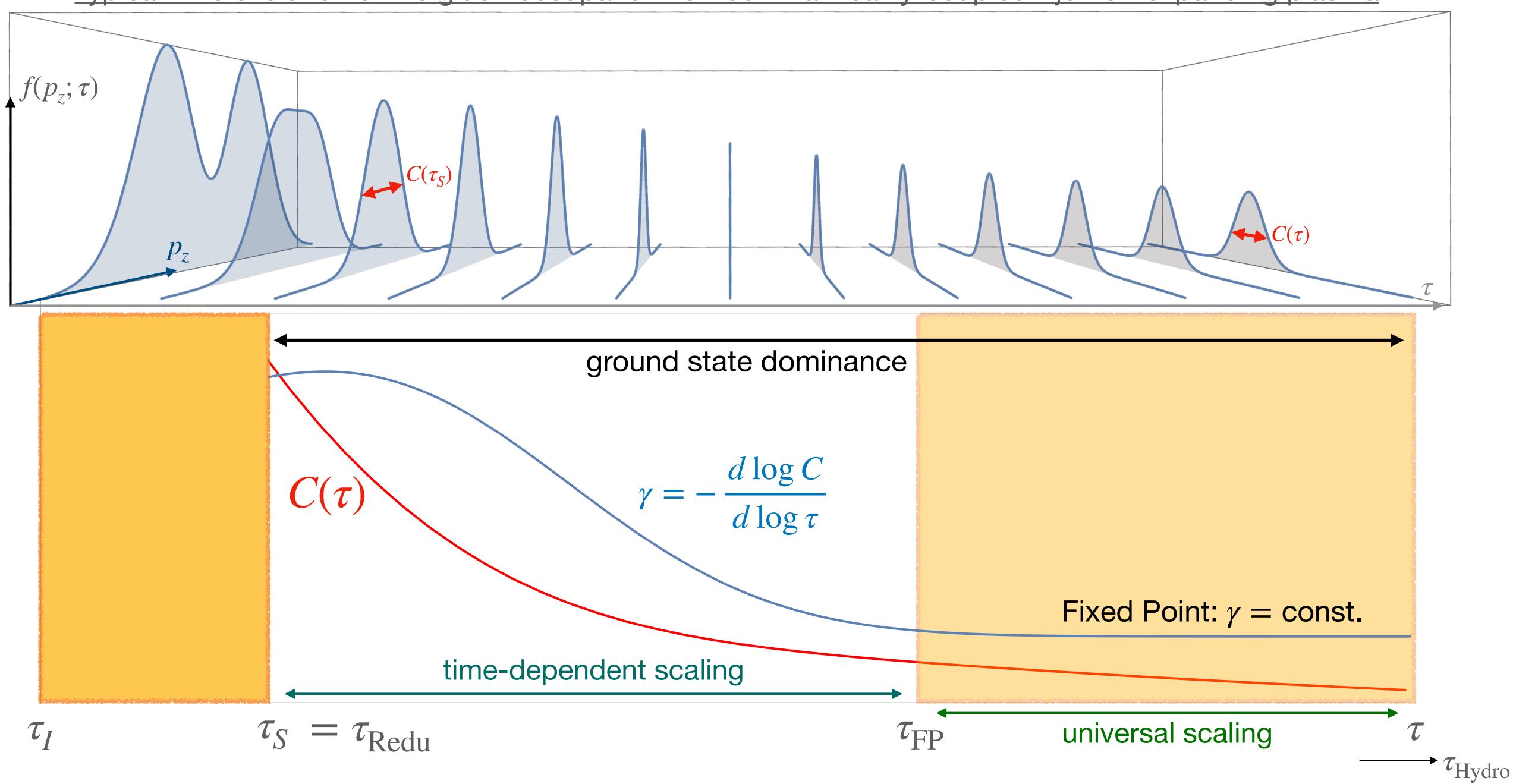
Adiabatic hydrodynamization in the 'bottom-up' thermalization scenario

Strong and Electroweak Matter June 20, 2022

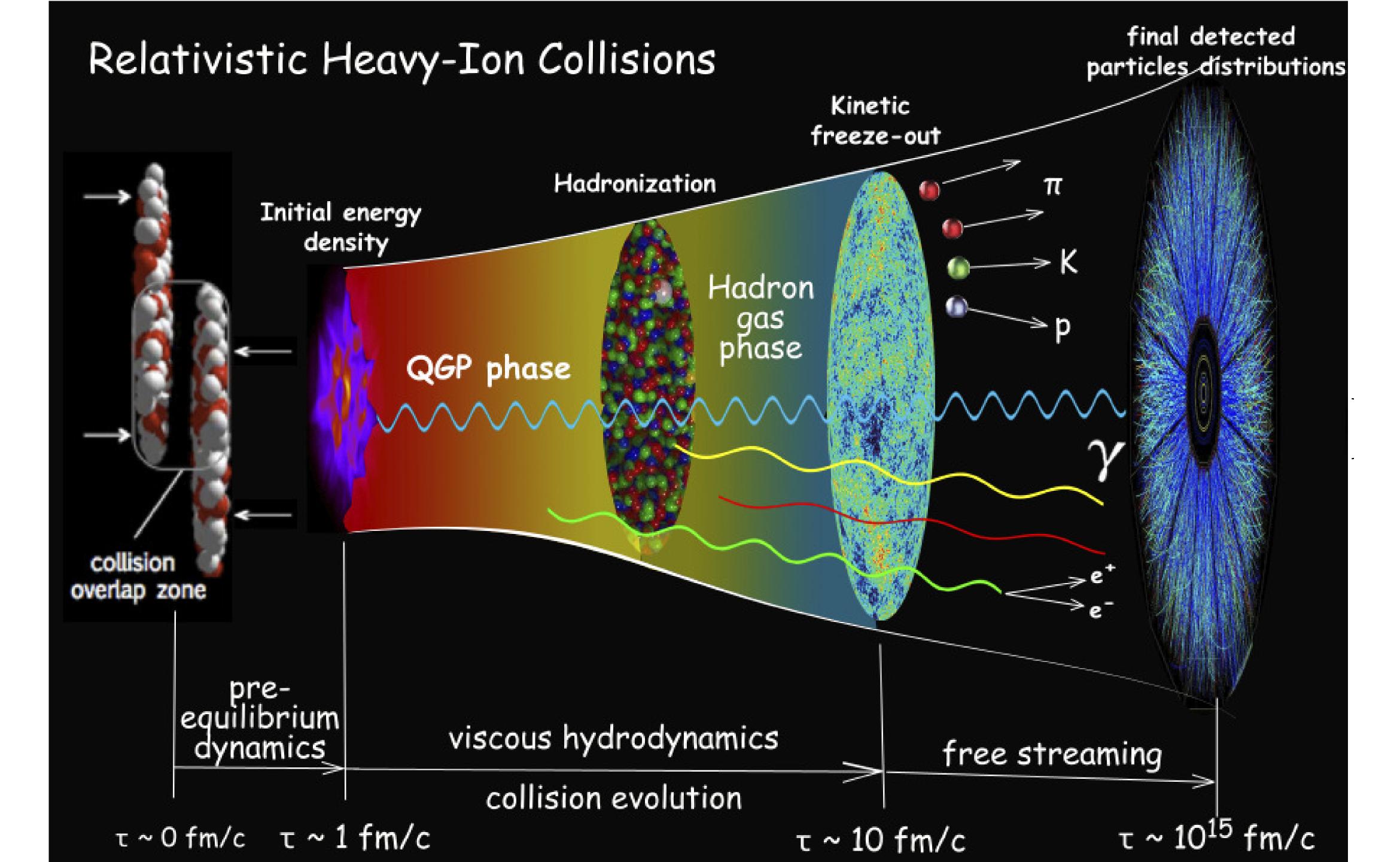
Bruno Scheihing-Hitschfeld (MIT) in collaboration with Jasmine Brewer (CERN) and Yi Yin (IMP-CAS) based on *JHEP 05 (2022) 145* [arXiv:2203.02427 [hep-ph]]

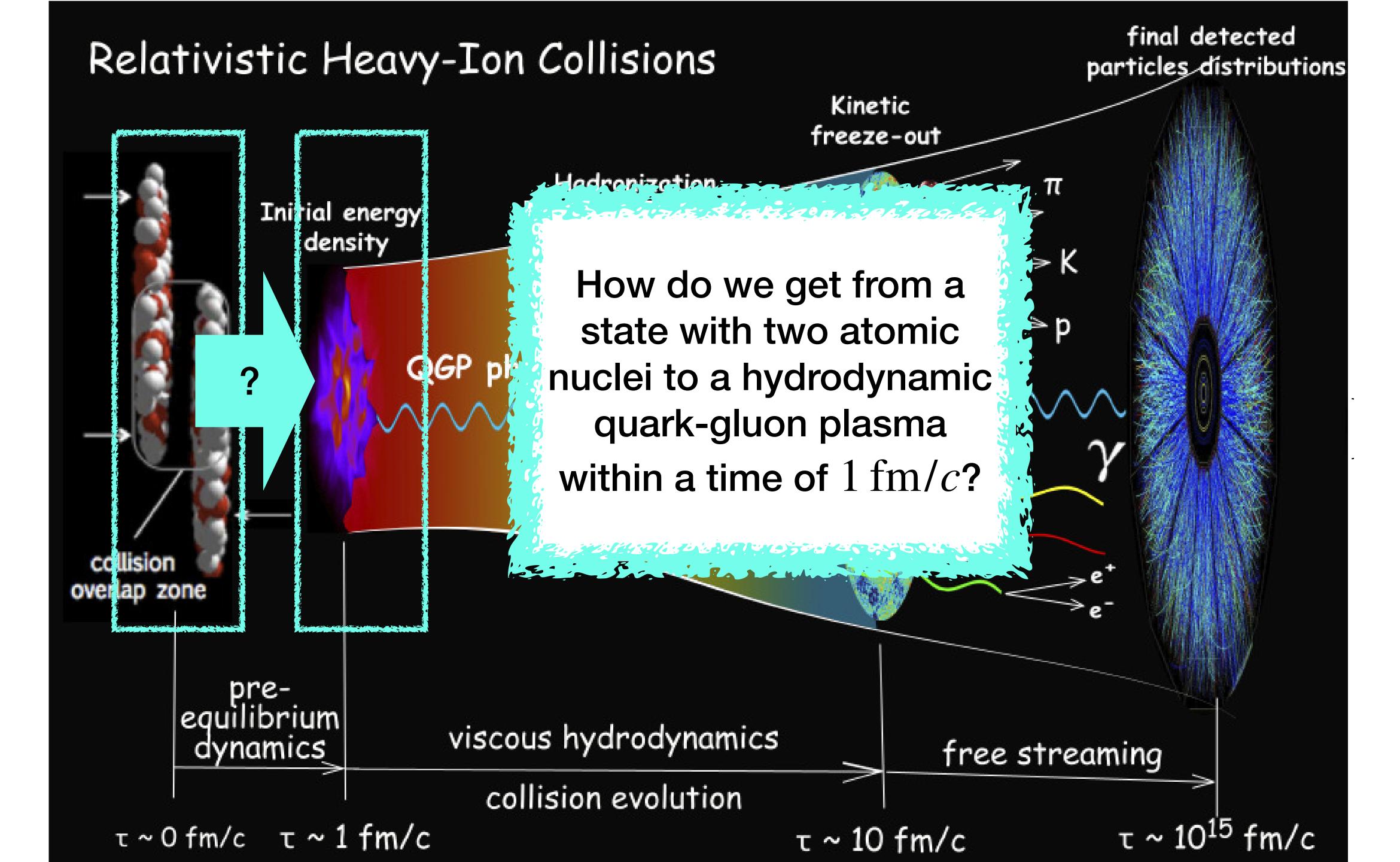






Introduction: Hydrodynamization

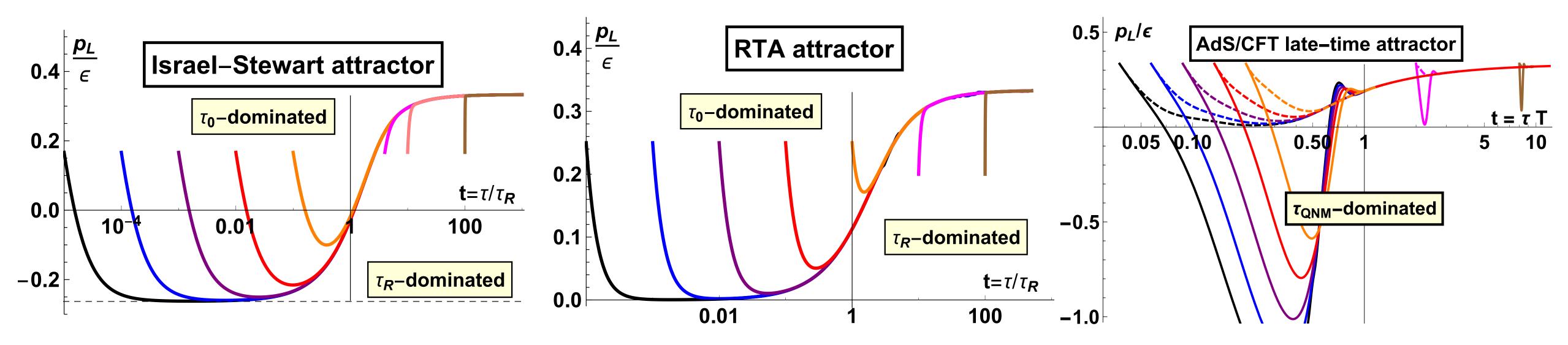




Out of equilibrium attractors

far and close to equilibrium

- Many theories describing the pre-hydrodynamic stage exhibit so-called "attractor" solutions. These solutions have been sought, found, and intensively studied over the past decade.
- The nature of the attractors can be different in different models [1]:



[1] A. Kurkela, W. van der Schee, U. A. Wiedemann, B. Wu "What attracts to attractors?" Phys. Rev. Lett. 124, 102301 (2020)

Adiabatic hydrodynamization (AH)

Adiabatic hydrodynamization as proposed by Brewer, Yan, and Yin [2]

- Idea: the essential feature of an attractor is a reduction in the number of quantities needed to describe the system.
- Brewer, Yan and Yin [2] conjectured that this is due to an emergent timescale $\tau_{\mathrm{Redu}} \ll \tau_{\mathrm{Hydro}}$ after which a set of "pre-hydrodynamic" slow modes (that gradually evolve into hydrodynamic modes) govern the system.
- Their proposal: try to understand the emergence of $\tau_{\rm Redu}$ (at which only slow modes remain) using the machinery of the adiabatic approximation in quantum mechanics.

Adiabatic hydrodynamization

adiabatic theorem and notion of adiabaticity

Consider a system whose evolution is given by

$$\partial_{\tau} | \psi \rangle = -H(\tau) | \psi \rangle,$$

where $H(\tau)$ has eigenstates/eigenvalues $\{|n(\tau)\rangle, E_n(\tau)\}_{n=0}^{\infty}$:

$$H(\tau) | n(\tau) \rangle = E_n(\tau) | n(\tau) \rangle.$$

Then, one may write the system's evolution as

$$|\psi\rangle = \sum_{n=0}^{\infty} a_n(\tau) e^{-\int^{\tau} E_n(\tau') d\tau'} |n(\tau)\rangle.$$

 Adiabaticity is the degree to which transitions between different instantaneous eigenstates are suppressed:

Adiabaticity for the *n*-th eigenstate
$$\iff \frac{a_n}{a_n} \ll |E_n - E_m|$$
, for $n \neq m$.

 When this is the case, provided there is an "energy" gap between the ground state and the excited states, one has

$$|\psi\rangle = \sum_{n=0}^{\infty} a_n(\tau) e^{-\int^{\tau} E_n(\tau') d\tau'} |n(\tau)\rangle$$

$$\approx a_0 e^{-\int^{\tau} E_0(\tau') d\tau'} |0(\tau)\rangle,$$

that is to say, the dynamics of the system collapses onto a single form.

==> Reduction in the number of variables needed to describe the system.

Adiabatic hydrodynamization

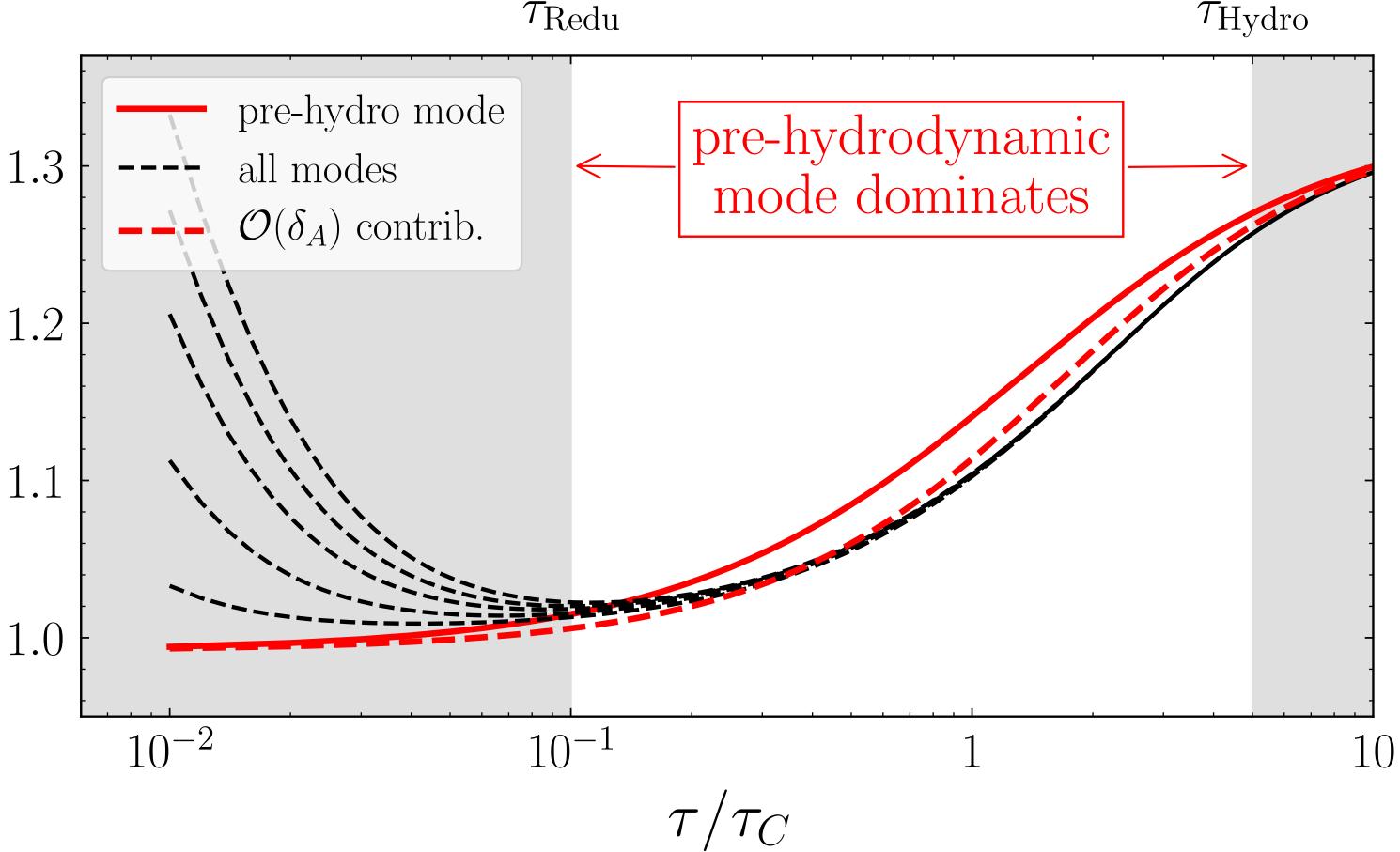
Brewer, Yan, and Yin's RTA analysis

 The first exploration of this hypothesis was made in [2], studying an RTA kinetic theory in a Bjorkenexpanding plasma:

$$\partial_{\tau} f(\mathbf{p}, \tau) - \frac{p_z}{\tau} \partial_{p_z} f(\mathbf{p}, \tau)$$

$$= -\frac{f(\mathbf{p}, \tau) - f_{eq}(\mathbf{p}; T(\tau))}{\tau_C}$$

$$g(\tau) = \partial_{\ln \tau} \ln \epsilon(\tau)$$



'Bottom-up' thermalization

'Bottom-up' thermalization as formulated by Baier, Mueller, Schiff, and Son [3]

In the BMSS scenario (in weakly-coupled QCD), thermalization proceeds as

- 1. Over-occupied hard gluons $f_g\gg 1$ at very early times $1\ll Q_s \tau \ll \alpha_s^{-3/2}$
- 2. Hard gluons become under-occupied $f_g \ll 1$, when $\alpha_s^{-3/2} \ll Q_s \tau \ll \alpha_s^{-5/2}$
- 3. Thermalization of the soft sector after $\alpha_{\rm s}^{-5/2} \ll Q_{\rm s} \tau$

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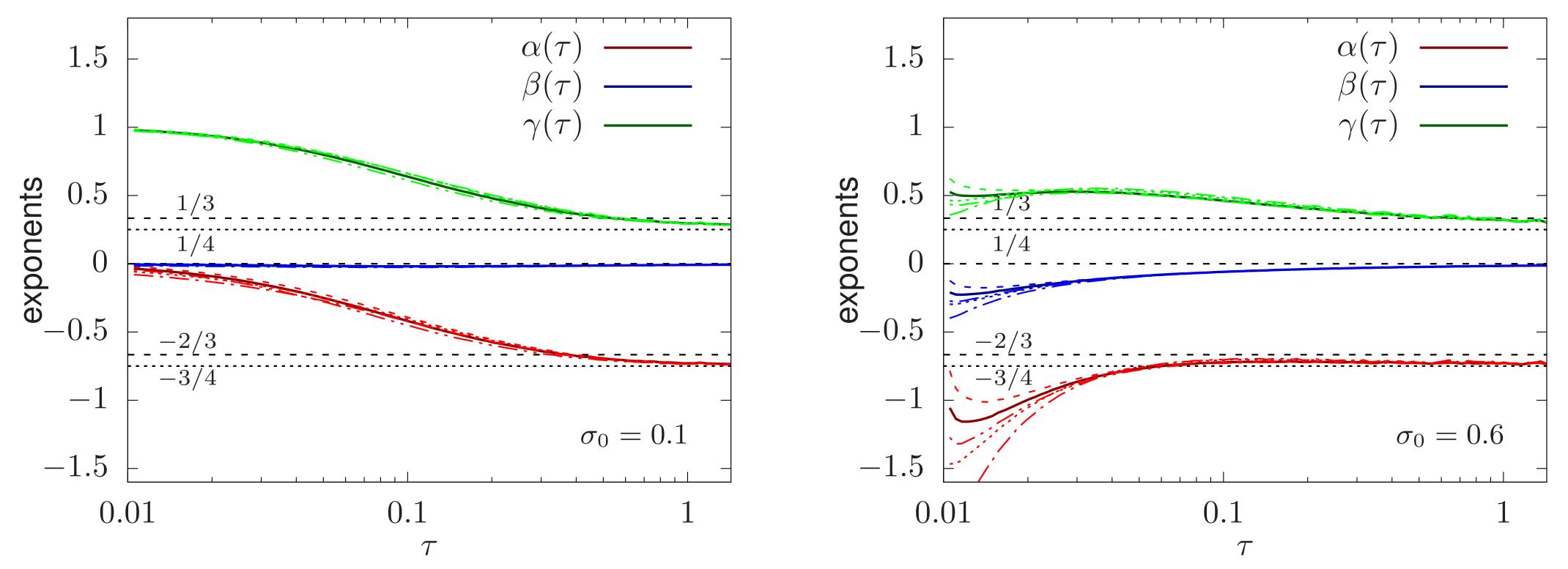
Specifically, stage 1 predicts that

$$\gamma \equiv -\frac{1}{2} \frac{\partial_{\ln \tau} \langle p_z^2 \rangle}{\langle p_z^2 \rangle} = \frac{1}{3} , \ \beta \equiv -\frac{1}{2} \frac{\partial_{\ln \tau} \langle p_\perp^2 \rangle}{\langle p_\perp^2 \rangle} = 0 .$$

Evidence for AH in QCD effective kinetic theory

A. Mazeliauskas, J. Berges [4]

• After a transient time, [4] observed that the distribution function took a time-dependent scaling form $f(p_{\perp}, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_{\perp}, \tau^{\gamma(\tau)} p_z)$.

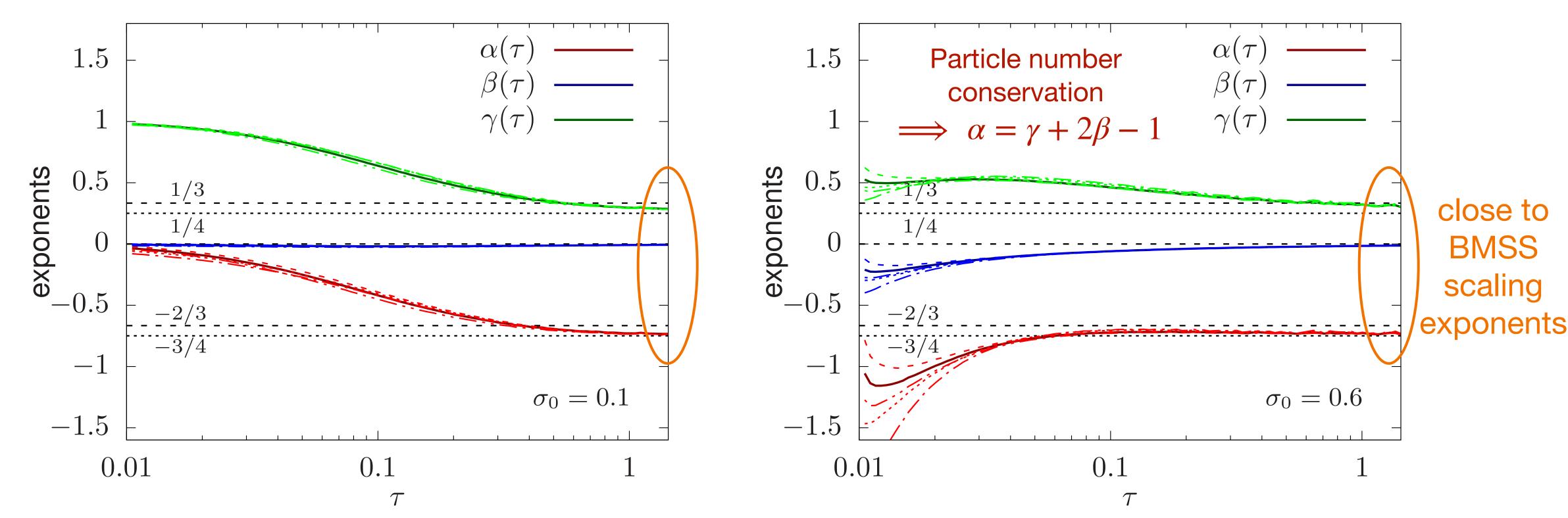


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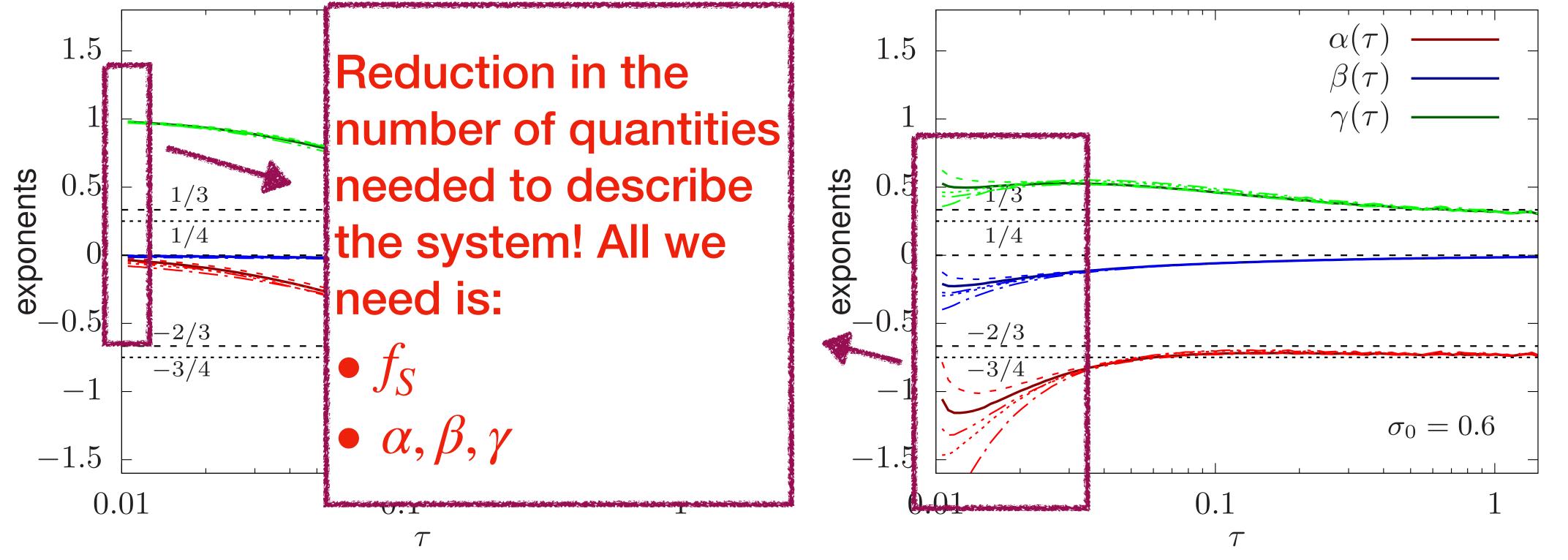
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The gluon collision kernel

in the small-angle scattering approximation [5]

 To get some analytic control, we [6] work in the small-angle scattering approximation [5]

$$\partial_{\tau} f - \frac{p_z}{\tau} \partial_{p_z} f = 4\pi \alpha_s^2 N_c^2 l_{\text{Cb}}[f] \left[I_a[f] \nabla_{\mathbf{p}}^2 f + I_b[f] \nabla_{\mathbf{p}} \cdot \left(\hat{p}(1+f) f \right) \right],$$

where

$$I_{a}[f] = \int_{\mathbf{p}} (1+f)f, \quad I_{b}[f] = \int_{\mathbf{p}} \frac{2}{p} f = \frac{m_{D}^{2}}{2N_{c}g_{s}^{2}}, \quad l_{Cb}[f] = \ln\left(\frac{p_{UV}}{p_{IR}}\right) \approx \frac{1}{2}\ln\left(\frac{\langle p_{\perp}^{2}\rangle}{m_{D}^{2}}\right)$$

• Furthermore, for the first stage of the bottom-up scenario we can consider the approximations [6]: [6] J. Brewer, B. Scheihing-Hitschfeld, Y. Yin "Scaling and adiabaticity in a rapidly expanding gluon plasma" JHEP 05 (2022) 145

$$\frac{\langle p_z^2 \rangle}{\langle p_1^2 \rangle} \ll 1 , \quad f \gg 1 ,$$

with which the kinetic equation simplifies to

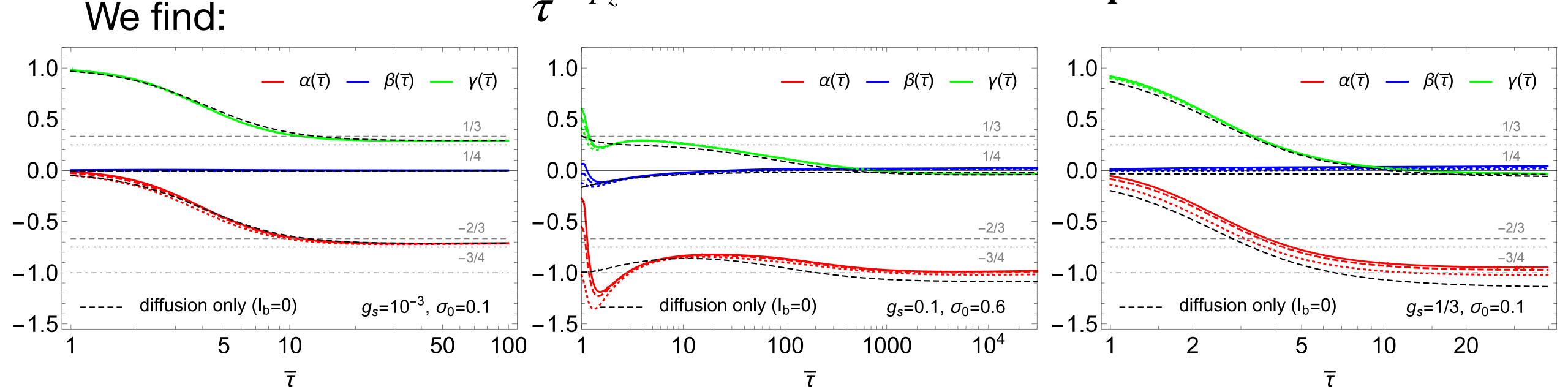
$$\partial_{\tau} f - \frac{p_z}{\tau} \partial_{p_z} f = 4\pi \alpha_s^2 N_c^2 l_{\text{Cb}}[f] I_a[f] \nabla_{\mathbf{p}}^2 f.$$

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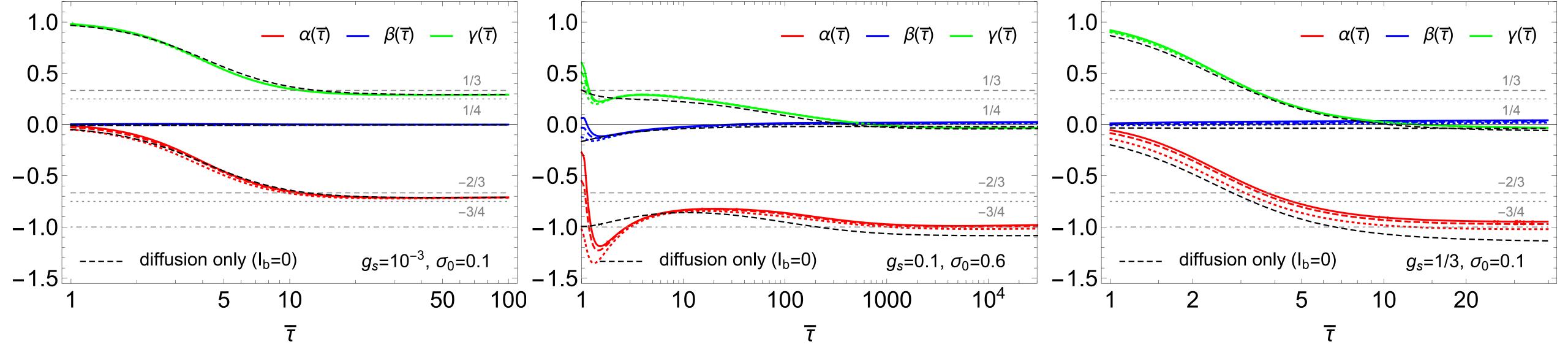
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Form of initial condition \forall plots: $f(\tau_I) = \frac{\sigma_0}{g_s^2} \exp\left(-\frac{p_\perp^2 + \xi^2 p_z^2}{Q_s^2}\right)$

$$\partial_{\tau} f - \frac{p_z}{\tau} \partial_{p_z} f = 4\pi \alpha_s^2 N_c^2 l_{\text{Cb}}[f] I_a[f] \nabla_{\mathbf{p}}^2 f.$$

We find:



Scaling and adiabaticity

'Optimizing' adiabaticity

rescaling the degrees of freedom

- From the previous discussion, we see that scaling plays a crucial role in this problem.
- This gives us a very useful tool to 'optimize' adiabaticity. For instance, if we have a distribution function evolving as

$$f(p_{\perp}, p_z, \tau) = A(\tau) w(p_{\perp}/B(\tau), p_z/C(\tau); \tau),$$

then we can look for the choice of A, B, C that maximize the degree to which the dynamics of w is adiabatic.

'Optimizing' adiabaticity

in practice

The original kinetic equation has the form

$$\tau \partial_{\tau} f - p_z \partial_{p_z} f = q(\tau) \nabla_{\mathbf{p}}^2 f.$$

• Then, by introducing $\zeta=p_{\perp}/B$, $\xi=p_z/C$, $y=\log(\tau/\tau_I)$, and the scaling exponents $\alpha=\partial_y\ln A$, $\beta=-\partial_y\ln B$, $\gamma=-\partial_y\ln C$, one obtains that

$$\partial_{y}w=-\mathscr{H}w,$$

with
$$\mathscr{H}=\alpha-(1-\gamma)\Big[\tilde{q}\,\partial_{\xi}^2+\xi\,\partial_{\xi}\Big]+\beta\,\Big[\tilde{q}_B(\partial_{\zeta}^2+\frac{1}{\zeta}\partial_{\zeta})+\zeta\,\partial_{\zeta}\Big].$$

$$\tilde{q}=\frac{q}{C^2(1-\gamma)},\,\tilde{q}_B\equiv-\frac{q}{B^2\beta}$$

What is the advantage of this?

- Because A, B, C are a choice of coordinates (a "gauge" choice to describe the system), we can choose them such that $\tilde{q} = \tilde{q}_B = 1$.
- Then, we get

$$\mathcal{H} = \alpha - (1 - \gamma) \left[\partial_{\xi}^{2} + \xi \, \partial_{\xi} \right] + \beta \left[\partial_{\zeta}^{2} + \frac{1}{\zeta} \partial_{\zeta} + \zeta \, \partial_{\zeta} \right],$$

which is a separable Hamiltonian of the form

$$\mathcal{H} = f_0(y) H_0 + f_1(y) H_{\xi} + f_2(y) H_{\zeta},$$

where the Hamiltonians H_0, H_{ξ}, H_{ζ} are constant and can be "diagonalized" simultaneously. In this situation, the adiabatic approximation is exact.

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low-lying energy states

- We can choose A such that $\alpha=\gamma+2\beta-1$ to set the ground state energy $\mathscr{E}_{0,0}=0$.
- The eigenvalues of \mathscr{H} are $\mathscr{E}_{n,m}=2n(1-\gamma)-2m\beta$, $n,m=0,1,2,\ldots$
- The left and right eigenstates are:

$$\phi_{n,m}^L = \text{He}_{2n} \left(\frac{\xi}{\sqrt{\tilde{q}}}\right) {}_1F_1 \left(-2m, 1, \frac{\zeta^2}{2\tilde{q}_B}\right),$$

$$\phi_{n,m}^{R} = \frac{1}{\sqrt{2\pi\tilde{q}}(2n)!} \frac{1}{\tilde{q}_{B}} \operatorname{He}_{2n} \left(\frac{\xi}{\sqrt{\tilde{q}}}\right) {}_{1}F_{1} \left(-2m,1,\frac{\zeta^{2}}{2\tilde{q}_{B}}\right) e^{-\frac{\xi^{2}}{2\tilde{q}} - \frac{\zeta^{2}}{2\tilde{q}_{B}}}$$

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Gapped energy levels! ⇒ Ground state will

Ground state will dominate after a transient time

$$\phi_{n,m}^{R} = \frac{1}{\sqrt{2\pi\tilde{q}(2n)!}} \frac{1}{\tilde{q}_{B}} \operatorname{He}_{2n} \left(\frac{\xi}{\sqrt{\tilde{q}}}\right) {}_{1}F_{1} \left(-2m,1,\frac{\zeta^{2}}{2\tilde{q}_{B}}\right) e^{-\frac{\xi^{2}}{2\tilde{q}} - \frac{\zeta^{2}}{2\tilde{q}_{B}}}$$

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$$\operatorname{Left and rise in eigenstate}$$

$$\phi_{n,m}^{R} = \frac{1}{\sqrt{2\pi\tilde{q}}(2n)!} \frac{1}{\tilde{q}_{B}} \operatorname{He}_{2n} \left(\frac{\xi}{\sqrt{\tilde{q}}}\right)_{1} F_{1} \left(-2m, 1, \frac{\zeta^{2}}{2\tilde{q}_{B}}\right) e^{-\frac{\xi^{2}}{2\tilde{q}} - \frac{\zeta^{2}}{2\tilde{q}_{B}}}$$

$$\operatorname{because} \tilde{g}_{hermitian}$$

eigenstates differ because ${\mathscr H}$ is not

evolution equations for the scaling exponents

• This "diagonalization" was achieved by taking $\tilde{q}=\tilde{q}_B=1$. This implies evolution equations for the scaling exponents:

$$\partial_{y}\beta = (\partial_{y}\ln q + 2\beta)\beta$$
, $\partial_{y}\gamma = (\partial_{y}\ln q + 2\gamma)(\gamma - 1)$.

- To close the system, one needs to specify how q evolves.
- However, since we showed that the system is gapped, we can get a good description of the evolution by solving for $q[f;\tau]$ assuming w is in its ground state.
 - Corrections from excited states can also be included systematically.

Flow of γ , β under time evolution

Open circles: fixed points with $\dot{l}_{\mathrm{Cb}}=0$, Filled circles: fixed points with $\dot{l}_{\mathrm{Cb}}=0.4$

over – occupied
$$(A \gg 1 \iff "f \gg 1")$$
:

dilute
$$(A \ll 1 \iff "f \ll 1")$$
:

$$\partial_{y}\beta = \left(\gamma + 4\beta - 1 + i_{Cb}\right)\beta,$$

$$\partial_{y}\gamma = \left(3\gamma + 2\beta_{S} - 1 + i_{Cb}\right)(\gamma - 1).$$

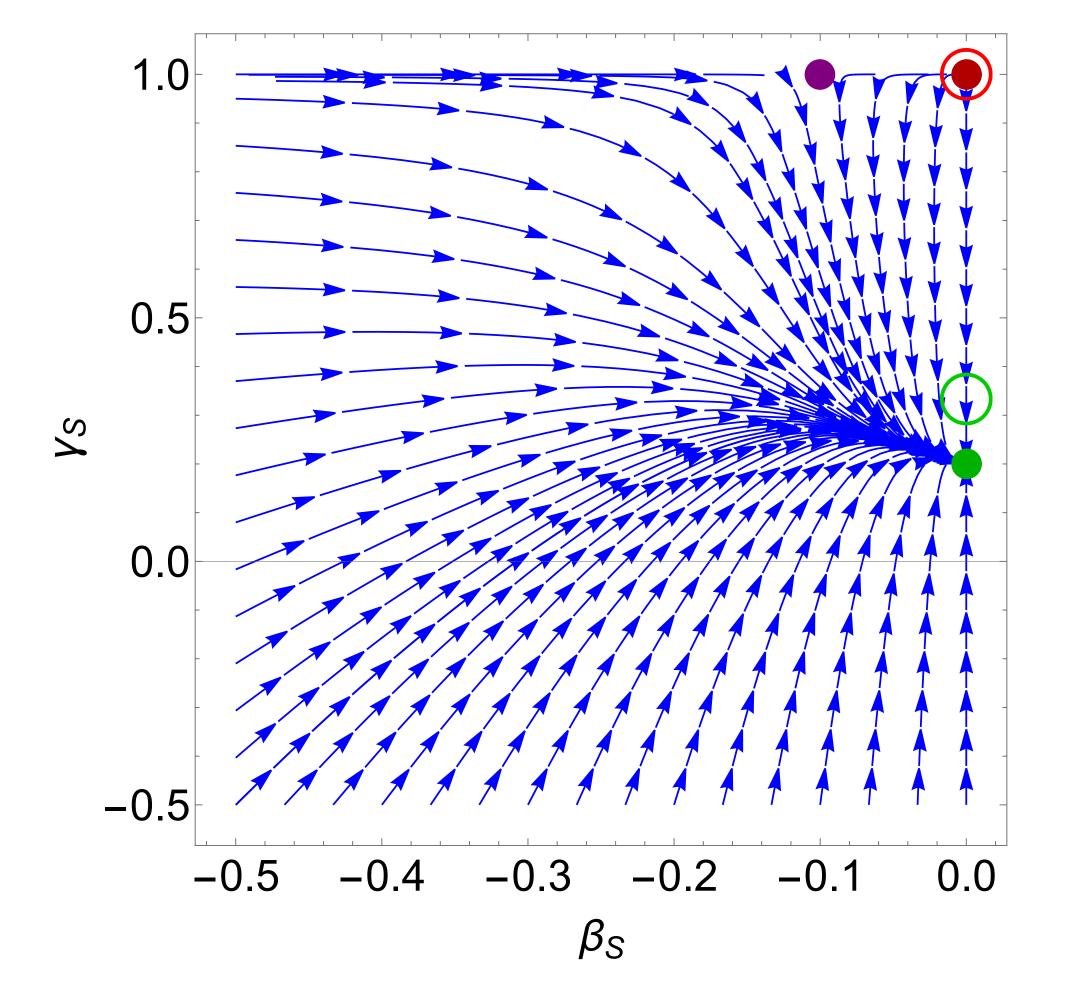
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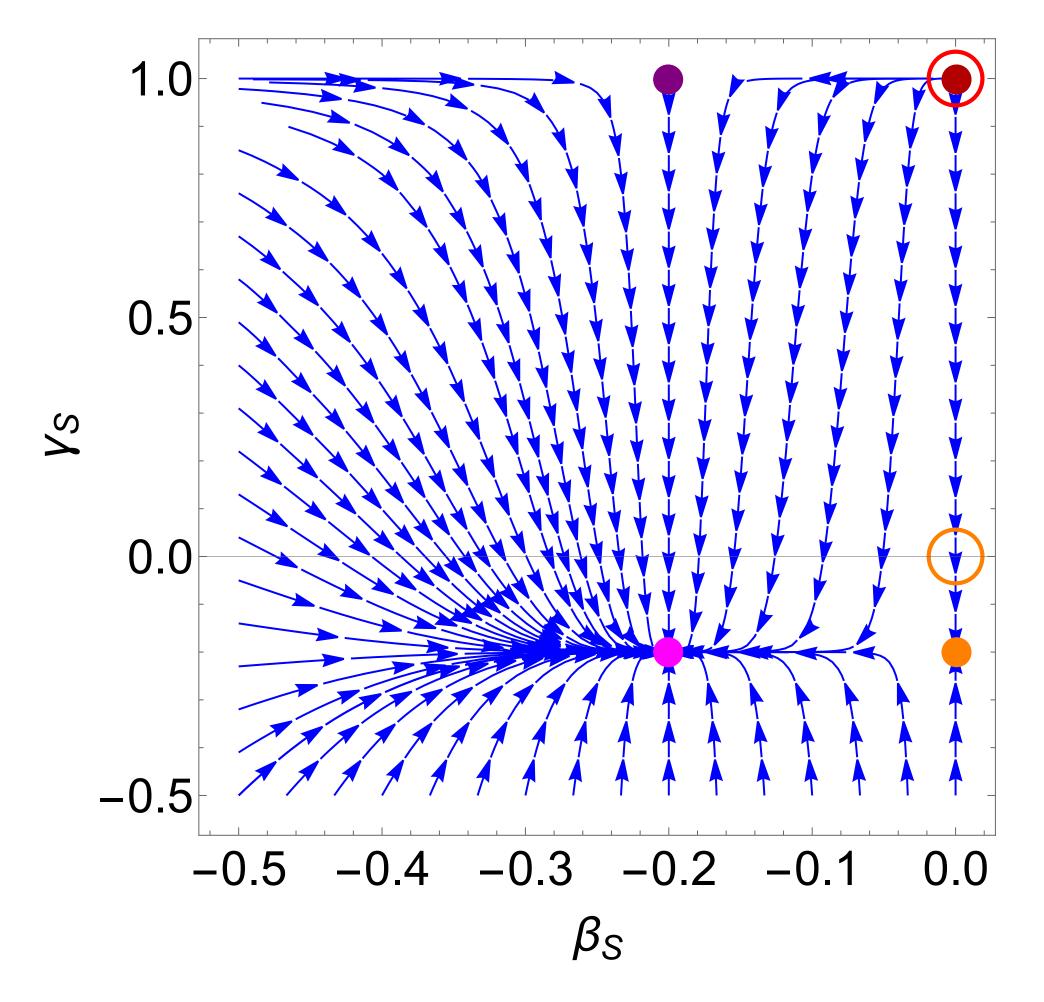
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Scaling exponents

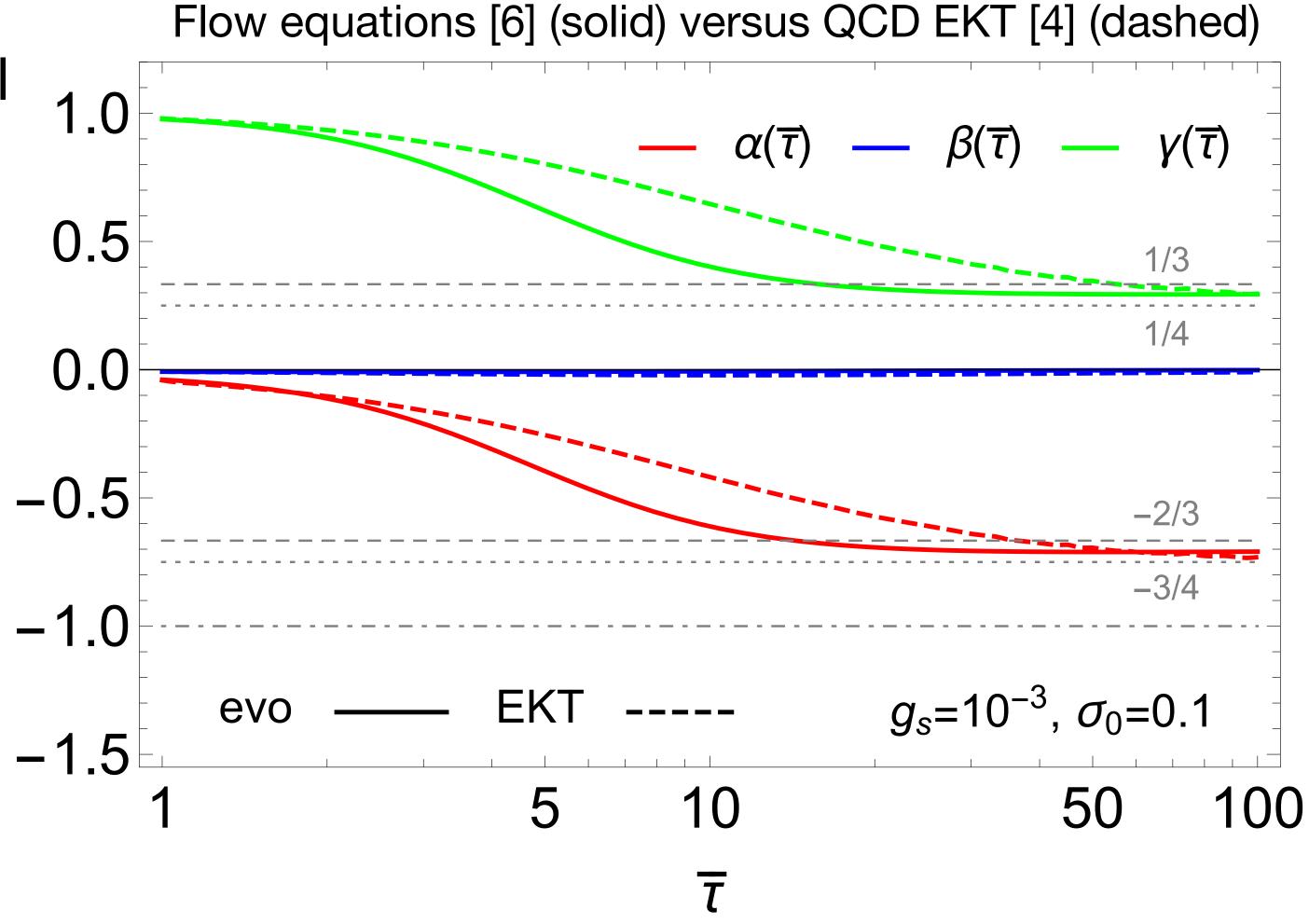
comparison with QCD EKT

 We compare our results with those of [4], using the same initial condition:

$$f(\tau_I) = \frac{\sigma_0}{g_s^2} \exp\left(-\frac{p_{\perp}^2 + \xi^2 p_z^2}{Q_s^2}\right).$$

 In our description, for this initial condition we predict a deviation from the BMSS scaling exponents given by:

$$\delta \gamma \equiv \gamma - \frac{1}{3} = -\frac{1}{3 \ln \left(\frac{4\pi\tau}{N_c \tau_I \sigma_0}\right)}$$



Scaling exponents

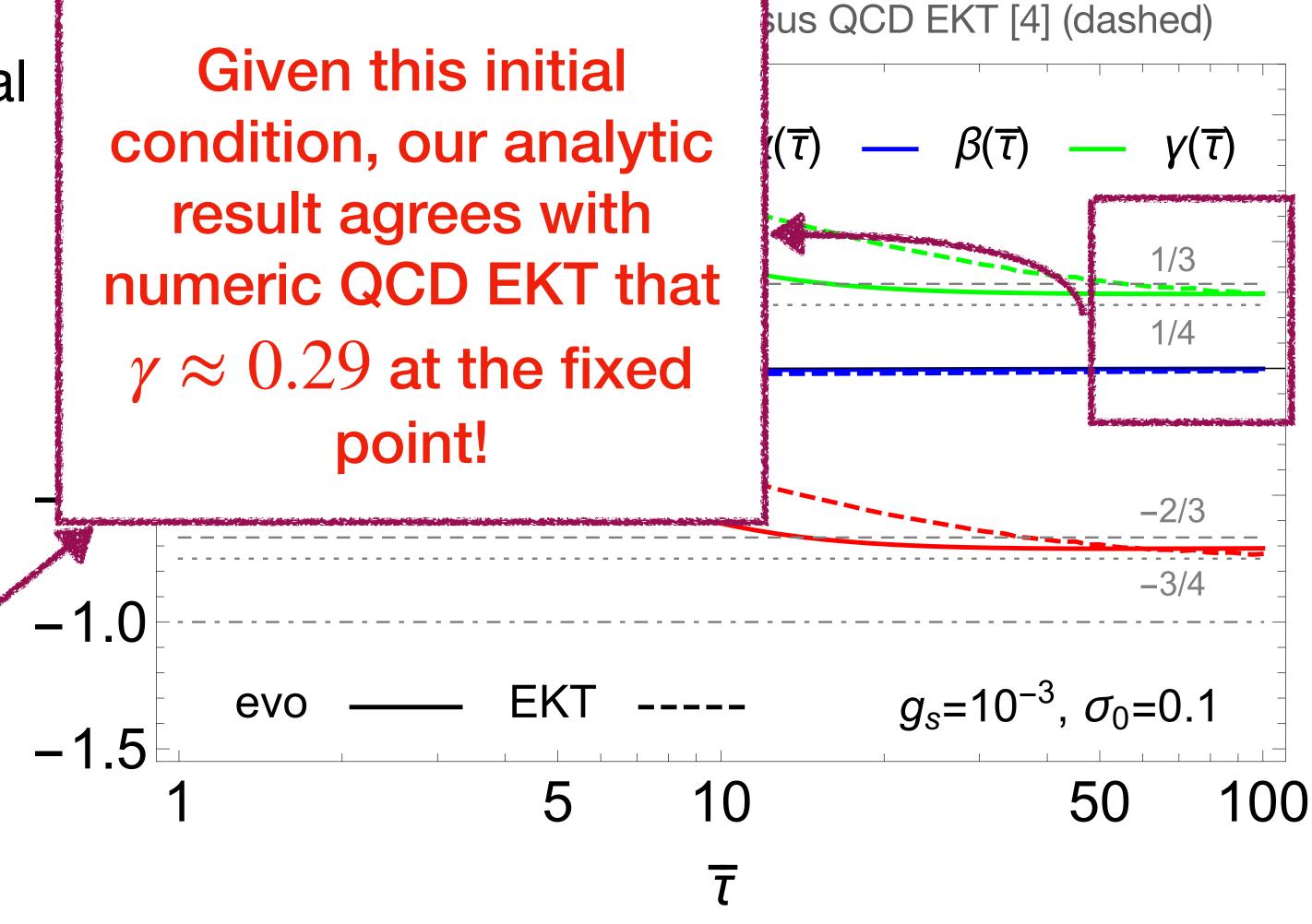
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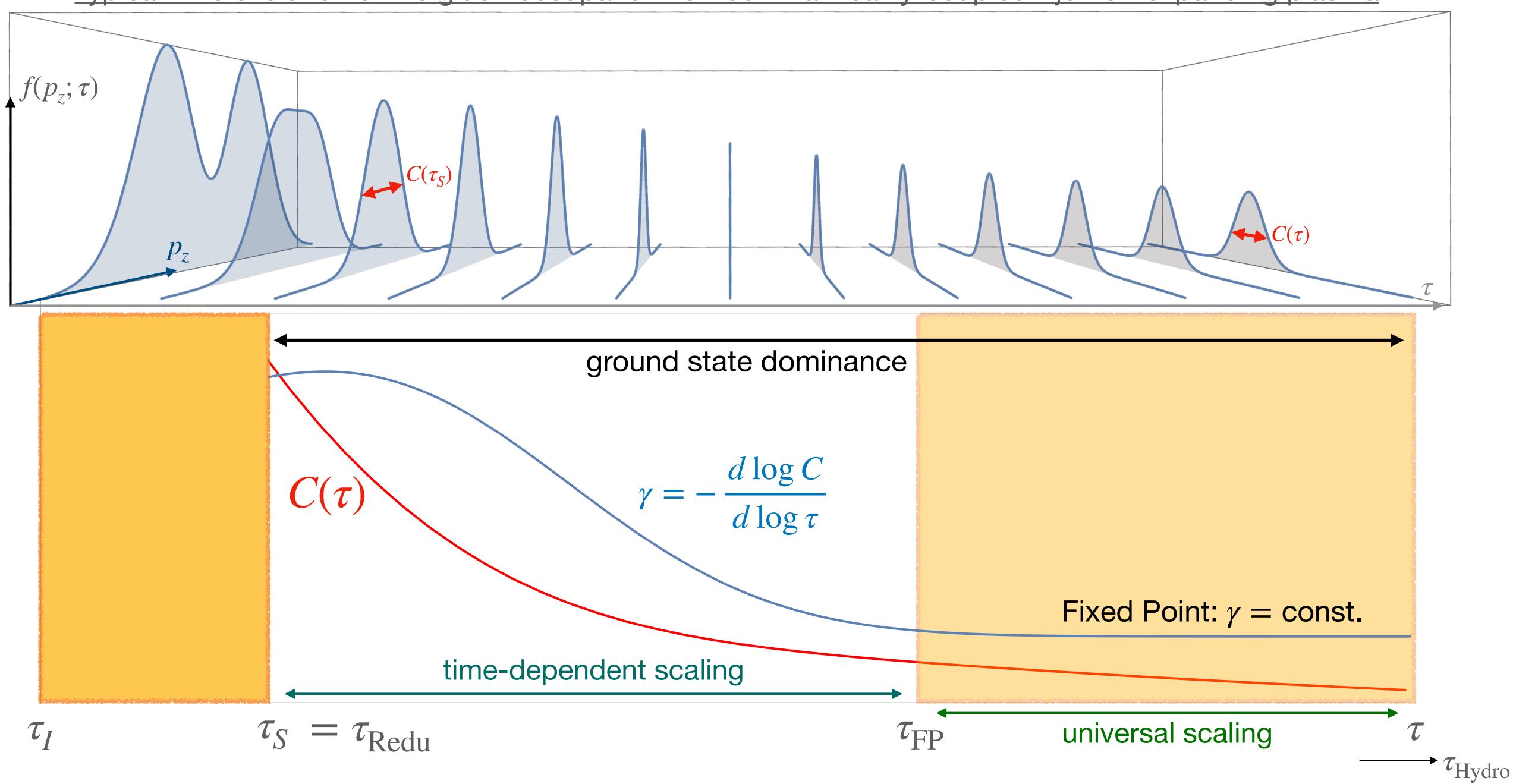
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Summary

We conclude that the first stage of the 'bottom-up' thermalization scenario is an example of adiabatic hydrodynamization. Furthermore, our results explain:

- 1. How an out-of-equilibrium weakly-coupled gluon plasma rapidly approaches a pre-hydrodynamic stage whose subsequent evolution has little memory of its initial conditions, all long before hydrodynamization.
- 2. The emergence of time-dependent scaling as a feature of QCD kinetic theory.
- 3. The fixed points of the (non-linear) dynamical evolution as instantaneous ground states of an effective Hamiltonian.

Outlook

Possible generalizations we have in mind:

- Include radial expansion in the kinetic equation (relevant for HIC)
- Generalize the analysis to a broader class of collision kernels
- Identify the adiabatic aspects of hydrodynamization in strongly coupled theories (e.g., using AdS/CFT)

Thank you!