Multifield stochastic inflation in phase space: a manifestly covariant theory and its first principle derivation

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1806.10126 and 2008.07497 Pinol, Renaux-Petel, Tada

Meeting IEA PBH#2









Why stochastic inflation?

- Classical background + quantum fluctuations:
 - conceptually not satisfactory
 - breaks down for very light scalar fields
- · Late time IR structure of correlators in (near) de Sitter, eternal inflation
- Can be used to compute full pdf of curvature fluctuation (e.g. for some PBHs generation mechanism)
- Stability of Higgs during inflation?

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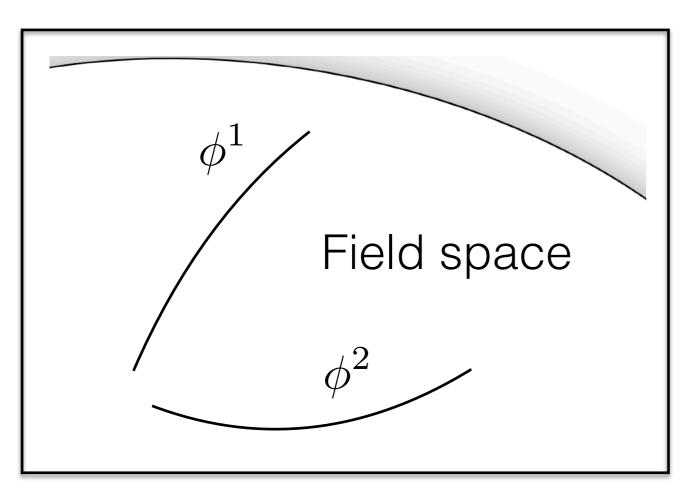
Our work

 Formulate stochastic inflation in a manifestly covariant manner under field redefinitions

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 Formulate stochastic inflation in a manifestly covariant manner under field redefinitions

$$\mathcal{L} = -\frac{1}{2}G_{IJ}(\phi^K)\partial_\mu \phi^I \partial^\mu \phi^J - V(\phi^K)$$



Fields are simply coordinates

Not obvious in general that classical symmetries are maintained at the quantum level (anomalies)

e.g. Vilkovisky-DeWitt variables for quantum effective action

Our work

 Formulate stochastic inflation in a manifestly covariant manner under field redefinitions

 Beyond heuristic approach: derivation using tools of nonequilibrium quantum field theory

 Markovian approximation: covariant Fokker-Planck eq in phase space, and analytical formulae for noises

I Introduction to stochastic inflation

II Stochastic anomalies and solution

III Path-integral derivation

disclaimer: many references in the paper, not here

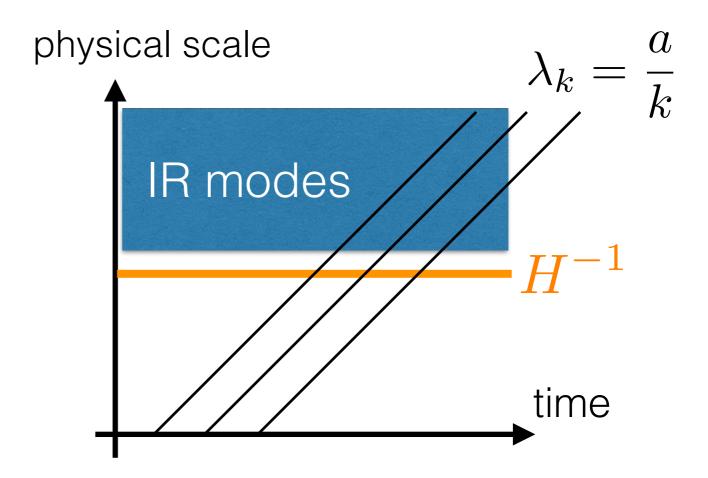


Stochastic formalism

Classical stochastic effective theory for coarse-grained fields

Background

super-Hubble modes



Continuous flow of initially sub-Hubble (UV) modes joining the super-Hubble (IR) sector

$$\frac{\mathrm{d}\varphi}{\mathrm{d}N} = -\frac{V'(\varphi)}{3H^2} + \frac{H}{2\pi}\xi$$
 Gaussian white noise

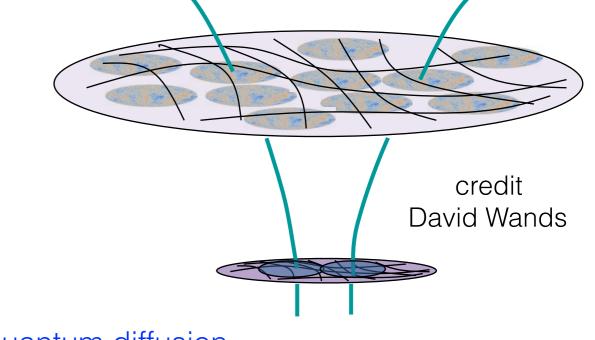
Open quantum system

Stochastic formalism

classical drift

(slow-roll)

Many (super)-Hubble regions evolving like locally separate universes, emerging from same initial conditions



Langevin equation

$$\frac{\mathrm{d}\varphi}{\mathrm{d}N} = -\frac{V'(\varphi)}{3H^2} + \frac{H}{2\pi}\xi$$

quantum diffusion

$$\langle \xi(N)\xi(N')\rangle = \delta(N-N')$$

stochastic dynamics of a representative Hubble region

 φ coarse-grained long-wavelength scalar field

Fokker-Planck equation

$$\frac{\partial P(\varphi, N)}{\partial N} = \mathcal{L}_{FP} \cdot P(\varphi, N)$$

probability density function of field's values at time N

IR resummation

Agreement with QFT computations (but much simpler)

Woodard, Starobinsky, Rigopoulos ...

Enables one to resum late time divergences of perturbative QFT

e.g. in $\,\lambda \varphi^4\,$ theory in de Sitter, secular effects for $\lambda N^2 > 1$

and derive non-perturbative results, e.g. $P_{\rm eq}(\varphi) \propto e^{-8\pi^2 V(\varphi)/(3H_0^4)}$

Outstanding questions: limitations, rigorous derivation, corrections

many recent works

Cosmological correlators

Stochastic $\delta \mathcal{N}$ formalism:

Fujita, Kawasaki, Tada, Takesako 13 Vennin, Starobinsky 15

$$P(\varphi_{\mathbf{stoc}}, N)$$

pact-dependent fields with deterministic clock

invert FP equation
$$\mathcal{L}_{\mathrm{F}P}^{\dagger}$$

$$P(\mathcal{N}_{\mathbf{stoc}}(\varphi))$$

patch-dependent durations of inflation, starting from progenitor patch

 $\mathcal{N}(arphi)$ number of e-folds of inflation realized starting from field value arphi

stochastic quantity, directly related to observable curvature perturbation

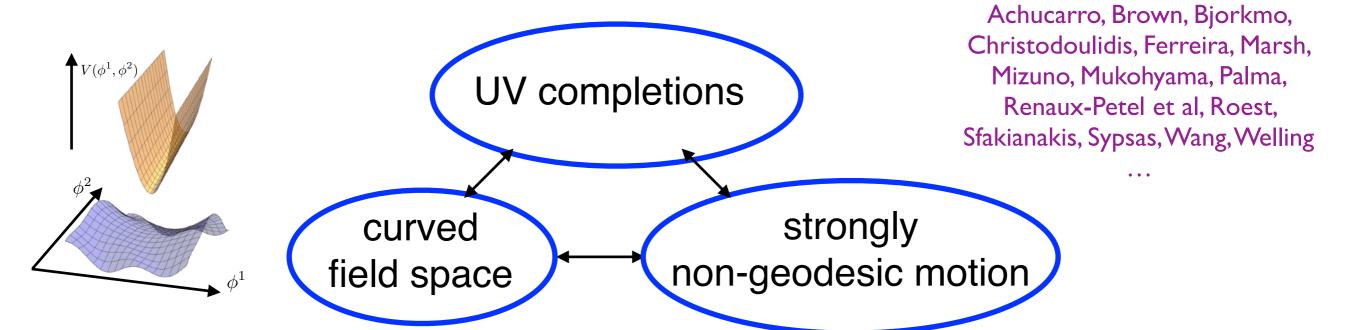
$$\zeta = \delta \mathcal{N} = \mathcal{N} - \langle \mathcal{N} \rangle$$

Full pdf of curvature perturbation

Fujita, Kawasaki, Tada, Vennin, Starobinsky, Pattison, Assadullahi, Firouzjahi, Noorbala, Wands, Pinol, Renaux-Petel ...

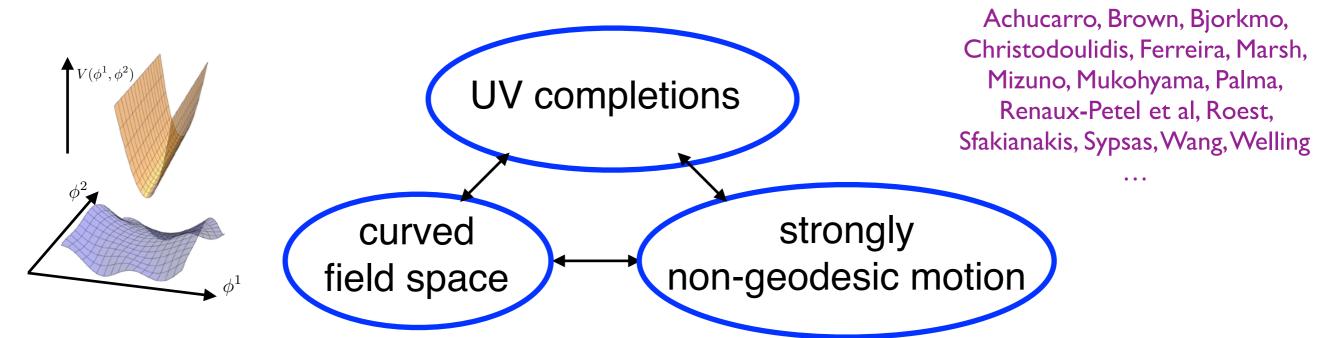
Why generic multifield models?

Many recent developments



Why generic multifield models?

Many recent developments



Propaganda for works in my group:

with Fumagalli, Garcia-Saenz, Pinol, Ronayne, Witkowski

- PBHs from strong turns in landscape
- Higgs stability during inflation
- Flattened NGs from strongly non geodesic motion
- Generalization of Maldacena's computation to multifield inflation with curved field space Renaux-Petel, IAP

Heuristic approach

$$\phi = \varphi_{\rm IR} + Q_{\rm UV}$$
$$\pi = \varpi_{\rm IR} + \tilde{P}_{\rm UV}$$

Split in Fourier-space, with IR fields only containing

$$k < k_{\sigma}(N) = \sigma a H$$
$$\sigma \ll 1$$

Plug in classical equations of motion

- + linearize in UV fields, work at leading order in gradients for IR fields
- + assume usual quantization of UV fields
- time-dependence of coarse graining scale
- + super-Hubble squeezed state, effectively classical

see Grain and Vennin 2017 in single-field

(gauge and mixing with gravity also taken into account)

Heuristic approach

$$\phi = \varphi_{\rm IR} + Q_{\rm UV}$$
$$\pi = \varpi_{\rm IR} + \tilde{P}_{\rm UV}$$

Split in Fourier-space, with IR fields only containing

$$k < k_{\sigma}(N) = \sigma a H$$
$$\sigma \ll 1$$

$$\varphi^{I\prime} = \frac{1}{H}G^{IJ}\varpi_J + \xi^{QI}$$

$$\mathcal{D}_N \varpi_I = -3\varpi_I - \frac{V_I}{H} + \xi_I^{\tilde{P}}$$

$$3M_{\rm Pl}^2H^2=\frac{1}{2}G^{IJ}\varpi_I\varpi_J+V$$
 local Friedmann constraint

$$\mathcal{D}_N \varpi_I = \partial_N \varpi_I - \Gamma_{IJ}^K \varphi^{J\prime} \varpi_K$$
 covariant derivative

Heuristic approach

$$\phi = \varphi_{\rm IR} + Q_{\rm UV}$$
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 covariant derivative

Autocorrelation of noises:

power spectra of UV modes in IR background, e.g.

$$\langle \xi^{QI}(N)\xi^{QJ}(N')\rangle \sim \langle Q^I(N,k_{\sigma}(N))Q^J(N,k_{\sigma}(N))\rangle \delta(N-N')$$

Take real noises by hand, this is proved in path-integral derivation

non-Markovian

only with Markovian approximation

→ FP equation



Stochastic calculus

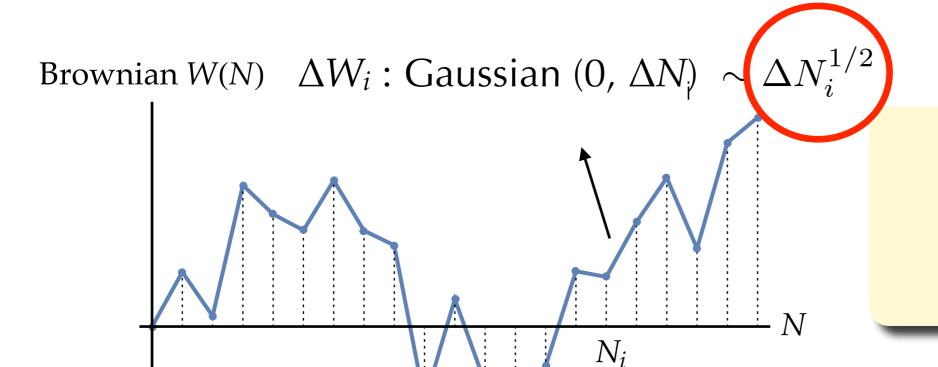
Langevin equation:

$$\frac{\mathrm{d}X}{\mathrm{d}N} = h(X) + g(X)\xi \qquad \langle \xi(N)\xi(N') \rangle = \delta(N - N')$$

Continuous limit of discrete process:

$$\Delta X_i = h(X(N_i^*))\Delta N_i + g(X(N_i^*))\Delta W_i$$

 $N_i^* \in [N_i, N_{i+1}]$



X's properties depend on choice of N_i^*

Stochastic calculus

Ito

$$N_i^* = N_i$$

$$dX = h \, dN + g \, dW$$

Ito's lemma:

$$df(X) = f_{,X}dX + \frac{1}{2}f_{,XX}g^2dN$$

Stratonovich

$$N_i^* = \frac{1}{2} \left(N_i + N_{i+1} \right)$$

$$dX = h \, dN + g \circ dW$$

standard chain rule

$$\mathrm{d}f(X) = f_{,X}\mathrm{d}X$$

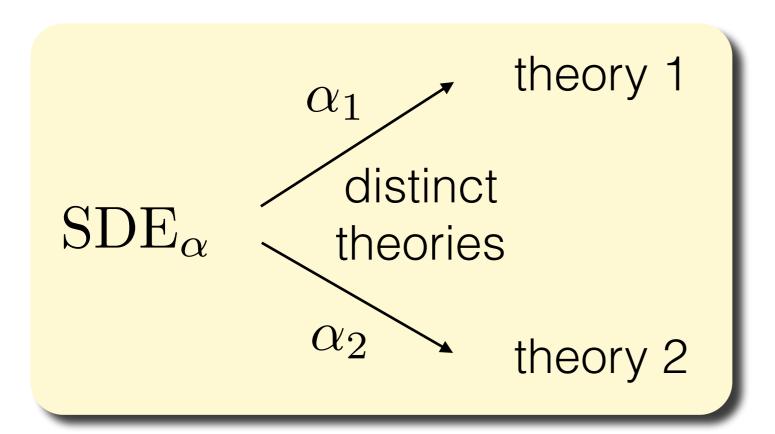
Fokker-Planck equation for P(X, N): pdf of X at time N

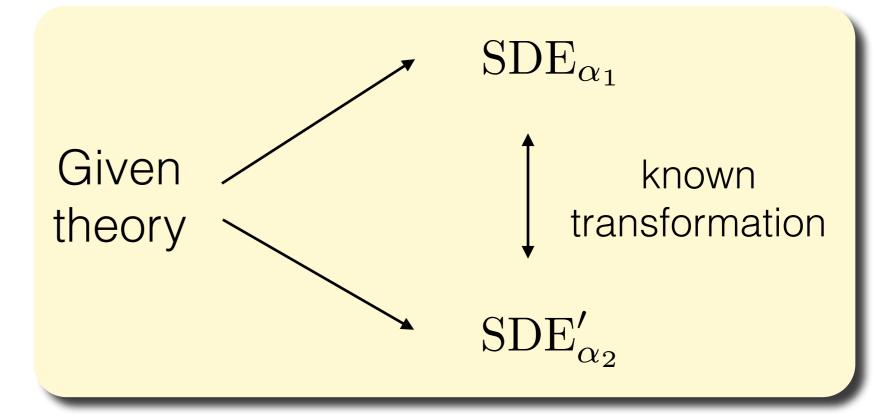
$$\frac{\partial P}{\partial N} = \mathcal{L}_{\text{FP}} \cdot P = -\frac{\partial}{\partial X} \left(D(X)P \right) + \frac{1}{2} \frac{\partial^2}{\partial X^2} \left(g^2(X)P \right)$$

$$D_{\mathsf{T}} = h$$

$$D_{\rm S} = h + \left(\frac{1}{2}g\frac{\partial g}{\partial X}\right)$$
 noise-induced drift

Stochastic calculus



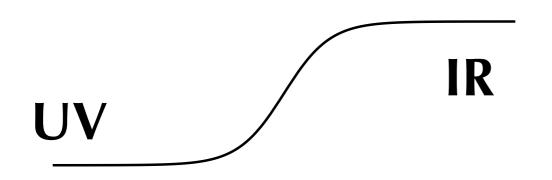


Ito versus Stratonovich for inflation

Many papers: Ito 'to respect causality' (no good reason)

Vilenkin 1999, Fujita, Kawasaki, Tada 2014, Tokuda & Tanaka 2017, ...

Stratonovich: white noises are idealizations of colored noises



smooth splitting between UV and IR modes

Mezhlumian & Starobinsky 1994

Discrepancy exceeds the accuracy of stochastic formalism

Vennin & Starobinsky 2015

Here: new perpective with requirement of covariance

Single-field slow-roll

$$\frac{\mathrm{d}\varphi}{\mathrm{d}N} = -\frac{V'(\varphi)}{3H^2} + \frac{H}{2\pi}\xi$$

Test scalar fields (e.g. in de Sitter)

$$H(\cancel{\wp})$$
 — unambiguous

Inflation:
$$3H^2(\varphi)M_{\rm Pl}^2 = V(\varphi)$$



Ito versus Stratonovich ambiguity of multiplicative noises

Difference between Ito and Stratonovich, in classical or stochastic regimes, suppressed by $V/M_{\rm Pl}^4\ll 1$

Pinol, Renaux-Petel, Tada 18

In general, e.g. with multiple fields: real issue

Multivariate calculus

Langevin equations

$$\frac{\mathrm{d}X^a}{\mathrm{d}N} = h^a(X) + \sum_A g_A^a(X) \,\xi^A$$

$$\langle \xi^A(N)\xi^B(N')\rangle = \delta^{AB}\delta(N-N')$$

Multivariate calculus

Langevin equations

$$\frac{\mathrm{d}X^a}{\mathrm{d}N} = h^a(X) + \sum_A g_A^a(X) \,\xi^A$$

$$\langle \xi^A(N)\xi^B(N')\rangle = \delta^{AB}\delta(N-N')$$

Fokker-Planck equation

$$\frac{\partial P}{\partial N} = \mathcal{L}_{FP}(X^a) \cdot P$$

with
$$\mathcal{L}_{FP}(X^a) = -\frac{\partial}{\partial X^a} D^a + \frac{1}{2} \frac{\partial^2}{\partial X^a \partial X^b} A^{ab}$$

drift vector

$$D_I^a = h^a$$

$$D_{\rm S}^a = h^a + \frac{1}{2} g_A^b \frac{\partial g_A^a}{\partial X^b}$$

diffusion matrix

$$A^{ab} = g_A^a g_A^b$$

$$\frac{\mathrm{d}\varphi^I}{\mathrm{d}N} = -\frac{G^{IJ}V_{,J}}{3H^2} + \xi^I$$

with noise correlations

$$\langle \xi^I(N) \, \xi^J(N') \rangle = \left(\frac{H}{2\pi}\right)^2 G^{IJ} \, \delta(N-N')$$

Slow-roll, overdamped limit

Not yet well defined stochastic differential equations



$$\xi^I = g_A^I \, \xi^A \qquad \text{with}$$

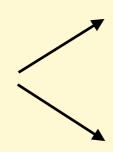
$$g_A^I = \frac{H}{2\pi} e_A^I \, \bigg| \,$$

and set of vielbeins

$$e_A^I e_A^J = G^{IJ}$$

• Vielbeins can a priori differ by arbitrary field-dependent rotations $e_A^I \to \Omega_A^B(X) e_B^I$

Arbitrary choice of vielbeins:



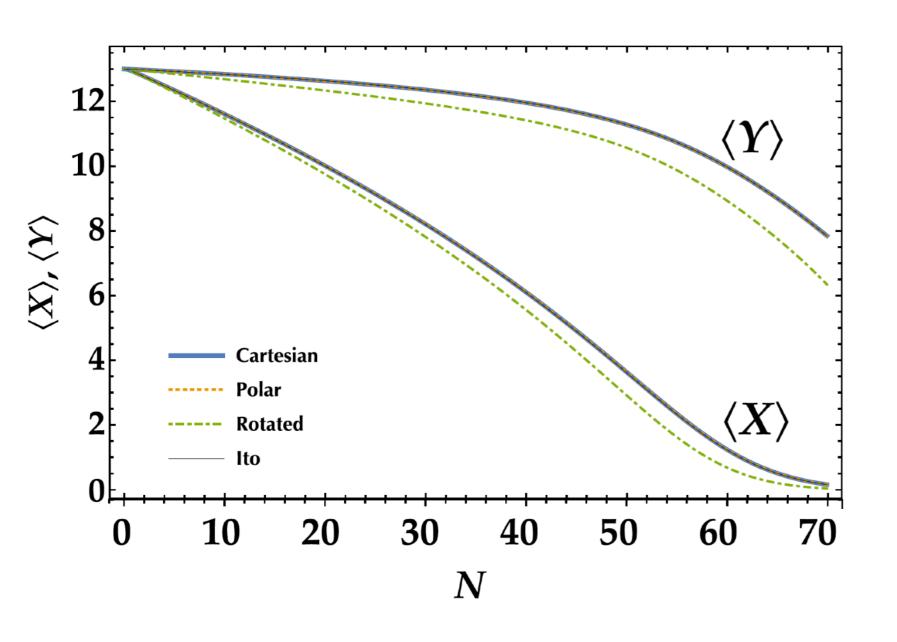
no impact on Ito FP equation

matters for Stratonovich

 Field space covariance Physical quantities do not depend on field redefinitions

Covariance is respected only in Stratonovich interpretation

Ito lemma vs standard chain rule



Statistical averages over Langevin eqs with different vielbeins

Pinol, Renaux-Petel, Tada 18

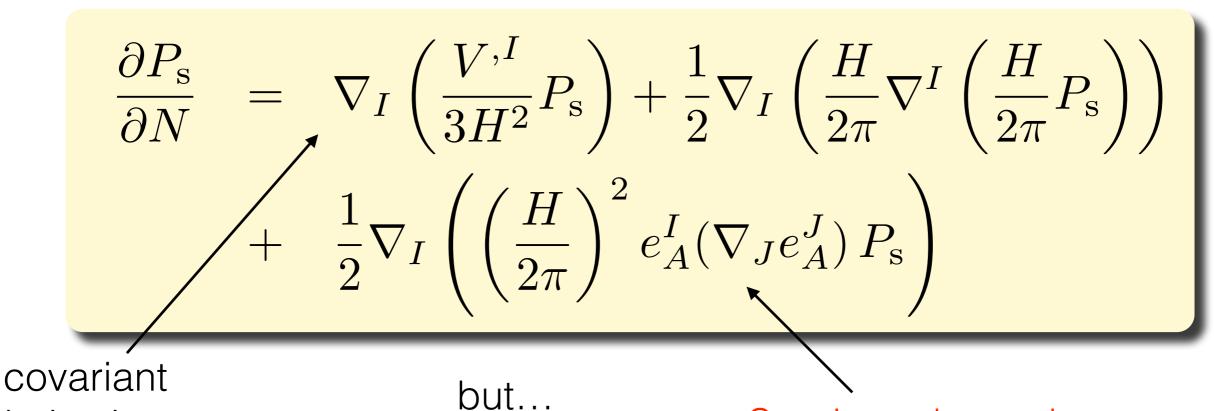
$$\mathcal{L} = -\frac{1}{2}\partial_{\mu}X\partial^{\mu}X - \frac{1}{2}\partial_{\mu}Y\partial^{\mu}Y - \frac{1}{2}M_{X}^{2}X^{2} - \frac{1}{2}M_{Y}^{2}Y^{2}$$

$$P_{\rm s}(\varphi^I) = \frac{P(\varphi^I)}{\sqrt{\det(G_{IJ})}}$$

derivatives

should be a scalar under field redefinitions

Stratonovich: manifestly covariant FP equation



Spurious dependence on the arbitrary choice of vielbeins, in curved or flat field space

`Standard manipulations' are implicitly using Stratonovich

+ quantum theory: identification of independent noises.

Multifield quantization:

$$\hat{Q}^I(N,\mathbf{k}) = Q^I_A(N,k)\hat{a}^A_\mathbf{k} + \left(Q^I_A(N,k)\right)^*\hat{a}^{A\dagger}_{-\mathbf{k}} \qquad \left[\hat{a}^A_\mathbf{k},\hat{a}^{B\dagger}_{\mathbf{k}'}\right] = (2\pi)^3\delta^{AB}\delta^{(3)}(\mathbf{k}-\mathbf{k}')$$

Classicalisation (light fields): complex mode functions (Q_A^I, \tilde{P}_{IA}) become real outside the horizon to a very good accuracy

(up to an irrelevant constant unitary matrix)

$$\xi^{A}(x) \sim \int \frac{\mathrm{d}^{3}\mathbf{k}}{(2\pi)^{3}} \mathrm{e}^{i\mathbf{k}\cdot\mathbf{x}} \frac{\mathrm{d}\theta(k - k_{\sigma}(N))}{\mathrm{d}N} \left(\hat{a}_{\mathbf{k}}^{A} + \hat{a}_{-\mathbf{k}}^{A\dagger}\right)$$

commute with one another, classical

independent Gaussian white noises normalized to unity inside Hubble patch

$$\varphi^{I\prime} = \frac{1}{H} G^{IJ} \varpi_J + Q_A^I(N, k_\sigma(N)) \circ \xi^A$$

$$\mathcal{D}_N \varpi_I = -3\varpi_I - \frac{V_I}{H} + \tilde{P}_{IA}(N, k_\sigma(N)) \circ \xi^A$$

$$\mathcal{D}_N \mathcal{V}_I = \mathcal{V}_{I'} - \Gamma_{IJ}^K \mathcal{V}_K \circ \varphi^{J'}$$
covariant derivative

Stochastic anomalies are solved, but still formal.

Conversion from Stratonovich to Itô

with auxiliary variables (eventually disappear): stochastically-parallel-transported vielbeins

Itô:
$$\mathfrak{D}_N \varphi^I = \frac{\varpi^I}{H} + \xi^{QI}, \qquad \mathfrak{D}_N \varpi_I = -3\varpi_I - \frac{V_I}{H} + \xi_I^{\tilde{P}}$$

covariant derivatives compatible with Itô calculus

$$\mathfrak{D}_N \varphi^I = rac{arpi^I}{H} + \xi^{QI}, \qquad \mathfrak{D}_N arpi_I = -3 arpi_I - rac{V_I}{H} + \xi_I^{ ilde{P}}$$
 Itâ

$$\langle \xi^{\tilde{X}I}(N)\xi^{\tilde{Y}J}(N')\rangle \equiv A^{\tilde{X}\tilde{Y}IJ}(N)\delta(N-N') = \operatorname{Re}\mathcal{P}^{\tilde{X}\tilde{Y}IJ}(N;k_{\sigma}(N))\delta(N-N')$$

Itô-covariant derivatives = standard derivatives

+ (Christoffel) x (autocorrelation of noises)

$$\mathfrak{D}_N arphi^I = rac{arpi^I}{H} + \xi^{QI}, \qquad \mathfrak{D}_N arpi_I = -3 arpi_I - rac{V_I}{H} + \xi_I^{ ilde{P}} \qquad \mathrm{lt\hat{c}}$$

$$\langle \xi^{\tilde{X}I}(N)\xi^{\tilde{Y}J}(N')\rangle \equiv A^{\tilde{X}\tilde{Y}IJ}(N)\delta(N-N') = \operatorname{Re}\mathcal{P}^{\tilde{X}\tilde{Y}IJ}(N;k_{\sigma}(N))\delta(N-N')$$

Itô-covariant derivatives = standard derivatives

+ (Christoffel) x (autocorrelation of noises)

coordinates on manifold
$$\mathfrak{D}\mathcal{X}^I=\mathrm{d}\mathcal{X}^I+\frac{1}{2}\Gamma^I_{JK}A^{\mathcal{XXJK}}\mathrm{d}N$$

covectors
$$\mathfrak{D}\mathcal{V}_{I} = d\mathcal{V}_{I} - \Gamma_{IK}^{J}\mathcal{V}_{J}d\mathcal{X}^{K} - \frac{1}{2} \left(\Gamma_{IJ,K}^{S} + \Gamma_{IJ}^{M}\Gamma_{KM}^{S}\right)\mathcal{V}_{S}A^{\mathcal{X}\mathcal{X}JK}dN - \Gamma_{IJ}^{K}A^{\mathcal{X}\tilde{\mathcal{V}}J}{}_{K}dN$$

Fokker-Planck equation

In Markovian approximation, FP for scalar phase space pdf $P(\phi^I, \pi_I, N)$

$$\begin{split} \partial_N P &= -D_{\varphi^I} \left[\frac{G^{IJ}}{H} \varpi_J P \right] + \partial_{\varpi_I} \left[\left(3\varpi_I + \frac{V_I}{H} \right) P \right] \\ &+ \frac{1}{2} D_{\varphi^I} D_{\varphi^J} (A^{QQIJ} P) + D_{\varphi^I} \partial_{\varpi_J} (A^{Q\tilde{P}I}{}_J P) + \frac{1}{2} \partial_{\varpi_I} \partial_{\varpi_J} (A^{\tilde{P}\tilde{P}}{}_{IJ} P) \end{split}$$

$$D_{\varphi^I} = \nabla_{\varphi^I} + \Gamma_{IJ}^K \varpi_K \partial_{\varpi_J}$$

phase-space covariant derivative

manifestly covariant

derived from Itô-Langevin equations

nontrivial consistency check

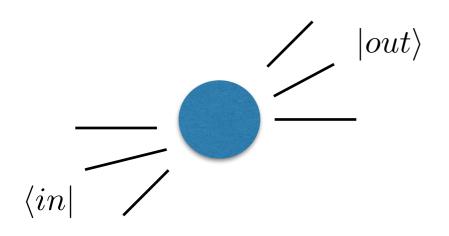
+ analytical approximations for noises autocorrelations (see paper)

III Path-integral derivation

Principles

1)

particle physics: in-out transition amplitudes



cosmology:

expectations values in in state and causal equations of motion

$$|in\rangle$$
 $-\infty$ $+\infty$ N
 $\langle in|$ $-\infty$ C^-

generating functional with closed-time path contour

$$C = C^+ \cup C^-$$

$$Z\left[J_{XI}\right] = \int_{C} \mathscr{D}\phi^{XI} \exp\left(iS\left[\phi^{XI}\right] + i\int \mathrm{d}^{4}x J_{XI}\phi^{XI}\right)$$

Schwinger-Keldysh (in-in) formalism

2) Hamitonian action

$$S[\phi^{XI}] = \int d^4x \left[\pi_I \dot{\phi^I} - \mathcal{H}(\phi^I, \pi_I) \right]$$

X = position or momentum in phase space

first-principle
simpler for covariance
well-suited to stochastic inflation

(mixing with gravity with ADM)

3) Doubling the dofs along simple forward path

$$Z = \int_{C^{+}} \mathscr{D}\phi^{XI\pm} \exp\left(iS\left[\phi^{XI+}\right] - iS\left[\phi^{XI-}\right]\right)$$

+- fields considered independent, except where time path closes:

$$\phi^{I+}(+\infty) = \phi^{I-}(+\infty)$$

momenta unconstrained

3bis)

Keldysh basis:

$$\phi^{\rm cl} = \frac{1}{2} \left(\phi^+ + \phi^- \right) \qquad \text{`classical' component}$$

$$\phi^{\rm q} = \phi^+ - \phi^- \qquad \text{`quantum' component}$$

$$\phi^{\mathbf{q}} = \phi^+ - \phi^-$$

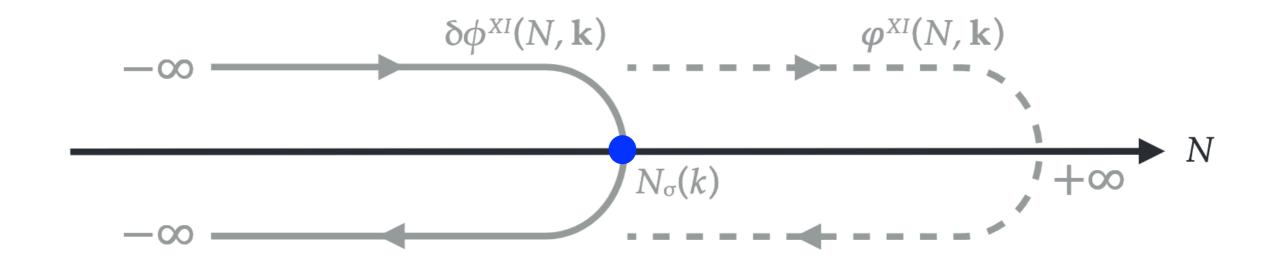
$$S\left[\phi^{XI\mathfrak{a}}\right] = S\left[\phi^{XI\mathrm{cl}} + \phi^{XI\mathrm{q}}/2\right] - S\left[\phi^{XI\mathrm{cl}} - \phi^{XI\mathrm{q}}/2\right]$$

Rationale: there is always a solution to the saddle point eq of the Keldysh action with $\left(\frac{\phi^{\rm q}=0}{\delta \phi^{XI}}_{|\phi^{\rm cl}} = 0 \right)$

UV/IR splitting

$$\phi^{XI\mathfrak{a}}(x) = \varphi^{XI\mathfrak{a}}(x) + \delta\phi^{XI\mathfrak{a}}(x)$$

$$\mathsf{IR} \quad + \quad \mathsf{UV}$$



Boundary condition at transition time: $k = \sigma a H(N_{\sigma}(k))$

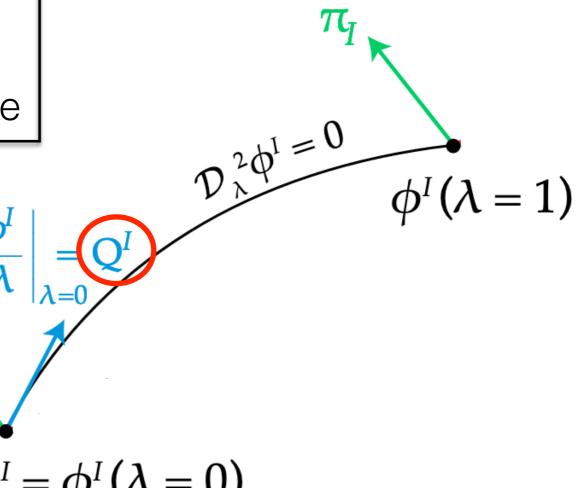
$$\phi^{I\mathfrak{a}}\left(N_{\sigma}(k),\mathbf{k}\right) = \begin{cases} \delta\phi^{I\mathrm{cl}}\left(N_{\sigma}(k),\mathbf{k}\right), & \text{if } \mathfrak{a} = \mathrm{cl}, \\ \varphi^{I\mathrm{q}}\left(N_{\sigma}(k),\mathbf{k}\right), & \text{if } \mathfrak{a} = \mathrm{q}, \end{cases} \text{ see also Tokuda & Tanaka 17,18}$$

$$Z = \int \mathscr{D}\varphi^{XI\mathfrak{a}} \exp\left(iS_{\text{eff}}\left[\varphi^{XI\mathfrak{a}}\right]\right), \quad \text{with}$$

$$\exp\left(iS_{\text{eff}}\left[\varphi^{XI\mathfrak{a}}\right]\right) = \int \mathscr{D}\delta\varphi^{XI\mathfrak{a}} \exp\left(iS\left[\varphi^{XI\mathfrak{a}} + \delta\varphi^{XI\mathfrak{a}}\right]\right),$$

Too naive: path-integral should be expressed in terms of covariant objects

Jacation of covariant Vilkovisky-DeWitt-type perturbations in phase space



Renaux-Petel, IAP

$$Z = \int \mathscr{D}\varphi^{XI\mathfrak{a}} \exp\left(iS_{\text{eff}}\left[\varphi^{XI\mathfrak{a}}\right]\right), \quad \text{with}$$
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Too naive: path-integral should be expressed in terms of covariant objects

Jacabilia Identification of covariant Vilkovisky-DeWitt-type perturbations in phase space

$$\delta\phi^I = Q^I - \frac{1}{2}\Gamma^I_{JK}Q^JQ^K + \dots \qquad \text{cf Gong and Tanaka II}$$

$$\delta \pi_I = \tilde{P}_I + \Gamma_{IJ}^K \varpi_K Q^J + \Gamma_{IJ}^K Q^J \tilde{P}_K + \frac{1}{2} (\Gamma_{IJ,K}^S - \Gamma_{IR}^S \Gamma_{JK}^R + \Gamma_{IJ}^R \Gamma_{RK}^S) \varpi_S Q^J Q^K + \cdots$$

Integrating out UV fields

$$\exp\left(iS_{\text{eff}}[\varphi^{XI\mathfrak{a}}]\right) = \int \mathcal{D}Q^{\tilde{X}I\mathfrak{a}} \exp\left(iS^{(0)}[\varphi^{XI\mathfrak{a}}] + S^{(1)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}] + S^{(2)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}]\right)$$

$$S^{(1)} = \int \mathrm{d}^4x \, a^3 \left[\tilde{P}_I\left(\varphi^{I\prime} - \frac{\varpi^I}{H}\right) - Q^I\left(\mathcal{D}_N\varpi_I + 3\varpi_I + \frac{V_I}{H}\right)\right]$$

Integrating out UV fields

$$\exp\left(iS_{\text{eff}}[\varphi^{XI\mathfrak{a}}]\right) = \int \mathcal{D}Q^{\tilde{X}I\mathfrak{a}} \exp\left(iS^{(0)}[\varphi^{XI\mathfrak{a}}] + S^{(1)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}] + S^{(2)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}]\right)$$

$$S^{(1)} = \int \mathrm{d}^4x \, a^3 \left[\tilde{P}_I\left(\varphi^{I\prime} - \frac{\varpi^I}{H}\right) - Q^I\left(\mathcal{D}_N\varpi_I + 3\varpi_I + \frac{V_I}{H}\right)\right]$$

Absent in standard perturbation theory, because background fields obey classical eoms

Crucial here: governs the UV-IR interactions from time-dependent coarse-graining scale

Integrating out UV fields

$$\exp\left(iS_{\text{eff}}[\varphi^{XI\mathfrak{a}}]\right) = \int \mathscr{D}Q^{\tilde{X}I\mathfrak{a}} \exp\left(iS^{(0)}[\varphi^{XI\mathfrak{a}}] + S^{(1)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}] + S^{(2)}[\varphi^{XI\mathfrak{a}}, Q^{\tilde{X}I\mathfrak{a}}]\right)$$

$$S^{(1)} = \int d^4x \, a^3 \left[\tilde{P}_I\left(\varphi^{I'} - \frac{\varpi^I}{H}\right) - Q^I\left(\mathcal{D}_N\varpi_I + 3\varpi_I + \frac{V_I}{H}\right)\right]$$

Geometric nonlinear definitions of UV fields needed to ensure covariance, despite restricting to quadratic action

Configurations with $\varphi^q \neq 0$ are heavily suppressed in the path integral: computation at leading order in quantum components of IR fields

Influence action

$$S_{\text{eff}}[\varphi^{XI\mathfrak{a}}] = S^{(0)}[\varphi^{XI\mathfrak{a}}] + S_{\text{ren}}[\varphi^{XI\text{cl}}] + S_{\text{IA}}[\varphi^{XI\mathfrak{a}}]$$

influence of integrated UV fields on IR ones

$$S_{\mathrm{IA}}[\varphi^{XI\mathfrak{a}}] \sim (i[\varphi^{\mathrm{q}}]^2 \mathrm{Re}\mathcal{P}^{\mathrm{UV}} + \mathcal{O}(\varphi^{\mathrm{q}})^3$$

Power spectra of UV fields in 'background' of IR classical components

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Power spectra of UV fields in 'background' of IR classical components

In IR path-integral, weight of configurations with non-zero quantum components exponentially suppressed

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$$\mathbf{e}^{iS_{\mathrm{IA}}} = \int \mathcal{D}\xi^{XI} P\left[\xi^{XI}; \varphi^{XI\mathrm{cl}}\right] \mathbf{e}^{i\int \mathrm{d}^4x\, a^3\xi^{XI} \varphi_{XI}^{\,\mathrm{q}}} \\ \sim e^{-\xi^2/(\mathrm{Re}\mathcal{P}^{\mathrm{U}V})} \qquad \text{auxiliary fields}$$
 (Hubbard-Stratonovich)

Gaussian weight with variance: UV power spectra

Langevin equations

$$Z = \int \mathscr{D}\varphi^{XI\text{cl}} \int \mathscr{D}\xi^{XI} P\left[\xi^{XI}; \varphi^{XI\text{cl}}\right] \int \mathscr{D}\varphi^{XI\text{q}} \exp(iS^{(0)}\left[\varphi^{XI\mathfrak{a}}\right] + i \int d^4x \, a^3 \xi^{XI} \varphi_{XI}^{\text{q}})$$

$$S^{(0)}\left[\varphi^{XI\mathfrak{a}}\right] = \int \mathrm{d}^4x \frac{\delta S^{(0)}\left[\varphi^{XI}\right]}{\delta \varphi^{YJ}(x)} \bigg|_{\varphi^{XI} = \varphi^{XIcl}} \varphi^{YJq}(x) + \mathcal{O}\left(\varphi^{q}\right)^{3}$$

Path integral over quantum components yields delta function

$$\varphi^{I\prime}=\frac{\varpi^I}{H}+\xi^{QI}, \qquad \mathcal{D}_N\varpi_I=-3\varpi_I-\frac{V_I}{H}+\xi_I^{\tilde{P}} \qquad \text{truly for classical components}$$
 Stratonovich to Ito

$$\mathfrak{D}_N \varphi^I = \frac{\varpi^I}{H} + \xi^{QI}, \qquad \mathfrak{D}_N \varpi_I = -3\varpi_I - \frac{V_I}{H} + \xi_I^{\tilde{P}}.$$

Conclusion

- Rigorous path-integral derivation of stochastic inflation using methods of nonequilibrium quantum field theory, solving conceptual issues of heuristic approach.
- Resolution of inflationary stochastic anomalies: covariant ltô-Langevin equations in phase space, ready to be used.
- Markovian approximation: covariant FP eq in phase space, and analytical formulae for noises.
- Many phenomenological and theoretical applications: statistical properties of zeta in concrete models, study of phase space FP operator in multifield contexts ...