

Tracking Low-lying Nuclear Shape Evolution from the Dysprosium Valence Maximum to Gamma-soft Osmium Isotopes

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Outline

- Reminders:
 - What are the **simplest** signatures of (even-even) nuclear shape (evolution)
 - $E(2^+)$, $R(4^+/2^+)$, $B(E2:2^+ \rightarrow 0^+)$, $E(2^+_2) / E(2^+_1)$ etc.
- Energy systematics around the double-mid-shell ‘valence maximum’ $^{166-172}\text{Dy}$
- Physics around the $N \sim 116$ ‘triaxial/gamma-soft’ minimum? ($^{188-192}\text{W}$; $^{192-6}\text{Os}$)
- $B(E2:2^+ \rightarrow 0^+)$ values in stable+2n ‘transitional’ nuclei $^{188}\text{W}_{114}$; $^{194}\text{Os}_{118}$

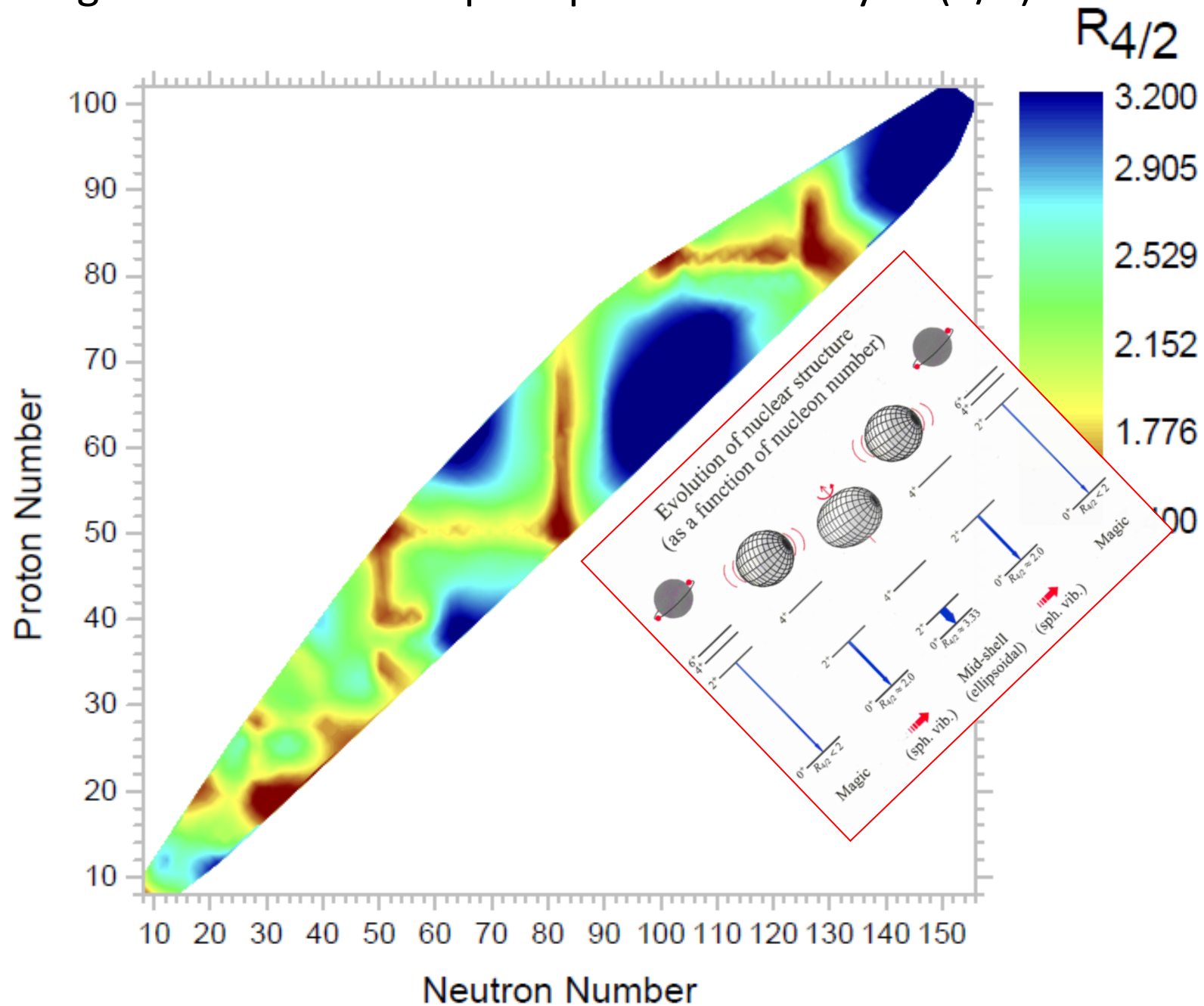
Low-energy Nuclear 'Rotations' and 'Vibrations'

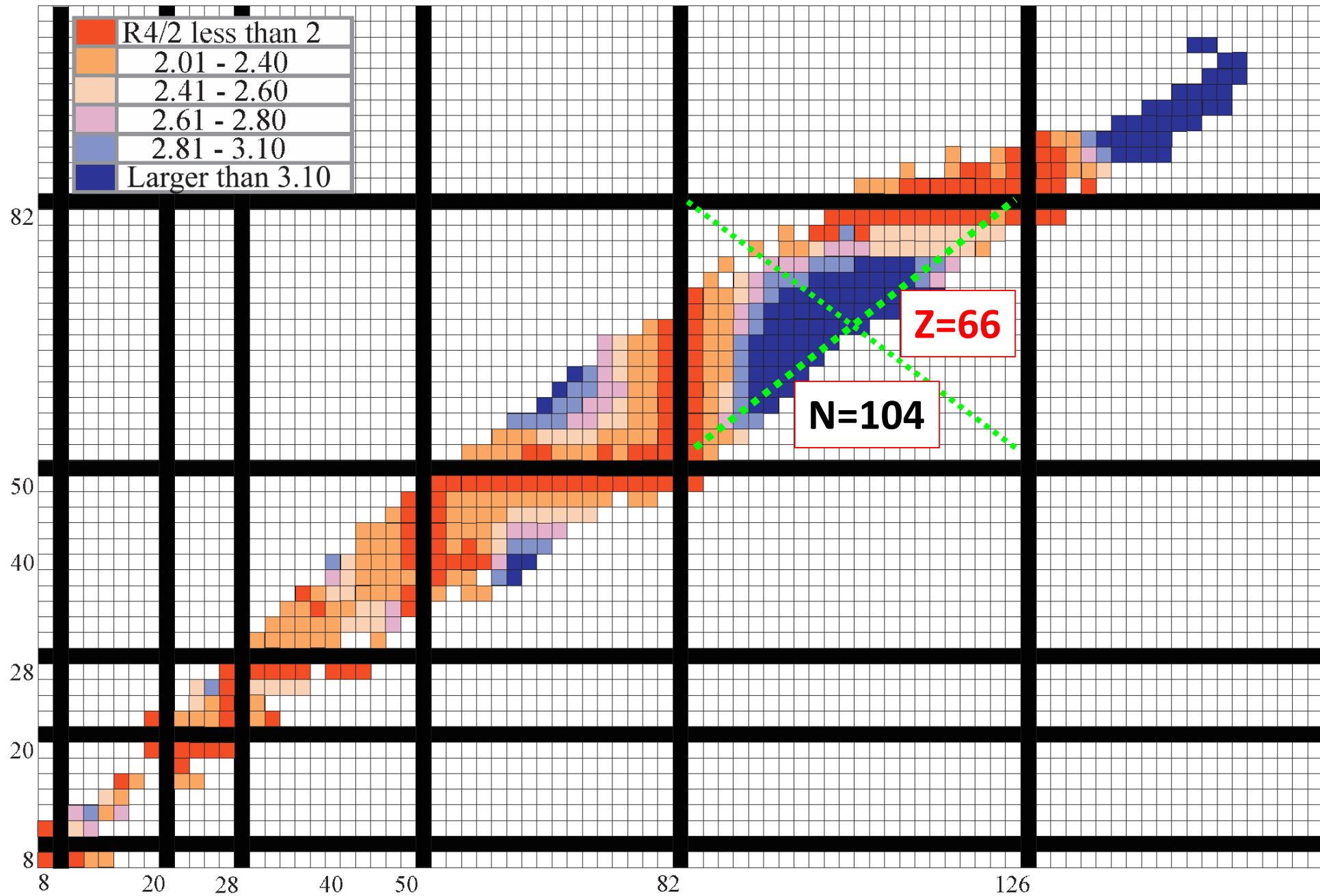
- What are the signatures (in even-even nuclei) ?
 - (extreme) theoretical / collective model energy limits

$$E_J = \frac{\hbar^2}{2\ell} J(J+1), \quad \frac{E(4^+)}{E(2^+)} = \frac{4(5) = 20}{2(3) = 6} = 3.33$$

$$E_N = \hbar\omega N \quad \frac{E(4^+)}{E(2^+)} = \frac{2}{1} = 2.00$$

'Next easiest' signature of nuclear quadrupole collectivity: $R(4/2)$.





$R(E(4^+) / E(2^+))$ Systematics plot from Burcu Cakirli

$^{170}\text{Dy}_{104}$: is it special?

- $N_\pi \cdot N_\nu$ max. nucleus (below ^{208}Pb anyway).
- Max (valence driven) collectivity?
- Should be one of the 'best cases' of an axially symmetric, 'stiff' quadrupole deformed nucleus.
- Signatures ? Energy spacing; B(E2); K-Hindrance ?

Structure of the doubly midshell nucleus $^{170}_{66}\text{Dy}_{104}$

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(Received 2 November 2001; published 15 February 2002)

Potential energy surface calculations for the doubly midshell nucleus $^{170}_{66}\text{Dy}_{104}$ support a variety of extreme properties. The ground-state deformation is among the largest in the region, consistent with it having the maximal value of valence particles for any nucleus below the ^{208}Pb doubly closed shell. The energy minimum is found to be remarkably constant in the (β_2, γ) plane as a function of angular momentum. The nucleus is predicted to undergo a dual alignment with midshell high- j protons and neutrons aligning simultaneously at spin $\approx 14\hbar$. Configuration-constrained calculations for the two-quasiparticle configurations predict the presence of a low-lying $K^\pi = 6^+$ state with a similar axially symmetric shape to the highly deformed ground state.

DOI: 10.1103/PhysRevC.65.037302

PACS number(s): 21.10.Tg, 21.10.Re, 21.60.-n

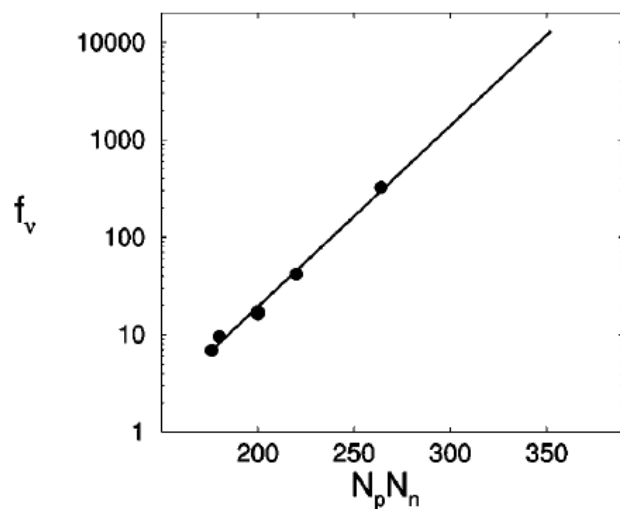
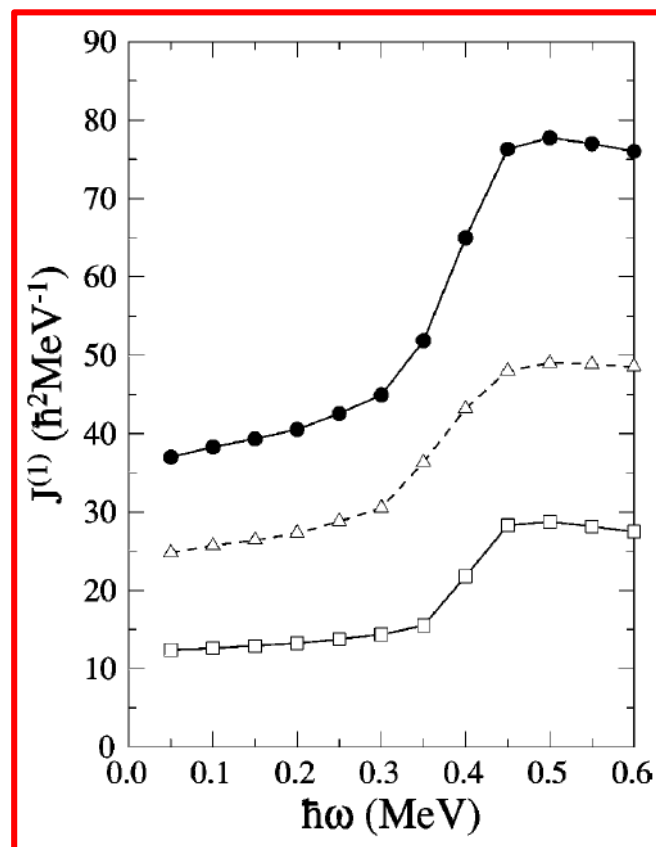
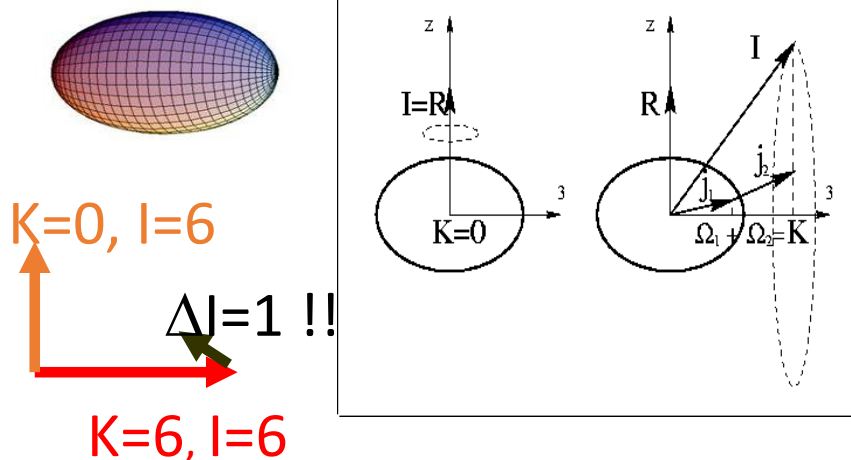


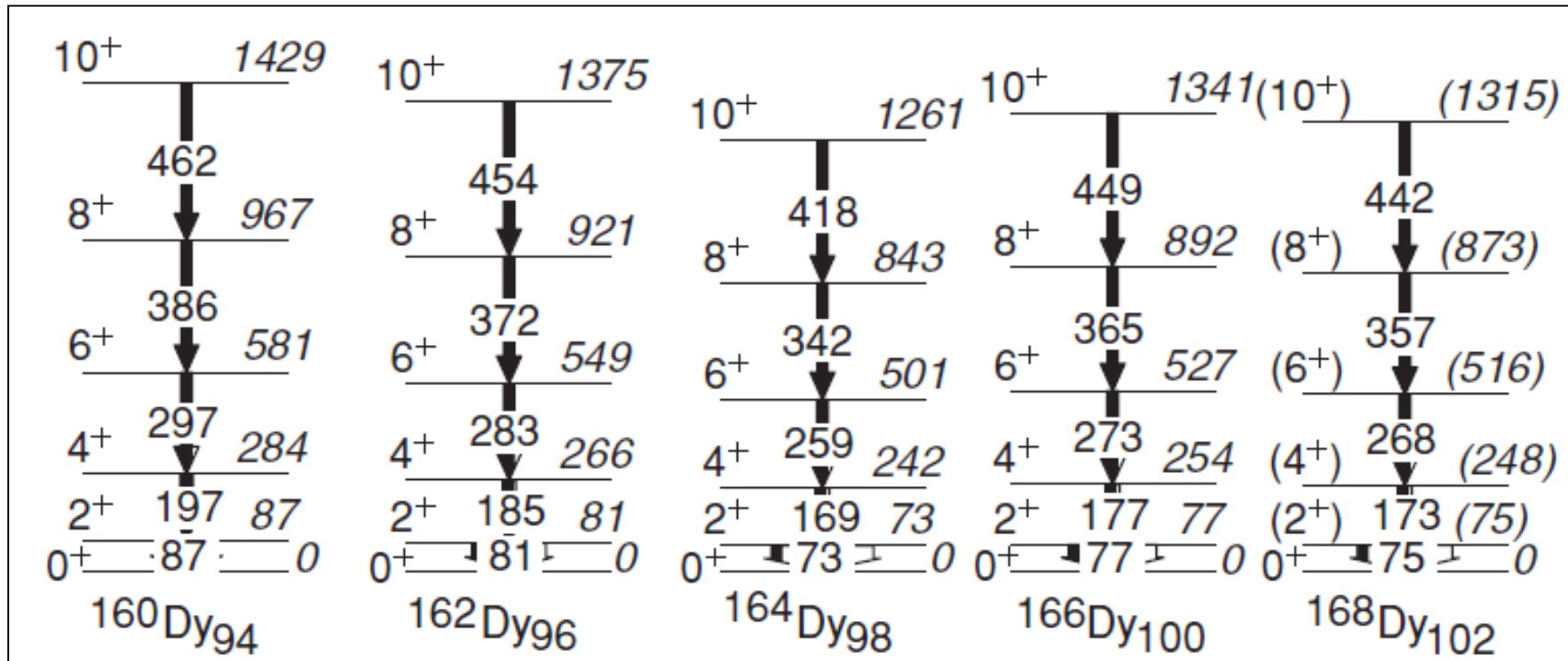
FIG. 4. Systematics of the $(E2)$ reduced hindrances for $K^\pi = 6^+$ isomers in $^{172,174,176,178}\text{Hf}$, ^{174}Yb , and ^{178}W [22,43] as a function of the valence nucleon product. The straight line extrapolation is to $N_p N_n = 352$, appropriate for ^{170}Dy .

K-isomerism



Spectroscopy of neutron-rich $^{168,170}\text{Dy}$: Yrast band evolution close to the $N_p N_n$ valence maximum

P.-A. Söderström,¹ J. Nyberg,¹ P. H. Regan,² A. Algora,³ G. de Angelis,⁴ S. F. Ashley,² S. Aydin,⁵ D. Bazzacco,⁵
 R. J. Casperson,⁶ W. N. Catford,² J. Cederkäll,^{7,8} R. Chapman,⁹ L. Corradi,⁴ C. Fahlander,⁸ E. Farnea,⁵ E. Fioretto,⁴
 S. J. Freeman,¹⁰ A. Gadea,^{3,4} W. Gelletly,² A. Gottardo,⁴ E. Grodner,⁴ C. Y. He,⁴ G. A. Jones,² K. Keyes,⁹ M. Labiche,⁹
 X. Liang,⁹ Z. Liu,² S. Lunardi,⁵ N. Mărginean,^{4,11} P. Mason,⁵ R. Menegazzo,⁵ D. Mengoni,⁵ G. Montagnoli,⁵ D. Napoli,⁴
 J. Ollier,¹² S. Pietri,² Zs. Podolyák,² G. Pollarolo,¹³ F. Recchia,⁴ E. Şahin,⁴ F. Scarlassara,⁵ R. Silvestri,⁴ J. F. Smith,⁹
 K.-M. Spohr,⁹ S. J. Steer,² A. M. Stefanini,⁴ S. Szilner,¹⁴ N. J. Thompson,² G. M. Tveten,^{7,15} C. A. Ur,⁵ J. J. Valiente-Dobón,⁴
 V. Werner,⁶ S. J. Williams,² F. R. Xu,¹⁶ and J. Y. Zhu¹⁶



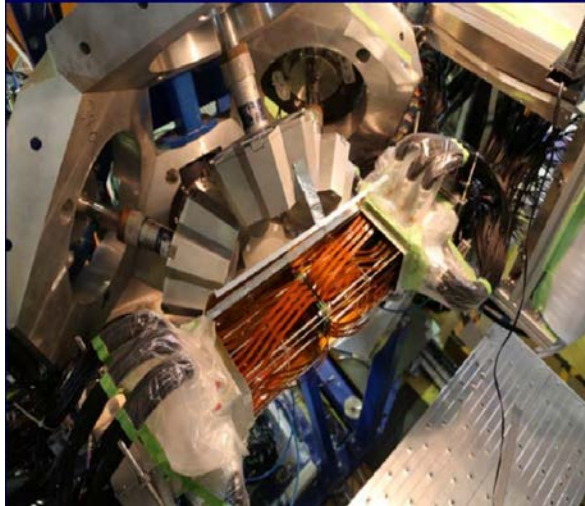
$^{166,168}\text{Dy}$ yrast states populated with CLARA+PRISMA experiment, gated on binary BLFs (Kr isotopes) to select Dy partners following the $^{82}\text{Se}+^{170}\text{Er}$ DIC / binary transfer reaction.

Self-consistent description of dysprosium isotopes in the doubly midshell region

A. K. Rath,^{1,2} P. D. Stevenson,¹ P. H. Regan,¹ F. R. Xu,^{1,3} and P. M. Walker¹

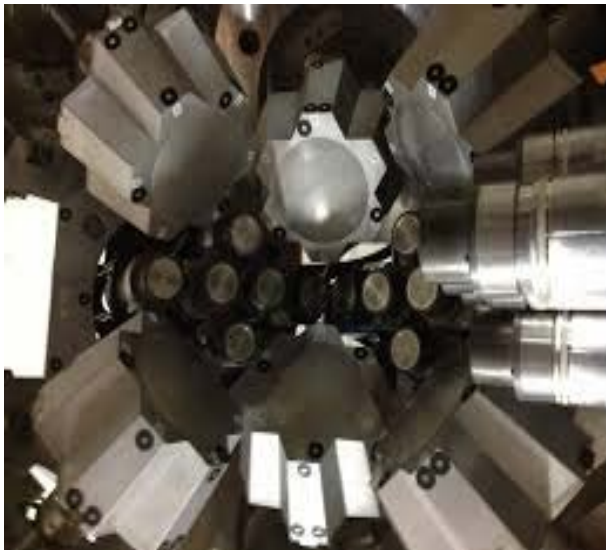
A	E_{2^+}	β_2	β_2 Skyrme forces				β_2
	keV	Expt	SIII	SkM*	Sk14	SLy4	PHF
160	86.79	0.339	0.330	0.338	0.336	0.336	0.245
162	80.66	0.343	0.340	0.347	0.342	0.344	0.254
164	73.39	0.348	0.348	0.350	0.349	0.350	0.260
166	76.58		0.351	0.350	0.357	0.354	0.267
168	74.96		0.358	0.351	0.351	0.352	0.270
170			0.340	0.342	0.339	0.345	0.268
172			0.324	0.340	0.329	0.332	
174			0.313	0.329	0.317	0.316	
176			0.297	0.312	0.305	0.302	
178			0.283	0.294	0.297	0.288	
180			0.259	0.269	0.351	0.337	

Skyrme Hartee-Foch and Projected Hartree Foch Mean-Field calculations for Dy isotopes which predict maximum deformation at either N=100 or N=102.



WAS3ABI: Wide-range Active Silicon-Strip
Stopper Array for Beta and Ion detection

Double-sided Silicon Strip Detectors
60 x 1 mm strips in x direction
40 x 1 mm strips in y direction



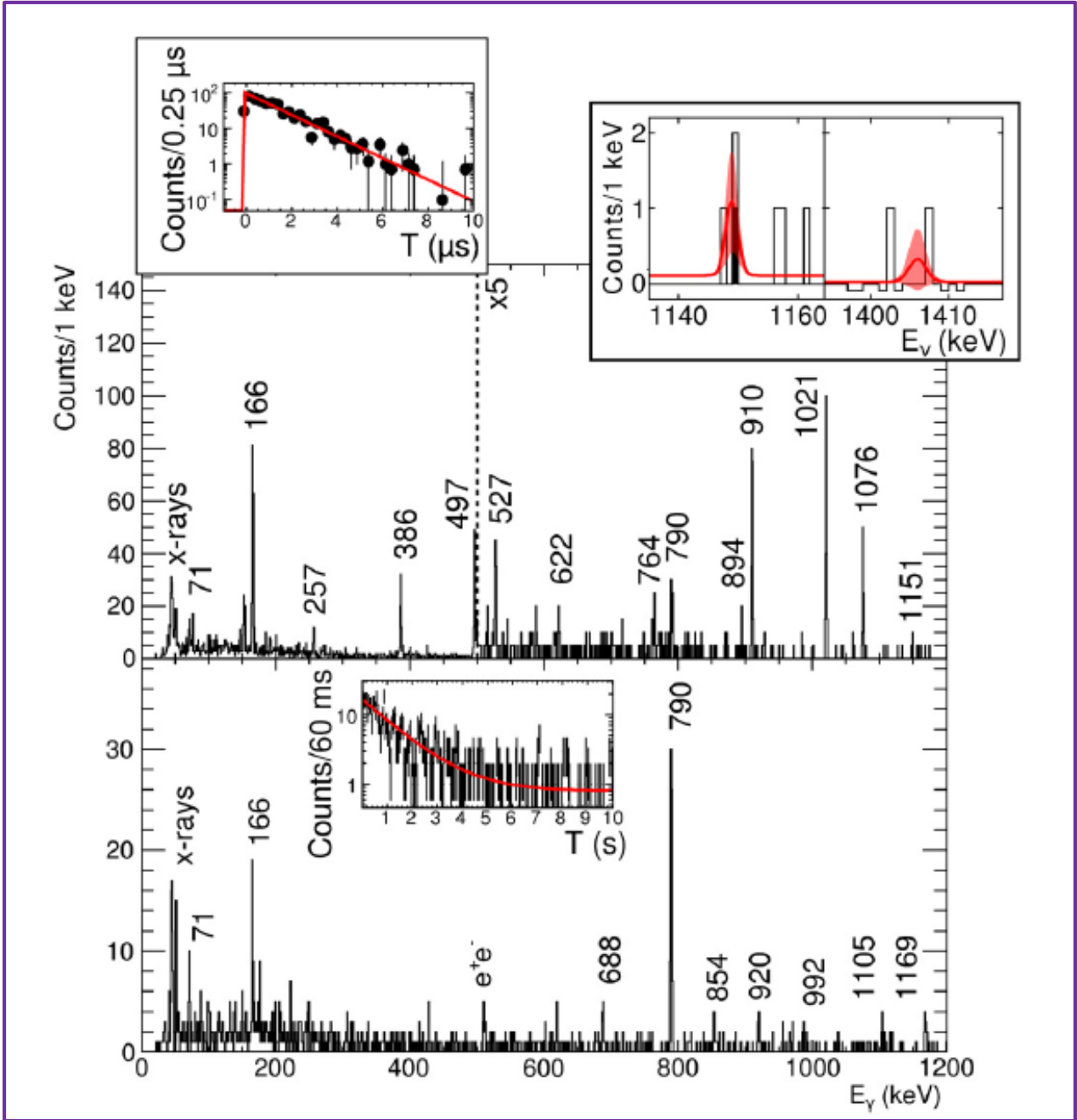
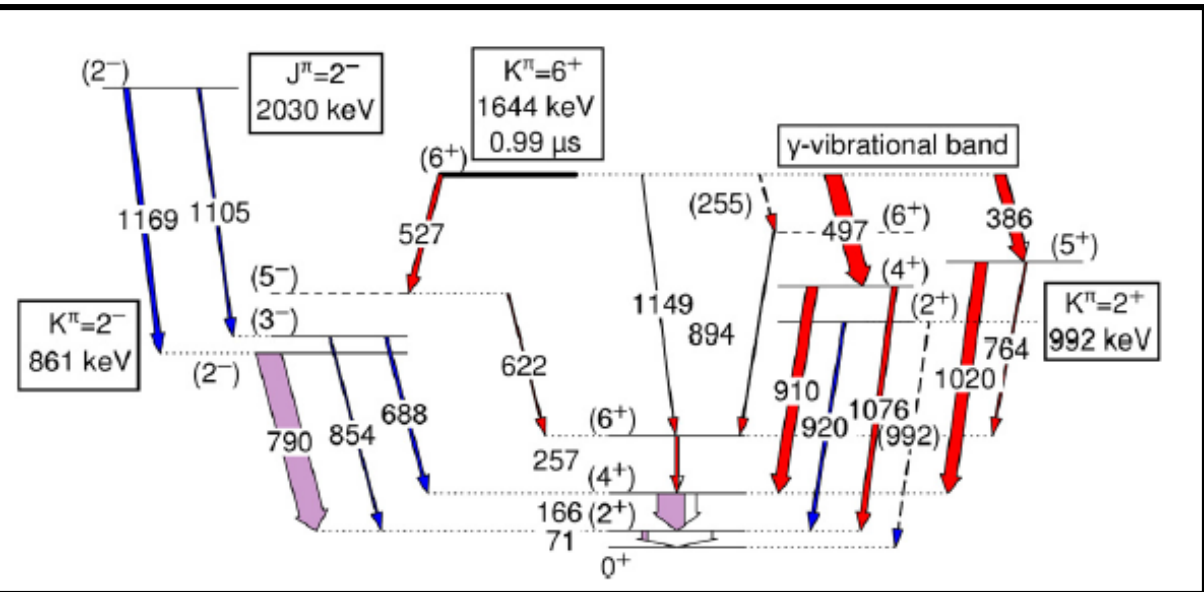
EURICA: Euroball RIKEN Cluster Array
for (ion correlated) gamma-ray measurements.

- 84 HPGe in 12 x 7 element CLUSTER dets.
- 18 LaBr₃(Ce).



K-mixing in the doubly mid-shell nuclide ^{170}Dy and the role of vibrational degeneracy

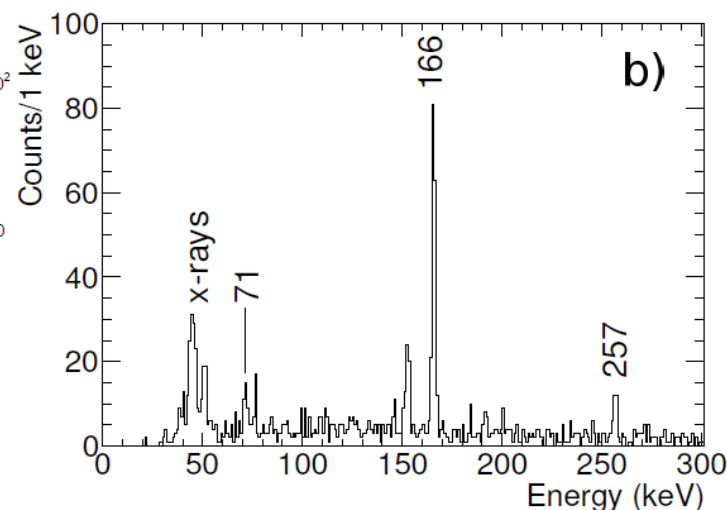
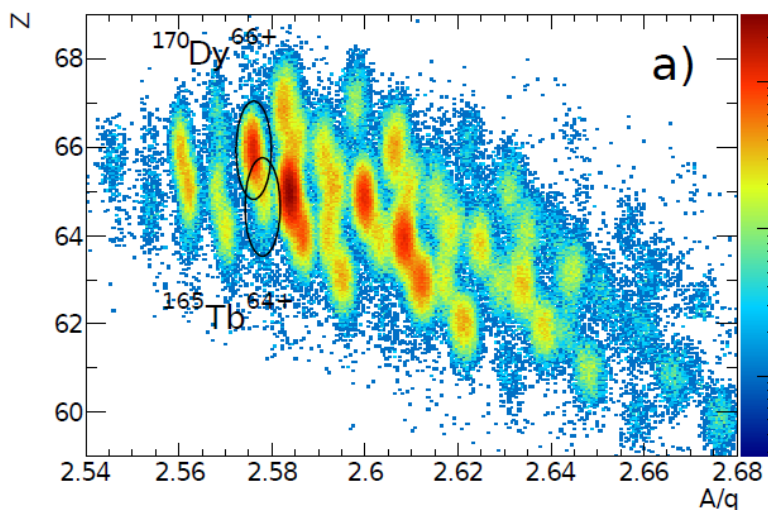
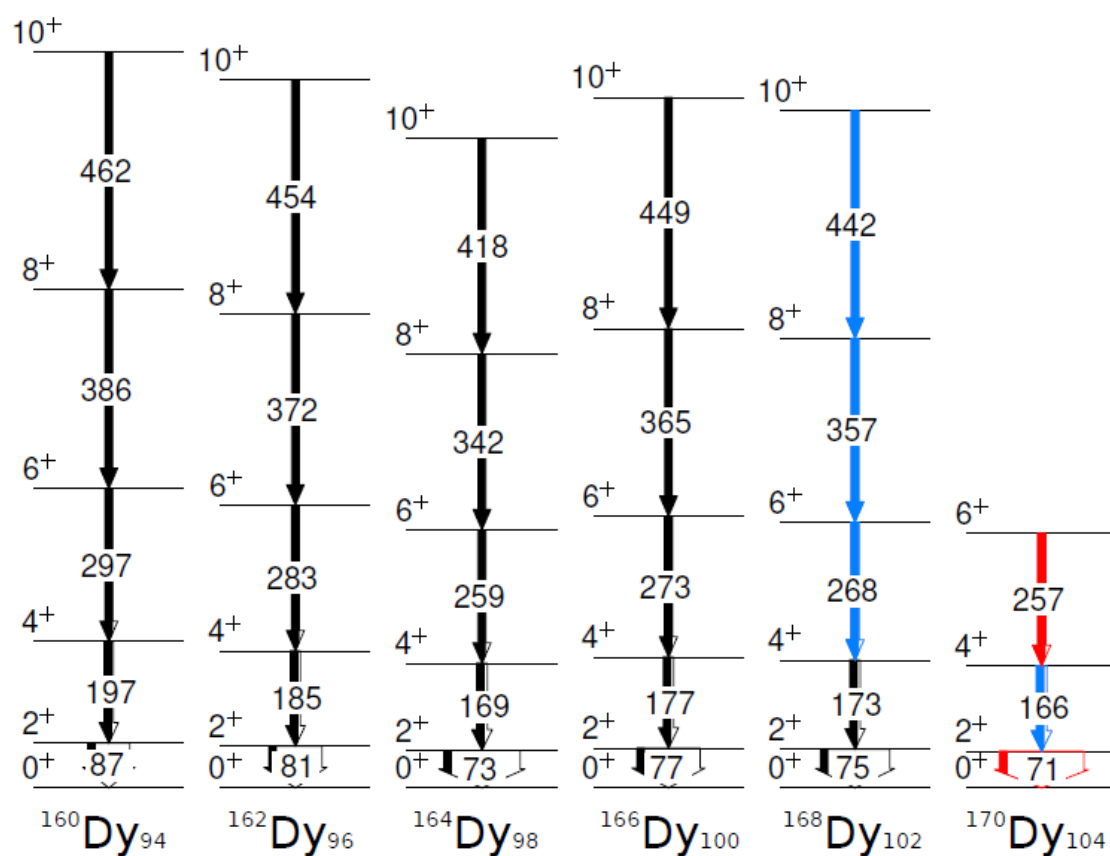
P.-A. Söderström^{a,*}, P.M. Walker^b, J. Wu^{a,c}, H.L. Liu^d, P.H. Regan^{b,e}, H. Watanabe^{f,g}, P. Doornenbal^a, Z. Korkulu^{h,i}, P. Leeⁱ, J.J. Liu^j, G. Lorusso^{a,e}, S. Nishimura^a, V.H. Phong^{a,k}, T. Sumikama^{l,1}, F.R. Xu^c, A. Yagi^m, G.X. Zhang^g, D.S. Ahn^a, T. Alharbiⁿ, H. Baba^a, F. Browne^o, A.M. Bruce^o, R.J. Carroll^b, K.Y. Chae^p, Zs. Dombradi^h, A. Estrade^{q,2}, N. Fukuda^a, C.J. Griffin^q, E. Ideguchi^{m,r}, N. Inabe^a, T. Isobe^a, H. Kanaoka^m, S. Kanaya^m, I. Kojouharov^s, F.G. Kondev^t, T. Kubo^a, S. Kubono^a, N. Kurz^s, I. Kuti^h, S. Lalkovski^b, G.J. Lane^u, E.J. Lee^p, C.S. Leeⁱ, G. Lotay^b, C.-B. Moon^v, I. Nishizuka^{l,3}, C.R. Niță^{o,w}, A. Odahara^m, Z. Patel^b, Zs. Podolyák^b, O.J. Roberts^x, H. Sakurai^{a,y}, H. Schaffner^s, C.M. Shand^b, H. Suzuki^a, H. Takeda^a, S. Terashima^g, Zs. Vajta^h, J.J. Valiente-Dòbon^z, Z.Y. Xu^{j,4}



030010-1

Heavy Rotation – Evolution of quadrupole collectivity centred at the neutron-rich doubly mid-shell nucleus ^{170}Dy

P.-A. Söderström^{1,a)}, P. H. Regan^{2,3}, P. M. Walker², H. Watanabe^{4,5}, P. Doornenbal¹, Z. Korkulu⁶, P. Lee⁷, H.L. Liu⁸, J.J. Liu⁹, G. Lorusso^{1,3}, S. Nishimura¹, T. Sumikama¹⁰, V. H. Phong^{1,11}, J. Wu^{1,12}, F.R. Xu¹², A. Yagi¹³, G.X. Zhang⁵, T. Alharbi¹⁴, H. Baba¹, F. Browne¹⁵, A.M. Bruce¹⁴, R. Carroll², K.Y. Chae¹⁶, Zs. Dombardi⁶, A. Estrade¹⁷, N. Fukuda¹, C. Griffin¹⁷, E. Ideguchi^{13,18}, N. Inabe¹, T. Isobe¹, H. Kanaoka¹³, I. Kojouharov¹⁹, F.G. Kondev²⁰, T. Kubo¹, S. Kubono¹, N. Kurz¹⁹, I. Kuti⁶, S. Lalkovski², G. J. Lane²¹, C.S. Lee⁷, E.J. Lee¹⁶, G. Lotay², C.-B. Moon²², I. Nishizuka¹⁰, C.R. Nita^{15,23}, A. Odahara¹³, Z. Patel², Zs. Podolyák², O.J. Roberts²⁴, H. Sakurai^{1,25}, H. Schaffner¹⁹, C.M. Shand², H. Suzuki¹, H. Takeda¹, S. Terashima⁵, Zs. Vajta⁶, J.J. Valiente-Dòbon²⁶, Z.Y. Xu⁹ and S. Yoshida¹³



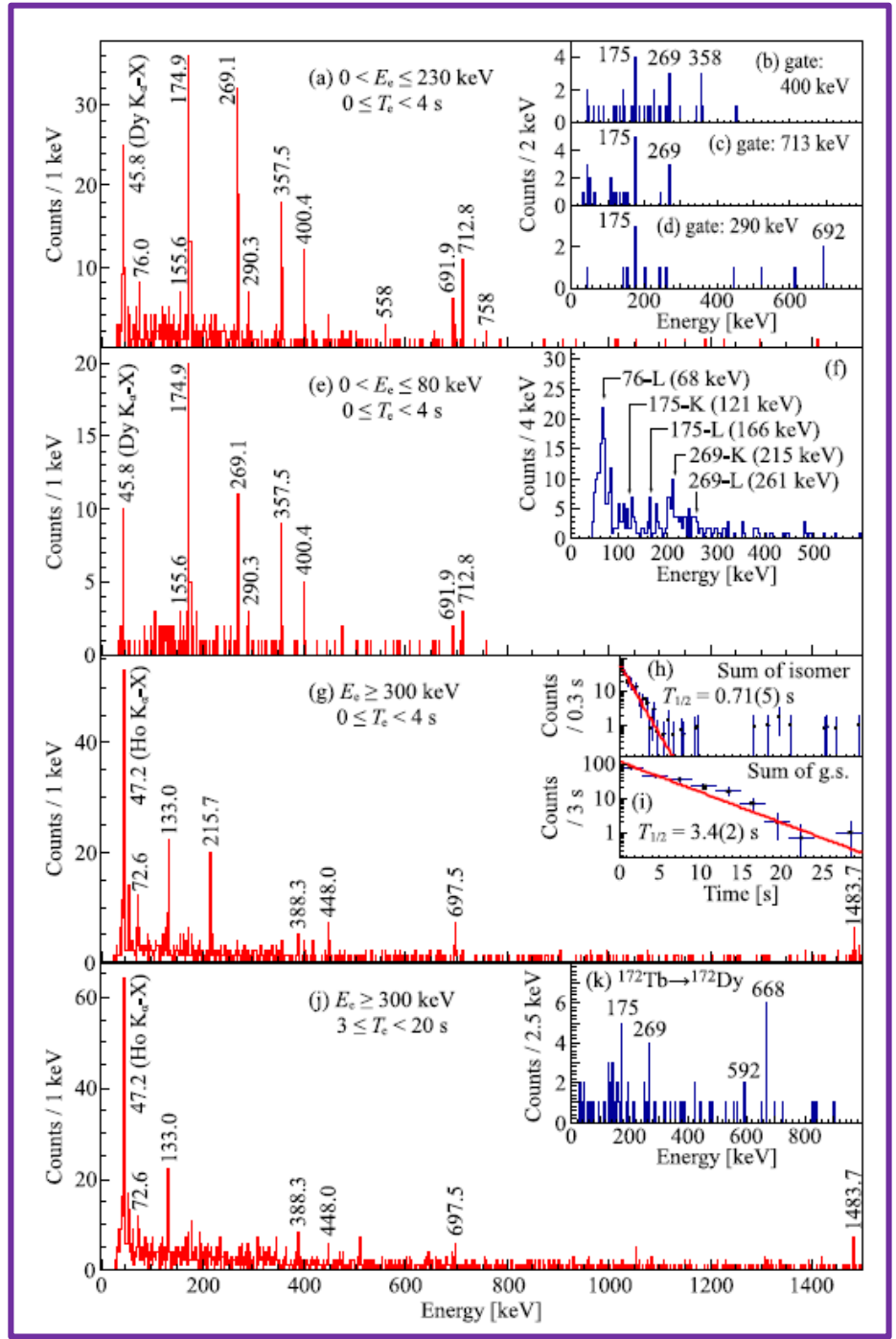
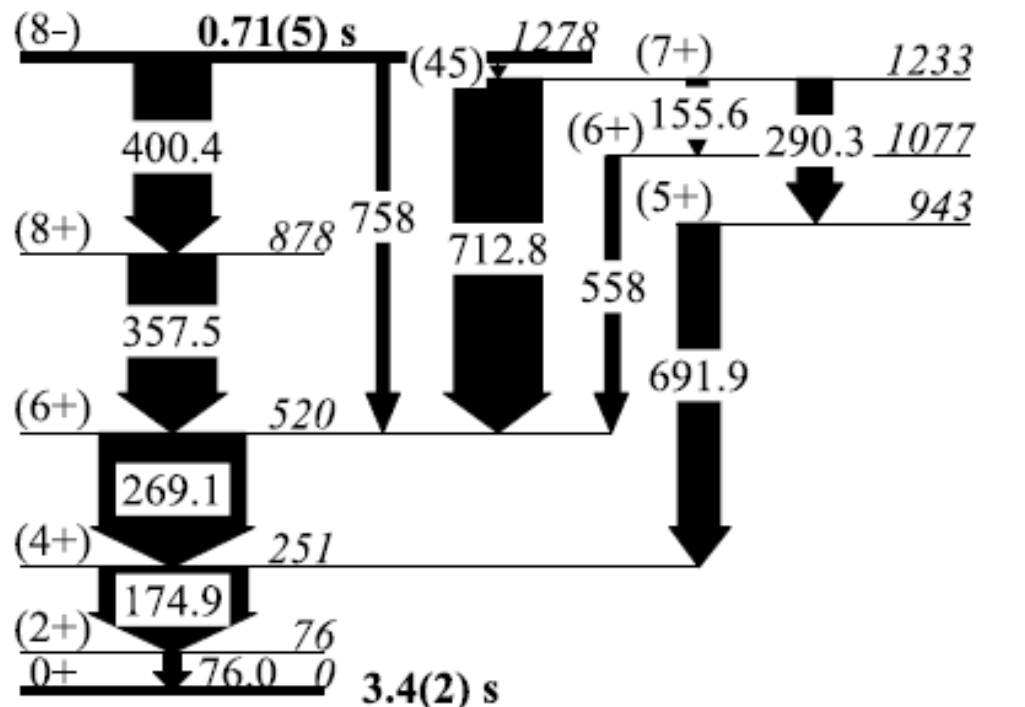
$^{172}\text{Dy}_{106}$: Past the mid-shell



Long-lived K isomer and enhanced γ vibration in the neutron-rich nucleus ^{172}Dy : Collectivity beyond double midshell



H. Watanabe^{a,b,c,*}, G.X. Zhang^{a,b}, K. Yoshida^{d,e}, P.M. Walker^f, J.J. Liu^g, J. Wu^{c,h}, P.H. Regan^{f,i}, P.-A. Söderström^c, H. Kanaoka^j, Z. Korkulu^k, P.S. Lee^l, S. Nishimura^c, A. Yagi^j, D.S. Ahn^c, T. Alharbi^m, H. Baba^c, F. Browneⁿ, A.M. Bruceⁿ, R.J. Carroll^f, K.Y. Chae^o, Zs. Dombradi^k, P. Doornenbal^c, A. Estrade^p, N. Fukuda^c, C. Griffin^p, E. Ideguchi^q, N. Inabe^c, T. Isobe^c, S. Kanaya^j, I. Kojouharov^r, F.G. Kondev^s, T. Kubo^c, S. Kubono^c, N. Kurz^r, I. Kuti^k, S. Lalkovski^f, G.J. Lane^t, C.S. Lee^l, E.J. Lee^o, G. Lorusso^{c,f,i}, G. Lotay^f, C.-B. Moon^u, I. Nishizuka^v, C.R. Nita^{n,w}, A. Odahara^j, Z. Patel^f, V.H. Phong^{c,x}, Zs. Podolyák^f, O.J. Roberts^y, H. Sakurai^c, H. Schaffner^r, C.M. Shand^f, Y. Shimizu^c, T. Sumikama^v, H. Suzuki^c, H. Takeda^c, S. Terashima^{a,b}, Zs. Vajta^k, J.J. Valiente-Dóbon^z, Z.Y. Xu^g



Dy GSB energy systematics: Moment of inertia systematics ('deformation' and stiffness?)

Test the rotational nature of the Dy isotopes across the valence maximum at N=104 using:

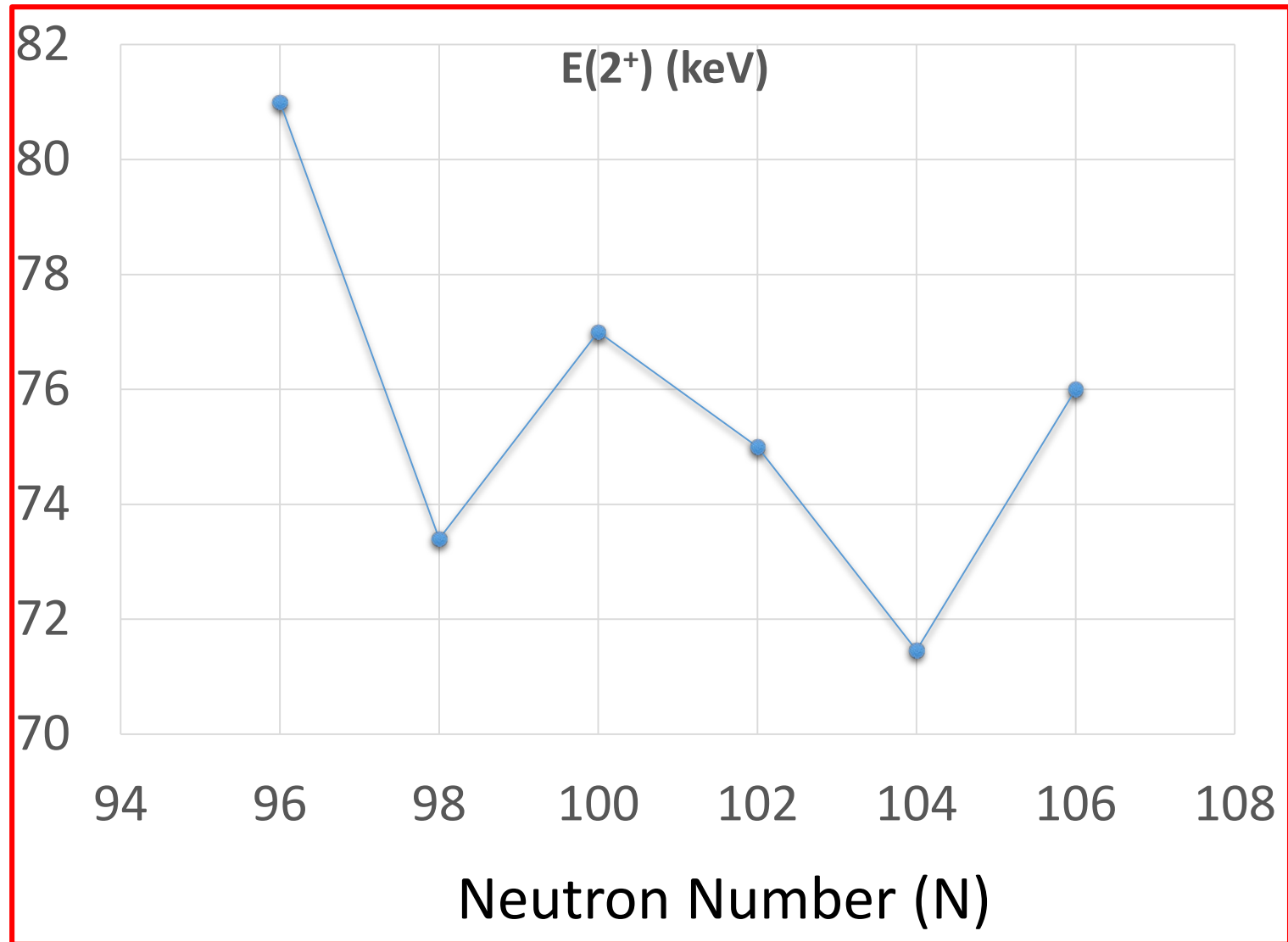
$$E(I) = \frac{\hbar^2}{2J} I(I+1)$$

J = moment of inertia.

Classically, $J \sim (C \cdot MR^2)$
with $\sim C \cdot A^{5/3}$; A = mass number.

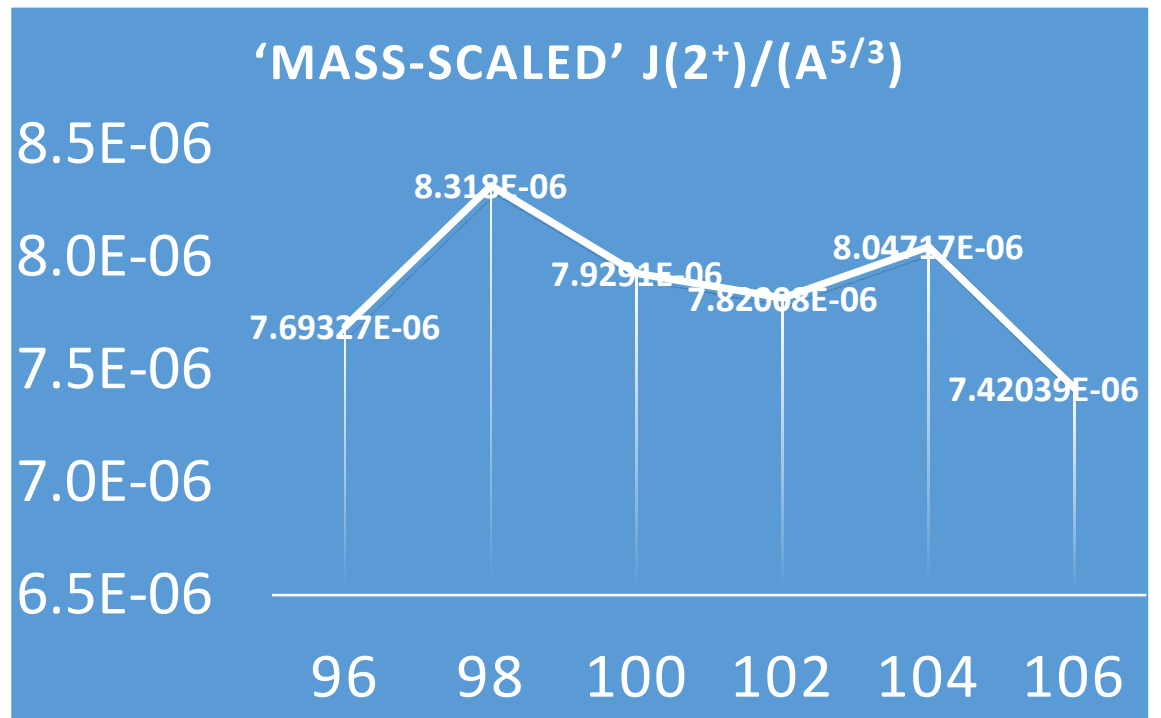
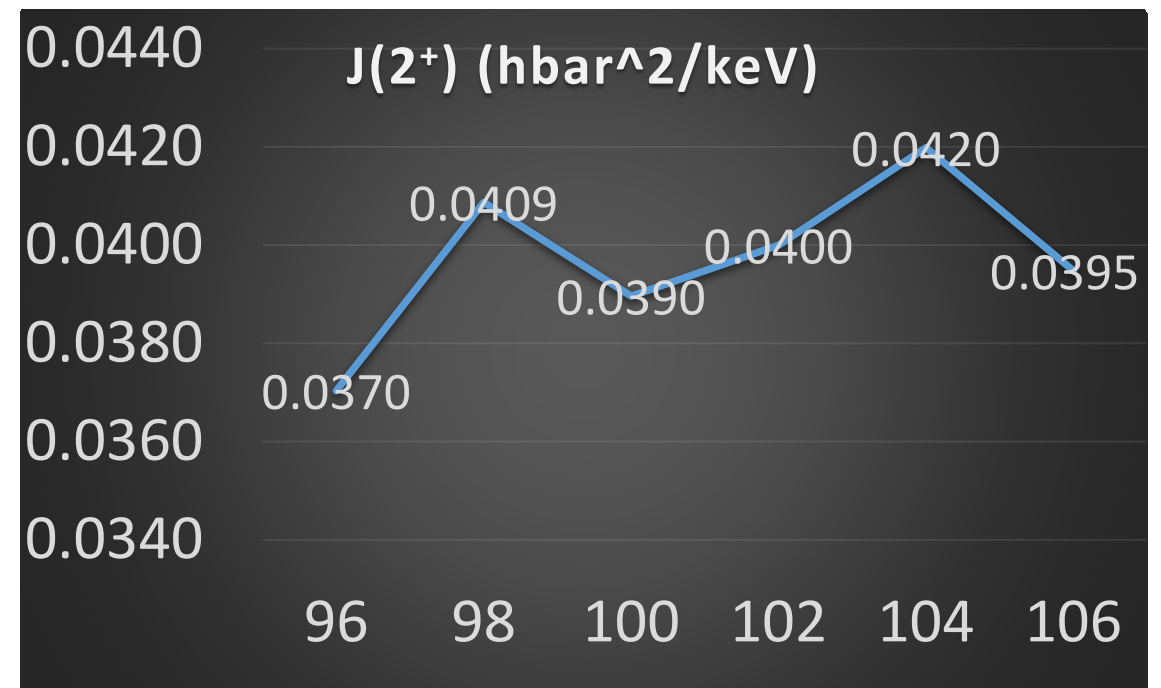
C is a measure of the mass distribution away from the rotation axis.

Bigger moments of inertia = larger quadrupole deformations.



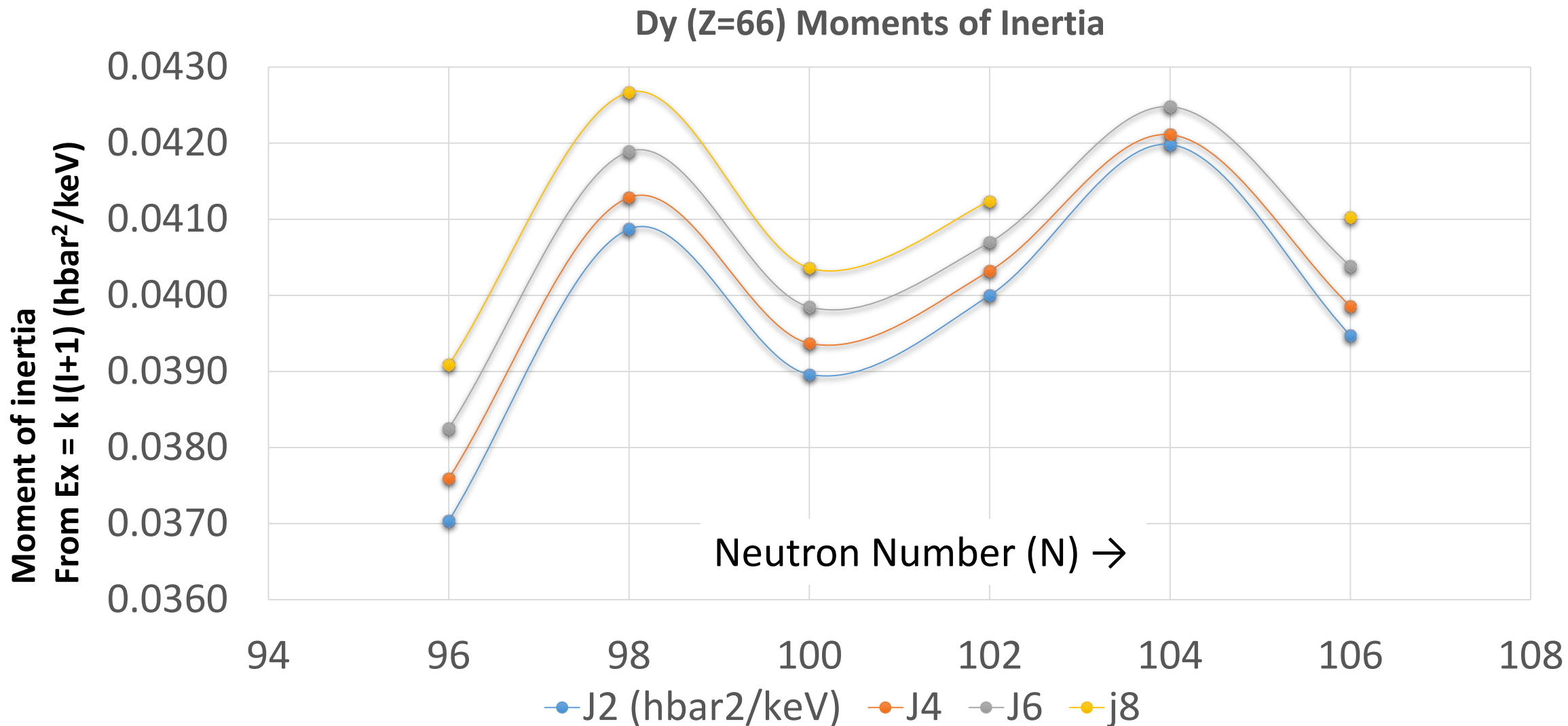
Moment of inertia from $I^{\pi=2^+}$ state energy shows
Highest moment of inertia
For ^{170}Dy .

BUT Mass scaled moment
of inertia suggest largest
Deformation is at $N=98$ (^{164}Dy).



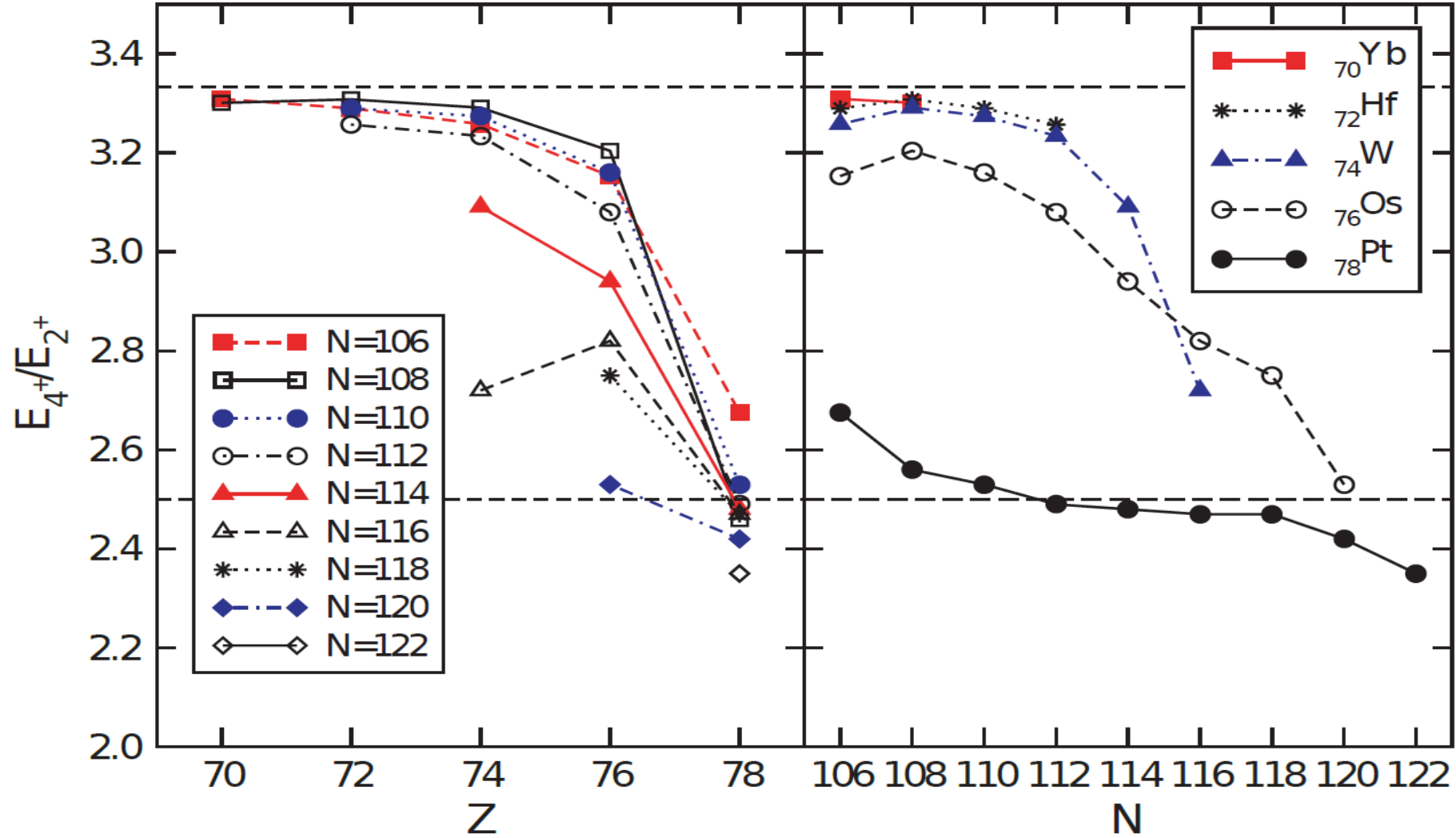
Stiffness and 'small rotation stretching'?

(energy systematics suggest stiffest at N=104)



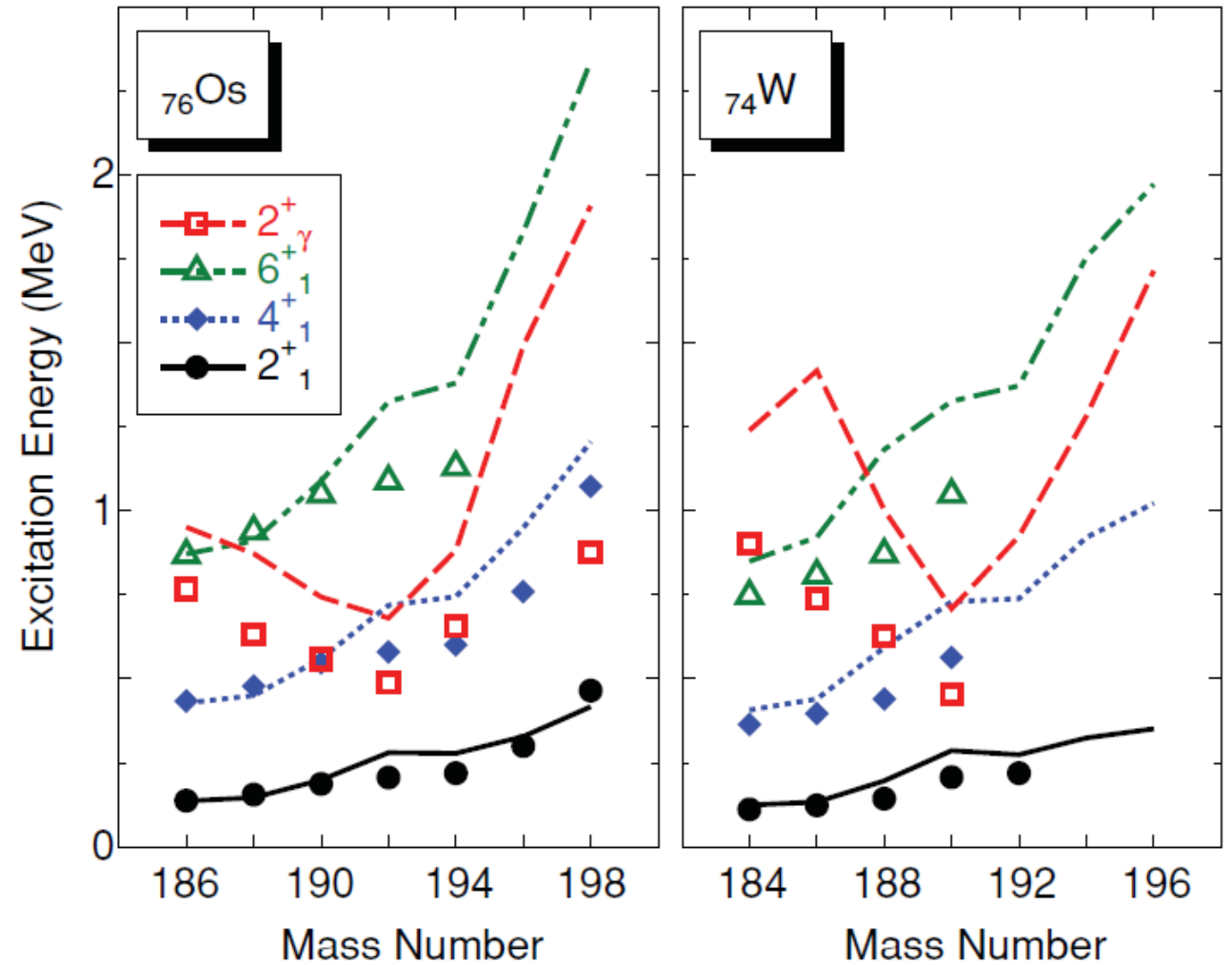
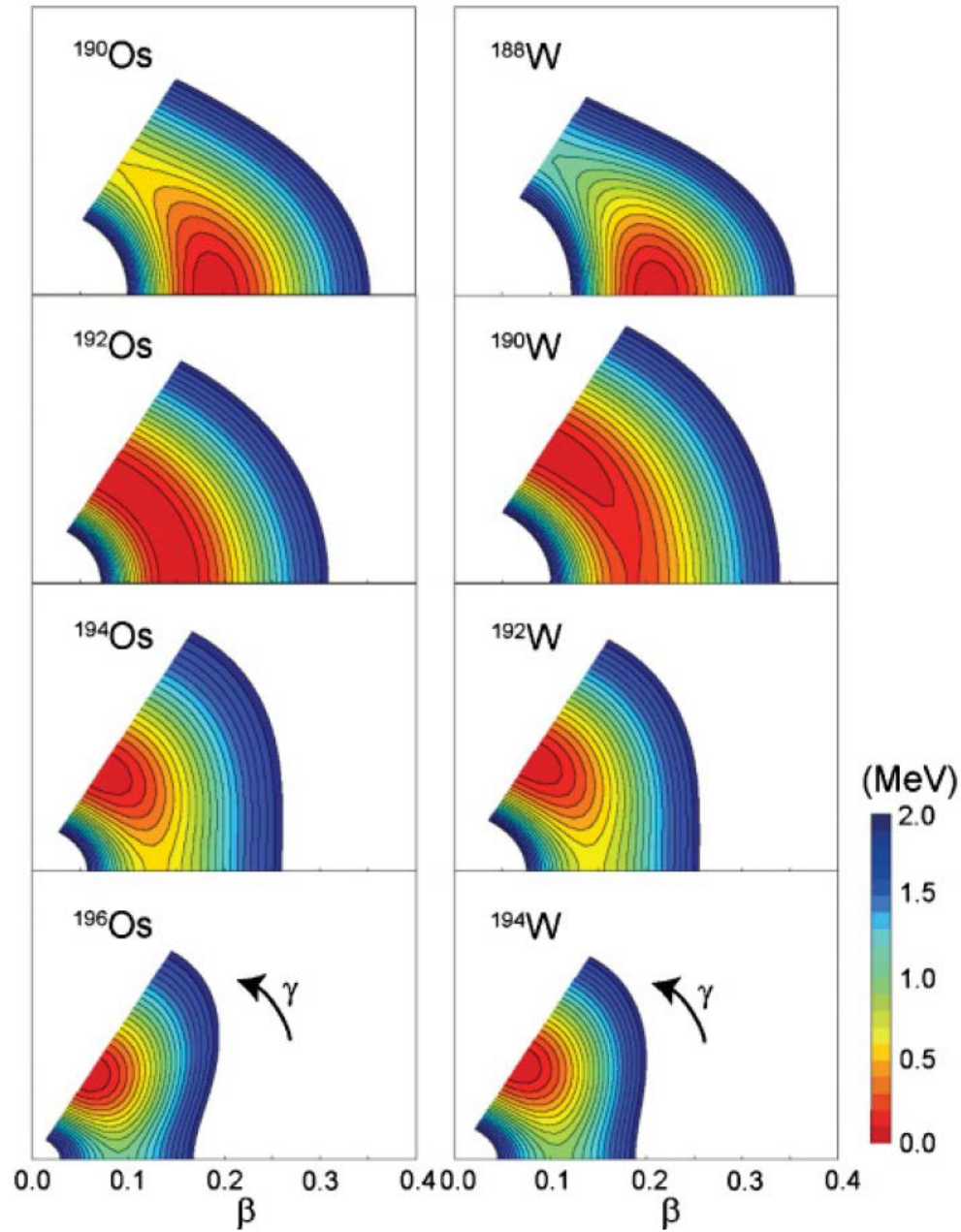
Going soft ?

Shape Evolution at A~190



- Evolution of collectivity away from ^{208}Pb
- Prolate-oblate shape transition toward $N=126$

W-Pt shape evolution across $N \sim 114, 6$



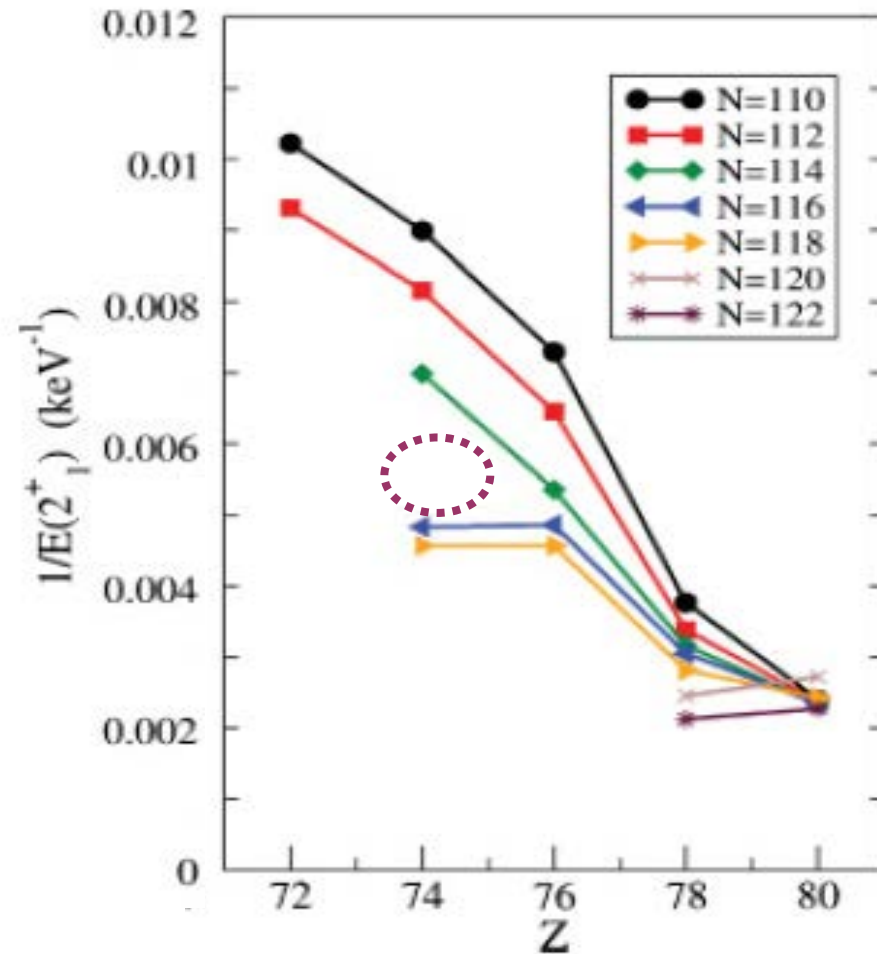
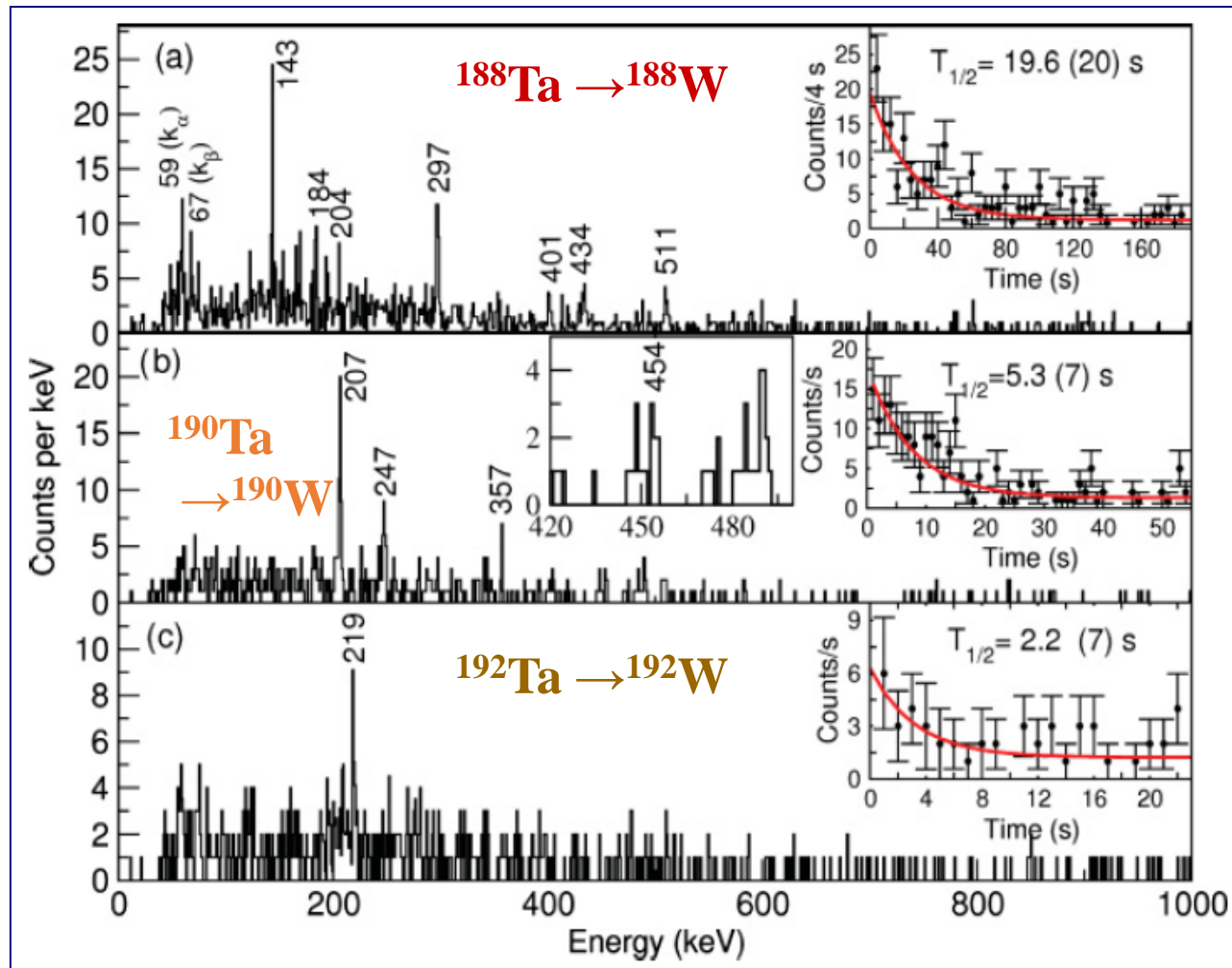
Spectroscopic calculations of the low-lying structure in exotic Os and W isotopes

K. Nomura,¹ T. Otsuka,^{1,2,3} R. Rodríguez-Guzmán,⁴ L. M. Robledo,⁵ P. Sarriguren,⁴ P. H. Regan,⁶
P. D. Stevenson,⁶ and Zs. Podolyák⁶

Spectroscopy calculations using IBM projections from Gogny D1S EDF

β^- -delayed spectroscopy of neutron-rich tantalum nuclei: Shape evolution in neutron-rich tungsten isotopes

N. Alkhomashi,^{1,*} P. H. Regan,¹ Zs. Podolyák,¹ S. Pietri,¹ A. B. Garnsworthy,¹ S. J. Steer,¹ J. Benlliure,² E. Caserejos,² R. F. Casten,³ J. Gerl,⁴ H. J. Wollersheim,⁴ J. Grebosz,⁵ G. Farrelly,¹ M. Górska,⁴ I. Kojouharov,⁴ H. Schaffner,⁴ A. Algora,^{6,7} G. Benzoni,⁸ A. Blazhev,⁹ P. Boutachkov,⁴ A. M. Bruce,¹⁰ A. M. Denis Bacelar,¹⁰ I. J. Cullen,¹ L. Cáceres,⁴ P. Doornenbal,⁴ M. E. Estevez,² Y. Fujita,¹¹ W. Gelletly,¹ R. Hoischen,^{4,12} R. Kumar,¹³ N. Kurz,⁴ S. Lalkovski,¹⁰ Z. Liu,¹⁴ C. Mihai,¹⁵ F. Molina,⁶ A. I. Morales,² D. Mücher,⁹ W. Prokopowicz,⁴ B. Rubio,⁶ Y. Shi,¹⁶ A. Tamii,¹⁷ S. Tashenov,⁴ J. J. Valiente-Dobón,¹⁸ P. M. Walker,¹ P. J. Woods,¹⁴ and F. R. Xu¹⁶



What the yrast $I^\pi=2^+$ lifetime can give you ?



Atomic Data and Nuclear Data Tables 107 (2016) 1–139

Atomic Data and Nuclear Data Tables

journal homepage: www.elsevier.com/locate/adt



Tables of E2 transition probabilities from the first 2^+ states in even–even nuclei

B. Pritychenko ^{a,*}, M. Birch ^b, B. Singh ^b, M. Horoi ^c



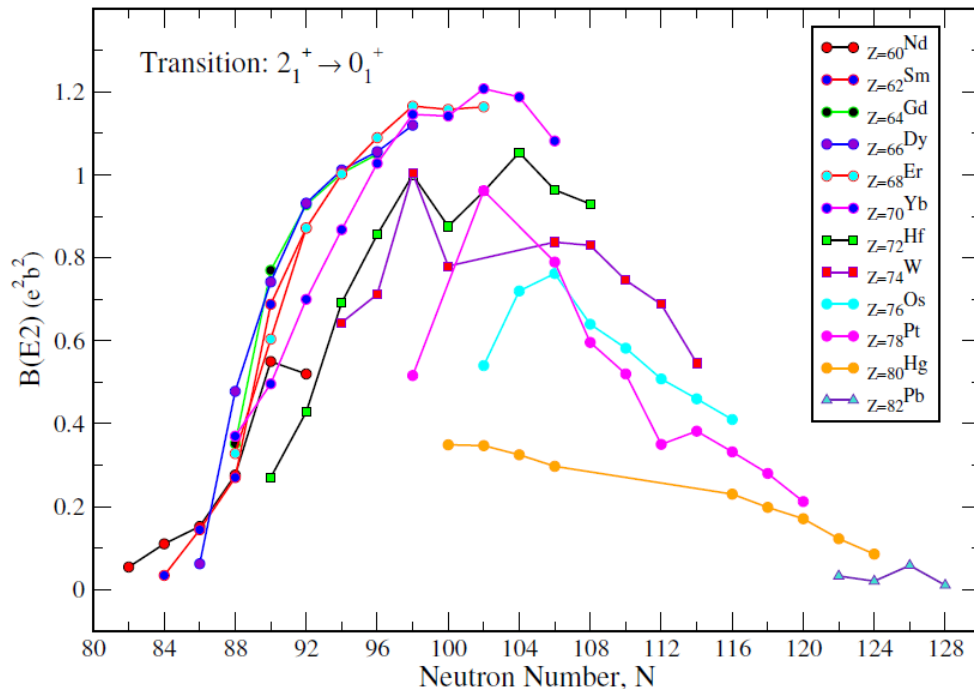
The current evaluation represents the recommended values of $B(E2)\uparrow$ in e^2b^2 , mean lifetimes (τ) in picoseconds (ps) and deformation parameters (β_2) for the first 2^+ states in $Z = 2-104$, even N nuclei. These quantities are mutually related:

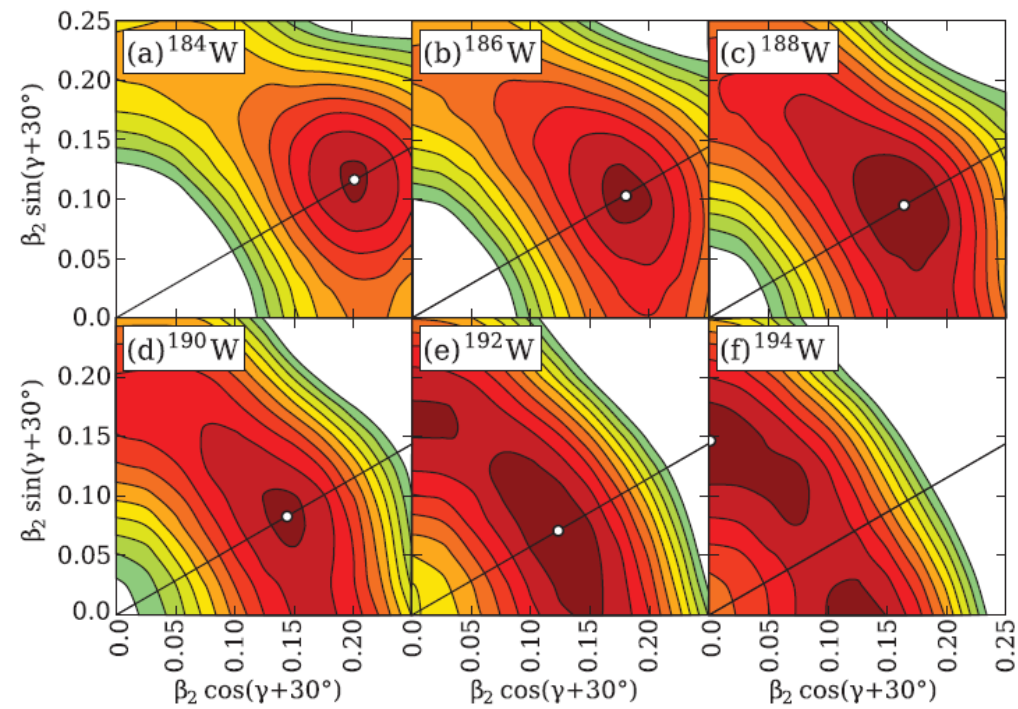
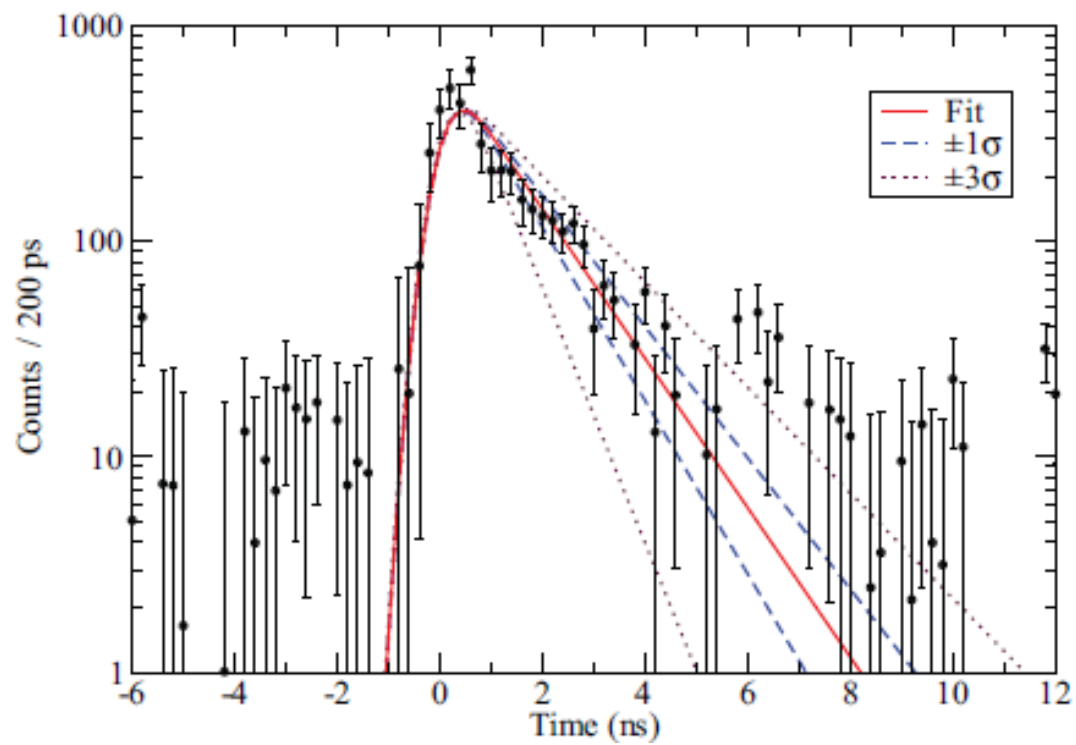
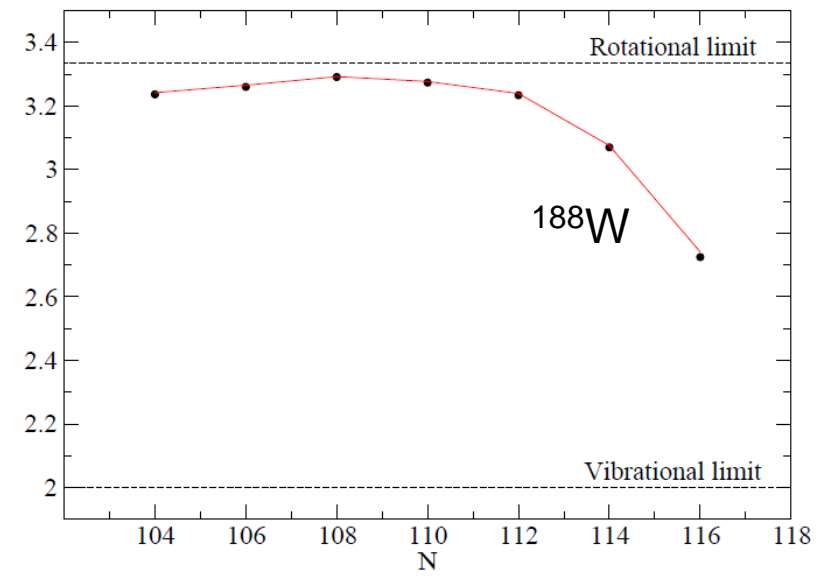
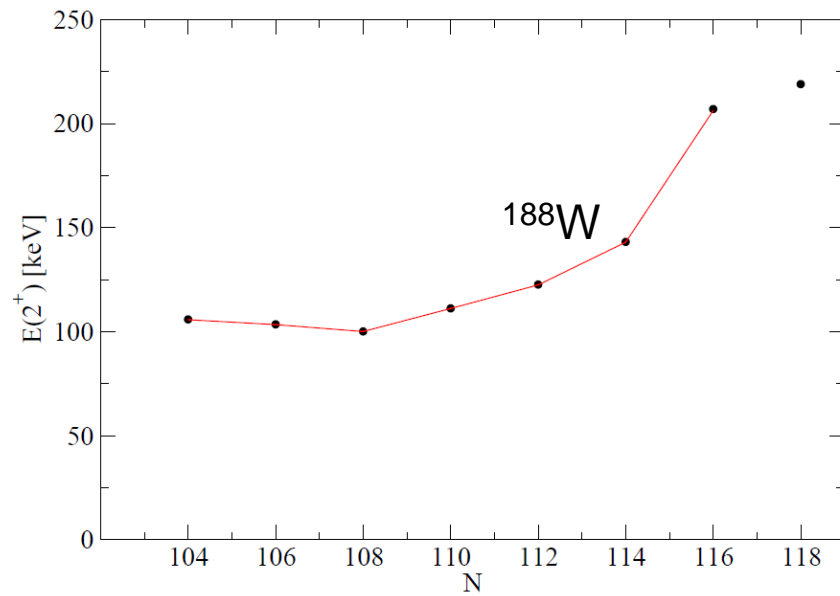
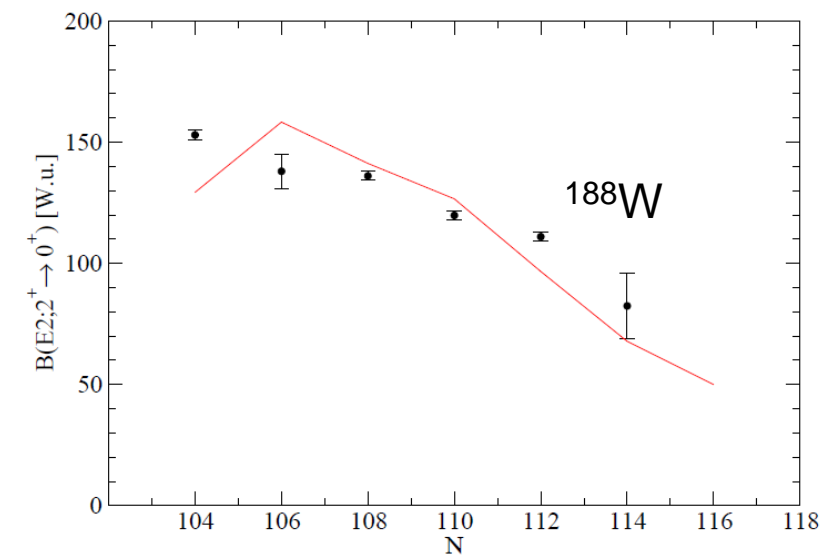
$$\tau = 40.81 \times 10^{13} E_\gamma^{-5} [B(E2) \uparrow / e^2 b^2]^{-1} (1 + \alpha_T)^{-1} \quad (1)$$

$$\beta_2 = (4\pi / 3ZR_0^2) [B(E2) \uparrow / e^2]^{1/2}, \quad (2)$$

where E_γ and α_T are the γ -ray energy in keV and the total conversion electron coefficient, respectively, and $R_0^2 = (1.2 \times 10^{-13} A^{1/3} \text{ cm})^2$. To introduce an additional measure of collectivity for nuclear excitations, Weisskopf units (W.u.) are added. Transition quadrupole moment values Q_0 in barns (b) are not included in the current evaluation, however can be deduced from the presented work

$$Q_0 = [16\pi B(E2) \uparrow / 5e^2]^{1/2}. \quad (3)$$

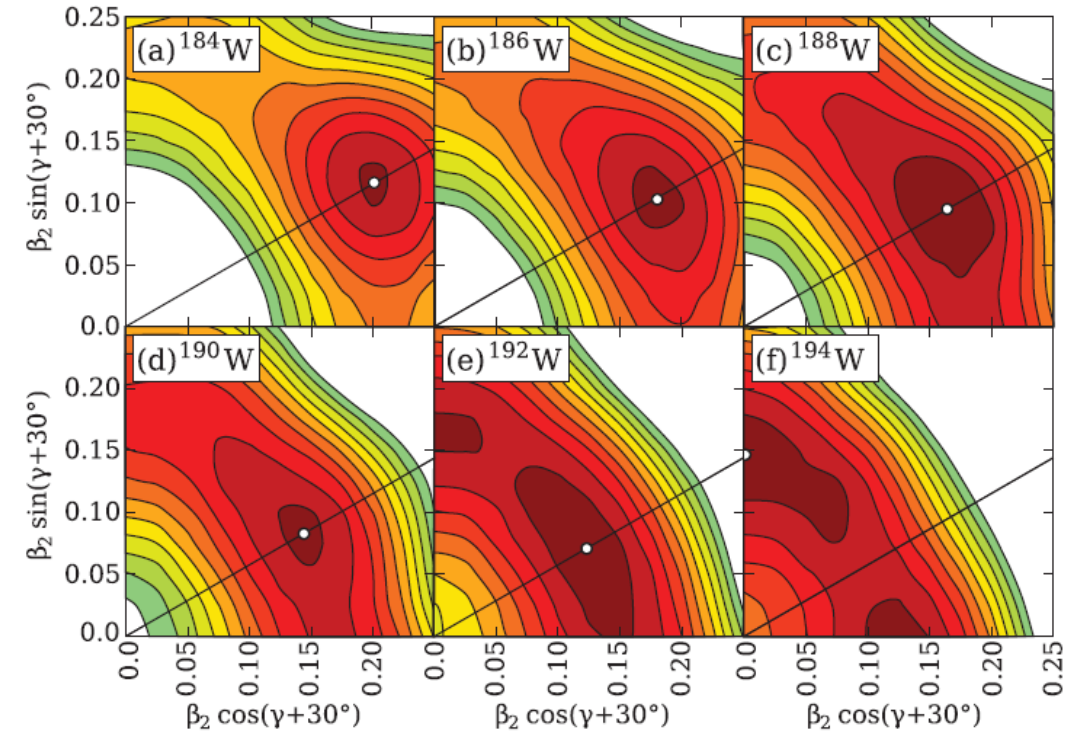
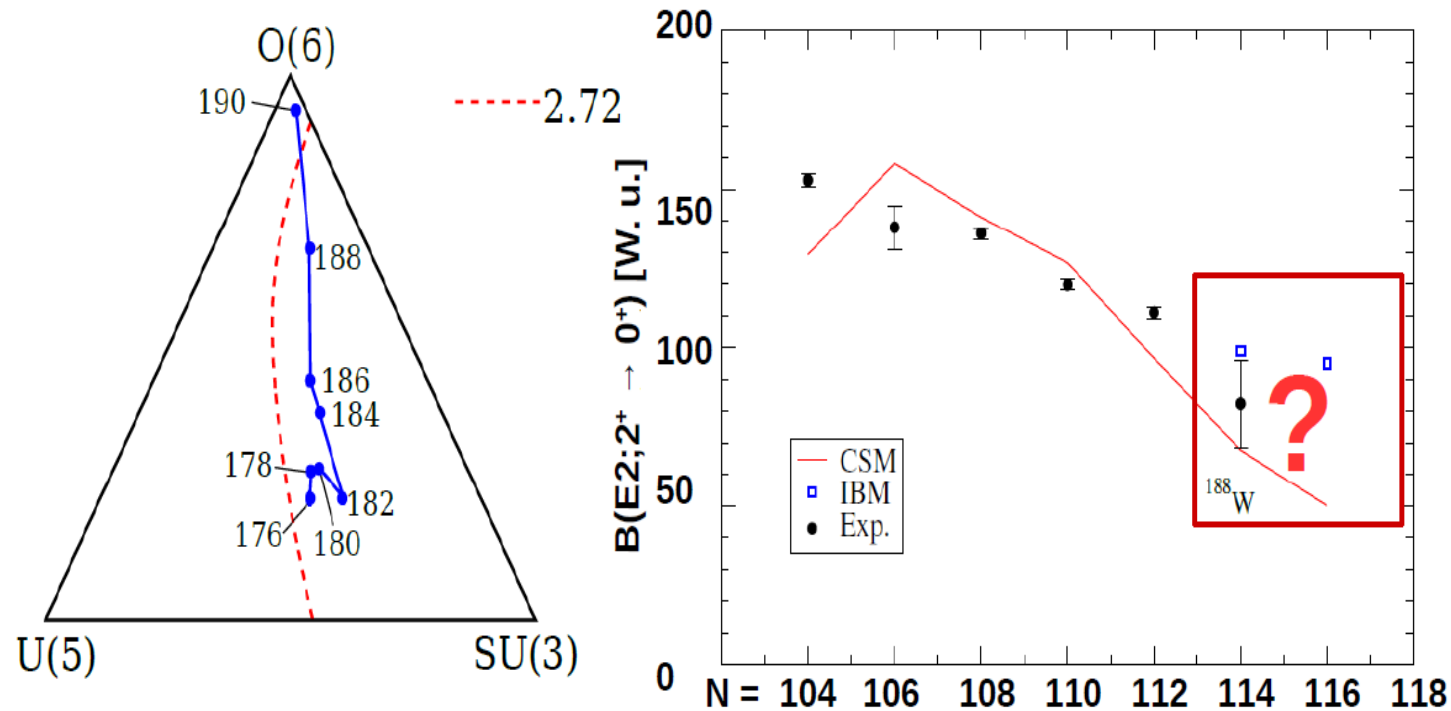




188,190,192W

Half-life of the yrast 2^+ state in ^{188}W : Evolution of deformation and collectivity in neutron-rich tungsten isotopes

P. J. R. Mason,^{1,*} Zs. Podolyák,¹ N. Mărginean,² P. H. Regan,^{1,3} P. D. Stevenson,¹ V. Werner,⁴ T. Alexander,¹ A. Algora,^{5,6} T. Alharbi,^{1,7} M. Bowry,¹ R. Britton,¹ A. M. Bruce,⁸ D. Bucurescu,² M. Bunce,¹ G. Căta-Danil,² I. Căta-Danil,² N. Cooper,⁴



- Reduction of $R_{4/2}$ at $N=114$ structural change toward γ -soft / IBM- $O(6)$ symmetry.
- Possible (deformed / triaxial) sub-shell closure at $N=116$
- $B(E2; 2^+_1 \rightarrow 0^+_1)$ values give (evolution of) transitional quadrupole moments with N .

^{194}Os spectroscopy and lifetimes

$^{192}\text{Os}(^{18}\text{O}, ^{16}\text{O})^{194}\text{Os}$ (2 neutron transfer reaction);
 $E_{\text{BEAM}}=80$ MeV on a 20 mg/cm 2 ^{192}Os target,
 $I\sim 20$ pA over 9 days of beam time.

T. DANIEL *et al.*

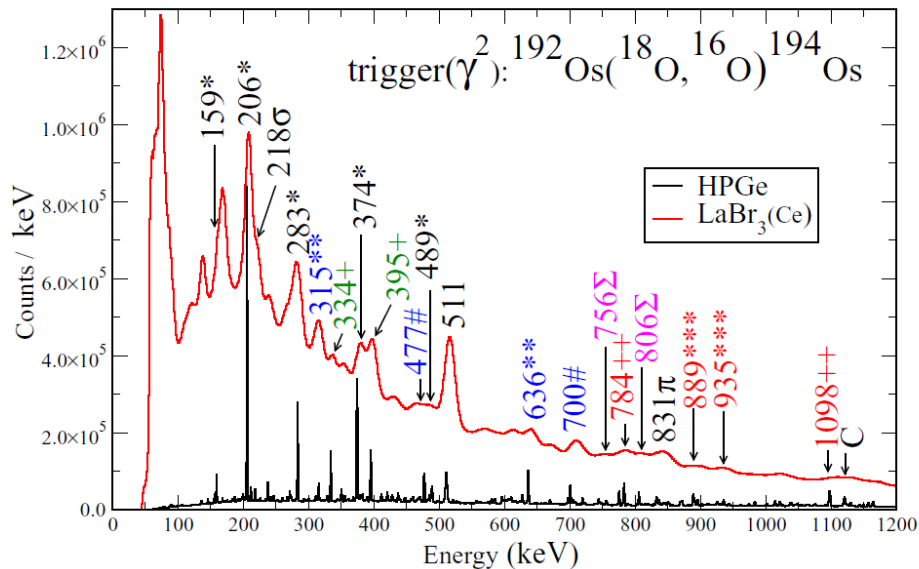


FIG. 1. Total projections of the HPGe and $\text{LaBr}_3(\text{Ce})$ detectors with double prompt coincidence condition applied. Peaks identified with an asterisk are associated with ^{192}Os , $\sigma = ^{194}\text{Os}$, $++ = ^{50}\text{Cr}$, $\pi = ^{51}\text{Mn}$, $\Sigma = ^{54}\text{Fe}$, $\# = ^{206}\text{Po}$, $+ = ^{205}\text{Po}$, $*** = ^{67}\text{Ga}$ and C = contamination.

γ -ray spectroscopy of low-lying excited states and shape competition in ^{194}Os

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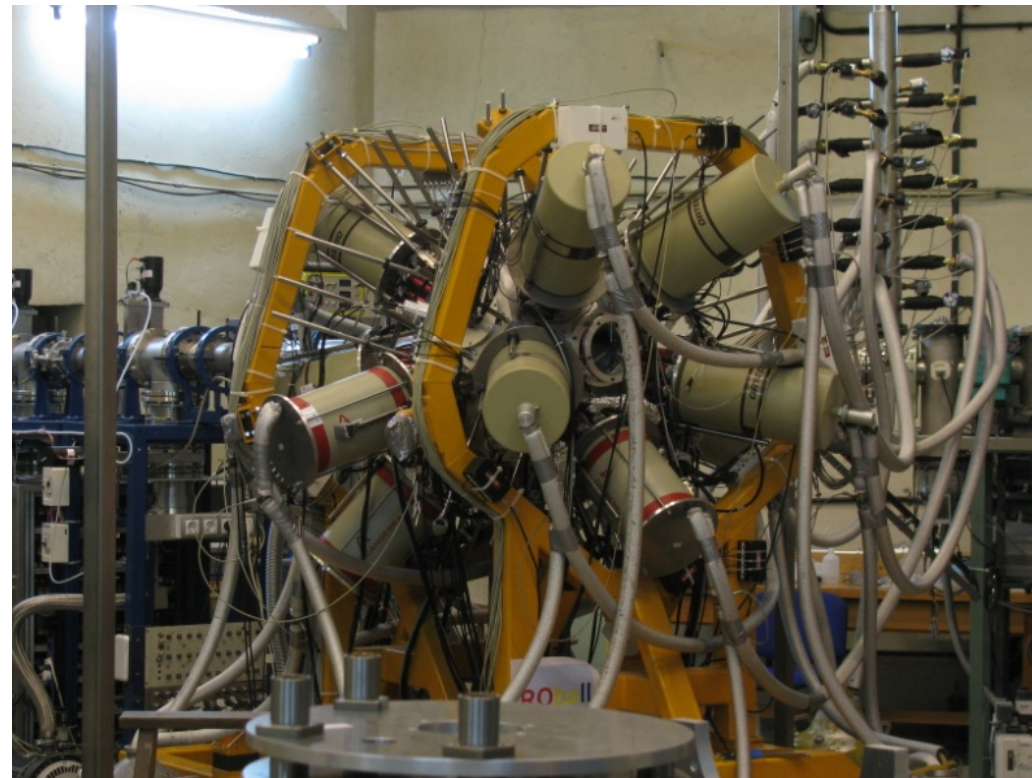
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(Received 20 December 2016; published 28 February 2017)



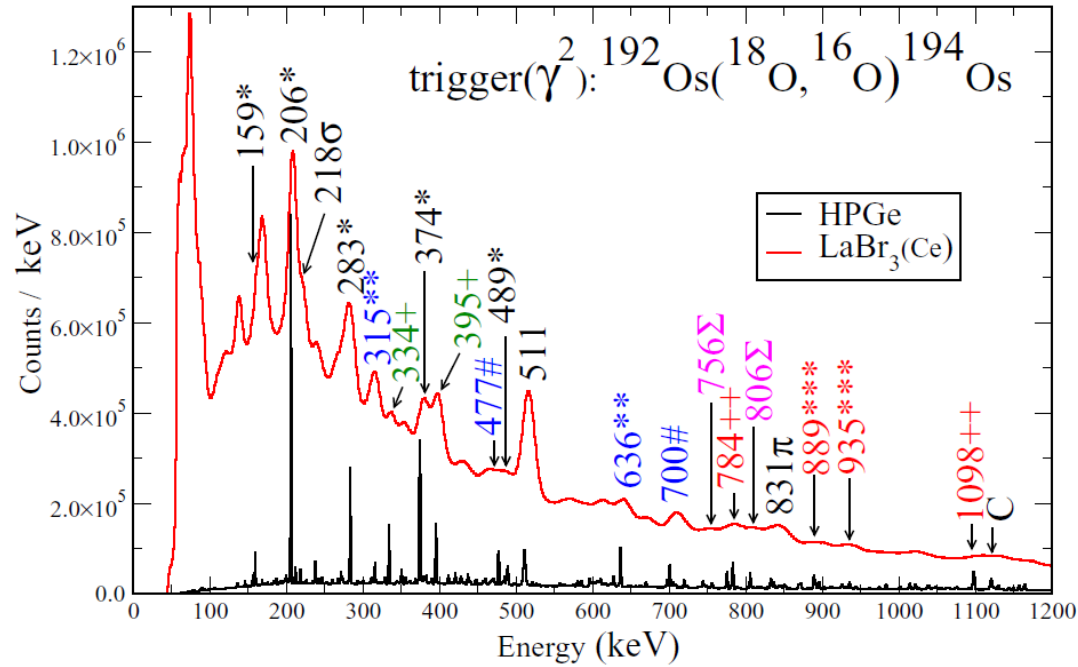


FIG. 1. Total projections of the HPGe and LaBr₃(Ce) detectors with double prompt coincidence condition applied. Peaks identified with an asterisk are associated with ^{192}Os , $\sigma = ^{194}\text{Os}$, $++ = ^{50}\text{Cr}$, $\pi = ^{51}\text{Mn}$, $\Sigma = ^{54}\text{Fe}$, $\# = ^{206}\text{Po}$, $+ = ^{205}\text{Po}$, $*** = ^{67}\text{Ga}$ and C = contamination.

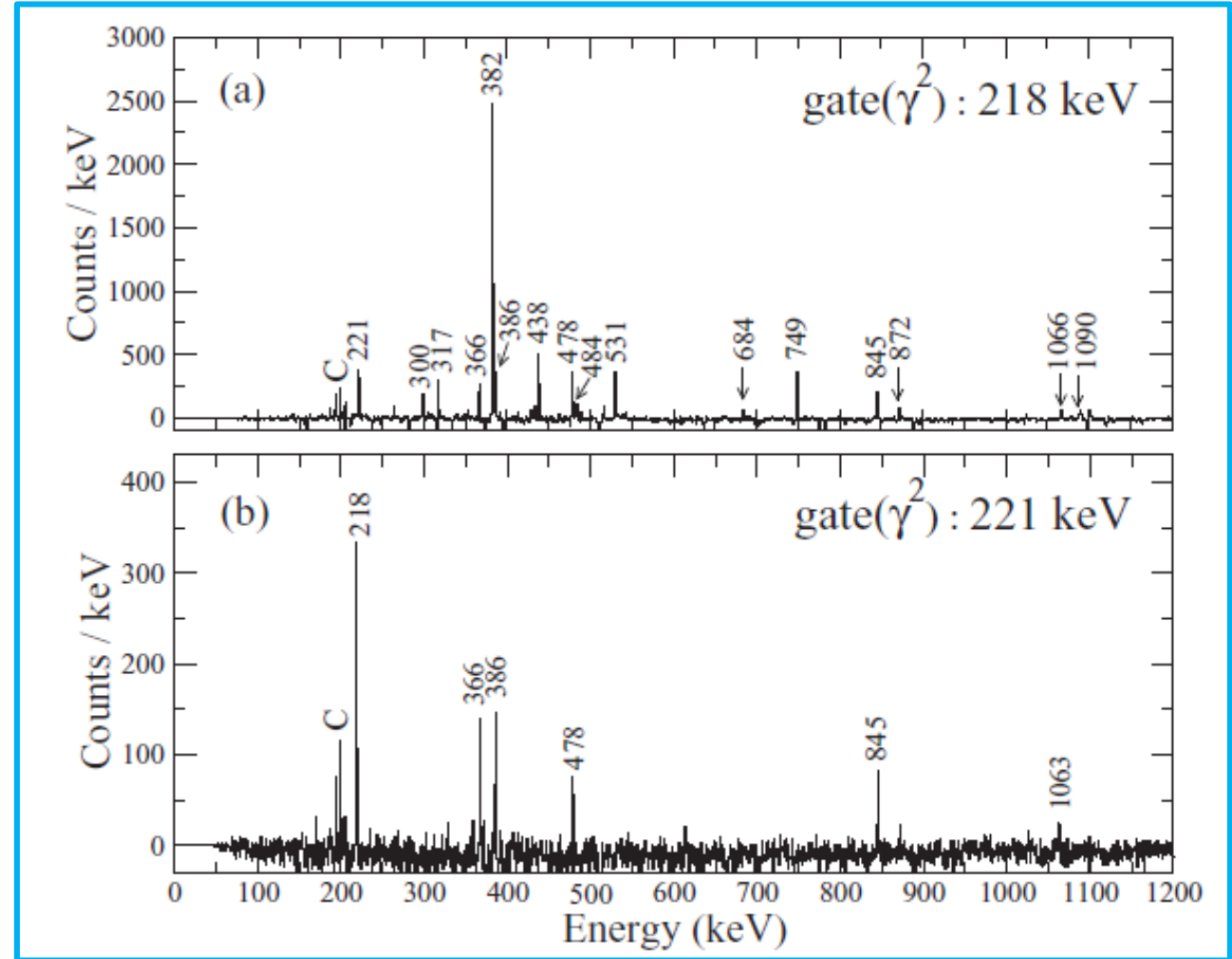
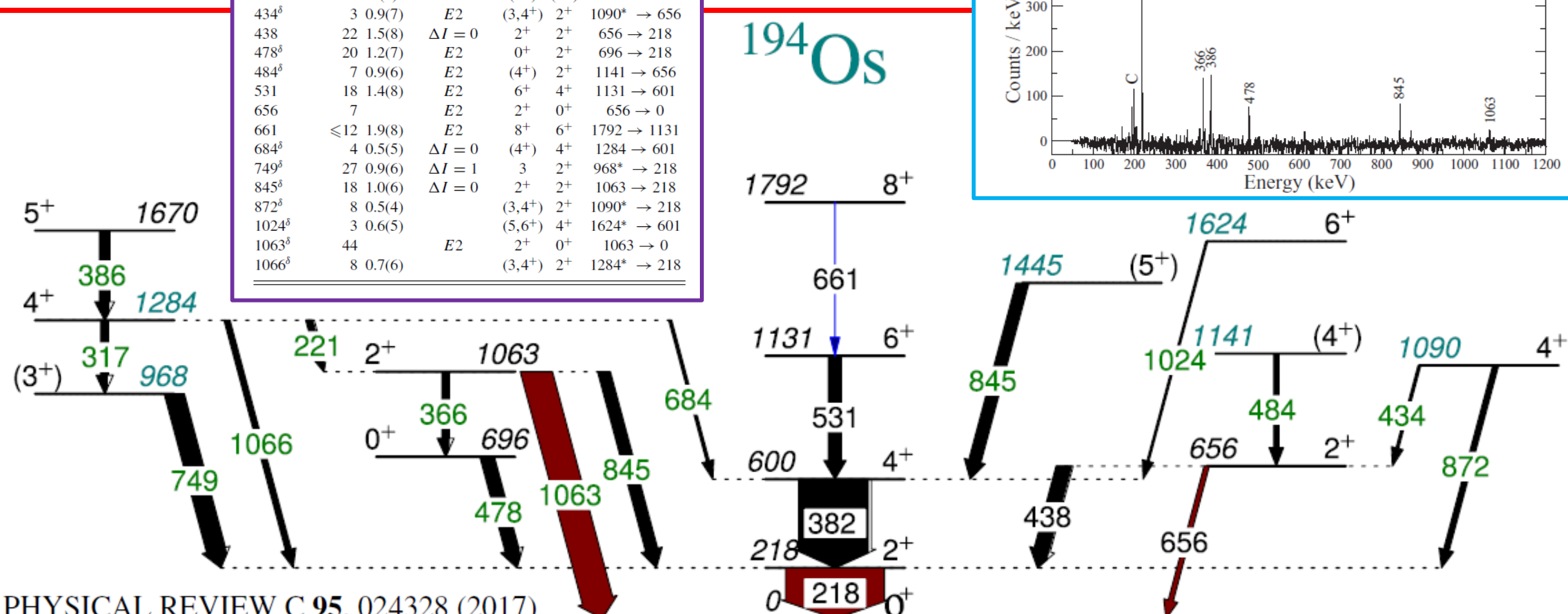
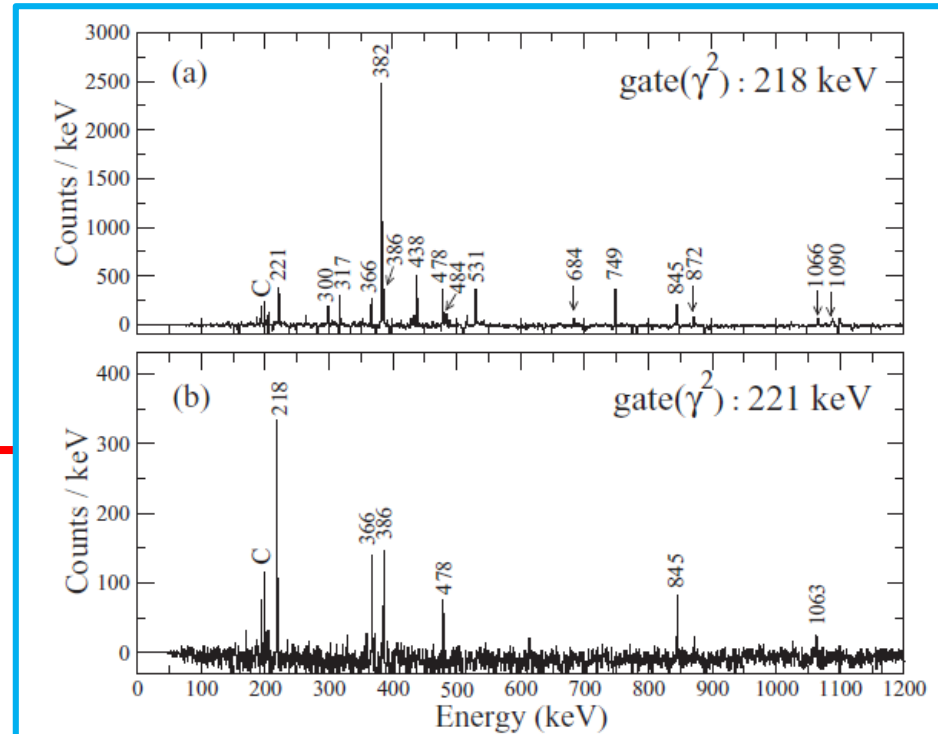


TABLE I. The observed transitions associated with ^{194}Os in the current work. Newly observed and placed transitions are marked with a δ . Newly placed energy levels are marked with an asterisk. $E2$ —quadrupole, $\Delta I = 1$ —mixed $M1/E2$ or $E1$. Tentative spin/parity assignments are given in parentheses.

E_γ (keV)	I_γ (Rel.)	R_{DCO}	Multipolarity of transition	J_i^π	J_f^π	Transition $E_i \rightarrow E_f$
218	114		$E2$	2^+	0^+	$218 \rightarrow 0$
221^δ	10	1.0(6)	$E2$	$(3,4^+)$	2^+	$1284^* \rightarrow 1063$
317^δ	9	1.0(7)	$\Delta I = 1$	(4^+)	(3^+)	$1284^* \rightarrow 968$
366^δ	10	1.1(7)	$E2$	2^+	0^+	$1063 \rightarrow 696$
382	100	1.4(7)	$E2$	4^+	2^+	$601 \rightarrow 218$
386^δ	13	2(1)	$\Delta I = 1$	(5^+)	(4^+)	$1670 \rightarrow 1284$
434^δ	3	0.9(7)	$E2$	$(3,4^+)$	2^+	$1090^* \rightarrow 656$
438	22	1.5(8)	$\Delta I = 0$	2^+	2^+	$656 \rightarrow 218$
478^δ	20	1.2(7)	$E2$	0^+	2^+	$696 \rightarrow 218$
484^δ	7	0.9(6)	$E2$	(4^+)	2^+	$1141 \rightarrow 656$
531	18	1.4(8)	$E2$	6^+	4^+	$1131 \rightarrow 601$
656	7		$E2$	2^+	0^+	$656 \rightarrow 0$
661	≤ 12	1.9(8)	$E2$	8^+	6^+	$1792 \rightarrow 1131$
684^δ	4	0.5(5)	$\Delta I = 0$	(4^+)	4^+	$1284 \rightarrow 601$
749^δ	27	0.9(6)	$\Delta I = 1$	3	2^+	$968^* \rightarrow 218$
845^δ	18	1.0(6)	$\Delta I = 0$	2^+	2^+	$1063 \rightarrow 218$
872^δ	8	0.5(4)		$(3,4^+)$	2^+	$1090^* \rightarrow 218$
1024^δ	3	0.6(5)		$(5,6^+)$	4^+	$1624^* \rightarrow 601$
1063^δ	44		$E2$	2^+	0^+	$1063 \rightarrow 0$
1066^δ	8	0.7(6)		$(3,4^+)$	2^+	$1284^* \rightarrow 218$



Current state of the art and predictions?

B. Pritychenko et al. / Atomic Data and Nuclear Data Tables 107 (2016) 1–139

Nuclide	E_{2^+} (keV)	$B(E2)\uparrow$ (e^2b^2)	$B(E2)$ (W.u.)	τ (ps)	β_2	$B(E2)\uparrow$ [13] (e^2b^2)
^{192}Os	205.79442(9)	2.348(90)* 2.03(10) 2.03(10)*	72.4(28)* 61.7(30) 61.6(30)*	539(22)* 418($^{+22}_{-20}$) 419($^{+22}_{-20}$)*	0.1775(36)* 0.1639(40) 0.1637(40)*	2.100(30)
^{194}Os	218.509(6)					
^{196}Os	324.4(10)					
^{198}Os	465.4(5)					

Nuclear stiffness evolutions against axial and non-axial quadrupole deformations in even- A osmium isotopes

Prog. Theor. Exp. Phys. **2015**, 073D03 (14 pages)
DOI: 10.1093/ptep/ptv099

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Nuclei	PES ^a		FY + FRDM		ETFSI		EXP ^c
	β_2	β_4	β_2	β_4	β_2	β_4	β_2
$^{188}_{76}\text{Os}_{112}$	0.179	-0.059	0.192	-0.086	0.20	-0.07	0.186
$^{190}_{76}\text{Os}_{114}$	0.164	-0.058	0.164	-0.080	0.19	-0.06	0.178
$^{192}_{76}\text{Os}_{116}$	0.146	-0.055	0.155	-0.081	0.17	-0.08	0.167
$^{194}_{76}\text{Os}_{118}$	0.127	-0.050	0.145	-0.082	-0.16	-0.01	—
$^{196}_{76}\text{Os}_{120}$	0.112	-0.038	-0.156	-0.028	-0.12	-0.01	—
$^{198}_{76}\text{Os}_{122}$	0.097	-0.027	-0.096	-0.028	-0.08	-0.01	—
$^{200}_{76}\text{Os}_{124}$	0.039	-0.009	-0.061	-0.037	0.00	0.01	—

<u>(5)</u> 1670		<u>(5,6⁺)</u> 1624		<u>8⁺</u> 1792
	<u>(3,4⁺)</u> 1284			
<u>(4⁺)</u> 1141	<u>2⁺</u> 1063	<u>(3,4⁺)</u> 1090		<u>6⁺</u> 1131
		<u>(3)</u> 968		
	<u>0⁺</u> 696	<u>2⁺</u> 656		<u>4⁺</u> 600
194Os				
				<u>2⁺</u> 218
				<u>0⁺</u> 0
Experimental				

<u>8⁺</u> 2182		<u>6⁺</u> 2219				
		<u>5⁺</u> 2085		<u>4⁺</u> 2103		<u>3⁺</u> 2052
				<u>2⁺</u> 1946		<u>1⁺</u> 1960
						<u>2⁺</u> 2140
<u>6⁺</u> 1384		<u>4⁺</u> 1469		<u>0⁺</u> 1456		
		<u>3⁺</u> 1384				
				<u>2⁺</u> 865		
<u>4⁺</u> 745						
				<u>2⁺</u> 276		
				<u>0⁺</u> 0		
IBM calculations (Nomura et al.,)						

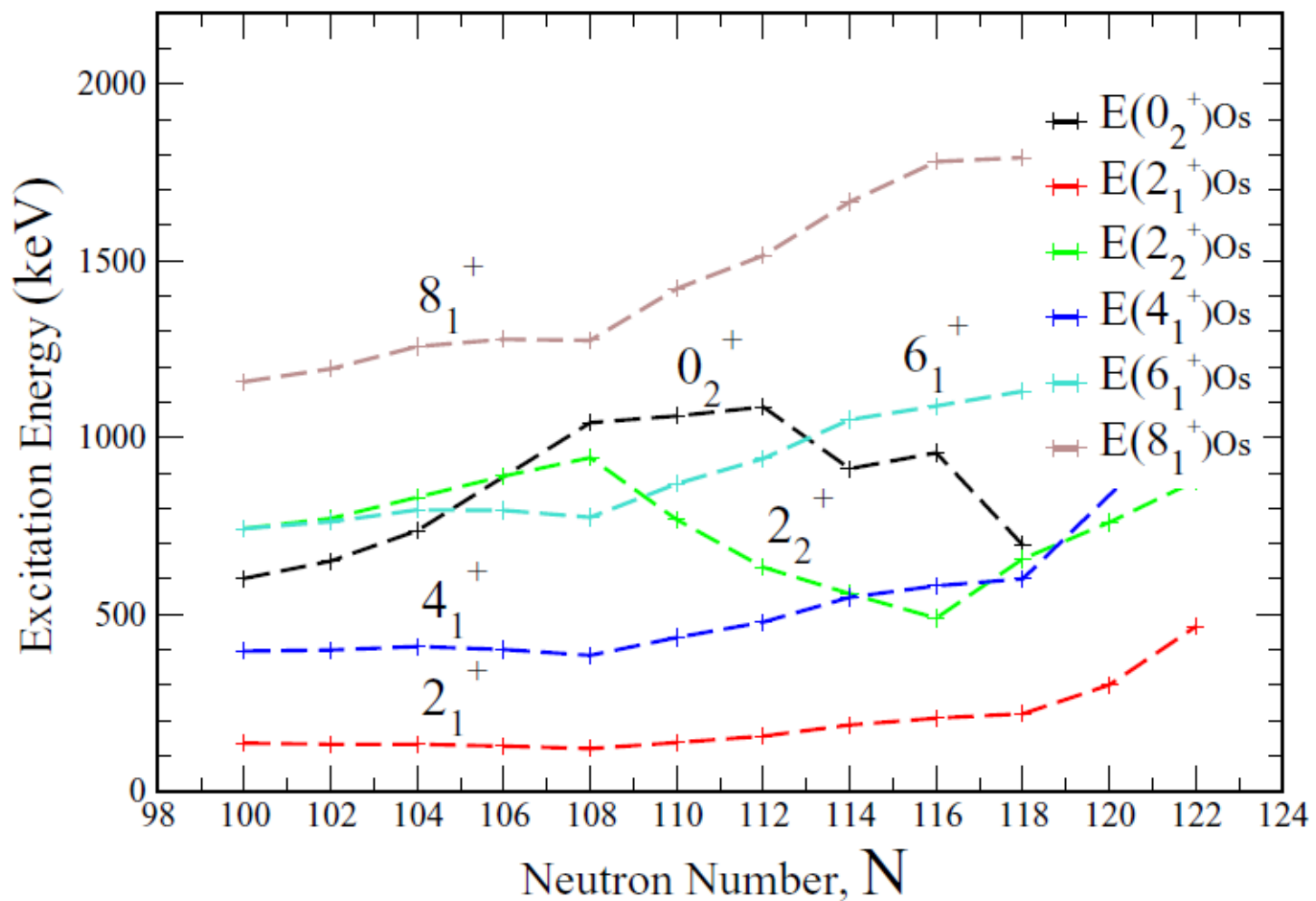
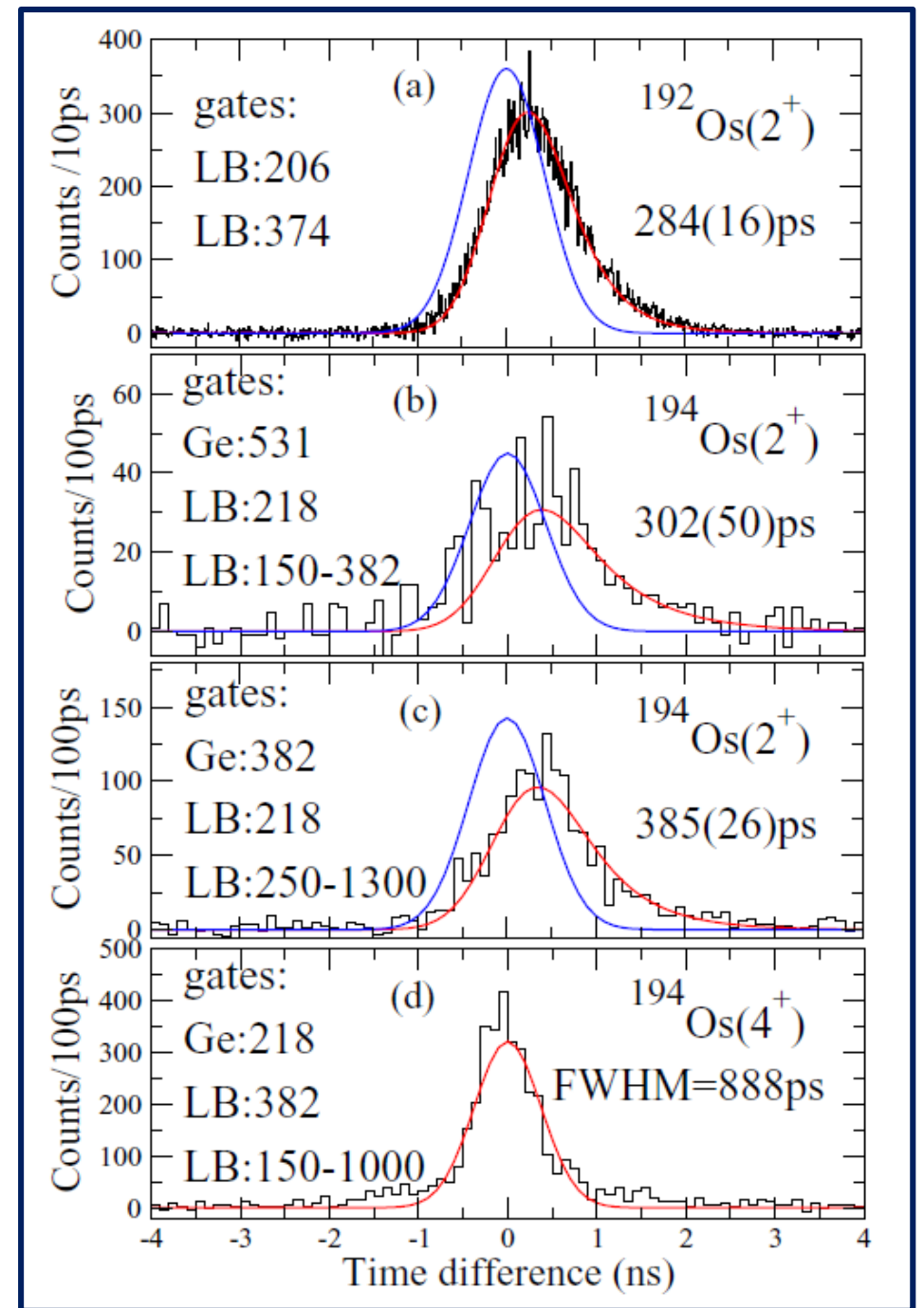
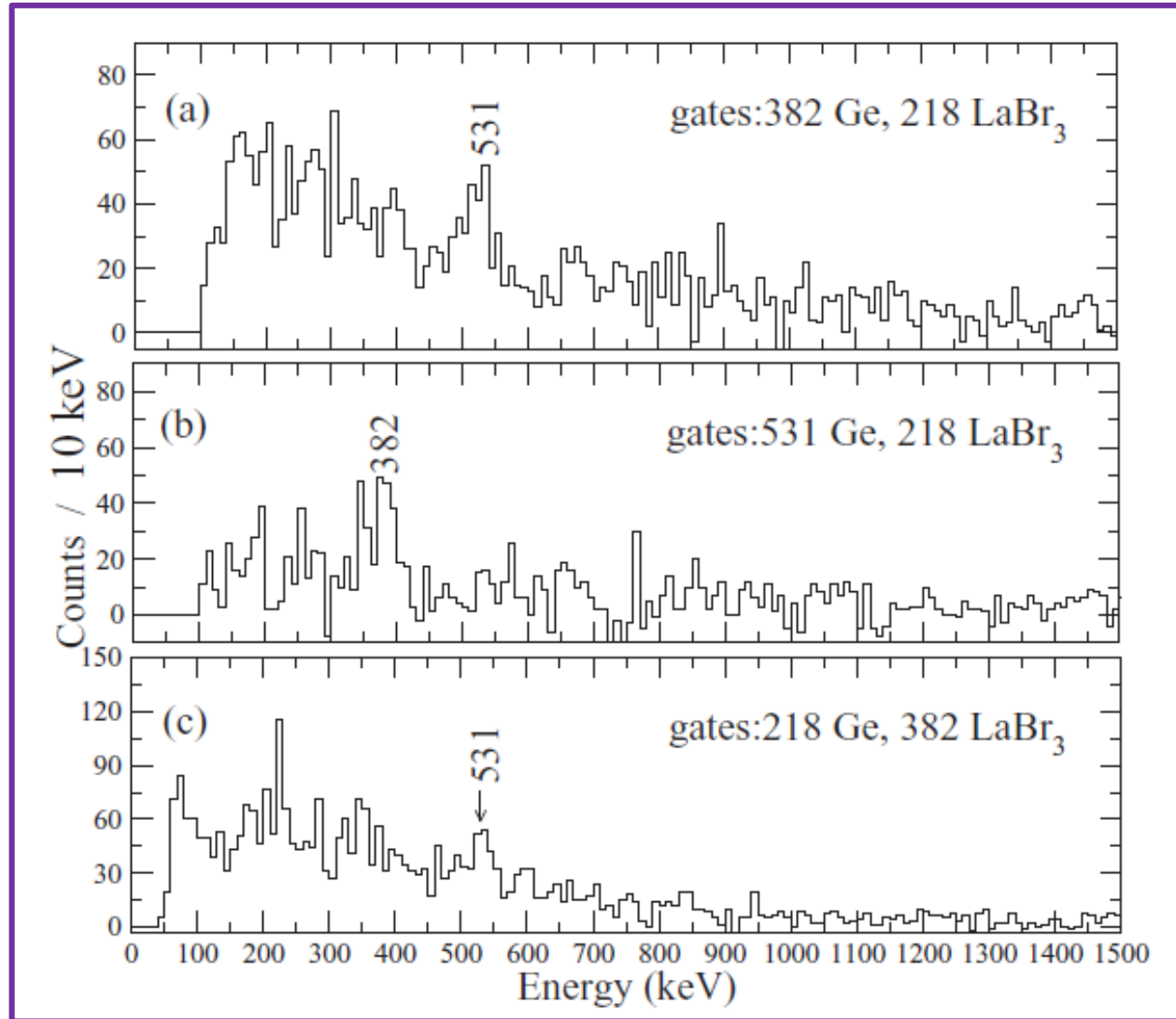
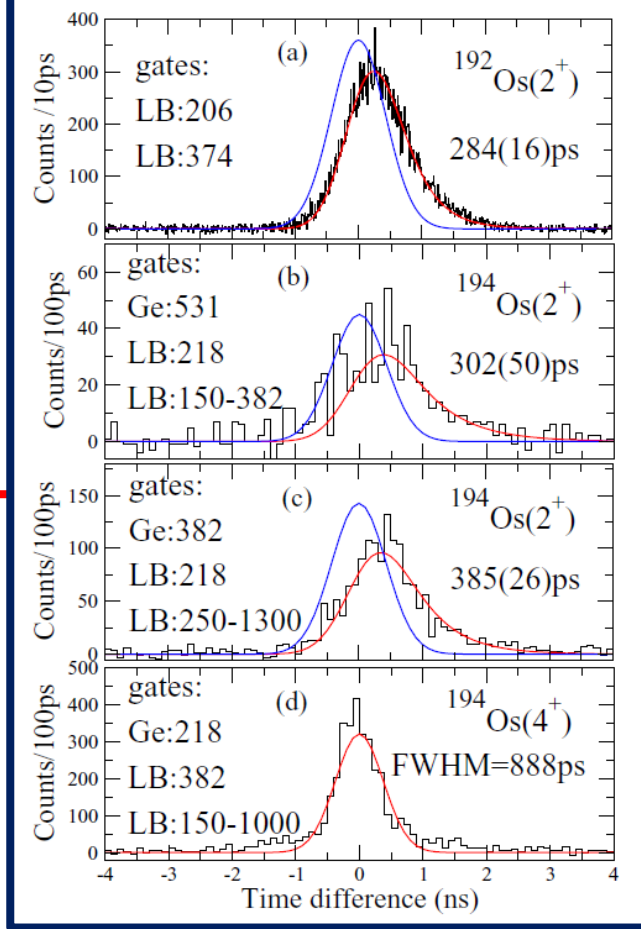


FIG. 8. Systematics of the ground state band $E(2_1^+)$, $E(4_1^+)$, $E(6_1^+)$, $E(8_1^+)$ and $E(0_2^+)$, $E(2_2^+)$ for Os isotopes with $N = 100-122$.

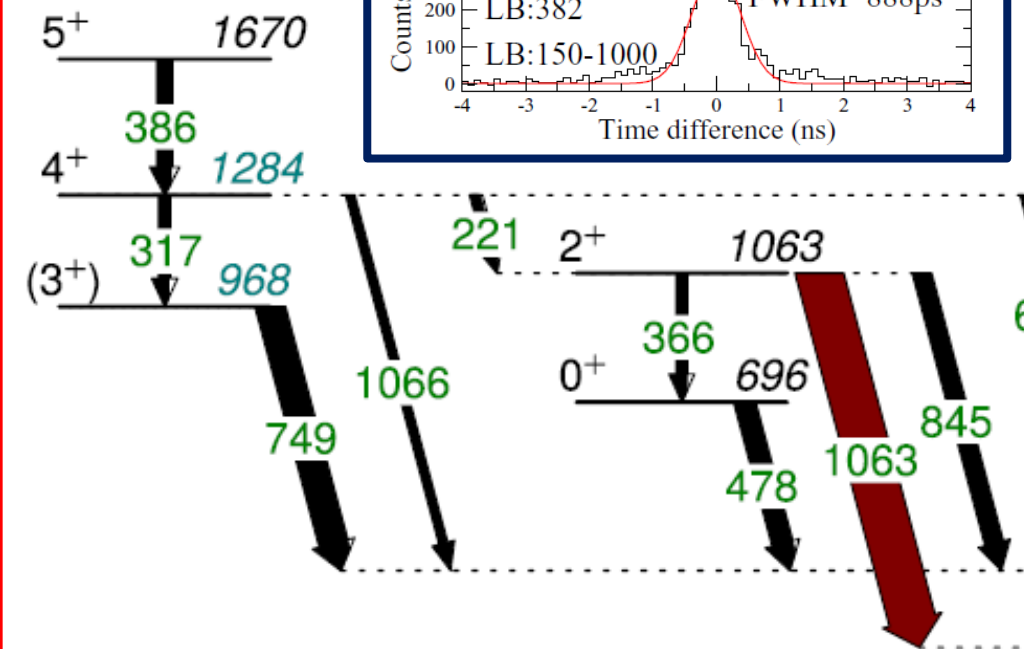
Include Compton scattered signals for ^{194}Os lifetime measurements.





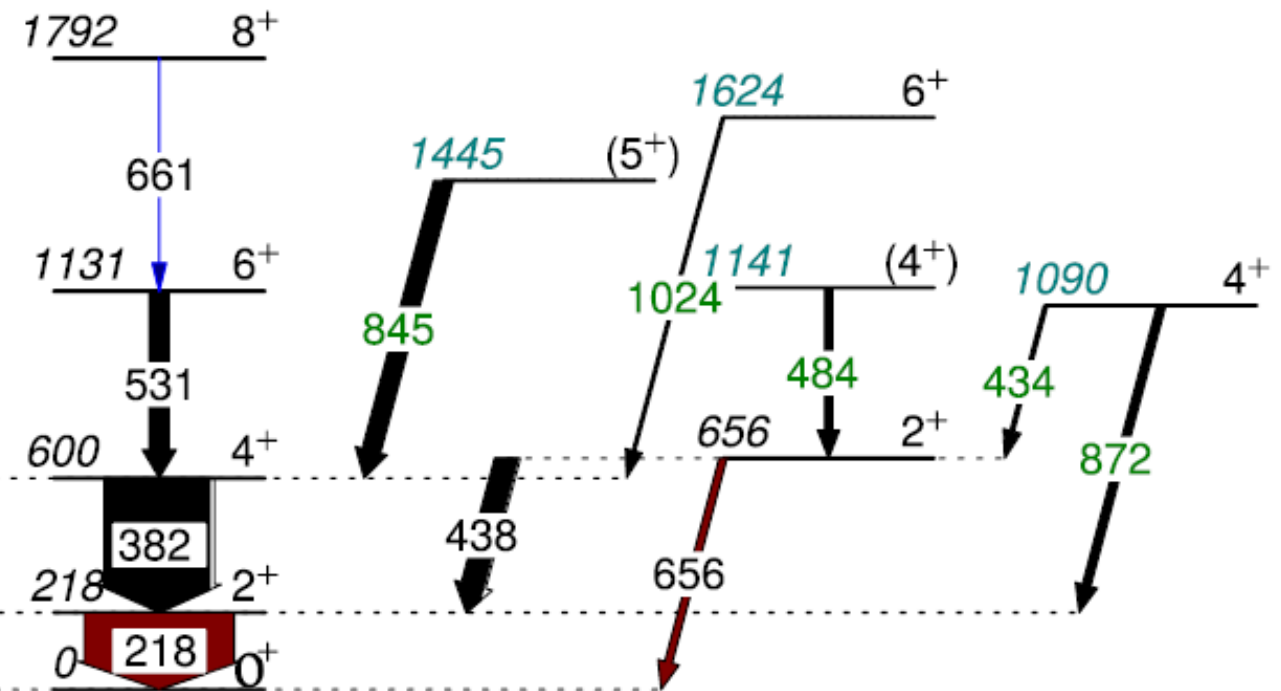
$$\beta_2 \approx \beta_{\text{eff}} = (4\pi/3ZR_0^2)[B(E2; 0^+ \rightarrow 2_1^+)/e^2]^{1/2},$$

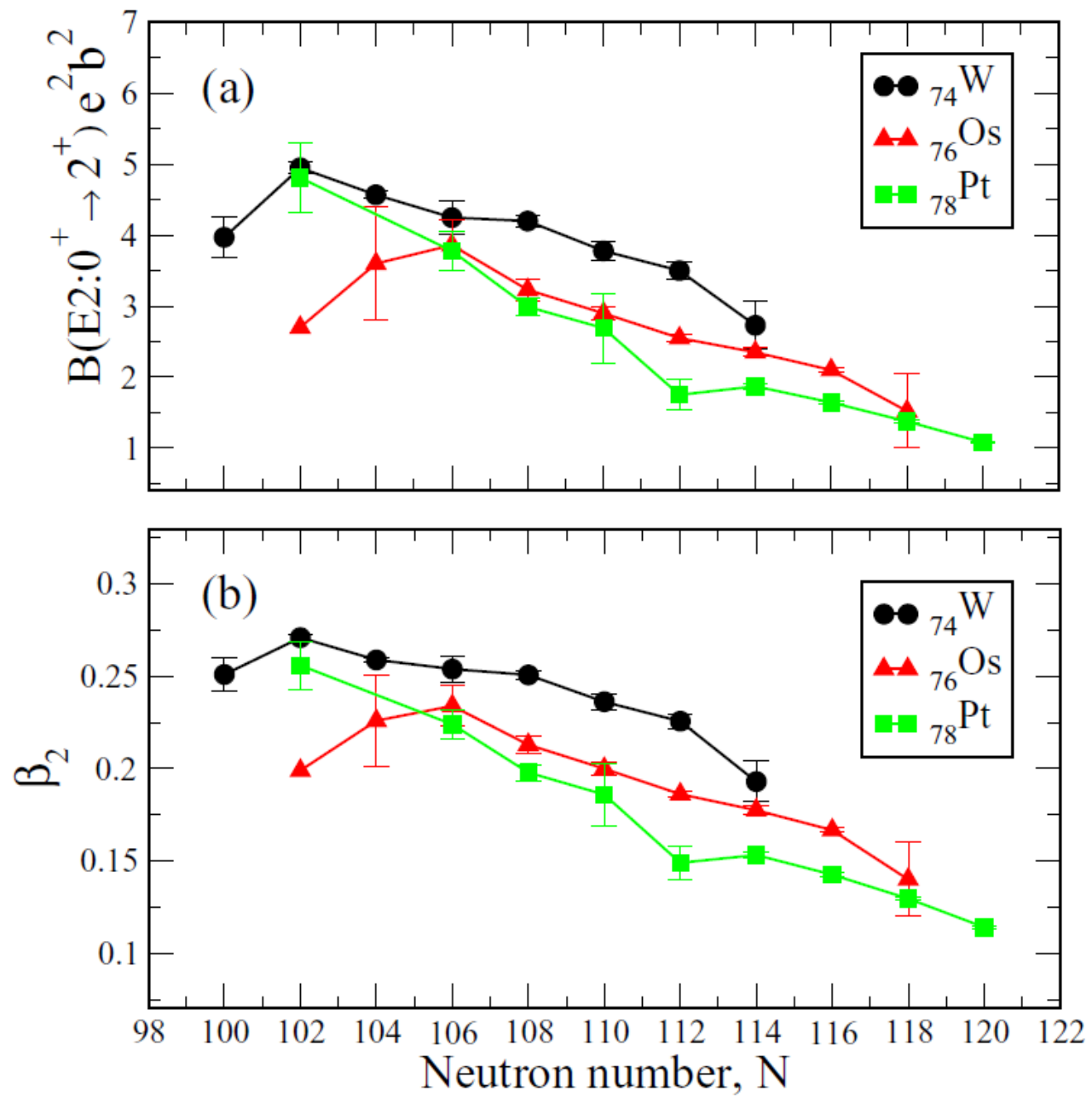
E_γ (keV)	$I_i^\pi \rightarrow I_f^\pi$	HPGe (gate)	ICC α	$T_{1/2}$ (ps)	$B(E2)$ (W.u.)	$B(E2)$ (e^2b^2)	β_{eff}
218	$2^+ \rightarrow 0_1^+$	531	0.249(4)	302(50)	45(16)	0.30(4)	0.140(10)



^{194}Os

PHYSICAL REVIEW C **95**, 024328 (2017)





Summary

- (Deformed) nuclear structure around the double-mid-shell $^{170}\text{Dy}_{104}$ now well established.
- GSB structures are 'stiff' and idealised axially symmetric, deformed nuclear rotors.
- Energy systematics are good indicators; lifetimes give additional insights (Q_t)
- Transition quadrupole moments established for 'near triaxial'/gamma-soft ^{188}W and ^{194}Os around $N\sim 116$ using FAST-TIMING nuclear spectroscopy.

More to come - first NuBALL@Orsay experiment is on lifetimes and isomers in ^{166}Dy end of Nov. 2017.

