

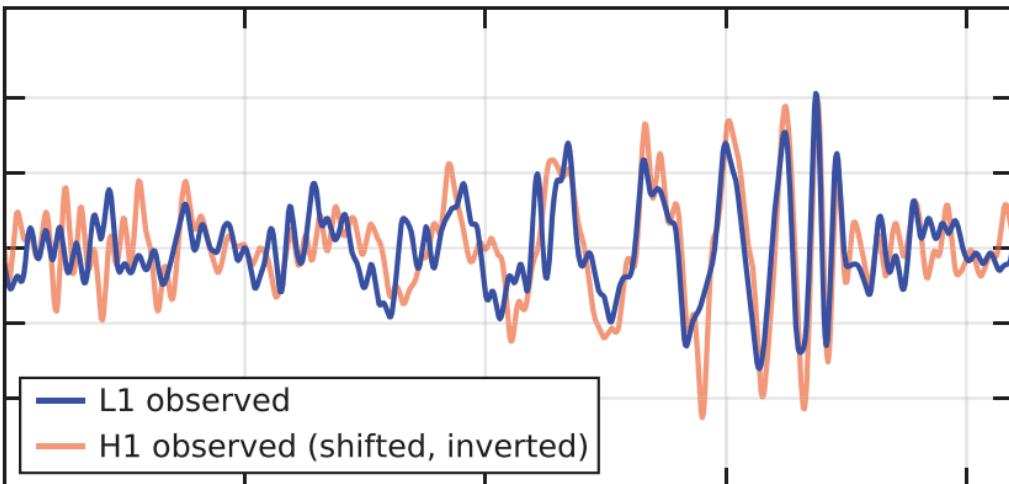
Searching for ultralight bosons with black holes and gravitational waves

Richard Brito

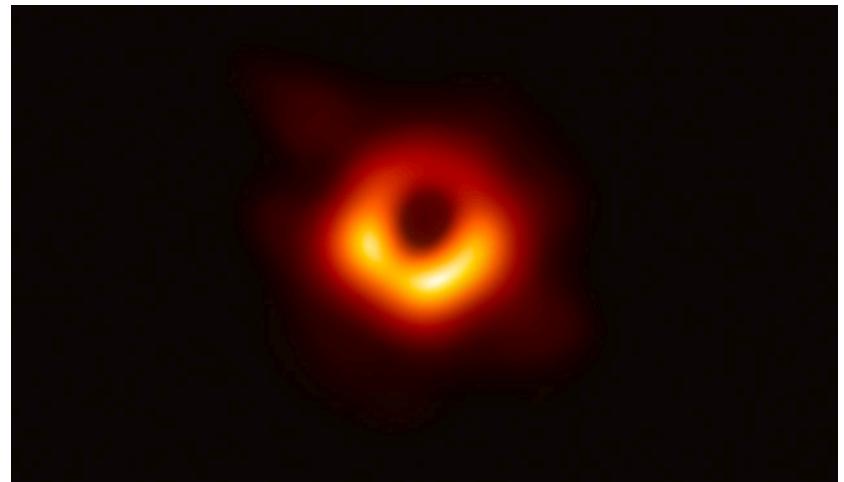
CENTRA

Instituto Superior Técnico, Universidade de Lisboa

A new golden age for gravitation



Credit: (LIGO Scientific Collaboration and Virgo Collaboration),
Phys. Rev. Lett. 116, 061102

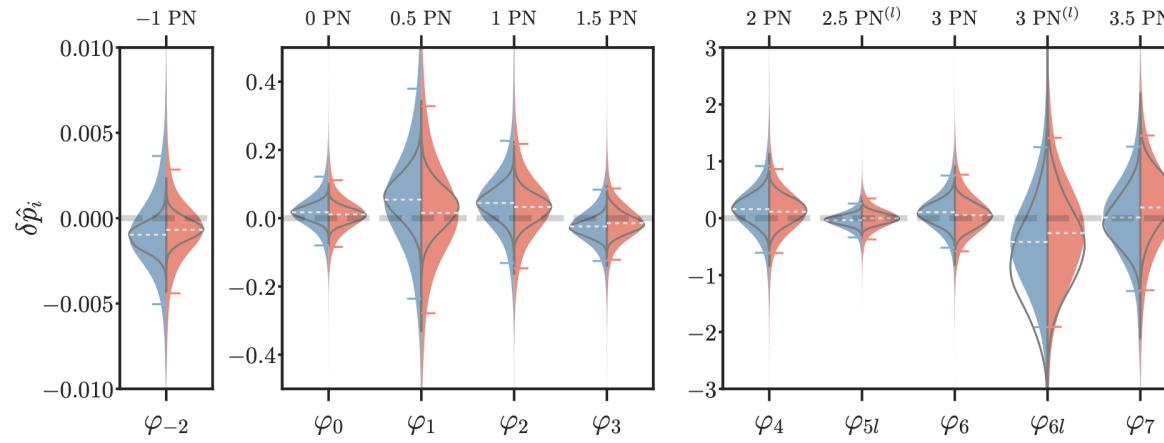


Credit: Event Horizon Telescope collaboration

- ❖ A wealth of data, from **gravitational waves** to **EHT observations**, is opening new doors for potential discoveries in regimes completely unexplored up to very recently.
- ❖ In the coming years, especially with **LISA** and **third generation gravitational-wave** detectors we will be doing “**precision** gravitational-wave physics” and we will likely be doing **data-driven science**.
- ❖ Plenty of room for **unexpected** discoveries.

Fundamental Physics with BHs and GWs

Tests of gravity

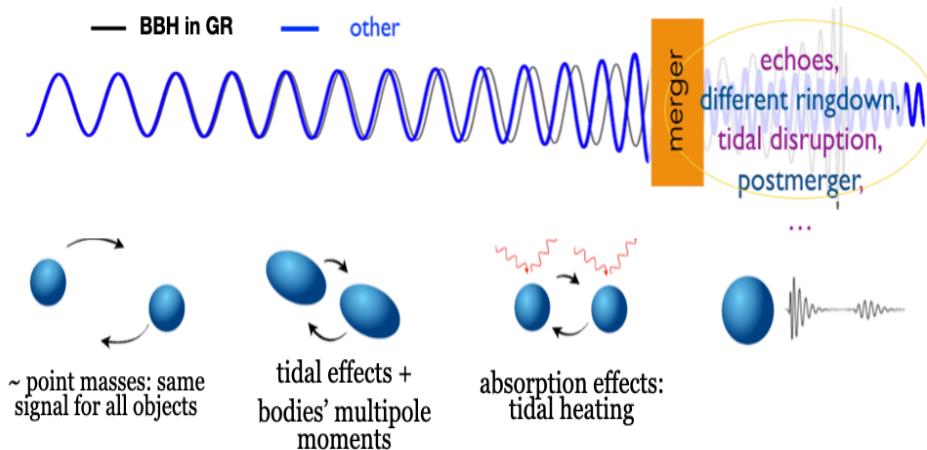


From: LVC, Phys. Rev. D103,122001 (2021)

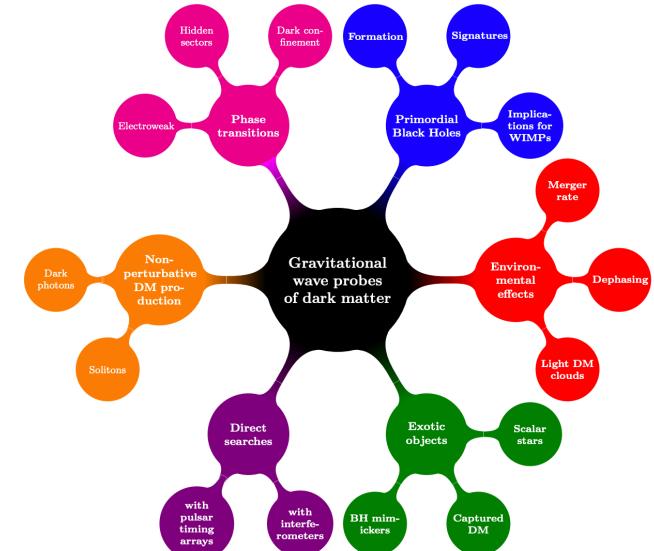
This talk

Tests of compact objects

Credit: Paolo Pani (concept by T. Hinderer and A. Maselli)

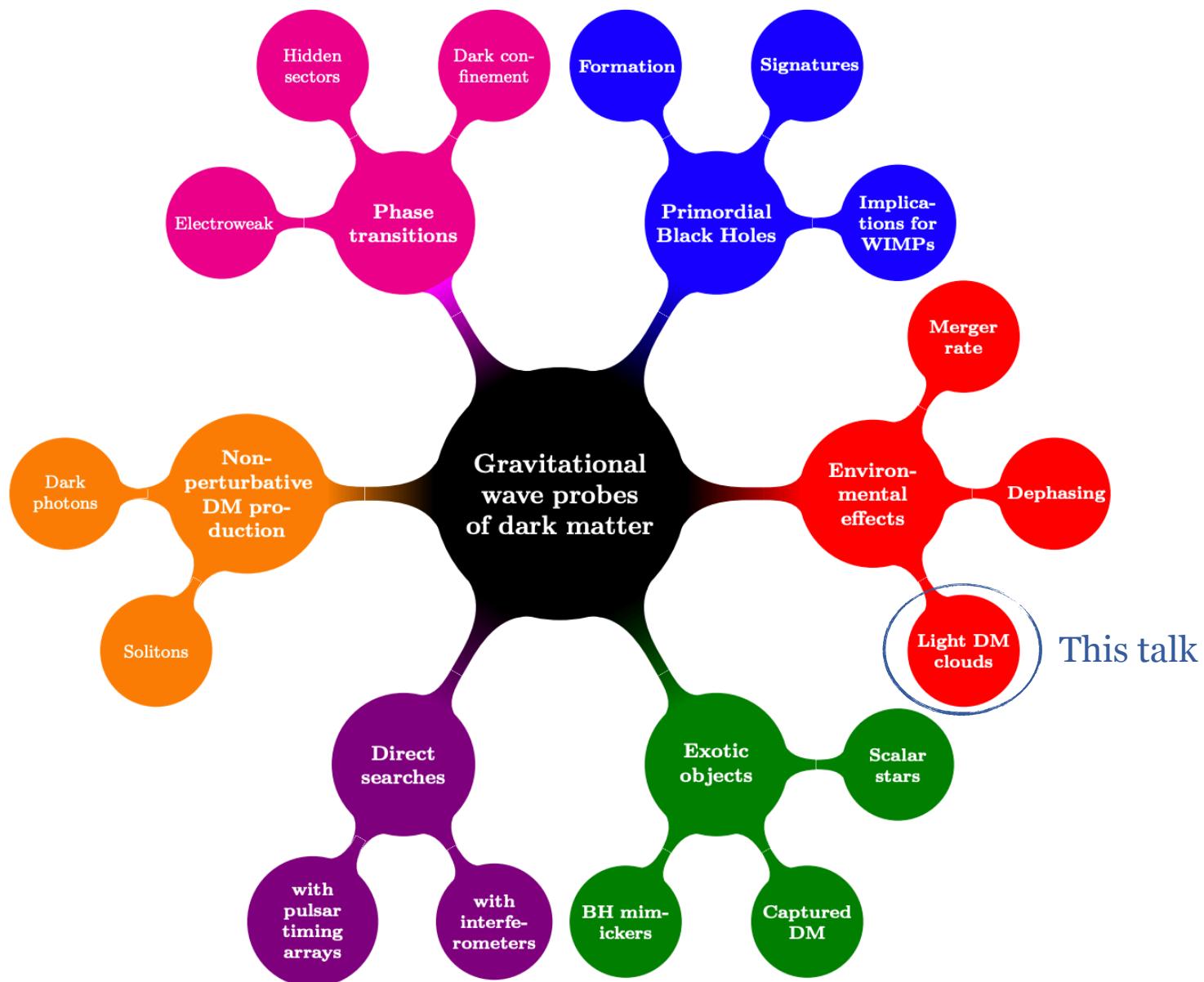


Searches for dark matter & new fields



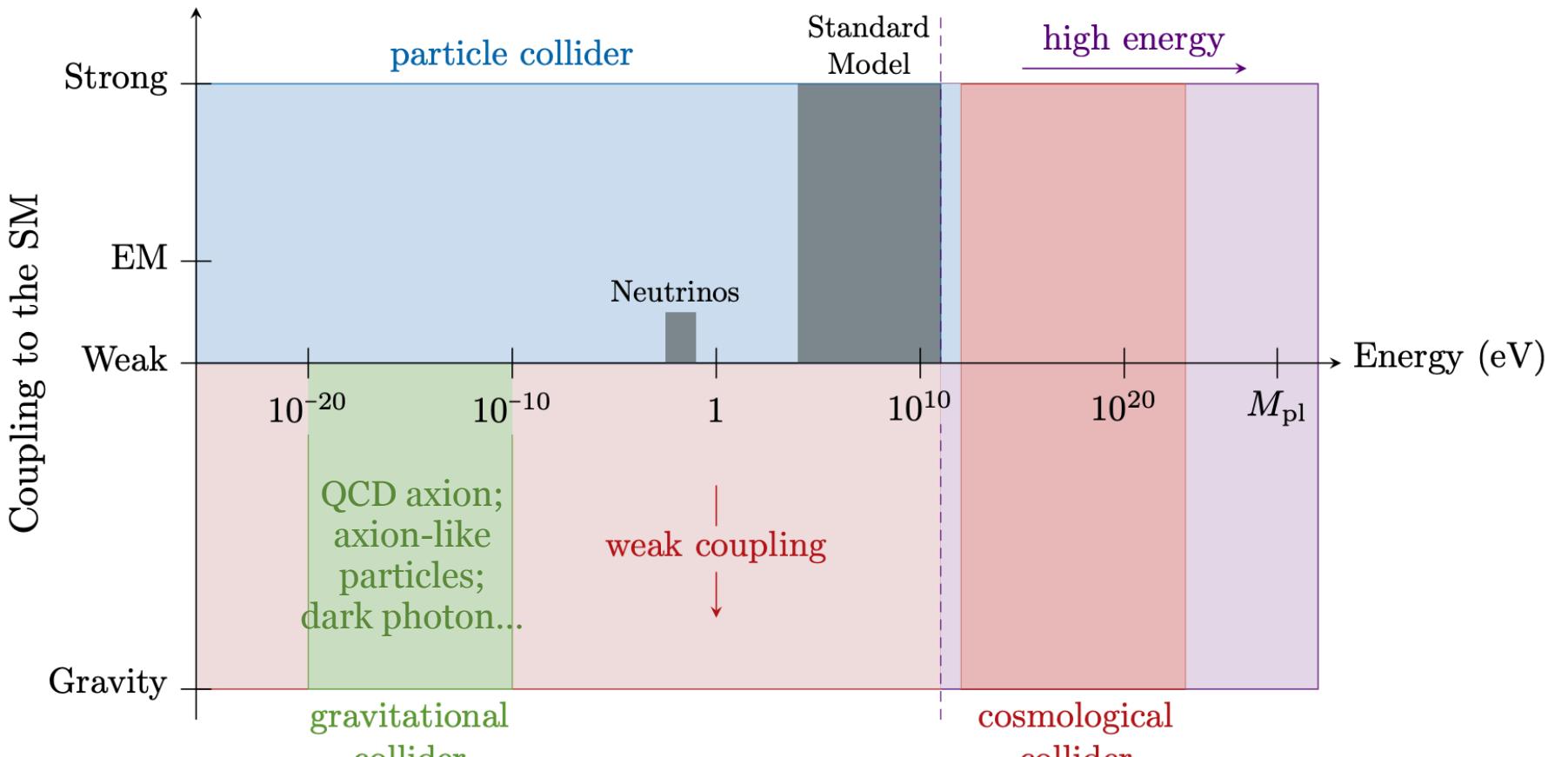
From: Bertone *et al*, arXiv: 1907.10610

Gravitational wave probes of dark matter



From: Bertone *et al*, arXiv: 1907.10610

Ultralight bosons



Adapted from: Baumann et al '20, PRD101, 083019

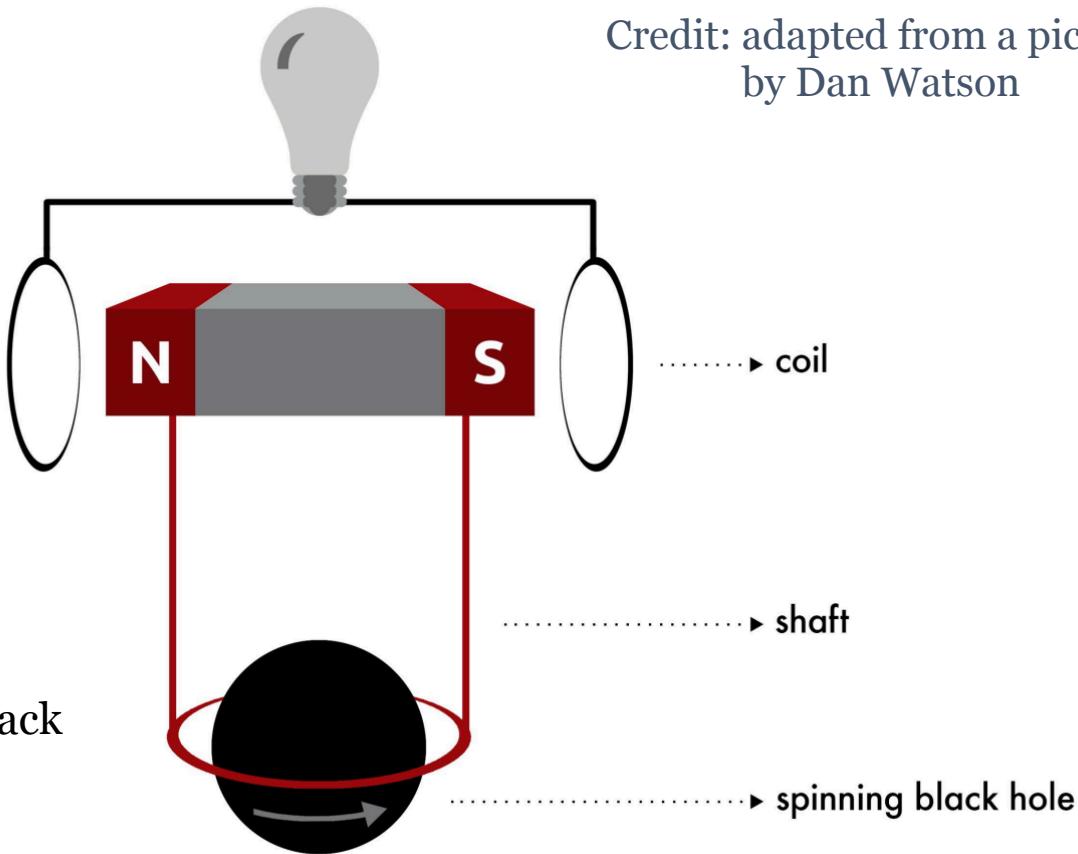
Bosons with masses $\sim 10^{-20}$ eV – 10^{-11} eV have Compton wavelengths as large as the size of **astrophysical black holes** ranging from $10M_\odot$ – $10^{10}M_\odot$.

Extracting energy from a spinning black hole

Credit: adapted from a picture
by Dan Watson

Rods turn magnet over
generating electric current

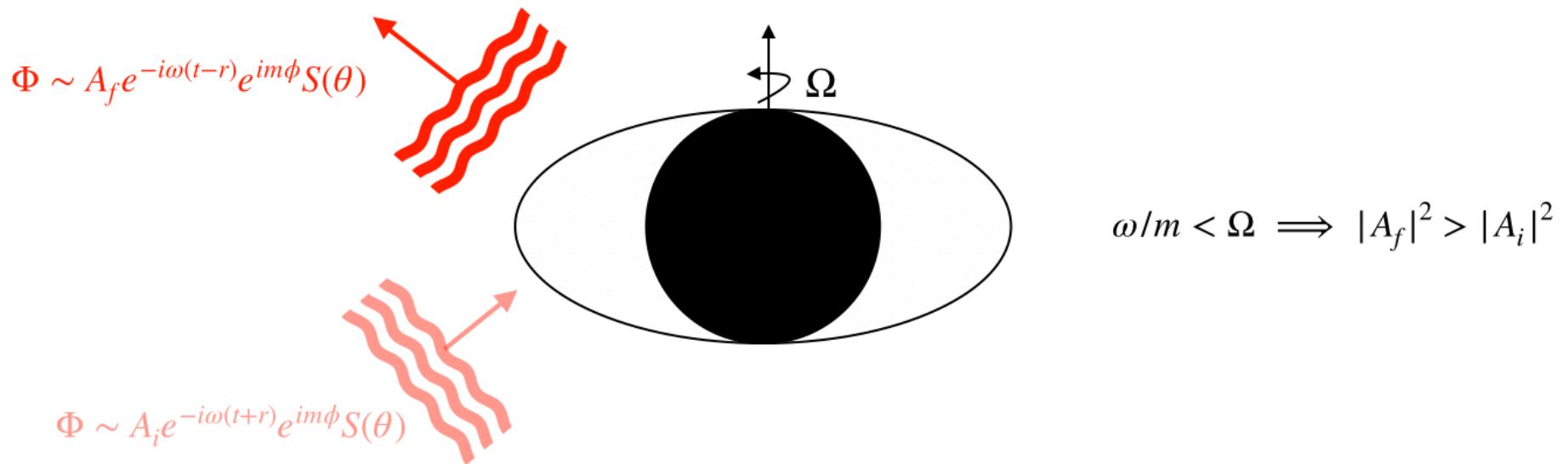
Ends of shaft placed in the
ergoregion of the spinning black
hole, where it is **forced to co-**
rotate with the black hole.



Rotational energy can be extracted from
spinning black holes, e.g. Penrose process,
Blandford-Znajek process & **superradiance**

Black hole superradiance

Zel'dovich, '71; Misner '72; Press and Teukolsky ,72-74;
Review: RB, Cardoso & Pani "Superradiance" Lect. Notes Phys. 971 (2020), 2nd ed.



Superradiant scattering of
classical **bosonic** waves

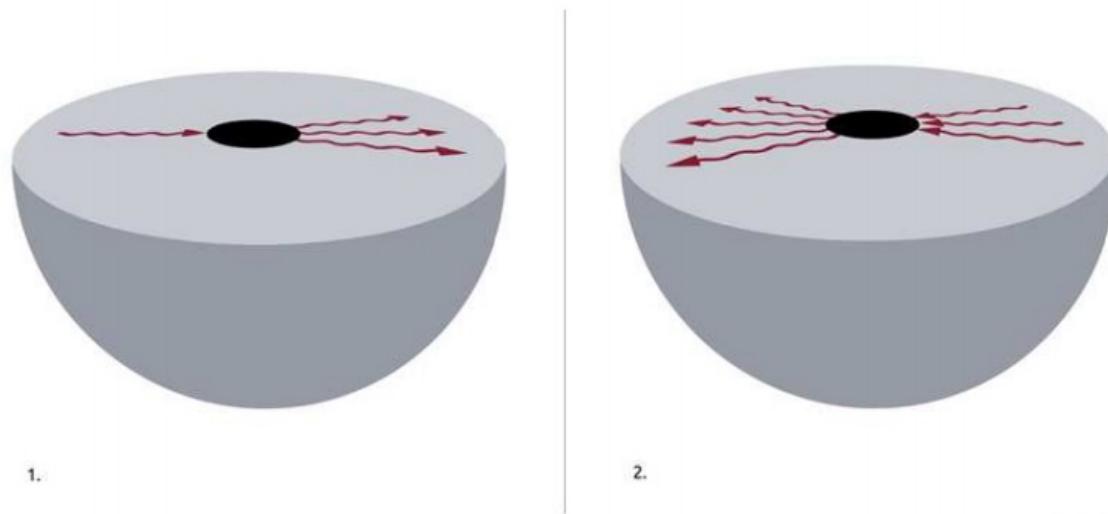


Extraction of energy and angular
momentum from the black hole

Black-hole bombs

Press & Teukolsky, '72; Cardoso *et al* '04

Confinement + Superradiance \longrightarrow Superradiant instability



© A.S./DyBHo

Spinning black holes surrounded by a reflecting mirror are **unstable** against bosonic radiation with frequency:

$$\omega/m < \Omega_H$$

Massive bosonic fields around spinning BHs

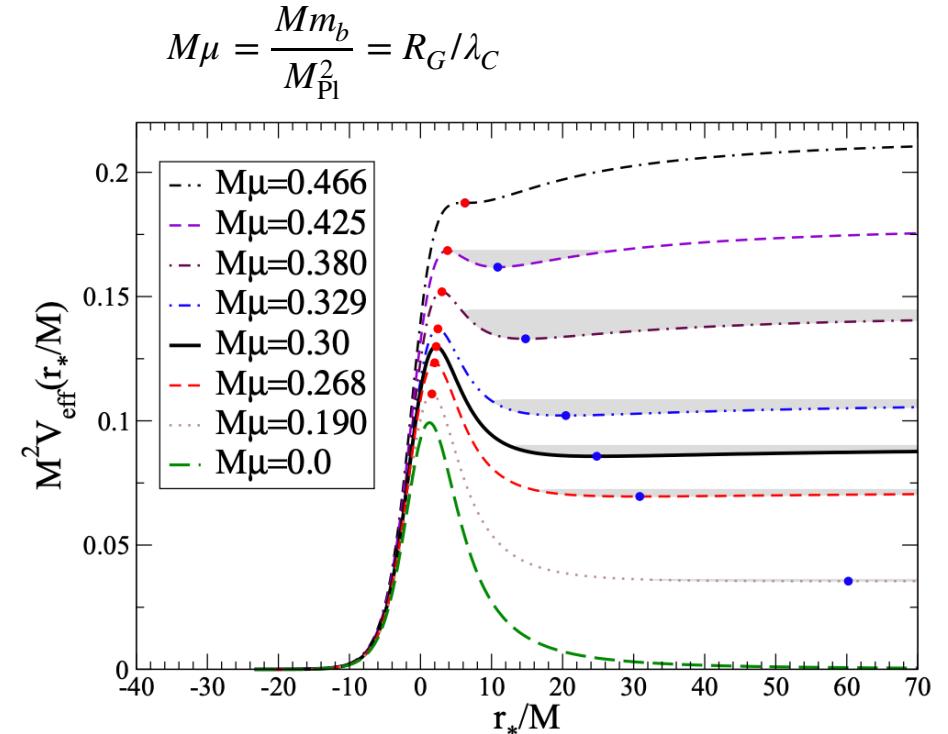
Damour '76; Gaina '78; Zouros & Eardley '79; Detweiler '80; Dolan '07; Rosa & Dolan '12; Pani *et al* '12; RB, Cardoso & Pani '13; Baryakhtar, Lasenby & Teo '17; East '17; Cardoso *et al* '18; Frolov *et al* '18; Dolan '18; Baumann *et al* '19; RB, Grillo & Pani '20...

Massive bosonic fields naturally confine waves with frequency $\omega < \mu$.

$$\nabla_\mu \nabla^\mu \Phi = \mu^2 \Phi \quad (\mu \equiv m_b/\hbar)$$

$$\Phi = \Re \left(\frac{\Psi(r)}{r} S_{\ell m \omega}(\theta) e^{-i\omega t + im\varphi} \right)$$

$$\frac{d\Psi}{dr_*^2} + (\omega^2 - V_{\text{eff}})\Psi = 0, \quad V_{\text{eff}}(r \rightarrow \infty) = \mu^2$$



From: Barranco *et al*' 11, PRD84, 083008 (2011)

A (macroscopic) “**gravitational atom**” but with some big differences when compared to the hydrogen atom:

- i) **boundary conditions** at the horizon: horizon act as a dissipative membrane
- ii) **no Pauli exclusion principle** for bosons

Massive bosonic fields around spinning BHs

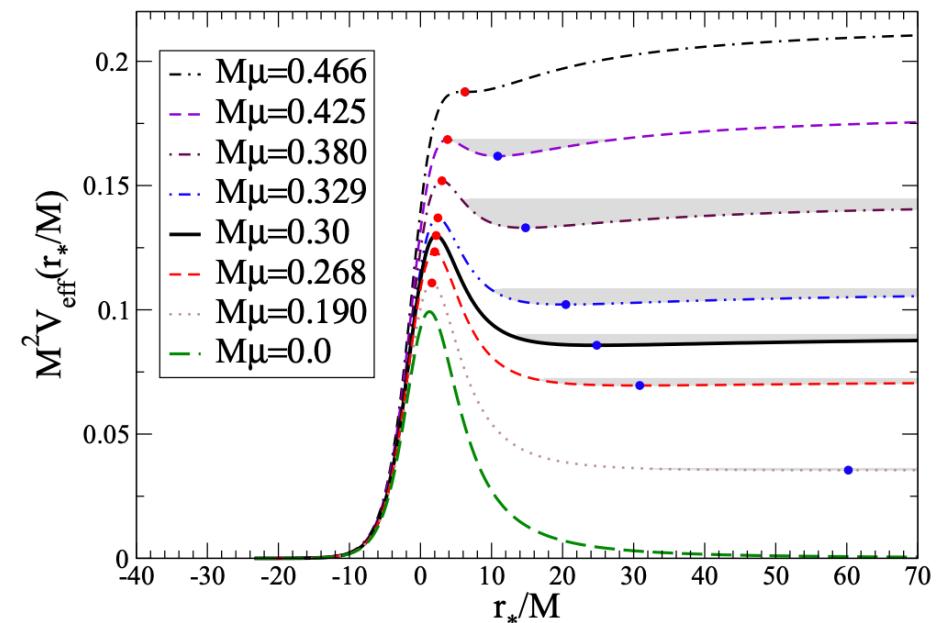
Damour '76; Gaina '78; Zouros & Eardley '79; Detweiler '80; Dolan '07; Rosa & Dolan '12; Pani *et al* '12; RB, Cardoso & Pani '13; Baryakhtar, Lasenby & Teo '17; East '17; Cardoso *et al* '18; Frolov *et al* '18; Dolan '18; Baumann *et al* '19; RB, Grillo & Pani '20...

Massive bosonic fields naturally confine waves with frequency $\omega < \mu$.

$$\nabla_\mu \nabla^\mu \Phi = \mu^2 \Phi \quad (\mu \equiv m_b/\hbar)$$

$$\Phi = \Re \left(\frac{\Psi(r)}{r} S_{\ell m \omega}(\theta) e^{-i\omega t + im\varphi} \right)$$

$$\frac{d\Psi}{dr_*^2} + (\omega^2 - V_{\text{eff}})\Psi = 0, \quad V_{\text{eff}}(r \rightarrow \infty) = \mu^2$$



From: Barranco *et al*' 11, PRD84, 083008 (2011)

$$\omega \equiv \omega_{nlm} + i\Gamma_{nlm}$$

$$\omega_{nlm} \simeq \mu \left(1 - \frac{\alpha^2}{2n^2} \right) + \Delta\omega_{nlm}$$

$$\Gamma_{nlm} = \frac{2r_+}{M} C_{nlm}(\alpha) (m\Omega_H - \omega) \alpha^{4\ell+5}$$

$$\alpha \equiv M\mu$$

Superradiant instability of massive bosonic fields

Damour '76; Gaina '78; Zouros & Eardley '79; Detweiler '80; Dolan '07; Rosa & Dolan '12; Pani *et al* '12; RB, Cardoso & Pani '13; Baryakhtar, Lasenby & Teo '17; East '17; Cardoso *et al* '18; Frolov *et al* '18; Dolan '18; Baumann *et al* '19; RB, Grillo & Pani '20...

Spinning black holes perturbed by massive bosons can become **unstable** on quite short timescales:

Scalar fields:
 $(\nabla_\mu \nabla^\mu \Phi = \mu^2 \Phi)$

$$\tau_{\text{inst}}^{\text{spin } 0} \approx 30 \text{ days} \left(\frac{M}{10 M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^9 \left(\frac{0.9}{\chi} \right)$$

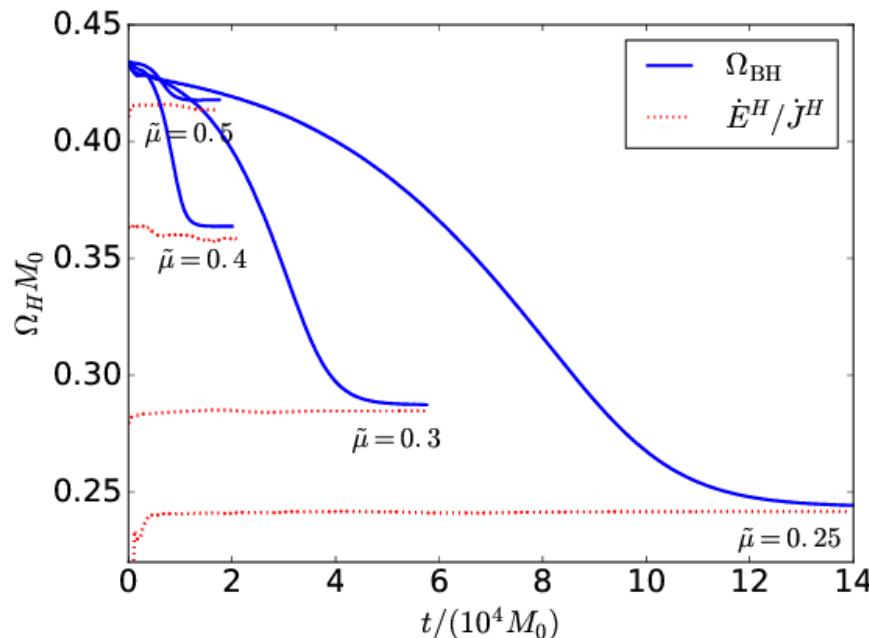
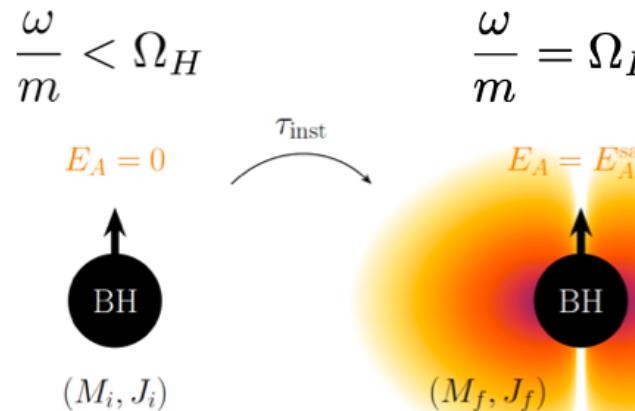
Vector fields:
 $(\nabla_\mu F^{\mu\nu} = \mu^2 A^\nu)$

$$\tau_{\text{inst}}^{\text{spin } 1} \approx 280 \text{ s} \left(\frac{M}{10 M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^7 \left(\frac{0.9}{\chi} \right)$$

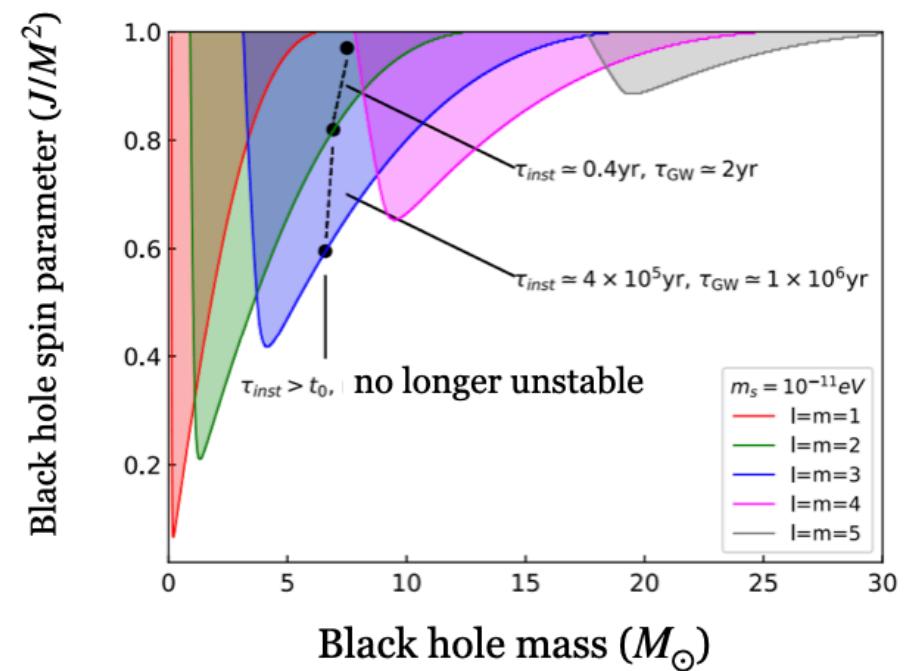
$$M\mu \sim 0.1 \left(\frac{M}{10 M_\odot} \right) \left(\frac{m_b c^2}{10^{-12} \text{eV}} \right) M_{\text{Pl}}^{-2}$$

Evolution of the superradiant instability

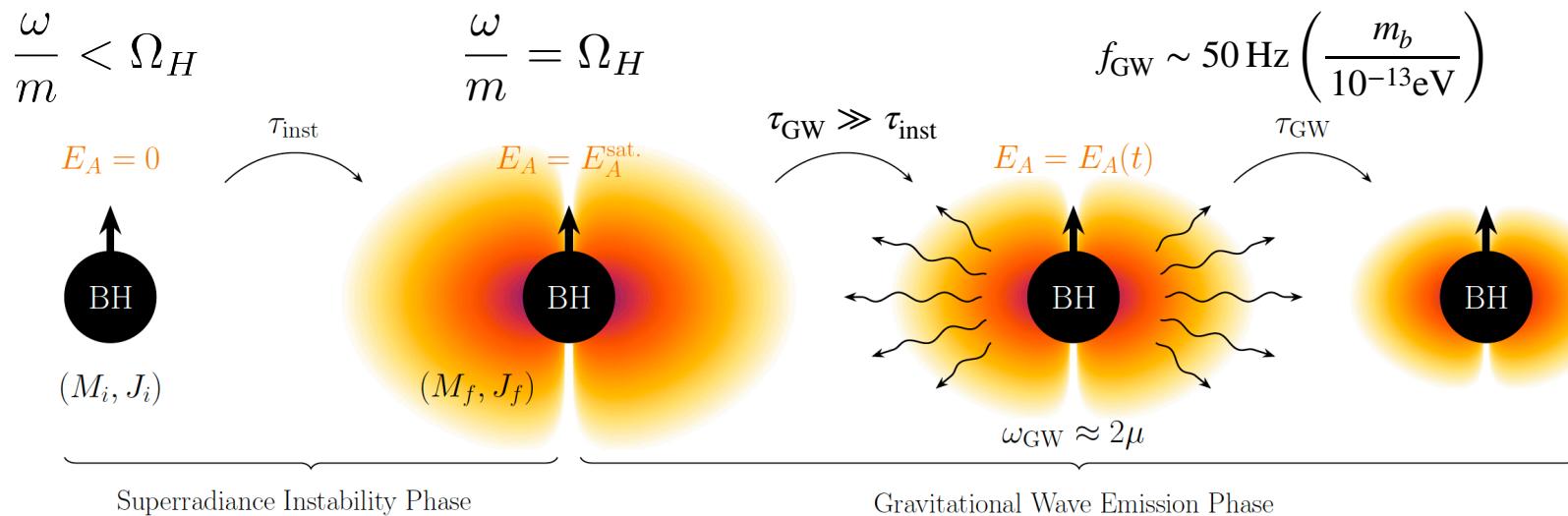
What happens to a spinning black hole if slightly perturbed by a massive boson field?



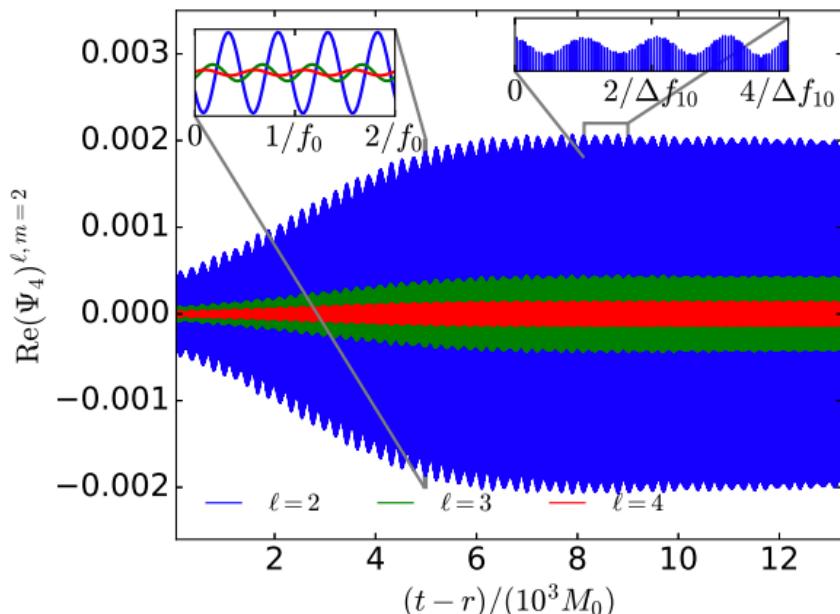
From: East, PRL121, 131104 (2018)



GW emission from the boson cloud



From: East, PRL121, 131104 (2018)



$$\dot{M}_{\text{cloud}} \approx -dE_{\text{GW}}/dt \implies M_{\text{cloud}} = \frac{M_{\text{cloud}}^{\text{sat.}}}{1 + t/\tau_{\text{GW}}} \quad \chi \equiv J/M^2$$

$$\tau_{\text{GW}}^{\text{spin } 0} \approx 10^5 \text{ yr} \left(\frac{M}{10 M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^{15} \left(\frac{0.5}{\chi_i - \chi_f} \right)$$

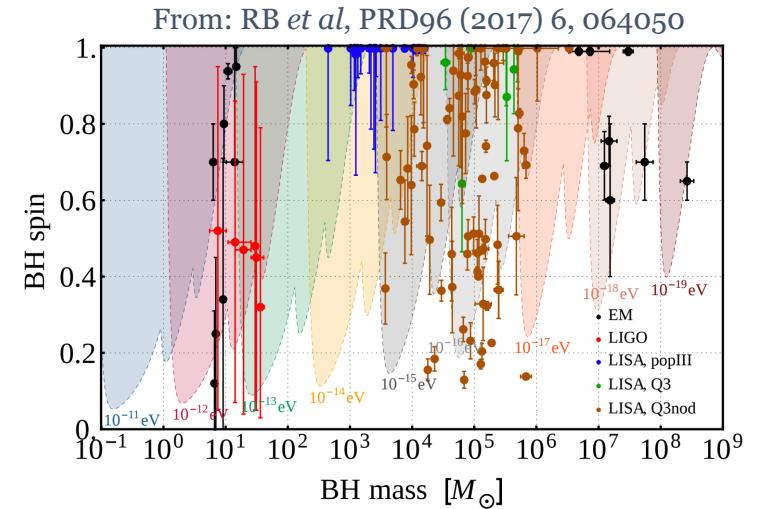
$$\tau_{\text{GW}}^{\text{spin } 1} \approx 2 \text{ days} \left(\frac{M}{10 M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^{11} \left(\frac{0.5}{\chi_i - \chi_f} \right)$$

scalars: Yoshino & Kodama '14; RB *et al* '17

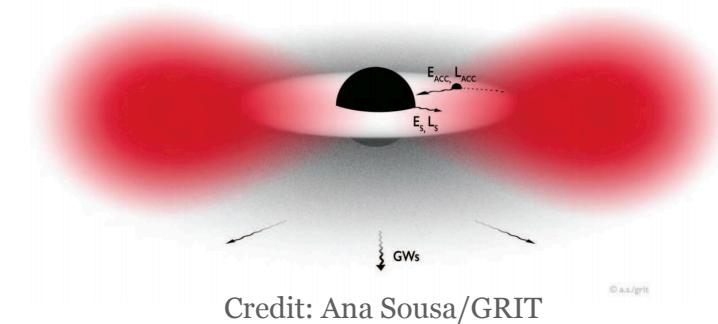
vectors: Baryakhtar *et al* '17; Siemonsen & East '20

Observables

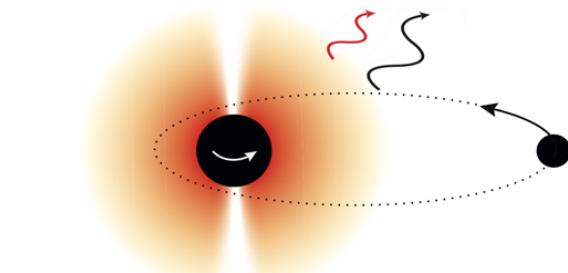
- ❖ Indirect constraints through **black hole mass & spin measurements**



- ❖ **Direct emission** of continuous gravitational waves from the boson cloud



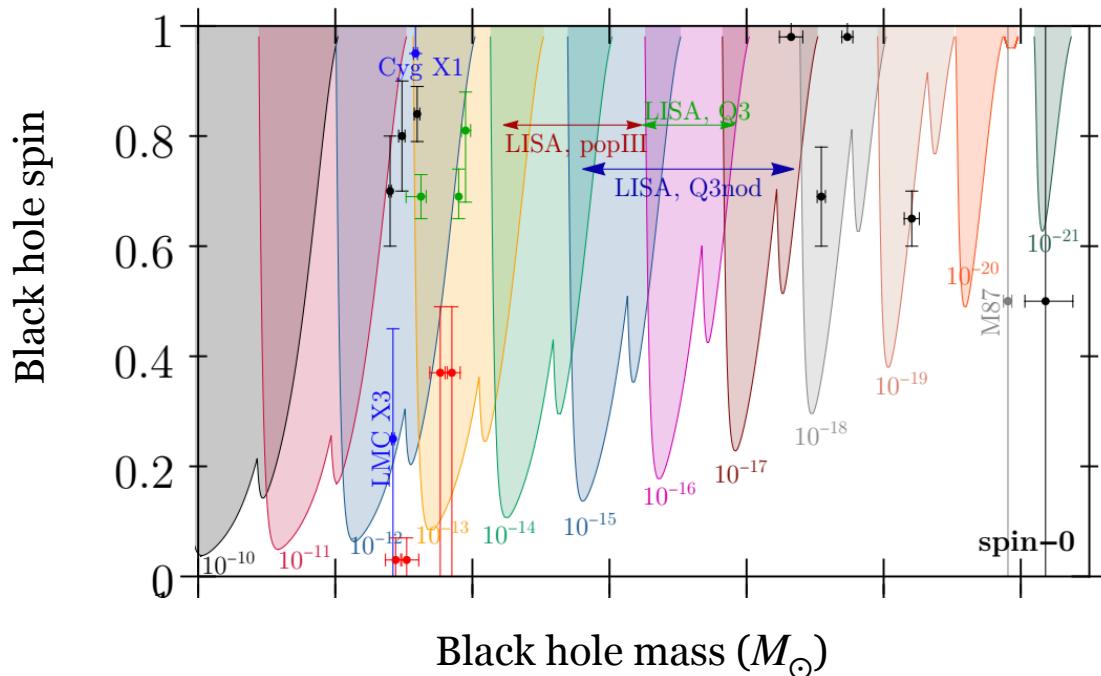
- ❖ Signatures in **binary systems**: cloud depletion, resonances, dynamical friction, tidal Love numbers, multipolar structure...



Credit: D. Baumann/University of Amsterdam

“Gaps” in the BH mass-spin distribution

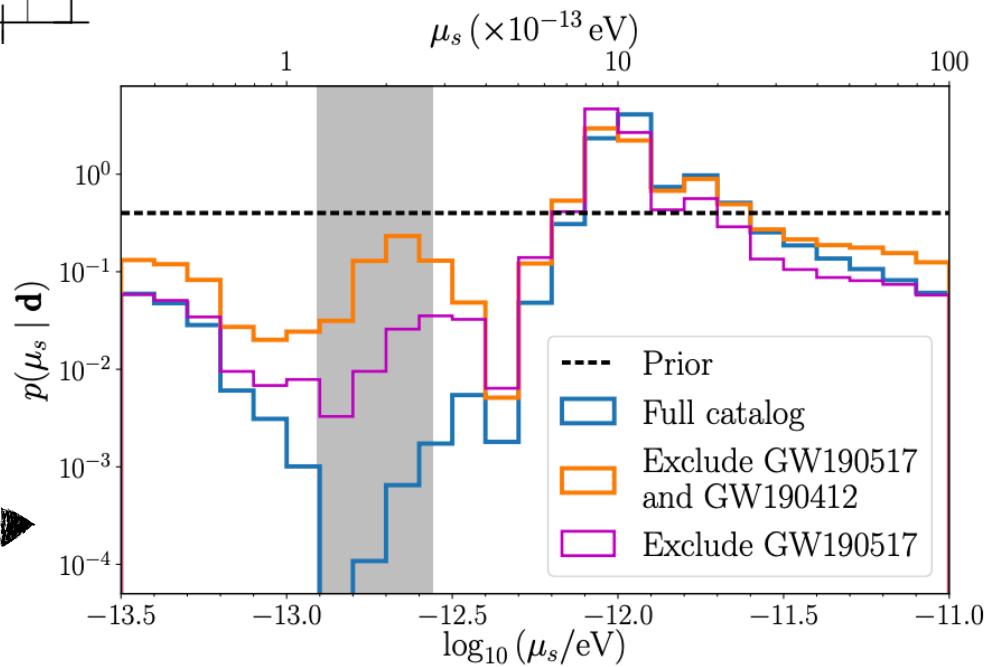
Arvanitaki *et al* ’09; Arvanitaki & Dubovsky ’10; Arvanitaki, Baryakthar & Huan ’15; Pani *et al* ’12; Baryakthar, Lasenby & Teo ’17; RB *et al* ’17; Cardoso *et al* ’18; RB, Grillo & Pani ’20; Stott ’20; K. Ng *et al* ’21,...



Lack of highly spinning black holes in particular mass ranges.

BH spin measurements allow to impose constraints on ultralight bosons.

Constraints with GWTC-2

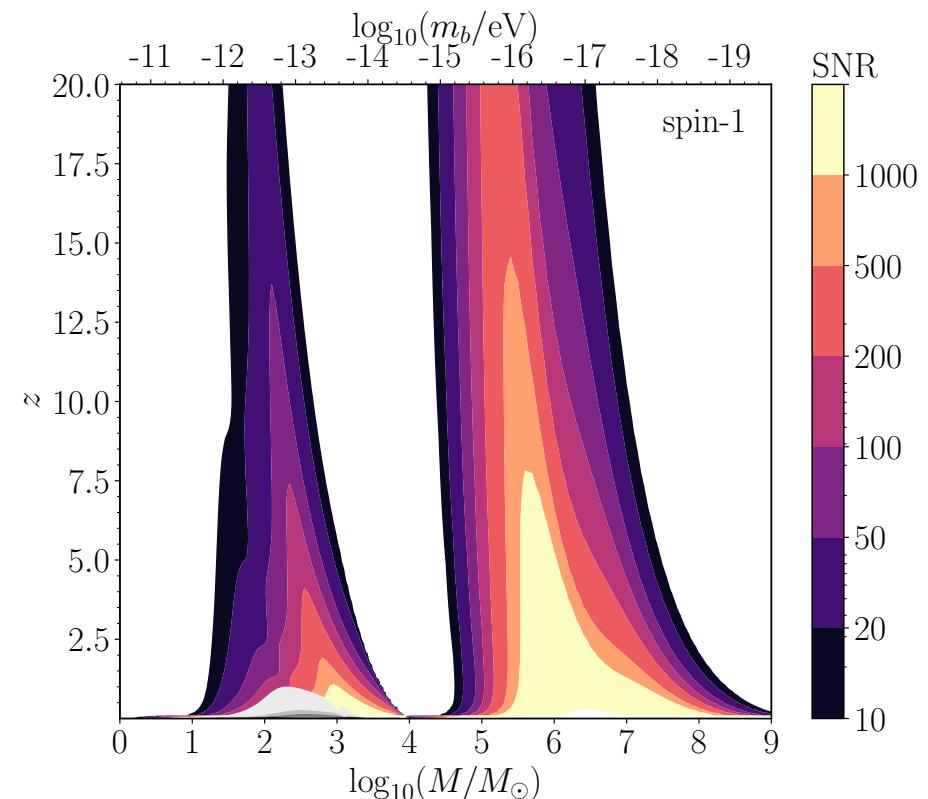
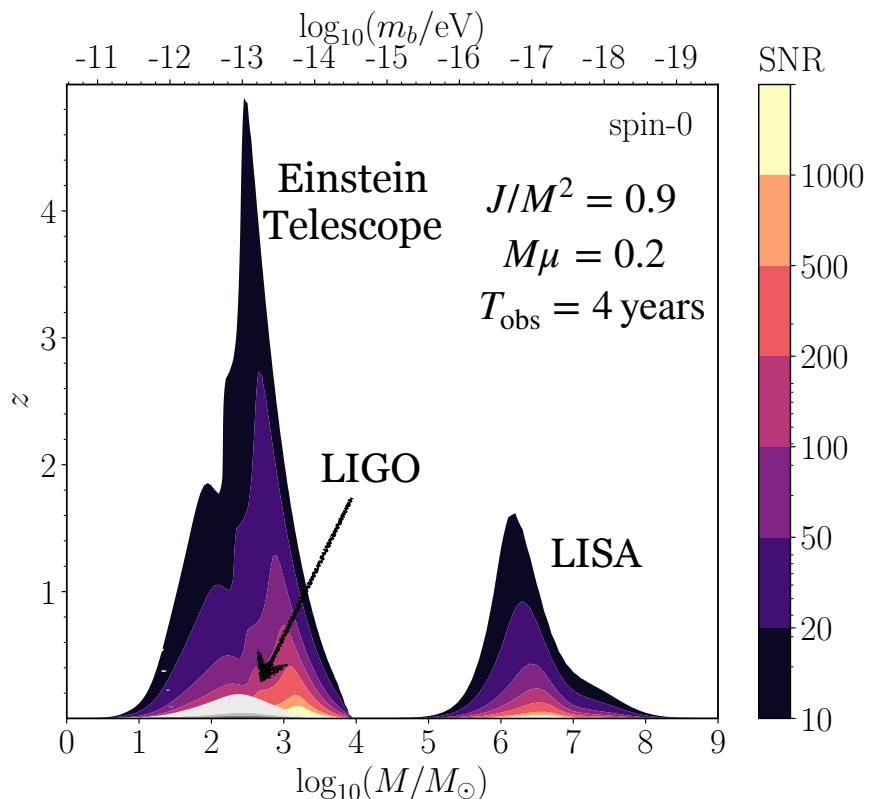


From: K. K. Y. Ng *et al*, PRL 126 (2021), 151102

Direct gravitational-wave searches

Arvanitaki *et al*'09; Yoshino & Kodama '14; Arvanitaki, Baryakhtar & Huang, '15; RB *et al* '17;
Baryakhtar, Lasenby & Teo '17; Siemonsen & East '20; RB, Grillo & Pani '20, Zhu *et al* '20...

Bosonic cloud emits **nearly monochromatic long-lived gravitational waves** which could be directly detected.

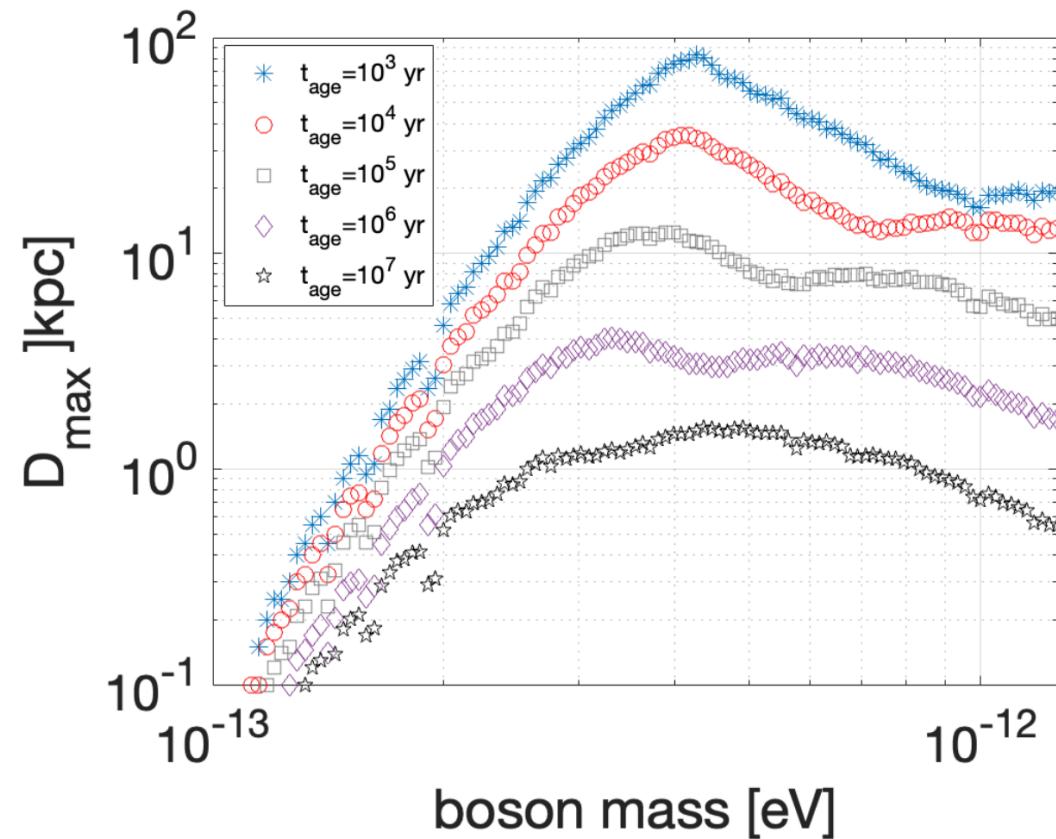


Blind all-sky searches

Arvanitaki, Baryakhtar & Huang, '15; RB *et al*'17; Baryakhtar, Lasenby & Teo '17
Palomba *et al*'19; Zhu *et al* '20; LVK '21

- ❖ All-sky “blind” searches could reveal the presence of a boson cloud around a black hole emitting gravitational waves.

Constraints with
LIGO O3

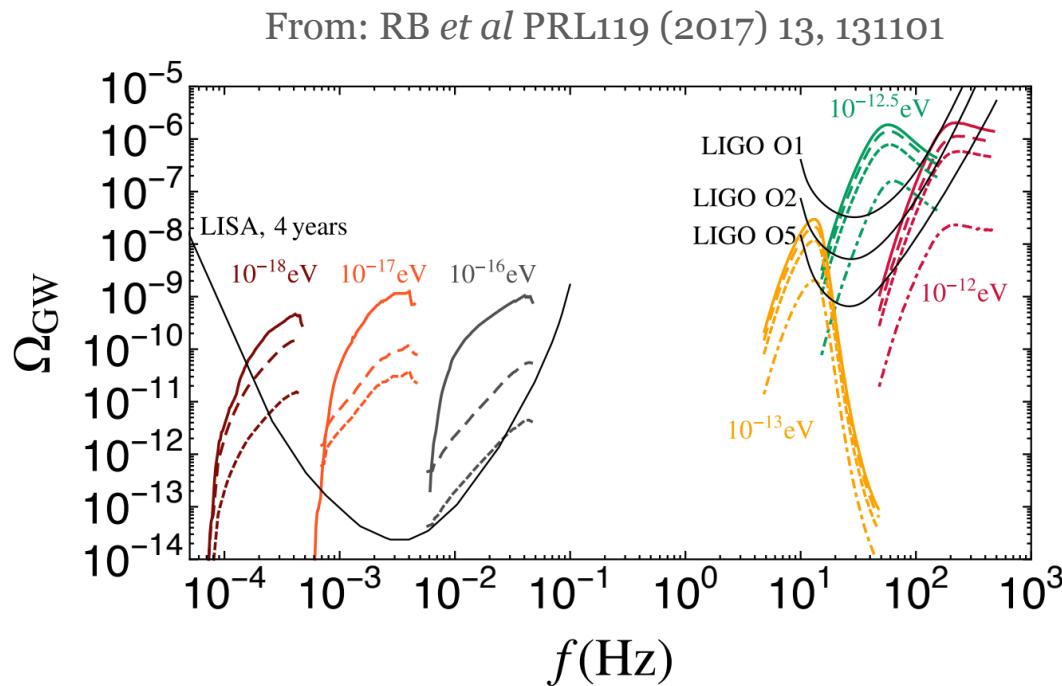


From: LVK Collaboration, arXiv: 2111.15507

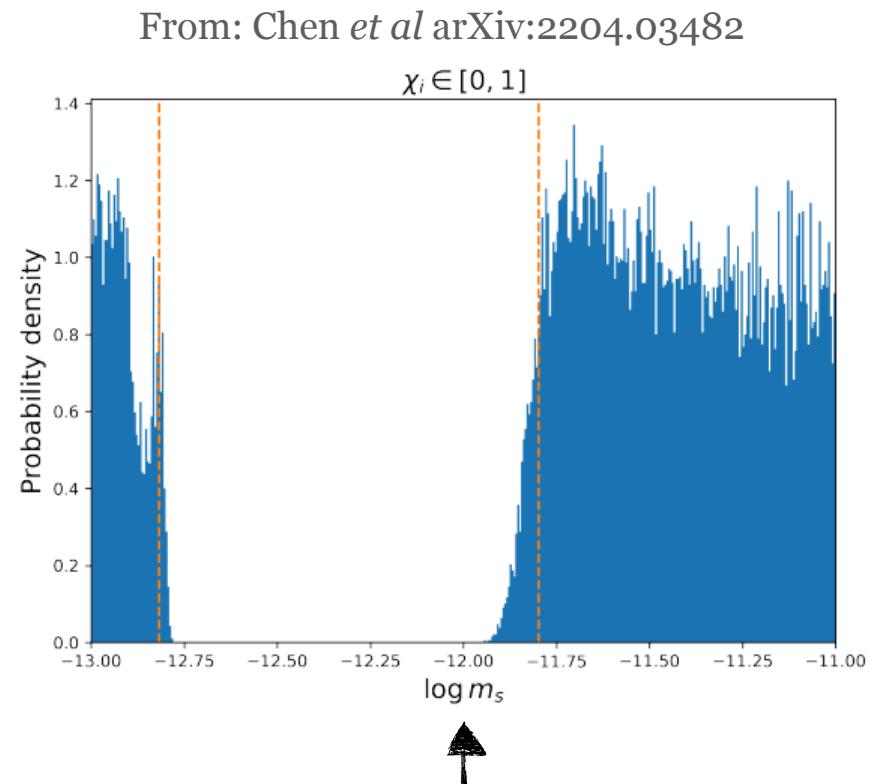
Stochastic GW background

RB *et al*, '17; Tsukada *et al* '18-20; Chen, RB & Cardoso '21; Chen, Jiang & Q.-G. Huang '22

The existence of many unresolved sources can produce a **large stochastic background** of gravitational waves.



(Different line types correspond to different assumptions about black hole population)



Constraints with LIGO
(O1+O2+O3)

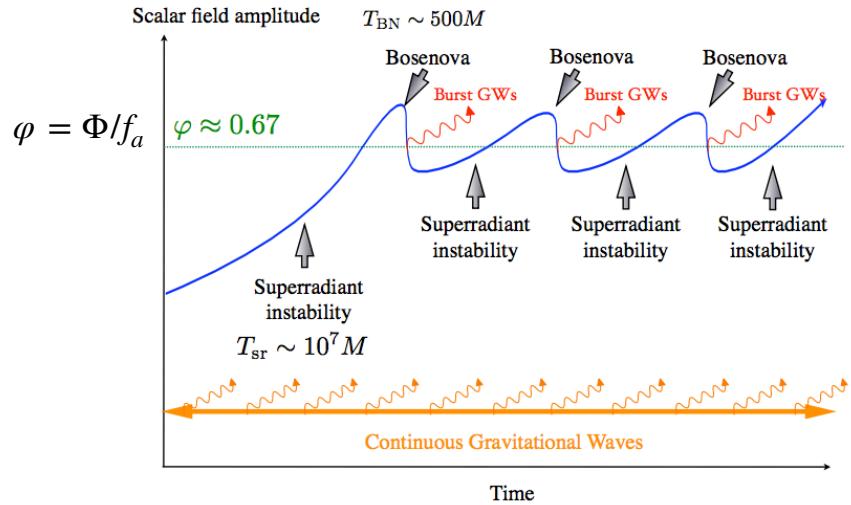
Impact of non-gravitational interactions?

Yoshino & Kodama '12, Ikeda, RB, Cardoso '19; Rosa & Kephart '18; Boskovic *et al* '19; Fukuda & Nakayama '19; Baryakhtar *et al* '20; Omiya *et al* '20; Omiya *et al* '2022; Caputo, Witte, Blas & Pani '21; East '22

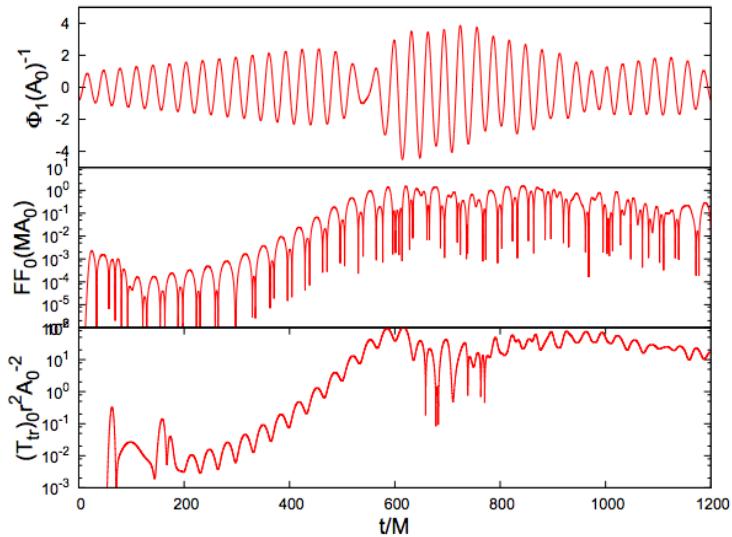
$$\square \Phi - \mu^2 f_a \sin(\Phi/f_a) = 0$$

$$(\nabla^\mu \nabla_\mu - \mu^2) \Phi = \frac{k_{\text{axion}}}{2} * F^{\mu\nu} F_{\mu\nu}$$

$$\nabla^\nu F_{\mu\nu} = -2k_{\text{axion}} * F_{\mu\nu} \nabla^\nu \Phi .$$



From: Yoshino & Kodama, PTEP (2015) 061E01



Ikeda, RB, Cardoso '19

- ❖ Large enough non-gravitational interactions can quench the growth of the boson cloud and/or strongly slow down black hole spin down.
- ❖ Does a bosenova for self-interacting scalar fields ever happen? Baryakhtar *et al* '20
- ❖ Impact of plasma and environment around black holes?

Sen '18; Boskovic *et al* '19; Caputo *et al* '21

Take-home message

Black-hole superradiance provides an interesting portal to search for ultralight particles with **black-hole** and **gravitational-wave** observations.

excluded region (in eV)	source	references
* $5.2 \times 10^{-13} < m_S < 6.5 \times 10^{-12}$		
* $1.1 \times 10^{-13} < m_V < 8.2 \times 10^{-12}$	Direct bounds from absence of spin down in Cyg X-1.	[125, 477]
* $2.9 \times 10^{-13} < m_T < 9.8 \times 10^{-12}$		
$3.8 \times 10^{-14} < m_S < 2 \times 3.4 \times 10^{-11}$		
$5.5 \times 10^{-20} < m_S < 1.3 \times 10^{-16}$		[103, 11, 12, 124]
$2.5 \times 10^{-21} < m_S < 1.2 \times 10^{-20}$		
$6.2 \times 10^{-15} < m_V < 3.9 \times 10^{-11}$	Indirect bounds from BH mass-spin measurements.	
$2.8 \times 10^{-22} < m_V < 1.9 \times 10^{-16}$		[128, 636, 125, 477, 714, 715]
$2.2 \times 10^{-14} < m_T < 2.8 \times 10^{-11}$		
$1.8 \times 10^{-20} < m_T < 1.8 \times 10^{-16}$		
$6.4 \times 10^{-22} < m_T < 7.7 \times 10^{-21}$		
$1.2 \times 10^{-13} < m_S < 1.8 \times 10^{-13}$		
$2.0 \times 10^{-13} < m_S < 2.5 \times 10^{-12}$	Null results from blind all-sky searches for continuous GW signals.	[133, 136]
m_V : NA		
m_T : NA		
$6.4 \times 10^{-13} < m_S < 8.0 \times 10^{-13}$		
m_V : NA	Null results from searches for continuous GW signals from Cygnus X-1.	[135, 531]
m_T : NA		
$2.0 \times 10^{-13} < m_S < 3.8 \times 10^{-13}$		
$0.8 \times 10^{-13} \text{ eV} < m_V < 6.0 \times 10^{-13} \text{ eV}$	Negative searches for a GW background.	[127, 128, 129, 684]
m_T : NA		
$5 \times 10^{-13} < m_S < 3 \times 10^{-12}$		
$m_V \sim 10^{-12}$	Bounds from pulsar timing.	[123, 277]
m_T : NA		
$2.9 \times 10^{-21} < m_S < 4.6 \times 10^{-21}$		
$8.5 \times 10^{-22} < m_V < 4.6 \times 10^{-21}$	Bounds from mass and spin measurement of M87 with EHT.	[637, 714]
$7.2 \times 10^{-22} < m_T < 2.5 \times 10^{-20}$		

RB, Cardoso & Pani “Superradiance” Lect. Notes Phys. 971 (2020)
<https://centra.tecnico.ulisboa.pt/network/grit/files/superradiantbounds>

Thank you!

Backup slides

Useful scales

Instability timescale:

$$\tau_{\text{inst}}^{\text{scalar}} \approx 30 \text{ days} \left(\frac{M}{10M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^9 \left(\frac{0.9}{\chi} \right), \quad \tau_{\text{inst}}^{\text{vector}} \approx 280 \text{ s} \left(\frac{M}{10M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^7 \left(\frac{0.9}{\chi} \right)$$

GW emission timescale:

$$\tau_{\text{GW}}^{\text{scalar}} \approx 10^5 \text{ yr} \left(\frac{M}{10M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^{15} \left(\frac{0.5}{\chi_i - \chi_f} \right), \quad \tau_{\text{GW}}^{\text{vector}} \approx 2 \text{ days} \left(\frac{M}{10M_\odot} \right) \left(\frac{0.1}{M\mu} \right)^{11} \left(\frac{0.5}{\chi_i - \chi_f} \right)$$

GW strain:

$$h_+(t) \approx \frac{1}{2(1 + t/t_{\text{GW}})} h_0 (1 + \cos^2 \iota) \cos(2\pi f_{\text{GW}} t + \phi), \quad h_x(t) \approx \frac{1}{1 + t/t_{\text{GW}}} h_0 \cos \iota \sin(2\pi f_{\text{GW}} t + \phi)$$

$$h_0^{\text{scalar}} \approx 5 \times 10^{-27} \left(\frac{M}{10M_\odot} \right) \left(\frac{M\mu}{0.1} \right)^7 \left(\frac{\text{Mpc}}{d} \right) \left(\frac{\chi_i - \chi_f}{0.5} \right), \quad h_0^{\text{vector}} \approx 10^{-23} \left(\frac{M}{10M_\odot} \right) \left(\frac{M\mu}{0.1} \right)^5 \left(\frac{\text{Mpc}}{d} \right) \left(\frac{\chi_i - \chi_f}{0.5} \right)$$

Frequency derivative:

$$\dot{f}_{\text{GW}}^{\text{scalar}}(t) \approx 5 \times 10^{-15} \text{ Hz/s} \left(\frac{M\mu}{0.1} \right)^{19} \left(\frac{10M_\odot}{M} \right)^2 \left(\frac{\chi_i - \chi_f}{0.5} \right)^2 \left(\frac{M_{\text{cloud}}(t)}{M_{\text{cloud}}^{\text{sat}}} \right)^2$$

$$\dot{f}_{\text{GW}}^{\text{vector}}(t) \approx 10^{-7} \text{ Hz/s} \left(\frac{M\mu}{0.1} \right)^{15} \left(\frac{10M_\odot}{M} \right)^2 \left(\frac{\chi_i - \chi_f}{0.5} \right)^2 \left(\frac{M_{\text{cloud}}(t)}{M_{\text{cloud}}^{\text{sat}}} \right)^2$$

Computation of the GW signal in practice

Arvanitaki *et al*'09; Yoshino & Kodama '14; Arvanitaki, Baryakhtar & Huang, '15; RB *et al* '17; Baryakhtar, Lasenby & Teo '17; Siemonsen & East '20; RB, Grillo & Pani '20...

At any given time, backreaction of boson field on the geometry is **small**:

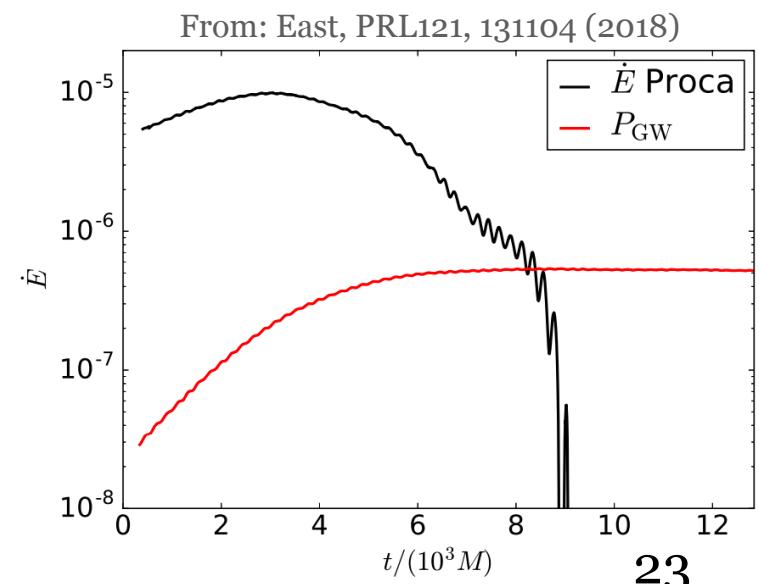
- ❖ Evolve system **adiabatically** (Brito, Cardoso & Pani '14);
- ❖ GW signal can estimated using **BH perturbation theory** (Yoshino & Kodama '14):

$$\Phi = \epsilon \Re (\phi_{lmn}(r) S_{lm}(\theta) e^{im\varphi} e^{i\omega_R t}) \quad T_{\mu\nu} = -\frac{1}{2} g_{\mu\nu} (\Phi_{,\alpha}\Phi^{,\alpha} + \mu^2 \Phi^2) + \Phi_{,\mu}\Phi_{,\nu}$$

$$\mathcal{O}(\epsilon) : \square^{(0)} \Phi^{(1)} = \mu^2 \Phi^{(1)}, \quad \mathcal{O}(\epsilon^2) : \mathcal{E}_{\mu\nu}^{\rho\sigma} h_{\rho\sigma}^{(2)} = T_{\mu\nu}[\Phi^{(1)}, \Phi^{(1)}]$$

$$\omega_R < m\Omega_H : \dot{E}_{\text{cloud}} \approx 2\Gamma E_{\text{cloud}} \implies E_{\text{cloud}} \approx E_0 e^{2\Gamma t}$$

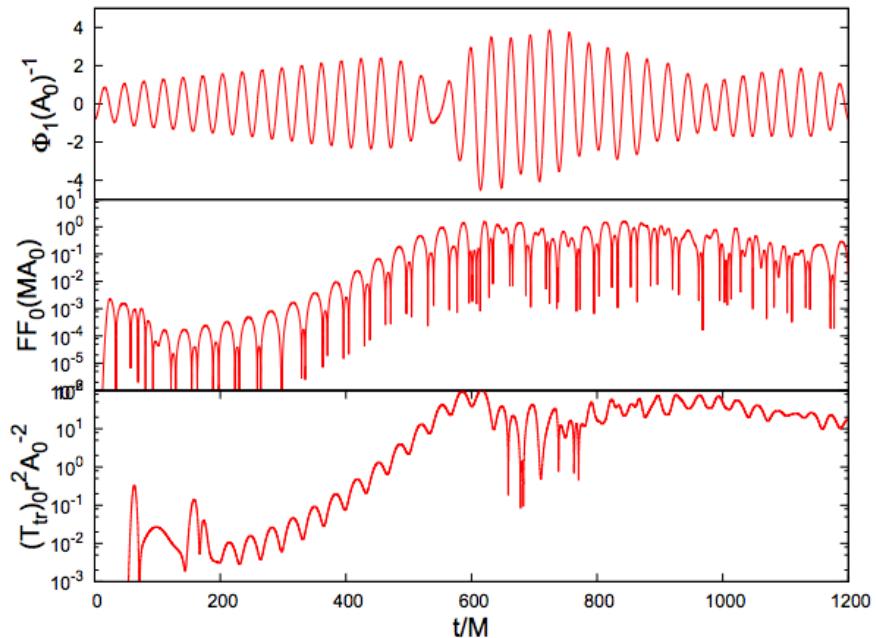
$$\omega_R = m\Omega_H : \dot{E}_{\text{cloud}} \approx -P_{\text{GW}} \implies E_{\text{cloud}} = \frac{E_{\text{cloud}}^{\text{sat.}}}{1 + t/t_{\text{GW}}}$$



Coupling to photons

Rosa & Kephart '18; Ikeda, RB, Cardoso '18; Boskovic *et al* '18

$$(\nabla^\mu \nabla_\mu - \mu^2) \Phi = \frac{k_{\text{axion}}}{2} * F^{\mu\nu} F_{\mu\nu}$$
$$\nabla^\nu F_{\mu\nu} = -2k_{\text{axion}} * F_{\mu\nu} \nabla^\nu \Phi.$$



- ❖ Emitted EM radiation oscillates with frequency $\omega_{\text{EM}} \sim \mu/2$
- ❖ Simulations indicate that EM field grows exponentially whenever:

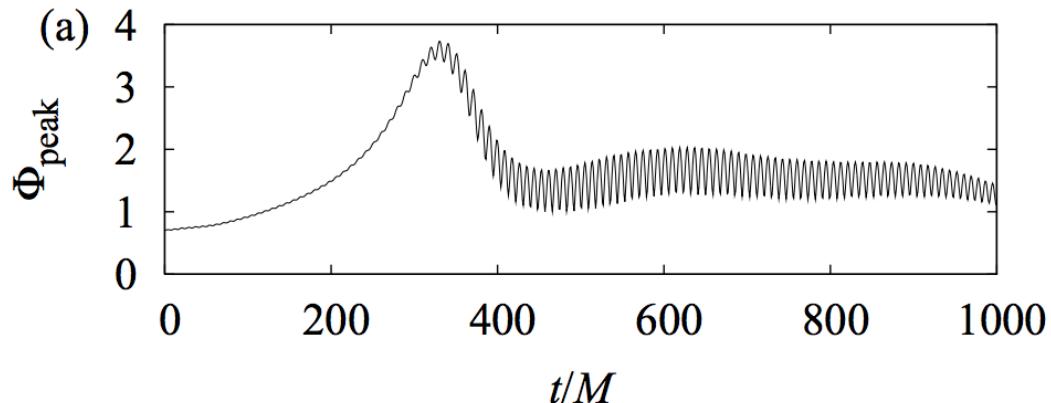
$$k_{\text{axion}}^{-1} \lesssim 10^{17} \left(\frac{M_S/M}{0.1} \right)^{1/2} \left(\frac{\mu M}{0.25} \right)^2 \text{GeV}$$

- ❖ Can be understood as a parametric resonance (as described by Mathieu's equation). Boskovic *et al* '18

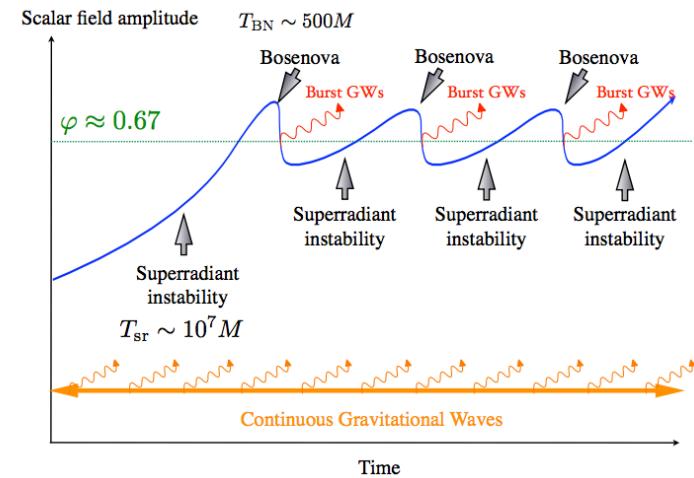
Self-interactions: bosenova

Yoshino & Kodama '12

$$\square \Phi - \mu^2 f_a \sin(\Phi/f_a) = 0$$



From: Yoshino & Kodama, Prog.Theor.Phys. 128
(2012) 153-190



From: Yoshino & Kodama, PTEP (2015) 061E01

- ❖ Simulations indicate that bosenova occurs when:

$$f_a \lesssim 10^{17} \left(\frac{M_S/M}{0.1} \right)^{1/2} \left(\frac{\mu M}{0.4} \right)^2 \text{GeV}$$

- ❖ In a nutshell: self-interactions and non-gravitational couplings may hinder the growth of the cloud above a critical amplitude.