



A timeless history of time

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All results are based on a series of recent papers

- 2004.09587: “On the symmetries of Cosmological Correlators”, with D. Green
- 2007.00027: “The Boostless Bootstrap: Amplitudes without Lorentz Boosts”, with J. Supel & D. Stefanyszyn
- 2009.02898: “The Cosmological Optical Theorem”, with H. Goodhew and S. Jazayeri
- 2010.12818: “A Boostless Bootstrap for the Bispectrum”
- 2103.08649: “From Locality and Unitarity to Cosmological Correlators”, with S. Jazayeri and D. Stefanyszyn
- 2103.09832: “Cosmological Cutting Rules”, with S. Melville

Motivations

- Cosmological observations probe quantum field theory on curved spacetime and the perturbative regime of quantum gravity
- Studying the primordial universe we hope to learn about new degrees of freedom and interactions beyond the standard model and perhaps collect hints on the UV-completion of gravity
- In this talk I will describe recent progress in computing and understanding primordial observables using fundamental principles such as unitarity, locality and symmetries

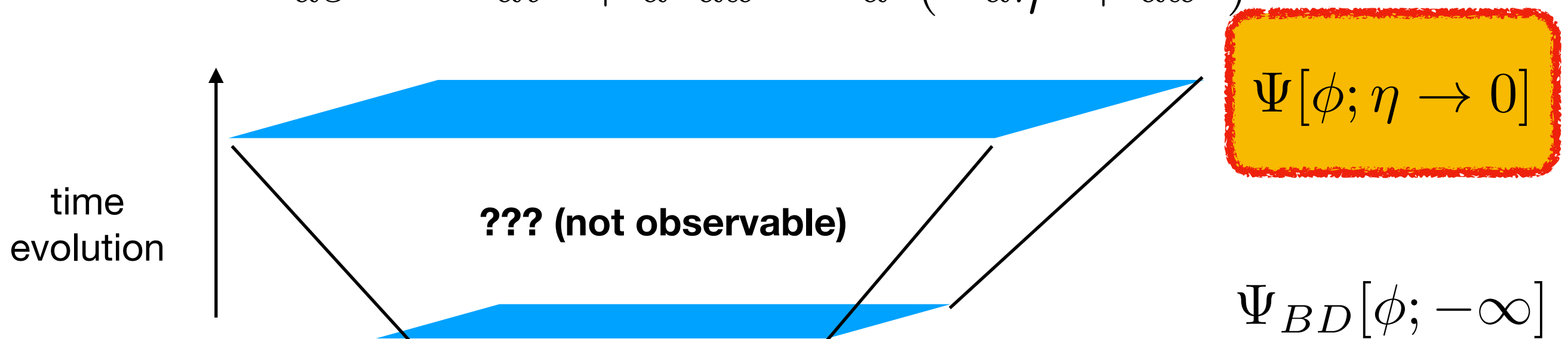


Observables

The future boundary

- The goal of (primordial cosmology) is to compute Ψ at the end of inflation (on the reheating surface). We don't see the time dependence!
- Mathematically this is the space-like future conformal boundary of quasi de Sitter spacetime, $t \rightarrow \text{infinity}$ (or $\eta \rightarrow 0$ in conformal time)

$$ds^2 = -dt^2 + a^2 dx^2 = a^2 (-d\eta^2 + dx^2)$$



The wavefunction

- The *wavefunction of the universe*, is a functional of the all fields in the theory (including the metric) at some time:

$$\Psi[\phi] = \exp \left[- \sum_{n=2}^{\infty} \int \psi_n \phi(\mathbf{k}_1) \dots \phi(\mathbf{k}_n) \right] ,$$

- All probabilities can be computed as in QM

$$\langle \mathcal{O} \rangle = \int d\phi \Psi^* \mathcal{O} \Psi$$

- It can be computed perturbatively from a path integral

$$\Psi[\phi(\mathbf{x}); \eta_0] = \int_{\text{vacuum}}^{\phi(\mathbf{x}, \eta_0)} [\mathcal{D}\phi] e^{iS[\phi]}$$

Cosmological correlators

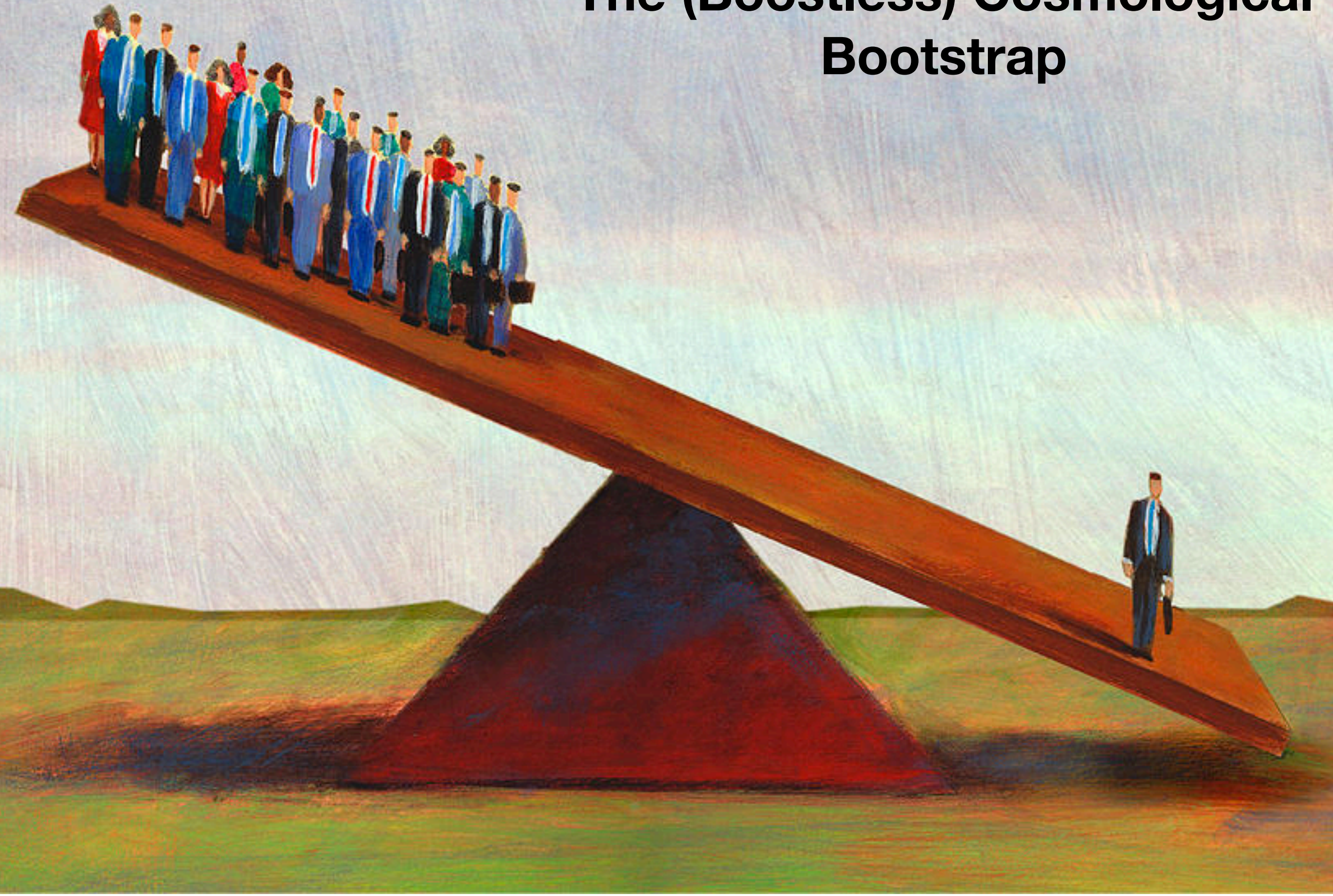
- The Ψ_n coefficient are closely related to *cosmological correlators*, which determine the statistic of the Cosmic Microwave Background anisotropies and of Large Scale Structure inhomogeneities (e.g. galaxies, Dark Matter, ...)
- For example

$$P(k) = \frac{1}{2 \operatorname{Re} \psi_2(k)}$$

$$B_3 = -\frac{2}{\prod_a^3 \operatorname{Re} \psi_2(k_a)} \operatorname{Re} \psi_3$$

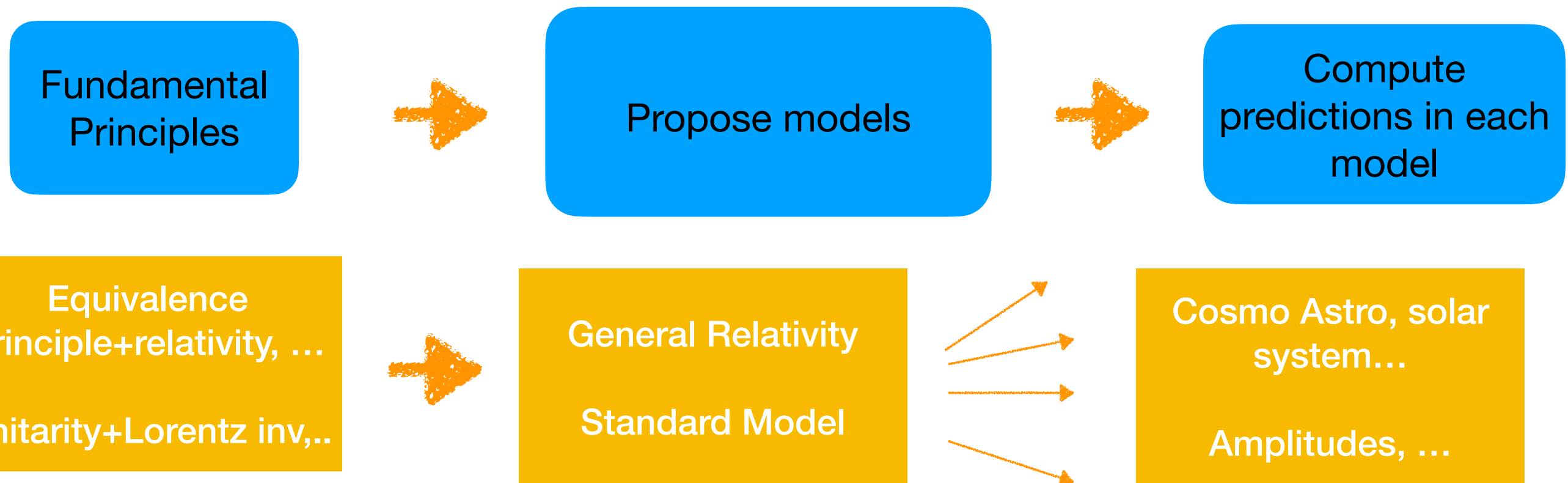
$$B_4 = -\frac{2}{\prod_a^4 \operatorname{Re} \psi_2(k_a)} \left[\operatorname{Re} \psi_4 - \sum_{s,t,u} \frac{\operatorname{Re} \psi_3 \operatorname{Re} \psi_3}{\operatorname{Re} \psi_2} \right]$$

The (Boostless) Cosmological Bootstrap



Making predictions

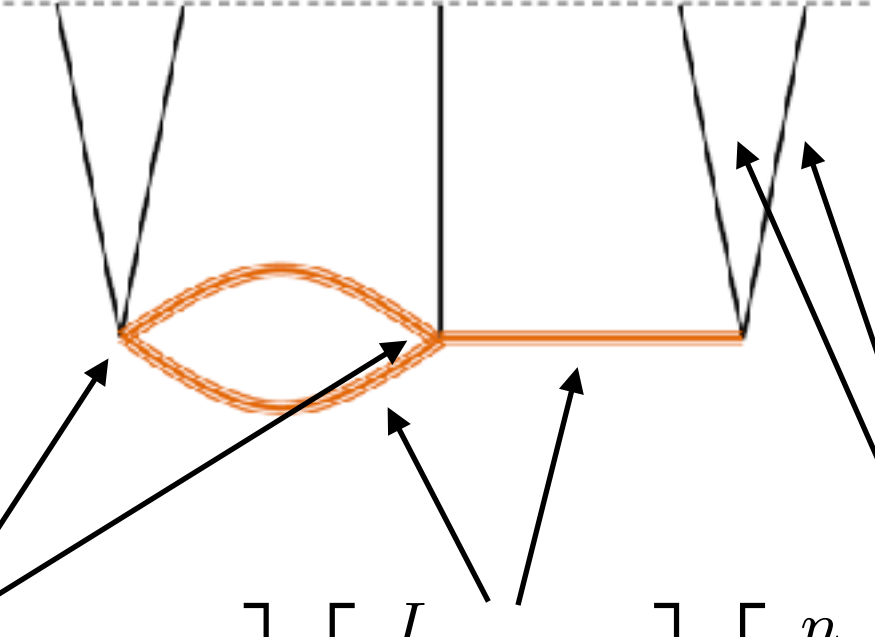
- How do we make predictions?
- Option 1:



- Option 1 is great when we have *a well-established theory*, e.g. General relativity or the Standard Model, and *many* observables

Feynman Diagrams

- Given a model, e.g. GR + a scalar, we can compute the wavefunction with the following Feynman rules.
- For a given set of fields (i.e. of free propagators), the vertices F are computed from the model Lagrangian



$$\psi_n = \left[\prod_A^V \int d\eta_A F_A \right] \left[\prod_m^I G(p) \right] \left[\prod_a^n K(k_a) \right]$$

$$\begin{aligned} \psi_n &= \psi_n(\{k\}; \{p\}; \{\mathbf{k}\}) \\ &= \psi_n(\text{external energies}; \text{internal energies}; \text{contractions}) \end{aligned}$$

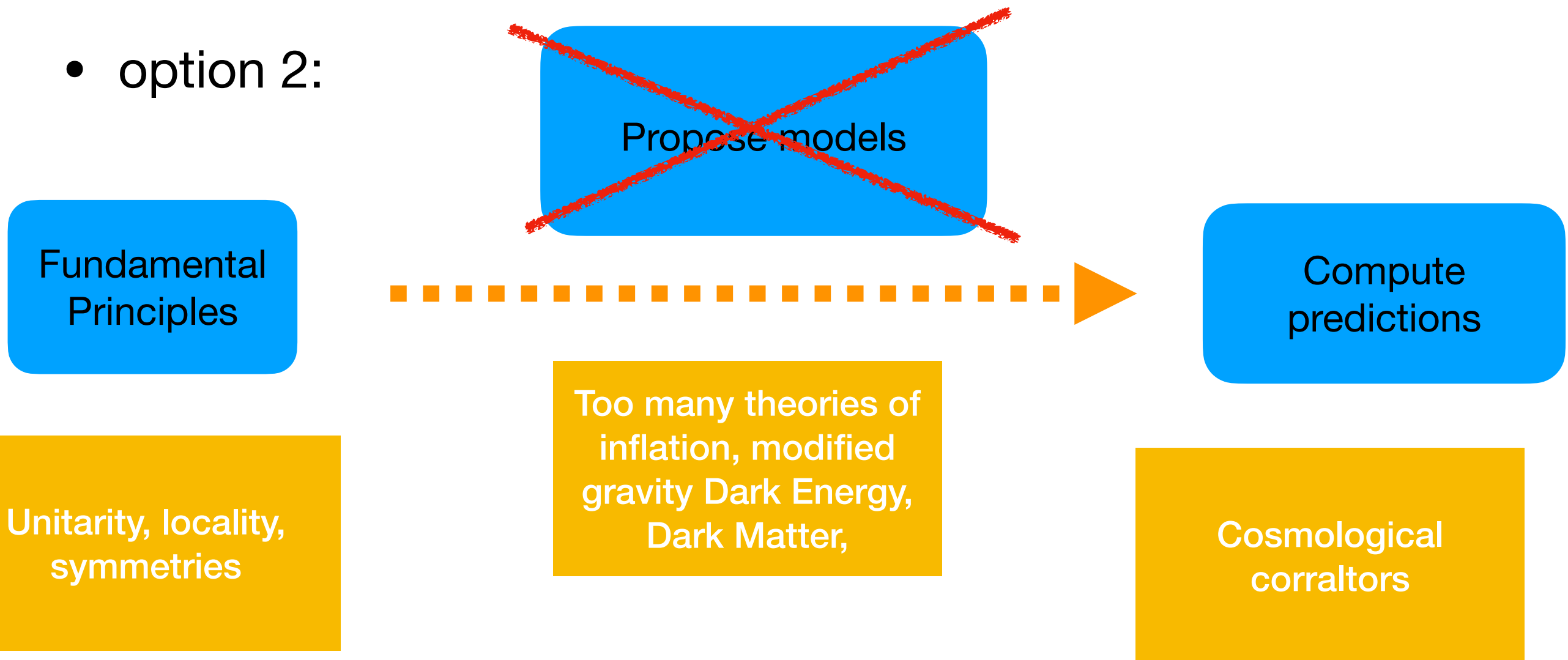
“Bulk” computations

This approach is straightforward conceptually but has a few *drawbacks*:

1. The relation between Lagrangian and observables is many to one because of *field redefinitions and gauge symmetries*
2. Many different “Bulk Lagrangians” give the similar boundary observables
3. Even at tree-level there are V *nested integrals* (due to the lack of time-translation invariance; cf. amplitudes). Hard to compute!
4. Fundamental principles (e.g. unitarity & locality) are obscured: How do I know a given wavefunction comes from a unitary & local theory?
5. More ambitiously, to derive *cosmological positivity bounds and non-perturbative correlators* we need a more fundamental understanding

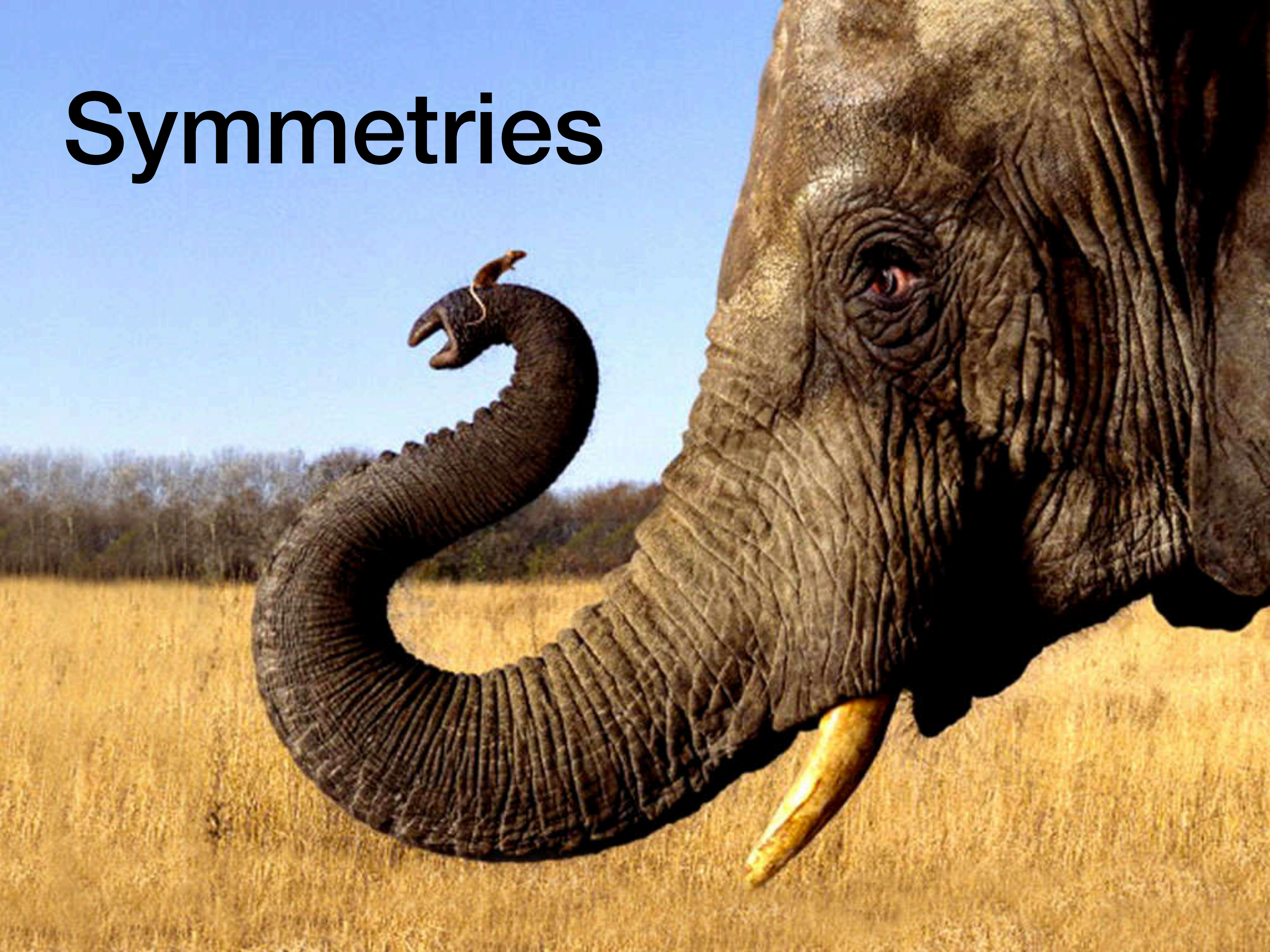
Making predictions: the Bootstrap approach

- option 2:



- Option 2 is great when we have *too many theories*, e.g. inflation or Beyond the Standard Model, *and* we compute always the same observables, e.g. cosmo correlators or amplitudes

Symmetries



Observed symmetries

- Cosmological perturbations are observed to be statistically *homogeneous* and *isotropic*
- Primordial perturbations are also observed to be approximately scale invariant
- Anything else?
 - With *de Sitter boost* we can derive general results and connect with Conformal Field Theory and holography. See beautiful progress by Maldacena, Pimentel, Arkani-Hamed, Baumann, Joyce, etc...
 - If we are instead more interested in phenomenology, we cannot assume Boost invariance. Here is why...

Observed:

- Translations
- Rotations
- Scale invariance

dS Boost:
Cosmological
Bootstrap
[Arkani-Hamed,
Baumann, Joyce,
Pimentel, etc]

dS boosts:
boostless
bootstrap
[this talk]

Three theorems [Green & EP '20]

Assuming homogeneity, isotropy and scale invariance, I'll prove:

Theorem 1: The correlators of curvature perturbations are uniquely characterized by their soft limits (no field redefinition ambiguities)

Theorem 2: The only theory of *curvature perturbations* with full de Sitter symmetries is the free theory

Theorem 3: de Sitter symmetries are the largest possible set of symmetries for any single scalar field

Th. 1 & 2 are valid *only in single-clock cosmology* (while Th. 3 is general)

There are no further assumptions about the particle content (any mass and spin) or the interactions

Theorem 3

- The space of symmetries is constrained by self-consistent dynamics, as in the Coleman-Mandula theorem.
- The only symmetries that can be linearly-realized on single scalar are

assumed
observed
symmetries

$$\sum_{a=1}^n \vec{k}_a \langle \phi(k_1) \dots \phi(k_n) \rangle = 0 \quad \text{translations}$$

$$\sum_{a=1}^n k_a^{[i} \partial_{k_a^{j]} \langle \phi(k_1) \dots \phi(k_n) \rangle = 0 \quad \text{rotations}$$

$$\sum_{a=1}^n (3 - \Delta + k_a \partial_{k_a}) \langle \phi(k_1) \dots \phi(k_n) \rangle = 0 \quad \text{dilations}$$

$$\sum_{a=1}^n \left[2\vec{k} \cdot \vec{\partial} \partial_i - k_i \partial^2 + 2(3 - \Delta) \partial_i \right] \langle \phi(k_1) \dots \phi(k_n) \rangle = 0 \quad \begin{array}{l} \text{dS boosts} \\ \text{additional} \end{array}$$

Th. 2: Conformal = free

- De Sitter symmetries act on ζ as

Exact on in the decoupling
slow-roll limit $\varepsilon, \eta \rightarrow 0$

$$P_i : \delta\zeta = -\partial_{x^i}\zeta,$$

$$M_{ij} : \delta\zeta = 2x_{[i}\partial_{x^{j]}}\zeta,$$

$$D : \delta\zeta = -\vec{x} \cdot \vec{\partial}\zeta,$$

$$K^i : \delta\zeta = -2x^i \left(\vec{x} \cdot \vec{\partial}\zeta \right) + x^2 \partial_{x^i}\zeta,$$

translations

rotations

dilations

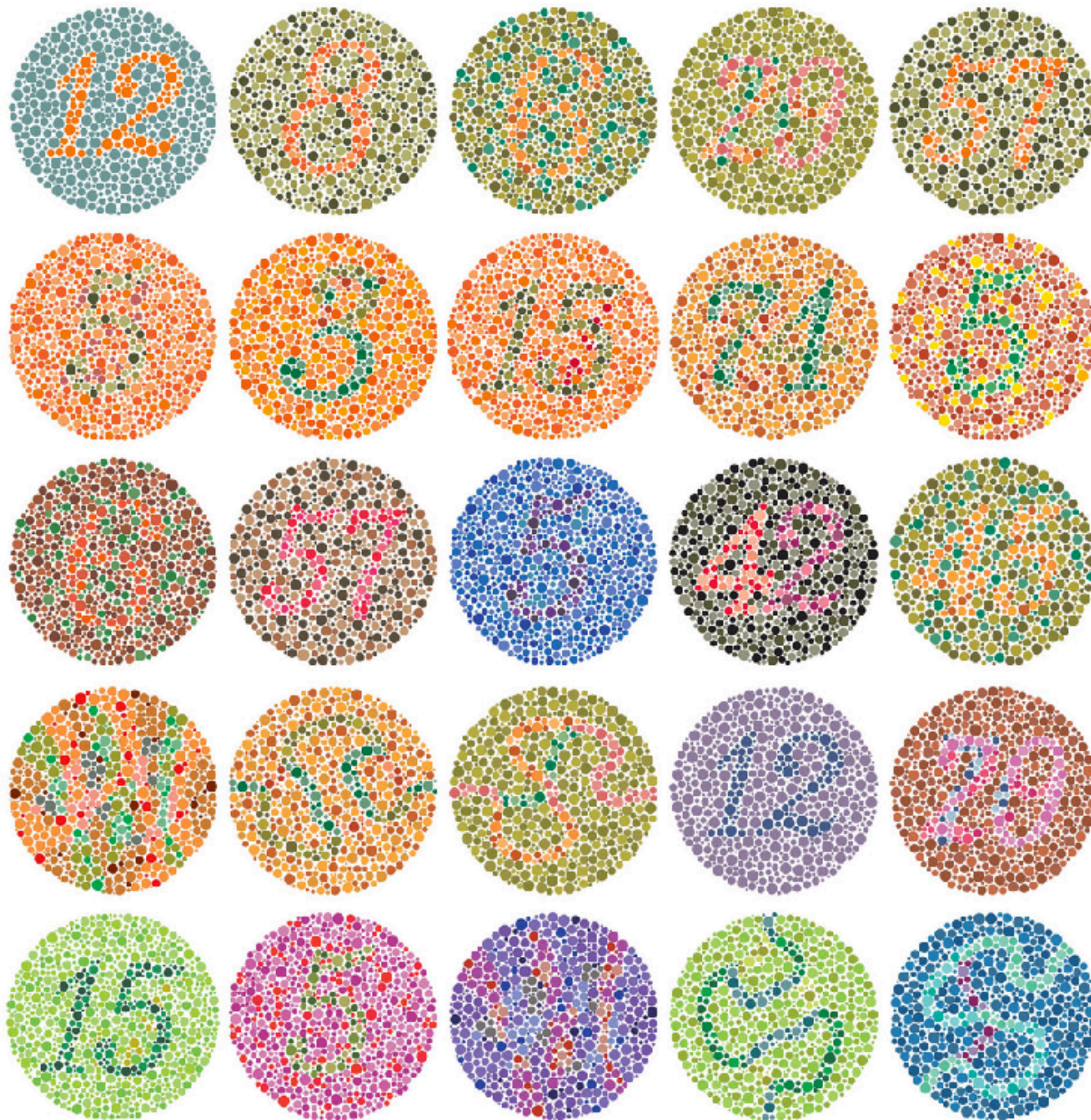
boosts

- Single-clock cosmology must also be invariant under

$$D_{\text{NL}} : \delta\zeta = -1 - \vec{x} \cdot \vec{\partial}\zeta,$$

$$K_{\text{NL}}^i : \delta\zeta = -2x^i - 2x^i \left(\vec{x} \cdot \vec{\partial}\zeta \right) + x^2 \partial^{x^i}\zeta.$$

soft
theorems



Locality

Locality

- Locality is colloquially the fact that what happens here cannot affect a system far away. Operators commute for space-like separation and correlators must factorise at large distances (*cluster decomposition*).
- A common sufficient condition for locality is *Manifest Locality*: Lagrangian interactions are products of operators *at the same spacetime point*. No inverse laplacians are allowed.
- Remarkably, we proved that the wavefunction must satisfy the very simple *Manifestly Local Test (MLT)* [Jazayeri, EP & Stefanyszyn '21]

$$\left. \frac{\partial}{\partial k_c} \psi_n(k_1, \dots, k_n; \{p\}; \{\mathbf{k}\}) \right|_{k_c=0} = 0, \quad \forall c = 1, \dots, n,$$

Derivation

There are two derivations: (i) a pure boundary derivation using unitarity and singularities (see paper) and (ii) a bulk derivation that uses the Feynman rules.

Notice that as $k \rightarrow 0$ there is no linear term in K

$$\lim_{k \rightarrow 0} K(k, \eta) = \lim_{k \rightarrow 0} (1 - ik\eta)e^{ik\eta} = \left(1 + 0 \times k\eta + \frac{1}{2}k^2\eta^2 + \dots \right)$$

which is also true for all time derivatives. The same is then true for the wavefunction coefficient

$$\psi_n = \left[\prod_A^V \int d\eta_A F_A \right] \left[\prod_m^I G(p) \right] \left[\prod_a^n K(k_a) \right]$$

Manifest locality

- This is true as long as there are *only positive powers of k* in the interactions, i.e. the theory is *manifestly local*.
- All large non-Gaussianities in single field inflation come from manifestly local interactions in the EFT of inflation, e.g.

$$\mathcal{L} \supset \dot{\phi}^3 + (\partial\phi)^2 \dot{\phi} + \dot{\phi}^4 + \dots$$

- But gravity has not manifestly local interactions after we integrate out the non-dynamical lapse and shift (to which our MLT does not apply)

$$\mathcal{L}_{GR} \supset \dot{\zeta}^2 \nabla^{-2} \dot{\zeta} + \dots$$

- Manifest locality \rightarrow locality but *not* vice versa. How does locality relate inverse Laplacians to massless spinning particles in the spectrum, e.g. solid inflation?

Amplitude limit

- The residue of the total-energy pole ($k_T = k_1 + \dots + k_n = 0$) of (tree-level) correlators is fixed by the (UV-limit of the) amplitude [Maldacena & Pimentel '11; Raju '12; Arkani-Hamed et al '17-'18; Benincasa '18]

- The precise relation is [Goodhew, Jazayeri & EP '20]

$$\lim_{k_T \rightarrow 0} B_n = \frac{(-1)^n H^{p+n-1} (p-1)!}{2^{n-1}} \times \frac{\text{Re} (i^{1+n+p} A_n)}{(\prod_{a=1}^n k_a)^2 k_T^p},$$

- where p is fixed by dimensional analysis and scale invariance. For the bispectrum it's simply the number of derivatives. More generally [EP '20]

$$p = 1 + \sum_{\alpha} (D_{\alpha} - 4)$$

The MLT enforces the amplitude to be manifestly local, i.e. only have positive powers of momenta



Unitarity

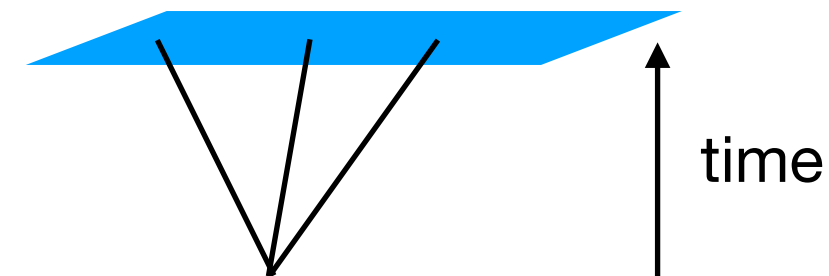
Unitary time evolution

- In Quantum Mechanics we compute probabilities, which must be between 0 and 1 to make sense
- This requires the positive norm of states in the Hilbert space *and* Unitary time evolution, $UU^\dagger=1$. Colloquially this is the *conservation of probabilities*
- The consequences of unitarity for particle physics amplitudes were discovered over *60 years ago*: the Optical theorem and Cutkosky Cutting Rules.
- In cosmology we don't see the time evolution, so how can we see it's unitary?!

The Cosmological Optical Theorem (COT) [Goodhew, Jazayeri, EP '20]

- From unitarity, $UU^\dagger=1$, we found infinitely many relations.
- The simplest applies to contact n-point functions

$$\psi_n(\{k\}, \{\mathbf{k}\}) + \psi_n^*(-\{k\}, -\{\mathbf{k}\}) = 0$$



- It follows from unitarity time evolution, but the equation does not involve time! Time “emerges” at boundary as in holography...
- This is a Cosmological Optical Theorem (COT) and can be interpreted as fixing a “discontinuity”

$$\text{Disc}\psi_n(\{k\}, \{\mathbf{k}\}) \equiv \psi_n(\{k\}, \{\mathbf{k}\}) + \psi_n^*(-\{k\}, -\{\mathbf{k}\})$$

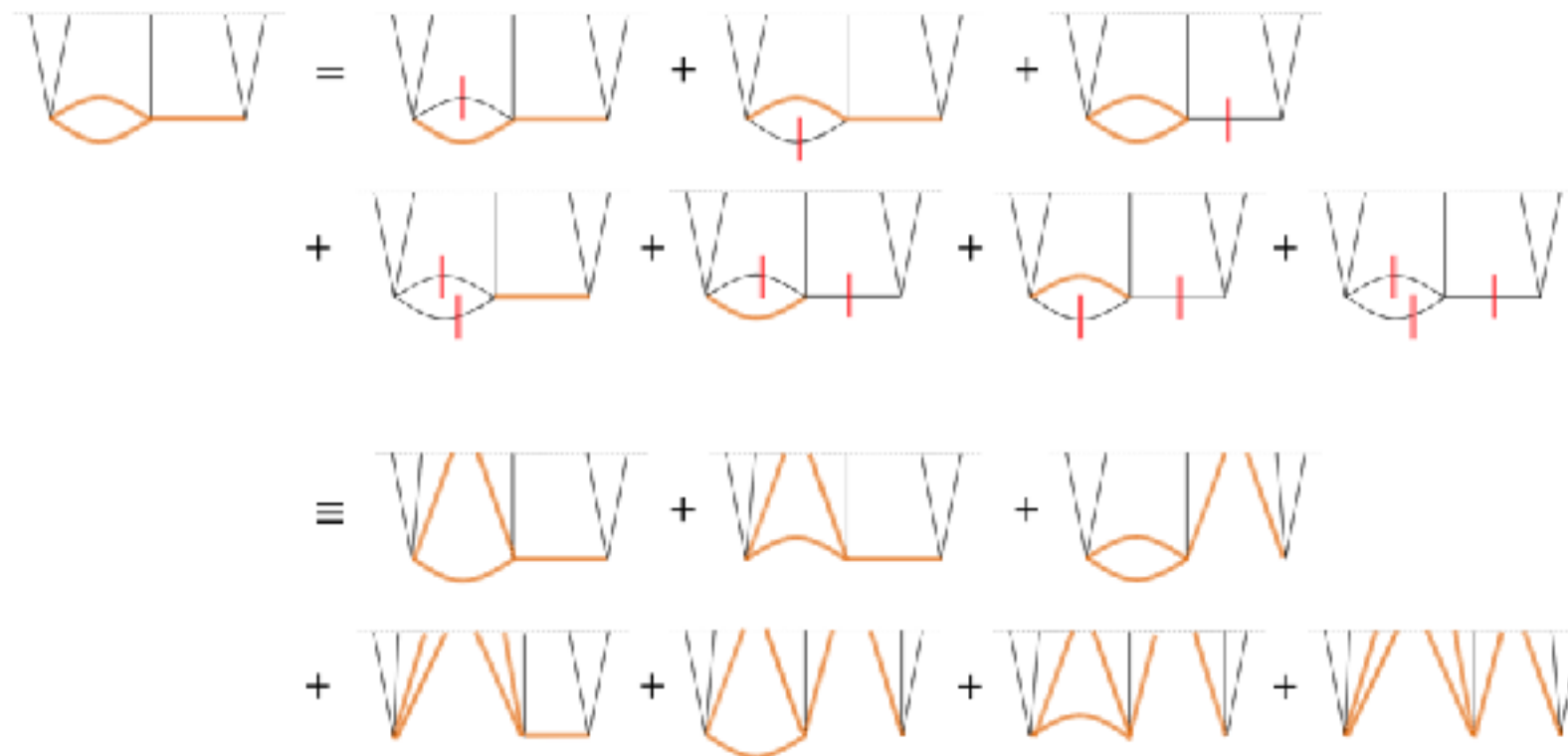
Exchange diagrams

- The next simplest case is a 4-particle exchange diagram (trispectrum). The Cosmo Optical Theorem (COT) is

$$\begin{aligned}
 & \text{Diagram 1: A trispectrum diagram with external momenta } k_1, k_2, k_3, k_4 \text{ and an internal exchange momentum } p_s. \\
 & i \text{ Disc}_{p_s} \left[i \psi_{k_1 k_2 k_3 k_4}^{(s)} \right] \\
 & = \\
 & \text{Diagram 2: The same trispectrum diagram with a cut in the exchange line, represented by two parallel red lines.} \\
 & \equiv \\
 & \text{Diagram 3: A sum of two trispectrum diagrams. The first has internal momentum } q \text{ and the second has internal momentum } q'. \\
 & i \text{ Disc}_q \left[i \psi_{k_1 k_2 q} \right] P_{qq'} i \text{ Disc}_{q'} \left[i \psi_{q' k_3 k_4} \right]
 \end{aligned}$$

General diagrams

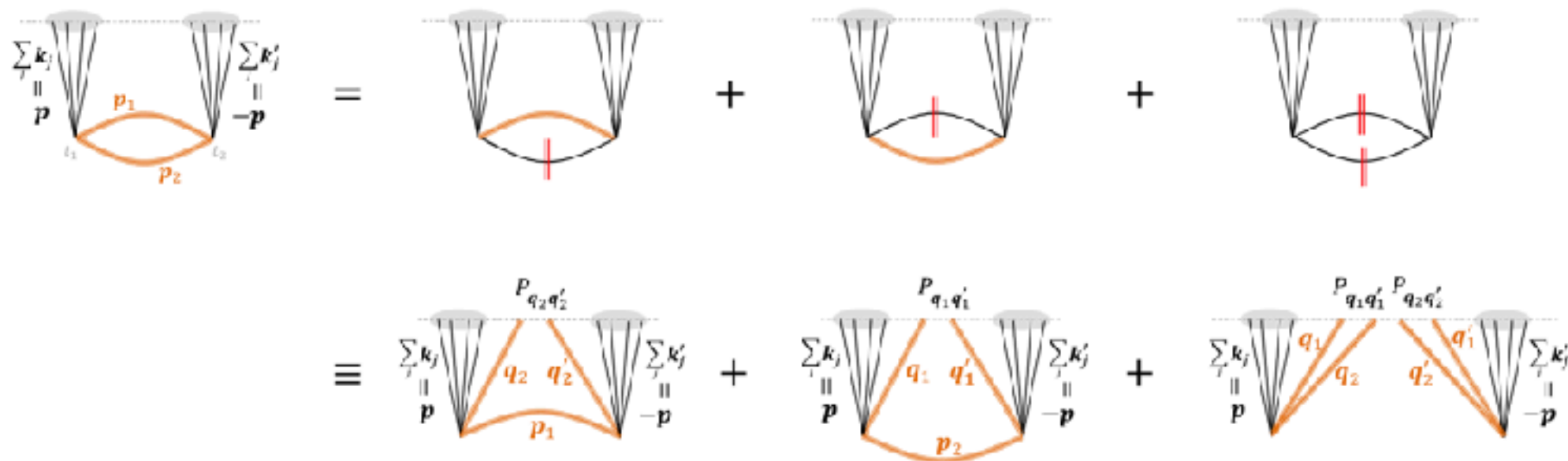
- These relations are valid to *all order in perturbation theory to any number of loops for fields of any mass and spin and arbitrary interactions (around any FLRW admitting a Bunch Davies initial condition)* [Goodhew, Jazayeri & EP '21; Melville & EP '21]



- These are Cosmological Cutting Rules. With a 60 year delay over particle physics, we finally understand unitarity in cosmology.

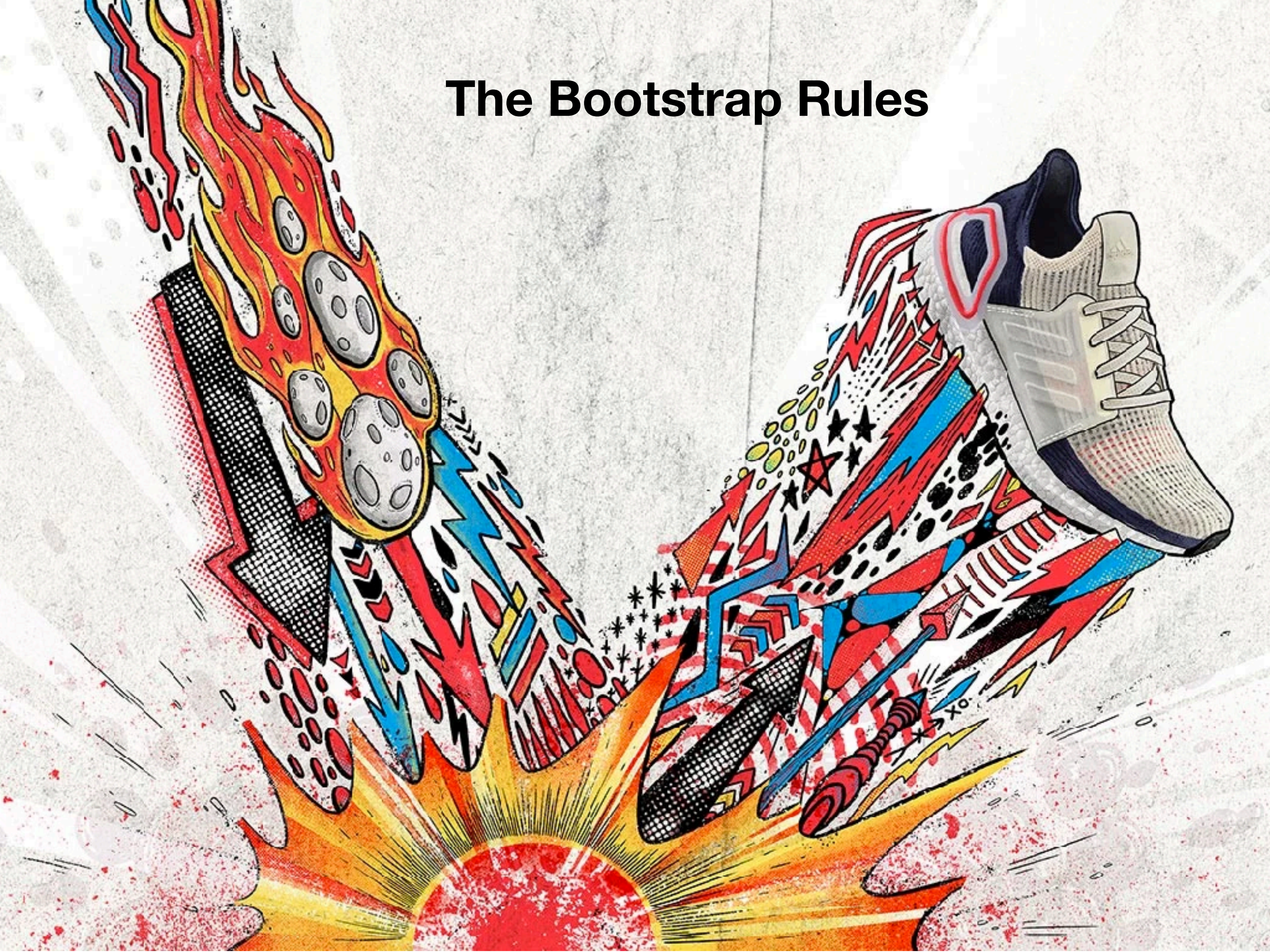
Loop corrections

- Unitarity gives us also *loop corrections*! For example we compute the leading 1-loop corrections for the power spectrum in the EFT of inflation, from tree-level results.



$$i\text{Disc} \left[i\psi_{\mathbf{k}_1 \mathbf{k}_2}^{1\text{-loop}} \right] = \frac{H^2}{f_\pi^4} \frac{ik^3}{480\pi} \frac{(1 - c_s^2)^2}{c_s^4} \left[(4\tilde{c}_3 + 9 + 6c_s^2)^2 + 15^2 \right]$$

The Bootstrap Rules



Bootstrap Rules

- To complete the derivation we need a set of Bootstrap Rules
[EP '20]
- As an example, let's bootstrap the bispectrum (3-point function) of a scalar

The diagram illustrates the bootstrap equation for the bispectrum ψ_3 . The equation is
$$\psi_3 = \frac{\text{Poly}_{3+p}(k_T, e_2, e_3)}{k_T^p}$$
. Annotations include: an orange arrow from 'Scale invariance' to the polynomial; a red arrow from 'Bose symmetry' to the arguments (k_T, e_2, e_3) ; a green arrow from 'tree level in dS' to the denominator k_T^p ; and a blue arrow from 'Bunch Davies vacuum' to the denominator k_T^p . To the right, the variables are defined in red: $k_T \equiv k_1 + k_2 + k_3$, $e_2 \equiv k_1 k_2 + k_2 k_3 + k_1 k_3$, and $e_3 \equiv k_1 k_2 k_3$.

Scale invariance

Bose symmetry

$k_T \equiv k_1 + k_2 + k_3$
 $e_2 \equiv k_1 k_2 + k_2 k_3 + k_1 k_3$
 $e_3 \equiv k_1 k_2 k_3$

$\psi_3 = \frac{\text{Poly}_{3+p}(k_T, e_2, e_3)}{k_T^p}$

tree level in dS

Bunch Davies vacuum

The calculation

- The Bootstrap Rules reduced the problem to determining the numerical constants C_{mn} via the Manifestly Local Test

$$\psi_3^{(p)}(k_1, k_2, k_3) = \frac{1}{k_T^p} \sum_{n=0}^{\lfloor \frac{p+3}{3} \rfloor} \sum_{m=0}^{\lfloor \frac{p+3-3n}{2} \rfloor} C_{mn} k_T^{3+p-2m-3n} e_2^m e_3^n,$$

$$\left. \partial_{k_1} \psi_3 \right|_{k_1=0} = 0$$

- This yields all manifestly local bispectra for a scalar to *any order in derivatives* in the EFT of inflation
- This gives order by order the shapes of non-Gaussianity that are constraint e.g. by the Cosmic Microwave Background, e.g. the Planck mission

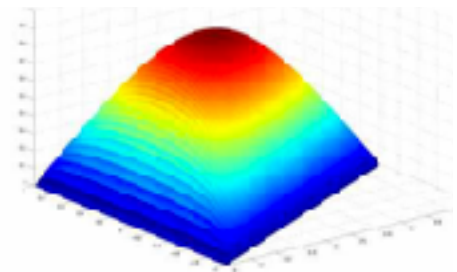
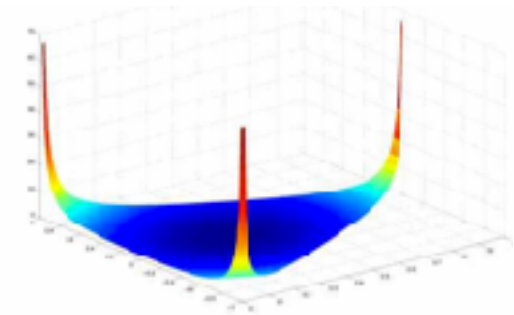
Shapes of non-Gaussianity

$$\psi_3^{(0)} = A_0 [4e_3 - e_2 k_T + (3e_3 - 3e_2 k_T + k_T^3) \log(-k_T \eta / \mu)]$$

$$\psi_3^{(1)} = 0$$

$$\psi_3^{(2)} = A_2 \left[-k_T^3 + 3k_T e_2 - 11e_3 + \frac{4e_2^2}{k_T} + \frac{4e_2 e_3}{k_T^2} \right]$$

$$\psi_3^{(3)} = A_3 \frac{1}{k_T^3} (k_T^6 - 3k_T^4 e_2 + 11k_T^3 e_3 - 4k_T^2 e_2^2 - 4k_T e_2 e_3 + 12e_3^2) + A'_3 \frac{e_3^2}{k_T^3}$$



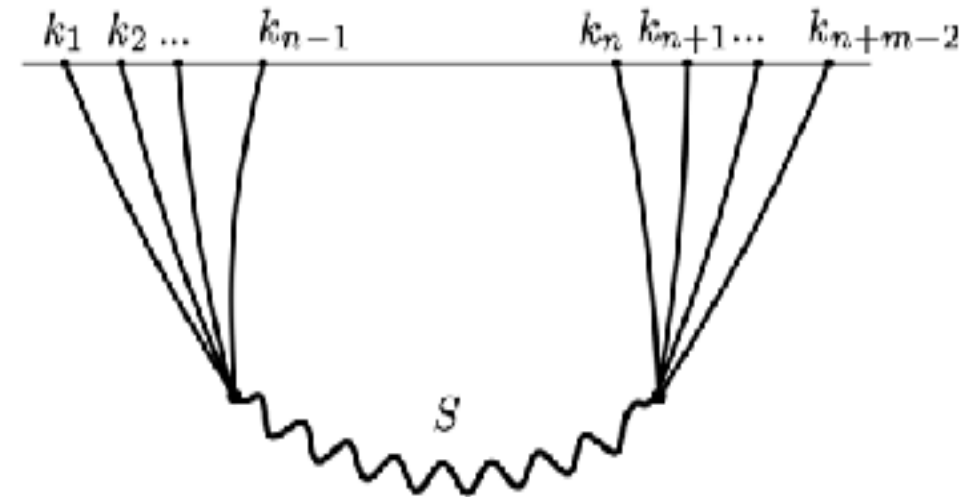
- Ψ contains the famous *local non-Gaussianity*, while Ψ the so-called *equilateral and orthogonal non-Gaussianities*, the main targets of non-Gaussian searches in the CMB and galaxy surveys!
- In the standard approach the numerical coefficients come from time integrations, here they're fixed algebraically

Comments and extensions

- A similar derivation gives all possible graviton non-Gaussianities! [EP '20; Cabass, EP, Stefanyszyn & Supel to appear]
- The bootstrap derivation
 - is numerical much faster than performing the traditional (in-in) time integrals.
 - makes the role of fundamental principle transparent
 - can be extended to any number of field of any spin

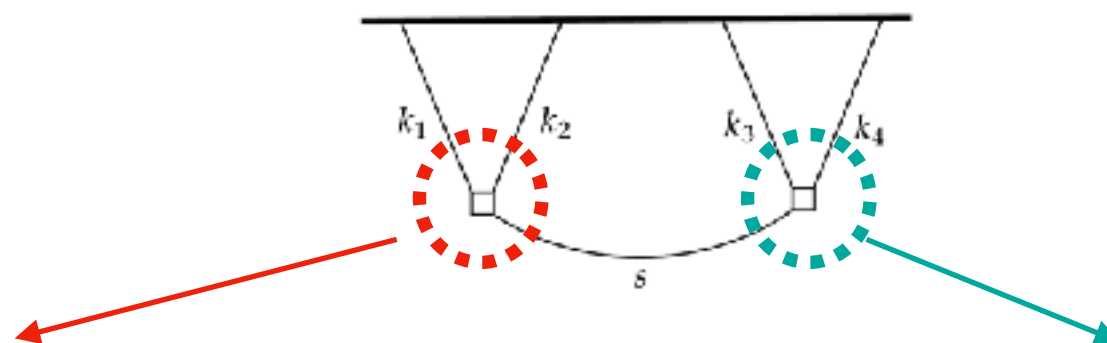
Exchange diagrams

- Also exchange diagrams can be computed using *partial energy recursion relations*. These use the Cosmo Optical Theorem to fix all residue of partial energy singularities.



Tree-level n-point function have only two types of singularities:

- Total energy poles*, the residue is an amplitude: $k_T = \sum_{a=1}^n k_a \rightarrow 0$
- Partial energy poles*, all residues are fixed by the COT



$$E_L = k_1 + k_2 + s, \quad s = |\mathbf{k}_1 + \mathbf{k}_2| \quad E_R \equiv k_3 + k_4 + s,$$

Partial Energy Recursion Relations

- The residues of all partial energy singularities of the exchange diagram are fixed by the Cosmo Optical Theorem
- Since the correlator is an analytic function, it is determined by these residues (plus a residue at infinity which is fixed by locality and unitarity up to a contact term)

$$\begin{aligned}\psi_4(E_L, E_R) &= \oint \frac{dz}{z} \psi_4(E_L + z, E_R - z) \\ &= \sum \text{Res} [\text{Cosmo Opt Th}] + \text{Boundary}\end{aligned}$$

Summary

- Cosmological observations test high energy physics, the perturbative regime of quantum gravity and discover new particles and forces.
- In the last two years we have made tremendous progress on understanding how fundamental principles such as unitarity and locality are encoded in observables (cosmo correlators).
- We have a *Cosmological Optical Theorem*, a *Manifestly Local Test* that enforce *unitarity* and *locality* of the observables without any reference to time.
- Fundamental principles are so powerful that observables are *bootstrapped* directly from them, without the need to write down explicit models and Lagrangians.

Connections

This bootstrap program connects with many topics discussed at this workshop:

- *de Sitter in String theory*: from the singularity of correlators and unitarity we can prove whether a UV-complete correlator/wavefunction exists or not and if it comes from a string theory
- *phenomenology, CMB & LSS*: the bootstrap makes predictions for all primordial observables compatible with the chosen fundamental principle. So we can use the data to extract model-independent information
- *Gravitational waves, scalar-tensor theories, modified gravity*: we can predict all graviton correlators for any modified theory of gravity that respects unitarity locality and the chosen symmetries
- *Quantum gravity in dS*: this time-less history of time gives us the rules that the hypothetical CFT/QFT holographic dual of dS must obey. What does the Cosmo Optical Theorem and Manifestly Local test mean for the QFT/CFT??