

COSMOLOGICAL SELECTION OF THE WEAK SCALE

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TUG 2021

Higgs Mass
Squared

$$m_h^2 |H|^2$$

WEAK FORCE, STRUCTURE OF NUCLEI, COMPLEX
CHEMISTRY, ...

SYMMETRY

$$m_h^2 \sim y_t^2 M_{\text{Pl}}^2$$

SYMMETRY

$$m_h^2 \sim y_t^2 \underline{M_{\text{Pl}}^2}$$

Selection Rules of
Spacetime Dilations

(assuming masses at
the Planck scale)

SYMMETRY

$$m_h^2 \sim \underline{y_t^2} M_{\text{Pl}}^2$$

Selection Rules of the
Higher-Spin Symmetry
of Free Scalars

See R. Rattazzi @ GGI: <https://www.ggi.infn.it/talkfiles/slides/slides5297.pdf>

SYMMETRY

$$m_h^2 \sim y_t^2 M_{\text{Pl}}^2$$

Symmetry $\sim 10^{34}$ Experiment

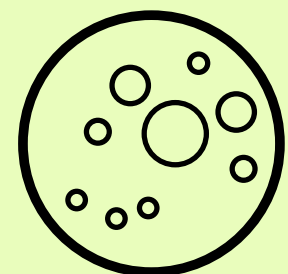


Precious clue about fundamental physics in the UV



Is there a new symmetry?





Mysterious
QG
Blob



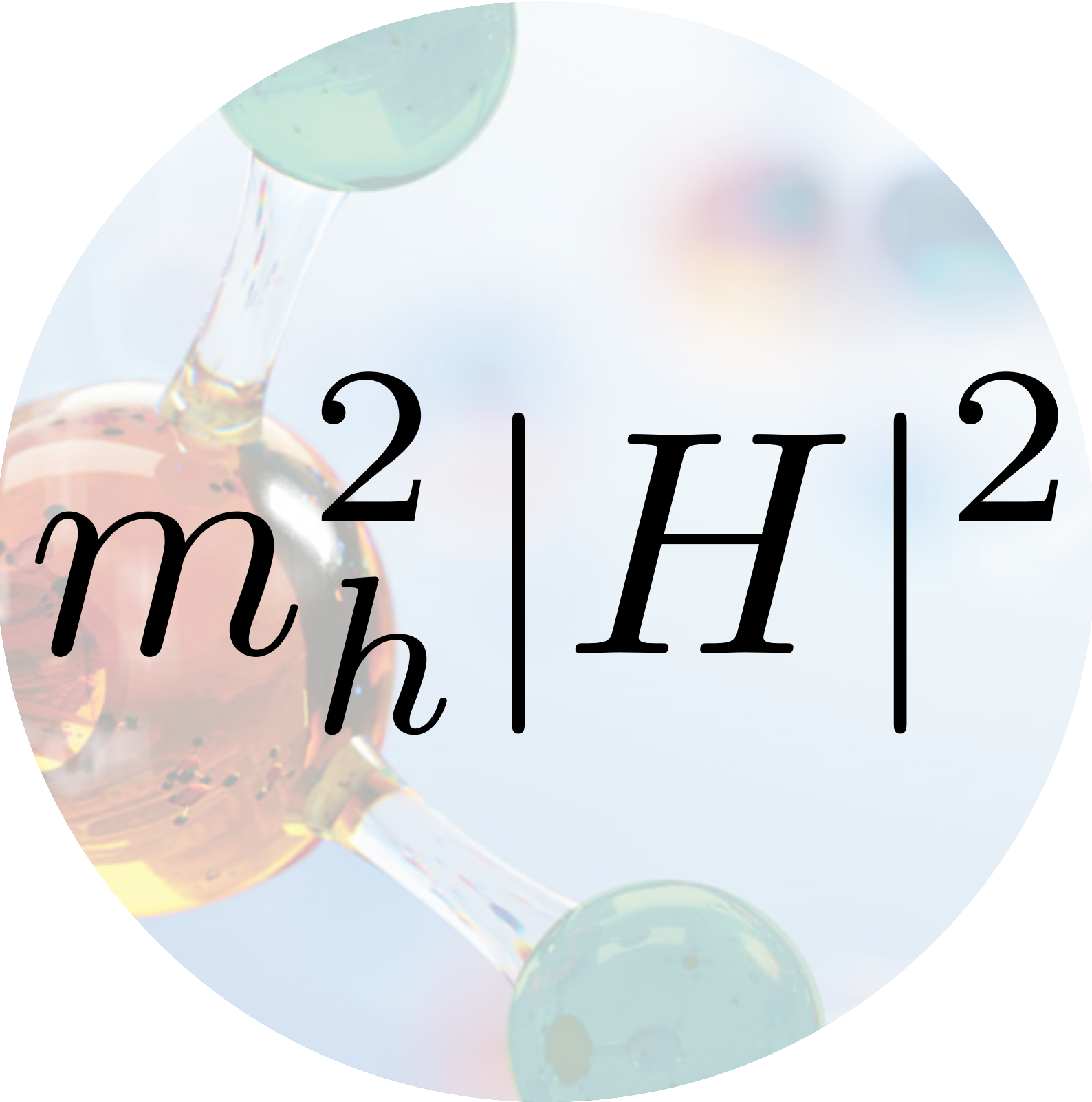
SUSY



SM

EXAMPLE: HIGGS VEV IN THE MSSM

$$v^2 = \frac{2}{g^2 + g'^2} \left(\frac{|m_{H_d}^2 - m_{H_u}^2|}{\sqrt{1 - \sin(2\beta)^2}} - m_{H_u}^2 - m_{H_d}^2 - 2|\mu|^2 + \frac{y_t^2}{16\pi^2} m_{\tilde{t}}^2 f\left(\frac{m_{\tilde{t}_1}^2}{m_{\tilde{t}}^2}, \frac{m_{\tilde{t}_2}^2}{m_{\tilde{t}}^2}\right) \right) + \dots$$

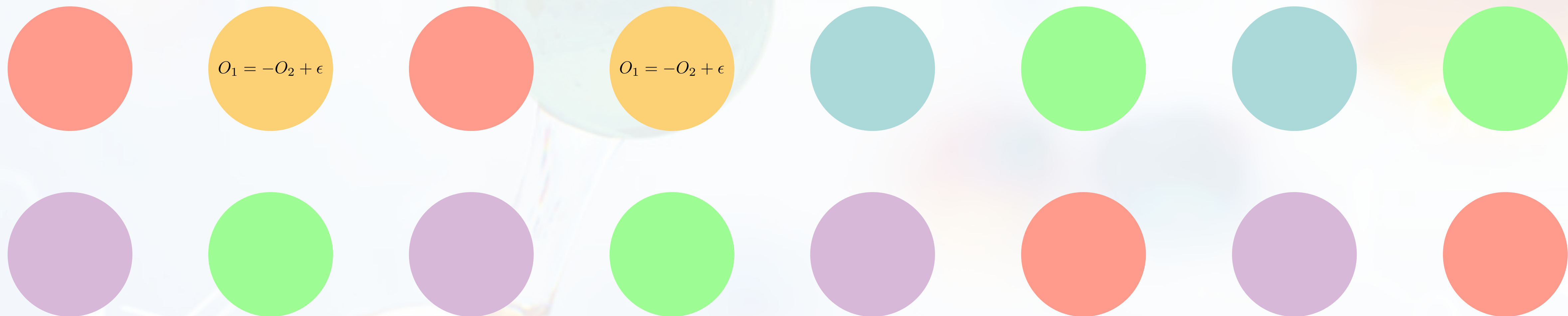

$$\left(m_h^2 |H|^2 \right)$$

We have been looking
for answers
here for more than 40 years

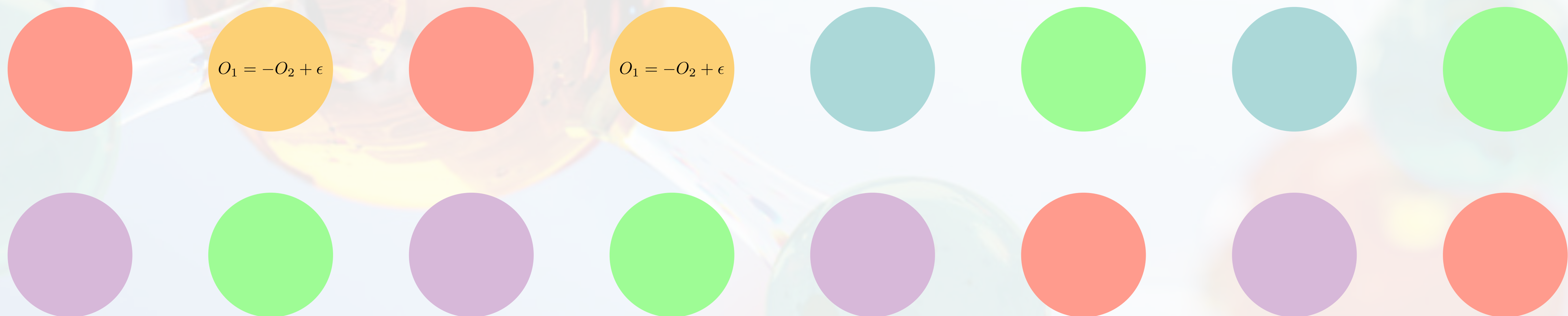
Higgs Boson



and we have not found them



Is there a landscape?



Change of perspective:



Can we find the origin of the weak scale early in the history of the Universe?

Historically:



Recently:



Historically:



Recently:





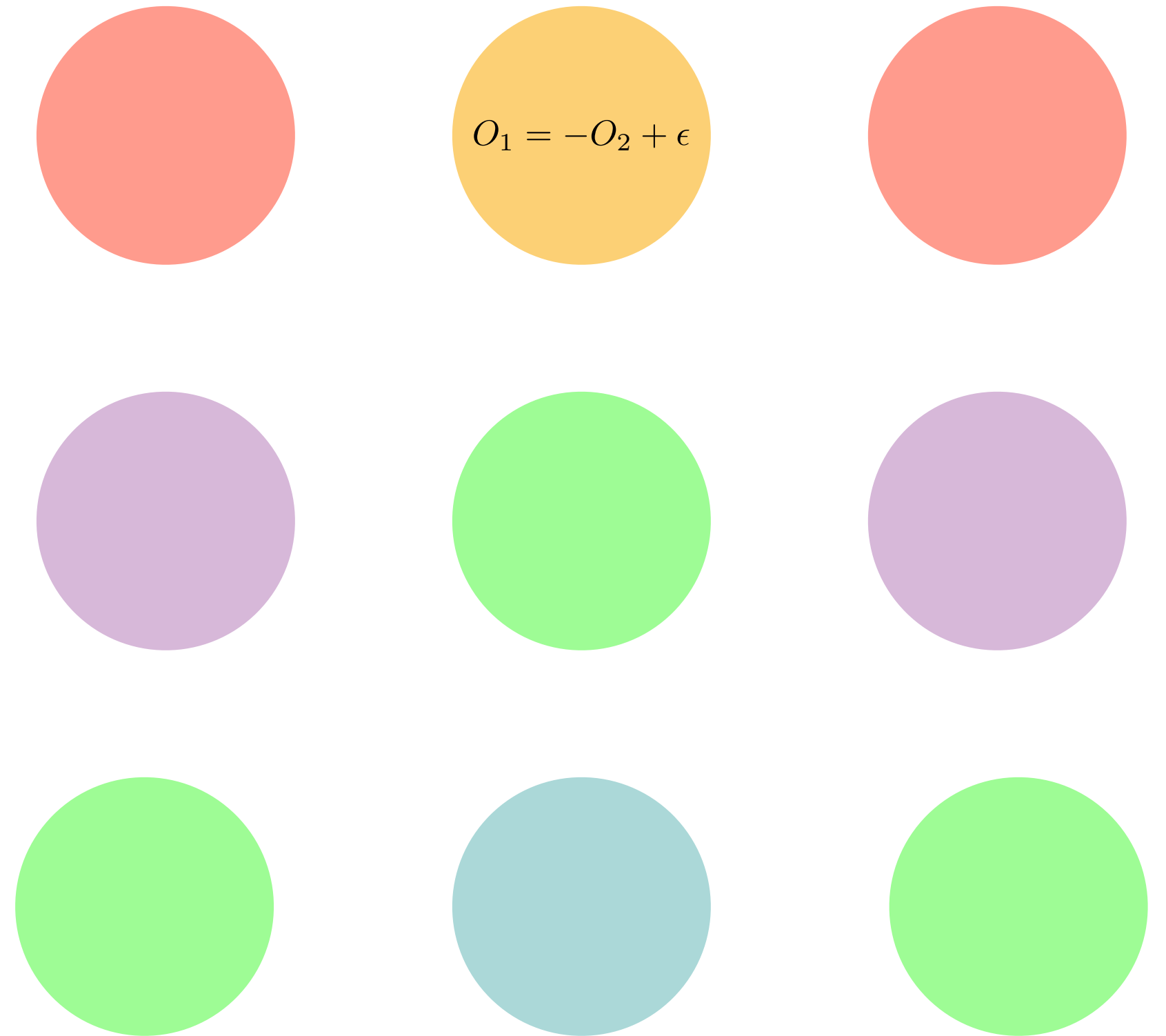
[Agrawal, Barr, Donoghue, Seckel '97],
[Arvanitaki, Dimopoulos, Gorbenko, Huang, Van Tilburg '16],
[Arkani-Hamed, **RTD**, Kim, '20],
[Giudice, Kehagias, Riotto, '20],
...
[Dvali, Vilenkin '03],
[Dvali '04],
[Geller, Hochberg, Kuflik, '18],
[Giudice, McCullough, You, '21],
...
[Graham, Rajendran, Kaplan, '15],
[Arkani-Hamed, Cohen, **RTD**, Kim, Pinner, '16],
[Csaki, **RTD**, Geller, Ismail, '20],
[Strumia, Teresi, '20],
[**RTD**, Teresi, '21],
...

Early History of the Universe

Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape

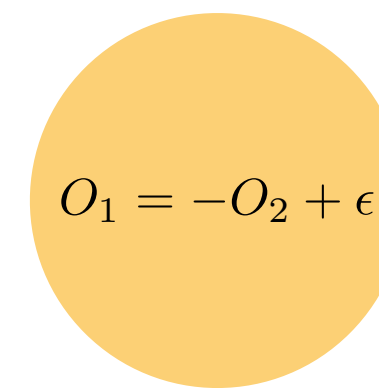


Late times

Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape


$$O_1 = -O_2 + \epsilon$$

**An event triggered by the
symmetric sector selects
the observed**

$$m_h^2$$

EXAMPLE: STATISTICAL

[Dvali, Vilenkin '03], [Dvali '04]

$$F_4 = dA_3$$

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[Dvali, Vilenkin '03], [Dvali '04]

$$F_4 = dA_3$$

$$S \supset \int d^4x \sqrt{-g} \left(\frac{F_4^2}{48} + M_{\text{Pl}}^2 (-1 + \frac{F_4^2}{M_{\text{Pl}}^2} + \dots) |\phi|^2 + \dots \right) + q(\phi) \int d^3\xi A_{\mu\nu\rho} \frac{\partial x^\mu}{\partial \xi^a} \frac{\partial x^\nu}{\partial \xi^b} \frac{\partial x^\rho}{\partial \xi^c} \epsilon^{abc}$$

EXAMPLE: STATISTICAL

[Dvali, Vilenkin '03], [Dvali '04]

$$q(\phi) = \frac{\phi^N}{M_{\text{Pl}}^{N-2}}$$

$$\Delta \langle \phi \rangle^2 / \langle \phi \rangle^2 \sim \langle \phi \rangle^{N-2}$$

At every step the brane charge is smaller -> most vacua are at small vev

EXAMPLE: STATISTICAL

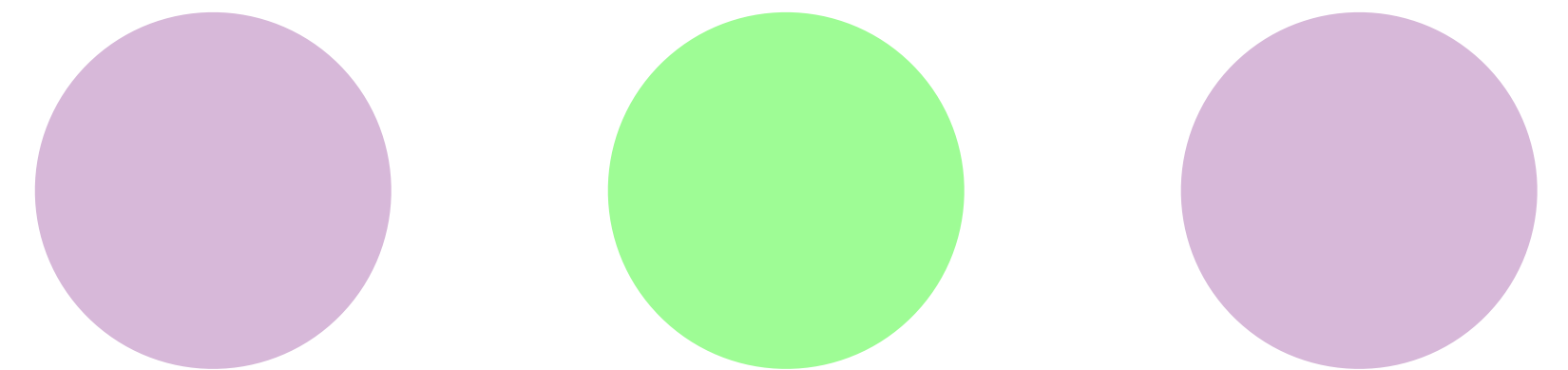
[Dvali, Vilenkin '03], [Dvali '04]

$$F_4 = dA_3$$

Symmetric Sector

$$q(\phi) \lesssim M_{\text{Pl}}^2$$

SM Landscape



$$A_3$$

$$\frac{\phi^N}{M_{\text{Pl}}^{N-2}} \int_{2+1} A_3$$

$$\frac{F_4^2}{M_{\text{Pl}}^2} |\phi|^2$$

EXAMPLE: RELAXION

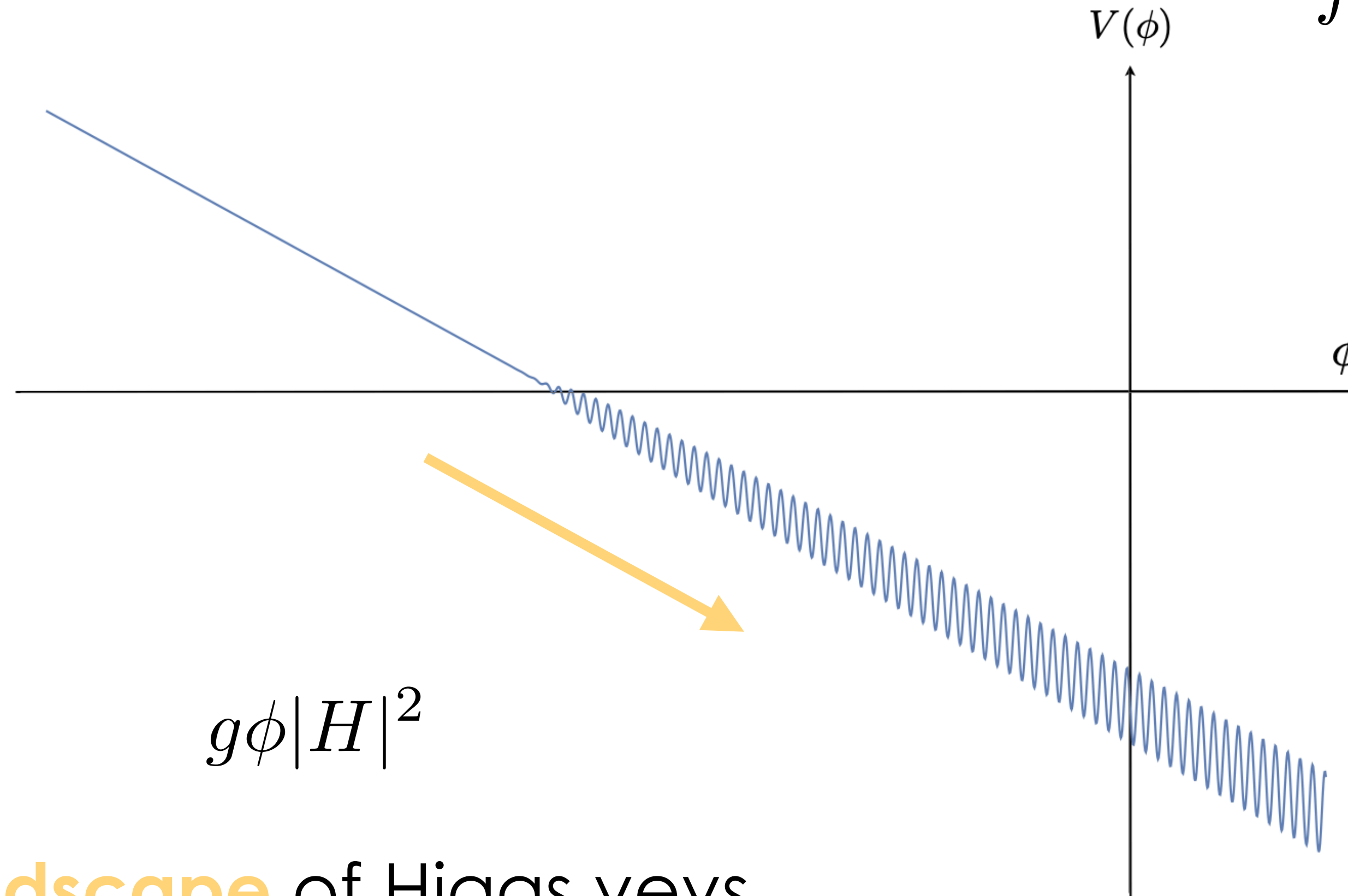
[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$

EXAMPLE: RELAXION

[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$

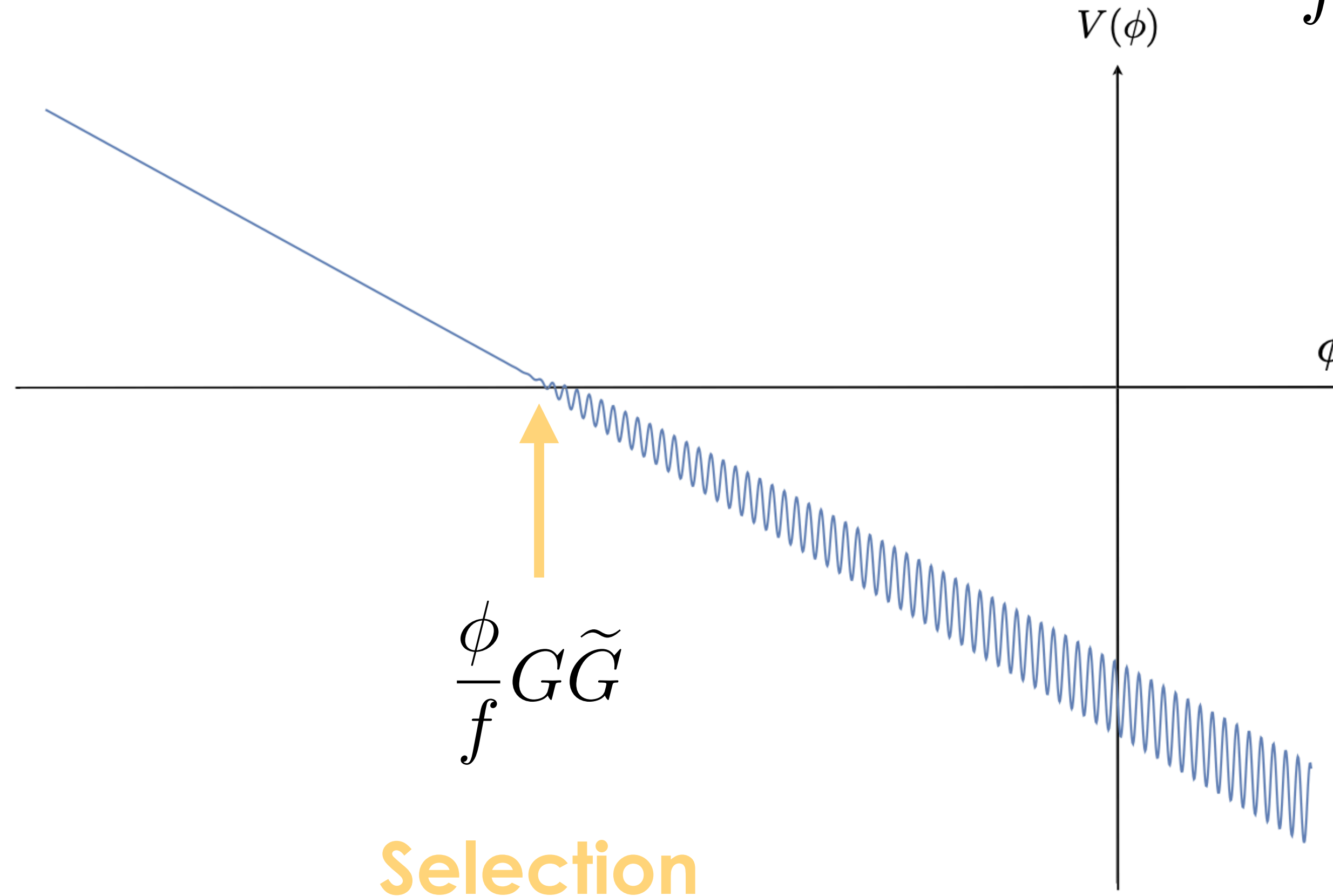


Landscape of Higgs vevs

EXAMPLE: RELAXION

[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$



EXAMPLE: RELAXION

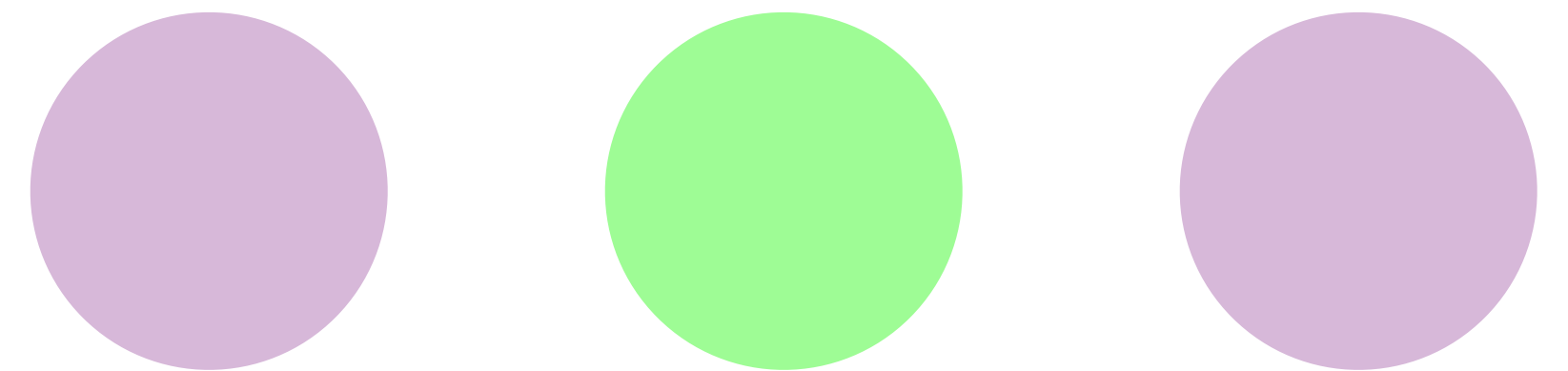
[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$

Symmetric Sector

$$g \ll M_{\text{Pl}}^3$$

SM Landscape



ϕ

$\phi G\tilde{G}$

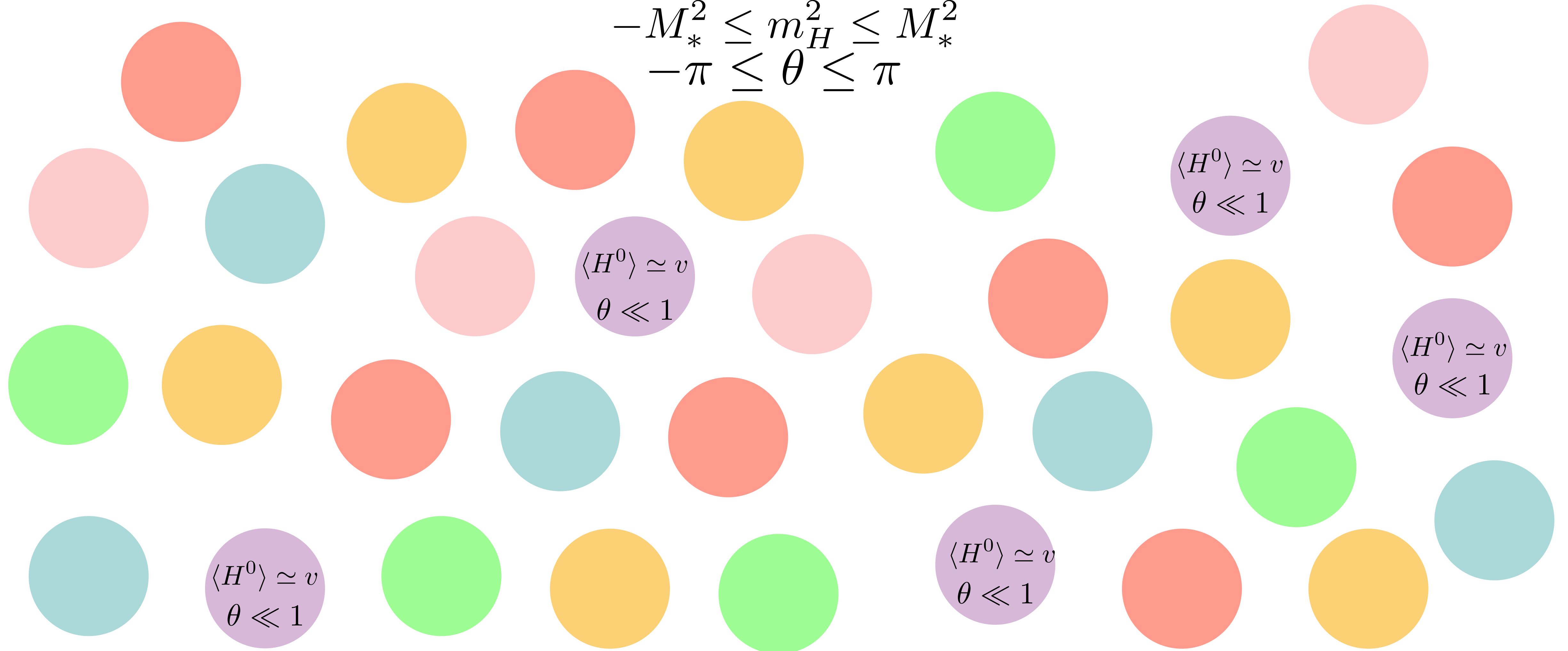
$g\phi|H|^2$

EXAMPLE: CRUNCHING

[Bloch, Csaki, Geller, Volansky '19], [Csaki, Geller, RTD, Ismail, '20], [RTD, Teresi '21]

Landscape of Higgs Masses and theta-angles populated by inflation

$$\begin{aligned} -M_*^2 &\leq m_H^2 \leq M_*^2 \\ -\pi &\leq \theta \leq \pi \end{aligned}$$



EXAMPLE: CRUNCHING

[Bloch, Csaki, Geller, Volansky '19], [Csaki, Geller, RTD, Ismail, '20], [RTD, Teresi '21]

After reheating and a time

$$t_c \sim 1/H(\Lambda_{\text{QCD}}) \sim 10^{-5} \text{ s}$$

All patches where the Higgs
vev

$$\langle H^0 \rangle \equiv h$$

Is outside of a certain range

$$h_{\text{min}} \lesssim h \leq h_{\text{crit}}$$

And theta is large

$$\theta \leq \theta_{\text{max}}$$

crunch

$$\langle H^0 \rangle \simeq v$$
$$\theta \ll 1$$

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EXAMPLE: CRUNCHING

[Bloch, Csaki, Geller, Volansky '19], [Csaki, Geller, RTD, Ismail, '20], [RTD, Teresi '21]

Only universes with the observed value of the weak scale can live longer than EW time. **Today the multiverse looks like:**

$$\langle H^0 \rangle \simeq v$$
$$\theta \ll 1$$

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EXAMPLE: SLIDING NATURALNESS

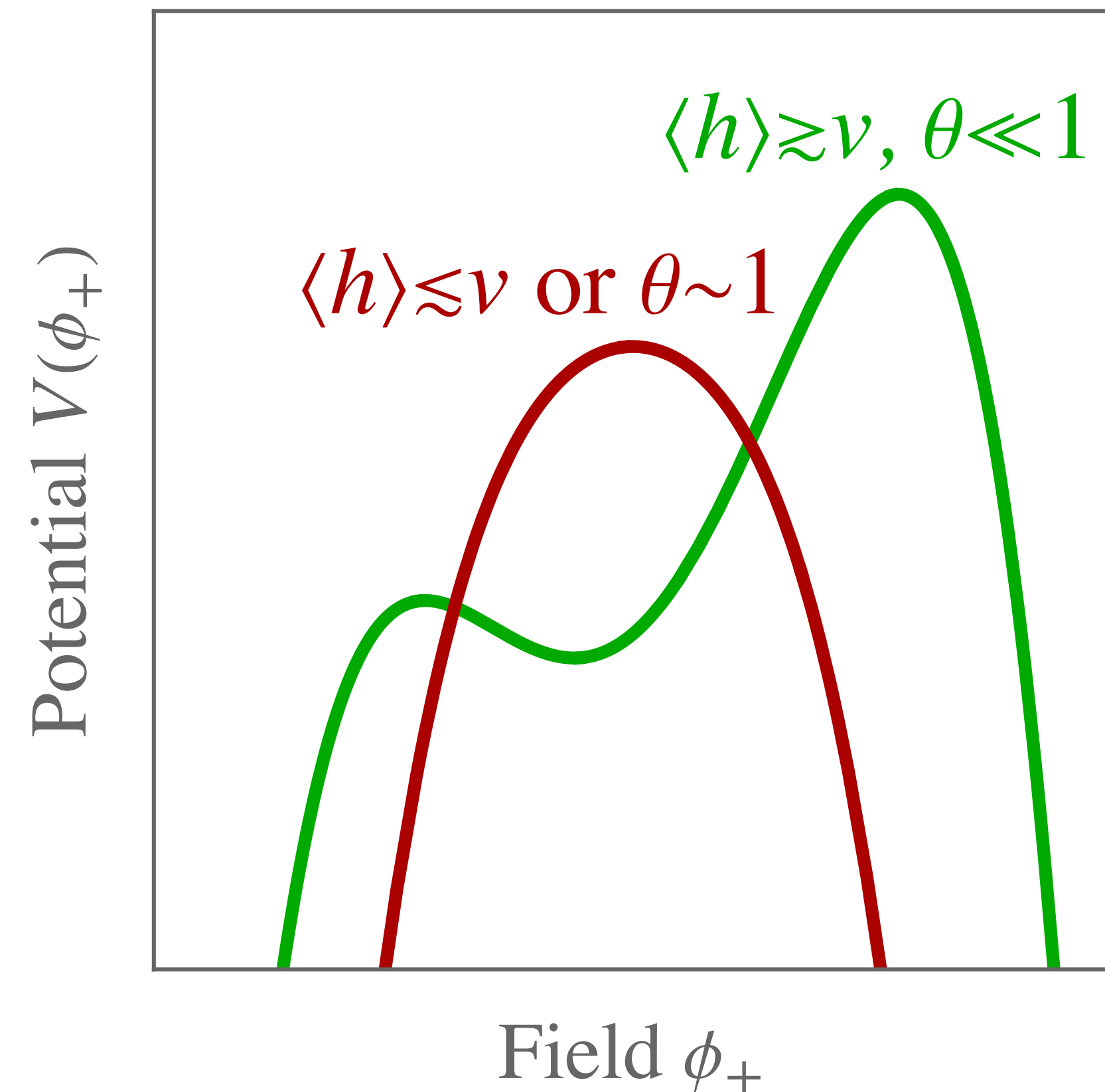
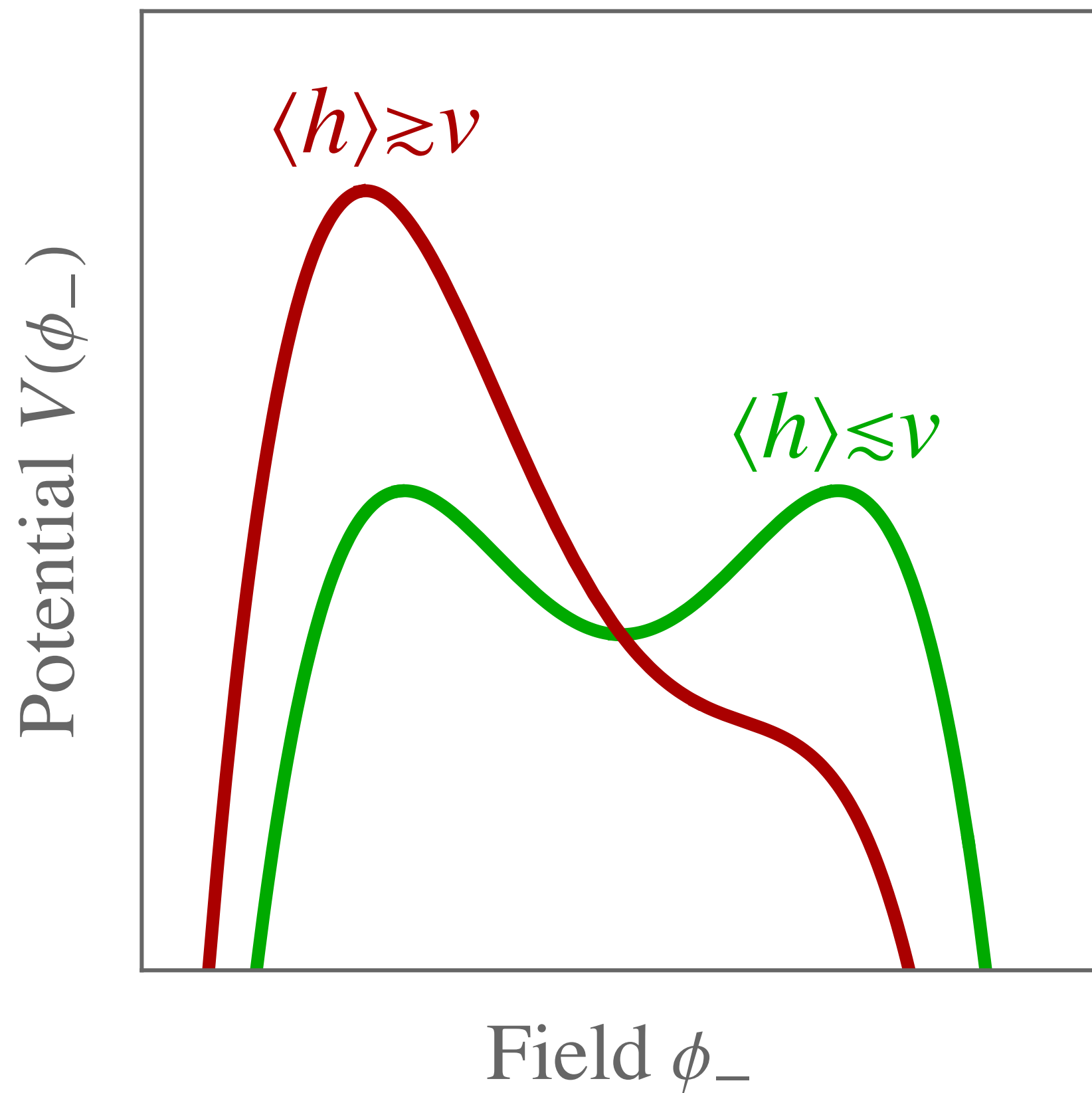
[RTD, Teresi '21]

$$V = \mp m_{\pm}^2 \phi_{\pm}^2 - \lambda_{\pm} \phi_{\pm}^4 + \frac{\alpha_s}{8\pi} \left(\theta + \frac{\phi_+}{F_+} + \frac{\phi_-}{F_-} \right) G\tilde{G}$$

EXAMPLE: SLIDING NATURALNESS

[RTD, Teresi '21]

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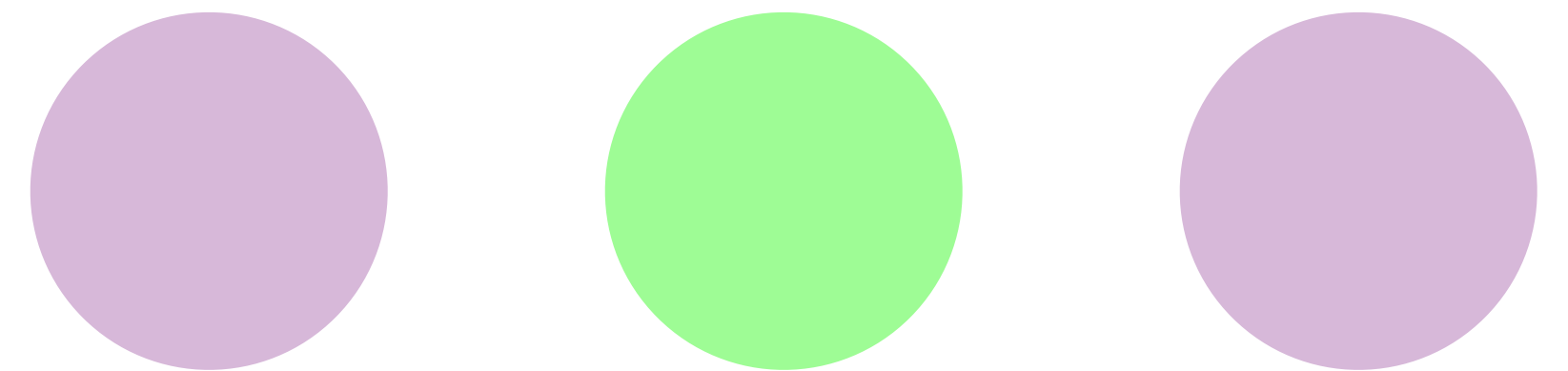
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Symmetric Sector

$$m_{\pm} \ll M_{\text{Pl}}$$

SM Landscape



$$\phi_{\pm}$$

$$\phi_{\pm} G\tilde{G}$$

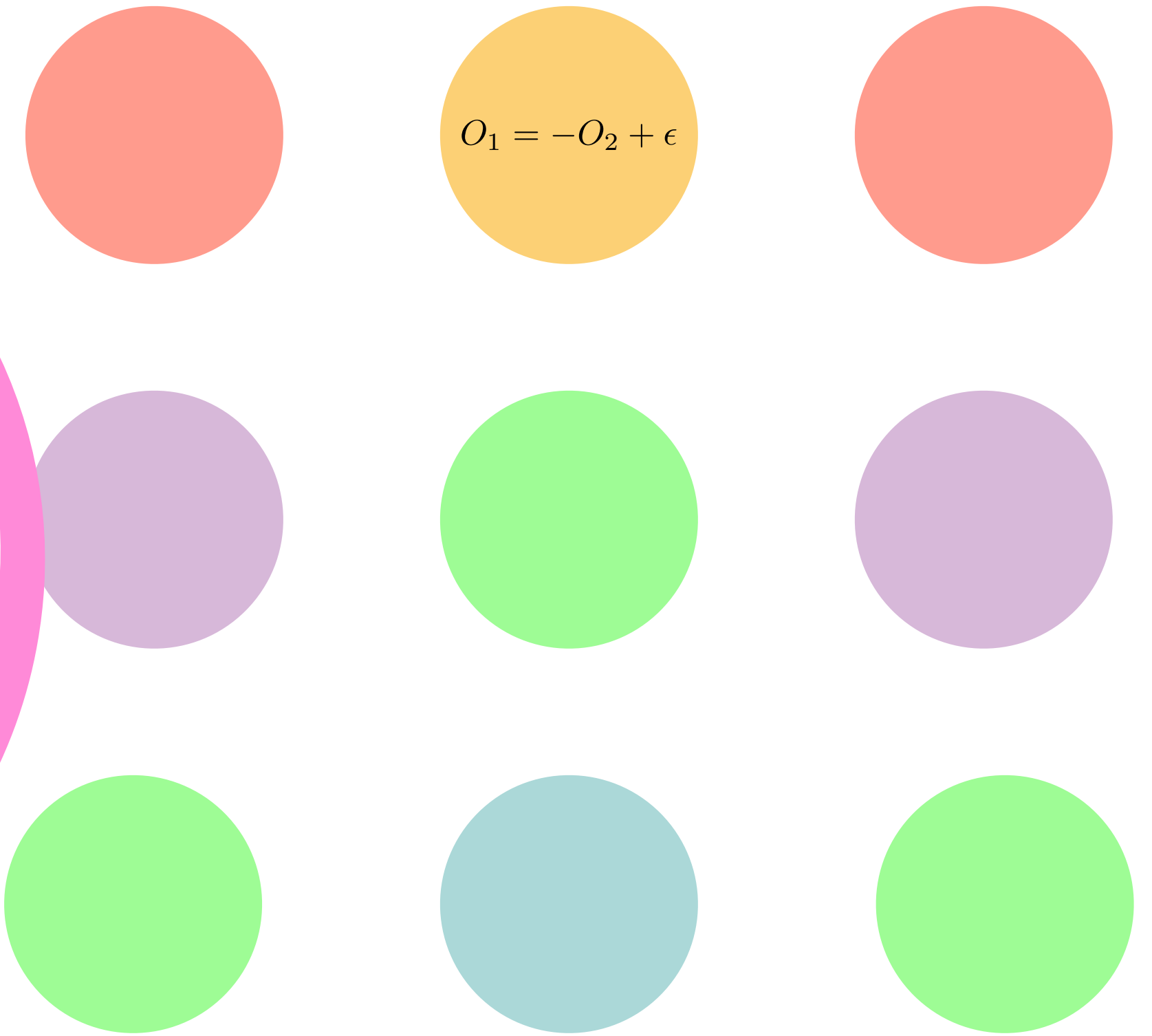
“Friendly”
String Landscape?

[Arakni-Hamed, Dimopoulos, Kachru, '05]

Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape



Sensitive
to the Higgs vev

HIERARCHY 102

[Arkani-Hamed, RTD, Kim '20]

Does anything change in the SM as we vary $\langle h \rangle$?

1. Obviously the spectrum
2. If we look at local operators we discover the hierarchy problem:

$$\langle h^\dagger h \rangle \sim \Lambda_H^2$$

HIERARCHY 102

Does anything change in the SM as we vary $\langle h \rangle$?

$$\frac{\alpha_s}{8\pi} (\xi\phi + \theta) \text{Tr} [G\tilde{G}]$$



$$m_\pi^2 f_\pi^2 \sqrt{1 - \frac{4m_u m_d}{(m_u + m_d)^2} \sin^2 (\xi\phi + \theta)}$$



$$(y_u + y_d) v f_\pi^3 (\theta\xi\phi + \xi^2\phi^2 + \dots)$$

HIERARCHY 102

Does anything change in the SM as we vary $\langle h \rangle$?

$$\xi \phi \text{Tr} [G \tilde{G}]$$



Important Pheno Message:

Axion-Like phenomenology can be related to the hierarchy problem

TRIGGER PHENOMENOLOGY

$G\tilde{G}$

ALPs

TRIGGER PHENOMENOLOGY

$G\tilde{G}$

ALPs

$F\tilde{F} + yLHE^c$

Vector-like
Leptons

TRIGGER PHENOMENOLOGY

$G\tilde{G}$

ALPs

$F\tilde{F} + yLHE^c$

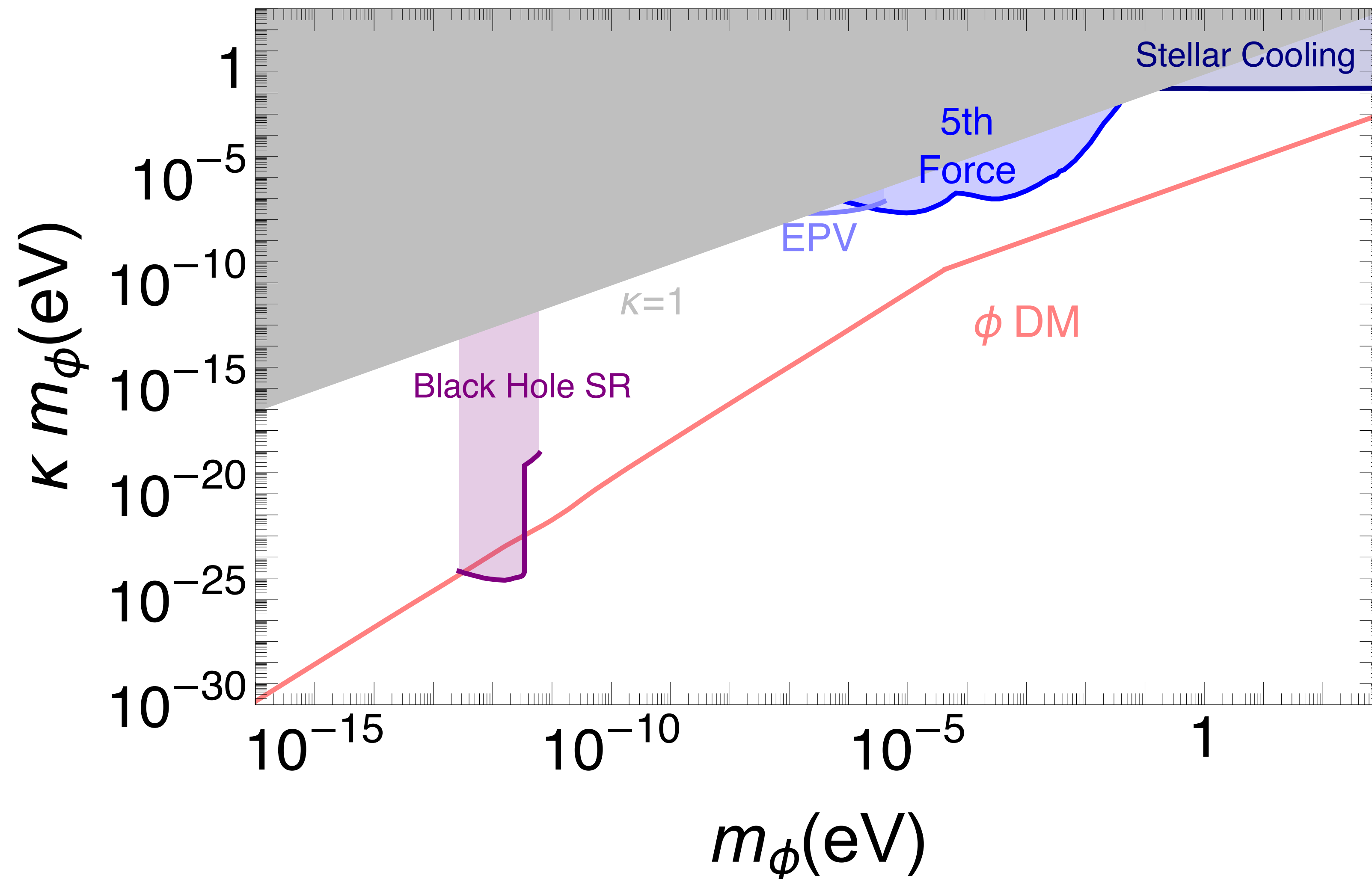
Vector-like
Leptons

H_1H_2

Type-0 2HDM
See [Arkani-Hamed, RTD, Kim, '20]

A ULTRALIGHT WIMP MIRACLE

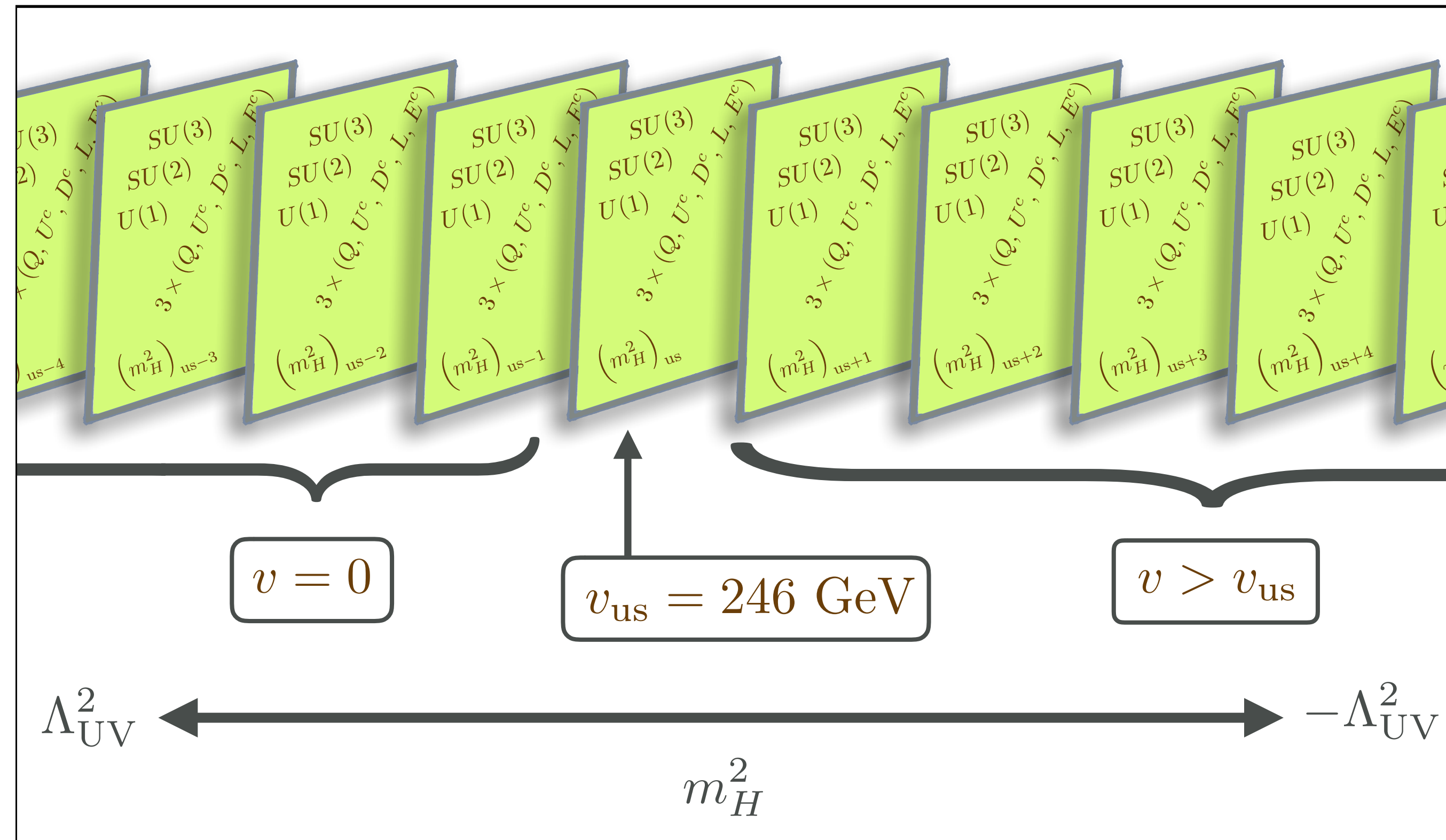
$$V_\phi/V_{\phi H} \sim 1$$



[Arkani-Hamed, **RTD**, Kim] '20 = [**RTD**, Teresi] '21

AN EXCEPTION: NNATURALNESS

[Arkani-Hamed, Cohen, **RTD**, Hook, Kim, Pinner] '16



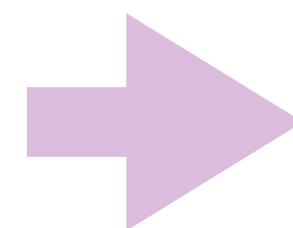
$$\mathcal{L} \supset m_\phi \phi |H_i|^2$$

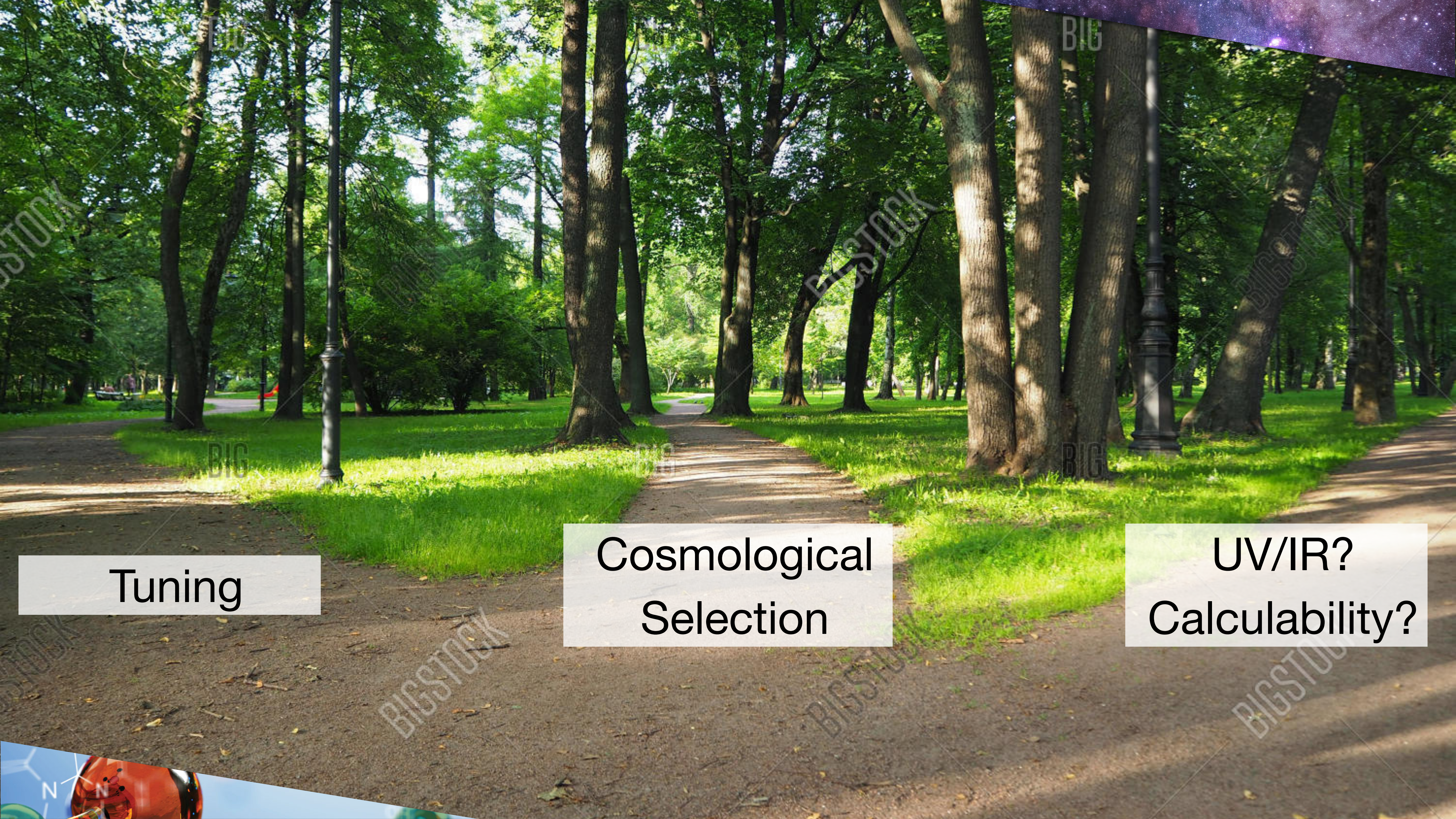
$$\Gamma_\phi \sim \frac{1}{m_{h_i}^n}$$

Change of perspective:



Can we find the origin of the weak scale early in the history of the Universe?






Tuning

Cosmological
Selection

UV/IR?
Calculability?

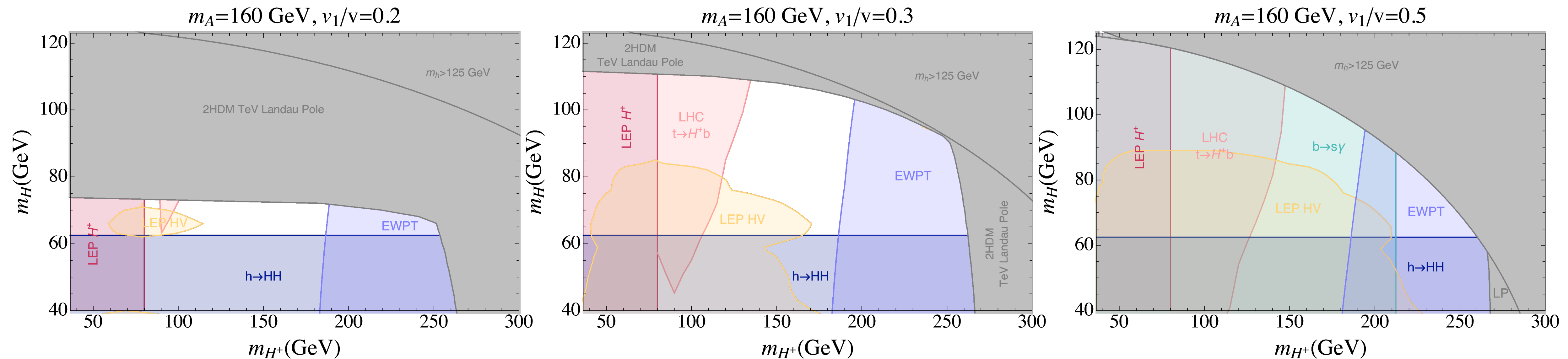


BACKUP

EXAMPLE: TYPE-0 2HDM

[Arkani-Hamed, RTD, Kim '20]

N.B. It is extremely hard to find a viable BSM trigger

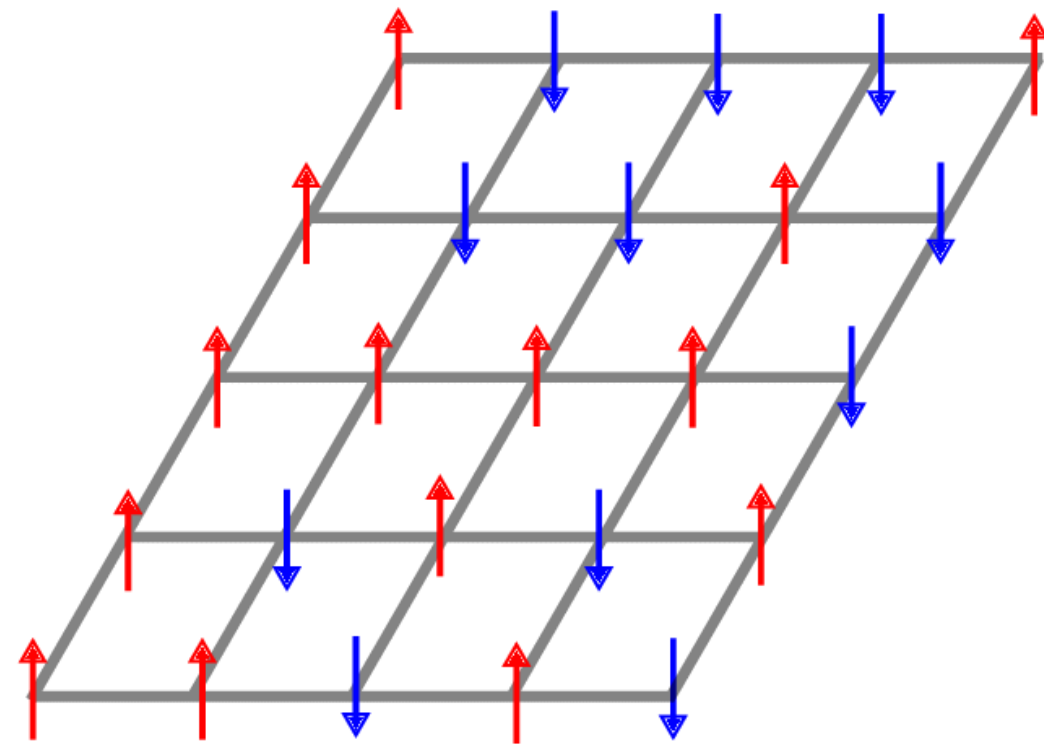


Sharp target which **can't be decoupled!**

$$m_{NP} \lesssim m_h$$

A LANDSCAPE IN THE LAB

Prepare Ising Model



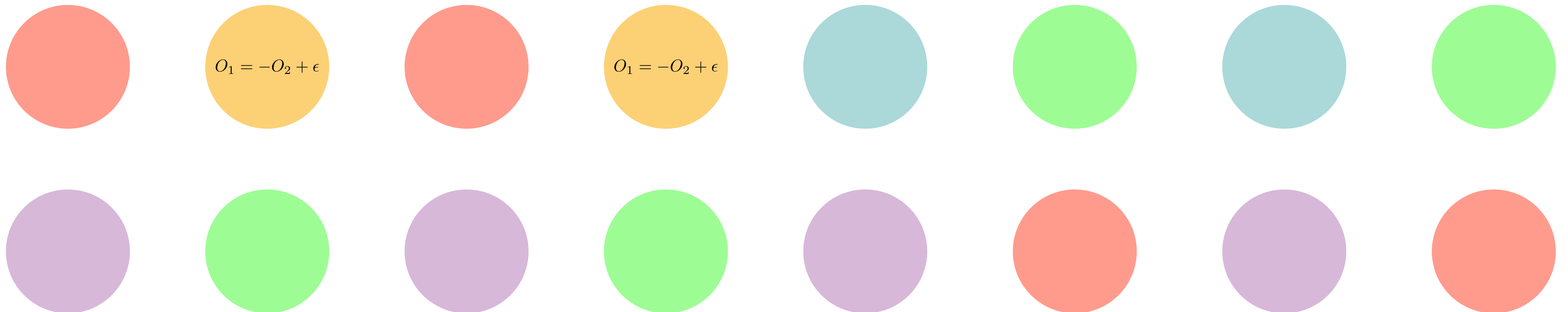
Scan Temperature

$$T - T_c \simeq 10^{-30}$$

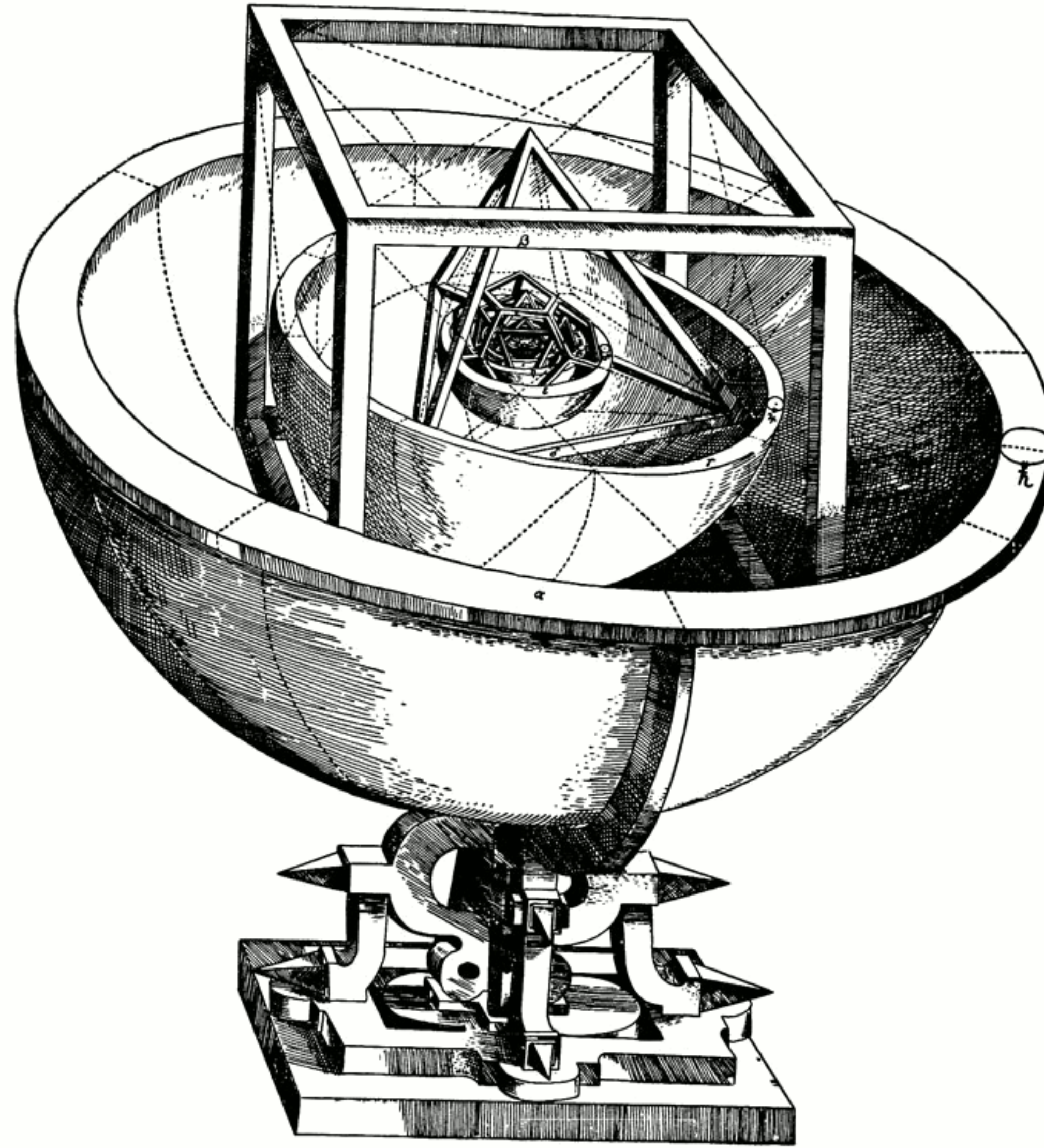
The scalar is
much lighter
than the lattice spacing

A LANDSCAPE

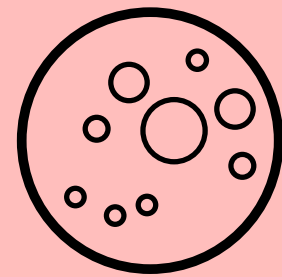
1. One day it can be tested experimentally
2. Currently our most concrete explanation for the CC
3. It probably exists independently of the two problems



Mysterium Cosmographicum



Why $M_{\text{Pl}}^4 \gg m_h^4, \Lambda_{\text{CC}}^4$?



Mysterious
QG
Blob



SM

1. Cosmological Constant and Higgs mass are inputs (can not be calculated, only measured)
2. UV/IR Mixing
3. IR constraints from UV consistency (swampland, ...)

EXAMPLE: ANTHROPIC

[Agrawal, Barr, Donoghue, Seckel '97]

For complex chemistry we need a Higgs vev not too far from the QCD scale

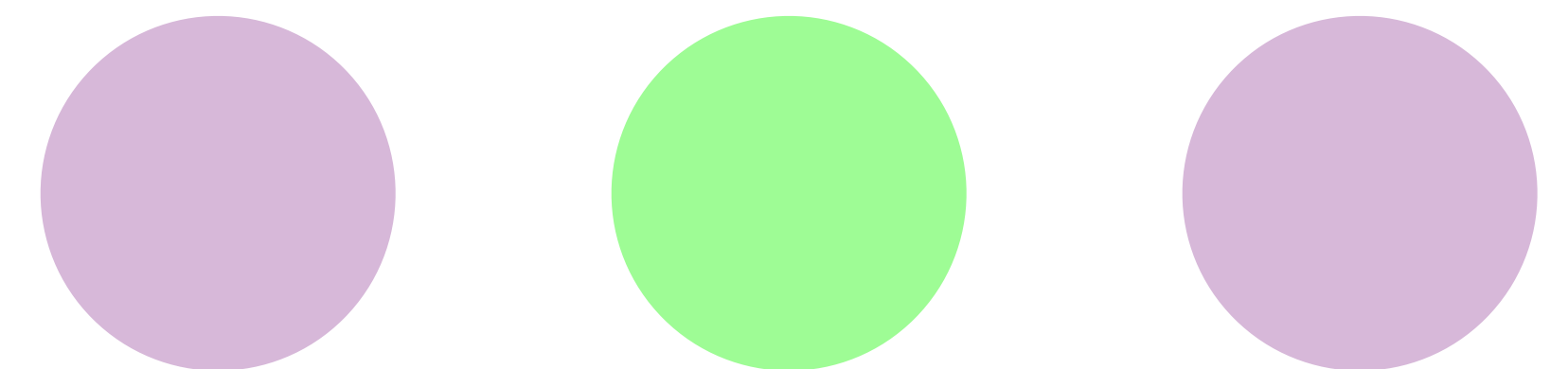
Symmetric Sector

$$\Lambda_{\text{QCD}} \ll M_{\text{Pl}}$$

QCD

$$Y_q Q H q^c$$

SM Landscape



“Friendly”
String Landscape?

[Arakni-Hamed, Dimopoulos, Kachru, '05]



Anthropic Selection

Does not require new physics
with couplings to the SM
stronger than gravitational

Statistical Selection

Does not require new physics
with couplings to the SM
stronger than gravitational

Dynamical Selection

Typically visible!



From now on: **focus on the Higgs vev**

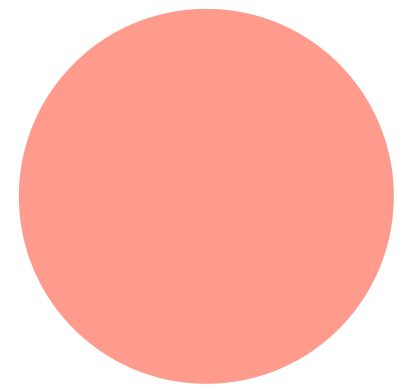
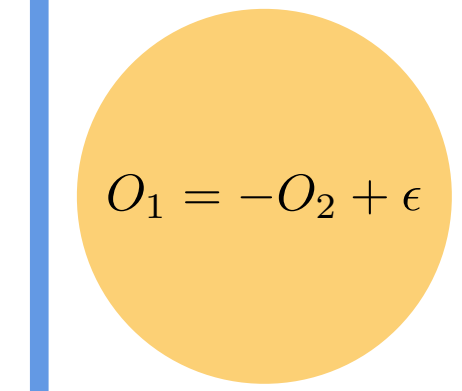
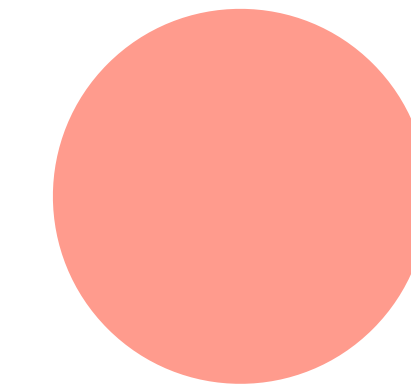


“Anthropic” Selection

Symmetric Sector

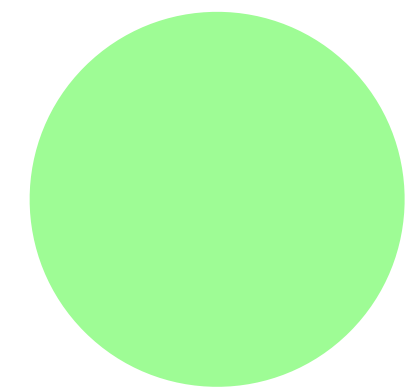
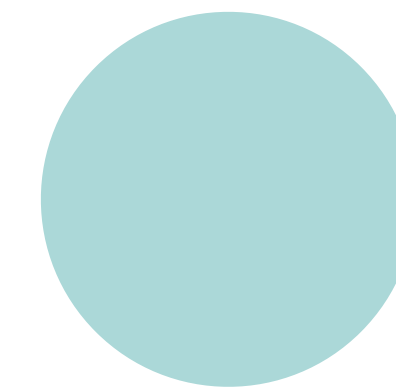
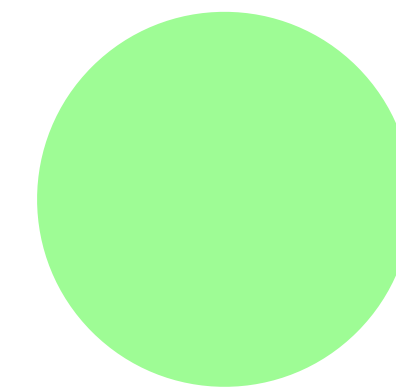
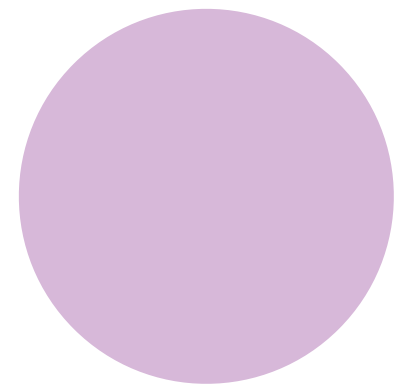
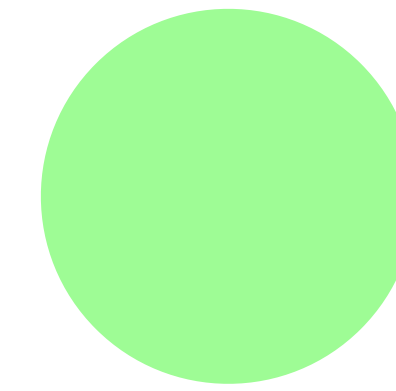
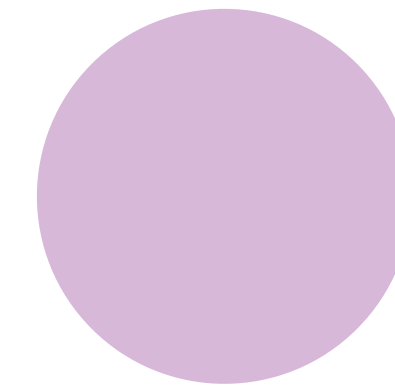
$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape



$$O_1 = -O_2 + \epsilon$$

Observers

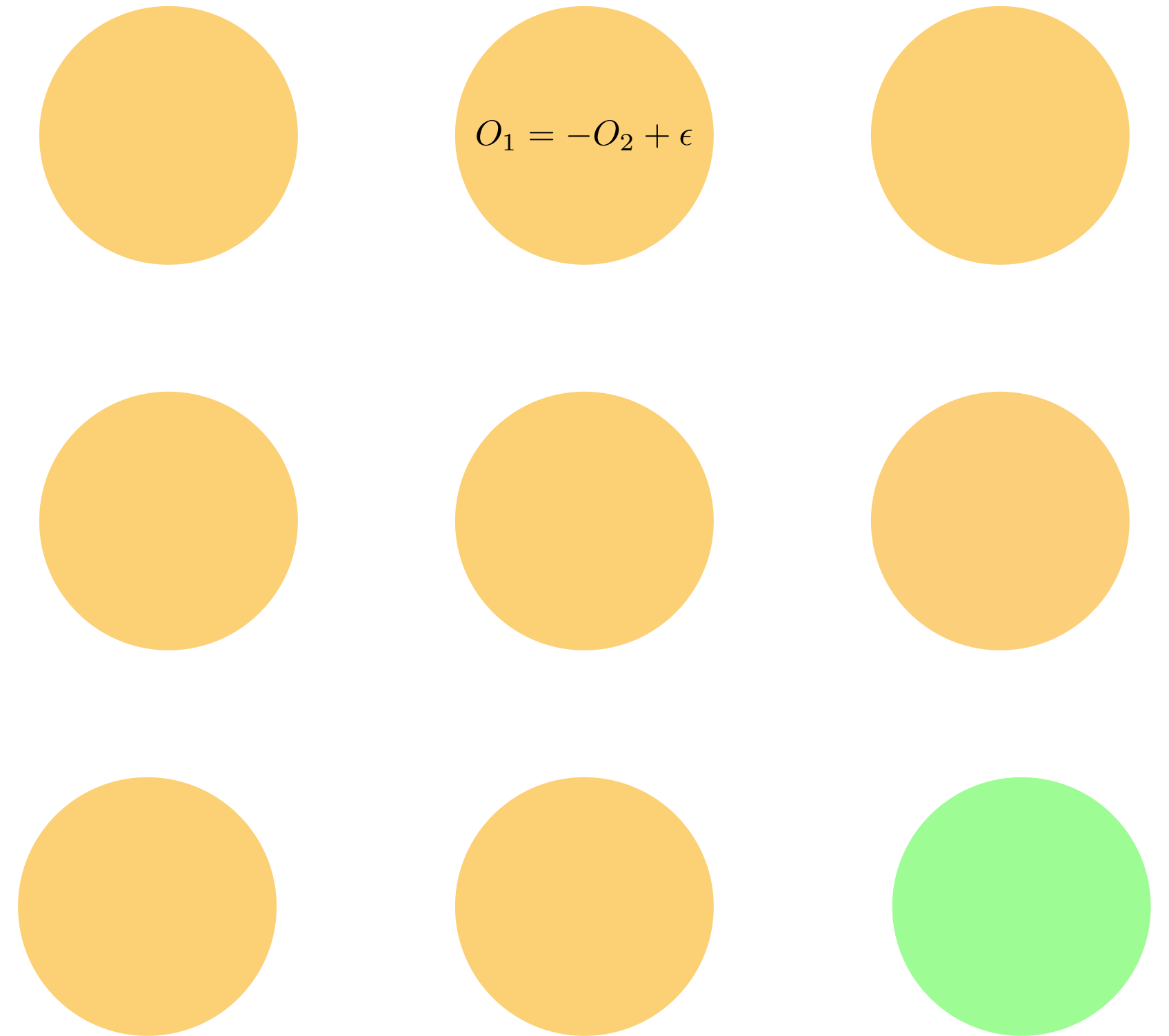


“Statistical” Selection

Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape

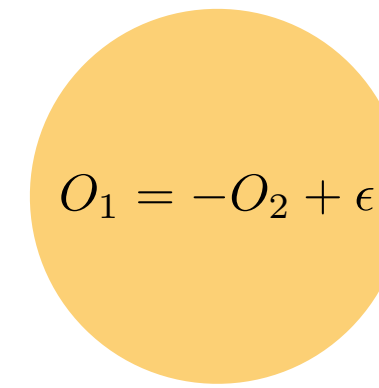


“Dynamical” Selection

Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape


$$O_1 = -O_2 + \epsilon$$

Historically:



Recently:



EXAMPLE: ANTHROPICS

Anthropic Arguments: a symmetry and a landscape

$$\Lambda_{\text{CC}} \leftrightarrow \rho_{\text{MR}} \left(\frac{\delta\rho}{\rho} \right)^3 \ll M_{\text{Pl}}^4 \quad [\text{Weinberg '87}]$$

$$v \leftrightarrow \Lambda_{\text{QCD}} \ll M_{\text{Pl}} \quad [\text{Agrawal, Barr, Donoghue, Seckel '97}]$$

EXAMPLE: ANTHROPICS

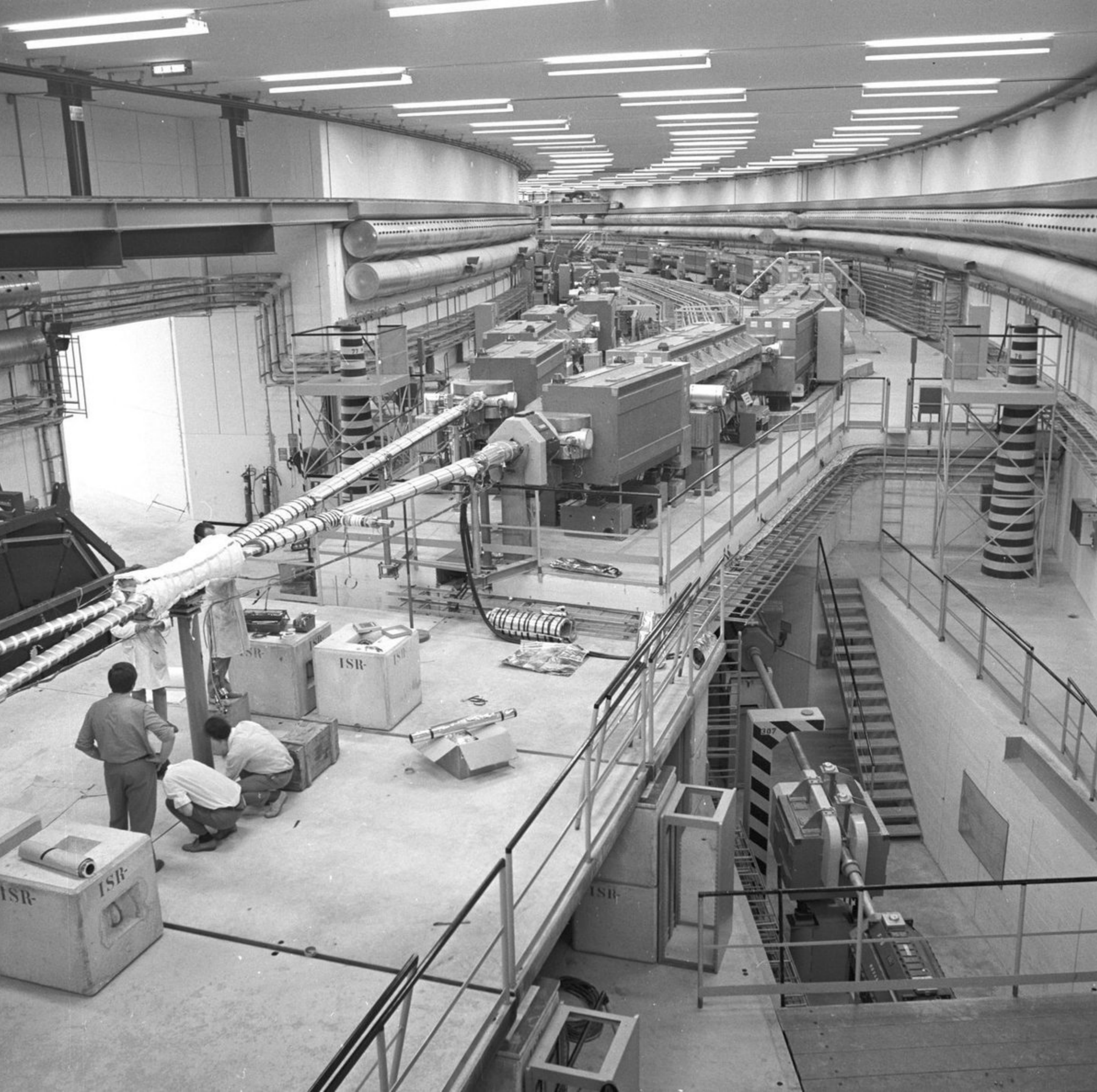
Anthropic Arguments: a symmetry and a landscape

$$\Lambda_{\text{CC}} \leftrightarrow \rho_{\text{MR}} \left(\frac{\delta\rho}{\rho} \right)^3 \ll \underline{M_{\text{Pl}}^4}$$

We do not know yet, but
easy to achieve

$$v \leftrightarrow \Lambda_{\text{QCD}} \ll \underline{M_{\text{Pl}}}$$

Approximate scale invariance



CERN
1971

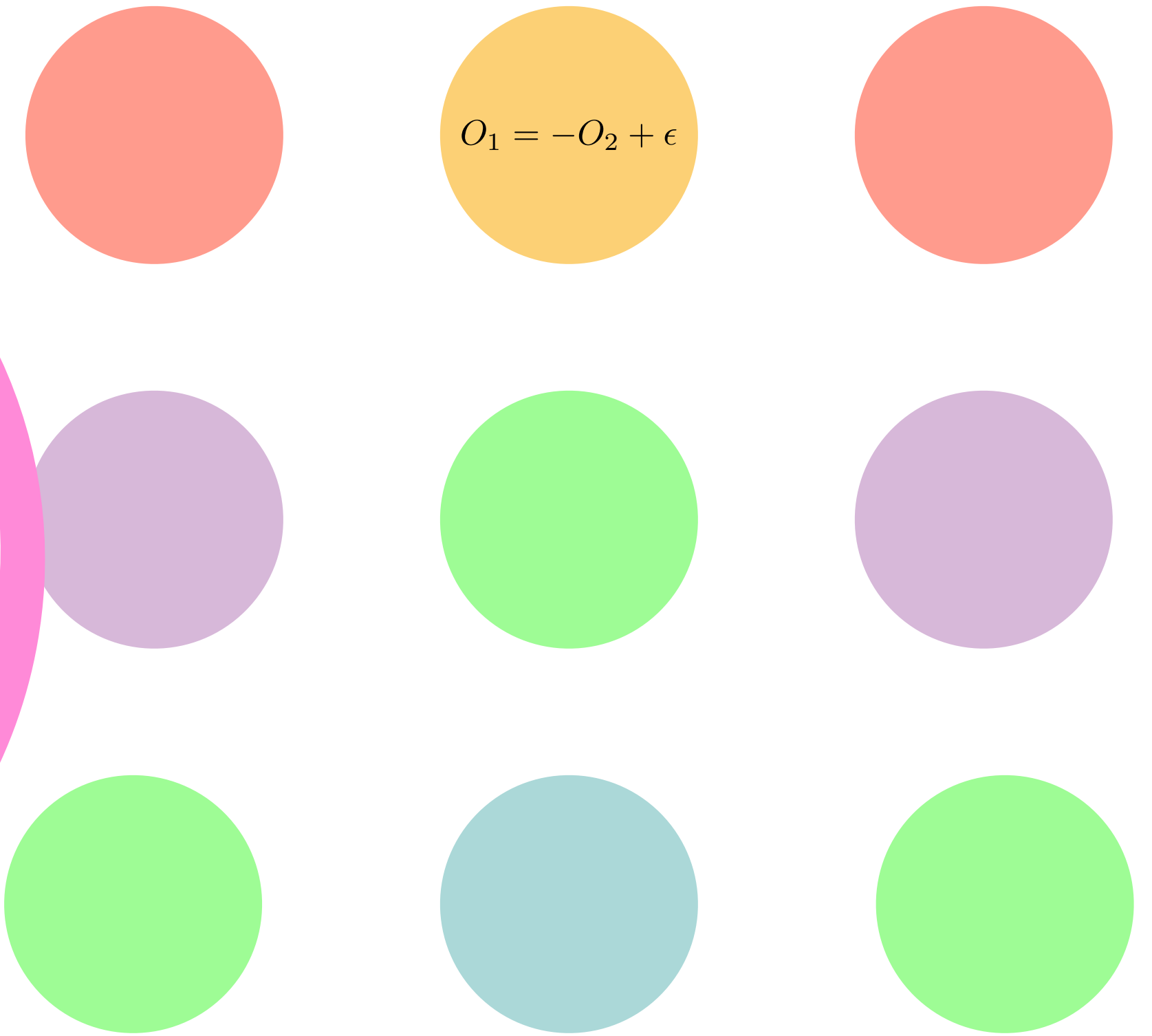
**A change in theoretical
perspective
can win (or lose) you
two Nobel Prizes**



Symmetric Sector

$$\Lambda_S \ll M_{\text{Pl}}$$

SM Landscape



EXAMPLE: STATISTICAL

[Dvali, Vilenkin '03], [Dvali '04]

$$F_4 = dA_3$$

$$S \supset \int d^4x \sqrt{-g} \left(\frac{F_4^2}{48} + M_{\text{Pl}}^2 (-1 + \frac{F_4^2}{M_{\text{Pl}}^2} + \dots) |\phi|^2 + \dots \right) + q(\phi) \int d^3\xi A_{\mu\nu\rho} \frac{\partial x^\mu}{\partial \xi^a} \frac{\partial x^\nu}{\partial \xi^b} \frac{\partial x^\rho}{\partial \xi^c} \epsilon^{abc}$$

Large initial “Electric Field”
(Brown-Teitelboim)

$$F_4^2 \sim M_{\text{Pl}}^4$$

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**Very slow process: requires
eternal inflation!**

Branes can be spontaneously
nucleated (tunnelling)

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$$\Delta F_4 = q(\phi)$$

Branes can be spontaneously nucleated (tunnelling)

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The scalar mass is scanned

$$\Delta F_4 = q(\phi)$$



Cosmological Constant



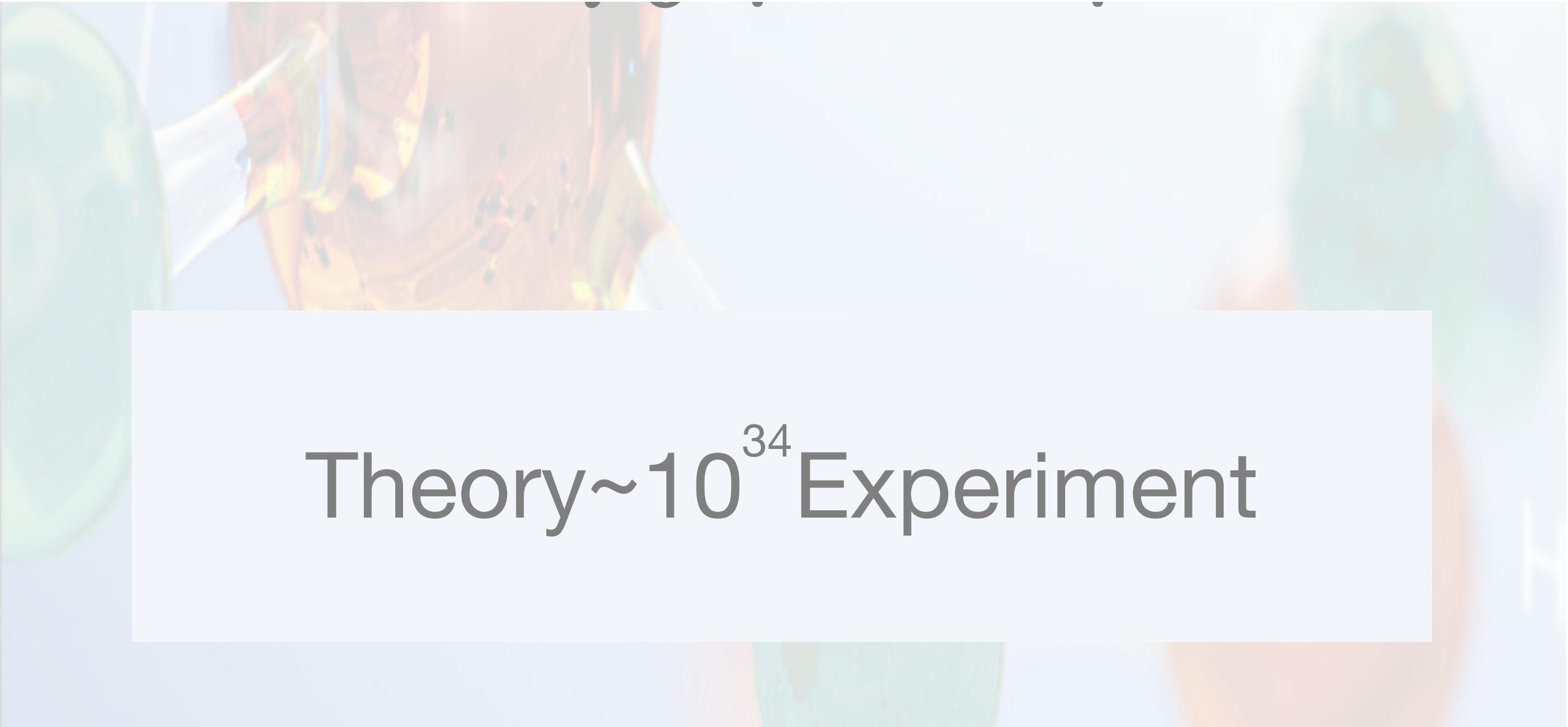
Higgs Mass Squared

1. The two quantities are not calculable

2. Scale of gravity?



Theory $\sim 10^{120}$ Experiment



Theory $\sim 10^{34}$ Experiment

Cosmological Constant

Higgs Mass Squared

1. The two quantities are not calculable

2. Scale of gravity?

3. Planck Scale = QFT Mass Scale?

Theory $\sim 10^{120}$ Experiment

Theory $\sim 10^{34}$ Experiment

HIERARCHY 102

[Arkani-Hamed, RTD, Kim '20]

Does anything change in the SM as we vary $\langle h \rangle$?

HIERARCHY 102

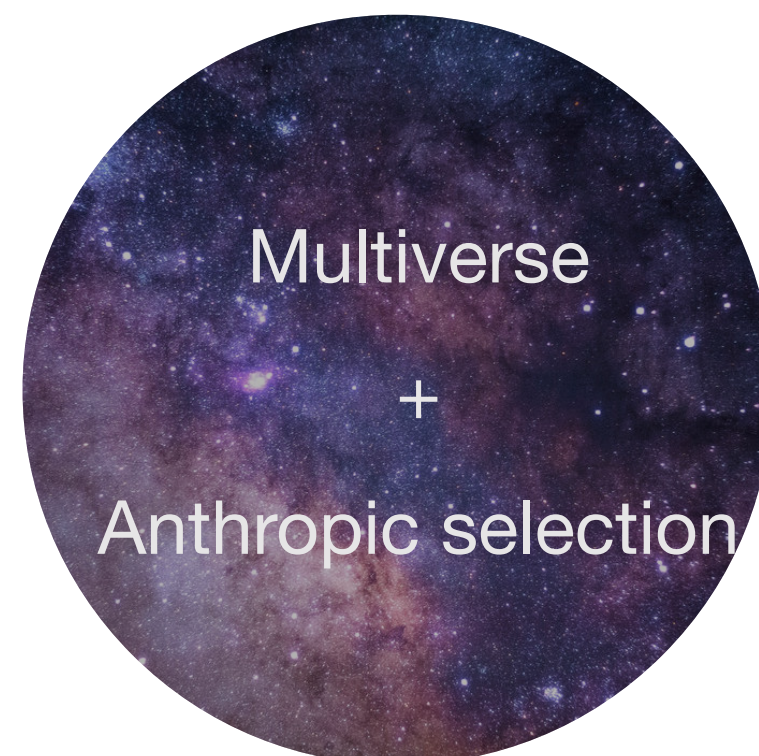
Does anything change in the SM as we vary $\langle h \rangle$?

1. Obviously the spectrum

HIERARCHY 102

Does anything change in the SM as we vary $\langle h \rangle$?

1. Obviously the spectrum



HIERARCHY 102

Does anything change in the SM as we vary $\langle h \rangle$?

$$\xi \phi \text{Tr} [G \tilde{G}]$$



Dvali, Vilenkin '01

Graham, Kaplan, Rajendran '15

Geller, Hochberg, Kuflik '18

...

EXAMPLE: STATISTICAL

[Giudice, McCullough, You '21]

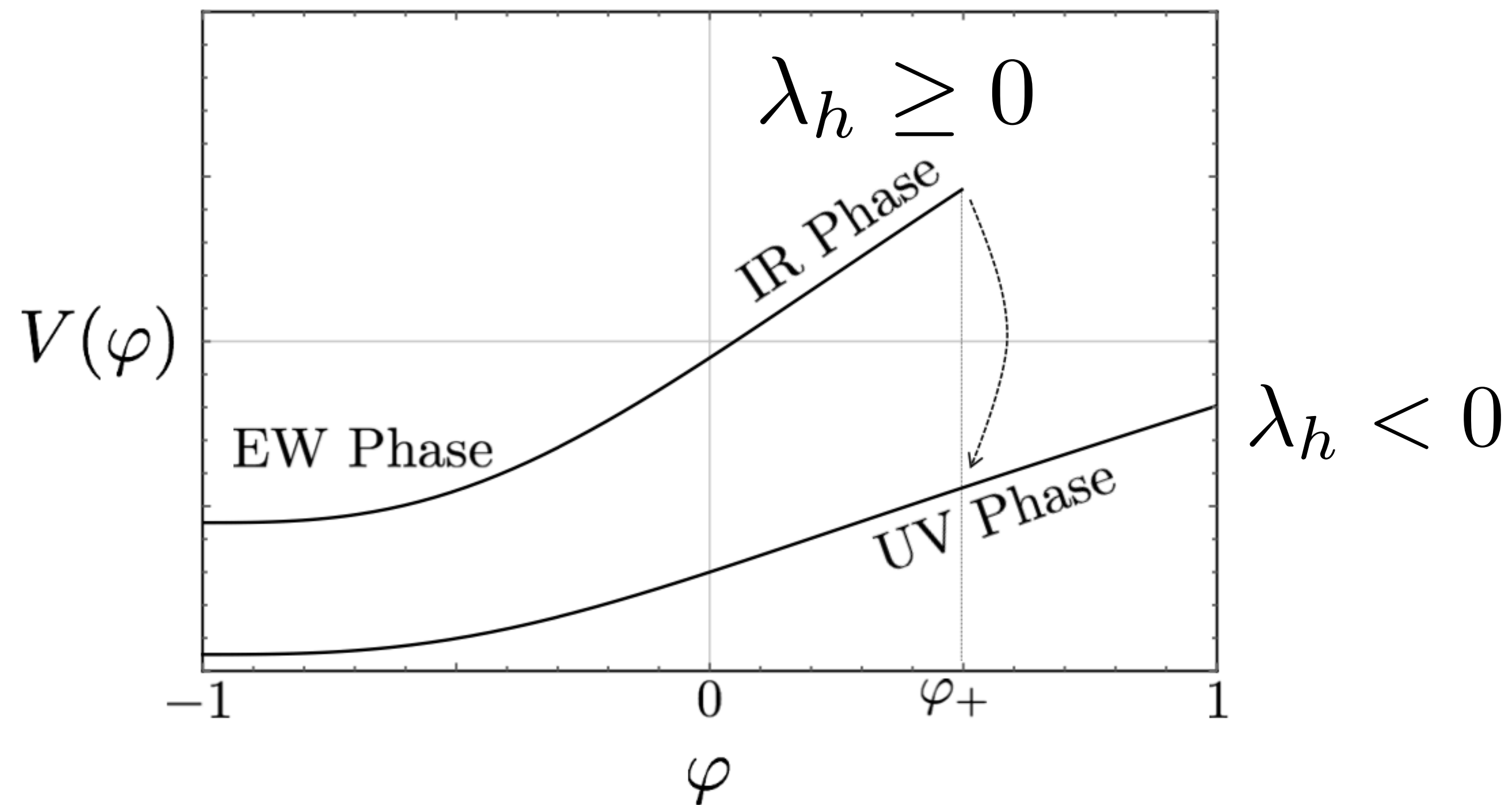
Scalar dominated by quantum dynamics during
inflation

Solve Fokker-Planck Equation

In most gauges you will find that the volume is
dominated by quantum dynamics for critical points
of some potentials
(measure problem)

EXAMPLE: STATISTICAL

[Giudice, McCullough, You '21]



Can select Higgs vev corresponding to zero quartic

EXAMPLE: DYNAMICAL

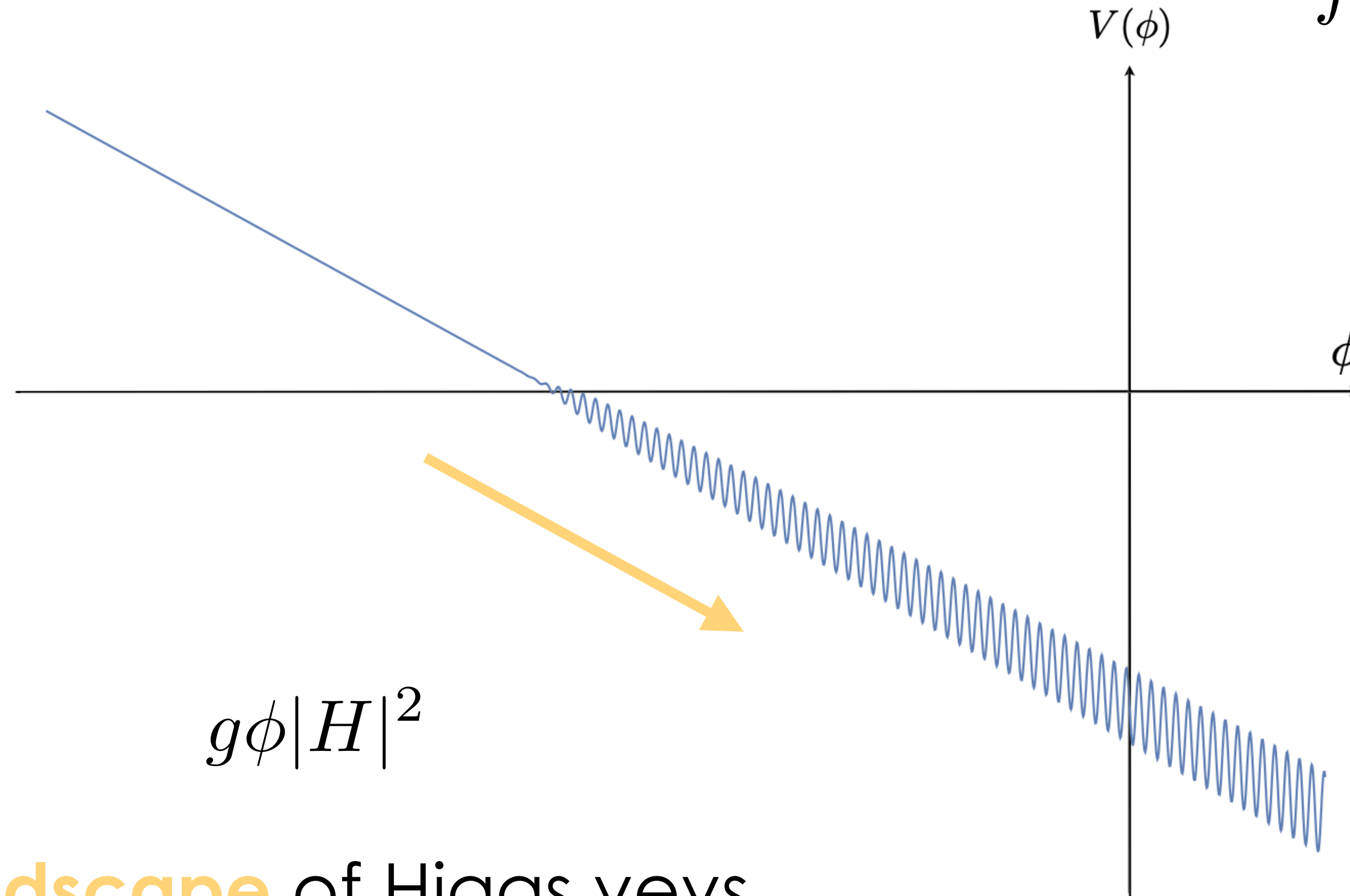
[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$

EXAMPLE: DYNAMICAL

[Graham, Kaplan, Rajendran '15],

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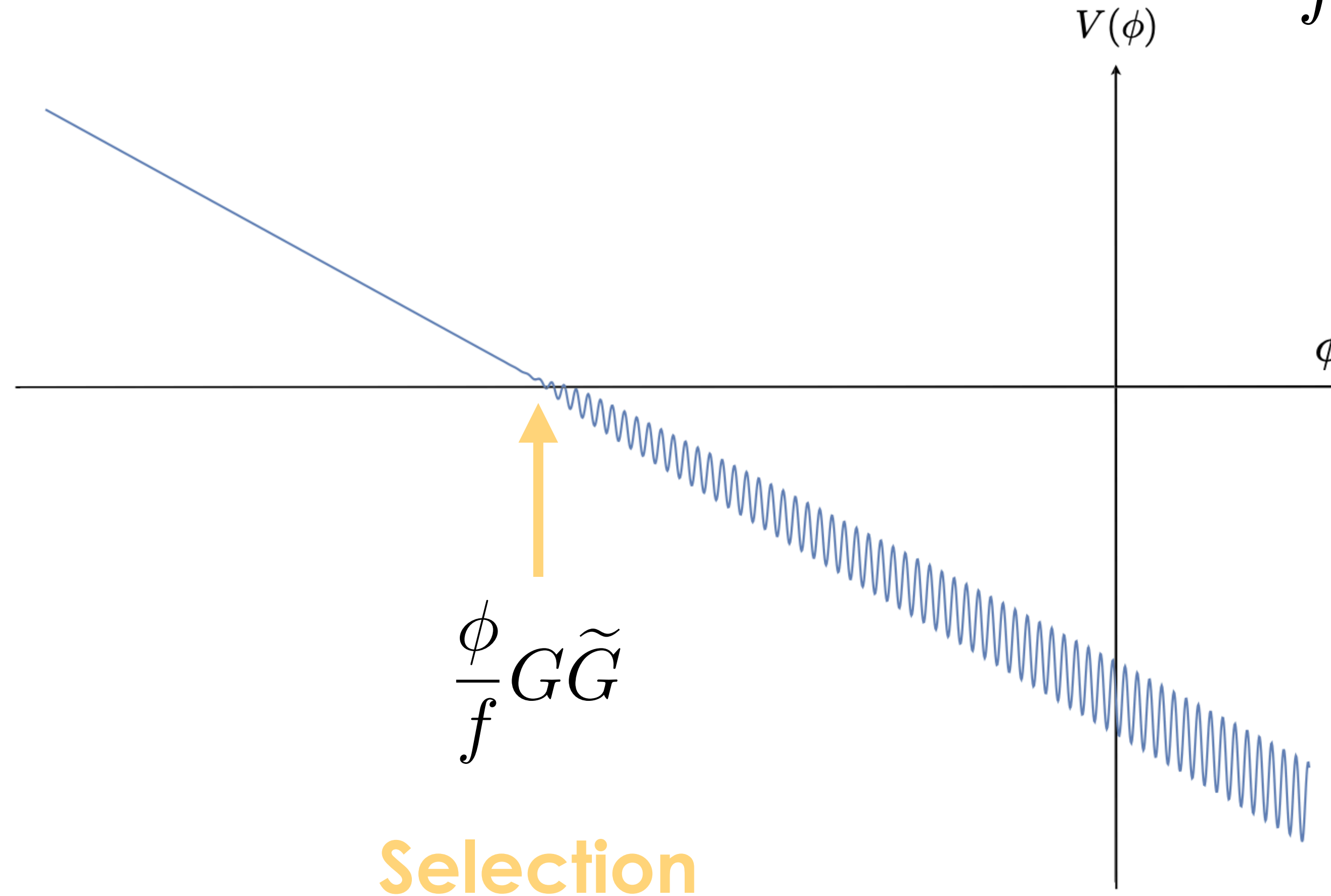


Landscape of Higgs vevs

EXAMPLE: DYNAMICAL

[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$



EXAMPLE: DYNAMICAL

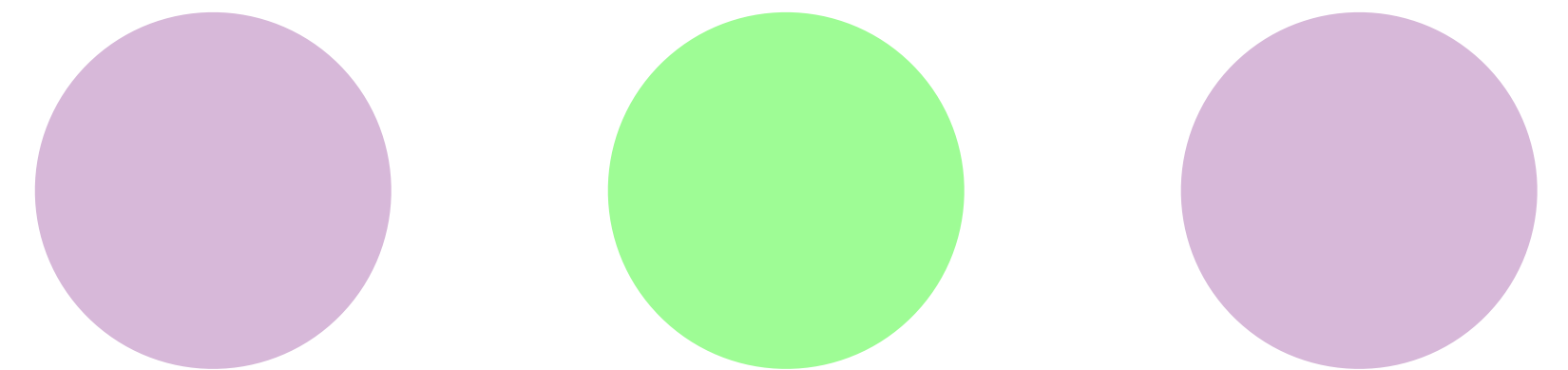
[Graham, Kaplan, Rajendran '15],

$$V(\phi) = g\phi + \dots + (M^2 + g\phi + \dots)|H|^2 + \frac{\phi}{f}G\tilde{G}$$

Symmetric Sector

$$g \ll M_{\text{Pl}}^3$$

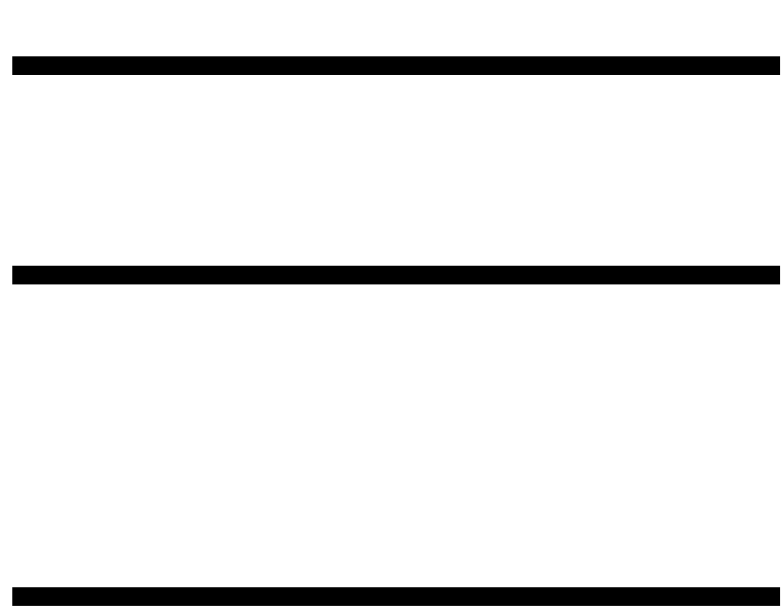
SM Landscape



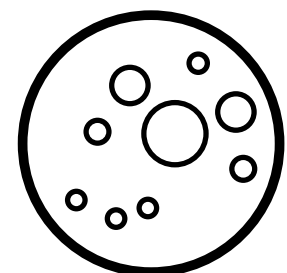
ϕ

$\phi G\tilde{G}$

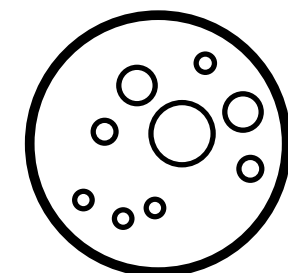
$g\phi|H|^2$



Planck
String
SUSY



Mysterious
QG
Blob



Mysterious
QG
Blob



SUSY



SM



SM



SM