

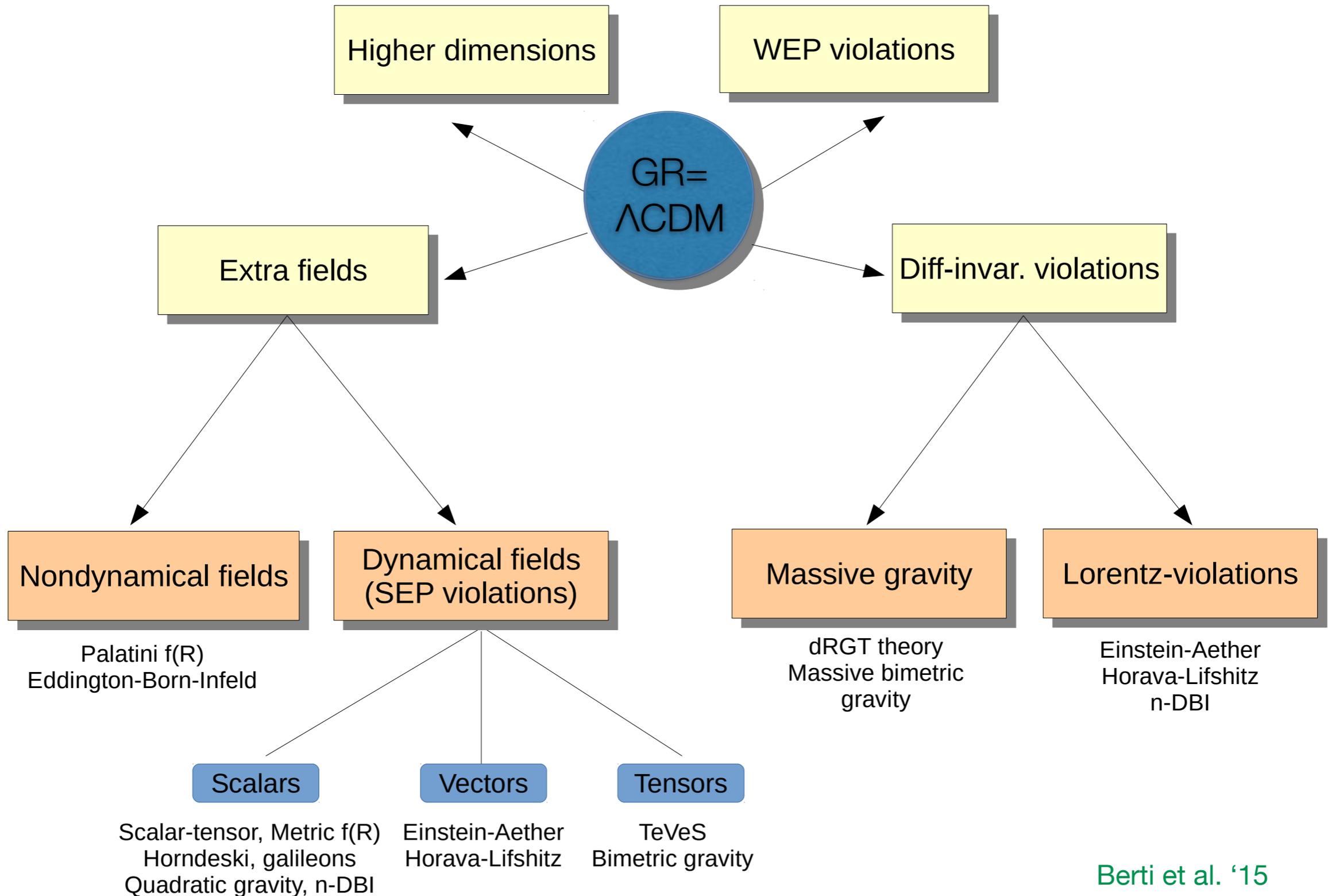
# Gravitational waves implications on dark energy and modified gravity

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IPhT, CEA/Saclay, CNRS, Paris-Saclay

24 October 2018

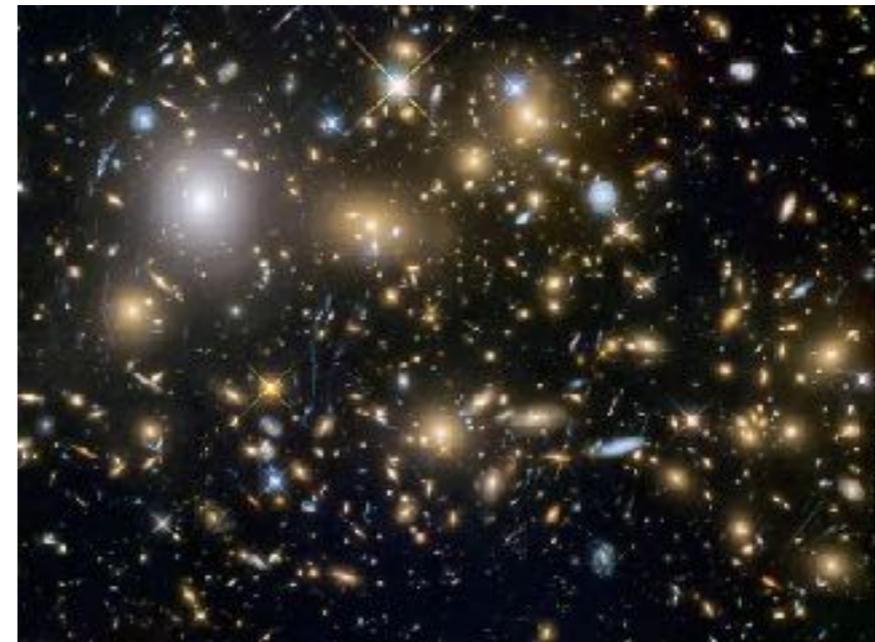
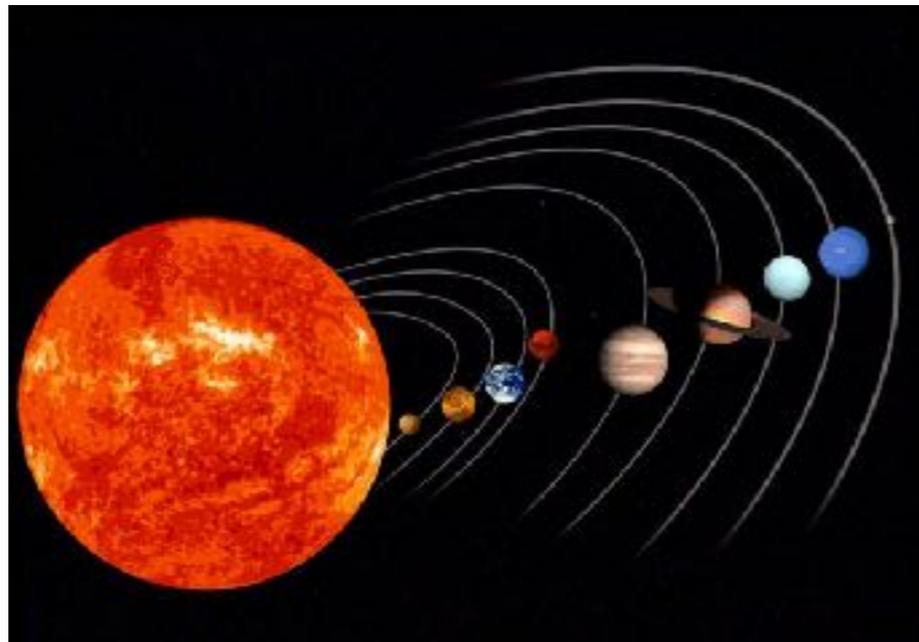
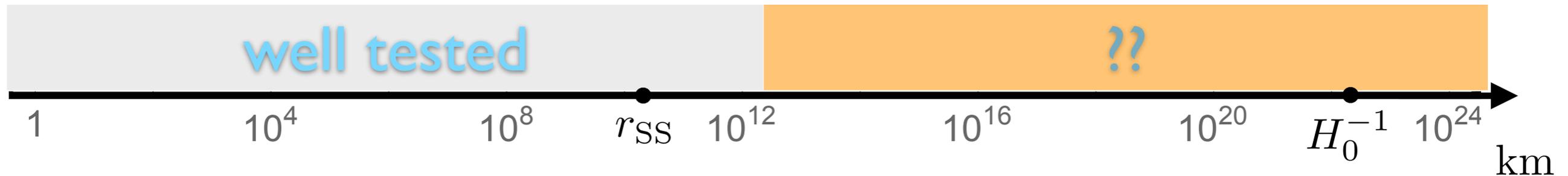
Colloque National Dark Energy - Institut d'Astrophysique de Paris

# Dark energy and modified gravity



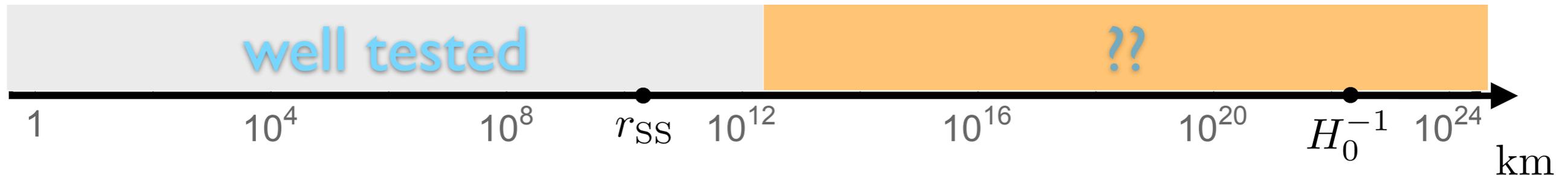
# Motivations

General relativity tested over special ranges of scales and masses. Cosmology is a window for testing it on very large distances. Distinguish among models and discover new physics. Cosmological precision tests of  $\Lambda$ CDM (precision tests of the Standard Model at the LHC)

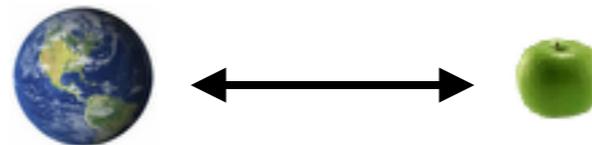


# Motivations

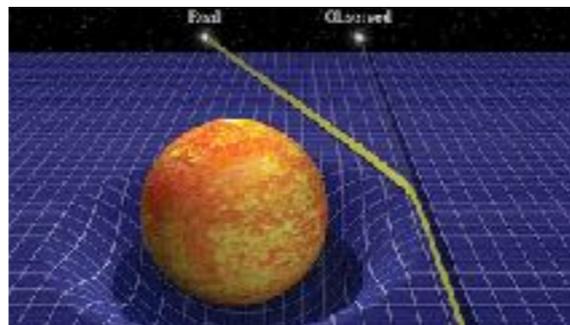
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$$\nabla^2 \Phi = 4\pi G \mu \delta\rho_m$$
$$\nabla^2 (\Phi + \Psi) = 8\pi G \Sigma \delta\rho_m$$



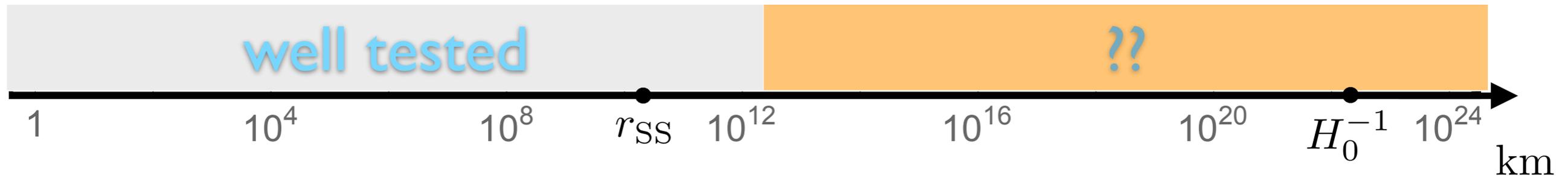
fifth force



anomalous light bending

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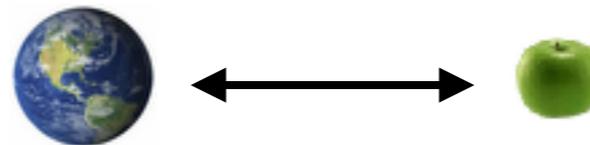


Will '14       $|\mu - 1| < 10^{-3} \div 10^{-6}$   
 $|\Sigma - 1| < 10^{-5}$

Solar System scales

DES '18       $|\mu - 1| < 8 \times 10^{-2}$   
 $|\Sigma - 1| < 4 \times 10^{-1}$

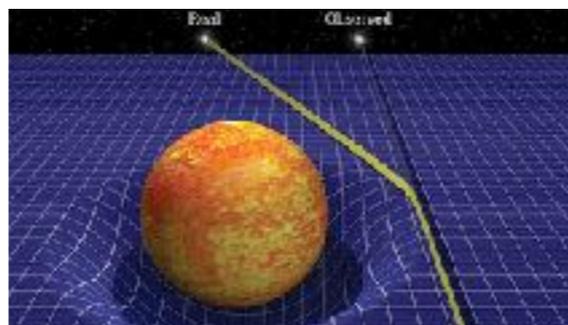
Cosmological scales



fifth force

$$\nabla^2 \Phi = 4\pi G \mu \delta\rho_m$$

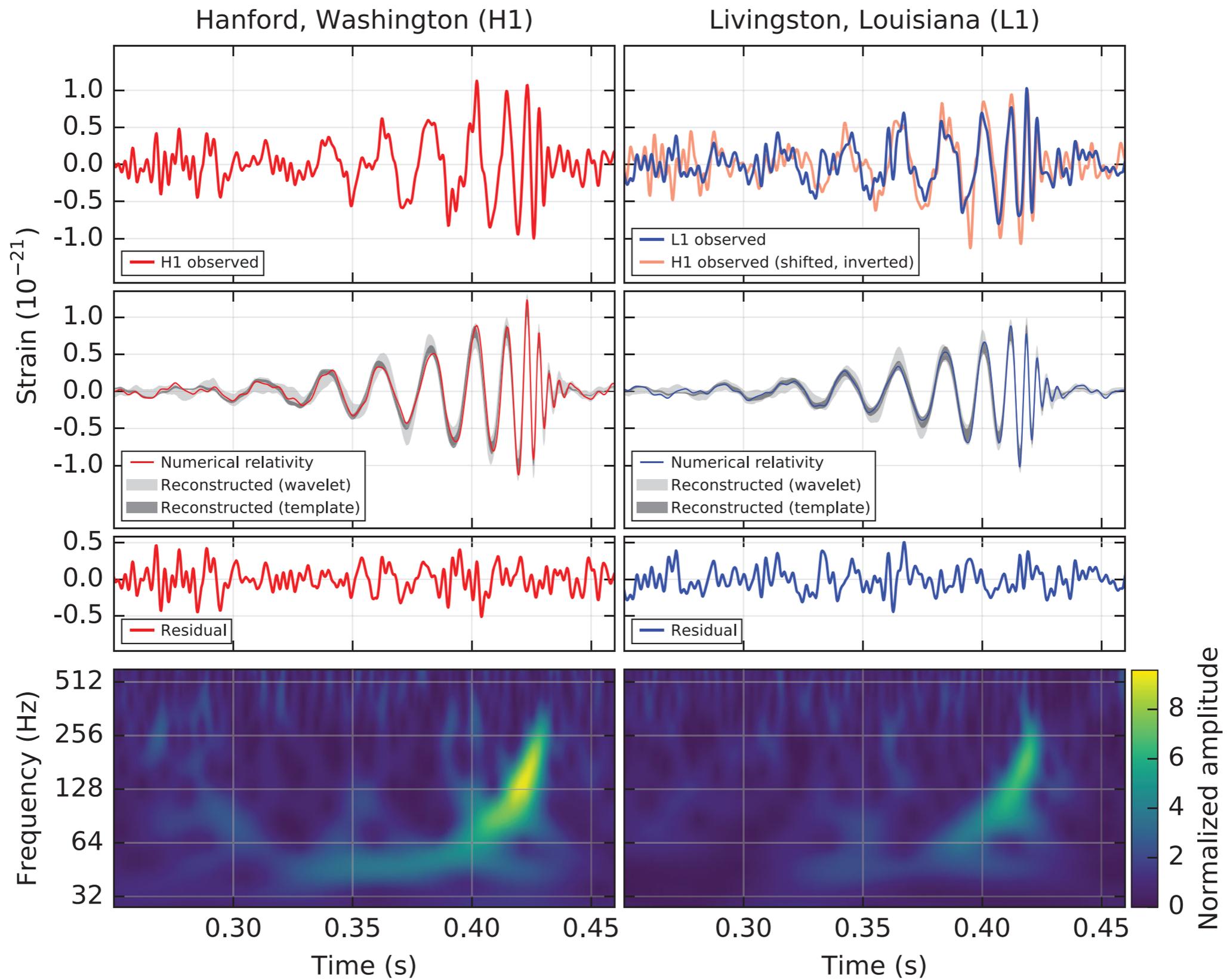
$$\nabla^2 (\Phi + \Psi) = 8\pi G \Sigma \delta\rho_m$$



anomalous light bending

# Gravitational Waves

Abbott et al. '16



# Wave equation

Gravitational wave equation:

$$ds^2 = -dt^2 + a^2(t) [\delta_{ij} + \gamma_{ij}] d\vec{x}^i d\vec{x}^j, \quad \gamma_{ii} = 0 = \partial_i \gamma_{ij}, \quad H = \dot{a}/a$$

$$\ddot{\gamma}_{ij}^\lambda + 3H \dot{\gamma}_{ij}^\lambda + k^2 \gamma_{ij}^\lambda = 16\pi G S_{ij}^\lambda, \quad \lambda = +, \times$$

# Modified wave equation

Gravitational wave equation:

$$ds^2 = -dt^2 + a^2(t) [\delta_{ij} + \gamma_{ij}] d\vec{x}^i d\vec{x}^j, \quad \gamma_{ii} = 0 = \partial_i \gamma_{ij}, \quad H = \dot{a}/a$$

$$\ddot{\gamma}_{ij}^{\lambda} + H [\text{damping}] \dot{\gamma}_{ij}^{\lambda} + [\text{dispersion}] \gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \text{polarizations } \lambda = +, \times$$

# Modified wave equation

Gravitational wave equation:

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$$\ddot{\gamma}_{ij}^{\lambda} + H [3 + \dots] \dot{\gamma}_{ij}^{\lambda} + [c_T^2 k^2 + \dots] \gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$

damping
dispersion
source
polarizations



Modifications in the wave equation are related to modifications of gravity in the LSS:

$$\mu = \mu(\dots), \quad \Sigma = \Sigma(\dots)$$

$$\nabla^2 \Phi = 4\pi G \mu \delta\rho_m$$

$$\nabla^2 (\Phi + \Psi) = 4\pi G \Sigma \delta\rho_m$$

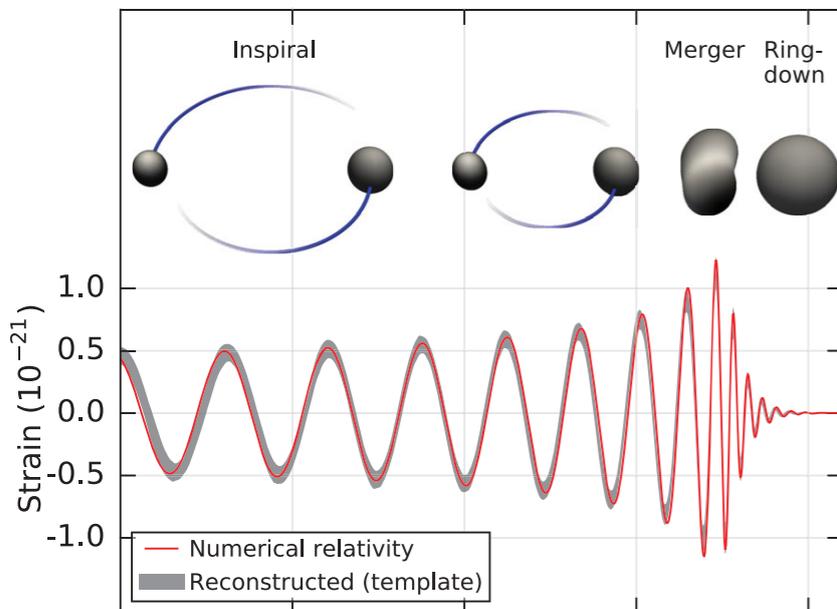
# Source

Modified gravity can change the motion of inspiral objects and thus the production mechanism. Affects GW phase (and amplitude)

$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + k^2\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$

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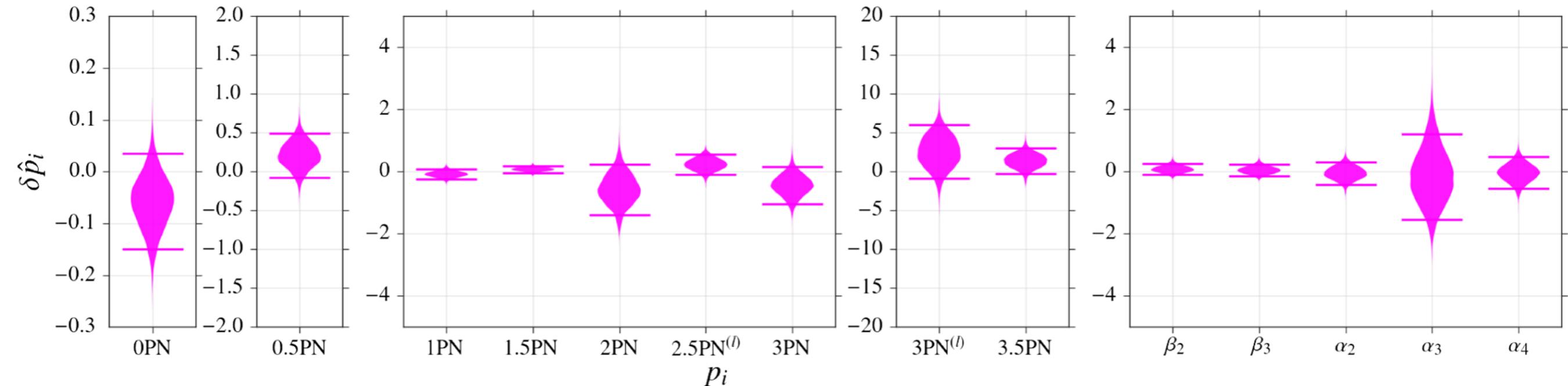


$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + k^2\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$

Consistency check of general relativity:

Abbott et al. '16

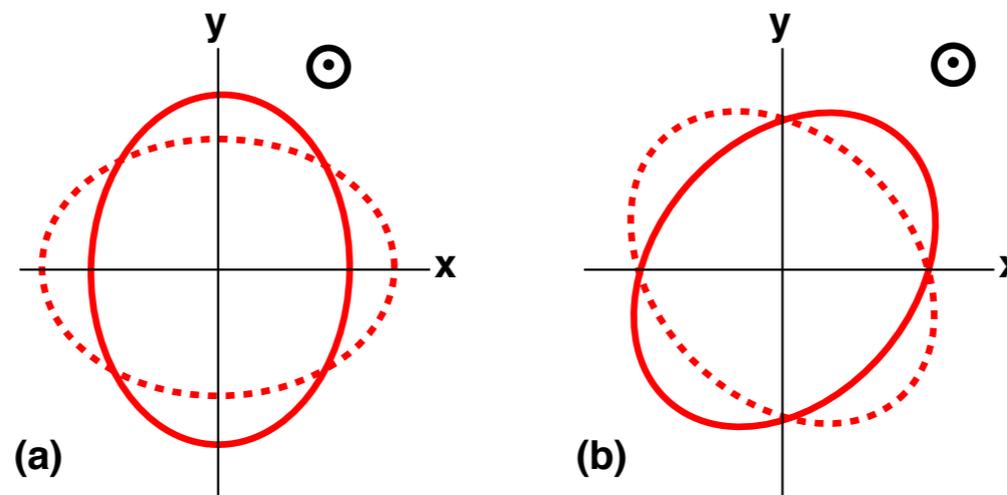
GW150914 + GW151226



# Polarizations

Modified gravity can treat differently the two polarizations in both the production mechanism and the propagation (ex. Cherns-Simons gravity) [Jackiw & Pi '03](#)

$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + [k^2 + f^{\lambda}(k)]\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$



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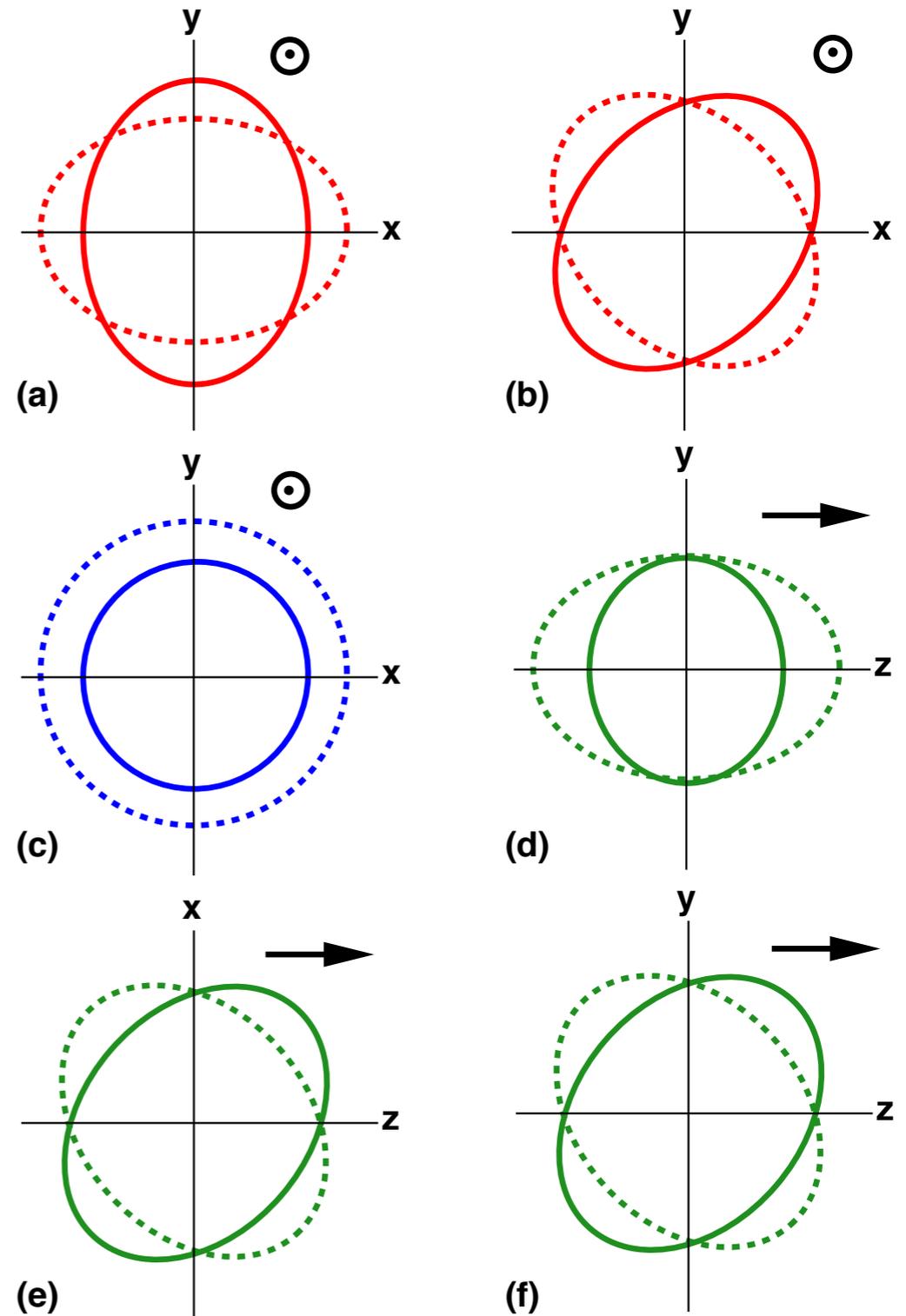
Modified gravity can involve different degrees of freedom: **scalar, vectors, extra tensors**

# Polarizations

Will '14

$$\begin{pmatrix} A_S + A_+ & A_\times & A_{V1} \\ A_\times & A_S - A_+ & A_{V2} \\ A_{V1} & A_{V2} & A_L \end{pmatrix}$$

## Gravitational-Wave Polarization

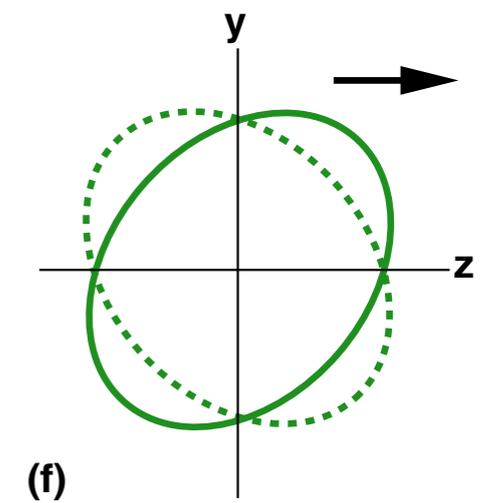
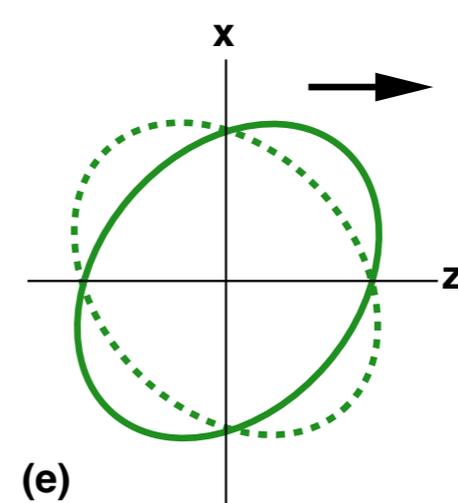
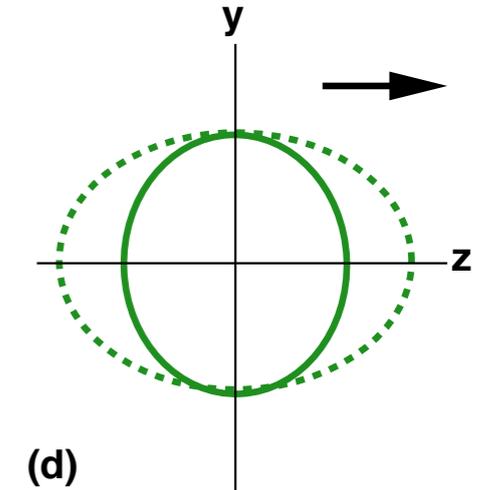
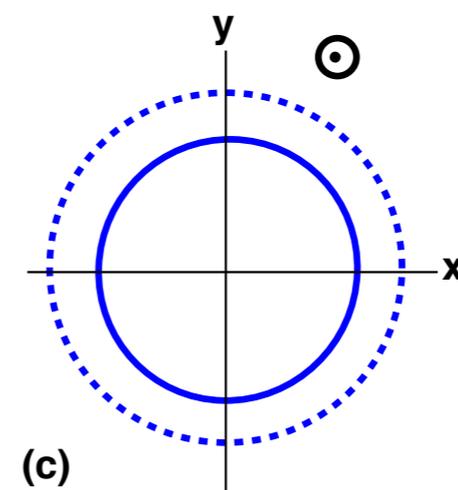
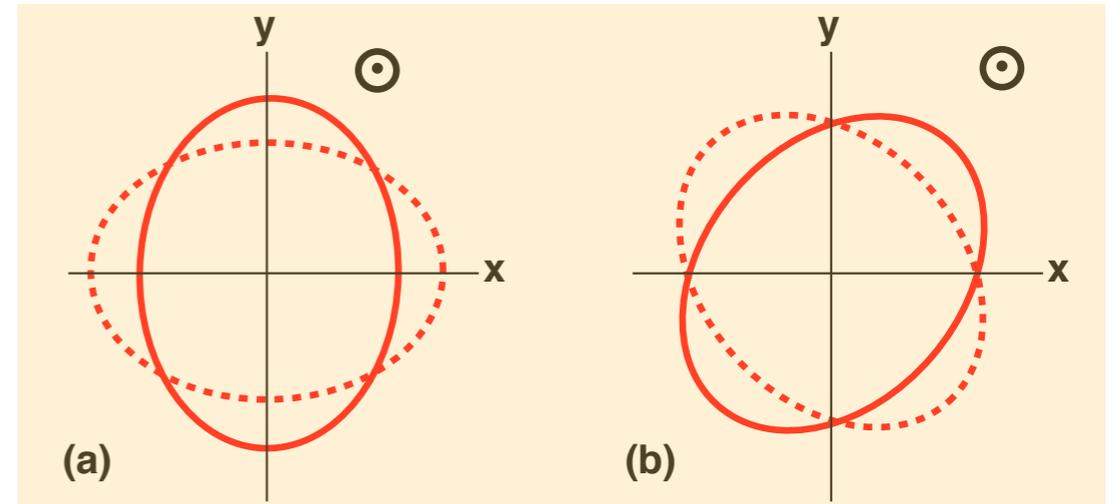


# Polarizations

Will '14

## Gravitational-Wave Polarization

Standard GR: 2 transverse modes (spin-2)



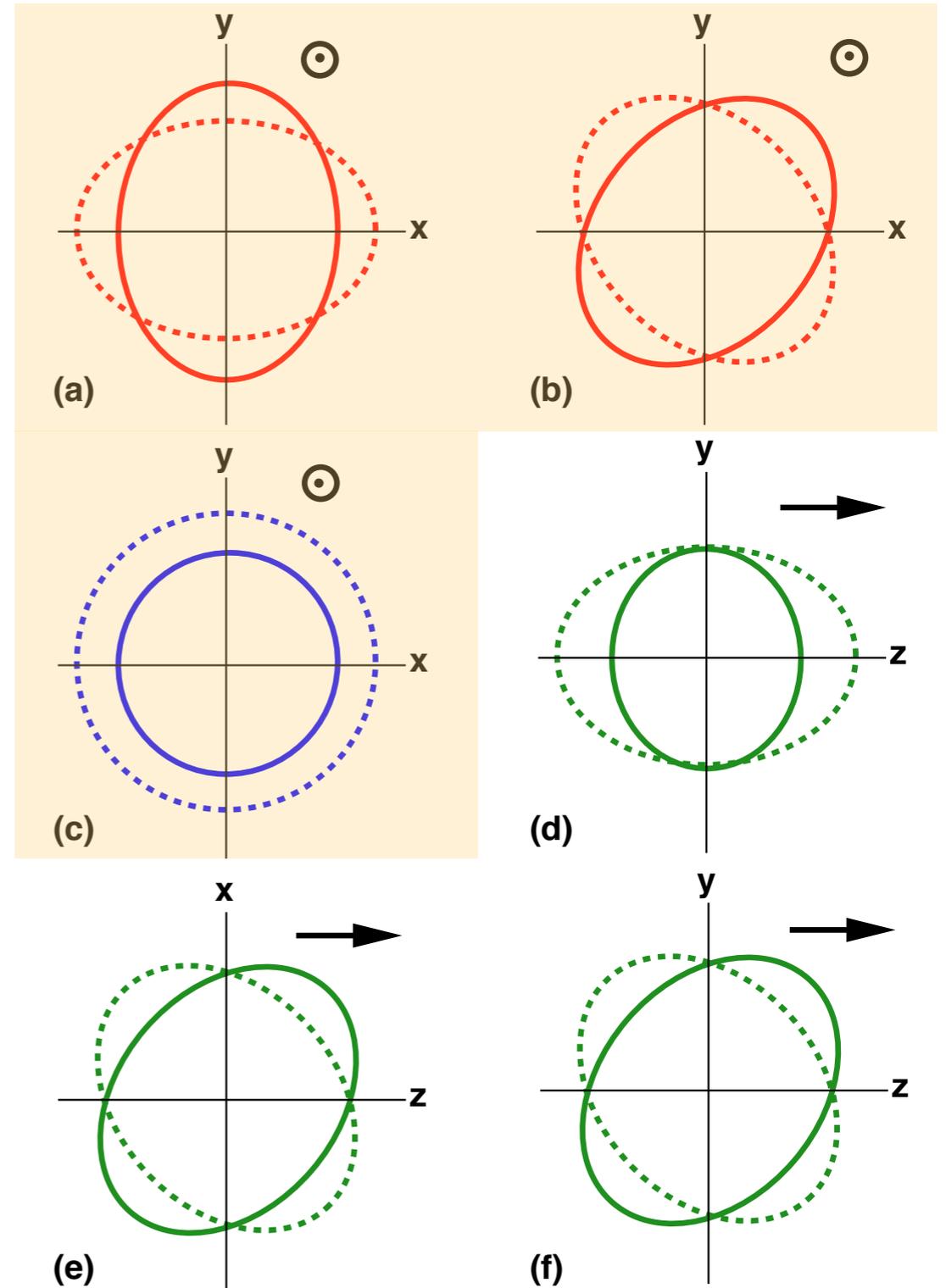
# Polarizations

Will '14

Scalar-Tensor: 2 transverse modes (spin 2) + 1 transverse mode (spin 0)

Cf. Adrien Kuntz's talk

## Gravitational-Wave Polarization



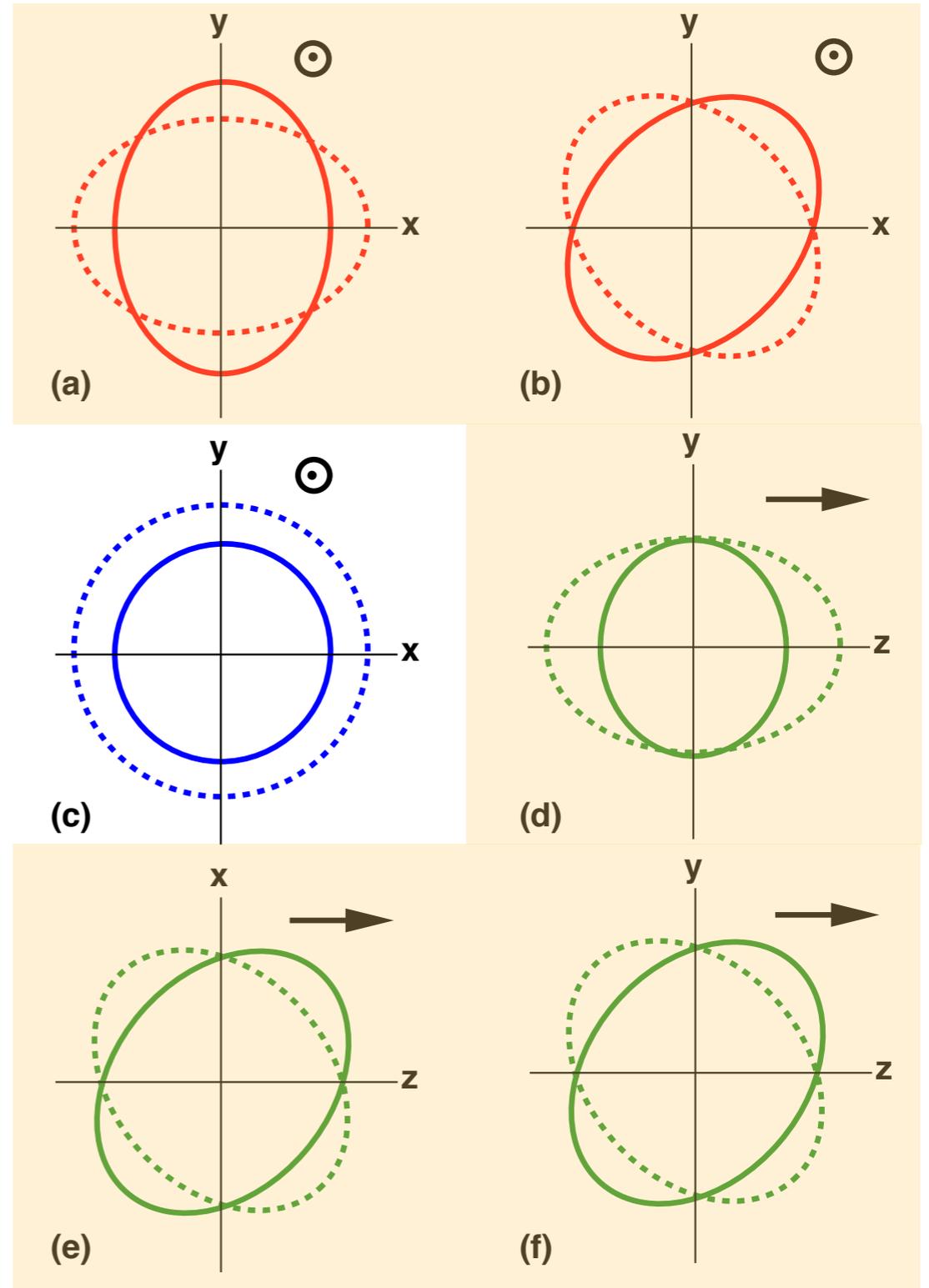
# Polarizations

Will '14

Massive graviton: 2 transverse modes (spin-2) + 2 longitudinal modes (spin 1) + 1 longitudinal mode (spin 0)

Cf. Philippe Brax's talk

## Gravitational-Wave Polarization

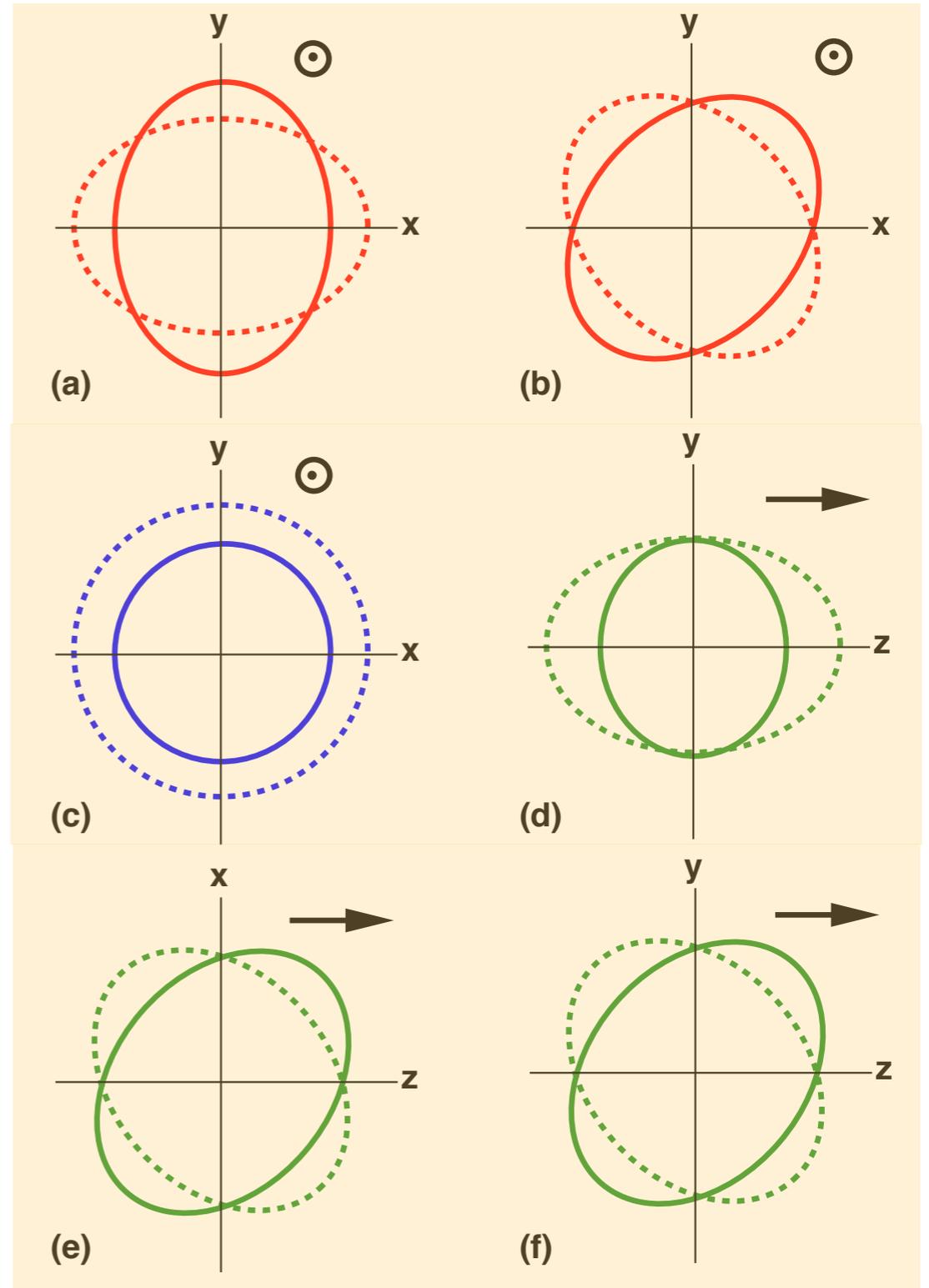


# Polarizations

Will '14

Scalar-Vector-Tensor: 2 transverse modes (spin-2)  
+ 1 transverse mode (spin 0) + 2 longitudinal  
modes (spin 1) + 1 longitudinal mode (spin 0)

## Gravitational-Wave Polarization



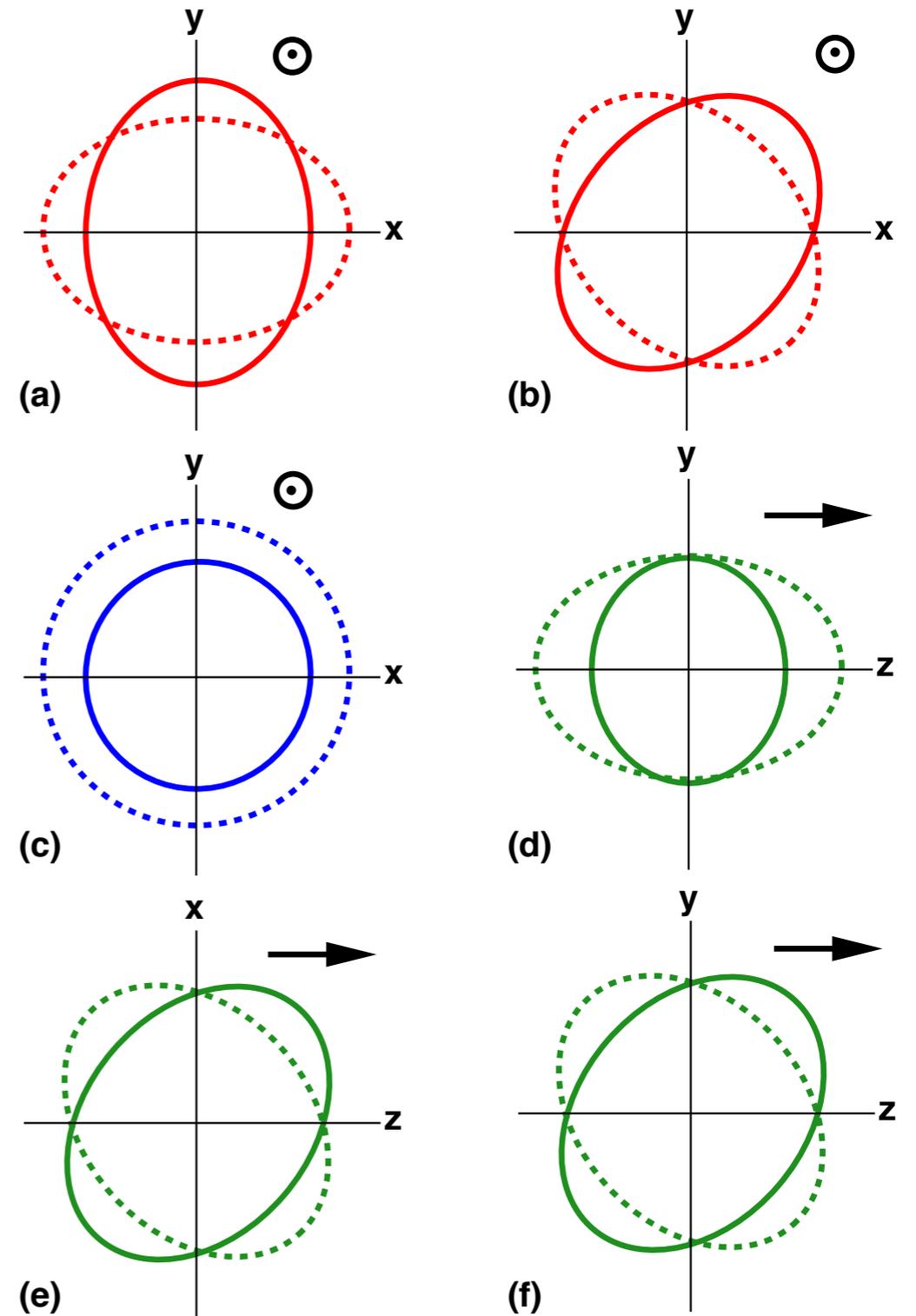
# Polarizations

Will '14

6 polarizations + 2 directions = 8 unknowns

Assuming only transverse polarizations and known positions = 3 detectors enough

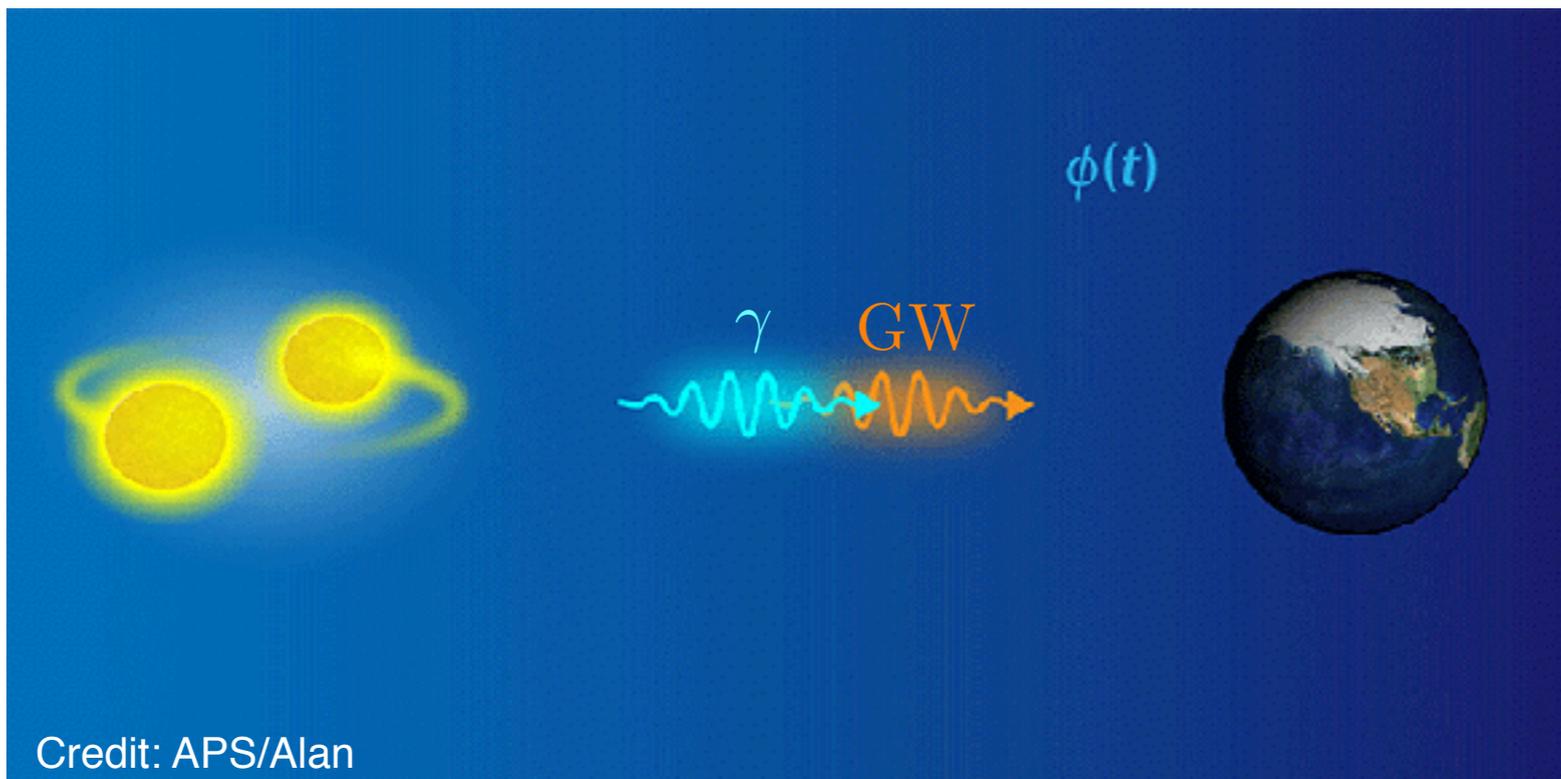
## Gravitational-Wave Polarization



# Gravitational Waves propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed. Effects accumulate on long time-scale.

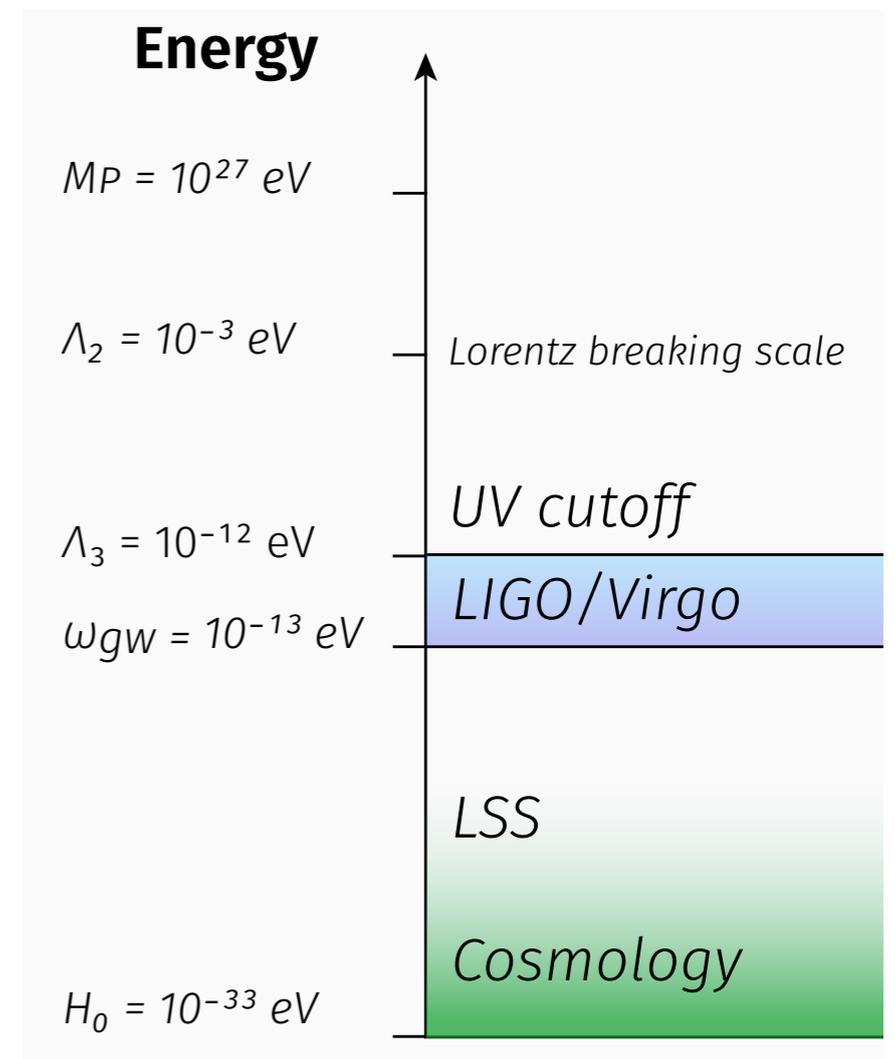
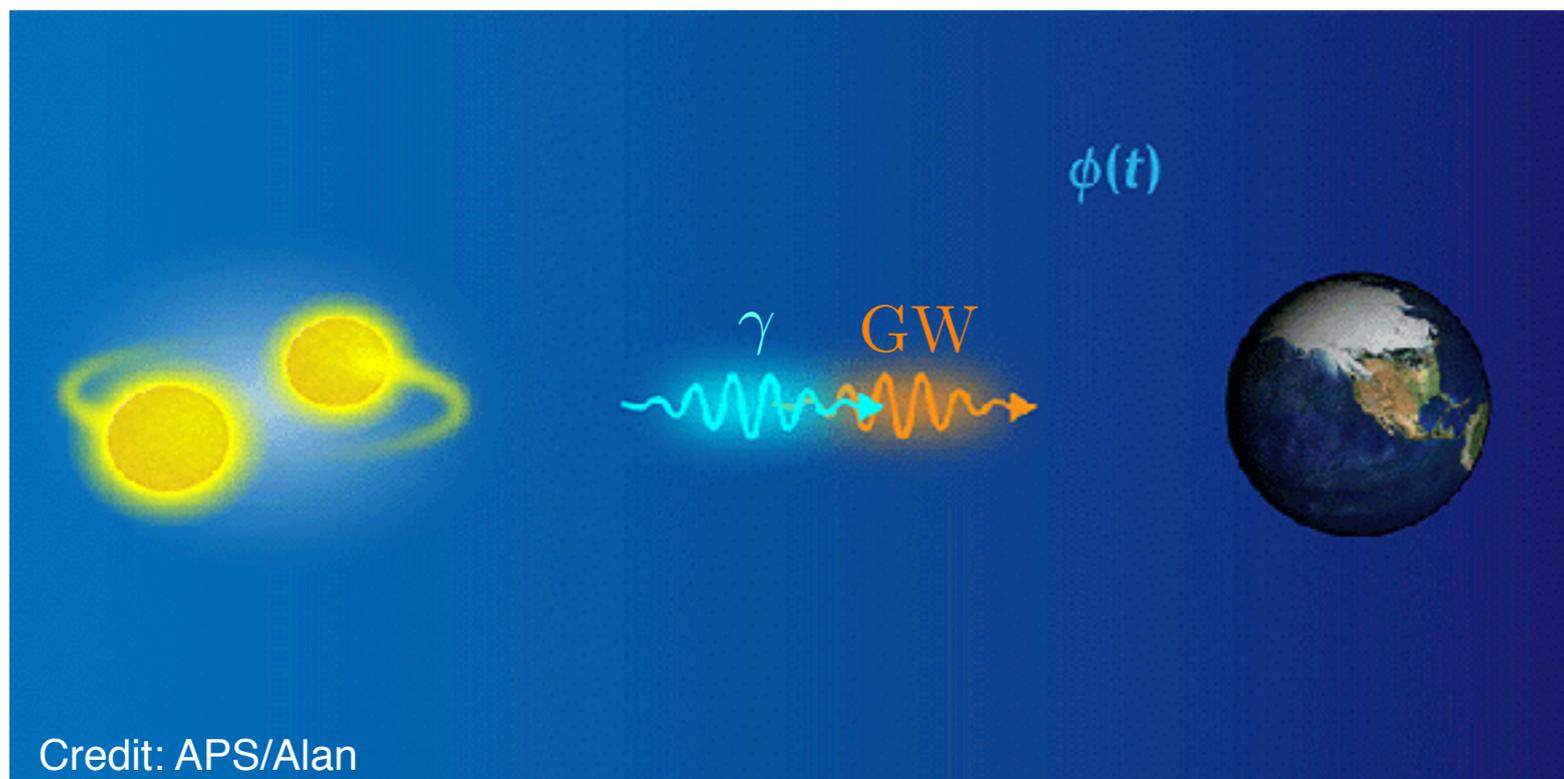
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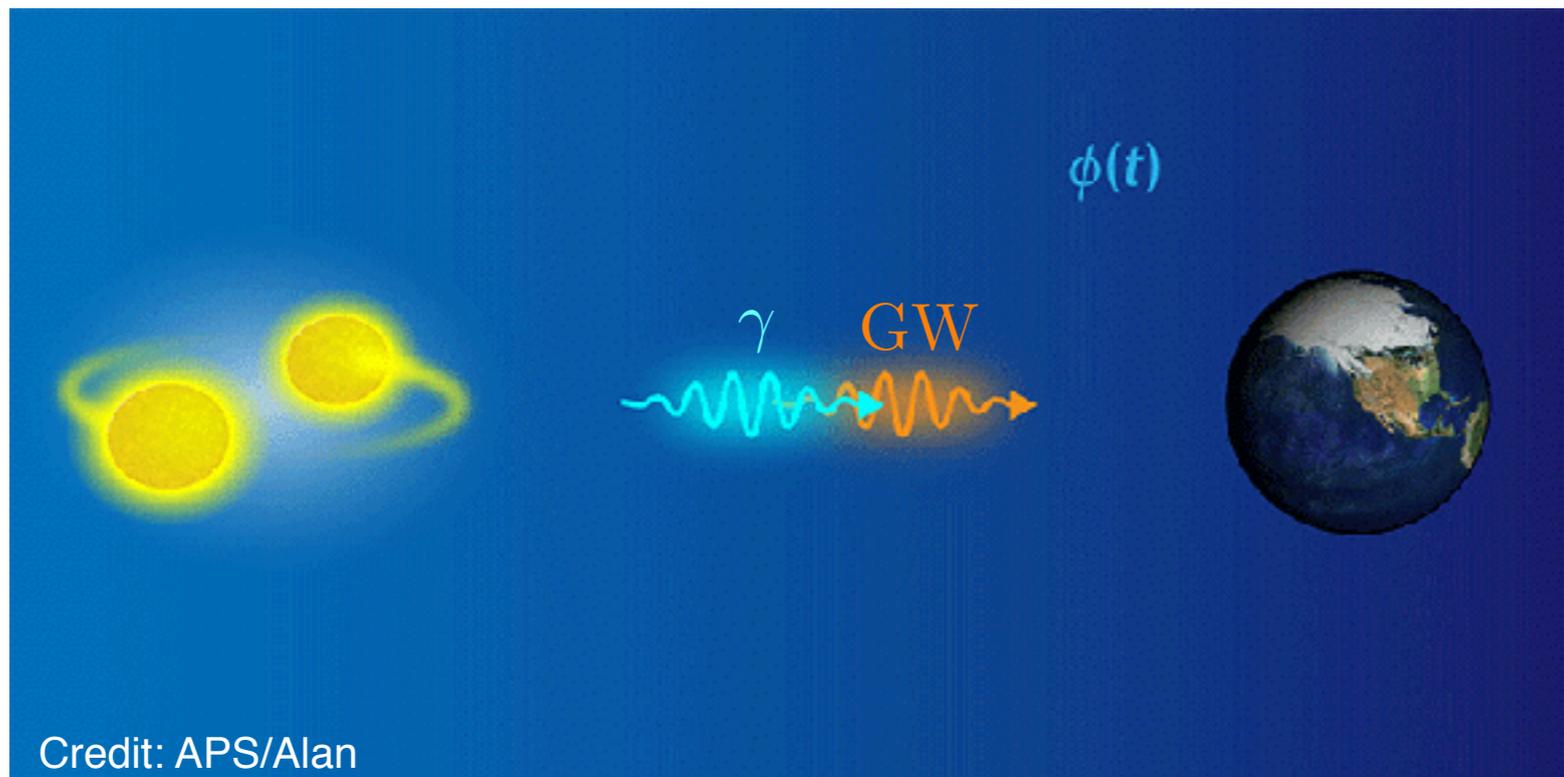
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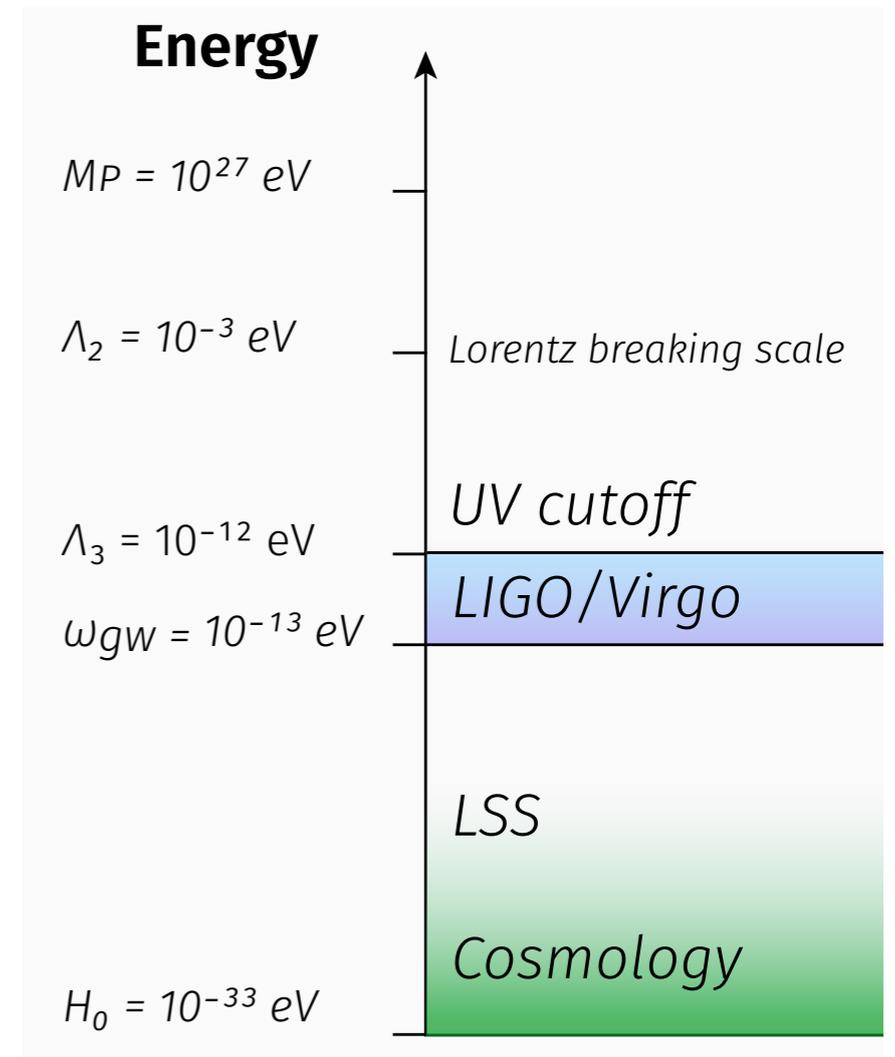
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Similar to GW damping by neutrinos after or damping and modification of the propagation speed by CDM

Weinberg '03; Flauger & Weinberg '18

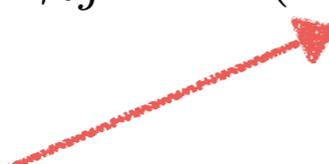


# GW propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed. Effects accumulate on long time-scale.

Frequency independent effects:

$$\ddot{\gamma}_{ij} + H(3 + \alpha_M)\dot{\gamma}_{ij} + c_T^2 k^2 \gamma_{ij} = 0$$

damping  speed of propagation 

$$\mu = \mu(\alpha_M, c_T^2, \dots) , \quad \Sigma = \Sigma(\alpha_M, c_T^2, \dots)$$

# GW propagation

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damping

speed of propagation

$d_L^{\text{gw}} \neq d_L^{\text{em}}$  different luminosity distances

Deffayet, Menou '07;  
Calabrese, Battaglia, Spergel, '16;  
Amendola et al. '17, Belgacem et al. '17,  
etc...

LISA:  $\sigma_{\alpha_M} \approx 0.03 - 0.1$

Amendola, Sawicki, Kunz, Saltas '18

# GW propagation

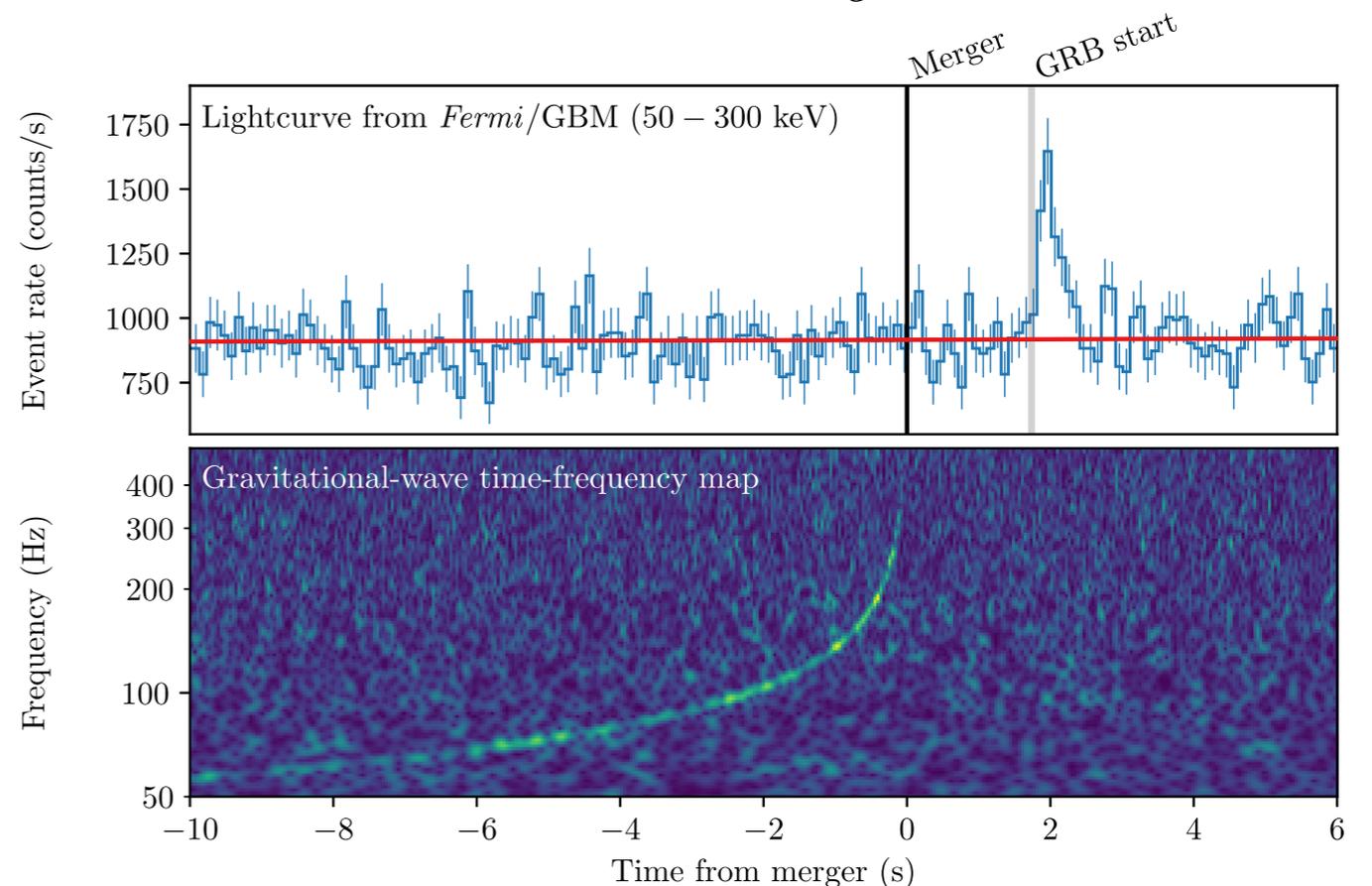
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damping  $\nearrow$   $\nwarrow$  speed of propagation

$$-3 \times 10^{-15} \leq \frac{c_g - c}{c} \leq 7 \times 10^{-16}$$



# GW propagation

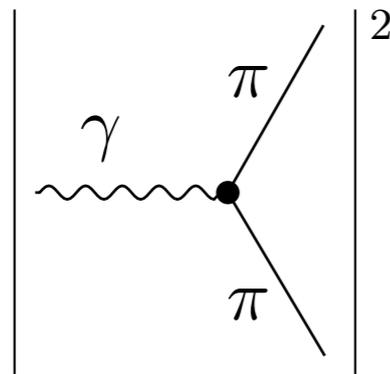
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Frequency **dependent** effects:

Creminelli, Lewandowski, Tambalo, FV '18

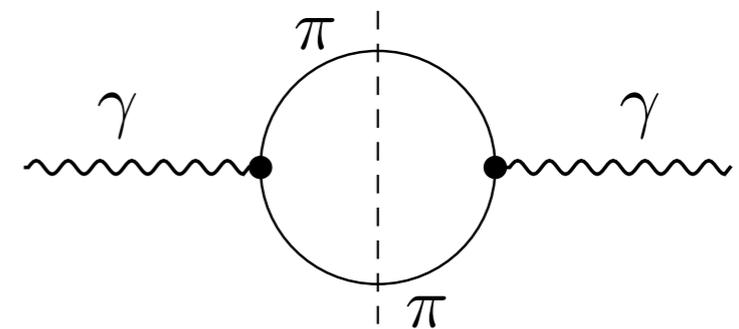
$$\ddot{\gamma}_{ij} + [(3 + \alpha_M)H + \Gamma(k)] \dot{\gamma}_{ij} + [c_T^2 k^2 + f(k)] \gamma_{ij} = 0$$

decay



Similar to Cherenkov radiation

dispersion



Similar to a refractive material

Related by optical theorem:

$$\Gamma(k)\omega(k) = \text{Im} [f(k)]$$

# GW propagation

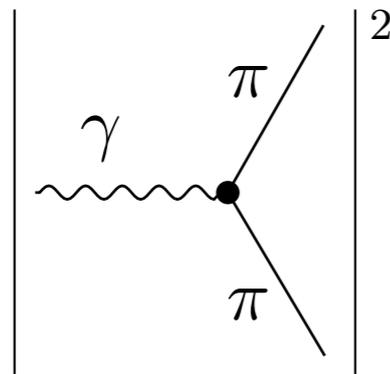
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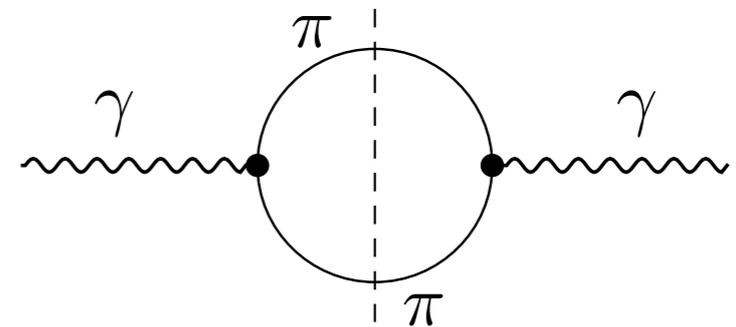
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decay



Similar to Cherenkov radiation

dispersion



Similar to a refractive material

$$\frac{\Gamma(k)}{\omega} \lesssim \frac{1}{d_S \omega}$$

$$\frac{f(k)}{\omega^2} \lesssim \frac{1}{d_S \omega} \sim 10^{-18} \times \frac{2\pi \times 100 \text{ Hz}}{\omega} \frac{40 \text{ Mpc}}{d_S}$$

See e.g. Yunes, Yagi, Pretorius '16; Abbott et al. '17

# GW propagation

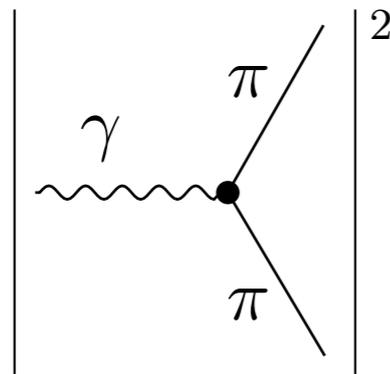
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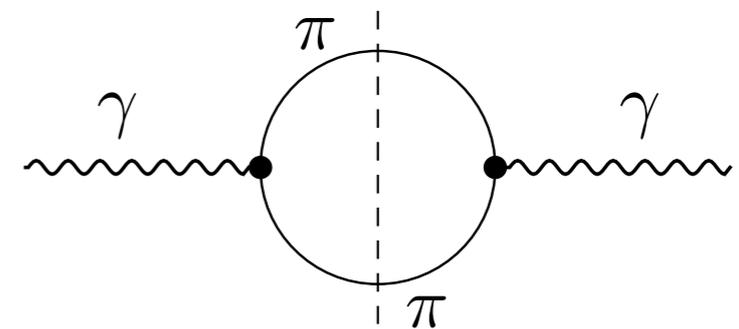
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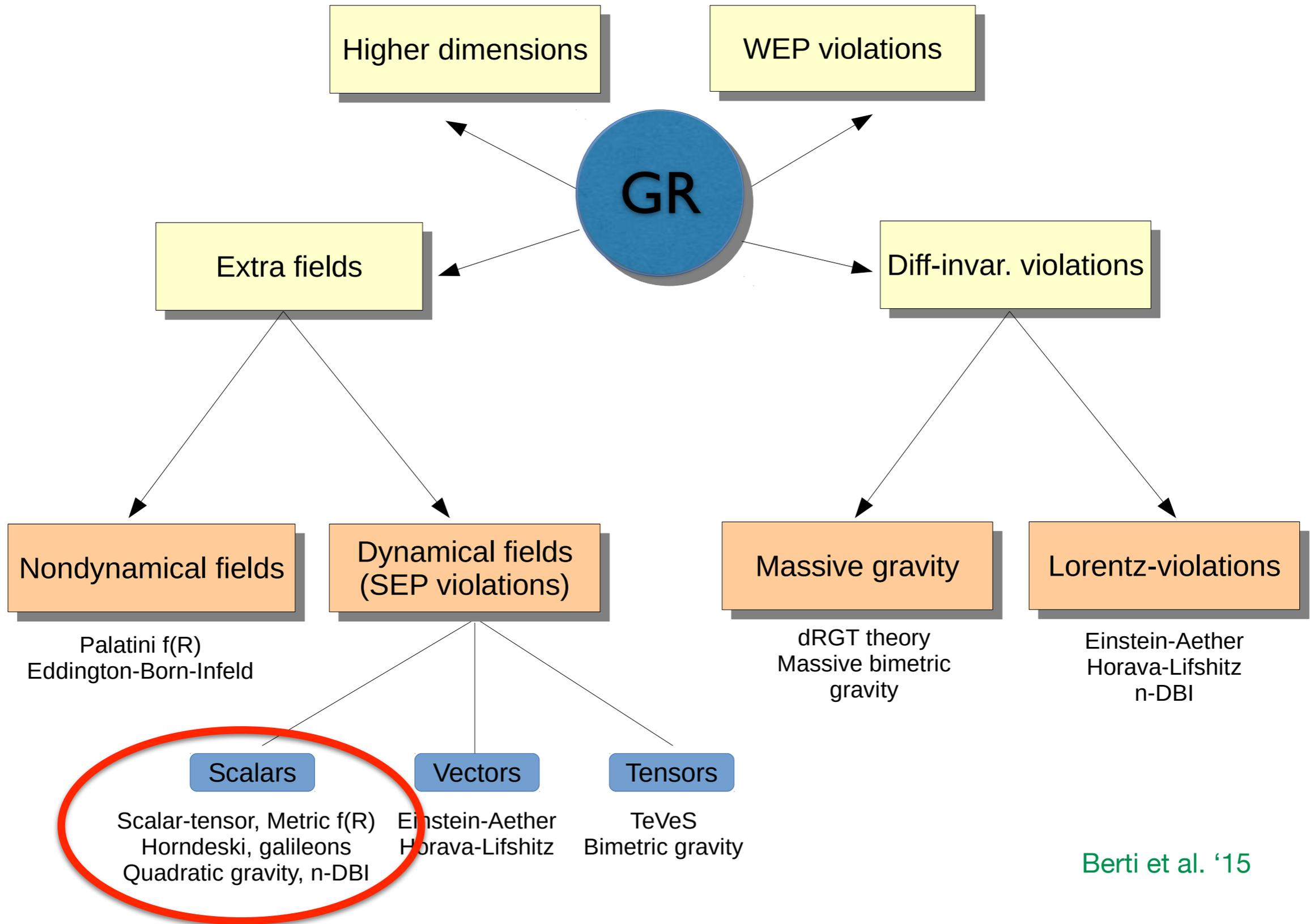


Similar to a refractive material

Simplest case:  $f(k) \equiv m_\gamma^2$ ,  $m_\gamma^2/\omega^2 < (d_S\omega)^{-1} \Rightarrow m_\gamma < 10^{-22} \text{ eV}$

See e.g. Yunes, Yagi, Pretorius '16; Abbott et al. '17

# Dark energy and modified gravity



# Scalar-tensor theories

Simplest models of modified gravity are based on single scalar field (universal coupling)

Ex:  $\mathcal{L} = R + V(\phi) - g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$  quintessence

$$G_{\mu\nu} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

$$w \neq 1$$

# Scalar-tensor theories

Simplest models of modified gravity are based on single scalar field (universal coupling)

Ex:  $\mathcal{L} = R + G_2(\phi, X)$  ,  $X \equiv g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$  k-essence

$$G_{\mu\nu} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

$$c_s^2 \neq 1 : \text{clustering}$$

# Scalar-tensor theories

Simplest models of modified gravity are based on single scalar field (universal coupling)

Ex:  $\mathcal{L} = f(\phi)R + G_2(\phi, X)$  ,  $X \equiv g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$  scalar-tensor gravity

$$G_{\mu\nu}^{(\text{modified})} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

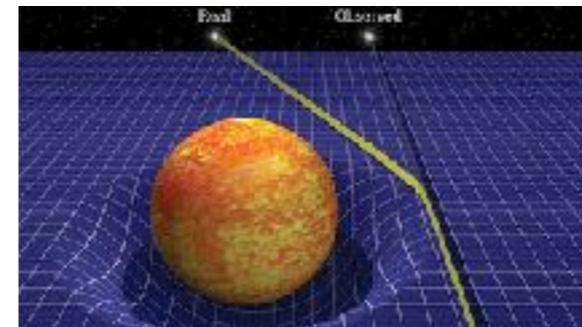
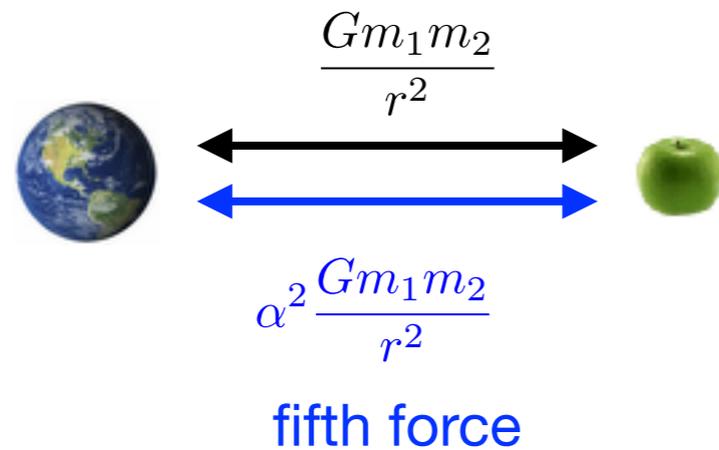
self-acceleration

# Modified gravity

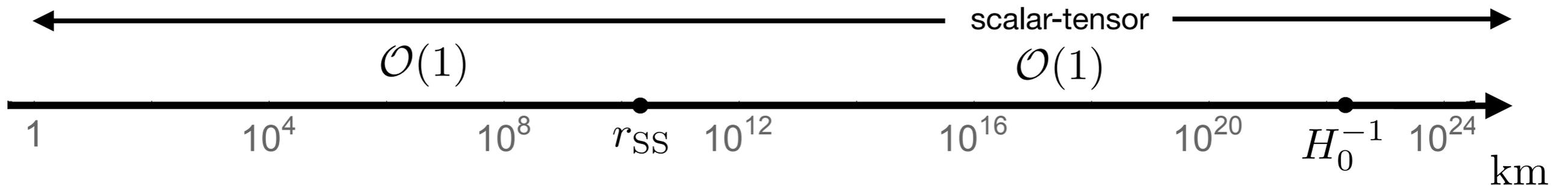
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$\Psi \neq \Phi$   
anomalous light bending



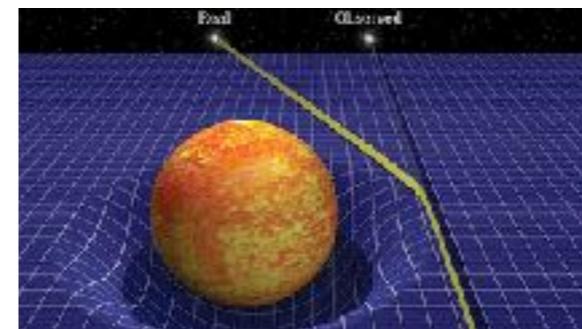
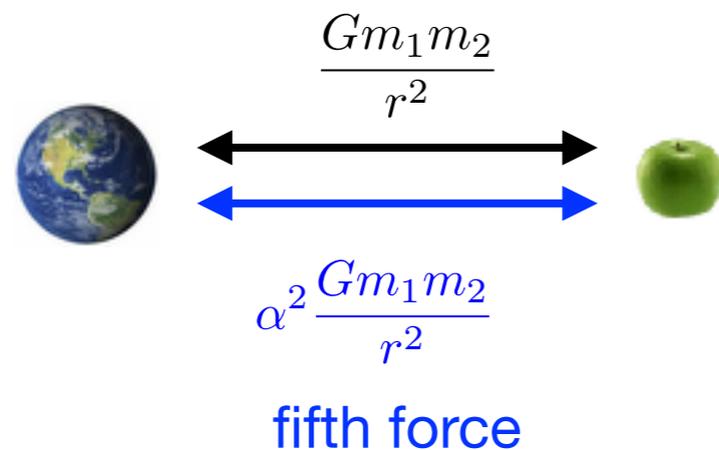
# Screening

Simplest models of modified gravity are based on single scalar field (universal coupling)

Ex:  $\mathcal{L} = f(\phi)R + G_2(\phi, X) + G_3(\phi, X)\square\phi$   $\square \equiv g^{\mu\nu}\nabla_\mu\nabla_\nu$

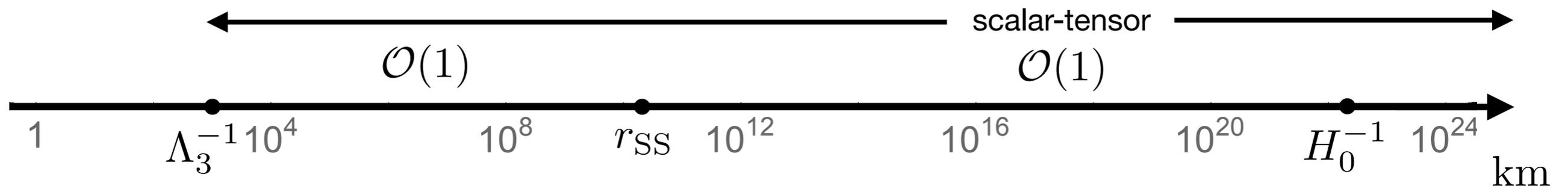
$$\frac{\square\phi}{\Lambda_3^3} \gg 1$$

Vainshtein screening: large classical scalar field nonlinearities



$\Psi \neq \Phi$   
anomalous light bending

$$\Lambda_3 \sim (M_{\text{Pl}} H_0^2)^{1/3} \sim (1000 \text{ km})^{-1}$$



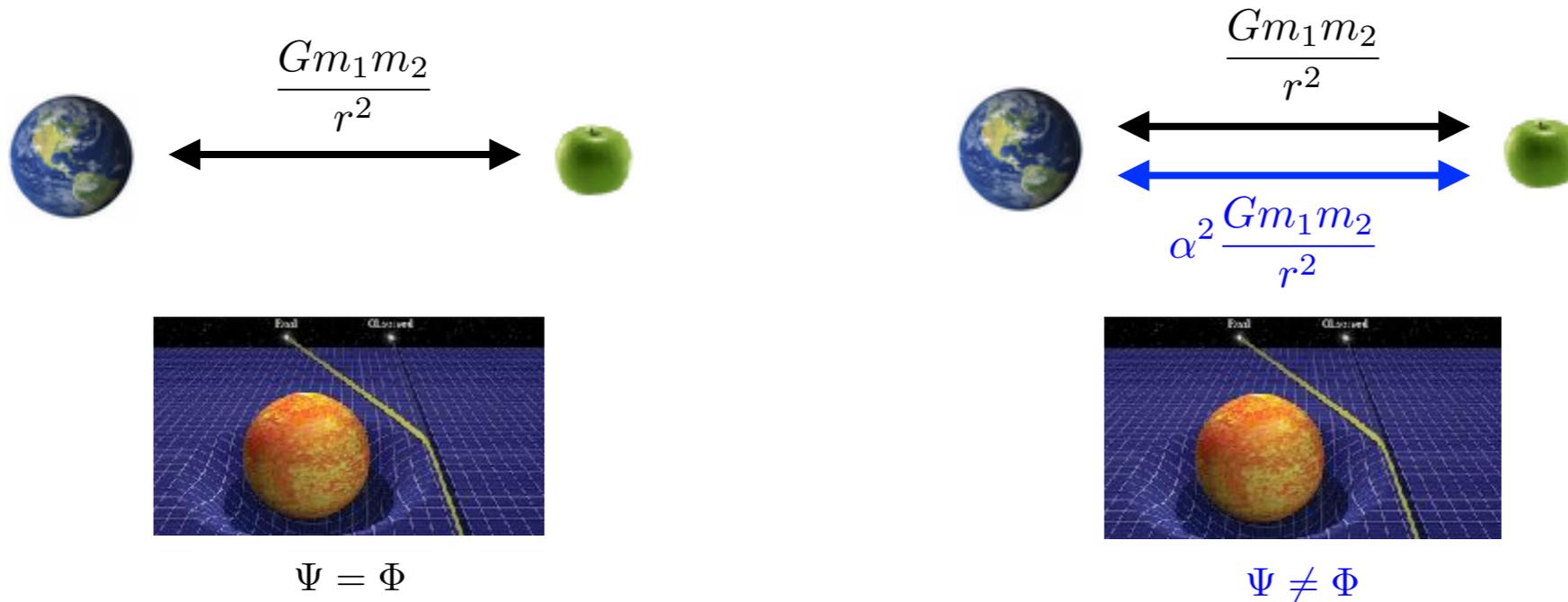
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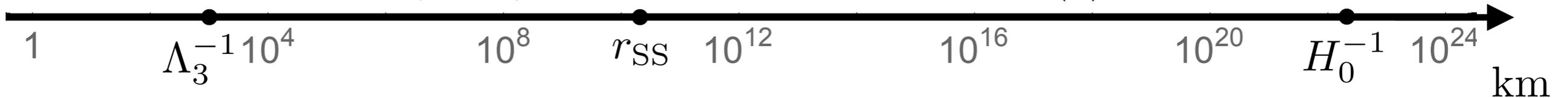
$$\frac{\square\phi}{\Lambda_3^3} \gg 1$$

Vainshtein screening: large classical scalar field nonlinearities



$$\Lambda_3 \sim (M_{\text{Pl}} H_0^2)^{1/3} \sim (1000 \text{ km})^{-1}$$

← almost GR  $\ll \mathcal{O}(10^{-2})$  → scalar-tensor  $\mathcal{O}(1)$  →



$$\mathcal{L} = f(\phi)R + G_2(\phi, X) + G_3(\phi, X)\square\phi$$

Is this the end of the story?

# Generalized theories

Horndeski 73  
Deffayet et al. 11

Most general Lorentz-invariant scalar-tensor theory with 2nd-order EOM.

$$\begin{aligned}\mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{;\mu} & X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\ & - 2G_{4,X}(\phi, X)\left[(\square\phi)^2 - (\phi_{;\mu\nu})^2\right] \\ & + G_5(\phi, X)G^{\mu\nu}\phi_{;\mu\nu} + \frac{1}{3}G_{5,X}(\phi, X)\left[(\square\phi)^3 - 3\square\phi(\phi_{;\mu\nu})^2 + 2(\phi_{;\mu\nu})^3\right]\end{aligned}$$

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Degenerate theories: most general stable theory.

See Karim Noui's talk

Langlois, Noui '15; Crisostomi, Koyama, Tasinato '16  
Zumalacarregui, Garcia-Bellido '13

Beyond Horndeski theories:

Gleyzes, Langlois, Piazza, FV '14

$$\begin{aligned} - & F_4(\phi, X)\epsilon^{\mu\nu\rho}_{\sigma}\epsilon^{\mu'\nu'\rho'\sigma}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu\nu'}\phi_{;\rho\rho'} \\ - & F_5(\phi, X)\epsilon^{\mu\nu\rho\sigma}\epsilon^{\mu'\nu'\rho'\sigma'}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu\nu'}\phi_{;\rho\rho'}\phi_{;\sigma\sigma'} \end{aligned}$$

$$XG_{5,X}F_4 = 3F_5 [G_4 - 2XG_{4,X} - (X/2)G_{5,\phi}]$$

# Setting $c_T=1$

$$\begin{aligned}
 \mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{;\mu} & X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\
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 \end{aligned}$$

Scalar field play with gravity through higher derivatives:

$$\nabla_{\mu}\nabla_{\nu}\phi \supset \Gamma_{\mu\nu}^{\rho}\partial_{\rho}\phi \quad \Rightarrow \quad \Gamma_{ij}^0\dot{\phi} \supset \dot{\gamma}_{ij}\dot{\phi}$$



$$\mathcal{L}_{\gamma} \sim (\dot{\gamma}_{ij})^2 - c_T^2(\partial_k\gamma_{ij})^2$$

$$c_T^2 - 1 \propto -2G_{4,X} - G_{5,\phi} - (H\dot{\phi} - \ddot{\phi})G_{5,X} + XF_4 - 3HX\dot{\phi}F_5$$

Expected from LSS:  $|c_T^2 - 1| \lesssim \text{few} \times 0.01$

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Most general theory compatible with  $c_T=1$ :  $G_5 = F_5 = 0$ ,  $XF_4 = 2G_{4,X}$

# What remains

$$\begin{aligned}
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\end{aligned}$$

$$XF_4 = 2G_{4,X}$$

$$\alpha_H \equiv -\frac{X^2 F_4}{G_4}$$

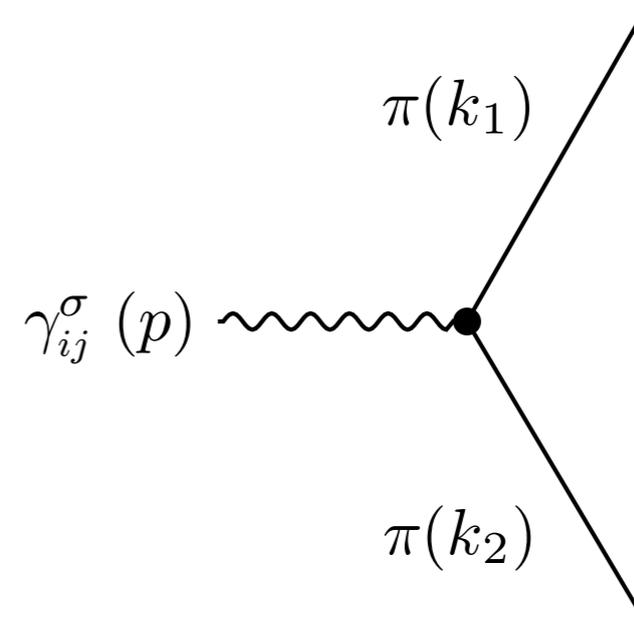
# The decay of GW

Creminelli, Lewandowski, Tambalo, FV '18

Beyond Horndeski implies cubic interactions between GW and scalar fluctuations  $\pi$

$$\mathcal{L}_{\gamma\pi\pi} = \frac{\alpha_H}{\Lambda_3^3} \ddot{\gamma}_{ij}^c \partial_i \pi_c \partial_j \pi_c$$

$$\Lambda_3 \equiv (M_{\text{Pl}} H_0^2)^{1/3} \quad \pi \equiv \delta\phi/\dot{\phi}_0$$



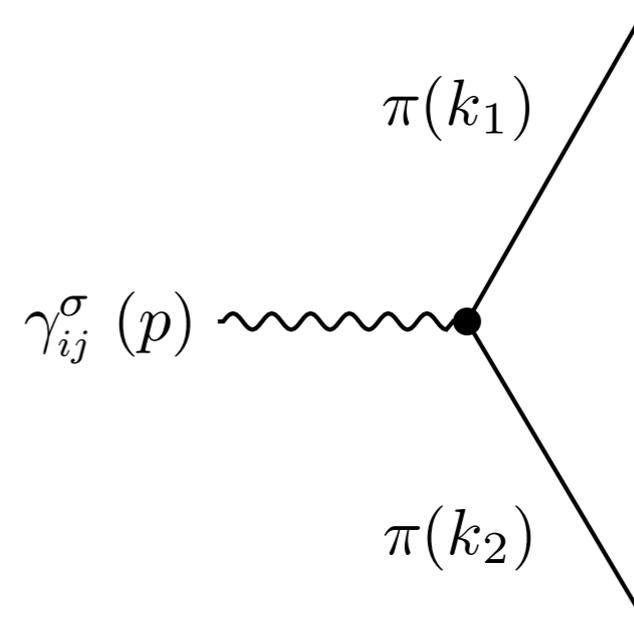
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For  $c_s < 1$  ( $c_s$  = sound speed of  $\pi$  fluctuations) GWs can decay into dark energy fluctuations  $\pi$ s. Analogous to Cherenkov radiation

$$\Gamma \simeq \left( \frac{\alpha_H}{\Lambda_3^3} \right)^2 \frac{\omega_{\text{gw}}^7 (1 - c_s^2)^2}{c_s^7} \quad \text{decay rate}$$

$$d_S \Gamma \ll 1 \quad \Rightarrow \quad \alpha_H \ll 10^{-8}$$

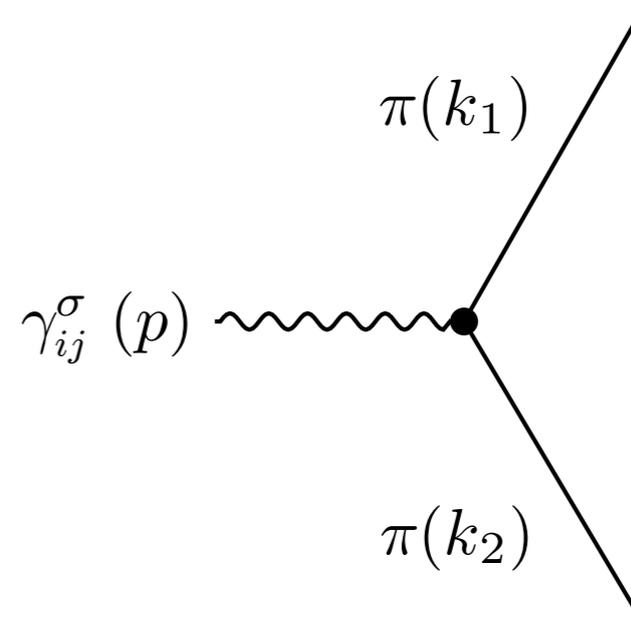
# GW dispersion

Creminelli, Lewandowski, Tambalo, FV '18

Spontaneous Lorentz-breaking implies modifications of the dispersion relation

$$\mathcal{L}_{\gamma\pi\pi} = \frac{\alpha_H}{\Lambda_3^3} \ddot{\gamma}_{ij}^c \partial_i \pi_c \partial_j \pi_c$$

$$\Lambda_3 \equiv (M_{\text{Pl}} H_0^2)^{1/3} \quad \pi \equiv \delta\phi/\dot{\phi}_0$$



Graviton self-energy:

$$\omega^2 = k^2 - \left( \frac{\alpha_H}{\Lambda_3^3} \right)^2 \frac{k^8 (1 - c_s^2)^2}{\pi c_s^7} \log \left( - (1 - c_s^2) \frac{k^2}{\mu^2} \right)$$

The diagram shows a graviton self-energy loop. A wavy line with momentum  $q-p$  enters a circular loop of pions with momentum  $q$ . Another wavy line with momentum  $q$  exits the loop.

Strong constraints on  $\alpha_H$ , also for  $c_s > 1$

Optical theorem:  $\Gamma(k)\omega(k) = \text{Im} [f(k)]$

# What remains

$$\begin{aligned}
 \mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{;\mu} & X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\
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\end{aligned}$$

$$XF_4 = 2G_{4,X}$$

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$$\mathcal{L} = G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi \quad \square\phi \equiv \phi_{;\mu}^{;\mu} \quad X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu}$$

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$$XF_4 = 2G_{4,X} = 0$$

$$\alpha_H \equiv -\frac{X^2 F_4}{G_4} = 0$$

# What remains

$$\mathcal{L} = f(\phi)R + G_2(\phi, X) + G_3(\phi, X)\square\phi$$

Is this the end of the story?

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Yes.

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Is this the end of the story?

Yes.

Suppressed GW decaying rate and modification of the dispersion relation

$$\mathcal{L}_{\gamma\pi\pi} \simeq \frac{1}{\Lambda_2^2} \dot{\gamma}_{ij}^c \partial_i \pi_c \partial_j \pi_c$$

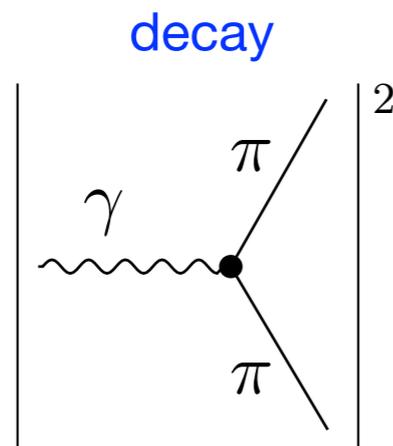
$$\Lambda_2 \equiv (M_{\text{Pl}} H_0)^{1/2} \sim 10^{10} \Lambda_3$$

Here decay is perturbative but the high occupation number ( $\sim 10^{40}$ ) of the GW will (Bose) enhance the decay. Can we rule out  $G_3$  as well?

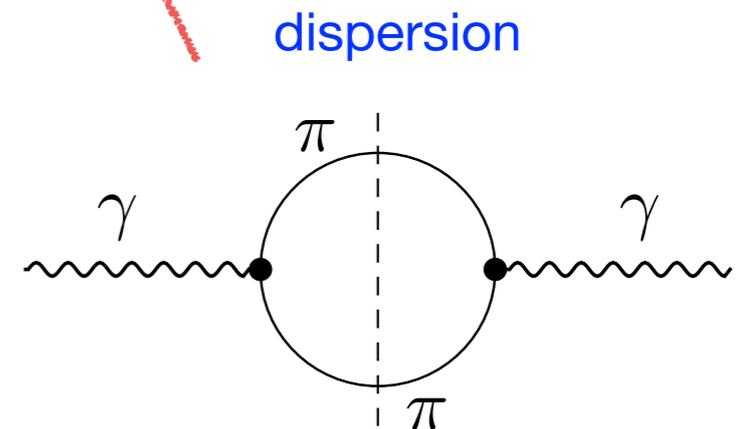
# Gravitational Waves propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed.

$$\ddot{\gamma}_{ij} + [(3 + \alpha_M)H + \Gamma(k)] \dot{\gamma}_{ij} + [c_T^2 k^2 + f(k)] \gamma_{ij} = 0$$



Similar to Cherenkov radiation



Similar to a refractive material

$$\mu = \mu(\alpha_M, c_T^2 = 1, \alpha_H = 0, \dots) ,$$

$$\Sigma = \Sigma(\alpha_M, c_T^2 = 1, \alpha_H = 0, \dots)$$

# Phenomenological parameters

Commonly used, very general, approach:

$$\Psi = -4\pi G \frac{\mu(t, k)}{k^2} \delta\rho$$

$$\Phi + \Psi = -8\pi G \frac{\Sigma(t, k)}{k^2} \delta\rho$$

- Infinite parameters at fixed redshift: needs binning
- Agnostic binning may miss physical ingredients (locality, causality, stability, etc.)
- Misses connection with other observables (e.g. gravitational waves)

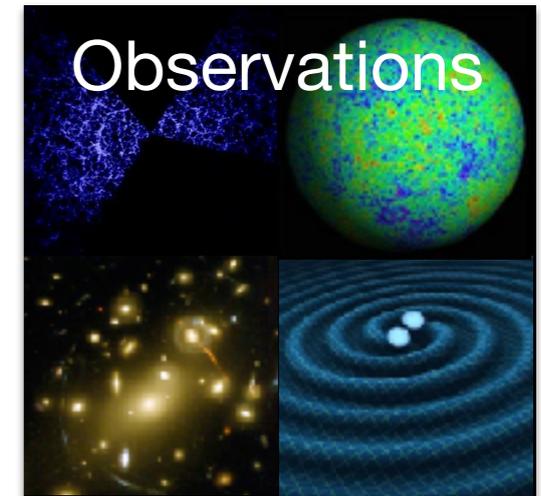
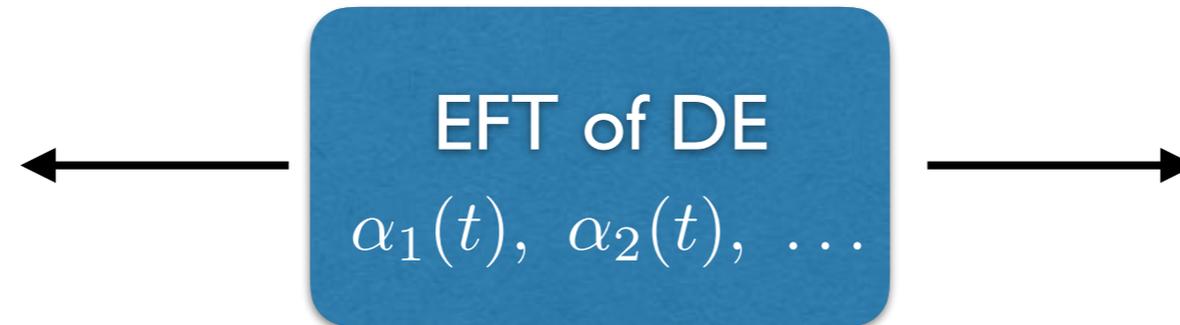
# Effective approach

Gubitosi, Piazza, FV '13  
Gleyzes, Langlois, Piazza, FV '14  
+ many refs and authors

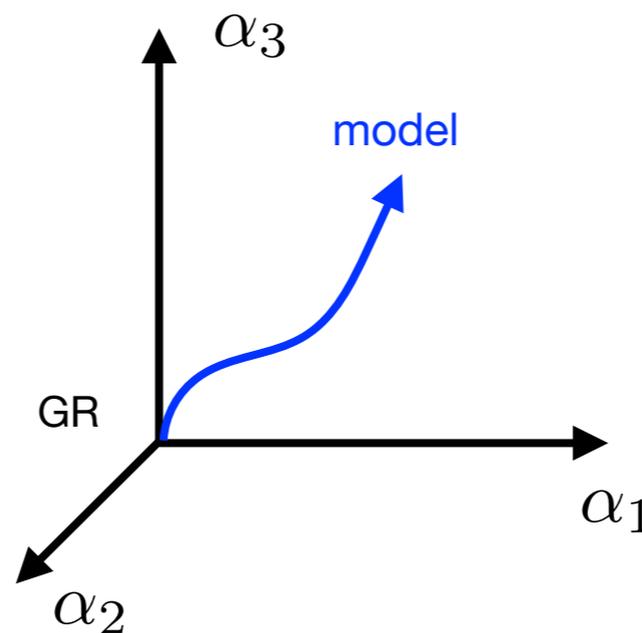
## Space of theories

$$\begin{aligned} &G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi \\ &- 2G_{4,X}(\phi, X)[(\square\phi)^2 - (\phi_{;\mu\nu})^2] \\ &+ G_5(\phi, X)G^{\mu\nu}\phi_{;\mu\nu} + \frac{1}{3}G_{5,X}(\phi, X) \\ &\times [(\square\phi)^3 - 3\square\phi(\phi_{;\mu\nu})^2 + 2(\phi_{;\mu\nu})^3] \\ &+ \dots \end{aligned}$$

Bridge models and observations  
in a minimal and systematic way



$$\begin{aligned} \mu &= \mu(k; \alpha_1(t), \alpha_2(t), \dots) \\ \Sigma &= \Sigma(k; \alpha_1(t), \alpha_2(t), \dots) \end{aligned}$$



# Effective approach

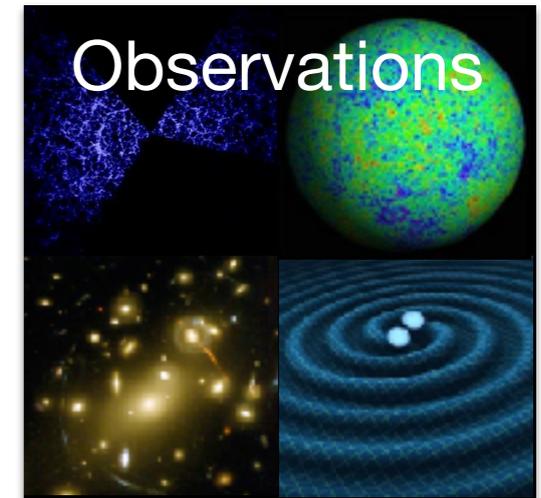
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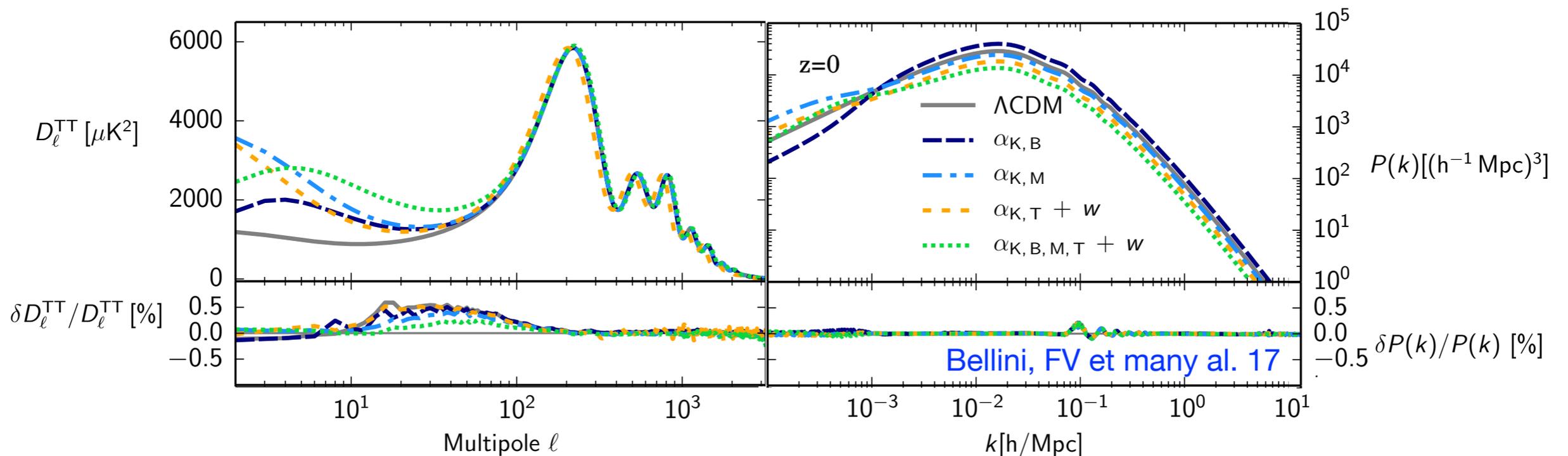
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 \end{aligned}$$

**EFT of DE**  
 $\alpha_1(t), \alpha_2(t), \dots$



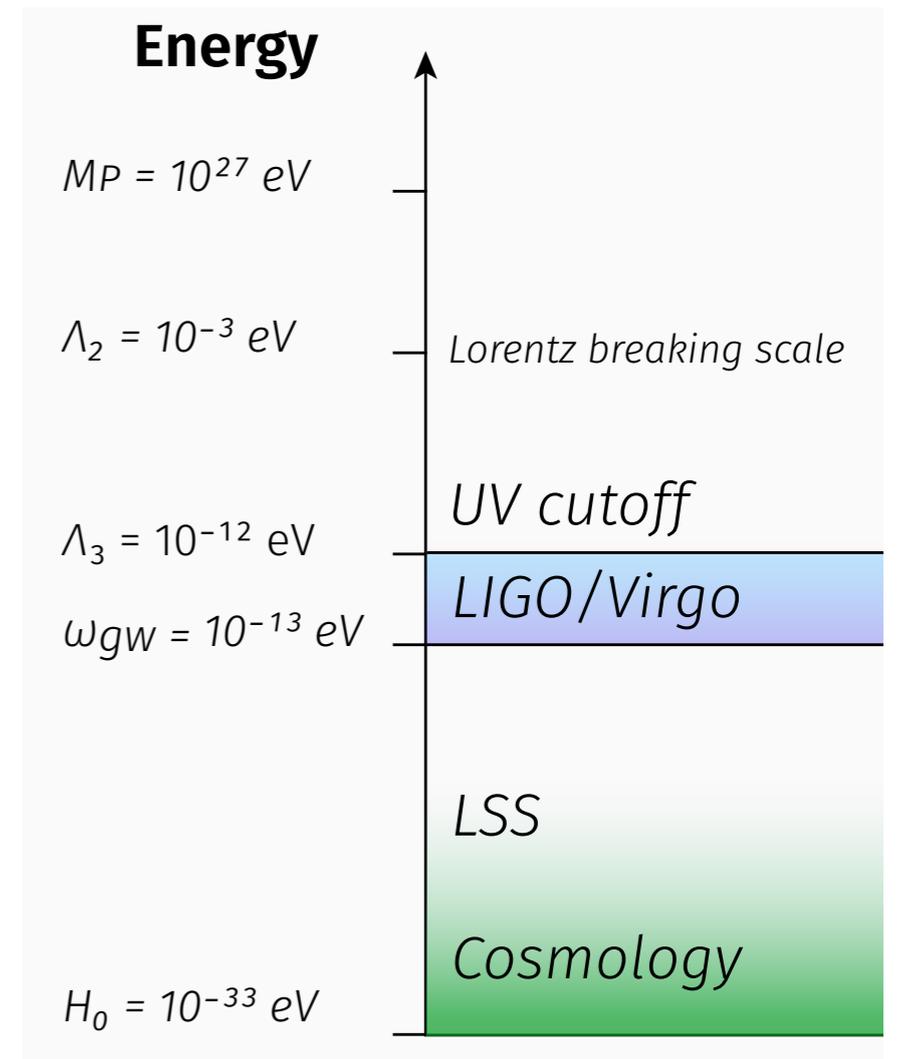
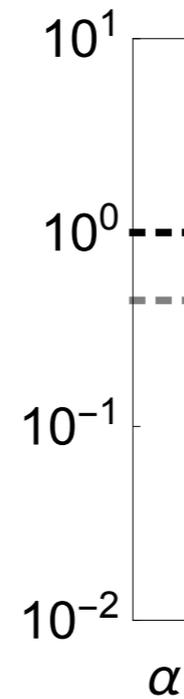
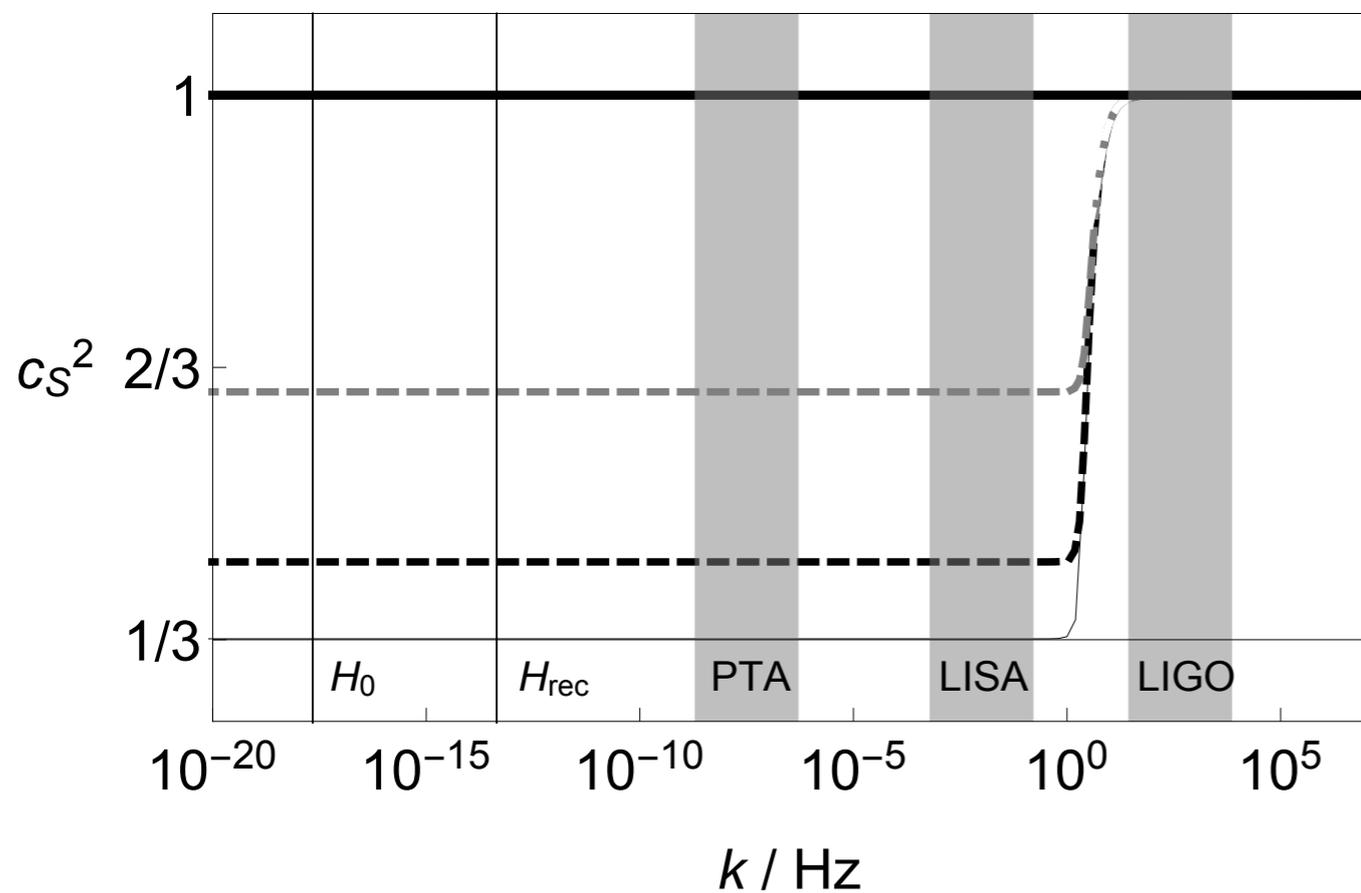
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 \end{aligned}$$



# Caveat: recovering Lorentz invariance

$$\omega^2 = c_T^2(\alpha)k^2 + \frac{k^4}{M^2} + \dots = k^2 \left(1 + \mathcal{O}(M^2/k^2)\right)$$

de Rham, Melville '18



# Conclusion

- GWs dramatically change the prospect for LSS: huge cut in available models
- Breaking of Lorentz allow gravitons to decay
- Many theories are ruled out by  $c_T=1$  and by the absence of GW decay and modifications in the graviton dispersion relation:  $G_4$ ,  $G_5$ ,  $F_4$ ,  $F_5$  are absent.

## Future:

- Are there other models constrained by the same effect?
- Can we rule out  $G_3$  as well?

