r)}\right) \left(1 - \frac{2GM(r)}{r}\right)^{-1}$$

Mass continuity

 $\frac{dM}{dr} = 4\pi r^2 \rho(r)$ 

Tolman-Oppenheimer-Volkoff equations

J. Lattimer, 2012



# To determine the equation of state $P(\rho)$ , one needs to measure $M_{NS}$ and/or $R_{NS}$ .



## The dense matter equation of state is a key question of fundamental physics and astrophysics







## A brief outline

- 1. Generalities on measurements of masses M<sub>NS</sub> and radii R<sub>NS</sub>
- 2. Measurements of M<sub>NS</sub> and R<sub>NS</sub>:
  - A. with transient phenomena (surface explosions, i.e., X-ray bursts)
  - **B.** with non-transient neutron stars
- 3. Measurement of M<sub>NS</sub> and R<sub>NS</sub> with gravitational waves
- 4. Combining observations to understand dense matter

### PART 1 Generalities on M<sub>NS</sub> and R<sub>NS</sub> measurements



## Measuring with precision the radius from surface thermal emission is rather difficult.

To measure the radius, we need to:
observe the surface thermal emission,
correctly model this emission,
know the distance independently.







Measuring  $M_{NS}$  and/or  $R_{NS}$  requires understanding the observational properties. Not all classes of neutron stars are useful for this purpose.



The emission from the entire surface needs to be visible Measuring  $M_{NS}$  and/or  $R_{NS}$  requires understanding the observational properties. Not all classes of neutron stars are useful for this purpose.



## Because of gravitational redshift, the radius is degenerate with the mass.

$$R_{\infty} = R_{\rm NS} \left( 1 + z \right) = R_{\rm NS} \left( 1 - \frac{2GM_{\rm NS}}{R_{\rm NS} \ c^2} \right)^{-1/2}$$



## PART 2A Measuring M<sub>NS</sub> and R<sub>NS</sub> with transient phenomena



Low-Mass X-ray binaries (LMXB)

# Matter accumulates in the disk via Roche lobe overflow



#### See talk by J. Wilms



### Accretion outbursts can last from a few days to several months, with recurrence of a few months or decades



#### Some LMXBs exhibiting thermonuclear bursts bright enough to push the neutron star photosphere out.



 $L_{\rm Edd} = \frac{4\pi G c M_{\rm NS}}{\kappa}$ 

Balance between gravity  $F_g = -m_p \frac{GM}{r^2}$ 

and radiation pressure  $F_{rad} = +\frac{\sigma_T}{c} \frac{L}{4\pi r^2}$ 



#### The peak flux correspond to the Eddington flux, and the cooling tail gives the size of the emitting area.



## Different analysis method and LMXB spectral states result in different constraints.



Özel et al. 2016

Suleimanov et al. 2011

### A lot of uncertainties remain and make the measurements poorly constrained.

$$F_{\rm Edd,\infty} = \frac{GcM_{\rm NS}}{\kappa D^2} \frac{1}{(1+z)}$$
$$A_{\infty} = \frac{R^2}{f_{\rm c}^4 D^2} (1+z)^2$$

#### **Sources of uncertainty:**

- + Distance
- Atmospheric composition (via k)
- + Atmospheric modelling (via  $f_c$  )
- + Effects of the spectral state



### **Recent developments in the field of Type I** X-ray bursts ?

1. A new method

## The direct spectral fits with realistic models during the burst evolution avoids using color-correction factors.



## Burst from 4U 1702–429



Nattila et al. 2017

## Recent developments in the field of Type I X-ray bursts ?

- 1. A new method
- 2. A new instrument

# The observation of type I X-ray bursts with NICER shows the whole burst evolution in the soft X-ray band.



In the RXTE band, the drop in flux comes from the temperature drop as the photosphere expands. With its 0.3–10 keV range, NICER sees the full evolution

#### **Recent developments in the field of Type I** X-ray bursts ?

- 1. A new method
- 2. A new instrument
- 3. A new problem

#### But NICER observations of type I X-ray burst also showed the presence of a <u>un-modelled excess at</u> <u>low energies</u>.



*Keek et al.* 2018 *Güver et al.* 2021, 2022
### PART 2B Measuring M<sub>NS</sub> and R<sub>NS</sub> with non-transient neutron stars



## Millisecond pulsars offer a very different method to measure the radius.



#### Millisecond pulsar exhibits hot thermal emission originating from the surface at the magnetic poles





#### Credits: S. Morsink

# Strong gravity permits seeing beyond the hemisphere of the neutron star.



Credits: S. Morsink

## Strong gravity permits seeing beyond the hemisphere of the neutron star.



Same neutron star, with the same physical mass and radius

### ... but this also depends on the system geometry.



## The modelling of the light curve requires a relativistic ray-tracing model.



### The surface thermal emission is modelled with a NS atmosphere, not a black body.



$$F = \left(\frac{R_{\infty}}{D}\right)^2 \sigma T_{\rm eff}^4$$

Blackbody and NS atmosphere generate different pulse profile shapes



Bogdanov et al. (2007)

#### The surface patterns (shape, size, etc.) of the hot spots must also be modelled.



# Since June 2017, NICER has been used to perform (almost) exclusively the observations needed for this technique.

#### **Neutron Star Interior Composition ExploreR**







Credits: NASA/NICER

# NICER is NASA's X-ray photon counting machine.



#### NICER now routinely observes a few key target millisecond pulsars to give us unprecedented signal-to-noise data.



#### Before *NICER* 100 ksec

With *NICER* 2000 ksec

Bogdanov, Guillot et al. 2019

# How do we go know the phases of each X-ray photon ?

#### **Pulsar timing**

The art of accounting for accounting for every rotation of a pulsar over the years

Model

prediction

Obs 3





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Model









## NICER observations provide the pulsed information in phase-energy space.









NS properties inference (Likelihood statistical sampling)



Mass, Radius, EOS



### The simplest model shows clear residuals between the model and the data.

#### <u>ST+ST</u> Single Temperature + Single Temperature



*Riley, ..., SG et al. (2019)* 



## The preferred model consist in a small circular spot and an elongated crescent.

**Single Temperature + Protruding Single Temp.** 



# In addition to the unexpected geometry, we also constrain M and R.



# $R = 12.7 \pm 1.2 \text{ km}$ $M = 1.34 \pm 0.16 \text{ Msun}$

*Riley, ..., SG et al.* (2019) *See also Miller, ..., SG et al.* (2019)

## Another pulsar is well described by the simplest model (two circular spots)





Riley, ..., SG et al. (2021)





# The M-R constraints from PSR J0740+6620 are useful thanks to its independently measured high mass.



# The NICER Science Team published the results for two pulsars.



#### Two independent analyses for each target

- ◆ <u>PSR J0030+0451</u>
  - Riley et al. 2019
  - Miller et al. 2019 (not shown on figure)
- ► <u>PSR J0740+6620</u>
  - Riley et al. 2021
  - Miller et al. 2021 (not shown on figure)

See also a third independent re-analysis of PSR J0030+0451 by Afle et al. 2023 finding results consistent with Riley et al. 2019

#### Part 2B - conclusion

### NICER observations provided precise radius measurements for **two millisecond pulsars**

We have more data sets to analyse.



Target	Total time
PSR J1231	2.9 Msec
PSR J0437	2.6 Msec
PSR J2124	1.9 Msec
PSR J0614	1.1 Msec
<b>PSR J1614</b>	1.0 Msec





### PART 3

#### Measuring M<sub>NS</sub> and R<sub>NS</sub> with NS-NS mergers



### Gravitation wave detections permit measuring the masses of the two merging objects.

#### Masses in the Stellar Graveyard



LIGO Collaboration

### The chirp mass is measured from the gravitational wave signal of a compact objects merger.



### In addition to the masses, the GW signals hides information about the tidal deformability.



### The tidal deformability can results on constraints on the NS radius, but watch out...



### The EM signal can also provide information on dense matter (together with the binary mass)

- <u>Assumption</u>: if EM emission —> delayed or no collapse
- Binary mass is a lower limit on M<sub>thres</sub> for direct BH

 $M_{\rm thres} > M_{\rm tot}^{\rm GW170817} = 2.74^{+0.04}_{-0.01} M_{\odot}$ 

Hydrodynamical simulations of mergers

$$M_{\text{thres}} = \left(-3.606 \frac{GM_{\text{max}}}{c^2 R_{1.6}} + 2.38\right) \cdot M_{\text{max}}$$
Bauswein et al. 2013

3.0 GW170817 3.2-GW170817  $R_{1.6} = 12 \text{ km}$  $2.5 - \frac{\text{excluded}}{\text{ed}}$  $M_{\mathrm{thres}} \begin{bmatrix} M_{\odot} \end{bmatrix}$  $\begin{bmatrix} \odot 2.0 \\ M \end{bmatrix} 1.5$  $R_{1.6} = 11 \text{ km}$ excluded  $M_{\rm tot} = 2.74^{+0.04}_{-0.01} M_{\odot}$  $R_{1.6} = 10.3 \text{ km}$ 1.0 $R_{1.6} = 10 \text{ km}$ 2.6 0.5 2.0 2.22.4 2.612 14 2.810 16 8  $M_{\rm max} \left[ M_{\odot} \right]$  $R \, [\mathrm{km}]$ Bauswein et al. 2018

#### The post-merger GW signal of NS-NS mergers contains "more" info on dense matter.

#### **GW frequency spectrum and equation of state**



Takami et al. 2014
#### Part 3 - conclusion

Future NS-NS mergers will give us a new way to study dense matter







### PART 4

### Combining observations to understand dense matter



#### The NICER results for these two pulsars bring some additional constraints on equation of state models.

<u>PSR J0030+0451</u> brings little additional information on EoSs parametrization (polytropes)

••••••• Nucl. Phys. + GW170817

+ **PSR J0030** 







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•••••• Nucl. Phys. + GW170817





#### PSR J0740+6620 adds some improvement on the EoSs models, thanks to its high mass.

---- + mass of PSR J0740



# Different approaches use different ways to model the equation of state.

Miller et al. (2019)

Gaussian processes approach for EOS modelling

Landry & Essick (2019)



# Different approaches use different ways to model the equation of state.

Dinh Thi et al. (2021)



<u>of the EOS</u> Margueron et al. (2018)

**Meta-modelling** 

Taylor expansion of the energy density around the saturation density There are several other methods to measure  $M_{NS}$ ,  $R_{NS}$ , or  $\Lambda_{NS}$ , and still a long way to determine the EoS of dense matter.







### PART 5 Measuring neutron star masses



### Radio timing of pulsars in binary systems permits measurements of orbital parameters.



# The orbital parameters give us some information, but not all!

- Orbital period Porb
- ◆ Eccentricity e
- Semi-major axis and inclination a sin(i)
- The orientation of the orbit  $T_0$ ,  $\omega_0$



Mass function relates the masses to measured parameters

$$f = rac{M_2^3 \sin^3 i}{(M_1 + M_2)^2} = rac{P_{
m orb} \ K^3}{2\pi G}$$

#### Long term monitoring of binary pulsars results in precise determination of "post-Keplerian" parameters



### The PK parameters are dependent on the Keplerian parameters and the masses M<sub>1</sub> and M<sub>2</sub>.

 $r = T_{\odot}M_2$ 

$$\dot{\omega} = 3 \left(\frac{P_b}{2\pi}\right)^{-5/3} \left(T_{\odot} M_{\text{tot}}\right)^{2/3} \left(1 - e^2\right)^{-1}$$



$\gamma = e \left(\frac{P_b}{2\pi}\right)^{1/3} T_{\odot}^{2/3} M_{\text{tot}}^{-4/3} M_2 \left(M_1 + 2M_2\right)^{1/3}$	(2)
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$$\dot{P}_b = -\frac{192\pi}{5} \left(\frac{P_b}{2\pi}\right)^{-5/3} \left(1 + \frac{73}{24}e^2 + \frac{37}{96}e^4\right) \left(1 - e^2\right)^{-7/2} T_{\odot}^{5/3} M_1 M_2 M_{\text{tot}}^{-1/3}$$

with 
$$T_{\odot} = \frac{GM_{\odot}}{c^3}$$

$$s = x \left(\frac{P_b}{2\pi}\right)^{-2/3} T_{\odot}^{-1/3} M_{\text{tot}}^{2/3} M_2^{-1}$$

Shapiro Delay

#### Long term monitoring of binary pulsars results in precise determination of "post-Keplerian" parameters



Double-NS system PSR B1913+16 Best  $M_{NS}$  measurement  $M_{PSR} = 1.4414 \pm 0.0002 M_{\odot}$ 

Weisberg et al. 2005

# Measuring more than two PK parameters provides tests of General Relativity!



Double NS system PSR B1913+16

## The most precise mass measurement for a pulsar is not constraining enough. Why ?



Double-NS system PSR B1913+16 Best  $M_{NS}$  measurement  $M_{PSR} = 1.4414 \pm 0.0002 M_{\odot}$ 

Weisberg et al. 2005

# Many measurements of the mass M<sub>NS</sub> exist, but only high-M<sub>NS</sub> are useful.



### Part 5 - conclusion

Neutron star mass measurements are the most precise from double neutron star systems.

Only the neutron star masses higher than all previously known masses are useful to constrain dense matter





# 1) The moment of inertia of neutron stars is difficult to measure.



Highly relativistic binary NS system can exhibit the effects of spin-orbit coupling, which depends on the NS moment of inertia.



### 2) Neutron stars would break appart if they spin too fast. This constrains the matter inside them.

The maximum spin of a NS is determined by the Keplerian frequency at the equator



The fastest spinning known neutron star

#### 3) The dynamics of the accretion disk around a compact object broadens disk lines and gives us the inner extent of an accretion disk





Newtonian

Sp. relativity Transverse Doppler shift

Beaming

Gen. relativity Gravitational redshift

Line profile of the full disk

### We used a physically-driven, parameterisation of the equation of state is preferable.



Margueron et al. 2018 Baillot d'Etivaux, SG et al. 2019