

Qubits in Space

Late-time evolution with Horizons

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Itzykson

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CPB, Kaplanek, Rummel
1806.11415 & 1906.xxx



Contents

- Motivation
- Secular terms in de Sitter space
 - Secular effects near dS space
- Qubits in dS
 - Late-time resummation evaluated explicitly; critical slowing down; non-Markovian evolution
- Towards black holes: Rindler space
 - Secular thermal effects in flat space; accelerated qubits in flat space

The Punchline

- Gravity as an EFT

Low-energy quantum effects in gravity can be understood as a Wilsonian EFT



The Punchline

e.g. Hawking radiation calculation
relies on $Q \ll M_p$ with $Q = 1/r_s$



$$\mathcal{L} \sim \sqrt{-g} \left[M_p^2 R + c_1 R^2 + \frac{c_2}{m^2} R^3 + \dots \right]$$

$$\mathcal{A}_E(Q) \sim \left(\frac{Q^2}{M_p^{E-2}} \right) \left(\frac{Q}{4\pi M_p} \right)^{2L} \prod_{n,d>2} \left[\frac{Q^2}{M_p^2} \left(\frac{Q}{m} \right)^{d-4} \right]^{V_{nd}}$$

Leading order: tree-level GR

Next order: 1-loop GR

tree GR with one R^2 insertion

The Punchline

cosmology similarly involves a series in H/M_p



$$\mathcal{L} \sim \sqrt{-g} \left[M_p^2 [R + (\partial\phi)^2] + v^4 U(\phi) + c_1 R^2 + c_2 (\partial\phi)^4 + \frac{c_3}{m^2} R^3 + \dots \right]$$

$$\mathcal{B}_E(Q) \sim \frac{M_p^2}{H^2} \left(\frac{H^2}{M_p} \right)^E \left(\frac{H}{4\pi M_p} \right)^{2L} \prod_{n,d=0} \left(\frac{v^4}{H^2 M_p^2} \right)^{V_{n0}} \prod_{n,d>2} \left(\frac{H}{M_p} \right)^{2V_{nd}} \left(\frac{H}{m} \right)^{(d-4)V_{nd}}$$

New feature: dangerous low-energy contributions from zero-derivative interactions

The Punchline

- BUT: there are hints EFT methods fail at late times even at small curvatures
 - secular growth and IR sensitivity in cosmological perturbations
 - information loss at late times for BHs

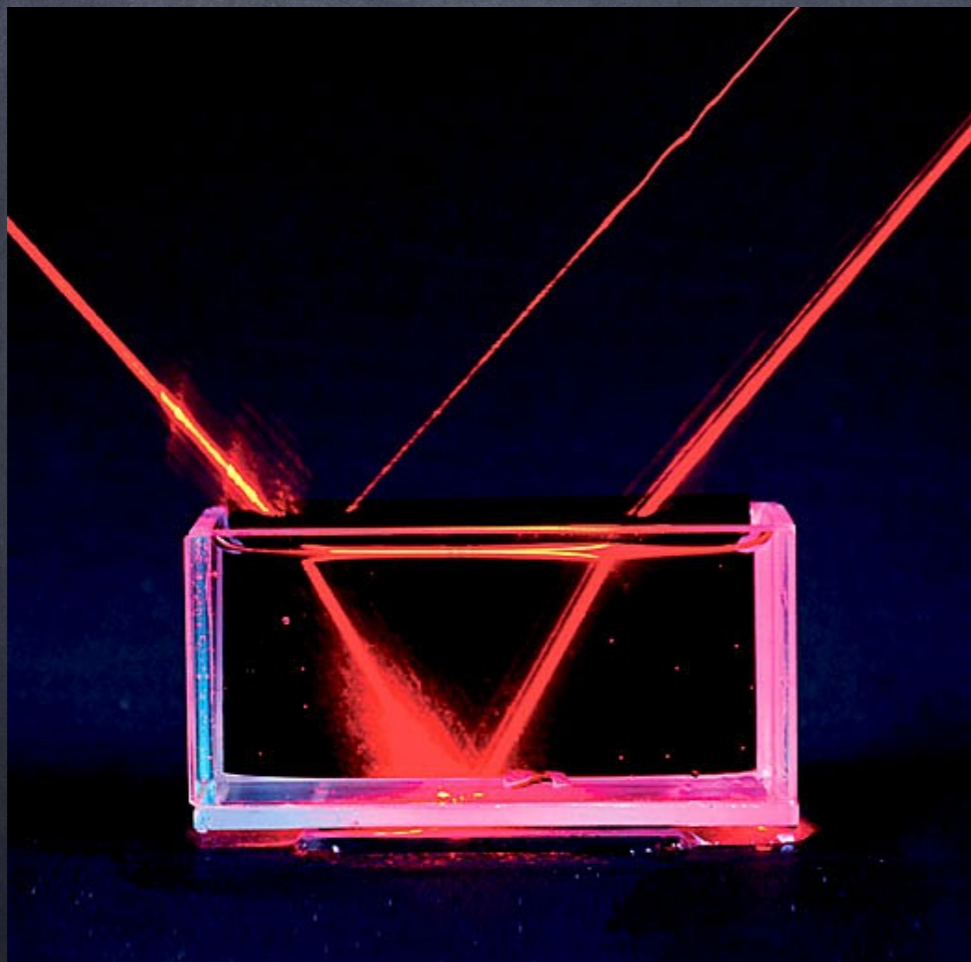
Can domain of validity of EFT sometimes require more than small curvatures?

The Punchline

- Will argue yes: EFT with gravity can differ from ordinary Wilsonian EFT
- similar to effective description of particles in a medium
- can involve issues of open systems (particularly in presence of horizons)
- generic problems with late-time perturbative predictions (tho resummation methods exist)

The Punchline

- Late-time breakdown of perturbation theory illustrated by geometrical optics regime



Naive perturbation theory fails at late times

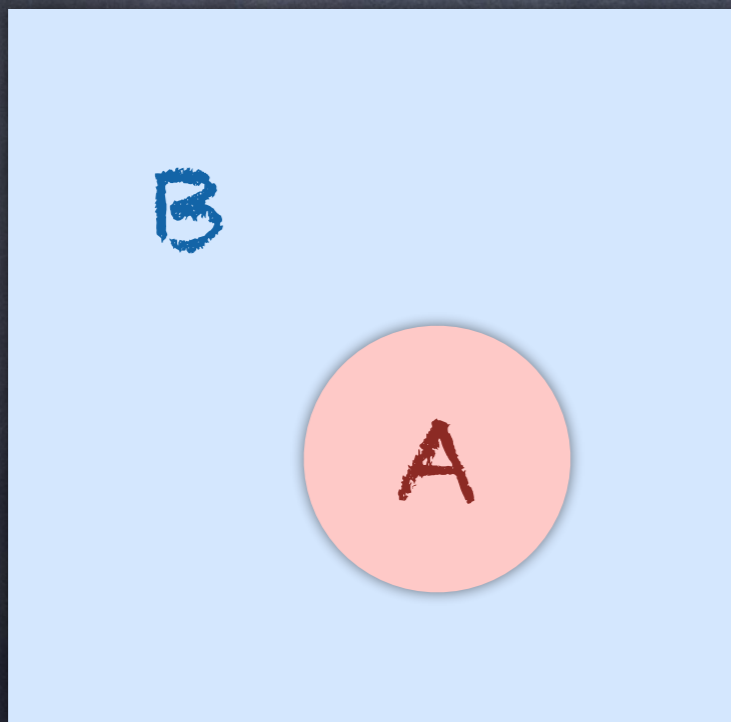
$$U(t) = e^{-i(H_0+V)t}$$

Physics is not powerless in geometrical optics regime: tools exist for understanding late time evolution

Open EFTs

- Open EFTs: consider the evolution of a subset A of a larger system B

eg: light in glass or neutrinos in Sun or super-Hubble modes during inflation



$$\rho_A = \text{Tr}_B \rho$$

$$\frac{\partial \rho}{\partial t} = -i \left[\rho, H_{\text{int}} \right]$$

EFT part:
evolution often
simplifies for t
much longer
than typical
correlation time

$$\frac{\partial \rho_A}{\partial t} \simeq F[\rho_A, \langle H_{\text{int}}(t) \rangle, \langle H_{\text{int}}(t) H_{\text{int}}(t') \rangle, \dots]$$

Open EFTs

An Introduction to Effective Field Theory

Thinking Effectively About Hierarchies of Scale

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A

$$\frac{\partial}{\partial t} = -t [\rho, H_{\text{int}}]$$

than typical
correlation time

$$\frac{\partial \rho_A}{\partial t} \simeq F[\rho_A, \langle H_{\text{int}}(t) H_{\text{int}}(t') \rangle, \dots]$$

Open EFTs

- Simplest example of late-time resummation: exponential decay

$$n(t) = n_0 e^{-\Gamma t} \quad \text{vs} \quad n(t) \simeq n_0 (1 - \Gamma t)$$

$$\Gamma = O(g^2)$$



$$\frac{dn}{dt} = -\Gamma n$$



all orders in $g^2 t$

see Leonardo's talk

Open EFTs

- * Starobinsky (86)
- Salopek & Bond (91)
- Starobinsky Yokohama (94)
- Vennin, Starobinsky (15)
- Collins, Holman, Vardanyan

- As applied to inflationary cosmology captures stochastic methods* and decoherence

System consists of super-Hubble modes; environment is Hubble and sub-Hubble modes

$$\frac{\partial \rho_A}{\partial t} \simeq i[\bar{H}_{\text{int}}, \rho_A] + \sum_{ij} c_{ij} \left[2L_i^* \rho_A L_j - L_i^* L_j \rho_A - \rho_A L_i^* L_j \right]$$

Diagonal terms give stochastic inflation + corrections

$$P[\varphi] = \langle \varphi | \rho | \varphi \rangle \quad \frac{\partial P}{\partial t} = \frac{\partial^2}{\partial \varphi^2} (NP) + \frac{\partial}{\partial \varphi} (FP)$$

Schrodinger evolution becomes stochastic in WKB Limit

Open EFTs

- As applied to inflationary cosmology captures stochastic methods* and decoherence

System consists of super-Hubble modes; environment is Hubble and sub-Hubble modes

$$\frac{\partial \rho_A}{\partial t} \simeq i[\bar{H}_{\text{int}}, \rho_A] + \sum_{ij} c_{ij} \left[2L_i^* \rho_A L_j - L_i^* L_j \rho_A - \rho_A L_i^* L_j \right]$$

Off-diagonal terms give decoherence and more

$$\langle \varphi | \rho | \varphi' \rangle$$

Quantum fluctuations rapidly decohere (in field basis) in few Hubble times

see e.g. 1408.5002

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Qubits in Space

- Evolution of two-level qubit in various spacetimes:

example of late-time resummation in qubit coupling;
shows how field interaction changes naive evolution

$$H = I \otimes H_{\text{field}} + \mathfrak{h} \otimes I + \mathfrak{m} \otimes \int_{y(\tau)} d\tau \phi[y(\tau)]$$

Unruh

$$\mathfrak{h} = \frac{\omega}{2} \sigma_3 \qquad \mathfrak{m} = g \sigma_1$$

H_{int}

$$H_{\text{field}} = - \int d^3x \sqrt{-g} \left[\frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla \phi)^2 + \frac{m^2}{2} \phi^2 + \frac{\lambda}{4!} \phi^4 \right]$$

H_{λ}

In dS choose qubit on co-moving trajectory

Qubits in Space

- Compute perturbative evolution in interaction picture

$$\rho_I(t) \simeq \rho(0) - i \int_0^t ds_1 [V(s_1), \rho(0)] + (-i)^2 \int_0^t ds_1 \int_0^{s_1} ds_2 [V(s_2), [V(s_1), \rho(0)]] + \mathcal{O}(V^3)$$

$$V(s) := e^{iH_0 s} H_{\text{int}} e^{-iH_0 s} \quad \rho(0) = [|\Omega\rangle\langle\Omega|] \otimes \varrho_0$$

- Trace out field degrees of freedom to track evolution of reduced qubit density matrix

$$\varrho_I(\tau) \simeq \varrho_0 - g^2 \int_0^\tau ds_1 \int_0^{s_1} ds_2 \left\{ W_\Omega(s_1, s_2) [\varrho_0 \mathbf{m}_I(s_1), \mathbf{m}_I(s_2)] + W_\Omega^*(s_1, s_2) [\varrho_0 \mathbf{m}_I(s_1), \mathbf{m}_I(s_2)]^\dagger \right\} + \mathcal{O}(g^4)$$

$$\varrho(t) = \text{Tr}_\phi \rho(t) \quad W_\Omega(s_1, s_2) = \langle \Omega | \phi[y(s_1)] \phi[y(s_2)] | \Omega \rangle$$

Late Times V1.0

- Choosing qubit initially in ground state gives

$$\rho(\tau) \simeq |\downarrow\rangle\langle\downarrow| + g^2 \sigma_3 \int_0^\tau ds_1 \int_0^\tau ds_2 W_\Omega(s_1 - s_2) e^{-i\omega(s_1 - s_2)}$$

- In late-time limit ($\tau \rightarrow \infty$) the integral over $s_1 + s_2$ is ill-defined, so compute the **rate** for a transition

$$\lim_{\tau \rightarrow \infty} \frac{\partial \rho(\tau)}{\partial \tau} = g^2 \sigma_3 \mathcal{R}_\Omega(\omega)$$

Sciama &
Candelas

$$\mathcal{R}_\Omega(\omega) := \int_{-\infty}^{\infty} d\tau W_\Omega(\tau) e^{-i\omega\tau}$$

Late Times V2.0

- Liouville equation and projection onto reduced density matrix are both linear processes, so can do a better job of time evolution

$$\partial_t \rho = \mathcal{L}_t(\rho) \quad \text{where} \quad \mathcal{L}_t(\rho) := -i[V(t), \rho]$$

and $\mathcal{P}(\mathcal{O}) := |\Omega\rangle\langle\Omega| \otimes \text{Tr}_\phi(\mathcal{O})$ so that $\mathcal{P}[\rho(t)] = |\Omega\rangle\langle\Omega| \otimes \varrho(t)$

can check $\mathcal{P}^2 = \mathcal{P}$ so that $\mathcal{Q}^2 = \mathcal{Q}$ where $\mathcal{Q} := 1 - \mathcal{P}$

- Then Liouville equation for the full density matrix can be expressed as a integro-differential equation for the reduced density matrix

$$\mathcal{P}(\partial_t \rho) = \mathcal{P} \mathcal{L}_t(\rho) = \mathcal{P} \mathcal{L}_t \mathcal{P}(\rho) + \mathcal{P} \mathcal{L}_t \mathcal{Q}(\rho)$$

Nakajima
Zwanzig

$$\mathcal{Q}(\partial_t \rho) = \mathcal{Q} \mathcal{L}_t(\rho) = \mathcal{Q} \mathcal{L}_t \mathcal{P}(\rho) + \mathcal{Q} \mathcal{L}_t \mathcal{Q}(\rho)$$

Late Times V2.0

- **Weak Coupling:** Evaluated to second order in perturbation theory the Nakajima-Zwanzig equation becomes

$$\begin{aligned} \partial_t \rho(t) = & -i [m(t), \rho(t)] \langle \Omega | \mathcal{A}(t) | \Omega \rangle \\ & + (-i)^2 \int_{t_0}^t ds \left\{ \left[m(t), m(s) \rho(s) \right] \langle \Omega | \delta \mathcal{A}(t) \delta \mathcal{A}(s) | \Omega \rangle \right. \\ & \left. - \left[m(t), \rho(s) m(s) \right] \langle \Omega | \delta \mathcal{A}(s) \delta \mathcal{A}(t) | \Omega \rangle \right\} + \mathcal{O}(V^3) \end{aligned}$$

where $V(t) = m(t) \otimes \mathcal{A}(t)$

and $\delta \mathcal{A}(t) = \mathcal{A}(t) - \langle \Omega | \mathcal{A}(t) | \Omega \rangle$

Although nonlocal in time, on both sides this refers directly only to the reduced density matrix.

Qubits in Space

- For the qubit system of interest the Nakajima-Zwanzig equation becomes (in Schrodinger picture)

$$\frac{\partial \rho_{11}}{\partial \tau} = g^2 \int_{-\tau}^{\tau} ds W_{\Omega}(s) e^{-i\omega s} - 4g^2 \int_0^{\tau} ds \operatorname{Re}[W_{\Omega}(s)] \cos(\omega s) \rho_{11}(\tau - s)$$

$$\frac{\partial \rho_{12}}{\partial \tau} = -i\omega \rho_{12}(\tau) - 4ig^2 \int_0^{\tau} ds \operatorname{Re}[W_{\Omega}(s)] \operatorname{Im}[\rho_{12}(\tau - s)]$$

so off-diagonal and diagonal terms evolve independent of each other at this order

In general evolution is non-Markovian due to the integration over the qubit's past history ('memory effect')

Qubits in Space

- For the qubit system of interest the Nakajima-Zwanzig equation becomes (in Schrodinger picture)

$$\frac{\partial \rho_{11}}{\partial \tau} = g^2 \int_{-\tau}^{\tau} ds W_{\Omega}(s) e^{-i\omega s} - 4g^2 \int_0^{\tau} ds \operatorname{Re}[W_{\Omega}(s)] \cos(\omega s) \rho_{11}(\tau - s)$$

$$\frac{\partial \rho_{12}}{\partial \tau} = -i\omega \rho_{12}(\tau) - 4ig^2 \int_0^{\tau} ds \operatorname{Re}[W_{\Omega}(s)] \operatorname{Im}[\rho_{12}(\tau - s)]$$

so off-diagonal and diagonal terms evolve independent of each other at this order

Late-time simplicity follows if W falls off and evolution sought for times longer than falloff time

(if ω is large must also coarse grain W)

Qubits in Space

- Approximately markovian form at very late times if $W(s)$ is sufficiently sharply peaked in time since $\rho_{ij}(\tau - s) \simeq \rho_{ij}(\tau)$ within the integral, leading to a Lindblad equation:

Candela-
Sciama result

$$\frac{\partial \rho_{11}}{\partial \tau} \simeq g^2 \mathcal{R}_\Omega(\omega) - 2g^2 \mathcal{C}_\Omega(\omega) \rho_{11}(\tau)$$

'thermalization'
time:

$$\xi_T = [2g^2 \mathcal{C}_\Omega(\omega)]^{-1}$$

frequency
renormalization

$$\frac{\partial \rho_{12}}{\partial \tau} \simeq -i [\omega + g^2 \Delta_\Omega] \rho_{12} - g^2 \mathcal{C}_\Omega(\omega) \text{Im}[\rho_{12}(\tau)]$$

'decoherence'
time:

$$\xi_D = 2\xi_T$$

with

$$\mathcal{C}_\Omega(\omega) := 2 \int_0^\infty d\tau \text{Re}[W_\Omega(\tau)] \cos(\omega\tau)$$

$$\Delta_\Omega(\omega) := 2 \int_0^\infty d\tau \text{Re}[W_\Omega(\tau)] \sin(\omega\tau)$$

Describes relaxation to asymptotic static solution:

if $W_\Omega(\tau - i\beta) = W_\Omega(-\tau)$ then $\rho_{\text{static}} = \begin{bmatrix} e^{-\beta\omega} & 0 \\ 0 & 1 \end{bmatrix} \frac{1}{e^{-\beta\omega} + 1}$

Qubits in de Sitter

- For de Sitter space evaluate Wightman function using BD vacuum and qubit along a co-moving curve to compute relaxation rates as system approaches static solution at very late times

$$W_{\text{BD}}(\tau) = \frac{H^2(\frac{1}{4} - \nu^2)}{16\pi \cos(\pi\nu)} {}_2F_1 \left[\frac{3}{2} + \nu, \frac{3}{2} - \nu; 2; 1 + \left[\sinh\left(\frac{H\tau}{2}\right) - i\epsilon \right]^2 \right]$$

$$\nu = \sqrt{\frac{9}{4} - \frac{M^2}{H^2}} = \sqrt{\frac{9}{4} - \frac{m^2}{H^2} + 12\xi}$$

conformal scalar:
$$W_{\text{BD}}(\tau) = -\frac{1}{16\pi^2} \frac{H^2}{\left[\sinh(H\tau/2) - i\epsilon \right]^2}$$

- Also satisfies the thermal 'KMS' condition

$$\text{if } W_{\Omega}(\tau - i\beta) = W_{\Omega}(-\tau) \text{ for } T = \frac{1}{\beta} = \frac{H}{2\pi}$$

Qubits in de Sitter

- For de Sitter space evaluate Wightman function using BD vacuum and qubit along a co-moving curve to compute relaxation rates as system approaches static solution at very late times

e.g. for conformal scalars: $\xi_D = 2\xi_T \simeq \frac{2\pi}{g^2\omega} \tanh\left(\frac{\pi\omega}{H}\right)$

Trust the above Markovian limit on timescales $\xi \gg H^{-1}$

For $m \ll H$ the Markovian limit instead requires $\xi \gg H/m^2$
(critical slowing down)

Qubits in de Sitter

- These expressions also allow resummation of scalar self-interaction because the leading resummed graphs correspond to there being a coupling-dependent mass shift:

$$M_{\text{eff}}^2 = M^2 + \frac{3\lambda H^4}{16\pi^2 M^2}$$

CB, LeBlond,
Holman & Shandera

Resums all orders in $(3\lambda H^2/16\pi^2 M^2) \ln(k\tau)$

As M becomes smaller M_{eff} is bounded from below, with

$$M_{\text{min}}^2 = \frac{\sqrt{3\lambda}}{2\pi} H^2 \quad \nu = \sqrt{\frac{9}{4} - \frac{M^2}{H^2}}$$

$$W_{\text{BD}}(\tau) \sim -\frac{1}{4\pi^{5/2}} H^2 \sin(\pi\nu) \Gamma\left(\frac{3}{2} - \nu\right) \Gamma(\nu) \exp\left[-\left(\frac{3}{2} - \nu\right) H\tau\right]$$

Conclusions

- IR and secular issues likely generic for light bosons in gravitational fields, and cause perturbative failure at late times
- Small curvatures/couplings need not be sufficient for calculation control
- Resummation techniques available: Open EFTs
- Practical implications for black hole information loss and/or late-time cosmology?