

Gravitational Waves from Dark Matter

Iason Baldes

In collaboration with Camilo Garcia-Cely

Accepted for publication in JHEP

arXiv:1809.01198

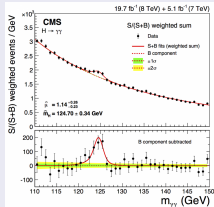
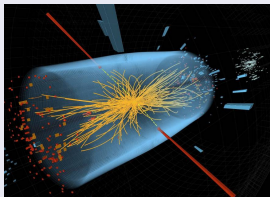


IRN Terascale@Annecy Meeting
20 May 2019

Two big discoveries in the past decade

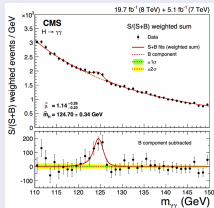
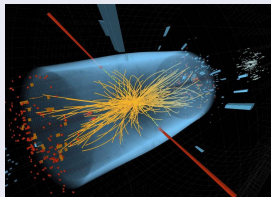
Two big discoveries in the past decade

2012. Discovery of the Brout Englert Higgs boson

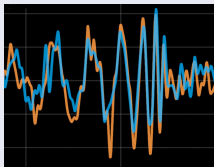


Two big discoveries in the past decade

2012. Discovery of the Brout Englert Higgs boson

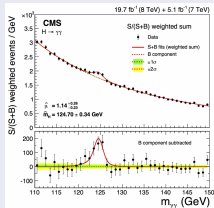
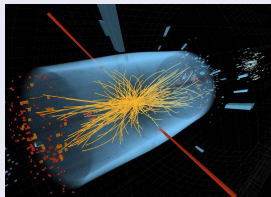


2016. Direct Detection of Gravitational Waves

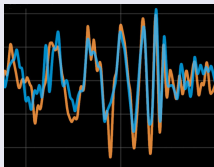


Two big discoveries in the past decade

2012. Discovery of the Brout Englert Higgs boson



2016. Direct Detection of Gravitational Waves



Let us merge the two ideas.

Gravitational Waves from an early Universe Phase Transition

Actually already done

by Witten '84, Hogan '86, ...

PHYSICAL REVIEW D

VOLUME 30, NUMBER 2

15 JULY 1984

Cosmic separation of phases

Edward Witten*

Institute for Advanced Study, Princeton, New Jersey 08540

(Received 9 April 1984)

Gravitational Waves from an early Universe Phase Transition

Actually already done

by Witten '84, Hogan '86, ...

PHYSICAL REVIEW D

VOLUME 30, NUMBER 2

15 JULY 1984

Cosmic separation of phases

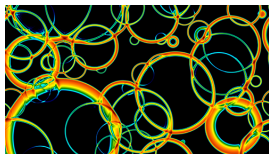
Edward Witten*

Institute for Advanced Study, Princeton, New Jersey 08540

(Received 9 April 1984)

- Symmetry is typically restored at high T .
- Violent events (e.g. cosmological phase transitions) produce gravitational waves.

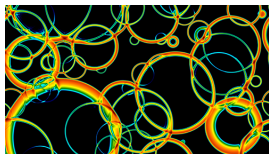
Gravitational Waves from an early Universe Phase Transition



From a simulation by Weir et. al.

Since then

Gravitational Waves from an early Universe Phase Transition

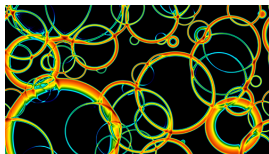


From a simulation by Weir et. al.

Since then

- 1 Detected Higgs and GWs.

Gravitational Waves from an early Universe Phase Transition

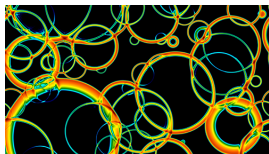


From a simulation by Weir et. al.

Since then

- 1 Detected Higgs and GWs.
- 2 Quantitative understanding of the predicted GW spectra has improved.

Gravitational Waves from an early Universe Phase Transition

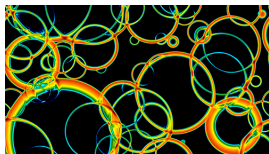


From a simulation by Weir et. al.

Since then

- 1 Detected Higgs and GWs.
- 2 Quantitative understanding of the predicted GW spectra has improved.
- 3 LISA pathfinder has successfully flown.

Gravitational Waves from an early Universe Phase Transition

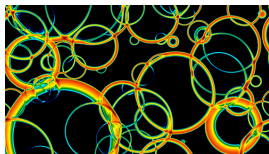


From a simulation by Weir et. al.

Since then

- 1 Detected Higgs and GWs.
- 2 Quantitative understanding of the predicted GW spectra has improved.
- 3 LISA pathfinder has successfully flown.
- 4 Concrete future proposals such as LISA have been developed.

Gravitational Waves from an early Universe Phase Transition



From a simulation by Weir et. al.

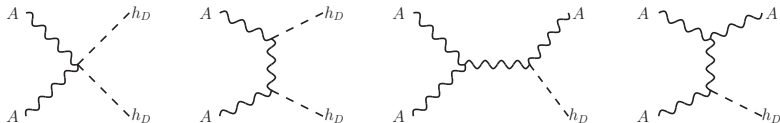
Since then

- 1 Detected Higgs and GWs.
- 2 Quantitative understanding of the predicted GW spectra has improved.
- 3 LISA pathfinder has successfully flown.
- 4 Concrete future proposals such as LISA have been developed.

The idea here is to explore a simple case study as to the feasibility of using GWs to detect SSB in a dark sector.

A simple DM model - Hambye 0811.0172

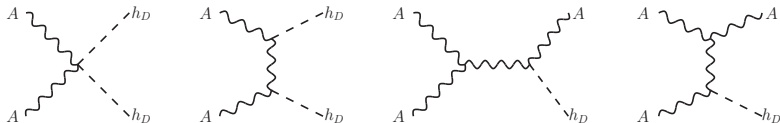
A simple DM model - Hambye 0811.0172



The Model: $SU(3)_C \times SU(2)_L \times U(1)_Y \times SU(2)_D$

$$\mathcal{L} \supset -\frac{1}{4}F_D \cdot F_D + (\mathcal{D}H_D)^\dagger (\mathcal{D}H_D) - \mu_2^2 H_D^\dagger H_D - \lambda_\eta (H_D^\dagger H_D)^2 - \lambda_{h\eta} H_D^\dagger H_D H^\dagger H$$

A simple DM model - Hambye 0811.0172



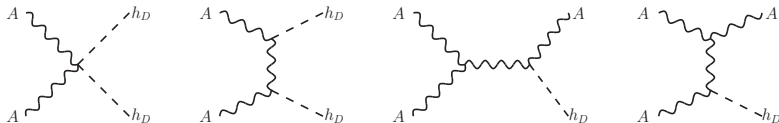
The Model: $SU(3)_C \times SU(2)_L \times U(1)_Y \times SU(2)_D$

$$\mathcal{L} \supset -\frac{1}{4}F_D \cdot F_D + (\mathcal{D}H_D)^\dagger (\mathcal{D}H_D) - \mu_2^2 H_D^\dagger H_D - \lambda_\eta (H_D^\dagger H_D)^2 - \lambda_{h\eta} H_D^\dagger H_D H^\dagger H$$

Custodial $SO(3)$ symmetry

Dark gauge bosons, A, are stable and form the DM!

A simple DM model - Hambye 0811.0172



The Model: $SU(3)_C \times SU(2)_L \times U(1)_Y \times SU(2)_D$

$$\mathcal{L} \supset -\frac{1}{4}F_D \cdot F_D + (\mathcal{D}H_D)^\dagger (\mathcal{D}H_D) - \mu_2^2 H_D^\dagger H_D - \lambda_\eta (H_D^\dagger H_D)^2 - \lambda_{h\eta} H_D^\dagger H_D H^\dagger H$$

Custodial $SO(3)$ symmetry

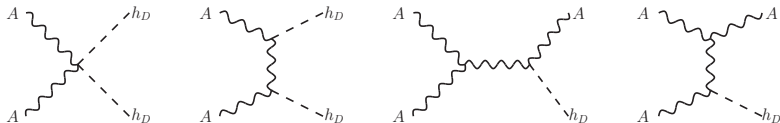
Dark gauge bosons, A , are stable and form the DM!

Potential possibilities

- 1 Standard Potential with Mass terms - Hambye 0811.0172
- 2 Classically Scale Invariant
 - Hambye, Strumia 1306.2329, - Hambye, Strumia, Teresi 1805.01473

Standard Freezeout

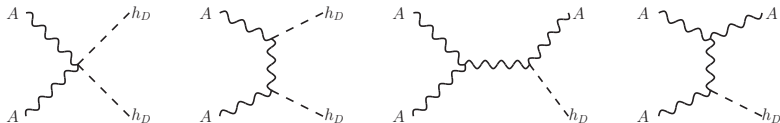
Standard Freezeout



Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

Standard Freezeout



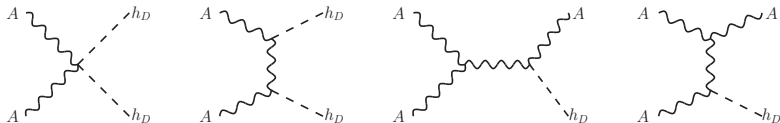
Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

Direct Detection

Need $\theta \lesssim 0.2$. (For $m_A > 100 \text{ GeV}$).

Standard Freezeout



Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

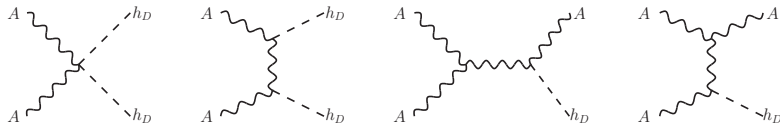
Direct Detection

Need $\theta \lesssim 0.2$. (For $m_A > 100 \text{ GeV}$).

LHC Higgs signal strength

Need $\theta \lesssim \mathcal{O}(0.1)$.

Standard Freezeout



Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

Direct Detection

Need $\theta \lesssim 0.2$. (For $m_A > 100 \text{ GeV}$).

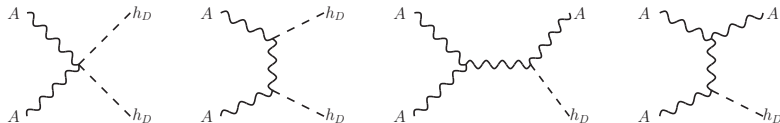
LHC Higgs signal strength

Need $\theta \lesssim \mathcal{O}(0.1)$.

Gauge coupling g_D

- Determines relic abundance.
- Generates a thermal barrier \rightarrow first order PT.

Standard Freezeout



Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

Direct Detection

Need $\theta \lesssim 0.2$. (For $m_A > 100 \text{ GeV}$).

LHC Higgs signal strength

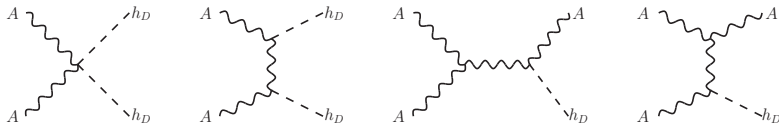
Need $\theta \lesssim \mathcal{O}(0.1)$.

Gauge coupling g_D

- Determines relic abundance.
- Generates a thermal barrier \rightarrow first order PT.

Close link between Ω_{DM} and SSB

Standard Freezeout



Relic abundance for $m_A \gg m_{h_D}$

$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

Direct Detection

Need $\theta \lesssim 0.2$. (For $m_A > 100 \text{ GeV}$).

LHC Higgs signal strength

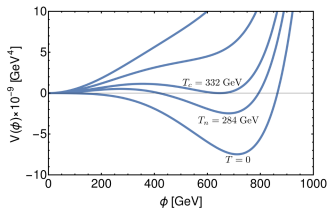
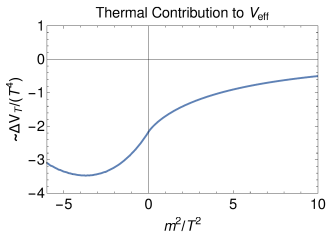
Need $\theta \lesssim \mathcal{O}(0.1)$.

Gauge coupling g_D

- Determines relic abundance.
- Generates a thermal barrier \rightarrow first order PT.

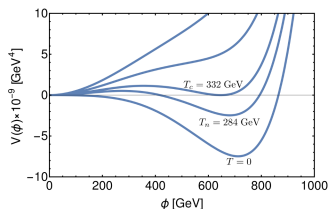
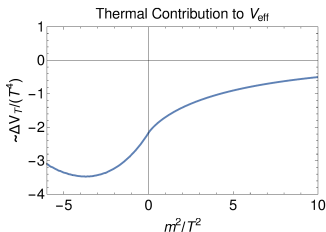
Close link between Ω_{DM} and SSB \rightarrow Test using GWs!

Finite temperature effective potential



$$V_{\text{eff}} = V_{\text{tree}}(\phi) + V_1^0(\phi) + V_1^T(\phi, T) + V_{\text{Daisy}}(\phi, T)$$

Finite temperature effective potential



$$V_{\text{eff}} = V_{\text{tree}}(\phi) + V_1^0(\phi) + V_1^T(\phi, T) + V_{\text{Daisy}}(\phi, T)$$

Thermal Contribution

$$\begin{aligned} \frac{2\pi^2}{T^4} V_1^T(\phi, T) &= \int_0^\infty y^2 \text{Log} \left(1 - e^{-\sqrt{y^2 + m_i^2(\phi)}/T} \right) dy \\ &\approx -\frac{\pi^4}{45} + \frac{\pi^2 m^2}{12 T^2} - \frac{\pi m^3}{6 T^3} - \frac{m^4}{32 T^4} \text{Ln} \left(\frac{m^2}{220 T^2} \right) \end{aligned}$$

Calculation of the GW spectrum

Calculation of the GW spectrum

Euclidean Action

$$S_3 = 4\pi \int r^2 \left(\frac{1}{2} \left(\frac{d\phi_i}{dr} \right)^2 + \Delta V(\phi, \eta, T) \right) dr$$

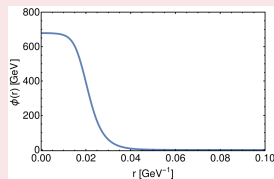
Nucleation when $\Gamma/V \sim T^4 e^{-S_3/T} \sim H^4$.

Calculation of the GW spectrum

Euclidean Action

$$S_3 = 4\pi \int r^2 \left(\frac{1}{2} \left(\frac{d\phi_i}{dr} \right)^2 + \Delta V(\phi, \eta, T) \right) dr$$

Nucleation when $\Gamma/V \sim T^4 e^{-S_3/T} \sim H^4$.

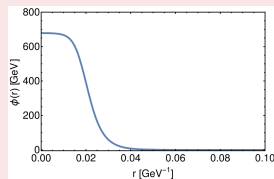


Calculation of the GW spectrum

Euclidean Action

$$S_3 = 4\pi \int r^2 \left(\frac{1}{2} \left(\frac{d\phi_i}{dr} \right)^2 + \Delta V(\phi, \eta, T) \right) dr$$

Nucleation when $\Gamma/V \sim T^4 e^{-S_3/T} \sim H^4$.



Find the latent heat and timescale of the PT

$$\alpha = \frac{1}{\rho_{\text{rad}}} \left(1 - T \frac{\partial}{\partial T} \right) \left(V[\phi_0, \eta_0] - V[\phi_n, \eta_n] \right) \Big|_{T_n}$$

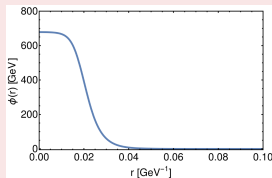
$$\beta = -\frac{d}{dt} \left(\frac{S_3}{T} \right) = H T_n \frac{d}{dT} \left(\frac{S_3}{T} \right) \Big|_{T_n}$$

Calculation of the GW spectrum

Euclidean Action

$$S_3 = 4\pi \int r^2 \left(\frac{1}{2} \left(\frac{d\phi_i}{dr} \right)^2 + \Delta V(\phi, \eta, T) \right) dr$$

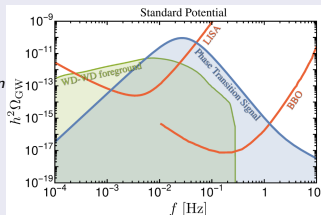
Nucleation when $\Gamma/V \sim T^4 e^{-S_3/T} \sim H^4$.



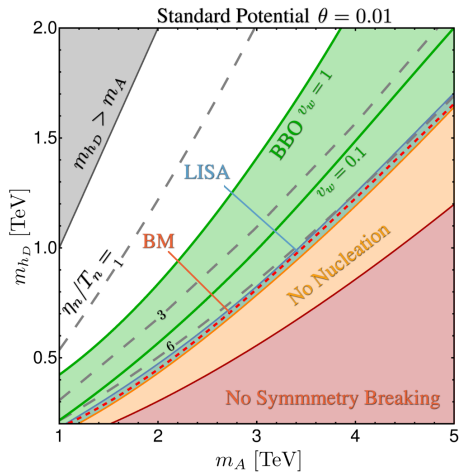
Find the latent heat and timescale of the PT

$$\alpha = \frac{1}{\rho_{\text{rad}}} \left(1 - T \frac{\partial}{\partial T} \right) \left(V[\phi_0, \eta_0] - V[\phi_n, \eta_n] \right) \Big|_{T_n}$$

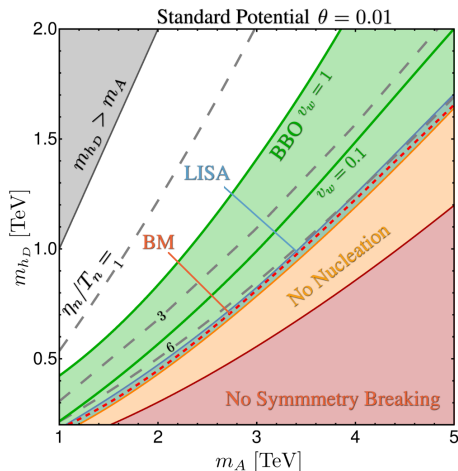
$$\beta = -\frac{d}{dt} \left(\frac{S_3}{T} \right) = H T_n \frac{d}{dT} \left(\frac{S_3}{T} \right) \Big|_{T_n}$$



Results



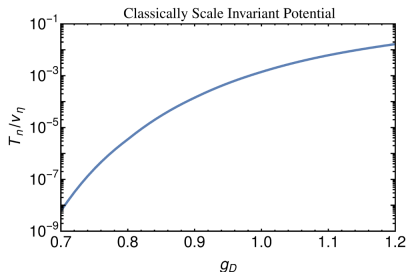
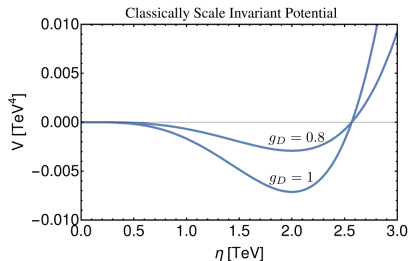
Results



LISA can test only limited parameter space of standard, polynomial type, potentials. BBO can do somewhat better. But we are really after a scenario which generically returns a lot of supercooling.

Classically Scale Invariant Potential

- Hambye, Strumia 1306.2329



Potential at $T = 0$

$$V_1^0(\eta) \simeq \frac{9g_D^4\eta^4}{512\pi^2} \left(\text{Ln} \left[\frac{\eta}{v_\eta} \right] - \frac{1}{4} \right)$$

The thermal contribution of the gauge bosons is added to this.

Universe generically becomes vacuum dominated before PT.

For $T_n < \Lambda_{\text{QCD}}$ need to add effects of QCD

- Iso, Serpico, Shimada 1704.04955

DM relic density

DM and PT possibilities

- **Regime (i): standard freeze-out.**

- (ia). $T_n > \Lambda_{\text{QCD}}$.

- (ib). $T_n < \Lambda_{\text{QCD}}$. (QCD effects break the scale invariance)

DM and PT possibilities

- **Regime (i): standard freeze-out.**

- (ia). $T_n > \Lambda_{\text{QCD}}$.

- (ib). $T_n < \Lambda_{\text{QCD}}$. (QCD effects break the scale invariance)

- **Regime (ii): super-cool DM.**

- (iia). $T_n > \Lambda_{\text{QCD}}$.

- (iib). $T_n < \Lambda_{\text{QCD}}$. (QCD effects break the scale invariance)

Super-cool DM - Hambye, Strumia, Teresi 1805.01473

$$Y_{\text{DM}}|_{\text{super-cool}} = Y_{\text{DM}}^{\text{eq}} \frac{T_{\text{RH}}}{T_{\text{infl}}} \left(\frac{T_{\text{end}}}{T_{\text{infl}}} \right)^3$$

DM and PT possibilities

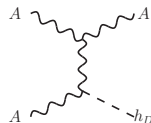
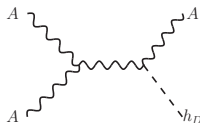
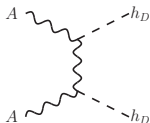
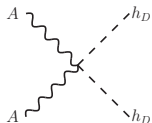
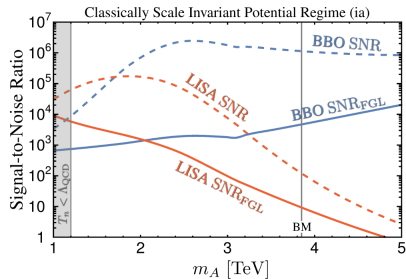
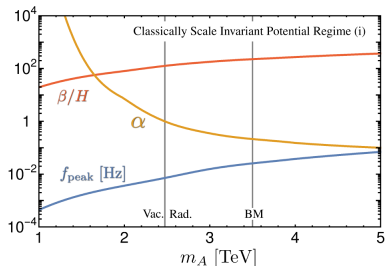
- **Regime (i): standard freeze-out.**
 - (ia). $T_n > \Lambda_{\text{QCD}}$.
 - (ib). $T_n < \Lambda_{\text{QCD}}$. (QCD effects break the scale invariance)
- **Regime (ii): super-cool DM.**
 - (iia). $T_n > \Lambda_{\text{QCD}}$.
 - (iib). $T_n < \Lambda_{\text{QCD}}$. (QCD effects break the scale invariance)

Super-cool DM - Hambye, Strumia, Teresi 1805.01473

$$Y_{\text{DM}}|_{\text{super-cool}} = Y_{\text{DM}}^{\text{eq}} \frac{T_{\text{RH}}}{T_{\text{infl}}} \left(\frac{T_{\text{end}}}{T_{\text{infl}}} \right)^3$$

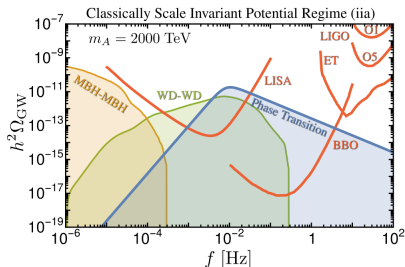
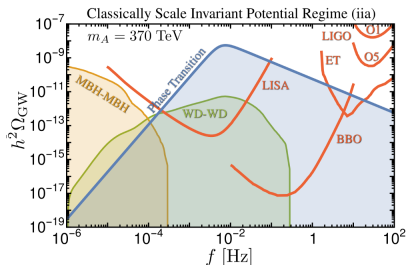
Regime (ia) and (iia) are amenable for testing using GWs!

GW signal Regime (ia) - Freezeout



$$g_D \approx 0.9 \times \sqrt{\frac{m_A}{1 \text{ TeV}}}$$

GW signal Regime (iia) - Super-cool DM

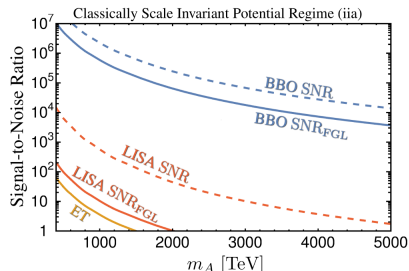
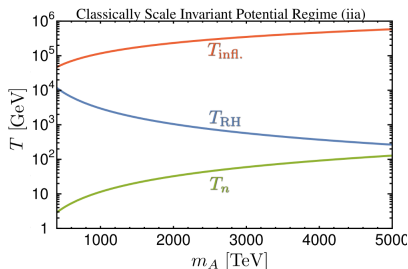


Super-cool DM

$$Y_{\text{DM}}|_{\text{super-cool}} = Y_{\text{DM}}^{\text{eq}} \frac{T_{\text{RH}}}{T_{\text{infl}}} \left(\frac{T_{\text{end}}}{T_{\text{infl}}} \right)^3$$

Here $g_D \simeq 1$ and $m_A \gtrsim 370 \text{ TeV}$.

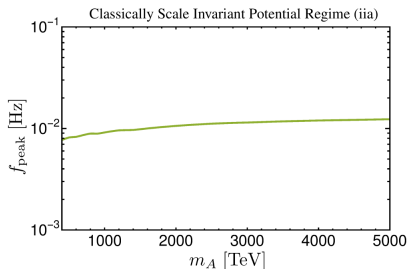
GW signal Regime (iia) - Super-cool DM



We correct for the period of matter domination after the PT.

$$f_{\text{peak}} \rightarrow \left(\frac{T_{\text{RH}}}{T_{\text{infl}}} \right)^{1/3} f_{\text{peak}} \quad \Omega_{\text{GW}} \rightarrow \left(\frac{T_{\text{RH}}}{T_{\text{infl}}} \right)^{4/3} \Omega_{\text{GW}}$$

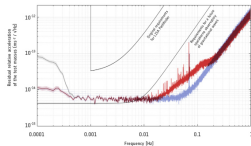
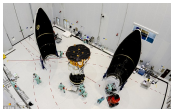
Peak Frequency Regime (iia) - Super-cool DM



Key prediction of the model

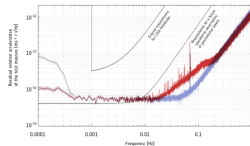
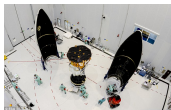
We find the peak frequency here is $\sim 10^{-2}$ Hz almost independent of m_A .

Summary



Summary

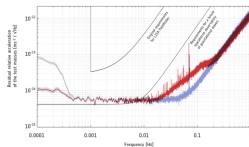
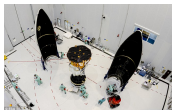
Summary



Summary

- Extensively studied the PTs for spin-one DM.

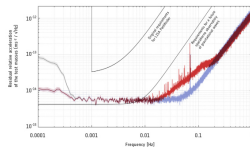
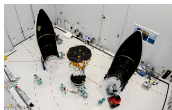
Summary



Summary

- Extensively studied the PTs for spin-one DM.
- Case study for sensitivity of future GW observatories to DM models.

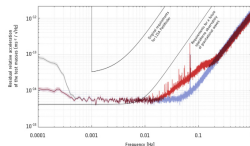
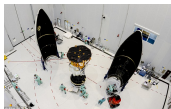
Summary



Summary

- Extensively studied the PTs for spin-one DM.
- Case study for sensitivity of future GW observatories to DM models.
- LISA, which will launch in 2034, will test scenarios with significant supercooling.

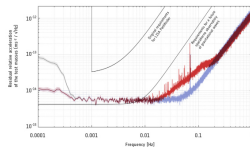
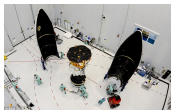
Summary



Summary

- Extensively studied the PTs for spin-one DM.
- Case study for sensitivity of future GW observatories to DM models.
- LISA, which will launch in 2034, will test scenarios with significant supercooling.
- More advanced instruments needed for polynomial potentials.

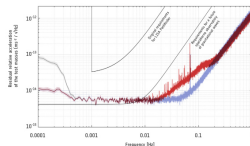
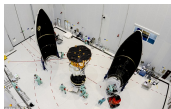
Summary



Summary

- Extensively studied the PTs for spin-one DM.
- Case study for sensitivity of future GW observatories to DM models.
- LISA, which will launch in 2034, will test scenarios with significant supercooling.
- More advanced instruments needed for polynomial potentials.
- Phase transitions: another pheno avenue to explore in your favourite models.

Summary



Summary

- Extensively studied the PTs for spin-one DM.
- Case study for sensitivity of future GW observatories to DM models.
- LISA, which will launch in 2034, will test scenarios with significant supercooling.
- More advanced instruments needed for polynomial potentials.
- Phase transitions: another pheno avenue to explore in your favourite models.
- Much work still needed → exciting times ahead.

Backup

The terms of the one-loop effective potential

Effective Potential

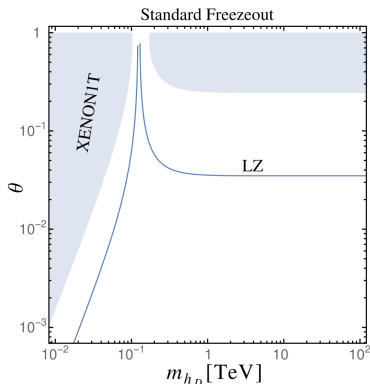
$$V_{\text{eff}} = V_{\text{tree}}(\phi) + V_1^0(\phi) + V_1^T(\phi, T) + V_{\text{Daisy}}(\phi, T)$$

$$V_1^0(\phi) = \sum_i \frac{g_i(-1)^F}{64\pi^2} \left\{ m_i^4(\phi) \left(\text{Log} \left[\frac{m_i^2(\phi)}{m_i^2(v)} \right] - \frac{3}{2} \right) + 2m_i^2(\phi)m_i^2(v) \right\}$$

$$V_1^T(\phi, T) = \sum_i \frac{g_i(-1)^F T^4}{2\pi^2} \times \int_0^\infty y^2 \text{Log} \left(1 - (-1)^F e^{-\sqrt{y^2 + m_i^2(\phi)/T^2}} \right) dy$$

$$V_{\text{Daisy}}^\phi(\phi, T) = \frac{T}{12\pi} \left\{ m_\phi^3(\phi) - [m_\phi^2(\phi) + \Pi_\phi(\phi, T)]^{3/2} \right\}$$

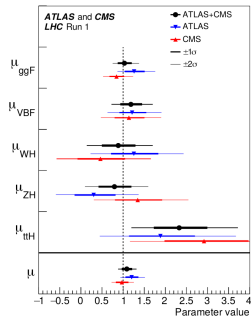
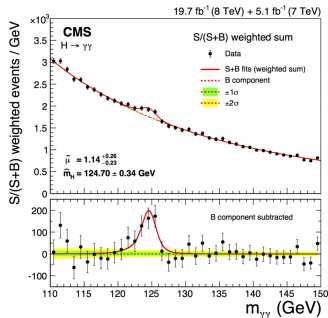
Direct Detection - Limit on Mixing



$$\sigma_{\text{SI}} = \frac{g_D^4 f^2 m_N^4 v_\eta^2}{64\pi (m_N + m_A)^2 v_\phi^2} \left(\frac{1}{m_h^2} - \frac{1}{m_{h_D}^2} \right)^2 \sin^2 2\theta$$

For $m_A \gtrsim \mathcal{O}(100)$ GeV, need $\theta \lesssim 0.2$.

LHC constraints - Limit on Mixing



$$\mu = 1.09 \pm 0.11$$

LHC Run 1

7 + 8 TeV

1606.02266

$$\mu = 1.10 \pm 0.06$$

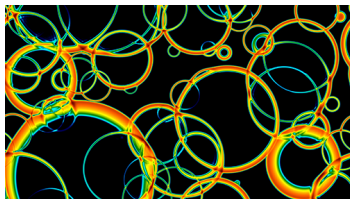
LHC Run 2

13 TeV

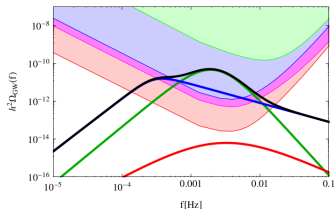
1810.02521

$$\theta \lesssim \mathcal{O}(0.1)$$

Predicted GW spectra



From a simulation by Weir et. al.



LISA working group 1512.06239

$$h^2 \Omega_{\text{GW}}(f) \equiv h^2 \frac{f}{\rho_c} \frac{d\rho_{\text{GW}}}{df}$$

Three contributions

- 1 Scalar field contribution
- 2 Sound waves in the plasma
- 3 Magnetohydrodynamic Turbulence.

Predicted GW spectra

The spectra depend on the macroscopic properties

- Latent heat α
- Timescale of the transition β^{-1}
- The Hubble scale (or almost equivalently T_n)
- The wall velocity v_w

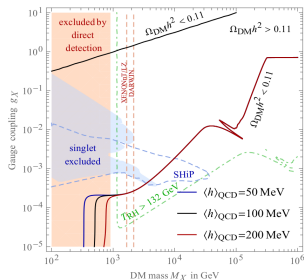
These are all calculable from microphysics (although v_w is technically challenging).

We can calculate these quantities and then match onto results from simulations/semi-analytic studies.

If enough of a plasma is present - Bodeker, Moore 1703.08215

- Runaway wall is prevented by $P_{\text{LO}} \sim T^2 \Delta M^2$ or $P_{\text{NLO}} \sim \gamma g^2 T^3 \Delta M$
- Scalar field contribution is suppressed.

Super-cool DM relic density

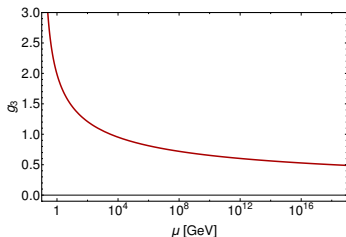
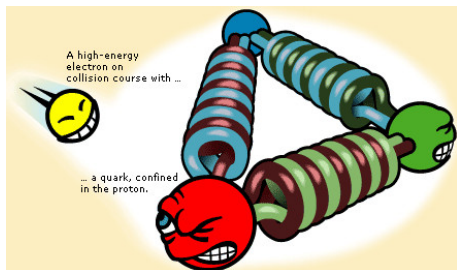


Super-cool DM - Hambye, Strumia, Teresi 1805.01473

$$Y_{\text{DM}}|_{\text{super-cool}} = Y_{\text{DM}}^{\text{eq}} \frac{T_{\text{RH}}}{T_{\text{infl}}} \left(\frac{T_{\text{n}}}{T_{\text{infl}}} \right)^3$$

$$Y_{\text{DM}}|_{\text{sub-thermal}} = M_{\text{Pl}} M_{\text{DM}} \langle \sigma_{\text{ann}} v_{\text{rel}} \rangle \sqrt{\frac{\pi g_*}{45}} \int_{z_{\text{RH}}}^{\infty} \frac{dz}{z^2} Y_{\text{eq}}^2$$

Taking into account QCD



If $T_n \lesssim \Lambda_{\text{QCD}}$, QCD confinement must be taken into account.

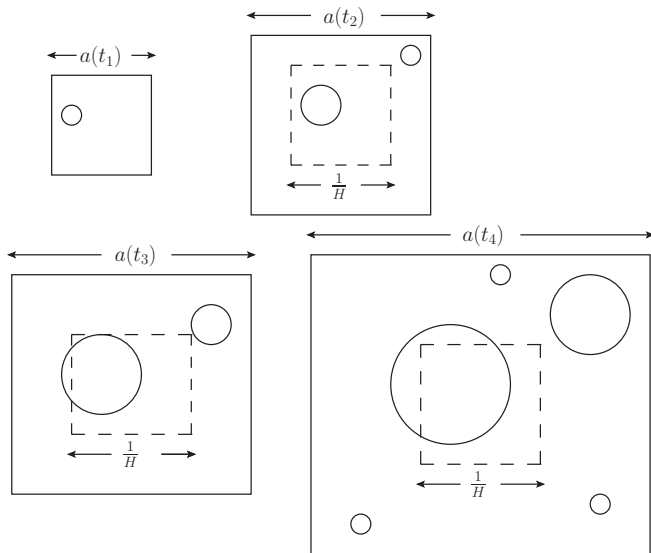
- When QCD confines a mass scale enters the potential.
- EW Symmetry is broken by the quark condensate.
- The Higgs gets a VEV $\langle h \rangle \sim \Lambda_{\text{QCD}}$ induced by $y_t h \langle \bar{t}_L t_R \rangle$.
 - Witten '81
- This gives a mass term $V_{\text{eff}} \supset -\lambda_{h\eta} \Lambda_{\text{QCD}}^2 \eta^2$.
- The thermal barrier disappears at $T \sim m_h \Lambda_{\text{QCD}} / m_A$.
 - Iso, Serpico, Shimada 1704.04955

Why is the signal suppressed for $T_n < \Lambda_{\text{QCD}}$?

- With massless quarks QCD PT is first order at $T \sim \Lambda_{\text{QCD}}$: GW signal
- Helmboldt, Kubo, van der Woude 1904.07891
- However inflation continues until $T \sim m_h \Lambda_{\text{QCD}} / m_A$
→ suppresses signal.
- $SU(2)_D$ PT is also first order.
- But due to mass term $V_{\text{eff}} \supset -\lambda_{h\eta} \Lambda_{\text{QCD}}^2 \eta^2$ signal is weak.

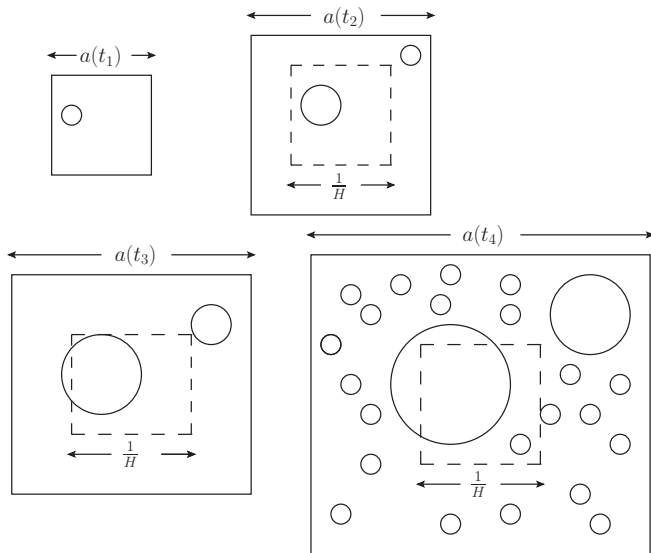
So we focus on $T_n > \Lambda_{\text{QCD}}$ instead.

Completion of the Phase Transition



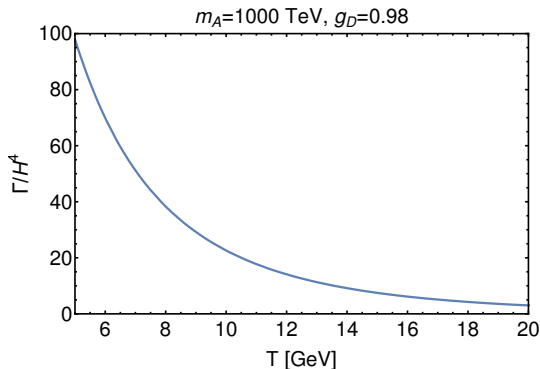
If nucleation rate is low, we can form bubbles which never meet.

Completion of the Phase Transition



If nucleation grows enough, sufficient bubbles to meet will nucleate.

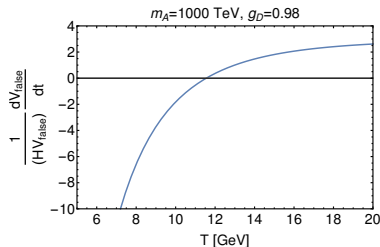
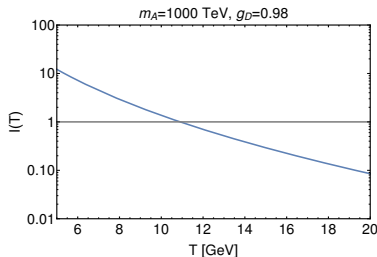
Completion of the Phase Transition



In the classically scale invariant potential we have a slow transition but an exponentially growing nucleation rate.

Completion of the Phase Transtion

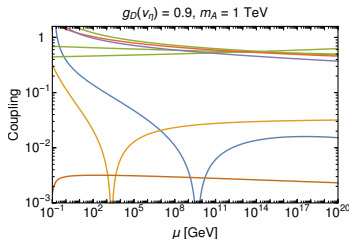
We can explicitly check the volume of false vacuum decreases and the bubbles will percolate.



$$P(T) \equiv e^{-I(T)} \lesssim 1/e \implies I(T) = \frac{4\pi}{3} \int_{t_c}^t dt' \Gamma(t') a(t')^3 r(t, t')^3 \gtrsim 1$$

$$\frac{1}{H V_{\text{false}}} \frac{dV_{\text{false}}}{dt} = 3 + T \frac{dI}{dT} \lesssim -1.$$

Radiative Symmetry Breaking



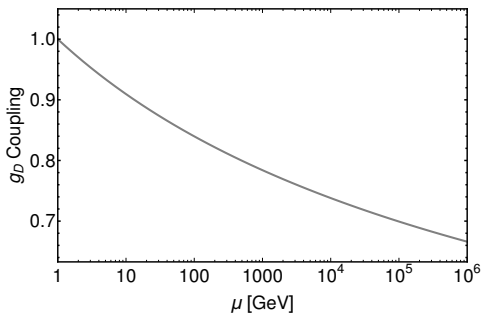
We start with a classically scale invariant theory

- The dark gauge coupling drives the exotic quartic negative in the IR

$$\beta_{\lambda_\eta} = \frac{1}{(4\pi)^2} \left(\frac{9}{8} g_D^4 - 9 g_D^2 \lambda_\eta + 2 \lambda_{h\eta}^2 + 24 \lambda_\eta^2 \right)$$

- This signals radiative symmetry breaking - Coleman, E. Weinberg '73
- The potential is approximated in the flat direction in field space
- Gildener, S. Weinberg '76

Dark Running



$$\frac{dg_D}{d \ln(\mu)} = \frac{g_D^3}{(4\pi)^2} \left(-\frac{22}{3} + \frac{1}{6} \right)$$