

# Cosmological Constraints on MeV-scale New Mediators

JHEP 04 (2020) 009 (arXiv: 1912.12152)

JHEP 03 (2022) 198 (arXiv: 2112.11096)

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# DM with Mediators

Recent DM theories “Dark Sector w/ tiny couplings”

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \mathcal{L}_{\text{DS}} + \mathcal{L}_{\text{portal}}$$

1. Higgs  $\mathcal{L}_{\text{portal}} = (\mu\phi + \lambda\phi^2) |H_{\text{SM}}|^2$  2112.11096

2. Vector  $\mathcal{L}_{\text{portal}} = \varepsilon F'_{\mu\nu} F^{\mu\nu}$  1912.12152

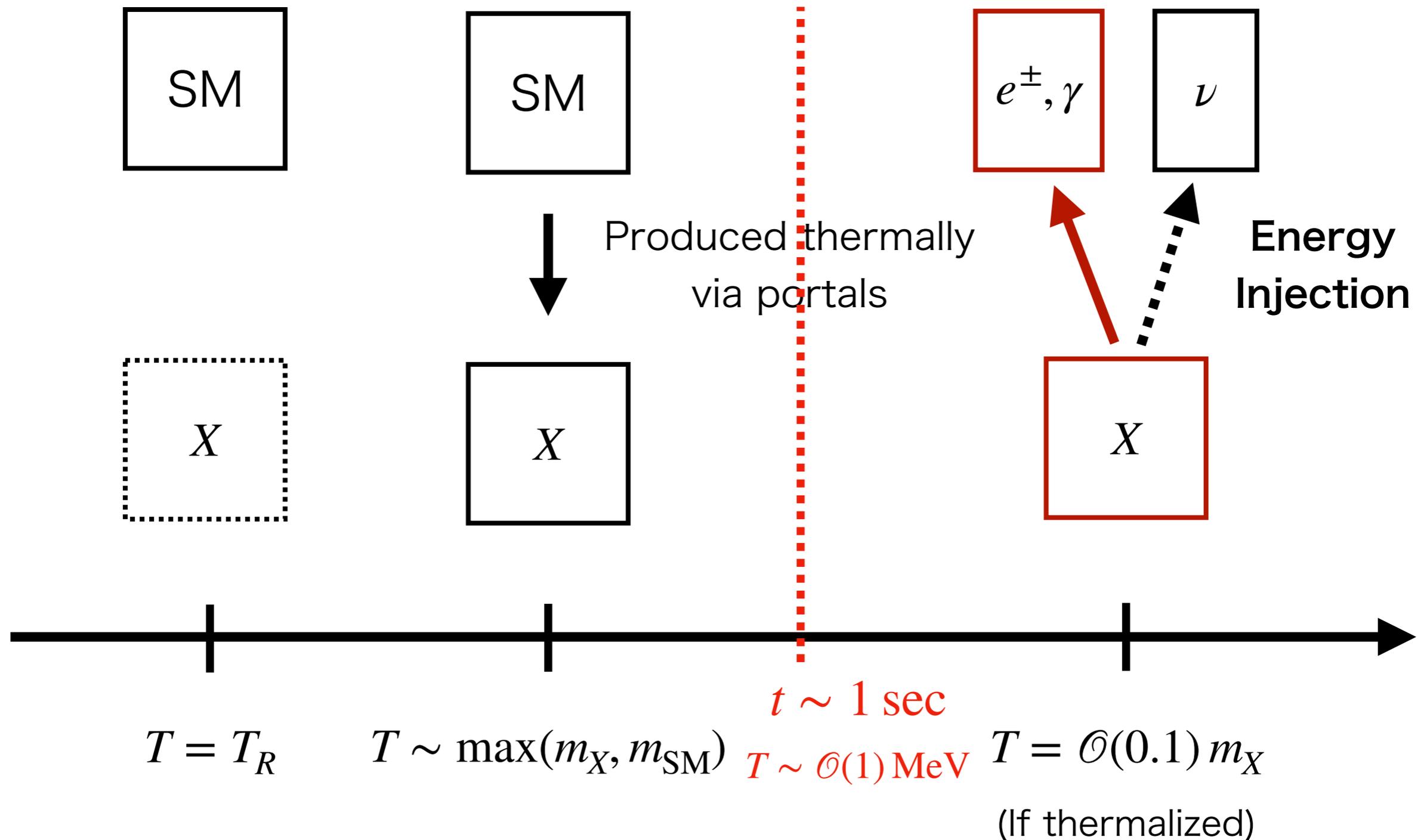
3. Neutrino  $\mathcal{L}_{\text{portal}} = yLHN$

4. Axion  $\mathcal{L}_{\text{portal}} = \frac{a}{f_a} F_{\mu\nu} \tilde{F}^{\mu\nu}, \frac{a}{f_a} G_{\mu\nu}^a \tilde{G}^{a\mu\nu}, \frac{\partial_\mu a}{f_a} \bar{\psi} \gamma^\mu \gamma_5 \psi$

MeV~sub-GeV scale is discussed

# Impact on Cosmology

Rule of thumb: Lifetime 1 sec



# Neff Observation

Definition of Neff:

$$N_{\text{eff}} := \frac{8}{7} \left( \frac{11}{7} \right)^{4/3} \frac{\rho_{\text{rad}} - \rho_{\gamma}}{\rho_{\gamma}} \Bigg|_{T=T_{\text{CMB}}}$$

## Planck 2018

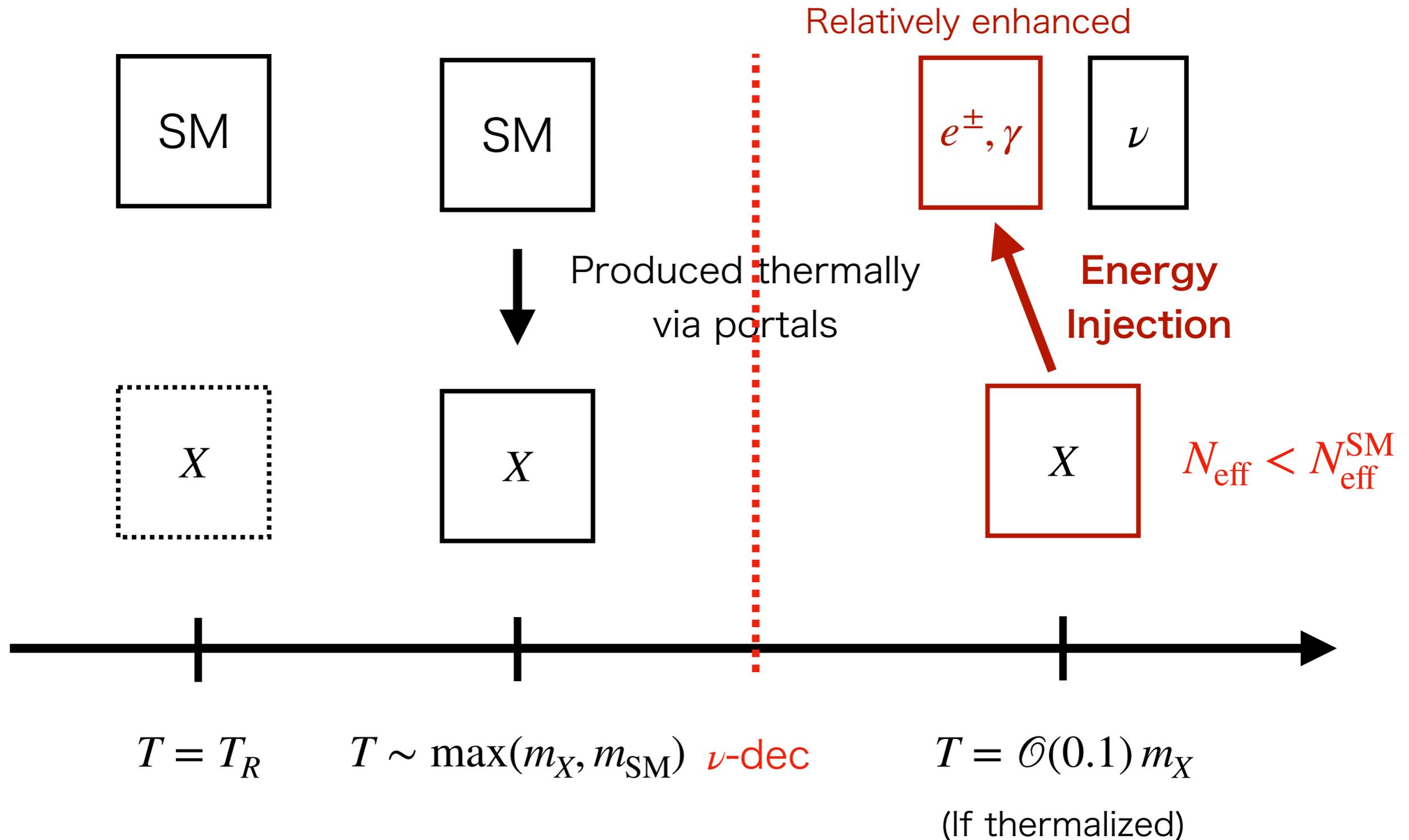
$$N_{\text{eff}} = 3.00^{+0.57}_{-0.53} \quad (95\% \text{CL, TT+lowE})$$

$$N_{\text{eff}} = 2.92^{+0.36}_{-0.37} \quad (95\% \text{CL, TT+TE+EE+lowE})$$

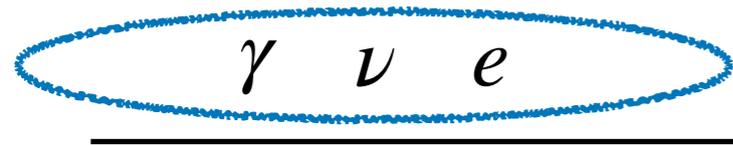
$$N_{\text{eff}} = 2.89^{+0.36}_{-0.38} \quad (95\% \text{CL, TT+TE+EE+lowE+lensing})$$

$$N_{\text{eff}} = 2.99^{+0.34}_{-0.33} \quad (95\% \text{CL, TT+TE+EE+lowE+lensing+BAO})$$

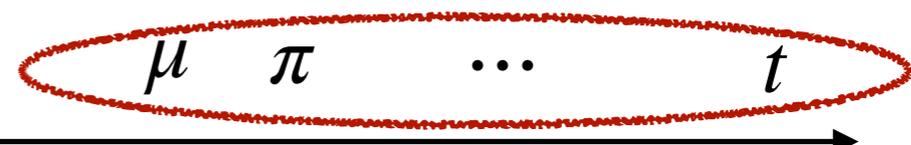
# Neff with Light Mediator



# FIMP Production



FIMP



Mass spectrum

Relevant for  $T \sim m_{\text{FIMP}}$

“(Conventional) freeze-in”

Relevant for  $T > m_{\text{SM}}$

“UV freeze-in”

$$f\bar{f} \rightarrow X \text{ (w/ rate } \Gamma \text{)}$$

$$f\bar{f} \rightarrow Xg \text{ (cross section } \sigma_f \text{)}$$

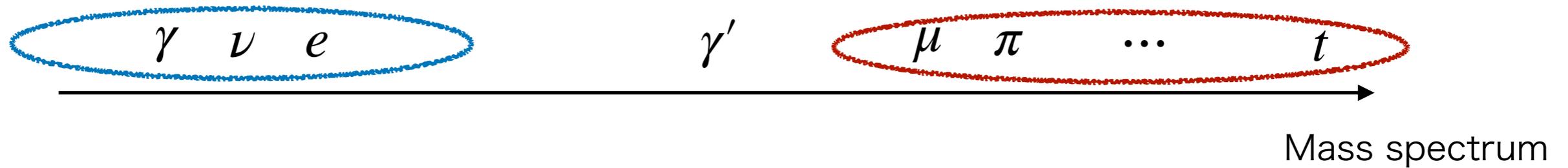
$$\frac{n_\phi}{s_{\text{SM}}} \sim \frac{\Gamma n_f^{\text{eq}} H^{-1}}{s_{\text{SM}}} \Bigg|_{T \sim m_X} \propto \varepsilon^2 \xi^2 \frac{M_{\text{Pl}}}{m_X}$$

$$\frac{n_\phi}{s_{\text{SM}}} \sim \frac{\sigma_f (n_f^{\text{eq}})^2 H^{-1}}{s_{\text{SM}}} \Bigg|_{T \sim m_f} \propto \varepsilon^2 \xi^2 \frac{M_{\text{Pl}}}{m_f}$$

$\xi$  is some SM coupling:  $\mathcal{L}_{\text{SM-med}} = \xi \mathcal{O}_{\text{SM}} \cdot \varepsilon X$

$s_{\text{SM}}$ : entropy of SM

# Dark Photon Production



$$\mathcal{L}_{\text{SM-med}} = e \bar{f} \gamma^\mu f \cdot \varepsilon A'_\mu \quad \therefore \xi \text{ is universal; } \xi = e$$

$$f\bar{f} \rightarrow \gamma' \text{ (w/ rate } \Gamma)$$

$$f\bar{f} \rightarrow \gamma' g \text{ (cross section } \sigma_f)$$

$$\left. \frac{n_\phi}{S_{\text{SM}}} \sim \frac{\Gamma n_f^{\text{eq}} H^{-1}}{S_{\text{SM}}} \right|_{T \sim m_{\gamma'}} \propto \varepsilon^2 e^2 \frac{M_{\text{Pl}}}{m_{\gamma'}}$$

$$\left. \frac{n_\phi}{S_{\text{SM}}} \sim \frac{\sigma_f (n_f^{\text{eq}})^2 H^{-1}}{S_{\text{SM}}} \right|_{T \sim m_f} \propto \varepsilon^2 e^2 \frac{M_{\text{Pl}}}{m_f}$$

Production from heavy state **is** negligible:

$$\left. \frac{n_{\gamma'}}{S_{\text{SM}}} \right|_{\text{FI}} > \left. \frac{n_{\gamma'}}{S_{\text{SM}}} \right|_{\text{UVFI}}$$

# Dark Photon Decay

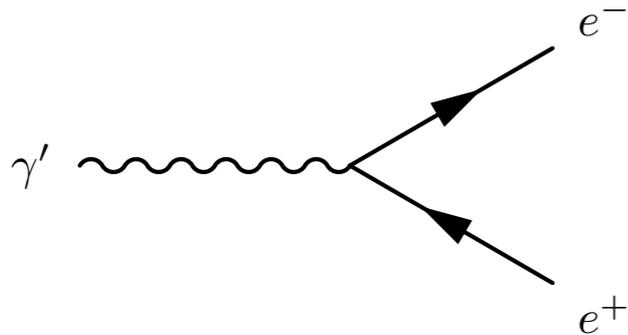
$\gamma \quad \nu \quad e$

$\gamma'$

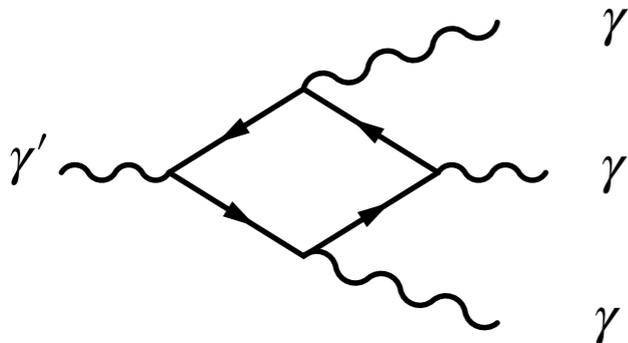
$\mu \quad \pi \quad \dots$

Mass spectrum

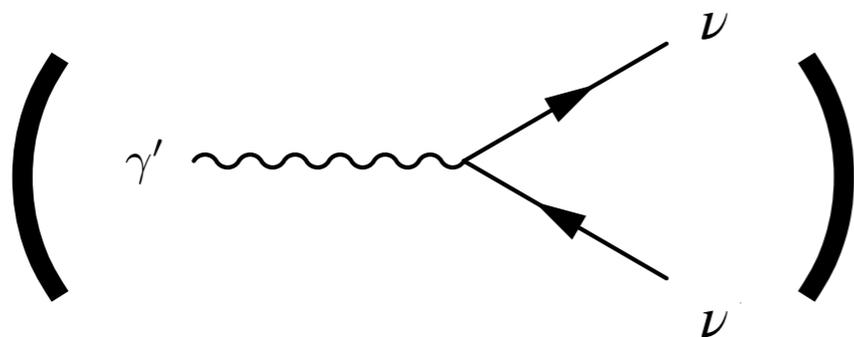
Provide decay modes



Dominant for  $m_{\gamma'} > 2m_e$



Dominant for  $m_{\gamma'} < 2m_e$



Suppressed by  $m_{\gamma'}/m_Z$

# Concrete Setup

$$\mathcal{L}_{\text{mix}} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{\varepsilon}{2}F_{\mu\nu}F'^{\mu\nu} - \frac{1}{4}F'_{\mu\nu}F'^{\mu\nu} + \frac{m_{\gamma'}^2}{2}A'_\mu A'^\mu + \underline{ej_{\text{EM}}^\mu A_\mu}$$

$$\rightarrow \mathcal{L}_{\text{SM-med}} = \varepsilon ej_{\text{EM}}^\mu A'_\mu$$

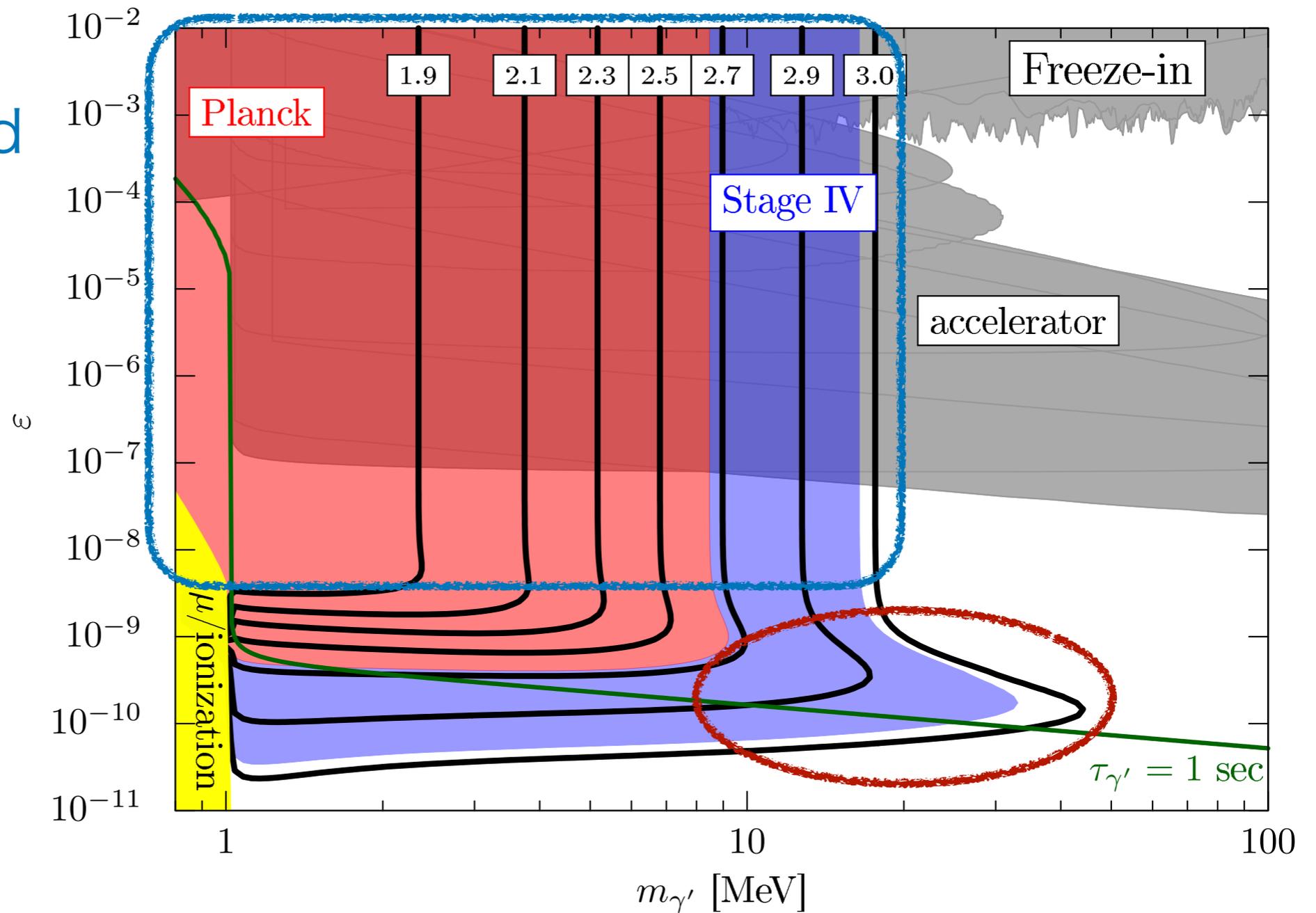
$$\frac{\partial f_{\gamma'}}{\partial t} - Hp_{\gamma'} \frac{\partial f_{\gamma'}}{\partial p_{\gamma'}} = - \sum_{\text{processes}} I(p_{\gamma'}, T) \times \left( f_{\gamma'}(p_{\gamma'}) - f_{\gamma'}^{\text{eq}}(p_{\gamma'}, T) \right)$$

$$\begin{aligned} e^+ e^- &\leftrightarrow \gamma' \\ e^- e^+ &\leftrightarrow \gamma' \gamma \quad (\gamma \gamma \gamma \leftrightarrow \gamma') \\ e^\pm \gamma &\rightarrow e^\pm \gamma' \end{aligned}$$

# Parameter Scan (dark photon)

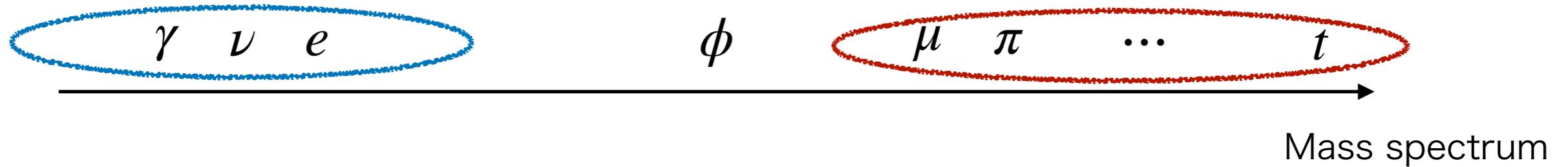
$$f_{\gamma'}(p, T_{\text{init}}) = 0$$

$\gamma'$  is thermalized  
Independent  
of UV physics



Out-of-equilibrium decay

# Dark Scalar Production



$$\mathcal{L}_{\text{SM-med}} = \frac{m_f}{v_{\text{EW}}} \bar{f}f \cdot \sin(\theta) \phi \quad \therefore \xi \text{ is non-universal; } \xi = m_f/v_{\text{EW}}$$

$$f\bar{f} \rightarrow \phi \text{ (w/ rate } \Gamma)$$

$$f\bar{f} \rightarrow \phi g \text{ (cross section } \sigma_f)$$

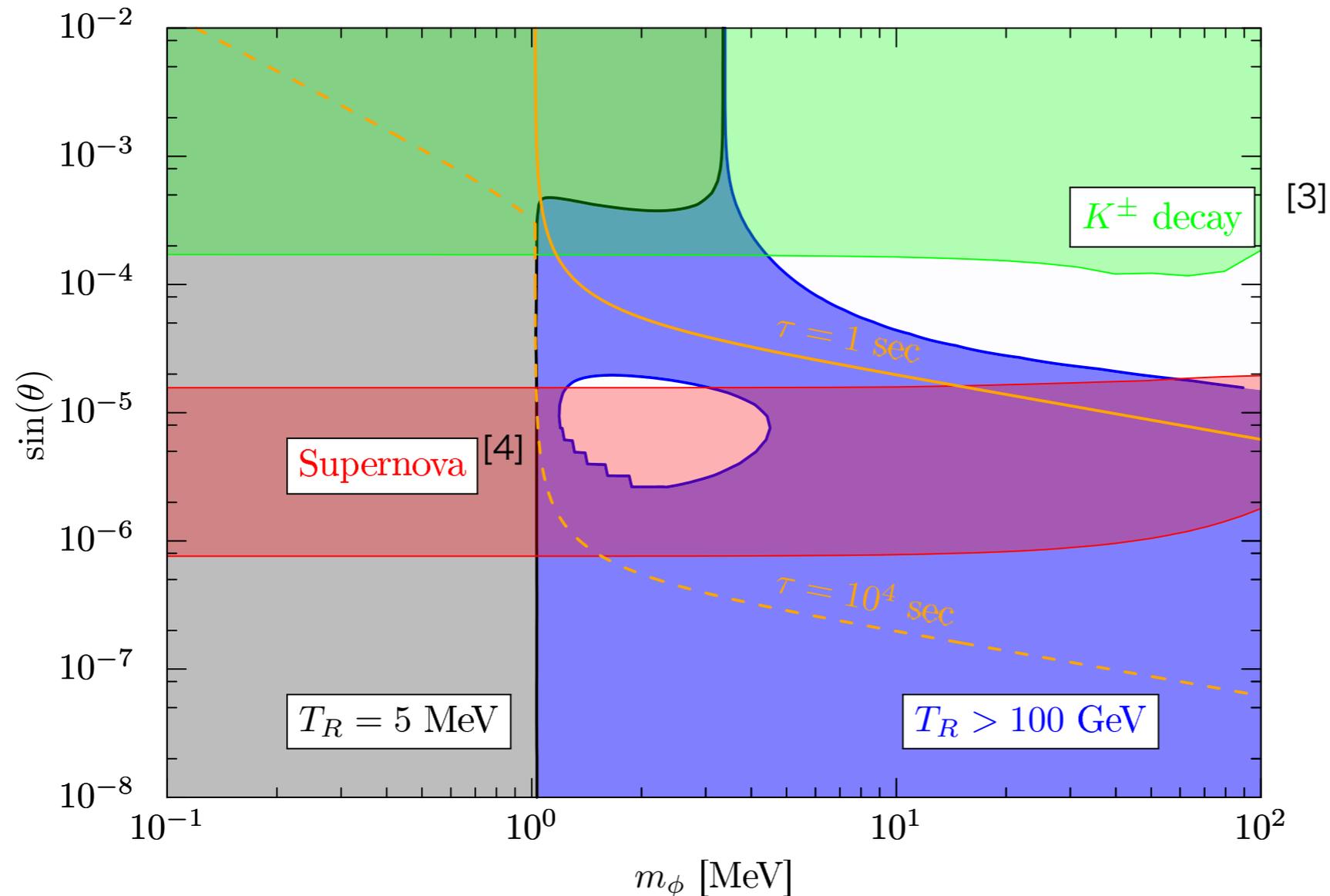
$$\frac{n_\phi}{s_{\text{SM}}} \sim \frac{\Gamma n_f^{\text{eq}} H^{-1}}{s_{\text{SM}}} \Bigg|_{T \sim m_\phi} \propto \varepsilon^2 \frac{m_f}{m_\phi} \frac{m_f M_{\text{Pl}}}{v_{\text{EW}}^2}$$

$$\frac{n_\phi}{s_{\text{SM}}} \sim \frac{\sigma_f (n_f^{\text{eq}})^2 H^{-1}}{s_{\text{SM}}} \Bigg|_{T \sim m_f} \propto \varepsilon^2 \frac{m_f M_{\text{Pl}}}{v_{\text{EW}}^2}$$

Production from heavy state is not negligible!

# Parameter Scan (dark scalar)

CMB ( $N_{\text{eff}}, Y, \mu$  distortion<sup>[1]</sup>) + BBN + X-ray<sup>[2]</sup>



As for SN,  
see also Bhupal, et.al.  
(arXiv: 2005.00490)

[1] J. Chluba, Mon. Not. Roy. Astron. Soc. 460, 227 (2016), arXiv:1603.02496

[2] R. Essig, et.al., JHEP 11, 193 (2013), arXiv:1309.4091

[3] Constraints on  $\text{Br}(K^+ \rightarrow \pi^+\phi)$  by NA62 & E949 [4] G. Krnjaic, PRD 94, 073009 (2016), arXiv:1512.04119

# Summary

- ▶ Unstable new mediators inject energy into thermal plasma. They can be constrained by cosmology if the lifetime is longer than about 1 sec.
- ▶ Neff can be smaller than the SM value if long-lived electro-philic mediators exist.
- ▶ The dark photon, which couples to SM states via the **universal** gauge coupling, can be robustly constrained by the CMB Neff.
- ▶ The dark scalar, which couples to SM states via the **non-universal** Yukawa couplings, can be produced significantly by heavy particles.

Back Up

# Example Models

Model

Composite ADM<sup>[1]</sup>

SM singlet  
Majorana WIMP<sup>[2]</sup>

DS Symmetry

$SU(3)' \times U(1)'$

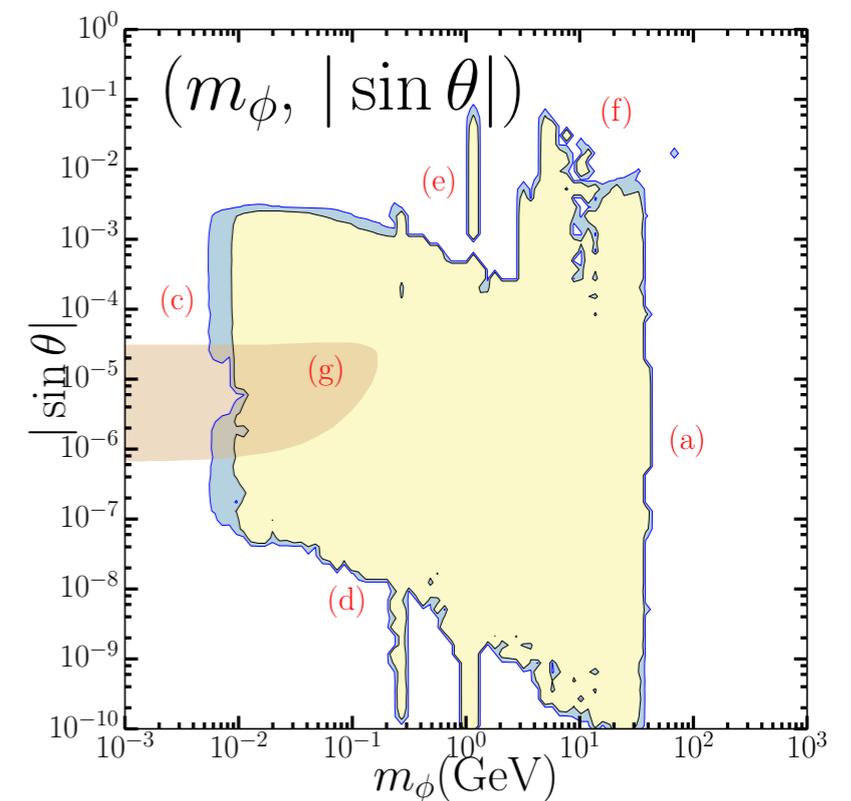
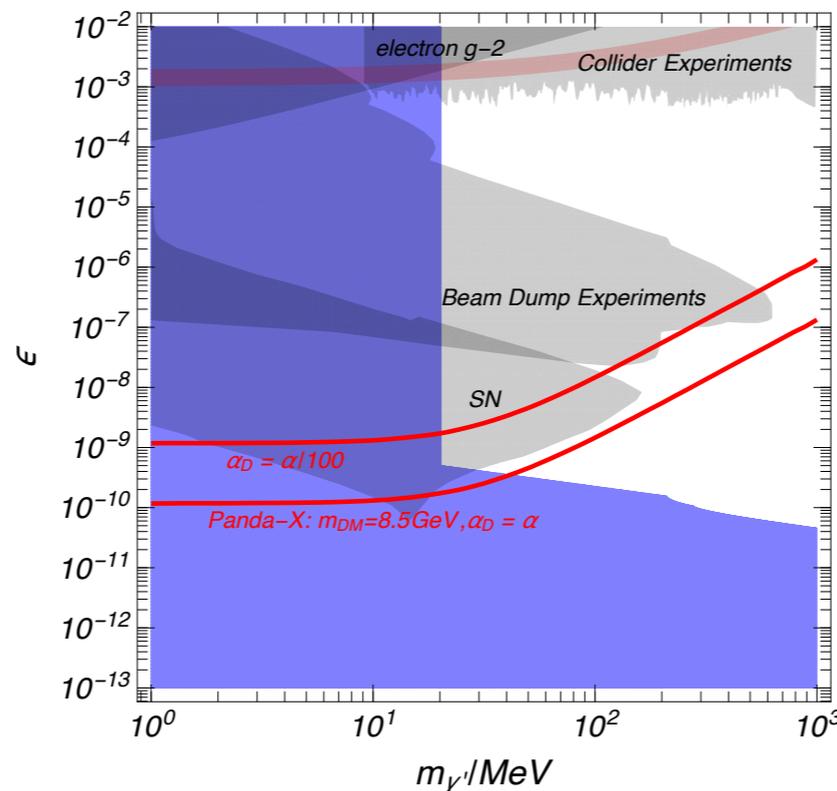
$\mathbb{Z}_2$  ( $\chi \rightarrow -\chi, \phi \rightarrow \phi$ )

Mediator

Dark photon

Dark scalar

Parameter  
space



[1] M. Ibe, A. Kamada, S. Kobayashi, W. Nakano, JHEP 11 (2018) 203

[2] S. Matsumoto, Y. S. Tsai, P. Tseng, JHEP 07 (2019) 050

# Recap on $\nu$ decoupling

Neutrino-electron interaction

$$\mathcal{L}_{\nu-e} = 2\sqrt{2}G_F(J^{\dagger\mu}J_\mu + J_Z^\mu J_{Z\mu})$$

This is relevant only above

$$T > (G_F^2 M_{\text{Pl}})^{-1/3} \sim \mathcal{O}(1) \text{ MeV.}$$

Entropy conservation at  $e^-e^+$  annihilation

$$\left(2 + \frac{7}{8} \times 2 \times 2\right) z_i^3 = 2z_f^3, \quad (z = Ta)$$

Since  $T_\nu \propto a^{-1}$ ,

$$\frac{z_f}{z_{\nu f}} = \frac{T_f}{T_{\nu f}} = \left(\frac{11}{4}\right)^{1/3} \simeq 1.4$$

# Remarks on Neff

## Remark 1

Neff is often defined by

$$N_{\text{eff}} := \frac{8}{7} \left( \frac{11}{7} \right)^{4/3} \frac{\rho_\nu + \rho_{\text{BSM}}}{\rho_\gamma}$$

(e.g. in the context of time-dependent Neff)

This does not necessarily coincide with the original one, because  $\rho_{\text{BSM}}$  can behave like matter.

We can apply the constraints from Planck data only to the original Neff.

# Remarks on Neff

## Remark 2

The original Neff is different from 3 in SM:

$$N_{\text{eff}}^{\text{SM}} = 3.044$$

[J. J. Bennett et.al., JCAP 04 (2021) 073, arXiv: 2012.02726]

Due to

- Delay of  $\nu$  decoupling (dominant)
- Finite temperature QED correction
- Neutrino oscillation

In order to treat these effect,  
we need the Quantum Kinetic Equation (QKE)

# Remarks on $N_{\text{eff}}$

## Remark 3

When considering neutrino-phobic BSM,  
we can avoid to treat the non-thermal effect of neutrino

$$N_{\text{eff}} = \underbrace{N_{\text{eff}}^{\text{SM}}}_{\substack{\uparrow \\ \text{Including non-thermal effect due to SM}}} + \underbrace{\Delta N_{\text{eff}}}_{\substack{\uparrow \\ \text{Impact on } N_{\text{eff}} \text{ due to BSM}}}$$

Including non-thermal effect due to SM

Impact on  $N_{\text{eff}}$  due to BSM

$$\Delta N_{\text{eff}} = \tilde{N}_{\text{eff}} - \tilde{N}_{\text{eff}} \Big|_{\text{portal coupling} \rightarrow 0}$$

$\tilde{N}_{\text{eff}}$  :  $N_{\text{eff}}$  w/o non-thermal effects

# Effective Couplings

Trace of energy-momentum tensor can be expressed by normal products in Green's functions (like  $\langle 0 | H \Theta_{\mu}^{\mu} | 0 \rangle$ ): [Collins, Duncan and Joglekar, 1977]

Trace of energy-momentum tensor **in Green's functions**

$$\Theta_{\mu}^{\mu} = \bar{q}Mq - \frac{b\alpha_s}{8\pi} G_{\mu\nu}^a G^{a\mu\nu}, \quad \kappa = \frac{2n_h}{3b}, \quad b = \frac{1}{3}(11N_c - 2N_f)$$

Explicit breaking      **Quantum effect**

Conversely, this means we can rewrite the effective couplings as:

$$\begin{aligned} \mathcal{L} &\supset -\frac{H}{v} \bar{q}Mq + n_h \frac{H}{v} \frac{\alpha_s}{12\pi} G_{\mu\nu}^a G^{a\mu\nu} \\ &= -\frac{H}{v} \left\{ \kappa \Theta_{\mu}^{\mu} + (1 - \kappa) \bar{q}Mq \right\} \end{aligned} \quad [\text{Leutwyler \& Shifman, 1989}]$$

# Effective Couplings

The corresponding operators in ChPT are obtained by the following replacement

$$\Theta_{\mu}^{\mu} \Big|_{3+3 \text{ QCD}} \rightarrow \Theta_{\mu}^{\mu} \Big|_{\text{ChPT}}, \quad \bar{q}Mq \rightarrow \frac{1}{2}Bf_{\pi}^2 \text{tr}(MU + \text{h.c.})$$

At the lowest order

$$\mathcal{L}_{\text{ChPT}} = f_{\pi}^2 \text{tr}(\partial_{\mu}U^{-1}\partial^{\mu}U) - \frac{1}{2}Bf_{\pi}^2 \text{tr}(MU + \text{h.c.})$$

$$\Theta_{\mu\nu}^{\text{ChPT}} = 2f_{\pi}^2 \text{tr}(\partial_{\mu}U^{-1}\partial_{\nu}U) - g_{\mu\nu}\mathcal{L}_{\text{eff}}$$

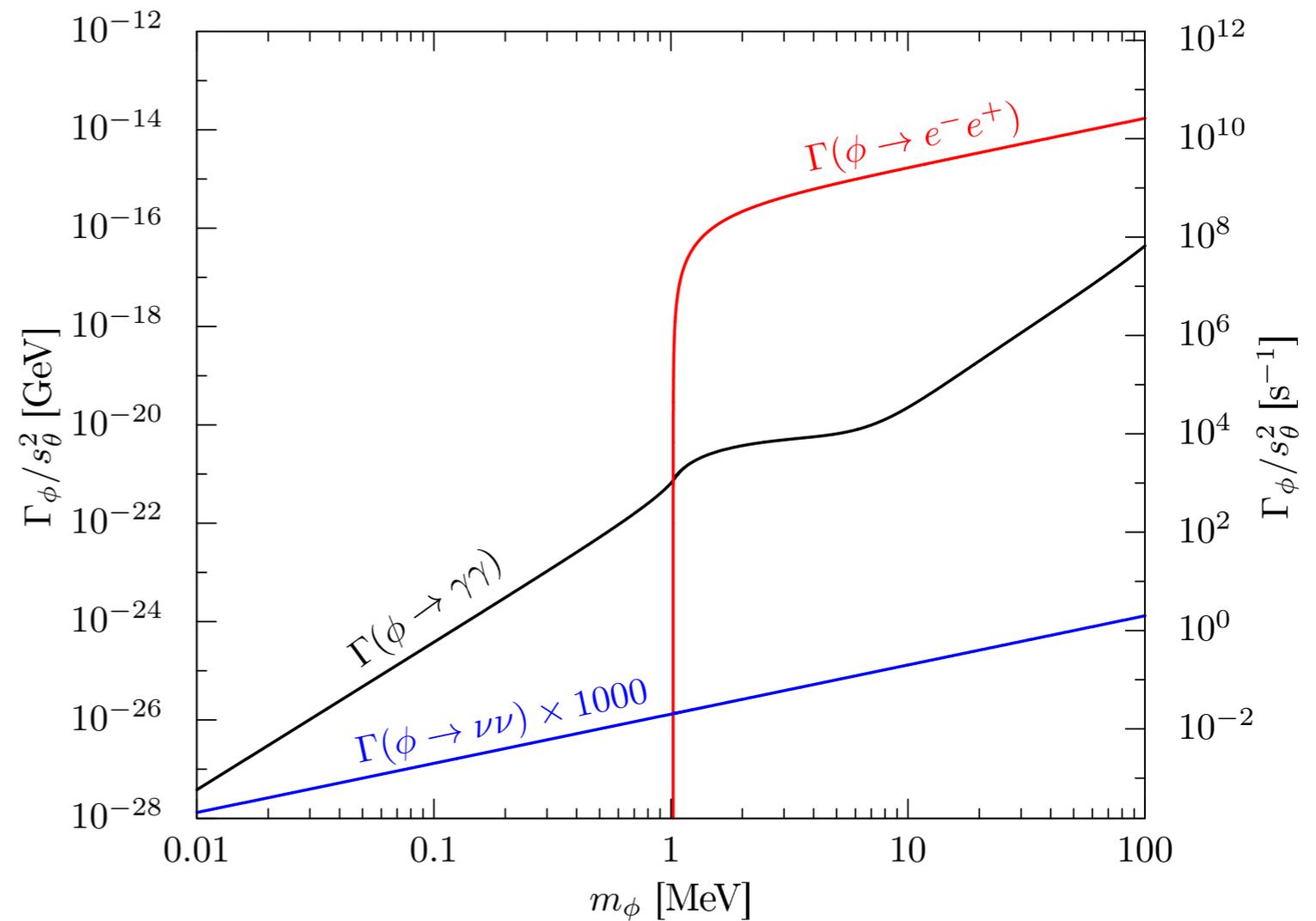
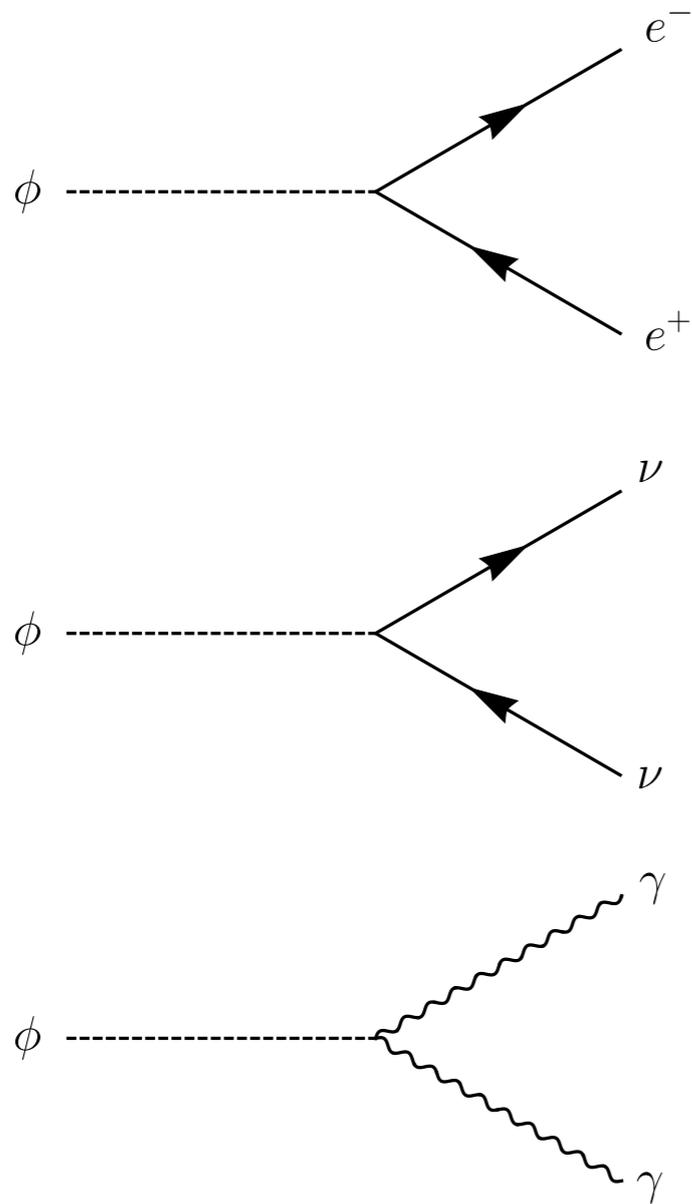
$$\mathcal{L}_{\text{HPP}} = \frac{H}{v} \left\{ 2\kappa\partial_{\mu}P^{+}\partial^{\mu}P^{-} - (1 + 3\kappa)m_P^2P^{+}P^{-} \right\} \quad P = \pi \text{ or } K$$

[Leutwyler & Shifman, 1989]

# Decay Channels (dark scalar)

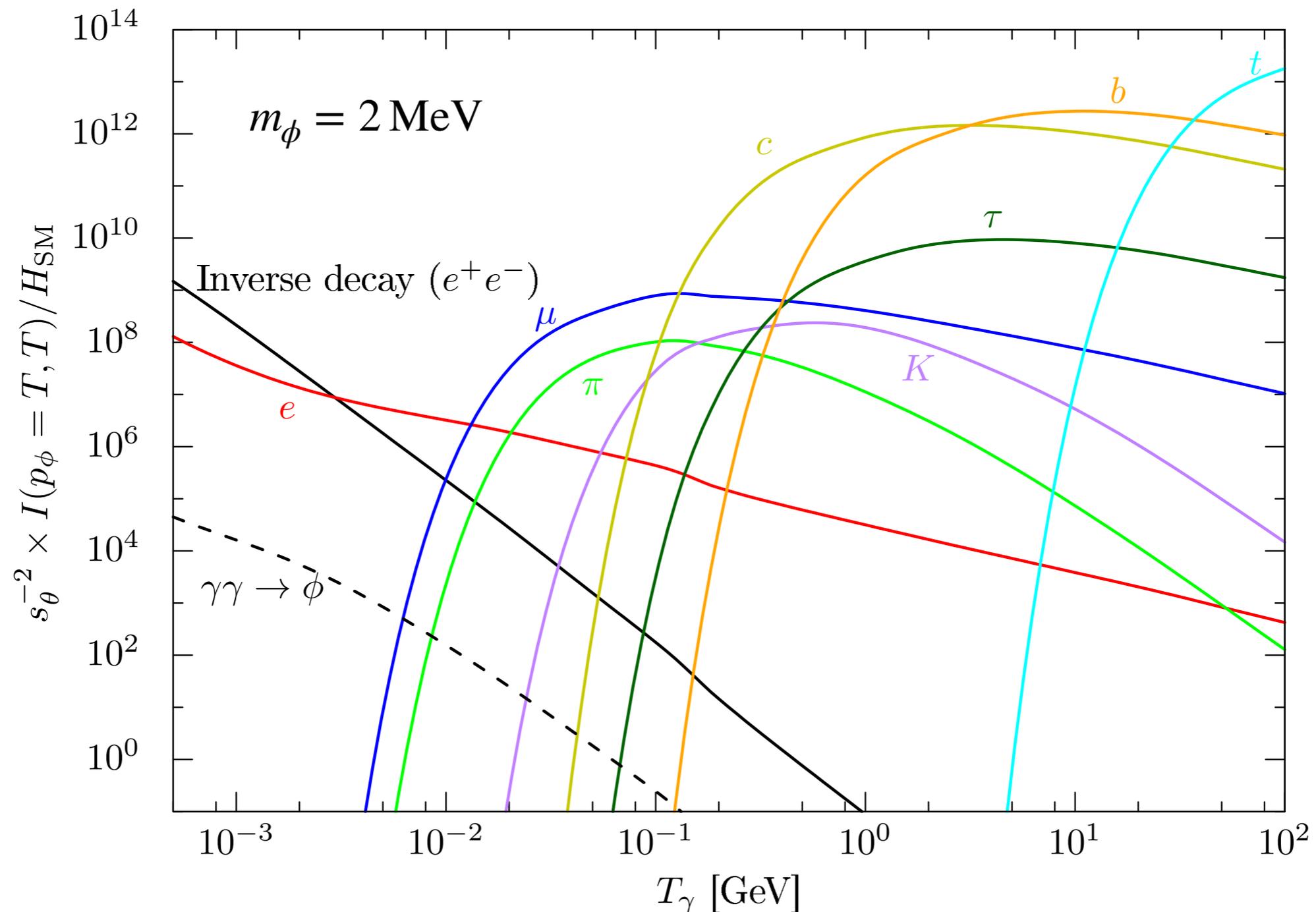
Decay channels

(For neutrinos, see-saw is assumed)



# Dark Scalar Production

Production rate of each process  $\frac{\partial f_\phi}{\partial t} - H p_\phi \frac{\partial f_\phi}{\partial p_\phi} = -I(p_\phi, T)(f_\phi - f_\phi^{\text{eq}})$



# Production History

Determination of decoupling/freeze-in temperature

$$R(T) := \frac{\int \frac{d^3 \mathbf{p}_\phi}{(2\pi)^3} I(p_\phi, T) f_\phi^{\text{BE}}(p_\phi, T)}{H|_{\rho_\phi=0, T_\gamma=T} \times n_\phi^{\text{eq}}(T)}$$

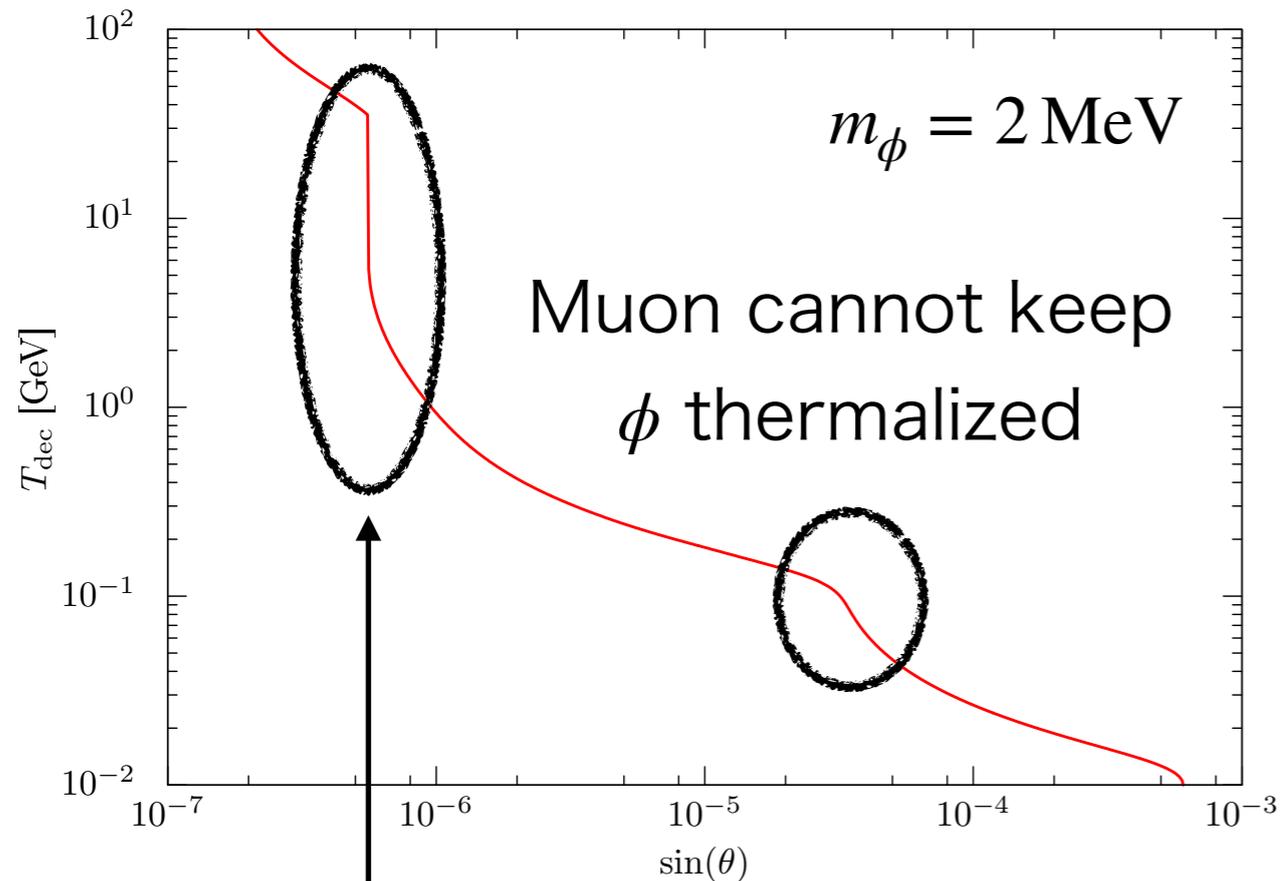
$T_{\text{dec}}$  (UV decoupling temperature)

$$:\Leftrightarrow R(T_{\text{dec}}) = 1 \wedge dR/dT \Big|_{T=T_{\text{dec}}} > 0$$

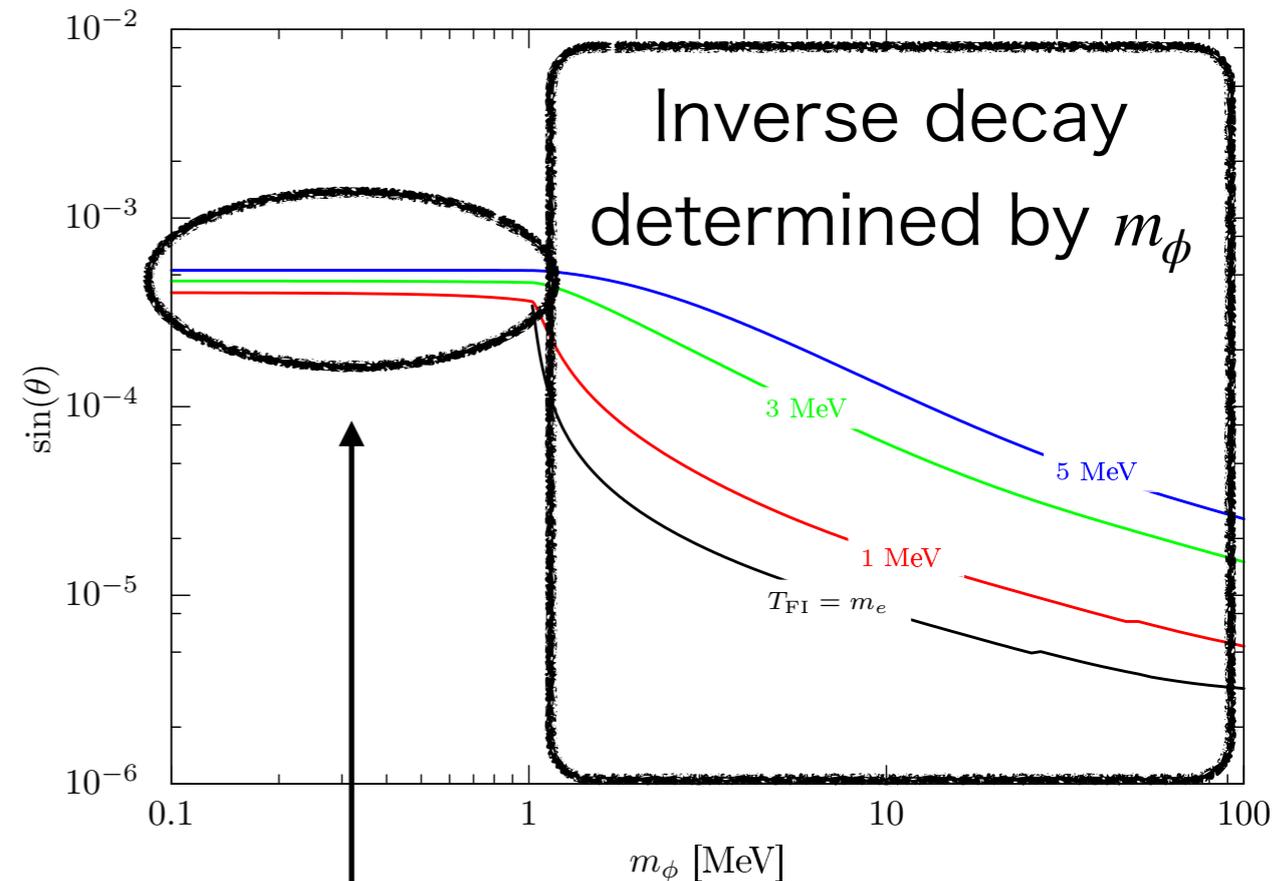
$T_{\text{FI}}$  (Freeze-in temperature)

$$:\Leftrightarrow R(T_{\text{FI}}) = 1 \wedge dR/dT \Big|_{T=T_{\text{FI}}} < 0$$

# Dark Scalar Production



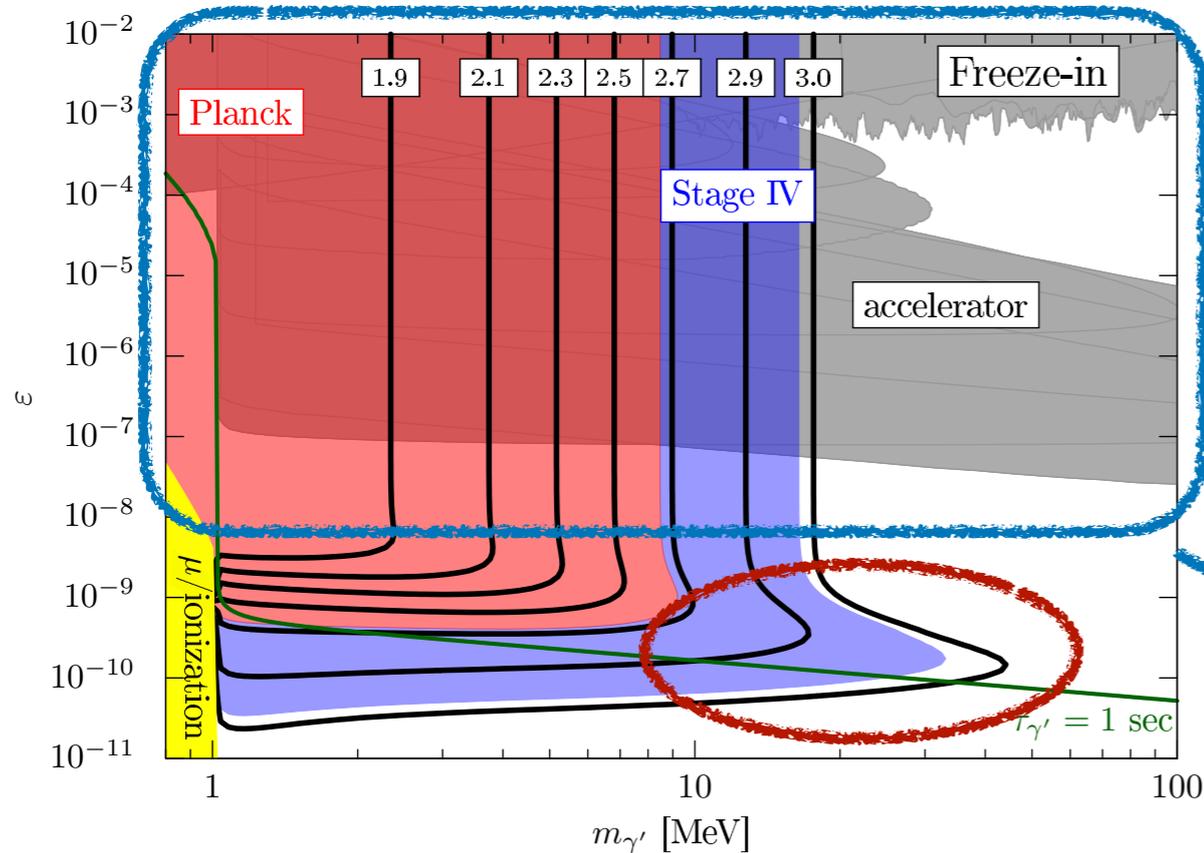
Charm quark cannot keep  $\phi$  thermalized



Scatterings from  $e^\pm$  determined by  $m_e$

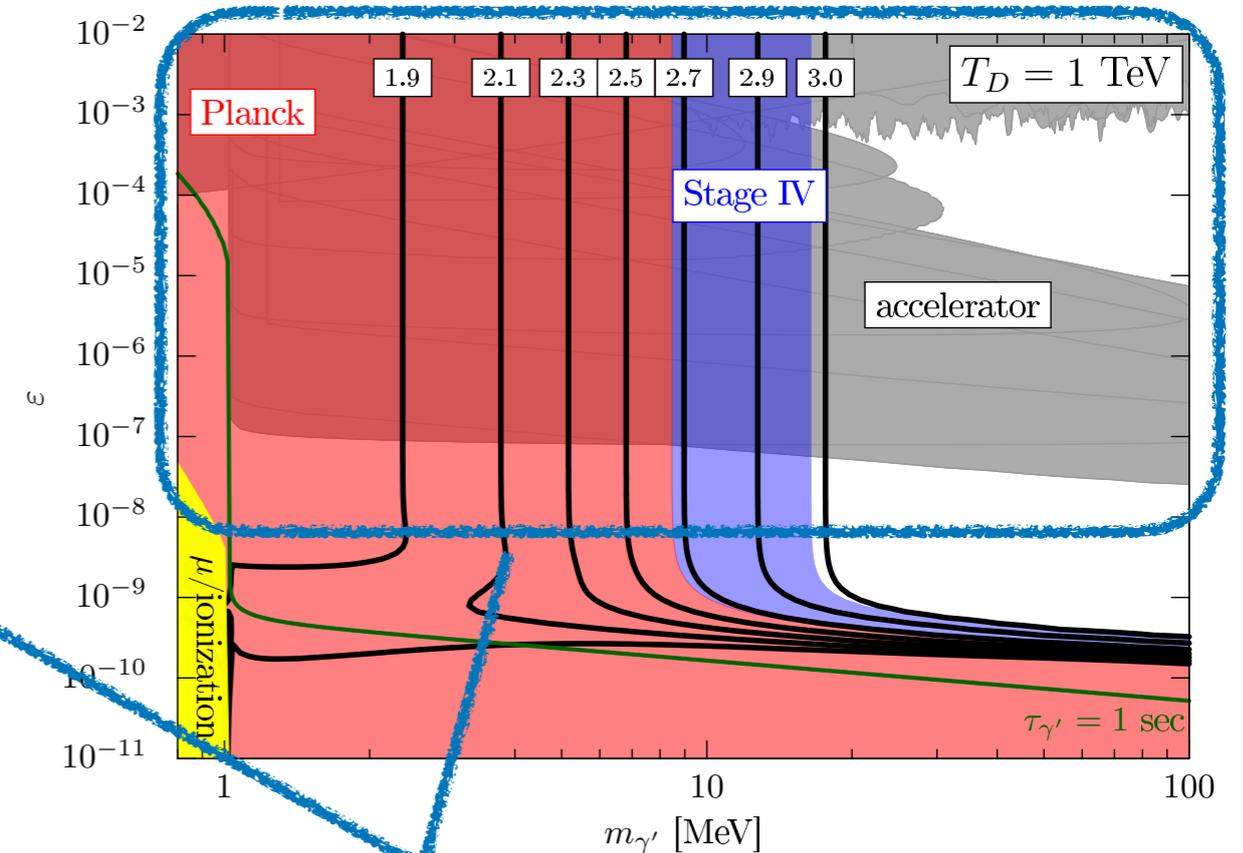
# Parameter Scan (dark photon)

$$f_{\gamma'}(p, T_{\text{init}}) = 0$$



Out-of-equilibrium decay

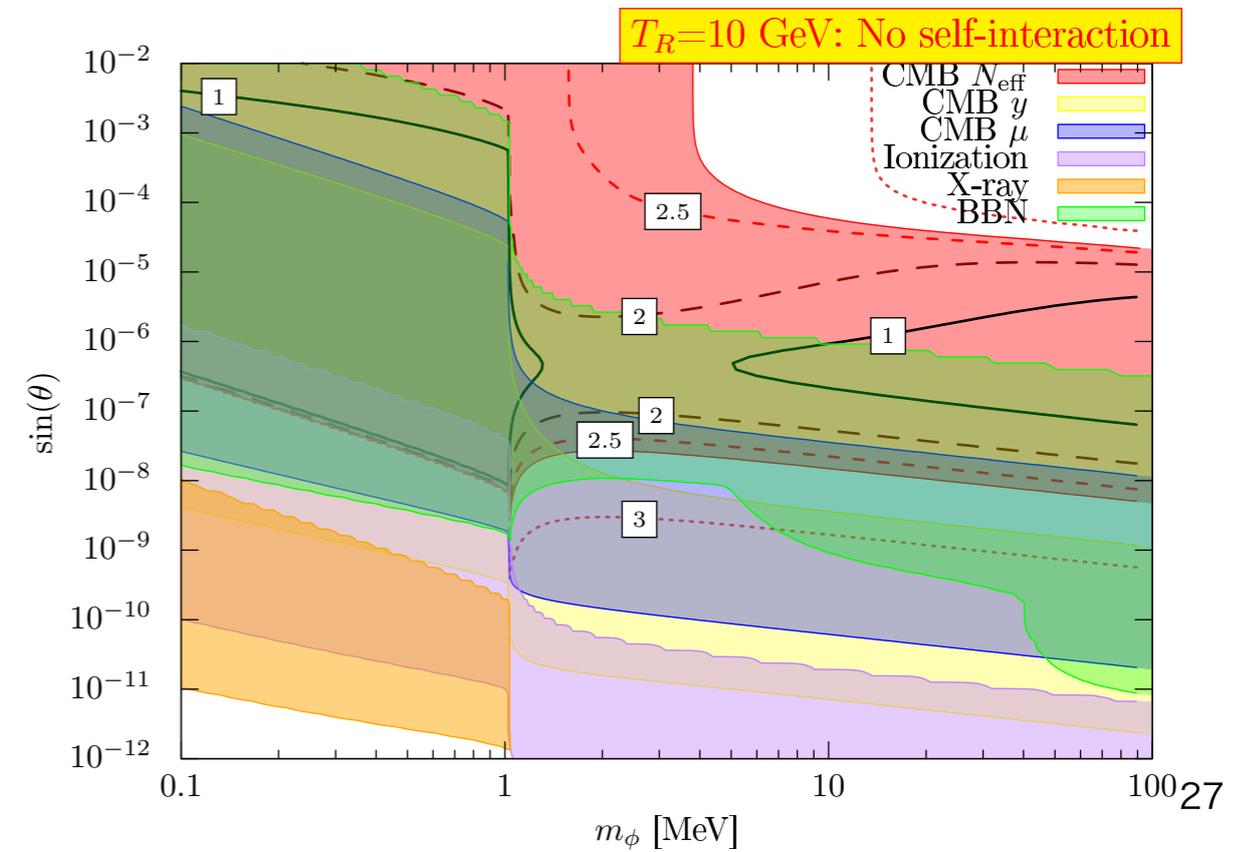
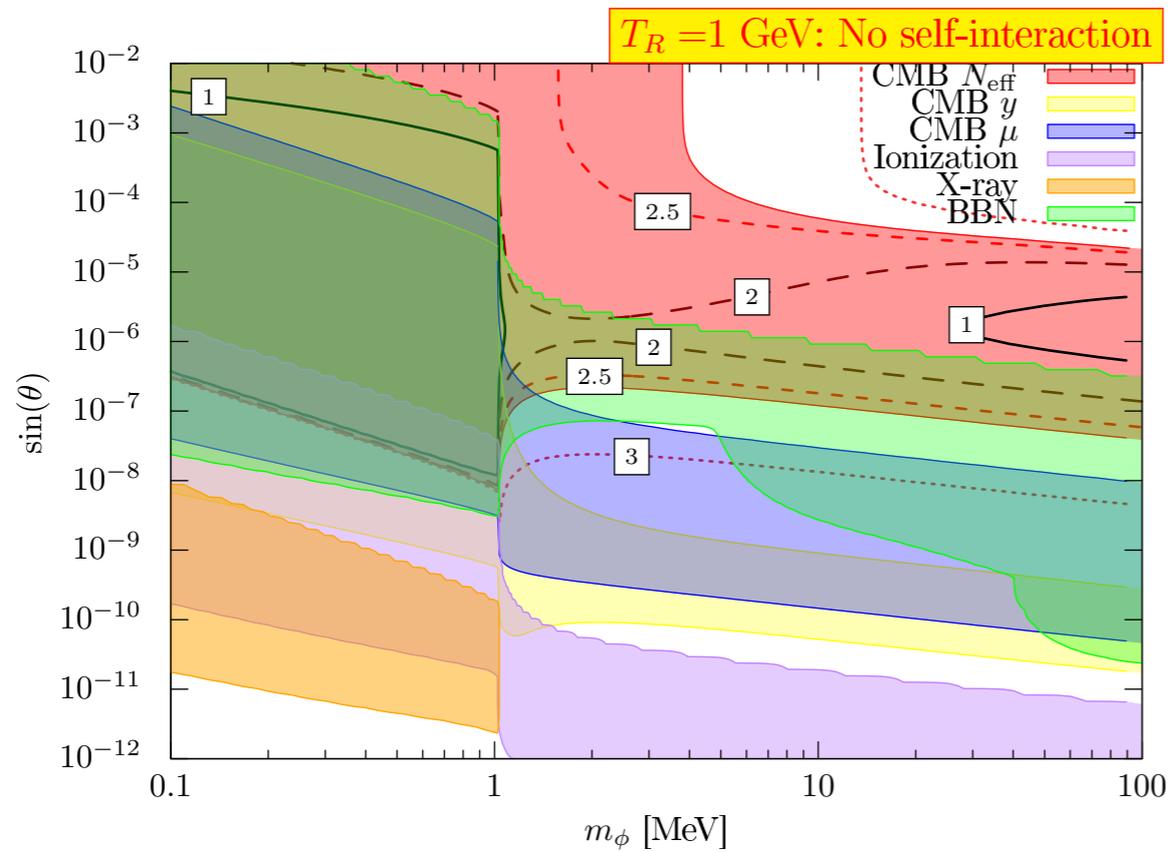
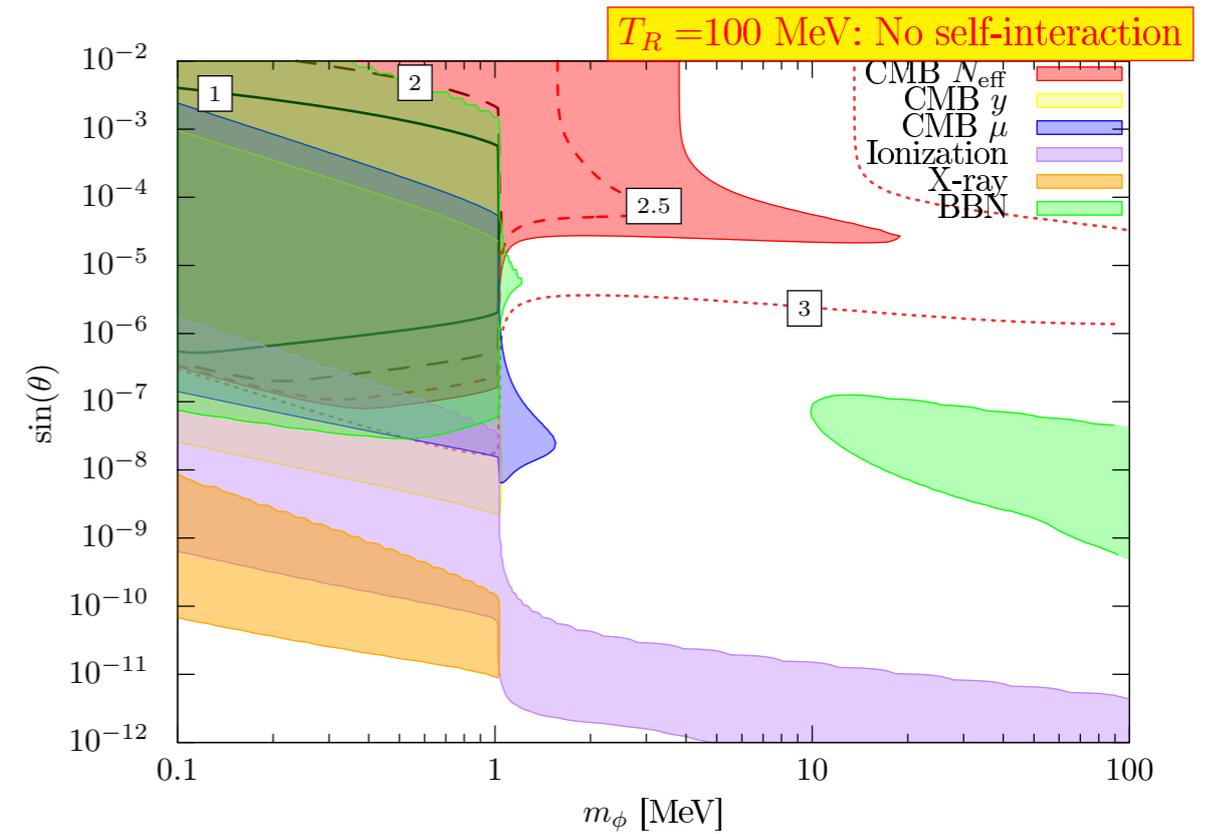
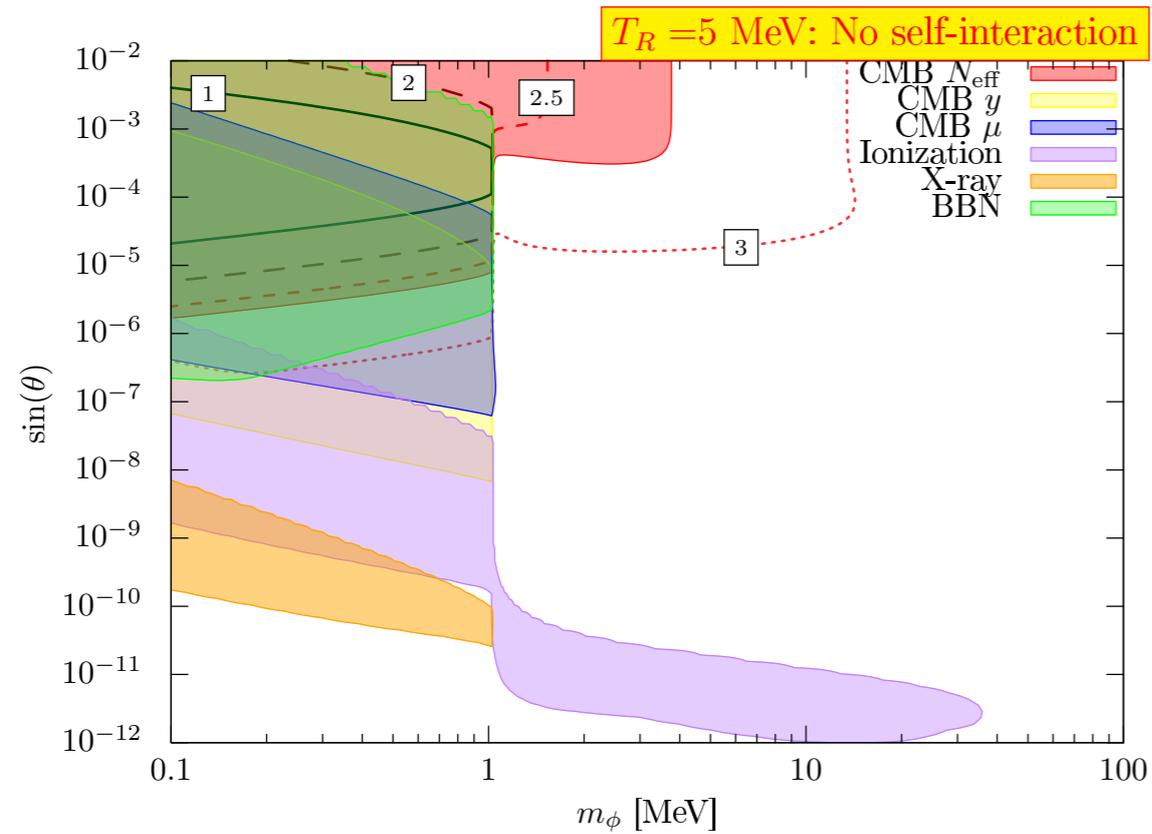
$$f_{\gamma'}(p, T_{\text{init}}) = f_{\gamma'}\left(\frac{a(T_{\text{init}})}{a(T_D)} p, T_D\right)$$



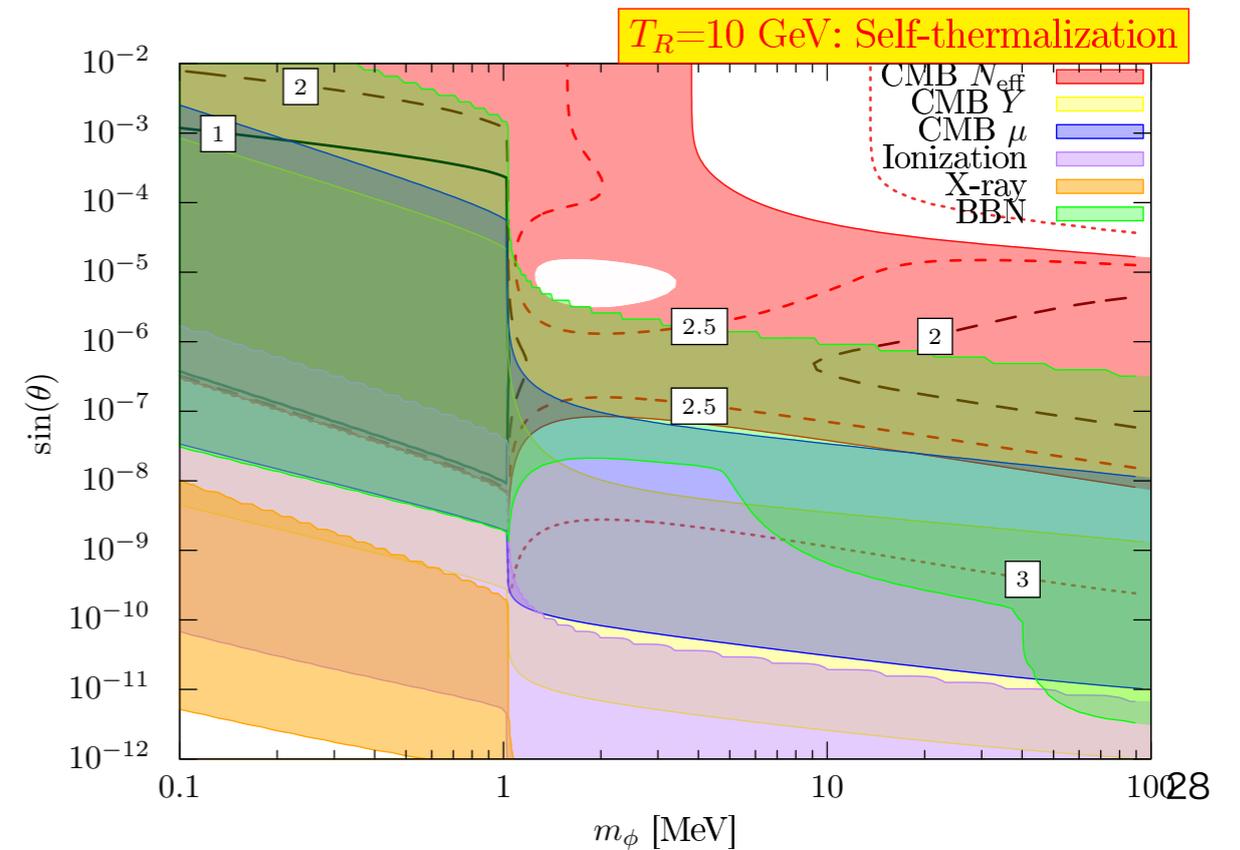
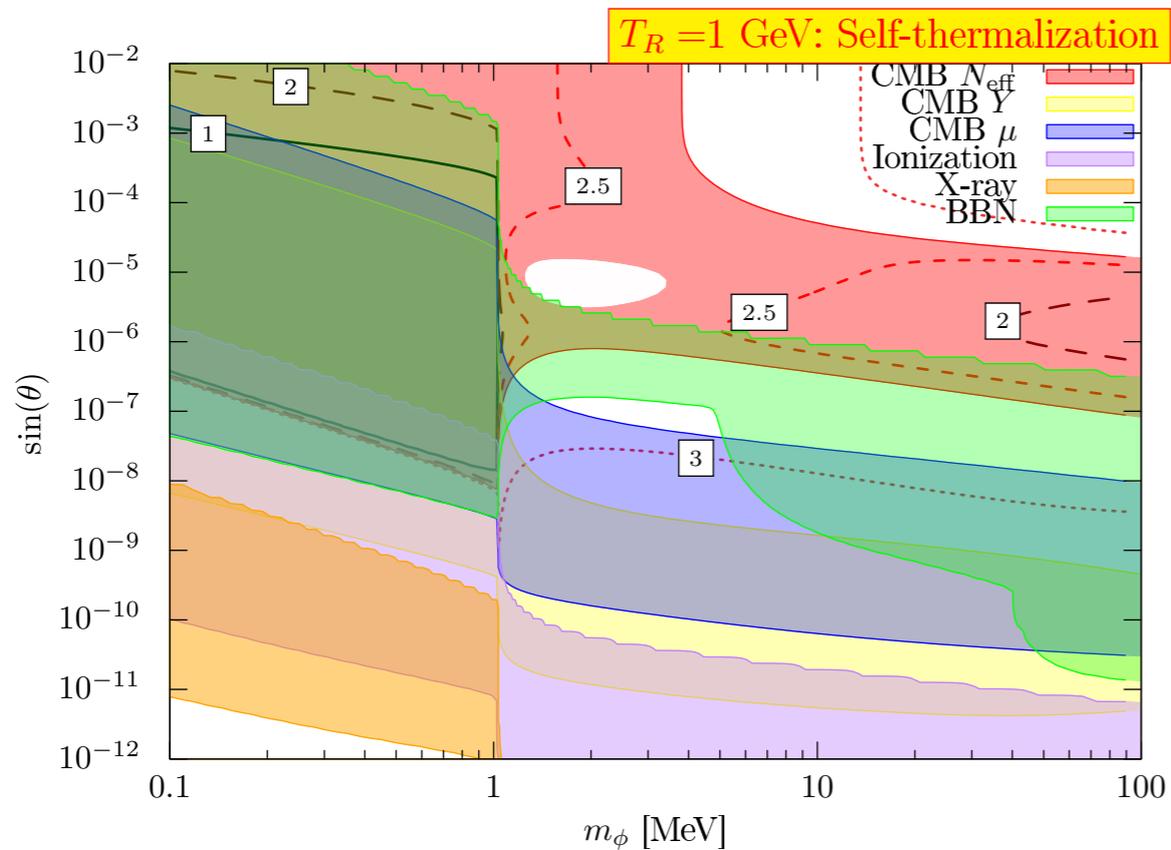
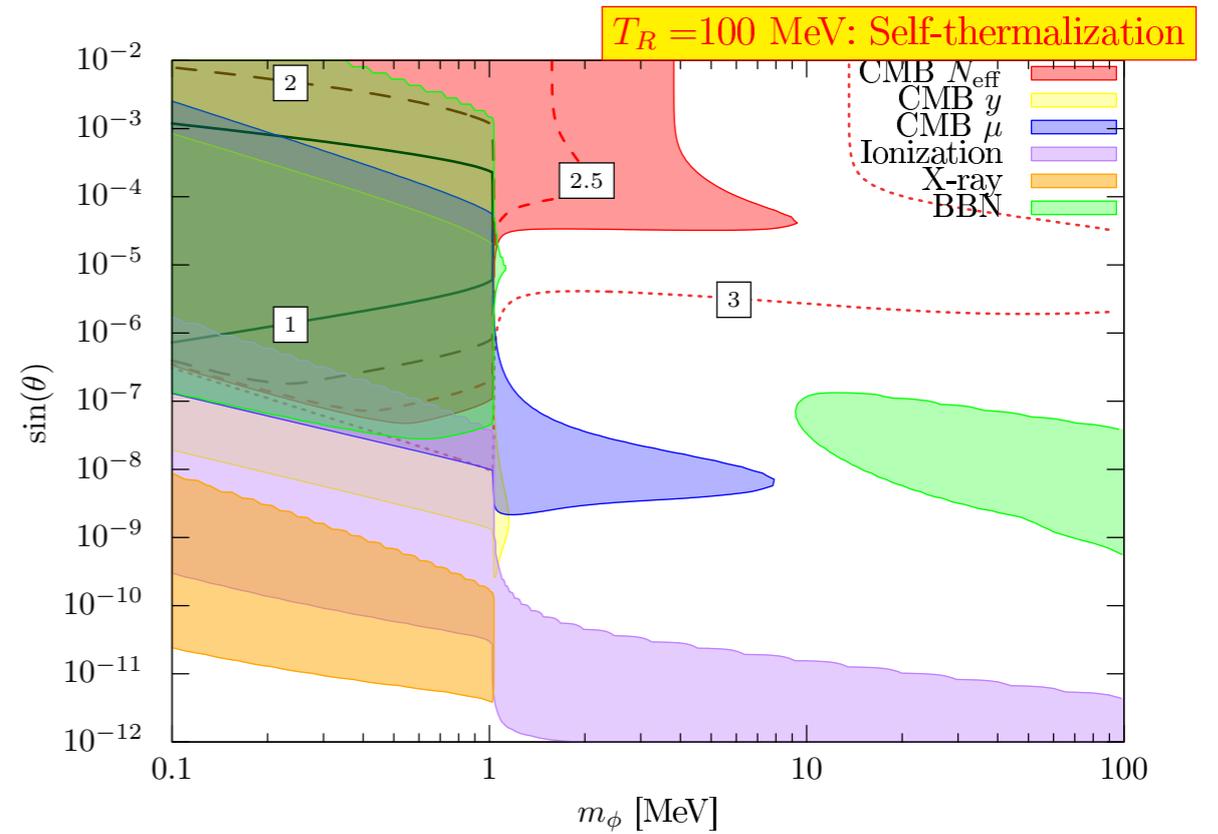
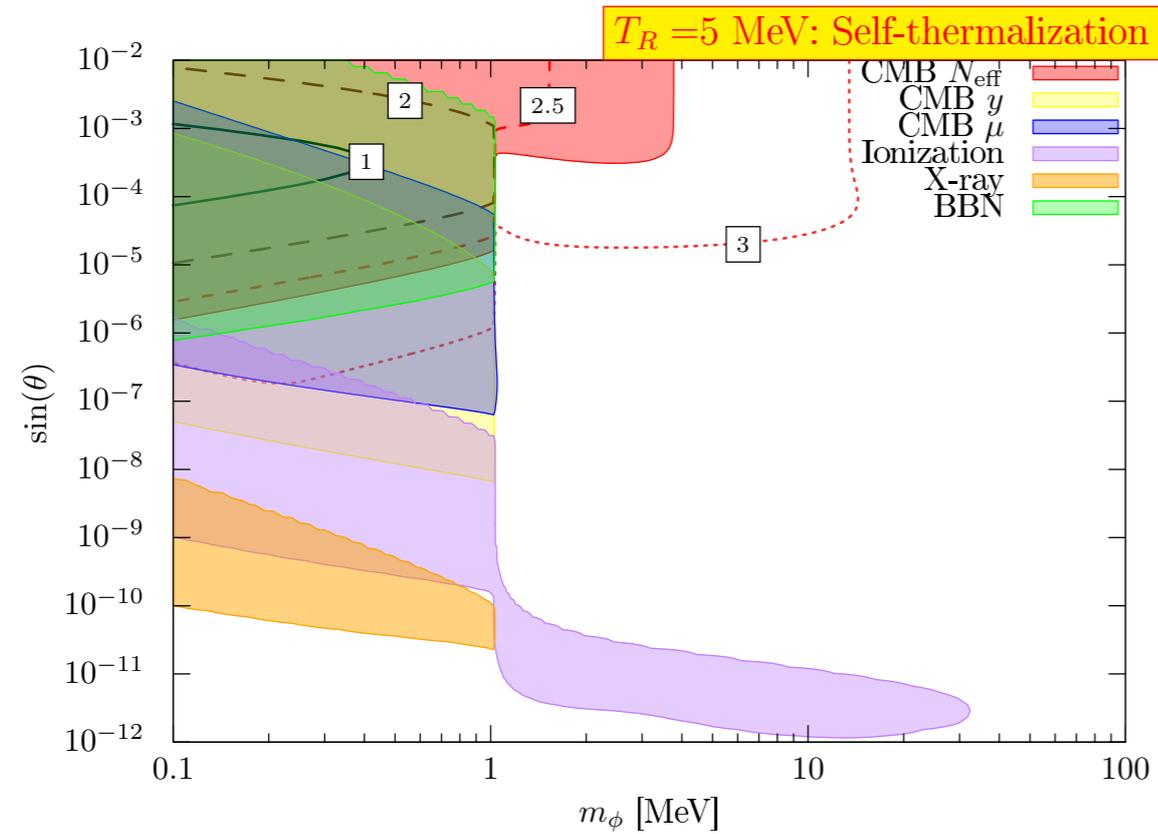
$\gamma'$  is thermalized

Constraints are independent  
of UV physics

# Parameter Scan (dark scalar)



# Parameter Scan w/ SI



# Summary of Effect of SI

1.  $Y_\phi \gg O(10^{-15})$  for the parameter space of our interest.

Hence the scalar reaches the chemical equilibrium.

2. The scalar energy density decreases rapidly due to number-changing processes.

This makes impacts on cosmology smaller.

3. On the other hand, when the number of scalar is quite small, they behave like non-relativistic particles.

This enhances their impacts on cosmology.

4. Anyway, self-interactions freeze out at low temperature.  
Then the scalar becomes a free particle.