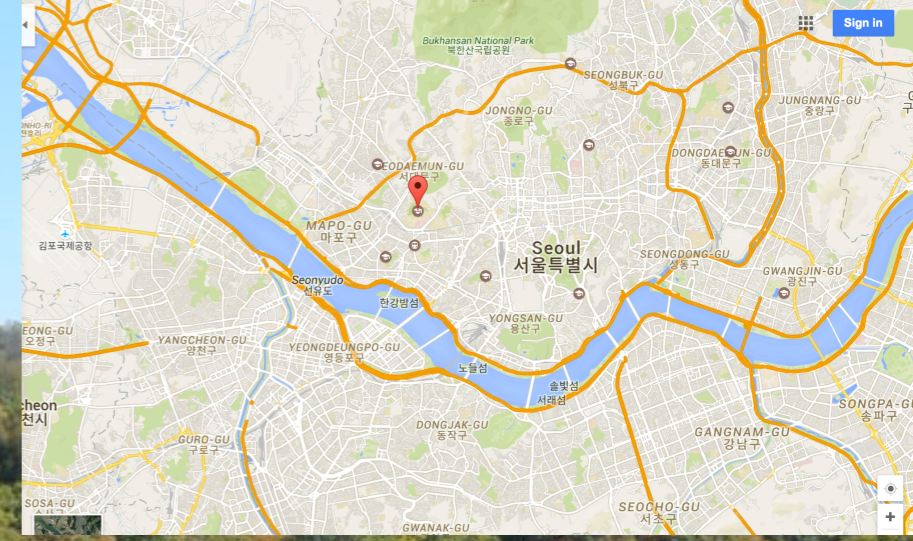


Higgs- R^2 cosmology



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The LIO international conference & France-Korea STAR workshop
Lyon June 23, 2022





Contents

- Inflation & particle physics model
- Higgs inflation
 - non-minimal coupling & $f(R)$ gravity
 - Higgs- R^2 model
 - Phenomenology :PBH & GW ,Reheating, Leptogenesis
- Conclusions

refs

- **Inflation by non-minimal coupling** SCP, Yamaguchi JCAP (2008)
- **Higgs Inflation after the Results from BICEP2** Hamada, Kawai, Oda, SCP, PRL 112, 241301 (2014)
- **Higgs inflation from Standard model criticality** Hamada, Kawai, Oda, SCP, PRD 91, 053008 (2015)
- **Clockwork for Higgs inflation** SCP, C.S Shin EPJC 79 (2019) no.6, 529
- **Preheating in Higgs- R^2 model**, M. He, R. Jinno, K. Kamada, SCP, A. Starobinsky, J. Yokoyama PLB791 (2019) 36-42
- **Higgs inflation in metric and Palatini formalisms**, R. Jinno, M. Kubota, K-y. Oda, SCP JCAP 03 (2020) 063
- **Higgs Inflation and the Refined dS Conjecture** D. Y. Cheong, S. M. Lee, SCP PLB 789 (2019) 336-340
- **PBH in Higgs inflation**, D. Y. Cheong, S. M. Lee, SCP JCAP 01 (2021) 032
- **Beyond the Starobinsky model**, H.M.Lee, D.Y.Cheong, SCP Phys.Lett.B 805 (2020) 135453
- **Leptogenesis in Higgs inflation**, S. M. Lee, D. Y. Cheong, SCP JHEP 03 (2021) 083
- **Reheating of general nm inflation** S. M. Lee, D. Y. Cheong, SCP (JCAP 02 (2022) 02, 029)
- **Festina-Lente Bound**, S.M.Lee, D.Y.Cheong, S.C.Hyun, SCP, Min-Seok Seo (JHEP 02 (2022) 100)
- **Non-minimally assisted inflation**, S.C.Hyun, Jinsu Kim (CERN), SCP, T. Takahashi (JCAP 05 (2022) 05, 045)
- **PBH & GW in Higgs- R^2 inflation**, D. Y. Cheong, K. Kohri (KEK), SCP, [2205.14813](#)
- **Festina-Lente for dark photon**, K. Ban, D. Y. Cheong, H. Okada (APCTP), H. Otsuta (IBS), J-C Park, SCP, [2206.00890](#)
- and more

Inflation

Hot big bang

- Universe started from a hot and dense state then cooled down by expansion
 - BBN & CMB (observationally confirmed)

Initial conditions for Hot big bang

- Flat, homogeneous & isotropic Universe
- No exotics such as monopoles
- Need seed for structures

Inflation

-The period of **Exponential expansion**
-(size after inflation) / (size before inflation) $\sim e^{60}$

Expanding Universe

- FRW Metric $ds^2 = - dt^2 + a(t)^2 d\vec{x}^2$
- Scale factor determines Physical length $\Delta\ell = a(t)\Delta r$
- $\dot{a} > 0$ for expanding universe
- Friedmann eq. : $H(t)^2 = \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho$
- $\rho_1 > \rho_2 \rightarrow H_1 > H_2 \rightarrow \ell_1 > \ell_2$ a local patch with larger energy density grows faster and becomes larger

Chaotic inflation [Linde, 1983]





Money earns more money...

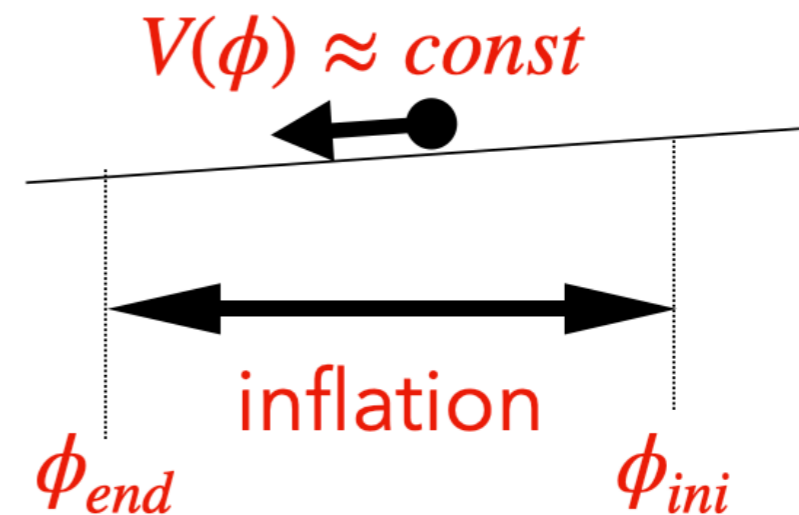
Exponential Expansion

- $H(t)^2 = \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho$: Friedmann equation
- $\rho = \text{const}, H = \text{const} \Rightarrow$ sol. $a(t) = a(t_0)e^{H(t-t_0)}$
- $\frac{a(t_{\text{end}})}{a(t_{\text{ini}})} = e^{H(t-t_0)} \sim e^{60}$ "60-efolds" for successful inflation

Particle Physics modeling

- A scalar field (=inflaton) having a **flat potential**

- $\rho = \frac{1}{2}\dot{\phi}^2 + V(\phi) \approx V(\phi) \approx const.$



$\{\epsilon, |\eta|\} \ll 1.$



slow-roll parameters

$$\epsilon_v \equiv \frac{M_{\text{pl}}^2}{2} \left(\frac{V'}{V} \right)^2, \quad |\eta_v| \equiv M_{\text{pl}}^2 \frac{|V''|}{V}$$

cosmological perturbation

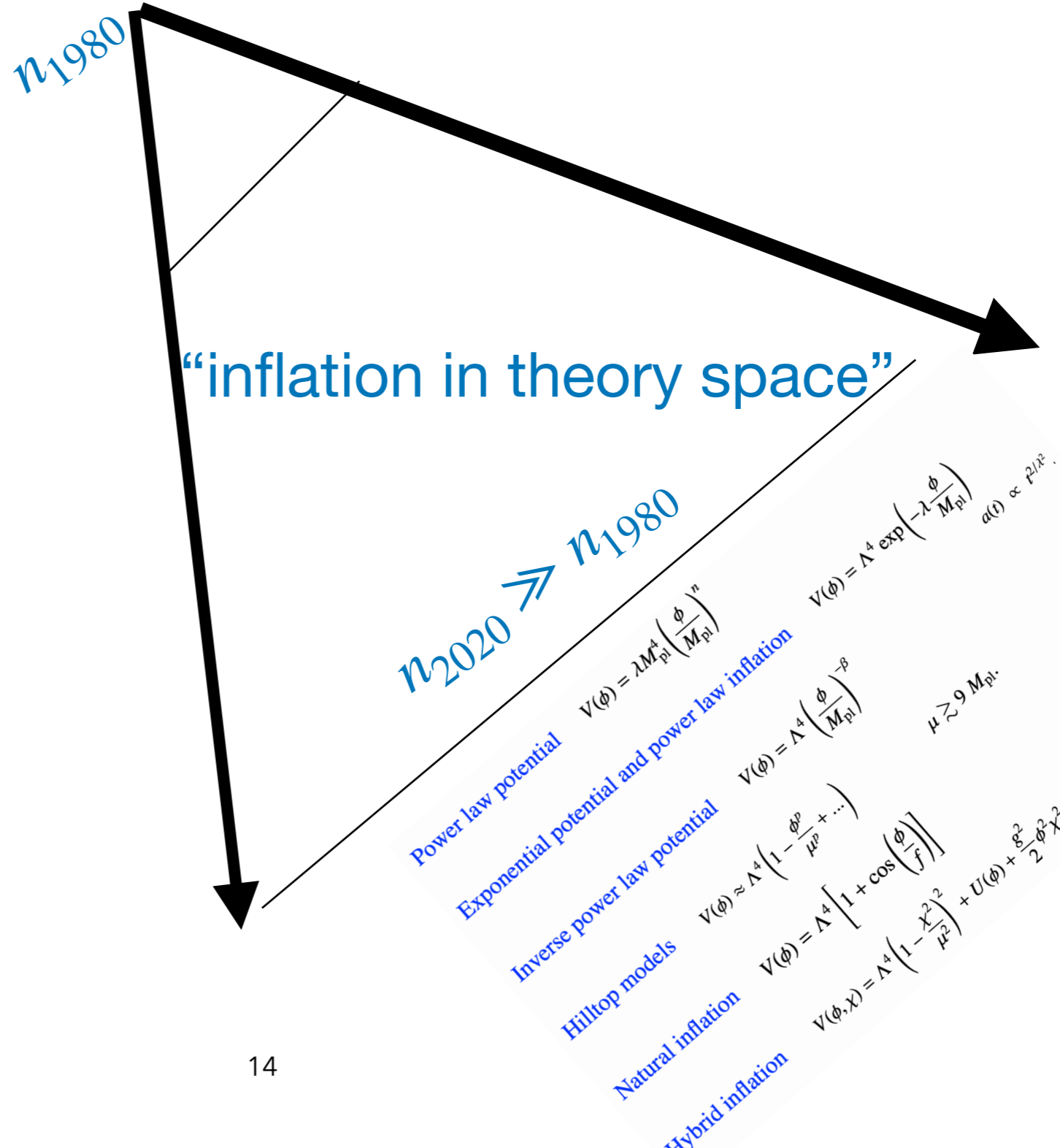


observables e.g. n_s, r, f_{NL}, \dots

Many models

Guth, Linde, Sato, Starobinsky

- old
- new
- chaotic
- natural
- blah
- blah blah
- Higgs- R^2 inflation



A special choice: Higgs inflation

- The only observed scalar (probably elementary but composite is not ruled out)
- $H \sim \begin{pmatrix} G^+ \\ (v+h+G^0)/\sqrt{2} \end{pmatrix} \left(1_{SU(3)} \otimes 2_{SU(2)_L} \right)_{\frac{1}{2}}$
- Her properties have been well measured (only 2 parameters in potential)

$$V(H) \approx \lambda \left(H^\dagger H - v^2/2 \right)^2$$

$$v = \sqrt{1/\sqrt{2}G_F} = 246.22 \text{ GeV}, \quad \lambda = \frac{m_h^2}{2v^2} = \frac{125^2}{2 \times 246^2} \approx \frac{1}{8}$$

The SM Higgs potential

$$V_{\text{Higgs}} \simeq \frac{1}{32}h^4 + \frac{246 \text{ GeV}}{8}h^3 + \frac{1}{2}(125 \text{ GeV})^2h^2$$

Predicted Predicted

Measured

(Future colliders)

The SM Higgs potential

Coupling strength versus mass

(assuming no new particle in loops and decays)

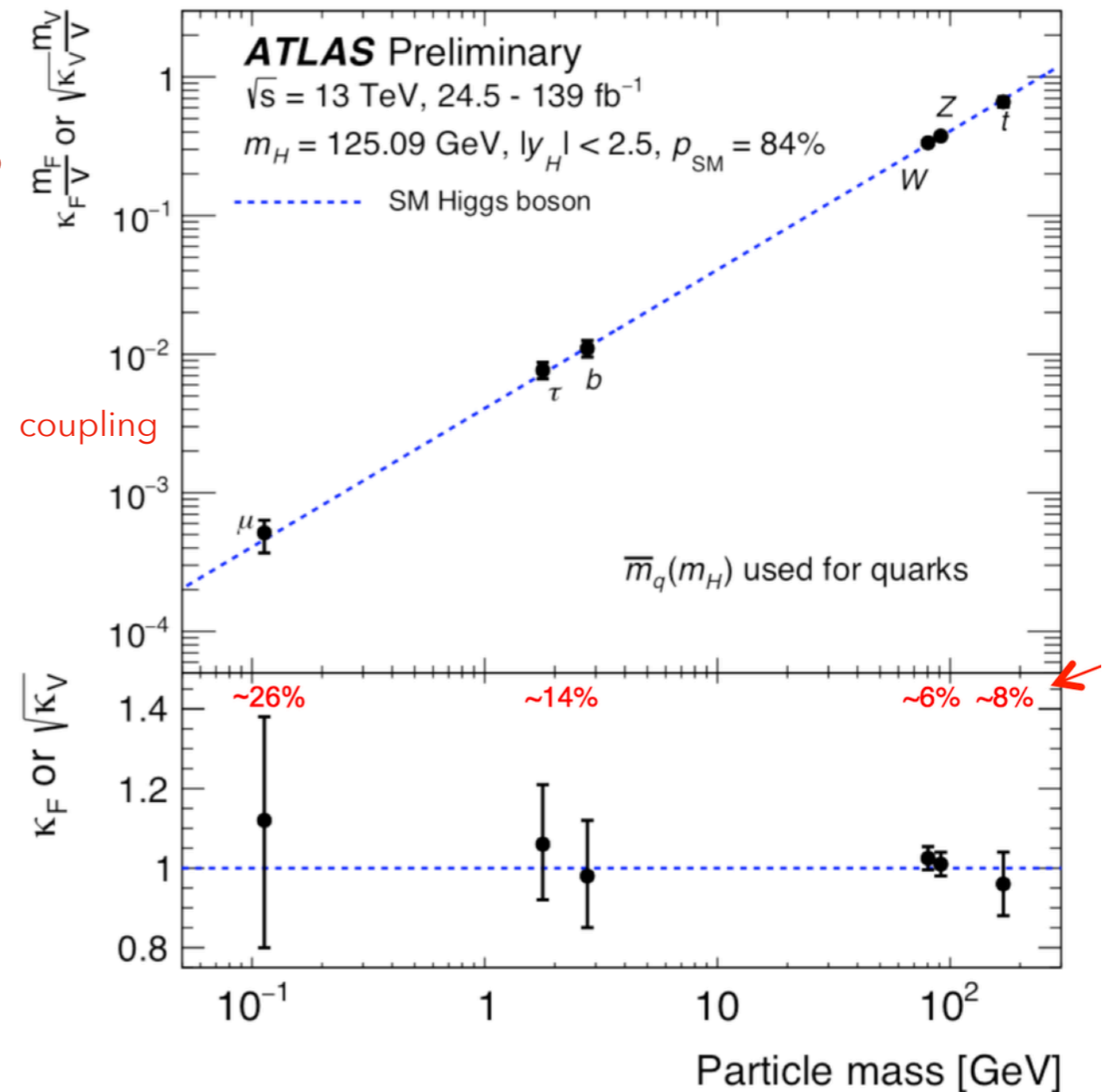
ATLAS-CONF-2020-027

The Higgs is responsible for
-masses of elementary particles

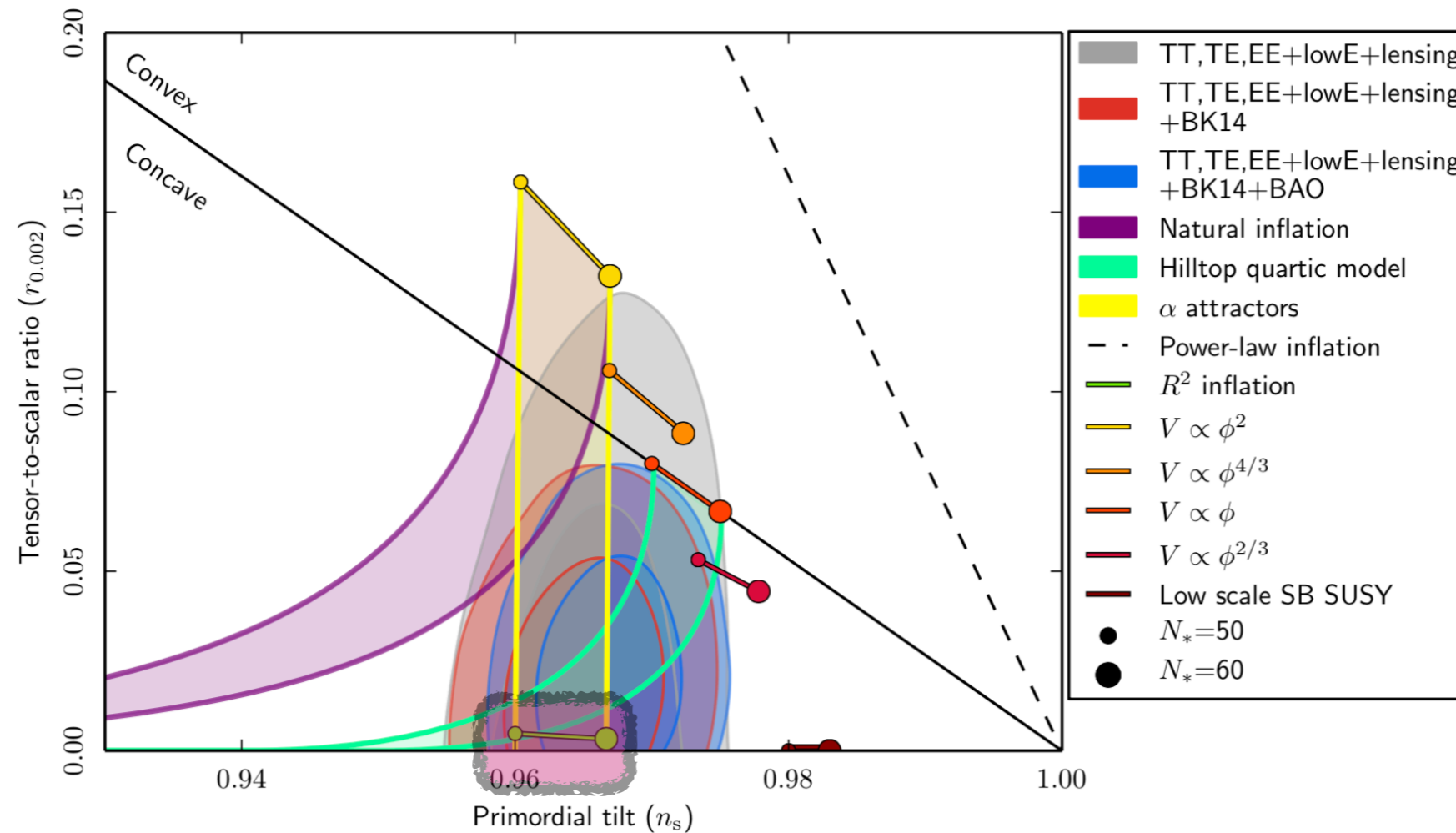
a linear relation

$$m_\psi, m_Z \propto \langle H \rangle$$

Beautifully confirmed
by the LHC!



'Best fit model' of the Planck data



Higgs inflation

Y. Akrami et.al [Planck Collaboration] (2018)

**well motivated & observationally
preferred**

certainly worth looking into details!

Higgs inflation

Non-minimal coupling (\ni Higgs inflation)

SCP, S. Yamaguchi (2007)

non-minimal coupling (general Kahler)

$$S = \int d^4x \sqrt{-g} \left[-\frac{M^2 + K(\phi)}{2} R + \frac{1}{2} (\partial\phi)^2 - V(\phi) \right]$$

-Jordan frame action is not canonically normalized

$$-[K(\phi)] = Mass^2$$

$$\text{e.g. } K(\phi) = M_P^2 (\phi/M_P)^{2+n}$$

or $K(\phi) = M^2 (1 - \cos(\phi/M))$ or many possibilities

Weyl transformation : Jordan frame \rightarrow Einstein frame

SCP, S. Yamaguchi (2007)

$$S = \int d^4x \sqrt{-g} \left[-\frac{M^2 + K(\phi)}{2} R + \frac{1}{2} (\partial\phi)^2 - V(\phi) \right]$$

Weyl:

$$g_{\mu\nu} = e^{-2\omega} g_{\mu\nu}^E, \quad e^{2\omega} := \frac{M^2 + K(\phi)}{M_{\text{Pl}}^2}.$$

$$R \rightarrow e^{-2\omega} (R_E - 2(D-1)\nabla^2\omega - (D-2)(D-1)(\partial\omega)^2)$$

The potential in Einstein frame

$$U = \frac{M_{\text{Pl}}^4}{(M^2 + K(\phi))^2} V(\phi)$$

Condition for 'flat' potential: $\partial_\phi K > 0, \partial_\phi V > 0$

$$\lim_{\phi \rightarrow \infty} \frac{V}{K^2} = \text{Const} > 0.$$

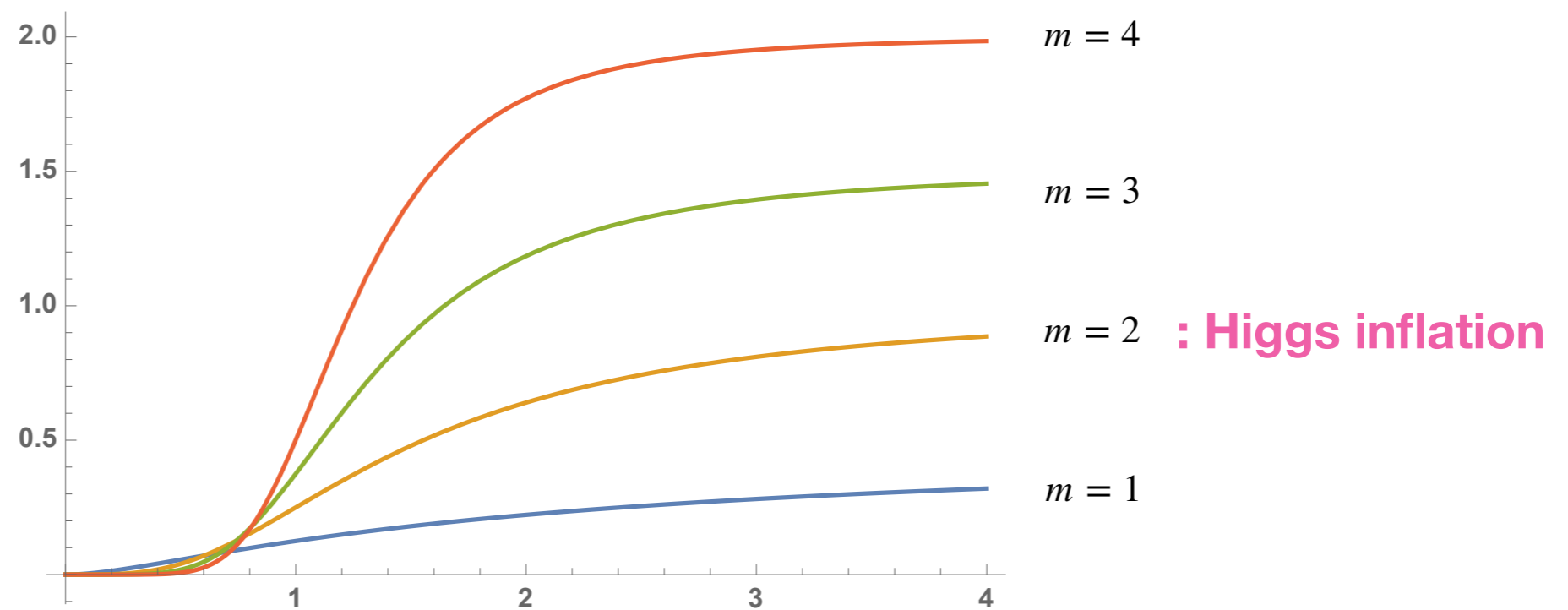
ex)

$$V \sim \phi^{2m}, K \sim \phi^m$$

NM-inflation with monomial functions, $V \sim h^{2m}, K \sim h^m$

$$S = \int d^4x \sqrt{-g} \left[-\frac{M^2 + K(\phi)}{2} R + \frac{1}{2} (\partial\phi)^2 - V(\phi) \right]$$

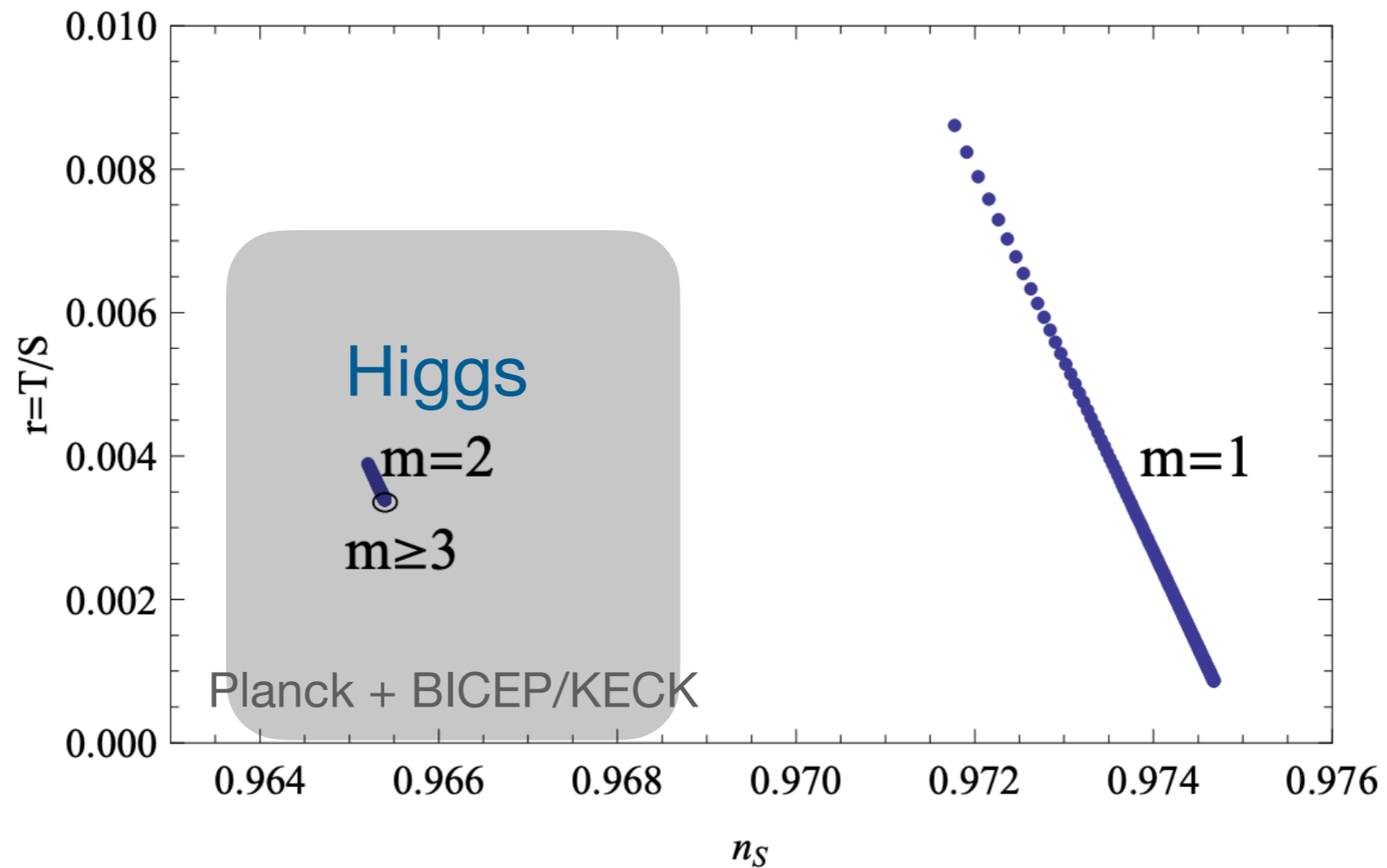
$$\lim_{\phi \rightarrow \infty} \frac{V}{K^2} = \text{Const} > 0.$$



SCP, Yamaguchi (2007)

Predictions of NM-inflation

SCP-Yamaguchi (2007)



Well consistent with Planck data!

Starobinsky & nm theory are equivalent

unimportant during slow-roll

$$S_{Higgs} = \int d^4x \sqrt{-g} \left[\frac{1}{2} (M_P^2 + \xi \phi^2) R + \frac{1}{2} (\partial\phi)^2 - \frac{\lambda}{4} \phi^4 \right] \quad n=2$$

EOM for auxiliary field

$$\delta\phi : \xi\phi R - \lambda\phi^3 = 0 \quad \Downarrow \quad \Rightarrow \quad \phi^2 = \frac{\xi R}{\lambda}$$

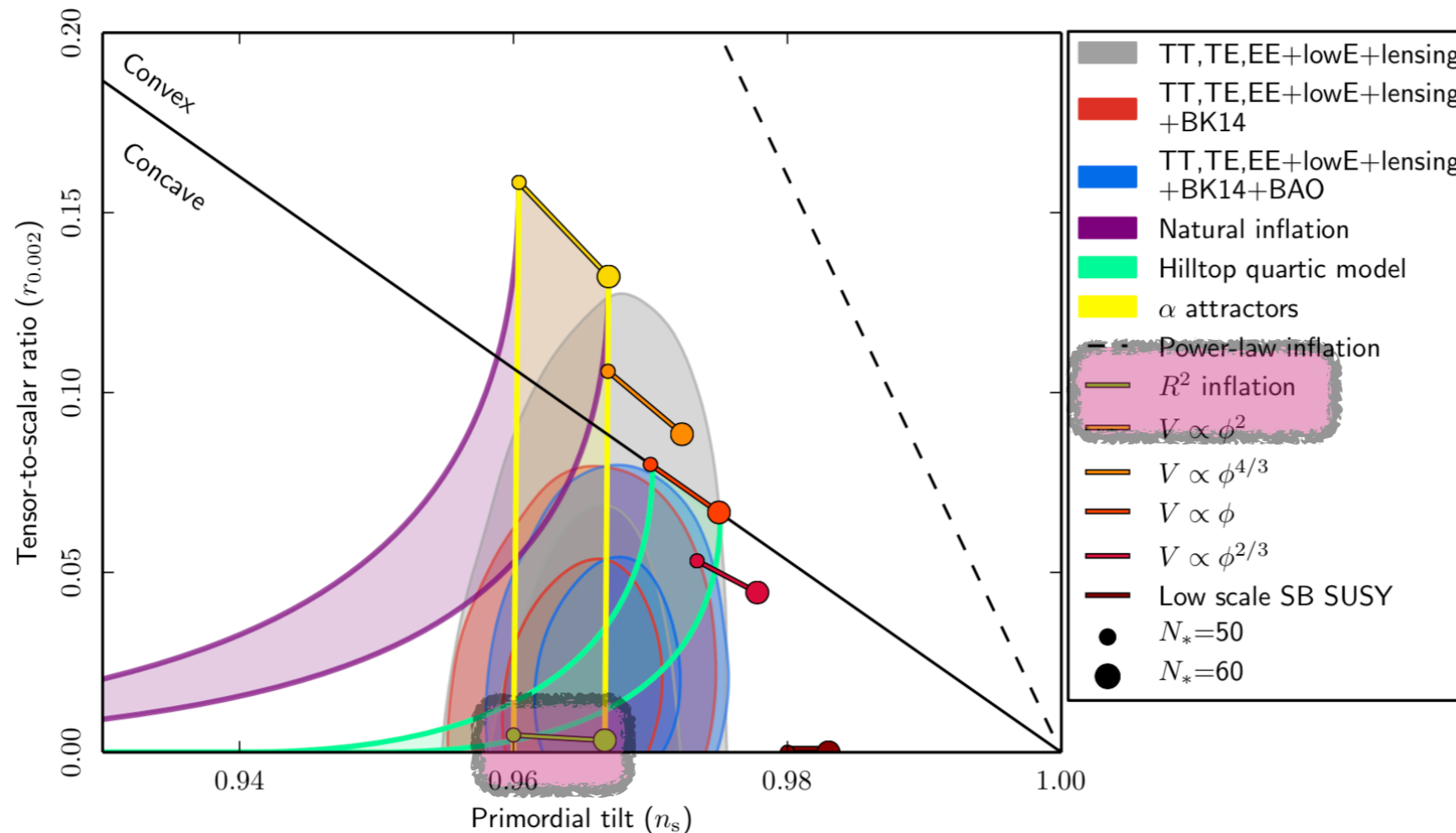
$$S_{Starobinski} = \int d^4x \sqrt{-g} \frac{1}{2} \left(M_P^2 R + \frac{\xi^2}{4\lambda} R^2 \right)$$

Starobinsky (1980)

$$\frac{\xi^2}{\lambda} \sim 10^{10} \text{ for Planck normalization } \delta T/T \sim 10^{-5}$$

**will discuss this issue later

'Best fit model' of the Planck data



Higgs inflation

Y. Akrami et.al [Planck Collaboration] (2018)

$$\frac{\xi^2}{\lambda} \sim 10^{10} \text{ for Planck normalization } \delta T/T \sim 10^{-5}$$

**will discuss this issue later

Before going into further details, I want to introduce

some useful tricks for $f(R)$

(ex) Starobinsky: $f(R) = R + \beta R^2$

Claim#1 : A $f(R)$ gravity theory is equivalent to a non-minimally coupled gravity + non-dynamical scalar theory.

(proof) Explicitly,

$$S = \frac{1}{2} \int d^4x \sqrt{-g} f(R) \sim \frac{1}{2} \int d^4x \sqrt{-g} [f(\phi) + f'(\phi)(R - \phi)] .$$

“Trick” : Take ϕ as an auxiliary field. Eq. of motion by varying $\delta\phi$ is $\delta\mathcal{L} = f'\delta\phi + f''(\phi)(R - \phi)\delta\phi - f'(\phi)\delta\phi \propto -f''(\phi)(R - \phi) = 0 \therefore R = \phi$. It leads to the original action. (Q.E.D.)

(NOTE)

$$S \equiv \int d^4x \sqrt{-g} \left[\frac{1}{2} \Omega^2(\phi) R - V(\phi) \right] \text{ where } \Omega^2(\phi) = f'(\phi), V(\phi) = \frac{1}{2} (\phi f'(\phi) - f(\phi)).$$

The theory looks

Claim #2 A non-minimally coupled gravity + scalar theory is equivalent to Einstein gravity + scalar theory

(proof)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} \Omega^2(\phi) R - V(\phi) \right] \text{ is Weyl-transformed}$$

$$g_{E\mu\nu} = \Omega^2(\phi) g_{\mu\nu} \text{ to } S_E = \int d^4x \sqrt{-g_E} \left[\frac{1}{2} R_E - \frac{1}{2} g_E^{\mu\nu} \partial_\mu s \partial_\nu s - V_E(s) \right]$$

$$\text{with } s \equiv \sqrt{\frac{3}{2}} \ln \Omega^2 = \sqrt{\frac{3}{2}} \ln f'(\phi) \Big|_{\phi=\phi(s)} \quad \text{dynamical field} = \text{scalaron}$$

$$\text{Potential in Einstein frame: } V_E(s) = \frac{V(\phi(s))}{\Omega^4(\phi(s))} = \frac{\phi f' - f}{2(f')^2} \Big|_{\phi=\phi(s)}$$

Claim #1 + Claim #2

$\Rightarrow f(R)$ equivalent to (Einstein+ scalar)

$$S = \frac{1}{2} \int d^4x \sqrt{-g} f(R) \sim S_E = \int d^4x \sqrt{-g_E} \left[\frac{1}{2} R_E - \frac{1}{2} g_E^{\mu\nu} \partial_\mu s \partial_\nu s - V_E(s) \right]$$

$$s \equiv \sqrt{\frac{3}{2}} \ln \Omega^2 = \sqrt{\frac{3}{2}} \ln f'(\phi) \Big|_{\phi=\phi(s)} \quad \text{and} \quad V_E(s) = \frac{V(\phi(s))}{\Omega^4(\phi(s))} = \frac{\phi f' - f}{2(f')^2} \Big|_{\phi=\phi(s)}$$

$$\text{(ex)} \quad f(R) = R + \frac{\beta}{2} R^2$$

$$M_P \equiv \frac{1}{\sqrt{8\pi G}} = 1$$

$$[R] \sim L^{-2} \sim M^2 \text{ and set } \frac{\beta}{2} = \frac{1}{6m_s^2}$$

(scalon mass)

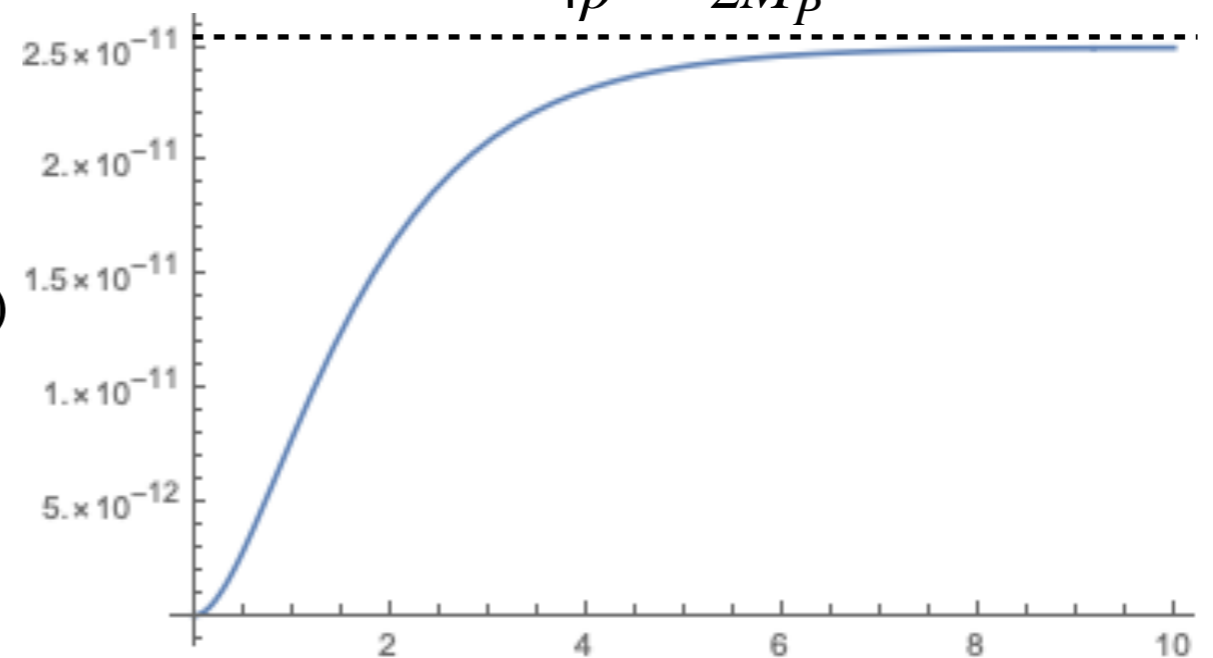
$$s = \sqrt{\frac{3}{2}} \ln f'(\phi) \Big|_{\phi=\phi(s)} = \sqrt{\frac{3}{2}} \ln(1 + \beta\phi)$$

or $\phi = \frac{1}{\beta} \left[e^{\sqrt{2/3}s} - 1 \right]$

$$V_E(s) = \frac{V(\phi(s))}{\Omega^4(\phi(s))} = \frac{\phi f' - f}{2(f')^2} \Big|_{\phi=\phi(s)}$$

$$= \frac{\beta\phi^2(s)}{4(1 + \beta\phi(s))^2} = \frac{1}{4\beta} \left(1 - e^{-\sqrt{2/3}s} \right)^2$$

$$\frac{1}{4\beta} = \frac{3m_s^2}{2M_P^2} \sim 10^{-10} \quad m_s \sim 10^{-5} M_P \quad \text{[COBE]}$$



Starobinsky (1980)

$$(ex) f(R) = R + \frac{\beta}{2}R^2 + \frac{\gamma}{3}R^3, \quad \gamma \ll 1$$

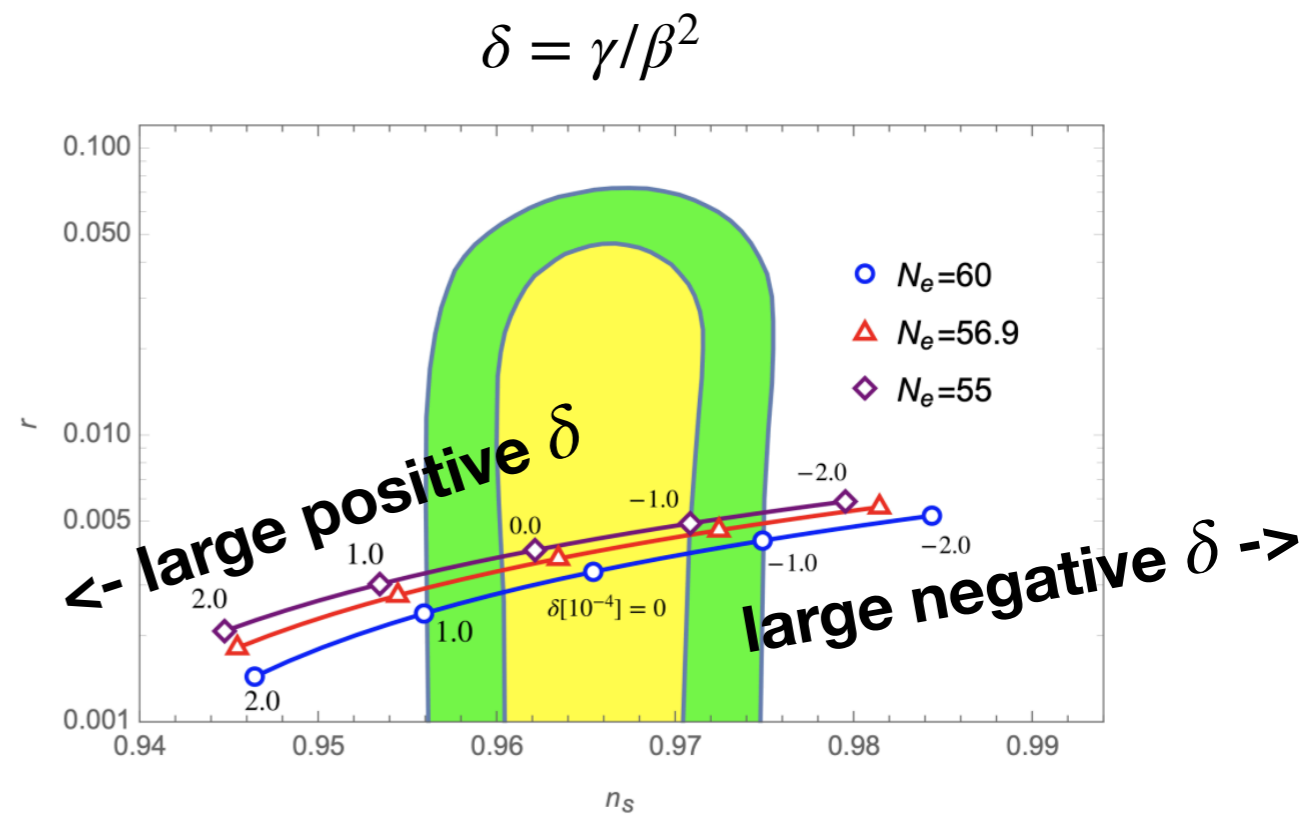
With a small γ , the potential is modified as

$$V_E(s) = V_0(s) \left[1 - \frac{2}{3} \frac{\gamma}{\beta} \left(\frac{\sigma(s) - 1}{\beta} \right) + \dots \right]$$

where

$$V_0(s) = \frac{1}{4\beta} \left(1 - \frac{1}{\sigma(s)} \right)^2 \text{ is}$$

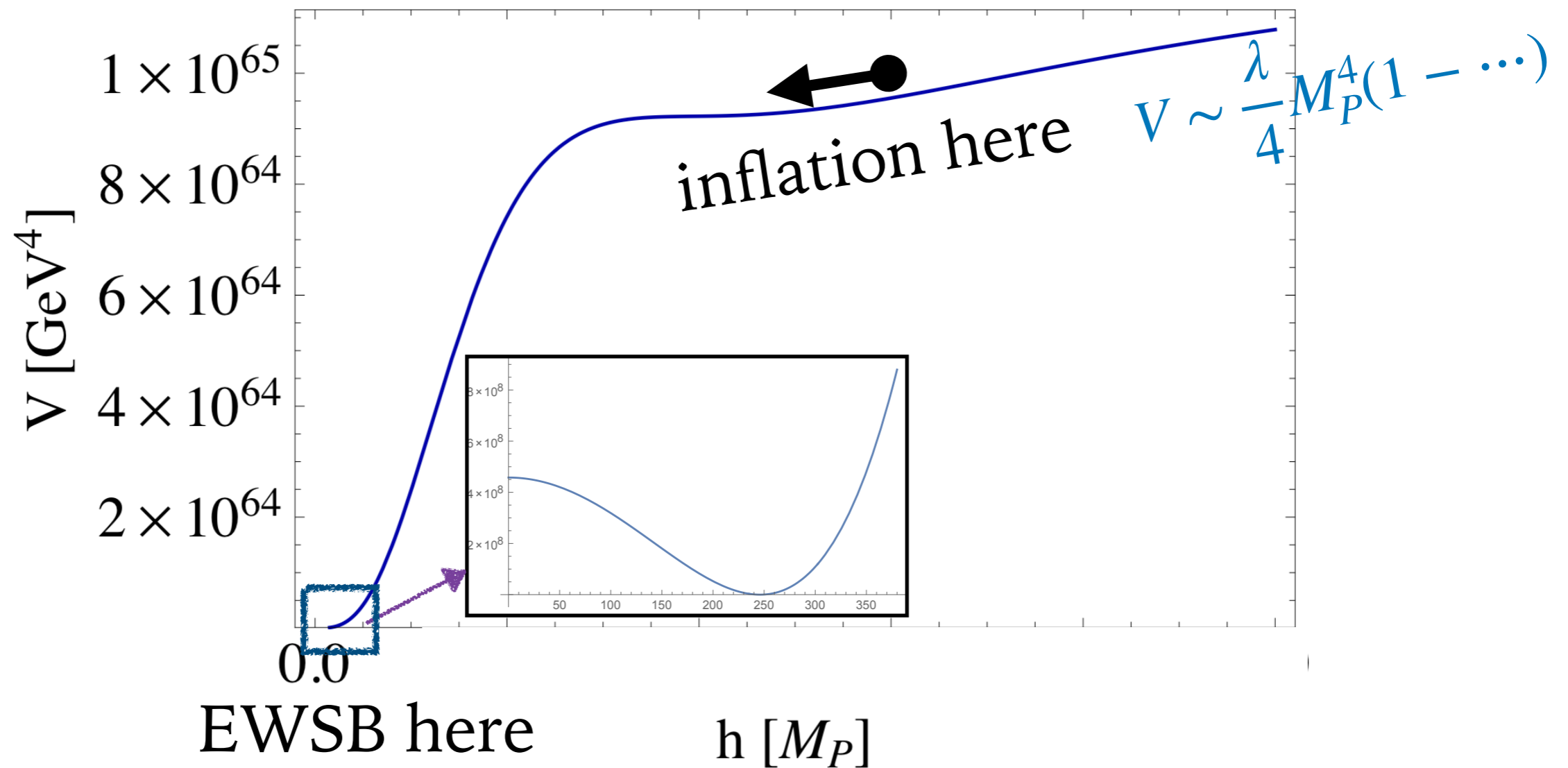
for $\gamma = 0$ with $\sigma(s) = e^{\sqrt{2/3}s}$



D. Y. Cheong, H. M. Lee and SCP,
2002.07981 (PLB)

The gauge invariant action for the Higgs

$$S_{Higgs} = \int d^4x \sqrt{-g} \left[\frac{1}{2} \left(M_P^2 + 2\xi |H|^2 \right) R + |D_\mu H|^2 - \lambda_H (|H|^2 - v^2/2)^2 \right]$$



$$V \sim \lambda (|H|^2 - v^2/2)^2$$

Bezrukov-Shaposhnikov(2007)
SCP, Yamaguchi (2007)

Planck normalization

we need

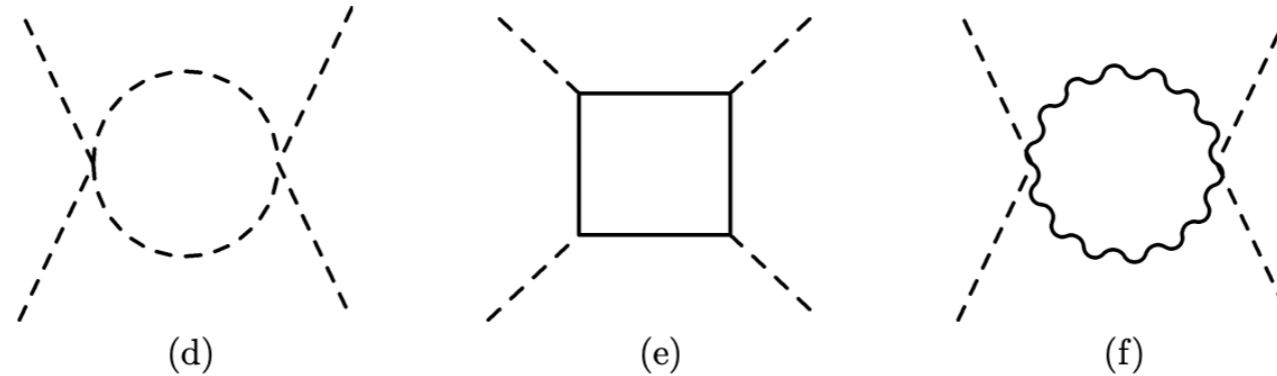
$$\frac{\lambda}{4\xi^2} \sim 10^{-10}$$

Q. Why so small?

1. $\xi \gg 1, \lambda \sim 1$: Bezrukov & Shaposhnikov (2007) **not realistic & theoretically problematic**
2. $\xi \sim 1, \lambda \ll 1$: Hamada, Kawai, Oda, SCP PRL (2014) **critical Higgs**

RG running of λ

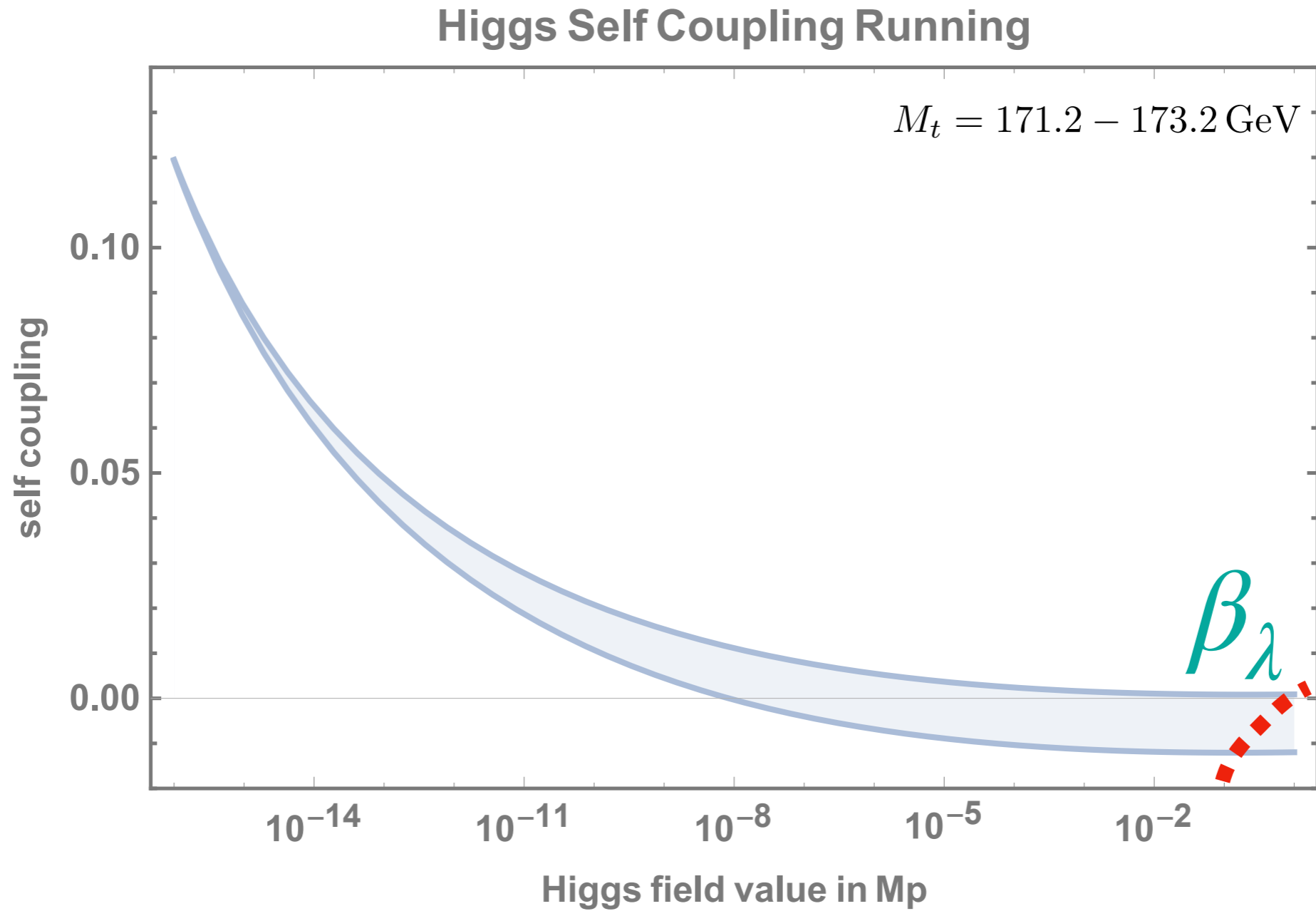
Simone, Hertzberg, Wilczek (PLB 2009), Hamada, Kawai, Oda, SCP (PRL 2014)



$$\begin{aligned}
 \beta_\lambda = & \frac{1}{(4\pi)^2} \left[24s^2\lambda^2 - 6y_t^4 + \frac{3}{8} (2g^4 + (g^2 + g'^2)^2) + (-9g^2 - 3g'^2 + 12y_t^2) \lambda \right] \\
 & + \frac{1}{(4\pi)^4} \left[\frac{1}{48} (915g^6 - 289g^4g'^2 - 559g^2g'^4 - 379g'^6) + 30sy_t^6 - y_t^4 \left(\frac{8g'^2}{3} + 32g_s^2 + 3s\lambda \right) \right. \\
 & + \lambda \left(-\frac{73}{8}g^4 + \frac{39}{4}g^2g'^2 + \frac{629}{24}sg'^4 + 108s^2g^2\lambda + 36s^2g'^2\lambda - 312s^4\lambda^2 \right) \\
 & \left. + y_t^2 \left(-\frac{9}{4}g^4 + \frac{21}{2}g^2g'^2 - \frac{19}{4}g'^4 + \lambda \left(\frac{45}{2}g^2 + \frac{85}{6}g'^2 + 80g_s^2 - 144s^2\lambda \right) \right) \right]. \quad (33)
 \end{aligned}$$

$< 0 \implies$ weaker at higher energies!!

Higgs criticality! $\lambda \approx 0 \approx \lambda'$
consistent with the current particle physics measurements



see A. Strumia's talk

Near criticality

$$\lambda(\mu_{crit}) \ll \lambda(\mu_{EW}) \sim \frac{1}{8}$$

$$\left. \frac{\lambda}{\xi^2} \right|_{\mu_{crit}} \ll \left. \frac{\lambda}{\xi^2} \right|_{\mu_{EW}}$$

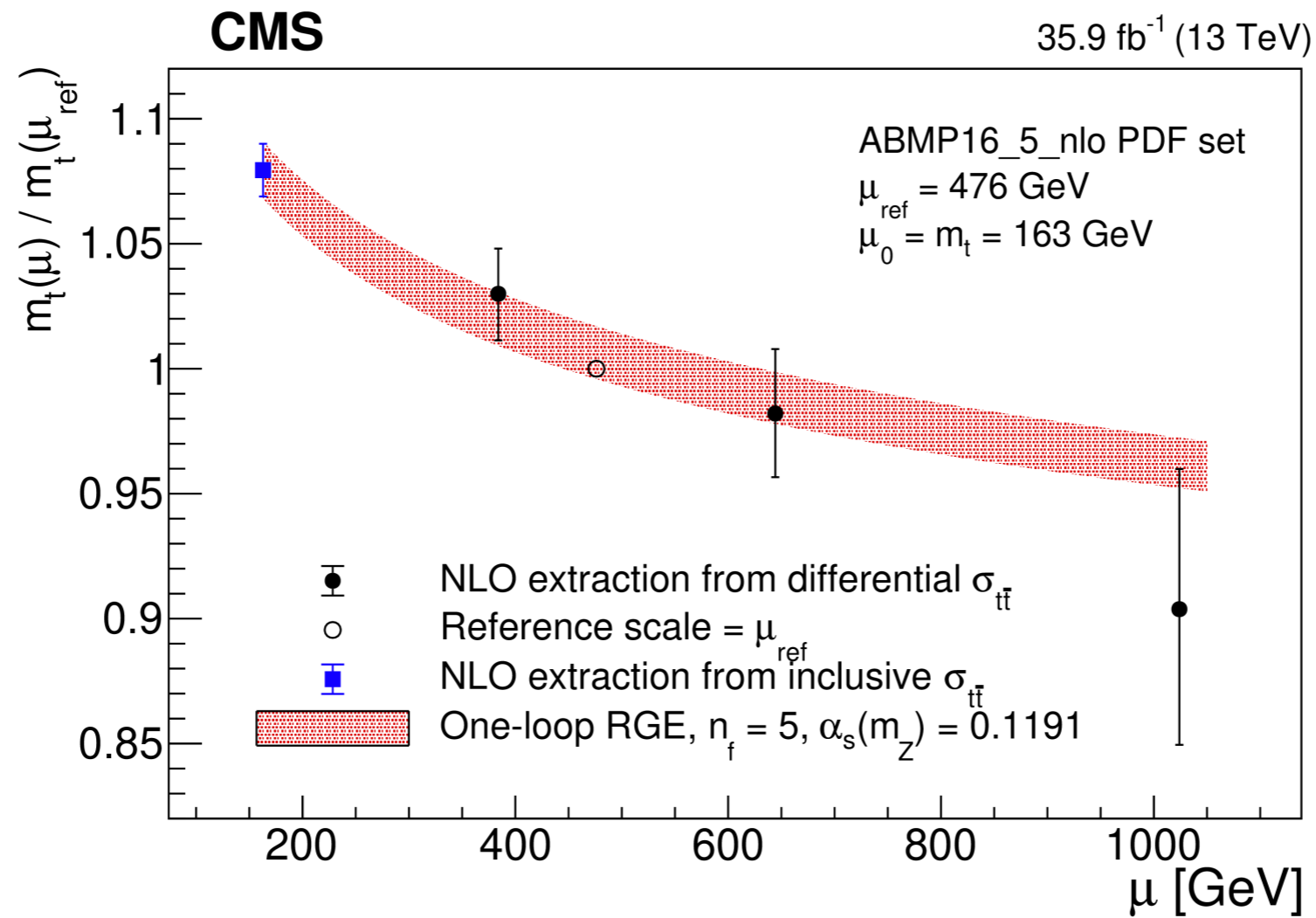
fits the Planck data!

$$\sim 10^{-10}$$

Y. Hamada, H. Kawai, K.-y. Oda, SCP PRL (2014), PRD(2015)

Running top mass

(measured for the first time in 2019)



consistent
with the
critical
Higgs!

CMS-TOP-19-007 ; CERN-EP-2019-189

Finally, Higgs + R^2

$$S = \int d^4x \sqrt{-g} \left[\frac{M_P^2 + 2\xi H^\dagger H}{2} (R + 2\Lambda_{\text{cc}}) + \frac{M_P^2}{12m_s^2} R^2 + \mathcal{L}_{\text{Higgs}} \right]$$

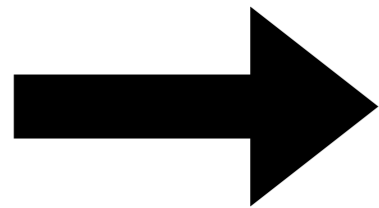
- $[\xi H^\dagger H] = \text{Mass}^2$, $[R^2] = \text{Mass}^4$: both terms are consistent with the gauge symmetries and Lorentz symmetry therefore **natural in EFT**
- **radiatively induced at loop levels**
- **cut-off** $\Lambda_{\text{Higgs}+R^2} \sim \mathcal{O} \left(\frac{M_P^2}{\xi^2 m_s^2} \right) M_P > \text{Planck! with } m_s < M_P/\xi$

(details later..)

$$(h, R) \sim (h, \chi)$$

$$S_J = \int d^4x \sqrt{-g} \left[\frac{M_P^2 + \xi h^2}{2} R + \frac{M_P^2}{12m_s^2} R^2 - \frac{1}{2} g^{\mu\nu} \partial_\mu h \partial_\nu h - \frac{g^2}{4} g^{\mu\nu} W_\mu^+ W_\nu^- (h+v)^2 + \dots - \frac{\lambda}{4} h^4 + \mathcal{L} \right].$$

'Trick' for $f(R)$



$$S_J = \int d^4x \sqrt{-g} \left[\frac{M_P^2 + \xi h^2}{2} \chi + \frac{M_P^2}{12m_s^2} \chi^2 + \left(\frac{M_P^2 + \xi h^2}{2} + \frac{M_P^2}{6\mu^2} \chi \right) (R - \chi) - \frac{1}{2} g^{\mu\nu} \partial_\mu h \partial_\nu h - \frac{g^2}{4} g^{\mu\nu} W_\mu^+ W_\nu^- (h+v)^2 + \dots - \frac{\lambda}{4} h^4 + \mathcal{L} \right]$$

New NM coupling

$$= \int d^4x \sqrt{-g} \left[\underbrace{\left(\frac{M_P^2 + \xi h^2}{2} + \frac{M_P^2}{6m_s^2} \chi \right)}_{(*)} R - \frac{M_P^2}{12\mu^2} \chi^2 - \frac{1}{2} g^{\mu\nu} \partial_\mu h \partial_\nu h - \frac{g^2}{4} g^{\mu\nu} W_\mu^+ W_\nu^- (h+v)^2 + \dots - \frac{\lambda}{4} h^4 + \mathcal{L} \right],$$

New scalar potential

$(h, \chi) \sim (h, s)$ in Einstein frame

New NM coupling

$$(*) = \frac{M_P^2}{2} \Omega^2 (S),$$

$$\Omega^2 \equiv 1 + \xi \frac{h^2}{M_P^2} + \frac{\chi}{3m_s^2} \equiv e^{\sqrt{\frac{2}{3}} \frac{s}{M_P}}, \quad \text{s: scalaron}$$

Weyl $g_{\mu\nu}^E = \Omega^2 g_{\mu\nu}, \quad g_E = \Omega^8 g.$



$$S = \int d^4x \sqrt{-g_E} \left[\frac{M_P^2}{2} R_E - \frac{1}{2} (\partial_\mu s)^2 - \frac{1}{2} \Omega^{-2} (\partial_\mu h)^2 - V(h, s) + \dots \right]$$

$$V(h, s) = \frac{\lambda}{4} \Omega^{-4} h^4 + \frac{3}{4} m_s^2 M_P^2 \left(1 - \left(1 + \frac{\xi h^2}{M_P^2} \right) \Omega^{-2} \right)^2$$

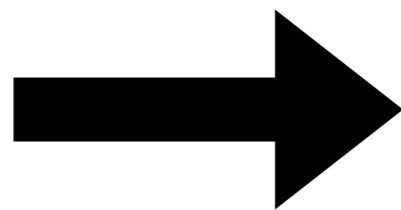
(Higgs- R^2) is equivalent to (Higgs-Scalaron)!

Perturbative cutoff of Higgs-R²

$$V(h, s) = \frac{\lambda}{4} \Omega^{-4} h^4 + \frac{3}{4} m_s^2 M_P^2 \left(1 - \left(1 + \frac{\xi h^2}{M_P^2} \right) \Omega^{-2} \right)^2$$

expand
around (0,0)

$$\begin{aligned} V(h, s) &= \frac{\lambda}{4} \sum_{k=0}^{\infty} \frac{(-2)^k}{k!} \left(\frac{\sqrt{2/3}}{M_P} \right)^k s^k h^4 + \frac{3}{4} m_s^2 M_P^2 \left(1 - \left(1 + \frac{\xi h^2}{M_P^2} \right) \sum_{k=0}^{\infty} \frac{(-1)^k}{k!} \left(\frac{\sqrt{2/3}}{M_P} \right)^k s^k \right)^2 \\ &= \frac{\lambda}{4} h^4 + \frac{3\xi^2 m_s^2}{4M_P^2} h^4 + \frac{1}{2} m_s^2 s^2 - \frac{m_s^3}{\sqrt{6}M_P} s^3 + \frac{7m_s^2}{36M_P^2} s^4 - \frac{\sqrt{\frac{3}{2}} \xi m_s^2}{M_P^2} s h^2 + \frac{3\xi m_s^2}{2M_P^2} h^2 s^2 \\ &\quad - \frac{\lambda}{\sqrt{6}M_P} s h^4 - \frac{m_s^2}{6\sqrt{6}M_P^3} s^5 + \left(\frac{\lambda}{3M_P^2} + \frac{\xi^2 m_s^2}{M_P^4} \right) h^4 s^2 + \frac{31m_s^2}{1620M_P^4} s^6 + \dots, \end{aligned}$$



$$\Lambda_{\text{Higgs}+R^2} \sim \mathcal{O} \left(\frac{M_P^2}{\xi^2 m_s^2} \right) M_P$$

more explicitly...

$$\Lambda_{h^4 s^{k+j}} \sim \left[\frac{4 M_P^2}{3 \xi^2 m_s^2} \frac{1}{\sum C_k \sum C_j} \right]^{\frac{1}{k+j}} M_P \gtrsim M_P, \quad (k+j = 1, 2, \dots)$$

$$\Lambda_{h^4 s^k} \sim \left[\frac{4}{\lambda \sum_k (2)^k C_k} \right]^{\frac{1}{k}} M_P \gtrsim M_P, \quad (k = 0, 1, 2, \dots)$$

$$\Lambda_{s^{k+j>4}} \sim \left[\frac{3}{4 \sum_k C_k \sum_j C_j} \frac{M_P^2}{m_s^2} \right]^{\frac{1}{k+j-4}} M_P \gtrsim M_P, \quad (k+j = 4, 5, \dots)$$


$$\Lambda_{s^{k>4}} \sim \left[\frac{3}{2 \sum_k C_k} \frac{M_P^2}{m_s^2} \right]^{\frac{1}{k-4}} M_P \gtrsim M_P, \quad (k = 5, 6, \dots) \quad \text{where } C_k = \frac{(-1)^k \sqrt{2/3}}{k!}, \quad k = 0, 1, 2, \dots$$

$$\Lambda \sim \mathcal{O} \left(\frac{M_P^2}{\xi^2 m_s^2} \right) M_P$$

scalaron (s) unitarizes the theory

(Just as the Higgs does for the SM)

$$\Lambda \sim \mathcal{O} \left(\frac{M_P^2}{\xi^2 m_s^2} \right) M_P > M_P$$



 $M_P / \xi > m_s$

Therefore, we take Higgs- R^2 theory as a natural setup to UV complete the Higgs inflation model.

(cf) Without s , $\Lambda_{Higgs} \sim \frac{M_P}{\xi}$ or $\frac{M_P}{\sqrt{\xi}}$ \Rightarrow problematic when $\xi \gg 1$

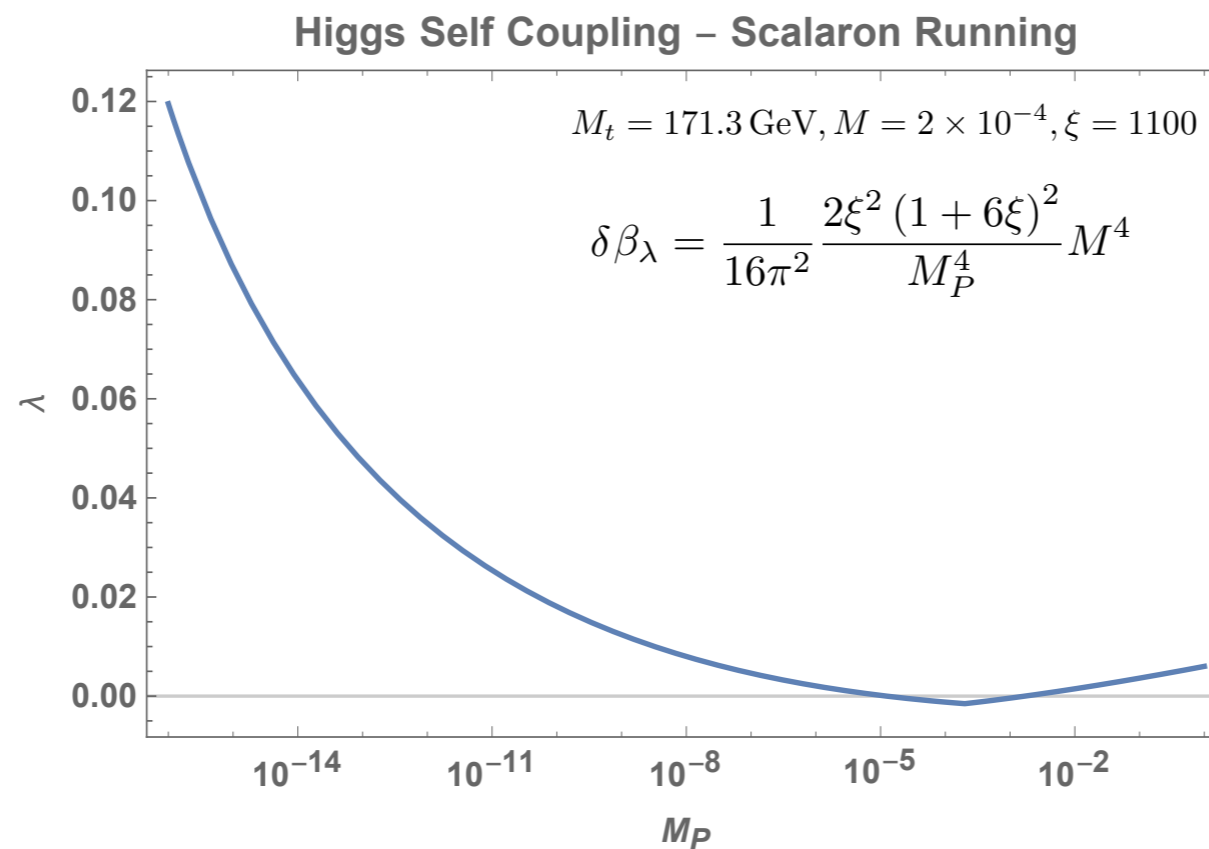
Espinosa (2009), Burgess (2010)

Running Parameters (M, ξ, λ)

scalaron mass $\beta_\alpha = -\frac{1}{16\pi^2} \frac{(1+6\xi)^2}{18}, \quad \alpha = \frac{M_P^2}{12M^2}$

NM coupling $\beta_\xi = -\frac{1}{16\pi^2} \left(\xi + \frac{1}{6}\right) \left(12\lambda + 6y_t^2 - \frac{3}{2}g'^2 - \frac{9}{2}g^2\right),$

Higgs self coupling $\beta_\lambda = \beta_{\text{SM}} + \frac{1}{16\pi^2} \frac{2\xi^2 (1+6\xi)^2 M^4}{M_P^4},$

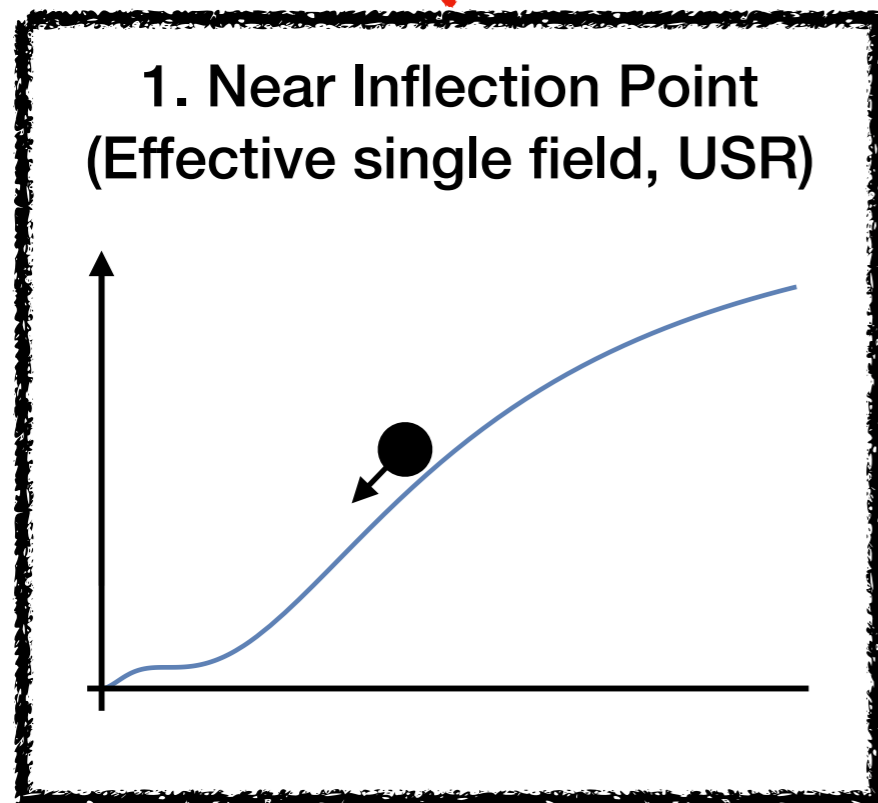


D.Gorbunov, A.Tokareva
Phys.Lett. B788 (2019) 37-41

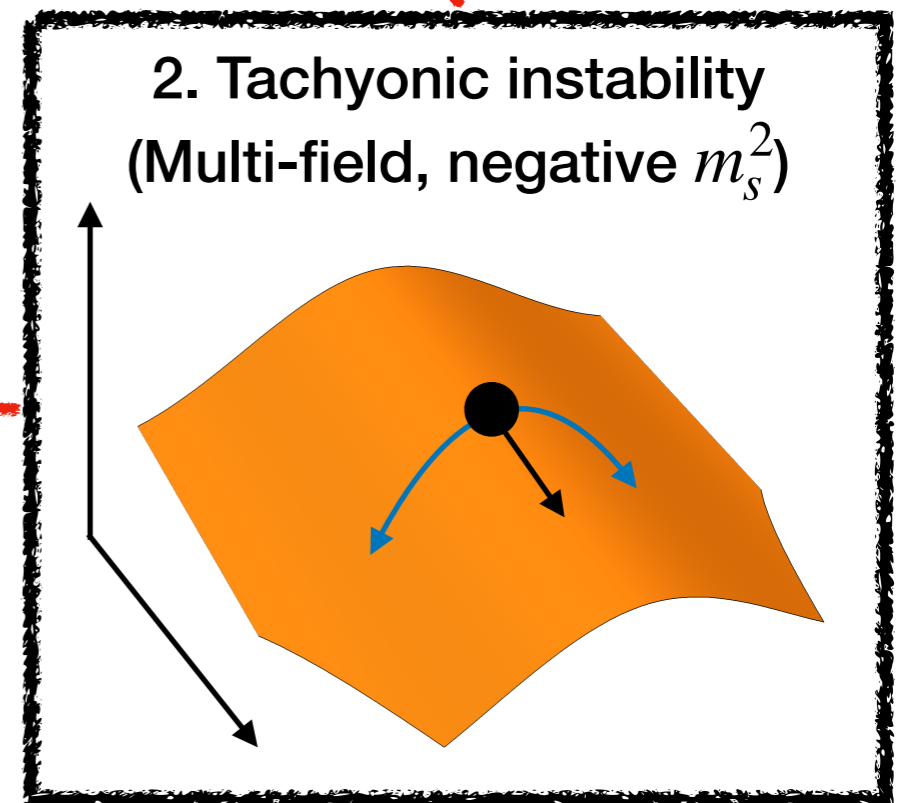
Phenomenology of Higgs- R^2 inflation

Q. theory is given, what do you want to know?

Evolution in Higgs- R^2 inflation



D. Y. Cheong, S. M. Lee, SCP JCAP 01 (2021) 032

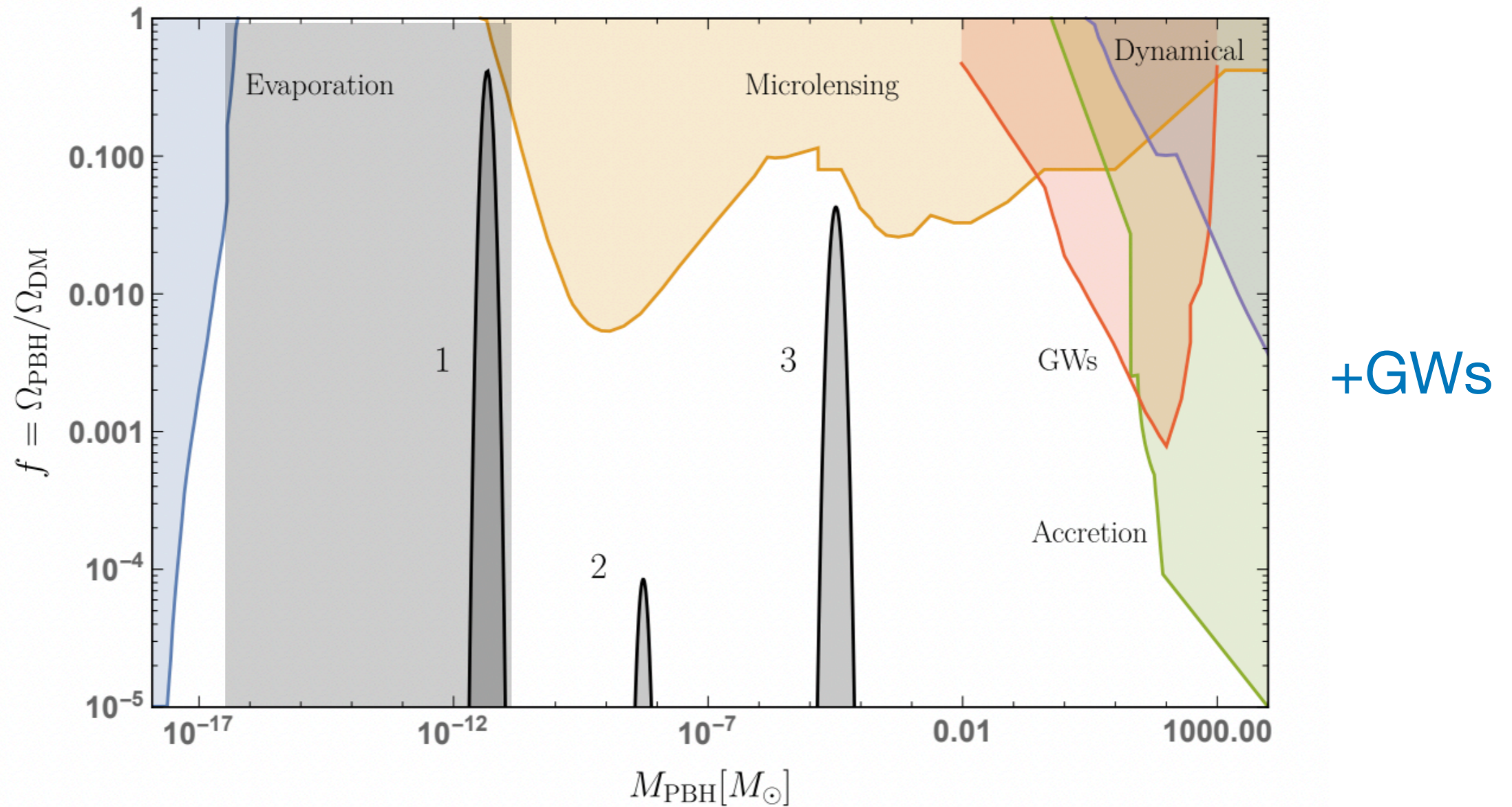


D. Y. Cheong, K. Kohri, SCP [2205.14813](#)

Enhanced Curvature Perturbation at small scales
GW & PBH Production
==> see [Dhong Yeon Cheong's talk](#)

PBH as whole Dark Matter

window here! (no BSM?)



D. Y. Cheong, S. M. Lee, SCP JCAP 01 (2021) 032

D. Y. Cheong, K. Kohri, SCP 2205.14813

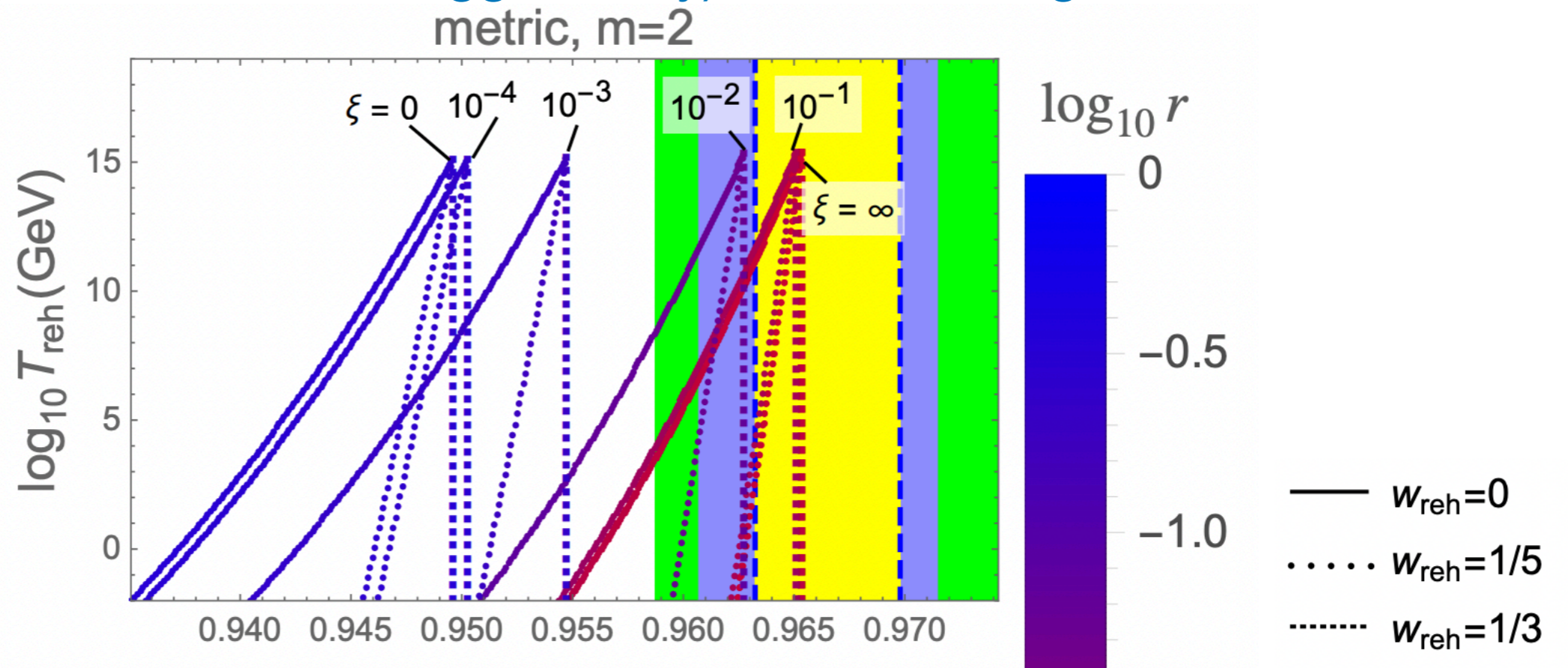
Reheating

unlike other models, **reheating is built-in** in Higgs- R^2 inflation

He, Jinno, Kamada, SCP, Starobinsky, Yokoyama, *PLB* 791 (2019) 1812.10099

Cheong, Lee, SCP, *JCAP* 02 (2022) 2111.00825

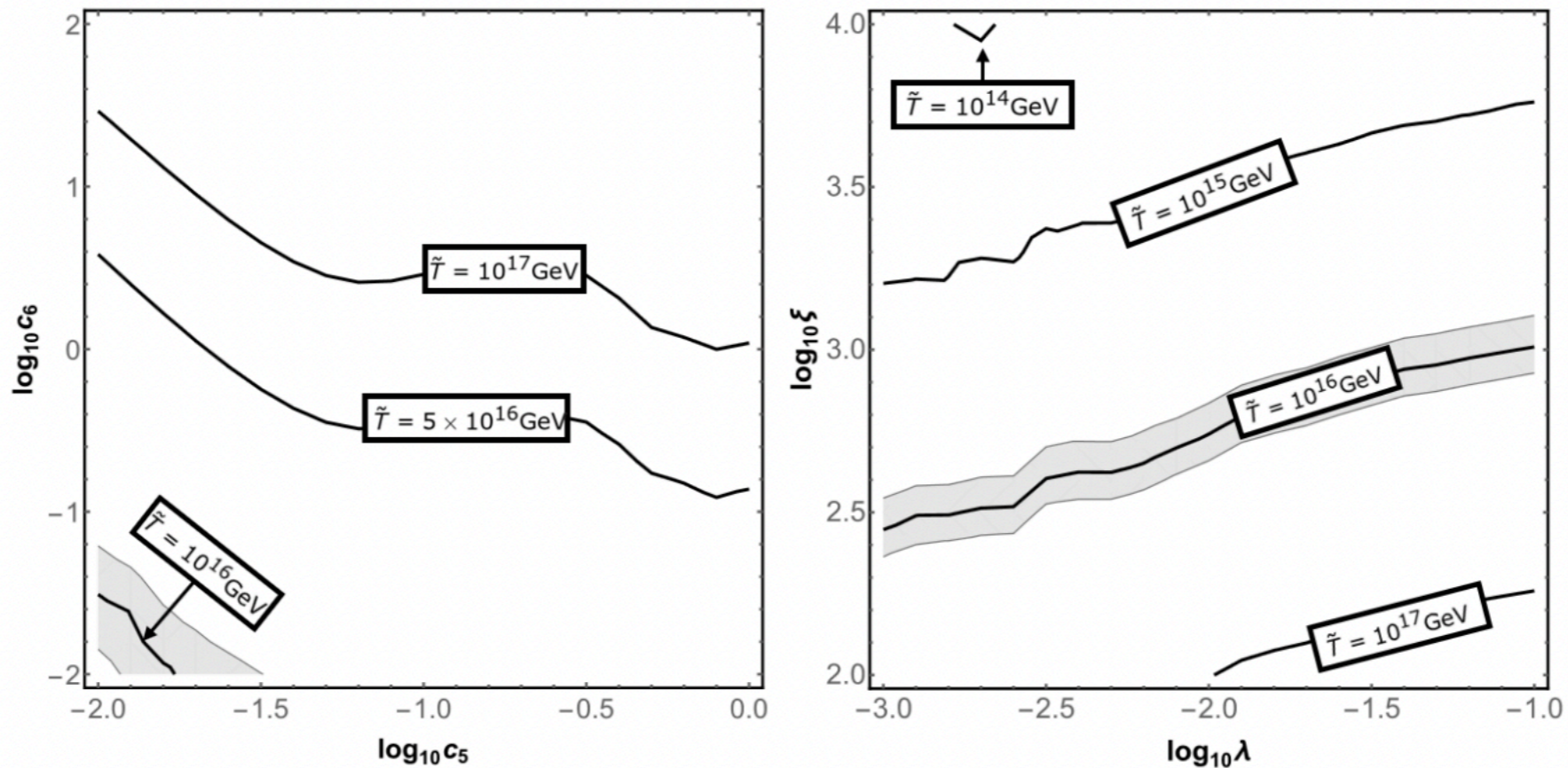
- Potential is given \Rightarrow dynamical evolution of inflation \Rightarrow (tachyonic instability + oscillation + Higgs decay) \Rightarrow reheating



- Palatini formulation (Levi-Civita connection) gives different predictions

Leptogenesis

Lee, Oda, SCP JHEP 03 (2021), [2010.07563](https://arxiv.org/abs/2010.07563)



$$\mathcal{L}_{\text{dim-5},J} = \frac{c_5}{M_P} (\bar{L}_J \tilde{\Phi}_J) (\tilde{\Phi}_J L_J)^\dagger,$$

$$\mathcal{O}_6 = -\frac{c_6}{M_P^2} \Phi_J^\dagger \Phi_J \partial_\mu j_L^\mu = \frac{c_6}{M_P^2} (\partial_\mu \phi_J^2) j_L^\mu = \frac{c_6}{M_P^2} (\partial_t \phi_J^2) j_L^0,$$

Lepton number violation

Rapid moving at
the end of inflation
(spontaneous CPT violation)

50 \implies Spontaneous Leptogenesis

Conclusion

- An EFT model based on the SM Higgs field & Gravity
 $\mathcal{L}/\sqrt{g} \ni R + \xi H^\dagger H R + R^2 - \lambda (H^\dagger H)^2 + \dots$ to provide the successful **cosmological inflation** (indeed the best fit model to the Planck data) in a way of **keeping the successful EWSB** in the SM.
- With the **RG running** effects, the model is natural ($\lambda/\xi^2 \sim 10^{-10}$ during inflation) and **unitary** with a high cutoff scale
 $\Lambda \sim \mathcal{O}(M_P^2/\xi^2 m_s^2) M_P > M_P$ thanks to the scalaron s associated with R^2 .
- PBH dark matter, GW, leptogenesis, reheating ... phenomenological studies are actively on-going
- The model links the EW scale and the inflationary scale via the common field, Higgs, so that we can **learn from both sides: particle physics@ colliders and cosmology & astrophysics.**